

Life- A wonder
Life is a riddle,
A riddle is a maze;
A maze is a hurdle,
A hurdle is a cage!

Life is a flower,
Yesterday it blossomed!
Today it showered;
Tomorrow it will shorten!

Life is a river,
Happy it flows!
It quivers and shivers;
Sad, away it goes!

Life is a puzzle,
Delighted it nods!
Rotates from its nozzles;
The owner is the God!

Shreya Gupta, IX-A,
AIS Vasundhara-6

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Akashvani

Every time we think about environmental degradation, we think about how it will affect us. We don't spare our breath on how it will affect everybody else on the planet and off it. So, let's stop being selfish and think about how various environmental hazards will affect the lives of our beloved mythological characters. Shivangi Mittal, X, AIS Gur 43 cooks up a spoof ...

Out of the world: Tired of Olympic-hosting nations spoiling his schedule, Indra Devta, the God of rain, has shifted his base to the moon. No wonder we've discovered ice on the moon!

Home is where the ice is: There's no place like home. But, if your home starts changing, you start to change too. That's why Shivji has decided to modify his lifestyle a bit. He has picked up a floating tube and that's where he meditates nowadays.

Laxmiji: Even lotus flowers (which usually grow in *kichad*) have refused to inhabit the cesspools that we call rivers. No, don't worry. The wealth from our homes is not going anywhere. Equipped with gum boots and a mask for her nose, Laxmiji is here to stay. So, lotus or no lotus, she will be there for us always.

Hanumanji: He flies over land and water, and he flies over mountains and seas. But, he doesn't risk doing that without an oxygen cylinder. What if some unpronounceable volcano erupts



again? If not that, humans don't keep air around them clean anyway! Hence, the oxygen cylinder is more of a necessity than a precaution.

Vetaal: Forget about animals that lose their habitat due to deforestation, even *Vetaal* is disturbed! With only a few trees left, he doesn't have a forest to hang around. He hangs around stick thin, tall people, who possess lovely locks, just because they look like trees. So, if these words describe you, perhaps you just found the cause of all your problems.

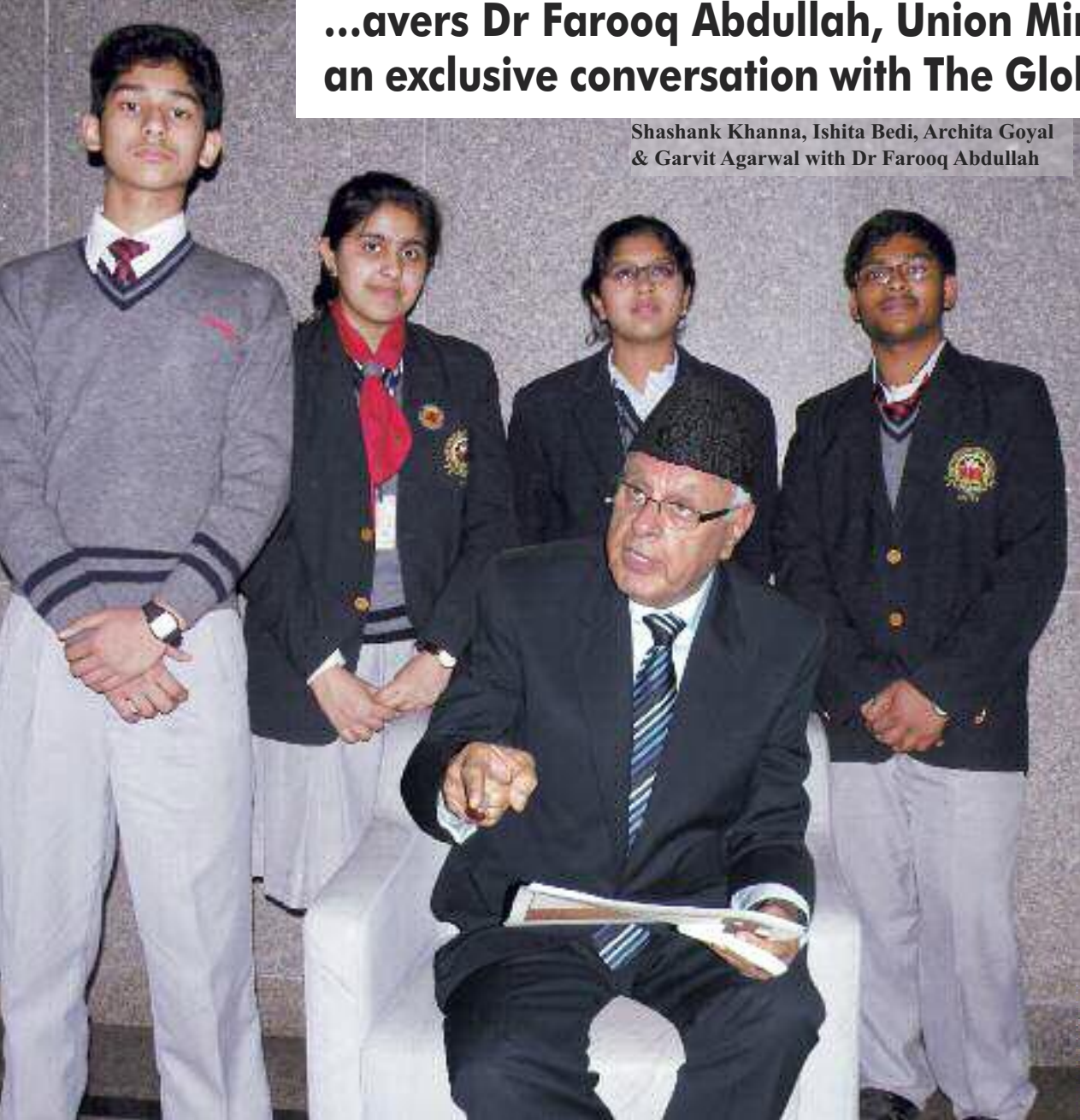
Jai Madam Di: Currently we have 1411 left, a day will come when only 11 will be left and another, when only 1 would be left, the tiger might be used by the government to obtain entertainment tax. How will Durga *Maa* visit everyone's homes then? Perhaps she'll get a convertible BMW.

This is just to say that, if we do not heed to nature's warnings, the time's not far when environmental hazards will take over our lives. Wake up folks, before it's too late! ●

Today, children have the advantage of a better education

...avers Dr Farooq Abdullah, Union Minister for New & Renewable Energy, in an exclusive conversation with The Global Times reporters of AIS Mayur Vihar

Shashank Khanna, Ishita Bedi, Archita Goyal & Garvit Agarwal with Dr Farooq Abdullah



You have experienced both- being CM of Jammu & Kashmir and Minister in the union cabinet. What do you find more challenging?

Shashank Khanna, IX B

Both are quite challenging. It is not that one is less challenging than the other; however, one thing in the center is that we do not face as many problems as we face in a controversial state like Jammu & Kashmir. I am happy that my son is the CM of Jammu and Kashmir and I am in the union cabinet. Though, I feel that being the CM of Jammu and Kashmir is definitely more difficult.

GT Team had the rare opportunity of interacting with Mr. Omar Abdullah, who impressed us with his persona and perfectionism. As a father, how difficult or easy is good parenting today?

Archita Goyal, X A

There are many constraints in parenting which have evolved in the modern era. Today, responsibilities of parents are far greater. When I was a child, there were no such freaky gadgets or even internet to browse. Also, children today are far more independent. In my time, the fa-

ther decided our future but today, children can decide what they want to be— fashion designer, engineer or painter. In my time, had I told my father that I wanted to be a news reader, he would have thrown me out of the house. Today, children have so many advantages, the advantage of better education being the prime one!

As students, but more importantly as citizens of India, what steps can we take to conserve energy?

Ishita Bedi, IX B

There are many such steps that can be taken by students in daily life. Advising parents to have solar heating in their houses, asking mothers not to waste gas and use pressure cookers, switching off electrical appliances when not in use are a few such steps. If these small steps are followed, believe me, it would be a great deal of help for Mother Earth.

What message would you like to convey to the youth today?

Garvit Agarwal, X B

Whatever you do, do with dedication and with the intention of doing good. ●

Son Omar Abdullah, in an interview to GT confessed, "It's easier to be a minister in the government of India than being a CM in J&K." The father agrees! Synchronised in thought and action, this father-son duo makes a perfect pair.





Dear Students,

Voila! The Global Times Holiday Package is back.

The GT team once again pops-up with some simple, interesting and interactive activities designed for each class. Experience the activities to feel the writer within you. Remember – GT is your newspaper. So go ahead and write what you want to read.

Don your journalist hat, tickle your minds, charge-in your cameras, hold your mouse and login to **www.theglobaltimes.in**. between May 15, 2010 to June 15, 2010.

Check out your Homework: On the website, click on your ‘class’ to view the activity mentioned.

Submit your homework: This should be done online as well as in the school. For online submission, follow the given instructions on the website. For School submission, a print-out of the same should be submitted to your class teacher when the school re-opens.

Timeline: May 15, 2010 to June 20, 2010.

For any other query: Click/Read FAQs (Frequently Asked Questions)

The best stories in each class shall be rewarded with a certificate and a chance to feature in the coming issues of The Global Times.

Are you ready? Get. Set. Go!



Vira Sharma



Frequently Asked Questions

How do I submit my GT Holiday Package?

You need to submit a ‘soft copy’ as well as a ‘hard copy’ of the GT Holiday Package.

For the soft copy, login to **www.theglobaltimes.in**. Fill in all the details, attach your homework and press the ‘submit’ button.

For the ‘hard copy’, simply take a print-out of the homework submitted and give it to your class teacher on the first day when the school reopens after the vacations. (You need not waste time on decoration and colouring.)

How do I get to know that the ‘soft copy’ of the homework has been sent?

After you submit your article, watch out for a ‘thanks’ mail from us that acknowledges the mail sent by you.

Will my article be published in The Global Times?

Yes. The criteria for selection includes quality of work & originality.

If I want to write something other than the assigned homework, what should I do?

Login to **www.theglobaltimes.in**. Look out for ‘Post Article’ tab on the top. Click the option and follow the instructions to submit your article.

