



Pic: Gautam K, AIS Gur 43, XI C

Status of the week

It's funny how American consumerism has taken over the act of watching good cinema and the process of understanding it.

Stuti Sengupta  
AIS Saket, Alumnus

INSIDE

GT exclusive

4 page

Hindi Pullout

AMITEpoll

Does the comment 'overweight personnel- a public embarrassment' stated by an army official shows the callousness in army?

a) Yes   b) No   c) Can't say

To vote, log on to  
www.theglobaltimes.in

POLL RESULT

for GT edition August 26, 2016

Is Kerala government's decision to kill 'dangerous' stray dogs justified?

Yes	No	Can't say
69%	11%	20%

Results as on September 3, 2016

Coming Next

Yet another Hindi pullout

# 'Raising' the bar

Strict rules or free-for-all, self-exploration or handheld guidance, punishment or self-realisation – what is the best way to raise a child? Well maybe, it is the right blend of all

Tulika Banerji, GT Network

If nurturing children had a GPS, for most it would say 'Recalculating'. And just when educators think they have taken the right cut, they hit a dead end which sends them back to 'recalculating' mode again. While educators may be on different planes as to which method works best, they agree on one thing - nurturing happy and confident children is their ultimate objective. This Teacher's Day, we bring to you excerpts from expert experiences everyone could take a lesson or two from...

### Setting ground rules

Olympic shuttler PV Sindhu's coach confiscated her mobile three months prior to the games. The results are out there for everyone to see.

**Study 1:** Rules define ways of thinking about one-self and the world. (Boostrom, 1991)

**Study 2:** Rules are an ongoing moral influence in everyday life. (Jackson, 1993)

Have you seen wild grass running overgrown and wondered how pretty it would look if pruned? Well, that's exactly how rules work in a child's life – making their lives purposeful by providing a structured format of acceptable behaviour. Everyone benefits from this; the educators get a disciplined environment, and children, a comfort zone where they can spread their wings and fly.

*A good teacher ... enforces rules for a successful life.*

### Positive pressure

Kalam designed an aircraft, which his guide found 'dull'. He asked for a month's time to improvise; his guide gave him 3 days. It jolted Kalam, but he worked non stop to complete his project successfully.

**Study 1:** Positive stress promotes resilience. (Elizabeth Kirby, 2013)

**Study 2:** Stress can actually enhance performance. (Edutopia, 2015)

Picture this: A five year old who is overtly protected as 'she's too

young'. What does she grow up as – confident and positive (as she hasn't seen any adversity)? Wrong. In all likelihood, she grows up as an ill-confident soul, as she hasn't learnt how to deal with the real world. Positive stress, is a lesson in self-esteem.

*A good teacher...exerts pressure for your own good.*

### Soft, yet firm

When Gandhiji asked his 13 year old son to walk six miles to fetch a book, the family objected. But Gandhiji was firm and said softly, "You had promised to get the book; so please get it." His son never forgot the lesson.

**Study 1:** Teens subject to kind and firm nurturing display improved academics. (Dornbusch, 1987)

Imaging: Pankaj Malik, GT Network



**Study 2:** Implementation of soft discipline in lower income school reported reduced vandalism. (Platt, 1979)

When children know what is expected of them, they internalise those expectations and learn to forge the right path from the beginning. USA's Jane Nelson's model of 'positive discipline' has the potential to become a thumb rule for educators. Rewarding good behaviour and restraining negative ones, it propagates a soft but firm approach, instilling a sense of responsibility among children.

*A good teacher ... knows when to yield, when to hold.*

### Respect - give some, take some

Flashback Taare Zameen Par. When Aamir Khan names renowned dyslexics in the class and confesses himself to be one, he gains the respect and warmth of 8 year old Darsheel Safary.

**Study 1:** When children are dealt with respect, they become compassionate and forgiving. (Harvard, 2014)

**Study 2:** The best nurturing is fair, flexible and respectful. (Melanie Greenberg, 2012)

Children want to be treated with respect; it gives them confidence to take pride in who they are. The way in which children are treated, is the way they will treat the world. Kids don't need educators to tell them how to behave, they just need to model that behaviour for them.

*A good teacher ...is a role model.*

### Stretching the limit

As a child, when Tendulkar was tired during practice, his coach would put a one-rupee coin on the stumps; the bowler who dismissed him would get the coin. If Tendulkar was not out, he would get the coin. Those 13 coins are his prized possessions.

**Study 1:** Teachers must, inspire and challenge pupils. (CFBT, 2013)

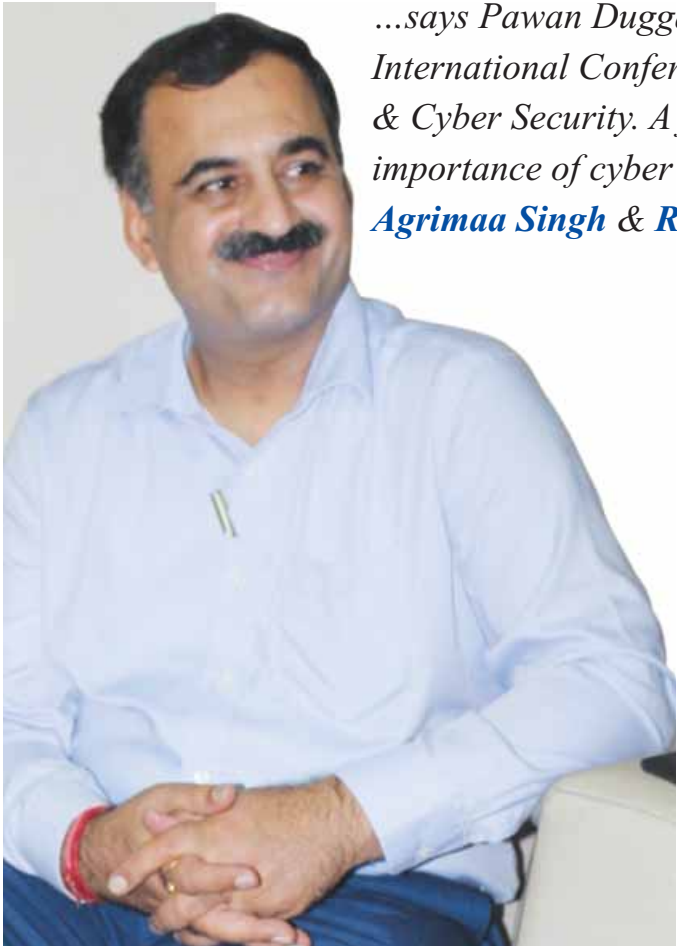
**Study 2:** Teachers are influential in promoting student achievement. (Darling-Hammond & Youngs, 2002)

A good teacher teaches, a great teacher inspires. A teacher inspires the child to achieve beyond the limits she has set for himself; pushing further at each stage, to get the best out of the student. As the master blaster says, "Dream begins with a teacher, who believes in you, who hugs and pushes you and leads you to the next plateau, sometimes poking you with a sharp stick called truth."

*A good teacher...brings out the best in you.*

# Cyber law is the future...

Pic: Ravinder Gusain, GT Network



...says Pawan Duggal, Conference Director, International Conference on Cyber Law, Cybercrime & Cyber Security. A fine lawyer, he reiterates the importance of cyber safety in an interview with Agrimaa Singh & Rahat Marwaha, ALS II, AUUP

*What changes and milestones have you witnessed in the field of cyber security?*

As a director of the International Conference on Cyber Law, I have witnessed many milestones. When we started in 2004, cyber laws and cybercrimes were our focus. Developments have been persistent since then and the credit goes to recommendations at the conference that have become essential documents for reforms worldwide. Such is the vitality of these documents that even universities like Oxford refer to them. These conferences go a long way in developing cyber laws in jurisprudence. Cyber laws will propel India to become a united superpower.

*Better laws or better implementation of existing laws, what is the need of the hour?*

Balance of the two is the need of the hour. We can't keep making new laws while our implementation mechanism is inefficient. The pri-



Pawan Duggal with GT reporters

ority should be to update obsolete laws and strengthen new ones. The ever-changing times certainly require new laws. However, laws remain insignificant without implementation.

*How challenging has been your career?*

There have been challenges at every step. My father didn't want me to be a lawyer; he thought I was wasting time. As I progressed, his opinion changed. Then came the challenges of the profession. As a cyber lawyer, you need to update yourself with whatever has happened in the cyber space in the last 12 hours. You just cannot study cyber law and be done with it. However, challenges can be turned into opportunities.

*How should students ensure cyber safety?*

We need to understand that cyberspace functions as ecosystem; it will remain as safe as we keep it. We cannot hold the government responsible all the time. Often, we contaminate this ecosystem as carriers of the contaminant. Therefore, we need to understand our role and remain as careful as possible.

*What is your message to cyber law aspirants?*

Get educated in cyber hygiene; learn to protect your data. Be on your toes when it comes to new legalities, in the form of terms and conditions, introduced in social media apps. They keep you updated. Know you are heading in the right direction; cyber law is the future.



Almonds are the most widely used product in chocolates.



Chocolicious

The dawn of the internet 25 years ago marked the beginning of a new era of human civilisation, in which the world is a more integrated global village with knowledge as its currency. Ever since, everything right from real-time collaboration to the best works of our scholars, is only a click away! The internet is fast becoming a town square for the global village of tomorrow. The internet extends beyond the websites that you surf on your computer. It is a bedrock for so many startups mushrooming in the world, businesses which work only on the internet. This modern invention internet, more appropriately is referred to as - 'The internet of things', is an interconnected web of all the networked data and all networkable technologies that man has ever created.

#### Militants and Movements

The internet is a boon for those seeking to mobilise the public against social evils. While it helps raise outcries against atrocities like the Delhi gang rape, or Aarushi Talwar murder case, it also proves to be detrimental in situations like the usage of Google Maps by terrorists, or its misuse in the 26/11 Taj attacks, a fact that cannot be ignored.

Meghna Pradeep, AIS Saket, XI E

#### Support and Shamming

From celebrity feuds to social campaigns, twitter has it all. It has become a medium for people to voice their opinion on numerous social issues. Campaigns such as #Girllove and #HeforShe have garnered huge support through twitter. At the same time, the microblogging site has also served as a popular medium for 'Trolling'. Even public figures like Smriti Irani, Rahul Gandhi and Melania Trump were not spared from the wrath of Twitteratis.

Divjot Kaur, AIS Saket, XI E

#### Connectivity and Conversation

All thanks to the internet, the world is actually a much smaller place now. Through its 25 years of existence, internet has brought us closer in ways we couldn't have imagined. Today, a mother can see her son living in a different corner of the world instead of having to wait for him to come down once in a year to meet her.

Ayush Singh, AIS Saket, IX A

# 25 years...



... of coming together and growing apart, of support and shamming, of peace and war. The World Wide Web (WWW) recently completed 25 years of its existence. But does the silver jubilee mark all things jubilant? Or are there party poopers amongst the party poppers?

Aditya K Das, AIS Saket, IX A brings you the dawn to dusk of the phenomenon we call the 'Internet'

Imaging: Deepak Sharma, GT Network



Today, a mother can see her son living in a different corner of the world instead of having to wait for him to come down once in a year to meet her.

#### Entertainment vs Piracy

Internet has not just made our lives simpler but also more fun. What could be better than easily downloading the latest movie a day after its release? But the sad part is the piracy issue plaguing the entertainment industry. Recently, the movie 'Uda Punjab' had to bear the brunt of internet piracy for the movie was released on internet prior to its release, thus resulting in huge financial losses for the makers. Such things definitely need to be addressed.

Ikjot Singh Dua, AIS Saket, IX C

#### Genius and Silly

In a world like ours, 'Googling' has become a verb. Making a project report is now the easiest thing to do, for all you need to do is Google it up. I often feel bad for my parents who had to go through loads of books in the school library to find the information they were looking for. While the internet is the ultimate source of information, it is also the best place to waste time. How many times has it happened that you log on to the internet to look up for some information and then end up whiling away time on countless websites?

Khushi Ko, AIS Saket, XI E

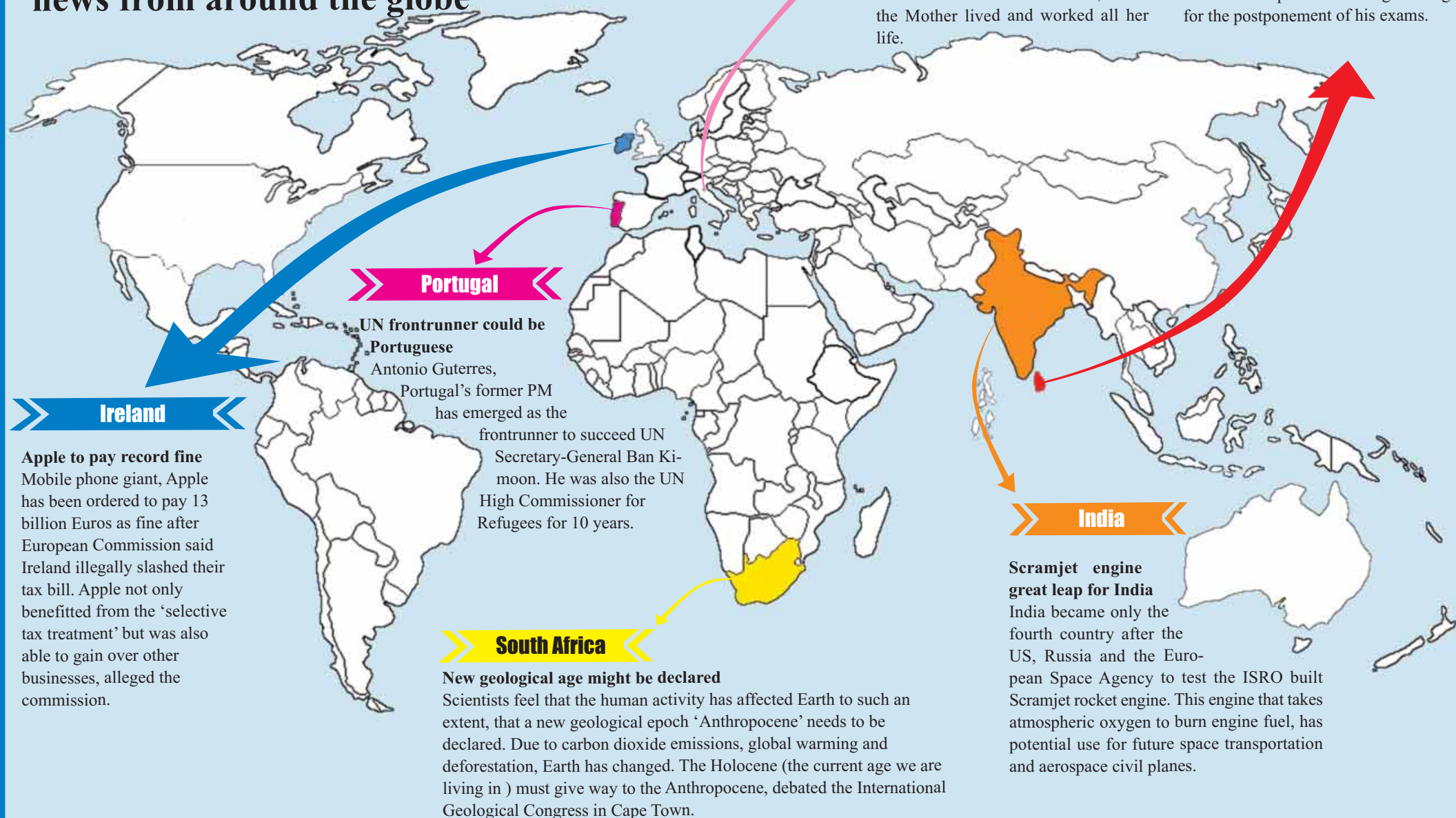
#### Close yet far

There is absolutely no denying the proximity and outreach that internet has brought to our lives. You can talk to anyone at any given time of the day using the internet. Even though internet has made everyone more accessible, it has certainly led to people growing far apart. Virtual relationships have put the real ones at stake. Today, meeting friends in person has taken a backseat, courtesy - chatting with them on social media. So even though there are 1.6 billion FB users, there are 3.57 degrees of separation among them.

