In Quotes

"Humanity is a lot like me. It's an aging movie star, grappling with all the newness, wondering whether she got it right." -SRK at #TED2017

INSIDE



Mid life crisis, P5



Mosquito tales, P7

AMI'**i Cipol**i

Do you agree with CBSE'S rule to ban sale of books, uniforms, stationery, schoolbags in schools?

a) Yes	b) No
c) Can't say	log on to
www.thegl	obaltimes.in

POLL RESULI for GT issue April 24, 2017

Should the practice of awarding grace marks in Class XII examinations be scrapped?



Coming Next Earth warriors

MONDAY, MAY 1, 2017 www.theglobaltimes.in **Freedom** of the pen

THE GLOBAL TIMES

s we celebrate World Press Day on May 3, the question 'is the press really free' looms large. Anwesha Sen Majumdar, GT Network analyses answers from across the world.

A pen is mightier than the sword. Or so it was once upon a time, when the pen flourished to write free spirited, unbiased and fearlessly. Political allegiances, media bashing, self censorship has left the pen smearing ink rather than shaping a free world. The recent freedom of press rankings released by Reporters Without Borders, an independent media watchdog, bears testimony to the threat to the freedom of press. The 2017 rankings showed a disturbing trend this year that of leading democracies slipping down the rink. Thankfully, there are silver linings (read

Rank No 1 Multiple ownership: Norway

This ice and snow covered country had long set the grounds for freedom in the constitution (1814). Media is rarely hounded or censored in the country, and violence is rare. One of the important reasons for Norway being a safe country is the ownership pattern. According to The Media Ownership Act (1997), leading media houses are not allowed to own more than 40% of the shares in any TV station, radio station or newspaper.

The hands of a potter need to be set free if he has to mould the clav into an artifact. Free press, devoid of any kind of allegiances, can vield similar results.

Rank No 2 Pioneer of Free Press: Sweden

Sweden was one of the first countries that understood the power of free press. In 2016, it celebrated the 250th anniversary of the world's first press freedom law (1776). Due to this law, along with freedom of press, the public have full right to access, state-held documents under the innovative principle of 'the right to information.' On the lines of RTI in India, the public/reporter can ask for full accountability for government works.

The government works for the nation. The nation pays the government. So it becomes even more important for the press to keep an eye on the expenditure. That is the hallmark of a true modern democracy.

Rank No 40 Strict laws: UK

'Heavy handed approach' towards the press has caused one of the richest economies in the world to slip to 40. It has the most extreme surveillance legislation in UK history, the Investigatory Powers Act, with insufficient protection mechanisms for whistleblowers, journalists, and their sources. Adding to the woes of reporters is the

Espionage Act which declares journalists as 'spies' and jail them for up to

ican people' while blocking White House access to multiple media outlets in retaliation for critical reporting has curbed the freedom of press; so much so that USA slipped by 2 rankings. Also the Obama administration is guilty for prosecution of whistleblowers along with travel hassles for foreign journalists.

When political leaders, at the highest echelons of power, start bashing and harassing the media at will, the integrity and resourcefulness of media gets disturbed.

Illustration: Pankaj Mallik, GT Network

Rank No 136 Increasing censorship: India

India has been clubbed in 'difficult situation' slot for its politics. With the rising tide of bombast nationalism, the media is forced to self-censor by the most radical nationalists, trolls and self-appointed morality police who vilify them and even threaten physical reprisals. Also the fear of the sedition law used by persecutors who feel a reporter is overly critical of the government or an individual, inhibits honest stories as they are often intimidated. Result: Death of 30 journalists in past two decades. A work of a reporter is to expose and criticise the misdoings, even if it highlights the nation in bad light. Some may agree, some may not, but extremely negative reactions, without verifying facts only hurts journalistic integrity.

Rank No 43 Declared enemy of the state: USA

The constant media bashing by President Donald Trump, where he openly called the press an 'enemy of the Amer-

14 years for simply obtaining leaked information.

Such restrictions only mirror an autocratic society.

Investigative journalism requires bravery and risks, it en-

tails proper investigation and talking to authorities. Only

that way it can release all the misgivings of an authority.

It is therefore imperative that we let the pen write a free story, lest we stand on the brink of a blotted future.



with the left, the right or the centre. Journalism needs to break away from that. Having said that, journalism is an exciting profession and it is going to grow leaps and bounds in India. Its just going through its own struggles at the moment.

before you a side of journalism that you had perhaps left unnoticed? You begin to ponder. That is exactly what happened at Youth Power 2016-17 Grand Finale when chief guest Anubha Bhonsle, **Executive Editor, CNN** News 18 addressed the audience. She talks about things gone wrong with journalism & challenges ahead in a bare-all speech. Here are voices from her, perhaps never heard before.

On Youth Power

I have been here for a little more than an hour, but what well spent time. There is so much excitement, so much innovation. Coming here, I realized that there is so much for all of us to learn and unlearn. YP is a spectacular move. Kudos to Amity who have nurtured these projects. I am so glad that these aren't just projects that have been done for class marks. The teams brought in passion, broadened our horizons. What partic-

On youth

One of the biggest things about youth is that it does not come with the baggage that many of us have as we grow older. A lot of us in the mainstream media are not really doing our duties very well. So, it is incumbent on you, the youth to take up these social issues and bring them into limelight. One strength that the youth has which it must maintain is the diversity of thinking.

On social change

Social change is a slow, laborious process. It takes years. It takes meeting people who do not always understand you. It takes engaging people who have a different set of views. But it also means that you continue to put in the effort and not leave it despite the obstacles that come your way. I think one of the best ways to bring about a social change is engagement.

On journalism

Journalism is a very hard profession. I find a lot of young people coming into journalism with completely wrong ideas. Journalism is not just about being on television, having a fan following and being recognized. Journalism today is going through a lot of upheavals. Personally, I think there are three major problems with the profession. Firstly, as I see it, journalism today covers Delhi, Bombay, Bangalore, sometimes even Calcutta and that's not India. The second big problem with journalism is that it's no longer about the story. And the third big problem with the profession is that we are all aligned towards one party or the other. We are either

On striking a balance

Balance cannot be a smokescreen. I have spoken to A and I have spoken to B, hence my story is balanced. That's not journalism. Journalism means the ability to understand why A maybe telling you the truth, while B may not. And then use your own ability, skill set and experience, connect the dots and then come up with something. Everything cannot be left to the viewer. If we leave everything to the viewer, then there is no need for the viewer to come to us.

On social activism and journalism

One needs to leave the activist outside the newsroom. But that doesn't mean that you leave the empathy and social concern. However, I don't think that a journalist can approach his work with an activist bent of mind. An activist is always looking for a certain result, like say for instance, implementation of a particular policy. Now, one might argue that isn't that what journalists also seek to do. True, but before seeking the result, a journalist needs to scrutinize. S/he needs to study the impact of the policy, which section of the audience it will effect and so on and so forth. So, being an activist can be a part of a journalist's personality but I don't think the ultimate result should guide a journalist just the way it guides an activist.

On the journey

Every journalist will always have regrets that someone beat me to a story, someone got there first, someone uncovered a story I could have.

...Continued on Page 6

OPPORTUNITY FOR CLASS X, XI, XII & 2017 XII PASSING OUT STUDENTS

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"I will pour all the remaining water of my water bottle in plants." Yashmita Bhargava, Nursery Adventurers

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Water warriors of Amity

A workshop organised to commemorate World Water Day stimulates global awareness for active participation to sustain life by saving water



Esteemed dignitaries share views on 'Embrace The Water - Sustainable Solutions for the Future ' on the occasion of World Water Day

AIES & AIET

mity Institute of Environmental Sciences (AIES) & Amity Institute of Environment Toxicology, Safety and Management (AIET), organised a workshop on the theme 'World Water Day- Embrace the Water-Sustainable Solutions for the Future' on March 21, 2017 at AUUP, Noida.

The gathering was addressed by eminent professors and scientists. The workshop commenced with an address by Dr SV Eswaran, Emeritus Scientist, UNESCO-DBT, Regional Centre for Biotechnology spoke on the topic 'Nano-Pani

Amrit' where he pointed out the benefits of connecting the rivers. He also talked about his product FULLEVIR (sodium salt of fullerene polyhydro polyamino caproic acid) which is derivitised Fullerene that is water-soluble and yet is a Nano particle. He highlighted the benefits of fullerenes and its positive effects on the health.

Dr Dinesh Chand, Additional Advisor (PHE), Ministry of Drinking Water and Sanitation, GOI, spoke on Sustainable Drinking Water in rural India and National Rural Drinking Water Programme to provide fresh drinking water in rural areas. Taking the discussion further, Dr

Anuj Kanwal, Director, Central Water Commission, discussed the 'One Water Concept', where everybody should treat water as one. He shed light about the challenges in the conservation of water, lack of awareness, lack of funds, rapid urbanisation, pricing and affordability problems etc.

