

Y NEWSPAPER www.theglobaltimes.in

Food for Thought

Lost Eden

That which once was green, Is no longer fresh and clean. The air we breathe, the water we drink, Makes us sit up and think...

What happened to the Eden God had bequeathed, To us humans to live, love and breed?

Did we nourish it and took care?

Or were we greedy and made it all bare...

Man and environment are two wheels of a cart, To balance them and move ahead is an ethereal art. Without one the other cannot survive, If man has to live, the envi-

If man has to live, the environment has to thrive...

Kirti Tandon, Teacher AIS PV

INSIDE



Eco friendly luxury, p 4



Social networth sites, p12



Nihal S. Majithia AIS Pushp Vihar

Eat Smart: If you are a meat-eater, keep at least two no-meat days. Go organic! Choose eniro-friendly alternatives like organic eggs and dairy!

Save Water to Save Money: Take shorter showers to save water and water bills. You may also install a low-flow showerhead.

Less Petrol = More Money (and Better Health!): Walk or bike to your destination (especially if it isn't too far!). This saves on gas and parking costs while improving

your cardiovascular health. Push your society members into pooling in for building more sidewalks to motivate walking!

Make Your Own Cleaning Supplies: The big secret- you can make effective, non-toxic cleaning products. All you need is a few simple ingredients like baking soda, vinegar, lemon, and soap!

Skip the Bottled Water: Use a water filter to purify water instead of buying bottled water as it generates container waste. Besides, keep a reusable water bottle (preferably aluminum rather than plastic) when you travel or work.

Switch the Lights off!: Don't listen to Enrique Iglesias when he sings "Don't turn off the lights"; Turn the lights off in rooms when not in use; replace standard incandescent bulbs with compact fluorescent lamps wherever possible. CFLs use 75 percent less energy in comparison while delivering the same light output.

Update your Computers: Replace Cathode Ray Tube (CRT) monitors with flat screen (LCD, LED) monitors which consume only about one-third the energy of a CRT monitor. Also, laptops are the most energy-efficient computer/monitor com-

bination easily available today.

Harvest Rainwater: It is the gathering, or accumulating and storing of rainwater, that has been used to provide potable water along with irrigational purposes and refilling the ever-depleting aquifers. It is especially advantageous in urban areas to increase the soil moisture levels for urban greenery, as urban soil is generally lacking in moisture content.

It's time we sat up and took note. Do not wait for others to do what you know should be done by you- if we see red today, the earth will be greener tomorrow!

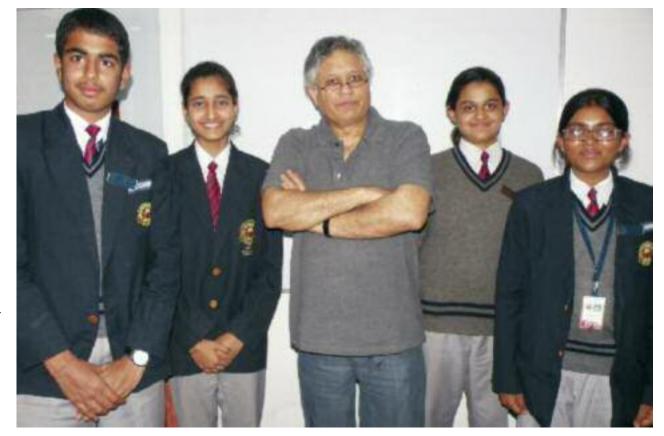
"Youth today needs clear signals"

GT Reporters Shreya Sahni (VIII C), Kunal Taneja (VIII B), Chhavi Sahal (VIII C) and Aakanksha Gupta of AIS Pushp Vihar in-conversation with renowned motivational speaker Shiv Khera...

Sir, how would you like to be addressed as...Mentor, Guru, Life coach or Communication trainer?

I prefer to be addressed as a Mentor, for the simple reason that people today need role models and you only take Mentors if they are good role models. I am not a Guru because I call myself a student. We all keep learning all our lives.

You say that 85% attitude and 15% knowledge brings 100% success in life. Do you think that our education system is successfully imparting this attitude? The definitions of values in books have not changed over the years. However, our interpretations have changed to suit our convenience. Our attitude is our behavioural pattern that comes automatically as a reflex action. In the same set of circumstances, some people are able to break records while others break themselves. Attitude is the key to success. It is not our position but our disposition that determines our success. Our disposition is our attitude. Life is full of choices and compromises. We are all free to a point of choice, but after we make our choice, the choice controls the chooser! In life, we cannot choose the card we get but we can choose how we play the game. Sometimes nature gives us lemon, it's up to us to cry or make lemonade.



You claim that, our formative years affect our attitude. But everyone does not have an ideal environment. How can a positive attitude be developed?

It is much tougher. If the person has not been exposed to positive information

and positive role models in his formative years, how can he make a comparison or a judgement? But while growing up, when a child sees a whole lot of things around himself which are based on integrity, trust, respect, responsibility, s/he

learns to assess. Character is nothing, but habitual. We don't think. We just act. If we think, we'll want to do the right things in life; but we may not do them right. It must come automatically. Positive attitude is actually a matter of habit.

Students experience a lot of stress and anxiety during exams. What is the best way to beat stress and keep one's motivation high?

Stress is inevitable. The stress experienced by an athlete at the time of competition that is prepared and practiced all through his last few years, makes him perform. Whereas the stress of an athlete who has not performed through the year, is negative and that, pulls him down. That's the difference between playing to win and playing not to lose. When we play to win, we play out of inspiration. When we play not to lose, we play out of desperation. Of courses, a student who has not studied is bound to experience stress. It is a negative stress. The stress of a person who has done enough preparation is positive and good.

What, according to you, is the biggest challenge before youth?

The biggest challenge before youth is that they see one thing and hear another thing. They read one thing but they observe another behaviour. There is a lot of confusion and contradiction. It begins right from home. Parents say 'don't smoke' and they smoke themselves. Youth today needs clear signals. They need clear, consistent behaviour that is missing somewhere.





Holiday funda

Reported: Due to road traffic which is expected to rise due to the Common Wealth Games, the Delhi government has decided to cut 17 days holidays from the summer vacations and adjust them in the autumn break.

Diksha Verma

AIS Pushp Vihar

Youngistan's view

Ince we'll get less holidays during the summers, we'll have to go to school even in the oppressive heat and torture ourselves. The destructive holiday homework given by the teachers will add to our misery and the burden of studies in class X will be hard to cope up with! But as they say, everything has a darker and a lighter side to it. The extended breaks during October will be helpful in preparing for the upcoming exams. We'll also get ample time to enjoy the bracing winds of autumn.

Science teacher **Shaifali Jaidka**, welcomes the decision with open arms, "I am a die heart patriotic person. I feel that when some guests are visiting our country, we should treat them as Gods. Commonweakth Games is an opportunity to display our values and *sanskaras*. Its after a long time India is getting an opportunity like this and we should put up our best. Having a vacation, will enable us to enjoy Commonwealth Games as well as autumns."

However, Akshara Jain of AIS Pushp Vihar has some issues with the reduced summer vacations. "Having summer vacations is not a matter of choice. It has some reasons behind it. By staying at

home during summers, we escape from many diseases like strokes, dehydration, etc caused due to the scorching heat. The weather in autumn is pleasant and we ourselves feel like going to school everyday!"

On the other hand, **Astha Gupta** another student of **AIS Pushp Vihar** quips, "I think it's a great idea to balance the holidays. As long as we get our holidays, whether its summer or autumn, makes no difference to me."

This decision of the government, to divide the summer break into a longer break during autumn is a boon or a bane is for us to decide as it's the thought that matters and not the number of days!

News Digest

TOYOTA'Towed' Away

Manasvi Malik, VIII A & Esha Swaroop, VIII C, AIS PV



Japanese car giant Toyota has retracted 7 million of its models wordwide because of malfunctions which include defects in gas pedals and accelerators, causing a big blow to its reputation in the automobile world. These defects have led to a number of fatal accidents as reported by the US Traffic Safety Administration. The countries from where the models are being recalled include EU countries, Turkey, Russia, Canada, the USA and a few others. This challenges the fact that Toyota cars, until recently, were considered to be the safest worldwide.

Is inflation in fashion?

Anushka Sikka

VIII B, AIS PV

Looking at the price tag of any article while walking down a lane doesn't make a difference to anyone any more as we just turn a blind eye to it. It seems like inflation is a la mode and soon ladies will be flaunting vegetable necklaces rather than jewellery! Earlier, people would crib about the hike but now, it seems as if it is perfectly alright. Have we suddenly developed a 'chalta hai' attitude? It is unbelievable that the price of milk has risen from Rs. 25 to Rs. 45 in just a few months. Is everything in place?

