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Sangathan 2024: Celebrating 25 Glorious Years Of Togetherness And Triumph



A SILVER JOURNEY

Shailja Singh, GT Network

achis Saal Bemisaal" echoed across Amity University, Noida, as the vibrant campus celebrated Sangathan 2024 – the annual inter Amity institutions sports meet that marks the birthday of Dr Ashok K. Chauhan, Founder President, Amity Universe. Over 25 years, Sangathan has blossomed into an event that goes beyond sports, becoming a symbol of camaraderie and leadership.

Grand beginningsOctober 24, 2024 was dotted with unprece-

dented camaraderie and enthusiasm. The grounds of Amity University, Noida were abuzz with excitement for it marked the culmination of the sports gala. The event was off too a momentous start with Dr Ashok K. Chauhan, Founder President, Amity Universe & Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, being ceremoniously escorted by riders from the Amity Riding Academy. With the Founder President's offering into the havan, Sangathan 2024 was inaugurated in a burst of spirit as the Amity flag unfurled to the backdrop of stirring band music. The national anthem, played by the military band of the 18th Grenadiers Regiment, set the tone for the day. Soon after, the sports captains ignited the traditional Sangathan flame, the Khel Jyoti, symbolising unity in competition, whilst commencing the event in grandeur and style.

Grand milestones

As the event teed off, Dr S K Srivastava, Chairperson, Sangathan 2024, welcomed guests and reported Sangathan's tremendous impact this year. Initiated by Dr Atul Chauhan, Chancellor, AUUP, on September





13, the event in its 25th year attracted over 30,000 participants, across 22 sports, 13 vintage games, and even e-sports and quadcopter racing. Several new events like yoga, karate, and unified sports, were also introduced. Over 200 medals were awarded, honouring dedication across disciplines.

Grand inspirations

In his inspiring address, Dr Ashok K. Chauhan acknowledged the energy and commitment of every student, staff member, and guest who contributed to the event's magnetic atmosphere. He emphasised Amity's focus on students' success and encouraged students to cherish each day, saying, "Every day is precious. If you have a mission, don't waste a single minute." He also introduced

'Samvad', a new platform designed to foster closer interactions between students and faculty.

Grand gestures

In a moment of grandeur, Dr Atul Chauhan announced the launch of the 'Dr Ashok K. Chauhan Prize' to honour trailblazers in fields such as science, innovation, and the arts. This was followed by showcase of a film capturing the 25-year journey of Sangathan, evoking nostalgia and deep pride. Soon, the grounds were captivated by a parade of contingents from Amity institutions worldwide, marching in harmony to the rousing tunes of the military band. The parade was a powerful testa-

ment to Amity's global reach and the shared values of excellence and unity. As Sangathan 2024 drew to a close, a coffee table book celebrating 25 years of Sangathan was presented to the Founder President, preserving cherished memories and commemorating this journey of excellence. The valedictory ceremony culminated with awardees receiving trophies amidst enthusiastic applause from fellow participants, reflecting the true spirit of Sangathan – unity, celebration, and pride in a shared legacy.



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Chitra Tripathi's Journey Through India's Newsrooms INTERVIEW

Maira Shadab, X A & Kanav Kumar, X E, AIS Vas 6

hitra Tripathi, a celebrated figure in Indian journalism, has become one of the most recognisable faces of mainstream Hindi news. With an illustrious career spanning prominent networks such as Aaj Tak, India News, and News 24, Chitra's dedication to impactful journalism has earned her several accolades, including the prestigious Ramnath Goenka Excellence in Journalism Award in 2015 for her Kashmir coverage. Currently serving as vice president, news & programming, ABP News, she continues to inform and engage viewers as the host of the popular daily bulletin, 'Janhit'.

Paving my own path

I studied at a government school in Gorakhpur, with an initial aspiration to join the defence forces. To support my education, I took up a temporary position at a local news channel. I was encouraged by my family, who saw promise in my oratory skills, fluency in Hindi, and understanding of societal issues. This role marked the beginning of my adventurous journey in journalism, and since then, there's been no turning back.

Nerves of steel

During the 2024 General Elections, I trav-



elled across the length and breadth of the country - from the valleys of Kashmir to the scenic landscapes of Kanyakumari. To choose a favourite place would be unfair, as each location brought its own unique experiences. I interacted with thousands of voters, listening to their concerns and amplifying their voices. Whether on a scooter, a bullet, or riding on jeeps and tractors, I delivered ground bulletins from every pos-

sible vehicle. I'm proud to know that my journey has inspired young girls to recognise the strength and determination that they need to challenge the odds of a patriarchal society.

Changing face of journalism

In the past two decades, journalism has undergone a massive transformation. What was once a field dominated by pen and paper has expanded into a powerful phenomenon, largely influenced by the rise of social media. Despite this, women's participation in journalism remains limited. I still firmly believe that society needs to change its perspective, so women can pursue journalism freely, without it being viewed as a privilege.

Magic potion for success

I often recall Abdul Kalam's three words: determination, dedication, and devotion. These, I believe, are the key ingredients to success. Journalism is not a field that offers instant rewards. You have to be patient. There will be days when you're frustrated, rushing to the office for emergency coverage late at night or working long 12-13 hour shifts. But if you find work that aligns with your passion, the fulfilment it brings will last a lifetime. It will always feel worthy of the effort you put in. So, pursue your passion.



