

Arsh Gupta & Koyal Das
AIS Gurugram 43, XII S

Gen Z is perhaps the “most” generation in history: most ethnically diverse, most informed, most digitally savvy, and also most nonconformist. Rejecting labels, traditional financial pursuits, and having given up on the “log kya kahenge?” diktat, they are breaking shackles, and building a new, unconventional world order.

Unconventional travelling

Ushering in winds of change onto the travelling scene, 25% Gen Z like to travel to novel places. Adventure tourism, cross-cultural interactions, and sojourns to off-beat locations have increased, indicating the new experiential journeys that they seek. Undergoing metamorphosis is not just the ‘where’ of travel, but also the ‘how’. Social media has become an integrated part of every vacation. According to a UNiDAYS survey, 22% people post daily on social media during their vacation. It is then barely a surprise that 97% Gen Z use this very social media dosage to draw inspiration for their next travel destination. As a fringe benefit, broadcasting their travels on Instagram also lets them become micro-influencers, helping generate funds to finance travelling, forming a self-sustaining mechanism.

Unconventional fashion

Being one of the most woke generations, Gen Z is driving fashion trends that adhere to their line of view – be it sustainability, gender neutrality, or comfort. With growing concerns about the environmental impact of the fashion industry, Forbes reported that 62% of Gen Z are driving the demand for sustainable fashion, compelling brands to cater to sustainability. And that only makes sense given that Gen Z will be the most extensive customer base, holding \$143 in purchasing power.

Unstick from the status quo

Unconventional Pursuits Ft. Gen Z

Yet another atypical choice made by Gen Z on the fashion front is that of athleisure – a blend of casual and sportswear, a choice driven by comfort. According to Allied Market Research, the growing popularity of this trend will fuel its market to reach 257.1 billion USD by 2026. Gen Z has also been at the forefront of challenging gender stereotypes in fashion. A recent study by the Fashion Retail Academy found that 56% of Gen Z consumers in the UK have purchased clothing marketed as gender-neutral, indicating shift in consumer preferences and choices.

Unconventional careers

With emphasis on job satisfaction, Gen Z is opting for unusual career choices. Their drive for passion and purpose leads them to explore alternative educational paths. According to the British Council, at least 40% of the UK college aspirants want to specialise in new courses, like MBA in pharmacy. Another baffling trend that may knock the daylights out of you is the eccentric courses introduced by several universities. Recently, University of Exeter announced its first postgraduate de-

gree programme in magic and occult. Furthermore, Ghent University, Belgium introduced a course, cleverly titled ‘Literature (Taylor’s Version)’, which takes references from Taylor Swift’s songs to understand great works of literature. In career choices, Gen Z is often interested in pursuing freelance work, entrepreneurship, non-profit and social entrepreneurship, and other non-traditional career options. Creative fields such as photography or social media influencing are appealing them further. Similarly, Gen Z are partaking in esports which offers options such as pro players and content creators.

Gen Z’s unconventional choices mark them as catalysts for change. Though not all decisions may align with conventional wisdom, their distinct open-mindedness serves as a refreshing departure from the status quo.



Illustration: Myiesha Malik, AIS Gurugram 43, XII D

Page editor: Arnav Goel, AIS Gurugram 43, XII B

THE GT POLL

Will Union government’s proposal to regulate every first UPI transaction between two users help curb the rising online payment frauds?

a) Yes b) No c) Can’t say

To vote, check out our Instagram page @the_global_times

Coming next
AGS Gurugram Contest Edition



This special edition has been brought to you by Amity International School, Gurugram 43, as a part of the ‘GT Making A Newspaper Contest’. Each page of this unique edition carries a special story handcrafted by the school’s editorial team as a part of the competition. The inter-Amity newspaper making competition witnesses different branches of Amity schools across India churn out their own ‘Contest Edition’ which are pitted against one another at the end of the year, culminating with GT Awards. So, here’s presenting the **third edition** of ‘GT Making A Newspaper Contest 2023-24’.

What’s inside

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POLL RESULT
for GT Edition November 27, 2023

With recent ICC World Cup mania, people were largely unaware of India’s FIFA World Cup qualifier. Do you think cricket overshadows other sports in India?

Yes	No	Can’t say
95%	3%	2%

Results as on December 2, 2023

Around The WORLD

GT keeps the newswire ticking by bringing you news from around the globe



USA

Henry Kissinger dies at 100

Former secretary of state, Henry Kissinger, died on Nov 29, 2023, at the age of 100. He won the 1973 Nobel Peace Prize for his mediation of the ceasefire during the Vietnam War. However, critics term him as a war criminal due to his contribution in expanding US military involvement in Vietnam and Cambodia as well as his support for ruthless regimes in Chile, Indonesia, Argentina, and Pakistan.



UK

Eco-friendly flight

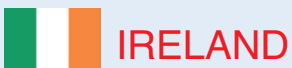
Virgin Atlantic achieved a milestone by powering the first-ever transatlantic flight with 100% sustainable aviation fuel (SAF). Departing from London's Heathrow Airport, the Boeing 787 passenger jet, named Flight 100, commenced its journey to John F. Kennedy International Airport in New York City on Nov 28, 2023. The flight's SAF was derived from waste fats and plant sugars, emitting 70% less carbon as compared to petroleum-based jet fuel. With this move, Virgin Atlantic showcased its commitment towards finding sustainable ways to fly in the aviation industry.



CHINA

Pneumonia outbreak

The nation is overwhelmed due to a surge in respiratory illnesses as well as pneumonia cases in children. As per the reports, the outbreak has spread at the community level, especially across China's north-eastern regions, with Beijing and Liaoning being two major hubs. Furthermore, the reports indicate that in Beijing, on an average, 1200 patients are being admitted to a hospital, with most of them being children. Chinese authorities have advised the citizens to take preventive measures against the disease.



IRELAND

Booker Prize 2023

Prophet Song by Paul Lynch was announced as the Booker Prize 2023 winner, making Lynch the fifth Irish author to bag the prestigious award. The trophy was presented to Lynch by Shehan Karunatilaka, the 2022 winner. The Irish author also received 50000 GBP as prize. Esi Edugyan, chair of judges, called the winning book 'soul-shattering and true'.



FINLAND

Shuts border crossing

On Nov 29, 2023, PM Petteri Orpo declared the closure of all border crossings between Finland and Russia. Prior to this, seven out of eight checkpoints along the 1,340-kilometer border had already been sealed. The decision comes as nearly 1,000 migrants have entered Finland since August, lacking proper documentation. Officials assert this move is crucial to safeguard national security.



KENYA

El Nino floods

In the wake of Kenya's emerging short-rain season, the resurgence of the El Nino phenomenon has resulted in widespread flooding. The death toll has reached 120, while over 90,000 households have faced displacement, seeking shelter in 120 makeshift camps. The aid agencies have further confirmed the destruction of thousands of homes, causing the loss of tens of thousands of livestock.



INDIA

National Rozgar Mela

PM Modi distributed over 51000 appointment letters to new recruits via a video conferencing during the Rozgar Mela, held on Nov 30, 2023, at 37 locations across the country. The new recruits will join various ministries and departments, training themselves through Karmayogi Prarambh, an online module with 800 e-learning courses available in 'anywhere any device' learning format.

News Flash

- ▶ **Japan:** US Air Force Osprey based in Japan crashed into the sea during a training mission
- ▶ **New Zealand:** PM Christopher plans to ban cell phone use in schools and repeal tobacco controls

Behind the apron

Chef Kunal Kapur Shares His Signature Recipe For Culinary Success

Koyal Das, AIS Gurugram 43, XII S

Kunal Kapur, a seasoned chef with decades worth of gastronomic expertise under his belt, is a name that needs no introduction in the culinary world. Known for his appearance as a judge on MasterChef India, he has been honoured with sundry accolades for his culinary adventures. His deep-rooted love for food also gets manifested in his restaurant chain, Pincode by Kunal Kapur, that has been serving exquisite dining experiences to food connoisseurs for quite some time now, and his self-authored cookbooks, Kunal Kapur In the Kitchen, and A Chef In Every Home. Read on as he divulges for us his signature recipe to becoming a perfect beloved chef.