Roar Roar Ro...?

Kaveri Modayil

VIII A, AIS PV

The tiger is one of the most charismatic and beautiful animals of all times. Barely 1411 tigers are left in the wild today. It is time for a walk up call; we can't just stand by and watch this awe inspiring animal face a brutal end. People have already begun realizing the significance of this alluring beast. The bugle has been sounded and the battle still on to save the enthralling tiger.

People are showing their support by joining various groups on social networking sites such as Facebook and

spreading awareness about the dwindling numbers. I am part of 'save the tiger campaign'. I do NOT want the roar of this captivating creature to



fade into oblivion. Are you with me?

India v/s South Africa

Tvisha Goswami

VIII A, AIS PV

There was a hair-rising cricket ■ match on 21st February between India and South Africa at Jaipur. Sachin Tendulkar lost his wicket early and the others couldn't build a good score. Nonetheless, they challenged SA with a score of 298/9. The match had many intriguing moments but the last over was the most captivating for both the teams. Although it was a nail biting match that had everyone perched on the edge of their seats, it ended with a dramatic flourish as India won the match by a whisker of one run. Any of the teams could have won, but luck was on India's side this time!

Green spots of Delhi

Utkarsh Rathi AIS Pushp Vihar

elhi, the capital of India, a place where millions of people live, has to have many natural and manmade forests to make its environment as clean as possible. If the Amazon is the 'Lungs of the World', Delhi also needs a green lung to survive. However, trees of ravines are the remnants of forests that were exploited by plantations in the area. The Delhi ridge is said to be the 'green lungs' for the city, as experts quote, but the ridge is a vast area that is divided into a precise number of 14 forests. Here's a lowdown of the five main forests of Delhi:

Mamurpur Forest: Located in the North-East District of Delhi, it has an extent of 56.0 hectare.

Hauzrani Forest: It has an extent of 28.8 hectare, and is located in the South District, close to Saket and Pushp Vihar.

Mitzroan Forest: It has an extent of 40.0 hectare and is located in the South-West District of Delhi.

Sultanpur Forest: It has an extent of 48.0 hectare, and is located in the North-West District of Delhi.

Garhi Mandu: It is the largest extent of green cover in Delhi with an extent of 300 hectare, and is located in the Eastern District.



Working for GT has been an enriching experience. It's a great

The Global Times, March 1-15, 2010



AIS Pushp Vihar

s Martin Luther King once said, "The ultimate measure of a person is not where he stands in moments of comfort and convenience, but where he stands at times of challenges and controversy." Friends or peers, are an important aspect of everyone's life as they come just next to family. Most of our memorable moments are those spent with peers. It is because of this bonding we are able to do certain things which under any other circumstances we would not even think of doing. Peer Pressure is therefore being coerced by our friends to do any activity whether good or bad.

+ve Peer pressure

Mostly peer pressure is considered negative but like we say that every coin has a flipside, likewise there is a positive aspect to peer pressure as well. Positive peer pressure is when our peers help us to overcome our limitations and channnelise our energies to do well in any particular field like academics, sports, music, etc. It can be commonly

seen in any classroom when friends help in studying or preparing for exams, the weaker child is able to understand and prepare better. The child also feels motivated to try harder to study. Friends can easily help their counterparts to overcome the fear of a particular subject.

-ve Peer pressure

Negative peer pressure is very commonly seen as it is easier to go on the wrong path on the pretext of "having fun" than choose the right path. Many times, it is felt that it is better to be a part of a group which is famous for its negative image rather than be alone. The ironical part is that most of the chidren in this group feel the same way but no one is able to voice their opinion for fear of being rejected and thrown out of the group. It is ironical that just because of one or two people, the rest of the children in the group also decide to have a bad name for themselves.

It is our choice to decide who should be our friends and they would all be a reflection on our personality. If Rancho in the movie '3 Idiots' had decided to be friends with the wrong group, would he have been able to make an impact on

peers Quit? Fight... Win! Positive peer pressure is when our peers help us to overcome our limitations. anyone and help his friends discover their inner strength? Its never too late; we can still turn our life around and make the right decision.

United Colours of Education

Education is a way of overcoming the stereotypes we create regarding the different people we meet from different strata of society.



Some muster the

courage with an

awareness that they

Kritika Dhawan AIS PV

inclusive education is based on the right of all learners to a quality education that meets basic learning needs and enriches lives. The ultimate goal of inclusive quality education is to end all forms of discrimination and foster social unity. A lot of communal organizations and social groups have made an efficient effort to help out these groups for global development. But when it comes to us students, we sort of lack efforts in helping out those with special educational needs. Why? That is the question that arises. To understand what my friends felt about the issue, I asked fellow students the following questions and got diverse responses from them:

If you are given a chance to teach a child who has certain hearing, visual or motor

disabilities...or some disorder, other dyslexia or hyperactivity disorder for instance... what would your first reaction be i.e. will you teach the

child or give up out of fear?

Heba Safawi- Yes I will teach them, something I can teach best as they deserve much more than they get. I might be scared at the outset but later, I might get used to it.

Nitish Munjal-I will teach them because they are unable to cope up with others. They are not aliens that I'd be scared of.

Prakriti Jalan- They have a right to study so I will teach

> them and I may not feel scared of them. Anugya Gupta-I will not get scared of doing

are no different. my bit, even though I might be scared a little and will take it as both a challenge and an opportunity.

> Simran Haryal- I would surely feel scared but teaching is fun so they might get friendly as well.

It is somewhere a misunderstanding in

all our hearts that prevents us from connecting with those that are special. Some feel scared to talk to them but some muster the courage with an awareness that they are not different but just unable to cope up with the fast-paced world. When we approach such kids, we tend to get scared and nervous. The need of the hour is to go up to institutes and organizations working specially for these special kids and spend quality time with them. Either teaching them or helping them in their daily routine or perhaps just talking to them could make them feel better. Before we take the plunge, it is crucial to change our mindset and count them among our friends. They are just like us, after all.

Stepping into CCE



Nikita Vijji AIS Pushp Vihar

ll students and parents of IX Agraders are indeed in a state of total confusion. Suddenly class IX has taken rather serious dimensions. A loss for some might prove beneficial for others but till the time the whole system gets properly aired, we'll be on tenterhooks. The first step, they say, is the hardest to take! We asked a few of the 10th graders how they felt about it? They seem to have diverse opinions about it. Parul is worried about the grading system, "I think the new system is good but could have been better, as a student who gets 99% gets the same grade as a student who gets 91%. This system makes us perfect in every way, though I still feel that the grading part is still wrong. This system, according to me, will not reduce the number of suicides in India. Earlier the suicides used to take place for marks but now will take place for the grades; it doesn't really make a difference."

However Raul brings in a different perspective, "Though I don't know a lot about this system I can't say much. Well nothing's going to change this system now, so better learn to adjust with it people. If you like it, good for you or else, too bad." So all the best!





GT Reporter Abhinav Bansal, VIII-B, AIS Pushp Vihar checks in at The Royal Gardenia, Bangaluru to explore its green quotient...

uring the winter break, I went on a trip to Bengaluru, also known as the 'Garden City of India'. We stayed at 'The Royal Gardenia' recently opened by the ITC Welcom Group. It was indeed the most memorable experience of my life as I got an opportunity to stay in a hotel which combines 'Ecofriendly Luxury' with 'Hospitality.'

'The Royal Gardenia' comes as a breath of fresh air with its unique blend of 'Greenery' and cultural influences into its architecture and decor. Surprisingly, the hotel's atrium lobby is not air-conditioned. A simple glass arch just leads you into the hotel. There are no doors and the whole lobby is wind-cooled and naturally lit. Apart from a beautiful square lotus fountain in the middle, the lobby also has ceiling high vertical hanging gardens built on steel structures, irrigated by a drip irrigation system placed at the top. The water drips evenly and after providing moisture to all the plants, collects at the base and is recycled for use again. These vertical gardens get their light either naturally or from an energy efficient lighting system. Most of the plants being used are of the Philodendron family and

have been locally grown in the city. These water conservative and maintenance friendly gardens are the most charming attraction of this hotel. Another key feature of this 'Eco-Responsible Luxury' is the usage of solar energy for all outdoor lighting, steam generation and hot water system. Even the crockery used in the hotel is considered 'Green Crockery' as it is produced with a technology that uses very low energy. The 'Eco-Friendly' and the 'Eco-Responsible' focus also has been extended into the architecture by using fly-ash bricks, double-sandwiched cladding glass, huge roof gardens and eco-friendly piping. The wood that has been used in the hotel has been outsourced from the Forest Standing Council; all the wood received from them is certified not to be from natural forests, but from special forests grown for this purpose. Also, the wood that has been used for flooring is made out of 'engineered wood' using wood dust. The Royal Gardenia has succeeded in promoting an eco-conscious attitude. So, the next time you are in Bengaluru, don't miss the golden chance to step into the Luxury that is 'Eco-Friendly' in the true sense.

