

With Mom, always!

They say a mother is your first friend, your best critic, and your biggest cheerleader - all rolled into one. On the occasion of Mother's Day, we bring together a collection of heartfelt memories penned by Amitians, each incident woven with unconditional love. From stolen gossip moments to silent midnight comforts, these stories remind us that the most powerful memories are often tucked in the simplest of gestures. So, here's to mothers, our forever constants, and to the memories that make us who we are.



Experience of a lifetime

When I went with my mother for a long-awaited vacation to a beach, we started early in the morning, and it took six hours to get there. We checked into our hotel, located at the beachfront. I loved the sound of the waves hitting the shore. We quickly changed into our swimsuits and headed to the beach. I played with my mother in the water. And once we got tired, we stood in the water. I could feel the water, the sand between my toes, and the warm sun on my skin while holding my mother's hand. We looked at the sunset and made wonderful memories.

-Lakshita Sharma, AIS Vas 1, IV C



A Trove of memories

Some memories stay carved deep in our hearts and one such memory for me was my three-day trip to Manali with my mother - just the two of us surrounded by snow-capped mountains and pine-covered valleys. We played in the snow at Rohtang Valley, drove through Atal Tunnel, went on a boat ride, and walked hand-in-hand on the Mall Road, sipping hot chocolate. I realised that the trip wasn't about ticking places off a list; it was about bonding and soaking in moments that felt like magic. I'll carry this simple yet unforgettable memory, always.

-Lakshyaa Maheshwari, AIS Gur 46, IV B



God sent angel

My mother and I have weaved many beautiful memories but the one closest to my heart is our evening strolls. We speak our hearts out and talk about how our day went, which includes both the happy and sad moments. No matter how good or bad, we lift each other's mood and have some fun moments together like we giggle over silly things and sometimes enjoy delicious ice cream on our way back home. To sum it up, I would say that these memories which I created with my mother will be cherished forever.

-Aarohi Mittal, AIS Noida, IV F

A supermom indeed

While I have many cherished memories with my mother, there is one that stands out the most. I am an Indian Contemporary dancer and recently had a performance. However, a few days before the performance, I fell ill. I couldn't go to the dance class to pick up the final steps. I felt helpless, but my mother did the unthinkable for me. She went to the dance academy and learned the steps from my Guru. Once I recovered, she patiently taught me, step by step, what to do. It was then I realised that she could do anything for me! She is the best mother in the world, my best friend, my first teacher, and my biggest supporter.

-Nandini Ray, AGS Noida, LS1



Recollections at the beach

In March, my mother made an impromptu plan, a surprise visit to a beach in Visakhapatnam. We visited Rushikonda Beach and were spellbound by its blue water, golden sands, and tidy waves of the Bay of Bengal. I stood at the beach, holding my mother's hand tightly. The sand may brush off, the salt may wash away, and the tan may fade away, but this memory will last forever in my heart.

-Ridhaansh Jain, AIS Gur 43, V C



Continued on page 10...

THE GT @ POLL

Is the Indian government's decision to restrict the social media accounts of Pakistani celebrities justified?

- a) Yes (they criticised Operation Sindoor)
- b) No (culture is above politics)
- c) Can't say

To vote, checkout our Instagram page @the_global_times

Coming next

See you after summer break!

Follow us on: @theglobaltimesnewspaper @the_global_times

What's inside



More than medicine

Dr M Srinivas, director, AIIMS, Delhi, gives an insight how medicine is not just a profession but a commitment to helping people.

...more on page 3



Face(un)booked

A take on the power of social media and how it works as a double-edged sword that both empowers and challenges the society.

...more on page 5



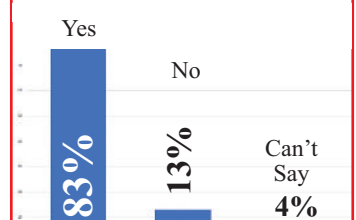
Decoding the keys to success

Read on for a compilation of real-life stories by industry leaders on the theme AIMPACT at TEDx organised by AIS Gurugram 46.

...more on pages 6-7

POLL RESULT for GT Edition May 5, 2025

Do you support India's decision to suspend the Indus Water Treaty in light of recent terror attack in Pahalgam?



Results as on May 10, 2025

OPPORTUNITY FOR CLASS IX, X, XI, XII & 2025 XII PASSING OUT STUDENTS



AMITY UNIVERSITY SUMMER SCHOOL 2025

A CERTIFICATE, RESIDENTIAL PROGRAM FOR BRILLIANT STUDENTS

PURSUE COLLEGE LEVEL ACADEMICS

with Amity's distinguished faculty

BUILD LIFE SKILLS WITH

leadership & communication skills workshops

GET REAL-WORLD EXPERIENCE

at 400 labs & learning studios



DISCOVER FUTURE GRADUATE PROGRAMS AND CAREER PATHWAYS

Make an informed choice as per your interest

19th BATCH COMMENCING FROM

**9th June to
20th June 2025**

LIMITED SEATS AVAILABLE

30+ COURSES TO CHOOSE FROM

ENGINEERING SCIENCE & TECHNOLOGY

- Artificial Intelligence
- Data Science
- Cybersecurity & Block Chain
- Civil Engineering
- Biotechnology
- Space Science & Technology
- Nanotechnology
- Aerospace & Avionics
- Computer Science
- Electronics & Communication
- Forensic Science
- Automobile Engg.
- Mechanical

CREATIVE PROGRAMMES

- Fine Arts
- Architecture & Interior Design
- Fashion Design
- UX Design

MASS COMMUNICATION

- English Communication & Journalism
- Photography

SPECIALISED PROGRAMMES

- Hotel Management
- Travel & Tourism
- Law
- Psychology
- Finishing School
- Economics
- Real Estate & Urban Infrastructure

MANAGEMENT

- Marketing & Sales
- Commerce
- Accounting & Finance

FILM & DRAMA

- Film Awareness & Film Making
- Acting for Stage & Screen

OVER 3,000 STUDENTS FROM 800+ SCHOOLS HAVE PARTICIPATED IN AMITY SUMMER SCHOOL INCLUDING:

• Welham Boys School • The British School • The Doon School • Mayo College • The Scindia School • American Embassy School • British School of Bahrain • Convent of Jesus & Mary • Delhi Public School • Dhirubhai Ambani International School • Hyderabad Public School • La Martiniere College • Loreto Convent • Modern School • Mount Carmel • Singapore International School • Springdales School • Wynberg Allen School

Course Fees: ₹30,000/- (Inclusive of A/c Hostel and Meals) • Fully Residential Program at Amity University Noida Campus • Fees subsidized by Amity Youth Foundation.

• On-campus hostel with AC rooms, attached bathroom, sitting lounge, cable TV and Wi-Fi connection. • Fully secure campus through smart cards, biometric readers, latest IP cameras, fire warning systems, 24-hour guards and patrolling Gypsies. • 24x7 medical facilities with a full-time team of doctors and Ambulance in case of any emergency.

