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Contest Edition



Brought to you by **Amity International School Mayur Vihar**, this special edition is part of the 'GT Making A Newspaper Contest', celebrating the art of newspaper-making. Bringing together Amity branches from across India, the contest sees each school present its own 'Contest Edition', competing for the top awards and recognitions at the annual GT Awards. Here's presenting the **first edition** of the 'GT Making A Newspaper Contest 2026-27'.

THE GT POLL

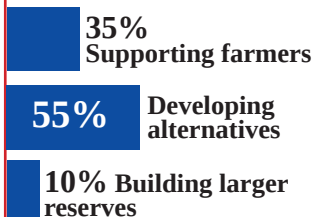
Will the US administration's decision to suspend IT companies, including Tata, Wipro, and Infosys, from the Green Card programme increase difficulties for Indian IT professionals?

A) Yes B) No C) Can't say

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THE GT POLL RESULT for GT Edition Oct 12, 2026

S Jaishankar has linked global food security concerns to fertiliser shortages. What should India focus on?



Results as on **October 24, 2026**

Coming Next

AIS Noida Contest Edition

Gummies Over Greens, A New Prescription For Wellness

Akshita Rathore, AIS MV, XI F

Pop a pill, and you are ready to go! A statement probably mocked in the 18th century, but not anymore! Today, it is almost a lifestyle which entails having an immunity gummy at breakfast, an electrolyte sachet after school, a collagen drink for glowing skin, and a magnesium tablet before bed. And yet, despite following this wellness-conscious routine to the tee, we are increasingly reaching for something extra. Let us explore why.

The wellness cabinet

If you had opened a medicine cabinet ten years ago, you would have most likely found just a thermometer, some bandages, and a strip of paracetamol. Open one today, and you will find Omega-3 capsules, multivitamins, protein powders, gummies, and probiotics neatly lined up on the shelf. The WHO estimates that over two billion people worldwide are affected by deficiencies of key vitamins and minerals, particularly iron, vitamin A, iodine, and zinc. Supplementation, however, now extends beyond nutritional gaps to energy,

Pills powders promises

immunity, sleep, skin, hair, fitness, and wellness. COVID-19 accelerated this trend. One multi-region study recorded supplement use rising from 29.5% to 71.9% in Asia, 40.6% to 75.7% in the Americas, and 30.8% to 68.7% in Europe. Overall, 53% cited immunity as primary reason.

Innovation catches up

The supplement industry is redesigning the experience. Hard-to-swallow pills now compete with gummies, powders, liquid shots, and patches. Though tablets still lead the global market, brands are exploring various palatable for-

ms, encouraged by the market's projected 9.5% annual growth between 2026 and 2033. However, easier consumption does not mean better nutrition. Gummies may contain added sugar, while powders can combine overlapping nutrients. Also, 'natural' does not guarantee safety. The US National Centre for Complementary and Integrative Health warns that supplements can react with medicines and lead to strong side effects.

Bespoke wellness

What if your supplement shelf is specifically built for you, catering to your needs based on the meals

of the global supplements market in 2025, while energy and weight management represented 29.4%. Adults contributed 44.6% of end-user demand. Women's health, sports nutrition, sleep, stress, beauty, and healthy aging are emerging as specialised categories. In essence, personalisation is defining both supplements' present and future.

A bitter aftertaste

Sustainability! Yes, we talk about it all the time, so why not here too? As demand grows for natural and 'clean-label' ingredients, the supplement industry is also being pushed to rethink its raw materials and packaging. But 'clean' is not a scientific guarantee and neither is 'natural' a synonym for sustainable. The scale of the industry makes the question significant. The global supplements market was already estimated at 209.5 billion USD in 2025 and is expected to cross 431 billion USD by 2033. That means more manufacturing and, potentially, more packaging moving through the supply chain. There is another bitter aftertaste: dosage. FSSAI regulates health supplements and nutraceuticals under its 2016 regulations, with specified requirements for permitted ingredients, usage levels, and labelling. Because when 'more' becomes the selling point, knowing the limit becomes just as important as knowing the ingredient.

Continued on page 3...



Illustration: Akshita Rathore, AIS Mayur Vihar, XI F

Page editor: Akshita Rathore, AIS Mayur Vihar, XI F



— Around The — WORLD

GT keeps the newswire ticking by bringing you news from around the globe



FRANCE

A 'heavy' loss

A 330-pound bronze book cover, designed by surrealist artist Salvador Dalí, has been stolen from a private museum in Issoire, its protective display smashed. Decorated with precious stones, seashells, and cutlery, the cover was created between 1958 and 1961 for a lavish edition of the *Livre de l'Apocalypse* (Book of Revelation). The book's sheepskin pages were not inside the cover and remain safe. Valued at two million francs in 1961, it is now considered a French heritage treasure worth several million euros.



PALESTINE

Famine fear on a rise

UN's World Food Programme has announced that it was forced to cut food assistance in Gaza by around one-third due to severe funding shortages, reducing monthly aid recipients from 1.6 million to 1.1 million people. This leaves 5,00,000 residents without vital support. Officials said that rations and cash aid are also being drastically reduced because of financial deficit. The severe funding shortfalls hit amid an ongoing crisis where 1.4 million people already face acute food insecurity. Out of those affected, 200,000 individuals remain in emergency conditions.



SAUDI ARABIA

Conference delayed

Flagship Future Investment Initiative, often called the 'Davos in the Desert', scheduled for Oct 26-29 in Riyadh has been postponed as a result of recent Houthi attacks, including a missile strike on King Khalid International Airport. It is a setback for the kingdom's economic ambitions as this annual event showcased Saudi Arabia's financial muscle on the world stage. Wall Street leaders including JPMorgan Chase CEO Jamie Dimon; Citigroup CEO Jane Fraser; Goldman Sachs CEO David Solomon; and BlackRock boss Larry Fink were the key speakers. The conference will now be held in 2027, with new dates to be announced later.



USA

The flying car

Tesla unveiled a Roadster prototype that can make short airborne hops, using SpaceX's cold-gas rocket thrusters. The demonstration included jumping, rotating in mid-air, and landing. Elon Musk plans for its mass production by 2028. The one-seater rocket variant, however, is available only by invitation and not approved for public-road use. According to FAA, it does not meet its definition of an aircraft, and experts caution against technical, legal, and safety hurdles.



BELGIUM

A green marvel

Ghent Design Museum announced a 20 million EUR expansion built from recycled materials. The five-storey building incorporates discarded car windscreens, old sinks, construction rubble, toilets, and reclaimed timber. The key innovation is its specially developed bricks, made from 63% recycled construction waste, sourced locally and mixed with hydrated lime. The bricks produce two-thirds less embodied carbon than conventionally fired clay bricks and absorb CO₂.



INDIA

Delhi pollution curbs

Measures to control Delhi's air pollution are set to tighten from November 1. Parking charges at authorised facilities will double, vehicles without valid PUC will not be supplied fuel, vehicles registered outside Delhi that do not meet BS-VI emission standards will be barred from entering the capital. Government and private offices are required to limit physical attendance to 50%, and dust-generating demolition work and open civil construction activities will be prohibited.



