

**Winner  
AIS Noida**



**Winner  
AIS PV**

**Bhawna Tuteja, GT Network**

For 16 years, Youth Power has been more than a programme—it's been a movement. A name that echoes with the spirit of change, and this year was no different. From a high-energy beginning to a grand finale that raised the roof, YP 2024-25 was a full-circle moment of transformation.

### It began with purpose

Twelve teams. Twelve Amity International Schools. One mission—to champion a cause and drive real, visible change. Through awareness drives, stakeholder engagement, and innovative fundraising, the journey began with heart and hustle.

### It peaked with passion

After a year of relentless effort, the teams converged at the Grand Finale held at Amity University. The energy? Electric. The auditorium? Packed with over 500 students cheering. Among those cheering loudest was their guiding force—Chairperson Dr (Mrs) Amita Chauhan. She was joined by Ms Pooja Chauhan, Chairperson, Amity Humanity Foundation, Ms Mehtab Chauhan, Assistant Director, Digital Media, and other dignitaries. Adding to the gravitas was Chief Guest IPS Preeti Yadav, DCP Gautam B Nagar.

# Sweet Sixteen

As the sixteenth chapter of Youth Power came to a dramatic close, it left behind a trail of stories—some sweet, some stirring, all unforgettable

### It roared with resolve

One by one, the 12 teams took the stage. Their weapons? Slam poetry, mime, qawwali, shadow dance, and sheer conviction. Each presentation was a masterclass in storytelling and advocacy. The jury—activist Sumitra Goenka and child rights champion Steve Rocha—held nothing back during a tough Q&A round, testing not just facts but the fire behind every idea.

### It ended with glory

AIS Noida and AIS Pushp Vihar emerged champions, hoisting the trophy. AIS Saket followed as first runner-up, while AIS Gurugram 43 and AIS Mayur Vihar claimed the second runner-up title. AIS Gurugram 46 and AIS VKC Lucknow were honoured with the Jury Special Mention Award. Awards were also given in various categories viz Best Presentation, Most Collaborative Approach, et al. (pg 6-7) The event also witnessed the felicitation of Rishabh Yadav, an alumnus of AIS Gur 43 and international level archer who has been selected to represent India in 2028 olympics.

### It stayed with hearts

They walked away with more than trophies. They walked away with a purpose. Chairperson Dr (Mrs) Amita Chauhan, moved by the sheer grit of the participants, reminded them of Abraham Lincoln's journey, urging them to dream relentlessly and persevere fearlessly.

### It lives on still

And as the curtains fell... Youth Power didn't end. It evolved—into memories, into milestones, into momentum. [G I](#)

**WHAT:** YP 2024-25 Grand Finale

**WHEN:** April 30, 2025

**WHERE:** Amity University, Noida

**WHO:** ■ Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF

■ Ms Pooja Chauhan, Chairperson, Amity Humanity Foundation

■ Ms Mehtab Chauhan, Assistant Director, Digital Media

■ Heads of Amity schools & Amity institutions

“The skills you develop during these formative years will stay with you forever. YP will prepare you for a brighter future.”



**Chief Guest**  
**IPS Preeti Yadav**  
**DCP Gautam B Nagar**

“Having worked with students across the world, I have not seen a programme as comprehensive and as sensitising as YP.”



**Jury member**  
**Steve Rocha, Founder**  
**Director, PRATYek**

“Youth Power is a very holistic programme with a unique format. I wish we had access to such programmes during our school years.”



**Jury member**  
**Sumitra Goenka, activist**  
**& entrepreneur**

## THE GT @ POLL

**Do you support India's decision to suspend the Indus Water Treaty in light of recent terror attack in Pahalgam?**

- a) Yes, it sends a strong message
- b) No, it will escalate tension
- c) Unsure

To vote, checkout our Instagram page @the\_global\_times

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[@the\\_global\\_times](#)



### All about tech sovereignty

In conversation with Vinit Goenka, politician, social activist and author to get a deeper insight into his transformative initiatives.

...more on page 3

## What's inside

Second Runner Up



### And the award goes to...

A celebratory look at the bright-eyed winners of different prestigious categories at the Youth Power Grand Finale 2024-25.

...more on pages 6-7



### Roots of flavour

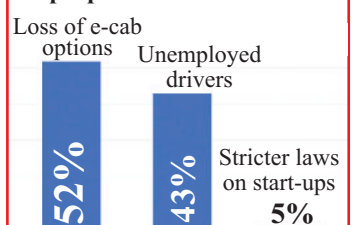
Did you know that the samosa is native to Egypt? Perhaps not! In a culinary escapade, trace the origins of some of your favourite food items.

...more on page 10

## POLL RESULT

for GT Edition April 28, 2025

**In your view, what will be the main consequence of suspension of BluSmart cabs, on people in India?**



Results as on May 3, 2025



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# Man of sovereignty

## Let's Build A Technology Sovereign Nation Says Vinit Goenka

Kashvi Bajpai, AIS Noida, XII

A politician, technocrat, social activist, and an author, Vinit Goenka has been working towards building India's data sovereignty and digital security. As a chief guest at YP grand finale 2023-24, Vinit Goenka shares about some of his notable transformative initiatives and much more in an exclusive interview with GT reporter.

