



Happy Women's Day

With March being the month of International Women's Day, it's time to rejoice in varied hues of pink. GT joins the revelry with this special edition, featuring all women writers and explores the myriad facets of her world.

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AMITEpoll

If given a choice, you would want to vote out

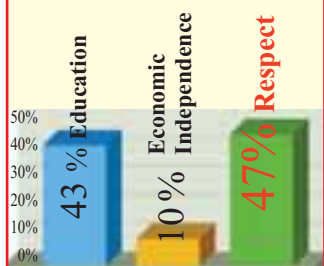
- Corruption
- Poverty
- War

To vote, log on to www.theglobaltimes.in

POLL RESULT

for GT issue February 25, 2013

The best way to empower women is by providing them



Results as on March 22, 2013

Coming Next

Vote out what you don't want in the next edition!

Women of Substance

They came, they saw, they conquered; albeit in their own special ways. March being the month of International Women’s Day, GT caught up with women of three different generations of the first Amity family. Read on as the grandmother, mother and daughter open up on being a woman and more



We are family: (L-R) Ammaji, Dr (Mrs) Amita Chauhan and Ms Sapna Chauhan

A woman is the pivot of the family and the cornerstone of a stable and strong society.
Her biggest strength is to hold an entire family together.
Her biggest weakness is her submissive nature, which is often exploited by others.
Woman then were worshipped and given much more respect. They were the caregivers of the family.
And woman now are caregivers not just for their family alone, but for the entire society. They are coming on the forefront, ushering a change in all fields - education, social, political etc.
Woman role model are all female deities in our holy scriptures. Be it Saraswati, the Goddess of knowledge; Laxmi, the Goddess of wealth and prosperity; or Durga, the Goddess of *shakti*; each one of them instills values, that are essential for life.
Message A woman is the fabric that binds the family together. So, if at all a woman steps out of the house, it should be to make a positive difference to the society and usher change we want to see.

Smt Leelawati Shastri, fondly known as Ammaji

A woman is the backbone of a family, an infinite source of energy and the creator of the universe.
Her biggest strength is her selfless service for nation building.
Her biggest weakness is her emotional association with her environment, which I feel is a hidden asset.
A woman can bring up children with good values and *sanskaar*, who in turn make a good family, which is the basic unit of a good society and a strong nation.
Woman then contributed to the household within the confines of their home.
And woman now has stepped outside the four walls of the home to contribute to towards the nation’s progress.
Woman role model is both my mother and mother-in-law. Both are self enterprising, confident and respect women, which has made me the woman I am today.
Message Being born a woman is the biggest gift of God. Have confidence in yourself as you have all the qualities needed to change the world.

Dr (Mrs) Amita Chauhan
 Chairperson, Amity Group of Schools

A woman is according to me, beyond definition. If at all, she can be best described as a divine creator.
Her biggest strength is her capacity for boundless love, care and compassion.
Her biggest weakness is when she doesn’t understand the true beauty and worth of being a woman. She just needs to realise and channelise her potential, and then no one can stop her from achieving what she wants.
A woman can do anything and everything. When she puts her heart, mind and soul into it, she can truly achieve anything she desires, perceives or imagines.
Woman role model is my mother. She is the perfect woman in every way and in all her roles - as a mother, daughter, wife, sister, leader, she sets the best example. I learn from her every day. I am also inspired by my team, which comprises 95% women. They perform their roles with sincerity, motivating me to work harder.
Message Let all the amazing women in your life know how wonderful they are, not only today, but everyday! Happy Women's Day!

Ms Sapna Chauhan, Vice Chairperson, Amiown & ACERT

Be passionate about what you do

A Padma Shri awardee, one of the best known kathak danseuses in the world, a retired officer of the Indian Audits & Accounts Service...Shovana Narayan has more facets to her than what meets the eye. Debolina Goswami, AIB & Swati Sinha, ASCO attempt to discover a few aspects of this multi dimensional woman

Was your childhood all about dancing?
 Not really! My childhood was like everyone’s childhood – lots of studies and playing, and then of course there was a lot of dance. But there was one important thing that my childhood taught me – time management. Since I was passionate about both dance and academics, I had to balance the two and for that time management was very important. I am glad I learnt managing my time well as a kid, because what you imbibe during childhood stays with you throughout. And I am only glad it did, because when you are a woman, time management is essential.

Talking of time management, how do you manage to balance your personal life with a hectic work schedule?
 The answer lies in passion. If you are passionate about what you do, then everything will fall into place just like a jigsaw puzzle. Be it your role as a parent or as a professional, you can be successful only when you play your part with passion, sincerity and love. I am just



GT reporters in conversation with Shovana Narayan

passionate about what I do, both personally as well as professionally.
An acclaimed dancer and a retired civil services officer - which of your roles take precedence?
 I have just retired from my services. But during the time while I was in service, it used to depend on the time of the day. If I was in office, I used to concentrate

completely on my work. But while I was away, my focus would be on dance.
Should classical art forms be included in school curriculum?
 For the last 25 years, I have been supporting this. It’s not necessary for everybody to learn dance and music; but it is necessary to be aware of the heritage and its significance. In Indian philosophy,

Saraswati is the Goddess of learning, and yet she holds a Veena instead of books. This signifies that the pursuit of classical art helps attain sensitivity and inner balance. That’s why, in our traditional Indian philosophy, every classical performing art is a form of yoga in its true sense; where it brings spiritual enlightenment and inner harmony.
What is the essence of being Shovana?
 I think I’m just a person who is still struggling to find whatever it takes to be a good human being. I want to do well in whatever I do and achieve whatever I achieve through ethical means.
Any message for Amitians?
 Whatever you do, do it well. Don’t take shortcuts as they will lead you nowhere. Materialism and consumerism should not be your aim. Do everything with sincerity.



Let us celebrate how far we (women) have come and remember how much more we still have to offer.

Queen Rania of Jordan

Irom Sharmila



Nirbhaya



Malala Yousafzai



Queen Elizabeth



Mamata Banerjee



Women on top

While some stirred a nation's dying conscience; there were others who brought glory to their nation. Meet some women newsmakers from across the globe who kept the news wire ticking

From politics to activism; from sports to the glitzy world of entertainment; women have been ruling the news waves. This Women's Day let's salute some top achievers.

A symbol of hope: She never wished to be a symbol of hope; the 23 year old bubbling with life only desired to make it big in life. However, the gut wrenching incident on December 16 abruptly ended her dream. But it was her desire to live and see her culprits nailed that made her a national hero. It also jolted a young nation to stand up for its rights. The decision of the US government to honour the braveheart posthumously and the Nirbhaya fund set up by the Indian government is a homage to the feisty daughter of the nation.

Iron Lady of Manipur: Known for her iron will, Irom Chanu Sharmila, who has been on a hunger strike since 2000 demanding a repeal of Armed

Forces Special Power Act, completed 12 years of fasting in November 2012. Sharmila, a civil rights activist, began her hunger strike after the death of ten people in an alleged encounter with the Assam Rifles on November 2, 2000. Irom Sharmila is in judicial custody where she is forcibly fed through her nose and has recently been framed for attempt to suicide.

Young braveheart: On October 9, 2012, Malala Yousafzai, a 15 year old girl in Pakistan's Swat region, catapulted to the status of a global icon of peace after she was shot in the head and neck by a Taliban gunman. Her crime, according to the fanatic Talibanis, was that she had objected to the ban on girl's education. Malala survived and has since then become an international face for women's education. She was nominated for International Children's Peace Prize in October 2012.

Master of words: Arianna Huffington, Founder & Editor in Chief, Huffington Post- a news website, a content

aggregator and a blog, widely considered world's most popular website bagged the Pulitzer Prize in the category of national reporting. The prize was given to it for senior military correspondent David Wood's 10 part series about wounded veterans titled 'Beyond the Battlefield'.

A royal take: Her Highness, Queen Elizabeth has completed 60 years on the throne. She is the longest-living and second longest reigning monarch of UK. Her ceremonial services to the nation have been scrutinized over decades and the lady has only seized to level for nothing less than the best.

Didi of masses: West Bengal Chief Minister, Mamata Banerjee has been named among the 100 most influential people in the world in 2012 by Time magazine. Billed as a mercurial oddball and a shrieking street fighter by the opposition, she has joined the club of peo-

ple who inspire, entertain, challenge and change the world.

Missile Woman: Tessy Thomas became the first-ever woman director of an Indian missile project placed India at par with US, Russia and China that are capable of producing their own long-range Inter-Continental Ballistic Missiles (ICBMs). Known as the country's 'missile woman', Tessy played a key role in the making of the most potent long-range nuclear-capable ballistic missile, Agni-V, which was successfully tested.