The beginnings

I took a liking to cooking and decided to do something in the field when it wasn't even considered a profession. It was more like a hobby then. Besides, being a commerce student, my parents wanted me to become a banker instead, but the culinary artist in me didn't shy away from taking up a profession that wasn't understood by many. It wasn't the best of decisions at that point in time, but if you look at it in hindsight now, I think it was the best decision. Let's give it up for the 19-year-old me for that!

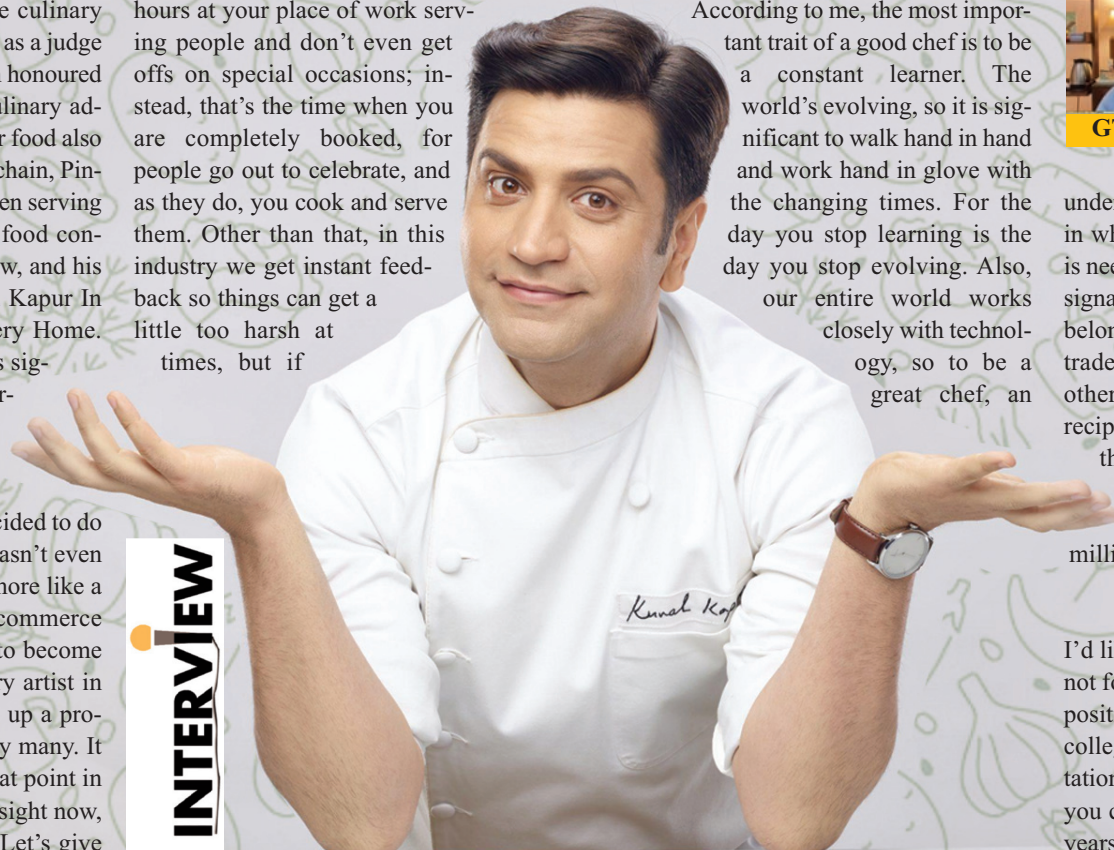
The challenges

The biggest challenge being in a service-oriented industry like cooking is time management. For when you are a chef or a restaurateur, you are bound to spend long hours at your place of work serving people and don't even get offs on special occasions; instead, that's the time when you are completely booked, for people go out to celebrate, and as they do, you cook and serve them. Other than that, in this industry we get instant feedback so things can get a little too harsh at times, but if

you put yourself in the shoes of the one giving the feedback, you will be better equipped to understand their issues.

The chef-ings

According to me, the most important trait of a good chef is to be a constant learner. The world's evolving, so it is significant to walk hand in hand and work hand in glove with the changing times. For the day you stop learning is the day you stop evolving. Also, our entire world works closely with technology, so to be a great chef, an



Celebrity chef Kunal Kapur

INTERVIEW



GT reporters interact with the chef

understanding of technology and the ways in which you can use it to your advantage is needed. Other than that, never share your signature recipe. This is not to say that food belongs to any one person, community, or trade. Everybody has something or the other to contribute, but your signature recipe is yours. Let it remain special. Just think about all the good food you will be surrounded with for the entirety of your life, this in a world where millions suffer even to get one meal a day.

The message

I'd like to advise all the young Amitians to not focus their attention on money, fame or position as you step out of your school or college and take up a job. The only expectation you should have then is to join where you can learn. Dedicate at least four to six years of your initial career to learning. Everything else will follow your path soon.

AMITY INDIAN
MILITARY COLLEGE
(AFFILIATED TO C.B.S.E.)



Aarav Deshwal, cadet at AIMC

Pride in every stride

A Cadet's Brave Tale Of Forging A Path To National Service

Aarav Deshwal, AIMC, XI

It's been three years since I joined Amity Indian Military College, and every single day I feel a deep sense of gratitude and pride for being part of this illustrious institution. I came to AIMC in 2020 as a student of Class VIII and was immediately made to feel special. Here, students are called cadets and hence, I was asked to keep my hair short and my clothes in impeccable order. From the very beginning, I experienced the importance of discipline and hard work, as I was trained in drill exercises and march-past. Moreover, it is a fantastic experience to stay in a hostel and engage in group studies. There is no hectic schedule like schools in the city. Self-study and group

discussions are the supportive pillars for holistic growth. What's more the food is great! And, all of this while being surrounded by a peaceful environment as AIMC, part of the Amity Education Valley, is located amidst the lush green surroundings of the Aravalli Hills, far from the pollution and hullabaloo of the city. Learning has become fun here as it is a no mobile zone.

Speaking of growth, I participate in various activities - parasailing, zip-lining, obstacle courses etc. - that will prepare me for entering the coveted National Defence Academy. I am also being trained to build mental and physical strength. Our principal, Col RC Patial, and administrative officer, Col Ravinder, are both retired defense personnel who impart valuable life lessons to us.

There is also a focus on personal grooming and ethics. The teaching and hostel staff endeavour to instill confidence and honour in us. The motto of the school is - "Duty, Honour and Courage." What ties all of this together is sports. All cadets of the school have the opportunity to play a diverse range of games like cricket, basketball, football, tug-of-war, shot-put, long jump etc.

This school has been envisioned by Founder President Sir, whose desire is to nurture AIMC cadets as committed young men passionate about serving in the country's defence forces. AIMC has become my second home now and in my heart reverberates Swami Vivekananda's quote, "The goal may be distant, but awake, arise, and stop not till the goal is reached." 🇮🇳

Illustration: Kinjal Agarwal, AIS Gur 43, X C

Going anti-anxiety

Here's To Living A Good Life

Madhav Ahuja
AIS Noida, XI I

In our fast-paced world where living with anxiety feels like the new normal, finding ways to navigate through it is key to leading a calm and fulfilling existence. For anxiety becomes an issue when it interferes with one's daily life. So, let's dive into some anti-anxiety tips to help you cope with such situations and set the stage for your long-lasting well-being.