### The early years

As a student, I quickly grasped the significant impact politics had on socio-economic issues. This motivated me to participate in student politics during my college years. However, as my professional career progressed, I had to distance myself from political activities. In 2006, I resigned and fully immersed myself in the techno-political and policy-making space. My focus has since been on leveraging technology to improve lives while contributing to making Bharat a 'Vishwa Guru' and a technology-sovereign nation.

### Balancing multiple roles

If I were to define myself, I would call myself a changemaker. I believe that those who innovate or embrace new technologies will lead, while others will be left behind. India is considered a hub for generating data, but I want it to become a powerhouse

## INTERVIEW

of data storage, analytics, processing, and innovation. By promoting data sovereignty and ensuring digital security, India can transform into a leader in data-driven innovation, fostering homegrown technologies and reducing reliance on foreign powers.

### Social activism

My inspiration for social activism comes from Swami Vivekananda and Dr Keshav Baliram Hedgewar, founder of RSS. Dr Hedgewar's vision of a self-reliant and united nation deeply resonated with me, particularly his emphasis on the importance of selfless service, discipline, and societal reform. My most cherished initiatives is the Master Mentors Geo-Enabling Indian Scholars (MMGEIS) programme, designed to raise geospatial awareness among students. It's a perfect example to bring cutting-edge knowledge and empower the youth. Activism requires inner strength, and perseverance, but it's enriching when you make lives of many fellow Indians better.

### The right way of life

Technology should be used for growth, and not to dominate our lives. I advocate spiritual practices like meditation, real time interaction, and developing hobbies to disengage from digital tools. The youth are

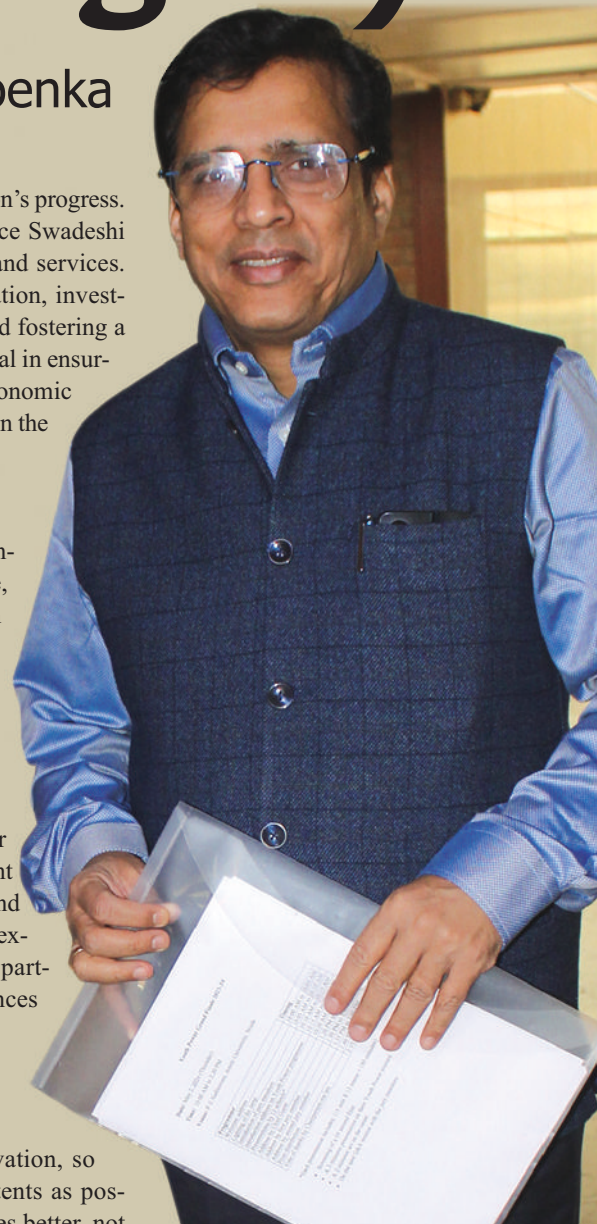
the driving force behind a nation's progress. So, I urge the youth to embrace Swadeshi and support Indian products and services. Encouraging domestic innovation, investing in local manufacturing, and fostering a culture of self-reliance is crucial in ensuring that India maintains its economic and technological sovereignty in the digital age.

### Catch them young

To empower our youth and enhance their global competence, we need to bring about certain changes in the education system. The focus should be on skill development, which prioritises practical skills over theoretical learning. Educators should encourage an interdisciplinary learning and foster connections between different fields through project-based and collaborative learning. Global exposure through international partnerships and cultural experiences will help immensely.

### Message for Amitians

Prioritise technological innovation, so that you can file as many patents as possible. Always aim to make lives better, not only for Indians but the entire world.



Vinit Goenka, politician, technocrat, social activist, and an author

# Global opportunities for students

ATPC | AUUP

## Japanese Job Fair To Strengthen Indo-Japan Relations

On February 8, 2025, Amity University, Uttar Pradesh, proudly hosted the Japanese Job Fair, underscoring its ongoing commitment to strengthening Indo-Japanese collaboration in education, innovation, and employment. This flagship event reflects India's philosophy of Vasudhaiva Kutumbakam and Japan's global talent integration strategy, marking a milestone in the university's strategic plan for 2025. The traditional *tilak* and *havan* promoted cultural unity, followed by a symbolic sapling distribution led by Prof (Dr) Balvinder Shukla, vice chancellor, emphasising sustainability and shared growth.