& programming, ABP News

The silent signals

Synopsis: 'The Dictionary of Body Language' is a comprehensive guide which helps the reader understand non-verbal cues and communication that is subconscious and is often used in human interactions. These subconscious cues, if deciphered correctly, can reveal a person's true intentions. The book contains more than 400 non-verbal cues. Starting with the head and ending with the feet, Joe Navarro reveals all the hidden meanings behind what we do, in this book. According to Navarro, most of these non-verbal cues are either signs of comfort or discomfort and in certain cultures, certain behaviours and gestures carry different

Why is it worth reading: Reading

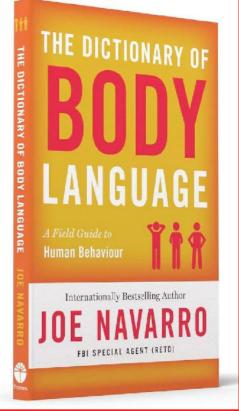
Book: The Dictionary of Body Language **Author:** Joe Navarro Published in: 2018 Genre: Field guide, Self-help

'The Dictionary of Body Language' will give you the same insight into human behaviours that FBI agents use to decode while working on their cases, as it is written by Navarro, the second youngest agent hired by the FBI. This book will help you understand people through their unspoken body language also called 'nonverbal'. By observing the people and getting to know about them, you will develop your own skill set for decoding human behaviour. The great

thing about learning body language is that it helps in understanding, enhancing, and amplifying the nonverbal messages being portrayed through hand signals, gestures, and postures. Since non-verbal cues are instinctual and unconscious, therefore they are considered reliable ways to understand human behaviour. The more you study body language, the easier it will become to know about people and create better bonds with them that may last you a

Iconic quote: "People often lie, but their nonverbals usually reveal how they actually feel."

Rating: 4.5/5 Review by: Lavanya Singh AIS Jagdishpur, VIII A





The power of mantras



Dr Amita Chauhan Chairperson

Amity has always believed in fostering an educational ecosystem where modernity coexists with traditional values harmoniously. Hence, we emphasise the importance of vedic mantras, which have scientifically proven benefits for the mind, body and soul. To inculcate a deep understanding of these powerful mantras that help in improving cognitive abilities and developing positive thinking, Amity started the Vedic Chanting Club at AIS Vas 6 in 2019 for students of

Class IV-XI. Our aim was to nurture love and respect for Sanskrit, one of the world's oldest languages, and to connect children to their culture and linguistic heritage. Our tiny tots of Nursery class are taught to chant the Bhojan Mantra, which instills values of gratitude and respect for life from a very early stage, and helps the young learners to grow into compassionate, respectful individuals. Vedic Chanting Club students have also exhibited great competitive spirit and many of them have won prizes in various inter-Amity events. Recently, Sanskriti Joshi won the Uttar Pradesh Sanskrit Samman in Lucknow for her evocative chanting. A team of 8 students also won the state round of the group song competition held by Bharat Vikas Parishad. I hope Amitians will continue to stay rooted in tradition as they embrace a future that bridges global understanding with cultural pride.

It's time to Say! Hip, Hip, Hurray!

Three young artists of AIS Vas 6 won accolades at the 10th 'Japan on Canvas' National Painting Competition. Vikhyat Aggarwal, of Class VI, was the National Winner in Category I, Medha Jain, of Class IX, won the National Mega Prize in Category II while Yashwini Jain, of Class XI, was the National Outstanding Performance Award winner in Category III.

Echoes of Chatth



For everyone who celebrates the Chatth festival, the four day-festivities honouring the Sun God are synonymous with heartfelt songs like 'Kelwa ke pat par' and 'Hey Chatthi Maiyya'. Sadly, the lilting voice that crooned these evergreen melodies has now fallen silent. For those like me who belong to Bihar, the demise of Sharda Sinha, also known as 'Kokila of Bihar', will be a deep, personal loss as we have grown up singing her bhajans and folk songs not only

during Chatth, but at every auspicious occasion in our homes and temples. I feel as if the 'sun' of Bihar's folk music has set, as Sharda Sinha was not just a singer, but a living legend. She was a cultural icon whose music helped showcase the linguistic diversity of Bihar, as she sang in Maghi, Maithili, Bhojpuri and Hindi. Hailing from a small district and a conservative background, she defied all social stereotypes to pave the path for more women to find their own voice, and went on to become a shining star in the world of the music. In fact, her 2016 song, 'Pahile Pahil Chatti Maiyya', was so stirring, that many people who had moved away from Bihar returned to their native state. Perhaps, Sharda Sinha's inspiring story can encourage us to seek out, and listen to, other women folk singers who are still in the shadows but deserve more recognition. Perhaps, somewhere, in a quiet village, another gifted singer is waiting to be applauded. While no one can ever replace Sharda Sinha, we might just be able to discover another bright voice destined to uplift and unite us through music. GII

A labyrinthine affair

Behind The Scenes Of The Most Awaited Elections

Rajit Ranjan Pandey

AIS Gurugram 43, XI D

ho is the most powerful person on earth? Is it the President of the US? Perhaps! For years, this position has consistently ranked among Forbes magazine's Top 3 in 'The most powerful people' list. The US president's signature can save a life - or end one. But what happens when the candidates for this mighty position get entangled in bitter feuds and ugly spats? After all, they say, "All is fair in love and war."

