Food for Thought

Value of time

Every time goes past, Time is something which does not last.

The present day will not come anew,

So why do we keep something pending, something

You cannot make time wait, Postponing work will make you late.

So say to yourself, "I shall do it today"

Don't keep work for some other day.

Stick to time everyday, No matter what may come your way.

Print this all in your mind, To know what is the value of time!

> Vrittika Bagadia AIS Gur 43

THE GLOBAL TIME

Expanding Poetree...

"Between the woods and frozen lake/ The darkest evening of the year": Brooding somewhere in a morbid corner, perhaps poetry itself is reciting

Is poetry alive?

enowned author and poet in Hindi language, Rajee

etry has a quality of timelessness and universality. It is a ques-

tion of choice, writers who want to write poetry, always will

and those who enjoy it, will still die to decode its mean-

ing however complicated it may be. I recently visite

Delhi University where some 200 students were reading and discussing poetry." The poet currently in her

seventies clears the air on the publication of poetry,

"Contrary to perception, poetry is easier to get pub-

lished than a novel as the former takes lesser space

and time. Besides, poetry could be published here and

there, for instance there is no dearth of newspaper sup-

neither does writing have a shortcut nor should it be attached to utilitarian concepts," the insightful poet of-

India, endorses poet Rajee Seth's views, "Poetry is

still valued but its popularity has diminished a bit be-

fers valuable piece of advice to aspiring poets. Dr HK Kaul, Secretary-General, Poetry Society of

plements and magazines." "If you plan to publish a collection of poetry, I suggest you write at least a hundred poems and

select the fifty best out of it. Ensure the pieces are artistically complete.

If the collection is rejected for publication, do not feel disappointed;

Seth has been awarded the Tagore Literature Award for

Ghame-Hayat Ne Mara'; she shares her thoughts about poetry with GT, "For me, poetry is about the inner rhythm; poetry is omnipresent- can't you feel it in the way

the birds sing or when the trees wrestle? I wouldn't deny that the factor of time and a

harsh reality have come in the way of this genre of literature but at the same time, po-

these lines penned by a lonely Robert Frost in 1922. Join Namrata Gulati in her resolve to pull it out of the dark on the occasion of World Poetry Day, celebrated on March 21...

cause people are hard-pressed for time. They're more into practical and material aspects of life. But poetry will always be written by creative minds."

Promoting Poetry

n't help but notice an absence of a national body for poets in India, "Around the world, there existed poetry societies like the popular Poetry Society in London. It was then that I set up the Poetry Society in India in 1984. We are dedicated to promoting the interests of poets by publishing poetry, organizing seminars, conferences, readings and competitions all over India. Today, we have over 200 life-members from around the world." The founder of the pro-poetry society analyses how students could take poetry to newer levels, "Students could get together and create a body of poets while they study. They could set up poetry clubs at school."

n a visit to England in the 1970s, Dr HK Kaul could-

C'mon poets!

You could ignite your passion for poetry by sending your contribu-

Poetry Society of India: www.indianpoetry.org; www.indianpoems.com;

91 - 011 - 24619325 / 91-11-24992007/4619431

The Little Magazine: writenow@littlemag.com; 011-2275 2375

Online journal- Celebration: www.cerebration.org The Global Times: www.theglobaltimes.in; 011-41888381



Beauty Bound forever.

Winner of numerous national and international awards including Amity Women Achievers award, and a living solution to beauty problems, Shahnaz Hussain has become a legend in her own lifetime. She is the undisputed queen of herbal care. We captured memorable moments with her to unveil some beauty secrets...



nothing is impossible and you can choose your destiny.

The use of chemical lotions alter hair structure. Hair treated with chemical lotions needs regular treatments with warm oil and deep conditioning. After shampoo, use a cream based conditioner or leave-on hair serum.

What was the role of your family in building up an empire of beauty products?

> I could never have achieved what I have without my family support. My father taught me to have faith in my limitless capabilities. It was he who lent me Rs. 35,000 to start my first herbal salon. My daughter and grandson are both involved in the business. I have groomed them meticulously and together we are carrying forward the dream that India will lead the entire cosmetic world with Ayurvedic beauty care.

With teenage girls, acne and pimples are common problems. How can they be avoided to have a clear skin?

A cleansing lotion or face wash solves the purpose. For pimples, a medicated cleanser is best. Apply an astringent toner using cotton wool. If there are no pimples, use facial scrub twice a week. This prevents blackhead formation and thus keeps acne and pimples

How did you manage to strike a balance between your family and profession?

Striking a balance between family and business is very difficult. I have tried to give quality time to my family, making it a point to get away for weekends and holidays. There is a mind-boggling price to success. But I was fortunate to have an understanding and supportive family.

Dark circles are a very common problem among students as well. What can be done to minimize them?

Hereditary factors, inadequate sleep, stress, nutritional deficiencies, sun-sensitivity, long hours at the computer can cause dark-circles. Almond oil or an almond cream or cucumber juice with potato juice may be applied around the eyes daily and wiped off after 15

You are a role model to many. Any message you would like to convey to the young stu-

Professional qualifications and vocational training are the order of the day. One must keep up with global trends. Learning is the way to keep pace with changes. You may start in a small way but think big and the sky will be the limit. Have faith in your abilities; seize the challenges that come your way.



New PM for Indo-Pak peace talks. Abhishek Bachchan gets another

Laloo wins once again Another rape, another derailed train Salman Khan seen in shirt, Kashmir receives high alert. Pollution in Delhi uncontrolled. Petrol prices higher than gold. Tigers in India a past story Girls still commit suicide for dowry Ekta Kapoor with her 100th Sas-Bahu soap.

Sachin makes a record of records. For the betterment of our country, we all must pray.

Those were masala news for today!

The Terrorist Gurkiran kaur, AIS Gur- 43

Speaking silently in the middle of the night,

Always concealed, never in sight. Moving around, answering to no

Not a smile till their job is done. Waging ceaseless war on humanity Without either remorse or pity. Sleepless nights spent plotting and planning,

The entire day spent dodging and ducking.

Misguided men with shattered dreams,

Finding solace in other people's screams.

So much hard work and unrelenting

All to spill innocent blood on the homeland's soil.

Humanity- The **Greatest Power**

Shreya Gupta, AIS Vasundhra

The Power that unites diversities of

People, The Power that merges the sea with

The Power which brings happiness to others,

The Power which makes the enemy shiver!

wer that removes every

The Power that runs a loving cart, The Power that is not a wall but a

The Power that reaches each & every heart!

The Power which makes the cruel The Power that turns jealousy into

admiration, The Power which makes the feel-

ings dwell, The Power that really respects almighty's creation!

The Power that believes in offering

The Power that makes us even love

The Power that creates a caring self, The Power that has awe and respect

The Power that never takes but

The Power that always begins with

The Power which is lost today but in every heart it lives,

It is the Power of Humanity!

World Poetry Day Special News headlines 2025 Annels Lain Als Vasundhara Zero-in on Zephyr: All Total Poetry Day Special All Total On Zephyr: Annels Lain Als Vasundhara Annels Lain Als Vasundhara



Namrata Gulati

oom! Crash! Goal! Make way for the gaming titans of Zephyr before they speed past you or knock you down with that powerful goal! The race craze and FIFA fever now reign over them, but they're certainly not complaining. "I'm here just to have fun and feel the rush; I am a firsttimer here but have already begun to feel

the threat coming from Shantanu Srivastava, the FIFA champ from my department," Rahul, a student of ASET (III) fears. "I have won the tournament by 3-1! Yes!" a breathless Shantanu has turned his department-mate's worst nightmare into reality. The football expert continues to add fuel to fire, "I'm good at FIFA, I enjoy it. I've played before. Last time, I was nervous and lost 5-1. The next time, I intend to win again!" Born just a year ago, the concept of



time. "The idea of multi-player simulation has worked wonders. Players love playing against one another; Last year, we had barely 5 entries. This year is bigger with over 120 entries," Pranav Shukla, Event Coordinator, AITTM (III yr) rejoices in the fact. He revels further, "This year, we have 5 girl participants too! Last year, there were none."

Mithun Aggarwal and Rachna Kumar,

Event Coordinators count the reasons possible for the popularity of Chaos Theory, "LAN gaming has always been a favourite among Amitians. Four electrifying games like Counter-Strike, Need for Speed, FIFA, Age of Empires have succeeded in attracting a large number. And this time, we did publicize it all very well." Those of you missed out on the thrilling gaming moves, just hope that the AITTM troupe pushes the rewind button yet again next year!

News Digest

Commonwealth reality

truck by the burgeoning popularity of reality TV, the organizers of Commonwealth Games are contemplating the biggest, one of its kind sports talent hunt on the telly. In a bid to bring the country's athletes closer to the public and identify new talent from the nooks and crannies of the nation, the CWG's novel idea seems to find quite many takers. As it is, reality TV is the current flavour that audiences are lapping up with both hands. If you have it in you to be the next sports superstar of the country, be ready to heat it out in the 36 Olympic sports on live TV and rub shoulders with the best in the country. If you are lucky, cash awards are sure to flow your way! Just keep your eyes and ears open for the formal announcement by CWG, expected early May.



Popular newspaper

'ippee! Your favourite newspaper 'The Global Times' is now a notch ahead of its league; it has been voted amongst the most popular newspapers on the website www.papyrusclub.com! Papyrus Clubs is an online forum with a membership of more tha 1300 schools across the country and a network connecting approximately 15, 21,741 students, and still counting! Congratulations are still pouring in; don't forget to visit www.papyrusclubs.com.

Movie Review

Karn S Nag, VI, AIS Noida, Yamini Kannan & Simrat Sinsinwar, VIII, Army Public School, Noida

Movie: Alice in Wonderland, Released on: Mar 12, 2010, Language: English, Genre: Adventure, Fantasy

Cast & Crew: Johnny Depp, Mia Wasikowska, Helena Bonham Carter, Anne Hathaway, Crispin Glover, Matt Lucas, Stephen Fry, Michael Sheen, Alan Rickman, Barbara Windsor, Paul Whitehouse, Timothy Spall

Director: Tim Burton, Length: 1 hr 48 mins, **Rating:** ****1/2

his is our first movie review, and we are really glad that we have more positive things to say, as the movie is surely worth watching for its amazing 3D effects, visual effects and of

166 cine-and

course, the lovable characters.