JAPAN

MMX moon mission

The country launched a space mission to collect samples from Phobos, one of Mars' two moons, to bring it back to Earth for a detailed analysis. Led by Japan Aerospace Exploration Agency (JAXA), the Martian Moons eXploration (MMX) mission is expected to reach Martian orbit in August 2027. A small rover will survey the moon's terrain and help identify a landing site for the main spacecraft, which will then use a robotic arm and two sampling devices to collect material from the surface.

A recipe for success

Steps On How To Bake A Perfect Food Vlogging Career

Himabhri Tiwari, XI B &
Varnika Nagpal Nafees, XI C
AIS Mayur Vihar

A self-taught baker, author, food stylist, and influencer, Shivesh Bhatia began experimenting with baking at a young age, eventually transforming his love and passion for desserts into a thriving career. He

shares how his visually appealing creations have made baking accessible to home bakers.

A sweet beginning

I started baking when I was in Class XI. My nani was unwell at the time, and I wanted to do something that would make her happy. I remember baking cupcakes using a Betty Crocker mix,

and that was where it all began. I enjoyed experimenting with recipes, learning from my mistakes, and seeing people appreciate what I made. When I started posting my creations online, I wasn't thinking about followers or whether something would go viral. I simply wanted to share what I loved. Instagram allowed me to bring together my interests in desserts and photography. As people began trying my recipes and sharing their experiences, I realised there was an audience for my work. Sometimes, you just have to begin without knowing how things will turn out.

Syllabus & soufflés

While pursuing political science at Hindu College, I learnt to make the most of the hours I had. College was important to me, and I wanted to experience it fully while building something I was passionate about. I planned my content, shot recipes whenever I could, and worked around my academic schedule. It taught me discipline. When you choose a career that isn't conventional, people will have questions. But I always felt that if I was willing to put in the effort, there was no reason why it couldn't become something meaningful. I didn't have all the answers when I started, but I decided to figure things out as I went along.

INTERVIEW

The art behind recipes

My creative process usually begins with an idea. It could be a dessert I've always wanted to make, a flavour combination I'm curious about, or a recipe I want to simplify for home bakers. Then, I develop and test it, because a dessert must not only look beautiful but also work in a real home kitchen. Styling, lighting, and presentation come next. There is plenty of trial and error, and not everything works the first time. I strongly believe baking should be for everyone, not just professional chefs or people with expensive equipment. This belief also led me to explore eggless baking, as many people wanted eggless recipes for dietary, personal, or cultural reasons. Today, around 90% of my recipes are eggless, and I love showing people that an eggless cake can be just as soft and delicious."

Making of a masterchef

Nigella Lawson has always inspired me with her ability to make food feel personal and comforting. I also learnt a great deal during my internship with Pooja Dhingra of Le15 Patisserie. Cookbooks, travel, and everyday flavour combinations also inspire me. Publishing cookbooks was a natural extension of my online

Achievements

- Named Forbes 30 under 30 Asia Honoree 2023-24
- Listed under Top 100 Digital Stars by Forbes
- Cosmo India Blogger Awards Food Icon of the Year 2023
- Inspiring Personality in Culinary Excellence at Global Excellence Awards 2024
- Over 5 million followers
- Author of Bake with Shivesh and Shivesh Bhatia's Desserts for Every Mood
- YouTube: Bake with Shivesh

work. I choose brand collaborations that align with my values. Awards and recognition are wonderful, but success, for me, also means enjoying my work and creating something meaningful. What is important is that I remain open to constructive feedback without taking every negative comment personally.

Message for Amitians

Don't be afraid to pursue something different. You don't need the best equipment, a huge following, or a perfect plan to begin. Whether your passion lies in baking, art, sports, science, or anything else, give it your time and effort. Don't compare your beginning with someone else's tenth year. Every big journey begins somewhere!



Shivesh Bhatia, food influencer

Pills, powders, and promises

Continued from page 1...

The influencer effect

'Use my code for glowing skin, stronger hair, and deeper sleep.' In 15 seconds, a reel can transform a supplement from an unfamiliar bottle into a must-have lifestyle accessory. A 2026 Pew Research Center survey found that 40% of US adults said they get health and wellness information from social-media influencers or podcasts. Among those consumers,

30% of women aged 18-29 and 23% of men aged 18-29 said they often hear about dietary supplements or cleanses from influencers. Earlier research examining 100 Instagram posts promoting skin, hair, and nail supplements found that only 4% came from verified accounts, while just 1% contained a visible Supplement Facts label. That changes the way supplements are sold. The product is no longer simply a product. It is a morning routine, a 'glow-up', a gym essential, or a creator's secret.

Not a substitute for food

This might sound preachy, but can a supplement provide the fibre in *dal*, healthy fats in nuts, protein in pulses, and all the other nutrients packed in a balanced meal? FSSAI defines health supplements as products meant to supplement the normal diet, not replace it. A capsule may deliver a nutrient, but food delivers a combination. A bowl of *rajma chawal* brings carbohydrates, protein, and fibre; add vegetables, curd, and fruit, and the nutritional mix only gets richer. This distinction

matters when the global supplements market is racing from 228.2 billion USD in 2026 to a projected 431.7 billion USD by 2033. So, what do supplements deliver? Sometimes they fill genuine nutritional gaps. Sometimes they offer convenience. Sometimes the promise may be bigger than the evidence. Perhaps the real question isn't what is inside the bottle, but why we want the bottle in the first place. Health? Convenience? Control? Or simply our age-old search for a shortcut? The supplement boom may eventually tell us.

Text: Varnika Nagpal Nafees, XI C | Illustration: Amogh Sethi, X C; AIS Mayur Vihar

WAVEWALKER

Have monsoon streets ever felt like a parkour course? One puddle, one pothole, and one very soggy sock later, you wish you had WAVEWALKER. A sleek, water-defying shoe built for anyone who wants to actually enjoy walking or jogging in the rain.



The science of staying dry



Built tough: High-density EVA non-porous base that keeps water out. Zero leaks!