The power behind the throne

The President of the United States (POTUS) wields immense political, economic, and military power. As head of state, commander-in-chief, and chief diplomat, the president holds unparalleled authority, including the power to launch nuclear strikes and shape government policy with remarkable freedom. However, the office comes with limitations: a president can serve only two four-year terms. After understanding all this, I almost feel inspired to run - what about you?

Mammoth election process

The US presidential election is an elaborate process, with only two positions up for grabs: president and vice president. The election unfolds in five key stages: Primaries and caucuses, national conventions, campaigning, the general election, and

finally, the electoral college. Each state offers a certain number of 'electoral votes', and these votes are awarded to the candidate who secures the majority in that state. Winner-takes-all rules apply, except in Nebraska and Maine. For instance, California, the largest state, offers 54 seats, while smaller states like Wyoming offer just three. Out of a total of 538 electoral votes, a candidate must secure at least 270 to win.

Fascinating election facts

Here's something intriguing: the candidate who wins the presidency doesn't always win the most votes. Surprising, isn't it? In the 2016 election, Donald Trump secured the presidency through the electoral college, even though he lost the popular vote to Hillary Clinton by over 3 million votes. And if the election ends in a 269-269 tie? The House of Representatives steps in to cast votes and decide the winner. If there's still a

deadlock, the Senate steps in. Until the deadlock is broken, the Speaker of the House of representatives temporarily assumes presidential duties.

Sizzling presidential debates

Amidst the campaigns, fundraisers, etc, the most pivotal moment in the election is, arguably, the presidential debates. Typically, two debates are held before election day, in which the democratic and republican candidates present their policies and tear down their opponent's proposals. Further, a moderator poses questions on critical political and economic issues, and the candidates respond.

The US presidential elections are no short of real-life election soap opera. Every four years, the presidential election make the previous ones appear less quaint. But still, these are the elections that the whole world awaits with bated breath, where the entertainment never stops.

Dear Editor,

With immense pride and gratitude, we finally presented our Contest Edition - a reflection of our journey, our growth, and the countless lessons learned along the way. The experience of crafting this edition has been nothing short of transformative, pushing us to "reshape the box" and explore the boundaries of creativity.

We thank our respected Chairperson, Dr (Mrs) Amita Chauhan Ma'am, for offering us this incredible platform to showcase our talents. We are deeply grateful to our principal, Renu Singh, our mentor Priti Khullar, and the entire Global Times team for their invaluable feedback and guidance.



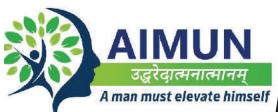
This colourful journey - from our first editorial meetings to seeing our edition in print has been a labour of love, enriched by the unwavering dedication of our amazing editors, skillful designers, illustrators, and photographers. Together, we've built memories and developed skills that will certainly remain with us for the rest of our lives.

We eagerly anticipate a fierce yet friendly competition with all the upcoming Contest Editions from all other branches of Amity Group of Schools, each one a testament to



hard work and creativity.

Kashvi Bajpai, XII B & Madhav Ahuja, XII I, AIS Noida Editors-in-chief



AIMUN Advancing gobal leaders Aman must elevate himself Advancing gobal leaders

AIMUN'24: A Testimony Of A Grand Celebration Of Diplomacy, Culture, And Leadership

Atma Atmanam' meaning 'One must elevate on the philosophy of 'Vasudhaiva Kutumbakam'. This



inents participated in Almun: Asia, Europe, Africa





Slovakia



Felicitation of Vansh Saluja and Siddharth Kapoor, Alumni



Charge D'affaires





guished guests, and Amity universe members from all





tion of Ekaterina Dynyak



Chiaki Suzuki



Felicitation of Sandeep Kumar, former ambassador of India during opening ceremony

Tpholding the essence of the tagline 'Udhare

oneself', the delegates, diplomats, distin-

over the world participated in the year's most notewor-

thy occasion - the 15th Amity International Model

United Nations 2024. An initiative of Amity Educational

Resource Centre (AERC), AIMUN'24 was held under

the leadership of Dr (Mrs) Amita Chauhan, Chairperson,

The conference included 600+ participants including

ambassadors and distinguished personalities from 13

countries and 28 cities across the world, namely Russia,

France, Belgium, South Africa, UAE, Oman, Turkey,

UK, Japan, Hungary, Slovakia, Slovenia, India etc. The

a pre-event on Oct 15, 2024. It was held in hybrid mode,

with three committees making their debut this year. The

event witnessed the presence of 11 Secretariat Members, 24 Executive Board Members, and 24 International

Unfurling the magic: Pre-event euphoria

11 pre-event training sessions were held. Further, a spe-

cial get-together was hosted by Dr (Mrs) Amita Chau-

han, Chairperson, Amity Group of Schools & RBEF, at

AKC House to familiarise them with Indian culture.

Two schools from Russia, British Club Language

School and Rabindranath Tagore School, and two

schools from France, Institut De Genech and Notre

Dame Valenciennes, were present. Mehendi and bangle

stalls were added to give a traditional touch to the event.

Amity Group of Schools & RBEF.



was followed by exchange of souvenirs.