Sharing his views on Waste Water Management for enhancing agricultural productivity, Dr Shakkel A Khan, Sr. Scientist, Centre for Environmental Science and Climate Resilient Agriculture (CESCRA), Indian Agricultural Research Institute (IARI) discussed how the discharge of untreated wastewater is

leading to increased pollution and depletion of clean water resources. He focused that recycle and reuse of waste water is a viable option to overcome water scarcity. Dr W Selvamurthy, President, ASTIF, mentioned about the water purification kit developed at Amity. During the occasion, Prof Tanu Jindal, Director, AIES and AIET highlighted Amity's initiatives, projects and conferences towards Water Management and Technology. She also anounced the launch of M Tech programme in Water Management and Technology in the current session. The enriching event was applauded by one and all.

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Teachers and students attend the national seminar

Srijan: Genesis of politics

An academic simulation of Indian parliamentary system to nurture professional lawyers in near future





National seminar

AIE, AUUP

mity Institute of Education (AIE), AUUP, organised a one day national seminar on the theme 'Critical reflection of the Pre Services Teachers School Internship Programme under the revised guidelines of NCTE 2014' on March 29, 2017 at AUUP, Noida. The event was organised under the guidance of Dr Alka Mudgal, HOI, AIE and faculty members, Raj Lakshmi Raina and Dr Ritika Sharma. Prof (Dr) Kalpana Sharma, Dean, Faculty of Education delivered the introductory speech highlighting the role of teacher towards effective learning process. The seminar was attended by student teachers from different colleges and educational institutions. It emphasised on the experiences of teacher trainees in the school during the extended internship period of six months as per the revised guidelines of NCTE 2014 in the B.Ed course.

In the seminar, the participants reflected on the major reforms in the revised B.Ed curriculum. They discussed how they were acquainted with the ways through which ICT resources are used, be it smart boards, audiovisuals or e-library, which contribute towards better conceptual understanding. The workshop also discussed problems faced by the teachers during the internship period. The seminar helped in initiating a dialogue among the community of academicians, student-teachers, inservice teachers, heads of the institution and researchers regarding better implementation of the revised guidelines of NCTE 2014.

The event concluded with ceremony where valedictory certificates were awarded to all the paper presenters and participants by Dr Alka Mudgal, HOI, AIE, AUUP and Dr Ranjana Bhatia, Mentor, AIE, AUUP followed by a vote of thanks by Dr Ritika Sharma.





mity Law School under the aegis of Youth Parliament Society organised its annual event, mock parliament, *Srijan: A Genesis of Indian Politics. The student conveners of the event were Vaishnav Kirti Singh, Chaitanya Pant, Abhimanyu Singh and faculty convener Ekta Gupta. The event comprised two committees. Each committee had 60 participants who shared their views on "Ram Mandir-Reconstruction and Maintenance Bill 2017" in Lok Sabha and "Review of customary abuse including Animal Abuse" in Rajya Sabha. The event proceeded with 'mock' parliamentarians being given a portfolio to represent in the house. The house sat in two sessions for two hours.

Session 1: The first session was

Esteemed dignitaries felicitated with a tulsi sapling

primarily an 'Agenda session'. The Executive Board briefly explained the rules and regulations of the committee which were to be followed along with a doubt clearing period by the delegates of the house. The members of the house then gave their opening speech on the raised issue.

Session 2: The second session included the voting and question hour session. The parliamentarians raised questions that were answered by the opposition party. Debates and discussions were held keeping in mind the credentials of the Constitution of India.

The event concluded with a valedictory ceremony where prizes and awards were conferred upon the winners in different categories such as Best Parliamentarian, High Commendation, Special Mention and Verbal Mention. The ceremony was graced by Dr Ashok K Chauhan, Founder President, Amity University; Former Delhi State BJP President, Satish Upadhyay; National Spokesperson of Lok Janshakti Party, Sanjay Saraf; BJP Legal Affairs Department Convener and Co-Convener, Thakur Virendra Pratap Singh Charak and other noted dignitaries. Speaking on the occasion, Founder President remarked that Indian lawyers are the best in the world and advised the young students to fight for righteousness. The event concluded with the release of the newsletter and souvenir of Srijan by Founder President and other distinguished dignitaries. *Srijan is an academic stimulation of Indian Parliamentary System, conducted in Amity; young students deliberate and discuss contemporary national issues. The participation was open to schools and colleges at pan India level and saw students from all over the country.

"I always throw banana peel in the dustbin to keep my school and home clean" Sophia, Nursery Browsers Amity's Caring Preschool



Jagah wahi, soch nayi

Every space, every moment, every vacation is special. For not only can it inspire you to click great pictures or give you handful of memories, it might be the space for your next big idea

Meghna Pradeep, AIS Saket, XII

 \mathbf{T} ell, they say the best inventors and creators have the best imaginative brains. What you might not know is that they were probably at right place at the right time. (Remember Archimedes or Newton who were literally hit with ideas out of the blue?) So do you also want to be at the right? Why don't we hand over the reins to science, and uncover the mysteries encompassing a few of our favourite creative spots, the harbingers of creativity and 'eurekas'.

Showered with ideas?

The shower is not only the best place for budding bathroom singers but also for writers, artists, thinkers etc. According to neuroscientists, the relaxing atmosphere facilitates the release of dopamine, proved to trigger and activate our brain. Besides, the shower is also a spot where we have minimal distractions and aren't constantly bombarded with stimuli that disturb creative wanderings. This gives our subconscious mind, ample time to make insightful connections to peacefully contemplate over the Archimedes' principle or the Syrian crisis.

Looking at life

Sitting in a vehicle and watching the landscape flow by, gazing at the moon



as it travels with us, with a blank mind may render solutions to ideas that our subconscious mind has been fiddling with. This relaxing activity leads to the 'incubation period' where several thoughts resurface. Dodds, research group conducted a research on this theory, and revealed that 29 out of 39 experiments have found a significant effect of incubation.

Science & Technology

FMRI research further delved into this

and discovered a network of regions in the frontal and parietal cortex (or the default mode network) which is related to evaluative and unconscious forms of information processing during such leisurely activities. Well, JK Rowling, the author of the phenomenon we all love to read conjured up the magical world of Harry Potter in a train. Who knew trains could be a perfect spot for your own Newton moment.

Right before we sleep

The brain is usually hyperactive before we fall asleep and it is at that doomed moment that we recollect a forgotten deadline or a pending homework or what did our frenemy say in class. What goes on in our brain is a very tiny fraction of what happens to be our busy, bustling train of subconscious thoughts, and we have very limited control over them. A few glimpses of our unfiltered

subconscious life, pops into our awareness only at bedtime, even though they've been looming over our minds.

Long walk to creativity

A leisurely stroll through serene surroundings significantly increases blood circulation, heartbeat, and oxygenation to the brain. Besides, walking doesn't require much conscious effort and our attention is free to wander. This is a perfect state for the brain to unleash its ideas. Nicolas Tesla came up with the idea of alternating electric currents while walking. Do you need any more proof?

Gimme a break!!

After an intense mental session, every nerve of our body is screaming for a break- a bathroom break, a snack break or simply some free time. Science says that a distraction may provide the necessary break we need to disengage from a fixation on the ineffective solution. Diversions and interruptions have proven successful in enhancing the incubation period. Even John Lennon took a break and got the idea for a song while looking at an interesting poster in an antique shop.

It is not easy to catch creative ponderings, which is why one should jot down points, before they escape. So, let creativity flourish, and don't worry about where or when it happens. G T

The vegetable blacklist

Fruits and vegetables might be healthy, but they have their own dark secrets. Anant Lamba, AIS Vas 6, X warns you against eating them in excess quantities for their bizarre results

Illustrations: Deepak Sharma, GT Network

Carrot: If Bugs Bunny gorging on carrots made you fall in love with this orange coloured veggie, then here's news. If eaten in excess, carrots can makes you look like you got a sunset coloured spray-tan. The reason for this is the presence of carotenoids, which give flamingos and lobsters their respective colours. It increases the production of melanin in your skin and leaves you orange coloured. If this condition persists, you may end up with a weakened immune system.

Asparagus: After gorging on asparagus for 15-20 minutes, you go into the loo to ease yourself. Suddenly you smell something fishy and rather acidic. And you wonder, where the heck is that coming from? And then realization dawns upon you that satanic unpleasantness is emerging from your fluid excreta. This is due to methanethiol, a compound present in asparagus. The smell comes into existence as our body doesn't have the genes to break this compound down.

