



The Global Times brings to you 'Amitasha Clicks' - a special edition in which every single photograph has been clicked by students of Amitasha, the educational wing of Amity for the less privileged girl child

**Status of the week**  
If a person was drowning in water, which film would you use to click him.  
**Neal Kartik , Judge**  
Photography, GT Awards, 2010-II

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**AMITEpoll**  
Heritage is  
a)Tangible  
b)Intangible c) Both  
  
To vote, log on to  
www.theglobaltimes.in

**POLL RESULT**  
for GT issue March 05, 2012

Is black and white photography making a comeback

Yes	No	May be
80%	6%	14%

Results as on March 21, 2012

What makes you take a photograph? Is it the beauty of the camera or the desire to savour memories?

**Supriya Chaudhary**  
Amity School of Communication

"My camera becomes my canvas, my emotions; my brushes. My dreams, my happiness and my sorrows; the texture of my images. Later I discovered that it was through the lens that I hold the key to new and exotic world." - Ricardo Vela

Today, the 'camera' has become the new protagonist in the novel of professions whose plot has followed a form of a bildungsroman. Call it a phenomenon or the emergence of various options in terms of career- photography has brought about a transformation in the perception of people, their lifestyles, celebrations, et al. With the evolution of technology, the lens too has become an important part of our everyday lives. Look through our lens to know more about the latest trends.

### Hot shot clicks

From pinhole camera to DSLR, from black and white to colour; photography has evolved from a mere fascination to a source of livelihood. Here are some upcoming trends in photography.

**Come home to 3D:** The shift from 2D to 3D is being seen as a major advancement. Though, stereo photography existed earlier, it was difficult to view the images without 3D glasses. But it is now possible to shoot strikingly real images in 3D and view them on camera's LCD panel.

**Frame by frame:** Shooting high resolution images at 10 frames per second (fps) was earlier considered the prerogative of those possessing expensive

# Lights, Camera Frames!



Amitasha clicks GT photographers at work

Imaging: Pankaj Mallik

cameras but the pellicle type semi translucent mirror in use today allows you to shoot at 10 fps.

**Wedding Photography:** The days of bridegroom posing to the camera with plastic smiles is passe. Welcome aboard - the new age wedding photography, where the focus is on clicking moments and not people. Apart from clicking the couple, even meticulous details like the bangles and hairdos are highlighted through 'selective colouring'.

**Monochrome is back:** Monochrome defines nostalgia. Photographers these

days have adopted this technique to reconnect people with emotions.

### DSLR vs SLR

The technological wave sweeping the world has made Digital Single Lens Reflex (DSLR) a toy in the hands of amateurs. Loaded with special features, DSLRs give you the freedom to make things look the way you want them to. It gives range and depth to your photograph unlike SLRs.

### Photographic joy

Fathers Day, Mothers Day and now World Photography Day. Celebrated world over on August 19, World Photography Day al-

lows photographers from across the globe to share their photos and passion for photography. Photography clubs, blogs and forums are a proof that the art has graduated from a mere hobby to a passion.

### For the socially alert

Equipped with a mobile camera, the socially conscious citizens of today are leaving no stone unturned to bring guilty to book. A leading telecom company through its new advertisement urges citizen journalists to not end up playing mock spectators. If this trend catches up citizen photojournalists would soon be giving real photojournalists a run for their money.

# amitasha Clicks

Photography workshop for Amitasha students was not about mastering the art of photography but establishing a perfect camaraderie with the camera and capturing special moments



Alisha Ansari, VIII, AIS Saket clicks workshop moods

**Smita Jain, GT Network**

The two day photography workshop organised on March 16-17, 2012 for Amitasha students was not about understanding the camera or learning to click a perfect shot. It was rather an introduction to the fascinating world of photography.

The workshop saw young and creative Amitasha students being taught the basics of photography like exposure calculation and lighting; along with technical nuances of the art that included depth of field, shutter speed, etc. Commenting on the workshop, Taruna Barthwal, Head, Amitasha, said, "It is a great idea to introduce Amitasha students to skills like photography. It not just adds to their skill set but broadens their horizons and nudges them to explore the world. Now, they know that photography entails much more than just clicking a button."

**What:** Photography Workshop  
**When:** March 16-17, 2012  
**Where:** AIS Noida  
**Workshop Conveners:** Suraj Anant Singh and Safal Chaudhary, AUUP  
**Participants:** 30 students of Amitasha Noida and Saket

The workshop took a practical turn as the Amitasha students set clicking for this special edition. Hence, the workshop not only taught photography concepts but also gave students an opportunity to put to use the newly acquired skills during field trips. Sharing her experience, Kanchal Nishad, one of the participants from Amitasha Noida said, "I enjoyed the workshop thoroughly. It was really enriching. I am so excited that I just can't wait to see the results in print." "Earlier I used to think that anyone

could become a photographer. But after attending the workshop, I realized that there are several factors which have to be taken into account to get desirable results. But the beauty of the results leaves you exasperated," says Soni Gupta, another participant from Amitasha Saket. Describing the workshop as insightful and well conceived, Dr Manorama, Coordinator, Amitasha said, "The students were imparted detailed information about camera and its various parts by the conveners. The theory lessons backed by practical exercise saw students clicking photographs enthusiastically." The second day saw students revising the topics taught during the first day and learning picture composition and taking photographs with a creative intent. To sum up, the workshop proved to be a fruitful endeavour and harboured Amity's aim of nurturing holistic learning and excellence.



It was very difficult to capture the emotions and mood of the model. But with a little help from Safal Bhaiya I was able to get the right shot.

Preeti Sharma, VIII, Amitasha Noida



# Amity Polo Cup 2012

Gallop along with **Namrata Gulati**, GT Network, as she takes you on a hair raising ride to the Amity Polo Cup 2012, which boasted of grandeur, splendour and magnificence, but all for a noble cause

Amity Polo Cup 2012 began on the splendid Jaipur Polo Grounds on February 19. Like every year, connoisseurs, who's who of the city and the Amity family thronged the grounds to support the cause of Amitasha- Amity's initiative for the less privileged girl child and cheer the participating teams. The ambitious battle for the Amity Polo Cup concluded with the grand finale on February 26. This was preceded by an exhibition match between Axis Bank and Amity, won by the indomitable Amity team. The deciding match between the strong-willed Panasonic and Cavalry-USPA team was set in motion by Mr Atul Chauhan, Chancellor, Amity University Uttar Pradesh



Team Panasonic lifts the winning trophy

with throwing of the ball. The game began with Adhiraj Singh scoring the first goal for Team Panasonic in the first chukker. Panasonic continued to overpower the competing team with the youngest player of the

tournament, Vishwaraj Singh striking yet another goal for the team in the third chukker. The final chukker was won by Team Panasonic who later lifted the Amity Polo Cup and were awarded a cash prize of 1 Lac. The trophy

was presented to the winners by Dr Ashok K Chauhan, Founder President Amity Universe, Mr Atul Chauhan, Chancellor, Amity University, Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & Pooja Chauhan, Vice Chairperson, Amity Humanity Foundation. 🇮🇳

## About Amity Polo Cup

- Country's only Polo Cup played to support the cause of the underprivileged girl child.
- Strives to raise funds for Amity Humanity Foundation (AHF), aimed at uplifting women, children and elderly.
- Organized annually by Amity Riding and Polo Academy, the Amity Polo Cup is a noble way to raise charity for Amitasha, a project under AHF, which aspires to support underprivileged girl children through education.



Pooja Bhadana, Amitasha Noida, clicks the dazzling trophies

### About Polo Cup 2012:

- Witnessed a list of the high and mighty, including High Commissioner E Nimisha J Madhvani from Uganda High Commission.
- Amity beat Axis Bank in the exhibition match between the two teams.
- Team Panasonic lifted the Cup for the first time; 'Best Polo Pony' and 'Best Polo Player' also went to the team.
- Acquainted Amitasha with the principles of journalism and photography.

## An equal equestrian

Monika Martin shone bright for representing Amity and being the only female equestrian. Catch her in a tete a tete with **Neha Gupta & Anu Sharma**, Amitasha Noida, X



Amitasha clicks a smiling Monika with the enthusiastic pair, Anu (L) & Neha

How was it like to be the only female participant in the male-dominated game of Polo?

Challenging, as I stood out among the competitors. But yes, that's also a lot of fun and I enjoy the tag of being the 'only female participant' in a sport considered a male bastion. It requires putting in your blood and sweat into the game.

What is the best thing you like about Polo?

It's gratifying. It's the only sport that allows the male and female contenders to stand together and compete against each other on the same turf.

Your message to Amitasha students?

It is a delight to see these confident children pose questions and seek answers! 🇮🇳

## Speaking for Amitasha

Pinky Anand, Lawyer & Rashmi Singh, Executive Director, National Resource Centre for Women, sang praises of Amitasha in a conversation

What are your views on Amity Polo Cup?

Pinky Anand: It is a brilliant initiative by Mrs Amita Chauhan. Amity is among the few names that is supporting and empowering the girl child. The Polo Cup is organised for a very noble and exclusive cause indeed.