Application forms available at www.amity.edu/summerschool | Email: summerschool@amity.edu

Call: 97-176-94609, 99-582-58262, 70-422-92132, 70-422-92134 | E-2 Block, Room G-02, Amity University, Sector 125, Noida (New Delhi NCR)

More than medicine

Dr M Srinivas On Building Institutions And Serving Society

INTERVIEW

Aaditya Raj Kochar, AIS Noida, XII K

Dr M Srinivas, Director, AIIMS Delhi, brings over three decades of experience in academia, administration, and medical research. He has authored nearly 200 research papers and played a pivotal role in training thousands of undergraduate and postgraduate medical students. Dr Srinivas has also been instrumental in the establishment of over ten new medical colleges. In an exclusive interview with GT, he shares insights into his unwavering passion for serving people.

A chance to serve

I had the option of pursuing either engineering or medicine since I had studied physics, chemistry, mathematics, and biology in high school. It was my mother who influenced my decision as she believed that medicine is the noblest form of service. In fact, my biggest inspiration comes from this philosophy of selfless service, something I've seen happening at places like Ramakrishna Mission Ashram. I believe that medicine is not just a profession - it's a lifelong commitment to helping people.

From student to mentor

Being a student at AIIMS was deeply fulfilling, with comprehensive training in patient care and medical research. The transition from being a student to

an administrator was a challenge, even though most doctors are good administrators because managing a patient's health requires decision-making and problem solving skills. My real insight into hospital management began when I was given the task to establish a new medical institute in Hyderabad. Meanwhile, returning to AIIMS, Delhi as director, I balanced administration with patient care, teaching, and research. Managing an institution serving 15,000 OPD patients daily and thousands of students is tough, but the joy of serving a huge population and supporting students' dreams is rewarding.



Dr M Srinivas, director, AIIMS, Delhi

Treating with compassion

During graduation, I realised I was most at ease working with children, which led me to specialise in pediatric surgery. Treating children is challenging; they often associate doctors with fear. While it's tough to build trust in a government setup due to time constraints, I try to ease their anxiety during follow-ups. What drives me is knowing my treatment helps restore their health and gives them a chance at a long, healthy life.

Keys to success

To become a good doctor, the most important thing is hard work, as the medical field requires extensive studies, continuous skill development and practical training. At the same time, doctors need to have a holistic approach to health. As medical professionals, we must ourselves be physically fit, mentally healthy, socially aware, and spiritually grounded to be able to provide the best health-

care. Good doctors must empathise with their patients, connect with them, and provide guidance that goes beyond just medical treatment.

Hands-on learning

When it comes to higher education, I want to tell you all that whatever field you choose, you should pursue it with dedication and excellence. In the field of medical education, lately I have seen a decline in clinical learning. Students are focusing more on theoretical knowledge and competitive exams than hands-on training. My advice to medical students would be to spend more time in hospitals, interact with patients, and develop strong clinical skills.

Role of artificial intelligence

While some fear AI may replace doctors, I see it as a valuable tool for diagnostics, data analysis, and personalised care. The human touch remains irreplaceable, and the aim should be to integrate AI into healthcare while ensuring that doctors also focus on patient interaction and develop more and more clinical skills.

Message for Amitians

Always follow your institution's motto - Vidya Dadaati Vinayam. The more we learn, the humbler we should become. Your actions should be service-oriented so that you can help mankind.

ATPC | AUUP

Amity University, Uttar Pradesh, hosted a distinguished delegation from Ibaraki Prefecture*, Japan, on Feb 10 & 11, 2025. This visit marked a significant milestone in strengthening Indo-Japan relations and underscores Amity University's commitment to fostering global collaboration and innovation. The delegates were accorded a warm traditional welcome and then taken on an extensive tour of Amity University's state-of-the-art research and innovation centres like Amity Centre for Artificial Intelligence (ACAI), Amity Innovation & Design Centre, Amity Institute of Aerospace/Nanotechnology, Amity Institute of Technology, and Amity Technical Placement Centre. During the visit, AUUP proposed tailored upskilling programmes for

Bridging academic borders

Amity And Ibaraki Join Hands To Foster Strong International Relations



Prof (Dr) Balvinder Shukla, Prof (Dr) S K Khatri, and Dr Anjani K Bhatnagar with the Ibaraki delegates

Japanese employees in AI, robotics, and renewable energy. The programme focused on research and innovation collaborations on joint projects in AI, nanotechnology, robotics, and renewable energy, with faculty exchange programmes and

co-authored publications. It was also proposed that cultural and academic ties would be strengthened through cultural immersion modules, study tours to Ibaraki, and dual-degree programmes with Japanese universities.

A vital highlight of the visit was the inauguration of 'Japan Desk', jointly unveiled by Ibaraki power delegation, Prof (Dr) Balvinder Shukla, vice chancellor, AUUP; Prof (Dr) S K Khatri, additional pro vice chancellor, AUUP;

Dr Anjani Kumar Bhatnagar, head, ATPC, and other senior university officials. The Japan Desk will serve as a dedicated point of contact for facilitating collaborations, exchanges, and partnerships between AUUP and Japanese institutions. The two-day programme, coordinated by Anupam Singh, assistant general manager, ATPC, not only highlighted the potential for technological and academic exchange between India and Japan but also reaffirmed the importance of cultural exchange in fostering stronger international relations.

*Ibaraki Prefecture is located on Japan's eastern Pacific coast, and is part of the Greater Tokyo Area.

Pro@Project

Stuti Kalra, GT Network

Despite rising awareness on helmet usage, head injury-related fatalities continue to rise. To address this, **Shashwat Prem Narang**, student of **Class XII, AIS MV**, has developed 'Safe Mate: life securing head shell' - an intelligent helmet that ensures proper vehicle riding and detects alcohol consumption. Let's find out more.

An urgent need

According to the WHO, proper helmet use reduces the risk of fatal injuries by 42%. In fact, not wearing a helmet and alcohol consumption are the two main reasons for severe head injuries. Safe Mate tackles both issues with an intelligent safety device.

Understanding science

Safe Mate uses advanced technology combining radio frequency transmission, pressure sensors, and alcohol detection. A transmitter in the helmet and a receiver in the bike work together: when the helmet's 'On' switch is activated, it checks if the helmet is worn properly and if the rider is sober. This data, encoded via RF, is sent to the bike, where a Micro Controller Unit controls the ignition. The bike starts only if both conditions are satisfied, ensuring safer driving.

Safe mate, safe life

A Helmet That Thinks Before You Ride

Pics: GT Editorial Board, AIS Noida



Safe Mate - life securing head shell

An insightful inspiration

Shashwat noticed that many two-wheeler riders suffer fatal head injuries in accidents, especially due to alcohol or careless driving. He realised that simply wearing a helmet could save lives. He began this project in May 2022 as part of Vasudha and it took him two months to complete the prototype.

Conquering hurdles

The main challenge was arranging and understanding the scientific principles of the sensors to be used in the helmet. For the same, he took the assistance of his mentor-teacher and the school's science coordinator.

Words of gratitude

Shashwat credits his school for providing the



Shashwat Prem Narang with Safe Mate

platform to turn his idea into a working prototype. With support from school principal and science coordinator, who arranged the necessary materials and sensors, he was inspired to design this innovative headgear.