Organised by the Amity Technical Placement Centre, the fair facilitated interaction between students and leading Japanese companies, opening doors to employment in sectors such as IT, engineering, and management. The initiative aims to enhance global employability and prepare students for multicultural work environments.

Amity's robust Japanese engagement includes over 1,000 students enrolled in Japanese language programs, strong academic partnerships with premier institutions in Tokyo and Kyoto, and the establishment of a Japan Desk in 2023 via an MoU with Sekisho Corpora-



Dr Balvinder Shukla with Dr Anjani Kumar Bhatnagar and Japanese delegates at the job fair

tion. The Japan Desk has supported multiple placements through on-the-spot interviews during this fair. Prof (Dr) Balvinder Shukla, vice chancellor, along with Dr Anjani Kumar Bhatnagar, head, ATPC and senior officials from Amity Univer-

sity management, interacted with the delegates. Anupam Singh, assistant general manager, served as the convenor and coordinated with visiting Japanese firms. Amity's growing partnerships with Japanese prefectures and Ibaraki-

based companies are set to advance further through planned faculty exchanges, dual-degree programmes, and joint research initiatives—aligned with the vision of Dr Atul Chauhan, Chancellor, Amity University and President, RBEF, to develop globally competent, morally grounded leaders who will contribute to India's innovation-driven economy.

The Japanese Job Fair is a landmark in Amity's journey towards global academic and industry integration, preparing graduates to serve as cultural ambassadors and contribute meaningfully to India-Japan economic cooperation.



## Pro@Project

Stuti Kalra, GT Network

Toys are an intrinsic part of our childhood, providing us with joy and learning, but there are hardly any toys or puzzles designed especially for the visually impaired children. To make toys inclusive, **Riya Jain**, student of **Class XII F, AIS Gur 46**, has come up with a solution - a 3D-printed Rubik's Cube named Creare, derived from the Latin word for 'to create', which can be solved by touch rather than sight.

## Designed to perfection

Creare has specially designed textures, allowing the visually impaired to solve this six-sided puzzle using the sense of touch. These textures include shapes and letters in Braille. The 3D printing technology helps keep the cost low, making it affordable as well.

## Science at its core

Three main scientific principles were involved in this project - tactile perception, 3D designing, and spatial recognition. Tactile perception helps users differentiate the cube's sides by recognising different textures. The 3D modelling makes the designs precise, making it easier to identify patterns. The cube also helps in developing spatial reasoning, allowing users to solve the puzzle by exploring

## Joy with toy

## A Vision To Make Playtime Inclusive



Creare with shapes and letters in Braille

it with their hands. These concepts help make the project an engaging and accessible experience for visually impaired individuals.

## Undeterred by challenges

The project took two years to complete and involved various stages of designing, prototyping, and testing based on feedback. One of the biggest challenges was ensuring that the tactile features were distinct and durable enough for regular use, leading to experimenting with various textures and materials. Another challenge was ensuring that the cube moved smoothly. This was addressed by developing several prototypes and getting feedback from visually impaired users.

Pics: GT Editorial Board, AIS Noida



Riya Jain with rubik' cube Creare

## The path ahead

Riya aims to design more tactile puzzles and games for the visually impaired that include features like sound feedback and more options for customisation. Being a part of ATL community outreach programme, she plans to partner with NGOs and educational institutions to teach problem-solving and spatial reasoning, using these tactile puzzles. Ultimately, the goal is to empower visually impaired individuals by providing fun and accessible learning experiences.

## Awards &amp; Recognition

- Filed for copyright
- First position National Children Science Congress (District level) (2022)
- Vasudha Award for Innovation (2023)
- Project showcased to Director, CSIR at Young Scientists event Amity University Noida (2023)
- First position Vanijya Sangam Inter-School competition (2024)
- First runner up ECOM Forum (Wisdom Wands) (2024)
- Project showcased to delegates from Indonesian and Malaysian universities at AIS Noida (2024)

## Addressing UN SDGs

- **SDG 3 (Good Health and Well-Being):** Enhances cognitive health through inclusive design
- **SDG 4 (Quality Education):** Provides equal learning opportunities.
- **SDG 9 (Industry, Innovation, and Infrastructure):** Uses innovative technologies like 3D printing
- **SDG 10 (Reduced Inequalities):** Creates accessible tools for marginalised groups

## Train your brain

## How To Win Over Tricky Mind Games

Shachi Agrawal

AIS Gurugram 43, X

Your brain races through 500-800 words every minute, always imagining, overthinking, planning, stressing. It's your personal powerhouse - an incredible tool that's either building your success or silently sabotaging it. The secret? Learning to control it. "Think before you think" might sound strange, but it's one of the smartest things you can do.

Students who study to understand consistently outperform those who just cram for marks. Why? Because when the brain sees real meaning, it locks that knowledge in. On the flip side, chasing grades - or shortcuts like cheating - teaches the brain to store information on the surface, making it easier to forget.