Our favourite classic adventure story of Alice in Wonderland, has been re-told by Walt Disney Pictures, as a magical with

an imaginative twist. The fantastic 3D effect, animated animals along with action made us feel a part of the journey Alice took now, as a 19 year old, down



the rabbit hole to reach the 'Underland'. It was predicted that she was to return to kill the 'Jabberwocky' dragon and save the White queen from the cruel Red Queen. In the movie, Alice reunites with her childhood friends: the White Rabbit, Tweedledee and Tweedledum, the Dormouse, the Caterpillar, the Cheshire Cat, and how can we forget, the Mad Hatter. The movie, in its larger-than-life avatar, is a huge draw for kids and adults alike as it takes them down memory lane. As for kids, it couldn't have been better timing to have a movie hangout when the new session has just begun and there's zero pressure of studies! So friends, what are you waiting for? Get hold of friends and family, and head straight for the magical adventure!

Shikha Vij, Counselor, AIS Saket

might think that I am not a "cool

In a bid to become a friend, we often

lose out on our role as a parent. One

of the duties of being a parent is also

to teach values, and work ethics to

the child, and to help them learn to

differentiate "right from wrong". It

is necessary that we teach the child

that responsibilities and rights go

hand-in-hand. If they have been

given a privilege they need to ac-

knowledge the responsibilities at-

tached with it. Cell phones need to

be used judiciously, and if they are

misusing this freedom given to

them, then as a parent you have all

the right to revoke this privilege of

having a cell phone. Kindly lay

ground rules in advance, such as,

you will continue to have a phone if

and only if you submit it by 9pm, or

you will go to the party only if you

get 80% in your UT. As a parent, it

is also your right to check their cell

phone logs, provided you have al-

ready established this as a ground

rule. Do not check their logs in an

underhanded manner as this mis-

places their trust in you. The child

might not understand these rules ini-

tially and may throw tantrums.

However, once it is clarified that

certain rules are inflexible and non-

negotiable whether liked or disliked,

gradually everyone accepts them,

just like in a workplace we learn to

live with certain rules.

behaviour

that

Don't feel threatened

with the child's ini-

tial mockery and

you

down rules as it

is a temporary

situation and remember

you have to do

what is best

your

when

for

child.

parent". Help.

My child is in

class IX and is on

the cell phone till

late in the night. I

am afraid to take

phones as he

cell

away his

a longer period of time due to the

following factors: compensation benefits and services, work en-

vironment, peer group, top man-

HRP is a continuous and time

consuming process that also in-

agement support, etc.

volves huge investment. When an or-

ganization hires an individual, it is

followed by his/her training and devel-

opment programme to suit the work pro-

file. Later, when the employee quits the

job, the resources and efforts put on his

entire recruitment process, training and

development go waste. The organization

has to begin from a scratch once again.

Recruiting a new person once again involves spending the resources all over

again. This leads to loss of good talent,

The cost of the instability shown by an employee is bore entirely by the em-

skills, time, efforts, resources, etc.

HRP Challenges

Olympiads

Tejas Oberoi & Ujwal Sachdeva **AIS Saket**

Giving Olympiads, for the toppers is a habit, Is loved by the average, a bit, And some don't even agree to sit.

But they are so lengthy that you go mad and sick. Sometimes the results are really shameful,

But still the Olympiads

prove to be useful.

The enjoyable thing is that

you just have to tick,

Sometimes you find them really easy, But in ticking answers one gets lazy.

It is important to listen to the instructions said by the invigilator, And when you don't, you regret later.

Mostly we don't prepare, Because we go with this thinking that whatever has to happen will happen there.

So open your bags and read all the books, Instead of hanging your bags on the hooks.

In this river of knowledge, no matter how much you study, It is always less, So make the most of your time because this time will never come back. Walk on this way, you will never fall and it is sure that you'll achieve success.

Mummy Supreme

Mihir Amol AIS Gur-46

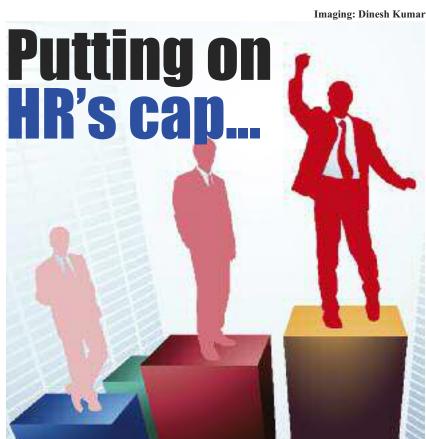
My world revolves around my mother, who takes away my worries, when I bother.

Very fond of books and ar which she loves to gather, and gives me feedback, which adds to my cap a new feather.

Though she may burn the omelette in the pan, doesn't know how to drive a van never goes to parlour, when she gets a tan, but more than one hour of T.V. is a ban, ban, ban!

She surfs the net for every competition, adds new innovative ideas without any repetition she makes it sure my grades are high, and I win a medal in every competition!





Khushboo Nagpal **Executive, HR AGBS**

> f people in our society are mobile and change jobs frequently, does it detract the

effectivity of the HRP system?

Role of HRP

Human Resource Planning is the process by which an organization ensures that it has the right number and kind of people, at the right place, at the right time, capable of effectively and efficiently completing the tasks that will help the organization achieve its overall objectives. Therefore recruiting and keeping good people is critical to the success of every organization. HR/ Manpower Planning is the process of acquiring and utilizing human resources. Any investment in the HR activities is considered an investment for the future growth and development of the organization.

Job in-stability

Nowadays, the stability factor in jobs is not the same as it was some years back. However, the scenario is different today as individuals don't stick to one job for

ployer. Hence the biggest challenge for any HRP is to retain the fluctuating employee base. Having an effective HRP system is thus an essential for any organ-

ization.

Mrs. Renu Singh Sr Vice Principal, AIS Noida

s a school girl, I always looked forward to a new academic session. It was like going off on a plane to an exciting destination. A new class not only meant a new set of books, classmates and teachers, it also meant a new schedule with boundless aspirations, ideas and renewed vigour thrown in for good measure.

The situation in your life is similar. You too have embarked on yet another yearlong journey involving a departure and arrival time. What happens between the take-off and scheduled arrival depends to a large extent on your inborn managerial skills and needs to be pondered upon. The unexpected turbulence en route should not deflect you from your goal. Rather you should be willing to work through keeping in mind the basic understanding that you are well equipped and that there's a lesson and opportunity in every hurdle you come by.

Each new class offers you the chance to to the person you want to become most. accomplishments are great markers to fish in the eye. I am sure you will, too! I It equips you with a better understanding of the challenges posed by a world

at the crossroads of revolutionary strides in electronic technology, genetic engineering, international economics and educational reform. Hence living one day meaningfully at a time, keeping, of course, the long term perspective in mind is one way to kick start.

Think of how to attain small goals that will finally lead you to the ultimate success you crave for. Make your list very

gets to meet. Any procrastination and pile-up of work on your part will weaken your resolve for tomorrow. Prioritize your list by evenly distributing your time between work and leisure. The new system of comprehensive and continuous evaluation will hopefully heave the baggage of board examination and allow you access to a seemingly less stressful existence and help you in discovering



Anything done well is the result of dedication, commitment and concentration. This Guru Mantra was single mindedly followed by Arjun to arrow the fish in the eye.

specific and realistic like getting up on time each morning, attending school regularly with the required paraphernalia, completing your assignments, listening attentively in class, following instructions and participating in class discussions even if the attempt is a bit visualize and bring you one step closer clumsy and difficult. These small daily keep you on track and remain focused, wish you all a good and constructive organized and aware that you have tar-

yourself better.

Getting to do all this requires discipline - the veritable bridge between your goals and accomplishments. For anything done well, dear students, is the result of dedication, commitment and concentration. It was this guru mantra that Arjun followed single-mindedly to arrow the new term.

AIOA clinches award



P K Gupta, Senior from the northern states. Lecturer, Amity Institute of Organic Agriculture, Amity University, Noida, Uttar Pradesh received the Bioved Fellowship Award-2010 during the Inaugural Session of 12th Indian Agriculture Scientists & Farmers Congress, Allahabad on 20-21 Feb 2010. Dr Gupta was a Principal Investigator of organic projects conducted at Amity University under National Project on Organic Farming in 2006-08 sponsored by NCOF, Ministry of Agriculture, Government of India. In this project, he trained more than 500 progressive farmers of western Uttar Pradesh and about 150 Agricultural /Horticultural Officers, field

functionaries /extension workers

He has an impressive record of 132 publications that include research papers, research abstracts, popular articles, technical bulletins and News Clips. Dr Gupta has also delivered several radio talks and panel discussions on Agricultural and allied subjects to farming communities and broadcasted by Akashwani Kendra Delhi and Allahabad. He has been honoured by academic societies with awards and medals for his significant contribution to the agricultural sector and the society. Besides Young Scientist Award by Bioved Research Society, he was awarded Gold Medal by Academy of Plant Science and two Silver Medals by Janta College, Etawah.



If I were a bird, I would fly across the world and make my nest in Disneyland! -Aryan Singh, V, AIS Gur 46



World Poetry Day Special

Tree-sure

Prekshi Gulia, AIS Gur 46

Save trees they say, even trees don't want to grow in dirty clay. Trees are as green as grass, then why to make them a dirty brass? Trees give us food, then why to throw food by making bad mood? Trees are very helpful, and as well as beautiful. Save Them!

Pollution

Prekshi Gulia, AIS Gur 46

Air pollution, water pollution, noise pollution Oh! What are these different kinds of pollution? They are causing us so much of confusion!

What can we do to prevent pollution? To make the world livable, find a new solution Lets create a better world, else

Well be left only with a pounding pulse!