On the occasion, Dr (Mrs) Amita Chauhan, emphasised

The magic unfolds: Day one



THE GLOBAL TIMES | MONDAY, NOVEMBER 11, 2024



Antara Rajput, and Kunal Arora. Magical momentum: Day two

Day 2 of the conference kickstarted with delegates work-AIMUN 2024 was off to a grand opening ceremony, held ing under the able guidance of Secretariat members: Jyoti on October 16, 2024. The event was graced by chief guest Arora (Charge d'affaires) Sumedh Kapoor (Chef de Cab-HE Mateja Vodeb Ghosh, Ambassador, Embassy of the inet), and Samaya Chauhan (Secretary General), along Republic of Slovenia in India who joined virtually. In her with Khyati Naudiyal (Dep Sec Gen), Amogh Singh (Diaddress, she emphasised, "Working for results should not rector General), and Manavi Yadav (USG crisis). The be the goal but to work for progress must be the aim." event saw power-packed committees in action, each tack-Guest of Honor HE Sandeep Kumar, Former Ambassador ling a pertinent issue – Historic Security Council (HSC) of India, presented memorable artworks created by - Suez Canal Crisis 1956; All India Political Parties Meet women and children of Afghanistan and underlined their (AIPPM) - Personal Data Protection Bill, One Nation bravery and courage to infuse similar qualities in others. One Election: The Association of Southeast Asian Nations - The Ouestion of Asean's Involvement in The Belt Day 3 met its dusk with a glittering closing ceremony, three-day event was held from Oct 16 to 18, 2024, with The ceremony also included special guests, Mikhail Antsiferov, Cultural Attache, The Embassy of the Russian and Road Initiative, India And Asean: Defence and Se-Federation in India, who read out the special address sent curity Cooperation; GA - The Role of Social Media in Fuelling Conflicts, Nuclear Disarmament; International by the ambassador of Russia; Victor Gorelykh, Head of Education - Cooperation Department, Russian Centre of Monetary Fund - Discussing The Adoption of National Science and Culture; and Maj Gen Nalin Kumar Bhatia, Currency in Global Trade; International Court of Justice Retired Indian Army Officer, Analyst and Commentator, (ICJ) - Turkey VS Cyprus, India VS Pakistan; Inter-Strategic Affairs in India's western neighbourhood. The national Maritime Organisation - Situation in Red Sea inauguration also featured the unveiling of the AERC and Persian Gulf; League of Nations - 1931 - The Army booklet and AIMUN Newsletter, along with a movie of The Empire of Japan Invades Manchuria, 1936 - The showcasing the global footprints of AERC followed by Spanish Civil War. The event continued with an interthe presentation of gavels. The ceremony concluded with national cultural festival, beginning with an inspiring address by chief guest Dr Mukesh Kumar Srivastava, delegates and secretariat in their respective committees which were graced by eminent speakers, ambassador Director of the Amrita Sher-Gil Cultural Centre in Buda-Sandeep Kumar, Dr Joana Perrone, managing director, pest, Hungary. He captivated young minds by sharing Oxford MUN, Maj Gen Nalin Kumar Bhatia, and alumni Mahatma Gandhi's transformation from an introvert to a passionate freedom fighter. Special guest Mariann Erdo,

Cultural Counsellor and Director of the Liszt Institute Hungarian Cultural Centre, Delhi, enriched the audience by emphasising inclusive culture - a concept that resonates deeply with Amity's mantra, 'Vasudhaiva Kutumbakam'. Distinguished attendees included Ekaterina Dynyak, Head of the Language Department at the Russian Science and Cultural Centre; Taisei Toyomaru, Director of Japanese Language at the Japan Foundation; Chiaki Suzuki, Japanese Language Advisor; Tibor Kovacs, Trade Counsellor at the Consulate General of Hungary, Mumbai; and Orsi Kovacs. Cultural performances filled the atmosphere with vibrant dance and music, en-

Beginning of an end: Day three

thralling the audience.

culminating AIMUN 2024. In a heartfelt gesture, chief guest, HE Boris Jelovsek, minister plenipotentiary of Slovenia, suggested a resolution to nominate Dr (Mrs) Amita Chauhan for the Youth Nobel Peace Prize 2024, recognising her contributions to nurturing global citizenship and leadership, which met with a standing ovation from the audience. Virtually present guests included HE Apoorva Srivastava, ambassador of India to Slovakia, who gave an inspiring keynote address. The ceremony saw prizes being given in various categories. AIS Saket bagged the Best Delegation award, followed by AIS Gur 46 and AIS Noida at the 2nd and 3rd spot respectively. Ananya Vashisht of AIS Saket was given a cash prize of INR 5000 for the best tagline. With the bang of the gavel by Samaya Chauhan, Secretary General, AIMUN 2024



Dr Joana Perrone from UK







during welcome reception



during welcome reception

of Amity Group of Schools namely, Akshat Mohan Awas-

Rabindranath Tagore School, Russia delegation during welcome reception



delegation during welcome reception



by AIS Vas 6



Cultural performances by French delegations at International Cultural Fest

Identity theft



Maitri Hiten, AIS Vas 1, XII E

larisse had always prided herself on her generosity. It was a chilly autumn afternoon when she encountered the ragged old woman at the bustling flea market. The woman's weathered face bore the weight of hardship, and her plea for assistance tugged at Clarisse's heartstrings.

"My dear, why don't you buy this beautiful hand mirror?" the old woman urged. "It's a priceless family heirloom. Due to my awful situation, I have come to sell this."

Moved by compassion, Clarisse ex-

amined the mirror, its ornate frame reflecting the trials of time, and handed over a generous 500 USD, cherishing the thought of alleviating the old woman's plight. Returning home, Clarisse placed the mirror on a nail near her dresser. "I hope that woman can build a better life for herself now," she murmured, her reflection momentarily sharing her sentiment.