Do you have any other query?

If you have any other query, write to us at vsharma1@amity.edu or tbanerji@amity.edu or call us at 011-41888380/4188381. We shall get back to you with the answers at the earliest.

Do I need to make a file/model/project/chart or decoate the hard copy before submission?

The choice is absolutely yours but there are NO extra credits for the same.

Holiday Homework Special

Upto KG

Activity 1: Draw & Colour

Make a drawing on any topic of your choice. Give a caption. (Size A4)

Activity 2: Complete the following lines.... (10-25 words)

If I were a Peacock,

.....
.....
.....

Or

I like to go to Amity because

.....
.....
.....

Or

My favourite fruit/vegetable is

..... because
.....
.....

Class -I

Prepare a ‘That’s Me’ Card (A 4 size). Shoot COOL snaps of yourself and paste them on the card. Fill in the following details on the card...

My name:.....
School:.....
Class/Sec:.....
B’day:.....
I like:.....
I hate:.....
My Hobby:.....
My Role Model:.....

My Best Friend:.....
My Fav Book:
My Fav Game:.....
My Fav Mall:.....
My Fav Food:.....
My Fav Teacher:.....
My Fav Poem:.....
My Fav Subject:.....
I want to become a:.....
I want to feature in GT because...

Class -II

Activity 1: Read/visit any one children’s magazine/website (Magic Pot, Children’s World, Junior Chanda Mama, Little World, Young Angels, www.theglobaltimes.in, karadi-tales.com, etc). Write ten lines as to what you liked/disliked in it. (100-150 words)

Or

Activity 2: Write one poem/story/puzzle/letter, etc to the magazine/website that you would like to feature in, and send it to us as well. In case you hear from them or they get published, tell us too. (100-150 words)

Class -III

Activity 1: Make a character sketch of your favourite cartoon. Draw the cartoon figure and write ten lines on it. (150-200 words)

Or

Activity 2: You wake up one morning and realize that you have been changed into a cartoon you love/hate

to watch. What happens when you go to school...Share the day’s experience. (50-200 words)

Class -IV

Fairy Tale: Fairy tales have caught the fantasy of children for centuries and have still not lost their charm. Have you ever thought of authoring a fantasy tale yourself? Well...now is your chance to do so. Write a short tale of fantasy, yourself and let your creative temperament be revealed. Also illustrate your masterpiece with pictures. (200-250 words)

Or

Twist in the tale: Pick-up your favourite fairy tale/story and rewrite the same in your own words with a twist or a new ending. (200-250 words)

Class -V

My fav sport: Write on your favourite sport/game in-door/out-door that you play or would like to play. Discuss what you like about that particular sport, role model, where it is played etc. (250-300 words)

Or

Legend Visited: Write a profile of a sports legend (past or present). Highlight his/her background, struggle (if any) and achievements. (250-300 words)

Or

Travel Desk: Write a short essay on the place you visited during the vacation. Share the new things you saw, what it is famous for, etc. Enclose your best photographs of the trip too. (250-300 words)

Class -VI

Sports Spotted: Identify new sports/games available in the market. Write the game review... cost/rating/target age group/no. of players/what’s exciting about it, why you would recommend it, etc (300 words)

Or

Comic Strip: Make an interesting comic strip using not more than two A-4 size sheets of paper.

Class -VII

Book Review: Read any Classic novel (eg: Tom Sawyers, David Copperfield, Treasure Islands) of your choice. Write a short review of the novel (250-300 words). Mention why you like the book, what makes the book a ‘classic’, why you would like to recommend it to others etc. Quote few inspiring lines from the book.

Or

Teen Diary: Maintain a personal diary for a week. Share your thoughts and feelings with it. (300-500 words)

Class -VIII

Website Review: Write a short review on any website that you like to surf. What are the highlights of the website? Give your own rating to the website. Would you like to recommend this to others? Why? Or Give a list of five websites that you consider a ‘must’ for people surfing information on any topic ranging from health, education, environment, news, fashion, music, food, science etc (300 - 400 words)

Or

Pearls of Wisdom: Write an inspirational/spiritual quote or a story from our holy scriptures. Discuss its relevance in today’s world. (250-300 words)

Class -IX

Good Samaritan: Identify a person/organisation from your surroundings who is doing exceptional work for the welfare of the society. Visit the person/organization and do an inspirational story. Enclose photographs of the same (300 words).

Or

Mentor-wise: Interview a Celebrity/Achiever. Enclose photographs of the same. (300 words)

Class -XI

Big Story: Make a group of 5 people and do a Big Story of 1500 words on... **Commonwealth Preparations in India Or Delhi’s face lift with Commonwealth**

Or

Volunteering for Commonwealth: Talk about the ‘Volunteering Program’. Talk to people who have offered their services for the program.

Or

Commonwealth goes Green: Focus on Govt initiatives to introduce eco-friendly measures like use of solar panels etc.

Or

New Stadiums built/renovated for Commonwealth: How many stadiums are there? Where they are located; what is their capacity? What are the world class features introduced, etc.

Focus on Values to Save Earth



AIS Vas
Sec-1



AIS PV



AIS
Gur 43



Amitasha



Human Values Celebrations



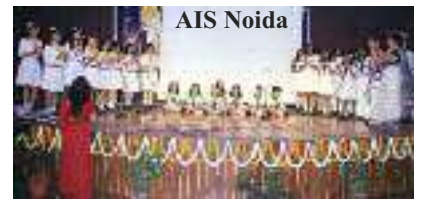
AIS Vas
Sec-6



AIS Saket



AIS Gur 46



AIS Noida

Saluting the unwavering commitment of Chairperson Dr (Mrs) Amita Chauhan on her birthday, and nurturing universal values in the younger generation, Amity Schools across Delhi and NCR organized a number of innovative activities including debates, declamations, skits, recitations, slogan writing and poster making competitions highlighting human values and

sensitivity towards environment. The festivity concluded on April 27, that marked the culmination of the Earth Day celebrations coinciding with the valedictory of Human Values Quarter. For the first time in the history of Amity, students from all Amity schools gathered on one platform to showcase a beautiful repertoire of talent and creativity, bringing across the message - 'Values lay the foundation of a strong character and emphasize the urgent need to protect our Earth.' The event hosted by **Amity International School, Mayur Vihar** teed off with the welcome address by host school Principal Mrs

Sarita Aggarwal who highlighted Amity, as a unique institution, which upholds a perfect blend of modernity and tradition, making great strides in the realm of edu-



AGS Noida

cation under the leadership of its dynamic Chairperson. The meaningful, inspiring and colourful performances put up by the Amitians on the occasion, were greeted with a huge applause. The maiden shows of Amity Global Schools and the newest member AIS Vasundhara Sect 1, were embraced with love and affection. The highlights of the day were screening of a film on Earth Day, a lecture by Dr BP Sinha, *havan*, cutting of cake and felicitation of Chairperson by all Amity Schools. Heartfelt love and affection poured out as students presented their beloved Chairperson with

self-composed poems, murals, greeting cards, bouquets made of recycled papers, etc. The occasion was graced by the presence of *Ammaji*, daughter Ms Sapna Chauhan, Ms Pooja Chauhan, Ms Divya Chauhan, grandchildren, principals and heads of institutions. Overwhelmed by the love of Amitians, Chairperson urged the students to continue their winning spree in all endeavours.●

Human Values Quarter concludes...

The occasion of the birthday of Chairperson, Dr Mrs Amita Chauhan, was celebrated with great enthusiasm and joy at AUUP. The Amity University auditorium housed a huge crowd, eager to wish her a Happy

Birthday, especially students Chitvi and Sakshi, MSc in Actuarial Science III, who sent across a personal message, "We wish Amita ma'am a great birthday. We want to thank her for bringing Amity to this world. We're very lucky

to be studying here." As a number of people kept pouring in to join the birthday celebrations, many dance and song performances continued

to envelope the auditorium with cheer. First up, was a classical dance performance, followed by the lighting of the lamp ceremony, which was accompanied by a Gayatri Mantra Chant. Later, the faculty members and the students shared the initiatives they took up to spread humanity as part of HVQ, including a visit to Old Age Homes and

orphanages. Next, a couple of songs like *Itni Shakti Hume Dena Data* and *Taare Zameen Par* were rendered beautifully by students. The most uplifting of all, however, was a song by Amitasha students, specially composed for the august occasion. Touched by this special gesture, Chairperson went up the stage to thank their efforts.

Amity welcomes SAARC delegates

Ms Smitha Raman
I/C Resource Centre, AIS Noida

A group of 16 students from two SAARC countries of Nepal and Afghanistan were in India for a cultural exchange programme organized by ICCR (Indian Centre for Cultural Relations). The 16 students were hosted by 16 families from AIS Noida from April 13 -16, 2010. The 4-day SAARC-ICCR cultural exchange programme concluded with all guests along with their host families being audience to Sukinder Singh's *bhangra* and Sri Lankan students folk dance at ICCR's Azad Bhavan Delhi, on the April 16. During these 4 days the students were exposed to Indian culture and art. AIS Noida students put up a 45 minutes dance, drama and musical show for the guests. Our students were audience to a folk dance by Nepali students. During an interview session with The Global Times, the exchange students, ambassadors from their respective countries, expressed their gratitude to India and their host families for their warmth and hospitality. They promised to take back true messages to the

youth of their country.

Students were quite impressed by the educational resources of the school, especially the students from Afghanistan hoped to come to India for pursuing their higher education. On the final day all the exchange as well as host students were taken to a Mall and shown the beautiful art galleries in Delhi which gave an insight into the past and present cultural, historical and political India. This was a soul touching experience for all the students and it was a good example of showing the youth as to how 'Seeing is believing.'

SAARC-ICCR Cultural Exchange Programme



10 Nepali students, Miss Divya Karmacharya, Miss Sushmina Vaidhya, Miss Suruchi Guragain, Miss Adrea Upadhaya, Miss Divya Rana, Miss Manisha Sah, Mr Sritesh Bhattarai, Mr Devashish Niraula, Mr Sushant Mahat, Mr Chandra Jung Bhandari, and 6 Afghanistan students, Mr Sefatullah, Mr Sajjad, Mr Muhibullah, Mr Omid, Mr.

