

THE GLOBAL TIMES OCTOBER 1-15 2009 AN AMITY NEWSPAPER When the control of the

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Food for thought

Remembering Gandhi

A soul so simple and humble With thoughts pure & noble Who went behind bars Thinking about our country Used the tool, non-violence And brought independence Freed us from the tyrants who ruled our nation And brought back our glorious reputation!

Our tribute to the father of the nation

Aprajita, IX B AIS MV

INSIDE



Festivity in the air, p5



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Youngistan ka Ailan

If you take one step forward and then two steps backward, your speed of progress is just about anybody's guess. That's exactly what's happening in our country. India's rise as a global power is being pulled back by myriad evils. Perhaps, its time for a re-run of Gandhiji's Quit India Movement, with Amitians voicing their views on what they'd like to quit India forever...

Ankita Marwaha, Aprajita Arushi Jain, Ishita Bedi,

Archita Goyal, Srishti Prasad AIS Mayur Vihar

Illiteracy: Light the Gyan to achieve samman

ence, the literacy rate in India is only 64.84 % and rest of the people are still doomed with the curse of illiter-

acy. Consequently they are caught up in the vicious circle of poverty, unemployment and hunger. Despite continuous efforts and schemes launched by the government to eradicate illiteracy, our country still struggles with its literacy rates.

Aditya Bhatia of Class XI says, "Each one, teach one can really work wonders in this field."

Poverty: Roti Kapda aur Makaan

One of our favourite news chan-

nels proudly reports
about India's indigenously built
Chandrayan, and
lists out the names
of Indians adorning the

of Indians adorning the Forbes list of world's richest people, and you really feel proud to be an Indian.

But suddenly, the camera moves into a remote village of Orissa and you see people dying due to starvation, and a famished family is forced to sell their children to get a few morsels of food and then, we see the bitter side of the story.

If we cannot feed the teeming millions; all our claims to progress and development are hollow. Poverty should quit India Sakshi Gupta of class X says, "We, the people of this nation should come together and work for the upliftment of this country."

Corruption: Let's deal over the table

Can you think of one magic wand which can make the files move, get a d m i s s i o n s, ticket reservation, gas, water and electricity connection at

Well, it can be done by greasing the palms of the men in power. Corruption is causing hurdles in distributing the benefits of the progress and development to the deserving citizens.

Every year government introduces various schemes to help, the farmers, the girl child, the working classes, eradicate illiteracy, provide basic civic amenities to the citizens, but a major part of the funds goes into the pockets of the middlemen. Ishita Choudhury of class XI comments, "It is said you get the kind of rulers you deserve." If you want to kill this hydra-headed demon, begin by not being a part of it, and raising your voice against it.

Pollution: Sab Daag Achche nahin hotey Will one of the wonders of the

world, sculpted out of pristine white marbles be eclipsed by the polluting fumes of the industries and bear

the daag of human callousness towards the environment in the years to come?

Will our generation gift forests bereft of trees and concrete jungles to the future generations? Pollution, the monstrous octopus of our own making, caused, nurtured and ignored by us is ready to grip us in its tentacles.

Sinjini Guha says, "It is the social and moral duty of all citizens to care for our planet."

Terrorists: This species should be extinct forever

Bomb blasts in Sarojini Nagar,

Teacher AIS Mayur Vihar

Delhi or open firing by terrorists in Mumbai - innocent people lost their lives, country

lost its people and property, economy crashed and the government washed their hands off after giving compensations. The terrorists went scot-free to plan more such attacks. The growing menace of terrorism ought to quit India. Tanmaya of AIS Noida quotes from the UN-ESCO's constitution, "Since wars begin in the minds of men, it is in the minds of men that the defenses of peace must be constructed." We need the co-operation and commitment of the entire world

to fight this growing menace of terrorism.

"A change in the individual can bring about a change in the whole society"

Mr Ravi Singh, Secretary General and CEO, WWF India, talks to Aditya Bhatia (XI-A), Aditya Kumar (XI-B), Anwesha Padhy (VIII-B), and Ankita Marwaha (XI-B) of AIS, Mayur Vihar, about the NGO's activities in India to save our wildlife.

There are plans to import and rehabilitate Cheetahs in India. Do you think India is ready for such a big responsibility?

Cheetahs were largely hunted out. They had survived earlier, because the human population was less and there were more of grasslands. There are parts of India where cheetahs can survive still. They can be kept in large enclosures, say, open zoos of one square mile. It will take 4-6 years before they can be released in the wild. But to understand the cheetah's biology and behaviour, we need experts who can take decisions on behalf of our country. And if it's viable, then I think for future generations it'll be great to have cheetahs once again. And this project will require support from the villages and communities around these areas which revere blackbucks. Now cheetahs largely hunt blackbucks and the chinkaras. So the natives might oppose this move. So we must be sure of providing full protection to these animals. The move will be good news for the desert wildlife in India, which is under a lot of threat.

What can be done to keep a check on wildlife poaching?

Poaching happens largely due to the demand for meat and the high cost of animal hide, teeth and other body parts. We must become responsible citizens and should not accept anything which is not produced by sustainable development or illegally. I think at your stage you should create this awareness and ensure that your school, teachers, parents and people you work around with also become aware and do something at their level. Though at your stage you cannot get into wildlife management directly but what you can do is — not to take everyday birds, animals and trees for granted.

Mentor-Wise

What are WWF's projects in Delhi?

• In Delhi we have an annual Tree Planting Drive. Anyone could pick a sapling from our office and plant it anywhere as long as they pledge to protect it.

• We did a scientific study on the reason of disappearance of sparrows from our city.

• Another work we did was at the chief minister Mrs. Sheila Dixit's residence where there were a lot of bats. On being called by her, we converted a part of her house into a Bat Cave or Bat

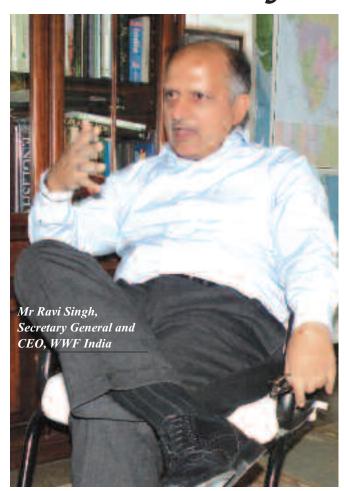
Knowledge Zone. Children can go there on nature's trail.

- There is an Urban Habitat Summit in Delhi where all the architects meet. We have suggested that all the drains around the city (which are about 400-500km in length) be covered and cycling zones be made, which will enable citizens to cycle from as far as South to East Delhi
- We also have a Gangetic Dolphin project, near Bulandshehar, and in Bijnour near Hasthinapur. We organise trips to these places for children to see dolphins, fishes, *ghariyals*, *Sarus* (cranes), etc.

Celebrities, despite being educated and aware, have committed offences against wildlife. How can we use their fame to create awareness?

Children are the future of India. You must write to these celebrities directly saying how upset you are with them because of their actions, asking them to become better people and inspiring others around them to become better citizens. At the same time you should write to those celebrities who are working for saving the wildlife applauding their efforts. A change in the individual can bring about a change in the whole society.

continued on pg 2 ...



News with Views

"We will carry with us all your hopes"

Continued from pg 1......

We are cutting away forests to meet man's demand for food, housing and industries. What are your views on this?

A lot of things are misunderstood in India. Our country has the largest irrigated land in the world and yet our production is still among the lowest. We have sufficient land to produce food for our whole country. By using our water resources well, and putting investment at the right places, we can increase our yield from 2% to 4%. Through a stronger forest policy, we can increase our forested area and decrease deforestation. Instead of using chemicals, WWF is working on promoting sustainable means of production for sugarcane, rice and cotton. One will be surprised to know that even by using organic means, the same amount of production takes place.

What are going to be the effects of climate change on wildlife in India?

There will be adverse effects of climate change on wildlife. Not every species will be able to survive. And I mean survival not in the next 10-15 years but survival in the next 1000 years. For instance, submountain forests in the Northeast and Terai regions. Trees in such areas depend on fog and clouds for 30% of their moisture. As a result of climate change the moisture level will drop and not only flora but a lot of birds, insects and other life forms which are so interesting belonging to that area will be very deeply affected.



L to R: Aditya Bhatia, Aditya Kumar, Mr Ravi Singh, Ankita Marwaha and Anwesha Padhy

Despite continued efforts, Panda is still one of the most endangered species in the world. Are the steps taken to preserve natural heritage too little and too late?

Steps taken by us are not too late. Human beings have created this mess and only we will bring about a change gradually. In fact if you look at it, over the years there's a strong indication that Panda's popu-

lation is actually growing in China. Moreover our generation started asking questions about our environment when we couldn't drink water without proper purification and the air turned murky, in short our business lives got affected. Now with the younger generation, these questions are asked much before you people start on your career and awareness is much more. So future holds a lot of promise

and we sincerely hope that the younger lot will be able to bring about genuine results.

What is the significance of your logo?

This is a very interesting question. WWF's panda logo was designed by its founder chairman, the naturalist and painter Sir Peter Scott, in 1961. The logo evolved from a need to generate a love for animals and species in people. While making the logo we looked at different animals. We found the panda a very cute animal, which would appeal to the masses. Another factor was that the panda logo could be printed in black and white which was affordable by the organisation at that time. So that explains the Panda in the logo!

What role will WWF play at the World Business Summit on Climate Change in Copenhagen in December?

India's stand on climate change is that – we will be a responsible nation and will not exceed our carbon foot print per capita. The government is undertaking a large number of activities to ensure growing more forests, cutting down on industries which are emanating harmful gases. For the same, the PM has made National Action Plan on Climate Change with 8 missions. Generally all the WWF's across the world will talk about one major issue – to make it a better planet. We can't negotiate directly because we are an NGO. But we are congregating officials together to do the right things. WWF has a large team in Copenhagen and we will carry with us all your earnest hopes and concerns. •

News Digest

Mehak Bhatnagar IX-C, Aprajita Agrawal IX-A, Archita Goyal IX-A, Rashika Sood, IX, Aaprajita Agrawal, IX-A, Archita Goyal IX-A, Mehak Bhatnagar IX-C

Clijsters comeback

Im Clijsters stunned the entire world after her impressive comeback, defeating Danish Caroline Wozniacki 7-5, 6-3 in the U.S Open final. Clijsters became the first mother to win a major after Evonne Goolagong Cawley in 1980. She became the third unseeded and first unranked female champion of a Grand Slam, by winning the 2009 U.S Open. Clijsters found a place in the WTA Rankings, securing a position at number 19.

