Food for thought

Formula for Success Courage is what we need to move on Willingness to fight and look for new dawn Hope in our heart and dreams in our eyes. We should aim to become noble and wise Speaking truth and encouraging youth Raising the bar and moving at par Crossing every hurdle every hour With destination so near

achieving success.

Vidusha, XII, AIS Noida

Endurance to withstand

hardship or stress Winning formula for

yet so far

INSIDE



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THE GLOBAL TIMES

Affable teachers tune in to GIN-I students

Tulika Banerji

rom the young, flighty teacher who cares for a bunch of mother-less children in 'Sound of Music' to the professionally qualified engineer-turned-professor who reins in 'young punks' in 'To Sir, with love'; the teacher-taught equation appears to have undergone a spin. While teachers continue to orbit around dispensing wisdom, they have also donned the hat of a buddy and confidante. In this issue, educators, academicians and parents dig-in multiple facets of this beautiful bond...

Live and let live

The teacher-student equation has undergone a sea change. Earlier teachers were placed on a high pedestal, they were meant to be respected; the respect still stands but there is an element of camaraderie. Students are friendly with their teachers and share things more openly than they do with their parents. Teachers also treat students as equals, because in today's technologi-

cally driven age, children tend to know more than them. Teachers are willing to learn from their students. On the flip side, some kids treat their schools as a place for accumulating marks; in such circumstances, they fail to treat their teachers with respect. However, if there is receptivity and willingness, the teacher-student bond can be a very strong one."

Anuradha Sinha Academic Coordinator, AIS Noida

My teacher, my friend

Today, the teacher-student relationship is much more casual and open. Kids can speak to their teachers about anything and everything; they are like friends. At our time, the relationship was very formal and though we revered our teachers, we hardly knew anything about them beyond their school persona but today, children know everything about their teacher's life. This has helped remove hesitation and has brought a lot of warmth in their relations.

Rajeshri Avtar, m/o Ruchi Avtar, VII C, AIS Vasundhra

Break free

In the good old days, when I was a student, teachers were not only looked up with awe and respect but also put up on a pedestal and thought to be elusive. It's not as if, we as students were not cheeky but we knew our limits and didn't venture to cross them. Today, teacher is more approachable and accessible. She is now a mentor, confidante and friend. The bond has broken free of formality and convention.

Tanushree Datta Teacher, AIS Vasundhra

My Mam's always right

Teachers play a very important role in our lives. As a child, I went to a convent run by nuns who were stern but laid a lot of stress on finer traits like honesty and discipline, and appreciated if we admitted our mistakes. I was a shy child suffering from stage fear but thanks to my middle school teachers, I became a confident person by the time I passed out of school. For my

son, the word of his teacher is the ultimate; if Mam says something, it has to be done exactly like that!

Babita Sethi, m/o Arjun Sethi, I A/W A, Noida

Traditionally correct

"Guru Gobind dono Khade, Kake Lagoon Paon; Balihari Guru aapke, Gobind diyo bataye" said Kabirdas about the Guru-Shishya relationship. In the present age of Globalisation, most students will not be able to comprehend the meaning of this famous 'doha' defining the importance of teachers in the life of students. As a Psychologist and teacher, I believe that every genuine Guru just craves for stronger ties with the students. The best 'Guru Dakshina' a student can offer is love, affection and genuine respect.

Dr Shivali Sharma AIBAS, AU Lucknow

GT salutes all teachers who have made the lives of their students meaningful, by being there.

"I was actually good for nothing"

Claims award winning Script Writer Kamlesh Pandey who's penned masterpiece scripts for the likes of Delhi 6, Rang De Basanti and Yuvvraj, in a soul baring interview with **Nikita Bakhshi, Senior Cub Reporter, AIS Pushp Vihar**



Tell us about your life before you came into the limelight.

I was born in a small village called Hansnagar in Ballia, UP and got educated all over UP and MP, hence never made any lasting friends. Though I passed my X with 1st division, I wasn't really a

good student. I was actually good for nothing; bad in Maths, so no future in engineering; bad in English so no future in administrative services. Bad in science, so no future in medicine; bad in health, so no future in defence services. The only thing I was good at was drawing. So, I was sent to Sir JJ Institute Of Applied Art, Mumbai in 1965 to get a Diploma in Commercial Art; but I dropped out after three years. For the next four years, I struggled without money or hope (but read a lot and saw a lot of movies). One fine day in 1971, I got so frustrated that I wrote a strange application for a job at JWT, Mumbai asking for a job so that I could get a hair cut. And can you believe it, I was hired! I was with JWT till 1974 and after a brief stint at Sachi & Sachi and Grant Advertising (now absorbed in Contrat), I finally landed in Rediffusion Advertising in



1976. The rest, as they say, is history-thousands of campaigns, hundreds of awards including four times Copywriter Of The Year. I started writing movies in 1986 with Amol Palekar's 'Ankahee' who was a friend from JJ days.

Were you naturally inclined towards writing or was it a conscious decision to become a writer? I enjoyed writing though I never consciously desired to become a writer (there was no money in it those days). It came naturally but I never thought

that one day I would make a career out of it. I am lucky that the thing I enjoy most also buys me my bread, butter and jam.

Delhi 6 reflects a love for the nuances, culture and unique flavour of Delhi.....what is it about Delhi that you like the best?

I only like the Old Delhi, I do not like the New Delhi at all—it is boring, corrupt, cunning, full of hypocrites and fakes. I love Old Delhi for its glorious food, colourful language, interesting lifestyle and delightfully quaint people. Old Delhi has character, New Delhi has corruption.

How do you manage to be so versatile...you have written for humourous movies, movies with anti heroes, movies with supernatural and patriotic themes?

I never try to manage anything (I am just not good at managing), I just write what interests me and moves me, and hope that it would interest and move enough people out there to help my producer recover his cost so that he could make and I could writer another film. Most of my writing comes out of my own fear, frustration, anger, hope, desires, curiosity, wonder, social concern and sensitivity to issues concerning humanity at large.

...Contd on page 5

Chicken 'Samosa' in the White House

Indian Cuisine: Conquering the world and gaining fame worldwide

Aakanksha Gupta, IX A, AIS PV

uring a banquet hosted in New Delhi, on seeing Indian Ministers chewing green chillies with the main course, Madam Hillary Clinton insisted for the same despite the word of caution thrown to her about it being too hot. Much to the amazement of the audience, she quietly chewed a wholesome with visible ease.

This incident amply highlights the sociopolitical importance India has been able to accomplish being the fastest growing economy of the world as well as the huge army of Indian diaspora, who have promoted Indian cuisine. It can be gauged by the fact that White House has included chicken 'samosa' in its list of cuisines. Aayushee Sharma, IX A, AIS

Celebrating Indian tastes

Aayushee Sharma, IX A, AIS PV

Indian food is conquering the world. ▲ And why not? Indian cuisine is as diverse as its culture, languages, religions and climate. Yes it is spicy, but not always hot. Traditionally cooked with tastes rather than recipes, Indian cuisine has very wholesome tastes designed to satisfy not only taste buds but PV says, "Pledging a new era of engagement with the world, President Barack Obama and First Lady served "chicken samosa" among other mouthwatering dishes at a White House reception hosted for ambassadors including Indian envoy to the US, Meera Shankar."

In London, two out of three restaurants



also human physiology.

Probably India is the only land on earth that boasts of such a wide variety of vegetarian and non-vegetarian dishes. Indian cuisine in the North comprises rotis or parathas, rice and an assortment of dishes like dals, fried vegetables, curries, *chutney*, and pickles. Whereas, South Indian cuisine is rice serve Indian food and incidentally are the highest grossers too. Even Prince Charles is a patron of 'paneer tikka' and butter chicken. Moreover, nutritionists have already blown caution over the traditional American food being bereft of nutritional values. In the midst of diseases like bird flu and swine flu being contracted from animal products, Indian cuisine is one of the few cuisines in the world which offers vegetarian options. "In Canada, an entire street is full of Indian-Mughlai restaurants."-Nihal Beni-

pal, AIS PV. "In California, a new mall is dedicated to only Indian food."-Roshni Bhadra, AIS PV.

"Spicy Indian cuisine is way better than bland American food."

- Nalini Kumar, AIS PV

based. Rice is combined with lentils to make wonderful dosas, idlis, vadas and uttapams.

These items are delicious besides being nourishing and easily digestible. Indians are also renowned for their sweet tooth. In India, one can easily see sweetmeat shops by the roadside. The range of sweets, which are displayed in these shops, is breathtaking. Fairyland silver and gold, rich yellow, deep brown and pale milky white confections are made from the simplest of ingredients but are the most unbelievably rich and sweet concoctions. Indian Cuisine rocks!

Value Education at Pre-Primary and Primary level

<u>uru</u>

Vishakha Chitnis, AIS Gur 43



Daily newspapers of recent times scream juvenile crimes. Ministry of Women and Develop-Child records ment

show that the incidents of juvenile crimes have more than doubled from 8,561 in 1994 to 19,229 in 2004. A scary scenario indeed!

What we need is education: education that is value-based, education that imparts roots and also gives wings. Good education is inconceivable if it fails to inculcate values essential to good life and social well being. Unfortunately, value education is not a universal phenomenon intrinsic to all learning and education. There are 3 categories of values: universal, cultural/ethnic and individual/ personal values. Universal values reveal the essence of human condition. Cultural values are the social values and deal with right and wrong, good and bad, customs and behaviour. Individual values are our private principles, the result of individual personality and individual experiences. Parents, teachers and one's peer group shape individual values. Ultimately, Universal values must be our foundation if we are to enjoy a rich, profound and fulfilling life.

Role of teachers in strengthening **Value Education:**

Factors that produce human values of the highest order are: personal example of parents; sound training and inspiration derived from great persons. The teacher's role is regarded as the most significant, especially in the formative years of the child. In Freud's opinion, every child is a bundle of instincts and

drives which must be subordinated to societal objectives and requirements. This socialisation constitutes the eth-

ical development process. The teacher has a role as a socialising agent.

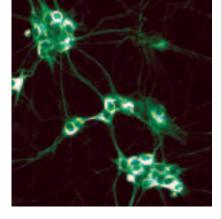
There are certain Social Values that can be imbibed in pre-primary students: love, compassion, sharing, generosity, politeness, gratitude, responsibility towards society, and patience. Morals and human values cannot be promoted by direct instruction. There should be stress on individual and group activities. The former helps the child to concentrate and focus his attention on the activity at hand. The latter teaches him to accept his peers for what they are (tolerance), he learns to cooperate, and to share with his peers. As educationists, we not only have to teach them to make a living, but also how to make life worth living. We need to unsettle their minds, widen their horizons, inflame their intellect, and teach them to think creatively - and all this while walking straight.

Stem cell breakthrough

Aditya Bhatia, XI A & Srishti Thakkar, XI B, AIS Mayur Vihar

tem cells have appeared as magic wands providing solutions to so far untreatable and complicated medical problems. For the first time in India, a Kolkata hospital has successfully accomplished a stem cell transplant from a non-related donor. Cord blood from a new-born baby was injected into a 42-year-old patient suffering from a kind of Anaemia which has brought positive results. So far stem cell transplants have been happening between siblings or blood relatives. Doctors at Subhas made history by achieving this rare medical feat.

A stem cell transplant is the infusion of healthy stem cells into your body. A stem cell transplant may be necessary if your bone marrow stops working and doesn't produce enough healthy stem cells. A stem cell transplant can help your body make enough healthy white



blood cells, red blood cells or platelets, and reduce your risk of life-threatening infections, anemia and bleeding.

Ms Nidhi Vashisht (PGT science, AIS MV) says, "Stem cells have opened a whole new horizon to biological research. The only glitch is the source from where they are being obtained. Stricter laws should monitor the research."