Knock off queen: Mary Kom became the first woman to win a medal for boxing at Olympics. Her bronze at the London Olympics 2012

was a highlight moment for the entire country. Mary is also a five time boxing champion in flyweight category. She became the only Indian boxer to win an Olympic medal after Vijender Singh.

New debutantes: Women from the Arab nations have taken the world of sports in their stride as many debutantes showcased their talent at 2012 Olympic Games for the first time. Judo entrants Wojdan Shaherkani (16) and Sarah Attar, 20, represented Saudi Arabia.

RIP Houston: Singing sensation Whitney Houston, the most awarded female of her time and the only artist to chart seven consecutive No.1 Billboard Hot 100 hits died in Feb 2012. 🇺🇸

Sarah Attar



Mary Kom



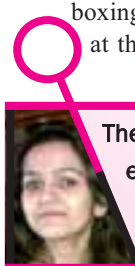
Whitney Houston



Tessy Thomas



Arianna Huffington



The writer, Kanika Bhardwaj, Amity Instt of Biotechnology, is an everyday college trooper, eccentric and impulsive in all monotony (of completing academic chores). She would love to capture every happening of the day through the lens or jot it on paper.



Learning from her

While she imparts academic teachings at school as a teacher, she imbues in you valuable lessons as a mother. She teaches you to be submissive and demonstrates how to fight with unmatched grit. She teaches you to give selflessly and shows you how to hold your own. With such admirable virtues, it is only just that we take back from her some learning. This women's day, three inspiring women of the Amity family share one thing you must learn from HER

Boundless strength





Ms Pooja Chauhan
Chairperson, Amity
Humanity Foundation

Women has strength that amazes all. She can handle trouble and carry heavy burdens. She can hold happiness, love and opinions. She is worthy of praise in all her personalities as a mother, a sister, a daughter, a teacher, a wife. From the government that changes its laws, to the enterprise that provides equal pay, to the parents that teach their daughter and son that all human beings should be treated the same, if you see, equality really depends on each of us. As for every child, her mother is her universe. After facing the challenges that life throws, after dealing with them with courage and dignity and finally after overcoming them, I realised that I owe it to my mother who has given me strength and love in my life. **She does everything:** For how I have matured into the woman I am today, I owe it to my mother-in-law, Dr (Mrs) Amita Chauhan. Mother to six children, Chairperson of Amity group of schools, the driving force to our big joint family; she is by far the most caring, passionate, dynamic and strong woman who has influenced me. I hope many more young girls get their inspiration from her as I do everyday.  

Keeping it together





Ms Divya Chauhan
Vice Chairperson,
Amity School of Fine
Arts & Amity School of
Fashion Technology

It is perplexing enough to weave a sturdy basket, that is also aesthetically appealing. Imagine how much harder it is to weave together a family with tight bonds, an institution with strong values, a charity with courageous purpose; and to do it all with a strength of resolve and abundance of love. And that is something a woman can do with unmatched ease. She excels in the art of keeping everything together; on all fronts -personal, professional and social. It is her ability to weave numerous threads of her life intricately without entangling them that make her the social fabric of our society. **She holds it together:** Personally, from my mother-in-law- Dr (Mrs) Amita Chauhan, I have learnt how to selflessly identify, prioritise, create and keep together everything that is important. One has to be very large hearted, giving and patient for that. I look up to her for the way she weaves in challenging, courageous and sensitive tasks together.  

The art of multi-tasking



Ms Jaishree Chauhan

If there is one thing that can be learnt and imbibed from a woman, it is the art of multi-tasking umpteen roles with ease. Today's women walk shoulder to shoulder with men. They are driven and ambitious professionals as well as capable home makers. They climb up the corporate ladder, juggling hectic schedules, appointments and racing ahead of deadlines, fulfilling all their assignments as a thorough professional; just as easily as they revert back to being pillars of support for their families, leading their children to excel, offering unconditional support and care to the family, even if it means sacrificing what they love. Standing high and proud, her family is the axis her universe spins on and yet she finds time to excel professionally. This is the true essence of being a woman. **She multi-tasks:** Dr (Mrs) Amita Chauhan is Chairperson, Amity Group of Schools and at the same time mother to the thousands of children studying there. Beset with patience and care, she stands out as the most motivating example for all of us. As a mother to the school children and us, she is a nurturer and care giver. As a professional, she is powerful and dynamic, adding feathers to the Amity cap with every passing year.  

Amity Institute for Competitive Examinations



Brainleaks-70 FOR CLASS XI-XII

A particle of mass m is moving along a circle of radius r such that its radial acceleration is given by $a_r = k^2 r t^2$ where k is a constant and t is the time of motion. The total power delivered by all forces acting on the particle is given by
(a) $mk^2 r^2 t$ (b) $m^2 k^2 r^2$
(c) $mk r^2 t$ (d) $mk^2 r t$

Ans: Brainleaks 69:
(a) $6S = O$ and three $S - O - S$ bonds

Last Date:
April 5, 2013

3 correct entries win attractive prizes

Name:.....

Class:.....

School:.....



Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at brainleaks@theglobaltimes.in

Teacher diaries

Stress, laughter, learning, unlearning, counselling- a day in a teacher's life is all this and much more

The bell rings and the homework is still not complete. Sitting in an empty classroom, I frantically try to finish the work that was to be done yesterday. The pen flies on paper and my eyes are on the door. Am I going to make it before the class begins? The stress of exams looms - has every topic been covered? Sounds like a harassed student? Not really. Welcome to the world of teachers. A teacher is not just an Einstein but also seeks inspiration from Hitler, (his ability to hold his audience spellbound) and from Rambo. I am sure, if he had to take on 40 adolescents all at once, he might have turned tail but we teachers are made of sterner stuff. If the magic of Harry Potter's world could come

true, then one spell the teachers would invent would be the auto copy checking machine. It is never specified if Professor Snape actually checked the copies or if it happened magically. But, sadly as we live in a world devoid of magic, we make our own magic everyday. And this magic is the successful transformation of a single entity into a much beloved octopus: event manager, makeup artist, counselor, computer expert, writer, editor, disciplinarian, and friend: you name it, the

teacher has got it. They are at times the most loved figure in a child's life and sometimes also the most hated ones. But they take it in their stride. They feel immense pride in their huge accomplishments and are heartbroken at even the smallest of their failures. In a typical day of a teacher's life, she remembers to wish all her students luck for an exam but forgets to wish her own child. But that is fine, for that child also has a teacher somewhere who has wished her.  



The writer, Shalini Agarwal is a teacher at AIS Gurgaon 43 and GT coordinator. This year while more multi tasking is on her agenda, she wants scientists to develop an auto copy checking machine.





No longer a man's world

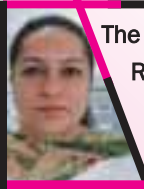
Watch women make inroads and mark their space in the territory of 'only men allowed' professions

“Good afternoon, this is your captain. We will arrive at our destination, approximately in an hour. The sky is bright, sun is shining; forecasts say weather is warm and the wind is calm.” If you don't find anything unusual about it, just pay attention to the voice – your pilot is a woman! The world around us is changing. The conception that few careers are prerogative of men alone is fast blurring. Gone are the days when limited career options were available for women.

From Indra Nooyi in the board room to Mary Kom in the ring, women have surpassed men in every profession. Who would have thought of giving the responsibility of an entire film and crores of money on some woman

until the late 90's. But then came a wave of change in the new millennium. Female directors like Farah Khan, Zoya Akhtar and now Gauri Shinde came to the forefront to prove otherwise. The otherwise male dominated chef cap saw women like Anjum Anand come to the forefront on the UK culinary scene, whereas back home we had our very own Tarla Dalal stirring in new recipes. Some of the best known wildlife photographers today are females Meet Rathika

Ramasamy, one of India's top bird photographers. And that's not all. Women have also made their space in defence forces etc, despite the supposed belief that they are not physically suited for such professions. Women who had the passion followed their dream and emerged triumphant, becoming known faces in such fields. The woman of today has dared into a territory where until recently one had to be a man to survive, let alone succeed. She is on a march to success and her future is bright.  



The writer Taruna Barthwal, Career Counsellor and Resource Coordinator, ACCGC believes that today's woman with her determination and passion can make a mark for herself in every profession.

Someone asked why is there a women's day and not a men's day? My answer is women make sure that the rest of the year is men's day by celebrating us. So giving them one day in a year is the least we can do, when it should be the other way round!

Abhishek Bachchan, Actor

Science: Gender no bar, anymore

You may doubt her scientific acumen but her relationship with science goes a long way. As the gender disparity in science comes to light, India takes a step forward in trying to bridge the gap.