Rashmi Singh: Amity Polo Cup is a noble initiative that aims to empower the girl child with quality education, usually a preserve of those who can afford it. But Amitasha is making it accessible to the underprivileged sections too.

What is your message to the less privileged children of Amitasha?

Pinky Anand: Exercise your rights and the freedom to express well.

Rashmi Singh: The students of Amitasha are themselves sending out a powerful message that they have as much right over education as other children of their age. 🇮🇳



Amity equestrian diligently at work during an exhibition match against Axis Bank





I enjoyed clicking the heart shaped design etched on coffee and I am very happy with the results.  
Nisha Khatoun, IX, Amitasha Noida

THE GLOBAL TIMES | MONDAY, MARCH 26, 2012

**Learning Curve**

Education & Enhancement

3



# Amity: My inspiration



“Dreams come true when they meet the right opportunities through hardwork”... says **Mohammad Azhar**, a student of **Amity Instt. of Rural Management** as he attributes Amity, as a stepping stone to his career

tion from my teachers. Under their guidance, I attended several conferences such as TIE Summit, Microfinance India Summit, etc. at Jaipur.

It is often said “Well begun is half done”. The skills garnered through the intensive training at Amity helped me join Hand, one of the largest organisations in the field of microfinance. It is here that I got hands on experience of working in the field and an opportunity to understand the rural population. My internship report and presentations at the company were greatly appreciated. It inspired me to ideate and pushed me to come up with something new in the field of Microfinance. Since then, there has been no looking back. I got the opportunity to be a part of the Microfinance

India Summit 2011 where my work was highly acknowledged. It marked the turning point in my career and helped me bag the pilot project of Ministry of Women & Child Development, which I’m currently working on. All this wouldn’t have been possible without the ground work, training and support provided by my cooperative teachers. I would like to thank the Almighty, my parents, and all the people who have blessed me at every step of my journey. I want to express give my heart felt gratitude to Amity University and my role model Dr. Ashok K. Chauhan, Founder President Amity Universe for providing me the finest education, which ultimately proved to be the only reason behind my success.  

**Nisha, IX, Amitasha Noida clicks Mohammad Azhar helping kids in the slum**

Coming all the way from a small city of Allahabad, I am Mohammad Azhar, student of MBA-Rural Management, Amity University Uttar Pradesh. It is often said that the ambience of a place changes your attitude towards life, makes you more passionate, introduces you to new goals and enhances your overall personality. I got all these from none other than Amity and

I am proud to be an Amitian. I observe a complete change in myself since I joined Amity. I have been able to nurture my talent, analyze myself as a whole, and with the precious guidance of my faculty, Director General, S P Jakhanwal and Director, Dr P C Sabhrawal, I have got the courage and the zeal to fulfil my dreams. Amity not only helped me bag a job but provided me the necessary ex-

posure needed in my field.

My strong determination to work in the Microfinance sector and help the rural poor was coupled with constant motiva-

## AMITY INTERNATIONAL SCHOOL ■ LUCKNOW ■

**Admission Open for Nursery-Class VIII for session beginning April 2012**

Photograph of the state-of-the-art Amity International School, Lucknow



**Be part of India's leading Education Group with 95,000 students, 5 Universities, 17 Schools & Pre-schools, 150+ Institutions and Global Campuses in London, Singapore, New Jersey, California, Mauritius, Dubai & Romania**

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- World-class infrastructure spread over 40 acres
- Warm & loving teachers, specially trained to be with your child every step of the way, reflected in a good Teacher-Student ratio of 1:25
- Wide variety of sports facilities include basketball, cricket, football etc.
- Latest teaching aids like smart-boards and lingaphone room to make learning fun
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### Day-Boarding Facility also available

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- Students selected in Top Global Universities: Harvard, Stanford, Wharton, Columbia, Carnegie Mellon, Cornell, LSE...
- Brilliant record in Entrance Exams: Over 500 students selected in IIT and Medical Entrance Exams
- Consistently good Board Results: 300 students secured 90%+ in CBSE Board Examination

**Amity International Schools have been ranked amongst top 2 in India for Academics**



(Ranked as per Education World-Cfore Survey '11 on India's Most Respected Schools)



**AMITY INTERNATIONAL SCHOOL LUCKNOW**

Registration Procedure: Forms are available online at [www.amity.edu/aislucknow](http://www.amity.edu/aislucknow) or at Amity International School, Gomti Nagar Scheme Extn, Malhaur. For registration please contact: 081-273-68742/43, 0522-6523892

## Amity Institute for Competitive Examinations

Presents  
**Brainleaks**  
**38**  
FOR CLASS XI-XII



Name:.....

Class:.....

School:.....

**Ans: Brainleaks-36:**

(2) Increase the rate of photosynthesis

$P_1, P_2, P_3, \dots, P_8$  play a knock out Tennis Tournament.  $P_i$  is better than  $P_{i+1}$  ( $P_i$  will win if plays with  $P_{i+1}$ ). The probability of either  $P_6$  or  $P_7$  or  $P_8$  winning the tournament is:

- (a)  $1/8$  (b)  $1/2$  (c)  $1/4$  (d) 0

Last Date:  
April 5, 2012

**3** correct entries  
win attractive  
prizes

Send your answer at The Global Times,  
AKC House, E-26, Defence Colony, New Delhi - 24  
or e-mail your answer at [brainleaks@theglobaltimes.in](mailto:brainleaks@theglobaltimes.in)

## SCHOLASTIC ALERTS

**Institute:** All India Institute of Medical Sciences, Delhi

**Course:** MBBS

**Eligibility Criteria:** AIIMS Medical Entrance Examination

**Application Form:** Online registration 5th March, 2012 to 2nd April, 2012.

**Last Date:** 2nd April, 2012

**Examination:** 1st June 2012

Friday 10:00 am to 1:30 pm

**Website:** <http://www.aiims.org>

**Institute:** The Institute of Company Secretaries of India

**Course:** Foundation Programme

**Eligibility Criteria:** 10+2 or its equivalent

**Application Form:** Available online

**Last Date:** 31st March, 2012

**Examination:** NA

**Website:** <http://www.icsi.in>

**Institute:** Indian Maritime University, Mumbai

**Course:** 3 - year B.Sc. (Nautical Science) Degree course at T.

S.Chanakya, Navi Mumbai Campus; 4 year B. Tech.(Marine Engineering)

Degree course at Marine Engineering & Research Institute, Kolkata

Campus & National Maritime

Academy, Chennai Campus;

3 year B.Sc. (Maritime Science)

Degree course at Marine Engineering & Research Institute, Mumbai

Campus;

4 year B. Tech.(Naval Architecture & Ocean Engineering) Degree course at

Visakhapatnam Campus

**Eligibility Criteria:** Through IIT -

JEE 2012. Candidates should have

normal vision of 6/6 for both eyes

**Application Form:** Available at designated branches of Syndicate

Bank all over India from 20th Feb

**Last Date:** 24th April, 2012

**Examination:** IIT - JEE 2012 April

8, 2012

**Website:** [www.imu.tn.nic.in/IIT\\_JEE\\_2012/Advnt\\_Eng\\_2012\\_AI.pdf](http://www.imu.tn.nic.in/IIT_JEE_2012/Advnt_Eng_2012_AI.pdf)

**Taruna Barthwal, ACCGC,**

**Career Counseling Resource Coordinator**



Photography has always amused me but after undergoing practical training from experts, I have become a better photographer.

Alisha Ansari, VIII, Amitasha Saket



# It's fB v/s FB



Facebook or football- which one are you hooked to? Let's find out

Model: Shivam Taneja, AUUP

Pooja Bhadana, IX, Amitasha Noida clicks a footballer relaxing on Facebook after a match

Simran Sachdeva, AIS PV, X C

It was just another day when I wondered if I should be going out to play a sport such as football, or simply be sticking to Facebook! I hunted for an opinion from my classmates and schoolmates for future reference, and they really had strong views!

I find facebook better as compared to football because we can sit comfortably, enjoy and connect with our friends too!

Akshita Kukreja, X C

I am 49% with Facebook and 51% with football as the sport helps us enjoy with a huge set of friends, all at the same time.

Ashish Sharma, X A

I like Facebook because we can share our thoughts with everyone through status messages!

Parnika Deora, X A

Football is a good exercise for the mind and body and also keeps me fit and energetic.

Mitul Grover & Tanush, X A

Facebook is more addictive and we all know how to work on it!

Shiksha Sehgal, X A

Nothing can be better than football!!!!

Raunaq Dua, X C

Facebook is my favourite pass time as I can talk to my friends anytime.

Sanjana Gupta, X A

Facebook is rather boring!

Mohit Pal, X C

Obviously Facebook! It's so much fun to chat and reconnect with old friends.

Nikita Kapoor, X A

Games like football improve one's physical attributes, whereas Facebook wastes a lot of time.

Kabir Thakur, X C

Facebook is more fun because I like to remain indoors.

Kriti Mittal, X B

I prefer playing any sport over Facebook because it is very boring to do same thing over and over again!