Future vision

Shashwat plans to shrink the circuit by integrating it into a printed circuit board, making it compact to fit into the headgear. He also aims to power it with solar energy, promoting green and renewable energy use.

Awards & Recognition

- The project was patented in February (2024)
- Won INSPIRE Manak Award with prize money of 10,000 INR in February (2024)
- Presented the project at India International Science Festival (IISF) (January 2024)
- Interviewed by Doordarshan and Dainik Jagran (2024)
- First prize in Inter School ATL Technocrat competition (2023)
- First position in the final round of Inter Amity Vasudha Science competition (2023)
- First position in Research Paper Presentation on National Science Day (2024)
- Third prize in Inter Amity competition 'Amity Utsav' August (2022)
- Selected in top 1000 projects nationwide in Youth Ideathon (2022)
- Won CBSE Regional Level Science Project Competition (2022)
- Third position in Innovation Day for 'Future Kalam' Project competition Amity University, Noida (2022)
- First prize in Inter School ATL Fest in 'FutureTech' AIS Saket (2022)

Addressing UN SDGs

- **SDG Goal 3: Good Health and Well-Being**
- **SDG Goal 9: Industry, Innovation and Infrastructure**
- **SDG Goal 11: Sustainable Cities and Communities**

Pop the myths

The Story Behind Our Popular Beliefs

Swati Negi, GT Network

Have you ever heard your parents say, "Don't go out with wet hair, you'll catch a cold," when, in fact, cold is caused by viruses and has nothing to do with wet hair? Such science myths are circulating out in the world like old wives' tales. Come, let's shatter some of these misconceptions.

Myth: Cracking knuckles may lead to arthritis

Busted: Arthritis is either caused by autoimmune diseases or osteoarthritis and is something that happens over the decades. Cracking knuckles relieves joint pain and increases mobility.

Myth: Wet cell phone can be dried if put in rice

Busted: Contrary to the popular belief that your drenched phone can be sal-



vaged if dunked in a pot of uncooked rice, it might further damage your phone. Not only are these tiny granules incapable of sucking moisture, but they also invite dust particles into the speakers and ports.

Myth: Five-second rule

Busted: This absurd rule, which argues that if the food item falls on the ground and is picked up within five seconds, it's safe to consume as it's too early for germs to stick to

it, is utterly false. Bacteria and other germs stick almost immediately, no matter how quickly it's picked up from the floor.

Myth: Bulls attack when they see red

Busted: Bulls don't attack due to colour red but are triggered by the movement of the cape and the matador invading their personal space. Moreover, they are colour blind and can only see yellowish-green and bluish-purple shades.

THE GLOBAL TIMES

Presents

Summer Special Newspaper Making Workshop

May 26-30, 2025

Hurry Up! Last Date May 15, 2025

Day 1

May 26, 2025

Be a Reporter

Look out. Think hard. Pen it.

Know Your Newspaper

Process it. Print it. Deliver it.

Day 2

May 27, 2025

Be A Reviewer

Critique. Comment. Evaluate.

Be A Designer

AI. Innovate. Design.

Day 3

May 28, 2025

Be A Story Writer

Imagine. Weave. Write.

Be An Artist

Illustrate. Sketch. Create.

Day 4

May 29, 2025

Be an Interviewer

Think. Question. Report.

Be A Photographer

Frame. Click. Capture.

Day 5

May 30, 2025

Be an advertiser

Brainstorm. Analyse. Sell.

Valedictory Ceremony

Share your learning. Take your own newspaper.

TAKE HOME YOUR OWN NEWSPAPER

Participants: Open to students of Amity and other schools Age group: Class VI-VIII Venue: Amity International School, Pushp Vihar Date: May 26-30, 2025 (5 days / Mon to Fri) Timings: (10 am to 3 pm, Mon to Fri) Email: vsharma@amity.edu

Payment Details

Cost of workshop: 10000 INR For Amities: Cheque in favour of 'The Global Times' deposited in principal's office For Non Amities: Draft in favour of 'The Global Times' deposited at the nearest AIS/AGS branch in principal's office

A super fit generation



Dr Amita Chauhan
Chairperson

Amity is a dynamic learning ecosystem dedicated to the holistic growth of every student. It has been our mission and vision to nurture a super-fit future generation for a brighter India. Hence, sports are intrinsic to everyday life at Amity where aerobics holds a special place. It has been thoughtfully woven into the daily routine and curriculum across all branches of Amity. Fun, energetic and engaging, aerobics involves rhythmic body movements that children thoroughly enjoy. These exercises - ranging from dancing, zig-zag movements, walking, gymnastics, cycling, swimming etc. - not only prepare students for the day ahead but also boost their overall well-being by improving flexibility, muscular strength and cardiovascular fitness.

Recognised as an official gymnastic event by Sports Authority of India, aerobics at Amity is taught by trained and certified instructors, who customise each session according to age, grade and physical capability. And not just aerobics, sports teachers for every discipline at Amity are selected after a rigorous selection process. Each one of these coaches is an expert in their discipline, ensuring that our children get the best guidance. Amitians have not only participated and won medals at various national level competitions but also represented India at World Youth Aerobics at Dallas, USA and Korea. In fact, teams from AIS Pushp Vihar, AIS Saket and AIS Gurugram 46 are regular participants at prestigious international competitions. At Amity, aerobics is more than just a physical activity - it is a way of life. *It's time to say, hip, hip, hurray!*

Ace archer Rishabh Yadav, an alumnus of AIS Gur 43, has been selected for 2028 Los Angeles Olympics. Amity has also produced other sporting stalwarts as Arjuna awardees Parimarjan Negi and Vantika Agarwal, both chess masters. [GT](#)

Fun journalism



Vira Sharma
Managing Editor

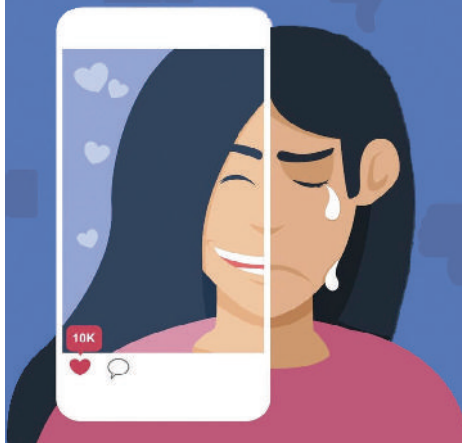
Every child looks forward to summer vacations as it is the time to explore new hobbies, travel, or simply unwind with family and friends. But what if there was a way to combine fun, creativity, and real-world learning? Yes, you heard it right. GT brings to you the Summer Special Newspaper Making Workshop, a 5-day programme that plunges you into the world of journalism. Curated meticulously to hone your journalistic skills, the workshop will

focus on every aspect of newspaper-making. From reporting, reviewing, and story writing to advertising, photography, and layout design; each workshop will be conducted by experts from the media world. Whether it's penning an article or capturing the perfect photograph, the workshops will equip children with all the tools they need to become confident student journalists. And the best part? Every child walks away with the newspaper they've created themselves! After all this learning, participants will also gain a major advantage of contributing to future editions of GT. Open for children from Class VI-VIII, this workshop will also make you ready for a position in the GT Editorial Board. So, while summer may be synonymous with mangoes and lazy days, for us at GT, it is also an opportunity to experience the buzz of a newsroom. Come, and create your own newspaper and carry loads of memories with GT [GT](#)