Chandra Bose Cancer Research Institute Ms Seema Singh (TGT Chemistry, AIS Mayur Vihar) echoes, "Stem cells can cure many diseases and since these cells can undergo transformation, their uses are innumerable. Research on stem cells would give mankind more opportunities to counter disease like cancer. However, strict laws are required to preserve the ethical side of scientific research."

The Jinnah jinx

Tith Jaswant Singh mired in Jinnah controversy, it has raised debates and discussions, even on social networking sites. Agrim Sachdeva, X-D and Mr Sumedh Kapoor, History/Political Science Teacher from AIS Saket vent their feelings in a thought provoking debate on Facebook.

Agrim: Jaswant Singh sacked after a book on the goodness of Jinnah! Is this not politics + communalism?

Mr Kapoor: It is. But Jaswant Singh seems to be an intellectual fool. You don't make such mistakes in active

Agrim: Sir, he just expressed his views. Is that wrong?

Mr Kapoor: Expressing your views is one thing but being in active politics and then expressing your views, which are true but not easily digestible, is a totally different thing.

Agrim: Is this the freedom of expression in our country? Tell the truth and be disassociated from your party?

Mr Kapoor: It is politics. It happens every where. Even Obama had to retract on his statement in which he accused Harvard police of acting stupid. When you are in an important position where you cannot have an opinion against your organisation and government, this happens. So yes, freedom of expression, at least in this area, doesn't exist. But for media it does, at least for now.

Agrim: It wasn't that the party wasn't aware that such a book has been written. As far as I know, the party told Jaswant

Agrim: I thor-

Singh to release it after elections. So why the sacking now? Mr Kapoor: That's because all his salvos against the party came after the election. You just can't get away with

the party doesn't agree with his views?

Mr Kapoor: He was sacked due to

many reasons; his book is only one of

them. He spoke too much against his

party after the defeat of BJP to the

media. Now he has to pay a price for it.

Agrim: Yeah, that's

Archit Puri, AIS Saket: History cannot be politically

Agrim Sachdeva: How inspiring this incident must be for youth! It is high time NDA prioritises. What good will a Chintan Baithak do?

Archit Puri: Bhartiya Janta Party is polluted because of a few politicians. GT is on FB too. Are you a fan yet?

he auspicious arrival of Ariha

Ketan Shakkarwal XII, AIMC Manesar

t was definitely a moment of pride when PM Mr. Manmohan Singh inaugurated India's 1st nuclear submarine - Arihant. India had been secretly working on this project for the last two decades and it was given a code name ATV (Advanced Technology Vessel). This submarine will provide new heights and depths to Indian Navy. It is

quite different from traditional submarines as they have to come to the surface to breathe whereas Arihant can stay inside water for months. Nuclear Submarines are two types: SSN (powered by nuclear energy) and SSBN: (they can fire ballistic missiles). Today, every advanced Navy feels that SSN and SSBN are indispensable. The first attempt to get such submarines was made by America when it included SSN USS Natilus in its fleet in 1955 and

China was the last member of SSN club which equipped itself in 1970. Today China has 62 submarines including 3 SSBN and 6 SSN. The team behind Arihant which made this dream possible when America refused to transfer technology in this regard, had to work secretly and they proved that 'Slow and steady wins the race.'

oughly agree; but did NDA do the right

thing? Sacking the person who was For-

eign Minister at a time and even went to

Kandahar (plane hijack), just because

Aditya Saraswat, class VIII opines, "Once again India has proved its mettle." "Some others like.

Akshay Kumar, X, feel, "It is sheer nonsense to waste money on such a project in a country like India where 60% population is below poverty line." Gurpal Saini, VIII fears, "It will accelerate the nuclear race in subcontinent."

Whereas, Punnet Solanki, class XI puts it cheekily, "Neighbour's (Pakistan's) envy, owner's (India's) pride."



Event Management

Sangeeta Sethi

Event Co-ordinator, AIS Gur 43

If you are a visionary, creative and possess immense patience, then Event Management is the right career for you. A very glamorous and thrilling profession, it provides an immense opportunity for an individual to hone his/her creative potential.

Event management is the process of organising a professional and focused event for a particular target audience. It involves visualising concepts, planning, budgeting, organising and eventually ex-

ecuting events. The events can vary from a fashion show to musical concerts to exhibitions or wedding ceremonies.

It is a career option which does not require much investment and offers a lot of

Career Choice

independence and flexibility. One should have a passion for concluding events, good organising ability and be flexible to work for long hours. For a person to excel in this field, besides graduation one needs to have basic negotiation skills and the ability to lead a team. The word "I"

should not figure in their dictionary; it should always be "we."

This industry is based on effective communication skills at all levels. An individual with an aptitude for the above would make a successful event manager. Event Management Institutes in Delhi

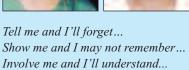
- Amity Institute of Event Management
 New Delhi Institute Of Management
- New Delhi Institute Of ManagementBharati Vidyapeeth's Institute of
- Management & Research
 National Institute of Event
- Management

 Event Management Development
- Event Management Development Institute

Ek Kadam: towards reading

Shalini Khanna & Shivani Khanna Coordinators, AIS Noida





k Kadam, is a reading programme practiced at AIS Noida, for students of Nursery, KG and Class 1. Reading expands

children's horizon, develops vocabulary and pronunciation, and develops imagination and creativity.

Teaching Methodology: A thematic approach is designed to stimulate the children through interactive sessions like field trips, heritage walks and excursions. Use of newspaper articles, quizzes, crosswords and other learning tools enhance general awareness. At Amity, we follow the 6 C's: Courage, Courtesy, Conviction, Character, Compassion and Commitment. Reading takes on creative overtones with audiosound support in Linguaphone Room; reading fun-filled instructions in Play Room; Computer Aided Learning (CAL); theme boards, sign boards and labels; reading a recipe in the Baking Room; Group Reading; etc.

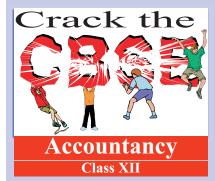
Story Reading: The ability to read is an essential skill for learning. We follow different patterns like story telling, picture reading, strip reading, etc. Let's begin to read: To teach five-year-old children to read the following words: a, it, is, the, of, this, red, house, garden, etc.; introduce 3-4 new words using flashcards and put them on the word wall so that they can read them everyday. Review these words regularly till they master them. Once the child is able to read all the words, small repetitive sentences can be introduced. Eg: This is a house. Slowly the

sentences can be expanded. Eg: This is my red house.

Reading Comprehension: The sentence 'My house is

red' can be expanded by drawing a red coloured house. To reinforce the words, they can be put into sound families, missing sounds, jumbled words, sentence completion, etc. Discussion about house will help child understand that there are many types of houses. Talking about red colour may lead to an understanding of degrees of redness. When the child knows 15 words, s/he is allowed to read the book called "My house."

Enthusiasm, commitment and teamwork have resulted in a progressive start to our action research programme. Combined with a holistic approach and effective teaching methodology practiced at Amity, the project is set to scale exciting heights.



Shunil Tripathi, PGT Accountancy
AIS Gurgaon 46

Points to Ponder

The Accountancy Question Paper pattern for the 2009-10 CBSE Exam has changed. The new pattern is expected to have 8 very short answer type questions. For this reason, it is pertinent that you study the textbook thoroughly. Do not be deterred by newspapers articles on the standard of the question



Institute/Exam: Indian Military/Navy/Air Force Academies Course/Discipline: Defence Entrance Exam: CDS-II Website: www.upsc.gov.in



paper and on "High Order Thinking" questions.

■ Have faith in your teachers who have prepared you for such features well in

advance.

Prepare application based questions

on Debenture Redemption Reserve.

Do not give much stress on category based Pro Rata Allotment

■Prepare application based theory.

Show your working properly.

Give emphasis on format while practicing.

■Prepare material consumed and subscription income from NPO for

three markers.Purchase of Own Debentures is very important for six markers.

Since Accountancy is a subject where we learn by doing, you need to practice enough to understand the concepts thoroughly.

The most important thing is to be calm. Read the paper carefully and then answer the questions as per instructions.

All the best!

Work X Files

At Amity University, all students across all courses have to undergo mandatory internships in their respective disciplines. **Shweta Jain** speaks with a few of them about their first work experience.

Dr. Sunil Kadyan Pursuing MBA Insurance

Interned with: Star Health and Allied Insurance.

I was picked up in campus hunting. Since every student in our department has to go through internship, the companies come and hold interviews and GD rounds to select students. I am a registered medical practitioner, having done my Bachelors in Ayurvedic Medicine and Surgery. So I wanted to intern to learn about health insurance. This is the first stand-alone insurance company in India. The company has its head office in Chennai. I was working in the operations department of Delhi's zonal office in Civil Lines. This branch covers the entire northern region of India. Hence,



there was much to learn. The working environment was very good. I learnt many leadership qualities among other things. My boss suggested that I should learn how the organisation is working, even the nitty-gritties.

During my internship, I had to make a hospital visit panel report, as I was a panelled doctor there. If you combine health insurance with booming medical tourism industry, career opportunities are vast. And this is what I am looking at in the future.

Saurabh Bhardawaj Pursuing MBA Insurance



Interned with: Reliance General Insurance.

There's a new concept emerging in the insurance sector called mall insurance. Here, the companies tie up with retail chains and when the customers enter a store in a mall, the insurance people who are already stationed there, give them details about new policies and insurance in general.

Reliance has tied up with Vishal Megamart and has a unit called Vishal Care + +. I was with one of the stores, and a part of my job was to frame a questionnaire for the customers. It was a tough job because we had to do a lot of research talking to customers, getting their feedback and give it to the organisation. I interned for a good two months and I learned a lot as I was directly interacting with the consumers.

Mansi Paul Pursuing MBA Rural management

Interned with: The Global Forum for Disaster Reduction (GFDR), an NGO. I am a IInd year student of ASRM. GFDR is dedicated to the promotion of sustainable disaster reduction through a synergy of knowledge and skills. The NGO's motto is, "Global vision and

local action". The USP of GFDR is the creation of a vital, extensive and comprehensive database, updated constantly to accelerate the process of reconstruction and rehabilitation of disaster victims towards sustainable development. My project (along with the internship), was to handle a case study on 'the role of cooperative movement in Gujarat earthquake recovery.' This was part of a larger project study conducted in three Asian countries by Asian Disaster Reduction Centre (JAPAN) and International Recovery Platform (IRP) to know the overall recovery status and need for further steps in rehabilitation of victims. In total, there were 6 case studies and reports that I handled. My main report writing work was based on secondary data and partly primary data for which I

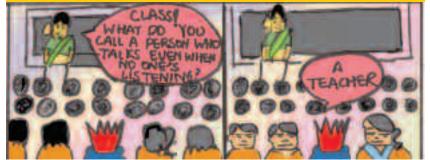


undertook a study field visit to Gujarat, in earthquake affected areas like Bhuj. I met different people related to the cooperative movement and collected the first hand report of their work for recovery. We selected some cooperatives also which worked actively in the recovery process and analysed the data and prepared the primary report."

Mansi will soon make her second visit that will last a week. After that, she will write a report that will be forwarded to Japan along with the other five reports for further analyses as demanded by Asian Disaster Reduction Centre (JAPAN) and IRP.

Attitude Pill

Chitra Jain, AIS Vasundhara





Get ready to drive on Plastic Roads

Maheep Tripathi & Avyav Kumar AIS Noida

an I have your attention please? Okay people! Get ready for the most astonishing science revelation in years! After the invention of Nano, the plastic car, get ready to walk on plastic roads. All right, we won't exaggerate but this theme is quite eccentric and you just have to read this!

The binder: Bitumen is a useful binder for road construction (it is that black liquid used to make roads along with tar to bind the aggregate together). The steady increase in traffic and the high temperatures demand improved road characteristics and thus an improvement in the property of the binder is needed.