Help them

Shivansh Aggarwal, AIS MV

When was the last time you helped an abandoned dog, When you helped a purring cat dying in the mighty fog. Even animals have feelings, at least they have some, But do you realize when you just pass buy and hit an innocent with a plum? It is high time that we realize what we do And if not the animals life will turn black and blue...

Plants

Kritvi Methi, AIS Noida

Trees are our best friends, Their benefits never ends. They purify the air, Tasty and nutritions fruits they bear. They help in bringing the rain, And with their medicines Take away our pains. They are home for birds and bees, Their green colour is so soothing to see. Their shade is cooling on a Summer day,

Share your wealth and love they, seem to say.

Please do not cut, but hug a tree!

Global warming

Ishanya Singha, AIS Vasundhara

The rate of global warming Is getting alarming It never becomes less It leaves us in a mess I pray and pray For the day When it will end A blessing of God will be sent Its humans who started it And they can only end it So try and try till you can Drive away this horrible thing started by man.

Suvarcha Bhatia, AIS Gurgaon 46

magine a day, when we will be forced to walk outside, wearing a mask or will not be able to open the windows of our house on a cool spring day for a whiff of fresh, invigorating air as that will be a commodity that doesn't exist! Or even worse, imagine looking out of your window and not seeing any form of life! Imagine finding that all vegetation has died due to acid rain or is severely damaged due to widespread sulphur poisoning. The birds and squirrels that used to dart about in your garden are extinct, killed due to lack of oxygen! Imagine longing to hear rock music, but no hearing ability; longing to eat pizzas and pastas, but no vegetables to prepare them! These terrifying thoughts can soon become a reality if something is not done about a problem that is an even bigger threat than the terrorist attack in Mumbai. Pollution is a problem that has plagued our planet for centuries. Although there have been many technological advances in this field, pollution does not seem to be reducing. Every day harmful substances like poisonous gases are released into our environment. They increase the level of pollution.

Most people think of garbage or trash as the only form of waste, which is littered all over the place. This type of waste is one that most people are familiar with. We need to open the windows of our

Where has the



A Plundered planet

"The world is finite, resources are

Things are bad and will be worse, coal is burned and gas exploded, forests out and soil eroded. Wells are dry and air polluted,

mind and broaden our knowledge in order to overcome the dangers of the present situation.

Poison in the air: One of the major is-

dust is blowing, trees are uprooted, oil is going, ores depleted, drains receive what is excreted. Land is sinking, seas are rising, man is far too enterprising, fires will rage with man to fan them, soon we will have a plundered planet."

sues of great concern is air pollution. It manifests itself as smog, acid rain, the greenhouse effect, global warming, and much more. The burning of fossil fuels is generating most of the world's energy. But, unfortunately, it also generates most of the world's air pollution. Carbon monoxide, carbon dioxide, nitrogen oxides and sulphur dioxides are some of the most dangerous gases produced during the burning of fossil fuels.

Water, water everywhere; not a drop to drink! All animals and plants need clean water supply in order to survive. You may think that we have a lot of water but only a small amount of it is fresh water that we can use. Water pollution not only affects the ground water but also marine life.

Life's Noisy: Inside cities, there is a constant rumble from cars, trucks, buses, machines, alarms and sirens. Even loud music is a form of noise pollution. Commuters face long traffic jams. When we know that the jam is going to take time to clear up, it is useless to horn and increase levels of noise pollution. Just imagine what will happen to the rock bands? Who will listen to them if no one will be left with the ability to appreciate music?

It's suffocating: Erosion, desertification, and pollution have become our lot. It is a weird form of suicide, for we are bleeding and suffocating our planet to death. Since pollution is caused by us, it is our moral duty to eradicate it from the roots. In order to combat pollution, we must understand the problems and become a part of the solution or the pollution we generate will find its way back to us!

Fear factor

Fear is a child's very personal emotion which s/he tries to hide from everyone. A student always has fear of different things...

Apoorv Aggarwal

Fear of objects: Fear of objects means the fear of animals, insects or fire. We all are scared of some insects. We are scared of only those insects which we think will hurt us, like lizards, cockroach, etc. Most kids are scared of fire; they are scared of dying, so they are

scared of fire, water bodies, etc.

Fear of school: This type of fear is mostly among those students who are weak in studies. They are scared of going to school as they know that they will not be able to speak English or these children are scared of teachers that they will scold us for our mistakes. Also, if they are bullied by senior students, they feel scared.

Fear of darkness: Many children are scared of the dark. They think that at night some ghost is there.

However, children with fears should keep themselves busy so that negative thoughts do not enter their minds. Children having fear of school should try to speak little English everyday with teachers or with their parents and children with fear of darkness should tell their parents about it and try to sleep with them for some days!

Electricity from sewage

Pro@Project

Adhiti Raman, AIS Noida

n light of the present-day situation in metropolitan cities like Delhi, the Lregions with maximum accumulation of water other than rivers, are sewage treatment plants. With the ever rising demand for electricity, our team, prepared a project plan to genereate electricity from sewage treatment plants. The project was based in a sample city with a population estimated to be one million..

Project Display: The project uses the concept of hydroelectricity to generate electricity for lighting street lamps at night. A number of turbines with curved blades built along the base of the drainage pipeline are connected to a dynamo. While the electricity generated from one turbine is estimated to be bunch of them combined could give

Adhiti (R) & Suhina displaying quite a packet. The turbines are proposed the working model of an actual

posium

to be installed only in larger drains, at the mouth of the plants, and at the exit points at the sewage treatment plants. Project Team: Adhiti Raman and Suhina around 2.54 MW, electricity from a Agarwal, AIS Noida. Idea by Vasudha's second runners up team.

■Boy's hair grows faster than girl's

■People dream for a total of about 2 hours everyday.

■ A person breathes about 23,000 times

■The human brain weighs about 3 pounds. The strongest muscles in the human

body are the masseters. They are located on each side of the mouth.

Fingernails grow faster than toenails. ■The human body has about 5 million hairs on it.

■Babies don't produce tears when they cry until they are several weeks old. ■The human body has about 60,000

miles of blood vessels. ■The human heart beats about

1,00,000 times a day. ■In Brazil, farmers make a special kind of sugar from 'energy canes' which is used to make a fuel, which has now gained its importance instead of gasoline, is ethanol. It is even made from

■Today, 40% of the world's energy comes from oil.

■Iceland is a perfect place to produce geothermal energy as it has a lot of hot water springs and geysers.

■7% of all energy in Iceland comes



from geothermal sources; 93% from hydropower and 0.1% from oil. A heavy coat of dust on a light bulb

can block up to half of the light. Across America, refrigerators use the

energy of 25 large power plants. A crack as small as 1/16th of an inch

around a window frame can let in as much cold air as leaving the window

open three inches!

■Some new refrigerators are so energysmart they use less electricity than a light bulb!

turbine generating electricity by

a dynamo made at home, which

bagged the second osition in

Dhananjay Mohan Science Sym-

■An automatic dishwasher uses less hot water than doing dishes by hand an average of six gallons less, or more than 2,000 gallons per year.

■Every time you open the refrigerator door, up to 30 percent of the cold air can escape.

■Use light from windows. Natural light is more efficient than electric, not to mention free.

■Install dimmers. In areas with dimmed lighting like dining room/bedroom, dimmers save an equal percentage of energy as they are dimmed

during use. ■It takes less energy to cool a full refrigerator or freezer than an empty one, provided it is not so jammed that air can't circulate.

Contributed by: Himnish Singh & Prashant Rao, AIS Gur 46

Chatpati Express World Poetry Day Special Chandni Chowk to Khan Market Sharing Friend

hat music is to the ears, a nice sight to the eyes, is what taste is to the tongue? And a bewitching and relishing taste is in demand always! People are in search of foodstuff that can sate all aspects be it hygiene, freshness, appetizing flavour, quantity or price. The dishes and foodstuffs of the hotels are though definitely fresh, hygienic and healthy, but when it comes to quality, taste, quantity or price, mind you, street foods always win the race.

Archita Goyal & Sonal Srivastava, AIS Mayur Vihar

Irresistibly desirable: Street foods, obtained from a street vendor or hawker often from a makeshift or a potable stall are always a cynosure for the crowd. Though the doctors always stick to the gun refraining us from eating street food, when it comes to Delhites, one surely has to re-consider. It is an irresistible desire to be desired. From the beginning, it has

been put into our minds that we should not eat from road side as it is hygienic and unhealthy. Though, these points may discourage us, the stalls' perpetual swarm of people who have thronged to enjoy the real taste of life always vouches its excellent savour. Ms. Sangeeta (teacher, AIS MV) approves, "Well, there's no harm eating the finger-licious street food once in a blue moon." "And the attractive atmosphere adds to the list!" quips Nishant, a student of class VIII.

Variety's the spice: Starting from the tasty tikkis, palatable panipuris, chatpati crushed ice-candy or the traditional chuskis to the savoury samosas, kulfis and pakodas; the list is endless. Their style as well as presentation is commendable. The splendid cuisine that these *khomchawallahs* offer, is a must have. They do not burn a hole in the pocket nor are they inaccessible. From the commoners to the elite class, everybody is in awe of these street foods. Ms. Archana (teacher AIS MV) loves the experience, "It's a lot of fun chit-chatting, sitting or standing in groups, amidst the aroma of the sweet, spicy and chatpata food." And the best part is that with a deer's speed, they offer you the best of service. Chat, chat everywhere: Whether they are Khan Market's rolls or parathas of the paranthe-wali gali in Chandni Chowk, their toothsome tang is undoubtedly alluring. "And a plate full of pakodas of Lajpat Nagar for sure pamper the taste buds," says Mansi, student of AIS MV. And if you haven't experienced a heavy downpour with a plate of samosas and

> jalebies sitting in the balcony; then you haven't experienced India. The sweet corns, momos and dahi-bhallahs are equally bewitching. Watching aunties gobble the gol-

> > gappas with a shopping bag in one hand and the plate in another is surely a hilarious sight! These joints are always appropriate for a nice hang-out or treat for a group of students or collegeates. And so, whether it's kids or teenagers, the youngsters or the middle-aged, we are so addicted and immune to these khomchawallahs that it is impossible to delete them from our daily life's computer chip.