Stage fright is another mind game. Negative self-talk like "What if I mess up?" triggers brain freeze, blanking your thoughts when you need them most. Flip that script to "I'm ready, I've got this," and your brain follows with calm, clarity, and confidence. Top athletes know this too. They don't just train their bodies; they train their minds. Visualising a win lights up the same brain

pathways as actually competing, strengthening reaction time, precision, and belief. Focus on fear, and your performance stumbles. Focus on success, and your brain fires at its best. Bottom line? Your brain believes what you tell it. Feed it strength, belief, and focus - and it will carry you toward your biggest goals. Master your mindset, and everything else simply falls into place.

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<b>Day 3</b> May 28, 2025	<b>◀ Be A Story Writer</b> Imagine. Weave. Write. <b>Be An Artist</b> Illustrate. Sketch. Create.	
<b>Day 4</b> May 29, 2025	<b>◀ Be an Interviewer</b> Think. Question. Report <b>Be A Photographer</b> Frame. Click. Capture.	
<b>Day 5</b> May 30, 2025	<b>◀ Be an advertiser</b> Brainstorm. Analyse. Sell. <b>Valedictory Ceremony</b> Share your learning. Take your own newspaper.	

### TAKE HOME YOUR OWN NEWSPAPER

Participants: Open to students of Amity and other schools | Age group: Class VI-VIII | Venue: Amity International School, Pushp Vihar | Date: May 26-30, 2025 (5 days / Mon to Fri) | Timings: (10 am to 3 pm, Mon to Fri) | Email: vsharma@amity.edu

**Payment Details** | Cost of workshop: 10000 INR | For Amity: Cheque in favour of 'The Global Times' deposited in principal's office | For Non Amity: Draft in favour of 'The Global Times' deposited at the nearest AIS/AGS branch in principal's office



# Lets play



Dr Amita Chauhan  
Chairperson

A child's formative years are the most crucial for overall growth and development. At Amity, we recognise our immense responsibility as educators to nurture the physical, mental and emotional well-being of young learners who join us in Nursery. Sports play a vital role in this journey, and that's why we introduced our very own PEC (Physical Education Card) program in 2011 from Nursery to Class V. Originating in the UK, PEC games are simple and inclusive, where every child can play and enjoy fun games like hopscotch and peek-a-boo. The primary goal of PEC is to enhance physical activeness, limb coordination, flexibility, confidence, stamina and neuro-motor development. Conducted in small groups in each class, the games foster teamwork and healthy competition. Every session ends with laughing, clapping and cheering, thus enhancing joy and social bonding. The fact that PEC was initiated by CBSE for primary classes shows how valuable these games are for the holistic development of children. These games use specially designed light sports equipment, made of rubber and plastic for safety reasons. These tools help physical education teachers identify students' interest and talents early on, so that these skills can be honed in higher grades. Lessons are designed as per age and interest of children and regular workshops, clinics and counselling sessions are also held for a synergised outcome. More than just games, PEC is an ecosystem of holistic learning. It nurtures teamwork, bonding, focus, resilience, and decision making. PEC inspires children not only to stay fit but to also chase their dreams with confidence and courage. [GT](#)

## The YP triumphs



Vira Sharma  
Managing Editor

Sixteen is truly sweet, and the finale of the 16<sup>th</sup> Youth Power, held on April 30, was a beautiful reminder of how far we have come. This edition brings you an extensive coverage of the visionary program, which has grown from a dream envisioned by our Chairperson Ma'am into a vibrant platform that nurtures ambassadors of change. Looking back at these 16 years, brings a wave of nostalgia for me - from conceptualising the program under Chairperson Ma'am's extraordinary guidance and inspiring leadership to selection interviews of YP teams and their year-round mentoring, and then, meticulous planning of the electrifying finale. It is the collective spirit of the entire Amity family that has made YP such a resounding success year after year. Each and every member of this family has encouraged and supported our young changemakers every step of the way, giving wings to their dreams. This year, too, YP witnessed innovative initiatives, like preserving heritage, campaigning for 'Make in India', and promoting handwriting while also addressing important social causes like saving birds, respecting women, tackling noise pollution etc. Each cause reflected not just awareness, but a powerful transformation of young students into critical thinkers, compassionate humans, and inspiring global citizens.

As you read and celebrate the triumphs of YP, I urge you to embrace the same spirit of service above self. Every small act - being kind to others, spending time with elders, petting a stray, saving water, or saying no to plastic - creates ripples of change. Let us all be the sweet change the world needs. [GT](#)



# A candid letter

## To The Ones Who Find Power In Inflicting Fear

Priti Khullar, AIS Noida, Teacher

Pahalgam, a paradise on Earth with towering pine forests and snow-capped mountains, offers breathtaking natural beauty, where the cool breeze whispers softly to the trees. Young lads chase the meandering river's path through lush green meadows. However, this serene place has become a backdrop of tragedy that has rattled everyone. The river still flows, but listlessly, laden with the tears of the victims. We are left with so many questions for you, yet certain of the fact, that there are no answers. What kind of a heart is capable of tearing apart innocent lives who, away from the chaos of the city life, chose to immerse themselves in the tranquility of this place? What could possibly justify the loss of innocent lives? What have you gained by taking away so many dreams? How can you still breathe the same air, which became dense with the howling screams? Do you hear the cries of a mother who lost her son or a wife



who lost her husband? Can you fathom the disrepute you have brought to your own community? By annihilating one particular group, you have unwittingly damaged your own existence.