Bonsai lant

Nidhish Sharma VII-B, AIS PV

In today's world that is heavily in-I fluenced by the environment and it's preservation, one always likes a bit of tech in their lives and if you are a part of this community and have an addiction to technology, say hello to this neat little bonsai that gives a touch of nature to your house and will charge your i-pods, mp3s, mobiles as well!

This technological wonder works using synthetic and thermal oils, and other heat transferring fluids; the leaves, that are actually solar panels, harness the sun's rays and solar energy is produced; the cables for docks, chargers, etc are hidden under a tray-like planter.

For all those who can't keep plants in their house, here's one that you just can't resist!



Alternate energy: **New mantra for fuel crisis**

Anchit Som

VII-B, AIS PV

e all know that the world faces an energy crisis today, but so do these alternative sources of energy that have quite a few obstacles in their path...

Different sources of Energy

■ Fossil Fuels ■ Bio Fuel ■ Processing ■ minerals ■ Solar cells ■ Wind mill ■ Water (using hydrogen)

Fossil Fuels

Even though the fossil fuels are a good source of energy, the bitter truth is that they have raised environmental concerns like Global Warming due to carbon emission.

Bio Fuels

The biggest challenge is the requirement for a large number of plants and a huge fertile land needed for this kind of vegetation. Sugarcane has become scarce in India with imports being the answer. But because sugarcane is one of the major sources of bio fuel, prices have shot up and food shortage is a conse-

quence. **Processing Minerals**

India recently signed a treaty for nuclear energy. Herein, uranium, eradium, and other such minerals are used to generat energy.

These minerals, rich in energy, are limited to a very few regions and their processing is an expensive affair. Besides, the technology is very compli-

Solar Cell/Rechargeable cell

- A good source of energy but a costly one as the photovoltaic cells are ex-
- A lot of surface area is required to generate power. ■ Rechargeable cells are used in latest
- cars (called hybrid cars).

Wind Mill

- portant as the blades of wind mill are to be moved by wind velocity.
 - These are located at sea coast and mountains.
 - Due to climate changes, it is difficult to locate the wind mills strategically.

Water (using hydrogen)

■ Lately, scientists have been working heavily upon this area to separate hydrogen and oxygen. The former has oodles of energy.

Water should be distilled. The separation is done at an imaginably low temperature, for which higher energy is integral.

You now know the importance of renewable energy and more such innovations to make the world a better place. You can spread your ideas through GT. Why don't you use some energy of your mind to create some energy for the world? ●

It's common Science!

Had an apple fallen on our head before Newton's, we too could have discovered gravity. What's so tough in that? This is the question that rings in our subconscious and it is the answer that makes us different from the extra-ordinary. Aakanksha Gupta, AIS PV guesses the answers of lesser mortals...
Water overflows

Ice ages discovered (1800s)

Archimedes from the bathtub John Tyndall Whoa! How is this possible? Probably gases had blocked heat radiation. (re-How do I determine the search) So Fourier's conventional view purity of gold? (Steps inside) Whoa! I'd love to live at is wrong; only oxygen and nitrogen are Eureka! I've got it! My leg imthat time. Wonderful! Only transparent. Carbon di oxide and mersed in water experiences an God knows how all this came water vapour can effectively up thrust force (buoyant about. We'd never know. force) equal to the weight of block heat.

the fluid displaced.

happened!

Apple fell on the head

Newton

Ow! Why do things fall downwards, towards the earth and not upwards? (lots of research) Oh yes. I've got it! Its gravity: the force that pulls each particle towards the earth. So gravitational force is exerted by each particle on every other

Wait a minute! Wonderful! So this fungus- I'll call mould juice – can kill the invincible staphylococci. (research) The active ingredient in that mould, penicillin, is an infection-fighting agent of enormous potency. It is the most efficacious life-saving drug in the world. Great! (And he won the Nobel prize.)

I say! Ouch! (no reaction) What the hell? You stupid apple. (kicks it) (Bites) yummy! Thanks dear God.

Bacteria, has

cultured fungi

Gosh! The floor is all wet now!

Should've filled the bathtub a little

less. The water level would not

have risen...what a mess.



That's me. I keep my lab so

messed up. This was bound to happen someday. But I'll have to clear up any how or else this fungus will eat up my bacte-_ ria. How awful!

Imaging: Pankaj Mallik

- We would think just the opposite of what the gr8 ones thought. We would never add any math or science in
- it. We'd rather never give it a second (or even a first) thought.■ So, if it would have been

The Global Times, March 1-15, 2010



ey guys & gals! You don't know me....neither do I know you. But we all know life for

Ya....Ya....our own sweet precious little life. I am here to take you on a vibrant roller coaster ride through life with my friends-colours or rather lively colours.

Are you ready? So, fasten your seat belts and get set to go on a journey called LIFE. Hold on carefully. You might find some similarities between my colours and the colours you want to paint your life in.

Let the ride begin:

Infancy (0-1): I associate the colour yellow with infancy. Imagine the sun warmth and brightness along with a pleasing yellow light. Now associate a new life in a household spreading a smile on each face with its funny antics. Think from the perspective of the child who is coming out of its mother's dark womb into a new, bright, and sunny yellow world. The sun and its yellow light giving the infant a new realization of his vibrant and bright life ahead.

Childhood (1-12): Childhood or the primary school age. A new world altogether, getting to see new things, getting to make new friends and a whole lot of fun and masti filled with a little bit of studying. Fit the colour silver and childhood seems perfect. Why silver? Because, to a child who has just stepped out into the world, it looks fresh and new with a distinct silver lining. No orangish because the child is soon going to set in teenage.

Teenage (13-19): Weren't we all on cloud 9 when we were thirteen? I call this age 'The Golden Era' with a whole lot of opportunities, masti and friendly adventure. We all love teenage; at least I do. I associate blue with a golden tinge with adolescence. Blue is the colour of the seas and the skies. Teenagers love to explore, go beyond the limits with our over exuberant minds. You would all be thinking why blue with a golden tingethat's because we all have to choose one golden path for ourselves-the stream which would later change into our career. It's like choosing a goldfish from the deep blue sea which would either make or break our lives!

Post Teenage (20-25): The 'Masti Ki

sumers are unaware of the fact that the

of aggressiveness and-you guessed it right- the colour red! Red- the colour of fire is the best for this age as it denotes fire and all college students need to have the fire within themselves to be able to do something in life. They are the angry young men and women of today who express their anger against the evils of society that keep their country from developing.

Adulthood (30-60): The working age is best denoted by the colour green-for two reasons: Green is the colour of prosperity and it is in this age that one earns for his family and himself, has the zeal to work, live a better livelihood and of course and, save for a better tomorrow. Green goes with responsibilities and it is at this age when responsibilities maximize towards work, family,

whole lot of other things.

Old age (60 onwards): The old engage themselves in spirituality, peace and become free of all burden. Old people often become ill and tend to wait for an end, to become free of the circle of ages and life-virtuous or vicious (that's for them to decide). They are mostly lonely and sad. Their life is therefore colorless and the colors, black and white are for

So you see, how life changes its colours with every age and camouflages itself with the rest of the world. Here goes out a vibrant salutation to our colourful lives. If one is able to identify the true colours of one's life and blend with them, one can truly enjoy them all. Now that you know your true colours, you can loosen your seat belts!

Does recycling give your phone a second life?

Abhinav Bansal VIII B, AIS PV

s your unused phone cluttering up your desk drawer? Do you want to dispose off your obsolete mobile? Yes, Nokia has found out the answer for your old and obsolete unused phones-recycling. Nokia designs its products that last and has a global service network as well. But, it is a fact that now-a-days, a lot of Nokia phones are no longer used. A global consumer survey conducted by the company has revealed that about 45% of old mobile phones are lying in the drawers of the consumers and are not being recycled. Nokia supports as well as promotes the concept of 'Recycling Old Mobile Phones'. Recycling means that we do not need to extract and refine as much material for new products, saving energy, chemicals and wastes. It is estimated

old phones which cannot be used anymore can be utilized otherwise i.e. 100 percent of the materials in these phones can be recovered and used to make new products or generate energy. The main motive of the company at the moment is to promote more and more recycling which would in turn bring forth more benefits for consumers, producers as well as the environment. Efforts are also being made to improve the recycling standards. The policy of Nokia is to work only with carefully selected companies that reclaim materials from the phones and accessories passed on to them. These companies are assessed on a regular basis to make sure they are doing things properly and that anything handed to them is recycled responsibly. So, next time you want to get rid of your old mobile, bring it to Nokia

then together we would save nearly 80,000 tons of raw materials. Most of the

Kanika Khosla, AIS PV

that if every Nokia user recycled just

one unused phone at the end of its life,

Ingredients: 1 medium size of the following: red capsicum, yellow capsicum, apple, pear, cucumber, carrot & lemon; watermelon- one slice, blanched almonds- a few, honey- two tablespoons.