Anwesha Padhy AIS Mayur Vihar

n today's world, where everyone is yearning for quick big bucks, cheating consumers is not something unheard of. It's easy to fool an unaware consumer, educated or otherwise. "Once I asked the shopkeeper for 2 kg mangoes but what I got in return was just a handful," says Aagosh Kapoor, a student. He did not raise his voice nor did he ask for re-weighing thinking that it would be a waste of time and effort. That's what most of us do. Don't we? Ignoring problems and not taking them headon...next time you go shopping just check the weights before buying

Adulteration is the worst of the practices used for profit making. The milk you drink, may not be all that nutritious. Adds homemaker Anukriti Saini, "The milk had become watery, ie, even though we ordered full cream milk there was no

sign of the cream. I immediately switched to tetra-packed milk."

One method of beating the cheats is buying packed groceries rather than the 'loose' and unhealthier alternatives. Also, check the manufacture and expiry dates of the goods that you buy. In case of electrical equipment, remember to test the items before purchasing. Look out for the hallmark sign while buying gold

and make it a point not to buy pirated goods. And, always ask for a

bill. Comply with these and the chances of you being duped will reduce to nil.

International Award for Young People: An experience of a life time!





Niharika, XII, AIS Noida

ays come and go, but some leave a permanent mark in our lives. One such day was when I received Silver Award in the International Award for Young People program (IAYP). When Award Leader Ms Vijaya Gopalakrishnan introduced me to the program, she had said, "This program will not only help you in your future but will also help you in developing your personality." And did it help me? A 'YES' would be an understatement. A feather in my cap: IAYP is an experience to learn

For IAYP, one has to dedicate time for all categories: sports, skill, social service and adventure activities.

from. The journey, has not only been memorable but has also helped me in my personality development. Who would have known that social service would be so much fun and indulging in sports would relieve you off all stress! The IAYP is meant for people like you and me. It comprises of three levels: Bronze, Silver and Gold. For all three, one has to dedicate a given amount of time to activities in all the given categories, that is, sports, skill, social service and adventure activity.

The 'silver' lining: In three years, I have received Bronze and Silver awards and I'm also participating in the Gold level this year. The Bronze and Silver award cover all aspects: sports, skill, social service and adventure activity. I registered in a reputed dance institute of the country to acquire dancing skills and took up volleyball as my sport. The adventure activities were accomplished in the Amity Adventure Valley, Manesar. I took up teaching in Amitasha, a school for underprivileged girls run by Amity, as social service. I associated with UP Forest Department as part of my social service wherein I got a once-in-alifetime opportunity of being part of Gharial (Gavial gangaticus) and Tortoise Rehabilitation program.

Golden dreams: The Gold Level has another aspect to it: the residential project where a participant is placed in a residential environment totally new to him. Every participant must have an aim to fulfill during this project. I took to the Andaman and Nicobar Islands to promote Ecotourism and Conserve Biodiversity. For skill, I again went for dancing because by now it had become a daily routine. And I stayed loyal to volleyball for sports, plantation for social service and headed to Manesar for my adventure journey.

An exciting journey: Every aspect of the award taught me something totally different and fruitful for my future. Dancing became my passion and volleyball was a great stress-buster, especially during my board exams. The adventure activities inculcated a number of important values like team spirit and leadership qualities in me. Thanks to the IAYP, I discovered so many talents which were hidden somewhere deep inside me!

Mahima Bansal

AIS Vasundhara

A friend is one who stands to share Your every touch of grief and care He comes by chance, but stays by

Your praises he is quick to voice

No grievous fault or passing whim Can make an enemy of him And though your need be great or

His strength is yours through it all

No matter where your path may

Your welfare is his chief concern No matter what your dream may be He prays your triumph soon to see

There is no wish your tongue can

But what it is your friend's as well The life of him who has a friend Is double-guarded to the end!

Chequered life

Shristi Prasad AIS Mayur Vihar

Once you are born in this world You are in the driver's seat To win this long race of life To the Almighty you plead

When you grow up as a child Your parents are always beside To show you the clutch is on the

And the accelerator is to the right

When you become a responsible teenager

With great dreams in your eyes Your teacher tells you to be on track And shows you the hurdles that lie

When you are an independent young man

And driving towards your aim You know your intelligence is the And your wisdom petrol is this

And feel happy, glad and bright To know you have achieved your aim

And taken the chequered flag of life.

My Favourite Things

Alisha Deshmukh AIS Gur- 43

With a lemon on my lemonade, sitting under a green tree's shade; telling lies and making friends fool, waking at six to go to school.

Swimming in the summer so hot, eating mangoes a lot; on top of the world feeling like king, these are some of my







"Education either functions as an instrument which is used to facilitate integration of the younger generation into the logic of the present system and bring about conformity or it becomes the practice of freedom, the means by which men and women deal critically and creatively with reality and discover how to participate in the transformation of their world."

Paulo Freire



The method and means of imparting education has come a long way. From the gurukul-era to e-age, lessons have evolved and metamorphosed to reach out to a wider audience. But the purpose and function have remained the

same- spreading knowledge. Education is the only 'bramhastra' to bring about a positive change in society. And I consider myself to be the privileged one to be able to deliver this to my students. It has therefore been my earnest desire to deliver holistic education.

It would not be wrong to assume that the terms 'schools', 'education' and 'knowledge', go hand in hand. Education is a life long process. A student learns all his life even as he moves out from the 'formal' educational institutions to the 'informal' school of life. He continues to learn from his surroundings, experiences and wisdom of others. While education is acquired in schools, knowledge is gained through real life experiences.

Amity, provides a perfect amalgamation of both formal and informal learning within defined parameters to enhance student's overall perspectives of life. A vast sphere of activities designed to hone their physical, social and mental faculties stimulate them to think out-of-box. When I see my students perform with perfection, participate with enthusiasm, play with happiness and create with freedom, my efforts are fulfilled.

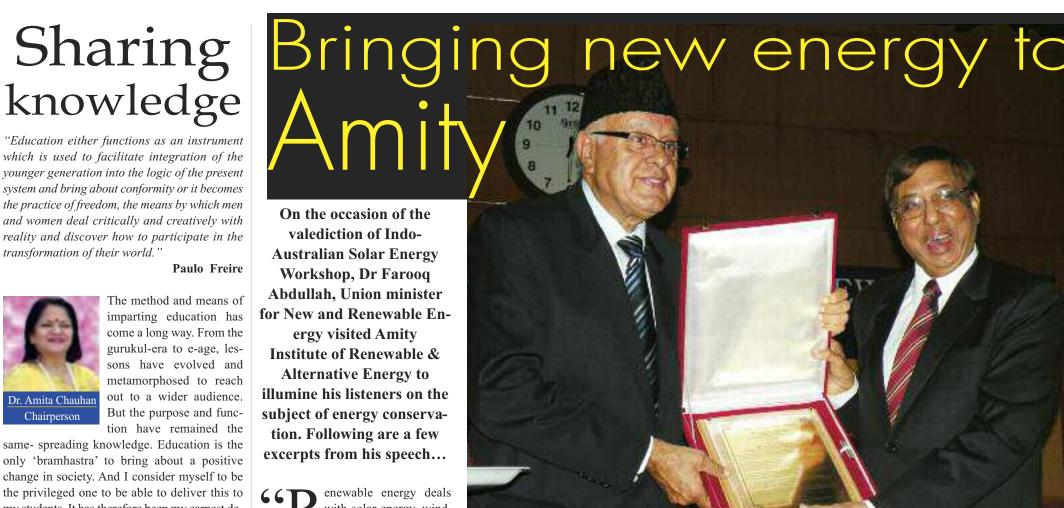
As I taste it

Aditi Sinha, X, AIS Noida

n my opinion, life is comparable to almost everything around us. Even an extra-cheese triple sandwich for that matter! Looking at the magnanimous structure on your plate, anyone with a tiny appetite like mine, would have gone bonkers. Giving the plate a streak-free shine by gulping down the three-storey structure is a Herculean task in itself! Similarly, looking at life as a whole is no less than a challenge, especially when everything is uncertain. Like we might not know when a broccoli or a chilli flake might pop up! Yet, it solely depends on the way we perceive it; we might take it as a morale-lowering experience. But we also might take it as a morale-lowering opportunity. Now having confronted the chilly flakes, from a novice, I have become experienced at the art of club sandwich eating!

It just depends on winning over the moment; it is momentary. We must fight that one moment of despair, distress or temptation to do something wrong and we will definitely not succumb to the circumstances. Quite synonymous with controlling yourself when oregano powders and peppers are burning over your esophagus! Yet life also has some strawberry loaded ice-cream sundae, marmalade moments which melt into our mouths like the time we spend with our loved ones that melt into our hearts. And yes, this chilli-flaked and marmalade laced lifetime does come to an end. Finally, there is a sense of triumph, accomplishment and fulfillment!

Then comes the time to confront the waiter or the chef. Never forget to thank him profusely and tip him generously for such a wonderful extra-cheesy triple club sandwiched lifetime!



with solar energy, wind, water hydro-power, the energy in the earth and biomass. But solar energy is the most important factor. India imports 85% of its energy needs, be it gas or coal. Can you imagine what will happen if this foreign currency is saved? Our country would advance far faster. Our education, healthcare and irrigation facilities would be better. Going back to the Gods of earlier

times; people did not know of Allah, Jesus Christ, Ram or Waheguru. They saw the sun which gave light and it was their God; Water was their second God which gave them life; Fire and Earth were the other Gods. Only later did we realize that there were others that we now worship. And after destroying the earth and climatic condi-

tions, we fear that many nations will disappear as glaciers recede. I have seen as a young man, what the glaciers were like and know how much they have receded over the years. I have seen another change- we used to have 6 feet of snow in the city of Srinagar. Today, there are no snow icicles. We get floods in some areas, when others are completely dry. Man has destroyed this earth. And now, we need to make amends for the future generations and we hope we succeed; India took up this task many years ago in 1980. The President and the PM decided in 2006

that something major must be done. It is only this year, on the 11th of January that the PM announced National Jawaharlal Nehru Solar Mission to set up 1100 MW of solar power.