Stay physically active: It's not just about burning calories, regular exercise does wonders for stress, too. It pumps up your self-worth and gives your brain a boost. Plus, endorphins and serotonin released during physical activity also enhance one's overall mood.

Breathing techniques: Ever tried the '4-4-5' or '4-7-8' breathing techniques? They are more like a mini vacation for your nerves. Inhale, hold your breath, and exhale in the intervals mentioned. It's a complete game-changer to keep your anxiety under control.

The 333 rule: When

things get overwhelming, try the 333 rule. Look around and name three things you see, hear, and touch. It involves focusing on your surroundings, thus helping you zero in on what's stressing you out exactly.

A good sleep routine: A healthy sleep routine is a cornerstone for better time management, better mental health, and a happier you. Good sleep is your foolproof ticket to a less stressed and more energised life.

Yoga and meditation: Both yoga and meditation soothe our nervous system, mind, and body, allowing us to have substantial control over them and effectively reduce the release of stress hormone cortisol. This empowers us to balance the feelings of anxiety.

Maintaining a healthy diet: Being mindful about what you eat is a must. Consumption of certain foods such as alcohol, caffeine, excessive sugar and oil etc., are known to trigger anxiety. Along with this, poor hydration and low blood sugar can contribute to the trigger.

Journalling and socialising: Don't be shy about sharing what's on your mind. Whether it involves writing it all down or having a heart-to-heart with someone you trust, expressing your emotions is a powerful antidote to anxiety.

Though these techniques can assist you in coping with stress and anxiety in your day-to-day life, there's no shame in reaching out to professionals if needed. Remember, taking care of your mental well-being is the ultimate secret sauce that goes into leading a happy and healthy life.



BONE
MARROW



At your SERVICE

Adventures In Wonderland - The RBC Way!

Jiya Arora
AIS Gurugram 43, X B

Once upon a time in the bustling city of Organville, there lived a little red blood cell named Ruby Woo. Ruby wasn't your average cell - she was full of spunk and had a flair for adventure. So, while her fellow cells sluggishly floated through the bloodstream, Ruby would zip around with the energy of a caffeinated cheetah.

Every morning, she would hop out of bed in the bone marrow, sporting her stylish oxygen molecule backpack and a mischievous grin on her membrane, all set to conquer the day. "Time to deliver some oxygen, baby!" she would exclaim, high fiving her cell buddies before zooming off into the bloodstream.

As Ruby travelled, she would marvel at the magnificent architecture of the blood vessels. It felt like a tour through a bustling metropolis, complete with highways, side streets, and even the occasional 'Do Not Enter' signs. Like a blood carrying Tarzan, she would swing from artery to artery, dodging white blood cell bouncers and platelet traffic cops along the way.

Arriving at the lungs, Ruby would often stop to take a deep breath - her cheeks blushing with

excitement - before diving into the alveoli. It was like landing in a bouncy castle filled with oxygen molecules. Ruby would then stretch out her tiny hands to scoop in some oxygen, just like a kid in a candy store. "Oxygen, come to mama," she would chuckle, strapping her backpack filled to the brim with the bustling molecules.

With her oxygen-packed backpack, Ruby would then race through the bloodstream, giggling as she passed the heart, which pumped her and her red cell buddies like a DJ pumping up the volume. "Yes! Keep the beat, baby!" she would shout, shaking her cell-shaped maracas to the rhythm.

But Ruby's fun didn't



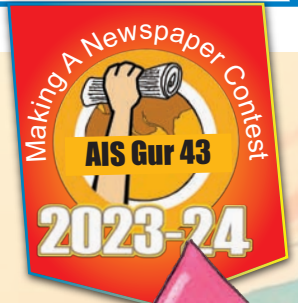
SCIENCE
BEDTIME STORIES

end there. As she arrived at each destination, she played the role of an oxygen superhero, saving the day for the oxygen-deprived cells. She would swoop in, delivering oxygen like a tiny caped crusader, and watch with satisfaction as the grateful cells danced in delight. "You've been saved by the Ruby Woo oxygen express!" She would exclaim, striking a superhero pose before zooming off to her next mission. Of course, being a responsible

The science of it

Red blood cells deliver oxygen to the tissues in our body and carry CO₂ to our lungs for our body to exhale it.

cell, Ruby knew she couldn't just drop and run. She had a return trip to make, after all. So, she would gracefully collect carbon dioxide waste from her neighbouring cells, like a conscientious garbage collector. "Time for a clean sweep, folks! Carbon dioxide, hop on board!" she would announce, twirling her oxygen backpack like a pro. Back in the lungs, Ruby would unload the carbon dioxide waste with a theatrical flourish. "Ta-da! The grand finale! Let's kick that CO₂ to the curb!" she would exclaim, tossing the waste aside like a superstar discus thrower. Ruby's adventures continued day after day, making oxygen deliveries with her signature pizzazz. Her infectious energy spread through the bloodstream, inspiring other cells to join in the fun. Together, they formed a red cell parade, dancing and singing as they circulated through Organville, bringing life and vitality in every nook and cranny.



Bean there, brewed that

A Lot Can Happen Over, To, And With Coffee

Jiya Arora, AIS Gurugram 43, X B

“Life begins after coffee!” “Coffee makes everything better!” “Coffee is the fuel of life!” and so much more. My name, and my taste, has not left people’s mouth since the modern-day version of me appeared in southern Arabia in the 15th century, though legend has it that I was first brought into limelight in the ninth century when goat herders noticed the effect coffee plant had on goats. So, dear coffee lovers and drinkers, let me regale you with the whimsical tale of my existence as shining star(bucks) of this world – Madame Coffee herself! Born in the lush lands of Ethiopia and mainly having two types (arabica and robusta), I embarked on a journey that would tickle the tastebuds of billions around the world, primarily due to my caffeine content. Little did I know that my destiny would lead me to become the lifeline of countless sleep-deprived souls and the arch-nemesis of snooze buttons everywhere. Why else would I have the highest sales in the world market for hot drinks? As I ventured into the bustling world, it wasn’t long before I encountered Starbucks in 1971, a hipster haven where every drink comes with a side of pretentiousness. With their syrupy concoctions and fancy names that sound like