However, as the night wore on, a creeping unease settled upon Clarisse. A sudden wave of nausea and a pounding headache forced her to retire early. In the quiet of her room, Clarisse approached the mirror one last time before bed. The

Clarisse examined the mirror, its ornate frame reflecting the trials of time, and handed over a generous 500 USD, cherishing the thought of alleviating the old woman's plight.

reflection that greeted her, however, was nightmarish. Her features - nose, eyes, mouth - had vanished without a trace, leaving behind a haunting blankness. A horrified scream erupted through her room and amidst the chaos, a chilling voice reverberated from the mirror.

"Maybe you shouldn't wear your heart on your sleeve and trust an old lady, dear!" the voice crooned, dripping with malice. "Oh, you really do have a pretty face. I'll make about 500 USD selling this face on the dark web. A fair exchange, don't you think?"

Clarisse felt rage boiling within her as the reality of her plight shook her. Bound by unseen forces, she was helpless as strangers invaded her room, ushering her away to fate in a cold, sterile room in a mental institution.

Weeks bled into a nightmare as Clarisse, now dubbed "The Faceless Woman," grappled with her shattered identity. Every aspect of her former life had been obliterated by this macabre form of identity theft, leaving her a mere shell of her former self.

The once-charitable Clarisse now languished in obscurity, her existence a cautionary tale whispered in hushed tones. The mirror, now devoid of its malevolent reflection, stood as a silent testament to the consequences of misplaced trust and the darkness that lurked beneath the guise of good intentions. GI

CAMERA CAPERS

Uday Aeri AIS Saket, XI C



A bird's view



Beauty of the wild

Send in your entries to cameracapers@theglobaltimes.in

Read Play and

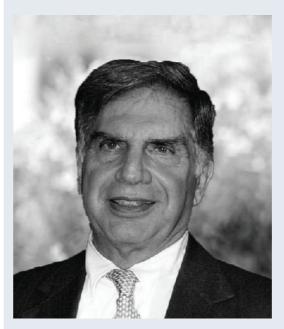
Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit your responses by visiting The Global Times website (http://theglobaltimes.in/readplaywin/).

Q.1 Name the new platform introduced by Founder President on the occasion of Sangathan.	Q.2 What is the headline of the short story written by Maitri Hiten?	Q.3 The poem 'Heartfelt Holiday' is on page ————————————————————————————————————
Q.4 What is the topic of the panel discussion featured on page 10?	Q.5 Which series has been reviewed on page 12?	Q.6 Chitra Tripathi currently serves as
0.7 Which school hosted it's annual day on October 9, 2024?	0.8 The tagline for AIMUN 2024 was	Q.9. What are the five stages of US presidential elections?

Results of Read Play & Win-69: Mansee Singh, AIS VKC Lko, VIII A;

Ameya Chaudhary, AIS MV, IX A; Shivam Kumar, AIS Gur 46, VI E

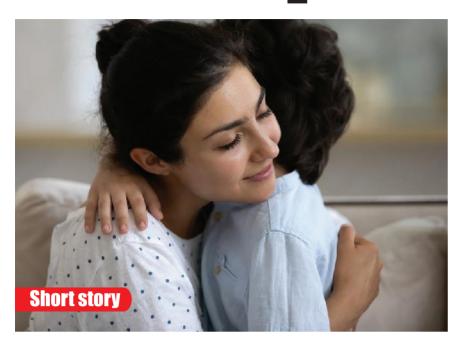
An adieu to India's Ratan



Vignesh & Akshay AIMC Manesar, IX A

A pure ratan of India and a visionary true Ratan Tata's life is canvas, with a vibrant hue From the taste of India to the wings of India From steel to dreams, navigating aim so tall A true visionary spirit that inspires us all With humble beginnings, charted the destiny Building an empire, fueled with pure humility From the height of TCS to the might of Tata Steel His leadership forged a legacy, profoundly real Through trials and triumphs, he paved the way With a heart full of purpose, come what may Philanthropy's beacon, a light in the dark In education and health, he ignited a spark Innovation and ethics, he redefined success Salt on the table to soaring skies in progress So, here's to Ratan Tata, a leader so grand Whose legacy thrives, like a firm, steady hand In the annals of history, his name will remain A testament to kindness, innovation, and gain Reaching for the stars, we carry his flame Forever in our hearts, we'll honour your name A name that generations will never say TATA.

The unpaid debt The cosy embrace was quickly interrupted by the boy's high-pitched **The cosy embrace was quickly interrupted by the boy's high-pitched holiday



Shivika Srivastava, AIS Gur 43, X C

other, mother!" The loud shriek of the child could be heard from miles away. The child's tender eyes found his mother working on the laptop, and with pure elation, he provided a warm hug to his mother. The mother had an important meeting going on, but for her, nothing was more important than making time for her son. The child was brought up by his mother who played the dual role of both parents. The cosy embrace was quickly interrupted by the boy's high-pitched words, "Mother, I have something I want to show you." The child gave his mother a piece of paper. The mother's eyes lingered on the paper longer than they were supposed to,

and then, her eyes widened. Her mere 14year-old boy had provided her with a 'budget', telling her how much she must pay him. The paper read: "INR 10 for cleaning my room, INR 10 for watering the plants, INR 15 for always keeping myself clean, INR 20 for taking care of my little sister, INR 25 for doing my homework regularly, and INR 30 for always acing my studies."