Lets share mother Earth

▼ugratna Srivastava, a 13-year-old I from Lucknow created history by being the first teenager from India to address the UN Climate Change Summit on 22 September, '09. She urged the world leaders to show vision and leadership in stopping "Those who make mother Earth cry." She said that, "We have one mother Earth, let us share it." Yugratna gave an eloquent speech that was cheered by world leaders, including the UN Secretary General Ban Ki Moon and India's external affairs minister S M Krishna and environment minister Jairam Ramesh.

Eureka! H20 on Chanda mama

Chandrayaan-1, the maiden lunar mission of India equipped with NASA's Moon Mineralogy Mapper has electromagnetically found water on the surface of the moon. Since the temperature is low, water does not exist in the liquid form. Rather, it was found as steam trapped in rocks and dust particles. It can be extracted through moisture on land. A combination of hard work, science and technology, thus led to the discovery of the century.

Tiger fright

Due to 'rampant' poaching and smuggling of tiger skin in the country, 16 tiger reserves in the country might soon lose all their big cats if appropriate measures are not taken to improve the situation. Shrinking animal habitats and man-animal conflicts have also led to the alarming rate of tiger death. The country is on the verge of losing its national animal. The Wildlife Protection Society of India (WPSI) informed the country has already lost 150 tigers including 72 this year, since 2006, when it had, 1,411 wild cats

Luckv Rashee!

While there have been quite a few double role performances by leading ladies in the past, there aren't many movies where a Bollywood actress has played even a triple role, let alone coming close to enacting a dozen-odd characters in a single movie. Fondly known as 'Piggy Chops " in the film industry, Priyanka Chopra created history by being the first female actress to portray 12 characters in the horoscope based 'What's Your Rashee?' and thus gained entry into the coveted Guinness Book of World Records.

Shimmer. style and couture

The country's audience was en-I thralled by the fashion extravaganza put up by designers celebrating 10 years of fashion at Lakme Fashion Week, Mumbai, last month. Exhibiting a bizarre collection of saris, togas, gowns, tunics, Grecians and fringed kurtas. About 55 models displayed various designs by about 55 designers including Raakesh Agarvwal, Tarun Tahiliani, Gauri and Nainika, Rehane, Rocky S, etc. A constellation of stars-Lara Dutta, Kabir Bedi, Dimple Kapadia, Salman Khan, Deepika Padukone, Mugdha Godse and Rubina Ali and Azharuddin who catapulted to fame after Slumdog Millionarre made it a star-studded week.

'ACT' NOW!

Youth Power semi-finalists join NGO Swechha to spread awareness

Shweta Jain



In the Youth Power 2009 initiative, the stress is on getting the young students of

Amity and other schools associated with tGELF programme, the exposure of the real burning issues. Concerns and campaigns all over the world related to poverty, hunger, equality, environmentis something these children understand and are discussing much early in life. So when Youth Power participants venture out for their training, they come back as informed and conscientious citizens. Keeping this in mind, the *Youth Power*

Keeping this in mind, the Youth Power semi-finalist Saksham Agarwal, class VIII, AIS, Sec-43, Gurgaon; Amal Sri-

vastava, class IX, Bloom Public School, Vasant Kunj and Kritika Kumari, Class XI, Purkal Youth Development Society, Dehradun, did their 16 hours workshop with NGO Swechha.

One of their activities during this workshop (that was spread over three days) was to act in an impromptu street play at Dilli Haat on September 25.

Swechha organised this play, prepared by Chennai-based group Theatre Y. It also had participants from Jamghat, a group that rehabilitates street children. Several creative young minds got together to prepare for two hours rehearsals and then gave their final act, amongst much applause from the audience.

The theme was how animals co-exist in harmony in a jungle and inter-dependence of species is an important factor for survival. While the sutradhar narrated the story, the talented kids effortlessly mouthed their lines.

Saksham, who played one of the snakes said, "It was a good learning experience. Despite very little to prepare, we managed to give good performance. I learnt about many issues related to environment through this experience."

Amal shared, "I learnt teamwork, and

Amal shared, "I learnt teamwork, and how to interact with others. I learnt about effects of global warming and that we should not tamper with nature. We must not be greedy and should live in peace and harmony with mother Earth. This was the first time I did a play and I was nervous, but the NGO people really encouraged me. I gained confidence and got hang of leadership qualities.

The play was a part of United Nations Development Programme 2015 with the punchline-'Stand up and don't say no!'•



Education & Enhancement

Extra Superb and Extra Ordinary: Extra curricular Aarushi Jain & Apurva Talluri, IX A AIS MV he engineering and medical field being beseeched with job requests, children swotting away and storing cumbersome facts and fig-

ures in their minds, are being pushed into choosing from a limited field of opportunities. This was the scene 10-20 years ago. Fast-forward to 2009, students not possessing a flair for academically stimulating professions are opting for unique jobs like jockeying, jingle singing, etc. Yes, students nowadays have an array of choices and have the freedom to pursue the subject which tickles their fancy. All because of 'extra-curricular activities or ECs.

Students have started taking keen interest in sports like basketball, gymnastics, football, aerobics, volleyball, etc. A renewed interest in language clubs offering Spanish, French, Italian, German, etc, has shown that these languages can certainly help youngsters in charting a new career. Writing Club, debate teams, school radio, school newspaper, drama club are really fantabulous ways to give vent to our creativity and imagination.

Music lessons, choir and music bands- cooing our favourite songs is not only an exercise for our vocal organs but also a ticket to stardom. Shambhavi Sharma, IX-D says, "Singing has definitely defined my life. I really love music." Astronomy club, robotics club, animation club, photography, environmental club strengthen our logical and analytical skills and introduce new concepts. Student Governance is a really good way to learn leadership qualities early in life.

Yes, from being a perfunctory part of the school curriculum, they have blossomed into vessels which

shape and mould a student. ECs now play a crucial role in shaping the lives of youngsters. ECs also expose students to the harsh realities of the world and their own immense hidden potential.

Aadhar Kohli, IX-A, a leading singer of AIS Mayur Vihar who cracked the third round of Sa Ra Ga Ma Pa Li'l Champs opines, "I really think everyone should understand the significance of ECs. I have never received any encouragement regarding my singing though it rejuvenates me and helps me take my mind off studies." ECs teach us to multi-tasking and micromanage as we juggle the demands of school, friends, and family. Shashank Khanna, VIII-B, feels "Debating and writing enhance our knowledge and plants priceless seeds of confidence and fearlessness in us".

Indeed, extra curriculars magically expand the horizons of our imagination and strengthen the mind's endless reservoir of creativity. Sports nurture our team-spirit, discipline and all in all, build character in us. And of course, they are a surefire path to a healthy lifestyle. It also looks very good on college and job applications and sometimes is a shortcut to admissions. Specific activities help attaining specific goals — if you want to teach language or get a bilingual job, being the President of the German or French Club shows the depth of your commit-

However, parents who can't accept their wards' academic failure expect them to excel in EC activities which often lead to children feeling pressurised and losing interest in them. Prabhbani Bindra, IX-A, a sublime skater and the winner of many prestigious prizes frets, "I excelled in skating but people do not understand the importance of ECs; so I almost left it." We are lucky that Amity understands the vital essence of co-curricular activities.



Class X

Sonali Jain

Teacher, AIS Mayur Vihar

Some common tips

- Students must be thorough with NCERT text books as emphasis is more on applied knowledge than bookish knowledge. Be clear about the main theme of each chapter.
- In History and Political Science, concentrate on diagrams, figures, each and time - 8 minutes source box and learn the key names of each. In Geography and Economics, go through the data and flowcharts as you can be asked to fill the boxes with appropriate details. Identifying pictures and maps is very essential.
- Understanding the activity based questions of Economics will enhance your power of application.
- Don't do selective study, instead prepare chapters according to their weightage.

Presentation

- The answers should be written in a neat manner,
- Leave a gap of 3 to 4 lines between each answer.
- Number your questions properly and while writing points use either Roman numbers or small alphabets.
- Give headings and underline key
- Try to answer 3 marks question in three points and 4 mark question in four points. Put your answer in a way ,that the idea is clear in the first two lines.
- Time your paper right:

1 mark question: one word / one sentence each and time 2 minutes-10 X 2=20 minutes

3 marks questions: 60-80 words each

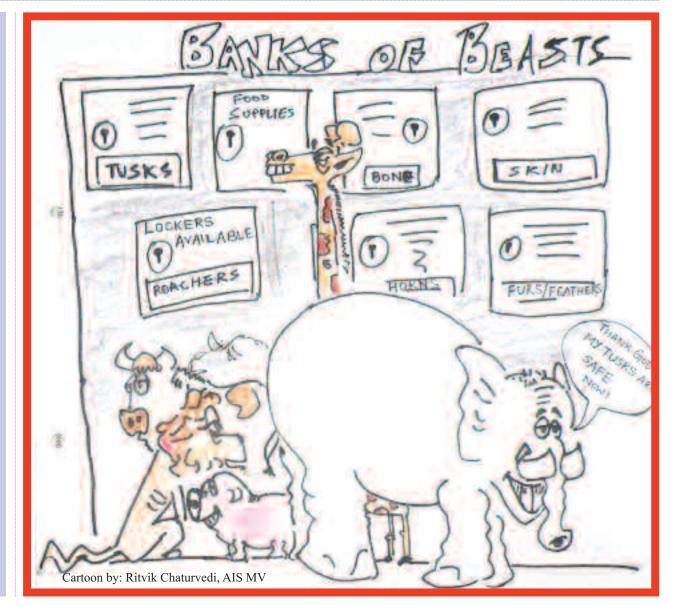
and time 6 minutes -8X6 = 48 minutes4 marks questions: 80-100 words

 $10 \times 8 = 80 \text{ minutes}$

questions: 15mins vision Time = 17 minutes

- While revising, make every possible 1 mark question from each lesson.
- Map work is scoring, therefore practise the CBSE list of map items thoroughly thrice before the exams.
- Plan your revision schedule by november and follow it sincerely.