The terminator: Plastic is like the 'terminator' for the environment, which slowly annihilates ecological balance. Plastic is used because it is cheap and easy to produce, but it's a continual source of anguish for organisations all over the world that have joined hands to save the ultimate redeemer of life on earth, Nature. Because plastic is nonbiodegradable, it cannot decompose physically like other matter. Irrational use of plastics is like digging your own grave, especially in urban cities. Eating plastic bags results in death of 100 cattle per day in UP in India. Turtles mistake

floating transparent plastic bags for jellyfish and eat them and die a painful death and it also chokes the soil. The scientific community was at dead-ends that how should they get rid of plastics. Recycling plastic is not the solution as recycling merely puts the hazard back into the environment. If not recycled, their present disposal is either by land filling or by incineration and both processes have certain impacts on the environment. Under these circumstances, an alternate use for the waste plastics is the need of the hour. Then, the chemistry team at Thiagaraja College of Engineering at Tiruparankunram led by Prof. R Vasudevan thought of a novel way to get rid of plastic and produced a new pathway towards apt disposal of plastics as well as improving roads by developing the cutting-edge technology-Plastic Bitumen Roads.

How're they made? Plastic can be mixed with Bitumen to prepare modified Bitumen, which possesses better quality. Waste plastics (polythene carry bags, etc.) on heating around 130°C, soften. A study using thermo gravimetric analysis has shown that there is no gas evolution in the temperature range of 130-180°C. Moreover the softened plastics have a binding property. Hence, the molten plastic materials can be used as a binder and are mixed with a binder like bitumen to enhance their binding property. This acts as a good modifier for roads, no dioxin (the most toxic substance known to science, is released when plastic is burnt) as in this process, plastic is melted and not burnt and more essentially, it acts as the most suitable method of disposal of plastic.

Advantages: It can withstand higher temperature. Hence it is suitable for tropical regions. Its load carrying capacity is increased. It can resist the effect of water for a longer period. Waste plasticbitumen blend has higher strength compared to normal bitumen roads.

Low construction cost: The waste polymer, otherwise causing disposal problem by way of land filling and incineration has a better place to stay hence disposal of waste plastic will no longer be a problem. No toxic gas is produced. Dioxin is not formed during this process as the operation temperature is below 160-170 C. By spraying the waste polymer pieces (passing a shredder), the mixing is done. The process is simple and easy with no need for new machinery.

Hence, the moral of the story is that plastic-bitumen roads should be promoted in our country as the wound we have inflicted on the environment can be healed and at the same time improve the deteriorating quality of roads.

Creating green jobs

• UrU

Prof. BKP Sinha



Management of Natural sources opened up many Green Job opportunities in areas like energy management, devel-

opment of eco-friendly technologies, management of trails and recreation

sites, impact assessment of industries for pollution control, management of forest for controlling carbon emission and

many more. In a statement released recently, the UN Food and Agriculture Organisation (FAO) said that millions of 'green jobs' could be created worldwide by investing in large-scale treeplanting schemes and managing existing forests more effectively.

India can generate 900,000 jobs by 2025 in the area of biogas alone. Of these, 300,000 would be in the manufacturing of stoves and 600,000 in areas such as processing into briquettes and pellets and the fuel supply chain.

Key findings of a United Nation Environment Programme report are: sectors that will be particularly important in terms of their environmental, economic and employment impact are energy supply, buildings and construction, transportation, basic industries, agriculture and forestry. 2.3 million people, in recent years, have found new jobs in the renewable energy sector alone, and the potential for job growth in the sector is huge. Employment in alternative energies may rise to 2.1 million in wind and 6.3 million in solar power by 2030. A worldwide transition to energy-efficient buildings would create millions of jobs, as well as 'greening' existing employment for many of the estimated 111 million people.

Unfortunately, academic institutions have not effectively responded to this

challenge resulting in lack of professionals who can integrate their knowledge of various disciplines with natural

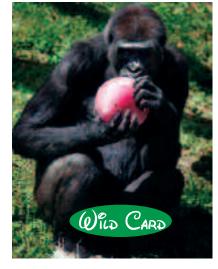
resources development. While courses related to natural resources management exist, comprehensive approaches have just started to emerge. Conservation biology courses in resource economics, forestry and agriculture are the need of the hour. Though it is emerging in universities abroad as well as India, there is a dire need for development. The loss of biodiversity continues unabated, traditional policy solutions have become ineffective, and environmental laws are stretched to their limits by industrial expansion. There is an urgent need to have integrated approach across natural and social sciences and incorporate real experiences into the training of resource professions.

(Prof Sinha is Director, Amity School of Natural Resources & Sustainable Development and Amity Institute of Global Warming & Ecological Studies)

Gorilla-aaah

orillas may be large and aggres-Usive looking but they are in fact gentle vegetarians! Two species, the Western Gorilla and Eastern Mountain Gorilla are native to Central Africa - a habitat devastated by the action of man. We do get to see them in movies, not the real ones though. Only people wearing Gorilla costumes. And we may never be able to see them again. For their population is on a rapid decline due to loss of habitat and food.

Zoological Name: Gorilla Beringei, Status: Critically endangered. Population: 110,000. Only 200 Western Cross River Gorillas. Outlook: War, hunting and forest destruction by loggers has reduced numbers to an all time low. Where



found: Equatorial Africa, Species: 2, Year protected: 1925.

Compiled by: Nishant Saxena AIS Vasundhara

Medicinal

Botanical Name : **Family Name English Name** Common Name **Used Part**

Active Principle

Withania somnifera Solanaceae **Winter Cherry** Ashwagandha, Asgand Roots

Withaferine -A, etc.

Withanine,

Somniferine,

Winter Cherry

Botanical Description: An erect under shrub. Leaves ovate, greenish and fruits round and red in colour. The fleshy roots when dry are cylindrical, gradually tapering down with a brownish white surface and pure white inside when broken.

Propagation: Propagated through seeds. Grows in well-drained sandy loam soil of 7-8 pH. The seeds are sown during rainy season in June/July.

Uses: Ashwagandha is useful in general weakness. It gives vitality and vigour and helps in building greater endurance. It reduces stress and tensions, controls depression.

> **Amity Institute for Herbal** Research & Studies (AIHRS)

> > **GT Question**

In which part of the country, is Winter Cherry found?

Graphics: Pankaj Mallik

Communication

Sarthak Rajpal, IV B, AIS Gur 46

eeping in touch with loved ones has been a very basic need for humans over centuries. Over the years, the means to stay connected with people and the world at large has evolved with many options to choose the best way or means to communicate faster and effectively. Communication is a process of transferring information from one place to another. The means of communication can be verbal and non-verbal, auditory, signals, sign languages, etc.

Primitive Means: The old means of communication were carrier pigeons, radio, smoke signals, pictographs, etc. There were smoke signals (visual communication) and drums which people used to ask for help when they were lost or convey a signal. Of course, for ages,

the humble messenger who carried written messages on foot or horseback was the only form of keeping in touch with friends and relatives. To communicate over long distances, the telegraph was invented by Samuel Morse in 1844 and it was the first form of tele-communication. The typewriter was used till it was replaced by the computer.

Modern Techniques: Today, cell phones, laptops, television, cinema, etc are used. The postal department continues to be the common man's means of communication by sending letters paying for the cost by affixing stamps. Internet made the world compact. One can watch TV, play games and send messages. Mass communication is also a part of communication to reach many people at a time. It includes newspapers, internet, magazines, etc making communication faster and cheaper.

The magic of Europe

Surbhi Aggarwal, IX A, AIS Gur- 43

he wonderland of Europe is no less than a fairytale world. Adorned with timeless castles, it is a treasure chest of art and architecture. Some parts take you back in time while others define the future. Some are a fusion of culture while some are distinctly unique. Last year in 2008, Europe happened to be part of my holiday calendar and made each moment of my life

I visited the Land of Kilts, fish and chips; the United Kingdom. From its age-old traditions to the famous British countryside to the buzz of Scotland, the United Kingdom of Great Britain and Northern Ireland is an island country and also many worlds in itself. I got to explore London, Glasgow and Birmingham.

Magical London: There's something

magical about this land. From the Fairytale- like cas-

tle of Buckingham Palace and the mystical royal guards to the striking landmarks of Traffalgar Square and London Bridge, everything is delightful. One visit to the land of the Queen and one would surely return feeling like royalty oneself.

Traditional Glasgow: If a balance of history and tradition with modern day trends is what we seek from our holiday, then Glasgow is our answer. Here one finds Victorian architecture existing along side with cutting edge bars, restaurants and clubs. Its pulsating music, riverfront walkways, museums and galleries make Glasgow an unforgettable

Classic Birmingham: Lovingly known as 'Brum', Birmingham exhibits a rare balance between the past and the future. With classic architectural wonders and innovative modern ones too, it is an ex-



Places to eat

Mint Leaf, London- This Indian restaurant and bar situated in Haymarket and Suffolk Place, is famous for its Indian curries. But tables have to be

Cathedral.

Rules, London- The oldest restaurant in London, it serves traditional British

hangout for salads, pastas and burgers.

Butter Chicken is Britain's national dish which they believe is an English invention!●

Places to visit

Buckingham Palace- might catch a glimpse of the Queen in a tour to her palace.

Madame Toussads- Catch a glimpse of the magnificent models of your favourite Hollywood and Bollywood stars and other famous people.

Tower of London- Get a chance to see India's prestigious Kohinoor Diamond. Royal Guards- Make faces at the boobies during the royal Change of Guards. British Museum- Marvel at historical and modern pieces of art and artifacts, take a special interest tour, shop at countless museum stores and boutiques, then dine at one of its many cafes

> and restaurants. Glasgow Cathedral-Fix up a date with Scotland's rich history at the age-old Glasgow

Lombard Street, London-This Michelin-star restaurant serves a great combination of seafood, meat and poultry.

booked in advance.

seafood amongst old style interiors.

Bar 91, Glasgow- The most famous **Interesting Fact**

Class room management – guiding Children's Behaviour

Vandana Seth, AIS Mayur Vihar



f a Doctor, Lawyer or a 40 people in his office at a time, all of whom had different needs,

and some of whom didn't want to be there and were causing trouble, and the doctor, lawyer or dentist had uru to treat them all without assis-

cellence of ten months, he might have some conception of a class teacher's job.

tance. With professional ex-

A teacher is a compass that activates the magnets of curiosity, knowledge and wisdom in pupils. If a child's positive behaviour is not gaining recognition from the staff, the child will often feel unvalued, unaccepted and not a part of the group. This may result in the child going from positive behaviour to misbehaviour. Such kids try to amuse others in the class by cracking inappropriate jokes and clowning, some provoke hostility, some try to become the boss by controlling everybody/ disobeying and some remain in their own shell as they are deeply discouraged and no longer hope for any success or recognition in school. If as teachers we feel annoyed, threatened, or challenged in our position, the purpose of classroom teaching will be

Let's adopt some strategies like 'Allwrite', 'Pair Share' (co-operative learning) or put the students 'on the

clock.' A very good idea to keep the gifted ones busy is to introduce a "What to do when I am done" poster in the class. Notebooks should contain 'constructive criticism' kind of comments. It's essential to be firm and consistent when it comes to following rules. Getting into a power struggle with students is a big no-no. Have a good balance of discipline and humour in class. Accept each other's differ-

> ences and appreciate the good things. Over plan your lessons, devise a seating arrangement whereby stu-

dents names are quickly learnt, use a

calm tone of voice and calm body language. Neither should you speak in a screechy high pitched voice nor in a dull breathy voice. The students will be quietened once the teacher is quiet. Introduce a student welcome bag in the beginning of the session where readily available material can be used and a meaning can be attached to each. A cotton ball can remind the children that the room is full of kind words and warm feelings. A tissue is to remind them to help dry someone's tears. A sticker tells us that we stick together and help each other. A star will remind them to shine and always try their best. A rubber band reminds them to hug each other. A coin makes them feel that they are valuable and special. A bandage is to heal hurt feelings in yourself and others. An eraser reminds us that we all make mistakes and that is Ok. And as teachers, it is not what we teach but how we teach that makes all the difference.