The number slumber

On January 7, 2013, the UN said that women could well lag behind in scientific and technological fields if measures are not introduced in countries to check the gender discrepancy.

Studies confirm the dwindling rate of the participation of the fairer sex in S&T. Indian states like Bihar and Rajasthan have less than 35% of women enrolled in science at university level. What's more shocking is that among 468 young scientist awardees between 1974-2005, only 9% are women.

One of the prime reasons for lower participation of women in science is the unwelcoming policies of most countries. Iranian government has declared that the fairer sex would be excluded from certain scientific studies at university level.

Also, the job opportunities for women in the field are relatively less. A study by Yale University has revealed that women graduates in science are less likely to be absorbed for research posts.

Other than that, it is societal stereotyping that classifies women as less competent in science and mathematics in comparison to men.

Women: natural scientists

While a woman may not be considered a scientist prototype at a universal level, she is a great scientist within the confines of her home. Sample this: she can juggle spices in perfect proportion without measuring them, judge well the stages of cooking and deliver food cooked to perfection. What's more is she can maintain the best temperatures for setting up curd in both summers and winters even when the fermentation rates is different in different conditions. A natural doctor, she feeds her child with turmeric milk to heal his wounds. A home bred chemist, she prepares her own drain cleaner to clean the clogged drains effortlessly. She can offer you mangoes in winter in the form of mango pickle and chutney, all thanks to her

knowledge of food preservation techniques. Once these inborn talents in them are nurtured, women could surprise with their capabilities in science and engineering.

India: the brighter picture

To capitalise on women as a valuable human resource in science, the government has set up a special task force for augmentation/establishment of infrastructure for women universities (specially in states with less than 30% women students in science), and inclusion of various schemes to encourage women's scientific bent of mind. The scheme Women Scientists Scheme (WOS) by the Department of Science and Technology provides opportunities to women scientists and technologists in the age group of 30-50 years to return to mainstream science and work as bench-level scientists. Scholarships for research in Basic/Applied Science, S&T based societal programs and internships for self-employment are also available for women. [G.T](#)



The writer, Dr Madhu Phull, Advisor, Science Communication, Amity Group of Schools, feels that women should be awarded more opportunities in science and technology.



What Women Want

What would the fairer sex ask for, if the fairy godmother of gadgets agreed to twirl her magic wand? Let's check out as women put on their thinking caps to fantasise!

It's an age old question-what women want-one that most spend their lives trying unsuccessfully, to figure out. So, what would they wish for when it comes to gadgets that would ease their life? Here's the hint: it has little to do with sparkly pink electronic toenail-painters and Swarovski encrusted netbooks. The gizmo wand goes twirl and here's what the ladies in the house wish for.

Bippity, Boppity, Boo!

"I would like to have a gadget that would help me remember what is to follow next," says Jyoti Arora, Head, Amity Educational Resource Centre. No! She does not mean a future computer, rather she wishes for a magical calendar in a super computer. With organising and managing several events at once, scheduling meetings, checking reminders every now and then and add to it the concern of meeting up with personal deadlines of routine medical checkups and those much required bank visits...this is much deserved. "Something that would direct me from time to time, what is to be done, and exactly when is to be done, probably so that I can give my mind a vacation," says Jyoti.

Yes yes...all women managers would nod in agreement.

Hocus Pocus!

Pallavi Majumdar, senior professor at ASCO, Amity University wishes for a special robot cook. It'll be specially designed for working ladies who



Imaging: Deepak Sharma

either don't get time for cooking or hardly enjoy it. This robot would not only complete the daily household chores making your home look spic and span in a jiffy, but the owner would also be able to programme it to cook and serve exotic cuisines (low fat, of course!). Wow! Imagine the wonder of

new aromas coming from a clean kitchen every day, sampling new dishes, and not having to run after erring maids.

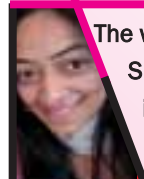
This one is sure to be hit with all working women.

Huta Raputa!

Here's seeking another wish from the fairy godmothers gizmo wand that everybody needs to watch out for (literally). What Debjani Das, teacher at AIS Saket wishes for is a Mom Tab App.

Yes, it's not a gadget but a cool app for worrywart moms who always want to keep a watchful eye on their darlings-whether they are 15 or 25! The Mom Tab App would be an application to be downloaded on your phones, laptops or tablets. And what will it do? Yes, you guessed it- keep an eye on you! All those working ladies struggling between work schedules and home management would be able to put up their feet and relax. For those who have been chanting flexi time, well, you wouldn't need it anymore. So no more worries about kids bunking classes or hanging out at undesirable places. Moms can take a chill pill now. [G.T](#)

Watch out for this one, kids.



The writer, Pallavi Joshi of Team GT is passionate for all the creative things in the world. She finds herself in the middle of reading her favourite book, writing something, dancing to her favourite tunes and watching theatrical shows in nick of time. Hence, she wants a time machine to follow her passions without falling short of time.

My girl pals

She can be your mother, sister, friend...and still easily be your girl pal, for all you need to create the perfect girl group is two females bonding (whether it's over coffee or K serials). Whether you want to chill over ice cream or take on hot issues of life over coffee; your girl pals will always be there. They will hear your out, lend a shoulder, love you...because they are your girl friends. Tell your female buddies you love them, some already did



Labanya with her girl pals

Through everything

It is often said that a good friend will bail you out of jail, but a best friend will be sitting next to you saying, "Well, that was fun!" My friends mean the world to me. Being the only child, it is them that I turn to and they have never let me down. Your girl friends will back you in everything, hear you out even when you don't make sense, love you conditionally, and be there through everything. They are the true treasure of life to be cherished forever.

Labanya Maitra, AIS Saket, XII



Just because you were born alone, does not mean you have to be alone. Have an assortment of girlfriends handy, it ensures that you have a partner for everything...study friend, chat friend, gym friend, food friend; after all *har ek friend zaroori hai yaar*. 🇧🇩

Just you and me

Within a span of 60 minutes and over one bottle of Coke, a few wild flowers, our favourite coffee shop and lots of pictures, she made me smile a million times. I make a panic call to her when I don't know what to wear. I remember giggling with her for hours and saying "My tummy hurts now." She sees me like no one else did. And today I agree - girls before guys and friends before love. She is my oldest pair of blue jeans -faded, distressed yet the most comfortable and obviously the favourite.

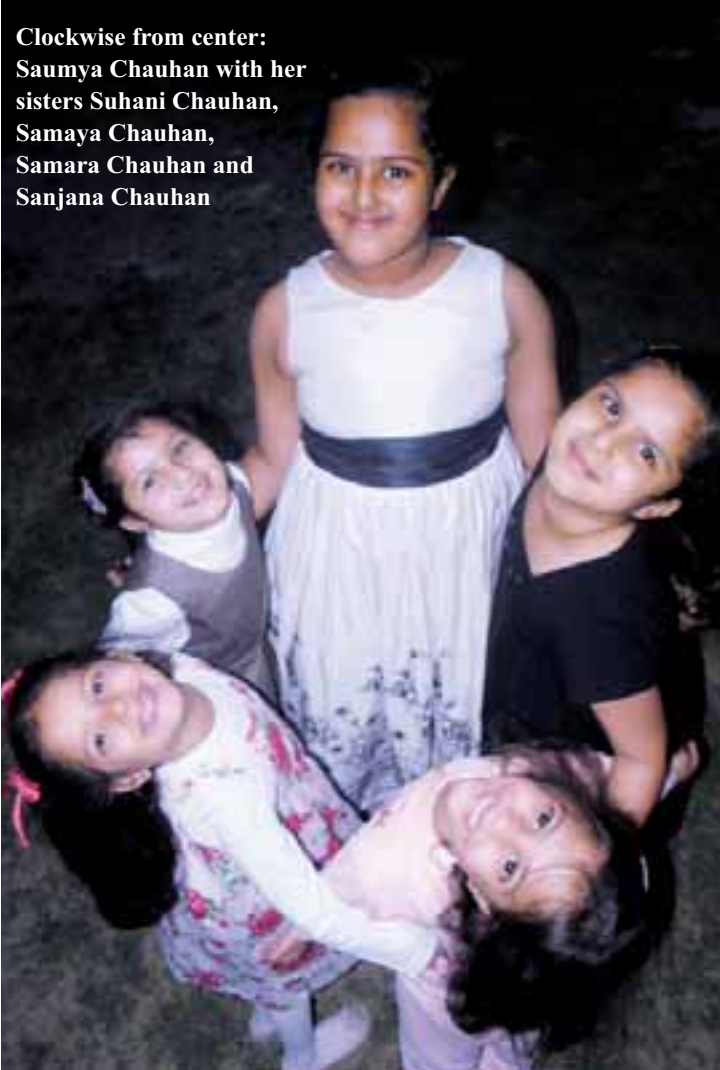
Astha Singh, AIS Noida, X



Make new friends but don't forget the old, because new is silver and OLD is GOLD. 🇧🇩



Astha (L) strikes a pose with her best pal Pracchi Mehta



Clockwise from center: Saumya Chauhan with her sisters Suhani Chauhan, Samaya Chauhan, Samara Chauhan and Sanjana Chauhan

Soul sisters

Fun with five is what we sing along. My sisters are my best friends. We go to school together, eat together, play together. Whether it is studying for the exams or playing fun games, we are always together. I am so happy that I have not one, not two but four best friends who will always be with me in everything.