Devyani Goel, AIS Saket, XI E

## World at a glance

GT keeps the newswire ticking by bringing you news from around the globe







You can walk almost 150 feet by eating a single chocolate chip.

# Be wise to revise

Watching your favourite movies while sitting and savouring those delicious salted popcorns. You could do that all life long, right? But then you realise that exams are round the corner and there's still plenty to be done. Sigh! Worry not. **Ananya Agarwal, AIS MV, IX** presents some revision tips that'll keep your panic meter down and help you sail smoothly through your exams.

### Make flash cards

Make a pile of cards with everything you wish to learn and leaf through it one at a time. Write a question on one side, for instance what is the derivative of  $\cos(2x)$  and the answer ( $-\sin(2x)$ ) on the other. You can put these at various places, to maximise the effect.

### Go for a wisdom stroll

Don't just confine yourself to the study table. You might not seem to have enough time for physical exercise every day. That's where a wisdom stroll steps in. Go to the park and start jogging with your earplugs on and listen to lectures and educational videos. Just make sure you don't switch over to bands like One Direction or Coldplay!

### Seek help from parents

Need someone to test how much you have learnt? Why not hand over the notes to your parents and ask them to assess you. (Parents make easy victims, provided that you are ready for their scrutinising gaze when you give a half-witted answer). Even googling is very helpful here. You can simply google revision games on your topic and see the magic!



Pic: Aryan Singh, XI; Model: Shaurya Chopra, XII, AIS MV

### Teach as you learn

When you're studying something new, teach it to someone who needs help. As you convey your knowledge to the other person, you yourself understand it thoroughly. (Moreover, if you can't rely on your memory, you can always rely on the *aashirvad* you'll get.)

### Make a timeline

Timelines are helpful for subjects like History and English. They are invaluable for making sense of a series of events in history, or what happens to a character in your English story. Stick them up in your room, on your fridge or even on your bathroom walls! Moreover, you can also try and visualise a chapter and make a story out of it to remember the tedious chronology of events!

### Draw and doodle

Didn't you always think that doodling was something you need to give up? Well, not anymore. A recent research shows that doodling can help people stay focused, grasp new concepts and retain information. So, put your creative skills to use; include lots of doodles and drawings in your notes and associate them to various topics. (You never know, which doodle might help you in the hour of need!)

At the end of the day, it's not all about being an exampro and your life isn't over if you fail to achieve the much coveted top ranks. So, take the load off yourself and believe that you'll do well. Good luck! Now time to get back to those notes. 🇮🇳

## Amity Institute for Competitive Examinations

Presents



### Brainleaks-179

FOR CLASS VI-VIII

How can you throw a ball as hard as you can and have it come back to you even if it doesn't hit anything, there is nothing attached to it and no one else catches or throws it?

- (a) Towards the wall
- (b) Down from building
- (c) Straight up in the air
- (d) Rolling on the ground

Last Date:  
Sep 8, 2016

3 correct entries win attractive prizes

Ans. Brainleaks 178: (C)

Name:.....

Class:.....

School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at [brainleaks@theglobaltimes.in](mailto:brainleaks@theglobaltimes.in)

# Sangathan off to a great start

The inauguration ceremony of the 18th Inter Amity Institutions Sports Meet - 'Sangathan 2016' brought together 5,000 students across India and abroad, and ignited the spirit of sportsmanship

Pics: Arushi Dayal, ASCO, AUUP

Aditya Sundaray, AUUP

### Sangathan Diaries

"Every great story happened when someone decided not to give up."

-Spryte Loriano

August 24, 2016 - a bright and sunny day that served as the perfect backdrop for the opening ceremony of Sangathan 2016. The stage was set. Smart captains. Check. A gleaming guest list. Check. Soaring spirits. Check. And thus began the pompous onset of Inter Amity Institutions Sports Meet that commemorates Founder's Day, a month long celebration of the birthday of Dr Ashok K. Chauhan, Founder President, Amity Universe. Every memorable chapter in history was the end result of a few battles being fought and won. Sangathan 2016, an event that will go down in history was no exception either. And so, the Amity family came together, evincing myriad virtues that Sangathan stands for.

### Flagging off

The stage was studded with dignitaries as Dr Atul Chauhan, Chancellor, AUUP; Dr Ajit Chauhan, Vice Chairman, Amity Distance & Online Education; Ms Pooja Chauhan, Vice Chairperson, Amity Humanity Foundation; Dr (Mrs) Balvinder Kaur Shukla, Vice Chancellor, AUUP and heads of other departments and institutions. The unfurling of the Sangathan flag by the dignitaries marked the opening of the ceremony.

### The flame of unity in diversity

The most awaited ceremony of the day, the torch relay began with utmost fervour. The 'mashaal' which had travelled across all the Amity institutions from Sec 125 to Sec 44 and Greater Noida, paved way for the grand opening ceremony. Dr Atul Chauhan handed over the Sangathan flame to the sports captains of Amity Law School Noida, the winners of last year, who lit the 'Sangathan Khel jyoti'. Simultaneously, the Sangathan flame was also lit up in all campuses of Amity in India and abroad, bringing forth a perfect picture of unity in diversity.

### Glittering sporting gala

Over 5,000 students and staff members from various Amity institutions across India and abroad, will participate in more than 20 sports activities including hockey, cricket, football, tennis, swimming, squash along with vintage games, vying for the coveted Sangathan trophy. On the occasion, Dr Atul Chauhan announced that during the event, Indian Olympians who participated in Rio Olympics 2016, will visit the campus and inspire the students.

### Unbounded sportsmanship

It was a sight to behold, when Dr Atul Chauhan and Dr Ajit Chauhan took sides on a Ping Pong table and played five rounds of table tennis to inaugurate the Inter Amity Institutions Sports Meet, exhibiting sportsmanship at its best. And with that, the bar for this year has been set high in terms of team spirit, courage and the struggle to stay on field till the end. For an event with a beginning so eventful and inspiring, one can only imagine the magnanimity of its proceedings. For more updates on Sangathan, watch this space! 🇮🇳



(L-R) 'Sangathan Khel Jyoti' announces the beginning of the invincible spirit of Sangathan 2016; Football match in action; Flag hoisting by the dignitaries sets the ball rolling







# In this life and the next...

...let me wipe tears off those red cheeks that miss mom's touch. Let me hold the trembling hands, too shaky to hold the mic. Let me pull those mischievous ears. Let me be the 'lucky one' to teach and learn. This Teacher's Day, I share my experiences and tell you how important it is for me to serve this purpose, in this life and the next

## The one *reborn*



I am a happy go lucky person and I always try to make my students laugh out loud in the last two minutes of my class. One such incident is worth sharing. Once when I was teaching Class I students, a child came to me and said, "Washroom jana hai." I corrected him as I wanted him to say it in English. And so I said, "May I go to the washroom?" "Okay, you go first," he replied. Now, that was a learning experience (*Chhota bachha samajh k humko*). Another memorable incident was the one during Mathamity preparations for

the topic 'Mathematics- kal, aaj aur kal'. Children were pasting the pictures of Einstein and Shakuntala Devi as the mathematicians of yesterday and today. When I asked them as to whose picture they would like to paste as future mathematicians? "An Amitian," they replied in unison and with utmost innocence. In this childish gesture, I could see their dreams build. Through their innocent laughter and bright faces, I delve into my childhood, time and again.  

Ritu Srivastava, AIS Pushp Vihar





## The one who *felt special*

Teacher's Day is extra special for me as incidentally my birthday also happens to falls on this day. On one such day, a student of mine couldn't get a fancy pen or card for me and instead he wrote a poem. He thought he would have made me happier by giving a gift but in reality, his poem was the most amazing gift I have received. I was really touched to see such respect and love exhibited by these children whom you meet almost everyday. I would like to tell him that his poem is worth a thousand gifts as I could feel that he meant every word he had penned down. The emotions with which he penned down every word showed that we teachers, share a distinguished bond, that we have grown with our students, a bond that will remain the same even after we meet ten years later.  

Nidhi Barthwal  
AIS VKC Lucknow

## The one who *emerged*

I was supposed to counsel a grade 9 student who was 'dreaded' by many for his uncontrollable behaviour. Dysfunctional family to poor academics, and non-acceptance by classmates; all aspects needed to fall in place. But through the hindered journey I learnt that I was meant for more than classroom teaching. Sure, it wasn't a cake walk. Late night telephonic conversations to one-on-one meetings with parents sometimes and with the principal every day. I

dwindled many a time, cried, spoke with a lump in my throat and stood with shaky limbs whenever I discussed my POA with my principal, even trying to release myself from this responsibility. But today when I look back, I see myself stronger and tougher than the rest. Oh, my student passed with flying colours and was felicitated with the Best Athlete Award. We were both winners.  

Sudhi Bhatia, AIS Vas 6



Respected Chairperson ma'am, your words of wisdom have always inspired the Amity fraternity to strive for the best. On the occasion of Teachers Day, we would like to thank you for being the guiding light, throughout our journey and a source of strength for everyone.





The Aztecs and Mayans used cocoa beans as currency.

# The forever young



Pics: Anoushka Chakrapani, XI & Kunsh Ahuja, XI, AIS Saket



Pics: Aasheesh Randeo, AIS Noida, XI



Memories are difficult to be put in word limits, but maybe I can share a few. There was this note I received from a student in my middle school Science class - "Ma'am I think of you often and admire you for how you make our science classes so much fun. A simple task of pushing a heavy desk turned into a lesson on load and effort, or a squeaky chalk on the board explained friction as we cringed at the sound! And how I waited for a bulb to fuse so that I could proudly proclaim that the filament had melted and even managed to repair a fuse by myself. Understanding mitosis was so simple thanks to the 'White lily' game you downloaded. And of course, our trip to Batra Heart Centre as we learnt the intricacies of the circulatory system." The note is far more important than any reference letter from a school. I owe so much to my dear students. [G.T](#)

Divya Bhatia, AIS Saket

# The one 'touched' affectionately

As teachers we are all aware of the term 'Gurudakshina'. And yet the day I felt and understood it, I had an all new perspective of the term. A student of mine, an avid writer would often have her name as a byline in The Global Times. And her last article in the newspaper was exclusively about me, her first school teacher. Another such event that I recall is when a special child wanted to give me a 'last touch' and take my blessings before leaving school. Today, when I recall these moments, I am filled with pride and joy. But on those days, it were only tears. Tears of being rewarded, being given back albeit without asking for it. Tears on being 'touched'. [G.T](#)

Ratna Mukherjee, AIS Noida



An ode to the perfect teacher, our revered Chairperson Ma'am: 'A perfect lady nobly planned, to warn, to comfort and to command'.



# The one rewarded

Once I had to take a long leave, due to slip disc problem. When I joined school again, my students gave a very warm welcome to me and extended help in every possible way. I can never forget the care and concern with which they made me feel as if I am their own mother. And that day, a mélange of emotions gushed in

me as I earned a special place in their hearts. And for a teacher, it is the biggest reward to be received by students, a reward that I will cherish throughout my life and would continue to extend more love, care and affection to the students as they say, "You get what you give". [G.T](#)

Archana Upadhyay, AIS MV



Being a Nursery teacher since 1991, I have learnt so many things. I remember an incident where the parents of one of my students were unable to pay the fee as the family was going through financial crisis. The girl was a bright student and I offered to help then. It was a small gesture I would say, but the one endowed upon me in return, was nothing short of heartwarming. Every day, till she passed Class XII, this girl would come to my Class to wish me 'Good morning'. She did it without fail and with immense love. The kind of gratitude was a lesson for me, for small gestures go a long way in making life more meaningful. [G.T](#)

Gayatri Verma, AIS Gur 43

Pic: Pratham Maheshwari, AIS Gur 43, IX C



All the experiences shared by teachers in p4-5 are extracts from the essay writing activity conducted under the guidance of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, on the occasion of Teacher's Day. We bring to you some of their priceless, inspirational and motivational stories.

# The one happiest to help

Pic: Priyam Mrig, AIS Gur 43, XII



# The mother of many

As a teacher, you have to often play different roles. Sometimes, you have to listen as a friend while sometimes, you have to tell them things as a mother. I had a student in my class who would often indulge in fights and was known for his anger management issues. His classwork was unsatisfactory and assignments, incomplete. One day I asked him to have lunch with me. He sat there, without uttering a word. I asked him about his family; his parents and siblings. I got to know that he was the only child and both his parents were working. He went home and had lunch served by the domestic helper and then watched television till the time his parents returned. And then after din-

ner, he would go to bed. "But what about your homework?" I asked, to which he had nothing to say. I said to him, "Go back home today, have lunch and rest for a while. Then give me a call to inform me that you have started with your homework. Complete all your assignments, study for a while and then call me again once you are done." He did the same that day, the next day, and in the days that followed.

And the change was remarkable. As teachers would discuss his progress with astonishment, I couldn't help but smile to my heart's content. I was proud as a mother. Many of my students still call me "Mummy". [G.T](#)

Archana Bharadwaj, AIS Vas 1





## Part 9

## Prerna Series

This is part 9 of Prerna Series, a collection of ten stimulating posts about the life and beliefs of Chairperson, inspired from her interactive sessions with Amitians on Prerna Diwas - 2016.