Carry your own stationery so that you don't waste time in borrowing.





Anuranjana

Senior Lecturer, ASET, AUUP

omputer Science is the study of theoretical foundations of information and computation, and of practical techniques for their implementation and application in computer systems.

The works of computer scientists fall into three categories.

Let's consider what kind of career opportunities a student has in each of the three areas.

Career Path 1: Designing and implementing software.

Career Path 2: Devising new ways to use computers and addressing particular challenges in areas such as robotics, computer vision, or digital forensics (although these specialisations are not available in all computer science programmes).

Career Path 3: Developing effective ways to solve computing problems.

Career Path 4: Planning and managing organisational technology infrastructure. Career paths 2 and 3 are undeniably in the domain of computer science graduates. Career paths 1 and 4 have spawned the new majors in software engineering and information technology, respectively.

Computer education helps one manage one's own business assets and personal

Scholastic alerts October 2009

Institute/Exam: UPSC Mains Course/Discipline: Civil Services Entrance Exam: Civil Services Exam Website: www.upsc.gov.in

finances. Computers serve as efficient means for management of information. Computers - which have such a wide variety of applications, and computer education are extremely important to keep up the pace in today's fast life.



Are we ready for the Cheetah?



Gautami Raju, IX-B

AIS Mayur Vihar

t has been 60 years since Cheetahs became extinct in this country and now the Indian gov-Lernment is looking forward to bring them back. It has been decided that the Gajner Wildlife Sanctuary, 32kms from Bikaner in Rajasthan will be welcoming the Cheetahs. The wild cat will be brought from South Africa, Namibia, Kenya and

This news should have made every wildlife lover dance with delight. But the big question is - are we ready for the Cheetah even when the future of our national animal, the tiger is still uncertain? The tigers which numbered 40,000 once are now down to 1,400. As we understand from the African landscape, the Cheetahs would require lot of open space for habitation and game.

Is it possible to provide that kind of space and prey base here? The condition of our reserves is such that out of the 36 tiger reserves, only 12 are suitable for actually keeping the tiger!

So if this is the situation, can we afford to bring an animal which got extinct due to the same reasons? The biggest threat and challenge to the Cheetah would be confronting the poachers who have become more organised, have sophisticated weaponry and a growing market. If cheetah is to be brought back then first we need to upgrade and improve our law enforcement, the government has to take more interest and make more stringent laws to curb poaching and wildlife trade and the condition of our national parks and sanctuaries should be improved.

It is also very essential to create awareness among the local communities (tribals, villagers) and the elite to acknowledge the importance of their survival.

Aloevera



Common name:

Botanical Name: Aloe barbadensis Aloe Vera, Curacao Aloe, Barbados Aloe, Family Name :

Liliaceae Parts Used Mainly the gel which is found in the central parts

of the aloe vera leaves.

Archita Goyal, IX-A AIS Mayur Vihar

Description: Aloe Vera is a species of succulent plants, with origin in North Africa. It grows in arid climates. It may be stem-less or short-stemmed with height up to 60-100cm. The leaves are thick and fleshy green. The Aloe Vera flowers are yellow or red clusters that grow on long stems.

Uses: It contains Vitamin, Minerals, Amino acid, Polysaccharides, Enzymes, Plant steroids, Lignin. Starting from treatment of wounds to lowering the sugar levels in diabetes, Aloe Vera is anti-septic and antibacterial. It cures arthritis, AIDS and prevents infections. It also improves human immune and digestive system. And for all the beauty bunnies, Aloe Vera is very good. Apply and rub it on face and arms to reduce pigmentation and dark spots, or as a moisturiser and cleanser. For speedy hair growth, apply it on the scalp, keep it for 30 minutes and rinse. Aloe Vera is accessible in the form of gels, pills, lotions, sprays, ointments, creams, etc.

Evaluate all you do so that it leads to continuous progress

Aprajita Agrawal & Rashika Sood

IX-A, AIS Mayur Vihar

Mr. VM Trehan is Chairman, Mekaster Group of Companies, and Founder, Foundation for Amity and National Solidarity (FANS), an NGO, which has been bestowed upon various awards for promoting the cause of national integration.

When was Mekaster founded? What is its vision?

Mekaster was founded on January 1, 1971. Its vision was to be a very well known company 'in the service of the Nation.' The aim was to bring in new products, new technology, and innovative items so that they help in the growth of the

You are actively associated with Indian Science Congress and have been honoured with the Presidential Gold Medal. What earned you this award?

I think whatever you do in life, you should take it very seriously and I have taken this assignment seriously. When I was made the Life Member of this association by Dr. Kasim, I joined in as the

President, Engineering Prime Section; After all, it's all about time management. they chose me specially for the Second term because I was doing good work. Then I created the Delhi and Hyderabad Chapter. And I also brought the new technology in India -The Digital



Switching System. So I think in the long run people do appreciate the good work.

How do you manage to be involved into multiple activities?

We all have 24 hours. How best we divide our time depends on us. Some give more importance to sleep and rest of the time eat, drink, talk, and enjoy. But some like me gave more time to my work even when I was young. Probably, that helped.

A moment in your life which changed you to what you are today?

It was when I was working in my first job at William Jackson Company and I

> used to go to my relative's place after my work. One day someone remarked, "What is this boy doing here every day, as if he has no work?" That sentence hit me. And now after 30-40 years of hard work, I don't have time to while away.

Can you recall something that you don't want to forget?

I always remember my mother's advices. For example: Evaluate what all you do so that it can lead to your continuous progress. She told

me this in the late 50s and I remember it till date.

Lastly, what is your message for our fellow students, the Amitians?

You people are very lucky because you are studying in an institution where the founders are very dedicated towards the development of the institution. And I think its great and I hope the next generation also continues it.

Mera apple uske apple se la kyon?

An apple a day, shows you the doctor's way!

Ishita Bedi, VIII E & Aprajita Agrawal, IX A

AIS Mayur Vihar

h... I think I got a sprain in my leg," my brother cried. Dadi returned from her morning walk, "What happened,

"Oh! My shoulders are paining, I can't go to school with that heavy bag on my back," I screamed in pain too. "Yeah, of course beta, you will get a sprain or your shoulders will become swollen, because GenNext doesn't believe in eating but just starving."

"No, dadi that's not the truth, I ate one roti last night for dinner," lamnted my brother.

Hahahah... dadi laughed loudly. "That's where you are wrong my child. When I was your age I used to eat 5 rotis at a time."

"Dadi, I think it's better not to eat anything these days because everything from the apple you love to eat to the ghee you ask to put mummy in excess amount on our rotis has some or the other chemical substance mixed into it," I answered. "What?" she gasped. This was my reaction too when I saw this as the breaking news on a with a make up

leading news channel.

Adulteration in food is being practised on a large scale. Prohibited substances are either added or partly/wholly substituted. In India normally the contamination/adulteration in food is done either for financial gain or due to carelessness and lack in proper hygiene while processing, storing, transportation and marketing.

Adulterants such as lead, barium, arsenic, cobalt, copper and zinc etc are added which ultimately results in either the consumer being cheated or becoming a victim of diseases.

Such types of adulteration are quite common in developing or backward countries. Adulteration may cause diseases such as cancer, glaucoma, paralysis, cardiac arrest, damage to the immune system and in severe cases, even death. The apples we relish with a smile on our face are often coated with wax and sprayed with lead arsenate. We consume it as a great source of iron but because of this adulteration practice, diseases like dizziness, cramps, paralysis, chills and even death almost always outweigh the advantages offered by the iron in the red fruit.

At such a time, can parents ask children not to eat fast food which will make them fat, and instead have those juicy red apples which would surely make them sick? So today, an apple a day, shows you the

Festivity in the air

With festivals round the corner, it's time for a wardrobe make over!

Ojaswini, X B AIS, Mayur Vihar

he festive season has arrived. The pleasant fragrance of flowers is everywhere, a fusion of colours all around and the sweetness of 'mithai' in the air.

But one big problem, you don't have anything to wear? Hey, it's time for mall attack!

Ah! Festive dressing is a headache, I tell you. You don't want anything at which your grandma widens her eyes nor do you want to be laughed at by your cousins! What to do? Stuck between the devil and the deep blue sea? Here, we come to your rescue...

Festive Fashion

Sassy Suits – Suits are one of the most common and comfortable Indian wear and in fashion. But from the ocean of different designs and styles you need an eagle's eyes to pick the right fit.

Anarkali Suits - Oh! Please don't read the name and make a face! It might sound odd but can truly turn you into an Indian Princess. These trendy suits have a tight upper half and various frills below. Available in various prints and colours from Chandni Chowk to Citywalk Mall! I say a big catch.

Patiala Suits - The traditional Indian patiala has been given a modern outlook, with shortened kurtis available bold prints and metallic colours. Mix and match is the 'in thing.'

> Piece of advice - Leave the dupatta behind.

Lengthy lehenga-choli

This dress is not so easy to carry, but absolutely stunningly Indian!

A-Line – In this style, the lehenga goes tight at the top and then a gradual flare. Go for mad combinations like pink and orange, turquoise and magenta! Just close your eyes and trust my words.

Piece of advice – Go for a light, net *dupatta* matching with the lehenga.

Fish- Cut – Though it's in fashion for a while, it's the second best choice after A-line. Pick soft colours with metallic print or work.

Advice- Avoid heavy work. Otherwise you might end up looking like a wannabe bride!

Exotic accessories – Indian dresses and exotic accessories go hand in hand.