Saumya Chauhan, AIS Pushp Vihar, IV



Phone, FB, Whats App, BBM...you don't need any of these to stay connected; these are just some of the perks of living with your bestie.



Colouring drawing books, decorating dollhouse, finishing assignments, dealing with Board exam stress, shopping for college...you grow up doing all of this together with your best friends. 🇧🇩

The W platter

A pinch of 'that' and a dollop of 'this'; with a sprinkle of 'this' and an icing of 'that'. Ever pondered what makes the recipe of a woman so special?

She can deal with stress, carry heavy burdens. She smiles when she feels like screaming, she sings when she feels like crying. She cries when she's happy, laughs when she's afraid. Her love is unconditional...ever wondered what she is really made of?

For eons and centuries, she has been surrounded by her mysterious aura. Men have tried and wasted, at last screaming from the rooftop, "It's impossible to understand her."

Well, if only! The non-pink gender need not take the failure of 'Mission decoding women' upon themselves. After all, confusion is the only flavour that you can have on your palette, when the recipe has been cooked with more ingredients than what even Michelin starred chefs can remember.

Here's a feeble attempt to decode, one of the most complicated recipe of all times.



CORE

LoveOne Heart full
PatienceTwo minds full
AffectionAn Armful
ResilienceA cup

First things first, get a heart full of love – the primary ingredient to this recipe. And remember to get this ingredient in all its flavours – motherly, sisterly, friendly, daughterly et al. Add to this patience, affection, and resilience. Whisk in till the ingredients blend well together. Simmer over a flame of emotion. Do not over cook else the core might turn bitter with anger or saline with tears.

MARINADE

Multitasking essenceOne full jar
DedicationTwo heaps
DeterminationHalf a cup
IntelligenceOne cup
AmbitionTwo cups

Now, in a separate bowl, put together ambition, dedication and determination. Fold in intelligence, slowly but gradually. Now pour this mixture in the jar of multitasking essence. Set the microwave at learning temperature and bake for several years.
Note: This marinade works well for both homemaker as well as career recipes.

GARNISH

TantrumsTo taste
Chuckles and laughterA generous dose
Spice and dramaHalf a cup
FunOne cup

Saute tantrums in a pan. Now, as the tantrums begin to crackle, offset them with some fun. Deep fry some chuckles and laughter and add to the pan. Sizzle with some spice and drama.

And now for the final recipe, marinate the core in the marinade for several years till all the flavours seep in to give it the perfect texture. Now, grill this on combination mode (professional and personal). Sprinkle the garnish with a light heart. You probably might be close to serving the recipe called WOMAN. 🇧🇩



Illustration: Deepak Sharma



The writer Pratiti Diddi of Team GT is a foodie and loves to sample different cuisines from across the world. This year she has decided to try her hand at perfecting the recipe of the W platter.

Born a Woman



Dr Amita Chauhan
Chairperson

It is disheartening to see women deal with numerous social atrocities today. Cases of dowry, female infanticide and several other social evils against women, crop up every now and then. While, it is a common practice to blame men for these ill practices, it is important to know that these problems are not the problem of men alone. It is the problem of women too. If we actually look into the root of the problem, it is perhaps the shortcomings of the women. We are perhaps not raising good boys as these boys, when become adult, are the propagators of various social evils.

However, to blame the male fraternity completely as the sole propagator of all atrocities against women would not be fair. It is shocking to hear of cases where the daughter-in-law is ill treated by the mother-in-law, who is a woman herself. Rarely do we hear the vice versa.

Once I heard an elderly woman mention, "You are a grandmother only when you have a grandson." Such statements leave me in utter dismay and disbelief. How will the society change if women think so? Women need to act more sensible, responsible and learn to respect women. I have five grand daughters, but my mother takes pride in each of them; treating them as not grand sons or grand daughters but as valuable grand children. And this unbiased love is what I believe in giving to my children. My mother's immense respect and love for the girl child has given me the confidence to be the woman I am today.

People say that men are stronger than women. But as a child, my father used to tell me that if both a boy and girl contract the same illness, then the chances of the girl to recuperate will be faster. This is because God has made her stronger, because she is the one who bears the child. She has the infinite strength to do anything and bring about any change. I urge all the women to realise their inner strength and potential and tide the winds of change. 🇮🇳

Ladies Special



Vira Sharma
Managing Editor

She creates, she inspires, she loves, she gives, she teaches, she learns...and with all that she does, devoting 12 pages to her is only just. Welcome aboard as we bring to you this special women's day edition of The Global Times.

To begin with, let me make a confession - the inspiration behind this edition has been a woman too. She is none other than our very own Chairperson ma'am who has shown light to thousands of people and continues to do so. Taking cue from her, our front page story 'women of substance' reiterates the true potential of a woman for me, something we all have underestimated somewhere along the way.

A women has myriad hues, each different from the other. In this special edition, we have made an attempt to discover and explore some of these facets. While we get set to live a day in her life as a teacher (page 3), we enjoy with her fun side as she chills with her girl pals (page 5). With breaking the stereotypes being our agenda, we swish past the myths that surround her in the big story. Making this edition was very special for me, especially because GT has an all girls editorial team. But then, the GT magic works with the support of an all boys design team, without whose support this edition would be incomplete. So, get ready to flip through the pages of this 'ladies special' and as you do, you will hear us say, 'Happy Women's Day'! 🇮🇳

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Published for the period March 04 - March 31, 2013

Winds of change

Whether fighting for literacy or resisting sexual harassment, a vibrant and active women's movement is thriving in many parts of the world. Read on...

Collage: Kanika Bhardwaj, Amity Institute of Biotechnology



Shedding the cloak of despair, the new age woman is out in the street not only demanding equal rights and an end to atrocities against her kind but also to celebrate womanhood. Candles, banners and placards are no more her only companions in this fight for justice; they have given way to strong and more impactful tools like theatre, music and flash mob. The new age woman has spurred social reform and change, by initiating several movements. Here are some of them.

Dancing and singing to equality: St Valentine was in for a surprise and so

was the common man on the street, to see a group of youngsters sporting pink ribbons descend on the street on Feb 14 this year to voice their support for women's right as part of One Billion Rising Campaign initiated by the famous American playwright Eve Ensler. It sprouted into existence after Eve, the award winning author of 'The vagina monologues' and victim of child abuse herself, promised her mother that she would put an end to violence against women. Putting behind years of physical abuse, Eve propelled women in over 140 countries to step out of darkness and come out and

protest through dance. She believes that dance is the way to power; it's contagious and leads straight to truth.

Arab spring of hope: As the world lay witness to a violent and turbulent revolution sweeping Tunisia and Egypt, little did they know that there was another silent



The writer, Smita Jain of Team GT strongly believes in equal rights for both men and women. She believes that the rights which a woman enjoys in a society are an indicator of the state of civilization or of a society's collapse.

Say no to stereotyping



Let's celebrate the spirit of womanhood by busting the stereotypes often associated with the fairer sex

They're fashion conscious: Thanks to the creative streak in women and an impeccable eye for detail, the world is a bright little spruced up place, popping colours and fragrances in all corners. Kudos to fashion designers Ritu Beri, Gauri & Nainika, Donatella Versace, Coco Chanel and many more of their clan, fashion was born again as an art. Why do you think it's said women are from Venus?

They think pink: Pink has come to be synonymous with the fairer sex, but the colour has acquired a social meaning in the present day scenario. The cropping up of various pink ribbon campaigns are an important symbol of the fight against breast cancer. The pink ribbon culture is even more prominent in October, celebrated as the breast cancer awareness month. So next time, before you attack the colour relating it to stereotypes, think of the good that has come out of it. 🇮🇳



The writer is Namrata Gulati from Team GT. As the young face of evolving India, she shuns labels and stereotypes and believes more strongly in individuality and freedom of thought and expression.