## My teacher, my guru



Dr Amita Chauhan  
Chairperson

*"This is a story I tell everyone. One day I saw an elephant in chains and asked the mahout, 'Why have you put such a mammoth animal in chains? If it wants, it can easily break free and escape'. The mahout laughed and said, 'It won't. Because it is used to being tied like that since it was little.' The way a young one is conditioned from childhood, s/he learns to live like that. That is why, at Amity, we lay special emphasis on imbuing children with the right values from an early age, so that when they grow up and face up the challenges of the world, they do not deter from those values come what may."*

\*\*\*\*\*

A child's mind is like wet mud; you can mould it in any way. However, left unmoulded, as mud either flows out or becomes lumpy, a child's psyche stands a chance to be run over with negative influences. Hence, the importance of the right guidance cannot be undermined. While, too many restrictions can ruin the child's confidence, absence of discipline can have even severe consequences. It is the right balance that works the best to nurture children into poised, young adults.

The earlier we begin to teach our children, the better it is, as when children learn something from a young age, they internalise it with ease. Once upon a time, when aged scholar Vishnu Sharma was invited by King Sudarshan to teach his sons 'leadership' in six months time, he knew conventional means wouldn't work as the princes were quite rowdy. So Sharma decided to teach them through animal fables, which were later compiled as 'Panchatantra'. Children who are taught the right values from childhood through stories, learn faster and develop a heightened sense of right and wrong. A teacher affects eternity; he can never tell where his influence stops. Teachers have a great responsibility on their shoulders – to steer innocent minds into purposeful action, thus helping them lead meaningful lives. In ancient gurukuls, gurus would ensure that all pupils – be it princes or common folk – did everything themselves when it came to cleaning their rooms or making their food. This lesson in self-reliance, was the biggest lesson a teacher could impart. Teachers inspire students to stretch their boundaries to reach the pinnacle of success.

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*A teacher affects eternity; he can never tell where his influence stops.*



Prerna Diwas celebrations at AIS MV

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# Saluting every guru

While we celebrate the win of PV Sindhu in the recently concluded Olympics, here's an ode to the man who created this winner – Pullela Gopichand

Riya Arora, AIS Vasundhara 6, Alumnus

India's dismal performance at international events, have for long, been the subject of idle discussions and heated debates, thereby pulling down our athletes. This year, we sent our largest contingent of 114 players and yet, could bring in only two medals. Why does a billion-strong nation consistently fail to produce medal winners? Lack of money, infrastructure, corruption and an absence of sporting culture are a few possible explanations. And yet, bred in this very country and dealing with the same system, badminton coach Pullela Gopichand has produced winners after winners who left their stamp on international platforms. He started from scratch and transformed every shuttler-enthusiast into a potential medal winner.

In 1994, Gopi suffered from a career threatening injury on court and underwent four surgeries on his left knee. At a time when everybody thought his career had ended, he made a comeback and smashed his critics by winning the prestigious 2001 All England Championship. Gopichand retired from the game



early, and devoted his life to coach young athletes and mould them as international names.

In a country like ours where young aspirants are often slammed with 'Padh lo, kuch ban jaoge... ye khel kud kar kuch nahi hoga' and with next-to-no facilities for athletes and coaches, Gopichand single-handedly reinvented the face of Indian badminton. He devoted his entire life to the game- first, as a player and now, as a coach. He set up an academy on the very land he was awarded by the government after winning the 2001 England Championship and mortgaged his own house to raise funds for setting up international level courts inside his academy. But setting up an academy was just the beginning. The players had to be nurtured daily. He has been both a parent and coach to his players since then. But not always had he dreamt of being a coach. At the 2000

Sydney Olympics, Gopichand lost the 3rd set to his Indonesian counterpart after his coach failed to provide him with the support and answers he had been looking for during the match. When it hit him that his best of chances of winning at the Olympics were botched, he decided he wouldn't allow another Indian to feel rudderless in front of the entire world. Gopi has been feeding his athletes with inputs, strategy, knowledge and an incredible mind off court. He believes that a player's only job is to play, not to strategise. And now you know, his words of wisdom to Sindhu in between the matches 'Jump and Smash' are a result of him trying to give his players every inch of knowledge that can help them bag the medal. One can only wish for more gurus like Gopichand, for it is only the likes of such dedicated teachers, that can save this country from the fate of two medals.

## In Chanakya's words

### Little pearls of wisdom

Kriti Panwar, AIS Gur 46, VIII

*"A man may behave pleasantly in your presence, and yet curse you silently. Such a man does not deserve your friendship. Nurturing a relationship with such a man would be equivalent to chopping your feet off with your own axe. Such a friend is far more dangerous than an obvious enemy!"*

These lines form a part of Chanakya's book 'Arthashastra'. Through these lines, Chanakya expresses the need to be true to one's friends. A lot of times, we end up lying to our friends, sometimes for the fear of hurting them, and on other occasions, to simply avoid unpleasant situations. When asked 'how does my dress

look' or 'what do you think about my latest painting', we often end up lying and once the friend is out of earshot, we criticise them. Imagine if the same happens to you. How would you feel if you found out that your friend had been praising that



painting you made in front of you, and making fun of it behind your back? Wouldn't you rather appreciate your friend telling you honestly that the painting was bad, to your face? The honest but harsh remarks may hurt you initially, but in the long run, they will motivate you to do better. And that is what a true friend is supposed to do.

A true friend is someone who is well aware of your strength and weaknesses and who does not shy away from communicating it to you. Instead of criticising you in your absence, s/he should convey your weakness in your presence. As knowing your weak points will only help you improve. On the other hand, constant and false appreciation will take you nowhere as you will have a wrong image of yourself. That's why friends are different from enemies because they always share their thoughts with honesty and sincerity.



## GT M@il

Dear Editor,

First of all, a huge thanks to The Global Times for publishing 'Green brigade' in the edition dated Aug 29, 2016. The students were very happy to see the article. The entire project was presented in a very interesting manner.

Manju Verma, AIS Saket, Teacher



The article 'Fat tax or fat chance?' in edition dated Aug 15, 2016 presented a very neutral and unbiased approach to the issue. However, I feel that adding a little bit of humour to such articles could make them more engaging for the reader. On the positive side, the article is quite informative and precise.

Navya Abbey, AIS Noida, X K

## One language, one nation



Vira Sharma  
Managing Editor

Every time I interact with students wanting to know what else they would like to have in their newspaper, there has been one common request, "Ma'am, can we have a page in Hindi?" Being a registered English newspaper, this was not easy. But we managed to come up with our first 4-page special Hindi supplement in 2011. In 2015, we came out with eight pages. We chose to come out with it this month as part of the annual Hindi Divas being celebrated on September 14, 2016 in all the Hindi speaking regions of India. Carrying on with the tradition, this special edition has a four-page Hindi pull-out for you to enjoy, followed by another four pages in the upcoming edition.

The Hindi language traces its origin to Sanskrit, the language spoken by scholars during the medieval pe-

riod. There used to be one Sanskrit scholar in the courts of all kingdoms. Sanskrit was the common language which served as an important link for the sharing of knowledge, as it travelled from north to south, and from east to west.

The concept of One Nation, One Language was very important during the freedom of our nation. And some of our pre-independent leaders understood its significance in the formation of a unified nation. Foresighted champions of the Hindi movement like Subhash Chandra Bose, Mahatma Gandhi, Lokmanya Tilak, Vinoba Bhave and others strongly advocated for Hindi to be adopted as 'the' common language of India. On a personal front, none of them hailed from a Hindi-speaking region. But they realised the power of this language, a language spoken by the majority and hence, it formed the basis to

unite people for the freedom of the nation.

The recent report about the first Hindi engineering college, Atal Bihari Vajpayee Hindi Vishwavidyalaya (ABVHV), finding few takers, suggests that today we have accepted English as the only unifying language in a country which has more than 1,600 regional languages; perhaps, because it can connect us globally. This may, however, not be completely true if we look at nations such as China, Japan, Germany and France that continue to teach in their own languages while still having a strong global presence. As for Hindi, though it could not gain the status of 'national language', but it is definitely making an impact in global dialogue... when Prime Minister Modi addresses the United Nations General Assembly in Hindi, or when US President Obama greets us with 'Namaste'.





According to research, people who suffer from depression eat about 55% more chocolate than who are not depressed.

# Humane edge of tech

Technology is the greatest gift of science to humankind. And for the differently abled, it is almost like a miracle giving them many reasons to embrace it with both hands, sometimes, even literally!

Mudit Aggarwal, AIS MV, X

Technology has often been at the receiving end of criticism for every technological advancement comes at a cost. Sometimes the cost is environmental damage, and on other occasions, world peace. But at times, technology does emerge with a humane edge. Case in point – these humanitarian inventions that make living for the specially abled, a tad bit easier.

## The climbing wheelchair

**What it is:** A highly specialised wheelchair that helps the disabled move on a staircase, without any manual support.

**Mechanism:** This wheelchair comes with four rubber tracks on either side with projections which grip onto the staircase. The big wheels further aid movement on the staircase. It is also equipped with a support arm that prevents the wheelchair from falling.

**Availability:** Currently being prototyped, it is expected to be revealed and released to the public sometime in 2016.

## Exosuit

**What it is:** A mobile, wearable machine that resembles an insect's exoskeleton and is powered by motors. It aims at helping people who have lost the use of their legs by providing assistive technology or restoration of motor controls lost due to illness or accidental injury.

**Mechanism:** The exosuit features elec-

trically powered braces that can be strapped to a person's legs. These braces use computer sensors and motors to control a person's movement, enabling him/her to walk. In cases where a person has limited leg movement due to an illness/injury, the exosuit detects motion and helps amplify the same using battery-powered motors. Some exosuits also use electrical simulation to increase the blood circulation and strength in the affected parts. They are easy to wear and remove, and can also be used in conjunction with wheelchairs.

**Availability:** Exosuits are available in the market under various trade names,

each differing in features and the power they offer to the user.

## Kapten PLUS navigation device

**What it is:** A boon for the visually impaired, this device works as a personal navigation device that provides information about the location, gives direction and tells the route to specific locations. Kapten PLUS can be operated both by keys and voice commands.

**Mechanism:** The device includes an earphone, a remote control, a speaker and a microphone. It uses two types of GPS - free navigation as well as voice commands. While the former automati-

cally informs you of the location you pass by, the latter asks you about the desired location and guides gradually. The device also comes equipped with a MP3 player and an in-built FM radio.

**Availability:** The reach of the Kapten PLUS is limited to UK.



## Cochlear implant

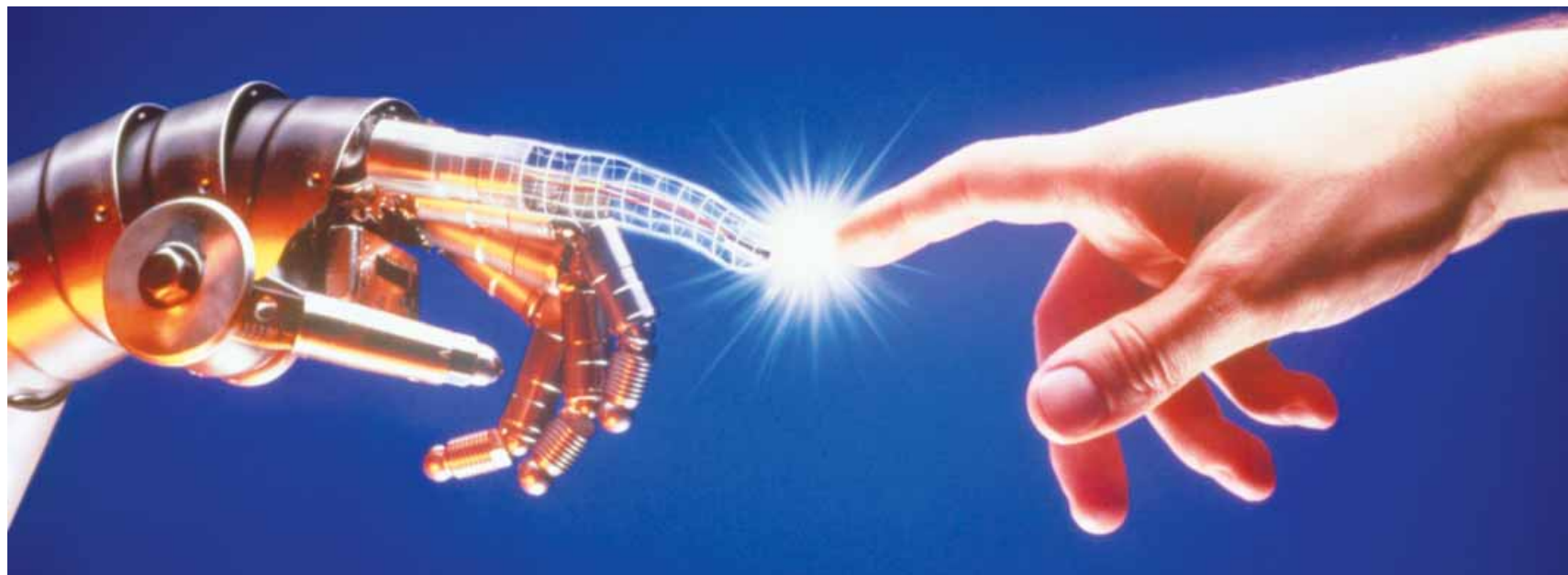
**What it is:** This is an electronic device that is surgically implanted in the ear of a person who is either deaf or extremely hard of hearing in both ears.

**Mechanism:** Many people confuse cochlear implants with hearing aids, even though the mechanism of the two

is completely different. While hearing aids amplify sounds so that they can be detected by damaged ears, cochlear implants, on the other hand, work on damaged parts of the inner ear (cochlea) to provide sound signals to the brain. They create signals that are sent to the brain via the auditory nerve, which the brain recognises as sound. Thus, a person is able to hear using this device.

**Availability:** Cochlear implants are easily available in India and are regularly recommended by ENT doctors.

With time and advancement, technology has proved to be a boon for the differently abled.  



# Reduce your carbon footprint

Carbon footprint refers to the amount of carbon dioxide released into the atmosphere as a result of the activities of a particular individual, organisation or community. So, as you go about your daily tasks of commuting to school or surfing the internet, you are leaving behind carbon footprints.

Garvita Batra, AIS PV, X enumerates how you can be good to the environment...

Use only cold water to do your laundry.

Avoid using black trash bags, as they cannot be recycled due to their dark pigmentation. Or use recyclable ones.

Switch to a laptop instead of a desktop. A laptop use 80% less energy than a desktop.

Unplug your gadgets. It will bring down your electricity bill as well as your carbon footprints.

Production of goods emits a huge amount of greenhouse gases. Buying used and recycled products, can help reduce carbon footprints dramatically.

Make energy efficiency your top priority. Buy only those products bearing 'Energy star' label.

Change your driving style. Speeding and unnecessary acceleration reduce mileage by 33%, and hence result in wastage of gas and money; thereby increasing your carbon footprints.

Plant a tree. Deforestation is one of the most important causes of increasing carbon footprints.



Eating dark chocolate everyday reduces the risk of heart diseases by one third.