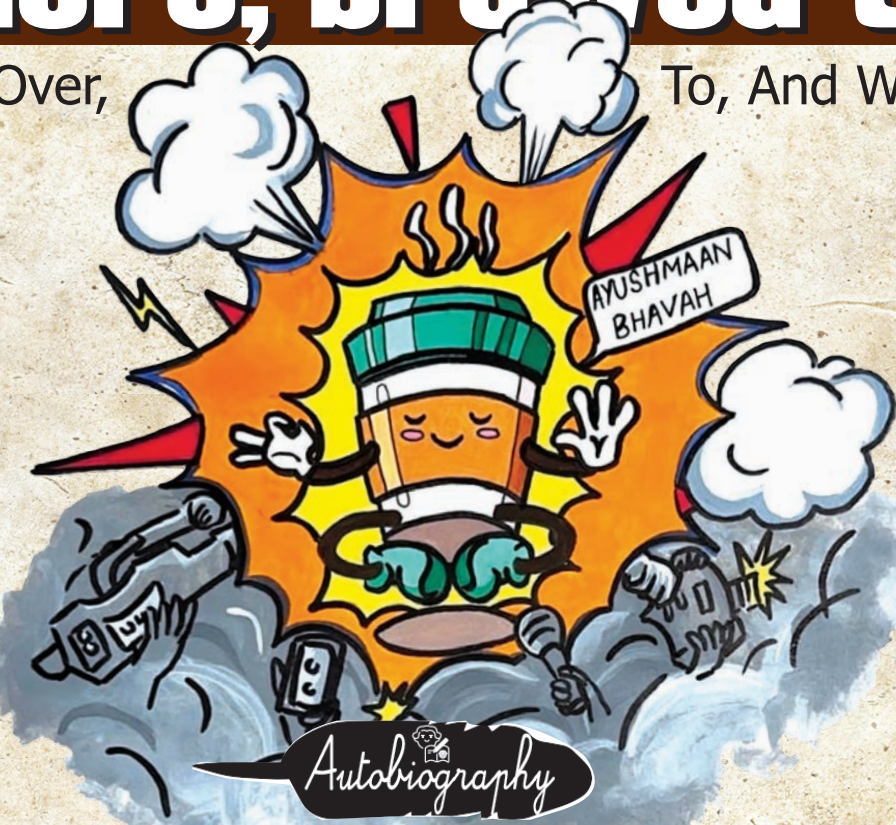


Illustration: Myiesha Malik, AIS Gurugram 43, XII D

a Shakespearean monologue (a quad long shot half calf salted caramel mocha latte with pumps of white chocolate, hazelnut, whole milk, half brew, whipped cream, and caramel salted drizzle, anyone?), they made me the protagonist of every Instagram post, perhaps adding a lot to my worldwide attachment with the posh culture. I mean, my most expensive

version, coming from the feces of an Asian palm civet, can cost more than 600 USD a pound; well, take that with a grain of sugar!

As a popular versatile beverage, I have always embraced my role – Brazil selling me to fund their athletes in 1932’s Olympics, me being the world’s second largest traded commodity, over 2.25 billion cups of me consumed daily and

roughly 10 billion kilos of me consumed yearly, my industry expected to reach revenues of 585 billion USD by 2025 etc. Of course, it does help my popularity when research suggests that consuming me is related to longer life span, lesser consumed calories (a black cup of me has only one calorie!), reduced risk of cardiovascular disease, type 2 diabetes, and Parkinson’s. But my presence in every other hand does not signify a lack of haters. In fact, I have been given the bombastic side-eye multiple times – Mecca leaders in 1511 thought I stimulated radical thinking and hence banned me; 16th century Italian clergymen who believed me to be “satanic”; Swedish government making me and my paraphernalia, including cups and dishes, illegal for its ties to “rebellious sentiment”.

From smooth and velvety lattes to strong espresso, from sweet-tooth frappuccinos to safe-choice cappuccinos, I have willingly undergone countless metamorphosis to suit the diverse tastes of the world. Serving everyone warmth in a cup, I have helped humanity conquer new lands and inspire new creations. No matter what comes, one thing remains certain: I, Coffee, the delicious enigma, will continue to be everyone’s faithful companion in times of joy, fatigue, and hilarious coffee shop mishaps. So, embrace the brew, my friends, and let’s caffeinate the world one cup at a time. Cheers!



Nyla enjoys her vacation in Kerala

At God’s own country

Nyla Kapil, AIS Gwalior, III B

Place: Kerala

Top sights: Sree Padmanabhaswamy Temple, Kovalam Beach, Varkala Beach, Kerala Backwaters, Tea Gardens, and Poovar Island

Best time to visit: June - July and December - January

Delicacies to try: Seafood, sadhya, payasam, banana chips

Things to carry: Umbrella or raincoat, beachwear, sunscreen, summer friendly clothes, beach footwear, camera, cash, first aid box, hat, sunglasses, comfortable shoes, insect repellent

Souvenirs to buy: Kerala handloom clothes, wall hangings, spices, and tea

Languages to know before you visit: English or Malayalam

My experience: Some journeys make you feel homesick, but then there are some that weave a spell, making you forget the comfort of your home. Kerala is one such place. From high-peaked mountains, turquoise blue oceans, pristine backwaters and thrilling adventure parks to wildlife sanctuaries, grand malls, lush green tea, estates and rain-drenched paddy fields, Kerala unfolds it all. No wonder it is known as ‘God’s

own country’. For me, every day was a joy to behold. I captured plenty of photographs to preserve those sweet memories and enjoyed the rich flavours of seafood.

My favourite memory from the trip: Wearing the traditional kasavu pattu pavadai was a truly special experience for me. Exploring the backwaters in Kerala’s traditional attire, along with our amazing beach visits, and beachside yoga sessions with my sister, added a serene touch. I would recommend all my friends to visit Kerala and witness its magic at least once in their lifetime. I would love to revisit this place.

Nurturing global leaders



Dr Amita Chauhan
Chairperson

It is Amity's vision to nurture children who are highly motivated and deeply committed towards bringing about a change in the world. One such platform to achieve this is the Amity Educational Resource Centre (AERC), which marked the beginning of Amity's journey into the world of Model United Nations (MUN). At Amity, we launched our very own Amity International Model United Nations (AIMUN) under the aegis of AERC in 2010. The programme

supported by UNIC and UNESCO has consistently empowered thousands of Amitians and international students with diplomatic skills as they interacted with many parliamentarians, youth leaders, UN officials, diplomats, ambassadors, directors of culture centres etc., across the world. To ensure that every Amitian gets this unique experience, there are MUN clubs, internal MUNs, and MUN training workshops as well. Over the years, Amitians have clinched several top awards at MUNs. In Oxford MUN, Anandi Ganguly (AIS Noida) won Best Delegate Award in 2019, while Samaya Chauhan (AIS PV) as well as Aatrey Garg (AIS Gur 46) and Ishaan Garg (AIS Vas 1) were presented Honourable Mention Award in 2022 and 2023 respectively. Further, in Cambridge High School Model United Nations 2023, Samaya Chauhan won Best Delegate Award and Rahil Kharbanda (AIS Gur 46) won High Commendation Award, while Shivanjali Sapra (AIS Saket) was applauded for her most improved efforts. Till date, 16 editions, including two organised in Amity University campuses of Dubai and Singapore, have nurtured more than 5000 Amitians and 1000 international students to resolve world problems and become global leaders.

It's time to say Hip, Hip, Hurray!

Team Menstrumate, comprising Anupriya Nayak, Vanalika Konwar, and Prisha Dubey of AIS Saket secured all-India first rank in The Champions League 2023. [GT](#)

Power of words



Dr Anshu Arora
Principal, AIS Gur 43

The Global Times, serves as a powerful platform, empowering future generations to voice their opinions fearlessly. It's a cherished blessing for many students, embodying the essence of freedom and courage. As educators, our ultimate mission is to engage students in constructive actions, shaping them into responsible global citizens. Leading the way is our impeccable Chairperson ma'am, whose desire inspires all our students daily to surpass

expectations. The editorial board of AIS Gur 43 consistently strives to meet the expectations of our Chairperson, aiming to bring a delightful smile on her face. Her acknowledgment and appreciation of the children's work serve as a motivation for the students. In this edition, students explore life's core values, deliberate on global developments, and express progressive views with maturity and dedication. It's time we celebrate the unmatched impact of the written word. Let us encourage our children to read, write, and thereby become incredibly powerful. As mentors, let's be bridges, guiding them through the ocean of learning. The Global Times provides us with these opportunities; let's rise and joyously celebrate each edition as a true instrument of change. [GT](#)

Austere ads

The Ongoing Saga Of Not-So-Minimalist Logos

Menaha Bhandari, XII S &
Kamakshi Khandelwal, X B
AIS Gurugram 43

Over the years, brand logos have undergone a transformation— from bold and over imposing to minimalistic ones, all in the name of oversimplification. The question thus arises if this change is the need of the hour or just another trend on the go.

Logo redesigns: ongoing saga

One of the key drivers of this wave of logo redesigns is adaptability. In this age of digital supremacy, logos must seamlessly transcend diverse platforms, from the confines of mobile apps to the grandeur of billboards.