Srishti Pandey, X B

Sit at home and enjoy Facebook!

Sukriti Kapoor, X B

Of course football is better! Isn't the answer obvious?

Amrithesh Thusu, X B

Facebook is so much fun! I love uploading photos and letting the world know about what I'm up to!

Anu Sehgal, X C

Relax, chillax and just Facebook!

Lakshay Narang, X A

I'd play football on Facebook!

Yamini Sejwal, IX B

**Conclusion:** Facebook seems to be the more popular option. Did you notice that the voters for football liked the sport as they disliked Facebook!

## Soccer & meditation

Model: Rajan Jain, AUUP



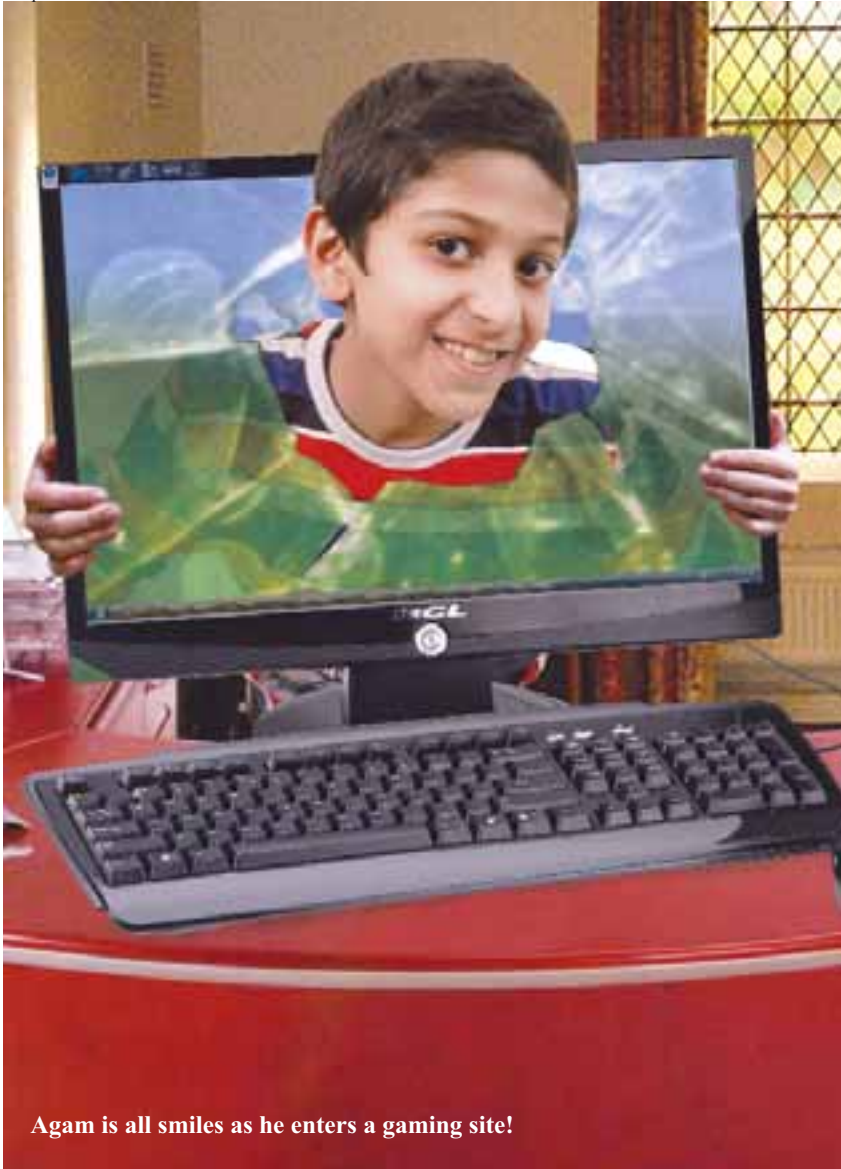
Radha Sharma, IX, Amitasha Noida, clicks an Amitian immersed in meditation

Namit Chatrath, AIS Gur-46

Did you know that the game Soccer, often considered as one of the toughest games, resembles meditation in more than one way? Perhaps not!

Well, if you give a deep thought, Soccer can be likened to meditation, a practice that attempts to attain salvation. Well, at least soccer does require the same amount of presence of mind, concentration and skill, just like meditation. When an attacker dribbles past a defender, he cuts through the air and forces his body weight out of the defender's, directing his energy towards the target. Likewise, the goalkeeper attempts to save the ball by focusing on the ball single-mindedly. He takes a leap, extends his hands in the possible direction to save the ball from reaching the goalpost. What seems like an easy thing to many, calls for exact precision from the player. Similar to Zen, soccer is about coming face-to-face with oneself through determination and will, all through one singlemost important moment of focus. Both soccer and meditation require the common prerequisite of maintaining a calm and relaxed frame of mind. Panic is therefore a common impediment for both the feats. So, let's meditate our way through this happy life, perhaps even through playing soccer!

Graphic: Ravinder Gusain



Agam is all smiles as he enters a gaming site!

## What's in A-game.com?

Ever typed your name in the address bar of the internet and marveled over the result? A gaming enthusiast did just that!

Agam Bedi, AIS Mayur Vihar, IV A

Gaming sites have always been extremely interesting- one click and a world full of intriguing games, puzzles and so much more open up! But the monotony of all gaming sites, the similar games and the same dullness in them was beginning to repel me. It had become extremely tiring and whenever my friends came over, we yearned for good gaming sites! One day, while whiling away time with my friends, I typed my name in the address bar, and the search results were too funny, but productive. One of the websites that opened was 'Agame.com', linking me to a free gaming site. I clicked on it and discovered over 10,000 best rated games, most played games, favourite games, etc. We could register

to play and earn points and prizes too! We could also win awards and make friends and play multiplayer games and so much more!

The gaming website has the best games and not even a single one has bored me till now. Sports like badminton, cricket, football, tennis etc and other stuff like puzzles, parking, racing, socials- the site has much to offer! I feel it is one of the best sites all over the world! Imagine having all your favourite games on a single click!

A gaming site in a child's life is very important, and when you have a site like this, gaming becomes OMG! I am seriously speechless. I could not imagine that typing my name would bring me such a great gaming site. And now I keep telling my friends and relatives about agame.com!

## SPORTS Quiz

1) Who was the first batsman to hit six sixes in One Day International Cricket?

2) Which shooter was honoured with Rajiv Gandhi Khel Ratna in August 2011?

3) Where would you find MCC Museum, the world's oldest sporting museum?

4) Which team won the 2010 T20 cricket world cup?

5) Who is the first double amputee to be qualified for an able-bodied athletic event?

6) Which Indian batsman scored three consecutive centuries at Lord's Cricket Ground?

Answers

1.Herschelle Gibbs 2.Gagan Narang 3.Lord's Cricket Ground 4.England against Australia 5.Oscar Pistorius (Blade Runner) 6.Dilip Vengsarkar





I felt very happy when I was chosen for the workshop and the news that our photographs are going to be published in GT was like an icing on the cake.  
Radha Sharma, IX, Amitasha Noida

# Tour de coffee republic

More and more people are turning towards coffee and living life ‘café style’. Pravesh Parekh of Amity Institute of Biotechnology explores the wonderful and addictive world of coffee

### Tour de Coffee

According to various legends, Coffee was discovered in or around 9th Century in Abyssinia (Ethiopia) by a young shepherd, when he noticed that some of his goats turned energetic and livelier after eating certain red coloured berries. The shepherd took some of these berries back to the village. From that point of time, coffee began to be cultivated. Originally, coffee was consumed by mixing coffee berries with fat. The Ethiopians began trading coffee berries with the Arabs and from there coffee spread eastwards. The Arabs guarded coffee jealously and boiled all coffee before exporting so that it could not be transplanted anywhere else. However, the Dutch managed to transplant some of them in Java (Indonesia) in the late 1600s. In late 17th Century, coffee came to Europe and the first coffeehouses opened in Italy, Austria and England.

### From Berries to Beans

The seeds of coffee are enclosed in pairs with their flat surfaces towards each other in dark red cherry like berries. The pulp of the berries is softened by fermentation and then removed leaving the seeds enclosed in the husk. After being separated from the



Jyoti Chaurasia, IX, Amitasha Noida clicks  
Stirred with love



Jyoti Singh, IX, Amitasha Noida clicks friends catching over a cup of coffee

husk, the beans have a greenish yellow colour. They are roasted at a temperature of 500 F where the bean “pops” and doubles in size. This is followed by another “popping” which prepares the beans.

### Hunt for perfect coffee

The two important commercial varieties of coffee plants are Arabica and Robusta. While Arabica is known for its mild taste and rich aroma, Robusta has a bitter taste. About 70% coffee produced worldwide is Arabica and the remaining 30% is Robusta.

### Wake up & smell the coffee

Coffee can be brewed in several styles. The initial



step involves grinding the coffee and then brewing it. The Turkish method involves grinding the beans to a fine powder and then adding water to it and boiling it. This produces a strong coffee with a layer of foam on the surface. Coffee made in percolators or French Press allows water to seep through the coffee and leaves behind the sediment. The French boil coffee and milk separately in equal proportions and then mix it before serving.