# When luck leaves your side

Imaging: Anju Rawat, GT Network

## Storywala



**Yash Pandey, AIS Vas 1, VIII A**

Enjoy. Have fun. Sleep. Repeat. This was the daily routine for Shambul. Born with a silver spoon, he was one lucky boy who got everything he asked for. Tired of his philandering ways, his parents tried hard to set him on the right path, but all in vain. But as they say nothing lasts forever, including luck. Shambul's parents passed away and he was confronted with a financial crisis. Initially, he managed to survive by borrowing money from his friends. But soon he realised that he will

have to take up a job to make ends meet. Since he was a spoilt kid, he had dropped out of school and now, he had no choice but to take up menial jobs. He got the job of a ticket collector at a fair. One day, Shambul came across a stall 'The game of stakes', where one could earn up to three times the amount they would bet. Driven by greed, he decided to give it a try. Luck was on his side! Shambul earned three times. He tried again. Five times! The next day, he decided to put all of his money at stake. But alas! He lost everything that day as luck had deserted him. Shambul told his

Poor Shambul's luck was short lived as suddenly, he noticed some people running towards him shouting, "Thief! Thief!"

friend about it. He suggested that both of them should go to the city in quest of a new job. Even though Shambul had no money and no belongings, his friend split everything in two equal halves for both of them. While on the way, suddenly Shambul spotted a bag lying on the ground. On picking it up, he discovered that the bag contained gold coins! He was lucky again. "Now I am rich," he exclaimed. His friend remarked, "Don't forget that we are supposed to share everything equally." But Shambul refused. Poor Shambul's luck was short lived as suddenly, he noticed some people running towards him shouting "Thief! Thief!" Shambul cried, "Run, my friend, for if they find that we have stolen their bag, then they won't spare us!" "What's with the 'we'?" questioned his friend. "Stick to your 'I' and say that they won't spare me," as he casually started walking in another direction. Shambul's greed made him unlucky once again. [G T](#)



## Nutella-oreo shake

**Akshi Jindal, AIS Noida, IX**

### Ingredients

Milk .....1 cup  
Condensed milk .....½ tin  
Oreo biscuits .....5-6  
Nutella .....2 tbsp  
Vanilla ice cream .....1 cup  
Chocolate sauce .....½ cup  
Chocolate sprinkles .....½ cup

### Method

■ Take milk, condensed milk and nutella in a bowl. Keep it aside. Use a hand blender to mix them well.

■ Pour chocolate sauce in a bowl.  
■ Immerse the serving glass in the bowl so that the sauce sticks to the rim of the glass.  
■ Now again immerse the rim of the glass in a bowl of chocolate sprinkles so that they stick to the glass.  
■ Crush oreo biscuits separately.  
■ Layer the bottom of the glass with crushed oreo biscuits.  
■ Now pour the condensed milk mix in the glass.  
■ Top it with vanilla ice cream.  
■ Decorate with crushed oreo biscuits. Serve and enjoy!

## Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to [editor@theglobaltimes.in](mailto:editor@theglobaltimes.in) or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!



**Q:** What's cooking on page 8?

**Ans:**

**Q:** How many years has world wide web completed?

**Ans:**

**Q:** Mention the number of medals won by Amity Group of Schools in APCYS 2016.

**Ans:**

**Q:** Who is the writer of the article 'Saluting every guru'?

**Ans:**

**Q:** Mention the designation of Pawan Duggal, page 1.

**Ans:**

**Q:** What is the moral of the wisdom tale on page 9?

**Ans:**

**Q:** Mention the page which has a poster on carbon footprints.

**Ans:**

**Q:** Name the architect who built Sydney Opera House, Australia.

**Ans:**

**Q:** Where did the inaugural ceremony of Sangathan took place?

**Ans:**

Name:.....Class:.....School:.....

Results of Read Play and Win-8: **Viraj Surana**, II D, AIS G43; **Lakshya Chauhan**, VII F, AIS PV & **Maya Sundaresan**, VIII A, AIS N (Prizes will reach in 15 days)

## Words Verse



## A beautiful morning

**Adiba Asif, AIS VYC Lko, IX**

I lazily fluttered my weary eyes  
Beside me in a glass was melted ice  
A yawn escaped my mouth  
As I settled and shifted in youth

I stretched like a hornbill  
Trying to find her nest  
I could see sunlight peeking through  
And the sky that was blue

I stretched and my feet hit the cold floor

I rinsed my face with cold water  
And hushed my dog with a pat  
I drew away my curtains

I ate a healthy meal  
As that day I had promises to fulfill  
I opened my door

I was greeted by a wave of fresh air  
That slowly blowed my hair  
I saw people on their way  
As then I too set off for work  
To start a brand new day [G T](#)

## The reading



**Soumya Goel, AIS Pushp Vihar, X**

With no one to read  
But it was always there  
For someone in need  
It lies there on the study table  
I think it's a pain  
But in the end  
Success is what we gain

With a little effort  
And a little courage  
We could easily  
Skip the future hardships  
Do what you want  
And follow your dreams  
That's what my textbooks  
Said to me. [G T](#)

## CAMERA CAPERS

**Ridhima Tyagi, AIS Mayur Vihar, XII D**

Send in your entries to [cameracapers@theglobaltimes.in](mailto:cameracapers@theglobaltimes.in)



Blessings at every step



Share whatever little you have



Hard work is the key

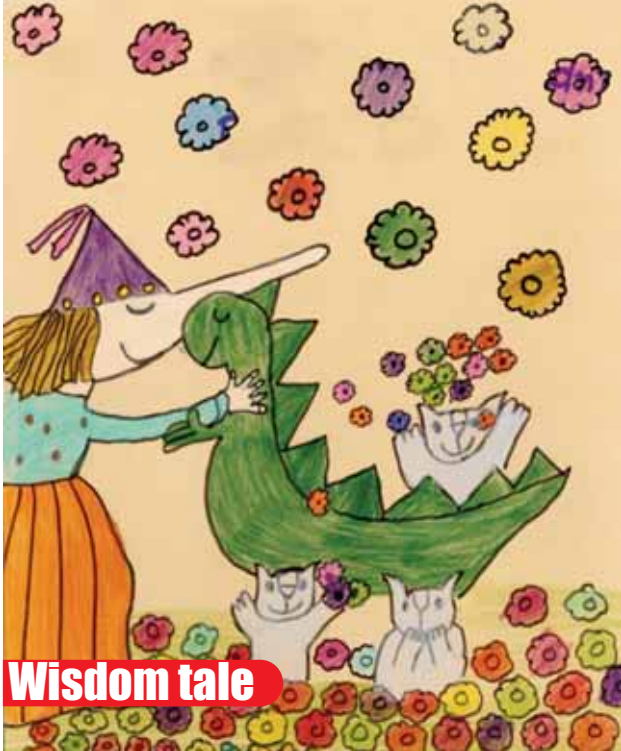


Getting ready for the show



# Tale of the little dragon

Illustration: Tanushree, AIS MV, VI



Wisdom tale

Tanushree, AIS Mayur Vihar, VI

Once, there lived a little dragon called Fiery. The problem with Fiery was that he couldn't breathe fire. His family was known to have the most ferocious dragons. And so, he was often ashamed for letting the family name down. Disappointed with himself, one day he ran away from home. By the time he reached the forest, it got dark. He was scared and hungry too. Then, he spotted a bleak light in the middle of the forest and started following it. Fiery exclaimed

The problem with Fiery was that he couldn't breathe fire. His family was known to have the most ferocious dragons.

with happiness when he saw a house in the dense forest. The house was occupied by a wise witch and her three pet cats. Fiery asked the witch if he could stay there for a night. The witch allowed him to stay and also fed him. The little dragon confided in the witch and told her about his problem. The witch offered to help him with her magical powers at which Fiery jumped with excitement. So the next day, the witch put on her pointy cap and started to work. "Fire burn and cauldron bubble!" she shouted. Her pet cats watched her intently while the dragon sitting in the other room tried to be patient. After some time, the witch announced that the magical potion was ready. Fiery was so excited, that he drank the potion in one go! But his smile soon turned into a frown when he started breathing butterflies instead. The witch apologised and got to work again. "Fire burn and cauldron bubble!" shouted the witch. This time Fiery breathed fish. Unwilling to give up, the witch made another potion. Now, he breathed colourful, sweet smelling flowers. By this time both the witch and Fiery were tired and so they decided that since Fiery was breathing flowers, they'll open a flower shop. Soon, the flower shop got famous. People from faraway places came to buy flowers from him. One day, Fiery's parents heard about the flower shop and visited it. They were thrilled to see Fiery and told him that he had made the family proud, as no one had ever done what he did. And then, Fiery sold the flowers happily ever after!

So what did you learn today?  
Everybody is different and special in their own way.



## Ice cream stick bookmarks!

Do you throw all those ice cream sticks? Wait, use them to make some pretty little stuff!

### Materials

- Ice cream sticks
- Glue
- Poster colours
- Sketch pens
- Flowers, beads and other accessories to decorate the sticks
- Thread
- Felt/craft foam



### Method

- Make a loop of thread and stick it at the back of the ice cream sticks using glue.
- Cut felt in a small rectangular shape and stick it over the thread so that it is secured.
- Colour the ice cream sticks and decorate them with flowers, beads, etc.
- Create different characters using paper and other materials and stick them at the top of the sticks (Refer to the pictures in the box.)
- Don't forget to gift these cute bookmarks to your friends and family!

## Word Square

Missing Vowels  
A, E, I, O

Fill in the puzzle grid with the vowels provided so that each column (top to bottom) and each row (left to right) contains a real word. Get started!

D	R		P
R		P	
	D		
P		N	S

Top to down: Drop, Rope, Idea, Pens

## POEMS



Beautiful night

Harshal Sinha, AIS Vas 1, III C

A beautiful night  
Where stars are twinkling  
And fairies are sprinkling

When moon is crescent and  
Your parents are giving you a present  
There is no homework

But easy class work

A beautiful owl saying  
Howl-howl-howl

A fearless night  
With dreams of knights  
A beautiful night, a beautiful night.

## Tring tring

Mira Sehgal

AIS Noida, VII E

Once there lived a funny man  
Everyone called him Beck  
He used to cook beans in a pan  
And wore a snake around his neck

Then one evening the lights got dim  
Beck fell into a deep pit  
He shouted but no one helped him  
Because it was dark and none could help



There came a man and Beck saw hope  
He screamed, wanting to get out  
The man threw in a rope  
The man was willing to help him out

Beck climbed, thinking he would get it  
Tring-tring rang the man's phone  
Beck fell again into the pit  
He looked up and the man was gone.

## Riddle Fiddle

Prisha Choudhary  
AIS Noida, II

- I have a stone on my head and a finger in my stomach. Who am I?
- I have 3 eyes and 1 leg. Who am I?
- You can catch me but you can't throw me. Who am I?
- I have a neck, but no head. Two arms but no hands. Who am I?
- You can hold me without using your arms. Who am I?

Answers: 1. Ring 2. Traffic Light 3. Cold 4. Shirt 5. Breath

## It's Me

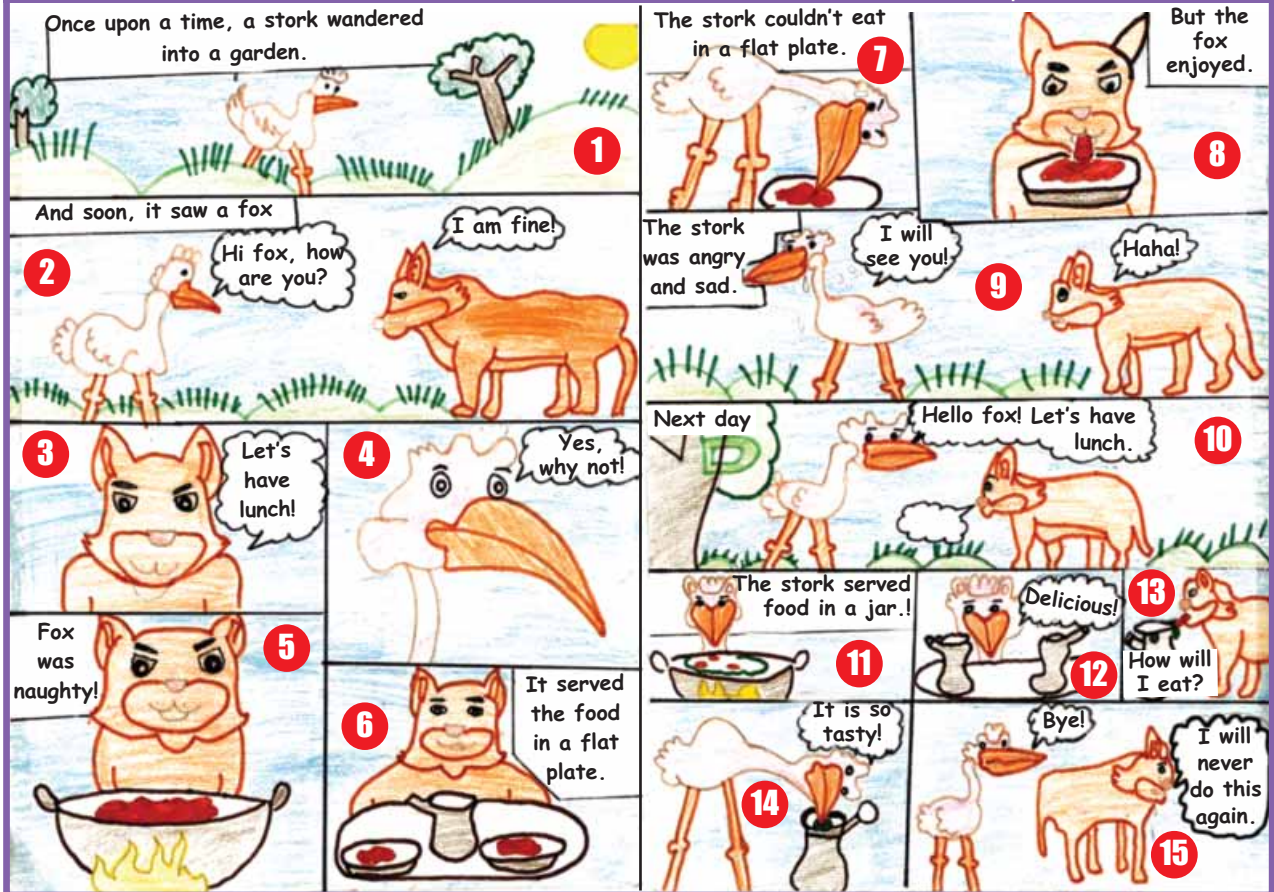


My name: Arush Agrawal  
My school: AIS Vasundhara 6  
My Class: KG  
My birthday: November 29  
I like: Cycling  
I dislike: Being late to bed  
My hobby: Skating  
My role model: My papa  
My best friend: Ria  
My favourite book: Never be greedy  
My favourite game: Football

My favourite Mall: Shipra Mall  
My favourite food: Poori  
My favourite teacher: Parul Ma'am and Neha Ma'am  
My favourite poem: Wheels on the bus go round and round  
My favourite subject: English  
I want to become: A doctor  
I want to feature in GT because: I want my friends and teachers to notice me better.