Beetroot: Over-eating beetroots makes the colour of your pee turn a fiery red. This happens due to a pigment called beta lain and the condition is called beeturia. Too much of beta lain and your body gets rid of it down your urinary bladder. Though this happens only in around 15 % of the population, it's still quite hard to get rid of. Just in case you were thinking of using this article as a weapon to manipulate your mom when she force feeds you vegetables next, here's bad news: we just said 'excess of anything, we repeat, excess of anything is bad'.

Butternut Squash: If you detest onions for the odour they leave in your hands, then wait till you cut this one. Cucurbita moschata dermatitis, an uncomfortable side effect that people experience on cutting this vegetable. This condition is characterized by rough, dry and tight (as tight as a ballerina's shoes) hands and forearms. Later on, the skin cracks up and peels off. So you end like a rattle snake in a desert, shedding your epidermal layer and growing a new one the next day.

"We should keep water clean to save fish." Ridhimaa, Nursery Browsers

U, Me & Hum

Whose life is it anyway

5

The teenage (mid) life crisis Mid life crisis is not mid anymore. It can also strike at the

already confusing and scary teenage year. Yikes!

Chhavi Singh, AIS Noida, XII

amiown

Amity's Caring Preschool

n the world where the new generation is said to be revolutionary, with L the most divergent children (not in reference with the fandom), we never fail to live up to our reputation. However, like each generation we too have a set of our own Devdas and sentimental Romeos. Introducing, the new pity party folk in town.

The Public Broadcaster

We all are very familiar with the kid who insists on having his/her entire life on Facebook. Those constant shares from 'the sad quote page', the sad statuses and the melancholic WhatsApp statuses... all speak volumes. Now, we must appreciate this kind, because they're downright honest about their sorrows, and when questioned, will cry you a river.

The Inconspicuous Broadcaster The subtle and carefully planned status updates saying "don't call or message" and the Snapchat and Whatsapp updates saying "off" very cleverly get the message across to you, like an ambulance light without the din. These kinds will be very artful in avoiding your questions. However, after hours of persuading, your questions will be answered unsatisfactorily "I need no more trouble, won't you leave me alone? I have a midlife crisis to deal with!"

The Mute Broadcaster

These friends prefer the mysterious life. They may not tell you they're upset, but through the carefully wrapped enigma they wear, you can just- but not quitesee through their personality. They would not share anything at all. You can persuade, you can beg, you can cry and you can even scream, but their feelings shall remain hidden and buried deep. But actions speak louder than words. So, while their lips don't move, their actions prove "I, the mystic child have problems too, and am mundane for I'm sad too."

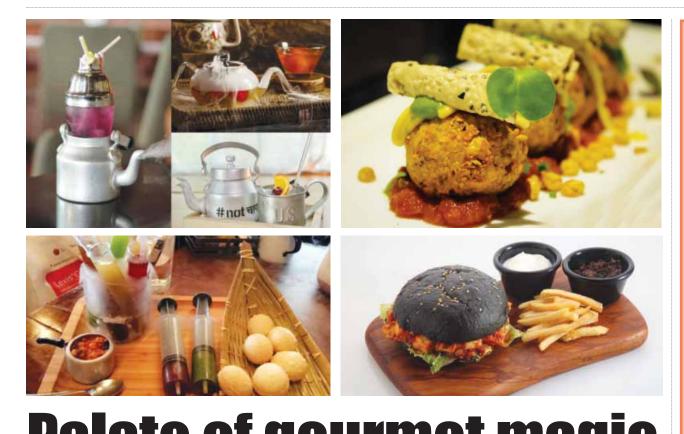
The Telephonic Broadcaster

They are the more positive kind. They can be seen, breathlessly ranting about their issues which might not be as important as narrated by them. To calm them, you must remind them of the power of Yoga. Breathe in. Breathe out. One step at a time, and you shall soon see them calming down "Why, thank you I could've never managed on my own... It's just you know, my...sad life!"

Alas, some people never learn!

But let's face it, words slip right off our tongues in the face of angst and therefore it isn't fair to judge one by it. We love all our friends just the same, be it hyper, quiet, inconspicuous or loud.

Cheers to being the GenY as while we are in our teens, we might as well be 50 for our mid-Life sob stories!GT



One hit disasters

usic, the pleasant tunes that take you to another universe, is considered a gift of nature to mankind. But sometimes it can prove to be lethal. Siddharth Dua, AIS Saket, X, brings out the tunes created to become superstar but weren't exactly the best.

Rebecca Black

"It's Friday Friday ...," you must have heard once. The song 'Friday', directed by Patrice Wilson, a 'terrible' music producer, clearly has no rhyme to speak of and doesn't even qualify as an actual song. It challenges the Patrice Wilson delivers again with not definition of a lyrical masterpiece with auto tune slapped on to it along with forced, nonsensical lyrics, with high pitched vocals, intro music mimicking that of Hannah Montana, dubbed over by Saw and auto tuned with a soundtrack which sounds straight out of Call of Duty! Yet the internet has proved that anything is possible as the video of a girl listing what she does on a Friday got more than 100 million views.

claims it as popularity rather than mockery. The song's 'official video' starts out with a middle-aged man wearing a gown. It has a catchy tune for sure, but most of the credit of getting it stuck in one's mind goes only to irrelevant and meaningless lyrics. Shortly after, the artist delivers a spiritual speech and, of course, sounds nothing like he previously did while singing, making the whole act all the more weird and cringe-inducing.

The video has over 3 million views on YouTube which are basically due to a controversy of copyright infringement with a popular Indian YouTuber who used the music, clearly for mockery.

Alison Gold

one but two songs brimming with childish lyrics. The songs, 'Chinese Food' and 'Shush Up' performed by Alison Gold, helped and directed by Patrice Wilson have set industry standards for pretty bad songs! While Chinese Food had received extremely bad reaction from the community, Shush Up got so much hate that it had to be taken down. With names as disastrous as those how on Earth would anyone assume them to be songs or remotely related to music?

Palate of gourmet magic

Step into the world of food, food trucks and molecular gastronomy. The new era of eating out and eating cool is near

Manvi Jain & Ria Aggarwal AIS Gur 43, XII C

rith rapid urbanisation, the demand for intercontinental gastronomy has taken a huge rise. Fasten your seatbelts as we explore the plethora of food trails that will quench your aspiring food curiosity.

The quirky trends...

Liquid nitrogen based ice cream, authentic international cuisine and fast-casual serving 'food trucks' have paved their way onto the desi tummy's. Meanwhile, India has taken its artisan street food global. Expect people from all corners of the world reaching out for aloo paranthas with extra all-fat butter and a side of gol gappas and chaats.

My dinner, my rules...

Missed the reservation? Join the party. In Tanzania, you will be welcomed by an annoyed host if you arrive at the meal on time; so be as late as possible. While in Canada, your cousins will finally have an excuse to fart after every meal as a token of appreciation to the cook. And don't forget to leave some food on your plate while in China, eat with your right hand in India and slurp your noodles loudly in Japan. Rude is the new polite, eh? Culinary explorers all over the world are setting foot on an exemplary food adventure, learning about the distinctive flavours whilst taking the uncanny customs in their stride.

We are world citizens, please

Today's dinner table has evolved from the dishes that formed the core element of our parent's childhood, almost 20 years ago. Caramel apple cheesecake, Greek pita bread and Danish muffins are being reinvented; their flavours being fused with a desi *tadka*. It may be a beautiful blend of an Indian mithai with a French plat sucré OR gulkand cupcakes and paan-flavoured mousse. The

choice of ingredients and recipe surprisingly works pleasantly in a tandem leaving the customers wanting more.

Namaste traditions!

From the humble khichdi to dal chawal arancini, Indians have come a long way. Today, the forgotten Parsi cuisine is something people are keen on trying it in Delhi-NCR which boast of the best Parsi cuisine in town. Their claims are backed by their outstanding efforts to make the experience as authentic as possible. Armenian food, if it was known at all in India, was known in Kolkata and pockets of West Bengal. It is attracting interest in other metropolitan cities as well starting from New Delhi where the newly opened Lavaash by Saby is a first of its kind Armenian restaurant.

Food is an art and a science which brings people from all over the world. While we lead a new world, a palate of gourmet magic will never cease to exist.

Taher Shah

From wrong English to bad pronunciation and controversy...this one has it all! The go to ironic song 'Angel' which everyone hums, Taher Shah People lean on the music, in times of happiness or sadness. However, these monstrosities makes one question the purpose of the industry.

Imaging: Ravinder Gusain, GT Network



Editorial

"I will put banana peels and other fruit peels in the compost pit in my home garden."