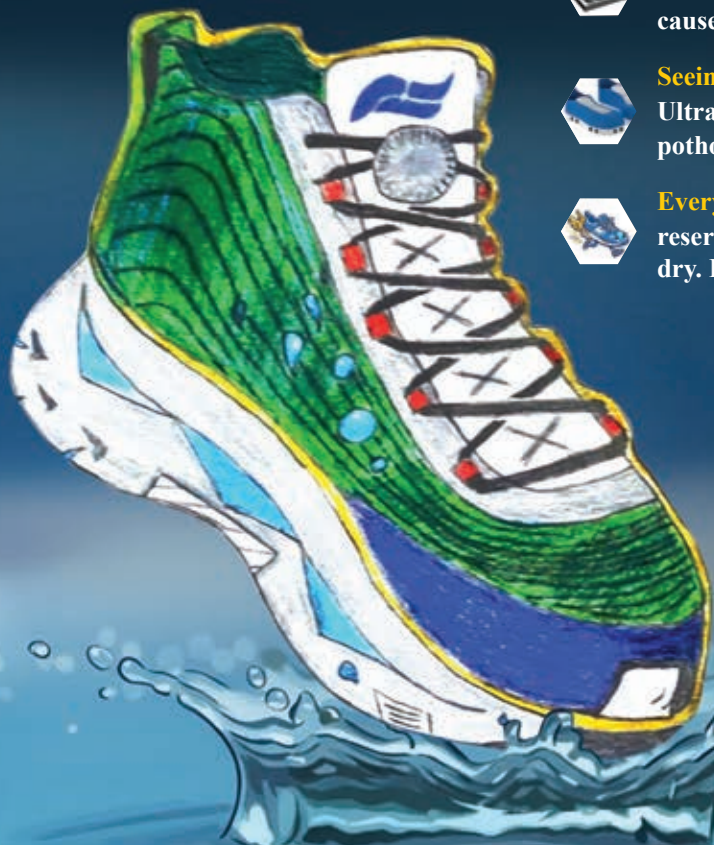
Physics, obviously: Superhydrophobic coating causes water to fall right off.



Seeing what you can't: Ultrasonic sensors detect sneaky potholes and warn you.



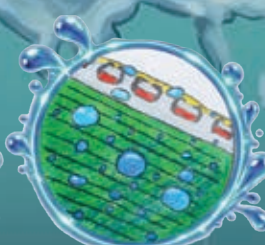
Every step counts: Stretchy heel reservoir pressure pumps itself dry. Pretty cool, right?



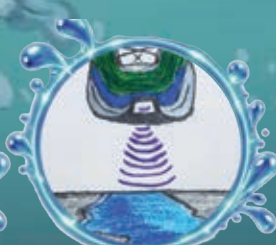
Rechargeable heel-mounted battery



Water-clearing heel system



Superhydrophobic coating



Submerged hazard detection with vibration

DISCLAIMER: Real scientific principles. Fictional ideas with a potential future.



The touch illusion Your Senses Are Lying To You

Saanvika Gupta
AIS Gurugram 46, IX I

Holding this newspaper, it feels solid, right? What if physics teaches us that you have never truly touched anything? The more deeper scientists explored atoms, they found out that what we experience as touch isn't really contact; rather it is an invisible field at work.

Meet the atom

An atom is the smallest unit of a chemical element that is made up of three particles: positive protons, neutral neutrons, and negative electrons. Protons and neutrons form the tiny, dense nucleus present at its centre, meanwhile electrons occupy shells or clouds around it. An atom is more than 99.99% empty space, for almost all of its mass is concentrated in the nucleus. If an atom were the size of a stadium, its nucleus would be roughly the size of a grain of sand at the centre.

The twist

So, how does a tiny atom prevent us from touching a surface? We all know that opposite charges attract, while like charges repel - known as the electromagnetic force. When two atoms approach

each other, their outer electrons interact. The Pauli exclusion principle also prevents electrons from occupying the same quantum state, like the 'one seat, one student' rule. This creates Pauli repulsion, which, together with electromagnetic interactions, strongly resists atoms being pushed into the same space.

Why does it feel real?

Of course, you feel something when you touch it. This is because your body contains sensory mechanoreceptors which respond to pressure and vibration - these receptors send electric signals to the brain, which then respond to the perception of 'touch'. Eventually, your brain isn't lying to you; the poor thing just simplifies the invisible physics into something that our brain can understand.

Ironically, the very forces that prevent your hand from passing through a table are what allow you to rest it on one. Without these invisible interactions, the world as we know it would lose the structure that holds it together. So, the next time you pick up a newspaper, remember: what feels like simple contact is actually a fascinating dance of electromagnetic forces and quantum rules.

Banned but not **BROKEN**

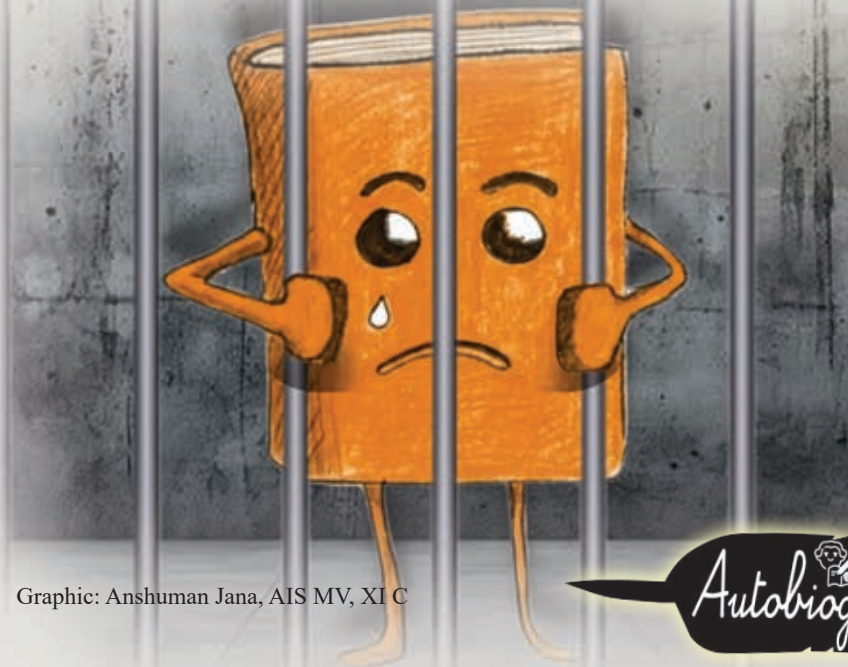
Ruqayya Rahman, X B &
Sahaj Rana, XI C, AIS Mayur Vihar

The Books That Refused To Be Erased

When I was first written I thought I was ordinary. But my story is anything but so. The more I was silenced, the louder was my echo. Surprised, how I managed it? Well, that's because you can't keep a good thing down forever. They refer to me and my brethren as 'banned books', all because we had the courage to speak our minds. No, not like the musical band but like banned-banned, legally. Can you imagine?

My historical trauma goes all the way back to 213 BCE China where Emperor Qin Shi Huang felt threatened by literature and philosophy. His solution? Burn all books except agriculture and medicine. What a white-livered curmudgeon. How can you feel threatened by us when we can barely stand still without a bookend? Fast forward a bit and the first banned book in the history of mankind (recorded obviously), was 'New English Canaan' by Thomas Morton, published in 1637. Since when have they been chasing me? Like ugh, why are you so obsessed with me?

But I'm a rebel with nothing more than just ink and paper. I never learnt my lesson, rather being banned built a bit of my character. Then enters my homeboy, 'Animal Farm' by George Orwell, casually addressing social injustice and corruption,



Graphic: Anshuman Jana, AIS MV, XI C

and multiple countries collectively lost it and yanked it off shelves like he personally offended their lineage. However, it turned into a literary classic later on.