## Comic Corner

Ronit Gupta  
AIS PV, VII





Like sunshine,  
**a teacher brightens up**  
a child's world with  
**love & warmth**



## Happy Teacher's Day !

On the occasion of Teacher's Day, we would like to extend our deep gratitude and respect to all the Teachers who have taught and who continue to teach with love, care and compassion.

At Amity Centre for Educational Research and Training (ACERT), we believe that great teachers are compassionate people first. They don't just teach, they teach with love. They care, they nurture, they inspire greatness in others and they certainly love to learn. They believe that each child flourishes when loved, and gets the affection and attention of the teacher. Great teachers care for each one of their students, guiding them gently towards their own bright futures.

Great teachers become so by practising and acquiring special skills and strategies to communicate positively with their students through their words, actions and thoughts. Our various teacher training programmes and workshops have been carefully researched and developed keeping in mind these skills and strategies. Over the past 10 years, as a leading institute for pre-primary and primary teacher training, Amity Centre for Educational Research and Training (ACERT) has nurtured thousands of teachers who teach with love.

**'Like sunshine, a teacher brightens up a child's world with love & warmth'** is part of the 'It takes a big heart to ignite young minds' campaign, marking our commitment at ACERT to share with prospective and practising teachers our insights about the humane and behavioural aspects of teaching. It is also our effort to recognise and applaud passionate, compassionate and caring teachers.

We believe that the best way to teach is to teach with heart. **#ittakesabigheart**



**AMITY CENTRE FOR EDUCATIONAL  
RESEARCH AND TRAINING**

[www.amity.edu/acert](http://www.amity.edu/acert)





Do not feed your pets chocolate. It can kill dogs and cats.

# APCYS 2016

Young Amitians showcased the best of science projects and won awards galore at the conference of scientists



Esteemed dignitaries felicitate the winners from Amity Group of Schools

### Children Science Foundation

Amity Group of Schools bagged 7 gold, 11 silver and 18 bronze medals at the 5th edition of Asia Pacific Conference of Young Scientists (APCYS) 2016. The opportunity extended by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, under the aegis of Amity’s Children Science Foundation (CSF), aimed to encourage the young students to undertake scientific research.

### About APCYS

The Asia Pacific Conference of Young Scientists (APCYS) is a scientific research and presentation competition for students from Class VI to XII in the Asia Pacific region. The prestigious programme aims to promote the spirit of scientific inquiry amongst school students.

### Massive participation

The conference that was organised in India for the first time by FGSI (Foundation for Glocal Science Initiatives), MSSP (MILSET Science Society & Public) and hosted by Amity University, Gurgaon from July 14-16, 2016. The event saw the confluence of some of the best minds and scientific talents from more than 12 countries across Asia Pacific region. During the two days of the conference, 86 projects were presented by students of India, Indonesia, Malaysia Thailand, China, USA (Guam), Nepal, Qatar, Turkey and Mexico. Out of 40 projects presented from India, 24 projects were showcased by Amity students.



Sarthak Sharma & Kavya Agarwal, AIS Vas 6 awarded with Dipika Memorial Award

### The competition

Students showcased their research in the area of physics, mathematics, computer science, environmental science and life science. The competition comprised two rounds for the presentation of projects. First, the teams designed a poster on the designated topic and then gave an oral presentation on the same, judged by an international jury. There were three special awards, viz, AAPPS award for ‘Best Male Physicist’, ‘Best Female Physicist’, FGSI Grant Award, et al. Sarthak Sharma and Kavya Aggarwal, XI, AIS Vas 6 won ‘Dipika Memorial Award’ worth USD \$ 100 for their project ‘Magnetic novel & cost effective method to treat waste water of textile industries’ for being the ‘Most Socially Viable Project’.



Young Amitians showcase their projects and interact with subject experts

### Medal Tally

Team	Project	Medal
AIS Gur 43		
Pranav Gupta	Role of antioxidants in fruits	Bronze (Poster)
AIS Mayur Vihar		
Aryaman Singh	Project Aasha - Hope for a better future	Bronze (Poster)
Dhvanii Chawla & Arijit Roy	Utilisation of kitchen waste	Gold (Poster)
AIS Noida		
Arshdeep Taneja & Ishaan	VisionX: The real vision Xpert. Now, plug and play protect	Silver (Poster); Silver (Oral)
AIS Pushp Vihar		
Kabir Bedi	A self-sustaining car	Gold (Poster); Bronze (Oral)
Manan Rai	Taco: Think and converse	Silver (Poster); Silver (Oral)
AIS Vasundhara I		
Ishaan Garg	Dual purpose device to disable an emergency message transmitter	Bronze (Poster)
Satyam Nangia	Novel instrument for electricity generation from railway tracks	Gold (Poster); Bronze (Oral)
Shubham Ghoshal	Alternative digital clock based on number theory... 1 minute	Silver (Oral)
AIS Vasundhara G		
Sarthak Sharma & Kavya Agarwal	Nano composite - A cost effective model	Silver (Poster); Gold (Oral)
Prakhar Gupta	Effect of clear water crystals on germination of seeds	Silver (Oral)
Vasavi Sridhar	Storable fuel and fuel maker for rural India	Bronze (Oral)
Khushi Soni & Maanya Lalchandani	Algae on urban walls	Silver (Poster); Bronze (Oral)
Anshuman Jha & Kashvi Singh	Rechargeable natural dehumidifier cum air freshener	Bronze (Poster); Bronze (Oral)
Irina Srivastava & Kanishka Kumar	Magical polygons	Silver (Poster); Silver (Oral)
AIS Saket		
Ashwath Chadha, Noor Sharma, Pranjali Singhal & Vasvi Yaksh	Going bananas	Bronze (Poster); Bronze (Oral)
Sift Singh	Eradicating piracy in cinema	Gold (Poster); Gold (Oral)
Animesh Jha , Pragyan & Keshav	Improved Devanagari OCR	Bronze (Poster)
Naman Gupta	Brain booster capsule	Silver(Poster); Gold (Oral)
Harshdeep & Abhinandan	Techno - Bottles	Bronze (Poster); Bronze (Oral)
Diksha, Ria Sachdeva, Preeti Sehrawat & Ria Khurana	Snakes & Ladders	Bronze (Poster); Bronze (Oral)
Kalash Gupta & Ujjwal Kumar	Air conditioner: better than 5 star rating	Bronze (Poster); Bronze (Oral)

# IAPT 2016

### AIS Mayur Vihar

The 4th Annual Convention of Indian Association of Physics Teachers (IAPT) was hosted by AIS MV on July 23, 2016 in the school premises. Delegates and students from Delhi and Haryana in the event. It was conducted in two sessions, namely, ‘Paper Presentation’ and ‘Competition on Innovative Experiments in Physics’. The programme began with the traditional lighting of the lamp. School Principal Dr Priyanka Mehta thanked IAPT for giving the school the opportunity to host the event and carry forward the vision of Dr Ashok K. Chauhan, Founder President, Amity Universe and Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF to nurture scientific temperament in young Amitians. Speaking on the occasion, Dr OP Sharma, President, IAPT, briefed the gathering about the IAPT and its various interesting programmes. The programme concluded with the prize distribution ceremony. Dr Priyanka Mehta, School Principal and Dr SK Singhal, PGT - Physics, AIS Mayur Vihar were also felicitated by IAPT during the convention.



Students present patriotic songs to celebrate the freedom of India

# Independence Day

### AIS VKC Lucknow

The school organised a week-long Independence Day celebration with great fervour and enthusiasm. A number of activities were organised to inculcate a feeling of patriotism amongst the students. Some of the activities conducted had ‘tricolour’ as their theme, including an inter-house ‘Best out of waste’ competition, wherein students used waste products and turned them into tri-coloured models. Besides, a tricoloured food festival was also conducted on the occasion. The students made tri-coloured badges and pinned them to their shirts. Some of the other competitions held in-

cluded creative writing both in Hindi and English with the opening line ‘My country is the best because...’, a quiz on national leaders and ‘Kalakriti’ - an inter-house elocution competition on the theme ‘patriotism’. The week-long celebrations culminated with the unfurling of the national flag by Vice Principal Mukta on August 15, 2016. The ceremony saw mesmerising performances by little kids on patriotic songs. The middle school presented an inter-house skit and an inter-house dance competition on patriotic songs like ‘Jahan daal daal par sone ki chidiya karti hai’ and ‘Maa tujhe salam’. The programme concluded with the distribution of chocolates amongst children.

# Raising Day celebration



AIMC commemorates its 12th Raising Day

### AIMC

Amity Indian Military College celebrated its 12th Raising Day in Amity University, Haryana on August 12, 2016. The occasion was presided over by chief guest Major General K Jai Singh, Principal Chief Advisor, RBEF; Lt General BK Bopanna; Director General, AIMES as guest of honour; Dr PB Sharma, VC, AUG and other dignitaries. The programme with its theme ‘Umang’ riveted with various shades of happiness. The chief guest conferred

the badges to the newly appointed school council members. The performance commenced with the action song ‘Salute to the soldiers’, followed by dance, skits and songs performed by the young cadets. The Commandant-cum-Principal VS Babelay highlighted the school’s achievements through the annual report presentation. The chief guest during his address, shared the importance of good education and great character for building a career in defence. The programme culminated with the national anthem.





# Echelons of addiction: Paperback edition

Reading is universal and is experienced by people from all walks of life. It occurs in response to the appeal of the story you might have heard about from others. **Adrija Tripathi, AIS Saket, XII** brings you a step by step tutorial of the 5 phases of reading, as observed by a certified bookworm.

## Stage 1: Analysis

The first process of reading a book is examining the book in every way possible. The older the book, the more careful you are. You also check the price tag and maybe a sticker which says from where it was bought. It also increases the probability of your opening the book and taking a sniff, so that you can enjoy the

alluring aroma of the old paper. Some of you might stroke the spine of the book to check its tensile strength or simply because you are book aficionados.

## Stage 2: Evaluation

In this stage, you read what is inside the book. Reading the synopsis is a critical stage, because it will decide whether the next three stages will occur or not. There are two options - either you like the book and wish to continue, or you don't like it and start looking for another one.

## Stage 3: Absorption

Congratulations! You liked the book! If the story is good, you will feel an emotional attachment with the protagonists and antagonists in the book. Their sorrows become your sorrows, their happiness becomes your happiness as you flow with the words; basically you are on a new journey. You will probably not let go off the book under any circumstances and finish reading it in one sitting.

## Stage 4: Trauma

This stage is triggered as the book nears its end. Sometimes the trauma is generated by extreme euphoric feelings. The symptoms of this ordeal include crying, book throwing and hyperventilation. Do not worry, it lasts for a short while.

## Stage 5: Acceptance

Now is the time you think about the book, the plot, the characters and the development. You also carry forward the legacy of the book by engaging in a variety of activities from writing fan fictions to making artwork. The most

common, however, remains sharing the book experience with your friends so that they can understand your feelings. This stage brings upon you ultimate joy and complete satisfaction. Happy reading folks! 📖

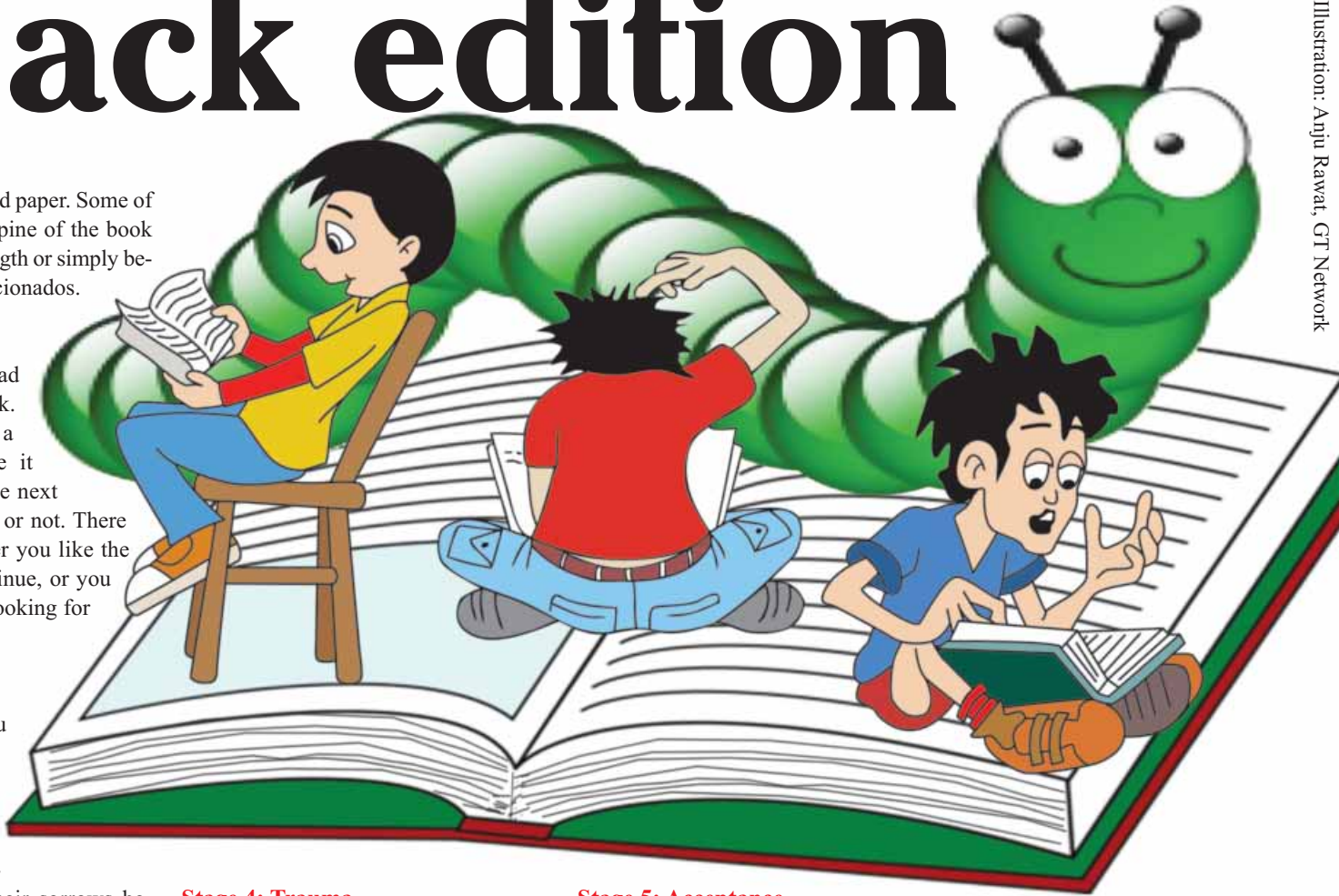


Illustration: Anju Rawat, GT Network

# Rejected

What happens when words pondered over for ages don't make it to the printing press? Heartbreak and 'torn' pages



Hiya Dutta, AIS Saket, XII

I dreamt of the highest shelves, I dreamt of being at the 'top', literally. I dreamt of the shiny things they give away at their awards, I didn't mind if it came with a 'special mention' clause. But even consolation didn't come my way. You know why? Because I am a story that never made it to the pages of GT. I dreamt about undergoing proof reading, being polished by the experts, and finally going to the printing press. I've never ever seen a press, just heard about it from my friends who made it there. Nevertheless, I fantasise it. It's the human equivalent of getting into Harvard for me. And so I kept trying, so many times, so many 'drafts'. There was draft 1, and draft 2, draft 3... Ugh. It really didn't matter, did it? It all began in the early days, when I thought I was the 'thing', that I would be the first choice of the reader (I ensured that with a witty headline). My confidence had even led me into convincing a vi-

sual pal. I told him that I was a man of my words. I ensured 'class' by constantly referring to the thesaurus. Every sentence put into me was pondered upon and yet the results were worthless. So much for rejection? Labour and pages and ink gone to waste. What a bummer! But I think now I've come to terms with it. It's like a permanent 'ink spill' everyone points out, but you learn to walk with it. It becomes a 'tear'. But that's fine. It's all right, you know? I'm not the only one for all I know, at least that's what Sam Smith said. At least, I didn't have to suffer the 'paper planes fate'. For what can be worse than being squished under people's shoes or landing in the bin? Sometimes, while I flip the pages back, it dawns upon me, "Did I try way too much? Should I have just been myself?" So here's an attempt, of just being me, without much fancy, avoiding the fallacies. Here I am, a story that did not make it to the pages of GT, attempting another. I've got my 'pages' crossed. 📄

## GT Travels to Australia



**Vaideek, II D and Vedansh, II E, AIS Vasundhara 6** pose with their copies of The Global Times in front of the iconic Sydney Opera House, Australia. One of 20th century's most distinctive buildings, the Opera House is a multi venue performing arts centre. It took sixteen years to build the magnificent structure (1957-1973). Built by Danish architect Jørn Utzon, annually 1,500 performances are performed here and attended by millions of people worldwide.