Enter minimalism, a design philosophy simplifying this game changing transition for the brands while weaving digital consistency. A risky strategy, it has proven to offer significant rewards for firms prepared to take the risk. Consider the move by British Petroleum in

2000, investing \$200 mn in rebranding, changing itself to "Beyond Petroleum", in an effort to be tagged eco-friendly. Turns out, the only thing green was their new logo, paying more than \$65 mn in oil-spill-related fines later, yet still ranking above Greenpeace as a sustainable company. The saga of simplifying logos thus unfolds as a perpetual narrative to navigate dynamic currents of consumer perception.

Minimalistic makeover: a win

Several brands have shed their complex logos to minimalist and sleeker ones. With all the tiptoeing one needs to do around changing one's look, is it possible to do it correctly? A look at Burger King's recipe for logo change answers the question in the affirmative. Our favourite coffee brand Starbucks too, cleverly removed the text from their original logo, keeping the iconic mermaid, a move that helped them further their reach internationally.

Minimalism backfires: the flops

In this era of oversimplifying logos, some brands flourished with mini-

malist makeovers, while others stumbled in their pursuit of simplicity and minimalism. Such was the fate of our beloved, crunchy, Mr. Pringles, whose smile, rosy cheeks and brilliant brown, highlighted moustache slowly faded to the mere black eyes and moustache from the late 1960's to the logo of today. Seems, not everybody could win the game. Whether it is ensuring minimalism to the point of indifference, or even stripping away familiar essence of one's products, makeover failures are unpredictable.

So, to answer the long-asked question, to oversimplify the logos or to not? An ideal choice would be to strike a balance between modernity and authenticity while considering the sentiments of loyal customers and the changing design landscape. Design trends will continue to vary, and the debate will go on. So, the answer may ultimately be in the hands of the consumers themselves.



Graphic: Koyal Das, AIS Gurugram 43, XII S

Passion fuels the scribes

To kindle a flame of curiosity, ignite a spark of debate, and illuminate the minds of our cherished readers, the editorial team of AIS Gur 43 returns with yet another captivating edition. The journey of each story, evolving from an abstraction to a viable form has been nothing short of spectral. From the genesis of an idea to its resonance in edit meets, where



Shalini Ramaul
GT Coordinator

we deliberate on newer and fresher perspectives, fired by the passion to find approbation is what I think keeps all of it going.

The limitless possibilities that this wondrous platform offers never cease to leave me in awe of its profound impact. Over the years, I have had

the shy ones reach out to me and produce brilliant work, the naughty ones surprise the rest of the school with their creative minds, the academically gifted reveal their seldom-seen humorous side and the truant ones steal the thunder with their remarkable foray into this world of self-expression. What has always been fulfilling is that gleam of happiness that one sees in the eyes of children when they find recognition. They are enthused beyond imagination, to outdo themselves the next time over. This is the transformative power of GT.



A FLORAL

Making A Newspaper Contest
AIS Gur 43
2023-24

Flowers are a symbol of healing & new beginnings, & when representing a country, they become a symbol of culture, history, & heritage. Hand-picking such national flowers from around the globe, **Rajbir Singh**, XI A & **Yashvi Goyal**, X B, AIS Gurugram 43, bring you a floral treat full of fragrance & delight.

symphony

Pride of Barbados | Barbados

The fragrance: Proclaimed as the national flower in 1980, the vibrant colours (red, yellow, and orange) of this flower represent the spirit of nation and the resilience of Barbadians.

The delight: The infusions curated from this flower and its leaves can be used to treat respiratory issues and digestive disorders.



White Lily | Italy

The fragrance: One of the most exuberant flowers on earth, white lily was chosen as the national flower of Italy not only for its charming beauty but also because the Roman Catholic church adopted it to symbolise Virgin Mary, where both represent purity, innocence, and refined beauty.

The delight: Lilies have a history of being used as a medicine; Romans used it to cure boils and soften skin, and in the Elizabethan period, they were used to treat arthritis, lower fevers, and clean wounds.



Hibiscus | Malaysia

The fragrance: Referred to as Bunga Raya, the flower was declared as national flower on July 28, 1960. The five petals represent the country's national philosophy of Rukun Negara i.e., 'belief in god', 'supremacy of the constitution', 'rules of law', 'loyalty to the king and country', and 'courtesy and morality'.

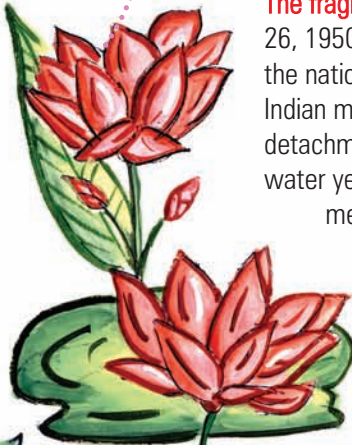
The delight: The flower is known for its medicinal properties and can help in reducing high blood pressure, hair fall etc.



Lotus | India

The fragrance: On January 26, 1950, lotus was announced as the national flower of India. Holding a special place in Indian mythology and culture, the flower is a symbol of detachment in Bhagavad Gita, where it grows in muddy water yet remains untouched by the mud, spreading the message that humans, too, should learn to live above materialistic desires.

The delight: The stem, seed, and the flower itself find extensive usage in Asia. Its tea is rich in antioxidants, while the stem reduces liver diseases, and seeds help regulate heart health.



Golden Wattle | Australia

The fragrance: A native to the southeastern Australia region, the golden wattle was declared as the national flower on August 19, 1988, by governor general Rt Hon Sir Ninian M Stephen. The resilience of the flower strongly represents the spirit of the Australian people and has often been spotted in the design of Australian awards and stamps.

The delight: First September is a national holiday in Australia and is called National Wattle Day as it commemorates the long standing tradition of wearing golden wattle blossom.

Illustration: Yashvi Goyal, AIS Gurugram 43, X B



Starry reunion

Ragini Singhal

AIS Gurugram 43, X B

There was something in the air that night. An eerie gust flew through the open window, enveloping a small girl who sat curled on her bed. Her eyes darted around the room as she tried to recall the contents of the book she had read the day before, looking up at the small stars that glowed on her bedroom ceiling. The stars often reminded her of her mother, whom she missed more than anyone else in the world. And when the longing turned into a soft ache, and her eyes glazed over, the little girl curled her hand around her pillows and tangled her legs in her bedsheets, feeling just as small as she looked. But what



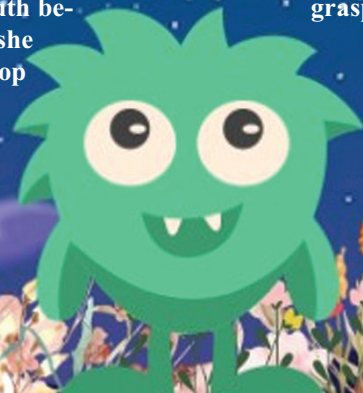
the girl hadn't noticed was the shadow of something blue, pacing behind her bedroom door. And as the pacing turned into a soft click of her doorknob, a shadow cast upon her as she slept. The monster under her bed had watched the girl ache for her mother for days on end, and when that ache consumed even him, he decided to take matters into his own hands. So that is why he now stood over the girl's head and tapped on her shoulder softly with a big furry paw, until the girl woke up, all startled. "Hello," the words flew out of her mouth before she could stop

herself. The monster looked at her with questioning eyes. When he realised that the girl, unlike the other children he had been assigned to before, wasn't afraid of him, he said hello back. "Are you a bunny? I've never seen a blue bunny before." Her curiosity was innocent enough to melt his heart. The girl smiled at him and asked him to stay. He peered down at her and shook his head once, pointing towards the door outside her room. She looked at him for a moment, before, she followed the monster to wherever he wanted to take her. She grasped his hand and to-

gether they jumped across her door and into the light. The girl stumbled around, trying to find her footing and suddenly, the monster pointed towards a meadow. More specifically, towards where a woman sat, hand flushed with soil as she planted a tree. The girl turned to where the monster was, only to see he wasn't there anymore, and so she found herself walking towards the woman. "Mama?" The woman turned around and gasped, her hand trembling as the

girl ran into her arms and they stayed like that for what seemed like forever, until the woman peeled away from her, smiled kindly and said, "Let's take you to bed, hmm?" And so, the little girl was dragged to bed and put down to sleep, her mother's face hovering over her as her eyes fluttered shut, the woman sitting on the bed, turned back once more into his true form, looking at the picture of the girl's mother on the table, realising he had gotten the colour of her mother's hair wrong. He thanked his lucky stars, for the darkness had kept the girl's hope alive and allowed her to think that her mother was there, holding her hand.