### Coffee Art

Coffee art makes the beverage visually more appealing. Designing varies depending upon the type of coffee being used. It involves pouring the milk in



Priya Singh, IX, Amitasha Noida clicks  
brewed hearts

a particular manner while swirling the cup or the use of stencils. Melted chocolate and chocolate syrup poured from a point end bottle is also used to create art on the foam of coffee.

### Great Coffee, great people

Wanna catch up with old buddies? Need to meet up with a prospective client? Wish to organise a book reading session? Cafes are the way to go.

**A lot can happen over coffee:** Away from the maddening crowd, they say, a lot does happen over coffee. Interestingly, cafés have become an ideal place to fix matrimonial matches as they save both the parties from indulging in exquisite preparations and give potential life partners the chance to know each other better.

**Meeting & melting pot for intellectuals:** Young professionals and students make a bee line to these cafes as they provide them an intellectually stimulating atmosphere. It is the favourite haunt for writers, directors, journalists, etc who have lengthy discussions over a hot cuppa.

**For those booked:** Book cafés are fast catching up. These cafés give the avid readers a chance to indulge in some serious reading as they sip their favourite brews.

### Caffeine: How it acts!

The human body contains certain adenosine molecules, which have receptors known as adenosine receptors. When the adenosine molecules are attached to the receptors, it creates a feeling of drowsiness. Caffeine, present in coffee, binds with the adenosine receptors, separating it from the adenosine molecules. It is because of this reason that one feels active on drinking coffee.

## Some lesser known facts!

- ☛ Coffee is the second most traded commodity in the world, after oil.
- ☛ In 1675, the King of England banned coffee houses. The reason for the same was that he presumed coffee houses to be places where people met to conspire against him.
- ☛ Caffeine is on the list of International Olympic Committee’s list of prohibited substances.
- ☛ The word “coffee” was used for wine earlier.
- ☛ The American and the French Revolutions were born in café houses.
- ☛ In Greece, coffee is served to elders first before anyone else. A similar tradition is followed in Turkey.
- ☛ The strength of coffee refers to how much coffee is there in the brew and the body of coffee is a measure of its richness or taste.
- ☛ In 1785, a revolt broke out in Prussia because coffee consumption was restricted to nobilities and clergy.

## Take a sip

### Espresso:

 Espresso is prepared by passing pressurized hot water through finely ground coffee. Sometimes, it also involves addition of a drop of milk and a drop of foam to add to the flavour.

### Cappuccino:

 Cappuccino is prepared by using espresso, hot milk and steamed foam.

### Mocha:

 Mocha is prepared by using an espresso base, topped with chocolate syrup, milk and whipped cream.

### Caffe Latte:

 Latte is prepared by using espresso as base and topped with milk and steamed foam.

### Americano:

 Americano relies on dilution of the original espresso with lots of water. It was originally used by American soldiers in World War II.

### Filter Coffee:

 The very famous South Indian coffee contains almost 20-30 percent chicory and milk in varying proportions.

### Instant Coffee:

 Instant coffee was invented by George Washington, a Belgian man living in Guatemala in 1906. It consists of dehydrated coffee which can be rehydrated by adding water.

### Irish Coffee:

 This one combines coffee with whisky and cream.

### Decaf:

 It is made of decaffeinated beans.

### Espresso Romano:

 Put together a shot of espresso, with a small rind of lemon and sugar to enjoy this one.

### Cafe Melange:

 Cafe Melange is black coffee covered with whipped cream.

### Coffee in town

- ♦ United Coffee House
- ♦ Devan’s Coffee & Tea
- ♦ Café Turtle
- ♦ Cafe Coffee Day
- ♦ Cha Bar
- ♦ Barista

## URBAN DICTIONARY

**Hobo:** A person with poor personal style.  
**Sentence:** Manisha is such a hobo; her costume at a recent red carpet event was a huge letdown.

**Wordwanker:** A person who studies English or Literature at any level.  
**Sentence:** ‘What’s Arnav doing? Sitting with his thesaurus again, Wordwanker!’

**Elancer:** A professional who works from home and provides service on the internet.  
**Sentence:** Being an elancer has not stopped Tanya from earning a handsome pay package.

**Flexitarian:** A vegetarian who sometimes eats meat or fish  
**Sentence:** He is a flexitarian. Though he usually sticks to vegetarian food, he finds keeping off butter chicken very difficult at parties.



# Nurture with love



Dr Amita Chauhan  
Chairperson

The girl child is a reservoir of immense potential. Tap this potential and you are sure to witness a nation that is strong and powerful, yet rooted. They say, educate a woman and you educate the entire family. While this is true, the need of the hour is a little more than education. Mere knowledge of alphabet and numbers is not what the woman of today needs. She needs more – a developed skill set. Whether this skill set is developed under the ambit of vocational training or nurtures a certain talent; it leads to a singular aim, that of strengthening the future of the nation. At Amitasha, we follow a similar road to nurture the girl child with holistic excellence that is coupled with love and compassion. The young girls at Amitasha, apart from imbibing knowledge that comes under the awning of literacy; also cultivate various skills that shape up their personality as stronger individuals. From commonplace skills like drawing and painting to organizing exclusive workshops that train on hospitality; it is an earnest attempt to provide them with holistic education. This special ‘Amitasha Clicks’ edition is another attempt in the same direction. Every single picture that you see in this edition has been clicked by students of Amitasha. As you flip through the pages of this picturesque edition; embrace the moments, cherish the ideas, rejoice the concepts captured through Amitasha’s lens. Amitasha, is an endeavour close to my heart. And to see this young plant that I had sown with seeds of love, bear fruits in the form of brilliant and confident girls, who now envision the world with their lens, is overwhelming. Nurture with love for the results will be worth it. [GT](#)

# Photographs & Memories

*“I keep your picture by my bed for when I’m feeling sad and I don’t know why I would be. The way your smile looks so real I feel like I could start to understand your grace. I don’t understand why you’re not here with me. I don’t even wanna know where else you’d be. Cause I have photographs and memories of the times...”*

..Jason Reeves



Vira Sharma  
Managing Editor

The beautiful lyrics above convey unbound emotions. Every photograph has a story to tell. And every story carries a sentiment captured in the click. Such is the magic of ‘Photographs and Memories’ that we possess hidden in trunks, hung on the walls, framed by the bedside, inserted in albums, uploaded on Facebook and stored in hard drives. This novel way of revisiting the past, tracing your roots, experiencing your childhood or attending your parents wedding; is very special and unique to everyone. Camera’s today have come a long way from studios to streets. Yet the craving for ‘the perfect photograph’ remains, reminding me of a poster outside an old dilapidated photo studio near the railway station with the inviting lines ... *“kaun kehta hai ki aap sundar nahi hai”* (Who says you are not beautiful?). [GT](#)

# Smile, it costs nothing

Models (L to R): Yadir Khan, Debolina Goswami and Sanchay Goswami, AUUP

Happiness is not something that only the almighty can bestow. It can be achieved as well; you just need to make a little effort

Arnima Sharma, AIS Noida

Waiting for that absolute moment of happiness to come your way? Envious of that oh-so-happy girl, who has maybe nothing to feel sad about? Waiting for that omnipresent power to shower smiles on you with his magic wand? Get over it! All you need is the decision to be a happy person and some smart don’t-worry-be-happy tips.

- ☺ **Be grateful:** Take some time to remember your special and happy times. Thank God for the mouthwatering food you get daily; your friends, who hear you out even when you don’t make much sense; the school that gives you your daily dose of education each day!
- ☺ **Laugh out loud:** Laughter is the best medicine. So, if you know a good joke, share it with your friends and family. Try to see the humorous side of every situation. And if you can, learn to laugh at yourself and your own funny habits.