You shattered innocent lives with countless bullets, but what echoes louder is the silence you left behind. The peaceful haven now bears the scars of violence. Calmness has turned into mourning. Many homes, once filled with laughter, have the haunting silence of unspoken pain and a sense of helplessness. Someday, you will realise that the pain you have inflicted on so many, will never fade and the weight of your deed will continue to plague you for years to come. The cascading effect of your horrific deed is more horrific than the act itself.

Prayers will rise from where the blood has been spilled. You can

never break humanity. Ah! You feel you are invincible, all you've truly done is strengthen India's resolve to stand against terror. You found triumph in the sound of bullets, but we saw courage in the hands that pulled survivors from rubble, irrespective of the religion or region. That is the real faith; faith in humanity. The spirit of India is unshaken. Cutting across different beliefs, political ideologies, and religion, we, as a nation, stand united. Unity isn't just a word, it's the essence of who we are. Brotherhood and harmony aren't bound by time; they are eternal. It is commendable that the families of the victims have shown remarkable dignity and have urged others not to turn this tragedy into a communal issue. Numerous tourists have begun returning to Pahalgam once again. Just so you know, once and for all, together we can heal the wounds of each other and build a future where peace and love are no longer threatened by hate. Your malicious plot will crumble before your eyes. It's just a matter of time. [GT](#)

*Dear Editor,*

As the words 'And the winner for YP 2024-25 is AIS PV' echoed through the auditorium, our hearts swelled with pride and joy. We are grateful to our respected Chairperson Ma'am for creating a platform that empowers youth to drive meaningful change. To have our efforts recognised, especially in reviving the fading art of handwriting in today's digital era, was both humbling and affirming. We aimed not only to preserve a cherished cultural practice but also to reconnect the youth with its



**GT M@il**

artistic and personal value through various engaging workshops, awareness drives, and interactive activities. This journey has been nothing short of an incredible learning experience that has shaped our perspective about the social causes taken up by the YP teams. Winning this competition has deepened our commitment to this cause, and we are more inspired than ever to carry it forward."

**Youth Power team, AIS PV**



**Team Hastkala, YP team of AIS PV**



1st  
RUNNER  
UP

AIS Saket earns the 'First Runner Up' position

2nd  
RUNNER  
UP

AIS Gurugram 43 secures the 'Second Runner Up' position

2nd  
RUNNER  
UP

AIS Mayur Vihar captures the 'Second Runner Up' position

JURY'S  
SPECIAL  
MENTION

AIS Gurugram 46 bags the 'Jury's Special Mention' award

JURY'S  
SPECIAL  
MENTION

AIS VKC Lucknow takes home the 'Jury's Special Mention' award



Best Creative Communication Act: AIS VKC Lko

# Echoes of Youth Power

*As one name after another lit up the stage, the audience erupted in loud cheers and applause. The Youth Power Programme 2024-25 came alive with pride and purpose. It was a tribute to the dedication of young changemakers who spent the year turning their ideas into impact, proving that they didn't just hope for change, they became it.*



Most Collaborative Approach: AIS Vasundhara 1



Best Awareness Movie: AIS Vasundhara 6



Best Community Outreach Programme: AIS Mayur Vihar



Best Documentation: AIS Gurugram 43

Best Mentor Teacher:  
Parul Premi, AIS Mayur ViharBest Mentor Teacher:  
Nidhi Agarwal, AIS Gurugram 43

Best Panel Discussion: AIS VYC Lucknow



Best Presentation: AIS Noida



Best Fund-Raising Model: AIS Gwalior



Best Social Implementation: AIS Gurugram 46



Best Ground Survey: AIS Jagdishpur



Creativity For A Cause: AIS Saket



Most Impactful Answer: AIS Pushp Vihar



Inspired by the timeless tales shared by **Dr (Mrs) Amita Chauhan**, Chairperson, Amity Group of Schools & RBEF, GT presents part 2 of a vibrant comic strip series, crafted by **Akshat Sinha, AIS Noida, XII E**

# GOD of MANAGEMENT ((JAPAN))

Hey! This is my story and in the background is my past self.

That's how I started my journey - struggling as an apprentice in a bicycle shop.

Eventually, I switched to an electric shop.

Godai bicycle shop  
(1905)  
1910  
But I was determined to make it big.

In my spare time, I used to work on my own invention. But when I showed it to my manager...

A socket!  
It can...  
NO WAY!

**ANYWAY**  
That didn't work out...

But I continued production with my family.

After many financial difficulties, we opened our own company with 20 workers.

However, no retailer was interested.  
No, thanks.

I even had to pawn my wife's Kimono due to shortage of money.

But by some miracle, someone ordered 100 units of our item and soon our business started to thrive.

We also emerged as the first company to give life insurance to each of our employees.

But then World War I began. And the great depression followed.