Big Bangles: Bangles not only make your outfit a lot more Indian but also stick to your fashion statement. A big bunch of thin metallic bangles will do just fine but for the real magic go for 2-3 huge bangles contrasting with your outfit only in one hand.

Decking it nice: Big, huge neck pieces are so out of fashion. But still if you are mad for them, then just go ahead! Otherwise, a small, delicate pendant will do just fine with your shimmering clothing.

On the road – No dress is complete without matching footwear. To complete the Indian festive look, it's like the icing on the cake. Simple Indian jutis or other shimmering Indian designs will serve you just right.

The festive season is a time for fun, friends and family. Its time to experiment and try out some looks you've always wanted to. So don't worry even if you turn into a total wardrobe disaster. There are some people who'll always admire you. Speaking from experience. Put on your vibrant smile and enjoy! •





My parents want me to take science, when I want to go for Arts. What should I do?

Science is still considered by many to be the best option. Just as you are sure

you don't want to take up science, are you sure of the reason you want to take up arts? Try to back up your choice with valid facts. Research the cope that arts offers. Speak to alumni of colleges/courses that interest you. Discuss pros and cons with people who are in that field. Meet a career counselor with your parents. Put forward your research to your parents (catch them in a good mood). At the end of the day pick something that you enjoy, comprehend and manage effectively.

My mom has banned Facebook as she has read about its harmful effects. But I want to be in touch with old friends. How do I convince her? Your mother does have your best interests at heart. Along with the positive aspect of social networking, there are security issues that every responsible parent would take into account. What about alternative methods of staying connected with your friends like e-mails, associated chat/ pics features or even that good old phone? If FB is still important to you, perhaps you can add your mother as a friend. This allows her to access your profile and monitor safety concerns. Create an account for her too, so that she can enjoy the positive aspects of FB first hand.

Counsel's Dil, Dimaag, etc. Eat right, win the fight

Ojaswini, X B

AIS Mayur Vihar

f you are reading this article thinking that I am going to give you some fat-free food tips or a diet plan ...then I am L sorry to disappoint you because I have some other plans. But now as you have read so far, why not proceed further? For today's health-freak generation, here is a very simple ques-

'What actually is health?'

According to WHO (World Health Organisation), health is the social, mental and physical well being of a person. Now, another one - 'How many of you feel that you are leading a healthy life?' I swim, I jog, go to gym, play tennis...Wait! I know that all of you are beauty queens and figure freaks. But what about the 'mental' aspect of a healthy lifestyle? Are you providing the right kind of nutrition to your mind? Why did you burst into laughter? It's quite serious!

Research says, 'Like the quality of food we eat affects our body, similarly the quality of our thoughts affects our mental health.' Especially the young adults of today who face pressure from all sides, are under continous stress which leads to adverse effects on their body like high blood pressure, heart problems and depression.

Another concept which has come into light is the false belief that 'Stress is important for a good performance.' "It's quite simple. Till the time I know that I have time, I am not bothered about it but when it becomes a live or die situation, then the real work begins" says Manvika Gulati of AIS, MV.

The thing that needs to be made clear is that stress might give you that push which for too long will lead you only down the valley! "Stress of no kind is healthy" says, Brahma Kumari, Sister Shivani.

Here are some 5 Minutes Tips to make your mind strong and

•Everyday when you wake up, go to a park or your own balcony and feel the freshness.

•Make a 'to do list' but give proper breaks for rest.

•Don't turn anything into a 'live or die' situation, okay something maybe important but it's not more than your mental stability.



The inevitable "Facebook"



Rashika Sood, IX A AIS Mayur Vihar

It was Monday morning about 8 o'clock when I got out of the bed in my night pyjamas, it was a preparatory holiday as I had an exam the next day. Being

hungry, I ran to the kitchen. Just as I was going to open the refrigerator, I saw a note stuck on it, "We are taking Rishik to the doctor today! The breakfast is in the microwave. We will reach home by evening." The first mischievous thought that came to my mind was 'Yippee! Ma and Pa have gone I can do masti...'

After those fifteen long days now I could log on to the most addictive thing in the world - Facebook! I really enjoyed the long hours of chatting and facebooking. No bhopoo from Mama - "Switch the computer off or I'll plug the net connection out." After about two long hours, I realised that the next day was my exam, that too of the dangerous Social Studies! "I'm going to study now..." I immediately updated my Facebook status!

I went to my study but I could hardly concentrate because half of my mind was in the world of a huge room called Facebook where there were walls with thousands of friends somehow fitted in there!

In the evening, my parents returned. Everything was going normal until my brother switched on the computer to send some cute cards to his friends and the ecard screen was full of romantic e-cards which made my mom doubtful about what he was doing. She quickly checked the history and in big bold letters came the flashing word 'Facebook.' Now you can imagine my sad story. But this wasn't the worst. My mom started crying! The words, "You broke my trust" made me realize my fault and I couldn't really control my emotions! I wept and cried the whole night under my blanket.

The next day was my exam; I didn't know a single answer and the previous night's thoughts came back to my mind again and again as tears of guilt welled up in my eyes. The whole incident made me realise one thing, that one should never break anyone's trust!

I am the eagle, I live in high country, in rocky cathedrals that reach to the sky;

I am the hawk and there's blood on my feathers, but time is still turning they soon will be dry; All those who see me, and all who believe in me, share in the freedom I feel when I fly."

John Denver



The first week of October saw many organizations join hands to celebrate Wildlife Week. Competitions, protest marches, symposiums, exhibitions, documentaries, dialogue with citizens drew participation from the masses in

its effort in preserving forests and wildlife. The government has awoken to the need for saving wildlife and has adopted as well implemented several plans and initiatives to achieve the target. Not limiting the initiative to Government efforts alone, Indian Board of Wild Life (IBWL) decided to observe the Wildlife Week from October 2 - 8 every year. The initiative that proposes to arouse a general awakening in the common man in favour of protection of wildlife, has met with a tremendous response.

Since ages, man has been closely associated with the wild, be it in their legendary beliefs, folk lores, our epics or our history. Our lives would be very much poorer without these varied forms that build up the balance of nature. The need to bring about individual effort and sensi people at an early stage, plays a very important role in saving wild life that is depleting rapidly. The enlightening interaction with WWF CEO, slogan writing, poster making, essay competitions and above all promoting 'vegetarianism' in the campus, Amity joins the movement as it echoes the words of Steve Irwin, "I am a wildlife warrior, and I will fight, fight to the death for wildlife."

Spread your

Its only when you spread your wings, You get an idea how far you can fly.



Ms Sarita Aggarwal Principal, AIS MV

We are all blessed with tremendous potential and creativity but they remain hidden like pearls inside oysters waiting to sparkle in the sunshine. Plethora of opportunities and innumerable trials sculpt out the best in us but opportunities

rarely fall in our laps. We have to chase them through sheer diligence, dedication and devotion. An effort has to be made first. If it bears fruits, do not be complacent, be your own competition and better your best. If your first attempt fails, it must be turned into a learning lesson. Fear of failure should never deter you from trying. For, you cannot learn to swim by staying away from water. Swim, struggle and steer ahead, braving all hurdles and you will surely emerge as the worthy citizens of tomorrow. Have confidence, be focused and adopt a solution-oriented outlook to achieve your goal. The Global Times, a brainchild of our Chairperson, is providing an excellent platform to the students to express their creative thoughts and innovative ideas. The newspaper making contest lets them foray into the amazing world of journalism at a young age. The editorial team of AIS Mayur Vihar had a wonderful learning experience reporting, designing and editing this special issue. I hope you all would enjoy reading this as much as we enjoyed compiling it. •

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oscription of xc. 240. binions expressed in GT articles are of the writers and do not necesarily reflect ose of the editors or publishers. While the editors do their utmost to verify

Wild Caged and Safe warrior Caged and Safe



Ankita Marwaha, XI B

AIS Mayur Vihar

nimal rights activists may want to sue the late Mr. Michael Jackson for keeping animals in a private zoo and when I say animals are safer in cages, people

will only think I'm crazy, but animals ARE certainly safer when in captivity. With an increasing awareness about poaching, one might think it has decreased, but the reality is harsher than what you believe. As humans fail every moral test and continue to replace 'God made' creatures with 'man made' At such a time, though the deer running free through the forest may please your eye, but remember, they will only continue to please your eye for a very short time, because then they will be left to satisfy the greed of poachers. Therefore while zoos and sanctuaries may imply curbed freedom, they will also imply greater safety of animals. Not only that, their proper care will reduce the case of animals entering residential areas and turning man hunters and will help them lead long and healthy lives, with vets, caretakers and regular and healthy food being supplied.

A concept practiced in countries like Singapore is the slogan "Save an animal, adopt an animal." Animals kept in zoos and wildlife parks are sponsored or "adopted" by corporate houses like Tiger Balm. This works to encourage people to become more compassionate towards animals and take better care of them. Not only do the corporate houses earn better reputations for themselves but also create awareness. If we want to clear up the mess that we have created by poaching, it is WE who must do something, and we can do that by taking better care of animals.

Wild and tree

Barkha Singh, VIII D

AIS Mayur Vihar

eneral Michelle once said, "Any existence deprived of freedom is a kind of death." But is man so egocentric that he believes this feeling to be befitting of only the human race? Don't animals too long to feel the euphoria of liberation? It is inherent in their nature to run unrestrained through forests, to feel the exhilaration of chasing their prey, and to challenge themselves to break new barriers just because they have the impulse. But by caging animals in zoos, we are taking away their freedom. We have deluded ourselves into thinking that the life of confinement we have forced upon them to "protect" them actually provides them a better existence. But healthier options include wildlife reserves and sanctuaries, where animals roam safely yet, at will. After all, God has created everyone free, and we don't have the right to change that.