The solar energy of 20,000 MW must be produced by 2022. Our country has nearly 40% of people who haven't seen the bulb and that is why, it is vitally important that with the use of scientific knowledge, we use these 1100 MW of energy with great care to produce nonpolluting electricity in every home. The government took up the challenge

of lighting the Parliament with solar

well lit up by solar energy. I would request Dr Chauhan to send his students of renewable energy to our electric park in Gurgaon, run by the ministry. They will see there, what research is being done by the Government of India itself.

energy; the Rashtrapati Bhavan is very

God does not differentiate between the African Sun, the Russian Sun, the American Sun or the Indian Sun. He gives it equally to everyone.

God has given you students the strength and the wisdom, so go ahead and light up every village!" ●

Life Empower Sita

A seat in the Parliament is not enough. It is not a solution to the problem. There is need to reserve space in the minds of both men and women...



My association with the fight to do away with the gender bias With some of my acquaintances directly involved in

this, the association even deepened. The Global Times December 16-31, 2009 issue featured "Women: Fight foes or laws' was our effort to highlight the issue. Three months later, the legal battle takes a positive turn with women in Short Service Commission being granted the Permanent Service Commission, an option only for the men earlier. When I called Wing Commander Anupama Joshi, (currently the CEO of a micro finance company), the first batch woman officer who had to quit the services in compliance to the 'gender biased' laws, to congratulate, she humbly thanked and acknowledged the GT team for supporting the cause.

March has truly been a women's month. It took exactly 14 years (equivalent to 'vanvas' period) for the women reservation bill to come through the Rajya Sabha. But whether this 'vanvas' is really over has yet to be seen. Till then, let's celebrate. Every blow to break the grass ceiling is making its impact felt.

Elated by the historic judgement, my instant reaction was to get in touch with people I know and the response in defence services set me thinking. While the media is has been a long one. floored with 'reservation' issues there is a bunch of 'Jokers' who find it very amusing and have been texting series younger boy (who was supposed to



of SMS and e-mail forwards on this issue. Let me make it clear - it is not funny. Ask the women who have fought for this, for years. As a child, every time I stepped out of my house, I was chaperoned by a ten year

protect me). The boys moved alone. Free. A seat in the parliament is not enough. It is not a solution to the problem. There is need to reserve a space in the minds of both men and women. The space, that gives each gender, an equal platform at every level. A permanent commission for women should by no mean undermine their ability to 'softer' options in any service. Three cheers to the crew members of the first successful all women Air India flight that flew on March 8 from Mumbai to New York.

A legal right does not empower the mind. It's a patriarchal society, where the issue is not of 'reservation' but 'empowerment'. Sita passed the endurance test for 14 years, but failed, to convince when it came to fighting for her rights. Passing of the reservation bill, followed by gender discrimination in Army and Indian Air Force, Short Service Commission is a step forward to women empowerment. Next time, let no Sita be swallowed by earth forever. Empower her.

Review of Global Times

I have been reading GT MON Global Times for quite a while now and each time I am amazed at the articles that are published. I

feel the same for the Saket February edition.

Shubhangi's visit to a slum was quite heart wrenching. It brings tears to one's eyes when one gets to know how they struggle each day to live. How ever, you are also strengthened by the thought that the NGO's are there to improve the situation and they might be above the poverty line one day. Another interesting article was about nanotechnology. It sure is taking technology to greater heights to benefit the generations to come.

The article from Chairperson ma'm and Principal ma'm were very encouraging. There is no doubt that every individual is responsible for his own destiny as he is the one who makes it happen.

Overall, the news on sports, music, the crossword and poems were very interesting. I would love to be a reporter for The Global Times..I am sure it is quite an exciting exercise.

Cheers to the students who have contributed to this edition!

Ishita Mullick, III A, Saket

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She's just a woman to me!

Pic: Namrata Gulati

Women power: Amity students rejoice womanhood Amit-e-poll

Namrata Gulati

'Engendering' spirits

The equality-enthu lot of Amity Institute of Psychology & Applied Sciences (AIPS) uplifted spirits on the centenary of International Women's Day on March 8, by celebrating womanhood through an open-house discussion. Sans male-bashing or gender competitions, issues pertaining to women were discussed without any inhibitions.

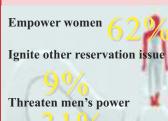
A 'rosy' picture

with white roses presented by the students. The colour code was a dedication to the mettle of women, renowned Bharatnatyam dancer and Chief Guest for the event Swagatasen Pillai defined how, "White for peace, green for prosperity and purple for regality."

'Male'-milaap

nce the discussions began, there was no looking back. Students queued up before the podium to share their views. But the high point was an equal participation by r were greeted cheerfully hand in support of women. Be- heart-touching poem that com- coming to us has undergone a with a smile.●

33% Reservation for women in Parliament will:



fore the first speaker, Dhirendra Pratap Singh, an MA student in Developmental Studies could start sharing his views, he was welcomed by a loud round of applause for obvious the male-brigade that did not reasons. He concluded a beauGraphic: Dinesh Kumar

pared a woman to the sun, "Both the genders must join hands for women empowerment." Rajat Kumar (AIPS, II year), had absorbed the message for he too did not hesitate in speaking up his mind, "There is a difference between awareness and understanding. The latter is most important. Just fighting for rights won't work." Shambhavi, a second year student from AIPS was loud and clear, "Action. That's the keyword. Let's take charge against domestic violence." AIPS faculty member Monika Dutta argued for equality at workplace,

tremendous change. They need the right person with the right skills rather than a male or a female."

What a message! t the consummation of the Momen's Day celebrations, enlightening messages were delivered to one and all: "Women are the real architects of society," Prof (Dr) Phool Kaul, Director, AIE endorsed the message embossed on the greeting card gifted to her by the students. "Let's dedicate this special day to our mothers. After all, Alma maters!" Prof Abha Singh, Director AIPS & aculty and staff members shy away from stretching out a tiful message by reciting a "The mindset of the recruiters Acting Head, AIBHAS said

Re-writing Gender History

Nishita Khattar X-J, AIS Noida

hey say that behind every successful man, there is a woman. But have 'they' ever thought of the entire country as a whole, that women could have a part to play in the success of the country, too? Well, to tell the truth, no. But the newly-passed women's reservation bill will guarantee just that (and a lot more!). Ensuring one-third reservation for women in the Parliament is a great step towards female progress. And it would not be an understatement to say that today's political leaders have made history by clearing this bill. And who knows? The future women bureaucrats may turn out to be better than those clichéd old, fat and lazy politicians! For example, it is seen that women often pay more attention to issues of healthcare, education and other forms of social development than their male counterparts. Bringing about reforms in such areas will lead to the evolution of the nation as a whole. Plus, there's also the fact that the number of women parliamentarians in our country is quite less as compared to other nations. So, having female hands in our testosterone-riddled administration will raise India's position in the eyes of other democracies. Patriarchy runs deep in India's blood, but enter the women's reservation bill and it will be seen to that women get benefits equal to those of the 'Y-chromosomers' whether it be in the social, political, private or public sphere. This bill will slowly and steadily ensure that women have the same powers as men. A ginormic 'thank you!' to all those whose efforts led to the passage of the path-breaking bill! So, what do you say, sisters (because all us females are a part of this sisterhood celebrating womanhood)? Get together and strive to make our country an even better place for women, because that's what we deserve!

House-keeping of another kind!

That women are pretty good at managing households is a known fact but with the Women's Bill (yet to be passed to be called a law, this Reservation Bill grants a quota of 33% of seats in the Parliament and the state legislatures for women) in sight, the fairer sex could be running two houses at once- the Upper House (Rajya Sabha) & the Lower House (Lok Sabha), or what are together known as the Indian Parliament.

"Both genders must join hands for the empowerment of women."

Dhirendra Pratap Singh, student of Developmental Studies (MA)

"The bill has its pros and cons. For instance, the bill would give the women the right to voice and empower them. But it may also be misused just as the act against domestic violence has been by some women; if there are not enough women participants, the seats may go waste. I am more for a merit-based society."

-Shalini Kapoor, AIPS, MA II year ety."

"This is the way to women's equality. So far, the political participation of women at the state and the national levels is not to the desired extent. This quota is thus an affirmative action. The results of electing a larger number of women in the rural areas and the Panchayats have been remarkable. The reservation of seats for women at a higher level would mean a higher participation of women in the public and political sphere, so crucial to our soci-

Dr Rama Patnayak Director, Students' Affairs for **Amity University**

"It shall empower women politically as well as let them have a greater say in issues of national concern. Let's hope the bill is passed."

Prof Phool Kaul, Director, AIE

"Tickets for election are not real empowerment. Education is a more important tool to achieve a goal like this. I am



anti-reservation: why to make women feel special? We are not special, we are equal."

> Prof Madhulika Jha **Director, AIEBC**

"This is a chance for women to be decision-makers. I am against the reservation system but I also believe that certain rights have to be trickled down to everyone."

Rupa Gupta, Editor, **Amity University Press**

"Why does a woman need to compete with man to be equal? She has her own space and no one can give it to her or take it from her."

> Ms Swagatasen Pillai Bharatnatyam dancer



Basketball

Prashant Rao

AIS Gur-46

Basketball is my favourite game, To score a basket is everyone's aim. Once we made two teams and played,

Oblivious if it was sun or shade. Quite a good game there we had, Some moments were good, some were bad.

Towards the end, it became an interesting game,

For both teams had scored exactly the same.

I shot the ball with all my strength, And it did fly to a great length.

Then it hit the ring, And started off around it, circling Someone said, "GO IN!" Someone said, "COME OUT"

But as we had wished, In it went, and swished. Just then, sir blew his whistle,

And the startled mule looked up from his thistle. My team went mad cheering,

Although the opponents were still jeering. I still remember that thrilling day,

Basketball is the game I like to play.