The stock market crashed, and we were down with financial crisis.

The workers were asked to keep selling and soon our company gained profit.

Sir, we should fire workers to make up for the losses because...

No not a single worker will be asked to leave in the midst of such hard times.

They call me the God of management in Japan.

**THE END**

*This is the story of Kōnosuke Matsushita, founder of Panasonic and Japan's "God of Management," who began as an apprentice and designed a unique light socket ignored by his boss. Undeterred, he built and sold it from home, later expanding into electrical products and founding Panasonic in 1918. Even during the Great Depression and WWII, he refused to lay off workers, urging them to sell more instead. His legacy blends innovation, resilience, and compassionate leadership.*



# Man on the bus

## Short story



**Khevna Pankaj, AGS Gur, XII**

It was a normal day for Sasha. As usual, she boarded the bus home, scanning the familiar faces. Her eyes searched for him—the man in the old, frayed blazer who carried a suitcase with the school's logo stamped on the side. He was a fixture on her daily commute, as much a part of her routine as the ride itself. Every day, he'd greet the passengers with the same warmth and light-hearted jokes. But today was different. He wasn't in his usual seat by the window. Instead, he sat hunched in the last row. The spark in his eyes was missing. The air around him felt heavier. Sasha chose a seat near the front, stealing glances through the reflection in the bus window. Fi-

nally, she stood up and walked toward him. "Hello. How are we today?" she asked softly. He looked up, startled and said, "Great! You?" She tilted her head. "No, not today. How are you really?" "I... I'm fine, really," he said. The smile flickered, and finally collapsed. Sasha sat down beside him. "My son and my ex-wife moved away today," he said quietly, almost as if confessing to a stranger was easier than admitting it to himself. He cleared his throat and shifted. "What's your name?" he asked, trying to change the subject. "Sasha. And yours?" "Dave." "I'm sorry, Dave. I never asked your name before." She paused. "Why did your family move?" Words spilled out like rain from a long-gathered storm. He told her

But today was different. He wasn't in his usual seat by the window. Instead, he hunched in the last row. The spark in his eyes was missing.

about the separation, about the custody battles that drained both his wallet and his spirit. About the landlord's notice that arrived that morning—his rent now in question. About waking up and realising his son wouldn't be just a few miles away anymore.

Dave was alone. A father without a son. A husband without a wife. He had every reason to be bitter. Yet, every day, he chose joy. "I'm sorry, Dave," she whispered. "Looking at you, I never would've guessed the storm you carry. But... Those thirty seconds we share every day? They matter to me. You made this bus feel like more than just a ride home." Dave's eyes brimmed. "You have more than just one child," Sasha said. He swallowed hard. "Sasha, I..." She squeezed his hand. "I know," she said, echoing his own words back to him with a smile. "You're better now." **GT**

**So what did you learn today?**  
**A new word: Tilted**  
**Meaning: To move into a sloping position**

## POEM



# Safety is for all!

**Vivaan Chaudhary, AIS Vasundhara 6, VII B**

Step out of the house  
Make sure it is safe  
Lack of safety rules  
Makes for a bad case  
Taking risk is bad  
And unnecessary too  
Know the rules well  
Guide them through

Learn the signals and  
Stop, look, and cross  
Zebra crossing helps  
To take you across  
Attend to the sounds  
Horns, shouts, and all  
Don't play on roads  
Unless you want to fall

Ride your bicycle but  
In a lane that is paved  
Wear bright clothes  
To be seen and safe

Walk on the pavement  
Always use sidewalks  
Eyes on the road  
Do not just gawk

Strap on your seatbelts  
When in a moving car  
Don't stick your hand out  
Unless you want a scar  
Mind the crossroads  
Do not ever rush  
Watch the blind spots  
Vehicles may gush

Be alert on the road  
As accidents hurt  
Don't happen slowly  
But quickly in a spurt  
So, take the dare  
Make everyone aware  
Whether big or small  
Safety is for all.

## It's Me

**KNOW ME**  
My name: Ishita Singh  
My Class: I  
My school: AIS VYC Lko  
My birthday: February 20

**MY DREAMS AND GOALS**  
Hobby: Colouring and craft making  
I like: Skating  
I dislike: Teasing others  
My role model: My mother  
I want to become: An engineer  
I want to feature in GT because:  
I want to be recognised and appreciated for who I am.

**MY FAVOURITES**  
Teacher: Shivani Pathak ma'am  
Subject: EVS  
Friend: Shambhavi  
Game: Football  
Cartoon: Masha & the Bear  
Food: Pizza  
Mall: Lulu Mall  
Book: Jungle book

## Jokey Pokey

**Atharv Singh Chauhan**  
**AIS Vasundhara 1, V A**

Q. Why don't the circus lions eat the clowns?  
A. Because they taste funny!  
Q. Which is the laziest mountain to exist?

A. Mt Ever(r)est  
Q. Why couldn't the skeleton go to school?  
A. His heart just wasn't in it.  
Q. What do you get from a pampered cow?  
A. Spoiled milk!