GT Reporters *Misha Gupta, Shaunak Banerji, Kripi Badonia, Siddharth Gargava, Keshav, Aditi, Dakshata, Sachi Arora, Apoorv, Isha Batra, Bhuvan Ravindran, Kanchan Joneja and Vaishnavi Sridhar* in an exclusive press meet with the guests from SAARC countries...

What cultural connect do you feel with India?

Divya Rana: Being a neighbour, we have a lot of similarities with India. Even we say 'Namaste', respect our elders and love our younger ones. We too eat rice, *dal*, momos and curries.

Do you like watching Indian movies?

Suruchi: I'm a complete Bollywood freak! I love Shahrukh Khan, Ranbir Kapoor, Kajol & Kareena.

Sajjid: My favourite is Aamir because the messages in his movies inspire me to a great extent.

How did you find the climate of Delhi?

Narula: I was aware of how hot it was going to be but what is really amazing that all the people were out there on the streets, going to their offices even in these harsh conditions, rather with a smile!

How difficult was it to understand Hindi?

Afghan: We had a little problem in understanding Hindi but people in our country love Hindi movies and serials. Once a boy went to get a hair cut like Salman Khan in *Tere Naam*!

How true are media reports about Afghanistan?

Sajjid: People think there's a religious war going on in Afghanistan. Actually we all are Taliban, people who learn. But those are terrorists shown on television. Our country has a lot of petroleum and uranium reserves. But because foreign intruders come and try to take it, there is an economical war, that's really happening.

What would you take back to your country?

Sajjid: I would like to tell my friends that despite the harsh climate in India people are kind hearted, hardworking, friendly and don't skip duty. At the end of the meet, students of Afghanistan, Nepal and India stood in silence for two minutes and vowed to be ambassadors of world peace.●

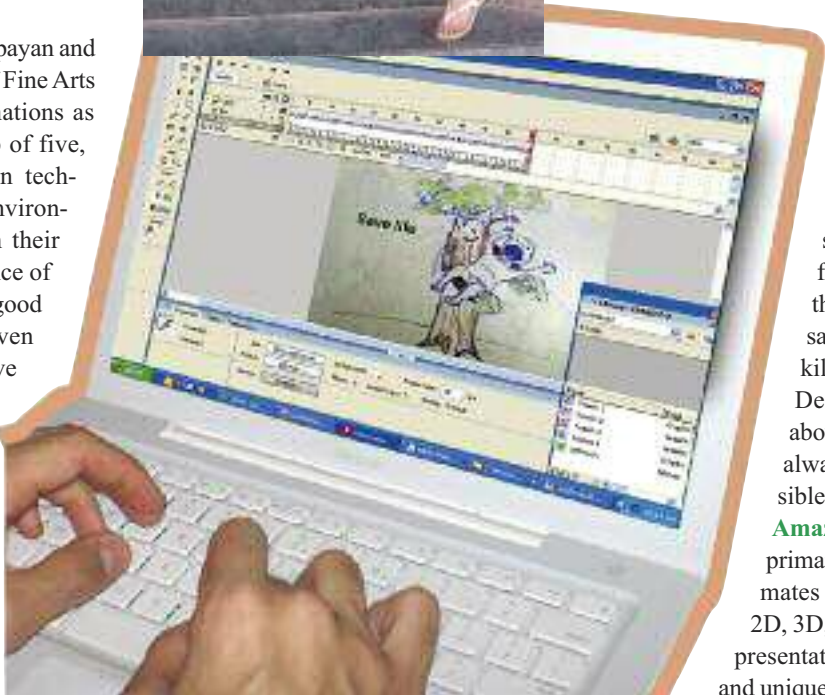
Sigbhatulla & Mr Nazar Mohammad were hosted by Kriti Sabarwal, Roopal Bhatia, Sonali Mittal, Saloni Gupta, Priya Rajaraman, Riya Shukla, Hari Aditya, Aditya Bala, Sankalp Anand, Shaurya Athley, Pranay Arora, Shalabh Verma, Shikhar Tyagi, Yuvraj Paul, Raunaq Puri, Shaunak Banerjee all students of classes VIII, IX & X of AIS Noida.

Ani mates!

Namrata Gulati

Social beings

Devoprasad, Vijendra, Surbhi, Deepayan and Shailesh, students of Bachelor of Fine Arts (III), made some amazing animations as part of their summer project. The group of five, while using some interesting animation techniques chose to spread awareness on environmental as well as social issues through their project. “Our themes include the imbalance of environment or global warming. But the good part is that we could be the savers, even though we are the culprits, a fact we have underlined through our animation project,” says Deepayan. Vijendra goes on to explain the symbolism behind their slide show on global warming, “A see-saw represents the imbalance in the environment; we have also shown the consequences of global warming on a baby, when the child is in the womb. Herein, the aspect of saving the girl child has also been brought in.” “We have shown



a tree hugging a child rather than the other way round. Through this, we want to portray the tree as a life-saver,” concludes Surbhi. The animators have also talked of the subject of suicide. Through the use of matchsticks, the team has creatively depicted a human being in stress; bells are heard tolling in the background to remind one of the beauties of God, that a life might be saved; the pendulum moves to and fro, signifying the circle of life. As the slide show ends, a powerful message flashes across the screen, “Why kill yourself? Life will do it for you.”

Deepayan points out, “Optimism abounds in our social messages; there is always a hope and nothing looks impossible. There is hope for a better world.”

Amazing animation: In tune with the 12 primary principles of animation, the animates have largely used the concepts of 2D, 3D, stop motion and 1000 shots in their presentation. However, the most interesting and unique of all is the exploitation of Concept

Art Animation in their project, the team helps make it not sound like gibberish. “Concept art animation is all about using a new medium to present an animation; in our case, matchstick animation is based on the lines of concept art as an entirely unique idea has been presented. We have used matchsticks for the theme of suicide; another instance of concept art in our work is for the subject of Global Warming, wherein we have used the white board to sketch on it and then photograph these very sketches. Concept Art is something fresh that has sprung entirely out of creative imagination. As for stop motion, it is generally through sculpture but we have twisted it! We drew lines on chart paper and then photographed it. A total of 1500 shots were used in our 45 minute presentation. An important principle of animation is that higher the number of (photography) shots, clearer the resolution.”

The team has been widely appreciated by the faculty members of Fine Arts for out of the box concepts. “It’s good that they have chosen social issues for their presentation to spread awareness. Their innovative skills, hard work and enthusiasm shows in their work. I wish them a great career,” faculty member Varun Sahai appreciates his students. ●

Diabetes is not a disease

Mridula Kapil
B Tech, Biotech, AUUP

*I asked for Strength...
And God gave me Difficulties to make me strong.
I asked for Wisdom...
And God gave me Problems to solve.
I asked for Prosperity...
And God gave me Brain and Brawn to work.
I asked for Courage...
And God gave me Danger to overcome.
I asked for Love...
And God gave me Troubled people to help.
I asked for Favours...
And God gave me Opportunities.
I received nothing I wanted...
I received everything I needed.*

Diabetes, as all the books say and everyone believes, is a disease that cannot be cured but can be managed with proper diet, exercise and medicines. Partially correct... Well according to me, my friends, Diabetes is not a disease but a disorder, a recessive disorder which may or may not express in a being. So my dear friends, CONGRATS, we

are NOT diseased.

We are the people with special powers given by God via Doctors to control our insulin levels by ourselves.

You might be thinking, this girl is now going to give a big lecture on how to control diabetes just like others do. Absolutely a big NO.

Hello my dear friends, I am **Mridula Kapil**, a diabetic. So what? Well! This article expresses my 17 year old experience as a Diabetic. I am Type-I diabetic from past 17 years (long time...huh). I was diagnosed with diabetes when I was 4. In childhood days, my parents managed

First Person

my sugar levels, my diet and my medication. They motivated me to just fight...fight for my life and to respect what God has given me. He could have otherwise made me a patient with cancer or other horrible diseases. I have grown up and learned a lot from my parents and believe me, whatever I miss to learn or do, God sends me his angels to learn through them. Some of them besides my parents are- **My Doctors**-Dr KK Gupta & Dr Beena Bansal

Ayush and his family- He is the one who always motivates me to workout, fills me up with confidence and is always there for me.

Medtronics-The company whose insulin pump I’m using.

Arti- who installed the pump, is no less than an angel for me.

I remember when I used to cry in the washroom because of being a diabetic. But then I realized that this is not the thing to cry but to show-off. My name has been added in the list of personalities like-Thomas Edison, Halle Berry, Nick Jonas, Wasim Akram and one day “Mridula”- all diabetics!

It’s not that tough as it seems to be.

Are Kareena Kapoor or Bipasha suffering from any disease? No...but they follow a strict diet, are disciplined and work out daily. This is all what a diabetic needs to do along with medication-insulin or oral drugs. I believe that I have been given the power by God to have control on my sugar levels, my intake of insulin. In short, task of pancreas handed over to my hands and my brain. That is all.

Last but not the least, I would like to thank my new angel- Namrata for giving me a chance to express myself. I’m proud to be a diabetic and will always be. ●



The Pride of Delhi: The Delhi Metro

Faiz Ahmed, III B, AIS Mayur Vihar

The biggest thing to have happened to Delhi in recent times is the Delhi Metro. It has changed the way people travel within Delhi. I am one of the biggest fans of the Metro and use it as often as possible. After the arrival of metro in my area, we go out more often and travel to places in Delhi which we would not have thought of before. My father hates driving on Delhi roads but now he is always ready to take me out as he does not have to drive. I am very happy because of this. Since I am so grateful to the Metro, I tried to find out some things about it and here are some interesting facts...

●The first line of the Delhi Metro was started on 24 December, 2002 with the first train running between Rithala and Dilshad Garden stations.

●Presently there are four lines running- Yellow, Blue, Red and Green, the last having recently started in April 2010. The plan is to extend the Metro even further bringing more places and routes within its network.

