

A woman of substance

Jayshree Arora, A Star Beyond The Spotlight

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Jayshree Arora is a renowned film, stage, and television actress who rose to fame with her iconic portrayal of Bhagwanti in Hum Log, India's first soap opera which aired on Doordarshan and boasted of a viewership of more than 50 million viewers per episode. Arora is also a trained classical dancer in Kathak and Manipuri styles whose career is full of impactful roles in successful TV serials and films like Yahaan Main Ghar Ghar Kheli, Sapne Suhane Ladakpan Ke, Chakde! India, Zid, Police Public, and Mujrim. She speaks to GT about her multi-faceted talents and her 'hunger' to keep going.

Call of destiny

I never thought I would become a professional actor during my childhood, even though I enjoyed participating in school plays. Growing up in a Bengali household, dance, music, poetry, and painting were integral part of my upbringing. My creative journey truly began when I started learning Kathak at the age of eleven. In fact, I received my first film offer when I was just twelve, but my father wanted me to complete my studies

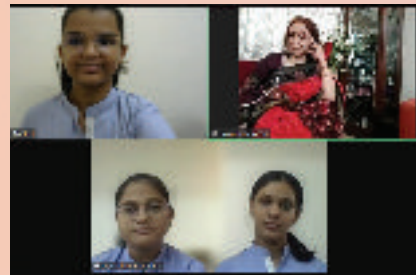
first. July 7, 1984 was a special day for me. I was working at Radio Kashmir, and on that day, I was asked to audition for Hum Log. There was no looking back since then.

Passion unlimited

I have always been dedicated towards my craft. I would often shoot for 12-13 hours a day. Yet, I found the time to pursue my other interests like gardening, cooking, yoga, and writing poetry. You can call me a 'hungry' artist; there is still so much more to achieve. Of course, I have faced challenges like every woman in my career, mainly because there is so much bias in the entertainment industry. When a man shows signs of aging, we think of him as experienced and handsome. But when a woman gets crow's feet, she is considered old. This attitude needs to change.

Substance over glamour

Whether it is films or TV, we need more diverse storytelling where older women also have important roles. Even though we have so many soap operas today, I can never forget the value Hum Log brought to the television screen. It captured the imagination of a whole nation. The reason was that the characters were relatable and



GT reporters with Jayshree Arora

there was place for all age groups in the story about a middle class family. I have been fortunate to get some meaningful offers, though. In Jhoomo Jiya Re, I portrayed a dancer whose conflict revolved around her granddaughter's untapped talent.

Message for Amitians

Life is a path filled with hurdles, but they are meant to be overcome. You must keep treading forward with determination and resilience. Challenges will come, but your passion will guide you through.

INTERVIEW



Jayashree Arora, actress

AUUP

Amity University, Uttar Pradesh, welcomed a high-profile delegation from Okinawa Association of Corporate Executives, Japan, on February 21, 2025, to enhance student placements, research collaborations, and industry training initiatives. The visit underscored Amity's commitment to global partnerships and innovation-driven education.

The Japanese delegation, comprising senior executives from leading corporations, engaged in strategic discussions with Amity's leadership. They explored opportunities for consultancy, advanced training, and interdisciplinary research. A campus tour showcased Amity's state-of-the-art facilities, including the Amity Centre for Artificial Intelligence (ACAI), Amity Drone Centre (ADC), and the Automobile and Aeronautical Labs powered by Tata Technologies. The visitors commended these centres for their pioneering contributions to AI, drone technology, and automotive innovation, recognising their role in equipping students with industry-relevant skills.

Facilitated by the Amity Technical Place-

Amity-Japan partnership

Fostering Global Education And Industry Collaboration



Dr Balvinder Shukla with the delegation from Okinawa Association of Corporate Executives, Japan

ment Centre under Dr Anjani Kumar Bhatnagar, head, ATPC, the visit saw key contributions from Anupam Singh, assistant general manager, ATPC, and Banita Sajwan, deputy manager, Amity Business School.

Discussions focused on fostering industry-academia synergy beyond placements, extending to joint research and consultancy. Miki Fuchibe, chairman, JCC Corporation, praised Amity's commitment to academic

excellence and innovation. She acknowledged vice chancellor Dr Balvinder Shukla's visionary leadership in fostering international collaborations. Dr Shukla emphasised Amity's proactive approach in building partnerships across all prefectures of Japan, with a particular focus on Okinawa.

The delegation also met with heads of departments from various interdisciplinary domains. Additional insights on Amity's global vision were shared by Prof (Dr) Sanjeev Bansal, addl pro vice chancellor & dean FMS, and Prof (Dr) SK Khatri, addl pro vice chancellor & dean academics.

The event concluded with felicitation ceremony, honouring Japanese delegates for their contribution and commitment to strengthen Indo-Japanese collaboration, marking a significant step toward a long-term and impactful partnership. 🇮🇳🇯🇵

Text: Aryaveer Singh & Bahaar Chandra, IX A | Graphic: Aryaveer Singh, X B; AIS VKC Lko



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One plate. Total nutrition. Infinite possibilities.

DISCLAIMER: Real scientific principles. Fictional ideas with a potential future.

Wassup

School Lounge

Higher education @ Amity

ACCGC

Amity Career Counselling and Guidance Cell (ACCGC) organised a series of awareness sessions about various career options available at Amity University for Class XI & XII students across Amity Group of Schools in Delhi/NCR from July to October 2024. These informative sessions conducted by Amity University Noida, were led by Director Admissions, AUUP, who apprised the students about research excellence, faculty expertise, and student services at Amity University in detail. Students were informed about over 400 programs from undergraduate to post-doctoral levels spanning diverse fields like AI, biotechnology, forensic science, agriculture, law, healthcare, and management. They were also told



Director Admissions, AUUP, addresses the students

about university's strategic collaborations with industry leaders like Tata Technologies, DRDO, and CII, campus facilities, scholarships, integration of foreign language training and communication skills, personality de-

velopment in curriculum and Corporate Resource Centre (CRC) ensuring mandatory internships and placements. The event concluded with an engaging Q & A session, where students' queries were addressed.

Holy guacamole

...Continued from page 1

“Did you know India’s own superfoods like amla and turmeric are getting a global spotlight now?”

“Yes! It is more like a fusion of ancient wisdom and modern wellness!”

While global superfoods have stormed the Indian market, there’s been a rising movement toward celebrating indigenous superfoods like amla, moringa etc. Exports grew by 42% from 2020–22, driven by demand for curcumin supplements. E-commerce has played a key role in making superfoods more accessible, with influencers showcasing ev-

erything from amla juice to turmeric lattes. This has led to a dynamic fusion of global wellness trends with India’s ancient, time-tested ingredients creating a wellness culture that’s both modern and rooted in tradition. It’s not about chasing trends but embracing a global story of nutrition and history. Whether you’re adding spirulina to your smoothie or sprinkling chia seeds on toast, you’re part of a revolution - one that connects local traditions with global trends. So the next time you sip on moringa tea, remember: it’s not just tea - it’s a celebration of wellness.