Sorry if I am talking too much but I am what they call an 'open book'. My greatest enemy isn't fire, it's the people who think ideas are obedient and banning me would stop humans from questioning 'why'. Overzealous censors have occasionally targeted dictionaries, claiming that definitions

of certain anatomical or taboo words are inappropriate. Robert Greene's bestseller 'The 48 Laws of Power' is banned in many US federal prison facilities because authorities worry that inmates could use its strategic advice to outsmart the staff. Now that's called good writing.

It's funny how the censor board reads one sentence from me and bales, "Ban the book." A stiff old man, wearing a crisp thousand-dollar suit holding a briefcase,

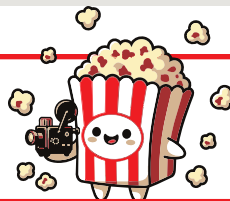
with a tattoo on his forehead saying, 'I will say no to everything,' is how a censor board member looks like. But hey, I never hold a grudge. I am always ready to turn over a new leaf. Literally. I resurfaced with the 'Captain Underpants' series by Dav Pilkey, and became the most challenged book from 2001-2013. How can a man in his underpants become a threat to humanity?

They banned '1984', 'Fahrenheit 451', the list goes on. But every time they lock me up, I come back with double the copies and triple the fans. Honestly! Being banned is a shortcut to success because it's the ultimate publicity that comes free of cost. We've been 'aura-farming' way before it was even a thing. Take 'Harry Potter' for instance. The boy who learned magic at Hogwarts got banned in some countries because grown

adults deemed that a fictional wizarding world was too dangerous for children. But did it stop the boy? Absolutely not. It earned global fans, got translated into more than 80 languages, and even got a legendary movie franchise.

They can lock, spurn, or burn me but they can never burn an idea which I carry at my core. Now, if you are done reading this, please dust me occasionally as I'm trying to look good for my next trial.

MOVIE REVIEW



Unshakable dynamic duo

Movie: Lilo & Stitch

Directed by: Dean Fleischer Camp

Released on: May 23, 2025

Starring: Maia Kealoha, Sydney Agudong,

Chris Sanders, Zach Galifianakis

Genre: Live-action, adventure, comedy

Synopsis: This live-action adaptation of Disney's 2002 animated classic follows Experiment 626, better known as Stitch, a mischievous alien that is genetically engineered by Dr Jumba Jookiba to be destructive and difficult to control. After escaping from the United Galactic Federation, Stitch crash-lands on Earth, where he meets Lilo

Peleikai, a lonely, young Hawaiian girl struggling with life and connections after the passing of her parents, while growing up with her elder sister, Nani.

Mistaking Stitch for a dog, Lilo adopts him from an animal shelter in hope of a companion, unaware of his true identity. As Dr Jumba and Federation agent Pleakley arrive on Earth to capture the runaway experiment, Stitch tries to hide among humans, while learning the meaning of friendship, family, and belonging. Together, Lilo and Stitch begin an emotional journey filled with adventure, humour, and heartfelt moments that strengthen their unlikely bond and remind us what it means to be a family.

Why is it worth watching: The film brings back the nostalgia of the beloved childhood classic while introducing the story to a new generation. At its heart lies a touching message about friendship, loyalty, and the importance of family. Maia Kealoha delivers a charming performance as Lilo, while Chris Sanders once again brings Stitch to life with his familiar voice. The Hawaiian setting, emotional moments, and well-timed humour make the film entertaining and meaningful. Although some scenes differ from the original, the remake still captures much of its warmth and emotional core. It may not be perfect, but it remains an enjoyable watch for longtime



fans and first-time viewers alike.

Iconic dialogue: "Ohana means family. Family means nobody gets left behind or forgotten."

Rating: ★★★★★

Review by: Aanya Singh, AIS Vas 6, IX E

The strides to greatness



Dr Amita Chauhan
Chairperson

The announcement of the 2026 Nobel Prizes has once again drawn our attention to extraordinary minds whose work has transformed how humanity understands the world. Nobel laureates have, in fact, always intrigued me, making me wonder what it takes to achieve such greatness. Some years ago, an interaction with Sir Richard John Roberts, the 1993 Nobel Laureate in Physiology, at Amity University offered me some fascinating insights into this very question. His words helped me realise that what drives these exceptional minds is not the pursuit of an award, but a lifelong quest for knowledge. I vividly recall how he emphasised the importance of reading and clear communication, encouraging us to look beyond textbooks and classrooms. This is precisely the holistic learning eco-system I have tried to nurture at Amity. His Grandmother Test, in particular, is a simple yet powerful lesson - if you can explain your work or assignment to your grandmother in simple terms, and she can confidently explain it to someone else, you have mastered the art of communication. My dear Amitians, this is a timeless lesson worth imbibing.

We also know that Nobel laureates are drawn to art, music, and literature, proving that diverse interests enrich intellectual inquiry, and this is the essence of the inter-disciplinary learning at Amity as well - exploring new perspectives and discovering possibilities where others see limitations. We create this environment through a rich galaxy of academic programmes and opportunities that nurture curiosity, creativity, and independent thinking. I am convinced that, amidst my dear Amitians, a future Nobel Laureate is already beginning a journey towards greatness. **GT**

Canvas of words



Meenu Kanwar
Principal, AIS MV

'Writing is the painting of the voice.' The Global Times, the only registered school newspaper across the country, is a beautiful canvas envisioned by our esteemed Chairperson, Dr (Mrs) Amita Chauhan, celebrating the literary talent and artistic flair of our budding writers and artists. Beyond keeping us updated on the latest happenings in the Amity Universe, it inspires students to nurture their imagination and express their thoughts through words and illustrations. Reflecting Chairperson Ma'am's vision of nurturing academically accomplished, socially conscious, articulate, and creative Amitians, GT provides a unique platform for students across classes to think, create, and express. It is a matter of immense pride that many young Amitians already hold copyrights for their published works. May the tribe grow!

This contest edition of AIS MV is another step towards this vision. A collective endeavour of blossoming authors, poets, journalists, and artists, it brings together soul-stirring poetry, thought-provoking articles, captivating stories, interviews, and insightful ground reporting. As the first contest edition of 2026-27, it reflects the dedication, diligence, and imagination of our young editorial team, whose tireless brainstorming has shaped this wonderful publication. My heartfelt appreciation and best wishes to the entire team. May they continue to explore, create, and inspire through the power of words! **GT**

Death of boredom

How Constant Stimulation Stifles Our Creativity

Aadya Behl, AIS MV, X A

Think about the last time you stood in a queue with nothing to do. No conversation, no book, no music. Just you, a few strangers and five minutes to spare. Chances are, your hand reached for your phone before you even noticed you were bored. In the contemporary world, we seem to have developed an unusual fear of being bored. A pause in the day feels less like a pause and more like a problem to be solved. Waiting for the metro to arrive, sitting at a traffic signal, or standing in a queue has become an invitation to scroll. Short-form videos and push notifications offer an endless stream of tiny rewards, training us to choose instant stimulation over the discomfort of uninterrupted thought.