●Till April 2010, the Metro is covering 110 kms all over Delhi and since its inauguration it has carried over a billion commuters.

●The metro has a network of elevated, ground level and under ground lines. The Yellow line is famous for the Chawri Bazaar underground station which is the deepest station to be built. It is 30 mtrs (98ft) below ground level. Latest tunnel drilling technology has been used to make the tunnels for the metro without disrupting life over the ground.

●The Metro plans to expand further in its later phases connecting the whole of NCR region including places like Faridabad, Ghaziabad and Gurgaon in the coming years.

The Delhi Metro is one of the best things to have happened to Delhi. All Delhities should be proud of it and should use it to the maximum. This will not only help have less traffic jams on road but it will also reduce pollution, and less vehicles will be on the road. If you are interested to know more about our Metro you should visit the metro museum in the Patel Chowk station where the history and progress of Delhi Metro has been displayed. We get to know of how the metro was thought of, how it was constructed and all other details about its functioning. I visited the station and was very impressed to see how with great efforts this network has come up. I am proud of the Metro!●



Barbie is my favourite toy because it has many dresses. I always love playing with Barbie because I love dressing her up, combing her hair. -Haritha Hari Krishnan, IV, AIS Gur 46



The secret to being best friends

Best friends are the siblings God forgot to give us. Everyone has a best friend to share everything with: joys, sorrows, laughter and tears...

Aayushee Sharma
X – B, AIS PV

*“What’s Friendship?
When you call a person by a stupid name and never by their real name.
When they always get angry whenever you tell them that you are busy and can’t reply.
When they tell everything about themselves even if it’s embarrassing.
When they come to see you whenever they get a chance.
When you argue with each other on stupid things and end up laughing!”*
gushes Adhika Agarwal of class X C, AIS Pushp Vihar

Friendship is the need of every person on earth. Friendship is a pure and precious relationship between two people. It is a long lasting relationship which never ends. Everyone has a best friend to

share everything with. A best friend is one with whom you can laugh, fight, cry and share everything. As Anish Deva of Class X B, AIS PV puts it, “Best friends are the siblings God forgot to give us.”

The secret to being best friends is quite simple. All you need to do is:

- Don’t share your friend’s secrets with others.
- Show your interest in their hobbies and encourage them in their studies or work.
- Always stand by your friend whenever s/he has any problem.
- Listen to your friend carefully when s/he talks to you.
- Never talk anything behind your friend’s back with others.
- Accept your friend the way s/he is.
- Never try to make your friend feel guilty in front of others.
- Try to understand their drawbacks and give suggestions to improve them.
- Be honest to your friend and always tell the truth.

- Forgive each other easily and apologize if it is your fault.
 - Give compliments to your friends and make them feel like a special person.
 - Learn new things together and share your opinions with your friends.
- The list can go on forever as every little thing you do for your best friend counts. Shayla Singh of Class X B, AIS PV adds on to the list, “We should share stuff with each other like clothes, accessories, etc to make our bond closer. Spend more time together. Go out for parties or get-togethers.” Once, Shefali Jauhar of Class X B, AIS PV sent me a message: “If a lover is like a moon, then friends are like stars. Have you ever noticed that a sky can look beautiful without moon but never without stars? Thanks for being my star!” You can also send messages to your friends and make them feel special. A best friend is someone whom you find with great difficulty. So always treasure your best friend and never miss out a chance to express it!●

Discover yourself

Aditi Sharma, Senior GT Reporter,
AIS Vasundhara

Have you forgotten yourself in the tensions of God-knows-how-many-topics? Are you afraid of exams? Being scared and finding ways to protect the foundation of your friendship from demolishing? Being shattered after losing a loved one or a serious strife with a closed one? Do you also have one or the other problems mentioned above and are really confused what to do? Are there tensions hovering over your head?

There are many such incidents where people find themselves strangled by weird and maze-like situations! And they actually can’t find a way to get out of this ‘tension-syndrome!’

One tip from me, during such roughed up up times, what you can do is, just forget everything around! Yes! Just think about your good old days, listen to music, dance to your favourite number, read the books which interest you, play games (it depends on you, whether you want to play PC games or outdoor games which kids play, which are quite enthralling!) And, most importantly, just be you! Rather, fix a day in a week where you can party, dance, listen to music, play games... all by yourself! Give yourself some quality time and forget about all the worries. This will not only boost you up, but would also give you many chances to discover you! So go ahead, put all your worries in the dustbin and find a new improved YOU!

A cool summer vacation



Malvika Bhardwaj, AIS Gur 46

Summer vacations, the time of school that every kid loves. Like every summer vacation we have holiday homework to do but it is also a lot of fun! To everyone, a vacation is only a long holiday but to a lot of students, it is a chance to improve upon their studies or even a chance to learn

something new through summer camps. So, I asked some people of their views on a cool summer vacation, and this is what I got to hear ...

“A fabulous pool party, visiting the beaches of Australia and also doing as much school work as possible because once we are back to school, it is the work done in the holidays that will matter,” said **Shubham Sharma, VII-C, AIS Gur 46**. “Playing, sleeping and hanging out with my friends and also doing my holiday homework really quickly, so I have time to enjoy!” exclaimed **Vidur Prabhakar, VII-E, AIS Gur 46**. “Going away from Gurgaon with my friends and family to preferably Leh and Ladhak because that is a beautiful place to see, explore and savor!” avered **Vallari Bhardwaj, Alumnus, AIS Gur 46**. So, where are you going?●

Travel Desk

Rafting in Rishikesh

Parth Khullar
I A, AIS Saket

When the last session at school ended, we had a break for twelve days. A weekend trip was planned by my Papa’s office. So, I, along with my Mom and Papa took a train to Haridwar on Friday night. Next morning, we reached Haridwar; a bus was waiting for us to take us to our camp at Rishikesh. Two hours by bus and we reached our camp at the banks of the River Ganga! It was a long, long walk downhill to reach the camping site. After walking for 50 minutes, we saw some tents and felt quite excited. When we reached our stay site, we were greeted by the owner and his pet Ranjha, a big black Labrador. We sat in the common dinning area, had water, and then were allotted our tent. We got a Yellow and Orange tent named Koel, with two beds and one stool inside. The day was very warm, so we went to a waterfall. Ooh! The water was so cold!

We were five children and we were joined by the owner’s daughter. The Papas went Kayaking, so I played at the beach and made a big sand castle. The evening was very pleasant, as I saw a lot of birds. I played volleyball with Papa. Our dinner was around the bonfire. As there is no electricity, only lanterns were around. The second day we went Rafting; my mom explained what it would be like to go on a raft. I wore my life jacket and helmet, got instructions from our guide and set off rafting. The water would come inside the raft; we got totally drenched, but it was fun!

We were on the raft for almost an hour. When we got off, we were totally exhausted and hungry. Food was served at the river side camp. Our bus was waiting to take us back to Haridwar Railway station. By the evening Shatabdi, we got back to Delhi.

I tanned myself in the experience, but my mom still calls me “beautiful eyes.” It was indeed a wonderful experience!●

Put on your rafting shoes: Parth



Attitude Pill
Chitra Jain, AIS Vasundhara 6

Affection Inspires



Dr. Amita Chauhan
Chairperson

April 27. The valedictory function of the Human Value Quarter, is one day in a year, that I have been celebrating for so many years and yet find it most ‘difficult’ and ‘overwhelming’. Difficult, because in a couple of years, I would be joining the rank of ‘senior’ citizens. And overwhelming because of the love and warmth showered by my children. The cultural programmes presented by the students on this day, that marks the culmination of the many human values lectures, debates, activities, exhibitions, etc held during the quarter in the Amity Universe, give me the strength to grow with grace. This day makes me very happy as I can see my dream come true. My dream to build a world class educational institution would not have come true had it not been for my dynamic principals, teachers, staff, parents and students. They are the pillars on which rests my dream of growing bigger and bigger. Sometimes when children come to me for my autograph, I only say, “You don’t need them. I am there with you any time you need me.” I have always been there to support the endeavour of each child, with commitment and devotion. The energy that I derive out of my love for very child, propels me to be present on every occasion, every time and any time. The love and affection showered by everyone on my birthday, only reaffirms my belief that I am on the right path. And I promise to return all the affection with my heart, soul and mind.●

Chweet talks

"If a kid asks where rain comes from, I think a cute thing to tell him is 'God is crying'. And if he asks why God is crying, another cute thing to tell him is 'Probably because of something you did'."

- Jack Handey, *Deep Thoughts*



Vira Sharma

Kids are adorable. They are so original with their thoughts and words that they amaze me every time I interact with them. Their innocent queries are the finest sources of original thinking. Look at the world from their perspective and there is a solution for every issue. They offer the simplest answers to the most complex problems as we hear them perplexed. Here’s some conversation overheard...
-Mamma, every time you leave me and go out, my heart becomes a circle. So Chweet!
- If you scan me in this scanner, will I also become an animation in the computer? So simple!
- A nursery kid advises her journalist mother – Mom, you are not as intelligent as my teachers, that is why you go for special lectures in senior classes only. How cute!
- Thank God I was not born in the ‘Stone age’ – otherwise I would have been born a monkey too. Thank God indeed!
And then one day I heard a grandmother narrate the popular fable tale to her grandson, wherein, a lion sees his shadow in the well and jumps into it, thinking that it is bigger animal. At the end of the story, she smiles and tells the grandson, I would often narrate the story to your mother and then ask her, ‘What is the moral of the story – *Akl badi ya bhai?*’ (which is superior, brain or buffalo?) and she would immediately rattle - ‘*Akl.*’ But then, she would return an hour later to ask, how can it be true..*Akl* is so small and a *bhai*, so huge?
This time the grandmother put the same question to the grandson. He thought for a while and answered: Can you tell me their birth dates?●

Mytho-what?

Chitra Jain

XI, Vasundhra-6

From parties to PSPs, clubs to ice-cream tubs; everything is ‘kewl’ for GenZ today. In a young person’s lexicon, everything is either “cool” or “it sucks.” What is the one thing they dread and what’s that they are hardly concerned about? Read on to find out!