Ve are what we eat

Travel Desk

Tanya Sethi, AIS Saket

y body, my rules, my life. We are what we eat and we can decide whether we want to be healthy or not. Exercising is a vital part of our life along with nutrition. If we exercise regularly while we are young, we can remain active later on in life. Exercising is the best way to stay healthy and who says that it cannot be fun? We can invite friends to work out with us and talk about anything and everything. While in the gym we can also listen to songs and get to know more about our body with the help of the gym trainers. Did you know that you can assess how much body fat you swim, you burn around 500-600 calories per hour.

are carrying, by pinching a fold of skin between your thumb and index finger? Be careful not to include any muscle tissue in the pinch. If you find that you are able to pinch more than one inch of fat, then you would benefit from losing some weight.

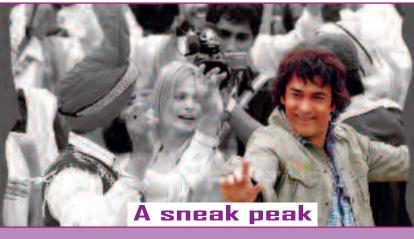
Brisk walking, jogging, swimming performed nonstop for 12 minutes helps build the efficiency of your heart and lungs. Before starting a strenuous exercise stretch yourself with basic warm-up exercises. This makes the joint more flexible and prevents injury during the exercise routine. Exercise twice or thrice a week for 20-minute periods each is all you need to keep fit for the rest of your life. If you jog or

Many overweight people are in the habit of eating in king-size plates. Researchers have found that using small sized plates help in cutting down calories. Use salad plates for the main course rather than regular dinner plates. You will get greater satisfaction with smaller plates. It is a common practice among dieters to skip breakfast or lunch and still they find it hard to lose weight. By skipping meals you are creating a mental void and, by the time you are hungry, you would not know how much you have eaten. Experts recommend three regular meals a day. You may reduce fats, sugars and add more salads and curds. Eat fruits in between meals. If you want to fast, do it for a full day once in a week, with dedication.

defeated.



The best things in life always happen effortlessly



2009 2008

2007

Dus Kahaniyaan 2006 Rang De Basanti

1999

1991 1990

1989

1988

...Continued from page 1

Khalnayak, Saudagar, Chaalbaaz, Teezab, Delhi-6, Yuvraaj, Rang De Basanti....how did you create such an awesome body of work?

By not trying to. Either I have been exceptionally lucky, or the best things in life almost always happen effortlessly. In fact sometimes, the effort itself becomes the barrier. Effort is necessary, but merely effort is not enough. If you want to cross a river, you will have to make a boat and step into it. But your effort cannot change the direction of the wind. That's where you have to drop the effort, and just let the wind take your boat where it wants to take. It may not be exactly the direction you intended to, but it is the direction life wants your boat to take. Life always gives you what you need, not necessarily what you want. Today when I write, those years come to my rescue. Today, I know I needed those miserable, painful days.

Do you incorporate your own experiences in your writings or do you draw inspiration from imagination?

I always write myself into anything that I write. My own experiences, people I have met or heard about, what I have read in the papers, magazines, seen on TV, everything contributes to my writing. For me, every person is a story. There are so many stories happening all the time that my only problem is not what to write but what not to write.

What do awards mean to you?

I do not trust awards. Awards are never a measurement of a person's talent or ability. In the beginning when I was young, I used to enjoy them and even felt proud of them, but as I matured, I realised that awards can mislead you about your own capabilities. If you know who you are, you neither need nor crave recognition from anyone else. My best reward is that I am the first audience of my own creation. And if I happen to share my joy with others, that's good enough. Who needs any other kind of award?

How do you like to unwind?

Writing is also my vacation. I work as a writer and then I relax as a writer. My work is my holiday. I read a lot and watch movies which are part of my creative process. I take long walks. I travel in buses and local trains. I just wander around aimlessly. For me, aimlessness and effortlessness are imperative for a happy life. I am not going anywhere; I am just enjoying a walk through life.

Your advise to budding writers...

Just write. Write something everyday. Put yourself into whatever you write because that will make your writing genuine and honest. Trust yourself, trust life. Hone your craft. Read a lot, see a lot, hear a lot. Life has abundant material all around you.

-"No bubble is so iridescent or floats longer than that blown by the successful teacher." William Osler



One day, a 13-year-old boy was learning about a bird's flight in school. At the end of the 25 minute class, the teacher asked whether the children understood. The boy did not understand; and said so. That evening, the teacher took the whole

class to the sea shore to see thousands of birds flying around. The young boy immediately understood that the bird is powered by its own life and the motivation of what it wants. He was none other than Former President of India, Dr APJ Abdul Kalam who once said, "Learning needs freedom to think and imagine and both have to be facilitated by the teacher."

A good teacher is like a candle - it consumes itself to light the way for others. At Amity, we have given you the best of teachers so that each one of you is able to nurture your dreams and realise your true potential. A student spends more than 25,000 hours in the school campus during his school life. To be able to gain the maximum from teachers, students must build themselves with best of qualities in order to get ignited with a vision for their future life.

In teaching, one cannot see the fruit of a day's work. A teacher's success is visible in the achievements of students. To quote Aristotle, "Those who educate children well are more to be honoured than parents, for these gave life, those the art of living well." •

Nation Building



As a child I always entered into an argument with my mother as to who goes to a better school she or me. My mother, then a teacher in a Hindi-medium government school provided for an English-medium convent education to her three daughters.

She stood firm with her views that children in a government school required good teachers and that explained her passion for the school. Private schools, she believed, catered to privileged students, while she tried to polish coal into diamond. As a child, I could barely fathom why she was so patriotic for a school where children just about came, studied and misbehaved.

Years later, equipped with a degree in psychology, sociology and education (experience too), I am able to empathise with her. India needs good teachers to build a good nation. Public or Private, the role and responsibility of a teacher remains the same, ie Nation Building.

The changing education system over the years has witnessed a lot of change in a teacher-student relationship. The top story in this issue discusses this relationship shared as they move from nursery to higher education while parents watch the relationship evolve. Comments and conviction as 'My teacher is always right' are slowly and steadily replaced with critical views, to being friends and guides.

I was privileged to have a mother, who was a teacher, too. We celebrated Mother's day and Teacher's Day with equal enthusiasm. She performed her dual role with ease. While teaching at school or home, she was a 'teacher'. She even confesses to have never felt the maternal 'weakening moments' while teaching and following our educational curriculum. As we grew up, we realised she was more of a guide and then a counselor... with that 'teacher' always alive and vigilant. Teaching poor students in a remote village, this teacher is still at her task. The task of Nation-Building.

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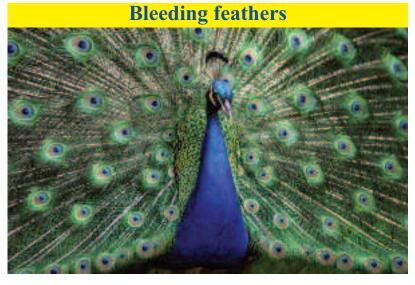
pinions expressed in GT articles are of the writers and do not necesarily reflect ose of the editors or publishers. While the editors do their utmost to verify

Honouring Teachers Is the peacock safe in India?

Medhavi Arora, X-F, AIS Noida

eacock, the splendidly magnificent bird has fascinated people since time immemorial. The wonderful bird has inspired many a poet and artist and has carved for itself a position of pride as our national bird. Tragically, its colourful appearance has been the cause of its disastrous end, too. During the past two decades, this wonder of the wild has been vanishing gradually, as its number is diminishing steadily. In fact, this species is no more common in north Gujarat which once prided itself as the peacock's abode. Everyday there is a report in the papers. Even a place like Morena, named for the peacock, has weekly reports on peacock poisoning. How far could it remain safe considering the avarice of man?

The increasing demand for its feathers, both for decorative and religious purposes, is the main factor for this. The demand of mayur pankh and jhadu (hand fans and brooms prepared from peacock feathers) for use in places of worship are some reasons that point to the peacock's popularity. According to a forest official, peacock killing is an



offence but not selling its feathers. What an irony! Do these two provisions not contradict each other?

The peacock feather is a useless item for the human being: You cannot eat it, wear it or even dust with it. Eighty to ninety per cent of the trade concentrates on foreign tourists. The Department of Foreign Trade banned the export of peacock feathers two years ago. Till then, the Ministry of Commerce was licensing 20 lakh feathers a year! Considering that a peacock has

less than 100 feathers, how many peacocks would have been killed? But thousands of foreign tourists come to India every year and bought suitcases full of peacock feathers. Hotel shops carry peacock feathers and so do all curio shops. Shall the national bird be turned into a fan when it is now an endangered species? The peacock may soon join the list of extinct species by the rate it is being killed in Kishorpur, Asandhaa, Bujur, and Damakhurd villages, near Kanpur. According to the

villagers, a dead peacock fetches anything between Rs 1,000 to Rs 5,000 in Mumbai and other big cities, where it is believed that the bird's meat can cure diseases like paralysis and asthma and also acts as an aphrodisiac.

Sources in the forest department claimed that there was a regular clientele for peacock meat. Said Rajendra Kumar, a villager, "Two months ago, the bamboo groves used to be filled with dancing peacocks and peahens. But now, you cannot find more than six in our village." According to him, there were about 500 peacocks in Kishorpur, 1000 in Dama Khurd and 300 in Asadhana. But now, not even 250 peacocks are left in the whole area. Disappointing!

A grown up peacock yields more than one and half kg of flesh, while its feathers are also a prized item. Trapping a peacock is both easy and lucrative, as they can not fly long distance. Catching a peacock is even easier than catching a hen. Only a committed drive can save the fast vanishing beauty. Or else, the peacock will be confined to verses and vases and perhaps, some books!

At the receiving end

spicy pickles to mouth watering gulab

jamuns, from stitching buttonholes to

singing lullabies, he seems to know it

all. This is not to undermine his ex-

pertise in the so called male hemi-

spheres; he can fix the geyser,

washing machine and car with the

same deftness as he can handle the

A father like that can exert enough

pressure to live up to his level of ex-

pectations, which needless to say,

fine nuances of the stock market.

Tulika Banerji

he rich aroma of freshly baked cake filled my senses as the familiar tinkering of utensils in the kitchen provided the background score. Excited and famished, I made my way to the dining hall only to be greeted by my family jointly reverberating "Happy birthday to you...." Sounds like a common situation in family life, albeit with a difference. The architect of the cake was my father and the remaining dishes for the night - palak paneer, butter chicken, fish biryani and the quintessential kheer 'paaish' had been prepared by the male bastion of the house with joint efforts from my father-in-law, my brother and even my husband who pitched in with fruit salad!

I was overwhelmed with mixed emotions – astonishment and joy tinged with tiny specks of remorse. Somewhere deep down, in the recesses of my heart, was a deep rooted guilt, a self reprimand of sorts. It is actually a long story...

Having grown up in a typical Indian household where the patriarch earns and the matriarch takes care of household chores, the switching of typical gender roles was never an issue. My father, fondly chided by granny as 'Jack of all trades, master of none', never failed to astound me with his sound knowledge of things usually known as female domains. From

The Global Times is a very useful

as well as informative newspaper

as the bag pack page. I think this

newspaper is simply the best be-

the country. It makes them more

considerate about their surround-

I just wish you could have more

the 'general news' page. Global

contests and a little more content in

Sayesha Bhattacharya

IX B, AIS Gurgaon 46

ings and the society.