The mother was left **flabbergasted**. Never in her wildest dreams could she have imagined that her son would do this. But the mother knew that the response she gave would be very significant, for it would shape the child's personality and his way of thinking about the value of money in life. She asked the child, "Son! So much money. I need some time to arrange the words, "Mother, I have something I want to show you." The child gave his mother a piece of paper.

cash. Please give me some time." The child, with a victorious smile, replied "Of course, you can take a few days. But please clear the dues by the end of this month."

After a few days, the child reminded the mother to pay him. The mother, rather than paying, provided her son with another piece of paper. It read, "INR 40 for taking care of you when you were sick, even when I had work, INR 50 for cooking your food, even though my fingers burnt sometimes, and INR 50 for providing you with toys, even when the budget was too tight. Approximately a billion rupees for being both your father and mother, and a trillion rupees for providing you an abode for nine months."

The son was overcome by guilt, and he cried as he apologised to his mother. He realised that mothers often work beyond what is expected and children take their labour for granted. The child humbled down, and from then on helped his mother as much as he could, for he, realised the true worth of her labour.

> So, what did you learn today? A new word: Flabbergasted Meaning: To be astonished

Athary Chauhan, AIS PV, VI A It's winter time, I don't have a dime But I have my friends, so I'll be fine We had a holiday party, it had a flair We had fun and laughed with no care The next day we visited a dog show I saw so many dog breeds that I know Then we went to eat, food was great We returned home, it was getting late My mom took me to visit grandma We sat together and watched a drama

Mosaic

Junior







KNOW ME RETTER

My name: Krriti Bhakuni My Class: KG D My school: AIS Saket My birthday: April 8

MY FAVOURITES

Teachers: Ruchika ma'am and Jannat ma'am

Subjects: English and Hindi

Friends: Ayansh, Nanya and Ranay Games: Gymnastics and sprinting

Cartoon: Peppa Pig

Food: Chole-puri and french fries

Mall: Select City Walk

Book: Peppa Pig by Ladybird

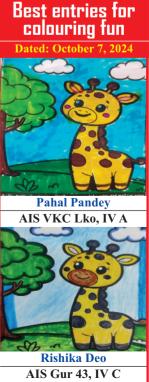
MY DREAMS AND GOALS

Hobbies: Dancing, singing, reading, writing, and painting I like: Dancing, art-craft, and playing with toys

I dislike: Eating halwa & kheer My role model: Monica ma'am

I want to become: A teacher at Amity International School, Saket I want to feature in GT because: I want to share everything that I like and feel proud that I had a chance to express myself.

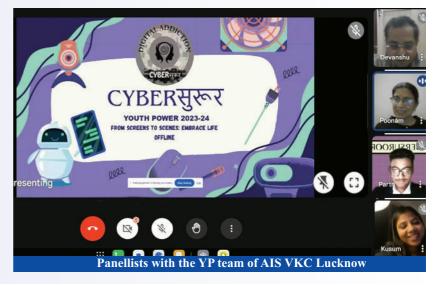




Perils of screen time

Elucidating The Detrimental Repercussions Of Acute Digital Addiction

outh Power-an annual social leadership initiative organised by The Global Times, brings together teams from Amity schools across India to drive meaningful change through a structured, multi-stage programme. A key stage of the programme is the 'Panel Discussion' where experts from various sectors come together to engage in insightful debates on pressing social issues. This exclusive series spotlights the panel discussions organised as a part of YP 2023-24. In Part IX of this series, we spotlight the critical issue of 'Digital Addiction', a cause championed by the Youth Power team of AIS VKC Lucknow.



Digital addiction affects both physical and mental health

Panellist: Dr Devanshu Shukla, paediatrician, Vatsalya Nursing Home, Lucknow

"Earlier, children in my hospital ward would spend their time drawing or playing together. Now I find that kids are totally absorbed in their mobile phones and have zero interaction with each other. This lack of physical activity has led to an increase in obesity, diabetes and hypertension at an early age. In toddlers, problems like delayed speech, social isolation, and an increase in the autistic spectrum are being noticed. The cognitive

skills have drastically reduced with depression and anger issues becoming common. We must adhere to some guidelines like no screen time for kids under two years, and for those aged two - five, digital tools should be used for educational purposes only. Parents should restrict the usage of mobile phones to calm a distressed child. Most importantly, age appropriate content should be monitored, and children must get 8-9 hours of sleep."

Take a break from your screen every hour

Panellist: Dr Poonam Kishore, ophthalmologist

"Even though technology is useful for children as they can find hundreds of articles at the click of button, but spending unregulated time on screen can prove to be very harmful for their eyes. You can equate this situation to one where you are running for hours together. Your legs will become fatigued, and you will run out of breath. Unfortunately, your eyes cannot convey to you how tired they are, but you will experience itching and watering of eyes. You can

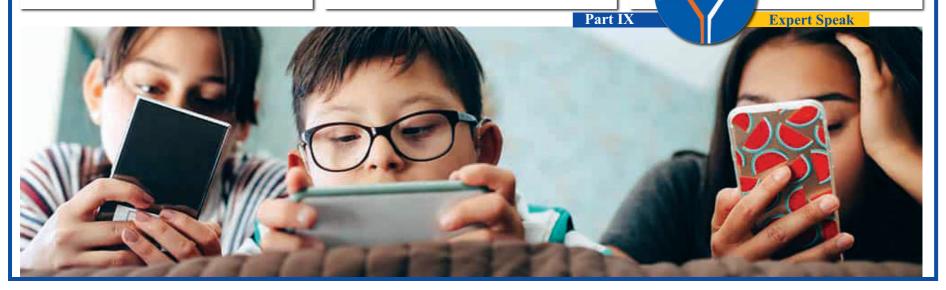
also get bad headaches. The good rule to follow is 20:20:20 where after every 20 minutes of screen time, look at an object twenty feet away for 20 seconds. While this may not be possible when you are focusing on studies, at least take a break after every hour for a few seconds. Some other tips to follow for good eye health is to keep your laptop at eye level, never read in the dark and maintain a good posture while working or studying on a laptop."