Years ago, when you and I were still learning to hold

fingers and walk, Nirvana released their immortal chartbuster ‘Smells like Teen Spirit’. A long time since then, the ‘teen spirit’ seems to loom larger by the day.

Teenagers are a uniquely human phenomenon. As Aditya Kashyap of *Jab We Met* fame would put it, ‘Hum ek hi piece hain!’ If Chacha Nehru would’ve been alive today, he would’ve turned pale at the shape of childhood today. Present-day kids live super-sonic lives and want everything to move at the



same pace; be it academics, entertainment, technology or even relationships. They’ve no space for sloppy impediments in their lives; neither do they have the patience for it. They’re fast gearing up to merge with the rat race- or completely detach from it. Their creativities know no confines; even if it means breaking out of social norms. But somewhere in the midst of all this hustle and bustle, they’re mutely alienating themselves from the rich culture they’d inherited. Words like ‘traditions’ and ‘rituals’ are too weighty to bear now and tales from the *Ramayana* and *Mahabharata* are best left unheard. Teenagers are hardly to be seen at religious gatherings; they’re too exhausting and boring to be attended, isn’t it? The word heritage seems to hold no meaning unless there’s money and power attached- at least for some of us it does. But we seem to have valid reasons, or rather excuse for it too. Today’s generation is largely turning agnostic with no desire of believing in something they’ve never witnessed. They would rather concentrate on what they can accomplish with hard work rather than pray for it to happen miraculously. Besides, what’s the use of knowing something that happened millions of years ago with no relevance today? How would the fact that it was Ram who broke Shiv’s bow get them a decent job today? These are only a few worries we teenagers face today. There’s a lot more to worry and care about than age old sagas. But a little knowledge won’t hurt, you see. The topic is indeed non-debatable and only time will tell if mythology would save the world.●

A Ray of Hope can mould your life...

Vaishali Mahajan

XII D, AIS Saket

“There is a light in this world, a healing spirit more powerful than any darkness we may encounter. We sometimes lose sight of this force when there is suffering and too much pain. Then suddenly, the hope will emerge through the lives of ordinary people who hear a call and answer in extraordinary ways,” said Mother Teresa. Hope is the feeling that keeps us afloat in situations that threaten to engulf us and leave us with sadness and grief. It is also one of the Christian virtues that help us go far in life, but in today’s time, when there are ever increasing reasons to feel demoralized, we need a handful of sunshine and a pocketful of promises to enable us to see the light at the end of the tunnel which is undoubtedly always

there. Hope is that interplay of light and shadow that leaves us fascinated and convivial. Life is what we make of it, do not be afraid of what it brings to your threshold, instead embrace its uncertainty vigilantly. The barren trees of autumn do not look frail in



their deprivation; instead, they stand erect in their certainty of the spring to come. Similarly for the soul that feels weary, there is always the promise of a beautiful spring at the end of a merciless autumn. Life is such that it will

encompass happiness and pain both, but the greatness of human nature lies in living every precious moment of life in a jovial manner. If something as majestic as the sun fades away for a black sooty darkness, then how can our mortal lives remain unaffected by grief and sadness? But just as the sun loses its brilliance to rise stronger, the darkness of our lives is also only momentary after which there is a promise of certain light that will alleviate all the moments of agony in one fleeting moment of blithe joy. Taking a leaf from a page of nature and the interplay of night and day, we understand that as much as the heart may hurt and as much as there might be a defeated spirit within us, all we need to do is to keep our heads held high and believe that at the end of the journey of sorrow, there will be light, then the world will conspire to bring that happiness to our doorsteps.●

Is paper really ‘in’?

I was reading The Global Times edition April 16-30. I read one article written by Mehek Zubair of AUUP on page 10 which proclaims ‘Paper is in’. Unfortunately, we the people of India only ask the citizens to save paper. We should also remember that more use of paper will only re-

GT M@il



sult in cutting of more trees. I think we can use our old bed sheets, pillow covers to make cloth bags. One student of AUUP has clearly made a point that paper was to not only be used, but reused. Paper can be reused once or twice, but cloth can be used again and again. Actually, only they should be used. They save paper and trees.

Neelakshi Khanna, VIII-B, AIS Gur 46

I’d like to take this platform to express my heartfelt concern that struck my mind after reading many awe-inspiring journals published in the newspaper. I am a regular reader of GT and get inspired by many articles that I read. The articles regarding global issues are really inspiring and need to be appreciated. My favourite page is sports as it gives me information of many sports events that are going to take place. From the columns of this page, I come to know about the personal and professional lifestyles of many great sportspersons. I’d like to see more and more such informative articles in the newspaper!

Ateek Singh, X, AIS Gur-43

Pearls of wisdom

Responsibility

Aakanksha Hiremath

VIII D, AIS Noida

“A duty which becomes a desire will ultimately become a delight.”
-George Gritter

People with character accept responsibilities. They take decisions and determine their own destiny in life. Accepting responsibilities involves taking risks and being accountable, which is sometimes uncomfortable. Most people would rather stay in their comfort zones and live passive lives without accepting responsibilities. Abraham Lincoln once said: “You cannot bring prosperity by discouraging thrift. You cannot strengthen the weak by weakening the strong. You cannot enrich the poor by impoverishing the rich. You cannot establish sound security on borrowed money. You cannot help the wage earner by pulling down the wage payer. You cannot build character and courage by taking away a man’s initiative and independence. You cannot further the brotherhood of man by inciting class hatred. You cannot keep out of trouble by spending more than you earn. You cannot help men permanently by doing for them what they could and should do for themselves.”

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Beat the heat this summer with a wide range of refreshers and chillers!

Surbhi Aggarwal, AIS Vasundhara

In summers, it is very important to keep oneself hydrated the whole day. But you get bored from drinking water! You need a break. It's now that we think of having a cola. But we are also health conscious and prefer to stay away from aerated drinks! So the question remains-what the hell will you drink then? So here I come to your rescue with

some magic liquids. They are healthy substitutes to aerated drinks. These are easy to prepare at home, therefore, ensure hygiene and are also economical on your pocket. Here's their star power...
AMLA JUICE: Good for skin ailments. Builds the capacity of liver. Reduces weight by improving digestion. Controls blood sugar and cholesterol. Cuts down the effect of over-eating. Improves eye-sight.

MILK: Helps prevent osteoporosis, hypertension, kidney stones and colon cancer. Vitamin B12 in milk helps in the formation of Red Blood Cells. Helps maintain bone mass. Phosphorus in milk helps in the release of energy from fat. Good for eye-sight too.
POMEGRANATE JUICE: Helpful in maintaining levels of cholesterol. Good for heart diseases. Has a high level of anti oxidants. Helpful in thinning of blood. It

possesses anti-cancer properties.
TEA: *(should be taken in moderation as it is addictive)* Has anti-cancer properties. Boosts mental alertness. Boosts immune system. Lowers stress levels. Has anti-venom effects.
WOOD APPLE (BEL FRUIT): Prevents indigestion, diarrhoea and dysentery. Good blood cleanser. Prevents scurvy; deficiency of Vitamin C. A sweet drink that diabetics can enjoy. Re-

hydrates, refreshes and energizes body instantly. Strengthens brain, kidney, eyes and stomach. Hastens recovery from jaundice. Helps fight cancer.
COCONUT WATER: Used for re-hydration. Is anti-fungal, anti-viral and anti-microbial. Is a healthy electrolyte drink. Heals digestive tract disorders. Is used as a health and beauty aide. So, are you ready to take on the heat? ●

Summer diaries

Make this summer even more invigorating by experimenting in the kitchen yourselves. Whip up chilled concoctions with different flavours and, don't forget to add the ice!

Aastha Garg & Shreya Gauba
X D, AIS Mayur Vihar

Are you looking for summer chillers to keep you cool this summer? Cold drinks are the first thought, but all you hear is a speech on 'harmful effects of colas' for maybe a thousand times. So, as the temperature around you soars, look for other options to cool you off. Here are some refreshing ones...
LEMONADE: Lemon fruit with its wonderful fragrance mixed with sugar and water (and maybe, salt) can act as a great summer refresher. You can go to the canteen and buy it or better, make it at home by sparing only 5 minutes for mixing. This will be a healthier option as the citrus fruit provides us with Vitamin C which has an anti-bacterial effect on our body.
MILK SHAKES: Are you tired of your mom always nagging you about drinking milk? Here is a way to keep her happy as well as satisfying your taste buds. Introducing Milkshakes and Smoothies... Milk is a thirsty man's drink and when

chilled, it can do wonders. Give your taste buds a luxurious experience by flavouring the milk with chocolate or strawberry. You can blend it with fruits of your choice such as mangoes, bananas or blueberries and then add a scoop of ice-cream to it. What about having some fun in the kitchen too? For it to be fun, experiment with different flavours like caramel, coffee, malt or vanilla added to your drink. These drinks will take you on a ride and make you explore the wonderful taste of milk like never before!
FRUIT JUICE: A refreshing chiller, this is for those people who enjoy fruits and are health conscious. Fruits are a great gift of nature that promote good health. So, take a mixer and set down your favourite choice of fruits, combine them interestingly like cherry and grape, strawberry and kiwi and quench your thirst with a glass of cool, frothing fruit juice. This revitalizing drink can be found in every nick and corner of your city to spare you some trouble. And of course, don't forget the ice!
COLD COFFEE: If it's really hot outside and

you want to cool down but still want to get your caffeine and coffee flavour, cold coffee is the way to go. Like all drinks, it can be made at home but for exploration, you can spend some of your pocket money on Barista or Café Coffee Day to unwind interesting conversations over a cup of cold coffee with ice cream of your favourite flavour. Spending hours in the air-conditioned Café and having fun with friends...who wouldn't like it? So this summer, do things differently, give colas a break and explore the wonderful world of drinks (hey, with a lot of ice cubes) that you'll really miss in the winters!●