Chit chat is their forte: It is generally believed that women can talk for hours spinning stories, all without making sense. Look west, and there is Oprah Winfrey, a woman admired world over for 'chit chatting' endlessly to bringing social issues to our living rooms. Bold yet graceful, the woman is known for putting uneasy questions even to the likes of Lance Armstrong. Look east, and there is our very own Richa Anirudh from Zindagi Live who talks away to bring us endless stories of courage.

They fight: Oh yes! They can fight when it's time to stand up for themselves, or for their country, or for anything that's right. Remember the historic figure *Jhansi Ki Rani*, who put many a men to shame with her fencing abilities and initiated the first struggle for the country's freedom?

Dear Amity,

*Amity to us is nurturing
Amity to us is fulfilling
Amity to us is more than
what we perceived
Amity to us is giving our son,
what he deserved.*

Impeccably phenomenal is how I would describe the two years that our son Itteesh Agarwal, II A, AIS Saket has spent in this Gurukul called Amity; 'Guru', referring to the teacher who is the source of knowledge and 'kul' refers to an organisation that aims for community development.

The sole objective, mission and vision of the Amity group of schools and universities is to build a strong India supported by cultural and moral values, by imparting high quality education and knowledge.

From the first day that Itteesh stepped into Amity, we have experienced the vision of the Chairperson well translated by the principal, headmistress and teachers who were instrumental in developing his overall personality. We appreciate the emphasis laid on exploring the hidden talent of the children in fields as music, dance and theatre besides sports. We also appreciate the high standards and cultural values upheld through the annual programs we attended. As we have to shift to a new city, we take back with us fond memories of Amity. We sincerely pray for the name and fame of the Amity education society. All we can say is, we were truly blessed by the blessing called Amity! 🇮🇳

Lakshman Swarup & Santosh Rani
Viresh & Sarika Agarwal
Grandparents and parents of Itteesh

MIS'S'TAKEN

She loves pink, is good at cooking alone, and can cry at the drop of a hat...well, you have certainly mistaken the 'Miss' of today. As the spirit of Women's Day captures the month of March, it's time to step into the real world and know her for real



Myth Women are successful only by fluke.

Fact Don't underestimate women. Santosh Yadav climbed Mount Everest, not once but twice.

Myth Women don't make good politicians.

Fact Meet our Ex President, Delhi Chief Minister, leader of the ruling party...need we say more?

Myth Women cannot read maps.

Fact So what? They will definitely find their way back home.

Myth Behind every successful man, there is a woman.

Fact Agreed.

Myth Women take longer to dress than men.

Fact But the results are worthwhile.

Myth Women need male chaperons.

Fact Nirbhaya was accompanied by a male chaperon. What happened? We all know. Bottomline – both are vulnerable.

Myth Women can cry at the drop of a hat.

Fact Yet, they still manage to be the emotionally stronger ones, so say several studies.

Myth Women are bad with numbers, calculations et al.

Fact Try cooking with 1 tbsp sugar, ½ ounce lemon, 200 gm baking powder and all other numbers and units imaginable.

Myth Women are always fishing for compliments.

Fact Let's just say, they deserve it.

Myth Behind every wrong parking, there is a woman.

Fact They may park wrong, but drive safe. Sample the statistics: men are cited for reckless driving 3.41 more times than women (a study by Quality planning, an analytics company).

Myth Women are good only for cooking.

Fact Chefs of most Michelin starred restaurants are men.

Myth Women like chocolates.

Fact Now you know what makes them sweet.

Myth Women are story tellers.

Fact No wonder they make for good authors (J K Rowling) and directors (Zoya Akhtar, Farah Khan, Gauri Shinde et al).

Myth Women like pink.

Fact They like scarlet red, aubergine, emerald green, turquoise blue...and many other shades that you probably find a little hard to pronounce.



Myth Women are the weaker sex.

Fact Only in your mind. They are flying fighter planes, reporting at war front, and have entered every field imaginable.

Myth Women are care givers and not bread winners.

Fact Ram Kapoor accepting the award for Best Actor at Indian Telly Awards 2012 confessed, "For the first two years of my marriage, I was out of work and my wife was doing a show. I was living off her income." Explanatory enough?

Myth Women are submissive.

Fact Women have headed several major revolutions.

Myth Woman is always the damsel in distress and not the hero.

Fact For every superman there is power puff girls; for every James Bond, a Charlie's Angel.

Myth Women are compulsive shoppers by nature.

Fact Perhaps, but it is the men who spend more. A recent study revealed that an average guy spends \$40 a week on impulse shopping, whereas women spend a little over \$30.



The designers of this edition Design Team, GT, an all boys team, have enjoyed designing an edition that is by, of and for women. On the occasion of International Women's Day, the team presents this edition as an ode to all the women.

My mother, my strength

She works day and night with a smile on her face, loves us selflessly, and yet we fail to acknowledge her efforts



Open Up

Cuddled up Ishita with her mother

All my life, I have seen people smiling around me. But when I come to think of what a smile is, I stand clueless. Is it the flexing of the lip muscles to stretch them till the ears? Is it possible for an emotion as vast and far reaching as happiness to shrink to fit in such a small place? When I think of a smile, there is one particular ‘smiling memory’ that remains etched within. It's not old, might as well be the newest addition to my cache of memories. I have always seen my mother smiling; whether it's her way of portraying herself as a strong figure to

the world, or burying her pain deep within, or simply a reflection of her happiness; I couldn't ever exactly make out. I, being her daughter, know of the problems she suffers- arthritis, varicose veins, minuscule tear in the knee, the arthritis of the TM joint being a few. But to an outsider, she is a picture of strength. She amazes me with her display of pure courage. It was a very regular night. I had just finished my homework and was packing my bag. My dad was out of town and my brother and grandparents were already fast asleep. As I passed by my mother's

room to pick up a few items, I could clearly hear soft cries emanating from the room. As I cautiously turned the door knob and switched on the lamp, I could see tears streaming down her soft angelic face as she lay gripping her knee, writhing in pain. She wiped her tears with the quickness of a rat, but fortunately failed to hide them from me. I realised what she had been going through. I realised what she meant when she said she was tired and realised how great she was. She gladly sacrificed her career to give us a memorable childhood, to give wings to our dreams, to be there for us, to share our innocent joys and sorrows and listen to our endless stories. As the realisation sunk in, I swallowed my tears, went up to her and held her feet and slowly started massaging them to relieve her pain. I looked up, and the only thing I could say was – “I'm sorry, Ma.” And that night, the smile she gave me is one that I would never forget.

The writer, Ishita Bedi, AIS MV, XII, looks upon her mother as her guiding strength.



Pasta with *desi tadka*

Ingredients

Penne Pasta.....200gm
Carrot (chopped)1
Capsicum (chopped)1
Beans (chopped)2
Onions (finely chopped)2
Tomato ketchup3-4 tbsp
Turmeric powder.....1/4 tsp
Chili powder1/2 tsp
Butter1 tbsp
Salt as per taste
Cheese100 gm

Method

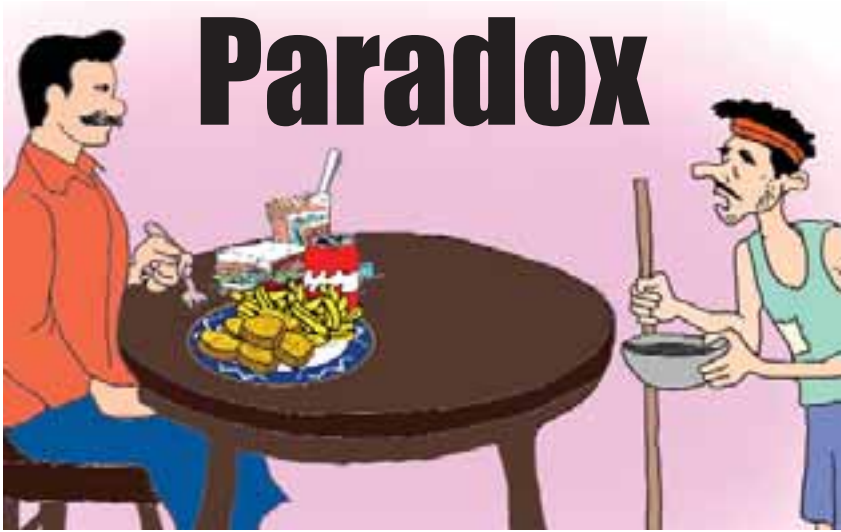
- Boil water in a large pan. Add pasta and little salt to it. Cook until al dente and drain the water.
- Melt butter in a saucepan and add chopped onion.
- Saute for five minutes and then add

turmeric and chilli powder. Stir for 2 minutes on slow fire.