Got some clicks with GT while on the go? Get them featured! Send them to us at [gtravels@theglobaltimes.in](mailto:gtravels@theglobaltimes.in)



# विश्व मंच पर हमारी हिन्दी

हमें ‘सरकारी’ हिन्दी, ‘प्रचलित’ हिन्दी के स्वरूप और अंतर को समझना होगा। विश्व हिन्दी सम्मेलनों के प्रस्तावों को जल्दी से जल्दी पूर्णता पर पहुँचाने की आवश्यकता है

दिनेश कुमार, जीटी नेटवर्क

हिन्दी को अंतर्राष्ट्रीय मंच पर पहचान दिलाने के लिए हम 10 जनवरी को विश्व हिन्दी दिवस के रूप में मनाते हैं। 10 जनवरी इसलिए क्योंकि इस तारीख का ऐतिहासिक महत्व है। दरअसल प्रथम विश्व हिन्दी सम्मेलन का आयोजन 10 जनवरी 1975 को नागपुर में हुआ था। तत्कालीन प्रधानमंत्री इंदिरा गांधी ने इस सम्मेलन के माध्यम से जो घोषणाएँ की, उनमें से ज्यादातर सिर्फ सरकारी दस्तावेज बनकर रह गईं। हिन्दी के नाम पर ढेरों उत्सवों, सम्मेलनों, गोष्ठियों और जश्न होने के बावजूद हिन्दी का मूल मुद्दा ढाक के तीन पात ही रह गया। इस सम्मेलन के करीब 30 वर्ष के लम्बे अंतराल के बाद 10 जनवरी, 2006 को तत्कालीन प्रधानमंत्री मनमोहन सिंह ने प्रति वर्ष विश्व हिन्दी दिवस के रूप में मनाने की घोषणा की। विश्व हिन्दी सम्मेलन के प्रस्तावों को मूर्त रूप देने की पहल सर्वप्रथम मॉरीशस की अगुवाई में हुई। मॉरीशस ने हिन्दी के अंतर्राष्ट्रीय मुख्यालय की स्थापना में रुचि दिखाई।



भारत की ओर से इसकी स्थापना की दोस पहल 40 साल बाद तब हुई जब भारत के मौजूदा प्रधानमंत्री श्री नरेन्द्र मोदी ने इसका शिलान्यास किया। प्रधानमंत्री मोदी की सरकार की हिन्दी नीति राजभाषा के वैधानिक पक्ष तक सीमित नहीं है, बल्कि उनके अन्य मंत्रियों तथा दूसरे वरिष्ठ नेता वैश्विक मंचों और कूटनीतिक वार्ताओं में हिन्दी को प्रयोग कर उसे गौरवान्वित कर रहे हैं। शीर्ष शासकीय

और राजनैतिक स्तर पर हिन्दी की मान्यता और प्रयोग के साथ ही 2006 से शुरू हुए विश्व हिन्दी दिवस के आयोजन को पहली बार 2016 में राष्ट्रीय स्तर पर शुरू किया गया। विदेश मंत्री सुषमा स्वराज ने विश्व हिन्दी सम्मेलन में सम्मिलित होकर पिछले साल भोपाल के संकल्पों को आगे बढ़ाने का भरोसा दिया है। आशा है वर्ष 2018 में मॉरीशस में होने वाले 11वें विश्व हिन्दी सम्मेलन

से पहले 10वें भोपाल सम्मेलन और इसके सम्मेलनों के संकल्पों-प्रस्तावों को लागू करने के लिए कोई ठोस रूपरेखा बनेगी। यह चिंता की बात है कि हिन्दी के सवाल पर सरकारी मशीनरी की अपेक्षित सक्रियता नहीं दिख रही है। फाइलों में धूल चाट रहे ये प्रस्ताव शायद ही मॉरीशस सम्मेलन तक अपने मूर्त रूप में आ सकें। भोपाल सम्मेलन का सर्व प्रमुख प्रस्ताव था- ‘संयुक्त राष्ट्र में हिन्दी को आधिकारिक भाषा बनाने के लिए अन्य सदस्य देशों का समर्थन जुटाने के लिए भारतीय दूतावासों-मिशनों को और अधिक प्रयास करना चाहिए।’ इस आशय का प्रस्ताव 1975 के प्रथम नागपुर विश्व हिन्दी सम्मेलन से पारित किए जाते रहे हैं पर दोस कुछ भी नहीं हो सका। सिर्फ आशा की जा है कि ये संकल्प जल्दी पूरे होंगे। भोपाल विश्व हिन्दी सम्मेलन के 12 सत्रों के विषय थे- ‘विदेश नीति में हिन्दी’, ‘विज्ञान’, ‘प्रशासन’, ‘विधि तथा न्याय के क्षेत्र में हिन्दी और भारतीय भाषाएँ’, ‘विदेशों में हिन्दी शिक्षण’, ‘देश और विदेश के प्रशासन’, ‘हिन्दी पत्रकारिता और संचार माध्यमों में भाषा की शुद्धता’, ‘विदेशियों के लिए भारत में हिन्दी के अध्ययन की सुविधा’, ‘अन्य भाषा-भाषी राज्यों में हिन्दी’ तथा बाल साहित्य में हिन्दी। इन सत्रों में पारित कुल 134 प्रस्तावों को मूर्त रूप दिए जाने के सम्बन्ध में सिर्फ हिन्दी के सरकारी विभागों से अपेक्षा ही पर्याप्त नहीं है। अनेक महत्वपूर्ण मुद्दों पर केन्द्र के साथ-साथ राज्य सरकारों, हिन्दी सेवी संस्थाओं तथा समर्पित हिन्दीसेवियों को प्रेरित करते हुए इन लक्ष्यों की प्राप्ति में इनका सहयोग प्राप्त किए जाने की पहल जरूरी है। हमें सरकारी हिन्दी, प्रचलित हिन्दी और मूल हिन्दी के स्वरूप और अंतर को समझना होगा। विश्व हिन्दी सम्मेलनों के प्रस्तावों को पूर्णता पर पहुँचाने की आवश्यकता है। सिर्फ राष्ट्रीय हिन्दी दिवस और विश्व हिन्दी दिवस मनाने से काम नहीं चलने वाला। इसके लिए हमें आत्मीयता से हिन्दी को अपनाना होगा। तभी हम सही मायनों में विश्व हिन्दी दिवस मनाने के हकदार होंगे। 🇮🇳🌐

## हिन्दी: समृद्ध भाषा

हिन्दी आज आधुनिकता से आगे निकलकर उत्तर-आधुनिकता की ओर बढ़ गयी है। हिन्दी के अनेक विद्वानों ने इसे ऊँचाई पर पहुँचाया है। अफसोस कि हिन्दी आज पुनः गायब होती जा रही है इसका असर भी अब हमारे लेखन में स्पष्ट दिखने लगा है। हमें इसे बचाने की जरूरत है



इमेजिंग: दिनेश कुमार, जीटी नेटवर्क

प्रण्या चंद्रात्रे, ऐमिटी इंटरनेशनल स्कूल नौएडा, 9 एच

हिन्दी का नाम आते ही एक बात हमेशा हमारे दिमाग में आती है कि यह भारत की राष्ट्रभाषा है या राजभाषा? दरअसल हिन्दी राष्ट्रभाषा नहीं बल्कि राजभाषा है। आज भी हिन्दी की पहुँच भारत के ज्यादातर राज्यों में है। पर आज आधुनिकता और बदलते परिवेश के चलते हिन्दी के बजाय अँग्रेजी को ज्यादा महत्त्व मिलने लगा है। जो अँग्रेजी नहीं बोलना जानता उसे समाज में पिछड़ा माना जाने लगा है। बच्चों को शिक्षा दिलाने के लिए माँ-बाप भी आजकल अँग्रेजी स्कूलों में पढ़ाते हैं। यही वजह है कि आज बच्चे हिन्दी की दो पंक्तियाँ भी ठीक से नहीं लिख पाते। हिन्दी को लेकर आज हमारी मानसिकता में बदलाव आने लगा है। हमें लगता है कि हिन्दी तो बहुत अस्पष्ट भाषा है और उच्च शिक्षा में उसका इतना महत्वपूर्ण स्थान नहीं है। इसके उलट अँग्रेजी ज्यादा कठिन है। कबीरदास, सूरदास, तुलसीदास, भारतेन्दु हरिश्चन्द्र,

रामधारी सिंह दिनकर, महादेवी वर्मा जैसे सैकड़ों लेखकों ने हिन्दी को समृद्ध बनाया है। इन्हीं लोगों के अप्रतिम प्रयास के चलते आज हिन्दी भाषा आधुनिकता से आगे निकलकर उत्तर-आधुनिकता की ओर अग्रसर हो चली है। अनेकों हिन्दी के विद्वानों ने इसे सफलता के शिखर पर पहुँचाया था। इन्होंने हिन्दी को एक नई दिशा दी। अफसोस कि हिन्दी आज पुनः विलुप्त होती दिख रही है। इसका असर हमारे हिन्दी लेखन पर भी स्पष्ट झलकने लगा है। शब्द तो छोड़ ही दें, मात्राओं में भी त्रुटियाँ आम होने लग हैं। जैसे छोटी ‘इ’ बड़ी ‘ई’, छोटा ‘उ’ बड़ा ‘ऊ’ में भेद करना बड़ा मुश्किल हो गया है। छोटी कक्षा में ही नहीं बड़ी कक्षाओं तक पहुँचने के बावजूद आज इस तरह की त्रुटियाँ आम हो गयी हैं।

यह बात कम से कम हम सभी हिन्दीभाषियों के लिए तो बहुत ही शर्मसार कर देने वाली है कि हम अपनी राजभाषा को भुलाकर अँग्रेजी के पिछलग्गू बन गए हैं। जन्म से ही जब बच्चे का ध्यान हिन्दी की जगह अँग्रेजी लेने लगेगी तो निश्चय ही हिन्दी की दुर्दशा होना लाजिमी है। इतना ही नहीं प्रबुद्ध हिन्दीभाषियों का प्रथम

प्रेम अँग्रेजी ही बन गई है। वे अपने नवजातों को हिन्दी से अधिक अँग्रेजी ज्ञान जरूरी समझते हैं। कहीं न कहीं उन्हें भी यह भय सता रहा होता है कि अँग्रेजी के अभाव में उनकी संतानों का भविष्य अंधकार से भर जाएगा। यह बात सिर्फ एक भ्रम है। ज्ञान को जितने आसान तरीके से अपनी मातृभाषा में ग्रहण किया जा सकता है किसी अन्य भाषा में उसे सीखना उतना ही कठिन होता है।

हिन्दी दिवस पर हम उसे समृद्ध तथा गौरवशाली बनाने के लिए मारतमाम विचारगोष्ठी, सभाएँ, परिचर्चाएँ, कवि-सम्मेलनों का आयोजन करते हैं। हिन्दी को बचाने के लिए बड़ी-बड़ी बातें करते हैं। लेकिन यह सिर्फ औपचारिकता मात्र रह गई है। हिन्दी दिवस निकलते ही हम पुनः अपने पुराने रंग में आ जाते हैं। हिन्दी से बना है हिन्दुस्तान, और सच्चा हिन्दुस्तानी होने के नाते हमारा यह कर्तव्य हो जाता है कि हिन्दी भाषा को हम सभी बढ़ावा दें। हिन्दी से ही हम सभी की पहचान है और हमें सदैव इस पर गर्व करना चाहिए और दूसरे देशों में भी इसका प्रचार-प्रसार करना चाहिए। 🇮🇳🌐

## आंतरिक अभिव्यक्ति

अभिव्यक्ति का अर्थ सरल शब्दों में समझें तो अपने मन के भावों को प्रकट करने की क्रिया को हम अभिव्यक्ति कहते हैं। उदाहरण के लिए एक कवि कविता के माध्यम से अपने अंतर के विचारों को व्यक्त करता है। लेखक अपने लेखों से अपने विचारों को शब्द देता है। अपने विचारों को व्यक्त करना हमारा मूल अधिकार है। हरेक व्यक्ति को अपने विचारों को व्यक्त करने की आजादी होती है। ऐमिटी इंटरनेशनल स्कूल, विराज खण्ड, लखनऊ के कुछ छात्रों ने अपनी भावना को व्यक्त किया है। प्रस्तुत हैं उनकी अभिव्यक्तियाँ:

हम सब ईश्वर’ की संतान हैं। अगर हम अपने मन को यह समझा लें तो हम किसी से भी घृणा नहीं कर पाएँगे। हम स्वयं को अपने शरीर की देखभाल करने वाला मान लेंगे तो हम उसकी सेवा तो करेंगे परंतु किसी की बातों से हमें कष्ट नहीं होगा। फिर हममें दुःख, घृणा, कष्ट तथा द्वेष की भावना नहीं होती है। आजकल लोगों के लिए आगे बढ़ने का मतलब पैसे कमाना, ख्याति पाना तथा ऊँचे दर्जे पर काम करना है। पर ये चीजें हमारे भौतिक सुखों से जुड़ी हैं और हमारे अंतरमन को शांति नहीं दिला सकती। हमारा अंतरमन तभी शांत होगा जब हम ईमानदारी से तथा लोगों