Galloping around

Riding seems to come naturally to **Karn Nag**, a student of VI F, AIS Noida. Exposure to horses was rather early as his maternal grandfather and great grand father Major General RN Kacker and Colonel NN Sayal retired from the Remount and Veterinary Corps of the Indian Army, and an opportunity to ride on good horses was always there. Karn has been riding ever since he was in KG with Amity Riding Academy, Noida. Due to various constraints, (availability of horses, etc) Karn has only been able to compete in the Horse shows held in Delhi, which is only once a year in the months of March and April, where participation is from across India. For competing, Karn uses only Army horses, thus to have a regular practice with them, he travels to Meerut every fortnight. He is the only rider from Amity to compete in equestrian events like *Show Jumping* and *Dressage*. He has been achieving laurels for the last five years for his school and even got

The Best Rider Trophy in 2008. In 2009 he won a bronze in *Dressage* in the Junior National Equestrian Events. *Dressage* and *Hacks* are events where the horse and his rider are judged on their coordination, grooming and personality. In *Show Jumping*, various courses need to be covered by the rider; with a new course in each event, the rider is judged according to the time taken and faults made. The heights for the jumps vary and are up to 3 feet. This year ‘The Great Noida Horse Show’ was held in Noida, for the first time from 21st -28th March in which Karn received:

- 1 Gold in Hacks,
- 2 Silver in Show Jumping
- 1 Bronze in Show Jumping
- 1 Bronze in Dressage

In ‘The Delhi Horse Show’ held from 3rd April-11th April, he bagged:

- 1 Gold in Hacks
- 2 Silver in Dressage
- 1 Bronze in Show Jumping

(Shared by Ms Anuradha, mother)●

Sporting Summer Action

Amlaan Kumar
VII E, AIS Noida

With the summer vacations round the corner, once again it’s time for all to flip through their favourite television channels within the cool air conditioned home environment. And if you are a sports buff, then get ready for the mega sporting action this summer that promises loads of excitement.

Football: There is a great news for the

football crazy fans. You can remain awake till midnight to watch the finals of UEFA Champions league, wherein Inter-Milan prepares to take-on Bayern Munich on May 22, without any reminder from your parents to sleep early (as you don’t have to catch your school bus the next morning). The icing on the cake is the freedom to catch up with FIFA World Cup too, being held in South Africa from June 15, 2010.

Cricket: IPL may be in news for all the wrong reasons, but cricket fans need

not worry. There is a lot in store for you. World Cup T-20 has arrived. The match that commenced on April 30 in West Indies shall bowl the cricket buffs till May 16. Then there is the one day tri-series in Zimbabwe between May-June that will involve Sri Lanka as the third too. The series to begin on May 28 had India agreeing to play after replacing New Zealand, which pulled out citing security issues.

Following suit is the next edition of the Asia Cup to be held from June 15-25 in Sri Lanka. As per the Asian Cricket Council, seven ODIs will be played in the 10th Asia cup featuring India, Pakistan, Sri Lanka, UAE, Hong Kong and Bangladesh.

Grand Prix: The F1 fans can hold on to their driving seats and zoom-in to cheer Force India to win the title in the Monaco (May 13-16), Turkish (May 20-30), Canada (June 11-13) and Spanish (June 25-27) Grand Prix.

And for all the sporty fun and excitement, all you need is a huge bowl of popcorn, some cold drinks and you are ready to tune-in to your television sets.●

- Watch out
- UEFA Champions league
 - FIFA World Cup
 - Summer T-20
 - Zimbabwe tri-series
 - 10th Asia Cup
 - Grand Prix Monaco, Turkish, Canada and Spanish



Skating queen



Medhavi Goyal, a young achiever of KG 4/W A, AIS Noida has brought laurels to the school in skating. Medhavi took part in the skating competition organized by Dwarka Sports Complex on 24th December 2009 at the age of 3 years and 10 months. This being her first competition, she won a bronze medal with only 20 days of practice. Thereafter she participated in Delhi roller skating competition in Chilla Sports Complex in the

month of January and won a Gold medal in her category. Yet again, she participated in the Noida Open Skating Championship organized under the aegis of Noida Authority in Noida stadium and has again bagged a Gold medal!

Skate stats: Delhi Skating Championship- 3rd; East Delhi Roller Skating Association (Chilla)-1st; Noida Roller Skating Association, Noida Stadium-1st. (As shared by parents)●



Delhi safe & secure for Commonwealth: Kalmadi

Organizing Committee Commonwealth Games 2010 Delhi reiterated its confidence that the Commonwealth Games, to be held in October, will be hosted in a safe and secure environment.

Commonwealth 2010
Countdown



Commonwealth 2010
Chairman: Suresh Kalmadi

“The Ministry of Home Affairs and Delhi Police have been working on making the best security arrangements for the athletes and visitors in the Commonwealth Games. We are leaving no stone unturned to make sure that the Capital is safe and secure,” Organising Committee Commonwealth Games 2010 Delhi Chairman, Mr. Suresh Kalmadi, MP, said,

“The Commonwealth Games

Federation has been advised by its international security consultant that India is making the best security arrangements for the Games,” he said. “CGF President Mr Mike Fennell was also satisfied with the security arrangements. We have been planning the security arrangements for many years and the Government has spared no expense in asking for the best equipment and personnel to be in place. The security arrangements are constantly being monitored by the Organizing Committee Commonwealth Games 2010 Delhi in tandem with the Ministry of Home Affairs and Delhi Police. We are sure we will have a safe and secure Games and that the athletes will be able to perform, assured that they would be given the best protection,” Mr Kalmadi said.

World Champ Steve Hooker leads Australian squad: Athletics Australia has named a 69-strong squad for the Commonwealth Games. As many as 41 athletes

earned automatic nominations to the team based on their results. The squad includes 12 disabled athletes, the best-known being wheelchair racer Kurt Fearnley in the 1500m. Newly-crowned national pole vault champion and athletics team captain Steve Hooker (pole vault) will lead a squad that features a mix of youth and experience, with Liz Parnov (pole vault) the youngest athlete at 15 years of age and track veteran Patrick Johnson, the oldest at 37. John Steffensen is another big name who will defend his 2006 titles in Delhi. Fabrice Lapierre, Chris Noffke and Mitchell Watt were all named in the men’s long jump. Australian Commonwealth Games Association Chief Executive Mr. Perry Crosswhite said the Games were a great place for young Australian athletes to “learn to win [against international competition at a major event]. The Commonwealth Games gives them that opportunity (to win), then

they go on (to win elsewhere). That’s what happened with Steve Hooker who won at the Commonwealth Games, then went on to win the Olympics and world championships.”

England will send biggest squad to the Games : Chairman Sir Andrew Foster has said that the England team for the XIX Commonwealth Games 2010 Delhi will be the biggest it has sent for an overseas Games to date, with a team size that is likely to be more than 550. “England’s intention is to compete at the Games and we are currently making arrangements to create the best possible environment for success in Delhi,” Sir Andrew told the BBC. CGE is confident that athletes will be safe in India, given that Delhi recently hosted the FIH World Cup and a slew of other test events without any security problems.●

(Press release from Communications Team, Organising Committee, Commonwealth Games 2010 Delhi)

Summer Holidays

Deepti Mahajan, IV F/ W B
AIS Noida

Summers are holidays to enjoy,
To play with friends and toys!
To get rid of books and studies,
And chat on internet with buddies!

In summer holidays we get
to play for hours and hours
We are also free to buy clothes,
balloons and flowers!
This is the best time we can eat
ice creams and junk food,
And remain throughout
in a happy mood!

It's also time to go with
our grandparents for trips,
And dance happily
with our family and relatives.
No tension of tests and exams,
in our brains.
Its time to merrily play
computer games!

This is the time for swimming,
playing badminton and having fun,
And also for singing, dancing, painting
and basking in the sun!

No wonder I find,
that I am eagerly awaiting,
my 2010 summer holidays!

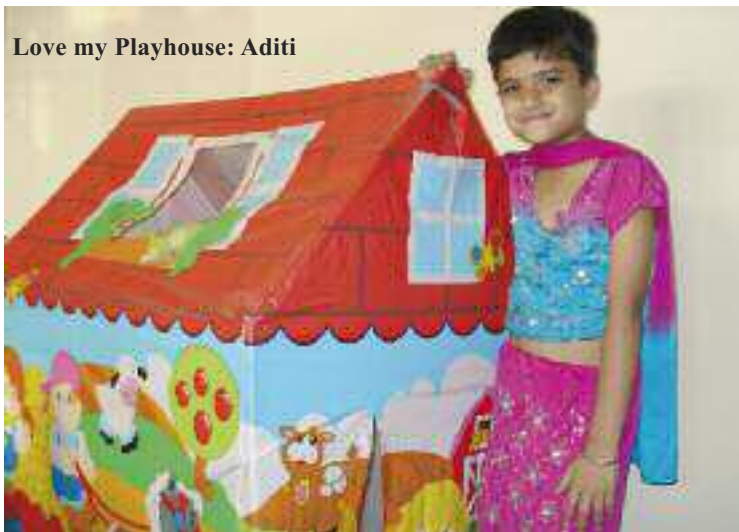
The monkey man learns a lesson

Shinjini Biswas, V A/W B
AIS Noida

“Little children, never give
Pain to things that feel and live.”

Susan, Neha, Jasbir and Ali were firm friends who loved animals very much. Susan had a pet dog, Jasbir kept a rabbit and Neha, a cat. One day while they were playing in the colony park, they saw a monkey man approaching. He had two monkeys. He was making them dance and do tricks. The female monkey was limping, and yet, he made her perform. Neha said, “Monkey man, let the animal be.” “I will not,” the man said. “Can’t you see, they are my bread and butter?” The four friends felt for the animals. They hated cruelty in any form. Neha

ran home to her mother who was a doctor. Jasbir decided to call his sister. She was a teacher. She talked to the man, but he didn’t listen to anyone. They went to Ali’s father. He was a policeman. He came to help the children. He said, “Monkey man, do you know you can be punished for being cruel to animals?” Neha’s mom said, “Let me first put some medicine on the wound. Then you must give them to the NGO which cares for animals.” The man meekly said, “I have learnt a lesson from these children. Please forgive me.” Kindness and consideration towards animals should be our motto as: “I cannot change the whole wide world, I cannot save each and every animal. But if I can save just one, It will surely change the world of that animal that I am saving!”●



Love my Playhouse: Aditi

My Play House

Aditi Banerji, II A/W A, AIS Noida

On my last birthday, my mother gifted me a play house. It is one of the best gifts I’ve got. My play house looks like a mini hut. It is brightly painted in many colours. It has one door and two windows. When my friends come over, we enjoy playing inside it. We play with Barbie, kitchen set and board games together. I also read my favourite story books there. Sometimes, I decorate it with streamers and balloons. I like to spend my free time curled up inside it. I love to play in my playhouse!●

Mother's Day Special

Mother's Day is on May 9, 2010

Shreya Gupta, IX A, AISV -6

A mother is the blessing;
Who loves and cares!
She is the boon,
Who her life with us shares!