- Add tomato ketchup and mix well.
- Now add finely chopped vegetables and salt as per taste and cook till the vegetables turn tender.
- Finally add the boiled pasta and grated cheese.
- Toss everything together till they mix well.
- Garnish it with cheese before serving it.

The writer Priyanka Narad Sengupta, Asst Prof, AIB, suggests you try this recipe for your mom.

POEMS



Paradox

Garima Kapoor
AIS Gurgaon 46, IX E

Is this what you call a sense of equality, where one loves to dress and other finds it difficult to cover his body? Is this what we call progress? Isn't this a state of despair in which one and all must live without any care? Here, the rich climb the ladder of prior-

ity and push the poor in a trench of deep dismay. The rigid caste divide still sustains, its roots are deep, and will always stay. How diverse this mankind is where someone is thankless for his infinite gains, and for someone twice-a-day meal is bliss By force or by blood, victory isn't possible, the intelligent say

And to win equality, the poor must stand stubborn on this cold way Amidst all this, I sit and wonder with a plaintive mind, is this the paradox of human kind?

From darkness to light

Shraya Singh, AIS Vas 6, X A

Wake up from the darkness and open your eyes, for evil is now nearing its demise. Pull aside the curtains and open the doors, someone has finally realised, we can bear no more. Hush! Hush! To the sound of his approaching feet, and his solitary figure on the empty street.



His frail old body dressed in peace, and his thundering words, unwilling to cease. He marches up the aisle all alone, and still this man seems like our own. For his thoughts and questions are ours too, all we seek is to know what's true. This wise old man, much like an owl, moves through the dark nights; his protests howl. Fighting for rights that are really ours, fighting for someone to give us some power. Then why let this hero fast in solitude, why not support him in our vast magnitude.

Why criticise him for the bravery we all never show, why hide our feelings towards something we all want to know. After so many years, this feeling has arisen, and patriotism once more has come alive. Yes, it's time we backed up Anna ji, and joined him in his anti-corruption plea. Come forth for a new revolution has begun, and let us unite and fight together as one.

Sudoku 33

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| | | 7 | | | 3 | | | |
| 2 | | | | | | 5 | 8 | |
| 9 | | 8 | 4 | | | | | |
| | | | | 6 | | | | |
| | | | | | 5 | 9 | | 3 |
| | 3 | 1 | | | | | | 6 |
| | | | 2 | | | 3 | | |
| 5 | 2 | | 4 | | | | | |

Log on to: www.theglobaltimes.in for solution

SHE cuddles

SHE goes traditional

SHE charms with her smile

CAMERA CAPERS

Vishruti Saraf, AIS Saket, X

Send in your entries to cameracapers@theglobaltimes.in

Empowering women isn't just the right thing to do—it's the smart thing to do.
Barack Obama, US President

The tale of a mysterious tree

Illustration: Deepak Sharma

Wisdom Tale



To my surprise there stood an old, dry tree with no leaves and fruits.

her to turn around in a second and see. But the tree was very much there. Walking some distance away from the location, I turned to check and again spotted a thin, dry tree bending a little towards one side. “ Mom see!”, I shouted. Mom turned but all that she could see was a huge green tree. Mom thought that I was playing some prank on her, but I was shocked, scared, horrified and returned home with a lot of questions in my mind. I thought it was best to consult my sister as she understands me the best. She listened to me carefully and asked me to lie down on the bed and started gently massaging my head. Oh! It was so relaxing! Soon I dozed off to sleep. As I opened my eyes, I found myself on the bed with my teddy. I soon realised, I had a nightmare, as a fallout of my mathematics unit test. So, friends, now you know how stress can affect you negatively? [G I](#)

So, what did you learn today?
Don't take too much stress.

Preeti Panigrahi, AIS Noida, VI

One day I chanced to see a tree near my place. It was huge, had lush green leaves and eye catching shiny fruits- just like the ones you get in the spring season. I marveled at its beauty and proceeded to go back home. Suddenly, I turned back to see what fruits the tree bore. To my surprise, there stood an old, dry tree with no leaves and fruits. My jaw was open and was wondering where that huge, lush green tree had suddenly disappeared. With this question, I ran

home. It was 5 o'clock in the evening, I was thinking about that tree. I gathered all my courage and went to the same location to reconfirm. This time to my utter surprise, I could not spot any tree there. The location was empty, and there was not even a single leaf around! I started to tremble, failing to understand what was going on. I hurried back home and told my mom everything. I convinced her to come with me to the same location. Lo behold! We found the same huge lush green tree standing tall, right in front of us. My mom found everything alright. I told

It's Me



My name: Insha Rahman
My school: AIS Vasundhara 6
My class: KG A
My birthday: September 22
I like: Colouring and dancing
I hate: Indiscipline
My role model: My father
My best friend: My mother and Ashee Jha
My favourite game: Barbie dress up games
My favourite mall: The Great India

Place (GIP), Noida
My favourite poem: Look in a Book by Eastwick
My favourite book: Hansel and Gretel, Rabbit and Turtle, Cinderella, Goldilocks, Snow White
My favourite subject: Hindi, English, Math
I want to become: A doctor
I want to feature in GT because: I want to make my parents, my school and everyone proud. [G I](#)

Jokey Pokey

Why did the music teacher need a ladder?
To reach high notes

Why was the math book sad?
It had many problems

What do chickens serve at birthday parties?
Coop-cakes!

What did the pencil say to the pen?
So, what's your point?

When do astronauts eat?
At l(a)unch time

What do librarians take with them when they go fishing?
Bookworms

Biscuit toppings

Divya Upadhyay, AIS MV, II A

Ingredients

Biscuits6-8
Ice cream (3-4 flavours)As desired
Mixed fruit jam3 tbsp
Gems1 packet
Pineapple (finely chopped) ..1/2 cup
Chocolate sauce4 tbsp

Method

- Place the biscuits on a tray. Evenly spread a thin layer of chocolate sauce on each biscuit.
- Put a small scoop of ice cream on each biscuit. Put different flavours of ice creams on different biscuits to make a colourful platter.
- Put another layer of biscuits on top



Divya with her biscuit puddings

- of each piece. Put a tiny dollop of jam on the biscuits. Top it with gems and chopped pineapple.
- Place these layered biscuits in the freezer to chill for half hour.
- Serve chilled. [G I](#)



Poem

MyselfIrina

Irina Srivastava, AIS Vas 6, V D



Irina my name means sun's first ray, creative you are... my friends always say. With a book in my hand and the AC on,

I love to read books, full on. Ice creams and chocolates I love a lot, chips are my favourite, I say why not? Drawing and reading are my hobbies,

I like to run around windy lobbies. My rhyme ideas are the best, I will help you for a rhyme making test. I love to chat on Yahoo with my friends, e-mails are something I frequently send. Scuba diving, air gliding, I want to do, both are in shades of colour blue. All the pet animals are in my heart, enjoy the way farmers husk on a cart. Share and care, my values say, I keep bad thoughts always at bay. Now it's time to call it a day, this self introduction seems ok. [G I](#)

She's a cartoon



in English and Spanish. Thanks Dora.
Pratishtha Batra, AIS Saket, II B

I simply love Minnie Mouse. What I really like about her is her pretty pink dress and polka dot pink ribbon. Her long eyelashes and interesting talks make her my favourite.

Bipanchy Hazarika, AIS Saket, III A

My favourite female cartoon character is Chutki from Chota Bheem. She is not only very beautiful and intelligent but also very brave. She is Bheem's closest friend and just like him, is very adventurous.

Rachita Khuntia, AIS Saket, IV A

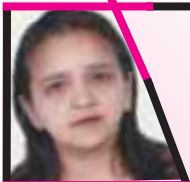
My favorite female cartoon character is "Shizuka" of Doraemon. I admire her and want to be like her as she is very sweet, never makes fun of others, does all her homework on time. She never fights and is always kind to everyone, even animals. She is well organised and gets time to do everything even helping her mother in the house.

Srishti Mangla, AIS Saket, II A

Disney's Rapunzel is my favourite female cartoon. I never miss any of its



The writer is a teacher at AIS Saket and GT Teacher coordinator. This year she has decided to watch more of Ariel, her favourite female cartoon character.





Connoisseurs of education

On the occasion of International Women's Day, ACERT celebrated the lives and philosophies of women pioneers in the field of education. Aditi & Swati, Trainee, ACERT bring you a glimpse

When it comes to understanding the needs of a child, no one can do it better than a mother. Women have the inherent capability of understanding the needs of a child and are also adept at meeting them successfully. The same holds true on the educational front as well. The world of education has seen several women educators give us various educational practices and philosophies that have played a significant role in making education, the powerful tool it is today. On the occasion of International Women's Day, Amity Centre for Educational Research and Training (ACERT) paid a tribute to these women educators. A presentation elucidating their lives and educational philosophies was given to help the would-be educators understand their contribution to education. Here's an insight into the lives of two such women pioneers



Dr Maria Montessori (1870-1952)

Her belief: When the child is given the means with which to act and freedom to act, he reveals the highest qualities that his soul possesses.