Donning the Editor's Cap: Pearls of

Lights! Camera! Action! Errr .. Thoughts! Words! Action!

itting cozily in drawing room, sipping hot tea and going Othrough the morning news paper, we hardly realise what goes into the making of the morning daily, covering the news and views of the whole world, arriving at our door step, every morning without fail. We got the real taste of reporting, compiling, illustrating and finally editing when we started working on our school-Amity Mayur Vihar's Special issue of The Global Times. Accessing the net, hunting for appropriate words and

catchy headlines, coordinating with fellow reporters, calling up teacher editors at odd hours and above all, learning for the unit tests and completing assignments on time simultaneously were really great challenges we have successfully encountered.

This was really a wonderful opportunity and a memorable experience which enabled us to explore our potential and unleash our creativity. Inspired by our founder President's Vision and continuous motivation of our Chairperson we, Amitians will continue to march ahead to write great success stories in every field.

In this endeavour we were guided, motivated and supported by our Principal Mrs Sarita Aggarwal and Vice Principals Mrs Mona Rastogi and Mrs. Rashmi Sharma. We hope you all would enjoy reading this issue.

Core Editorial Team: Ms Archana Upadhyay, Ms Piyush Vardini, Ms. Vandana Seth, Ms Neeri Bhagi, Ankita Marwaha, XI B, Aprajita & Rashika Sood, IX A, AIS Mayur

wisdom

Wild Wisdom

•Deer hunting would be a fine sport, if only the deer had guns.

-William S. Gilbert

•A country is known by the way it treats its animals.

-Jawaharlal Nehru

•What is the good of having a nice house without a decent planet to put it on?

-Henry David Thoreau

• The World we all share is given to us in trust. Every choice we make regarding the earth, air, and water around us should be made with the objective of preserving it for all generations to come.

- August A. Bush III

•Until one has loved an animal, a part of one's soul remains unawakened.

- Anatole France

• The greatness of a nation and its moral progress can be judged by the way its animals are treated.

- Mahatma Gandhi

• There is nothing in which the birds differ more from man than the way in which they can build and yet leave a landscape as it was before.

- Robert Lynd

• The greatest pleasure of a dog is that you may make a fool of yourself with him and not only will he not scold you, but he will make a fool of himself, too.

- Samuel Butler

• Wild animals never kill for sport. Man is the only one to whom the torture and death of his fellow creatures is amusing in itself.

-James A. Froude Contributed by Gautami Raju,

IX B, AIS Mayur Vihar





Imaging: Pankaj Mallik



Is the Loch ness monster playing in Scotland? Is Area51 really the site where the captured Aliens and UFOs reside? Is the Bermuda Triangle really a gateway to another dimension? These are just some of the many unexplained phenomena happening on the Earth, discovers Satrajit Sahani, Class X, AIS Mayur Vihar. Tune in to find out more...



Devil's Triangle

legendary triangle of Ocean lies between 3 countries upon the Atlantic ocean. The cities are Bermuda, Puerto Rico and Fort Lauderdale. Ships, people and planes have been reported mysteriously disappearing off the face of the earth whilst travelling inside this triangle. It soon acquired the name Devil's Triangle owing to people's superstitions that the devil was at play on this stretch of ocean and gobbling up weary and lost travellers with great delight. But what actually is at play inside this triangle of rough water, is it really the devil? Or perhaps aliens are using this spot as their home base on earth. Maybe it really does contain a mystical vortex that sucks people down into the third dimension. The name 'Bermuda Triangle' was given by some Vincent H. Gaddis.

Geography

It has a humid subtropical climate. An annual rainfall in excess of 60 inches (152 cm) can be expected. Hurricanes and harsh thunderstorms occasionally drop 10 inches of rain within hours. This area is well known by geographers for

the sudden nature of its storms. Waterspouts and extremely strong winds are dangerous elements that often accompany these storms. The topography of the ocean floor bottom is surprising to many that sail the area. It is commonly believed that this whole area is very shallow. It is known that the ocean floor is littered with caves and varies greatly in depth. Phenomena noted in the area of the Bermuda are: glowing green fog and glowing 'white water' scanned from the satellites.

Theories

A very skeptical scientific explanation of the disappearances in the Bermuda Triangle is the idea is that pockets of methane hydrates are released from the ocean floor and cause the water in that particular area to become less dense. Because of the loss of density, the buoyancy of the ship is affected and the ship sinks rapidly. Scientists confirm that the triangle is high in Methane hydrates and it does tend to float above the oil deposits. The sudden release of methane gas may rock the boat but would it cause a lack of buoyancy? "This just shows that even science can be ignorant," says Mitiya, a student at DU.

he Loch Ness monster also known as Nessie, is an alleged plesiosaur-like creature living in Loch Ness, a long, deep lake near Inverness, Scotland. Many sightings of the monster have been recorded; going back as far as St. Columba, the Irish monk who converted most of Scotland to Christianity in the 6th century. The modern legend of Nessie begins in 1934 with Dr. Robert Kenneth Wilson, a London physician, who allegedly photographed a plesiosaur-like beast with a long neck emerging out of the murky waters. That photo created quite a fuss. Even though most scientists believe the likelihood of a monster is small, they keep an open mind as scientists should wait for some concrete proof to show up. Whatever Nessie turns out to be, it is very unlikely that she is a plesiosaur. That marine reptile lived about 160 million years ago and has been extinct for 65 million years.

"We live in a world governed by science and understand the part that is illuminated by logic and reason. What we forget is that even science cannot explain everything in God's creation," at the Centre for Scientific and Industrial Research (CSIR).

.....is it really the devil? Or perhaps aliens are using this spot as their home base on earth. Maybe it really does contain a mystical vortex that sucks people down into a third dimension.

ELEMENT 115

This document claims that the government has created a super heavy element called Ununpentium. This is nothing out of the ordinary. An atom of the element has a 'Gravity A' wave, which is amplified like 'other electromagnetic waves' and then 'focused on the desired destination to cause the space/time distortion required for practical space travel.'

DIMENSIONAL PORTALS

This document says that the government has created 'holographic portals' to other dimensions. It also claims that the government has succeeded in time travel, probably through laser-lighting effects as well.

ANTI-GRAVITY DISC

They claim that Lockheed Martin has created 'anti-gravity fighter discs' equipped with 'particle beam weapons that take apart the target at the molecular level.' It states that astronauts fly on the X-22A into space regularly. It says that in Desert Storm, many soldiers saw discs hovering near US officers.

Background

The Groom Lake Base is this top-secret military base located 90 miles north of Las Vegas (which is in Nevada). It's in Here are the main structures that make grid number 51 of the Nevada Test Site, so it's called Area 51. The United States Air Force Flight Test Center controls the base. It's best known for testing exotic aircrafts and weapons. The base was created in 1954 as a place to test the secret U-2 spy plane that was used to fly missions over the Soviet Union.

In the 1980's, the base increased in size, along with the runway (which increased to the present 6 miles). Then, mysterious lights began to appear, and armed guards known as the cammo dudes started patrolling the border. The government closed many viewpoints from which the Area 51 base could be seen. In 1989, a physicist named Bob Lazar claimed that he worked at a base south of Area 51 and also claimed that Area 51 was testing extremely advanced aircraft and UFO's they got by trading with the aliens. Since then, Area 51 has been thought to be the test center of captured UFOs because of the lights in the night sky. Here is something you should know about the unknown...

Structures

Area 51 very fishy:

Hanger 18: A 'huge' hanger that could be used for almost anything right from UFOs to Nuclear Arsenals towell, you get the picture.

Dimensions of the Hanger:

Side 1: 300 feet(approx) **Side 2**: 300 feet(approx) **Height**: 100 feet(approx)

This hanger could be used for anything. Nobody knows what it's really used for, but here are the rumors...

- •The hanger is really a huge elevator which transports the secret plane Aurora, the Black Manta, and others they are testing to an elaborate underground
- •It could be a regular hanger.
- •It actually houses the UFOs that crashed near Roswell.

The 'Long' Runway: A runway that's 12 miles long or could be even more (wonder what is going to land there.) Now that's intriguing!

....Then, mysterious lights began to appear, and armed guards known as the 'cammo dudes' started patrolling the border. Here is something you should know about the unknown...





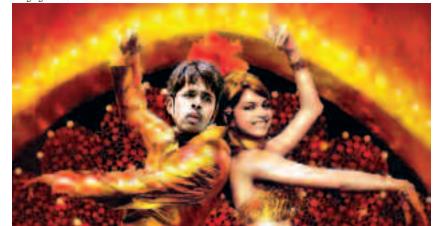
The other side of Sports Stars

Mehak Bhatnagar, IX C

AIS Mayur Vihar

unning, swimming, boxing and playing is not all they do well. A peek into the lives of cricketers would unfold many a secret that would never cease to astonish you. So take a plunge in this amazing world of sur-

Starting with Sreesanth, a right arm fast



medium pace bowler is noted for his exuberant and emotional behaviour especially whilst appealing for and celebrating wickets. But before joining cricket, Sree, aspired to become a dancer. Dancing along with the beat of MJ's songs he became an exceptional break dancer by the time he reached class 8. Brett lee or 'Binga' as he is popularly

known is not only arguably the fastest bowler in the world but also weaves his way into people's heart by his guitarist qualities. He is a part of the rock band 'Six and out' which also has his brother Shane and some former New South Wales cricketers. Lee plays the bass guitar and acoustic guitar for the band. During the 2006 ICC Champions Trophy in India, Lee recorded a duet with melody queen Asha Bhosle called 'You're the one for me'. He also launched his own fashion label in 2001 'BL'. Apart from this, he filmed scenes for his first Bollywood movie 'Victory' and once hosted a TV program called "Personal Best."

Yuvraj Singh, the man who smashed six sixes in an over, never fails to impress us with his towering shots, exceptional timing and flamboyant style of batting. Yuvi initially used to be an amazing skating champ. He won a gold in the under 14 championship but was forced by his father who also used to be a cricketer to take up this gentlemen's game. Yuvraj was also signed by Microsoft to be a brand ambassador for the Xbox 360 video game console. The Bollywood animated film, Jumbo features Yuvi's voice thereby starting his career in Bollywood. A lot is known about Ricky Ponting. Many regard him as perhaps one of the greatest batsmen of all time. But a little



known fact about him is that he is also an exceptional golfer.