Understand the difference between real and reel life

Panellist: Kusum, psychologist, GD Goenka School, Delhi

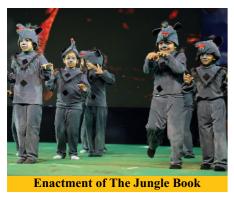
"Digital addiction is not a moral failure; it is really a behavioural problem. It begins with parents giving a mobile phone to threeyear-old kids. The fear of children that they suffer from low self-esteem and lack of confidence if they feel unaccepted on social media platforms. Excess

of everything is bad. However, children do not know how to seek a balance and there is no one guiding them. Children have to be made aware missing out is so high in that everything they consume on social media affects them not just today but also in the long run. Since children form bonds based on their social media presence, it can lead to several relationship problems later in life. They must be taught to differentiate between real life and reel life."



Beyond the Jungle Book

Tiny Tots Bring Forest To Life On Stage





AIS Pushp Vihar

he primary wing of the school hosted its annual day titled 'Jungle Book Se Aage', on October 9, 2024. The glittering evening was graced by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, along with IAS officer Manish Kumar Verma, DM, Noida, presiding as the chief guest of the event; Pooja Chauhan, Chairperson, Amity Humanity Foundation, and other dignitaries from Amity institutions.

The evening began with the primary student council welcoming

the guests. This was followed by a medley of western and Indian songs that was sung by the school choir, Sur Dhara. The junior council members presented a report highlighting the academic and extracurricular accomplishments of the primary wing children. School principal, Ameeta Mohan presented a detailed report on the school's achievements.

The kids of KG presented a vibrant performance showcasing traditional dances of various states, including Tamil Nadu, Maharashtra, Rajasthan, and West Bengal. Students of Class I-IV, regaled the audience with an enchanting

drama 'Jungle Book Se Aage'. The event also saw the conferring of special awards for scholastic and co-scholastic achievements. Suhani Chauhan, recipient of Pradhan Mantri Bal Puraskar, was presented with the Innovation Pioneer Award 2024, while ISSDC champions and Team Urja, who won the Project Management award at the F1 in Schools World Championship, were also honoured for their outstanding achievements. In his address, the chief guest congratulated Amitians for their endeavour towards excellence and urged them to pursue their dreams with vigour. GII



School Lounge

Subhashika' 24

AIS Mayur Vihar

he school hosted the 12th edition of Subhashika, the inter-Amity Sanskrit shloka gaayan and skit competition on October 19, 2024 in which several students from Amity Group of Schools in Delhi/NCR participated with great enthusiasm. The judges for the event were Parmanand Bhardwaj, professor, Shri Lal Bahadur Shastri Rashtriya Sanskrit Vidyapeetha and Dr Satender Shukla, assistant professor, Ramjas College, Delhi University.

The event was divided into two categories, the junior category for Class VI-VIII and the senior

category for Class IX-X. Participants in the junior category had to compete in group recitation of shlokas while the seniors performed Sanskrit skits based on the epic Mahabharata.

The first prize in the junior category was bagged by AIS Mayur Vihar with the second prize being taken by AIS Vasundhara 6. The third prize went to AIS Gurugram 43 and the consolation prize was won by AIS Gurugram 46. In the senior category, AIS Mayur Vihar again bagged the first prize followed by AIS Saket winning the second prize. AIS Gurugram 46 fetched the third prize while AIS Gurugram 43 took home the consolation prize.



Art wins hearts

AIS Vasundhara 6

oung artists of the school brought home laurels at the 10th 'Japan on Canvas' national painting competition, held from July 1 - August 30, 2024 with the results being declared on October 3, 2024. The competition was held in three categories, each of which was given a unique subject to paint on. Category 1 (Class IV-VI) had to make art on the theme of 'Japanese Festivals', category II

(Class VII-IX) was given the theme of 'Cultural Landmarks in Japan', while category III (Class X-XII) had 'Historical figures of Japan' as its theme. In category I, Vikhyat Aggarwal (VI) was the national winner, while in Category II, Medha Jain (IX) won the national mega prize, and in category III, Yashwini Jain (XI) was awarded the national outstanding performance award. The winning artworks of the three talented artists have been showcased in prominent art galleries of Delhi from Oct-Nov.

Sanskrit stalwarts

AIS Saket

he school organised 2nd 'Shlokanjali', an inter-Amity competition of Sanskrit Shloka recital for Class V-VIII on October 4, 2024. The competition was held in hybrid mode and required students to recite Sanskrit verses from the Bhagavad Gita. The jury comprised Professor (Dr) Chandrashekhar Tripathi, Motilal Nehru College (DU); Professor (Dr) Yogesh Sharma, PGDAV College (DU); Professor (Dr) Jyoti Raj, Jawahar Lal Nehru University and Professor (Dr) Ashish Kumar, IGNOU. All the participants were evaluated by the jury on the basis of their presentation skills, pronunciation, and recitation.