Times rules!

cause it reaches out to the youth of

for children like us. I really like the

Big Story page, the Editorial as well

were sky high. The remaining four of us, viz. my brother, sister, I and mom had to be perfect in whatever we did as our performance would be measured by baba's barometer which would gauge us, at fault on most occasions. There was no way in which we could reason why the sofa-back stain could not be removed, because

he had an answer for everything.

duties as the eldest one; taking care of siblings (even attending their PTA meetings), bringing grocery from the market, booking the gas cylinder (the Indane office was on the way back from school) as well as depositing our school fees. So much so that I conveniently shied away from the chores normally expected of a young girl. I didn't know how to toss salad till I was an undergraduate and had zero interest in all things feminine! I actually believed I could escape being in the kitchen till, ostensibly, I was married off at a tender age. At a time when my friends were gear-

I grew up performing diligently my

ing up for their careers, here I was, plunged headlong into full fledged domesticity. It was an alien world, or so I thought. A cruel joke of destiny and to make matters worse, here was a household where I was the only woman. The banter did not end there for I soon accosted my father-in-law who is a proficient cook! Laden with shame, I gracefully showed him out of the kitchen, as my self esteem could not allow an older gentleman to shoulder a responsibility which was mine. From then till now, life has come full circle. Although I still call up my mother for her time tested recipes, it is both my fathers whom I generally look up to when in need of expert advice on how to prevent salt from turning sticky in monsoons or tips on moth proofing my woolens!

The Power of Inspiration

Vrinda Tandon XI-C

AIS Saket

The power of inspiration can move mountains. Inspiration is a sustainable eternal glowignite it. If you don't step forward, you are always at the same place. Once inspired, one is like flowing water. Every time it confronts stones, it goes over them, breaks them or diverts itself humbly but always remains in motion. Stagnant water in a pond gradually turns into muck and by and by into a quagmire, which pulls anything and everything and sinks it within itself. The water that stagnates turns green with moss all over and exudes stench whereas a moving and flowing river, brook or stream whatever be its size, is eternal and forever flowing. Inspiration is a value, which not only charges you to be an achiever, but it also adds to your confidence and boosts the imagination. Once inspired one stops existing but starts living- success becomes his middle name and enthusiasm, his first. Remember that there are two ways of spreading light - "To be the candle or to be the mirror that reflects it."

The launching of the Global Times was a moment of pride in Amity's many achievements. I look forward to the next issue and want to congratulate you on making it bimonthly. I, especially like Chairperson Mam's editorial col-

umn, and the Editor's as these give relevant advice to queries that often occur to youngsters like me. I also want to commend you on the current issue that covered a wide range of fields. However, to improve GT, maybe you can include: crosswords, sudoku and horoscopes; weather news and forecasts; critical reviews of plays and restaurants and forthcoming happenings in Amity Schools. Hope you shall look into the matter. I am looking forward to future issues of GT.

Abhimanyu Verma XI-F, AIS Noida

Pearls of wisdom

Life

Life is an opportunity, benefit from it.

•Life is beauty, admire it.

•Life is a dream, realize it. •Life is a challenge, meet it.

Life is a duty, complete it.

Life is a game, play it.

Life is a promise, fulfill it.

•Life is sorrow, overcome it. •Life is a song, sing it.

•Life is an adventure, dare it.

 Life is luck, make it. •Life is too precious, do not

destroy it. -Sameera Khurana, AIS MV

A read on Right to write

Every year, World Literacy Day is celebrated on September 8 with the aim of highlighting the importance of literacy to individuals, communities and societies.

Simran Sachdeva VIII C, AIS Pushp Vihar



According UNESCO, "Literacy involves a continuum of learning to enable an in-

dividual to achieve his or her goals, to develop his or her knowledge and potential, and to participate fully in the wider society." UNESCO aims at education for all by the year 2015. India is one of the countries (along with Arab states and Sub-Saharan Africa) where literacy levels are still below the threshold levels of 75%. The situation is so grim that more than three-fourths of the country's male and nearly half the female population is illiterate.

The root causes as we all know are poverty, lack of opportunities, lack of infrastructure and the mindset of people who underestimate the value of literacy. Social and economic barriers play an important role in keeping the lowest strata of society illiterate. Major social reformation efforts are required to bring about a change in the scenario.

The Government of India has launched several schemes from time to time to spread education. Sarva Shiksha Abhiyan (2001) was launched for children aged 6-14 years and it has been targeted that they complete eight years of schooling by 2010. Education Guarantee **Scheme** is meant for those areas where there is no formal school within the radius of one kilometre. Another scheme - District Primary Education Programme launched in 1994, has so far opened around 160,000 new schools. The **Mid-Day** Meals Programme was initiated to attract poor children. Though these programmes managed to enrol many children, the drop out rate has been quite high. The National Literacy Mission aims at attaining the literacy rate of 75%. It imparts functional literacy to the age group of 15-35 years.



Educating people with disabilities

Shreya Sahni

VII C, AIS Pushp Vihar

¬he problem is not how to wipe out the difference but how to unite with the differences intact."

Rabindra Nath Tagore

From Commitment to outcome: United Nations has estimated that nearly 10% of the world population suffers from disabilities of one kind or the other and the proportion is more in case of underdeveloped countries. In India, the population of persons with disabilities is estimated to be more than 10 crore, which is higher than the total population of many countries of the world. It is a very sorry state of affairs that disabled children are looked down upon by the society. They may be accepted by their parents and people may be sympathetic but people rarely come forward to help them. Social attitudes and stigma, often within their own families, play important roles in limiting the opportunities available to the disabled. The movie Taare Zameen Par based on dyslexia and Zee TV sitcom Aapki Antara on autism, have been real eye-openers.

Meeting individual needs: Education programmes for students with disabilities must be designed to meet their individual

needs.

Teachers of students with disabilities must be trained in the instruction of individuals with disabilities. Such students must not be excluded from participating in extra curricular activities; on the other hand, they must be provided ample opportunities at par with normal students.

Mixing with non-disabled students: Students with and without disabilities must be placed in the same setting, to the maximum extent appropriate to the needs of the students with disabilities. As necessary, specific aid and services must be provided for disabled students to ensure appropriate educational environment which may include interpreters for students who are deaf, readers for the blind, and equipment to make physical accommodations for students with mobility impairments. Failure to provide disabled persons with appropriate education frequently occurs as a result of misclassification and inappropriate placement.

Get the basics right

Preventive care: Both for mothers through nutritional interventions and infants through both nutritional and basic immunisation coverage.

Identifying people with disabilities soon after onset: tremendous improvement required in this function. Getting special children to schools and giving them skills to participate fully in family and economic life.

Improve societal attitudes: Expanding efforts to reach out to people with disabilities, relying on public-private partnerships that build on successful models already operating in India.

Illiteracy is a huge problem in India and achievement of total literacy is a distant dream. Although Right to Education is a Fundamental Right in our constitution but poverty, igno rance and lack of resources are depriving children of their basic rights. This is a social issue; if society and the business world will not participate, eradication of illiteracy will be a difficult aim to achieve. Public partnership is a must. The need of the hour is: each one, teach one.

Literate Samaritan



On a literacy mission: (L to R) Tina & Niveeta Narayan

Vira Sharma

or almost 15 years, the young tribal population from Jharkhand has been working as 'housemaids' in different Delhi households. Poverty forces these Adivasi women to either become agricultural labourers or migrate to cities for survival. Literacy for them is a distant dream. With the rise of nuclear, double income families, the rise in demand for this class of workforce has not met with an equal supply. The decline in supply is a slow, but positive indication. "These days, most young girls prefer to go to schools and hence are not willing to move out and work," says housemaid Tina, working in Delhi for the past 2 years. Poverty, forced her to drop school and seek employment. While government schemes as Sarva Shikshan Abhiyans, Ashram schools, mid-day meal schemes, etc are being implemented, the emergence of Good Samaritans in the neighbourhood deserves to be mentioned. Tina's passion to study found support in her employer. A speech therapist and audiologist at Moolchand Hosgpital and SpHear - Speech and Hearing Clinic, Niveeta Narayan always believed in the power of education. "As a child, I dreamt of sponsoring the education of a child with my income. I enrolled as a regular donor with CRY. When I took in Tina as housemaid, I adopted a new student. We have encouraged her to study, providing for books and other facilities. I have enrolled her in Class X through National Open School," shares the Literate Samaritan.

The task 'Teach India' is not as simple as it sounds. Malini, a journalist with a foreign magazine, spent time, money, effort and space at home to convince her maid's mother not to get her daughter married at an early age. Says Ma-

Figure Out: The female literacy rate among tribals in 1991 was far lower (18.2%) as compared to overall female literacy for the country (39.2%). According to 2001 Census figures, female literacy among Scheduled Tribes went up to 28.36%; yet it is still at a slower pace as compared to the general female literacy in the country (54.16%).

My efforts

Simran Sachdeva

VIII C, AIS Pushp Vihar

along with my mother, joined Prayas (NGO) as volunteers during the summer vacations as part of my Global Times Youth Power project. We taught the underprivileged children of Dakshin Puri slums. We helped to groom them and brush up their basic skills. Being a black belt in Karate myself, I also taught them some self defence techniques. There were some volunteers from England and Ireland whom we helped in interpretation. The project manager en-

lightened us about the condition of the children in Prayas and their problems. I realised that the problem of dropouts was one that had to be handled with a lot of care and persuasion. I encouraged my classmates to teach at least one child and convince their parents to sponsor a child. I also registered myself for Teach India launched by The Times of India and encouraged many others to do the same. It's high time we all followed the motto, "I can and I will!"

lini, "She came to me crying that she wished to study. I worked hard to convince her mother and my family members to let her do what she wants, taking the complete responsibility of her food, clothing, housing and education. I hired a special tutor, enrolled her in a vocational school to learn stitching. A year later, her mother walks in with a good marriage proposal and she moves out without any qualms!"

While Malini felt defeated, she realised, the first step towards achieving literacy is not simply teaching a child or doling out facilities, there is an urgent need to change the mindset. The need for education and literacy needs to be reiterated. It requires Literate Samaritans.

My favourite sport

Advantage tennis

awn Tennis is a game played indoors or outdoors on a rectangular court by two persons (in singles), or by four of the same sex (women's and men's double) or by men and women partners (mixed doubles). The players use rackets to strike a ball back and forth across a net. The object is to score points by hitting the ball out of the opponent's reach or in such a way that he cannot return it successfully.

The origin of the game is varied and ancient. It was at first a solemn fertility rite in Egypt and in the Middle East. Another view is that, the term 'tennis' is derived from an Egyptian town on the Nile known as Tinnis and 'racket' is derived from an Arab word 'Rahat'. Records confirm that Tennis was played in France in the 12th century at first with the palm of the hand. The game became standardised in 1877. The game started in India in the late 19th century. The first All India Championships in Tennis were held in 1910, in which both men and women took part. My role model is Leander Adrian Paes

(born June 17, 1973) is an Indian professional tennis player. He is also the recipient of India's highest sporting honour, the Rajiv Gandhi Khel Ratna award in 1996-1997 and the Padmashri Award in 2001



for his contribution to Tennis in India. Thus keeping all these in mind, one can definitely say that Leander Paes is a genius in the world of sports and it has been proved time and again.

Contributed by: Saarthak Bansal V-B, AIS Mayur Vihar

Cricket uniting nations

Rubina Mulchandani

XII A, AIS Vasundhra



We are living in a materialistic, selfish world. It is an emotionless, compassionless era of technology and power. There is little space for friendship, patriotism and warmth. In such a

situation, if there is something that binds nations together, it is the game of cricket. The world has begun to realise the power of this game.