Shiven Kumar, Nursery Discoverers

The power of reading



Chairperson

6

Read. It is that simple. Read whatever you can get your hands on. Be it classic Indian novels, novels on Indian culture and history, analytical research papers on educational theories and movements or even a magazine or a newspaper or stories on Kindle, read

whatever you can get your hands on.

In this age of mobile phones and laptops, somewhere down the line, I find that reading books has begun to take a back seat for many. Hence it is very important to engage people into healthy reading habits from an early age for their are numerous advantages of reading.

A good book helps you to improve your general knowledge and language, thereby improving your communication skills. It exposes you to a world of imagination thereby stimulating your creativity. And if it happens to be a biography, it inspires you to become one like them and give you the strength and determination to overcome obstacles to achieve your goals. Books are silent and accessible friends who are always ready to travel and explore with you at every step of life.

Every Amity school is stocked with books for all age groups. Book reading activities such as 'Book Cosmos' or 'Readersville' held on Children's Day where every child is gifted a book to read or 'Readers Mahotsav' where children get to interact with authors - all of them promote the habit of reading. And very soon all Amity schools will have their own 'Book Club' where children will get an opportunity to read and explore books. So happy reading.

Teaching Freedom



The UN General Assembly declared May 3 as World Press Freedom Day. This freedom empowers a citizen to express his/her views and opinions without any prohibitions and restrictions. Here, it is particularly important to understand the term 'freedom'.

This liberating word is instantly connected in our minds with individual rights and independence. Somehow, though, the duties and responsibilities that come along with it, tend to take a back seat in our consciousness. And so many countries continue to impose legal prohibitions on certain forms of media. The debate on the extent of freedom of press vs. censorship is a perennial one, and our youth needs to add their voice in the context of India's democratic society. School teachers and educational institutions play a crucial role in molding that voice. As Managing Editor of this student newspaper, I feel a heavy responsibility to educate the youth on the fragility of freedom of press. At Edit Meets in schools, we regularly challenge students' concepts, stimulate new ideas, reject others, and help to shape fresh opinions to churn out another mind-blowing new GT edition. One issue that keeps coming up is: "Why can't this story be included?" Our Edit Meets leaven the black-and-white, uncompromising viewpoint of 'freedom of speech and expression' with a new perspective that balances the ideal with accountability & responsibility. Educate our youth, we must. For GT owes it to the nation to build a pool of conscientious journalists. Even more importantly, we nurture citizens who are both considerate & courageous.

Growing up pangs

Growing up pangs is not a myth. It is a real life experience one has to feel as they traverse the path of life; while getting to know themselves along the way

Ayush Gupta, AIS Vas 1, X

on't tell me what to do. I'm a grown-up." An oft heard statement that unfolds the jubilance of crossing numbers (age) and the belief that you've aced the art of life. But the thought flees as you surpass the milestone, only to reach another block on the road and realise that the need to grow up is monochrome; and lots of patience.

You wrote your first letter, and you thought you had grown up. Entering a new school, trying to grasp everything the teacher says seems like a herculean task. And just then, tiny drops of joy trickle down as you write your first ever letter. You suddenly feel grown-up, for you have crossed a milestone. Little did you realise then, that there was more growing up to do, that you will reach a stage when you will string together nu-



merous letters in the form of words, sometimes spreading over pages.

You grow up, becoming confident enough to walk to the school alone, and the feeling of being grown up settles in yet again. Trudging along figuratively, holding your father's hand, as you walked to school was a routine. Only till the time, that protective hand showed you the way to walk all alone. Tentatively, you traverse that road often traveled, albeit alone. And as you finish your first singular journey, you pat yourself on the back for growing up so fast enough to be able to do this. Little do you realise that life will throw some difficult roads and steep curves, that you will have to undertake all alone.

You take an extremely difficult decision of choosing your career and you put yourself in the grown-up category for good. Deciding what you will do for the rest of your life isn't something that comes easy. And taking a step that will determine the course of the rest of your life is a challenge only the grown-ups can take. So putting yourself in the adult bandwagon is only justified. But growing up occurs when you take those decisions and they don't work for you. You grow up when you stand by the choices that did not work for you and chart out a new course of action. You grow up as you learn from your failures and wrong decisions and take the plunge to move on, and grow up yet again.

Growing up, they say, is forever. Perhaps, they forgot to suffix it with human. Remember, there's more. GI

New age patriotism

Pakhi Dutta Roy, AIS MV, XII

ndependence Day. Republic Day. Terror attacks. Human rights violation. Sedition. Breaking News. You just saw the TV headline or received a notification on your phone. You are restless. You get up from the comforts of your bed and rush to your electronics to express the humiliation, aggression and the anger in support of your motherland. How dare anyone raise a finger against her! You opine. You express your sentiments. And then slip back into your routine life. You did your part as responsible citizen. That's new age patriotism. But is it simply enough?

Embracing Flag. On FB

We have all done it. You know, setting the template of your country's flag, provided by Facebook on your profile picture? There is nothing wrong with it, but then everyone is doing it, and it what you feel. How about going out thoughts, just like you.



to cast your vote on a voting day. It's pretty impactful.

Tweeting emotions

We love to read the wonderful patriotic rants on Twitter or Facebook. It really does show us that you are an intelligent citizen of the country who knows how to voice his/her opinions. But what really would be great is teaching some underprivileged kids or adults, to help them become intelliis just not showing how you feel and gent and worthy to articulate their Dear readers, as an Indian, let's do

Painting & shouting slogans

Showing your support, by putting it on your face, and shouting nationalist slogans. That's great! You have come out of your comfortable life! Now, how about joining the army? The people who make the choice of sacrificing their life, on the command of their country. Or being a part of an NGO, to bring out your activist side, and also help people. There are numerous options for you.

...Continued from Page 1

In my 18-19 years of experience as a journalist, there are a lot of stories I haven't been able to do. Doing the story isn't as much fun as getting to the story is. Its about the journey to the story. The way people talk to you, tell you things you didn't know, open their homes for you when you are in a tough spot; these are the things you remember more. You realize that it isn't just you who is committed to the truth, but the people who help you along the way. So, like they say, it's the journey that matters and not the destination.

Message for amitians

The day you leave Amity, no matter what you become, whether you choose to become a lawyer, doctor, journalist; you must not give up on these initiatives to bring a change.

I was always part of school newspaper. It is a great tool and not just for those people who want to become journalists and writers. It is a great tool to engage with issues that matter, to bring in different point of view. School newspaper is a great and essential platform.

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something more, just a bit more.

Little pearls of wisdom

Be determined for a change

Parineeta Marwaha, AIS Gur 46, VIII

Tith mundane routines, each one of us keep on going in life. But there are certain situations that make us pause and think for a moment. These are the situations that ask for a 'change', a change we wish to see or experience. But in order to accomplish it, we expect others to work towards it. We assume it's the duty of others and finally it ends up on the note of 'realisation'. It is this moment of realisation that makes us ponder. We never take a step to work for it, we never look for ways to work towards it.

In the past, people like Benjamin Franklin, Mother Teresa, Kailash Satyarthi, Mahatma Gandhi et al didn't stop at 'realisation' to bring 'change' but worked towards it. They faced various challenges during the journey of 'change', sometimes the situations turned against them but they remained determinant in their actions. And their determination to bring 'change', to bring 'difference' in the lives of others was paid off when they saw 'change' in people around themselves. All the difference that they made in the society was not part of their duty but instead



they worked like selfless leaders for others in society, to be a part of a better society themselves. They became examples of selfless workers as they wished to see change and experience the same. If a person has determination and takes actions then s/he can be the change and enlighten thousands of minds in the journey.

A little bit of effort by each one of us can bring about a change in our lives and people around us. To bring a change, one needs to experience it first and then only can ask others to become part of it.





Dear Editor,

The Global Times edition dated April 24, 2017 was truly heartwarming. It gave a glimpse of the YP Grand Finale via majestic creative performances by the teams. The readers got a hint of how grandly this journey culminated. Talented members of the GT network captured the event beautifully where we as readers were able to realise how YP is not just a competition, but a promise to bring about changes for the better. This edition motivated the readers to rise up and become leaders of change under the social leadership programme, Youth Power. A big thanks to The Global Times for encouraging young Amitians to work towards bringing change in lives of others. Sanya Grover, AIS Noida, XII I



"I will grow more flowers so that earth looks more beautiful and colourful" Adamya, Nursery Explorers

Educational Poster

Bio builders

NOSCUITO TA CS "If you think your are too small to have an impact, try going to bed with a mosquito in the

room,"said Dalai Lama. Students of AIS Gur 46 share what a tiny little mosquito can do to you Illustration: Tanishka Mishra, AIS Gur 46, XI F

'Must'Quito ki adaalat

Yavnika Garg, AIS Gurugram 46, XI D

hree years back, there was a city where the mosquito population was more than the people. The city had become a favourite spot for the mosquitoes to breed and spread deadly diseases like chikungunya, dengue, and malaria. People were terrorized because the mosquitoes attacked people with their bites anytime and anywhere. The sleepless nights, fever and painful mosquito bites outraged the citizens and they filed a court case against the mosquito community.