Honey and **Nuts Salad**

Method: Cut all the ingredients in different shapes and sizes to make it look more interesting and colourful.

Put all these in a bowl, add the blanched almonds and keep aside. For the dressing: Pour in a bowl some honey, lemon juice, salt and pepper (to taste) mustard powder and mix them well. Now add this dressing to the cut salad. Toss it well and serve the salad when nicely chilled.

for Recycling because 'Recycling gives

your phone a Second Life'. •





Pratham Sharma

II E, AIS PV

went on my first foreign trip to Singapore on 27th December, 2009 and when I landed in Singapore, I went to the cockpit and sat on the pilot's seat. I want to become a pilot when I grow and actually fly such a big aircraft.

At Singapore, I went for a Night Safari in which I saw Lions, Tigers, Sambar Deer, Hyenas, African Elephant, etc. Next day, I visited the Sentosa Island where I enjoyed going into the Underwater World and saw a show of Pink

Dolphins & Sea Lions. I got myself photographed with the Sea Lions. I touched a live cobra and went go-karting with my dad. Later, I got on to the cable car with my family. The next day, we went to Jurong Bird Park, where I saw birds like Macaw, Flamingos, Lorries, Turacoes, Parrots, Penguins, etc.

It was wonderful to hold the Macaws in my hands and also personally fed the Lorries. The fireworks show on New Year's Eve was just amazing. Singapore is a beautiful, neat and clean country and the greenery around makes it just so appealing!



"An educational system isn't worth a great deal if it teaches young people how to make a living but doesn't teach them how to make a life."



While education stalwarts may debate and discuss an ideal 'education system' of imparting the best education, it's not easy to arrive at any consensus. Any change proposed is confronted with views for and against the motion. Be it introducing a

new subject, project work, fresh marking system or simply abolishing the boards; the resistance to change and the stress to fit into a new system is evident. At Amity, every effort is made to make this transition a smooth and natural extension of the larger changing scenario. Education at Amity is perceived as a bigger picture that aims to develop all round personalities, groomed with traditional values and modern outlook. Integrating new methodologies within the traditional value framework, Amitians are easy to recognise on every occasion. For the lucky batch that gets appear for its Board exams before it becomes history and the lucky junior batch that becomes the first to be part of the historic CCE system, exams are not be feared but embraced. As education system continues to evolve, adapting to the needs of the social milieu, its important to welcome the change. While Board exams matter, their abolition, is equally a matter of concern. Meanwhile, I wish all the students taking the final exams, a big Good Luck. Give it your best and that is all that matters. For true education is what Marian Wright Edelman once said, "Education is for improving the lives of others and for leaving your community and world better than you found it."

Board Gandhian values are relevant Matters to the contemporary world

For the Motion

Aishwarya Chaudhary

VII B, AIS PV

efore going deep into the Gandhi philosophy, I may like to make an analogy with the great scientist Albert Einstein. The principles and theorems propagated by Einstein are still being researched upon by scientists. As science is making new advancement to test them, they find to their approbation, his principles valid. Since philosophy is a matter which can not be measured mathematically but can be proved valid if they pass the test of the time. So, when we resolve a problem using his principles, we discover his philosophy relevant even today. We cannot stop saying, "Oh! Gandhiji said this." Our government took 80 years to undo the incoherencies in our education system which rather churn products than human beings. Gandhiji focused on 3R's and self sufficient human being. He applied his principles successfully in his Ashram during his stay in South Africa. Another example is nationalism. For Gandhiji, nationalism was about- not practicing untouchability, religious tolerance, universal adult suffrage or adult voting rights to all, secularism. He was dead against corruption and hypocrisy. Isn't it all relevant today? Now, take leadership. The concept of leadership is even more relevant today for leading the nation, the corporate, the police, the military forces etc. He was a firm believer in doing things by setting an example for others, taking decisions from conscience, penance, collectivism, group and team work. Gandhi-ism is itself a 'universal truth' that shall remain ever-relevant,

Anchit Som

VII B, AIS PV

andhi is the father of this nation "India". I am too little a person to analyze his teachings but I admire him as a chief architect of India's independence. He mainly preached non violence. India was independent from the realms of the British but do you think that Gandhi is relevant in today's generation? Not really. Let us take the history, was Gandhi relevant at the time when India was freed from the British? It was in front of his eyes that the India – Pakistan partition took place where thousands of people were butchered in the name of religion. Bapu was silent. He had pain but he could do nothing. Hypothetically, if we assume that Gandhi was alive today, he would have begged to remove his pictures from Indian currency notes not because we need to keep him in our hearts but for the black money that is more in circulation. Do you think the terrorist who crippled Mumbai on 26/11 would have surrendered with Gandhi ideology or Gandhi-giri? Even Ram had to fight against Ravana as he was evil. If he would not have done so, would he have been able to get back Sita? Can we ever think of friendly dialogue and relations with our neighbour Pakistan without them raising Kashmir issue? We have tried it for last 6 decades but no results. Our country is politician driven; our politicians have pushed the country back. India, a rich agricultural nation has

> love to read it but practically, it is not at all helpful in today's GenX, and I'm sure a lot of you will agree with me.

to import sugar this year. What a shame! Gandhian philosophy is good to heart, we



Nature is God's canvass showcasing his genius - indeed it is his statement to man wherein he shows the ideal way of living and of survival. The five elements or the 'Panchatatva' represent the various cosmic synergies out of which fire is the only element which has

been left by God - to be kindled by Man. The 'fire' is all encompassing as it is symbolic of ignited thoughts and spirit which reverberates the very being of man and inspires and motivates him to conquer the world. It is not only the most potent but also the most tangible form of energy which purifies by burning away the negativity in the environment and helps in unleashing the positive forces which are so very essential for our being. It is the fire in man which makes him charge ahead and be a master in his own right -It is the fire which once unleashed is hard to control, poets have it in them; leaders are a result of the strong fire element in them; it makes the very being of the patriots and pioneers and the persevering. At Amity we kindle the fire in the form of a 'Hawan' to synergize everyone with its warmth and energy. It not only cleanses the environment, it also charges up the atmosphere. It is a form of invocation to seek the blessings of the Almighty and reiterate the faith in God with every offering made. The chanting of the mantras reaffirms our faith with its soothing and calming influence. At AIS Pushp Vihar, we wish to kindle the fire lying innately in each one of our students. Our aim is to alight it, to air it and bring it alive for the world to see and bear witness to their achievements in the times to come and I am sure with the blessings of our Founder President and Chairperson who are our torch bearers, the blazing torch of Amity shall always be placed on the pinnacle of the mountain of glory.

Published and Printed by Mr R.R. Aiyar on behalf of Dr (Mrs) Amita Chauhan from E-27, Defence Colony, New Delhi 110024 and printed from HT Media Ltd, B-2, Sec 63, Noida (UP). Editor Ms Vira Sharma.

■ Edition Vol 2, Issue 5 ■ RNI No. DELENG / 2009 / 30258

Price both for free distribution and annual subscription of Rs. 240. Opinions expressed in GT articles are of the writers and do not necesarily reflect those of the editors or publishers. While the editors do their utmost to verify information published, they do not accept responsibility for its absolute accuracy.

Where do we get strength from?

Alan J Antony

omni-present not only today but for all

times to come.

IV B, AIS PV

We are humans. We do not have our own strength, but we can get it. We get strength if we do something that boosts our confidence. We are from God. So praying to God is one of the primary ways to attaining strength. If we pray to God, he showers his blessings upon us and endows success. We need to pray to God from the bottom of our hearts and not just for the sake of it. There should be real love for Him to face a challenge

with courage. Parents are our second Gods and so are teachers. Being encouraged by our parents and teachers is a great honour for us children. When they scold

We need to pray to God from the bottom of our hearts and not just for the sake of it.

us, they actually want us to improve. It is for our better future that they

chide us at times. It is from these chidings that we learn from our mistakes and do not repeat them. Herein lies our strength. Dedication studies could be another way to guide us towards strength. However much we defy it, but the truth remains unchanged- studies make our lives. I agree, as it is often said: studies are the link to success. You can rise from poverty to become a successful pilot or an astronaut. How? Well, hardwork is the key!