The mother is the first one
To grasp our thoughts!
She bears obstacles alone,
Always making loving knots!

She is a wonder
Who is just impossible to describe!
Like the very humble;
Heart of all might!

She offers great affection,
Without any desire!
It is a loving reflection,
Worth limitless to admire!

So give the full respect,
Since this love is the loadest!
Try to regard her with the fact,
That, she isn’t less than a goddess!

Simran Sachdeva, AIS PV

A bag full of love she has,
she says, “You’re my lass!”
She loves me a lot,
I say, “What a mother, I’ve got!”
She has a very sharp mind,
With every good thing she is combined, ideas come sparkling out of her mind, she’s very kind,
When I make a mistake she doesn’t mind,
Whenever I give her a rose,
You can’t imagine what an expression she shows,
She is very nice, even wise,
She helps me in Maths, SST, English, Hindi & Science,
On reading this, you’ll obviously say her mind shines!

Richa Avtar, IV B, AIS V-6

Oh! My mother loving and caring,
Children’s naughtiness you are bearing,
Sometimes you say go out and play,
And sometimes you say go clean up the clay!
You like to watch movies of wizards,
But scream and are afraid of lizards!
I like to eat your tasty food,
I like it best when you are in a happy mood!





By Namrata Gulati

Celebrating Abhivvyakti

Namrata Gulati

AIPS fest ‘Abhivvyakti’ was all about understanding and exploring the self better. In order to allow Amitians to go soul searching, Abhivvyaktis (or those behind making the AIPS event a success) organized a psycho-metric test, a compatibility test and handwriting analysis. Let’s hear it from the Amitians themselves...
Psychoanalyzing: In order to assess the personality traits of an individual, the psychometric test was organized into varied questionnaires that comprised of questions on the following: personality and attitude, emotional maturity, compatibility, motivation/aspiration and personality drawing. For once, Amitians keenly and happily participated in tests

and the results drawn were greatly satisfying as a chat with Kritika Thakur, a student of B-Tech Biotech III, reveals, “My result was 90% accurate. Out of the six traits that I have been judged on, five are true.” Amit Yadav, MBA Marketing, first year student joins Kritika’s league, “My result has been 100% accurate. Yes, it has been rightly analyzed through my handwriting that I am aggressive, family-oriented and individualistic.”
A compatibility test won hands-down in popularity, evident in the swarming-up of Amitians to take the

test. “Umm... the results are quite true. If I have to rate the accuracy of the results on a scale of 10, then it’s 9.5!” grins Shubham Goel, B-Tech Biotech II. On a little probing, Shubham shyly discloses his compatibility partner, “My girlfriend!”
Jai-and-Veeru-like-friends, Ravi Yadav and Sunil Kumar (B-Tech Biotech II) learnt of their compatibility too, which they shout out in chorus, well, almost, “Our compatibility comes out to be 9 out of 10,” they share, with their hands around each other’s shoulders.

Gone with the Games: AIPS made sure to keep the flocks excited through games like Bull’s Eye and Cricket. Needless to say, the response was overwhelming. Abhivvyaktis Aakriti Jain and Jyoti Agarwal say, “In these games, whosoever wins, takes away exciting prizes sponsored by Makro Sports, board games like Square Off, Kingdomquest and Pyramid for instance.” Among the many participants was Nitin Sharma, AISST, bent on winning, “I’m a national cricketer and I need to prove it to my friends!” Just as participants continued to multiply for games, the crowds doubled speedily too, cheering and applauding the performances; someone in the audience was heard saying, “This is exciting and I must go participate too,” and he quickly rushed to register himself! ●



Renowned Singer Sukhwinder Singh visits Amity University

When renowned singer Sukhwinder Singh visited Amity University, Noida, a charged up atmosphere and excited students was the conspicuous effect. The singer was here recently to promote his

film ‘Kuch Kariye’ in which he plays the lead role. Accompanying him was Shriya Narayan, who pairs opposite the singer-turned-actor in the movie. The Bollywood singer went on to provide a valuable insight into his debut film that

invokes the commoners to arise from their slumber and do something about the worrying socio-political climate of the country. After Sukhwinder Singh amicably answered a host of questions raised by curious students, he crooned a number of super hits like *Jai Ho*, *Chaiyaan Chaiyaan*, *Chak De India*, on the requests of his student fans and signed autographs for them. Later, as the singer took a stroll around Amity University, he was enthralled by the sprawling infrastructure. He was all praises for the atmosphere at Amity which is conducive to quality education and expressed a strong desire to enroll himself in one of the courses offered here. He also made an announcement of performing at Amity University, completely free of cost and said how much he would appreciate if the funds raised out of his performances from the sponsors go into further developing the Sports Education and Science and Research in the University. He also expressed that of a share of that, he would like to dedicate to providing education to more and more students, particularly those coming from the underprivileged sections of the society.●

AU Ahmedabad on industrial visit

It was an enlightening day for the MBA students of Amity University, Ahmedabad when they undertook an educative yet fun-filled industrial visit to Nirma factory. The students closely observed the control room and the production plants of Nirma, like Nirma Shudh Salt, Nirma Soap and Nirma Washing Powder, which was followed by a visit to the Maniyar Wonderland, a popular Snow Park at Sanand in Ahmedabad. The visit was mentored by Ms. Kalika Bansal, Asst. Professor and Academic Coordinator of MBA program, AGBS, Ahmedabad and Mr. Joel Sarosh, Faculty Research (Center Head) of Amity Research Center, Ahmedabad. The valuable opportunity was provided by Mr. Manish Dholakiya, Associate Dean, AGBS, Ahmedabad.●



Amity riding high on success

Amity Riding Academy won laurels at the Silver Jubilee Delhi Horse Show. ARA fetched itself 28 Gold medals at the event, which included 10 Gold, 5 Silver and 13 Bronze medals during the event. Haryana Police, Delhi Police, NDA, DPS-Noida &

Gurgaon, Goenka World School, etc were among other participants. ARA repeated history as the Academy had earlier participated in an International competition ‘The Great Noida Horse Show’ wherein Amity shone bright by winning 6 medals.●

AIBS Noida concluding ceremony

The Concluding Ceremony of MBA (IB) and Integrated MBA (IB) was accompanied by ambitions, nostalgic moments and pride. The event was presided over by Pro VC (I) & Director General, AIBS, Dr Gurinder Singh which began with the planting of Neem trees by students. The

coming together of students to plant trees was a significant step towards spreading awareness on environmental issues and focusing on human values. Dr Singh shared some moving experiences with his students that brought joy to hearts yet tears to eyes. He concluded with some extremely motiva-

tional and encouraging words to students. Some of the most awaited awards were clinched by Pryerna Bajaj (Best Student in Human & Traditional Values), Hasan Raza (Best All Rounder), Apurv Setu (Best Business Acumen and Awareness) and Neha Kalra for Best Leadership Qualities.

Saving Earth

Vaishnavi Sridhar

AIS Noida: Earth Day was celebrated by organizing slogan writing, face painting and a plantation drive on April 21, 2010. The festivities continued the next day when Dr BK Sinha was invited to deliver a lecture. He enlightened the students by saying that global warming was an issue that endangered national sovereignty, threatened lives of the future generations and strained international relations. He also said that most of the road accidents were a result of the increase in concentration of oxides of carbon, nitrogen, sulphur and other greenhouse gases. He added that these gases weakened reflexes. He concluded his lecture by saying that there were



Green crusaders: AIS Noida kids planting saplings

EARTH DAY SPECIAL



Save Earth, scream posters: AIS Gur 46

three main reasons that governed environmental conservation -ethical & ecological reasons and our reliance on the environment for physical existence. The students were also shown the award winning documentary 'An Inconvenient Truth' made by Al Gore. The documentary talked about rising levels of carbon dioxide and temperature, retreating of

glaciers and occurrence of natural calamities as a result of global warming.

Padmini Das, Teacher

AIS Gur 46: Earth Day was celebrated in AIS Gur 46 with an assembly presented by students of X B, followed by the planting of saplings. These

saplings would be taken care of by the children.

Assembly: The year is 2080 and the scene is about 2 students of Amity, studying for the upcoming examinations. The lectures and notes are all on their I-pads. One of the lectures seems to have got erased and the children are making their way to the IT lab using a GPS system.