My India

Nikita Madan

AIS V Sec-6

My country India which I am proud

Love and peace are the fundamentals India is made of. In art and culture we were always

the best, Soon in science and technology

we'll leave behind the rest. We have become the champions of

T20, We are going to be masters of ODI and test.

My country is poverty ridden at present because of corruption, But I am sure we'll become a super-

power and a developed nation!

Chak De India!

Anirudh Chandnani, AIS Gur-43

I like to play cricket, To see a match we buy a ticket. We play it with a bat and ball, It is liked by people big and small. Cricket is a physical recreation, Dravid, Dhoni, Sachin play to make proud our nation. Match can be ODI or test, But cricket is the best!

Eternal Bliss

Procheta Chattaraj AIS, Gurgaon 43

I want to live in a place Which I will find Where people smile and are very kind. A place where dreams seem like true Every where magnificient birds flew The first ray of the shimmering sun falls on the sea, The lovely sound of the buzzing bee. Will I ever find a place like this

Where I can live in absolute bliss.

World Poetry Day Special Sachin Tendulkar: The man with the golden bat

Amlaan Kumar of class VII, AIS Noida sketches the 'highs and highs' of the master blaster as he achieves another milestone, his double century

e is truly a cricketing icon, a perfect role-model for all wannabes. Despite being 36, he shows no signs of hanging his gloves yet. Not only does he hold the record for scoring the maximum number of centuries in test matches and one-dayers, but he recently won laurels for scoring the first double century in a ODI. Way back in 2002, Wisden had ranked him the second greatest test cricketer of all time, next only to Don Bradman and the second greatest one day international player of all time, next to Viv Richards. But, another cricketing great, Brian Lara disagrees. Sachin, ac-

He makes us proud with his stunning performances with the bat and shocks every single bowler. He is a proud face of India. How can somebody score a double hundred even if he is in an age to retire? Sachin Tendulkar is the only player of the current generation to be included in Bradman's eleven. Despite his numerous achievements, he remains very much a modest and an unassuming man. Success has not gone to his head. He is among the few cricketers in the world who have not courted any controversy. He is sometimes referred to as Little Master or Master Blaster. He is truly a legend, whose motto is "Impossible is nothing."



Amity participates in Asian Youth Football Championship

ine students of Amity International School Noida and Saket participated in 1st Asian Youth Football Championship at Bangkok from February 1 to 12, 2010, organised by the National Housing Development of Thailand in which nine foreign teams and nine local teams from Thailand too part. The Indian team was grouped with Thailand, Malaysia and South Korea. The Indian contingent constituted the youngest team in the tournament that was playing for university level. The tournament was a great learning for the participants as they played on foreign grounds in an international match with seniors for the first time. They put up a good fight and displayed exemplary discipline praised by all.

Kabir

Ishan Goyal AIS Noida: Geet Singh, Palash Rastogi & Akhil Pradeep **Team Amity**

The youngest team

AIS Saket: Mohit Choudari, Prateek Bhalla, Ranjan Chauhan, Kuwar Anand, Parth Chopra &



By the Sportsmen, for the Sportsmen

Here are some quotes on sports and sportsmanship by eminent people of their times for the sportsmen of today. Our young readers can learn a thing or two from them...

The will to win is important, but the will to prepare is vital.

- Joe Paterno You can become a winner only if you

are willing to walk over the edge. - Damon Runyon In order to win you must be pre-

pared to lose sometime. And leave one or two cards showing. - Van Morrison Difficulties in life are intended to

make us better, not bitter.

- Dan Reeves Adversity causes some men to

break, and others to break records. - William A. Ward

The six W's: Work will win when whishing won't.

Power is not revealed by striking

- Todd Blackledge

hard or often, but by striking true. - Honore de Balzac

Courage is resistance to fear, mas*tery of fear – not absence of fear.*

- Mark Twain The harder you work, the harder it

is to surrender.

 Vince Lombardi I've always said that the day I'm

playing is the day I quit. - Tiger Woods

Do not let what you cannot do interfere with what you can do.

- John Wooden The principle is competing against yourself. It's about self-improvement, about being better than you were the day before.

- Steve Young

I float like a butterfly, and sting like a bee.

-Muhammad Ali

Ask not what your teammates can do for you. Ask what you can do for your teammates.

- Magic Johnson

It is a rough road that leads to the heights of greatness.

- Seneca It is how you show at the showdown

that counts. Homer Norton If you train hard, you'll not only be

hard, you'll be hard to beat. - Herschel Walker

Contributed by: Saksham Agarwal class IX, AIS Gur-43

Teeing off: winkle, twinkle little stars

Tulika Banerji

Wah Kabir!

Teeing off: He looks like any other kid his age but exudes maturity that belies the twinkle in his eyes. A student of class II, AIS Noida, Kabir Wahi is a budding golfer, playing golf for the last two years and a half. Training under coach Monish Bindra at the Noida Golf Course, Kabir has quite a few wins to his credit.

Claim to fame: Kabir shot to success at GolfRite US Kids Golf Tour Tournament held at ITC Classic Golf Course, Gurgaon where he secured the 2nd position among more than 200 participants. He swept the Chipping Competition organised by Noida Golf Course, slotting the top position.

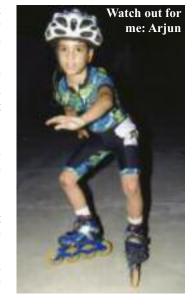
Kabir's astonishing feats at such one fine day when his mom took a young age, find pride of place in the Noida Golf Club magazine. Practice makes perfect: Kabir's mom Ritika Wahi informs, "We introduced Kabir to a number of activities, and found him attracted to golf. He practices for around 3 hours daily at Noida Golf Course. Golf has not only helped him find a niche but has also given him a lot of friends." And what's the best age to begin playing the game? The proud mom quips, "If you introduce children to any new thing at the right time, say 3-4 years of age, they grasp it really well. At this young age, my son is a member of the Noida Golf Course, even when I'm not!"

Skilled Skater

Life's on a roll: Arjun Dhawan discovered his affinity for skating him to a skating rink for hobby classes. A year into it, and he knew he was meant for it. Arjun's passion knew no bounds after he received his first gold medal in 2007, and there's been no looking back ever since.

Claim to fame: A student of class III, AIS Vasundhra, Arjun has 6 Gold, 6 Silver and 5 Bronze medals to his credit! Having participated in scores of competitions including CBSE National Skating Championship, CBSE East Zone Skating Championship, LB Shastri Championship, etc, Arjun looks forward to more wins in the future.

Practice makes perfect: An avid skater, Arjun practices religiously every evening from 6:30-9:00pm. His mother shares, "He's so passionate about skating that on holidays, he has no qualms about



going for practise at 5 in the morning! Besides skating, Arjun enjoys playing drums and collecting toys. He's good in studies too." Looks like the little wonder has his eyes well on target! •

World Poetry Day Special

Weep, but laugh more!

Shinjini Biswas AIS Noida

I promise you will succeed for sure.

I promise you will be healthy sure.

I promise people will love you sure.

Read but write more

Talk but think more

Play but read more

Eat but chew more

Weep but laugh more

Sleep but work more

Hate but love more

Ask but give more

Desire but do more

better for sure.

Keep but share more

I promise you will feel

Punish but forgive more

Consume but produce more

Spend but save more

Order but obey more

Quarrel but agree more

Being Mister Puppeteer!

Namrata Gulati

ittle puppeteer Bhavesh Bhatia from class IV, AIS Vasundhara-6 did his school and parents proud when he won the first prize in an inter-school competition for puppetmaking that promoted the theme, "Best out of waste". Bhavesh surpassed 15 competitors when he created a puppetpair of Jimmy and Johnny out of socks, "It is my hobby to create and narrate my own stories. I like to make puppets out of everything- sticks, paper, wood, etc and then weave a story around them." Mister Puppeteer has won himself a gold medal and a certificate for his newly acquired talent. Mom Mamta gives out a vote of thanks, "I really want to thank Dr Amita Chauhan for always providing golden opportunities to each student. I also thank Ms Bhaswati Mukherjee and Ms Anupama Pandey for their support." Make-a-puppet: Follow these simple steps and be a proud owner of puppets Jimmy and Johnny.

What you need: A pair of old socks, paper, scissors, colour pencils, some wool, a few buttons

Step 1: Place the pair of old and waste socks before yourself



Step 2: Paste a lump of wool on the socks for eyebrows



Step 3: Draw a pair of eyes and lips on paper and cut them out in shape



Step 4: Use buttons for nose



Step 5: Wear the socks on your left and right hands and you're ready to narrate a puppet story!



Imaging: Dinesh Kumar

Short Story teaven or hell?

Rashi Jain, AIS Gur 46

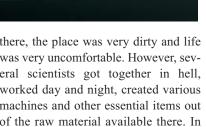
nce a preacher in England had a doubt, following the death of some scientists. Logically, they would not have earned the blessings of the Lord as they had not been seen in the church for prayers. At the same time they had not sinned, as their discoveries helped us. While thinking about the question, the preacher dozed off. While sleeping, the preacher saw a

dream in which he went to the uppermost level of heaven. He could not find any scientists over there, so he took a train to hell and went to the lowermost level of hell.

Moments later, the preacher was surprised. Could this place really be hell? It was more beautiful than the uppermost level of heaven! As he stood wonderstruck, he saw one scientist and asked him about the transformation. The scientist explained that when they came

there, the place was very dirty and life was very uncomfortable. However, several scientists got together in hell, worked day and night, created various machines and other essential items out of the raw material available there. In this way they had transformed hell into heaven.

The preacher woke up. He was convinced that if people put their mind and actions to right use even a place like hell can be transformed into heaven!



Cricket Fever

I promise people will respect you.

Adarsh Agarwal

AIS Vashundhara Sec-1

Hey Sachin, hit a six, And Australia will be in a fix.

Please Dhoni, don't be out, Or your captaincy will be in doubt.