The girl turned to where the monster was, only to see he wasn't there anymore, and so she found herself walking towards the woman.



Graphic: Mokshita Grover, AIS Gurugram 43, XI B

Pic: Sanvi Mohapatra, AIS Gurugram 43, X B

Jiya Arora, AIS Gurugram 43, X B

In a world of pyjamas, I've come to decree
A tale of utmost comfort, so come with me
No fancy suits or rigid ties you must wear
Just your cosy jammies, I proudly declare

From morning's yawn to evening's snore
In pyjamas I venture, from door to door
No need for trousers or the stylish pants
I'll dance in PJs, without a second glance

Oh, the comfort of the elastic waistbands
Without any zippers, just stretchy strands
No squeezing, it's like a dream come true
PJs make me a hero, through and through

In colourful polka dots or stripes, I'll be
Maybe some with funny monkeys to see
With some fuzzy slippers upon my feet
I'm the comfiest person you'll ever meet

At breakfast, I feast on pancake and eggs
With syrup smudged on my pyjama legs
No need to worry about spills and stains
My PJs are experts at hiding such pains

In meetings and Zoom calls, I appear



Models: Trisha Gulati, Nur C & Nayaab Irfan, KG D, AIS Gur 43

Looking professional from waist up, my dear
But underneath it, all the secrets are revealed
I'm wearing comfy pyjamas, my secret shield

At lunchtime, I'll munch on yummy snacks
In my jammies, there are no faults or lacks
No constricting belts or tight waistbands
Just freedom and comfort, isn't life grand?

From day to night, the pyjama party's grand
With popcorn and movies, we make a stand
No need for all those fancy robes or gowns
Just soft, cosy jammies, our night-time crowns.



Read Play and Win 39

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit your responses by visiting The Global Times website (<http://theglobaltimes.in/readplaywin/>). Three lucky winners will win a prize every week!



Q.1 Chef Kunal Kapoor's interview has been featured on page ____.	Q.2 Name the illustrator for the article 'Bean there, brewed that'.	Q.3 Mention the museum covered in the article 'Riding through the eras'.
Q.4 What is the colour of the monster in the short story 'Starry reunion'?	Q.5 The national flowers of Mexico and Barbados are _____.	Q.6 Who is the author of the cover story 'Unstick from the status quo'?
Q.7 Which three states are the most affected by stubble burning?	Q.8 Which blood cells carry CO ₂ to our lungs as mentioned in the article on page 4?	Q.9 How many schools participated in the interschool fest Esperanza?

Name:.....Class:.....School:.....

Results of Read Play & Win-38: Sabhya Aggarwal, AIS Saket, IV D; Anshika Singh, AIS Vas 6, VI A; Myra Navdeesh, AIS Gur 46, III E

Illustration: Ragini Singhal, AIS Gurugram 43, X B



SMOG STORY

Obscuring our vision, causing numerous respiratory problems, while also contributing to soil and water pollution, the devil named 'smog' has been a looming threat to both human health and our natural environment, enveloping our city and casting its darkest-ever shadow over us. **Yashvi Goyal, X B & Rajbir Singh, XI A, AIS Gur 43, bring you the once-upon-a-time of this not-so-happily-after.**

THE CHOKING REALITY

- Delhi's AQI has persisted in the 'severe' category, occasionally steering to 'very poor'. Recent readings went as high as 400.
- NASA's alarming images of toxic smog blanketing New Delhi and adjoining areas have been doing rounds on the internet, showing a thick, gray layer of smog that is visible from outer space.
- Schools in New Delhi had to be closed down for nearly two weeks owing to the increase in pollution levels.
- A recent study suggests that residents of Delhi may lose up to eight years of their lives as a result of inhaling toxic smog.
- Paediatric departments in the city have witnessed a 30-40% spike owing to respiratory illnesses alone.

THE HAZY CAUSES

- Stubble burning has been attributed as one of the most significant causes of the smog. The Indo Gangetic Plane witnesses burning of paddy stubble to make way for sowing of wheat, a major Rabi crop. Given the tight window between the two crops, farmers often resort to this harmful yet expeditious method of stubble removal. SAFAR's estimates reveal that stubble burning contributed as high as 25% to the

pollution levels in the week following November 2, 2023. In previous years, this number has skyrocketed, going as high as 40%.

The transport sector is yet another significant contributor to Delhi smog. Nitrogen dioxide – a key component of smog is mostly released by vehicular emission. The average nitrogen dioxide levels are up by 60% when compared to the same period last year. In fact, certain high traffic locations have witnessed a four time jump.

THE GOVT STEPS IN

Latest in Delhi government's arsenal to fight smog is anti-smog guns. Featuring the largest water tank capacity yet, with 17,000 litres, it can operate seamlessly for 3-4 hours, minimising downtime. Further, it comes backed with accelerated movements that allow the cannon to ensure maximum coverage. And that's not all, these anti smog guns are equipped with 30 nozzles, each discharging 1.5 litres of water per minute, resulting in coverage of

70 km in two shifts.

A smog tower to the tune of 25 crore INR was installed in Connaught Place last year. Howbeit, most studies have found them to be ineffective. A recent report by IIT Kanpur suggests that in the best case scenario, the smog tower can bring down the pollutants by 18%, and this impact too is limited to the adjoining areas. The farther away one is from the tower, the lesser the impact. Besides, high maintenance costs of these towers make them a less viable solution.

Cloud seeding or the phenomenon of inducing artificial rain has been deployed by the authorities to provide relief from the hazy situation. The technology involves use of substances like silver iodine to induce precipitation. However, this move too has limited impact given the fleeting relief it offers and high costs involved. Several reports suggest that the cost of seeding 100 square kilometres could be as high as 10 million INR.

The city has been witnessing extensive water sprinkling, whereby, 18 water tankers/trolleys with capacities ranging from 5,000 to 10,000 liters of

WHAT: Smog is when descending heated air traps the cooler air below, in the process creating a stagnant layer, where all the pollutants accumulate.

WHEN: Witnessed every year at the onset of winter months. It extends usually between the months of October to mid February.