The day of hearing arrived. Ms. Aedes and Mr. Anopheles decided to fight for the mosquito family against the prosecution that was led by a team of four students. The students named their mission as "MustQuito". As the court hearing started, someone from the public shouted that "Forget dinosaurs or lions, the real monsters are these tiny mosquitoes". Another voice broke out even louder saying, "You are not an insect but the indication of the end of humanity, a merciless devil". Mosquitoes felt speechless, they were in no position to deny the charges accused upon them.

A small child accused them, "I couldn't go to school for a couple of weeks all because of you..." The pain and innocence in the boy's voice agitated the mosquitoes and they were left ashamed and regretful. They looked at each other with remorse and committed to their deeds with great sorrow.

With the turn of events in the court, the judge declared his decision and convicted the mosquitoes guilty for the crimes committed by them. The judge ordered, "Starting from today till the next month, every citizen is allowed to take strict measures

against mosquitoes by using repellents, nets, and other traps to kill these monsters. The sale of mosquito repellents increased in the market. Now children started playing and attending school regularly. Though the poisonous repellents too endangered the mosquitoes but they

went out interacting with the citizens to raise more awareness of the extent of harm caused by mosquitoes and how they should eradicate the diseases from the root. The mosquitoes heard their plight and realised the team was successful.

never complained. The 'MustQuito' team harm caused by them and took a pledge not to harm anymore. They couldn't bear to live with the guilt and decided to sacrifice their lives to pave a path for humanity. Before the next hearing, they all laid down their lives and the ambition of 'MustQuito'

Danny the don

Muskaan Paintal, AIS Gur 46, XII H

anny V is my name and I am a dengue virus. Kids are not my fan, but mosquitoes are my friends. I have been around for hundreds of years but these days I am more popular in the mosquito community. To move around, I live inside mosquitoes. The aedes aegypti type are my most favourite breed of mosquitoes. What I like about them is that they like to live in hot, crowded and rainy places, so do I. The other day, I heard my friend Gabby talking about taking over - Gurugram. "We will make our move when it starts raining!" said Gabby, she also revealed them the biggest secret that humans dreaded, the 'DENGUE VIRUS.' Yes! That's me! Gabby being a fearless mosquito bit every little child who did not wear full sleeve clothes, did not apply mosquito repellents

or neem oil. With every bite, I was conquering the human body, multiplying my army so that no one could defeat me. Many kid's complained of headache, fever, body pain, vomiting and rash. I enjoyed watching these kids sad, not able to go to school or out to play and mostly remained inside home. My world kept getting bigger and bigger, and I became the king of Gurugram. Soon these smart kids started using repellents and wore full sleeve clothes. One day when Gabby tried to bite them and find a new home for me, the blood of kids tasted terrible and left me with nowhere to live. I suggested Gabby to move to a new place and find new victims, where people are still not aware about how to fight against me.

A friend in need is a friend indeed

Nayesha Gandotra, AIS Gurugram 46, XI D

t was already quarter to 7 pm, and the entire family was ready for the dinner. "Mmmm...yum!" said one of the mosquito, near the drawing room win-

Through the air vent!" said the beetle to the mosquito. The mosquito agreed to follow the beetle and went inside the air vent. Soon they reached the other side of the air vent. The mosquito thanked the beetle for saving his life from the bug repellent and the beetle was overwhelmed."

dow. He said to his friend, "I've The mosquito bid goodbye and moved further, but found my dinner. Now all I need to just as he was going to bite the man, the woman rushed in the room and started spraying the bug repellent everywhere! He yelled,"I'm doomed," but just before the spray could reach him the beetle came in screaming, "Move!" and pushed him aside. The beetle wasn't so lucky! After the last tears were shed and the beetle had slowly passed away, the mosquito furiously flew in the direction of women in rage. He wanted to punish her for killing the beetle. He landed on her arm and sting her with all his might, and then let go, revealing a large lump and flew away. Alas! He took revenge. G

Illustration: Mitalee AIS Gur 46

Farewell!G1

do is get inside the house!"

Just as they were about to enter from the window, they heard a loud "bhow...bhow...bhow..!" The mosquito thought "Ahh! Of course! I'll take the dog!" So the mosquito flew over the dog and said to the flea in charge, "One ticket inside please!" The flea eagerly assured him to drop him off in the lounge and they moved further.

After riding for a few seconds they arrived in the lounge. Suddenly, the mosquito jumped off the dog without feeding on him and headed towards the kitchen, but just as he got to the doorway he heard something.

"PSSST, over here! I'll show you a secret way in!

Illustration: Mitalee, AIS Gur 46

friends in the park like every evening after the school. A buzzed lesson Varunavi Chauhan, AIS Gur 46, XI F mm yum" said a mosquito as it moved

around the little girl, Ananya. She ignored the buzz and merrily jumped in the puddle near the park with her friends. But the mosquito didn't ignore her, it piereced Ananya's skin while she was busy playing with her neighbourhood Alas, that particular evening when she came back home, she felt uneasy and drowsy followed by severe headache. Within few hours she could feel pain behind the eyes and caught high fever. All of these were symptoms of dengue, which she had no idea about. Her mother analysed the symptoms and informed Ananya's father that she doubts it is dengue. She seemed to be worried and tensed. Little girl, Ananya was scared to tell her mother that she played in dirty rain water. But when she started vomiting, she told her mother everything and they rushed her to the doctor.

The doctor nodded positive to dengue. She was immediately treated and was released only after she recovered. Her mother explained it to her, that she and her friends should not be playing in the puddle of water collected on streets.

As such water puddles are a breeding ground for mosquitoes who are carrier of dengue viruses. The little girl promised her mother that she will never be playing around areas that are not clean or anywhere near dirty water puddles. She also informed her friends about what happened to her and how they should not be playing there. GT

This page is brought to you by the Youth Power team of AIS Gurugram 46 that worked for the cause of spreading awareness on how to combat mosquitoes. The above stories are extracts from the 'Buzz magazine' created by them during the campaign.

THE GLOBAL TIMES | MAY 1, 2017

Senior

"I always ask my all family members to switch off light and fan before leaving room."



Siddhani, KG Naturalistic

Lost in the moment



Aditi Suresh, AIS PV, XI F

sat cross-legged on the backseat of my car staring at the glass window. With every second car going past us, I felt irritated with my car's slow speed. I gently nudged my brother to drive fast. We halted at a traffic signal. The timer on the signal box displayed 120 seconds for green. I switched on the car radio and the RJ played my favourite song.

Suddenly, I heard a thundering sound. It started to drizzle. The tune-less rhythm of the raindrops ceased my brain and all fleeting complex thoughts freezed. I observed, the evening sky was lit with panoply of colours. Blue, orange, yellow.

Illustration: Anju Rawat, GT Network

I literally felt that my car's red colour headlights were merging and making a beautiful blur.

Just then, as I was lost in that moment, a young flower- seller girl, came dancing towards my car and vigorously accosted me from my window pane with flowers. A tiny girl with a bunch of red roses, pressed her innocent face on my glass window pane, murmuring some insane words, asking me to roll down the window.

She had a tight braid with a red ribbon tied at both the ends, was bare foot and wore a tattered red top and blue skirt. No sooner, I partially rolled down the window. She whispered to me to buy

It started to drizzle.The tune-less rhythm of the raindrops ceased my brain and all fleeting thoughts freezed.

her flowers. She looked more alluring than the rose she offered me. My brother disapproved of the gesture and told me not to encourage her. I continued to stare at her, for some more micro seconds, I realised I had packed some sandwiches in my tiffin.

I gave her one of them. She took it, ate it in a gulp and vanished in the mist. Maybe, that cheese filled sandwich was something she was looking for, and not the twenty rupees. The rain intensified and I saw all the flower sellers scurry for cover under the flyover.

It struck me then, that my head was drenched by the pouring rain. The red light changed to green. My brother sped the car and life was back to motion again. I figured that, another truck overtook my Toyota car yet again, but frankly I was not bothered anymore as I got unparalleled joy at the traffic signal. The simple smile on the little girl's face, on sharing my lunch, left me with a feeling of accomplishment. GT



Ridhima with her fruit popsicles

Fresh fruit pops

Ridhima Chauhan, AIS Gur 46, IX

Ingredients

Mango2
Apple2
Mango juice1 glass
Apple juice1 glass
Pomegranate1
Disposable glasses 2
Ice cream sticks 2

Method

- Take mangoes and apple, peel and chop them into small pieces.
- Now, take a disposable glass and fill

it with chopped mango pieces and top it up with mango juice till the brim of the glass.