Best entries for colouring fun  
Dated: April 28, 2025



**Maulik Sharma**  
**AIS Vasundhara 6, I C**

**Ribha**  
**AIS Pushp Vihar, II B**



# Roots rediscovered

**F**ood has never stayed in one place for long. As it travelled, recipes transformed—ingredients were swapped, techniques blended, and unique flavours emerged. Many dishes we now associate with a particular country actually trace their roots to faraway places. Join **Ishaani Chaudhary, AIS Noida, XII B**, as she takes us through the surprising journeys of some of our favourite food items.

## Croissant

**Origin:** Austria (as 'Kipfel')

**Migration:** Introduced to France in the 1800s when Austrian bakers opened shops in Paris.

**Destination:** A symbol of French culture, enjoyed around the world.

**Fun fact:** The crescent-shaped Kipfel, a simple bread roll, was a popular breakfast item in Austria. When it arrived in France, local bakers transformed it using laminated dough techniques, creating the flaky, buttery croissant we love today. The croissant's shape is also said to commemorate Austria's victory over the Ottoman Empire in 1683, as it resembles the crescent moon on the Ottoman flag!

## Pasta

**Origin:** China

**Migration:** Brought to Italy through trade routes, evolving into the pasta we know today.

**Destination:** A staple of Italian cuisine, with countless varieties worldwide.

**Fun fact:** While Marco Polo is often credited with bringing pasta to Italy from China, historical evidence suggests that pasta existed in Italy even before his travels. Today, pasta comes in over 350 shapes, each designed to hold different types of sauces!

## Vanilla

**Origin:** Mexico (cultivated by the Totonac people)

**Migration:** Taken to Europe by Spanish conquistadors in the 16th century.

**Destination:** A key ingredient in desserts worldwide.

**Fun fact:** The vanilla orchid was first cultivated by the Totonac people in Mexico, and later used by the Aztecs to flavour chocolate drinks. When the Spanish brought vanilla to Europe, it became a highly sought-after ingredient. Interestingly, outside of Mexico, vanilla orchids are hand-pollinated because their natural pollinators, the Melipona bees, do not exist elsewhere around the globe. This is why natural vanilla remains one of the most expensive spices in the world!

## French fries

**Origin:** Belgium

**Migration:** Introduced to the US by American soldiers stationed in Belgium during World War I.

**Destination:** A global fast-food favourite, served with a variety of toppings and dips.

**Fun fact:** Despite being called 'French' fries, this beloved snack originated in Belgium. In the 1600s, Belgian villagers fried thin slices of potatoes as a substitute for fish when rivers froze in the winter. During World War I, American soldiers in Belgium tasted these crispy delights and mistakenly named them 'French Fries' because the Belgian Army primarily spoke French. Today, Belgium is still famous for its fries, often served with delicious mayonnaise instead of ketchup!

## Cheesecake

**Origin:** Ancient Greece

**Migration:** Adopted by the Romans, later spread across Europe as well as North and South America.

**Destination:** A worldwide dessert sensation with regional variations.

**Fun fact:** The earliest known cheesecake dates back over 2,000 years to Ancient Greece. In fact, Greek athletes in the first Olympic Games, in 776 BC were given cheesecake as an energy booster! The Romans later adapted the recipe, and it spread across Europe. In the 19th century, American cheese makers developed cream cheese, which led to the creation of the most famous New York-style cheesecake!

## Samosa

**Origin:** Egypt (known as 'Samsa')

**Migration:** Travelled through the Middle East and arrived in India via trade routes.

**Destination:** A beloved Indian snack and street food, which is now available worldwide.

**Fun fact:** The original Egyptian 'Samsa' was a meat-filled pastry, enjoyed by traders and travellers along trade routes. When it reached India, the local version evolved into a vegetarian delight, typically filled with spiced potatoes and peas. Today, samosas come in various regional variations – some stuffed with lentils, others with minced meat or even sweet fillings!



# YRoNS 2025

## Amitians Make A Mark With Their Talent

### AERC

Seven students from Class IX - XII of different branches of Amity Group of Schools participated in the 18th YRoNS (Young Researchers of Natural Science), 2025 held at Lycée Ozanam School, Lille France from March 31 - April 5, 2025. YRoNS is an international conference for students, where the participants share their research and explain their results. The participating delegates and their respective projects were: Aryavardhan Kumar Chauhan (IX) and Mia Malik (IX), AIS Pushp Vihar, project 'Parivartan - making bioplastics from fruit peels'; Safia Ali (X), AIS Saket,

project 'Carbocure: transforming carbon emission into valuable resources'; Aarav Duggal (XII), AIS Gur 46, project 'Microbial fuel cells'; Myra Kumar (XII) and Ishan Saxena (X), AIS Mayur Vihar, project 'Flowerence - incense to essence' and Ali Abbass Rizvi (XII), AIS Noida, project 'Eco toys - transforming household items to eco toys'. They stayed with the host families and learnt about French culture. The conference based on the theme 'Transformation, nothing is created nothing is lost' witnessed participation from different countries like Germany, Norway, Belgium, Hungary, Croatia, Slovenia, Russia, France, etc. Participation in the conference was facilitated

by Amity Educational Resource Centre (AERC). Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF graced the opening ceremony of the event as the keynote speaker. In her address, she appreciated the innovative spirit and scientific temperament of young delegates. Her words of wisdom inspired the participants to strive to transform the world into a healthier and happier place. During the programme, students from different countries presented their research projects based on the theme of the conference, wherein Amitians were applauded by everyone, for their ideas and communication skills. They also recited shloka and presented



Amitians at YRoNS

glimpses of Amity Universe along with a cultural dance. The workshops on Mandala art by Aryavardhan Kumar Chauhan and on Kathak dance by Myra Kumar received overwhelming response. Certificates and trophies were awarded during the closing ceremony wherein medals of appreciation on behalf of the Chairperson, were also given to all the student delegates and faculties from other countries. The host school was also felicitated with stoles and Mandala paintings.