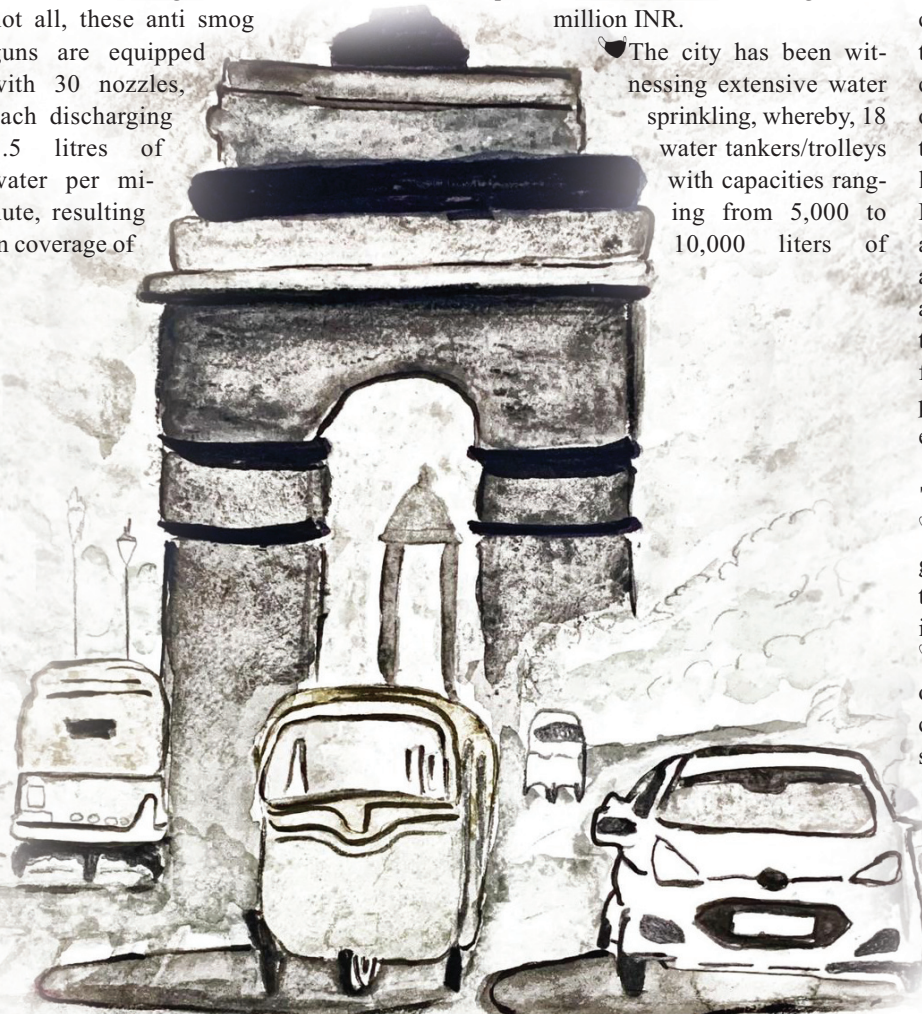
WHERE: Northern India, mostly the Indo Gangetic plain. Worst affected states include Delhi, Uttar Pradesh and Haryana.

water have been deployed. As they sprinkle water along the roads, they tend to bring down heavy particulate matter floating in the air. These tankers make use of STP (sewage treatment plant) water.

Comprehensive awareness campaigns have been educating the common people about the health risks caused by air pollution and the precautionary measures they could follow to stay safe. It also includes the promotion of green transport systems, conservation of energy, and endorsement of appropriate waste management practices. Several programs have been launched to sensitise the masses. The SA-MEER app provides live air quality data and allows the public to submit complaints against air pollution incidents. Centralised air quality data collection provides real-time status updates, and the CPCB website facilitates the crowd-sourcing of ideas and proposals, fostering a collective effort to enhance air quality in Delhi-NCR.

THE ME FIRST SOLUTIONS

- Wear masks at all times. Experts suggest wearing a three layered mask, with two layers of cotton mask and a silk layer in the middle for additional protection.
- Health professional recommend sipping on tea, in particularly green tea as it comes packed with antioxidants that can strengthen the lining of the lungs. Ginger tea, kahwa and chamomile tea are some suggestions to boost immunity.
- Getting adequate amount of sleep further strengthens the immune system, enabling it to fight various chronic respiratory issues caused by the toxins present in smog.



Riding through the eras

Chasing The Wheels Of Innovation - From Horses To Horsepower



Arnav Goel, XII B &
Chhavi Gupta, X C, AIS Gurugram 43

Away from the hubbub of Delhi/NCR, in a modest yet picturesque borough surrounded by the Aravallis, Tauru as they call it, lies a treasure trove of history and nostalgia - the Heritage Transport Museum. As you enter the complex, an authentic Kolkata tram and a Christmas tree-shaped traffic light greet you to take you on a captivating journey through the history of human transportation as it evolved and continues to evolve still. Hop on as we drive you through the same...

Unveiling the wheels

A brainchild of Tarun Thakral, the founder and managing trustee, the Heritage Transport Museum officially opened its doors to the public on December 7, 2013. "The idea to create a museum that showcased our transport heritage came to him when he saw his friends in France passionately collect objects that interested them," surmised Ragini Bhat, the museum curator. Howbeit, what sets this museum apart is its layout, centered



GT reporters with Ragini Bhat

on the theme of industrial heritage. From an exhibit on the evolution of wheels to diverse forms of pre-mechanised transport; from tribal art to F1 cars, the museum offers it all.

Balancing wheels and wisdom

The museum also serves as a valuable resource centre for those studying the history of transport. With educational programmes, immersive exhibits, audio tours, and activities tailored for different age groups, it strives to strike a delicate balance between education and entertainment. "Kids can experience a rickshaw ride on The Great Wall of China through the simulator, corporates can drive the unique octopus cycle seating seven people, or one can simply paint cars like the Mercedes Ponton - with us, the pos-

Pics: Tashi Shrivastava, AIS Gur 43, XII B



A glimpse of the museum

sibilities are endless." Ragini stated.

Navigating accessibility

Despite the engaging displays and noble visions, challenges, however, arise in terms of accessibility, as the museum is located outside the main city. Operational costs also present a hurdle. A key aspect of keeping the museum's exhibits in pristine condition is maintenance; though a dedicated team ensures the same with regular cleaning, dusting, and lubrication of vehicles, funds become an absolute necessity. "Even more so when the museum is a self-sustaining body, and is run by a trust, the Heritage Transportation Trust as we call it. All the revenue that we generate, thus, comes from the ticket sales, souvenir sales, activities et al only," Ragini elaborated.

Forging bonds through cars

As we then dwelt on its reception so far, Ragini added, "The excitement that Shah Rukh Khan's car from the movie 'Dil Toh Pagal Hai' generates or the sentiments that the presence of vehicles like Ambassador or scooters such as Vespas and Lambrettas from the 1960s and 70s evoke, all point towards the museum's ability to resonate with people from diverse age groups; exactly what we wanted it to do in the first place." A pop-up suggestion - As you stare in awe at the various exhibits of vintage cars, maritime transport, or postage stamps from different countries, be sure to look up and see a restored 1940s Piper J3C Cub aircraft in its signature chrome yellow. They also have a Contessa Classic covered with coins at the premises - all of this and more in just 400 INR per adult and 200 INR for children.

Beyond its collection of vehicles, the Heritage Transport Museum weaves a narrative that connects generations and fosters a newfound appreciation for the wheels that have driven humanity forward. So, the next time you find yourself anywhere near Tauru, Haryana, make sure you visit the place and spare yourself the regret. [GT](#)



Iconic moments, photographers' photograph



AIS Gurugram 43 Editorial Board but it's just the team being iconic!



Iconic craft, illustrators' interpretation



Iconic selection, editors' expertise



Iconic discourses, writers' wonders

For more pictures, log on to www.facebook.com/theglobaltimesnewspaper or www.instagram.com/the_global_times

Cambridge MUN

Young Diplomats From Amity At CUIMUN HS



Student delegates with director, AERC, and their mentor



Winner Samaya Chauhan with other delegates

AERC

Nine students from five branches of Amity Group of Schools participated at Cambridge University International Model United Nations High School (CUIMUN HS) organised by The Cambridge University United Nations Association from September 21-26, 2023. The programme, designed to hone the students as future global leaders, was extended by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, and facilitated by Amity Educational Resource Centre (AERC).

At the conference, Amitians represented different committees such as General Assembly, Food and Agriculture Organisation, United Nations Security Council and UN Women, and deliberated on agen-

das namely potential security risks of a bio-tech revolution in military affairs, agrifood systems of the future and their implications on food security, conflicts between the Turkish government and Kurdish minority groups and women in bottom-up peace keeping track-II.