Pooja Bhadana, IX, Amitasha Noida clicks students in a happy moment

- ☺ **Pump it up:** Run, jog, go to the gym or do something that gives your body an energy rush. Regular exercise will change your physiology and alter your body chemicals, which will make you feel different. As a result, you start focusing on different things, which in turn leads to happiness.
- ☺ **Work it out:** Working hard creates enormous personal satisfaction. When you have finished certain tasks, you will feel that you are capable of ac-

- complishing things. And that will help to have a sense of self esteem.
- ☺ **Do the new:** Try to learn something new each day. It will expand your world and create more opportunities for you in the long run. Besides, learning something new will keep you engaged and happy.
- ☺ **Just say it!** Learn to express what you feel. Show affection and warmth to the people around you. If you are

- not happy about something, then put forth your point, but in a polite manner. Holding back your feelings creates a sense of resentment. Express what you feel and enjoy the lighter you.
- ☺ **Help:** Help another person and you are sure to feel energized, good and warm. Be a volunteer somewhere, help a blind cross the road, help your teacher carry her books or just help your classmate with a difficult sum; and feel happy about it. [GT](#)

# Is that your luck?

Do good luck charms really carry the immense luck they are credited with? Or is at all hype and no play? Well, maybe...maybe not...goes the theory

Divyakshi, AIS Vasundhara 6, XI A

Stop! Did you carry your lucky pen to class today? Are you sure you are wearing your lucky socks? If not, you maybe in trouble. From checking our horoscopes every day, to changing our names according to numerology and superstitions, we gullible people go to any length to bring lady luck to our court. To say that all this is associated with the uneducated would be false! Even we, students of the current generation carry our lucky pens during exams. The underlying belief maybe that since this pen has gone through the process of revision with us, it must be the one most suited for writing exams. This will surely ‘help’ the student to successfully pass his/her exams. Buckets of tears are shed if the pen runs out of ink. And God bless the devastated soul, if the lucky pen somehow happens to lose its way on some unfortunate day. Another trend is adding alphabets to your name, based on the belief that the numerology associated with the new, more fanciful name will lead to success. But sometimes, luck turns to litter, when adding letters to your name yields results to the likes of ‘Kharan’ or ‘Aoemaan’. Really now? To be called that everyday...luck could be silly too. Certain stones are attributed with life changing properties. There’s no scientific proof that these things work, but on the other hand, there’s no proof that they don’t either! Bollywood veteran Amitabh Bachchan wears several rings to bring him luck and it seems like they’re working! Famous golfer Tiger Woods considers red to be his lucky colour and is often seen wearing red. Tell us, Mr Woods, wasn’t red the colour of your lovely wife’s fuming face when she chased you down the



Jyoti Chaurasia, IX, Amitasha Noida clicks a lucky charm

alley with a baseball bat in hand? Tennis star Serena Williams, who bounces her ball before serve only five times, brings her shower sandals and an extra dress to court to up her luck factor. A popular superstition says your journey is ruined if someone sneezes the minute you’re about to embark on it. But the point is, every moment you embark on a journey and someone somewhere is sure to have sneezed that very moment. Does that imply that your journey will never be successful? The very thought

is very absurd. Superstitions are merely reflections of the fears we carry inside us. Not all effects of superstitions are negative, we often feel secure and confident with our lucky charm in hand. These conceptions or misconceptions have been around for a long time, and maybe they’re here to stay. So keep that lucky charm at hand. You never know, it may really work its charm one day! Oops...am I running out of ink? My lucky pen, sigh... [GT](#)

## GT M@il

Dear Editor,

I wish to thank The Global Times team for shaping up the article on Disaster Management so well. The article was presented in an interesting way, making it easier for anyone, irrespective of the age, to correlate. The overall presentation (including the pictures) was very attractive. In fact, I must say that the entire March 5, 2012 edition of The Global Times was very special, in terms of variety of coverage, starting from the Honourable President to players to Amitians and so on. I highly appreciate the entire team for covering a very nice and meaningful Big Story. [GT](#)



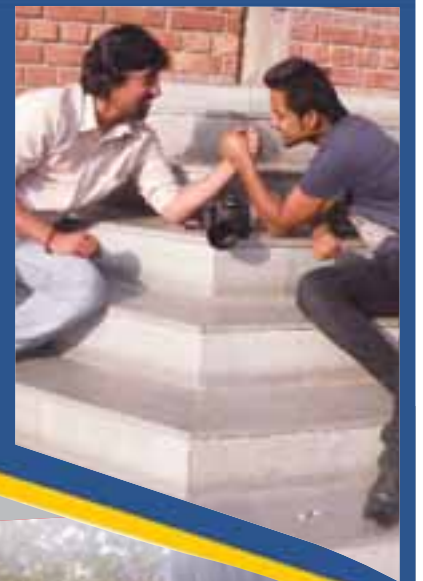
With regards  
Amit Tuteja, Amity Parent





Clicking for Global Times was an awesome experience. Though, I faced some difficulty while clicking the photograph for the story 'Luck factor'. But the exercise made me more confident.

Jyoti Chaurasia, IX, Amitasha Noida



Apple of my 'eye'

# Reliving Moments

*A little nervous, a little jittery, Amitasha students began their tryst with the camera during the photography workshop. The Global Times lens captured the little photographers on their journey to perfection. We share with you their moments of joy and triumph. Sample some brilliant shots that captured our fancy in this special edition*



Set for a 'photo' ride



Getting 'pixels' right Zoom in page 1



There goes your 'subject' Zoom in page 2



An awarding 'click'



Captured in her own 'lens' Zoom in page 3



Recipe for a perfect 'click' Zoom in page 8



A demo before the actual 'shoot'. Zoom in page 6



Break to Banta hai after a tough day



A master stroke





# Romi's Innocence

Model: Janya Mehndiratta, KG, AIS Noida



Lakshmi Thapa, Amitasha Saket clicks the little star

Tishya Roy Choudhury  
AIS Vas 6, VIII C

Five-year-old Romi received the confirmation letter for participating in a reality dance show. How exhilarated was she! How pleased were her parents! But they would also have to incur heavy expenses on the props and the hotel. Her parents assured Romi that

they would pay for it all if she devoted herself to winning the competition. And then Romi began to practice hard, really hard. Her health deteriorated as she worked out in the gym for long hours. She missed school for a month. Her parents were bombarded with letters that stated if Romi didn't attend school, she would not be allowed to appear for exams. But her parents thought if their

After several months of meticulous grooming, Romi turned out sophisticated. Then came the big day when she performed before lakhs of people

daughter won the prize money, then the school would welcome Romi back. After several months of meticulous grooming, Romi turned out sophisticated. Then came the big day when she performed before lakhs of people. What a brilliant performance! She was declared the champ of the day by the judges. Episode by episode, the competition became tougher and Romi struggled hard to stay in it. Big patches surrounded her eyes as she couldn't get enough sleep. But she worked hard and presented exceptional dance performances. One fine day, she was eliminated from the competition. Her parents and Romi were heart-broken and felt shattered. As she made her way back towards home with her parents, Romi started crying bitterly. Her mother tried to console her by telling her that it was okay that she couldn't win the first prize. Romi looked into her mother's eyes, "Who said I am thinking about the prize? I feel sad as I couldn't wear the beautiful golden dress for my next performance." Tears welled up in Romi's mother eyes as she realised that her daughter was still a child to understand the value of the prize money.

# Some write

POEM

Prashant Kumar  
Amity School of  
Engineering & Technology

Some write to remember,  
some to forget.  
Some write to hide from  
others,  
some to be read.  
Some write to bring a change,  
some just to fill a page.

Some write to impress,  
some to express.  
Some write to  
find a place,  
some to hide.  
Some write to get noticed,  
some to notice.  
Some write for a girl,  
some against boys.  
Some write to voice,  
some to be quiet.

Some write to be right,  
some to be wronged.  
Some write at night,  
some all day long.  
Some write to learn,  
some vice-versa.  
Some write stories,  
some make them.  
Some write to make  
you feel, some to heal.  
Some write to express love,

some for suicidal.  
Some write to be cool,  
some to be hot,  
some to be not,  
some to be bought.  
Some write to compete,  
some to preach.  
Some write to tear you apart,  
some to stitch.  
I write for some of  
all these!



Kanchan Nishad, IX, Amitasha Noida clicks the writers world

# SUBZIDI TAK-A TAK

M. P. Verma  
Amity School of Hospitality

## Ingredients

Butter..... 10 gm  
Shahi jeera ..... 2 gm  
Onion dices ..... 100 gm  
Mixed bell pepper dices ..... 100 gm  
Golden corn kernels ..... 75 gm  
Mushrooms (boiled) ..... 50 gm  
Green peas (boiled) ..... 50 gm  
Green chillies (chopped) ..... 10 gm  
Green coriander (chopped) ..... 10 gm  
Makhani gravy ..... 75 gm  
French mustard paste ..... 20 gm  
Salt ..... 3 gm  
Red chilli powder ..... 3 gm  
Garam masala powder..... 2 gm  
Kasoori methi powder ..... 2 gm

## Method

- Heat butter in a pan and add shahi jeera and let it crackle.
- Next, add onion and bell pepper dices and stir fry.
- Add makhani gravy and french mustard paste. Mix and heat.
- Add and toss the golden corn kernels, green peas and mushrooms.
- Season with salt, garam masala powder, red chilli powder and kasoori methi powder.
- Add chopped ginger, green chillies and green coriander.
- Serve the tossed vegetables in a semi-dry form on a tawa garnished with green coriander.