Her contribution: Dr Maria Montessori laid the stepping stone for the Montessori Method of teaching, where a child is encouraged to unleash his/her true potential. She established a school in 1907 and named it 'Casa Dei Bambini', meaning children's house. There, she developed her system of education through scientific observation of children's ability to absorb knowledge from their surroundings and their tireless interest in manipulating materials. Every equipment, exercise and



Amity Centre for Educational Research and Training

Women's Day Special ACERT trainees give a presentation

method developed by her was based on her observation of how children did things themselves, unassisted by adults.

Her philosophy: Dr Montessori believed that a child's environment should be designed in such a manner that it facilitates independent learning and self-exploration. The Montessori Method is child centric and hence, the pace of teaching is directly proportional to the pace of learning of the child. The Montessori materials are authentic, child-friendly and assessable. They help the child to find solutions on his/her own and assist in the learning of language, math and reasoning skills.



Nel Noddings
(Born 1929)

it takes, and the significance of caring.

Her philosophy: Noddings strongly propagates that the aim of education should be centered around happiness. Incorporating this component helps students and teachers to interact as a community. Her explorations of the ethics of care and their relationship to schooling, welfare, learning and teaching within families and local communities are commendable. She has been conferred many awards for her contribution to education including the Anne Rowe Award (Harvard University) for contributions to the education of women, Lifetime Achievement Award and Excellence in Education Award.

Her belief: If we want to produce people who will care for others, then it makes sense to give students practice in caring.

Her contribution: Nel Noddings, Former President of National Academy of Education and Philosophy of Education Society, has made a significant contribution to appreciation of education. She has authored 17 books and 200 articles; the leading ones are ‘Happiness and Education’, ‘Caring: A Feminine Approach to Ethics and Moral Education’, etc. She has made a substantial contribution to strengthening our appreciation of what education entails - both in terms of the direction

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Sec. 6, Vasundhara,
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*Only at Gurgaon Centre

Eureka I discover!



Science Day Let's experiment!

Amiown Gurgaon

Nirupama Sharma, Trainee, ACERT

A CERT trainees in a bid to nurture the scientific temperament of children celebrated the National Science Day. National Science Day, celebrated on February 28 marks the discovery of Raman effect by eminent physician CV Raman.

The Science Day celebrations were held with the following objectives:

- To develop scientific temper
- To enhance curiosity and inquisitiveness by encouraging questions
- To develop consciousness and appreciation towards their environment

- To develop the power of observation
- To understand the importance of personal hygiene
- To develop patterns of investigative thinking

■ To nourish and nurture their creativity

The children showed keen interest in all the activities that were conducted. They asked numerous questions which were answered by the trainees. The children enjoyed activities that demonstrated how soaps fight germs and how oil colours create patterns on the surface of water.

Children took turns to play with magnets and tested different objects for magnetism. They also used a magnifying glass. The activities kindled a scientific spirit in the little Einsteins. **GT**

Happy Women's Day will make more sense the day we actually think of their happiness, dignity and respect. Men need to change. Women are fine.

Anupam Kher, Actor

AIS Saket shines at Texas Quiz

The Saket house team triumphs the Texas Instrument Science and Technology Quiz



AIS Saket

AIS Saket team, comprising Rahul Chowdhary and Soumya Sharma of Class IX and VIII respectively, bagged the second runner up position in the 10th annual Texas Instrument Science and Technology Quiz. The Texas Instrument Science and Technology quiz witnessed a close fight between the three best quizzing teams of the country.



AIS Saket team face a volley of questions

The team, accompanied by their teacher in-charge Archana Singh, participated in the national round held at Bangalore on February 9, 2013. The teams that made it to the finals were tested for their knowledge in science and technology. The national round saw team AIS Saket face a volley of grueling questions with grit and dom-

inated the closely contested national finals. The competition saw neck to neck fight for the top three positions between Delhi region winners, Amity International School, Saket; Bangalore region winners, Sri Kumaran's and Kolkata region winners, Don Bosco. Amity International School, Saket, qualified for the finals after being declared the winners of the North region finals held in Delhi on February 2, 2013. The regional round saw more than five hundred teams from over hundred schools of Delhi and NCR take part in this prestigious quiz. The concluding rounds saw Amity International School, Saket sweep the second runners up position. School principal, Dr Rekha Ranade congratulated the winners for retaining the title of Delhi regional winners and for their outstanding performance at the national level.  



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Admissions Open for Classes VIII to XI (Session 2013-14)

Amity Indian Military College (AIMC), run on the pattern of Rashtriya Indian Military College (RIMC), Dehradun imparts high quality school education and prepares students for entrance examination of National Defence Academy (NDA) conducted by UPSC and for SSB Interviews.

Advantage AIMC: Residential Boys School at Amity Education Valley, Manesar (Gurgaon). Just 40 mins. From Delhi Airport • 110 acres of scenic campus in a pollution free environment with top-class sports facilities • Highly qualified teaching staff and instructors/trainers who are former Selection Centre Heads, Board Presidents, Senior GTOs and Psychologists • Well equipped Science, Mathematics and Computer Labs • More than 20 Military Training facilities that include obstacle course, parasailing, rock climbing, shooting range among many others.

CBSE affiliated (Regn. No. -530785) **Application Forms are available free of cost at www.amity.edu/aimc**

Last date for submission of applications: 3rd April '13

For further details contact:
0120-4392610/11, 0124-2764744, 98-106-99633, 98-106-99595

Annual day celebrations

Pomp and gaiety marked the annual day celebrations of Amity International Schools. Each school came up with a unique theme to celebrate the virtues and human values, sacrosanct to life



Colourful presentation by students of AIS Vas 6

AIS Vasundhara 6

The school celebrated the annual day of Class Nursery and Kindergarten on February 15 and 20, 2013 respectively. The Kindergarten annual day commenced with the lighting of the lamp and welcoming of the guests by the school principal, Sunila Athley. The chief guest for the event was Shireen Sethi, an eminent media personality. Dr Ashok K. Chauhan, Founder President, Amity Universe and Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools, graced the event with their esteemed presence. They showered their blessings and encouraged the young ones to imbibe all the good qualities of life- love, warmth, compassion, affection, sharing and patriotism so as to become good humans. A musical skit which highlighted the annual day's theme, 'Metamor-

phosis' was presented. It depicted various stages of growth through theatrical representation. The annual day of Class Nursery on the theme 'Friendship - a precious treasure' saw the participation of little ones in a mega musical opera called 'Friends Forever,' depicted through a foot tapping song and a musical skit. To portray the artistic prowess of the young budding talents an art exhibition was also organised on the very occasion. The guest of honour for the event was Ananda Moy Banerji. The programme culminated with the singing of the school song and the National Anthem.

AIS Noida

Usha Verma, Teacher

The school celebrated the annual day for Class I & II and Nursery & Kindergarten on February 22 and March 8, 2013 respectively. The cultural programme by the students of Class I & II based on the theme of Edward de Bono's theory of 'Six Thinking Hats' saw various cultural presentations, stressing the imperative need for creative and insightful thinking. Musical presentations as *Vandana Sangama* - a fusion of the prayer with percussion orchestra; *Tere raang bhari is duniya mein* - a musical rendition featuring divine rhythm by the percussionists and the Scottish band; and *Raag Ramanam* - cultural dance drama, captivated the audience. The chief guest, Meera Shankar, IFS, inspired the children by stressing on the need

for introspection, compassion and goal-setting that enriches and empowers to live positively and with integrity.

The annual day celebrations for Nursery and KG based on the theme *Panchang ke Khazane Se*, emphasised on how work done on time, reaps rich dividends. The students took the audience on a journey in time, depicting important festivals and events celebrated in the calendar year. The chief guest for the day, Rajeev Shukla, Minister of State for Parliamentary Affairs & Planning released the primary wing's creative magazine, 'Creatika' 2013. The annual day celebrations of the pre primary wing was graced by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools; Renu Singh, school principal; Roopma Singh, consultant, primary school and *Ammaji* (Smt. Leelawati Shastri).





Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools at the ceremonial lamp lighting on the Annual day, AIS Noida



Students enthralled the audience with their performance

Dr Chauhan praised the efforts of the students for presenting an enriching value based program.