- Take another glass and fill it with chopped apples and pomegranate seeds and top it up with apple juice.
- Once the glasses are filled, insert ice-cream stick in the centre of each glass.
- Now, freeze it overnight.
- When it freezes completely either cut the glass or run it under hot water for few seconds to release them from the glasses.
- Your fruit popsicles are ready!

A woman she is

Angel Bansal, AIS Mayur Vihar, IX

Gifted by God was she, a shining star To a society where equality to girls was still far

Her birth was too, an event hard For her father opposed the cry of a girl in his yard

Being blamed for every loss her family faced The little one was hence 'unlucky' named

She was made to work at the age of eight But to be a rising star was written in her fate

Education was miles apart



For hard-won food was dependent on the cruel heart With fears abound, laid her life

But soon, she decided to change her plight

With books from scrap, she learned to read and write And went on to become an idol, for who wished her bright

Just like a small bud she blossomed beautifully Into a woman full of confidence, courage and glory

Married was she to a man unknown But the stranger was the reason of her happiness grown

It was he who helped her to reach high And become a scientist upon whom the world could rely

Today she is a woman proudly known And for her children she's the backbone

Her untold story has now been revealed To inspire women who are in need.

> Send us the entries by post and the best one would be published in GT.

Read Play and Uin

¥-----×

Reading your favourite GT can fetch 99 you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!

Q: Name two vegetables from 'The vegetable black- list' article.	Q:What is the title of the ar- ticle written by Siddharth Dua?	Q: Which article talks about patriotism?
Ans:	Ans:	Ans:
Q: Which school shared stories on mosquito? Ans:	Q: What fruits are used to make fresh fruit pops in 'Masterchef'? Ans:	Q: Who were the judges of 'MTV Colors of Youth'? Ans:
Q: 'Will leads to way' who wrote this poem? Ans:	Q: Name the journalist who came to 'Youth Power 2016- 17. Ans:	Q: What are the names of the two boys from the wis- dom tale?
ame:	Class:S	chool:

AIS Noida, VI D; (Prizes will reach you in 15 days)





"One day my mom was ill and to take care of her, Papa and I went to get some papaya leaves and made a mix with water for her." Aadya Dutta Sharma, KG Articulate

Mose

Junior

Tale of kindness



Avrit Sharma, AIS Gur 43, VI

ong ago, there lived a little boy named Sammy. He was good in his studies and intelligent as compared to others in the class. He was one of those students who used to submit homework on time and always answered all the questions correctly in the class. He gained maximum marks and this made some of his classmates jealous of him as he was loved by the teachers more as compared to them. But Sammy on the other hand, had no prejudice against his classmates as he was always ready to help them whenever they faced problem in studies. He tried to talk to every student in the class and shared his notes and ideas. Timmy, another young boy studied in the same class as that of Sammy. Unlike Sammy, he was below average in his studies and always liked to play during school hours. He was unruly with his parents, bullied his classmates and even badmouthed his classmates. But no matter what he did,

Sammy still tried to befriend him. Timmy at first denied to be friends with Sammy but after sometime, he thought that being friends with Sammy will be to his benefit. Both of them started spending time together, from playing after school to completing homework together. Sammy being true to his nature thought that Timmy would change

On one fine day, Sammy invited the whole class including Timmy for his birthday party. Sammy's parents gifted him a limited edition of '*Pierre Cardin'* pen. Timmy was awestruck, he had never seen a pen like that before. He was swayed by the metallic body of the pen.

The next day at school, Sammy took out the pen to take down notes while Timmy sat next to him. The teacher told Timmy to write down notes, and he asked Sammy to lend him a pen as he forgot his. Sammy gave him another pen from his pencil box, which made Timmy angry. He thought that Sammy's parents gifted him a limited edition 'Pierre Cardin' pen. Timmy was awestruck, he had never seen a pen like that before. He was swayed by the metallic body of the pen.

he was Sammy's best friend, but still he was given an old pen instead of the new one. He was hurt and wanted to avenge Sammy. During recess, when no one was in classroom, Timmy opened Sammy's bag and took out his pen. He then hid the pen inside his bag and left.

When the next period started, Sammy opened his notebook, but he couldn't find his pen anywhere. He felt terrible that he had lost the pen he got as a gift, a day before. Sammy later informed the teacher and she asked the head girl of the class to search the bag of each student in the class. After searching through 20 bags, the pen was found in Timmys' bag and the teacher furiously asked, "Now Timmy, what do you have to say about it?" He was in tears and had nothing to say. He felt embarrassed in front of Sammy as now it was revealed who stole his pen. But to everyone's surprise Sammy took pity on Timmy. He felt sad for his tears and requested his class teacher not to take any action against Timmy. His gesture surprised Timmy and he realised how wrong he was about Sammy. He asked for forgiveness from his teacher and Sammy. He also promised never to upset anyone. From that day onwards both Sammy and Timmy remained friends and graduated from high-school together. This time Timmy changed for real and always stood by Sammy through thick and thin. GIT

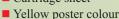
So what did you learn today? Be kind to unkind people, they need it the most.



Kino megaphone

Materials Required

- TapeScissorsRed yarn
- Red yann
 Fevicol
- Cartridge sheet





Procedure

- Take a large piece of paper and roll it in the shape of a cone. Tape the cone shaped paper in equal intervals.
- Cut off the top and bottom of your cone to level both sides to create megaphone shape.
- Take red yarn and cut several peices in the length of a finger size with scissors to make Kion's Mohawk hair.
- Now paste the red peices of yarn threads on the upper portion of the megaphone to form Kions hair. (Refer image)
- Take cartridge sheet and draw two small and two large ears. (Refer image)
- Paste one small ear over the large ear. Colour the overlapping small ear with yellow poster colour.
- With fevicol paste the ears onto the megaphone and let it dry. Megaphone is ready.



POEMS

with time.

Sightseeing the universe

Aarika Chanda, AIS Noida, V B

Space was formed over millions of years It is easy to get lost, so better travel with peers

On our tough voyage to outer space We steered clear of atmosphere at a steep pace

We soared past Mercury, Venus and Mars And travelled by rocket as there were no cars

Riddle fiddle

Ojai Saxena, AIS Vas 6, II

1. I taste sweet When I come from the tree But you can't eat me

2. You can catch me

When I am on the calendar

But never throw I am quite common And so is my name

3. I am measured in degrees But can't tell you the weather I can sometimes be right But I am never wrong **4.** I have a spine But no bone If you like me You are a worm

5. I have a neck But no head I have two arms But no hands

> Answers: I. Dates, 2. Cold, 3. Angle, 4. Book, 5. Shirt



Will leads to way

Manya Aggarwal, AIS MS, VI

I cannot just sit and cry I will have to move and try

This is what the frog said Jump into a milk can he had instead

He made a desperate effort And paddled till the inerts

When he had lost hope Exhaustion he could not cope

He realised that his effort had bore no fruit But then he saw some creamy substance settled under his boot

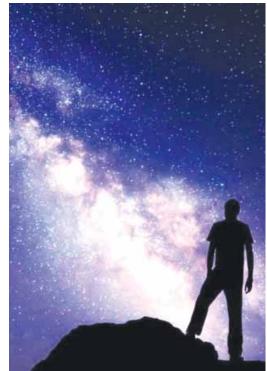
This enthused him to work hard And freedom appeared just a yard

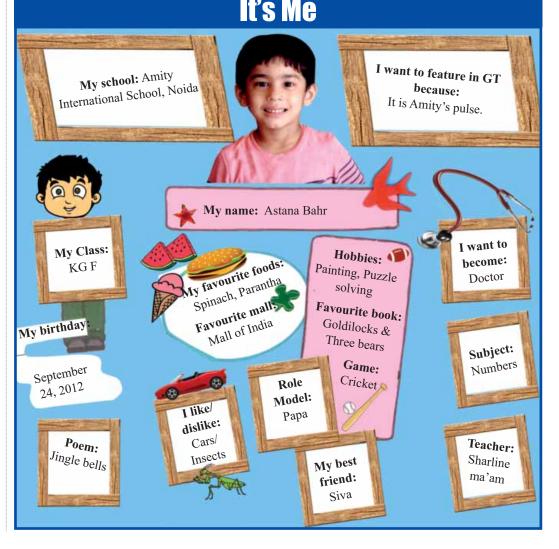
This creamy thing was butter And on the top of this lump he said in mutter

It is true what people say Where there is a will there is a way. While sightseeing, we saw Jupiter and Saturn Whose rings and lines were arranged in a pattern

Poor Uranus and Neptune sat in a corner The aliens living there called us a foreigner

Space is ace don't you agree When I travel again will you come with me? ^G











Human V

Being Human!