New York City Cricket is building bridges. New York Police department is using cricket to build stronger links with South Asian Youth living in the city. It is an effort to establish positive relations with multiple ethnic groups. Another club, Crompton Cricket Club is trying to divert teenagers away from bloody gang wars which are a daily routine in one of Los Angeles' toughest neighbourhoods. Cricket also brings peace to war torn areas. 'Cricket for Change Group' established 30 years ago brought street cricket from London to Arab and Jewish kids in war torn Israel. These are some lessons for other nations to step in and make such efforts for world peace.

Nimish of class XII, AIS Vasundhra says, "Cricket creates world euphoria and it surpasses the fan following of even soccer. It definitely has a global impact." Savi, class **X B** echoes, "Of course, when teams play together, thought they stand against each other but they surely joke and chat in the changing rooms. This removes the barriers between the teams on the filed."

Cricket has the potential to engage bitter rivals on a friendly platform. Two nations may be hostile to each other but a shared passion could possibly bring them together. Cricket removes barriers of caste, creed, economic inequalities and communal strife. It is the only treasure which can contribute in maintaining existing relationships and fostering new ones, making the world a peaceful place to live in.

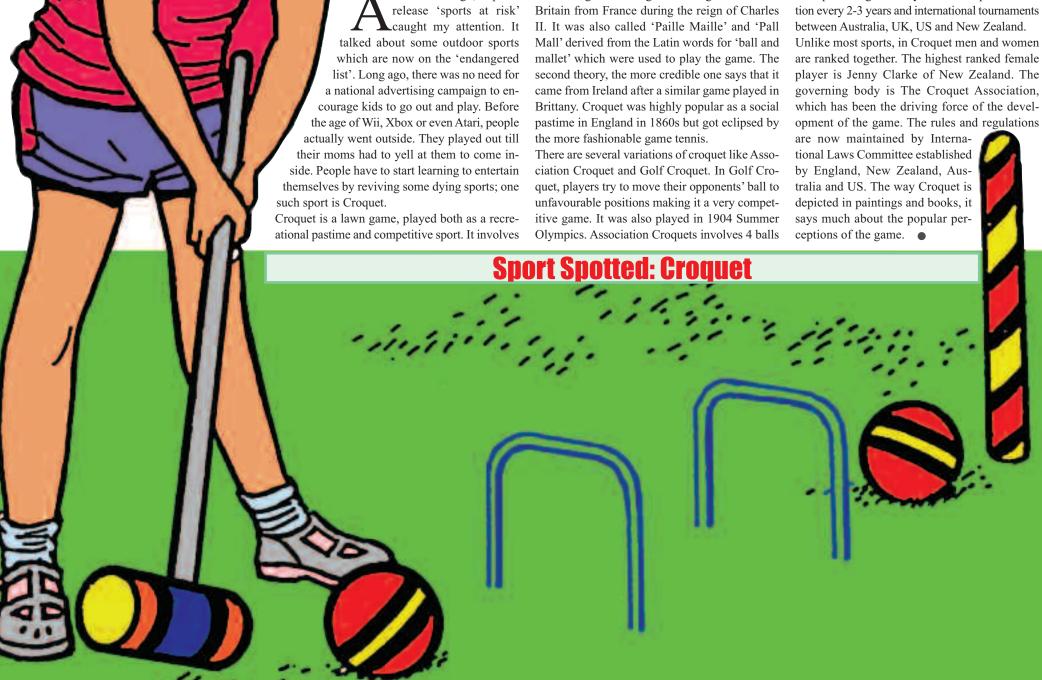




Shaurye Aggarwal VIII A, AIS Saket

few weeks ago, a press release 'sports at risk' caught my attention. It talked about some outdoor sports which are now on the 'endangered list'. Long ago, there was no need for a national advertising campaign to encourage kids to go out and play. Before actually went outside. They played out till their moms had to yell at them to come inhitting wooden balls with a mallet through hoops embedded into the grass playing court. The book Queen of Games: The History of Croquet presents 2 origins of the game: The game came to

teamed in pairs, with all balls going through every hoop to win. One team takes black and blue balls and the other, red and yellow. World Championships are organised by World Croquet Federation every 2-3 years and international tournaments between Australia, UK, US and New Zealand. Unlike most sports, in Croquet men and women are ranked together. The highest ranked female player is Jenny Clarke of New Zealand. The governing body is The Croquet Association, which has been the driving force of the devel-



Aryaman Kashyap

III-B, AIS Saket

Then I opened the door, there was a tiny green snail standing in the door way. As I touched it, I started turning around and was thrown on the road. Then suddenly I saw a sign board which read out load - Welcome to SCARY CITY!

I started to walk and a good witch was standing there. She showed me something very scary. My parents were in a cage. She told me if I wanted to save my parents I will have to go to the Magic Castle. She asked me to walk ahead – straight down the road. There I would see many traps, I would have to pass each of them and get a grade. If I get the Best Grade, I would be able to open the gate. So I started walking. The good witch also gave me a wand for help - she said I could use it 10 times. I would have to use the wand on the queen who lived in the castle and say 'finish.' That would end her life.

I kept walking, keeping in mind what the witch had said. I met a dead body and decided to use the wand. Then I remembered the witch and what she had saidyou can only use the wand 10 times and only once on the queen. The body disappeared.

As I moved ahead, I saw a bat sitting on the tree. I waved my wand again, nothing happened, I waved

Short Story



again, again nothing happened.

I kept waving three, four, five, six times again nothing happended. I then remembered that bats cannot see and thus the wand was not effective on them, also I had wasted six chances on the bat. I was scared. Now I had only three chances left as I had already used the wand on the dead body and now six chances were lost on the bat. I had to make the queen disappear to win this game. I kept moving ahead praying in my heart. Up ahead I saw a mountain and on the mountain was the magic castle, I started climbing. When I reached the top, I saw a big well before the gate, the well had many lizards around it, some big, some small all looking out to eat insects.

I had to get past them, but there was water all around, I waved the wand on the lizards but a few disappeared the rest were still there. I was thirsty and I had to go on. I jumped into the water; the water was sweet and made me really small. I was now a tiny sized boy as small as a mosquito. I managed to swim across the water on the other side. Nobody was able to see me, I ran close to the queen and made her disappear. I then used my last wish to get back to my size. I had won and thus, my parents were freed. I was so overjoyed that I jumped with happiness and almost fell off my bed; oops I had a scary dream!



- 1. Name one material used in the construction of plastic
- 2. When is World Literacy Day celebrated?
- 3. What is Arangetram?
- 4. Mention one unique feature of Croquet.
- 5. What's special about Arihant?

To submit your answers, log on to www.theglobaltimes.in

Last date: September 20, 2009)

Under the umbrella of Amity

Priyanka Sethi, IX C, AIS Gur-46

Under the umbrella of Amity Lies a student

So educated

So calm

So disciplined Under the umbrella of Amity

Lies a teacher So patient

So eager

So understanding Under the umbrella of Amity

Lies a Principal

So peaceful

So graceful So dedicated

Under the umbrella of Amity In the cool calm shades of blue

Lies learning, creativity and talent There lies the key to success.

Two wonderful teachers

Prisha Singh, V B, AIS Gur-46

Name two great teachers They said in a quiz The answer came in chorus "It must be Harjeet & Simmi Miss." They are particular about discipline But never have to shout

They make sure everybody under-

And don't have a single doubt They are very loving and equally

No wonder they are loved by girls and guys.

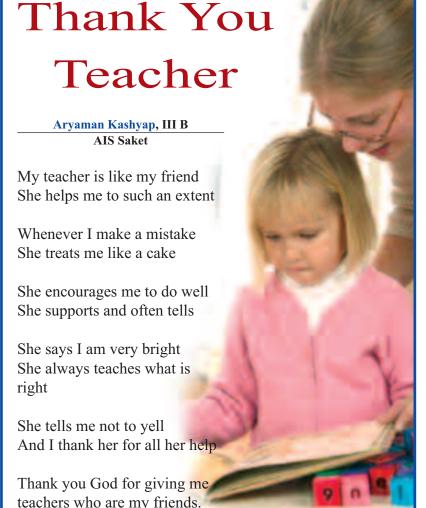
To have such teachers, we are truly blessed

I'm sure you'll agree they are the

We can always be sure they'll be fair And still a lot of fun

They are jolly and playful, kind and cheerful

Harjeet & Simmi Mam are like no other one!



Building blocks

Shreya Gupta, VIII C

AIS Vasundhara Teachers are the ones, Who take us to great heights! And thus they are called; Building blocks of life! If a student is a flower, Teachers are its petals! Because they teach him; Problems to tackle! They do a miracle, In the life of a rudiment! And replace it with; A sincere student! Teachers convert disappointment And anxiety, To hope and relief! They make their disciple; Undaunted and chief! The best teacher teaches from the heart, And not from the books!

This fact cannot be changed;

By hook or by and crook!

Children are God gifted,

Who have such teachers!

So why not we call them,

A creation of all-mighty;

Wonderful features!

God, who is visible!

Because they have the most

They are perfect and eligible! Do respect and love, All of them by heart! Because; They are the ones, Who take you to great heights! And thus they are called; Building blocks of life!

Our Teachers

Divyang Bhatnagar V C, Mayur Vihar

Great are our teachers, They are also our preachers, Surely they are our future makers, So good and so perfect are our care

To soar high in the life they inspire

For tough exams they also prepare

They create an excellent atmosphere for studying And have love for everybody Angry sometimes they get but knowl-

edge they give us the best With us they always co-operate And make our minds concentrate So I pray to God

To give them fame, glory and name.

Our great Lord

Painting by: Anuva Bajpai, AIS Saket

Teacher

AIS Gurgaon-46

For teaching children lessons, to help them as they grow, Let this gift remind you, You're the best teacher we know! I chose this special poem because I wanted you to know,

That I'm grateful for your hard work in helping me to grow. For your constant understanding and

for always being there, To tell me I can do it and to show me

that you care!

How to deal with Swine Flu?

Priyanshaa Ohri, VI – D

AIS Gurgaon – 43

This question comes to everyone's mind, Whenever they think of a flu of this

It is becoming a great cause of destruction of life,

Will on Earth, anyone survive? I think I have a solution for this, Which I would like to tell you in points.

So that on your treatments, You do not waste your coins. Avoid going to crowded places, And be very careful in such cases. Before anyone asks, You must be ready with your masks.

Wash your hands often with soap, This will work, I do hope. Just follow all the above points Now I don't think any would ask me How to deal with Swine Flu.

University Buzz

Year One @ Amity

T. Sukesh

MJMC, AU Rajasthan

First Person

ring-tring' my cell phone perturbed my favourite activity; my syrupy cock-crow nap. It was my alarm with the reminder 'Time for college.' I was 30 hours away from my sweet home in the college hostel. No doubt I was angry as I could not sleep any more but campus life fascinated me to go ahead. First day of college is always a dream come true for everyone and I was no different.

August 4, my very first day at Amity, was full of excitement and inquisitiveness. Trying to guess many things about the new Amitians, thousands of thoughts were striking my innocent mind – where will be my classroom, will I make good friends, how will my teachers be and so on.

From the main access of my college, I turned back as if someone had called me and found the world of Amitians with me. After enquiry I came to know my class is on third floor. After registration, I was guided to to the auditorium for orientation.

As soon as I stepped in, I found an Auditorium fully packed with new Amitians. All were freshers like me but from different courses. During orientation, Honorable speakers like Chancellor Amity University Rajasthan,

Well, it was quiet interesting. Activities based on stage fear, knowing each other and team work were the main ingredients of ice-breaking. The adventure didn't end

here. The next day was even more exciting as I got to meet my class fellows. I got timely dressed as it was the first day of my class and I didn't want to be late. My classmates and



Mr. Aseem Chauhan, and Vice Chancellor Prof. Rajpal Singh Sirohi, addressed and introduce us to the Amity Universe.

This was really a wonderful session for all of us. And then, 'Ice Breaking' session was awaiting us in the library. I looked at each other with curiosity. I still remember the day we first met.