The most capped player in test cricket with 168 appearances, Steve Waugh helps to raise funds for a leper children's colony, "Udayan", in Calcutta. The "Iceman" is also a keen photographer and has produced several tour diaries which feature his images. He was also involved

with the Australian football side during the Asian cup, assisting the team as a psychological mentor.

So all I can say is that like these exceptionally talented sports persons, let not your life confine itself to just one thing. Let there be spice and variety. Let life be in hues of different shades to make it more beautiful and alluring.

Some Facts

Biggest Wins

10 wickets -West Indies

beat Bangladesh (Jaipur)-

11.10.2006

210 runs New Zealand

beat USA

(the oval) - 10.09.2004

Batting Records- Most

sixes

17 in 13 matches - Sourav

Ganguly

13 in 14 mathches - Chris

Gayle

Satrajit Sahni, X B

AIS MV

here hasn't been a cricketing event in the recent history as the Champions Trophy, that sparked off such debates and discussions among ICC, which is of course fighting tooth the experts that even Sachin Tendulkar who doesn't enjoy the limelight at all the format. Ground realities offered hope came out and spoke about the game's format (50 over cricket).

Hence the financial engine driver of the game, one-day cricket got a definitive chance at restoring its fading aura when

South Africa and Sri Lanka locked horns at Centurion and kick off the Champions Trophy. With England having erased the 50 over format from its domestic calendar, a largely predictable pattern, coupled with a sheer deluge of meaningless tournaments all blurring into one another, along with the recent discussions debating its existence and not to mention the public fascination for 20-20, one-day internationals are really going through a rough phase.

The Champions Trophy or the mini World Cup with a quick feast of to see a fractured West Indies team. Fi-15 encounters among the 8 top teams in the world cricket, provided a tough contest, underlining the fact that this was the biggest cricketing event of the year in

spite of the ASHES.

"There can only be one winner" seemed to be the motto across the stadiums. But the flurry of the exciting encounters to serve as a remainder of ODI's varying nuances was the best medicine for the and nail to secure the long term future of that just because its South Africa's den, it didn't mean that they would win. Day night cricket isn't usually played in South Africa at this time of the year and the turn and bounce of the pitch kept the

> home team guessing. But surprise package Pakistan with their uncanny ability to perform when everyone forgets them and the willy Lankans too were eyeing the kill. Complete with Dark Horse New Zealand all of them promised a fortnight of swinging fortunes and memorable highs. The captains thinking in the much maligned middle overs, the mysterious South Africans pitches were bound to set off the spark that could ignite the whole event, even in spite of the disappointment of having

nally, amid much speculation, Australia scored a comprehensive six wicket win over New Zealand to retain the ICC Champions Trophy.●

J, Me and the games kids play

Sport Spoted

Sachit Tandon, X B & Ayan Marwaha, IV B AIS, Mayur Vihar

dd" whispered a student as the teacher tried to figure out who the child was. Within a few moments came another comment, "Yes, I won!" said the student, standing up and rejoicing, not realising that he was soon going to become the laughing stock of the class. A dumbstruck teacher asked him what he was up to, and immediately came the response 'Hand Cricket.'

What is Hand Cricket? Just a simple game, where two children use their

Clear your hands upon hand cricket

hands and fingers to score runs. It's a about it. While the little kids playing game that one can play anywhere, anytime, and with anyone. What you need is, just a pair of hands!

But the question is how others feel

Only two friends can play at a time.

Only one hand to be used.

Player batting is declared out when both bowler and batsman have the same numbers on their

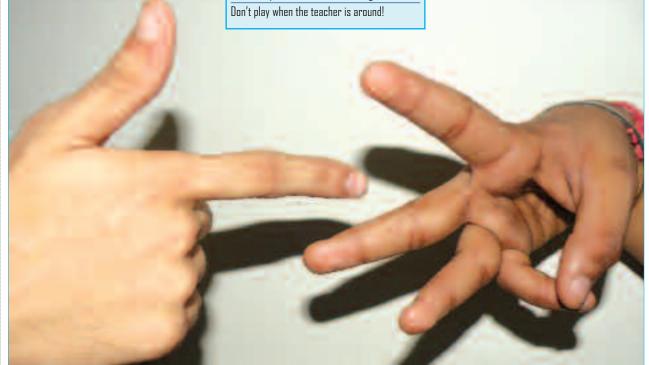
If the number is not the same on both hands, the number on batsman's hand is added to his score. Unclear hand movements invite fights, so as far as possible, the hand movements should be clear

to have a peaceful and non violent game.

across the classroom feel it's a tool for them to pass time without attracting eyes, the parents and elder siblings feel it's an addiction that grows stronger with each passing day.

What's more, the children get so engrossed while playing; they hardly know what's going on around them. "Without having a look at who is sitting beside them, they will start their aggressive show of hands which ultimately leads to a red nose or a paining shoulder" says Ankita Marwaha, a student of class XI. But this famous (or infamous you could say) pastime still continues amidst threats and scoldings.

Pic by: Pankaj Mallik







- 1. Who is the Secretary General of World Widlife Fund?
- 2. Who has written the book 'Our Iceberg is melting'?
- 3. On which celestial body was water found recently?
- 4. Name any sport played by Ricky Ponting other than cricket.
- 5. Name the 5 band members of Pink Floyd.

To submit your answers, log on to www.theglobaltimes.in

(Postal/courier entries will not accepted. Last date: October 25, 2009)

The Youth

Sarthak Batra, X A

AIS Mayur Vihar

People say that we are impatient, that we are rude but we are not really those things with which we are viewed We are eager to know and we are eager to fight You can't stop us We are today's knight We can't stand injustice Or corruption in this world We are not children or adults We are the youth of this world We will fight the poverty That disables our nation We won't repeat the same mistake you did We are the next generation We will fight the pollution That you refused to acknowledge. And repair the nature Which you damaged We don't say these things Just for the sake of saying We all are angry at what you did to our country Yes, the youth is mobilizing! Aren't you angry with those people who do nothing to stop corruption, eradicate poverty and fight illiteracy and who only care about money? Don't you think its our right to fight back? And fight we will. Yes, the youth is mobilizing!

Endeavour

Archita Goyal, IX A **AIS Mayur Vihar**

Do you have the courage to say that You are an ideal citizen? To plant a seed and see it grow But not for the applause that would follow?

Far from the promises of the elite Yes, I am ready to be at peace with everyone

Yes, I am the one who can do something

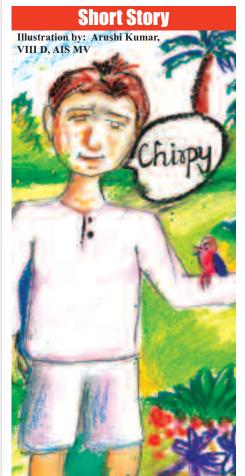
Irrespective of their cast, gender, color and creed.

Yes, I will value our rich heritage And protect the monuments from their deplorability I shall preserve our magnificent culture For I care for our individuality Yes, I have the guts to go and vote for the nation's forebearer since together we can do a lot. Neither am I selfish nor self-centered

I do not think only of me Words like 'hatred' and 'communalism' Are not in my dictionary. Propagation of brotherhood is my only and ultimate aim So let us hold our hands together

To let India outshine and spread its vibrant frame.

When I was alone at home



Dhruv Agarwal, III C AIS MV

n Interhouse Short Story Contest was organized for Lthe junior classes out of which Dhruv Agarwal's story was *just the best. So here goes the story:* Mom and dad urgently had to go out for an important work. I was overjoyed. I thought I will watch TV and play games but after sometime I was bored. Life without mom and dad is boring. I went to the balcony; I saw squirrels and sparrows playing. I was amused to see them. I started to make strange sounds. The sparrow got attracted. I offered her biscuits. She loved them. Now the sparrow began to come daily. I started to call her chirpy. We both enjoyed a lot together. Whenever I called her she came. We both became best friends. Whenever she is happy she flutters her wings and often sits on my shoulder. My dear friend chirpy relaxes and rejuvenates me. I am so lucky to have a friend which is free and is not like other birds who are kept in cages.

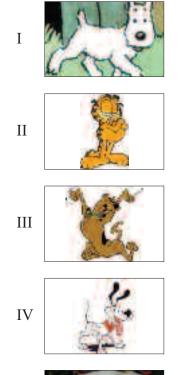


Viewers' envy, Owner's pride

Rashika Sood, IX B, AIS MV

Children dream of owning a cuddly pet. And they have every right to, because even their favourite cartoon character owns a naughty pet. If you really want to test your 'Toon Gyaan', here's your chance to help the owners find their pets. If you match them correctly, you will surely win. Post your entries to: Toon Gyan, AKC House, E- 27, Defence Colony, Delhi-24.







3-D Mask Making

Rishik Sood, IV D AIS, MV

Material required:

- Coloured sheets
- · Glue, stapler
- Paints
- Decoration material, eg. colourful feathers, pebbles or marbles, glitters, coloured tape, etc.
- Procedure:
- Take an A4 size coloured sheet preferably dark in colour. Now cut slits on the corners of the sheet. This will form the base of your mask.
- Staple the corners by overlapping them to give it a 3-D effect.
- Now cut diamond shaped eyes, triangular nose, semi-circular mouth, broad leaf like ears and a feather crown from different coloured sheets to make the mask look bright and pretty. (You can make a cone for the nose)
- Paste these shapes and put some pebbles on eyes or feathers and glitters on



the nose and ears for decoration.

• Paint some patterns like that of tribals on the mask to give it the final touches. Your mask is ready now you can either hang it on the wall or scare your friends or else how's this idea: make 3-4 masks and have a tribal party! Enjoy making your own masks!●

The Global Times, October 1-15, 2009

Exploring the world opportunities

Tourism organised its 6th Annual Convention on World Tourism Day 2009 on the theme Diversity in Tourism - An Engine to Unite the World at Amity University Campus, Sector-125, Noida. There has been a remarkable growth and development in the Travel and Tourism Industry in the past decade.