In the offline mode for Class V, Aradhya Chatterjee of AIS Saket bagged the first prize while Ishanvi Mani of AIS PV stood second. In the online mode for Class V, Vedayana Warkar, AIS Navi



Mumbai came first, followed by Srishti Singh of AIS Gwalior winning the second prize. From Class VI, in the offline mode, Sadhya Taneja of AIS Gur 43 and Shrida Jamwal of AIS Gur 46 stood first and second respectively, while in the online mode Rachit Mishra of AIS Navi Mumbai and Avyan Sinha of AIS VKC Lucknow won the first and second prize respectively. Sanskriti Joshi of AIS Vas6 came first for Class VII event, followed by Kairavi Buddhiraja,

AIS MV in the offline mode, while Manish Singh of AIS Gwalior and Sikriti Khanna of AIS Navi Mumbai came first and second respectively in the online mode. For Class VIII, in the offline mode, Nitya Stuti of AIS Vas 6 bagged the first prize and Ayan Singhla AIS Gur 46 came second, while in the online mode, Saanvi Nitin, AIS Navi Mumbai came first with Kanishk Sharma, AIS Gwalior and Aarna Verma, AIS VKC Lucknow sharing the second prize.

The great remote heist

Who Needs A Reality Show When You Have An Ongoing Family Drama?

Twisha Prasad

AIS Noida, XII I

s the clock strikes seven, the battle for the TV remote begins - cue dramatic music! On one side is my Daadi ji, whose eyesight magically improves the instant saasbahu serials start. It's like she's been waiting all day for her daily dose of drama served with a side of perfectly draped sarees and melodramatic slap sounds. Honestly, she believes that

every episode is a masterclass in both fashion and theatrics.

What more chawith year hija screen share into materclass in both fashion and theatrics.

could you ask for?

Enter my brother, a human tornado fuelled by sugar and sheer chaos. He's bouncing on the sofa with the enthusiasm of a fiveyear-old on a candy high, ready to hijack the remote. "Chauka!" he screams, his voice so loud it could shatter glass, determined to tune into the India-Pakistan cricket match. With every boundary, his excitement rivals a toddler on a Christmas morning, as each fallen wicket brings a look of devastation that could only be matched by a straight-A student suddenly seeing a mediocre 'B' on their flashy

report card.

As the clock ticks to eight, my dad takes his rightful place on the sofa,

ready to transform our living room into a national news broadcasting centre. With the volume cranked to levels that could wake the neighbours, he revels in the drama of news reporters bickering like a group of toddlers arguing over a toy. Honestly, I half-expect him to demand that we start taking minutes like he's back in Model United Nations.

Just when the news wraps up, my mother sweeps in from the kitchen, arms loaded with dinner like a contestant on a cooking show. "No television while eating," she declares, her voice dripping with authority. Yet, we all know she secretly craves the soothing sounds of 'Taarak Mehta Ka Ooltah Chashmah' in the background like it's some sort of culinary comfort food. After all,

it's not merely a show; it's a family tradition.

After dinner, my mother turns into the Bedtime Enforcer, calling for my little sister. "It's past your bedtime!" she insists, but my sister is glued to the screen, begging, "No, Mamma! Doraemon is about to unveil the coolest gadgets!" Her eyes are wide with hope, as if the fate of the world hinges on Nobita's latest misadventures. Honestly, she's not wrong; the plot twists that unfold there are more mind-bending than a Christopher Nolan film!

And if you are wondering about me, well, I've got front-row seats to this comedy show that unravels on a daily basis in our living room. Who needs Netflix when you have a family that puts the 'fun' in dysfunctional?

Series Review

A squad of erudites

Series: Scorpion Director: Justin Lee, Sam Hill Released on: Sep 22, 2014 Starring: Elyes Gabel, Katherine McPhee, Jadyn Wong, Robert Patrick Genre: Action, Crime, Drama

Synopsis: Walter, the fourth smartest person on the planet, Toby, a world-class shrink, Happy, mechanical prodigy, and Sylvester, the human calculator, are some of the smartest people in the world (literally). They form a team called Scorpion, led by Walter and recruited by Cabe Gallo of Homeland Security to work with the US Department of Homeland Security to develop advanced barricades against the looming threats of high-tech cyber terrorism around the globe. Along the way, the squad gets acquainted with Paige whose 9year-old son Ralph has an IQ to rival Walter's. They spend most of their time working in an aban-



doned garage on extremely sensitive cases in highly volatile situations with nothing but their brains as armaments.

Why is it watch-worthy: If you love math or science, this is everything you've ever wanted in a TV series, and more. And if you don't, watching a man with 197 IQ and no EQ deal with social interaction for four seasons is very amusing. While some characters are portrayed as larger than life,

even the presence of smaller characters is justified by the brilliant plotline. Overall, the storyline is serious yet quirky at times, interlaced with amazing twists and suspense, unlocking a new challenge in every episode.

Iconic dialogue: "Love is a semi-euphoric, temporary chemical reaction."

Rating: 4/5

Review by: Yasmin Tandon AIS PV, Alumni

GT Travels to Kazakhstan



Amaira Dhir, AIS Saket, VI A poses with her copy of The Global Times in front of Bayterek Tower, Astana, Kazakhstan. Bayterek, which means 'high poplar tree' in Kazakh, is a 105 metres tall structure with a gold-mirrored sphere on top. Its design is inspired by an ancient Turkic myth.

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