(For details, refer to the advertisement on page 4)

Face(un)booked

Dual Impact Of Social Media



Arshiya Tyagi

AIS Gurugram 46, Alumna

Indistinguishable from the two sides of a coin, the world of technology, in particularly social media, has its own pros and cons. With over half the global population scrolling through social media platforms daily, the impact is profound, multifaceted, and paradoxical - a double-edged sword that both empowers and challenges society. On one hand, the six-inch glowing metallic piece, acts as a portal to the world, facilitating effortless communications globally. The power social media now holds is unfathomable. It has transformed from a simple communication tool to a complex digital ecosystem that profoundly impacts one's daily lives. These interactive technologies facilitate content creation, sharing, and aggregation across virtual communities. As of 2024, over five billion people worldwide engaged in social media platforms representing approximately 60% of the global population. Besides, digital media is

also transforming global trade dynamics, particularly benefiting start-ups and emerging economies. It enhances international trade by facilitating communication, reducing costs, and increasing market access. It enables businesses to engage in e-commerce, where digitally deliverable services accounted for nearly 64% of service exports in 2020.

On the flip side, this unprecedented growth of social media paves way for incessant misuse of tech by radicals and urban guerrillas, making national security a topmost concern. Not only does it threaten national security, but also looms as a potential threat to the mindset of the youth, regarding fraternity and co-existence. It's an uncensored platform which allows free expression that may create waves of harmful content, hate speech, and extremist views.

It is for this very reason that countries in the past have banned social media during crisis to restrict information flow, stopping the spread of fake news and controlling public narrative during conflicts, thus pre-

venting potential unrest. Russia restricted X and Facebook during Ukraine conflict in 2022 while Venezuela temporarily banned X during political protests in 2024.

The tremendous power that social media holds, especially given the vast amounts of data it taps, calls for implementation of newer strategies. The pandemic led to a wakeup call for countries to prioritise and privatise their data, resulting in countries boycotting several apps like Tiktok, Likee, CamScanner, as a form of mass protest.

The trend of boycotting not the country's trade and goods but their technological innovations is an exhibition of the magnitude of potential that the technological advancement of every country bestows on a global scale, thus termed as "Digital Trade". China had predicted this technological misuse eons ago, thus initiating a privatised system of social networking. No data of the grand-dragon country ever gets released without proper examination and cross-checks. They have apps of their own and the data is impermeable to other countries.

In essence, social media acts as a mirror reflecting human behaviour, amplifying both one's best collaborative instincts and most destructive tendencies. Users must navigate this landscape with awareness, understanding that every share and interaction carries potential consequences. The key lies in mindful engagement of these platforms while mitigating their pitfalls. [GT](#)

(Arshiya is currently pursuing BTech in CS from Jaypee Institute of Information Technology, Noida.)

Dear Editor,

This is in reference to the article 'A candid letter' published on page 5 of the GT edition dated May 5, 2025. I opine that this article was poignant and effective. The passionate plea of the author to those responsible for the horrific attacks in Pahalgam to ponder over the wreck they have left, the irreparable loss caused to the victims' families, and the inadvertent self-damage they have done to themselves is truly heart wrenching. The letter strengthens Indian resolve to stand up to these cow-



GT M@il

ardly acts. The spirit of humanity and brotherhood remains alive in India just as brilliantly. The letter reminds us of the futility of terrorism and the enormity of the capacity of brotherhood. Let's salute all our soldiers who put themselves in danger so that we can wakeup everyday with surety of tomorrow. I would also like to extend my congratulations to the YP winners.

Rajit Ranjan Pandey
AIS Gurugram 43, XII B



Decoding the keys to success

TEDx is a mega global platform that invites motivational speakers from different walks of life. Here, each of the speakers narrate their personal accounts, which enable the audience to see the bigger picture of life, and make them realise that the glass is always half full and not the other way around. This year, on January 23, 2025, **Amity International School, Gurugram 46** organised TEDx on the theme **AIMPACT**, where thinkers, innovators, and changemakers shared real-life stories of courage, perseverance, creativity, and transformation. Here's an insight into what these inspiring speakers shared on the platform.



Suren Saini, Actor, Model and Sales & Leadership Coach

Magical formula

“You may be the fastest sprinter in the world, but if you are starting from the wrong point, you will never win the race. So, opportunity is that point which gets you in the game. The chances of your success are going to be directly proportional to the number of right opportunities you avail. This opportunity matrix has two simple dimensions - competency and likability. According to a Harvard study, managers tend to

choose candidates who are more likable compared to the candidates who may be well-qualified but less likable. The second dimension of this opportunity matrix is competency. Malcolm Gladwell said that ten thousand hours of dedicated and passionate practice can make you a master of any area. So, the deeper you go, the higher you rise. Besides opportunity matrix, the two enemies that constantly block your growth are the human tendency to lay blame on something or someone else and the fear of failure. And to overcome these, one needs to keep taking action that gets you going and opens new doors for you.”

Be persistent



Varun Goyal, Co-Founder Sanesa Yourganic

and soul into chasing those dreams. The three Ps necessary to achieve the same are ‘Passion’, ‘Perseverance’ and ‘Persistence’. When you're truly passionate, you'll persevere, enduring challenges. That's also where persistence shows up - not giving up, no matter how hard it gets. There are also the three Es that are equally important - ‘Energy’, ‘Enthusiasm’ and ‘Execution’. The more you believe in yourself, the more energy you will pour in. It is also important to believe in your team. That is when you find the enthusiasm to execute plans. Most people underestimate teamwork, but we cannot be successful just by ourselves. Success comes when we believe in others as well. Yes, failures may come, but they'll always be stepping stones.”

“A single incident doesn't define you. You are shaped by your beliefs. So, you must dream big and put your heart



Shubham Raj, Founder and CEO, Zeber & The Startup Club India



Find a purpose

“The key is making your own decisions. Do not let parental or peer pressure influence your choices. My first job was at a news channel where I felt that I couldn't contribute much to the society. So, I joined Amitasha where I worked for the less privileged girls, under the guidance of Chairperson, Dr (Mrs) Amita Chauhan. This inspired me to pursue a Masters in Social Work from Delhi University. In my second year, I was placed in Asia's largest prison, Tihar Jail, for my fieldwork. Working

with prisoners, especially in reformation and rehabilitation, was a life-changing experience. When COVID lockdown happened, I contacted an NGO, got a pass, and began distributing essentials like food, medicines, and PPE kits. People found me through social media, offering support and resources. This experience proved that no learning ever goes to waste. Whether you're a student of journalism or a social worker, your skills will always find a purpose, if you have the will.”