Strength is within all of us but, we only need to look a little deeper!

Colours of wisdom

White...is not a mere absence of colour; it is a shining and affirmative thing, as fierce as red, as definite as black...God paints in many colours; but He never paints so gorgeously, I had almost said so gaudily, as when He paints in white.

G. K. Chesterton

Mere colour, unspoiled by meaning, and unallied with definite form, can speak to the soul in a thousand different ways.

Oscar Wilde

Colours, like features, follow the changes of the emotions.

Pablo Picasso The purest and most thoughtful minds are those which love colour the most.

> John Ruskin Contributed by Prakriti Jalan AIS PV

Individually we are one drop, Together we are an ocean

Nemat Monga

VIII B, AIS PV

magine you are a cloud and you're floating across skies. You have many droplets of talent and skills in you. But you just can't seem

to make it rain; "I can do it!" you say but no matter how much hard-work you put in, you just can't seem to get the results.

Then you meet another cloud with the same potential. The cloud motivates you. "Let's see who can make it rain!"



you say. You think that with more clouds trying, you could shower more rain. But the hills below you remain dry. You then come across mountains and winds and then you meet an old rain cloud who says, "Do you want to make it rain, little one? Join me, become a part of my strength." The cloud sends out an invitation. You don't want your hard-earned pearls that you've spent your life collecting to be lost while working together. You simply ignore it and then say after a while "No! Please go away!" You notice that on your own, great efforts to be successful go to vain! You see a couple of clouds happily working in unity and you finally understand that by working together, you can achieve better results. You say to the older cloud, "Lets make the whole world rain and make them happy!"●

Mosaic's the best



GT Mor I am a regular reader of GT and love the page 'Mosaic'. Mosaic is a creative page which

highlights the artworks, short stories, riddles and many other fun activities of children. This is the only column which publishes articles by students of all age groups, from paintings and jokes of students by class II and III to riddles and by students by class VII and VIII. This column gives us new ideas for stories and poems, jokes, magic tricks and riddles and puzzles. Mosaic is a column from which a student's creativity and imagination reach everyone else. It is a really admirable column and I hope it receives compositions from more students which can be useful and entertaining for others

Ishaan Singh, VII D, AIS PV



Iran itinerary

eba Safawi's (student of, AIS Pushp Vihar) ancestors belonged to the Safawi dynasty belonging to Iran and ruled there in the 1506-1736 AD century. After the overthrow of the dynasty by Nadir Shah Durrani (Afshar tribe) because of prosecution, her ancestors migrated to India in Circa (CAV) in 1738-1739 to Delhi. Here under the Mughal rule of Mohammmad Shah I, one of her ancestors was nominated as Governor of Patna (Azimabad). Due to removal of his governess, he went back to Delhi in search of work. As the Delhi kingdom was becoming weaker, new provincial rulers were getting richer and powerful due to which her ancestors had to shift to Lucknow where 1837, they shifted to Fategarh in Farakkabad and in and unbelievable! During the activity of tracing her 1838, moved to Shamsabad, their present day home. An interesting journey indeed!

Heba is glad her ancestors migrated from Iran, "Keeping in sight the prevailing situations in Iran, I think it was a wise decision for my ancestors to migrate. Shifting to India has been an excellent option for us. Living in a democratic and secular country makes me proud. Had we been in Iran, our future would have been unpredictable. Most importantly, our family has gained high class educa-

tion in India, and many of my ancestors wrote books and won prizes in various fields. My family's history unites us, even if we live as nuclear families; we are always connected by our hearts. Knowing about my family history has definitely made me closer to my roots. How about you?"

A train from Pakistan

Kritika Dhawan's (student of, AIS Pushp Vihar) ancestors (grandparents) had a wonderful and exciting life history. Her ancestors were mostly from Pakistan and shifted to India during the partition after India got independence from the British. Her ancestors (maternal grandmother and paternal grandmother) too migrated to Delhi after their marriages. It was a discovery unleashed! Unexpected roots, she learnt so much that her interest in history and geography grew, specially because she was able to relate these to her life.

"Discovering my roots," exclaims Kritika, "was indeed a lot of fun! While I was speaking to my grandparents about this, it felt like I had traveled back in time with them! As they told me about the whole journey from Pakistan to India, I could create an image in my mind as to how it would have been at that time. I was enthralled to know so much about my grandparent's journey. It was like I was totally engrossed in whatever they said. And the things they told me about the situations that used to prevail at that time amazed me too. I am very happy to be a proud citizen of India and thank my grandparents' whole heartedly that they decided to migrate from Pakistan and settle in India. I can't imagine my life in Pakistan, had my grandparent's not migrated. How terrifying it could have been to live an extremely opposite life from what I am living right now. I love my family and friends in India and thank God for he made my grandparents move to India during partition!"

Migration within India

Anirudh Narayan

Tt's strange how people migrate for various reasons, some for education, and others for career or marriage. When I sketched the history of my ancestors, I discovered all this and more!

Maternal Side: My grandfather was born in June1928 in 'Perungulum' in Kerala. He moved to Chennai in search of a job in 1950. My Grandmother was born in May 1939 in 'Arakonam' in Tamil Nadu. She has lived in many places as her father was in a transferable railways job. Consequently, she has lived in 'Vijayawada' and 'Guntur'

in Andhra Pradesh, 'Hubli' in Karnataka and many other places. Then she came back to 'Arakonam' in 1959 for her studies and got married in 1959 after which she moved to Chennai with my grandfather. Then in May 1967, my mother was born. Then in December 1986, they left Chennai because my mother got a job in Delhi!

Paternal side: My grandfather was born in December 1925 in 'Kootalai' in Kerala. Then in 1945, he moved to Hyderabad for his studies and job. My grandmother was born in September 1935 in 'Hyderabad' in Andhra Pradesh. She has also studied there and got married to my grandfather in August 1955. And then in December 1963 my father was born and he also studied in the same school and college in which my grandfather and grandmother studied. Then he got a job in Delhi and moved here in 1992. My mother and father got married in May 1993 and I was born on 14th December 1994 on a cold and chilly winter morning. The rest, as they say, is history!

Could migration really be the cause of our existence? Why not? After all, our ancestors were very clever and thought about their future generations. We are the successors of our families and for us it is important to know our own history, so that our future generations would have an interesting and exciting history to look behind at! •

Kirti Tandon, Teacher, AIS Pushp Vihar

nes roots have always beckoned Man. In his desire to know about his own evolution and his ancestors, Man has always persevered and strived. Knowing leads to belonging and belonging is one emotion that is essential to man's very being. People have resorted to various ways and means to trace their roots. They have created family trees, updated their names and those of their family members in the 'pothies' at Haridwar, where there are several pundits who maintain records of the lineages of almost all clans hailing from every nook and corner of the country upto many generations.

Students are encouraged to create 'Family Tree' in school. The purpose of this activity is manifold .It not only helps them to identify, associate and cor-

relate to their forefathers it also gives them a placement in the larger cosmic circle of life. People who have migrated from one country to another sometimes find it difficult to do so specially if they have left their homeland a few generations ago. Their conviction and focused purpose in life is what takes them back to where they belonged. They may or may not find the things in the same shape or state as they might have envisioned, still the pleasure of seeing where ones great grandparents hailed from can only be experienced and felt. Words fall short in describing the ecstasy of standing on the soil which once had been trodden upon by ones ancestors or to actually absorb the scenes which one had oft seen through the eyes of ones father or grandfather numerous times.

Howzatt!?!

Olympics



Nikita Bakhshi VIII A, AIS PV

revolutionary poet and thinker, WB Yeats, had declared, "Learning, for youth, should not be... the filling of a pail, but the lighting of a fire." The International Olympic Association, in its July 2007 meeting in Guatemala, seems to have taken the advice seriously, for it enunciated the relaunch of Youth Olympic Games, a path-breaking decision which handed over the prestigious Olympic fire to the youth of the world.

Conceptualized then, the first Youth Olympic event will be held in Singapore this year. A thirteen day gala event, from August 14 to August 26, it will have youth (aged between 14-18) from all over the world competing against each other. Approximately 5000 athletes are expected to participate in 26 events, Canoe Kayak, taekwondo and equestrian events, to name a few. Local and international officials and volunteers are working hard at gearing up the fields and the stadia for the spectacular show.

Lyo and Merly, the mascots are already hugely popular. Lyo, the basketball champ with a fiery mane and Merly, the cool environmental scientist, will ensure that the merchandizes are as sought after as the sporting events! With them in the games, the atmosphere promises to be charged up and exciting.