Income over idleness

There is, after all, an entire economy built around keeping us occupied. Companies compete for the one resource that cannot be manufactured; that's our attention. Behavioural economists describe attention as a gatekeeper to decision-making; whoever captures it can influence behaviour and, ultimately, monetise it. The numbers make the scale difficult to ignore. Industry estimates suggest that people check their devices around 96 times a day, while global internet users spend approximately 6 hours and 51 minutes a day on screens. So, the next time you instinctively unlock your phone while waiting for a lift, it is worth asking: did you actually want to look at it, or have you simply forgotten what waiting feels like?

Illustration: Yadvi Kumar, XI F &
Ashirya Srivastava, VIII C, AIS MV



When nothing happens...

Boredom, however, may not be the empty state we imagine it to be. When the brain is released from focused tasks and external stimulation, the Default Mode Network (DMN) becomes more active. This network is associated with processes such as autobiographical memory, reflection, and aspects of creative thinking. Sometimes, nothing happening is precisely when something begins to happen inside our heads. In one well-known experiment, participants asked to perform a dull, repetitive task of copying numbers from a phone book generated more creative uses for plastic cups than participants who were not given the same boredom-inducing task. The point isn't that phone books are secret creativity machines. But it is also true that without constant input, the mind wanders, leading imagination to somewhere unexpected.

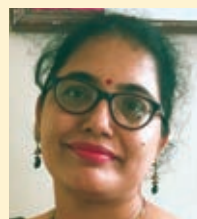
Strive for stimulation

Studies illustrate that people would rather be electrically shocked than left alone with their thoughts. The human mind may be getting wired to find inner reflection unbearable. This, in turn, erodes our emotional resilience and attention span. When we lose the capacity to endure quiet moments, we lose the ability to engage with complex books, long conversations, and deep work. Reclaiming boredom is not a regressive rejection of technology; it is an act of cognitive preservation. Embracing moments of stillness allows our minds to wander, restore focus, and rediscover the profound creative insights that only emerge when the noise stops.

This brings us to the question: Is the 'death of boredom' a triumph of progress or the quiet loss of an essential part of human spontaneity? **GT**

GT, the constant creativity machine

It is rightly said that change is the only constant in life. Yet, in this ever-changing world, The Global Times has been a constant in the Amity Universe, an anchor that has given direction to young minds, bringing together diverse talents and helping them find their voice. While GT has evolved with time, its essence remains unchanged. It assures young writers, artists, and designers that their voices will be heard, their



Manisha Batra
GT TC, AIS MV

creativity will find expression, and talents will find an audience. By keeping the students meaningfully engaged, GT nurtures invaluable skills - from writing, researching, and critical thinking to creativity, collaboration, and time management. But its biggest contribution is offering young minds an alternative to the chaotic, distracting, and ad-

dictive world of social media. So, this constant in our lives does far more than bring out a weekly newspaper. It is nurturing resilience, perseverance, and mental agility - qualities that will empower our Amitians to navigate the world with confidence and adaptability. I sincerely hope you find this edition as engaging to read as it has been exciting to create. Here's to the enduring spirit of GT, evolving with the times yet remaining a constant in the lives of young minds!

Smallstraits, bigstakes

Just as our bodies rely on jugular veins to keep blood flowing, the global economy depends on a few waterways to keep trade moving. Aastha Narayan & Garvita Ghugh, AIS MV, XII D, explore these critical maritime lifelines.

Making A Newspaper Contest
AIS MV

2026-27

Strait of Hormuz



The world's oil tap

📍 Location: Between Iran and Oman, connecting the Persian Gulf with the Gulf of Oman and Arabian Sea.

🚢 Significance: A major chokepoint, it carries roughly 20 million barrels of oil and petroleum products daily.

⚠️ Vulnerability (Extreme): At its narrowest, the 39-km-wide strait splits into 2 shipping lanes, each 3.7 km wide.

📖 Historical footnote: The 1st-century Periplus of the Erythraean Sea is among the earliest texts documenting maritime trade in the region.

Strait of Gibraltar



The Mediterranean's gate

📍 Location: Between Spain and Morocco, linking the Atlantic Ocean and the Mediterranean Sea.

🚢 Significance: A major shipping route and an important corridor for submarine fibre-optic cables.

⚠️ Vulnerability (Extreme): Shipping accidents, anchor damage, and threats to undersea infrastructure can disrupt both physical and digital connectivity.

Illustration: Akshita Rathore,
AIS Mayur Vihar, XI F

Panama Canal



The oceans' shortcut

📍 Location: Crosses the Isthmus of Panama, linking the Atlantic and Pacific Oceans.

🚢 Significance: A vital shortcut, it eliminates the need for ships to sail around South America.

⚠️ Vulnerability (High): The canal depends on freshwater from Gatún Lake, making droughts and El Niño a major concern.

📖 Historical footnote: Its name inspired the famous palindrome: 'A man, a plan, a canal, Panama!'

Bab el-Mandeb



The gate of tears

📍 Location: Between the Arabian Peninsula and the Horn of Africa, connecting Red Sea with Gulf of Aden.

🚢 Significance: A crucial route for container shipping and energy supplies between Europe, Asia & West Asia.

⚠️ Vulnerability (Critical): Closure forces ships to go around Africa, surging fuel, insurance & freight costs.

📖 Historical footnote: Its name means 'Gate of Tears', traditionally linked to an ancient legend of an earthquake that separated Arabia from Africa.

Strait of Malacca



Asia's shipping highway

📍 Location: Between Sumatra & the Malay Peninsula.

🚢 Significance: One of the world's busiest shipping routes and a key energy corridor connecting West Asia with East Asia.

⚠️ Vulnerability (High): At its narrowest, the passage is only 2.8 km wide, increasing congestion, collision risks.

📖 Historical footnote: The Srivijaya Empire of Southeast Asia controlled key parts of the strait in the 7th century, profiting from maritime trade.