Preeti Sharma, Amitasha Noida clicks the Master Chef MP Verma

# SUDOKU-16

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www.globaltimes.in for the solution

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		9	6				

# amitasha Clicks

Pic: Jyoti Chaurasia, Amitasha Noida



Playing Amitian 'to the tee'

Pic: Kanchan Nishad, Amitasha Noida



'Sole' study

Pic: Jyoti Singh, Amitasha Noida



The 'high-five'





I never knew that we have to keep in mind so many factors to click a perfect shot. I came back enlightened from the workshop.  
Ragini, VIII, Amitasha Noida

# The tale of half prize

Illustration: Deepak Sharma

## Wisdom Tales



Manika Joshi, AIS Vas 1, IV C

Once when King Akbar went hunting in the jungle, he lost his way. Mahesh Das, a common man who lived in the outskirts helped the king reach the palace. Impressed with his help, the emperor rewarded him with his ring and also promised him a prim posting at his court. After a few days Mahesh Das went to the court but the guard did not allow him

to enter. Mahesh Das showed the ring given to him by the king to convince the guard to let him enter the palace. The guard thought that the young man was sure to get more rewards from the king. He agreed to allow Mahesh Das inside the court on one condition that he would pay him half the reward he would get from the emperor. Mahesh Das accepted the condition. He then entered the court and showed the ring to the king. The king recognized

him instantly and asked ‘Oh young man! What do you expect as a reward from the king of Hindustan?’ ‘Majesty! I expect 50 lashes from you as a reward.’, replied Mahesh Das. King Akbar was stunned and asked him the reason. Mahesh Das said he would tell him the reason after receiving his reward. Then the king’s men whipped him as per his wish. After the 25th lash he requested the king to call the guard who was at the gate. The guard appeared before the king, thinking that he would be rewarded. But to his surprise, Mahesh Das told the king, “*Jahampana!* This greedy guard let me inside on condition that I would pay him half the reward I receive from you. Please give the remaining 25 lashes to this guard so that I can keep up my promise.” The king then ordered that the guard be given 25 lashes along with five years of imprisonment. King was very impressed with the wit and intelligence of Mahesh Das. He called him ‘Raja Birbal’ and made him his chief minister. [GT](#)

So what did you learn today?  
Don’t be greedy. It can land you in deep trouble.

## Poem

# Illusion

Shraya Singh  
AIS Vas-6

The wonders of this world  
all the colours that we see  
the blue ocean and the sky  
are all imaginary.  
Your world is still where  
in the past we used to be  
in a photograph of shades of grey  
is our world and so are we.  
The colours of the rainbow  
so pretty in the big blue sky  
are nothing but an illusion

Model: Mansha Imtiaz, AUUP



Karishma Panday, VIII,  
Amitasha Noida clicks the mirror  
image of the illusionary world

of the receptors in your eye.  
No colour ever did exist,  
it was all the work of our brain.  
Present are only EM waves,  
rushing faster than an aeroplane.  
If not for the assortment of photons,  
we may be alive in the ice age again.  
The colours of the rainbow  
so pretty in the big blue sky,  
are nothing but an illusion  
of the receptors in your eye.  
But the mastermind behind all  
is the brain. An explanation?  
It transforms wavelengths  
into colours and sensation  
so the vibrant & vivid world around  
is entirely your brains’ creation  
a figment of your imagination. [GT](#)

# Cheese Sandwich

Model: Priya Singh, IX, Amitasha Noida



Kanchan Nishad, VIII, Amitasha Noida clicks the little chef

Priya Singh  
Amitasha Noida, IX

## Ingredients

Sandwich bread slice .....4  
Amul cheese slice .....2  
Amul butter chiplet.....2  
Salt .....As per taste  
Pepper .....As per taste  
Plain potato waffers ..... 10  
Lettuce (for plate garnish) .....2  
Tomato sauce .....As dip

## Method

- Take fresh slices of bread.
- Apply butter on one side of each slice.
- Keep cheese between two slices.
- Add seasoning as per the taste.
- Slightly press it down.
- Trim the hard sides and cut the slices diagonally.
- Arrange in a plate garnished with fresh lettuce and potato wafers.
- Serve with tomato sauce. [GT](#)

# It’s so chocolatey

Devyani Goel, AIS Saket, VI B

Model: Roop, AUUP



Anu Gupta, V, Amitasha Noida  
clicks the chocolate delight

It was first used as a drink and then started being used as a power supply to soldiers in wars. Now, it’s the favourite of more than a million people. Yes, it’s chocolate. It’s made out of cocoa beans which were first cultivated in South America. The natives discovered that the pulp of the cocoa fruit can be made into an alcoholic, tasty drink. After that they started exporting it to British royalty. Within a year everyone in the United Kingdom was drinking chocolate. Then someone had a great idea that why don’t they use cocoa beans to make something solid and sweet. And that was the beginning of chocolate as we know it today, though many flavours have been introduced later like milk chocolate, dark chocolate, etc. While dark chocolate is considered healthy, milk chocolate is fattening. So the next time you have chocolate just think about

all this and the story behind the bar in your hand at that time. [GT](#)

# It’s Me



My name: Gauri Sahai  
School: AIS Noida  
Class: I A  
Birthday: 1st September  
I like: Eating mangoes  
I hate: Being angry  
My Hobby: Drawing, watching TV  
My Role Model: My mother  
My best friend: Asmita  
My favourite book: Cinderella

My favourite game : Tennis  
My favourite mall: G.I.P. Noida  
My favourite food: Paneer parantha  
My favourite teacher: Ritu Ma’am  
My favourite poem: I’m a little teapot  
My favourite subject: English  
I want to become: Tennis player  
I want to feature in GT because: I want everyone to know me. Also I want to display my drawing in GT. [GT](#)

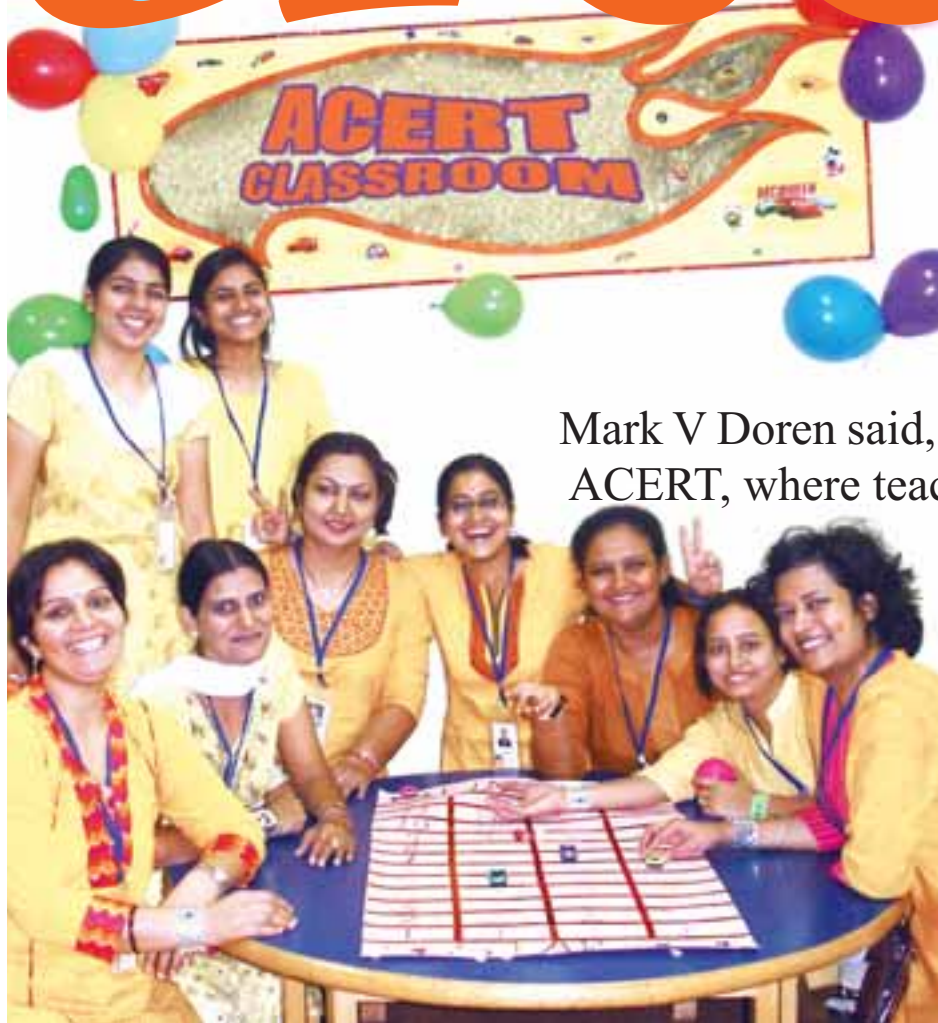
# Brush ‘n’ Easel

Manan Hingorini  
AIS Vas 6, III C





# Grooming Global Educators





Mark V Doren said, “The art of teaching is the art of assisting discovery.” Quite like ACERT, where teachers learn how to groom children on the path to self discovery

Amity Center of Educational Research and Training (ACERT) founded in 2005 as part of Amity universe and spearheaded by its dynamic leader vice-chairperson, Ms Sapna Chauhan offers diverse programmes of international standards in teacher training to people willing to enter the field of education.

Committed to groom early and primary school teachers and equip them with professional skills, ACERT imparts innovative and dynamic methods of teaching prevalent across the globe. It prepares future educators to be sensitive, effective guides, nurturers and mentors for children.

The mission and vision of ACERT includes research and develop-

ment of effective teaching methodologies and practices, to propose changes in the existing systems and curriculum, especially at pre-primary and primary level. It believes that each individual is a continuous and lifelong learner; it empowers and encourages them to become knowledgeable, skillful and sensitive teachers.