The youth Olympics envisions a canvas that includes, besides the events in the 26 fields, a spirit of Culture and Education. It not only upholds the three ideologies of International Olympics, i.e Excellence, Freedom and Respect, but also encompasses the themes of Olympism, self development, well-being, healthy life style, social responsibility and expression. There could not have been an approach more holistic!

Singapore, is the new Rome... all roads lead to it. The countdown has begun and since it is the first Youth Olympic event, excitement and expectations are soaring. In this fight for medals, it will be the triumph of Youth Power, the positive diehard spirit of young blood. In this competing spectacle, whichever country leads the medal race, the winner will be the spirit of the youth! We didn't start the fire... it was always burning... and will crackle and roar in the hands of the youth. So what say young people- isn't it time we prove to the world that we can do it better than everybody else?

Logo-n to ommonwea

Tvisha Goswami VIII A, AIS PV

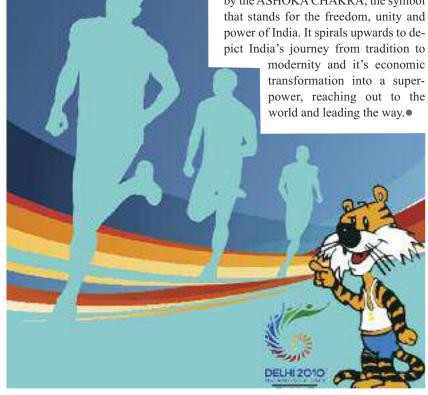
logo is a beautiful and colorful symbol that catches the atten-Ltion of all people and the Commonwealth Games logo also does the same. The Commonwealth Games are held every four years in various countries. It is interesting to note that like the venue for the major sports event, the logo is changed every year too. Each country has its own logo for the Games. But have you ever wondered why logos A logo basically helps us to associate with a particular thing. It is an identity that is developed to boost business by attracting more tourists and players. It explains the vision of the host country and

are used in the Games?

therefore makes the games more memorable for one and all. The first Commonwealth Games were held in 1930 at Hamilton, Canada. At that time, these games were known as British Empire Games. The last Commonwealth Games were held at Melbourne in 2006 and this time, the venue for the Games in our very own Delhi, India.

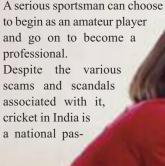
The logo of this year games is inspired by the ASHOKA CHAKRA, the symbol

> modernity and it's economic transformation into a superpower, reaching out to the world and leading the way.



Nikita Kapoor, AIS PV

rom a frivolous activity to a fullfledged career option, sports in India have evolved into a viable alternative. It has been revived and has received an enormous boost by great Indian sportsperson as Leander Paes, Koneru Humpy, Harikrishna, Abhinav Bindra, Anjali Vedpathak, Narain Karthekeyan, etc who have established their fame and vocation in sports. Talent combined with determination, hard work and perseverance are necessary to forge ahead in your favourite sport.



sion. Almost every city in the country has a coaching centre that trains aspirants. Various tournaments are played at the domestic level, which help players qualify for the national

team. Many children these days have the zest to have a career in sports.

Sahir Ralhan of class VI B and Shrey Ralhan of class IV C of AIS PV

> want to pursue a career in cricket, "With the kind of love we have for the game, we would definitely want to spend our life on the field. Even if we cannot make it to the professional ranks, we can stay in the sport we love by choosing

from a wide variety of career options in the field. These could be in the form of sports training, sports commentating, marketing, sports official, coaching or photography."

Yoga is also a spiritual sport practiced in India. There are several intra-school and state competitions of the sport.

AIS PV opines, "I like to do yoga to stay fit and

enthusiasm, self-motivation, abundant physical stamina and mental alertness

will help me to stay consistently on the path of progress." Tennis is also a sport that has gained prominence in India. There are many academies that help in grooming the tal-

ent in the field. Ayush Vashistha of class VIII-C, AIS PV feels, "Tennis is a lucrative career option in the present day as a lot of money is engaged in the game. There are various types of tennis

wherever it may be, the knowledge of the game is extremely important. There are different training academies which help to groom those looking for a career in tennis as their dream jobs."

The field of sport and exercise continues to expand rapidly. This is evidenced by the fact that sport is now considered a multi-billion dollar industry. As the field of sport experiences increased growth, numerous career opportunities are becoming available for students trained in sport and exercise related majors.



Kamali Pahwa IV A, AIS PV

School, we need it, School, friends School, we have teachers School is great. School might give you your true friends New experiences everyday School we love School is fun School has preps School has classes School is great with Math, science and computer classes School just school We need school!

Endangered Animals

Maitreyi Mehndiratta V C, AIS PV

All living things have a right to live so do animals,

Some are reptiles, some are mam-

Some are big, some are small, Humans kill them all, Musk Deer for its musk, Elephant for its white tusk, Mindless hunting of tiger has made it endangered,

Soon it will be a stranger, Be big or small, We need them all.

My world of colours

Drishtant Purkayastha IV A, AIS PV

Reds, Greens and Blues Colours of varied hues Paint our world everyday

And make it new! There's a colour for every moment-

As colours tell our emotional quotient!

I see blue when I am sad

I am pink when I am glad

When I am angry I see red in everything I do

I don't but they have PSP2 -

I am green with envy and want to

say 'boooo'!

I have a secret to tell -

When I am scared as hell, I turn

Especially when my mother is about to yell-

I haven't broken the vase you know I am the sweet little angel as white as snow,

But my mother thinks otherwise As if I am the bad, black devil full of vice!

Then I can see all the colours of rainbow

Until I show her my assessment marks

And see her face glow-I love to make her proud As in her lavender fragrant heart I have found

All the radiant shades of love!

Strive to seek...

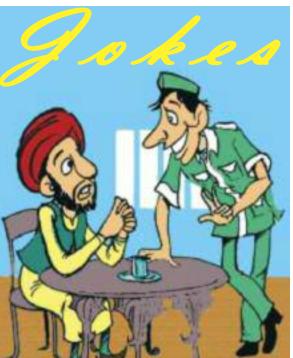
V A, AIS PV

nce, a famine broke out in a village. For four years, there were no crops. As there were no rains, farmers stopped ploughing their land as it was of no use. But one of them was optimistic and he did not stop ploughing his land. One day when he was ploughing, a speck of cloud appeared in the sky and noticed the farmer ploughing his land. It thought that the farmer was a stupid fellow and was wasting his time with no purpose. It laughed in scorn and said, "What is the use of ploughing your land, when you are not going to have rains this year also?" The farmer answered gently, "My dear cloud, if I stop working, will I not be out of practice? So that I may not forget my work, I plough my land every morning." The cloud was convinced



with the answer and told the whole incident to his fellow clouds. They all thought that if they won't cause rain, they might also forget their work. So it

was better to be late than never. Soon the sky was overcast and there were thunderous showers. All the farmers once again rejoiced themselves!



Once upon a time, a boy was walking across the street with his parents. He was eating an ice cream, by mistake it fell down. His father said, "Do not eat fallen things." While in the market, his mother fell down. When his father went to pick her up, the boy said, "Papa, we should not pick up fallen things."

Kanika, III-D, AIS PV A hotel had a sign which said 'We fought roaches.' A man read it and went in. He ordered soup.

Man- Waiter! There is a roach in my soup and the sign said we fought roaches!

Waiter - It didn't say we won! Maitreyi, III-D, AIS PV

A man was sitting in a train. He kept his luggage on the place where people sleep. The man sitting down said, "What if the bag falls on me?"

The other man replied that there is nothing in this bag which will

Yukti Khanna III-D, AIS PV Rahul: Doctor, doctor, I

can't stop telling lies.

Doctor: I do not believe you! Shivansh, III-D, AIS PV

Doctor, Doctor I think I need glasses.

You certainly do, Sir, this is a fish and chip shop!

If there are ten cats in a boat and one jumps out, how many are left?

None, they were all copycats!

© Teacher: Whatever I ask, I want you to all answer at once. How much is six plus 4? Class: At once!

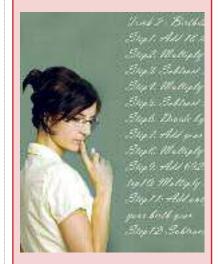
What kind of hair do oceans have? Wavy!

> Marisha Nair, KG-G, AIS **Pushp Vihar**

Sushrita Sachdeva TGT (Maths), AIS PV

Birthday magic

Step1: Add 18 to your birth month. Step2: Multiply by 25. Step3: Subtract 333. Step4: Multiply by 8. Step5: Subtract 554. Step6: Divide



by 2. Step7: Add your birth date. Step8: Multiply by 5. Step9: Add 692. Step10: Multiply by 20. Step11: Add only the last two digits of your birth year. Step12: Subtract 32940 to get your birthday!