Samaya Chauhan (X) AIS Pushp Vihar won Best Delegate award in UN Women. Rahil Kharbanda (XI) AIS Gurugram 46 was awarded High Commendation in United Nations Disarmament and International Security and Shivanjali Sapra (X) AIS Saket was applauded for her efforts in United Nations Security Council. Other delegates who attended the conference were Yash Rao (XI) AIS Gurugram 43, Sanjana Chauhan (X), Madhav Gupta (X) and Bisman Kaur AIS Noida; Nitiya Chaudhary (XI) AIS Gurugram 46; Yash Rao (XI) and Samridhi Rathore (IX) AIS Gurugram 43.

The students also got an opportunity to interact with Simon Gerard McDonald, Baron McDonald of Salford, GCMG, KCVO, a former British diplomat. During their visit, they went on an educational trip around Cambridge and a tour of London, visiting places like Westminster Abbey, Buckingham Palace, 10 Downing Street, Oxford Circus, London Eye, Trafalgar Square, the Museum of Natural History, Royal Observatory etc. [G I](#)



Young readers of Readersville

activities such as 'Immortal verse calligraphy' where they explored the beauty of William Shakespeare's sonnets through calligraphic expressions, 'Twist in the tale' propelled them to rewrite endings of famous plays and poems of Shakespeare, 'Dictionary lookup' provided them an insight into the meanings of unfamiliar and unique words, while the 'Classic creation of WordArt' saw students pick excerpts from literary works and design visually appealing word art. [G I](#)

Readersville

AIS Vasundhara 6

The school organised its 12th edition of 'Readersville' for the students of Class Nursery-XII from November 16-17, 2023. The annual event involves a multitude of literary activities along with gifting a book session. The students of primary class engaged themselves in storytelling and story listening sessions as well as in the making of bookmarks. They also got an opportunity to choose a book from a plethora of literary marvels namely India at Olympics, Psychology of Money, Novels by Sudha Murthy, My Life - an autobiography by Late. Dr APJ Abdul Kalam etc.

Further, the students of senior classes participated in



Team Menstrumate with school principal Divya Bhatia

Winning laurels

AIS Saket

Team Menstrumate comprising Anupriya Nayak, Vanalika Konwar and Prisha Dubey of Class XII secured first rank all over India in the business plan category of The Champions League 2023, hosted by an edtech platform The Big League and Admit Kard from October 14-15, 2023. The winners were felicitated with a certificate, a gold medal and a cash prize of 3,00,000 INR for their business presentation on sustainable, eco-friendly, and hygienic menstrual solutions. The two-day event saw over 3,500 participants hailing from top 700 schools across the nation, compete in a multitude of preliminary rounds conducted for various competitions such as business plan, debate, chess, scrabble, MUN, dance, book writing, research paper and quiz.

It is notable that the team in past

has also won several accolades in many prestigious competitions at both national and international levels.

Here is the trailblazer of Team Menstrumate's victory saga:

- Selected amongst top 3 in Samsung Solve for Tomorrow 2022 competition. Awarded money amounting to INR 38 lakh
- Awarded Best All Girls Team and second runner up at Young Tycoons Business Challenge 2022
- Second position at global level in the Together 2023 entrepreneurship online bootcamp and venture competition.
- Selected amongst top 25 in Youth Ideathon 2023. Awarded silver in seniors
- Global Finalist in The Paradigm Challenge 2023
- Selected out of 15000 in ATL Marathon 2023 and selective internship programme to work under Adobe, Dell, IBM. [G I](#)

A spectacular gala



School principal Rachna Mishra with students at the event

AIS VKC Lucknow

Esperanza, a two day inter-school extracurricular and sports fest was organised by the school from November 3-4, 2023. The event saw participants from 20 schools across Lucknow, engage in distinct competitions namely Symposium, Sanskriti, Bizz quiz, War of ideologies, Digital palette, Basketball and Nritya natika. Lalita Pradeep, former director,

Literacy and Alternative Education; Dr Shweta Singh, former member, State Women Commission; Anju Bhatt, chairperson, City Noble Academy School; Aditi Thapliyal, Kathak artist and Vidhi Tekvani, special educator, judged the competitions held during the event. The rolling trophy was lifted by AIS Vrindavan Yojana Campus, Lucknow followed by school principal Rachna Mishra's words of appreciations for all the participants.

CHHOLEY WITHOUT SHOLAY ?



Food? Ready. Mood? Set. Show? None! To Eat, Or Not To Eat?

Ayushi Jain, AIS Gur 43, XII S

After spending many a sweaty hours working on a scrumptious meal of juicy *chhole bhature* – sauteing the veggies, spicing the broth, and doing whatever it took to ensure that it was just out of Sanjeev Kapoor finishing school, I finally sat down to devour the culinary spectacle. My phone precariously hanging onto dear life between just two of my left-hand fingers, miraculously didn't faceplant onto my dinner table. And there it was, the grand stage of my gastronomic journey – the phone screen ready to serve me as intended.

Having exhausted my Selena Gomez murder mystery binge, I was left with a void that could rival the Bermuda Triangle. To fill it, I switched over to BotStar, only to find nothing. My *dumdaar, masaledaar chhole bhature* seemed as exciting as plain white rice when coupled with my contentless 'continue watching'.

"Do not panic!", the voice of the OTT monster thundered inside me as its octopus tentacles beckoned me closer to choose from Prime-Time, Setflix, Noot, and so many others my tongue found hard to pronounce. I scoured through them all, generously

reading and analysing the plots and characters that matched those of my oddly specific 'Amitabh Bachchan in the 70s aesthetic'. The exasperation mixed with the desperate yet aromatic salvation from my soon-to-be-chilled steaming hot *chhole* was too much to deal with.

I covered my dish with an in-

verted plate to shoo off the lurking mosquitoes and scurried over to see if any other genre could be exciting enough to be coupled with my beautiful creation. Reality shows? No, thanks, I have had an abundant dosage of that during school hours. Sitcoms? Can't risk getting addicted during exam season. Game shows? I have enough

trauma from Takeshi's Castle. Argh! Okay, inhale, exhale. I headed over to Instagram to get suggestions from a quick question sticker on my Story. The aroma of the *chhole* seemed to be getting lost in the conditioning...or were they just turning cold? The sight of the *bhaturas* going gummy and brittle pained me further. But my

digital dining companion had different ideas in mind. It recommended The Chronicles Of Ganji Chudail series, but I was too scared to Google what it is.

By this time, my hair was in a frenzy; my curls were untangling, and my lips were all chewed upon due to the sheer anxiety of this life-altering decision. I called it quits. I gave it a try not once but twice, yet there's simply nothing left on this internet for me to devour. This delicious street-style icy cold *chhole bhature* will have to make do with absolutely no drama-serotonin whatsoever!

Oh, the nostalgia for the time I spent meticulously garnishing the meal, envisioning my perfect midnight feast, only to witness its pitiful state. All that was going on point, gone simply due to the lack of the show that I needed to watch. It's a catastrophe I would wish on none.

I dragged myself to make one last attempt to see what shows Times of Films was advertising, but got distracted by BuzzFeed's 'Which show should you watch based on your Silly Cat Globber personality' quiz. Wow! The results indicated me to watch the Gomez show I just finished! My soggy *chhole bhature* stared at me

in disbelief, and I was too ashamed to make an eye contact.



Pic: Radha Singhal, AIS Gurugram 43, XII B

Pics: Tashi Shrivastava, AIS Gurugram 43, XII B

In spotlight



Hard work, passion, and full of glee — that's what makes the team of AIS Gurugram 43



Editor-in-chief: Koyal Das