Face your fears

“You don't need to be great to start, instead you need to start to be great. History tells us that powerful people do not come from powerful places, they make the places they inhabit powerful. Many start-up ideas die inside one's mind before being executed. And the reason is the fear of failure. Success is celebrated and appreciated everywhere but failure isn't acknowledged. I believe that, just like death is the ultimate truth of life, failure is the ultimate truth of

success. Failure is inevitable. However, one can minimise the amount of failure by consistency. If you focus on any one skill and be consistent at it, you'll eventually master it. That is why successful entrepreneurs round the world believe that consistency is the key to success. The trick is: if you divide the hard climb to success into smaller, achievable parts, the journey becomes less overwhelming. And step by step, you will conquer the goals you have set for yourself.”



Dr Rahul Kapoor, Author & Assistant Professor

“When people ask me what helped me transform from a girl with self-doubt into someone who topped her university and anchored in front of 5,000 people, I always go back to my 7Cs. The first is ‘Communication’ - reading, writing, speaking, and most importantly, listening. It gave me clarity and confidence. Then



Madhu Bala Sharma, Equity & inclusion Evangelist and Positive Psychology Advocate

Boxes that spoke back

“The pandemic left us with more than isolation - it gave us a flood of cardboard. As deliveries piled up and *kabadiwalas* disappeared, I found myself surrounded by discarded boxes. At first, they seemed like just more waste. But over time, they became my canvas. With no painting material at hand, I turned to whatever was available - kajal, lipstick, and

even sindoor. It was an experiment, one driven by a need to create something meaningful out of what felt like endless clutter. What emerged from this project was The Afterlife of Boxes, an art exhibition where everyday materials were transformed into powerful visual stories. Each box I used represented a moment of resilience. The artwork evoked emotions in viewers -

whether it was the simple memory of a lost shoe or the profound solidarity felt by millions during the pandemic. Even major corporations like Amazon and IKEA took notice, realising the potential of repurposed materials for sustainability. Sometimes, all it takes is a little shift in perspective. A world full of discarded boxes turned into a world full of possibilities.”

Small acts of courage

“Where there is a will, there are many ways. Where there is a challenge, there are many solutions. When faced with a difficult time, show courage. I am not talking about courage that includes big acts of bravery like the one dis-

played by armed forces, firefighters etc. In daily life, these can be just small acts of courage. Like a child raising his hand in the classroom to ask a question. Being visually impaired, I have shown courage at many stages - asking my father to

let me go to school on my own, learning to sign my name for a bank account, choosing a professional course that wasn't my first choice, and eventually carving a career in leadership and then as a diversity, equity, inclusion professional. Each

of these acts might seem small, but they helped me shape a meaningful life. Love yourself, embrace yourself, take those little steps, and believe in those small acts of courage and the victory is all yours.”

Failure is crucial

“In my journey - through architecture, art, culture, and life - failure has been my most loyal companion. Failure in general is a word which is perceived as a very negative entity, but according to me, failure is actually not the opposite of success, it is the foundation, the bedrock of success. I have treated life like a Rubik's Cube - complex but solvable. But there are some important factors that one must also keep in mind. Number one is discipline. If you are not disciplined, you will not be able to

achieve anything you desire. Discipline is directly proportional to the hard work you put in. Then, however hard it gets, you are not supposed to give up. The mindset that you set out with is also important. Always believe that if someone else can do it, then I can do it too. And finally, you must be true to yourself. Always talk to yourself, accept your flaws, ask questions, and keep going. Never give up and make sure to explore, create, and inspire so that you can ideate, enact, and create an impact.”



Aakash Nidhi Jha, Architect, Interior Designer & Founder, StudioAPE

Yes to success

came ‘Courage’. It took courage to say no to distractions, to ask for help, and to stay the course when I felt uncertain. ‘Consistency’ made the impossible feel achievable - whether it was showing up to study, or simply keep going. I learned to ‘Create’ my own definition of ‘cool’ by not following trends but honouring what mattered to me. I also learned to ‘Cheer’ for myself - because the world doesn't always clap

at the beginning. The sixth is ‘Curiosity’ - asking questions, staying open, and nurturing a learner's mindset. But the most powerful C of all is ‘Champion’. I reminded myself daily: I am a champion - not because I won medals, but because I refused to give up. The 7Cs weren't just a framework, they were a lifeline. And if they helped me rise, I believe they can help anyone find their voice - and their victory.”



Surabhi Agrawal, Product Manager, MakeMyTrip



Partho Sengupta, National Creative Head, The Times of India

Inspired by the timeless tales shared by **Dr (Mrs) Amita Chauhan**, Chairperson, Amity Group of Schools & RBEF, GT presents part 3 of a vibrant comic strip series, crafted by **Rabia Kaur, AIS Saket, XI E**



Read Play and Win 83

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit your responses by visiting The Global Times website (<http://theglobaltimes.in/readplaywin/>). Three lucky winners will win a prize every week!



Q.1 Who is the protagonist of the comic strip on page 8?

Q.2 Mother's Day special article is on page ____ and page ____.

Q.3 Who has been interviewed on page 3?

Q.4 Who has invented 'Safe Mate', life saving head gear on page 4?

Q.5 What is the theme of the TEDx talk organised by AIS Gur 46?

Q.6 Aarav Sharma's favourite cartoon is _____.

Q.7 Who are the two archers mentioned on page 11?

Q.8 Which historical site has been featured in GT Travels on page 12?

Q.9 What is the tagline of the article 'Face(un)booked'?

Name: Class: School:

Results of Read Play & Win-82: **Vihaan Rath**, AIS Gur 46, VIII J; **Kabir Ahuja**, AIS Pushp Vihar, V E; **Anjalika Sharma**, AIS Mayur Vihar, X C

WORD SCRAMBLE

Hint: Let's see, how well you know the cosmos.

TAEIOSRD

□ □ □ □ □ □ □ □

ETALILETS

□ □ □ □ □ □ □ □

TECOM

□ □ □ □ □

EOTERIETM

□ □ □ □ □ □ □ □

UENALB

□ □ □ □ □ □

Answers

NEBULA
COMET, METEORITE
ASTEROID, SATELLITE

BRUSH 'n' EASEL

Nayonika Badhwar
AIS Gur 43, XII B







BE PREPARED

Tensions between India and Pakistan have sharply escalated after a deadly terrorist attack in Pahalgam on April 22, which killed 26 civilians. The two countries have gone to war with cross-border aerial strikes involving drones and missiles. Preparation in such a situation has become key. The Indian government has launched public safety drills to prepare citizens for potential air attacks. Here's what you need to know.




What to do when an air raid siren sounds





- 


The warning siren sounds like a rising and falling wail.


The siren warns of an incoming missile or airstrike — take it seriously.
- 

If outdoors, run to a subway or underpass — they're safer due to heavy overhead traffic.