AIS Pushp Vihar

Man masters nature not by force but by understanding was the theme of the junior annual day celebrations. The theme was depicted through a musical presentation 'Swarnim Dhara' on Feb 20 2013. Principal Ameeta Mohan shared the school's vision and mission. Dr Ashok K. Chauhan, Founder President, Amity Universe and Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools graced the occasion. The school choir enthralled the audience with a musical rendition. The boys from Atulasha-a school for the less privileged boys, presented a song - 'Hum sab bhartiya'. The school echoed with the beats of orchestra as more than 100 children played a brilliant fusion of Indo-western instruments.  

Sailing high

Amity Indian Military College

It was a moment of pride for Amity Indian Military College as some of its students from batch 2009 made it to the Indian Armed Forces. Purushottam Sharma, one of the students got selected into the Indian Air Force as a fighter pilot and also made it to the Indian Navy. Another student from the same batch, Manpreet Sahanpal made the cut to the Indian Navy-Technicals. Both the students had to undergo a gruelling selection process before making the cut. Purushottam Sharma, who made it to both the Indian Air Force as well as the Indian Navy, has decided to opt for the former; aviation being his first love. He is thankful to AIMC for grooming him in such a way that he could opt for a career of his own choice. Reminisc-

ing his earlier days at Amity Manesar Camp, Purushottam says, "Director General BK Bopanna has been a source of inspiration for me. He fuelled my love for the Indian Air Force." Purshottam would soon commence his training for Tech-Airmen Engineer. Manpreet Sahanpal, on the other hand, was amongst the lucky six candidates, out of 100 applicants, who cleared the SSC (Short Service Commission) UES (University Entrance Scheme) Technical entrance. "The four years at AIMC have helped me realise my goals. The training at AIMC helped me to first qualify for Naval Aviation branch - tech and now I feel proud to have been chosen for the Indian Navy-Technical," Manpreet exclaims with pride.  

Nurturing scientific temper

AIS Vasundhara 1

Keeping with the Amity philosophy of nurturing scientific temper at an early age, AIS Vasundhara 1 observed the National Science Day on February 28. A series of activities were organised by the school to bring the children close to nature.

A walk in nature: The school organized a nature walk for the students of Classes I and II to make them aware of their immediate environment and also appreciate the flora and fauna. The students not only enjoyed the walk but also had a great time learning about various species of plants around them.

Quizzing young minds: An oral quiz



Students of AIS Vas 1 display their colourful and message oriented collage



was conducted to test how much the students had grasped and received from the nature walk and lessons taught.

Making a collage: A collage making activity was organised for students of Class III & IV on the topic 'Save the en-

vironment.' The students thoroughly enjoyed making message oriented colourful collages.

Their efforts were also appreciated by principal V Balachandran and head mistress Roopkamal Singh.  

Happy Women's Day to all the ladies in the world.
Value yourself and know that you are special,
don't let anyone else make you feel otherwise.

Priyanka Chopra, Actor

Commandments of the pink coach

Funky clips, matching accessories, colourful attires...the ladies coach of the Delhi Metro is adorned with all things bright and colourful. Shoulder to shoulder, back to back, front to back, back to front...the ladies squeeze, squirm, adjust, overstep, dominate and leave behind the commandments of traveling in the pink coach. Take a look.



Illustration: Ravinder Gusain

Rule 1: Learn to say 'Excuse me' and 'Can you please shift'.

You are seated in the metro, fitted tightly between two other ladies. Suddenly, you see someone hover over your head and say, "Excuse me, can you please shift?" And the 'Term Defacto' of the ladies coach has sprung up again. You squeeze in, adjust and fold, and she forcefully slides into the visible half mm of that shiny silver seat, and lands partly on your thighs. You grunt under your breath but finally give way, eventually shuffling and letting the newly seated have a space of her own.

Politeness will never go out of fashion.

Rule 2: Talk, talk, talk.

On the phone, to your friend standing next to you, or even to the random co-passenger...talking is a must. You might just end up feeling alienated if you remain zipped up for more than a few minutes. The subject of conversation ranges from recipes to long board room meetings to look what she is wearing; even planning parties and outings on the go or resolving the quirkiest of issues; to cut it short, there is everything your ears might need for an interesting dialogue.

At the end of the day, sometimes 'to talk it out' is all we need to enjoy the feeling of having a light heart.

Rule 3: Run, nudge and grab.

Take 1: The doors of the metro open. An empty seat in all its glory, waits for its prized owner. The eyes of ten women gleam as they spot the vacant seat. Your feet gear up, all set to seize the opportunity. Woman 1 picks up speed and whisks past woman 2 with some arm power and finally grabs the seat. Ah! That-ninja-feeling!

PS The defeat sometimes may not go down well with the losing party, sparking a verbal dual.

Now, that's how we go about bracing our women Olympians.

Rule 4: It's pink, blue, green, yellow and more.

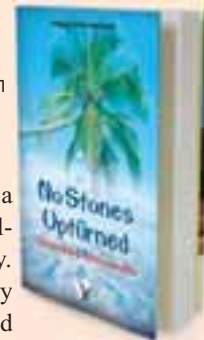
Step inside the ladies metro, and you will be engulfed in a riot of colours as the fashionably dressed women are all set to take over. From the *salwar* suit to the sleek formals and everything in between infuses life in the first coach of the metro.

Look good, feel better.

Book Review

Common Uncommon

Book: No Stones Upturned
Pages: 104 Price: Rs 135
Author: Subhashini Ramakrishnan
Rating: ★★★★★
Review by: Vira Sharma



To be able to write a book, you don't always need a story. You just have to be a story teller. No Stones Upturned proves so. A collection of ten short stories about different people and different lives, the book is a peep into the life of a moralist, a teacher, a housewife, a teenager and others who look so familiar and part of the extended family (society) we experience in our daily life. The author's debut novel is praiseworthy. The fact that she is a post graduate in English Literature reflects in the way her words effortlessly weave into sentences that bring out the feeling of the protagonist. Sample this: "Someday I might get married and maybe have a Sairam of my own; perhaps the only legacy that I would be able to leave for him would be a cornucopia of scruples and a truckload of principles." The book brings alive the memory of Malgudi Days with the difference that the author dwells more on people than nature and fantasies. An anytime, anywhere read, this book is great for all ages because of its simplistic style. Enjoy a metro ride along with every story, it's a good pastime that leaves you thinking that the vagaries of life are so beautiful, as you step out at the last station. [G](#)[T](#)

The author, Subhashini Ramakrishnan, is a teacher at AIS Vas 6. Her travel has enriched her life and taken her into people's homes and hearts.

The writer, Bhawna Tuteja of Team GT has always wanted to carry popcorn and Coke in the Metro to enjoy a bit of both as she continues to amuse herself with the daily sightings. If only eating was allowed in the metro. Nonetheless, she has decided to continue to play the silent spectator and enjoy the entertainment unfold.

Mamma mia!

Laddoo making mom or cookie baking mom? Net savvy, forward looking and chic, moms have come a long way!



Pic: Tulika Banerji

She's your greatest critique, yet your best confidante. She reprimands when you're guilty, yet saves you from dad's ire when you leave his iPhone in the dryer. She struggles to be in your cool book, matching up with your energy as you go kayaking with pals. She is a thorough professional, she's a well groomed homemaker. She drives, she sews, she bakes and she cleans... she's the new age mom.

Gone are the days when mom would stuff laddoos in your

mouth when you brought home a spectacular result. Today, she is more likely to give you a hi-five and treat you to a gaming date. She may not spend hours cooking your favourite dishes, but she'll surely google up winning recipes for your salad making competition! She'll drive you to the dance class with the same effervescence as she'd ground you for flouting the home rules. All mothers, the world over, have some traits in common. They fret when kids are sick, get mad when they forget their lunch boxes at school, fuss over their endless phone calls, and more often than not, run after them with a glass of milk to the bus stop! Yet, some things never change, like a mother's unconditional love. You are her world. But she allows you to follow your heart...and lets you learn from your mistakes. Because, she wants you to be a strong, independent person. Moms today have more on their plate. They're multi-tasking superwomen juggling careers and families with panache. They can beat you at a car race, yet hug you when you have a heart break. And you thought, your mom wasn't cool enough? [G](#)[T](#)

The writer, Tulika Banerji of Team GT is mum to two girls. She does the daily grind, meeting official deadlines, between mollycoddling her 2 year old and the unending projects of her 9 year old. Life's a tightrope, but she's glad to relive her childhood with her kids!

GT Travels to Eco Cave Garden



Jasmine Kaur Kohli, II B (L) and Sharanya Gupta, I B, AIS Saket camp with The Global Times at the Eco Cave Garden in Nainital. The Eco Garden is a network of six, inter-connected rocky caves. They are natural caves and some of them are so narrow that going down further can get really very difficult. The caves provide a great window to an eco friendly life.

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