ख्याति राजपूत  
ऐमिटी इंटरनेशनल स्कूल,  
विराज खण्ड , 9 बी

आज मनुष्य का सत्य पर विश्वास क्षीण होता जा रहा है जिसके परिणाम स्वरूप मानव आज दानव में बदल रहा है। मनुष्य के अंदर की शांति क्रोध में बदल रही है। उसकी आत्मा निरंतर अपवित्र होती जा रही है। हमें दूसरों के अवगुणों से दूर रहना चाहिए तथा अच्छे गुणों को अपनाना चाहिए। कबीरदास ने कहा है- साधू ऐसा चाहिए, जैसा सूप सुभाय, सार-सार को गहि रहे थोथा देय उड़ाय। हमें हिंसा छोड़ अहिंसा के पथ पर चलना चाहिए। हम सब परमात्मा की संतानें हैं। हमें हमेशा खुश रहना चाहिए। किसी भी स्थिति से घबराना नहीं चाहिए। कठिन परिस्थितियों का हँसकर सामना करना चाहिए।

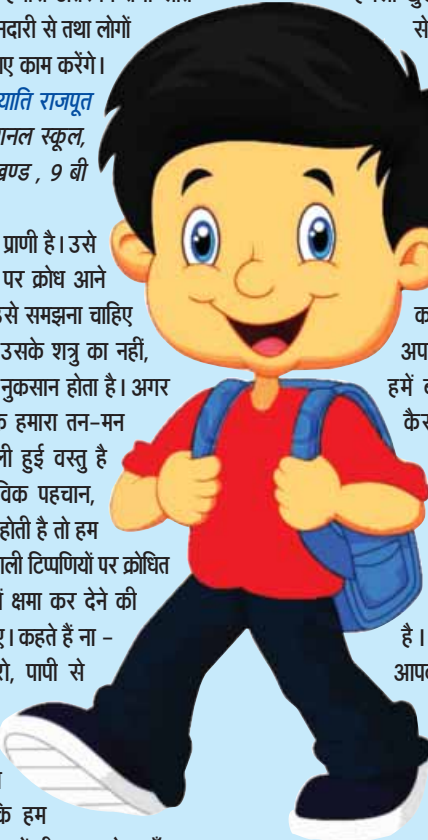
यश गुप्ता  
ऐमिटी इंटरनेशनल स्कूल,  
विराज खण्ड , 9 बी

इनसान एक विचित्र प्राणी है। उसे हर छोटी-सी बात पर क्रोध आने लगता है। लेकिन उसे समझना चाहिए कि क्रोध करने से उसके शत्रु का नहीं, अपितु खुद उसका नुकसान होता है। अगर हम यह मान लें कि हमारा तन-मन सिर्फ एक उधार ली हुई वस्तु है और हमारी वास्तविक पहचान, हमारी अंतरात्मा से होती है तो हम अपने पर की जाने वाली टिप्पणियों पर क्रोधित नहीं होंगे। मनुष्य में क्षमा कर देने की विशेषता होनी चाहिए। कहते हैं ना - ‘पाप से घृणा करो, पापी से नहीं’। हमें खुद को एक पवित्र प्राणी बनाने का प्रयास करना चाहिए ताकि हम सतयुग इस कलियुग में भी वापस ले आएँ।

अनुष्का सिंह  
ऐमिटी इंटरनेशनल स्कूल, विराज खण्ड, 9 बी

हम इस पृथ्वी पर एक कलाकार के रूप में आए हैं और अपनी कला का प्रदर्शन कर रहे हैं। हमें बस यह तय करना है कि हम कैसा चरित्र अपने लिए चुनते हैं। सभी लोग नायक की भूमिका निभाना चाहते हैं लेकिन उसे निभा नहीं सकते। क्योंकि नायक की भूमिका बड़ी कठिन और अच्छे कर्मों से भरी होती है। लोग आपको कमजोर करेंगे, आपको दुःखी करेंगे लेकिन महत्वपूर्ण यह है कि हम बहादुरी से हर समस्या का सामना करें। हम परमात्मा का एक छोटा-सा अंश हैं। हमें कठिनाइयों का सामना हँसकर करना चाहिए।

नमन नारायण  
ऐमिटी इंटरनेशनल स्कूल, विराज खण्ड, 10 बी





## कहानी

## कहानी सच्चाई की

सारा माहेश्वरी

ऐमिटी इंटरनेशनल स्कूल नौएडा, 6 डी

**र**विवार का दिन था। पूरे सप्ताह ऑफिस के काम और समय पर ऑफिस न पहुँचने की टेंशन में रहता है। लेकिन रविवार! आज न जल्दी उठने की टेंशन, न तैयार होकर ऑफिस जाने की। दिमाग एकदम खालीपन के सुखद अहसास से भरा रहता है। आलस जैसे चारों ओर हवा में तैरता रहता है। आराम कुर्सी पर बैठ शर्मा जी अखबार को टटोलते हुए देश-विदेश की खबरों से रूबरू हो रहे हैं। तभी श्रीमती शर्मा किचन से बाहर आती हुई कहती हैं, 'सुनो जी! मैं किचन में आपके लिए नाश्ता तैयार करती हूँ, तब तक आप जरा अलमारी को साफ कर दीजिए। फिर साथ ही नाश्ता कर लेंगे।' शर्मा का जोर से झल्लाने का मन किया कि कम से कम संडे तो चैन से रहने दिया करो पर मिसेज शर्मा के मिजाज से वह वाकिफ थे, इसलिए बोले कुछ नहीं, चुपचाप अलमारी की तरफ बढ़ गए और अलमारी साफ करने लगे। उन्होंने जल्दी-जल्दी अलमारी साफ की। अलमारी साफ करने के बाद निकले हुए कचरे को उन्होंने सोसाइटी में लगातार कचरा लेने आने वाले सुमित को बुलाकर दे दिया। उसके बाद शर्मा जी नहा-धोकर आराम से चाय-नाश्ता करने लगे। शर्मा जी ने टेप रिकॉर्डर ऑन कर दिया और शाहरुख खान के रोमांटिक गाने सुनते हुए गुनगुनाने लगे। किचन से फारिंग होकर श्रीमती शर्मा अलमारी का मुआयना करने गयीं कि शर्मा जी ने अलमारी ठीक से साफ की है या नहीं। अलमारी खोलकर मिसेज शर्मा ने सफाई का मुआयना किया। फिर प्रसन्नचित मुद्रा में शर्मा जी को शाबासी देने के लिए ड्राइंग रूम में आई। यकायक उन्हें याद आया कि अलमारी में तो 60000 रुपये का पैकेट रखा था, कहीं शर्मा जी ने वह भी तो कचरे के साथ नहीं फेंक दिया। दौड़ते हुए मिसेज शर्मा बेडरूम की ओर लपकीं। उन्होंने अलमारी खोलकर देखी तो उनकी चीख निकल गयी। रुपयों का पैकेट वहाँ नहीं था। उन्होंने शर्मा जी से पैकेट के बारे में पूछ तो शर्मा जी ने

मिसेज शर्मा ने रोते-चीखते हुए बोला, 'एक भी काम ठीक से नहीं कर सकते हैं आप। आपका ध्यान न जाने किधर रहता है। पैकेट को फेंकने से पहले देख नहीं सकते थे कि उसमें क्या है!'

जवाब दिया कि वह तो उन्होंने कचरे में फेंक दिया। अब तो घर में खलबली मच गयी। मिसेज शर्मा ने रोते-चीखते हुए बोला, 'एक भी काम ठीक से नहीं कर सकते हैं आप। आपका ध्यान न जाने किधर रहता है। पैकेट को फेंकने से पहले देख नहीं सकते थे कि उसमें क्या है!'

शर्मा जी को काटो तो खून नहीं। बुरा हाल हो गया उनका। अब क्या होगा। आनन-फानन में वह कचरे वाले सुमित को लेकर आए और उसे सारा माजरा बताया। सुमित ने सूझ-बूझ से काम लिया। वह कचराघर गया। वहाँ पर उसने पैकेट ढूँढ़ा लेकिन उसे पैकेट नहीं मिला। बाद में उसने कूड़ाघर में कचरा बीनने वाले लोगों से भी पूछताछ की और उनसे विनती की कि यदि उन्हें पैसों का पैकेट मिले तो उसे वापस कर दें। काफी मशक्कत के बाद सुमित को वह पैकेट मिल गया। सुमित ने पैसों से भरा पैकेट शर्मा जी को लौटा दिया। विस्मय से शर्मा की आँखें खुली की खुली रह गयीं। वह बहुत खुश हुए कि उन्हें उनके पैसे मिल गये। पर यह क्या! शर्मा जी ने सुमित के हाथ में सिर्फ 200 रुपये बतौर इनाम थमाए और धड़ाम से घर का दरवाजा बंद कर लिया।

क्या यही रह गई है सच्चाई कीमत ??

सच्ची घटना पर आधारित 🇮🇳



रेखांकन: रवींद्र गुप्तेन, जीटी नेटवर्क



रेखांकन: रवींद्र गुप्तेन, जीटी नेटवर्क

## दादी माँ

देविता मितल

ऐमिटी इंटरनेशनल स्कूल मयूर विहार, 10 डी

**आ**ज मनोहर का जन्मदिन था। दादी माँ ने उसे नीचे से पुकारा। मनोहर दौड़ता हुआ अपनी दादी के पास गया। तभी अचानक कुछ ऐसा घटित हुआ जिसकी मनोहर ने कल्पना भी नहीं की थी। दादी माँ ने मनोहर के हाथ में दस रुपये का नोट थमाया और प्यार से कहा, 'मनोहर! जन्मदिन मुबारक हो।' कह कर दस का नोट उसके हाथ में थमा दिया। 'दस रुपये', मनोहर ने विस्मित होकर लगभग उछलते हुए कहा। उसे

विश्वास नहीं हो रहा था। दरअसल मनोहर के माँ-बाबा की मृत्यु के बाद घर में मातम छा गया था। अचानक पैसों का जैसे अकाल पड़ गया था। दिनभर की जरूरतों के लिए भी पैसे कम पड़ते थे। कुछ साल तक ऐसा ही हाल रहा था। दोनों दादी-पोते एक पुराने से मकान में रहने लगे थे। अब घर में मनोहर और उसकी दादी ही बचे थे। अब जाकर कुछ माली हालत में सुधार होने लगा था। लेकिन दस रुपये का नोट देखकर मनोहर आश्चर्यचकित रह गया था। दस का नोट देखे उसे जमाना बीत चुका था।

'आज तुम्हारा जन्मदिन है', दादी ने बड़े दुलार से मनोहर को पुचकारा। 'हाँ, आज तुम्हारा दसवाँ जन्मदिन है बेटा! बाजार जा और अपनी पसंद का खाना पेटभर कर खा। खूब मौज-मस्ती कर'। दादी ने बड़े दुलार से मनोहर के सिर पर हाथ फेरते हुए कहा। 'पर दादी!' मनोहर ने कुछ कहना चाहा पर दादी माँ ने उसे कुछ कहने न दिया। दस का नोट हाथ में दबाए मनोहर खुशी से बाहर की तरफ चल दिया। मनोहर बाहर जा ही रहा था कि उसे पीछे से

दादी के खॉसने की आवाज सुनाई दी। मनोहर वहीं टिठक गया। दादी लगातार खॉसती ही जा रही थी। मनोहर ने मुड़ कर कातर भाव से दादी की तरफ देखा। 'कुछ नहीं कुछ नहीं, मैं ठीक हूँ, तू जा।' दादी ने मनोहर से कहा। मनोहर वापस मुड़कर फिर बाजार की तरफ चल दिया। बाजार की सजी-धजी गलियों में घूमते हुए मनोहर सोच रहा था कि दस के नोट को किस-किस सामान की खरीदी में खर्च करूंगा। वह सोचता जा रहा था कि एक रुपये की चुरकी खाऊँगा, उसके बाद झूला झूलूँगा। सोचते-सोचते मनोहर बाजार में घूम रहा था कि एकाएक कुछ देखकर उसकी आँखें डबडबा गयीं। उसने देखा कि एक माँ अपने बच्चे के साथ खेल रही है। मनोहर की माँ की मृत्यु के पश्चात् उसकी दादी ने ही पाला-पोसा था। उसे कभी भी अपनी माँ की याद नहीं आई थी। मनोहर को अपनी दादी की याद आई जिसे वह घर छोड़कर अकेला की मौज-मस्ती करने निकल पड़ा था।

घर पहुँचकर मनोहर ने देखा तो पाया कि उसकी दादी की खॉस-खॉस कर हालत खराब हो गई थी और उसे बुखार भी चढ़ गया था। मनोहर बिना कुछ कहे वापस बाजार गया। डॉक्टर से दादी के लिए बुखार और खॉसी की दवा लेकर वापस घर आ गया। दवा देखकर दादी विस्मित होकर बोली, 'अरे! ये क्या? मैंने तो पैसे तुम्हें मौज-मस्ती के लिए दिए थे और तुम ये दवाई ले आए', दादी को मनोहर पर क्रोध आया।

मनोहर को अपने पर बहुत क्रोध आया कि क्यों मैं अपनी माँ समान दादी को अकेला घर पर छोड़कर यहाँ मौज-मस्ती करने आ गया! वह उलटा घर की ओर भागा। उसने सोचा कि अब वह दादी माँ के साथ ही बाजार घूमने आएगा और खूब मस्ती करेगा। घर पहुँचकर मनोहर ने देखा तो पाया कि उसकी दादी की खॉस-खॉस कर हालत खराब हो गई थी और उसे बुखार भी चढ़ गया था। मनोहर बिना कुछ कहे वापस बाजार गया। डॉक्टर से दादी के लिए बुखार और खॉसी की दवा लेकर वापस घर आ गया। दवा देखकर दादी विस्मित होकर बोली, 'अरे! ये क्या? मैंने तो पैसे तुम्हें मौज-मस्ती के लिए दिए थे और तुम ये दवाई ले आए', दादी को मनोहर पर क्रोध आया। मनोहर ने मासूमियत से दादी से कहा, 'दादी! मौज-मस्ती तो जिंदगी भर चलती ही रहेगी। मेरे जन्मदिन की सबसे बड़ी खुशी यही है कि आप हमेशा मेरे साथ रहो।' सुनकर दादी माँ की आँखों में आँसू तैर गये और मनोहर को खींचकर अपने गले से लगा लिया। 🇮🇳