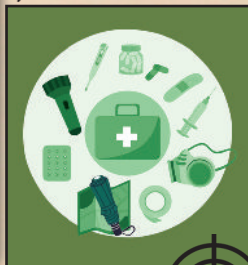
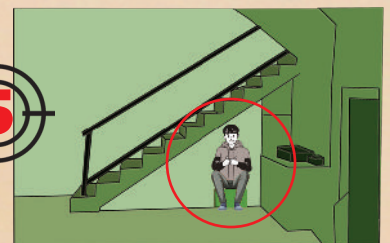
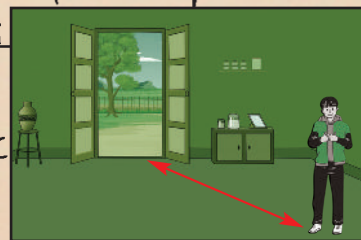
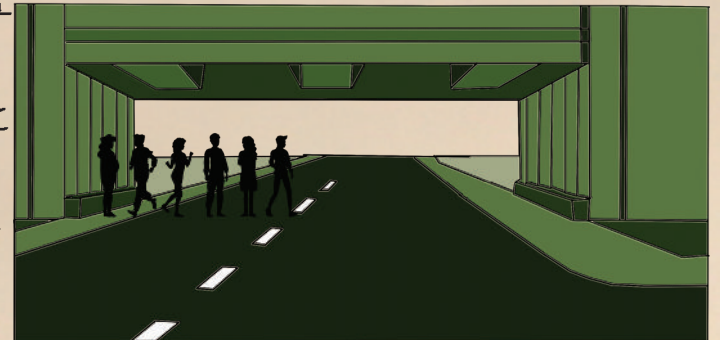
A steady, one-minute siren means the threat is over — it's safe to come out.
- 

In open spaces, take shelter under a low flyover to reduce exposure.
- 

Inside a building? Stay away from entrances and areas with only one wall or lots of windows.
- 

Move to safer spots like bathrooms or under staircases — they have extra wall protection.
- 

Prepare an emergency kit which includes torch with extra batteries, radio, non-perishable food items, water bottles, first-aid kit, and respirator mask.





A trip worth remembering

My favourite memory with my mother is from a trip when we went to Leh, Vaishno Devi, and Srinagar. The entire trip was amazing but the most memorable part of the trip for me was when my mother gave me a surprise when I was least expecting it. She gifted me the Kashmir willow wood bat. I was so happy and excited as I had been longing for that bat for a long time. Right now, it is my most prized possession and I love playing with my favourite bat. I love you Mom for this wonderful gift and a great memory.

-Kabir Guleria, AIS Mohali, IV A



Wings of surprise

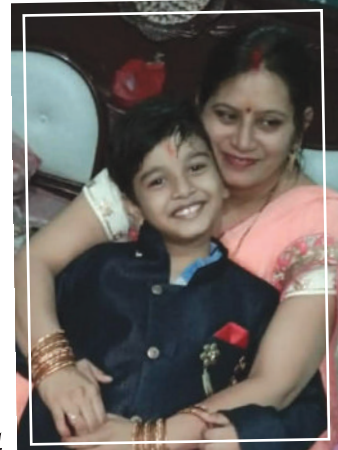
Last year for my birthday, my mother handed me an envelope. Inside was a ticket to a helicopter ride! Sitting in the front seat next to the pilot, with my mother by my side, felt like stepping into a dream. As the helicopter lifted off the ground, her gentle grip on my hand instantly made me feel safe. That day, I felt like a bird in flight, hand in hand with the one who has always been my anchor and my wings. My mother is, and always will be, the most treasured blessing in my life.

-Sana Naqvi, AIS MP, III A

An eternal gift

They say angels live in heaven, but I see one every day, and she is my mother. Interestingly, my mother's birthday is on May 11, the same day as Mother's Day. When I was in KG, our school teacher asked us to make cards on Mother's Day. I made a card wishing her both birthday and Mother's Day. I pasted a photo of her on my card. It was the first gift that I gave her, and she was delighted. That night she stayed with me, and we spoke to each other till late and then we slept off with the best memories ever.

-Tejas Vikram Singh, AIS Jagdishpur, VIII A



Lifetime adventure

One of my favourite memories with my mother is our snowy adventure in Kashmir – with my toy penguin named Pingu! Mumma and I had a wild snowball fight (I hit her on the head, oops!), and she chased me like a snow monster. We built a snowman, tried skiing, and even got stuck in deep snow. Mumma and Papa had to pull me out like a buried potato! We laughed, ate cake on their anniversary, and made reels. That trip showed me how fun, brave, and loving my mum is. She's my all-rounder, my hero – my Mumma!

-Vrishi Mishra, AIS Vas 6, IV B



A train ride with my mom

I remember my first train journey with my mom! We took the Shatabdi from Delhi to Lucknow to visit my maternal grandmother's house. We boarded the train, and I saw the seats and tables. Mommy showed me how to pull the curtains. The train moved, and I felt like I was flying. We had yummy food. Mommy read me stories and played games with me. I saw fields, houses, and trees outside the window. It was like a big adventure. When we reached Lucknow, my uncle was waiting for us at the station. He hugged me tight and gave me a big smile. I was happy to see him. The journey was so much fun with Mommy. I'll never forget my first train ride!

-Ashnoor Puri, AIS PV, I A



Diwali dil wali

One of my favourite memories with my mom is from last Diwali. While everyone was busy lighting diyas and bursting crackers, my mom packed food, sweets, and warm clothes to give to the ones in need. She took me along, and we went around the neighbourhood sharing everything with those who didn't have much. I saw their faces light up with happiness. That night, my mom told me that real celebration is about spreading joy. My mother is kind and caring, and always helps others without expecting anything back. She teaches me to be grateful for what we have and to always share with others.

-Aarna Tajeja, AIS Saket, VD



A basket full of maa's love

A few days before Christmas, I couldn't decide what gift I wanted. So, in the end, I wrote, "Whatever you like, Santa." The next day I woke up to see a basket full of presents containing my first set of Lego, colouring books etc. I hugged my mother tightly

because I knew that she was the real Santa in my life. In the afternoon, we watched a movie called Klaus and made pizza at home. It was a Christmas I'll never forget.

-Kaira Kuhu, AIS VKC Lucknow, VA



Snowy days, warm memories

One of my favourite memories with my mother is our trip to Shimla and Manali. The cool breeze, snowy mountains, and green valleys made everything feel like a dream. In Shimla, we walked along Mall Road, enjoyed hot momos, and took pictures. Manali felt even more magical, especially with the snowfall. What made the trip special was the time I got to spend with my mother. We laughed, explored new places, and shared stories by the fire. That journey was more than just a holiday - it's a memory I will always cherish.

-Swara Patil, AIS Navi Mumbai, VIII C



More than just a memory

In these years of my life, I've come to realise that my mother is the most important person to me, and every moment spent with her is special. It's hard to choose just

one memory, but this one stands out. It was a bright summer morning, and we were on our way to visit my maternal grandparents. Since there wasn't much to do in the area, we decided to take a walk around the city. While strolling, we passed a broken building. My sister and I started making fun of how bad it looked, but then we noticed our mother had tears in her eyes. That building, she told us, used to be her school. It was where she learned to read, write, and build the values she holds today. At that moment, we saw a different side of her - not just as the strong, independent woman we know, but as a little girl who once walked those halls, dreaming of the life we now have.