Educational
Poster



Illustration: Aastha Narayan, AIS Mayur Vihar, XII D



Anshita Sharma, AIS MV, XI F

The article had no author. It had no title. It had no reason to be in the newspaper. But it knew me. Our half-yearly exams were over, festive vibes had begun, and mornings were pleasantly cold. During our library period, my friend and I were asked to find an article in a stack of newspapers from 2009 and 2010. As we flipped through the yellow, crinkly pages, an untitled article caught my eye. Its first line read: She looked at the wall clock at 12:17 PM and knew she was late for the maths lesson. I ignored it. Next day in the corridor, I got caught up talking to someone. When I finally looked at the clock, it was 12:17 PM. I was late for my lesson. The sentence in the newspaper flashed through my mind. Next day, I rushed to the library and found the newspaper. The line had changed. It read: She lost a black pen today. I had lost mine the previous lesson. I decided to test it. During fourth period, I secretly drew a star beneath my desk. When I checked the newspaper, the words were printed in bold: Today, in the fourth period, she drew a star beneath her desk. Someone

Next day, I rushed to the library and found the newspaper. The line had changed. It read: She lost a black pen today.

or something was watching me. I swiftly threw the newspaper into the classroom bin. For three days, nothing happened. Then I entered my classroom and found it lying on my desk. Nobody knew who had put it there. This time, I went straight to the library. I found copies from 2009, 2010, and 2012. The same article appeared in each, but the wording was different. At the bottom of the oldest copy was a handwritten sentence: Every reader eventually becomes an author. I read it twice. Then the first line changed. 'She is going to open the blue locker tomorrow.' It wasn't describing the past anymore. It was predicting my future. The next day, I deliberately avoided the locker. When I returned to the newspaper, the sentence had changed: She decided not to open the locker today. That's when I understood. The newspaper wasn't predicting my future. It was

rewriting itself according to my choices. I turned to the last page. A blank sheet was attached to it. At the top were three words: What Happens Next? Beside it lay a pen. Below the title was my name. And beneath my name, tomorrow's date. A new sentence appeared: She will pick up the pen. I stepped away. The sentence changed. 'She decides not to.' The newspaper was waiting for me to choose. I finally understood the rule: the reader becomes the author, and whatever the author writes becomes the next event. I picked up the pen. If I wrote that the newspaper disappeared, perhaps the nightmare would end. But then another line appeared: The author doesn't decide what happens but decides who it happens to. My hand began moving while more words appeared: Tomorrow, someone else will find this newspaper. I dropped the pen. On the first page, a new name slowly appeared. Not mine. Someone else's. And beneath it, the original sentence returned: She looked at the wall clock and knew she was late for the maths lesson. The newspaper had found its next reader. And I had chosen them.



Aadya Behl, AIS Mayur Vihar, X A

We cross our palms to pray for the celestial
While they lean to trace the raw, terrestrial
Two distant orbits that shouldn't coincide
Yet, bound by promises, their rhythms drive

Man kneels and paints his promised land
No stroke muddies under trembling hands
He waits to cast aside this heavy clay
And finally reach for the light of day

For what is faith without a prayer to send?
And what is life without a blazing end?
While beyond the vault of falling dew
An effulgent woman slips the curtain through

She glides through starlight, temper wise
With endless silver burning in her eyes
To find the one thing heaven cannot hold
A world not frozen, incandescent, or gold

For what is peace without a storm to break?
And what is joy without the heart to ache?
She watches stardust gather on the floor
And presses palms on stones out the door

Envious of the tear running down his cheek
How his finite heart grows warm and weak
He reaches up to claim her peaceful sphere
She reaches down to steal a single year

Bound by the same eternal, restless curse
To want the half they lack in the universe
They pause together on a threshold grand
Calling the other to their Promised Land.

Promised land

Pic: Yadvi Kumar, XI F
Models: Attharv Kumar
Singh, XI C & Anaysha
Johari, II B; AIS MV



GT READ • PLAY • WIN

Answer • Participate • Win Prizes

1 Write answers of all the questions below

2 Click Photograph

3 Mail: editor@theglobaltimes.in or Visit: <http://theglobaltimes.in/readplaywin/>

124

Q.1 Name the first book that was banned as mentioned in the autobiography on page 5?	Q.2 According to the poster in this edition, which strait is located between Iran and Oman?
Q.3 How many people are affected worldwide by key vitamin deficiencies as stated in the top story?	Q.4 What is the headline of the story on page 12?
Q.5 Name the product advertised on page 4?	Q.6 How many times do people check their devices in a day as per the perspective story on page 6?

Winners **123**

Result of Read Play & Win: **Aaradhya Sharma**, AIS Pushp Vihar, VIII C; **Redansh Sharma**, AIS Vasundhara 1, III B; **Pahal Jain**, AIS Gurugram 46, VIII A

CRISIS ON THE MENU



Understanding The Four-Fs Shaping The Future Of Food Security

Amogh Sethi, AIS Mayur Vihar, X C

When Vikram notices his favourite thali getting costlier, he turns to Mr Naresh for answers. What follows is a conversation about four interconnected forces namely Food, Fuel, Fertiliser, and Finance and how wars, supply disruptions, and rising costs can change the price of an everyday meal.

Vikram: Mr Naresh, why has my usual thali become so expensive? Last month, it cost 120 INR. Today, it's 150 INR.

Mr Naresh: Things have become more expensive, *beta*. Cooking gas costs more, diesel is pricier, and even fertilisers have become costlier.

Vikram: Fertilisers? What do they have to do with my lunch?

Mr Naresh: More than you think! Food, Fuel, Fertiliser, and Finance (the four Fs) are all connected. When one is affected, the others feel the impact too. External Affairs Minister Dr S Jaishankar has warned of a possible 'major food crisis', highlighting how geopolitical conflicts, disrupted grain shipments, fertiliser shortages, and financial pressures can threaten food security, particularly across the Global South.

Vikram: But the wars are happening far away. How do they affect my lunch?

Mr Naresh: Think of the journey from farm to plate. Farmers need fuel for tractors and irrigation, fertilisers for crops, and money to buy these. After harvesting,

the produce must be transported and processed. Disrupt any link, and costs can rise.

Vikram: Has this happened before?

Mr Naresh: The Russia-Ukraine war disrupted supplies from two major grain-producing nations. Meanwhile, tensions in West Asia have threatened energy and fertiliser routes through the Strait of Hormuz, a vital international shipping passage.

Vikram: Why is this route so important?

Mr Naresh: Because it carries essential agricultural inputs as well as energy supplies. According to the International Chamber of Commerce (ICC), Persian Gulf producers dependent on this route accounted for around 40% of global urea trade before its closure in February 2026. The International Energy Agency estimates that more than 30% of global urea trade and around 20% of ammonia and phosphate trade move through the Strait. The ICC also highlights that approximately 50% of the world's sea-borne sulphur trade passes through it.

Vikram: And what happens when ships cannot move freely?

Mr Naresh: Supplies can tighten, shipping costs can rise, and fertilisers can become more expensive. The World Bank reported that international urea prices crossed 850 USD per tonne in April 2026.

Vikram: Does India depend on imported fertilisers too?

Mr Naresh: Yes. India imported 17.69 million tonnes of fertilisers in 2023-24, according to NITI Aayog. Higher import bills can put pressure on foreign exchange, government subsidies, and finances.

Vikram: Does this mean global

food prices rise as well?

Mr Naresh: They can, although global and domestic prices do not always move together. The FAO Food Price Index averaged 136 points in September 2026, up 5.8% year-on-year. Separately, India's food inflation reached 7.74% that month, while overall retail inflation stood at 5.54%, according to provisional government figures.

Vikram: Why are these numbers different?

Mr Naresh: The FAO tracks international commodity prices, while India's food inflation measures price changes faced by domestic consumers. Local harvests, transport costs, and exchange rates influence how global shocks reach our markets.