## कविताएँ/चित्रकथा

## कविताओं के माध्यम से हिन्दी की अभिव्यक्ति

हिन्दी दिवस के पावन अवसर पर ऐमिटी इंटरनेशनल स्कूल की विभिन्न शाखाओं के विद्यार्थियों ने हिन्दी के विकास एवं उसकी आवश्यकता की पुरजोर वकालत करते हुए उसे राष्ट्रभाषा के रूप में मान्यता देने की बात की। उनके इस प्रयास को हमने एक सूत्र में पिरोने का प्रयास किया है। प्रस्तुत है उसी प्रयास की एक बानगी

## भाषाओं की जननी

अक्षत जैन, ऐमिटी मयूर विहार, 10 डी

भाषाओं की जननी हिन्दी, सबसे मधुर, रसीली हिन्दी, अँग्रेजी जितनी पढ़ जाएँ, पर हिन्दी बिन रहा न जाए।

एकता का प्रतीक है, अखण्डता की सौगात है, जीवन का आधार है हिन्दी, भारत माँ का प्राण है हिन्दी।



भारतीयों का मान है, हम सबकी पहचान है, हिन्दी को हम गले लगाएँ, विश्व स्तर पर इसे फैलाएँ।

मिलकर हिन्दी दिवस मनाएँ, साक्षरता अभियान चलाएँ हिन्दी है हम सबकी शान, आओ गाएँ इसके गान। 🇮🇳🇮🇳

## शान की भाषा

ध्रुव छाबड़ा, ऐमिटी नौएडा, 7 एफ

मराठी हो या सिन्धी, सब बोले हैं हिन्दी भारत में राज्य हैं अनेक, हिन्दी करती सबको एक।

हिन्दी है राष्ट्रभाषा हमारी, ये है हमें जान से प्यारी देश की है शान, सदा रखेंगे इसका मान।

मातृभाषा हमारी हिन्दी, देश पर हमारे तिलक की बिंदी करती सबको एक, जहाँ रूप, रंग, मजहब अनेक। 🇮🇳🇮🇳

## भाषा का सम्मान

दृष्टि वर्मा, ऐमिटी नौएडा, 6 डी

मैं तो हिन्दी भाषा हूँ, जिसका था कभी उद्धार हुआ पर आज अँग्रेजी भाषा से, है मेरा संहार हुआ।

मुझे राष्ट्रभाषा कहकर, मेरा इतना सम्मान किया जितना मैंने सोचा न था, उससे कहीं ज्यादा मान दिया।

पूरे देश में बोली जाती, कभी तो इतनी प्रचलित थी जितनी आज हूँ, मैं, उतनी कभी न विचलित थी।

अँग्रेजों ने तो मेरा, अस्तित्व सारा हिला दिया अँग्रेजी को अपनाकर, मुझको मिट्टी में मिला दिया।

स्वयं वे मेहमान बनकर आए, फिर भारत छोड़ गए मेरा शरीर लथपथ कर, अँग्रेजी भाषा छोड़ गए।

आज हिन्द के पूतों ने भी हिन्दी को ही छोड़ दिया, अँग्रेजी को सभ्य मानकर हिन्दी से मुँह मोड़ लिया।

अगर यही सब करना था, तूँ ही करना था मेरा अपमान, उत्तर दो मेरे प्रश्नों का, क्यों गाते हो राष्ट्रगान? 🇮🇳🇮🇳

## जन जन की भाषा

ईशान सिन्हा, ऐमिटी साकेत, 8 ए

शब्दों, वर्णों और छन्दों की, हिन्दी है अनन्त धरोहर, है असीम इसकी प्रस्तुति, अनुपम है इसका हर स्वर।



हिन्दी बहता नीर है, धीर, वीर, गंभीर है, नहीं है यह मात्र एक भाषा, ये तो है जन-जन की भाषा।

भाषा नहीं, भावना है यह, अभिव्यक्ति का है आसमान, 🇮🇳🇮🇳

## दिल की भाषा

आयुषी शाक्य, ऐमिटी मयूर विहार, 12 बी

हिन्दी में ही देश समाता, इस भाषा में राग है आता मीठे-से शब्दों में घुलकर, हिन्दी में ही विचार आता।

रेशम-सी भाषा है ये, आम आदमी की आशा है ये हर सदन में बोली जाती, लेखक की अभिलाषा है ये।

अँग्रेजी का भूले प्रकोप है, दपत्तर में उसका लोभ है हिन्दी बसती है दिलों में, कही है जाती महफिलों में।

है भाषा ये सबसे प्यारी, रहेगी सदा दिलों में हमारी न करो इसका तिरस्कार, ये राजभाषा है हमारी। 🇮🇳🇮🇳



## ज्ञान की भाषा

कुशाग्र कौशिक, ऐमिटी पुष्प विहार, 7 सी

गर्व से कहता हूँ मैं सबको, हिन्दी मेरी पहचान है कितनी लचीली, कितनी सुंदर, राष्ट्र का सम्मान है।

हिन्दी में ही माँ की लोरी, नींद बुलाकर लाती है दादा, नानी इसी भाषा में, कहानी हमें सुनाती है।

बचपन की पहचान यह, हिन्दी अपनी शान है। गर्व से कहता हूँ मैं सबको, हिन्दी मेरी पहचान है

साधु संतों की घोर तपस्या, हिन्दी का वरदान है इस भाषा को राजभाषा का, देते सब सम्मान है।

ज्ञान का भंडार यह हिन्दी, हर भाषा की जान है गर्व से कहता हूँ मैं सबको, हिन्दी मेरी पहचान है। 🇮🇳🇮🇳

## चित्रकथा

## गरम और ताजा

अनोघा श्रीनिवासन

ऐमिटी इंटरनेशनल स्कूल नौएडा 10 डी



मैंने आइसक्रीम को माइक्रोवेव में रख दिया था ताकि वह गरम और ताजा बनी रहे!



## दृष्टिकोण

# मोबाइल के अत्यधिक उपयोग ने हमारी आपसी आत्मीयता को निगल लिया है

मोबाइल फोन एक ऐसा आधुनिक विकर्षण है जिसने हमें बहुत स्वार्थी और गैरजिम्मेदार बना दिया है। यही कारण हम रोजमर्रा की सुन्दरता की दृष्टि खो रहे हैं। हम डिजिटल संसार में इतने डूब चुके हैं वास्तविकता की जगह अब आभासीय जीवन ने ले ली है

योशिता सुद, ऐमिटी इंटरनेशनल स्कूल गुरुग्राम सैक्टर 43, 11 बी

**स**चमुच आज हालात इतने भयावह हो गए हैं कि हर पीढ़ी के लोग अपना स्मार्ट फोन अपने साथ हर जगह रखते हैं— चाहे वे स्कूल में हों, परिवार के साथ घूमने जा रहे हों, यहाँ तक कि सुबह-सुबह उठते ही शौचालय में भी उसका साथ नहीं छोड़ते। जब यह हमारे साथ हमेशा रहता है तो सिर्फ एक ही सवाल हमारे सामने आता है कि क्या यह फोन आत्मरक्षा का जादुई उपकरण है जो हमें दुनिया की हर बुराई से दूर रखने और हमारे सुरक्षा में तत्पर है। मेरे माता-पिता कहते हैं कि वे लोग सौभाग्यशाली हैं कि आज के इस तकनीकी युग में नहीं जन्मे जहाँ दिल के रिश्ते से ज्यादा सामाजिक नेटवर्किंग साइट्स को महत्व दिया जाता है। हम इस डिजिटल संसार में इतना डूब चुके हैं कि इस आभासीय जीवन को वास्तविक जीवन से ज्यादा महत्व देने लगे हैं। आजकल के कुछ अभिभावक भी अपने बच्चों के पुरस्कार वितरण समारोह की तस्वीर लेने तथा उन्हें फेसबुक पर अपलोड करने में इतने मशगूल होते हैं कि वे उस समारोह का आनंद नहीं उठा पाते। मोबाइल फोन एक ऐसा आधुनिक विकर्षण है जिसने हमें बहुत स्वार्थी और गैरजिम्मेदार बना दिया है। यही कारण है कि हम रोजमर्रा की सुन्दरता की दृष्टि खो रहे हैं। आज के निष्ठावान दंपति भी इस बीमारी से अछूते नहीं रह गये हैं जहाँ परिवार संबंधित महत्वपूर्ण बातचीत के समय भी वे मोबाइल पर अंतहीन स्क्रॉलिंग करने में लगे रहते हैं। सामाजिक नेटवर्किंग के तूफान में हम अपने गैजेट्स की तरह निर्जीव बन गए हैं। दुनियाभर में लोगों के साथ जुड़े रहने का क्या रोमांच, जब हम अपने बगल में बैठे प्रियजनों के लिए थोड़ा भी वक्त न निकाल पाएँ।

सामाजिक नेटवर्किंग के तूफान में हम अपने गैजेट्स की तरह निर्जीव बन गए हैं। दुनियाभर में लोगो से जुड़े रहने में क्या रोमांच जब हम अपने बगल में बैठे प्रियजनों के लिए वक्त न निकाल पाएँ।

हम एक ऐसी मायावी दुनिया में जी रहे हैं जहाँ अपने इस व्यवहार के चलते अपने को अति आधुनिक और प्रगतिशील मानने की गलती कर रहे हैं। मुझे लगता है कि अब वे दिन भी दूर नहीं जब 'जल संरक्षण', 'पर्यावरण संरक्षण' की तरह ही 'भावना संरक्षण' भी एक अहम मुद्दा बन जाएगा। एक छंद प्रस्तुत कर रही हूँ:

विकास की आढ़ में, मानव इस कदर हो चुका है अंधा, खुद ही विकास और खुद ही पतन को दे रहा है कंधा। मोबाइल में एसएमएस है, इंटरनेट, अनेक गुण हैं विराजमान, पर विकास वही अच्छ, जिसमें सुख चैन है, विकास है। अगर किसी को कुछ देना है, उसे अपना वक्त दे दो, फेसबुक पर तस्वीर तो टैग होती रहेगी, उनको अपना आज, अभी ये वक्त दे दो। 📱🌐



रेखांकन: दिनेश कुमार, जीटी नेटवर्क

## सोशल नेटवर्किंग: एक दवा या नशा

सोशल नेटवर्किंग बहुत पहले से ही समाज में व्याप्त थी। पहले हम पत्र व्यवहार के माध्यम से किसी एक ही व्यक्ति से अपने विचारों का आदान-प्रदान करते थे लेकिन अब विज्ञान के विकास के साथ-साथ हम इंटरनेट के माध्यम से एक साथ सैकड़ों लोगों के साथ विचारों को साँझा कर सकते हैं। साथ ही हम अनेक लोगों के विचारों से रूबरू होते हैं



प्रद्युमन सिंह

ऐमिटी इंटरनेशनल स्कूल सैक्टर 46, गुरुग्राम, 9 एफ

**सो**शल नेटवर्किंग दरअसल है क्या? आइए इसका विचार करते हैं। सीधे शब्दों में कहें तो सोशल नेटवर्किंग दो या अधिक व्यक्तियों के बीच आपसी विचार-विमर्श का लेन-देन है। चाहे वह उनका सामाजिक, राजनीतिक या अन्य संबंधों को विस्तार देने के बारे में हो। सोशल नेटवर्किंग बहुत पहले से ही समाज में व्याप्त है। पहले हम पत्र व्यवहार के माध्यम से किसी एक ही व्यक्ति से अपने विचारों का आदान-प्रदान करते थे लेकिन अब विज्ञान के विकास के साथ-साथ हम इंटरनेट के माध्यम से एक साथ सैकड़ों लोगों के साथ आपसी विचारों का आदान-प्रदान कर सकते हैं। साथ ही हम अनेक लोगों के विचारों से भी अवगत होते हैं। सोशल नेटवर्किंग वेबसाइट लोगों से जुड़ने, आपसी विचारों का आदान-प्रदान करने का एक अनूठा और नवीन जरिया है। किसी भी राजनीतिक, सामाजिक या अन्य विषय पर किसी की राय जानने या अपनी राय व्यक्त करने में हमें एक भी क्षण नहीं लगता। आजकल सामाजिक

और राजनीतिक गतिविधियों के प्रचार-प्रसार में भी सोशल नेटवर्किंग प्लेटफॉर्म का बहुत बड़ा हाथ है। जहाँ एक तरफ सोशल नेटवर्किंग नए लोगों से जुड़ने का साधन है, वहीं दूसरी ओर अपने पुराने भूले-बिसरे दोस्तों को ढूँढ़ निकालने का जरिया भी है। सोशल नेटवर्किंग का एक फायदा यह भी है कि हम विचारों का आदान-प्रदान मुफ्त में कर सकते हैं। एक ओर सोशल नेटवर्किंग ने हमें एक-दूसरे के पास ला दिया है वहीं दूसरी ओर इसके कुछ दुष्परिणाम भी सामने आने लगे हैं। खासकर युवा वर्ग और बच्चे इसकी चपेट में ज्यादा आ रहे हैं। सोशल नेटवर्किंग आजकल नवयुवकों के दिल और दिमाग पर ऐसा छाया हुआ है कि वे इसके कारण अपनी पढ़ाई पर बिल्कुल ध्यान नहीं दे पा रहे। इसके कारण आजकल के बच्चों और युवाओं को इंटरनेट की बुरी आदत पड़ गयी है। इसके चलते वे न तो शारीरिक कसरत करके स्वस्थ रहते हैं और उलटे पढ़ाई से भी उनका ध्यान भटका रहता है। कई बार तो इंटरनेट की ज्यादा लत लग जाने पर वे अपने शरीर को भी नुकसान पहुँचा रहे होते हैं। अकसर वे अस्वस्थ रहने लगते हैं। उनकी आँखें भी खराब होने लगती हैं। इसका जीता-जागता उदाहरण तो यही है कि ज्यादातर बच्चों की नजर छोटी उम्र में कमजोर हो जाती है और उन्हें ऐनक लग जाती हैं। सोशल नेटवर्किंग के चलते आजकल साइबर क्राइम भी बहुत बढ़ गया है। बच्चे आसानी से साइबर क्राइम के चंगुल में फँस जाते हैं। यह दुर्भाग्यपूर्ण स्थिति है इससे निकलना अत्यावश्यक है। यह कहना गलत नहीं होगा कि तकनीक ने एक ओर जहाँ इनसान को बहुत आगे बढ़ाया है वहीं दूसरी ओर इसके दुष्परिणाम भी सामने आने लगे हैं। बेहतर यही होगा कि हम इसका इस्तेमाल दवा की तरह करें। इसके नशे की लत में पड़ कर अपना जीवन खराब न कर लें। यदि हमारा इतना बुरा हाल है तो आगामी पीढ़ी का हाल और भी बदतर होने वाला है। इस बारे में गहराई से सोचने की आवश्यकता है। 📱🌐

सोशल नेटवर्किंग आजकल नवयुवकों के दिल और दिमाग पर ऐसा छाया हुआ है कि वे इसके कारण अपनी पढ़ाई पर बिल्कुल ध्यान नहीं दे पा रहे।