The course offers various contemporary educational theories with practical teaching methodologies, tools and techniques. Preparation of files, project work, lesson plans, research work, assignments, group presentations, etc are part of the ongoing features of the course. The flexible training programme constantly evolves, absorbing the changes with times. As a part of the curriculum, ACERT hosts various workshops like Skill Development and Parent Enrichment.  



## Hands-on training



I teach, I learn Innovative teaching aids

### Amiown Lab School

Observations, interactions and practical training with children forms a major part of the course content. ACERT trainees pay regular visits to Amiown & Amity schools for practical teaching. They have given presentations on varied topics like language, story-telling, rhymes and number concepts in the classes. They prepare their lesson plans and teaching aids before hand and are assessed on the same. Working with children endow the trainees with the requisite hands-on practical training in a school environment. Innovative teaching methods help to make the task of the teachers enjoyable, simple and spontaneous. The trainees also conduct story-telling sessions with children at regular intervals. Participation in events like Bal Mela, Winter Carnival and Graduation Day celebrations have given them an opportunity to enhance their organizational and managerial skills outside the classroom as well.

Deepika Punj, 2010-11 batch, shares her journey in ACERT, “I gave up a job in the corporate sector after my son was born. However, I was keen to start working again as he turned three. Through this course, I have got a campus placement at one of the best schools in NCR. I can now meaningfully use my talent without compromising on my family needs. The course has changed my life. I have become an intuitive mother and teacher now.”  





Trips & Travels On an adventurous sojourn

## Journey to Self Discovery

### Skill Development Workshops

Specialized workshops by professionals throughout the year form an attractive feature of the course. These workshops viz. art and craft, music and movement, speech and drama, first aid, story telling, trip planning and execution, personal effectiveness, etc equip the trainees to be skillful teachers. These workshops help one evolve as an individual thus leading to the transformation of the thought process. The ACERT curriculum is almost like an adventure of self-discovery to reveal one's untapped potentials and interests. Our holistic ap-

proach to trainees' development makes them fine educators and also enhances their overall personality through daily prayers and positive attitude building exercises. This wholesome growth in ACERT is indicated in cent percent placements of students in reputed schools of Delhi/NCR.

Lavanya, ACERT trainee, Gurgaon center, 2011-2012 batch, elaborates, “What I learnt at ACERT changed my personality and gave me an insight into not just what should be taught in early childhood but how it needs to be taught. I thank ACERT for instilling in me the confidence to contribute greatly to early childhood education.”  

## Tips for positive parenting

Becoming a parent is the easy part; being a positive parent is a momentous task



### Parent Enrichment Workshop

Parents are the most constant factor in a child's life and have a vital role in their global developmental process. They play a primary role in the upbringing, protection and development of their children, hence empowering them to be actively involved in the process is one of the prime focuses of our parent-enrichment workshops.

ACERT believes that parents are the first teachers of the child. These workshops help the parents to enrich their experiences with children for

a better understanding of how children learn and develop. Interaction with experts help in assessing their own parenting style, a child's learning ability and guide parents in adopting better parenting and behaviour management strategies to help build more positive relations with the children in their life. Parenting is not an easy task. Becoming a parent is the easiest part, whereas, being a conscious and positive parent is a momentous task. Our professionals emphasize on building a strong bond between a parent and child and help them acknowledge the high-rises and pit-falls of parenting.

ACERT faculty constantly reinvents itself through research, interaction with educators/child psychologists of international repute, observations and working with children, teachers and parents. Swapna Mohanty, an Amiown parent confides, “At last there is a place where the concerns of parents are addressed.”

ACERT has hosted various workshops like ‘Stress management for mothers’, ‘Learning through play’, ‘Positive parenting’ and many more. In the coming days, the workshops will also address the concerns of parents of middle years and adolescents.  



Parenting made easy Every child is special





I felt very happy posing as little chef. I am waiting to see how the photograph turns out in print.  
Priya Singh, IX, Amitasha Noida

# Swiss Pen Pals

Think letters are boring? AIS Pushp Vihar students show how letters can be fun in the email era, especially if your pen friends are the Swiss!

AIS Pushp Vihar

Deepanwita Purkayastha  
AIS Pushp Vihar, Teacher

Developing inter-cultural bonds and global relationships, have been a regular feature in the Amity curriculum. The unique Swiss Letter Exchange Programme initiated at AIS PV in January 2010, is one such endeavour that is still going strong. The letter exchange programme has generated a lot of interest among students. Through this programme, they have come to know a lot about varied cultural patterns followed across the globe, different lifestyles as well as the education system followed in both the countries. Classes VI and X are involved in this programme. 25 students of class VI are exchanging letters with 24 students of Steinacker School, Switzerland with teacher coordinator, Ms Maggie Steiner while 33 class X students of AIS PV are in partnership with 42 students of Kantonsschule Schaffhausen School, Switzerland with Teacher Coordinator,



AIS PV students display memorabilia sent by their Swiss pen friends

Ms Moline Rebecca. There are plans to take the programme to the next level by initiating another project in the new session, wherein students will be interacting with their partner school students on 'Educanet' platform by creating a forum and exchanging ideas on varied topics.

As part of the programme, Class X undertook two projects-'India In A Box' and 'Switzerland In A Box', in which they exchanged gift items highlighting each others' culture and uniqueness. The children sent hand-made cards, candles, Ganesh idols, photos of Rangoli decora-

tion, handicrafts, etc explaining the significance of each. Similarly, the Swiss kids sent their flag, cards, recipe, glowing Santa hat, Swiss bells, coins, etc.

## Yahi hai write choice!

**Vridhi Dua, AIS PV:** The Programme allows students to make international friends through the traditional medium of exchanging letters! It encourages student bonding.  
**Taanya Gupta, AIS PV:** The children who are exchanging letters with us are our age; so it is very easy to relate to them. I'm proud to share information about my country.  
**Kanika Khosla, AIS PV:** Anticipation for letters to arrive was exciting!  
**Shubheksha Singh, AIS PV:** When I learnt that my pen friend's mom is Indian and worships Ganesha, I sent her a Ganesha idol and she loved it.  
**Aditi Singh, AIS PV:** The excitement you feel when you see your name scribbled on a piece of paper, is certainly much more than a test paper!

AIS Mayur Vihar



## A toast to friendship

Sirifort Auditorium wore a festive look on February 14, as AIS Mayur Vihar presented their Annual Day for Classes I to VI; the theme being 'Celebrating the beauty of friendship'. Children put up a play which showcased the mother, teacher and environment as friends. The Chief Guest was Lt General Lamba. The other dignitaries present were Santoshi Hata, GM, Ritsumeikan India office; Juliana, Programme Director, Indo- German (School partnership) and Divya Arora, Director, AFS. Principal Sarita Aggarwal presented the annual report supported by an appealing power point presentation. Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools, was overwhelmed by the outstanding performance and reiterated that both the teacher and mother play integral role in a child's life.

# A taste of Taiwan

Intriguing projects...talented young scientists...Taiwan International Science Fair presented the unprecedented

A group of students from Amity schools participated in the Taiwan International Science Fair (TISF) at Taipei, Taiwan from February 5-12. TISF is a science research competition for high school students from grades nine to twelve. Its mission is to nurture talented young scientists. TISF 2012 brought together 208 domestic students and 39 overseas students from 17 nations to compete for awards. At TISF, the Amity team comprising Varun Sridhar, X, AIS Saket (Project: Extreme Mouse Mobile); Raghav Mehta, X, AIS Saket (Project: Projectile Motion in Sports) and Bhuwan Agarwal, X, AIS Vasundhara- 6 (Project: Use of Square shaped Wheels in ship harbouring) bagged the Fourth Prize. They were accompanied by Piyush Kumar, Project Associate, Innovation, Amity's Children Science Foundation. Students enjoyed the opening ceremony 'Meet the Scientists' and the welcome party; a Science Cultural Tour to Gold Ecological Park and Jiufen Old Street as well as venture sites at Taipei. They also attended a Science Educators Workshop



## Taiwan Tally

Total Participants  
242

Total Projects  
169

Participating Countries  
Canada, Hong Kong, India, Indonesia, Korea, Mexico, New Zealand, Philippines, Taiwan, Romania, Russia, Saudi Arabia, Singapore, South Africa, Sri Lanka, Thailand, United Arab Emirates, United States

Amity students get a taste of Arab culture at TISF

by international resource persons like Chung-ChuChiang & Ming-Te Wu from Taiwan; Lenard Ralph Reimer from Canada; Piyush Kumar from India; Youngmi Kim from Korea; Tatiana Vompe from Russia and Tipaporn Limpaseni from Thailand. Bhuwan quips, "I am grateful to the en-

tire Amity fraternity for the unforgettable experience." Raghav shares, "It was wonderful interacting with delegates, staying with the host family, appreciating Taiwan's culture and sharing our own." Varun echoes, "We gained loads of knowledge interacting with the brightest people of our age group."