-Vatsalya Yadav, AIS VVC Lucknow, VIII B



A day full of love and cuddles

Doing yoga with puppies is my favourite memory with mom. We rolled out our mats, and I tried a tree pose, but a puppy sat on my foot and made me fall; we laughed so hard! I loved seeing her so happy. After yoga, we cuddled the puppies and took the cutest photos. It was a day full of laughter. Spending time with my mom and those pups made it the best day ever!

-Tarasha Dhiman, AGS Gurgaon, V

National Youth Robotics Challenge

Amity Hosts The First Ever Convention Of Young Robo Innovators

ACSF

The first ever National Youth Robotics Challenge (NYRC) 2024, organised by Amity Children's Science Foundation in collaboration with CSIR Jigyasa and ATL, Niti Aayog was held from Oct 2024-Jan 2025 and culminated in a grand finale hosted by AIS Noida from April 16-17, 2025. The event, held under the visionary leadership of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, was aimed at celebrating the brilliance of young innovators and cultivate a future ready, innovation driven ecosystem for India's youth.

The national-level mega event brought together over 1540 students from 83 schools pan India, making it a landmark celebration of technological ingenuity and scientific innovation. The finale was the culmination of a series of regional competitions held in Delhi, Gurugram, Mumbai, Raipur, and Lucknow. Winning teams from these regional competitions advanced to the national level to showcase their robotic innovations.



Chairperson addresses the participants

In a span of two days, students displayed their innovative skills and creativity across various competitive categories, including Robo War, Robo Soccer, Route Rangers, and Innovation Showdown. They demonstrated remarkable problem-solving abilities and teamwork, competing with peers from all over the country. The competitions were judged by a panel of eminent jury comprising Anil Nayyar, director, Preticus Ed Tech; Dr Neha, UN sustainability consultant; Dr Gagan Gupta, professor, NCERT; Dr Vijay Kumar, professor, Manav Rachna University; and Kailash Chandra, education officer, National Science Centre. Apart from judging



Participants amidst the Robo War

the events, the jury also offered valuable insights and guidance, an enriching learning experience for all the participants.

The winners were felicitated with cash prizes and certificates at a glittering valedictory ceremony graced by Chairperson along with Dr D Usha Rao, deputy controller of Patents & Designs and NIPAM coordinator at the Indian Patent Office (DPIIT, Ministry of Commerce & Industry), as the chief guest and Deepali Upadhyaya, program director at AIM, NITI Aayog as the guest of honour. In Innovation Showdown, AIS Noida bagged third prize in Class I-V, AIS Saket secured second prize in Class VI-VIII and AIS MV



A young innovator in deep observation

won second prize in Class IX-XII. In Robo soccer, AIS Gur 46 won third prize in Class IX-XII category while, Robo War saw both AGS Noida and AIS Gur 46 receive third prize in Class I-V and VI-VIII respectively. In Route Rangers, AIS PV won first prize in Class I-V and AIS Gur 46 secured third prize in Class VI-VIII.

Addressing students, the chief guest emphasised on the significance of intellectual property in fostering innovation while the guest of honour highlighted the importance of scientific discovery. In her address, Chairperson reiterated Amity's focus on science and interdisciplinary learning. 🇮🇳



Rishabh Yadav with Chairperson

Amity Group of Schools

Marking a milestone in the field of archery for Amity, **Rishabh Yadav**, a distinguished alumnus of **AIS Gurugram 43**, has won gold & bronze medals in mix team & team event respectively at Archery World Cup, Florida (USA) held from April 7-13, 2025. **The ace archer has also made it to LA Olympics 2028, marking pinnacle of his journey of excellence in archery that started at Amity under the visionary leadership of Dr (Mrs)**

Archers of Amity

Amita Chauhan, Chairperson, Amity Group of Schools & RBEF. Rishabh was felicitated for his extraordinary feats in archery by the Chairperson at the grand finale of 16th Youth Power held on April 30, 2025. Rishabh, a perseverant and dedicated athlete, had his innate talent in archery identified early on while studying in Amity by his sports teacher, and thus began the endeavour to nurture and groom him into the star archer of the nation. He made his international debut at the age of 16, and has an array of international and national accolades to his name.

At the global level, he has won bronze medal in Youth World Archery Championship (2021), Poland; bagged six medals in various Asian level meets; earned silver and bronze medals in senior Asian Archery Championship (2021), Dhaka and secured first rank in JVD Open (2022), Netherlands. Nationally, he won gold medal in compound men's individual event and bronze medal in mix team event at Khelo India Games 2019 and got third rank in senior compound men event of NTPC national ranking archery tournament. Rishabh's journey from Amity to Olympics marks the realisation of Chairperson's dream to nurture responsible citizens and sportsmen for India and make the country a superpower by 2030. 🇮🇳



Archer Mokshda Poharkar

Continuing the legacy of Rishabh Yadav, **Mokshda Poharkar (X)** of **AIS Vas 1** won two silver medals in NTPC National Archery Championship in Under 15 category, held from March 24-29, 2025, at Vijaywada, Andhra Pradesh. The championship was organised by NTPC in collaboration with Archery Association of India. Mokshda won the medals in compound girls' individual Olympic round and compound girls team round, competing against 150 participants pan India. 🇮🇳



Young book lovers with their wish list

A day for bibliophiles

AIS Vasundhara 6

The school celebrated World Book Day on April 23, 2025 on the theme 'Read your way', to promote the joy of reading and importance of books amongst children. The day was established in 1995 by UNESCO to honour literary icons like William Shakespeare, William Wordsworth, Rabindranath Tagore, and Maya Angelou. Students did reflective and creative writing wherein they documented their latest reads and anticipated books. They also shared their thoughts on how reading impacts their emotions and lives. Students shared their reading wish list, naming books they have been eagerly waiting for. The day aimed at nurturing a reading community whilst celebrating the transformative power of reading.

A HOT MESS

There is always one spectacularly disorganised person in every class, the one who forgets their assignments, manages to leak their fountain pen, and somehow staples their finger. They are the epitome of clumsiness, a cross between Neville Longbottom and Seamus Finnigan. That is what you call a blithering hot mess. **Kainaat Arif**, AIS VYC Lko, alumna, hops in on the POV of one such person.