Example: If the answer is 123199, means that you were born on December 31, 1999. If the answer is not right, you followed the directions incorrectly or lied about your birthday.

Riding on riddles

Lokavya Nair, III D, AIS PV

■Which weighs more: a pound of gold or a pound of feathers? Both weigh the same.

■How is the moon like a dollar?

They both have 4 quarters. What is alive and has only 1 foot?

■When do giraffes have 8 feet?

■How many eggs can you put in an empty basket? Only one, after that the basket is not

■Why did the child study in the aeroplane?

He wanted a higher education! Why did the boy eat his home-

work? His teacher said it was a piece of

■How many letters are there in the alphabet?

Eleven! (Most people answer 26, but count the letters in "the alphabet": t h - e - a - l - p - h - a - b - e - t)

Mitali, III D, AIS PV

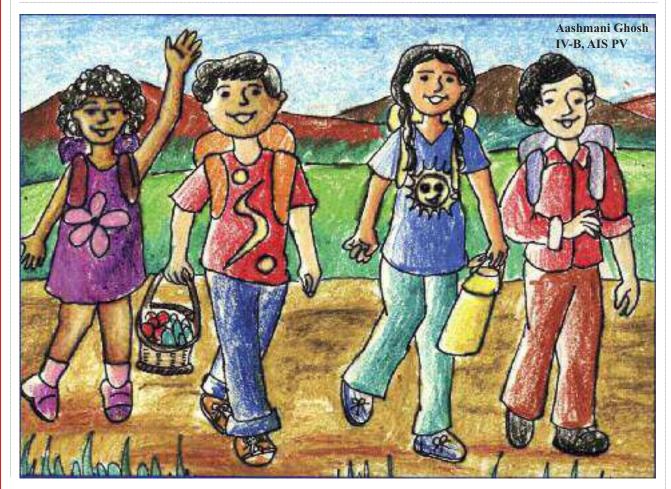
■Who can shave 20 times a day and still have a beard?

Barber. ■In which gate we can not go?

Colgate.

■Which flower grows in our lips?

■Which key does not fit in a hole? Monkey.



Say no to polybags

Devika Bassi, VII D, AIS PV

Dear friends listen to me, By using polybags, we are all paying a heavy fee,

Since when polybags were made and used,

Nature and people, both are being abused,

Polybags add to the pollution around, I can see people their faces are frowned. Polybags will destroy Earth, they are

Replacements for them have been found,

This is an appeal for all of you, Many measures are available more than a

So start using paper bags, Or bags made of jute, You should know; Pollution should not be allowed to grow, Reduce pollution, stop polybags, Remove all environmental crags, End plastics and start paperbags, Once again I say, "SAY NO TO POLYBAGS."

Growth of Telecom in Emerging Economy



¬he two day Annual Technical Seminar 'Telefocus 2010' with its focus theme -'Growth of Telecom Industry in Emerging Economy' organized by AITTM teed off with a welcome address by Lt. Gn. P D Bhargava - Director General, AITTM. Chief guest for the day, Mr Sachin Pilot - Minister for State for Communication shared with the audience, his vision for the Telecom Industry and how its importance as infrastructure service is being ad-

IIC, AITTM

Annual Technical Seminar

dressed by the various stakeholders. He also stressed on the need of the hour being greater investments in R&D and management of conver-

gence in the ICT sector. The Inaugural session also had address by eminent people from the industry like Mr. Gowton Achaibar, Head of Market Unit - India & Srilanka and President Ericsson India, Mr. R.N.Prabhakar – Member TRAI among others. Dr. Ashok K. Chauhan -Founder President, RBEF felicitated the guests with tokens of appreciation the contributions the guests have made to the industry.

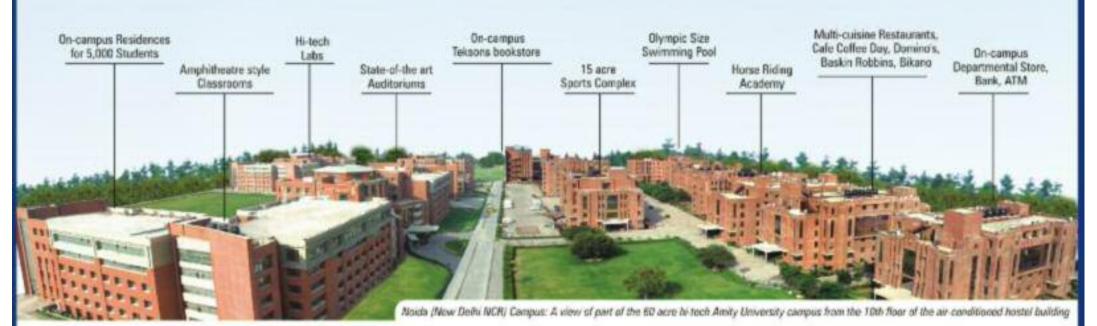
Four sessions that followed the inaugural session discussed topics including '3G Deployment & Roll Out: Indian Perspective', 'Strategy & New Business Approaches: Indian Perspective', 'Realizing Broadband Vision' and Green Telecom: Concept and Strategies chaired by Mr. Bhagwan Khurana - CMD of NewGen Holdings, Mr. Sukanta Dey - Head, Corporate Business Development, Tata Teleservives Ltd, by Mr.Tarvinder Singh- Director, Marketing & Product Management, Motorola and Mr. A K Nagpal - Sr. Advisor, Su-Kam Power Systems respectively.

> The seminar brought to light innumeraous important issues like utility of 3G for tapping the rural markets, the quick product adoption of the mobile services by the

Indian customer and also proposed strategies for utilizing 3G spectrum. It also highlighted how the Telecom Industry is poised to play a pivotal role in the economic and social progress of emerging economies like India and discussed the steps Telecom Industry is taking to reduce its carbon footprint through intensive R&D efforts. Also discussed were the growing importance of broadband penetration for expansion of e-commerce and m-commerce. Eminent speakers shared valuable inputs, making the seminar a grand success.



AS A PART OF THE SAME FAMILY, **AMITY UNIVERSITY PRESENTS** 10% SCHOLARSHIP TO ALL STUDENTS FROM **AMITY INTERNATIONAL SCHOOLS**



THE AMITY ADVANTAGE

UGC Recognised University

 Earn a govt, recognised degree from a university established. through state legislature with powers to award degrees, as

World-class Infrastructure & Facilities

- . Enjoy the privileges of a self-reliant, fully AC campus with 5000 hostel seats, cafeterias (Dominos, Café Coffee Day, Baskin Robbinst L'Orsal Salon, Takson's Bookstore and a 15 acra sports complex
- . Discover the advantage of live transmission of classes, web-cast of lectures and 280 world-class labs
- Access 17,000+ online journals, course materials and ettendance records supported by 75 Mbps broadband and 75 kms of fibre-optics cabling

Curriculum with Strong Industry Focus

· Follow a credit and semester based coursewere updated through a multi-stage appraisal process by Industry Advisory Boards

 Imbibe all-round leadership skills through military training camps, foreign language and numerous other personality enhancement modules

Research Led Learning with Reputed Faculty

. Learn from distinguished academicians and scientists credited with 135 patents, 150 books & 1000 papers

Top Placements with Leading Employers

- · Get compus placements with leading organisations through a dedicated Corporate Resource Centre & Placement Cell
- . Jain a network of 30,000 successful alumn working in tep organisations globally

A Culture of Performance with Brilliance Students

· Bond with brilliant students shortlisted through a stringent admission procedure from all over India and other countries. Build a life-long network of friends who are brilliant professionals across 35 disciplines

UGC RECOGNISED GRADUATE DEGREES FOR SESSION JULY 2010

- Antivapology
- Architecture
- · Biotechnology
- · Commerce
- Communication
- Computer Science / IT Design
- * Education
- Engineering
- * Economics
- Engish Litoneum
- . Fine Arts
- · Food Technology Farensic Science
- · Hospitality Imprance
- Lingsign + Law
- · Management Microbal Sciences
- * Nanetochrology
- Nuclear Science & Technology * Organic Agriculture
- . Performing Arts.
 - Pharmacy
 - . Physical Education
 - · Physiotherapy . Frychology & Behavioursi
 - Science
 - . Social Work
 - Space Sciences
 - . Solar & Alternate Energy * Tolocom
 - . Travel & Toorium

SCHOLARSHIPS 2010 FOR GRADUATE DEGREES 100% Scholurship to students securing 93% + agg, in Class XII (CRSE/ICSF of 2010)

50% Scholarship to students securing 88%+ agg, in Class XII (CBSE/ICSE of 2010)

10% SCHOLARSHIPS FOR AMITY INTERNATIONAL SCHOOL STUDENTS

Admission Prospectus and Application Forms are available:

(a) Online at www.amity.edu/admission CR (b) At Axis Bank Branches. For eligibility criteria & other details please see the prospectus available on the website.