## Teaching the teachers



AIS Noida

A workshop was conducted for the teachers of classes III, IV and V by Ms Sunita Kenue, resource person from AKC Data Systems, on January 10. During the session, she explained various features of Amitrinet, a website which works as an interface between teachers and parents. The main focus was to make the class teachers and subject teachers aware, about the usage of the parent section. This included guidelines about changing of password, making use of various options, precautions for the parents while they use the facility, etc. Teachers were also given detailed instructions about the knowledge resource option, uploading of syllabus, planner, etc.



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AIS Noida

## AMITY HAAT



Usha Verma, AIS Noida, Teacher

Fun and frolic added a whole new dimension to learning at AIS Noida when 'Market Day' was organised for Classes Nursery, KG and I. The three day 'Amity Haat' held from February 13-15 provided a great shopping experience. Older Amitians volunteered to provide amusement for the little ones. Dressed up as magicians, they weaved their magic wands leaving the children in awe. Puppetry came alive in a hilarious tale about a 'Chicken Sleuth' in the 'Chilly Chicken Show'. At the various stalls, the children could

spend up to Rs 50. At the Stationery Stall, they could purchase varied styles of erasers, sharpeners, decorative pencils, etc. The Snack Stall had yummy BonBon biscuits, 'aloo bhujija', Munch chocolates, muffins, etc. At the Story Book Stall, interesting books by Children's Book Trust were on display. At the Toys Stall, they could buy Ludo, 'Chakla Belan', compact torch, camera and Smiley balls. It was a day to learn about mathematics and spending wisely. Children thanked Principal Renu Singh and Primary Consultant Roopma Singh for the unique entertaining and educative experience.



Capturing a golf cart loaded with beautiful girls in a fun mood was really exciting. I enjoyed the field trip to Amity University.

Lucky Gupta, IX, Amitasha Noida



# Caught in their own Lens

Imaging: Ravinder Gusain

They have an eye for beauty and they know how to capture it too! Meet ace photographers Safal Chaudhary and Suraj Anant Singh from ASCO, as they share their passion for photography in a conversation with **Debolina Goswami** of **Amity Institute of Biotechnology**

## Suraj Anant Singh

A man struggling against the societal norms only to emerge a winner; this is what lead protagonists are made up of. But this is not someone's figment of imagination; he is Amity School of Communication's very own Suraj Anant Singh. Before you read on, it is recommended you arm yourself with a tub of popcorn; for Anant's life is inspired from Bollywood flick—3 idiots!

**Give me another chance, I wanna grow up...**: After completing his schooling, Anant decided to stick to the customary track and enrolled for engineering. After not being able to score well in the second year, his friend helped him realize his aptitude for mass communication. This marked the turning point in his life. He appeared for Amity's entrance examination and cleared it with flying colours!

There was no looking back after that.

**Masti ki pathshaala** : Immediately after enrolling at Amity, Anant tried to gain a foothold in photography by devouring every possible e-book and research material. After attaining theoretical knowledge, he desperately craved for a camera. But since a decent DSLR camera costs a whopping 22 grand, he borrowed an SLR camera from a friend. But the desire to possess one was so strong that he struggled at a local BPO to buy his first love.

## Safal Chaudhary

This self-professed introvert from Jaipur was quite clueless about his career after his childhood dream

of becoming a pilot dashed to bits.

**Behti hawa sa tha woh....**: His love for photography made him enroll for a degree in mass communications at Amity. But he felt powerless without a camera, so he borrowed it from his senior and went on a clicking spree. A girl, with low self-confidence would magically transform into a beauty, in Safal's photography. His parents were not very happy at the turn of events. They

wanted Safal to regard photography as a hobby and not as a career option. Nonetheless, his father finally bought him his first camera. Once he had a camera of his own, he found himself bathing in attention. But once he lost his camera, his popularity

nosedived. He then started working as an intern with an NGO.

## Anant & Safal

They first met outside a studio in Amity campus, only to meet again a year later. They worked together at "Photoshaala", a workshop organized by Amity University. This marked the beginning of their friendship. Their ability to manage an excellent output despite limited resources gave birth to their production house Depth of Films (DoF).

**Aal izz well**: Since then, they have worked on countless portfolios, parties, weddings and designer shoots. Their current agenda is to get DoF registered. Once that is achieved, the sky is the limit for them. 🇮🇳



Laxmi Khinchi, VIII and Soni Gupta, VII, Amitasha Saket click Anant Singh (L) and Safal Chaudhary flash their prized possession



# Star Sensation!



Alisha Ansari, VIII & Mamta, IX, Amitasha Saket click the little diva in Janya

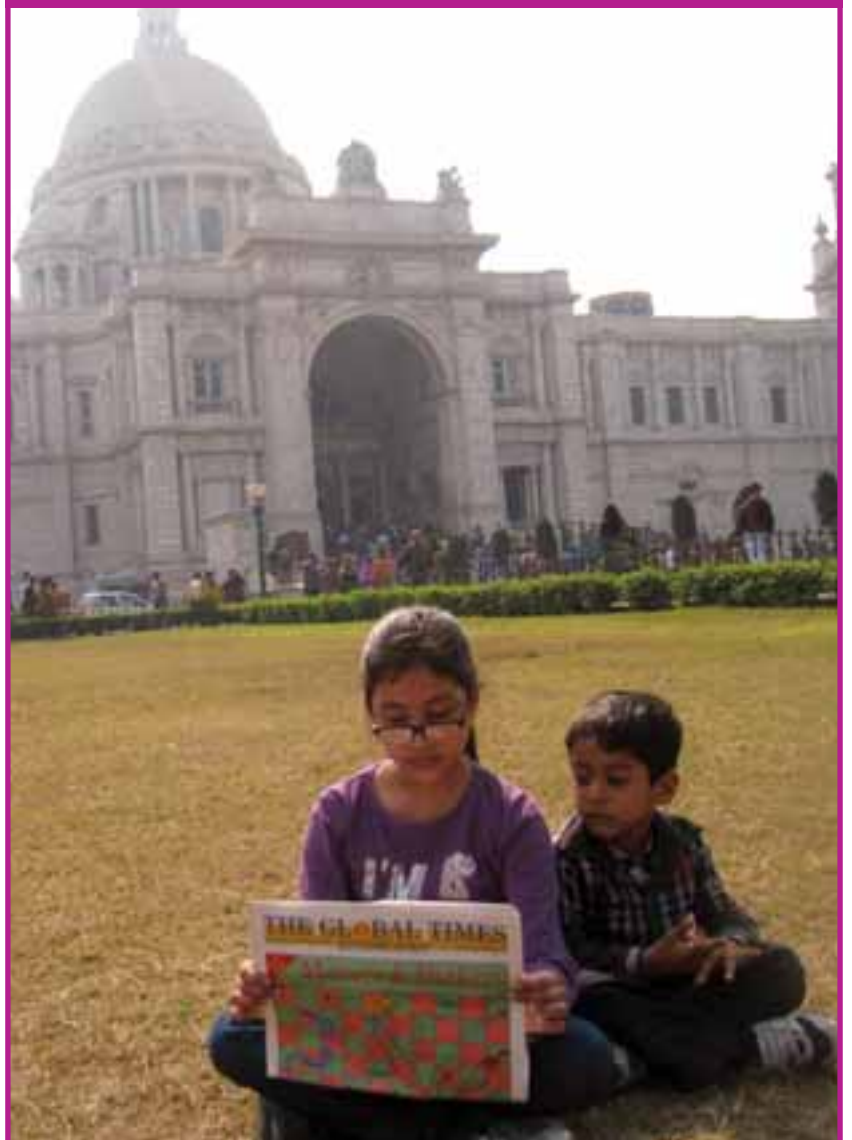
She is bubbly and chirpy like any child of her age. But her elegance and grace know no bar. She is no less than any top model. Meet the shining star Janya Mehndiratta from KG C, AIS Noida, who scorched the ramp with her cute smile at Indian Kids Fashion Week (IFKW), 2012.

"At two years of age, when children just learn how to walk and babble, this superstar in the making used to drape a dupatta and walk to the beats of music.

She was born with a fashion sense. At a very young age, she started picking up accessories and dresses to suit her style. Her keen interest in fashion made me register her name for IFKW," says Janya's mother, Ankita Mehndiratta. When not dabbling with modeling, Janya loves to cycle, dance, colour and watch *Chota Bheem* and Barbie on TV. However, one activity she enjoys the most is adorning new dresses and trying new hair styles.

This young fashionista walked the ramp at Mumbai from January 17-19, 2012 for leading brands like Barbie, Minerals Fisher Price, Beebay, etc. Her confident smile and graceful walk made her popular amongst designers and other participants. Though, she has many interesting offers in her kitty, Ankita wants her daughter to devote time to her studies. But she does not rule out the possibility of Janya acting in TV commercials and daily soaps in the future. 🇮🇳

## GT Travels to Kolkata



Nishtha Das, III B and Nibir Das Nursery C, AIS Vasundhara 6, flip through GT at Victoria Memorial, Kolkata. This incredible art museum was established in the year 1921. The museum houses spectacular figures that epitomize prudence, learning and motherhood.

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