Not knowing each other, wanting to know but not even smiling; then we started with blank smile, followed by formal talks, then with ji, hanji, bol yaar, then assigned each other funny names, shared our days, hours together. In Amity, I have found some real friends, rather gems. May our friendship be immortal!

At Amity, I learnt how to behave, learn and achieve. Well, life teaches as you move on. I have learnt to condition myself into solving problems and come out of situations. I have learnt to manage my social, personal and professional lives here.

My heart is bound to pay gratitude, but I can't express my profound sense of gratitude and cumulative appreciation in one word to Amity University Rajasthan.

Picture- (R-L, 1st Row): Priyanka Verma, Chabaria, Shubham Mishra, Neha Jain. Vineeta Arora, Dimple Bajwa, Amrita Adnani. (R-L, 2nd Row): Rajpal Singh Rathore, Udai Khanna, Suraj Singh, Prateek Chamoli, Kapil Panchal, Muhammad Zulqarnain Zulfi (R-L, 3rd Row): Tiwari Sukesh, Kumar Vibhav, Pranav Koolwal

Managing people

yan

Dipti Ranjan Sarangi & **Paresh Kumar Singh**



r. Dipti Ranjan Sarangi and Mr. Paresh Kumar Singh of Amity Global Business School, Bhubaneswar participated in a National Seminar

- "Re-inventing HR & IR vision in the new economy" held at Utkal University, Orissa. They contributed scientific papers on "Merger sand acquisitions: HR Challenges to align people and culture" & Talent Management: Nurturing and Developing the people potentials" respectively.

Mergers and acquisitions - HR Chal**lenges:** The changing market conditions and deregulations have motivated the companies to go for strategic alliances in the form of mergers and acquisitions with the expectation that underlies such deals as the combined entity will have a greater value than individual entity. But, despite optimistic expectations, corpo-

rate mergers and acquisitions frequently fail. Companies do pay considerable attention to financial and strategic issues during mergers and acquisitions, but, they frequently neglect people and culture issues. Mergers and acquisitions may fail if the employees from both the organisations have their apprehension about culture, leadership and management styles.

Talent Management- Nurturing and Developing the People Potentials: Talent Management (TM) is often put aside during periods of economic uncertainty

and recession. However HR can usually be in an excellent position to help guide a

company as it pertains to Human Resources. Due to changing demographic patterns, organisations universally are facing an increase in the number of employees due for retirement and a dwindling number of younger workers available to replace them. One of the top concerns to organisations today, is availability of talent. At the same time, the rewards of a true TM strategy are coming to light. A good and effective approach can build on existing processes, provided that the HR is already using a common language to define what an organisation needs from its employees to meet its performance requirements both

Survival of the interest

Ranjeet Mohanty Faculty Amity Law School, AU Rajasthan



any people I find interesting careers, many find their career interesting, still some search careers

where their interests lie. If a person is in the IAS, it gives him immense scope to enjoy power, serve people, earn money, enjoy the admiration of others. and sometimes become a scapegoat. A businessman runs a corporate house where he is able to earn profits, serve the people, enjoy monopoly, awards and recognition or ire of the authorities through raids and is compelled to bribe to save himself.

A doctor practices to earn money, serve the people, admiration for curing peo-

ple, power and glamour (fat clientele), etc. A Lawyer who advocates for people to earn money, name and fame for being able to get prompt relief from courts, also serve the people by giving legal aid to poor and deprived. The same goes for academicians, actors, models, engineers, scientists, etc. In this era of competition, the career makes little difference but the real motivator is your interest i.e. money, food, house, living, hegemony - power, service to society, etc. The bottom line is, in this era of competition the most important thing a person should look for is the survival of his interest although the degree may vary from case to case and time to time.

Thus, career is not so important as you could be in it by choice or chance but try to search and survive your interest by using your intelligence.

MZ Zulfi & T Sukesh

MJMC, AU Rajasthan

rs. Jayati M. Sharma is a popular name among the students of Amity University Rajasthan. Jayati Mam is a teacher who believes and stresses more on ethics than techniques. She stresses that acquiring education is more important than getting a job. Rajpal Rathore of ASCO-AUR says, "She is intelligent, talented, and specialises in multi-tasking." Jayati Mam is equally famous among both students and faculty members. "She is an inspiration for all of us," says Vineeta **Arora**, a student of BJMC AUR. She played a major role in the success of AUR's first inter-college fest AYAM '09. She managed the entire cultural committee with confidence and efficiency. For her, "Music is just like life. It rejuvenates body and relieves tension". She loves reading books of Munshi Prem chand, Sarath Chandra and our former national poet Harivanshrai Bachchan.



Mrs. Sharma belongs to a media family and is a good writer with a passion for photography. She firmly believes "Anything which you personally dislike, don't offer it to the poor." Mrs. Jayati M Sharma unfolded her career as a journalist in 1998 while perusing Masters in Mass Communication (MMC) from Devi Ahlaya Vishva Vidhalaya (DAVV), Indore. She did her internship from Enadu Television Bhopal and then started working there itself, later transferred to Hyderabad, Later, she worked in Indore with ETV.

now and in the future.

After many years in electronic media she joined 'Nav Bharat Times' in the Higher Education Beat and soon after, took up crime beat. In 2005, she joined the Amity family, where a strong and wilful journalist was groomed into a successful teacher. Presently she is a mentor and teacher for Bachelor of Journalism and Mass Communication (BJMC). "She is a true counselor when you are confused or in dilemma," claims Kumar Vibhav, a student of MJMC AUR.

From this issue, GT starts the column 'Know your Guru.' Students are invited to write about their favourite teachers/interview them and the best entries will be featured in GT. Email your write up to: tbanerji@amity.edu

Amity campuses in London and Singapore

n today's global business environment, students with a global academic experience have an edge in the industry. To cater to this need, Amity, one of India's leading educational groups with over 60,000 students has opened new campuses in London and Singapore. A counselling session was organised in Ramada Plaza Hotel, New Delhi where students and parents were counselled by Prof. Dr. Gurinder Singh, Pro Vice Chancellor (International), Amity University & Director General, Amity International Business School and Dr. Peter Taylor, Marketing Management Expert & Director, Amity Global Business School London.

During the session, Mr. Atul Chauhan, Chancellor, Amity University, Uttar Pradesh shared that it's a unique opportunity for the students to study one semester in UK, one semester in Singapore and one semester in India, with a globally recognised degree from Anglia Ruskin Univer-



sity, a leading UK University. And to cap it all, after the completion of 1 year MBA course the students will get two years work visa of UK. The students in these global campuses will get all the contemporary facilities offered by other Business Schools. Dr. Taylor highlighted the programmes

that will be offered by AGBS from their first session starting September, 2009 onwards including MBA (1 year), MBA (2 Years), M. Sc. Management (1 Year) and BA (Hons) Business Management (3 years) for Indian as well as foreign students. He emphasised that the students of

AGBS will have access to best of resources and get personalised attention by globally competent faculty.

Amity London Campus is housed in a Grade 1 listed heritage building in the prestigious Bloomsbury area of Central London next to British Museum. Top academic institutions and cultural landmarks like British Library, London School of Economics, London Business School, Piccadilly Circus and Trafalgar Square are within walking distance.

Amity Singapore Campus is located in Raffles Place, one of the most prestigious locations in the city. It is walking distance from landmarks like Boat Quay, the Merlion, Singapore Management University, National Li brary of Singapore, etc. Dr. Craig Ewan, Director, AGBS, Singapore has over 22 years in academics and in the industry. He was formerly with the Australian National University, one of the top 20 universities in the world.

Olympiad Workshop for Science & Mathematics

Join the League of Rank Holders Dur students were last year's Olympiad & NTSE Toppers

MEEL RAKHOLIA Baistree Award Winner for Dreative Spience, Topper of tett, Jr. Science Olympiad team Representing India in

VILESO at Azerbaijani

TWINKLE PARENT MTSE Topper, NBTSS Rank 1 & Baishme Award Winner to Creative Science. Selected in Sr. Astronoms Gympiati and many more.

PARTH MEHTA Silver Metalist hitt. Jr. Scionto Olympiod

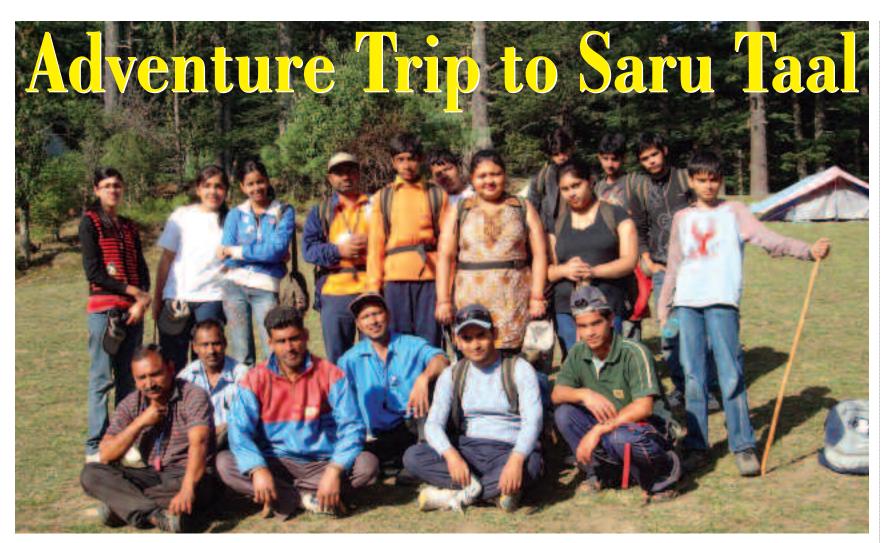
Amity Centre for Science Olympiat (ACSO) will be conducting a 8 day Science and Mathematics Olympiad Workshop at Amity University Campus, Sec - 125, Noida from 15th - 26th September '09.

SALIENT FEATURES:

- Training for National / International Level Olympiad. (Day and night programme) . Highly renowned faculty comprising Dlympiad experts, Illians, Ph.Ds. etc.
- · Comprehensive study material · Home-assignments · Hostelfacility

Last date for registration: Sept. 18, 2009

AMITY INSTITUTE FOR COMPETITIVE EXAMINATIONS



Vitasta & Sanchi, IX I, AIS Noida

Far away from the pollution, noise and the heat was a base camp, a bit further from Shimla, set in a place called Gadsari. From there our adventure began. After a long journey we reached the base camp. After some rest and setting in our tents, we headed for our first activity, River Crossing. It was great fun but we have also got to know how much our strength was. In the coming days we faced really hard treks. To get us acclimatised, we went for an acclimatisation

trek above Gadsari; we trekked uphill, 7kms through the forest and many confusing paths. On the third day, we had to move from the base to camp 1 which was at Kharsali. It was a very pleasant trek up the dense forest. The camp was set in a beautiful thatched area surrounded by some snow peaked mountains. The next day, we left for camp 2 which was in Naulti and thatched over 6kms uphill. It had fantastic views of Himalayan range and the scenic Kinnaur area. We also undertook a trek to Saru Taal lake which was 4kms uphill. We

trekked a little more to reach the snow patches. A very interesting decent on the ridge leading down to a thick forest camp of deodar trees at Nyle was our camp – III where we took part in a lot of adventure games where we really needed to use our brain's power. Early one morning, we were taken for Jumaring, an activity which one can't complete without the right technique. Around the noon we went down to village Gadsari, our base camp where we had the whole day at leisure after a successful trek. On the last day, we drove

down to Delhi via Shimla to head back to our homes. In this trip we learnt that without hard work and concentration, one cannot cross the mountains which come in one's way.

Participants of the camp: Archie Kohli, Ramit Sharma, Aadhar Mandhani, Ayush Joshi, Vipul Chauhan, Vitasta Kaul, Sanchi Jindal, Akshar Kaul, Twinkle Khurana, Raghav Khanna, Vidushi Kaul, Rahul Rana, Rahil Blaggan and Akash Sarna. They were accompanied by teachers Mrs Sarita Sekri and Mr. Sandeep Chauhan.