To bring awareness about the growing importance of travel and tourism and its social, cultural, political and economic values, Tourism Day is observed worldwide on this day every year. Eminent guests who shared their views with the distinguished gathering included Smt. Rina Ray, IAS, Managing Director, Delhi Touirism and Transport Development Corporation, Ms. Alice Wang, Country Director, China National Tourists Office, Mr. Rajji Rai, President, Travel Agents Association of India (TAAI), Mr. Deepak Behl, Director (HR), Hotel International (Eros Group), New Delhi.

Mrs Ray said although she is in the bureaucracy but by heart she is an activist. She opined, "It is of no use blaming the government for all the mis-happenings. She advised students to shoulder individual civic responsibilities towards the society and help keep our cities clean to present ourselves well during the Common Wealth Games (CWG).

Ms. Wang expressed her gratitude to

Amity University on behalf of China tourism. While speaking on the bi-lateral relationship between India and China she said, "There were many reasons behind the tourism bridge of India and China, especially history and spirituality that links the two countries".

"Tourism can be sub-divided into beach, historical, spiritual, medical and spa."



Indian Tourism built its office in Beijing. Yoga, spirituality and hospitality are the important aspects due to which the bond between the two countries is growing deeper." She insisted on introducing more students exchange program between China and India since China tourism industry need Chinese speaking

Mr. Rai said, "Be it in-bound or outbound there is a vast area to be explored. Tourism can be sub-divided into beach, historical, spiritual, pilgrimage, medical and spa. It has to be tapped in proper way. It is important for the students to bring home the customers and impress them so that they keep coming back." While addressing the gathering Mr. Behl, said, "People looked at India with high hopes in the tourism aspect. Indian jewellery, gems, garments, tea, spices and even Information Technology are dominating the world. Incredible India Campaign has proved that people from all over the world are coming to India. With the CWG round the corner, India can only make a mark for itself with the help of students of hospitality and tourism."



Teacher's Day celebrations

On 5th September 09, the students of the campus observed Teacher's day under the chairmanship of the Director, Dr. C Satapathy. The function started at with lighting of lamp before the photograph of late Sri Sarvapalli Radhakrishan in the meeting hall.

All the students and faculty members participated in the function. The students greeted all the faculty members individually with sacred rice, tilak and bouquet and sought their blessings. All the faculty members spoke on the occasion giving inspiring speech. The students performed cultural programmes like song, dance, music and caricatures.

For Maths wizards

Olympiads organised the Valedictory Function of Science and Mathematics Olympiad Workshop on, September 26, 2009 at Amity Campus, Sector-125, Noida. The aim of Mathematics Olympiad is to encourage young students to strive for excellence in Math-

mity Centre for Science ematics, and to promote friendship among students, teachers and scientists from different parts of India and the world. Amity Centre for Science Olympiads (ACSO) was established under the aegis of Amity Institute for Competitive Examinations (AICE).

Eminent guests who shared their views



with the distinguished gathering included, Dr. Dinesh Singh, Director, University of Delhi South Campus and Dr Indrajeet Singh Bakshi, Principal Dyal Singh College, University of Delhi. Dr Bakshi said, "Success is actually taking the risk. As students you need to experiment and always remain focused on your goal. If you have a dream, nurture it, don't let it go." While addressing the gathering Dr. Dinesh Singh said that he was delighted to get himself connected with Amity University and amongst the young minds. He said, "My mantra to keep forward in life and to do well is just remember that God is a mathematician. Always remember success does not mean earning too much of money."

Ayeesh Agam a student of APJ, Noida a participant, Olympiad workshop, said due to the qualified trainers, the students understood the theoretical concepts along with practical examples taught to them. This was the 8th Olympiad Workshop and a total number of 70 students participated in the workshop from various schools and were awarded with certificates and prizes.

Bell the CAT

AICE Updates

mity Institute for Competitive Examinations (AICE), pioneer in the industry for excellence in competitive education, is all set for its new batch of CAT aspirants to take the exam online. AICE arrived instantly with 40 Hi-Tech computer labs, world class infrastructure and best study package in the industry, to train its student for the new pattern of CAT examination. Excelling in the education industry for

the past 9 years, AICE is credited with several path breaking initiatives. Having pioneered several courses in the field of competitive examinations Olympiad, IIT-JEE, Medical, Management Entrance Examinations (CAT) etc, its innovative pedagogy constantly surpasses its earlier record. The latest additions to its palette of successful educational ventures include...

Global Talent Search Examination (GTSE): GTSE was conceptualised to awaken scientific thinking amongst talented students. GTSE was held for the first time on November 23rd, 2006 in which more than 5000 students participated from classes V - XII. Many reputed schools like AIS, DPS, Bal Bharati School, Army Public School, Cambridge School etc. participated in GTSE making it a landmark event. Since then GTSE has become a platform for classes I - XII with over 20,000 participants.

Date of examination: 23rd November Last date of registration:1st November **Eligibility**: Class I to XII

Subjects: Science and Maths (I to X) Physics, Chemistry, Maths and Biology (XI & XII)

Exam pattern:Objective type question **Duration**: 1-1/2 hr. each subject

Examination fees: 100/- per subject. Awards: Laptops, desktops, cash prize, medals and certificates.

A Five Year Integrated Programme (AFYIP): With the belief that every child is blessed with a special talent, AFYIP was introduced. The programme aims to nurture the distinct talents of the child once s/he reaches Class VII. With specialized guidance and coaching under the tutelage of sensitive and experienced mentors, AFYIP proposes to channelize the energies of the child in positive direction enhancing h/her talent in any of the areas, be it sports, dance, music, theatre art, creative art or creative and innovative sciences. All round training, keeping value education maintained in the holistic environment, is the prime need of society. Emotional Quotient of the child must be integrated during the third five years of schooling. The salient features of AFYIP include...

•Offering facilities for extra-curriculum activity

•Only educational group in India which can offer complete residential integrated programme with a holistic approach

 Training different sports with specialized coaching

•Help students to boost the creativity in science, art/writing/theatre performance like classical dance or drama under Amity's Innovative cell.

Sangathan 2009 begins

mity University inaugurated its month long annual Sports Meet in its endeavour to ensure holistic development of its students. The tenth meet in succession will culminate on the birthday of Dr. Ashok K Chauhan-Founder President, Amity University with the felicitation of winners of various games and sports. The inauguration commenced with the torch relay by the students of Amity Institute of Physical Education and Sports Sciences (AIPESS), who were the glorious winners of the last year's Sangathan.

Declaring the meet open, Mr. Atul Chauhan, Chancellor, Amity University, Uttar Pradesh said that Sangathan stands for compassion, companionship and commitment. It's been ten years that Sangathan is being celebrated in Amity and it's growing bigger with each pass-

Expressing his delight over the overwhelming participation by the students, Mr. Aseem Chauhan, Additional President, RBEF and Chancellor, Amity University, Rajasthan urged the students to compete as a true sportspersons with healthy spirit of competition. He motivated them by saying that they are all winners after being able to stand together united as a team.

Maj. Gen K J Singh, Vice Chancellor, Amity University also advised the students to learn the most out of the month long event as they would encounter varied experiences, testing their personal limits, competitiveness, courage, grit, patience and composure.

Various events that would take place during the month long meet includes swimming, cricket, basketball, kho-kho, chess, squash, shooting etc. in which thousands of students from all the institutes and campuses of Amity would par-













Tulika Banerji

Ami's day out

Squishy-wishy, wooshy swoosh; Ami the caterpillar's on the loose! Boom! A life size poster burst and Ami, Amiown's mascot wriggled out as Mr Atul Chauhan, Chancellor Amity University UP, cut the inaugural ribbon teeing off Ami's Coffee Shop at Amiown, Gurgaon-27. Hopping and skipping, Ami led the guests to the Coffee Shop done up with black and white balloons, which also happened to be the colours for the day. Everybody including Head Mistress Nina Soni, teachers from all Amiown branches, and parents adhered to the black and white dress code to a T. Ms Soni informed, "The Coffee Shop was an initiative to make pre-schoolers familiar with the ambience of a café to enhance basic reading skills, thus blending fun with learning." Impressed with the bright interiors, Mr Atul Chauhan lauded Amiown for putting up a brilliant show.

Finger-licious!

iny tots of Pre-Nursery and Nursery placed their orders and ate to their heart's fill on the elegantly done up coffee tables and ribbon back sofas. Picture laden menu cards, beach themed counters and their own parents serving them goodies—what more could a kid ask for? The lavish carte du jour tickled the youngster's taste buds—orange juice, lemon tea, milk shakes, French friesyou name it and it was there. Live bands led by class teachers and parents made the little ones dance to their tunes. Teacher Vandana Mathur dressed up as Ami kept on her toes entertaining the kiddie guests throughout the show.

Dignitaries galore

s Sapna Chauhan, Chairperson **IV** Amiown enjoyed herself tremendously, cheering and dancing along with the kids, singing with the bands. "It's a wonderful initiative," she commented. Chairperson, Dr Amita Chauhan, also participated with the kids with full enthusiasm, and was visibly pleased, "I am thrilled with the idea of a Coffee Shop for tiny tots. I'm happy that the staff, teachers and even parents have lent their whole hearted support, making it a huge success. Only supportive parents turn a good school into a wonderful school." Ms Divya Chauhan, Chairperson ASFT came in with her twins Samaya and Samara and appreciated the arrangement, "I can't wait to place my order and sample the fare!" Ms Pooja Chauhan acknowledged, "Interacting with one's child at home is another thing but interacting with them in their school environment is a very satisfying experience." Even Nanima became one with the children as she thoroughly enjoyed herself.

Parents' gallery

Parents had a ball getting to interact with their kids in the school. Mr Rajiv Khanna, father of Juhi (Nursery B) quipped, "Being part of the Coffee Shop was a satisfying experience. Kudos to the Principal and teachers for putting up the wonderful show." Ms Anuradha, mother of Namiya (Nursery C) echoed, "I'm happy to volunteer for the Coffee Shop. In this way, I feel well connected to my child's school." Ms Ruchi Bhargava, Mother of Divya (Nursery C) was proud to be part of the Amiown family, "I feel I'm one of them and that's what makes it great!" All in all, a fun show!