To commemorate the birthday of our dearest Chairperson, Amiown schools celebrated the month of April as the 'Human Value Month', inculcating humanitarian attributes through various creative activities

<u>Amiown Gurugram</u>

Meenu Manchanda, Teacher

r (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF believes that early childhood learning plays an important role in children's life to imbibe and develop good human values. Keeping with this noble thought, Amiown Gurugram celebrated the month of April as 'Human Value Month' which saw the little ones take part in a number of discussions, activities and hands-on experiences that celebrated the humanitarian attributes.

Magic words: Little Amies of Pre Nursery and Nursery were encouraged to use the magic words as thank you, please, sorry, welcome, excuse me, may I, etc. in their daily routine.

Nature care: To inculcate a sense of responsibility and love for the nature, children pledged to save the natural resources like water and electricity. They were encouraged to participate in activities such as watering plants, cleaning their surroundings by collecting dry leaves and twigs from school garden and putting them in the compost pit to prepare manure for school garden. The kindergarten kids also took part in planting saplings and promised to care of them throughout the year.

Protect earth: On April 21 the Amiown children celebrated Earth Day by making badges out of newspaper and reused old sheets, pledging to save earth. The badges quoted slogans such as 'Earth is in your hand' and 'Lets heal Mother Earth'. They also created beautiful 'Save our Mother Earth' posters which were displayed on all Amiown school buses thereby creating awareness all around. They also made goodie bags using newspapers.

Human Value card: Students created a grand impressive birthday card as a gift for their revered Chairperson that beautifully reflected their understanding about human values.GT



ies A perfect blend of human values



Learning lessons Taking human values as teachings for life

Amiown Noida

Somali Hom Roy Bera, Teacher

he 'Human Value Month' at

Gratitude: The little Amies were taught the importance of gratitude by making them use magic words as 'sorry, thank you, please, etc'. Cleanliness: They were also explained

<u>Amiown Pushp Vihar</u>

Nidhi Anand, Teacher

o inculcate human values in children and express gratitude on the L occasion of the birthday of their Chairperson, Amiown Pushp Vihar took the philosophy of 'Ubuntu'* as an inspiration for the theme of the month. During the month, little children participated in a number of activities, listened to various stories, got engaged in role plays and creative sessions of art and craft which helped them understand the importance of being courteous, cooperative, caring, kind and respectful. Moral lessons: Narrations and dramatizations based on moral stories like

'Words are not for hurting', 'Shall I share my ice-cream', etc. were conveyed to the kids with a message to share our things with our friends, help people in need and respect everyone.

Teamwork: Little kids enjoyed participating in team building games such as wacky relay, obstacle course, buddy race, balancing together, etc. wherein they understood the importance of having friends and how easy it becomes to complete a task when working in a team than alone.

Shower praise: Classroom games such as 'compliment circle' were organised where little ones got an opportunity to give and receive compliments and understand the significance of appreciating their friends, teachers and didi's.

Social skills: Skills facilitating interaction and communication were inculcated through role play activities wherein some children enacted as hosts who served juices and cookies to the guests. These experiences helped children enhance their social graces.

The learnings culminated with the setting up of an Ami's cafe in the quadrangle wherein everyone rejoiced, sang songs like 'The more we get together', 'There's never any trouble if you smile', Happy Birthday song, etc. GI

*Ubuntu is a Nguni Bantu term meaning 'humanity'. It is often also translated as 'humanity towards others', but is often used in a more philosophical sense to mean 'the belief in a universal bond of 'sharing that connects all humanity'.



Amiown Noida saw children imbibe humanitarian attributes through various storytelling, role plays, creative art and crafts, etc. organised through the month. They were taught the value of love, care, empathy, sharing, respecting others, waiting for turns, not hurting anyone, etc. The little ones were also encouraged to take care of the environment by watering plants and feeding the birds in the school premises. Some of the values taught included ...

the importance of keeping their surroundings clean which was encouraged through a simple 'shramdaan' activity wherein the children cleaned up their classes and school by throwing waste papers, leaves, twigs in the dustbin. Hygiene: The importance of personal hygiene was demonstrated by doll bathing activity. These activities instilled human values in the little children which will prepare them to become responsible global citizens.GI



Gratitude lessons Thank you mummy and papa

Birthday gift Reduce, Reuse, Recycle

Amiown Vasundhara 6

Meenakshi Lamba Mudgill, Teacher

constellation of values as compassion, respect, tolerance towards one another, benevolence and many more were touched upon in creative ways during the celebrations of the Human Value Month.

Becoming a responsible citizen: On the occasion of Earth Day celebrations in the school, the Little amies were encouraged to become responsible citizens and save

their planet earth. They pledged to not waste water and electricity, not use plastic bags, not litter, plant more trees, save fuel, etc. Engaging in activities such as feeding birds and watering plants inculcated compassion for their planet earth.

Learning dignity of labour: The tiny tots were asked to perform simple chores like placing back the toys/blocks, pushing chairs, reminding friends to switch off lights and fans while going out for any activity, etc. These activities helped the young ones understand the dignity of work, underlining the message that no work is big or small.

Recognizing gratefulness: The little ones were taught the values of gratitude and thankfulness through participation in discussions on practical situations from everyday lives such as listening to elders, following traffic rules, taking care of grandparents, using magic words like 'sorry', 'please' and 'thank you', taking care of classroom materials, helping elders. etc.

The discussions, stories and role plays helped them understand the application of values in daily life.



"We have a plant at home. We water it daily but it is not growing because it is inside. If we will keep it outside it will grow." Navya, KG Magnificent

School Lounge

Wassup

7th Pramerica Awards

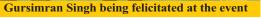
Amitians recognized for community service to make a difference in the society



AIS Gurugram 46

nder the able guidance of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF who has always encouraged children to undertake different social initiatives, Gursimran Singh, Class XI student of AIS Gurgaon, won a Gold medal at the 7th Annual Pramerica Spirit of Community Awards* in the individual category for having built 'EyeScribe', an





assistive device to help the visually impaired experience the joy of reading.

The school also won a Bronze medal for their community services done under their initiative 'MustQuito' conducted by their schools Youth Power team in the Group category to create awareness on how to combat mosquitoes.

Gursimran was awarded a cash reward of Rs 50,000, and a return trip to Washington, D.C. in May 2017 where he will now represent India in the global felicitation

ceremony for the 7th Pramerica Spirit of Community Award winners from all participating countries.

The awards organised by DHFL Pramerica Life Insurance recognised 28 school students across the country for their extraordinary efforts in the area of community services. The winners were selected by an eminent panel of jury members comprising experts from the field of education, journalism, art, social ventures and business management. programme ambassador. The awards were handed over by Saina Nehwal, Olympic medalist and former World No 1 badminton player at a special function. GI

Bronze medal winners with school Principal Arti Chopra

*Introduced in India in 2010, this programme, an extension of the 'Prudential Spirit of Community Awards', the largest vouth recognition programme in US is an annual nationwide search to identify and recognize school students who have made a positive difference in their communities through volunteer community service.



Summer Program in United States

AIS Vasundhara 6

kriti Dhasmana of Class XII has been selected from a global pool of innovative students to participate in a 14 day long intensive hands-on high school Summer Program at Notre Dame University, USA from June 24 - July 8, 2017. During the programme, the students will have exclusive access to high tech computers and science laboratories at the university under the Notre Dame Summer School Program.

She will work with super computers to understand the dynamics of computer science in a plethora of research fields. She has been selected on complete scholarship which includes boarding, enrollment and tuition fees. GT



Children indulged in talk with Davinder Singl

Interaction with Expert

AIS Saket

he school organised an interactive session for the students with Davindar Singh, Chief Engineer, Admiral Glory, Merchant Navy on April 12, 2017. He commenced his lecture by first sharing positive things about India and then proceeded to guide children on

venturous profession. He also spoke about different kinds of ships, their advantages, usage and the challenges faced at sea while on duty.

The question answer session that followed saw children raise several queries ranging from current global, social and economic issues as well as topics relating to Navy. His interaction with students helped them gain first experience of marine life and various minute details related to ship and its components.GI

ZAMUN 2017

AERC

 γ ix students from Amity Group of Schools accompanied by Saritha Chittal from AIS Gur 46 participated in the Zilina Model United Nations, a three day event held at Slovakia from March 30 - April 1, 2017 under the aegis of AERC. ZAMUN witnessed 136 delegates from across the world, who reviewed, assessed and debated upon major issues of global concern, first in their respective committees and later, in the General Assembly. The delegates debated on the global issues ranging from religious freedom in Tibet, new politics of protection of tangible and intangible cultural heritage in war zones, female genital mutilation, preventing the use of improvised explosive devices, etc.