AIS Gurgaon- 43

Arangetram Ceremony

tudent of AIS Gurgaon-43, R. Maya, is a talented and versatile young girl with a flair for German, sports and debating, besides having a passion for classical dance and music. She has won numerous laurels for her school in these diverse fields.

After years of rigorous training under her Guru, renowned dance exponent Dr. Saroja Vaidyanathan, Maya recently performed her Bharatnatyam "Arangetram." This classical dance form is an amalgamation of music, rhythm and dance. It is a vibrant and traditional form of human expression. We wish Maya all the best to blossom further and realise her true potential, on this auspicious occasion.



Ruchi Avtar, VII-C, AIS Vasundhara trip to the mountain village gave us a

uring the summer vacation this ear, I went to Camp Churdhar, Himachal Pradesh for a field trip from school. Situated at an altitude of 7000 feet in the midst of pine and deodar forest, we travelled all day by bus to reach there. From our school, 5 girls and 3 boys went on the trip accompanied by a teacher. Children from AIS Noida also came along for 3 days and 4 nights. We started with mountains trek and kept falling, as there were slippery pine leaves on the trail.

The obstacle course was a favourite amongst all. Rappelling on a jagged course hurt a few of us. An educational

glimpse of the simple village life. A relevant topic for the village environment was given which we had to study with the help of villagers and a presentation was made. Over traversing was the most popular activity and no one wanted to stop. Call for Free Fall and Trust Fall gave us goose bumps but surprisingly it was a breeze to do. A long drive to the refreshing waterfall was totally worth it. Most evenings were free choice, the last one had us playing games, singing and dancing around the campfire. Spending time with nature, making new friends and camping in tents were special experiences. Except for a few minor problems, I would say the trip was fantabulous!

Donation drive for senior citizens

Anila Kaul, Teacher AIS Gur-46

he Interact Club of AIS Gurgaon 46 had wanted to take up a project to help senior citizens at an old age home as part of the community service programme.

In connection with this, the President of the club, Ojasvi Khare and myself, the teacher in charge of the Interact Club had gone to survey the feasibility of carrying out this project with the residents of an old age home with which our sponsoring club, DLF Qutub Enclave, is currently involved.

Village, is a private home for senior citizens run by The Delhi Christian Friend-In-Need Society. We met the Honorary Warden, Mrs. Nancy Roberts, the manager and the resident warden, Ms. Meena. They expressed their need for a steady supply of ration, clothes, medicines and financial help to employ full time helpers for the bedridden residents and general maintenance of the premises. After discussion with the Principal, it was decided to collect and donate Marie/Glucose biscuits to provide light snacks with tea and Dettol/ Lifebuoy soaps to maintain personal hygiene, to the senior citizens. The Interactors car-



patched to the Old Age Home. The school provided to and fro transport to the invitees.

tives from the Old Age Home attended the function. They were felicitated with a bouquet, welcomed by the Principal and looked after very well by the Interactors of class IX and the school staff. Tanvi Chaturvedi, the Vice Presi-

Light refreshments were served after the function and the collected items handed over to the guests. This comprised of two large cartons of soap cakes and five large cartons of biscuits. The smiles on the faces of the senior citizens and the blessings showered by them, made our day!

dent of the club, addressed the audience

and gave a brief sketch of the project we

had undertaken.

were collected. It was an honour for AIS 46 that our Vice-Chairperson, Ms. Sapna Chauhan and her grandmother, our beloved Amma ji, had accepted an invitation to attend the special assembly on Janamashtami and Grandparents day, (conducted by KG students on 12th August). An invitation for the same was dis-

A few Rotarians and a group of eleven residents and management representa-



Ein Monat in Deutschland - An Unforgettable Experience!

Jigyasa Chauhan, AIS Saket

y story began on 25th February, 2009 when my German teacher informed me about a German scholarship exam for 1 month free stay in Germany.

Inspite of Board Exams commencing in a week's time, I went ahead and took the exam. I qualified the written round, and the interview and was finally selected to go to Germany on July 1st. Students had been selected from 90 countries of the world including Latvia, Finland, Argentina, Mexico, Sweden and India.

Our first destination was Bonn followed by Muhldorf, Munich and Berlin. Germany was a land of surprises for me. Not understanding anything in German the first 2-3 days, eating in a restaurant which serves crocodile and kangaroo meat, shopping in excess, sleeping at 3 am and getting up at 7 in the morning, watching movies in German, buying a T-shirt for 25 euros, seeing people with extremely weird hairstyles, piercings and funny

clothes and talking in German has been really memorable, funny, adventurous and exciting. So many people coming together from all corners of the world, staying together, exchanging their cultures, (I have actually learnt a little bit of Finish, Lettish and Swedish and Spanish) - I'll never be able to forget this one month of my life.

The Maggi

Spotlight



Tulika Banerji

f you are too young to be on the Vogue cover and too old for Cerelac, Ltry something for which age's no bar! For, that's what Sarah Sharma of IV C, AIS Gurgaon-43 did and got selected to feature on the cover of 2



minute-Maggi Noodles packs. Maggi, the junk food favourite with old and young people alike, had launched 'Mera wala Maggi' contest. Sarah's entry read, "Meri Party wali Maggi: Whenever my friends come over, my mom cooks hot and yummy bowls of Maggi for all of us. So, we have a blast

together, playing and eating Maggi at the same time." Interesting indeed, and that's why her entry became the chosen one to find a place on thousands of Maggi covers. Congratulations, Sarah! And how does she feel? By her own admission, Sarah is on cloud nine, "When I saw myself on the Maggi cover, I became a celebrity overnight. My friends and relatives came over to wish me. Wherever I go, people want to see me and call me the 'Maggi Girl.' I feel so special this way. My parents are proud

For youngsters, Maggi is a unanimous choice for a quick bite. Says Sarah, "The best thing about Maggi is that, it is fast to cook and good to eat. It is my all time favourite food. I can eat Maggi anytime, anywhere. My mom cooks delicious Maggi pakoras from the left over Maggi!" Sounds mouth watering, doesn't it?



Maggi Pakoras

Ingredients: Maggi 2-Minute Noodles (Masala): 1 pack (100g) paneer cut into small cubes; green chillies 2 chopped; few coriander leaves chopped; besan (gramflour) 1 cup (70g); salt to taste; dry mango powder (amchur) 1/2 tsp; water 2/3 cup (100ml); oil for frying

Method: 1. Prepare Maggi Noodles as per instructions on the pack. Keep it

2. When cooled, add paneer cubes,

Back from the future:

green chillies and coriander leaves. 3. Mix besan, salt, dry mango powder and water in a separate bowl to form a smooth thick batter. Add to the noodle mixture and mix well.

4. Heat oil in a karahi. Shape the mixture loosely into small pakoras and deep fry till golden brown and crisp. 5. Serve hot with Maggi Tomato

Ketchup/green mint chutney. Recipe shared by Mrs Preeti Sharma,

mother of Sarah



Rev it up with Reva

Palak Grover, AIS Mayur Vihar

f you guys are looking out for a cool and hip car, without putting burden Lon your dad's pocket, this is your thing! Believe it or not, it's the new electric car, REVA. It's the smartest way to commute because it causes Zero Pollution. You just need to charge and then hit the road! Its the easiest car to drive and Pa's money you could save each day. park: The ingenious Reva has no clutch So what are you waiting for? Go take a or gears. It also has the shortest turning test drive and proudly say that even you circle. So driving and parking in con-

gested cities like ours, is a breeze. For guys- This car has unique sporty looks which are bound to make you fall for it. For girls- Reva is available in vibrant colors and has attractive looks. This is the cutest car in town; go check it out! Big savings everyday: Guys, forget hefty bills. With a running cost of 40 paisa per kilometer, think how much

care for the environment!

Tired of pimpled skin and endless school work? Looking for a 'time machine' to take you back to the era when you were just 3, free of school work and homely chores? You might not have been lucky enough to find one, but Mike O' Donnell aka Zac Efron was. The much-awaited movie '17 Again' starring teen heartthrob Zac Efron released in India in April this year and went on to become one of the highest grossing movies in the country, all thanks to hundreds of his fans here. The movie also stars Leslie Mann of the George of the Jungle fame and Friends star Matthew Perry.

Chitra Jain, AIS Vasundhara

The movie begins in the year 1989, when Mike O' Donnell (Zac Efron) is the Basketball Captain and is set to play a very important game that will get him a basketball scholarship. However things turn topsy-turvy when he discovers a secret his girlfriend had been hiding which forces him to leave the game mid-way and lose the scholarship

The movie then fast forwards to 2009, when Mike (now Matthew Perry) is all of 40 and his life is a mess. He is on the

verge of a divorce with his wife and his kids don't love him back. He visits his school to reminisce what he let go off and meets a mysterious janitor. He returns home to find that he had turned 17 Again! The rest of the movie follows his adventures being young again and his efforts to 'correct' the wrong in his life. However, he realises that there was nothing wrong at all in the first place and his life had turned out to be just the way it should have. One happy Hindi-film kind of ending, indeed! The movie is hysterically



hen you call Agrim Sachdeva (X D, AIS Saket) what you get to hear is neither the regular 'Tring tring' nor a melodious song that you can hum along. What greets you instead is a mind bogglingly funny voice which bogs you by repeatedly calling out "Hello, hi" and other funny stuff urging you to talk before the person picks up. Well, that's his caller tune! Were Agrim's humorous instincts behind his hello tune? "It may be so; maybe my mind works that way as I am naturally inclined

Tulika Banerji

towards amusing things!" he chuckles. Innocuous how it may sound, one's caller tune does reflect the kind of persona one has. In this age of social networking and status updates, caller tunes are another way of expressing one's identity. They change according to one's feelings at a particular point of time. Bhuvan Ravindran (IX J, AIS Noida) was writing a feature on Kargil War when the army bug bit him big time. Making up his mind then and there, he changed his screen saver to stills from 'Lakshya' and made his mom convert her caller tune from the pious 'Gurbani' to the battle cry 'Kadmon se kadam milte hain!' His mom Praveen Ravindran, Teacher AIS Noida informs, "Teenagers go through the career mode; when they get charged up, everything has to reflect that mindset."

That says it; caller tunes do mirror one's thought process. Quips an enthusiastic Kristi of AIS Vasundhra, "My caller tune is 'Yeh Dooriyan' as I love soft, romantic numbers although most of my friends prefer fast foot tapping music. I've put this as my hello tune as I want everybody to know my favourite song."

be made again!

Caller tunes definitely have favourites. While the young like them peppy and fun, older people are lured to devotional songs and golden oldies. Yashika Sharma (X B, AIS Vasundhra) fuelled her father's inclination for bhajans by getting mangal bhawan amangal haari by Hari Om Sharan. "When I found that my dad enjoys it so much, I decided to get it as his caller tune. Now, when his friends compliment him about it, he feels very happy." Yashika's brother Bhavtosh who's pursuing Civil Engineering sports 'Ahu-ahu' from Love Aaj Kal; earlier, it was tere bina from the movie Kal Kisne Dekha. Bhavtosh seems to be one who likes to move with the times. "Yeah! He is quite updated," agrees Yashika.

Psychologist and Counselor Pooja Bagrodia, AIS Mayur Vihar observes, "Dialler tones are extensions of one's identity. They seem to proclaim Gen I's mantra: its-who-Iam-deal-with-it. When meek kids have bolder tunes, it implies what they want to achieve. Caller tunes are very in-your-face; clearly indicating that part of one's personality which is non-debatable, non-negotiable." If caller tunes are indicators of personality types—I, for one, do not have a tune for my callers to enjoy. Now, what does that imply?

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