The erased lecture is of a school about 70 years ago where students used pen and paper system and scribbled for three hours to write an examination. There is another student who has a couple of robots roaming with her, helping her to find, edit and copy the notes that this 'intelligent' but lazy student does not have. In the examination, the student invigilator is called Mr Google who has a terrific capacity of doing research in nano-seconds. The system of examination works by voice/memory recognition mode, the students do not have to write, they simply think of the answer and it automatically gets ticked on the computer screen. All the while, the children are sitting in their 'thinking' chairs attached to the computers. In about half an hour, the exam is finished and then the reality strikes. It was all a dream! Two brothers had dreamt this after having fallen asleep while studying for their history exam. But the two are convinced that this was not merely a figment of their imagination and this may soon turn into reality. The assembly was short and crisp and the children enjoyed the imaginative presentation.●



World Health Day

'Health is Wealth' goes the famous adage and today's modern lifestyle needs reiteration of importance of health and well-being with respect to our young generation. **AIS Mayur Vihar** celebrated 'World Health Day' on April 7, 2010 to create awareness about maintaining good health among students through a special assembly in which students presented a short skit depicting the need

for a healthy lifestyle and ways to achieve a healthy state of mind, body and soul. Chairperson Amity Schools, Dr. (Mrs.) Amita Chauhan, in her message conveyed the importance of healthy living and stressed on exercises for young students. Principal Mrs. Sarita Aggarwal emphasized on the need for yoga, meditation, nutrition and exercise to be implemented in the daily life of students.●

Twin success

Vasvi Yaksh, III A, AIS Saket appeared for her 5th term exam and was ranked the First Runner – Up, in the 5th State Level UCMAS Abacus and Mental Arithmetic Competition which was held in Delhi on April 18, 2010. Her sister **Vidushi Yaksh, II B, AIS Saket** was ranked the Second Runner – Up in her 1st term exam. Vasvi began her journey with UCMAS in the year 2008. Her first exposure to the competitive exam was in the year 2009 when she appeared for her 2nd term exam and was ranked the Second Runner Up at the 4th State Level UCMAS Abacus and Mental Arithmetic Competition which was held in Delhi. Thereafter, she was selected to participate in the 9th All India UCMAS Abacus Mental Arithmetic Competition where she got a Consolation Prize. Vidushi soon followed her

sister's footsteps. This was her first exposure to this level of competitive exams and she passed it with flying colours. Vidushi was ranked 1st at the GTSE exams organised by Amity International School in 2009. Both Vasvi and Vidushi have achieved these laurels as they have strived very hard with rigorous practice of several sheets of sums everyday from 2-3 months before the exams as well as regular practice of Abacus on a daily basis. UCMAS has helped them not only to enhance their mathematics skills but has developed their overall personality as they were able to achieve their goals in their academic session too. Here's wishing them all the best for their future endeavours. (Shared by Vrinda Yaksh, mother of Vasvi and Vidushi)●



Parent orientation



AISV-6

AIS Vasundhara-6 organised two workshops for the parents of class IX students. The first workshop was aimed at acquainting the parents with the continuous and comprehensive evaluation pattern introduced by CBSE. Senior Coordinator Ms. Meenu Mathur Jha gave an overview of CCE, enlisting its components-Formative Assessment and Summative Assessment. Teachers helped parents to understand that CCE aims to provide a holistic profile of the learner through an assessment of scholastic and non-scholastic aspects

of education. Counselor Ms. Meenu Bhargava elaborated that CCE helps to identify positive attributes of the learner which are not usually assessed. The workshop on Parenting was conducted by Dr. Bhavna Barmi, a clinical Psychologist to help parents of adolescents gauge the psychology of their children. Parents were informed about 3 aspects of adolescent personality-Intelligence, Emotional and Social Quotient and the new mantra of parenting-effective communication. The programme culminated with a vote of thanks.●

AIS Noida

Usha Verma, Teacher AIS Noida

AIS Noida organised Parent Orientation Programmes for class V and VI on April 13 & 17, respectively. Principal Ms Renu Singh in her welcome address reiterated, the need to instil correct morals and values in children. Guest Speaker Dr Kanika Khandelwal, Senior Lecturer, LSR, Delhi University gave interesting insights on parenting. School Counselor Ms Anjali Mehta, who was the guest speaker for class VI parents, threw light upon the inherent problems faced by adolescents and the approach that parents and teachers

Every new session brings along both excitement and anxiety. With this thought in mind, Orientation Programmes were organized for the parents of classes I and V at the beginning of the session. The programmes commenced with the lighting of the lamp followed by chanting of 'shlokas' by the tiny tots and 'Ganesh Vandana' by the students. Principal Mrs

AIS MV



should adopt to deal with them effectively. The Invocation Prayer, a dance recital— 'Ananda', presentation of Sports and Theatre, skit - 'The Charms, Challenges and Chaos of Adolescents' enthralled the parents. The programmes concluded with interactive Q&A sessions effectively addressed by the guest speakers.●

Sarita Aggarwal, welcomed the parents. Vice-Principal Mrs Rashmi Sharma, made the parents conversant with the curriculum and the evaluation system. Thereafter, the parents had an interactive session with the school counselor wherein excellent strategies to deal with children's behaviour were explored to ensure the holistic development of the students. ●

Guiding Guardians

AIS Noida invited parents of nursery students for a guided tour during the nursery orientation. Parents share...
Rajat & Neha Mehra (Nur 5/ W B): *We were enlightened about what our child is going to experience. The teachers were humble and polite.*
Parents of Agneya Verma- Nur 6/WA: *I can see that the school has an excellent academic records which will provide ample opportunities for the holistic growth of my child.*
Amit Gupta, f/o Parth (Nur 5/W B): *The tour was well conducted and very detailed.*
Ankur & Vipra Jain, parents of Sanyam Jain: *The tour made us feel even more contented and proud to be Amity parents. We're sure our child will become a 'complete' person.*
Shivani and Praveen, parents of Isha Chakravarthy: *The enthusiasm of teachers is encouraging especially for the parents.*
Priyanka Singh, m/o Anwesha Singh: *I congratulate the school management for the unique tour.*
Nupur Sethi & Varun Sethi: *The guided tour was overwhelming. The school is all set to churn out some busy bees.*

A Colorful Ballet

A vibrant palette, a salsa of hues, that’s what ‘Dance of Life’, is all about!

Tulika Banerji

Your very own art exhibition in school-sounds incredible? Well, Avantika Kochar, IBDP (International Baccalaureate Diploma Program) student of Amity Global School, Gurgaon made it possible through her art exhibition ‘Dance of Life’, as part of her final assessment. Brilliant reds, radiant fuchsias, lustrous greens, shimmering blues and even blacks and whites, find a happy co-existence in Avantika’s work. For ‘Dance of Life’, she chose ballet as her focal theme, “Dancing is my passion and my theme focuses on different aspects of dance which are presented creatively

such as emotion, drama, expression, movement, rhythm, choreography, struggle and glamour.” Avantika’s work is divided into three parts: Colour, which portrays emotions, glamour and the expressional quality of dance; Black that shows struggle and pain, and lastly, Design. Just as good choreography creates a magical effect in performing arts; in art, it is the design which appeals. One can see subtle influences of French artist Henri Matisse and Spanish painter and sculptor Joan Miro’s style in Avantika’s work. For a novice, she’s painted exotic canvases using a variety of media: acrylics, pastels, inks, print media, tape sculpture, etc. Inspired by ‘La Bayadere’- the love story between dasi Nikiya and a soldier, Avantika has also

designed and created two spectacular ballet costumes, “I’d love to play Nikiya some day!” If you thought IBDP is for those who like it easy, think again. Informs Babita Singh, her mentor teacher, “With Avantika having to put up a minimum of 18 pieces of art in the exhibition and 30 research pages, it is quite a challenge.” Added to it are a wide variety of subjects she took up as Visual Arts HL (High Level), Hindi HL, Biology HL, Maths Studies SL, English SL and History HL. However, all the hard work has only helped mould Avantika’s personality, “I want to thank IB for introducing me to art. My goal is to let everyone know that whether it is art or dance, both involve creativity, passion and hard work!”●



Self made: Avantika putting up her work

Amity Global School’s International Baccalaureate Diploma Programme (IBDP) is a two-year educational programme for students aged 16–19 that aims to provide an internationally accepted qualification for entry into higher education and is recognized by many universities worldwide. In order to participate in the IBDP, students must attend an IB school and complete assessments in six subjects and satisfy three core requirements: Extended essay (EE), Theory of knowledge (TOK), and Creativity, action, service (CAS).



Colour coded: Avantika engrossed in her canvas



Silk lotus



The Mural of Memories



The Crowning Glory



Dance of Life: The gallery



Ramp champ!

On a random visit to a Ritu Beri store with his mom, Sameer Soni, II B, AIS Pushp Vihar was picked up to walk the ramp for the designer’s Baby Beri collection. With around 60 kids from Delhi schools participating, Sameer headed the Indian wear collection and even shared the ramp with Sanjay Dutt. His excited mom shares, “It was a thrilling experience for Sameer and for us as parents too!”

Painting the Town Red...

Aditi Sharma, Sr. Reporter
AIS, Vasundhra

Just imagine! You, painting the town red, blue, yellow, green...rather, in brilliant colours! I am not targeting ‘What to Wear This Summer?’ nor checking your colour basics. But, introducing you to a much talked about art form – Street Painting. Yes! Painting the streets in your own way! This technique originated in 16th century when people painted the streets to mark their happiness. Initially, it was a marginalized art-



form, but now, it is looked upon as a performance based art-form. If you are the happening member of your group and can easily mix with people, this is the right choice for you! Street art is especially meant for extroverts. The most interesting thing is that, it’s a live performance in a public place. Connective performance is the essence of street painting. The big picture is made by using simple tools as masking tape, chalk pastels, sponge, etc. So what are you waiting for? Get your pastels and a smooth road, and start the big thing with small strokes!●

Dragon run

Devyani Goel & Sifat Singh Khalsa
V-B, AIS Saket

Movie: *How to train your dragon*
Director: Dean DeBlois, Chris Sanders
Genre: Computer-animated adventure comedy

A small Viking, named Hiccup, always wanted to kill a dragon but whenever he tried he would end up causing a problem. Once he is told to kill a dragon but instead, he befriends him. He makes the dragon his pet and learns some tricks of controlling dragons

which he uses in his dragon killing class. One of his friends from the class, named Aster, comes to know about the dragon. They both ride on the dragon and see the

Movie review

dragon nest. On the day of his final examination he tries to show his tribe that dragons aren’t fierce till the time you try to hurt them but as usual, causes a problem. As his dragon hears his shriek, he flies off to save him. The Vikings catch him and take him to show the way of the dragon nest. Hiccup begs his father to not hurt the dragon but his father doesn’t

listen. He collects his friends and they all fly on the dragons kept in cages in their dragon killing class. Hiccup releases his dragon and flies on him to fight the giant devil. Watch the movie to find out who eventually wins....

This is a very entertaining movie for all ages. It has great animation and amazing visual effects. It has been tightly edited so one does not feel bored at any point. It has a great message too, inspiring us to think differently. A little lateral thinking can change the course of civilization. This is a thoroughly entertaining movie. We can say it is a must watch for all! ●