Amitians present their project



Students put their math skills to test at Inter Amity Mental Math quiz

### R&D Department

The grand finale of the 15th Inter Amity Mental Math Quiz was organised from

January 14 - 16, 2025 online. The quiz organised by R&D Department under the visionary leadership of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of

# Mental math

## Amitians Prove Their Prowess With Numbers Again

Schools and RBEF, plays a crucial role in boosting students' mathematical skills, improving numerical proficiency, dispelling their fear of mathematics, and sparking excitement for the subject. The quiz was structured into two challenging levels - intra school level and inter Amity level with participation of 17 branches of Amity Group of Schools pan India. The school level competition was held in every branch of Amity and

one exceptional student from each Class (I - X) across all Amity schools was selected to compete in the grand inter Amity quiz, which was held online. At inter Amity level, the competition unfolded in two exciting rounds. First round was elimination round conducted through MS Forms and top five students of each class from this round, advanced to the final round. The final quiz round covered a diverse range of topics, such as com-

putation (visual), patterns (visual), shape-based questions, practical applications, tables (quick calculations), brain teasers, audio stories, and a fast-paced rapid-fire round. The keenly competed event concluded with the valedictory ceremony hosted online by AIS Mayur Vihar wherein all the winners were felicitated for exceptional mathematical abilities. The event was a true amalgamation of fun and learning in math for students. 🇮🇳

### Winners Tally - 15th Inter Amity Mental Math Quiz

	Class I	Class II	Class III	Class IV	Class V
First	Prashi Aggarwal (AIS PV) Priyansh Karwani (AIS Gur 43)	Akas Vir Singh (AIS Saket)	Aroohi Mittal (AIS Noida) Unnat Vohra (AIS Saket)	Tanvay Chauhan (AIS Vas I)	Sarthak Biswas (AIS Saket)
Second	Ayansh Garg (AIS Noida)	Tanmay Garg (AIS Gur 46) Vaishnavi Agarwal (AIS MV )	Vibhav Goyal (AIS Gur 46)	Divyanshi Singh (AIS Saket) Ekansh Bhatia (AIS Vas 6)	Vasavi Mohpatra (AIS Gur 43) Arjunveer Chauhan (AIS PV )
Third	Avyan Pandey (AIS Vas 6)	Abha Trivedi (AIS Noida)	Divyam Dalal (AIS Vas 6)	Sriya Nagpal (AGS Gur)	Taksha Bansal (AIS Noida)
	Class VI	Class VII	Class VIII	Class IX	Class X
First	Adhiraj Sethi (AIS Saket) Aditya Tiwari (AIS Gur 43)	Avika Srivastava (AIS VasI) Utkarsh Choudhary (AIS Gur 46)	Yug Bansal (AIS Gur 43) Agrim Bansal (AIS Saket )	Arjun Tikku (AIS PV) Shivansh Gupta (AIS Gur 43 )	Tejas Garg (AIS Saket) Shraddha Dharmarajan (AIS Noida )
Second	Ameya Amruthraj (AIS Belapur)	Yashav Malik (AIS PV)	Hemaang Razdan (AIS Gur 46)	Utkarsh Bora (AIS MV)	Moksh Agarwal (AIS Gur 46)
Third	Shanaya Sharma (AGS Gur)	Harshull Grover (AIS Gur 43)	Agrim Malhotra (AIS PV)	Armaan Mittal (AIS Noida)	Kanav Kumar (AIS Vas 6)

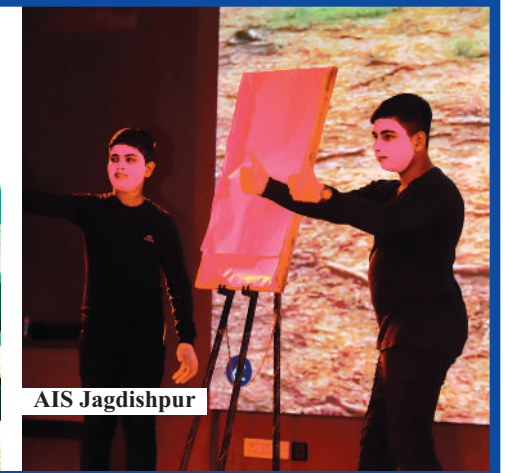




AIS Saket



AIS MV



AIS Jagdishpur

# What an act!



AIS VKC Lko



AIS Vas 1



AIS Gur 43



AIS Gwalior



AIS PV



AIS Vas 6



AIS Gur 46



AIS Noida



AIS Vas 1



AIS VYC Lko