Dravid, survive till the last ball, Or India will get a good fall.

Sehwag don't play so fast, Or you are not going to last.

Come on, Yuvraj take this catch, And India will win the match.

My Pink Unicorn

Gunjan Sharma

AIS Vasundhra Sec-1

My pink unicorn She likes to eat corn She likes to fly She hates a person who is sly She has purple wings And looks like a unicorn of kings She looks at me, my eyes don't blink

She has her hair and body pink She shines like a star at night But she never fights She is friendly to anyone she meets But she hates to eat meat She likes blue

But she is scared of glue She sometimes becomes lazy But she looks like a daisy She likes to eat food But depends on her mood

She likes to eat corn She is my pink unicorn

> **Ananya Bhalla AIS Mayur Vihar**

When we have nothing We want something When we have something We want many things When we have many things We want everything When we have everything We seem to like nothing!



Cransform your play time!

Faiz Ahmed

AIS Mayur Vihar

ransformer toys are my latest craze. I find them very cool. I have many such toys with which

school. The transformers belong to the planet Cybertron. The good guys of Cybertron (the Autobots) are saving their planet from the attack of the Decepticons who live in various forms on earth.



I play all the time once I get back from The first and most important of the Autobots is their boss, Optimus Prime. He exists on earth in the form of a truck. Hide Swipe is a car, Ironhide is the weapon specialist and is also a truck, Bumble Bee is the friendly yellow car who stays with his human friend Sam and Rachet, the truck which is the medical officer.

> The Deceptions are lead by Megatron who is very evil and is a jet plane. Star Scream is the air commander. Browl, the tank, is a weapon specialist. Dirt Boss, the fork lift, is the servant of Megatron. Demolisher is a JCB who is the assistant of Megatron. Rampage, another Decepticon, has three modes: attack, jackhammer and bulldozer. There are many more Deceptions in this series in different forms like radio, mobile phone, motor cycles, etc.

You have to see the transformers to believe me. There is an animated series on TV and two movies; one released recently. I hope you see these and like them as much as I do!

Pics: Namrata Gulati







as possible!" The battle of the sexes reigned supreme as each one tried hard to prove his/her gender the best! A different war of words continued off the battleground, as Varsha (B Tech + M Tech, integrated programme) argued, "Girls are better than boys; they're more logical and sensible" but Ashish (B-Tech Biotech) defended boy-

hood, "We can perform all tasks with ease; we

excel at every game!" The girls gave the boys a

hard time and ultimately surpassed them in

everything, be it spotting the difference, solving

a crossword or eating samosas and drinking

water simultaneously! Parul well sums up, "Girl

power rocks!" Oh, boy! What zest!

Vrooj euphoria

Namrata Gulati

Painting the University red....

reen, yellow, blue, orange- Illustrators, the art committee left no stone unturned to spread every possible colour on the Amity campus during Urooj '10. The committee, which comprises five coordinators (Arpit Bansal, Sanchit Bhatnagar, Mohit Rastogi, Anoop Malik, Subrata Dutta), the workforce and volunteers, has been around since Urooj 2008 but this time, the Illustrators really got the ball rolling, expands Subrata, "this time we organised an official art event by the name of Afflatus" and Anoop adds, "unlike earlier, when our work was limited to decorate as much as possible through rangolis, backdrops, etc." In spite of being a newbie to Urooj, Afflatus was a blockbuster with the students as the participant turnout crossed 130! What attracted the participants were the interesting art themes. Mosaic, for instance, was about "providing different tiles in different colours to let the participants make something interesting out of it. Vipul Pathak came up with an interesting image of a pair

of tablas with a skeleton of a dancing woman in between," so says Volunteer Mahima Dewan. The talented student of Amity School of Fine Arts, Ist year explains the concept, "I saw everyone making sceneries and landscapes. I wanted to do something unique and therefore, such a concept sprung up. My intention is to depict the power of music that can bring alive the sole of someone who is dead too!" Other themes like Still-life sketching, Origami, Monochromatic Paintings, Ambiguity, Pastels et al were equally fascinating. As is obvious, Afflatus compelled every budding artist to give it a shot. Mridula Kapil and Rati Mehra (B-Tech Biotechnology) were one such

night to make it possible. They were more important than us." Subrata seconds that, "They have worked very hard to get us sponsors and make the backdrops and hand-made invites."

Venusian men, Martian women

r Gray, the brain behind "Men Are from Mars, Women Are from Venus" may not be too happy when he learns what 'Gender Blender' tried to do to his theory behind his back! Apologies Dr Gray, but masculinity is no more restricted to physical strength, nor is femininity about domestic chores! Role-reversals

Savouring the Salsa salad

ike the salad is a healthy mixture, a combo of Bachata and Salsa is too good for the heart, especially when the Valentine's season is in the air! Hot on the heels of the special day, a number of pairs swarmed where the two international dance forms were taught; The room was filled with "oops", "wows" and oodles of laughter as the students danced their way to perfection. Partners Shivani Rai and Saurav Harrison, B-Tech Biotech students looked unusually happy, "I'm very happy I got to dance with such a lovely friend!" Shivani smiles and Saurav is thrilled too, "Ummmm.. I usually don't dance. It's an all-new experience, a good one though!" We told ya, dancing was good for the heart!•

Bringing you some of the freshest events of Urooj (2010), an eagerly awaited fest of Amity Institute of Biotech...

duo who fell in love with the concept of Best out of Waste and tried their hand at making a table-lamp, "we used waste paper, fevicol, coloured tapes, that's all!" chirps Rati but Mridula hopes "to win the competition." So, who does all the credit go to? Anoop sounds humble, "Our volunteers and the workforce have worked day and

have begun and Urooj is the process-initiator, Parul explains how, "Gender Blender was fun and a breeze of fresh air. Boys and girl competed against one another with complete enthusiasm. While boys attempted to sew-up shirt buttons in two minutes, the girls struggled to do ten pushups and hold wet bricks by one hand for as long

Going the bicycle way...



In an Awareness Campaign for Students and Youth, Amity Institute of Environment Toxicology Safety and Management organized a workshop on promoting the use of bicycle as a modest means of transport.

The Indian Environment Society (IES) under National Environment Awareness Campaign (NEAC) and

the Ministry of Environment and Forests (MOEF) lent all the support possible to the program. Dr. Tanu Jindal, Director, Amity Institute of Environment Toxicology Safety and Management urged students to bicycle as cycling not only conserves energy but is also a great exercise that promotes good health. Besides, it is cost effective because it requires less maintenance and uses up no fuel; Cycling can also prove effective in dealing with the environmental threat of Global Warming as it emits no toxic gases. Moreover, cycling causes no sound pollution. Just like developed countries like USA, Japan, Australia have,

USA, Japan, Australia have, India must go the bicycle way too. So, what you waiting for? Pick up that bicycle from the garage- save the world while refreshing your childhood memories!



Music to ears!

Intending to hold fruitful discussions on the areas of mutual interest, a three member delegation from Panasonic HQ, headed by the General Manager (International Operations) visited Amity University Noida on the twelfth day of March. The delegation was welcomed warmly by Maj. Gen. R.K. Dhawan, Senior Vice President, International Affairs Department, Amity University and Dr. JS Sodhi, Vice President, Amity University. The delegation members met Dr. BB Singh, Advisor to Founder President,

Prof. BB Dhar, Sr. VP, RBEF, Dr. Janardan Jha, Dir, ACINC, Dr. Phool Kaul, Dir, AIE, Brig. R K Sharma, Dir, AITD, Prof. Jairath, ASET, Dr. Sanjeev Bansal, ABS, Dr. Ashish Verma, AIB. During the meeting, the delegation expressed a keen desire to expand business in the academic field in India. They talked of bringing their high quality digital equipments and total digital solution for high and specialized R & D activity in higher educational institutions in India. That's what you call 'music to ears!'



School Lounge The Global Times, March 16-31, 2010

AIS Gurgaon 43 celebrated its 7th Annual Day. Students from classes Nursery to V put up a visual extravaganza 'Vrikshabhivardhan'. The play encapsulated student apprehension about life without trees and their plea to the world to save nature's wealth.

The Chief Guest of the day was Mr SK Chaturvedi, CMD Power Grid Corporation of India Limited. The Guest of Ho-Dr Shobha Chaturvedi complimented the students and staff for putting up a thought provoking show. The Annual Report highlighting the accomplishments of the School was delivered by school Principal, Mrs. Nandita Sahu and the junior student pupil leaders. Dr Amita Chauhan, Chairperson Amity Schools, lauded the efforts of students and staff, and appreciated their concern for the environment.

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Annual extravaganza

From folk tales to moral stories, the Primary Annual Days at AIS Noida ensured that the little ones learnt the values of life all the way.

Visit To Storyland: On 19th January 2010, students of Nursery 1 and 2 (Wing A) and Nursery 2, 4, and 7 (Wing B) participated in "Unity In Strength....A Visit To Storyland." Dr. Amita Chauhan, Chairperson, Amity Schools, her mother Ammaji, and other prominent members of the Chauhan Family graced the event. The choir's rendition of the melodious 'Shloka Gayan and 'Phoolo Jaise Pyare Pyare' enthralled the audience. Five stories were enacted - 'The Enormous Turnip', 'The Hunter and the Pigeons', 'The Pied Piper of Hamelin', 'The Little Black Fish' and 'The Jungle Book'. "Ekta mein shakti hai, bal hai, buddhi hai....", the grand finale by Mrs. Usha Mankotia paid rich tributes to the 'unity in diversity' of India.

A Whole New World: Primary students of AIS Noida celebrated 'A Whole New World', the KG Annual Day on 20th January 2010. The cultural show showcased 'Underwater Land'- a five scene enactment that depicted how a family of divers discovers the hidden mysteries of the sea world in an exotic submerged picnic to the ocean's floor, and how they save a baby dolphin from exploitation. The finale, 'Keep the ocean clean' stressed the need for protecting and restoring marine with creativity, commitment, and involvement



of local communities.