The three day event unfolded with the opening ceremony where the Ambassadors of various European countries and India motivated the young debaters from amongst 136 delegates representing 13



Holding the Indian flag high at ZAMUN conference in Slovakia

countries. The students of Amity walked away with some of the top honours. Ansh Deo Singh from AIS Gur 46 bagged the High Commendation Award in UNHRC while Archita Sharma from the same school bagged High Commendation Award for her performances in ECOSOC. The trip concluded with Amitians visiting the prestigious UNO office located at Vienna to get a real feel on the functioning

of UN Committees. The conference was a grand success.GT

Student	School
Siddid Kaul	AIS Noida
Samriddh Bommuluri Rao	AIS Vas 6
Saksham Bommuluri Rao	AIS Vas 6
Ansh Deo Singh	AIS Gur 46
Ananya Gupta	AIS Gur 46
Archita Sharma	AIS Gur 46

how to join Navy, elaborating upon the required qualifications, fitness regime and what actually drew him to this ad-



Ayush Bajaj with school Principal Renu Singh

AIS Noida

yush Bajaj of Class IX won a Gold medal in Under-14 North West Delhi Open Fencing Championship organised by Fencing Federation of India held in Delhi on April 9, 2017. Ayush began fencing at

the age of 12 and has won more than 15 competitions, one of them being the Under-20 National Fencing Championship held in Manipur. Chairperson, Dr (Mrs) Amita Chauhan, Amity Group of Schools and RBEF congratulated Ayush on his astounding success and also motivated him to achieve greater heights in future.GI

Painting Eggs Workshop

AIS Pushp Vihar

oemi Ambrus, artist and a textile painter from Budapest conducted a workshop on 'Painting eggs' for students of Class III- IX on April 13, 2017. The workshop organised by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF aimed at introducing children to cultural art across the world.

The workshop held close to Easter, was a wonderful occasion for children to celebrate this Hungarian folk custom where various egg painting techniques were taught to them. The event was held under the aegis of AERC along with Hungarian Information and Cultural Centre, New Delhi.

Painting eggs is a Hungarian folk tradition at Easter, related to the revival of nature at springtime.GT



Annual Prize Distribution

AIS Mayur Vihar

IS MV organised its annual Prize Distribution function for Class VI to XI to felicitate the achievements of meritorious students on April 18, 2017. The programme commenced with traditional lamp lighting followed by Saraswati Vandana by the school choir. School Principal Priyanka Mehta applauded the constant efforts of the achievers and also congratulated the

proud parents. She urged the students to mobilize their efforts to be winners in their respective fields and cherish the values instilled in them by Amity. Winners of interschool western music competition enthralled the audience with their mellifluous singing. The achievers were awarded with trophies and certificates for proving their excellence in academics and co scholastic areas. The programme concluded with school song and the national anthem. G T

"I like to feed bajra to birds."

Aradhya Gupta, KG Optimistic Top quotes contributed by Amiown Gurugram as part of activities conducted during Human Value Month (HVM)

Befikre follow your passion

Tanya Sutradhar, GT Network

mity University, Noida witnessed the craze around Lauren Gottlieb and Benny Dayal, when the duo visited the campus for judging reality show 'MTV Colors of Youth' Season 6, the hunt for India's most talented and versatile youth. Lauren the dancer turned actress seemed to be on a roll. She hails from US, and says her journey in India has been a dream run from participat-

SUZUKI

MARUTI

ing in a celebrity dance show to judging the next season. For Benny Dayal, if anything has to do with music, he will most likely make time for it. Benny with his unconventional voice, catchy avatar and uber-cool attitude is India's one of the best multitalented singers with hits such as 'Kaise mujhe tum mil gayi' to the chartbuster 'Ude dil befikre' to his credit. Having sung songs in Tamil, English, Punjabi, Bengali and Malayalam, he says, 'Versatility is my forte'.

Lauren Gottileb

Lauren shares about how she feels about India, dance, youth and more...

From studies to passion. What impacts the path? My answer lies in my upbringing. I grew up in a very different environment in the US. Earlier in my country it was all about academic education. However today, people have started pursuing different arts and don't hesitate from following their passion. I am thankful to my parents, who were extremely supportive of my passion. They always stood by me. I really feel for people who have the talent and the drive. You can be worried about money and future, but if you are doing what you love, it never fails you.

For you and your parents: Never give up on your education but definitely have the time for your passion. I hope that parents are less scared about future of the child, and accept the fact that they will make it to their best. As children are the future after all. You will have to let your children grow and support whatever path they want to go. From USA to India, my second home: In India, I get to do so many different types of things. I get the chance to be a part of so many types of cultures and meet people with different backgrounds and history. That is why I enjoyed doing this reality show with MTV as I get to travel around the country and meet a different 'India' every time.

From being a young multitalented artist. How





Benny Dayal

Benny talks about how he handled criticism, his musical journey and more. Excerpts...

From studying for masters to being a part of 'S5': I was always passionate about writing music, so I took up journalism thinking just in case when I write someday, I am considered 'qualified enough' to write. Music was always my forefront, I always wanted to do music, and that's when 'S5' happened.

From 'Batameez dil' to 'Ude dil befikre,' the youth connection: I still get to hear this that anybody who attends my concert feels that I am still in college. Students automatically connect to my music. I am not inclined towards one genre of music, but I try and sing everything. My range of singing comes from 'Kaise mujhe tum mil gayi, batameez dil, lat lag gayi, ude dil befikre,' all these songs sound extremely different from each other. That is my identity to recreate myself as a singer.

From Master's in Journalism to Bollywood, my journey: When I was in school, I was always into music and that was what I always wanted to do. But my parents didn't let me pursue music as career, as for them it was just a dream not worth putting my future at stake. They hoped for my dream to come true as they knew how passionate I was. I completed post-graduation as my father wanted me to be qualified, but I never left what I was passionate for. The journey after college was never-ending, every single music director I met had nothing to offer. No breakthrough and then one night, I got a call from Rahman sir's office. They wanted me to sing harmony later that night. I was hoping that it was not a prank. Lesson from my journey: Just imagine how many years of not focusing only on music has got me to this stage, where I am now. For a change imagine if I could have just taken a music degree, I could have learnt more and gone beyond. All I want you all to understand is never leave your passion. Even if it is studies, work hard and speak up for yourself. If your child wants to pursue music, give them music education because it's a beautiful education. Leave everything, all I want to say is do what makes you happy. Song that made me: "Kaise Mujhe Tum Mil Gayi" from Ghajni with A R Rahman sir. I still remember recording this song in 2007, around midnight with incredible legends Rahman sir, Aamir Khan and Prasoon Joshi in the studio. All I could think was their level of thought and experience. Hug criticism with open arms: Always take criticism very positively. Turn every single criticism into your strength, rather than keeping grudges.

the youth inspires me: With this show I am able to meet so many youngsters from all corners of the country. They are so high-spirited and have so much talent. I am very much impressed with the passion shown by the young generation.

From being a participant to a 'Judge': As a participant, I learnt so much and made a spot in the mind of audience that watched me dancing. After being a participant now, I really enjoy being a judge, because I get to meet so many talented people who really need a push in life or someone to tell them that they are really good at their art.

Disney character I will like to play: I think I will really enjoy 'The Beauty and the Beast', the modernized version of Belle and how strong she is against all the odds of the society. Feminism to me: I like to see the society and the world evolve. What's scaring me is the pace at which things are changing and the need to keep up with the same. I would like to say that I believe not just in feminism, but also all the other causes as 'black lives matter' and everything that supports humanity. I want a better and peckful world and this is only possible if we all come together. Hello Amitians: It's a very good campus that offers the best of education and facilities. You must make thebest use of all the resources available. Also never let your passion die. Follow your passion where it takes you. Don't be afraid of failure.

Pic: Ravinder Gusain GT Network

Lauren Gottlieb (left) and Benny Dayal at Colors of Youth Awards and Me: The day you get nominated for awards, you know that you have done the best work for that year. Acknowl-edgement for any artist or a professional is very important and it must be recognized in every field.

Fight failure and criticism with hulk's attitude: "Failure should be our teacher, not our undertaker. Failure is delay, not difficult. It is a temporary detour, not a dead end. Failure is something we can avoid only by saying nothing, doing nothing, and being nothing." **A song that I relate to:** "*Ajib daastan hai yahan...kahan shuru kahan khatam...who samajh sake na hum...*," this song describes emotions like no other.

Hello Amitians: Life is tough face it by being yourself. Never try to be anyone else than yourself because everyone else is taken.