Vikram: Let me get this straight. Fuel affects fertiliser, which affects food. Where does finance fit in?

Mr Naresh: Natural gas is a key input in urea production. Fuel also powers tractors, irrigation pumps, and transport. Fertilisers supply crops with essential nutrients, while finance determines whether farmers can afford these inputs.

Vikram: So, how do the Fs work together?

Mr Naresh: Think of it this way:

Fuel: Powers farm machinery, irrigation, fertiliser production, and transportation.

Fertiliser: Supplies the nutrients crops need, but depends on energy, manufacturing, and international supply chains.

Finance: Determines whether farmers can afford inputs and whether governments can support production through subsidies.

Food: The final product affected by changing production, supply, and transport costs.

Moreover, a Super El Niño can bring extreme weather and disrupt rainfall. The four Fs can amplify one another: costlier fuel raises production expenses, fertiliser shortages threaten yields, and financial constraints make adaptation harder.

Vikram: Can India do anything to prevent these shocks from affecting our plates?

Mr Naresh: We cannot control every conflict, but we can reduce our vulnerability.

Vikram: Okay, I am understanding, but if India produces enough food, shouldn't that solve the problem?

Mr Naresh: Strong domestic production certainly helps. The government's third advance estimates placed India's 2025-26 foodgrain production at approximately 376.56 million tonnes. Yet high output cannot eliminate dependence on imported fertiliser inputs or protect every harvest from extreme weather.

Vikram: What can farmers do to manage these challenges?

Mr Naresh: They can adopt water-efficient irrigation, conservation agriculture, better soil management, and site-specific fertiliser use. More than 26 crore Soil Health Cards had been issued by July 2026, helping farmers make informed nutrient-management decisions.

Vikram: Now I realise how my bill is connected to ships crossing international waters, gas supplies, fertiliser factories, farmers' loans, and government policies!

Mr Naresh: Precisely. Food security depends not just on how much grain we store, but on whether we can keep producing and delivering it affordably.



Pages of eternity

Discover A Realm Where Timeless Stories Are Immortalised



Ruqayya Rahman, X B &
Yadvi Kumar, XI F, AIS Mayur Vihar

In the bustling city of Delhi, tucked away from its relentless pace, lies a quiet treasure trove of India's cultural memory. Established in 1967, Memoirs of India is a bookstore in South Ex II where books are more than objects on shelves; they are fragments of history, carefully collected, restored, and preserved for generations to come.

A legacy collected

The story began almost by coincidence. After college, Rajiv Jain found himself drawn into the world of rare collectibles when a gentleman offered to sell his collection. What began as an unexpected opportunity grew into a lifelong passion. Today, Memoirs of India houses around 5,000 books, including first editions, signed copies, art books, fine bindings, rare antiquarian maps, and works on literature, natural history, travel, exploration, architecture, politics,



Rajiv Jain cherishing collectibles

economics, philosophy, medicine, and archaeology. Its shelves hold books dating back to before the British Raj, featuring authors such as Thomas and William Daniell, William Hodges, Henry Salt, James Forbes, Emily Eden, among several others. The oldest book in the collection is 'A Discoverie of the Sect of the Banians' by Henry Lord, published in 1599 as an early book on the Indian subcontinent.

Pages have memories

Collecting these books is only the beginning. "Around 80% of the books require some restoring intervention," Jain explains. The process begins with a careful examination of books. Centuries-old paper often turns yellow as the iron present in it oxidises

Pics: Raghav Goswami, AIS MV, XII A



GT reporters with Rajiv Jain

on exposure to air. Tiny, cheetah-like spots appear across the pages, requiring delicate treatment and, where necessary, bleaching. Restoration, however, demands a fine balance. While ensuring that the ink does not smudge, the pH levels of the paper must be brought to a neutral range to help prevent further deterioration. Then comes the binding. "The binding of the book is the most important aspect," he says. There is no fixed timeline for this process of restoration and rejuvenation. While some books can be restored in a few days, others may take months, depending on their condition and the extent of damage.

Treasures and tales

Every rare book has a story, and some-

times, that story reveals itself unexpectedly. Jain recalls discovering a book that was terribly damaged. As he leafed through its fragile pages, he was surprised to find the signatures of several famous personalities. "Small surprises like this are really something," he says.

For a collector, books are not merely repositories of information. They are objects that have survived generations - being passed on as heirlooms, carrying both historical and sentimental value. Rare books can also be valuable investments, their worth often growing with provenance. Jain expresses concern about rare books being destroyed to feed artificial intelligence datasets. In his view, reducing these treasures to mere information, strips away what cannot be captured through digitisation alone - their physical presence, craftsmanship, and the history they embody. "These books are like Nagina, which are jewels in Urdu," he says. The word lingers. Perhaps jewels in the true sense, these books have stood the test of time, not because they contain knowledge, but because someone, somewhere believed they were worth saving. **GT**

Pics: Varnika Nagpal Nafees, AIS MV, XI C



Illustrators giving imagination a shape



Editorial board of AIS Mayur Vihar weavers of ink and art



Photographer visual storytelling



Designer perfecting craft



Editors penning evocative narratives

For more pictures, log on to www.facebook.com/theglobaltimesnewspaper or www.instagram.com/the_global_times

Towards light

Amitians Celebrate The Role Of Gurus In Life



Chairperson and special guests with the awardees



Dance-drama honours Guru-Shishya relationship

AIS Gur 46

The school celebrated its 21st annual day, themed *Tamso Ma Jyotirgamya* - Guru is the Guiding Light, on October 4, 2026. Celebrating the timeless role of the Guru in illuminating the path of knowledge, wisdom, and character, the occasion was graced by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF; Priyanshu Dewan, HPS, DCP, Cyber Crime, Gurugram; and Dr Himani Ahluwalia, director, Lady Hardinge Medical College and Associated Hospitals, as the special guests. A total of 2,135 students from Classes III to IX participated in a magnificent showcase of cultural talent and creativity. Adding to the celebrations, the school's Heritage Club, Interact Club, Youth Power Club, Science Club, and ATL Club presented an impressive display of their ambitious projects,

initiatives, innovations, and creative endeavours.

The event commenced with a warm welcome by the students, followed by *Sur-Samanvaya* - Illuminating Hearts Through Music, a soulful musical presentation by the school orchestra. The annual report, presented by school principal, Dr Arti Chopra, highlighted the school's journey, achievements, milestones, and initiatives during the academic year 2025-26. The student council then presented *Jyotirmaya Vijaya* - The Victory Saga, celebrating the remarkable achievements of the students across diverse fields. The spirit of patriotism filled the air with *Vande Mataram*, a musical rendition by the Amitasha students, preceded by a graceful presentation by the scouts and guide.