Dadima Ki Kahaniya: On 30th January 2010, Class II A, B,C, D and E (Wing A) and II B & E (Wing B) participated in 'Dadima Ki Kahaniya....A Rumble In The Jungle'. The day commemorated the storytelling sessions between grandparents and grandchildren as the former passes on insight and intelligence through moral stories to the latter. The song "Data Tum Mahan Ho" set the mood for the day as Amitians promised to change the world by first changing themselves. The audience watched mesmerized as Dadima transported them to dark jungles filled with

majestic trees and narrated stories intrinsically woven around enemies, greed, jealously, kindness, friendship, love and harmony. "The Monkey and the Crocodile" gently conveyed the importance of presence of mind; "Fish Friends Three" echoed how "Intelligence wins over might" and "The Sky is Falling" reinstated 'belief in oneself'. The finale "Dadi ke ghar jayenge" expressed the deep bonding between grandparents and grandchildren.

Bon Voyage: The Annual Day for Class II F & G (Wing A) and II A, C, D & F (Wing B) 'Bon Voyage...Sailing Around the World' celebrated folktales

from around the world. The event featured six, timeless fables using satire, exaggeration and pathos to discover the wit of ageless wisdom and wholesome advice. The audience voyaged around the world with Ferdinand Magellan, Vasco da Gama, Captain Jack Sparrow, and an alluring mermaid and educated the audience with various morals. "The Enchanted Song of the Magical Bird (Africa)" endeared adults to listen to the innate and innocent powers of children; "How the Kangaroo Got Her

Tennis star

Shreya Pasricha of AIS Noida bagged a double at ING Life-AITA Tennis Championship held at BTA Complex, Kolkata. After winning the under-18 girls' double title, she annexed the girls' singles crown beating Kolkata's Arundhati Basu 7-5, 7-5. Way to go, girl!

Adbhut Vasundhara

Drimary students of AIS Noida participated in 'Adbhut Vasundhara'—the Annual Day for Class 1, Sections A,B,C, D and G, Wing B. During the ceremonial lamp ceremony, the Choir sang a melodious rendition or Shloka Gayan. The Principal, Mrs. Mohina Dar in her ad-

Pouch (Australia)" exemplified those with generous hearts; "The Rabbit's Judgment (Korea)" epitomized the power of the soul; "The Frog's Bridegroom (Germany)" illustrated how, just like a frog's life, one's existence too presented opportunities; "The King's Three Sons (Arabia)" depicted the qualities of a leader and "The Bright Pearl (China)" represented the mountains which stood for the earth, would produce rain to benefit the world.

The finale "We Are The World...We Are The Children..." was a promise by the children to gladly turn to moral tales for ageless wisdom to enable them to change the world for the continuity of mankind.

dress, graciously welcomed the parents as she reiterated, "Every time we open our eyes and look outside, we take for granted that the sun will be there, that the grass will be green, that birds will be singing, that there would be clean water to drink or enough fresh air to breathe. We are slowly losing our planet. It's time we acted together." The Western Music Choir delightfully greeted the guests with their song, "We Welcome, Welcome You." The ballet performance done in narrative style, depicted childhood innocence containing elements needed to heal the world. Headmistress, Mrs. Swapna Paul delivered the Vote of Thanks.

G-20 round up

IS Vasundhara, Sec 6 organized a model G-20 summit at their school auditorium on 21st January, 2010. Students from class IX to XI participated enthusiastically and discussed at length the issue of Global Economic Downturn. The event was organized in continuation with the ongoing project on Financial Meltdown. The students representing different G-20 nations focused on the economic scenarios of the countries they were repre-They discussed various

measures and methods adopted by different countries to tackle the serious issue of financial recession. The leaders of tomorrow who were virtually playing today's leaders tackled and debated on the various issues which not only made them aware about the implications of global financial recession but also awakened their problem solving abilities. The brain tickling session gave them an opportunity to widen their knowledge beyond text books and learn about different economies of the world.



Unity in diversity

IS Vasundhara, Sec-1 celebrated its **A**first Annual Day 'Sanskriti', a Dance Drama depicting 'Unity in Diversity' on Friday 26th February. The Chief Guest for the function was Mr. Avdhesh Kumar, SP City Ghaziabad; other dignitaries present were Chairperson Amity schools Dr Amita Chauhan, Mr. Anand Chauhan, Mrs. Pooja Chauhan, and Ammaji. Chairperson blessed the staff and students for putting up a lovely and remarked, "It is my firm belief that only by a judicious blend of tradition and modernity can keep the youth firmly rooted and provide them with a sense of direction."

World Poetry Day Special

Imaging: Dinesh Kumar

I like to read books

Neelakshi Yadav, AIS Gur-43

They give us knowledge, That wasn't in the stoneage. There are many paragraphs, Which are long to read enough. There are many facts, About animals' and birds' lively act. There are many children, Who love to read and read. There are many authors, Who love to write rather. They take us to another world, Where kowledge is told, These are the books of mine, Kept on shelves in line.

A Class to LOL At IX-A (2009-10 batch)

Surbhi Gupta, AIS Pushp Vihar

There Are Best Of Times There Are Worst Of Times And Class Ninth Was No Exception To It.

I Knew Them But Wasn't Close To Them. I Called Them Friends But Wasn't Sure of It.

Everything Gave Me Something Or The Other Now I Miss Nothing And Can Count On Anything.

The Bus Gifted Me Shayla And Roshni While The Polish Concert Sang Songs For Me And Simran.

Shaifali Ma'am Will Be Loved For The Rest Of Her Life As Nalini Kumar My Most Vella Partner.

Pranjal, Prachi And Diksha You Made My Dalhousie Trip But It's Shefali, Sanya And Kritika Who Made My Dharamsala Trip.



It Was A Stupid And Silly Happy - Realization Year When I Learnt That You Need To Move On.

No Manesar Trip Say Thanks To The Girls I Regret It Because I Could Say Thanks To Boys.

10th December, A Day To LOL At The White Rose Drive For One and Only, Vijay Sir By Me And Utkarsh.

There Was Loads More To LOL At As Class Ninth Helped Me

Last But Not The Least The Session Ended With A Certified Gift My Yellow Badge!



We can't divide art according to gender

tep 1: choosing a career, step 2: facing opposition, hurdles and challenges, step 3: success- this is an order that spells out one's career story, you'd say, but would life look more difficult if step 2 was entwined into the first step itself? Vipul Pathak (Fine Arts, Amity University) knows the answer well, "When I announced my interest in classical dance to my family, they

> me to be an advocate and my mother, an engineer. It was an embarrassment for them that their son had chosen classical dance for his profession. But my love for classical dance pushed me into challenging gender stereotypes."

Even as friends made jokes about it, 14 year old Vipul would eagerly wait for classical music to play so that he could dance; when alone at home, he would further his interest via television, "I feared my parents would never understand. So I preferred to dance when no one was around." In school too, Vipul was on the receiving end although he recalls with a smile, "Principal sir was not convinced about me doing a classical dance on stage. But I promised him to

deliver my best and I did. After my first performance, I was flooded with invitations to display my dancing skills, one of them from a women's association. Many asked, 'Are you a professional dancer?' and it surprised them that I'd learnt dance only by watching TV." Soon, Vipul was rendering outstanding performances in the Tandava and classical dance forms (predominantly Kathakali with

expressions borrowed from Bharat Natyam) at school. "During prize distribution ceremonies, I'd never invite my parents, knowing they

wouldn't like it," Vipul says, the smile intact. In spite of facing such opposition, Vipul mustered the courage to proudly show off his skills, "I feel classical dance was gifted to me by God. I have never had a guru for classical dance, because I'm sure that I was born to dance; rather, my soul was born to dance!" Having patiently overcome major challenges, Vipul is above petty labels, "I dress up completely when I perform 'Tandava' and wear full-fledged make-up. I shed all my inhibitions. After all, we can't divide art according to gender." As for his parents, Vipul concludes, "Somewhere, they have accepted my passion. Once when I had a performance, my mother asked caringly, 'Beta, are you carrying your make-up? Hope you have tied the ghungroo tightly?' Vipul's father lends complete support too, "I will always support him in whatever he does." Ms Sujata Bidhuri, faculty at BFA, Amity is full of praise, "Vipul is not only a good dancer but also a great performer. He must pursue dancing as a career." Vipul has been chasing a dream ever since he was 14 years, "Someday, I want people to identify my family and me; I want to make my parents very proud." •





Me, Mom & Dad

Ishika Bhagat

o you think children are the only ones who get affected after watching movies? Think again! Our parents too get influenced in a great way. In fact, I would say parents get more influenced than children do. They watch movies like Wake up Sid and almost for about a week they have an attitude which says "Let him party, sleep or waste his time if he wants to, one day life will teach him a lesson. We can't help it if he wants to learn the hard way." But that is just for about a week my friends! Next Monday they start with their usual nagging all over again, phew!

A month later, they see another movie like 3 *Idiots* and their attitude changes all over again. They come back and say "We don't want marks, we want

sitting at home with two kids doing nothing Amity Institute of Biotechnology-II, UP but a small job, not enough to satisfy your children's needs." Thinking we are like the insulted, humiliated and drunk 'Chatur' in 3 Idiots who will say, "No dad, let's have a bet, I promise you five years from now, I would be earning more than you do. This day, this place, five years from now." Gawsh! Bollywood so influences our households, specially our parents, but not to worry people; there are a lot of ways to escape this torture...

> First, don't ever I mean EVER watch such movies with your folks. If you do, its my gaurantee you are bound to get a lecture in the car itself on your way back home.

Second, if you get to know that the movie you are going to see with your parents gives such a message after you have booked the tickets, just pretend that you suddenly have a severe stomach upset and you really want to go but you can't. Put a half hearted smile and say "Sorry dad, but you and mom can go see the movie. Consider it your 'movie date' after so many years."

Third, remember that the attitude and message of the movie stays in their head for almost about a week. So my friends try not to have a cup of tea or sit at the dinner table with them for about a week.

Fourth and final, even after taking all these precautions, if your folks catch hold of you and lecture you, just keep a hand on your