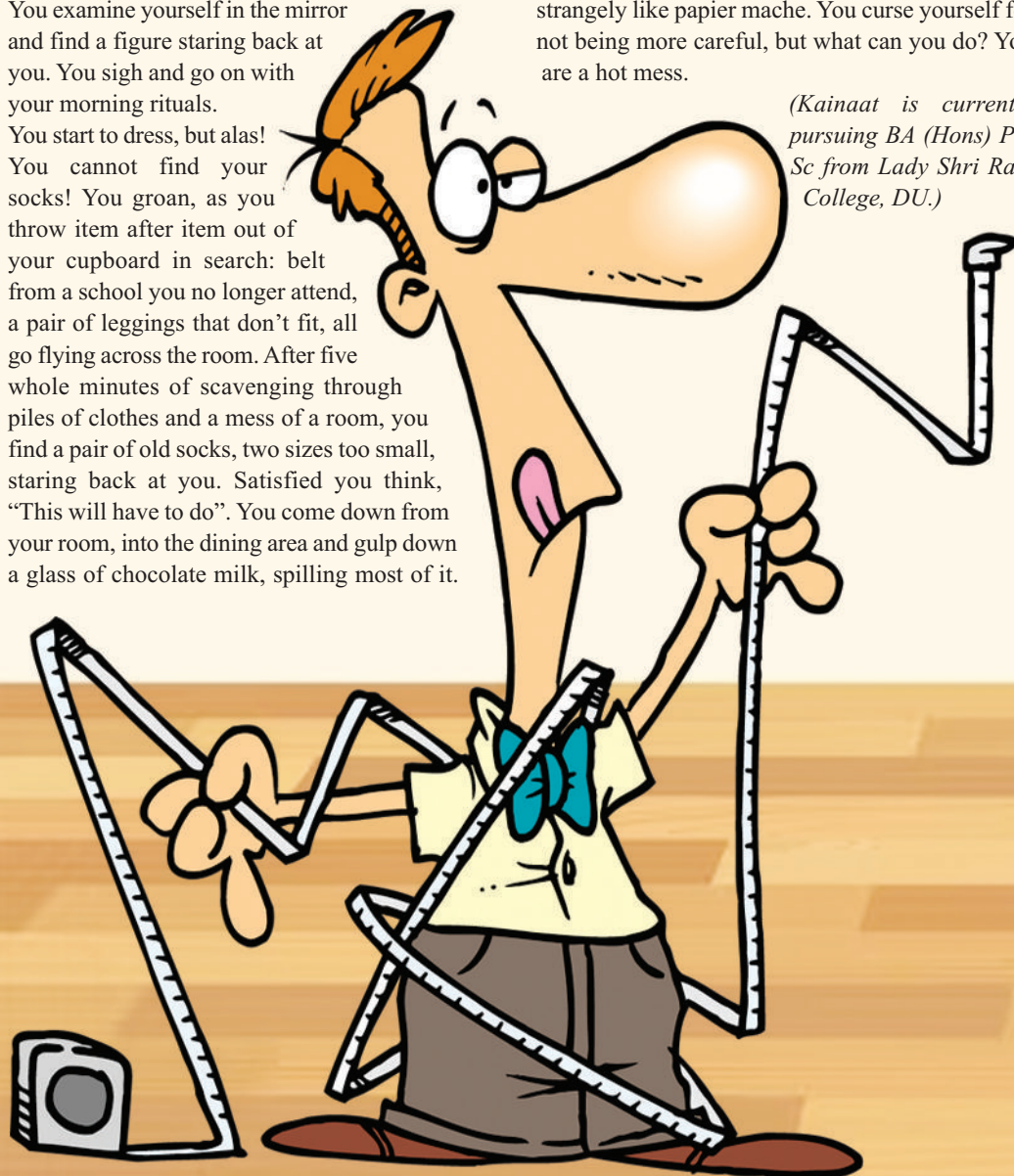
Beep-beep! Your peaceful slumber is interrupted by the most annoying sound known to man - your alarm clock. "06:15 hrs," it says. "Ugh, five more minutes," you whine. You press the snooze button and no such luck, it's 06:20 hrs. Again, the alarm goes off and you hit the snooze button and crash! Blinking, the next thing you see is that the clock is on the floor and of course not in one piece. The mental image of the look on your mother's face is enough to send you jolting upright. You scamper out of bed and rush to the washroom hoping not to have any conversation with your mother on this. You examine yourself in the mirror and find a figure staring back at you. You sigh and go on with your morning rituals.

You start to dress, but alas! You cannot find your socks! You groan, as you throw item after item out of your cupboard in search: belt from a school you no longer attend, a pair of leggings that don't fit, all go flying across the room. After five whole minutes of scavenging through piles of clothes and a mess of a room, you find a pair of old socks, two sizes too small, staring back at you. Satisfied you think, "This will have to do". You come down from your room, into the dining area and gulp down a glass of chocolate milk, spilling most of it.

You scurry down the hallway, grab your bag, and sit in the car, hastily greeting *driver bhaiya* and begging him to take the shortcut.

At 7:25, you arrive at school. With only five minutes to spare, you dash up the stairs, greeting the teachers briskly on your way up. Your heart pounding as you put down your bag. You smile at your amazing group of friends - your only solace, who remain your allies through punishment, surprise tests, and assignments. But just as you decide to sit down you find yourself on the floor, drenched in water and covered in blobs of grey that look strangely like papier mache. You curse yourself for not being more careful, but what can you do? You are a hot mess.

(Kainaat is currently pursuing BA (Hons) Pol Sc from Lady Shri Ram College, DU.)



JUST FOR
LAUGHS

Movie Review

Hilarious escapades

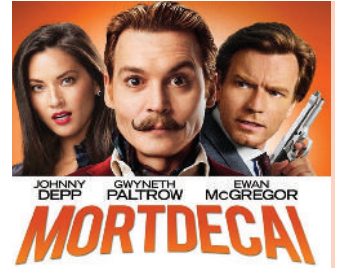
Movie: Mortdecai

Directed by: David Koepp

Released on: January 23, 2015

Starring: Johnny Depp, Paul Bettany, Gwyneth Paltrow, Ewan McGregor

Genre: Action, comedy



Synopsis: Mortdecai is a quirky action-comedy film, portraying Lord Charlie Mortdecai as an unscrupulous art dealer and a swindler. Charlie Mortdecai is a charismatic British nobleman, and an art dealer who often falls short on funds to sustain his opulent lifestyle, so he agrees to aid his college friend and MI5 officer, Alistair Maitland retrieve a stolen Goya painting. However, Charlie isn't the only one seeking the painting; a revolutionary and an American heir also has his eyes on it, for the artwork is said to hold the secret code to a bank account filled with Nazi gold. The plot revolves around Mortdecai's chaotic quest to recover the stolen Goya painting involving art thefts, murders, betrayals, and comedic mishaps, making it a complete entertainer.

Why is it watch-worthy: This humorous movie presents an eccentric take on the caper sub-genre. The film delivers a unique blend of British humour, absurd situations, and stylish direction. The portrayals of the characters lend a whimsical narrative to the story. Every part, particularly Johnny Depp's rendition of the titular character, Charlie Mortdecai, is charmingly peculiar. While the humour is polarising, relying heavily on running gags, it offers moments of light-hearted fun for those seeking escapism rather than depth.

Iconic dialogue: "Oh, how I long for the rain and indifference of Europe."

Rating: 4.5/5

Review by: Rida Parveen

AIS Noida, XII C

GT Travels to Hampi



Avni Menon, AIS Mayur Vihar, VIII C, poses with her copy of The Global Times in front of The Stone Chariot of Hampi. A shrine dedicated to Garuda, the official vehicle of Lord Vishnu, the stone chariot was built in the 16th century by the orders of King Krishnadevaraya of Vijayanagara Empire.

Got some clicks with GT while on the go? Get them featured! Send them to us at gtravels@theglobaltimes.in