Building Bridges

Usha Verma

n August 7, 2009, Amity International School, Noida formally bid 'adieu' to the ten US students visiting the school campus from June 28 to August 8 as part of the US State Government sponsored Hindi Language Programme. Each exchange student who stayed with an Amitian Host Family (AFS) mastered not only the Hindi language through both formal and informal training but also had an exciting exposure to Indian music, art, dance, drama, culture, yoga, tradition, cuisine, heritage and our unique Amitian values. While the Shlok Gyan lent auspiciousness to the occasion, Dr. Mrs. Amita

Chauhan, Chairperson, AIS lit the ceremonial lamp along with Ms. Merilyn and Ms. Manjeet (both from AFS, India), Dr. Bhatia (Department of Education, Amity University) along with 17 Bhutanese delegates from Power Corporation (Thimpu) and Mrs. Jyoti Arora, Coordinator, Amity Resource Centre. Addressing the students, Chairperson, Dr. Amita Chauhan said, "Amity is an ideal place to host an exchange programme. These US children are exemplary as they have learnt Hindi in 6 weeks. I wish all my Amitians will also join similar exchange programmes in the future." Principal Ms Mohina Dar, thanked Chairperson for encouraging young Amitians to foster international friendships

that will reach millions of people. Congratulating AIS Noida Ms. Merilyn reiterated, "Students who have experienced international education, who speak another language, and have lived in another culture are simply better prepared and have more options, both personally and professionally." Talent, expertise and versatility took a desi turn as the ten students, with Max and Hang as comperes, put up a delightful cultural programme for the Amitians.

The melodic rendition, Panchi Jaise Jhoomein, expressed their wish for a peaceful world. A harmonious number Hum Hongay Kaamyabh, by Amitasha Girls' Choir, a hilarious one-act play titled *Idgaah*; and Primary and Middle







School display of cultural dance forms was supported by a PowerPoint Presentation, replete with snippets by two snazzy presenters, Priyanka Dilip and Shinjini Biswas.

AFS Expressions

"Hosting Hang was a marvellous experience full of sharing and caring. She didn't complain about the heat at all. The funniest thing was to watch her bargaining on her own when we went shopping. This unique experience has forever changed the lives of me and my family." Katyayni, AFS Host Sister to Hang

"Six weeks with Sarah went by too fast. It was an amazing way to experience a whole new world."

> Vitasta, AFS Host Sister to Sara Seger

"Every moment of my time here was amazing. I will find a way to come back here once more. I thank my AFS Family, the Agarwals for their exchange of kindness, customs, and culture with me." Julia, AFS Exchange Student

"My AFS Sister, Katyayni took great care of me. She was always holding my hand when we were crossing the roads. My AFS Mom, Mrs. Singh made the most amazing swadisht food. The Taj, Akshardham, caring, shopping, food, culture... it was amazing."

Hang, AFS Exchange Student

"I'm from New Orleans and India is my grandparents' homeland. My AFS Brother, Sankalp and his family showed me how intimate relationships exist within a family, teaching valuable lessons about love and life. I loved the Rakhi festival and how one could just go and meet people without being formally invited. It was so cool." ●

Max, AFS Exchange Student



The Global Times, October 1-15, 2009



Heal the soul

In the midst of worries and struggles, always look forward and advance...

Srishti Thakkar

XI B, AIS Mayur Vihar

outh is the time of great changes and therefore, a time of great confusion. Society offers little comfort and we may feel as though we are standing alone in a wasteland or on a battlefield. At times we even may feel we can't believe in anyone, no one loves us or that we have no reason to live. This is where the 'Youngistaanis' need to switch over to spirituality. Here's a take on the Buddhist view of living life joyfully! Don't mistake it with different forms of Buddhism which we were taught in our junior classes. This is not a religion but a life changing philosophy which comes under the umbrella of Soka Gakkai International (SGI), an organisation spread across 192 countries with more than 12 million people becoming its members. SGI originated in Japan and its founder Dr. Daisaku Ikeda is a Buddhist leader, peacebuilder, a prolific writer, poet, educator and founder of a number of cultural, educational and peace research institutions around the world. He is the main source of wisdom, hope and courage, who continuously inspires his disciples to face day-to-day challenges in a non-violent manner. People of all age groups, irrespective of their caste, colour, race or nationality are proud members of this changing philosophy.



Hail the life

Dr. Daisaku Ikeda encouragingly says in one of his books Discussions On Youth, "Youth means grappling with all kinds of problems. It means resolving inspite of all difficulties, to push aside the dark clouds of despair and advance towards the sun, towards hope. This strength is the hallmark of youth. Having problems, making mistakes or feeling regret is only natural. The important thing is not to be defeated by them. In the midst of worries and struggles, always look forward and advance."

Dr. Praveen Bajaj, a doctor at Max Hospital, Saket and an active member of Bharat Soka Gakkai, (Indian leg of SGI) says, "It's not important to compare ourselves to others, but we must compare ourselves today with who we were yesterday. Buddhism teaches the concept of realising one's inherent poten-

Mrs Renu Thakkar, teacher in a government school and a practicing member of this wonderful philosphy says, "Remind yourself each day that deeper the pain and grief, the greater the happiness that awaits you. Have the determination to become the pillars of support for your family. Buddhism teaches this way of life."

In the end, we give our readers words of wisdom from Dr Ikeda's book, that they can apply in their lives - "Resolve to be the Sun. As long as you are the sun, no matter what problems you may be facing now, the dawn will always break, fine weather will always return and spring will never fail to come."

kuch kehta



Priya D, Barkha S & Sanya Taneja

VIII D, AIS Mayur Vihar

t was Saturday night and I was watching Taare Zameen Par on the TV. I was lost in the amazing real and heart wrenching emotions of the climax of the film. When suddenly an annoyingly, chirpy jingle started playing and pulling me out of the tragic world of Eshaan Avasthi.

I have always thought about commercials as breaks when you mute the TV and try to cram in as much notes as you can. But some ads are so relevant to ing mind. our society that it is impossible not to reflect on their deeper meanings. Once such ad is "Jago Re" which along with

endorsing the product, also spreads awareness about Universal Adult Fran-

Another one is "The Atulya Bharat" -It gives us the message that guests are equivalent to god and inspires us to conserve our unique heritage. 'The Godrej ad' challenges the stereotype that only women are responsible for household chores when it portrays that the husband is willing to cook food when the wife is at work.

So next time there is a commercial break, don't press the mute button, listen and learn with an open and accept

These examples tell you that ads are not just bathroom or snack breaks, they are much more than that!●

Pink Floyd The Classic in my Head

Ritvik Chaturvedi XI A, AIS MayurVihar

efinitely, the best art stays on in our memories and lives. I still remember when my parents were not at home and I would open my father's collection of music. It had genres ranging from Classical to Rock, and artists from Pandit Ravi Shankar to The Beatles. But one group which I admired then, and still do now, is the band Pink Floyd. Pink Floyd was formed by Syd Barett (guitarist and vocalist), and consisted of David Gilmour (bassist/vocalist), Roger Waters (guitarist and vocalist), Richard Wright (pianist) and Nick Mason (drummer). The band cut 14 albums in its 30-year career which ended in 1994. But the classic album which will stay on in my memory forever is The Dark Side of the Moon, which took nally released in January 1973.

Actually, it isn't just an album; it's a phe-

nomenon in itself. Its mature and philosophical music mocks not only the rich peoples' lavish lifestyle but also the world's stereotypes and biases, and thus becomes the first rock album which expresses social concern. The electric guitar which was much in vogue those days, is played with a lot of precision and dexterity, which produces a heavenly, and an echoing sound. It is blended with excellent saxophone tunes and drum beats throughout. Moreover, the intricacy with which the piano has been played is too good to go unnoticed. Finally the music thus produced is mesmerising and ethereal. All this caused the album to stay on top of the 200 Billboard Charts for 741 weeks, which is 14 years!

The album starts with sounds of people going to work, war-cries and the sounds of guns. The first track Breathe makes fun of people busy in earning money. seven months to be recorded, and was fi- The next important track *Time* starts members are still alive today. But they with the ringing of an alarm clock, and have left behind their legacy and mesthe chime of bells. It emphasises the

common human nature, which is to waste their hours. The track The Great Gig in the Sky is an instrumental theme with no lyrics but with splendid philharmonic vocals. The track Money laughs at how the rich people waste their money and have an extravagant lifestyle, while the poor people toil night and day and still remain paupers. The song Us and Them (my favourite) questions the listener to why the world practices racism and to why there is discrimination in the world ending with a peaceful and hopeful note:

Us and Them

And after all we're only ordinary men Me and You,

God only knows it's not what we would choose to do..

The band Pink Floyd is no more, for its pianist (Wright) and founder (Barrett) are no more with us, though three of its sage in their immortal music.

Learning the penguin way

Ankita Marwaha

XI B, AIS MayurVihar

nce upon a time, a colony of penguins was living in the frozen Antarc-Our tic. By no means, am I trying **lceberg** to start a story telling session.

This is just how the book *Our* Iceberg Is Melting begins. And no it's not a book for little kids learning their first words, though I agree it is much too brightly illustrated to be taken seriously. The book takes us

back to our childhood where just believing in a fable taught us lessons for life. It is a simple and a little comical account of what happened when a penguin discovered that the iceberg which supported their life was going to melt. John Kotter

and Holger Rathgeber, through the story of Fred the Penguin teach us how to solve our daily problems and become better managers of our lives. Through

> the book and its simple language and funny, comic-style illustrations, "One finds new and better ways to act or find increased conviction to stay the course you are already on". The reason which makes this book effective is that each and every reader can relate to the situations as they are relevant in every-

one's lives and also identify with the characters. It not only teaches us how to welcome change, but also how to get your point across. Our Iceberg Is Melting is a must read for all. Publisher: Macmillan. Price: Rs 195