A significant segment of the celebration was Amity's 'Hall of Honour', wherein 8 special awards and 114 appreciation

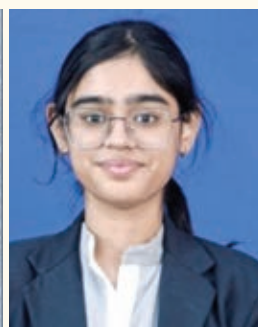
awards were given to the outstanding students for their exceptional accomplishments. The highlight of the day was the spectacular dance-drama, *Tamso Ma Jyotirgamya* - Guru is the Guiding Light. Through a powerful blend of dance, drama, music, and visual storytelling, students explored the profound relationship between the Guru and the disciple. The presentation beautifully portrayed the Guru as a guiding beacon leading learners from darkness to light, ignorance to knowledge, uncertainty to confidence, and potential to purpose.

Addressing the students, the Chairperson applauded their talent and creativity, and also encouraged them to nurture love and respect for their teachers while striving continuously for excellence. The celebrations concluded with the school song, that was followed by the National Anthem. **GT**

Literary laurels

AIS Noida

Alvina Parvez of Class XII has won the commendation prize in the John Locke Global Essay Prize 2026 in the International Relations category. Her essay 'Should a coalition of countries (or of billionaires) run an experiment with a libertarian microstate?' competed against 1,00,227 entries from 183 countries. The entries were evaluated on the effective use of evidence, strength of argumentation, originality, and persuasive impact. Alvina was also invited to an exclusive academic conference and awards dinner in Mayfair, London, in October. The John Locke Institute's Global Essay Prize is one of the world's most prestigious essay competitions wherein the entries are assessed by a panel of senior academics from leading universities, like Oxford, Cambridge, Harvard, Princeton, and Stanford. The competition encourages students to engage with challenging questions across diverse disciplines, fostering intellectual rigour and independent thinking.



Alvina and her prestigious award

titions wherein the entries are assessed by a panel of senior academics from leading universities, like Oxford, Cambridge, Harvard, Princeton, and Stanford. The competition encourages students to engage with challenging questions across diverse disciplines, fostering intellectual rigour and independent thinking.



Amity's test centre receives recognition for its endeavours

Expanding dreams

ACCGC

It is a moment of pride that the College Board Test Centre at AIS PV, under the aegis of the Amity Career Counselling & Guidance Cell (ACCGC) has received two prestigious awards from the College Board for 2026, recognising its efforts to expand access to international examinations for students across Amity Group of Schools.

The test centre has received the award for 'Expanding Advanced Placement (AP) Program Delivery in India (North)' for the fourth consecutive year and 'Expanding SAT and PSAT Impact in India (North)' award for the

first time. The awards were presented at the award ceremony held on October 9, 2026.

Won under the visionary leadership and consistent guidance of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, the awards are an encouraging recognition of ACCGCs endeavours in making international assessments accessible to more Amitians across India. Through its test centre at AIS Pushp Vihar, ACCGC facilitates SAT and PSAT examinations and offers 26 AP Exams, helping students explore their academic interests and prepare for higher education opportunities in India and abroad. **GT**

A botanical visit



Amitians with the experts of NBRI

AIS VKC Lucknow

On August 20, 2026, 21 students of Classes IX-XII visited CSIR - National Botanical Research Institute (NBRI), Lucknow, for an enriching experience that offered them insights into botanical research, biodiversity, and scientific innovation.

They explored the NBRI Museum and the world's third-largest herbarium housing rare and historical plant specimens. Dr K K Rawat, senior technical officer, Herbarium, introduced them to

herbarium techniques and plant taxonomy. At the fragrance laboratory, Dr M M Pandey, senior technical officer, explained the extraction of plant-based fragrances and their applications. The students also learned about herbal innovations, technology transfer and research commercialisation from Dr Manish S Bhoyar, principal scientist, and Dr Bharat Lal Meena, senior technical officer, Department of Technology Transfer and Business Development. The visit enriched their classroom learning with real life exposure. **GT**

Cooking at late o' clock

The Clock Strikes Three, And The Hunger Pangs Begin

Ruqayya Rahman, AIS MV, X B

It's hot and humid, you lie still, wondering about every decision that led you here. You close the laptop, with math questions staring into your soul. Out of habit, you open Instagram. Spicy ramen reels call your name. That's it. Mission activated.

The objectives are simple: obtain Maggi, cook it, eat it, and leave absolutely no evidence behind. The obstacles, however, include a light sleeping mother, a father who drinks water every hour, and the ever-hungry pit of absolute nothingness - otherwise known as your sibling.

Phase I: In the blink of an eye

The secret stash of Maggi Double Masala noodles has already been devoured during a previous state of hunger. Now the pangs have returned. It's a tough situation - one you decide to Blinkit through. The delivery charge? More than the noodles you ordered. But you go ahead full throttle into the mission as you type the sacred words into the delivery instructions: 'Do not ring the bell!' Soon, the Blinkit bhaiya arrives, zooming towards the house in your imaginary action sequence. You creep towards the door. One squeaky hinge and it'll be over. You collect the packet, close the door, and return to the kitchen like you have just extracted classified intelligence.

Phase II: I cooked, I ate, I conquered

No mission is easy. Every plan requires a

Plan A, Plan B, and apparently, a Plan C - for when dad decides it is time for his fifth glass of water.

There is no such thing as 'Do minute ki Maggi'. At 3 AM, it is closer to diffusing a bomb. You pick up the packet. Crinkle. You freeze. There is silence. So, you continue. Crinkle again. You stare at the packet as if it has personally betrayed you. Finally, after what feels like ten minutes of negotiating with plastic, the noodles are open. Now comes the seasoning. One packet of *masala*. Not two. Not the Double Masala you specifically wanted. You accept your fate.

The stove goes on. The water boils. Every bubble sounds suspiciously loud. Somewhere nearby, your father turns in his sleep. You stop breathing. The house is silent again. Five minutes later, the Maggi is ready. You take the first bite and suddenly every risk was worth it. Math, deadlines, dehydration, parental surveillance: all temporarily irrelevant.

Phase III: Removing evidence

The Blinkit order history is classified intelligence. Only evidence tampering required: dirty dishes. Some people find washing dishes therapeutic. But for you, it is a war against water, grease, and microscopic traces of evidence. Sponge in hand, you begin Operation Clean-Up. The Maggi is devoured. Bowl washed. Pan washed. Fork washed. Everything returned to its usual place. The smell is masked. The kitchen now smells like vanilla and chocolate, because apparently

the crime scene needed a perfume commercial. Mission complete. Or so you thought. A faint figure emerges from the hallway. You pray to every god and immortal spirit that comes to mind. Then you hear the footsteps. It's mum. Before the scolding begins, you deploy the final weapon: the last ice cream cone. Silence follows. Her hand quietly accepts the offering. A wordless treaty is signed, sealed, and delivered. Mission truly accomplished.



Illustration: Harpreet Singh, AIS MV, XI A

Making A Newspaper Contest
AIS MV
2026-27

JUST FOR
LAUGHS

Pics: Raghav Goswami, AIS MV, XII A

In Spotlight



Editor-in-chief: Akshita Rathore



Architects of thought and weavers of dreams - the editorial board of AIS Mayur Vihar