Amity University Campus, Sector-125, Noida (New Delhi NCR) | Amity Helpline: 0120-2445252 | admissions@amity.edu | www.amity.edu/admission

Admissions also open at: Amity University, Lucknow Campus: 1800-1800-999; www.amity.edu/lucknow | Amity University Rajasthan, Jaipur Campus: 0141-2372489; www.amity.edu/jaipur No donations/capitation fees are taken for admission at Amity. Any such demand should be reported to Amity Intelligence & Vigilance Establishment at sive@smity.edu

Amity's tryst with Harvard

arvard Model United Nations (HMUN) is one of the oldest Model United Nations simulations in the world. The 57th session of HMUN was held from January 28 to 31, 2010 at the Sheraton Boston Hotel in Boston, Massachusetts Avenue. 8 Amity students were a part of the international simulation as delegates of Samoa. They were accompanied by Ms Jyoti Arora, Head-Amity Educational Resource Center.

Just so Harry Potter! 32 hours of debates on 'Gender Equality' was as tiring as it could get. But I can never forget the fun which we had during the committee sessions. The 3rd night was special because of the party-there is nothing like partying with 3000 teens overseas like there is no tomorrow! Harvard and MIT were like brother and sister, special and unique in their own ways. The dining hall was exactly like the one we see in Harry Potter movies! It was spellbinding to be meet a most vibrant and energetic bunch of individuals of the region?...the nation?...the world? Yeah, that sounds about right!

Raghav Kochhar, IX, AIS Noida

Once in a lifetime: For us beginners, MUN was a chance for us to observe and understand. The 4 hectic days of committee sessions were full of knowledge, heated arguments, discussions and fun! Attending HMUN made me realize very



deeply that there are many issues affecting people around the globe which need immediate attention- that's what the United Nations is doing and that's what we all should give our bit for. The experience at Harvard MUN was something we get once in a lifetime.

Ishita Bedi, VIII, AIS Mayur Vihar

Harvard dreams: It was my first MUN, that too at the international level

and I was the youngest in my committee! But it was really great. I also visited Harvard University and aim to get their one day. My most memorable moment was when I got a chance to speak; I was very nervous but after I spoke once I gained confidence. The Boston city tour was also lovely. Everything was good but the weather was really chilly, we were frozen! On the first day, is snowed and it was a breathtaking site! It was nice to eat Indian food in USA. I am looking forward for more such HMUN's!

Pallaavi Goel, VIII, AIS Mayur Vihar

Confidence building: HMUN helped me improve my confidence and public speaking skills. Boston is a very beautiful city and has a lot of old architecture. Our hotel, the Boston Sheraton Hotel, was close to the Charles River, which was frozen at that time. It was a gorgeous site indeed. It was a good experience seeing Harvard and MIT Universities. There were all kinds of food in Boston. You could eat Indian, Chinese, Mexican, pizzas, burgers, hot dogs and many other things. All in all, a great learning experience.

Akshat Agarwal, XI, AIS Noida

Ties that bind: Having enrolled for the HMUN, I was very excited and confused at the starting. But as time passed, the confusion got sorted out. The trip was not just about the conference, but about making friends and getting to know the responsibility faced by international delegates. I would never forget this trip as I made unforgettable friends!

Sarthak Jain, XI, AIS, Saket

A feel of global society: Interactions between delegates during unmoderated caucus helped in finding a solution to the problem. The visit to Harvard University and MIT and interaction with the students gave us a feel of global society.

Prapti Alok, VIII-A, AIS Vasundhra

Re-learning: HMUN made us realize that the only thing we need to achieve our goals is a determined approach. HMUN is a trip that I will cherish in my sweet memories. After this trip I am looking forward to participate in more MUNs and try and try until I succeed. I want to thank our faculty advisor and co- delegates in making this trip successful.

Harshit Sharma, VIII B, AIS MV



снрам enthralls all

Vasundhara Sec 6, organized the Nursery Annual Function 'Bachpan' on 17th February 2010. The event was conducted under the guidance of Founder President Dr. Ashok K. Chauhan and Chairperson Dr. Amita Chauhan who believe "in order to attain an all round development of the personality of our students, their talent needs to be unleashed and nurtured in their child-

The magnificent event aimed at showcasing the unexplored talent of the budding artists. This could not have been possible without the support of Principal Mrs. Shashi Ranjan, who has always been keen to nurture the talent of little Amitians. To mark the auspicious beginning of the event, a 'hawan' was organized. The Nursery children showcased their talent by singing a melodious prayer 'achhe humko pa lagte hain.' Mrs. Ranjan welcomed Chief Guest Dr. Madhu Panth (Ex- Director, Bal Bhawan), distinguished guests and parents. The young report readers presented a detailed ac2009-10. A musical skit 'Bachpan' highlighted the fact that hard work is the key to success. They also danced to many foot tapping numbers and were appreciated by one and all. The hall reverberated with cries of happiness and excitement and the little ones left no stone unturned to turn the event into an astounding success. The Chief Guest addressed the gathering with inspiring words. The event ended with the School Song followed by the National Anthem.



THE AMITY INDIAN LITARY COLLEGE



Prepare for a Career in the Defence Services. Join the Amity Indian Military College (AIMC)

Admissions open for Class-VIII & IX

Advantage Amity

- Residential Boys School at Amity Education Valley, Manesar (Gurgaon)
- Modelled on the pattern of RIMC (Rashtriya Indian Military College), Dehra Dun
- CBSE system of education
- AIMC prepares its students to appear in written examination by UPSC and for SSB Interviews prior to entry into National Defence Academy (NDA), Kharakwasla, Pune



strong. Aspire for a distinguished defence career for which AIMC offers a golden opportunity"

Dr. Ashok K, Chauhan The Founder President

For details, please contact: Secretariat of Lt. Gen. B. K. Bopanna, PVSM, AVSM VSM (Retd) Director General, Amity Indian Military Education Society 0120-4392 610, 98108 55055; Principal, AIMC: Dr. Shabnam Pandit. 0124-2337 650, 98106 99633 Adm Officer, AIMC: Col. Ravinder Singh (Retd). 0124-2337 642, 98106 99595 Email: aimc@amity.edu/Forms are available at www.amity.edu/aimc

Investing Responsibilities

Fostering Japanese ties

runner in introducing its students to new vistas in education. Under the able guidance and foresight of Founder President Dr. Ashok K Chauhan and venerable Chairperson Dr. Mrs. Amita Chauhan, Amity is scaling new heights. At Amity, the friendly ties between India and Japan are almost a decade old. A Japanese delegation consisting of ten members headed by Mrs Minako Kuno and Mr

mity has always been a fore- Masuo Kuno visited AIS Pushp Vihar on 19th Feb 2010. They were accorded a traditional welcome and a cultural programme was organized in the school Auditorium which was beautifully decorated with Japanese fans and good luck messages. The Japanese delegates were scintillating dance by class IV. The highlight of the meet were the songs sung by one of the delegates titled 'Sakura Sakura' and 'Koujyou no Tsuki'. A traditional Japanese drums show by a member and a dance performance by Ms Fusako Yoshihiro held the students spell bound. They exhibited their national dress Kimono gramme which left a lasting impression on the youngsters.

Amita Chauhan, the first Investiture Ceremony of AIS Pushp Vihar was held on the 18th February 2010. The ceremony was attended by parents of the council members, House Captains and Prefects. The ceremony was initiated with a scintillating song by the school choir inspiring the students to forge ahead in life. It was

With the blessings of our followed by handing over the School Chairperson Dr. Mrs. Flag by Principal Mrs. Ameeta Mohan Flag by Principal Mrs. Ameeta Mohan to the Vice Head Boy and Vice Head Girl. The oaths were taken with great sincerity by all the students who were given an insight into their duties and responsibilities by Coordinator Mrs. Divya Bisen. They looked forward to fulfill their duties with utmost dedication. The event came to a successful end with the singing of the school song in unison by all the students.

Social networth sites! connect with the world ...

notes.

Vagisha Pruthi VIII A, AIS PV

Para - 'sites!'

Social networking sites are so common today that we all know what they are. In fact, we thrive on such websites! You may still be wondering as to why I chose a topic like this. Well, because it's among my favourites and something I can talk about for hours.

Basically, social networking sites are those which connect us with old friends and help find new ones too. Some even use it to let the world know

about their thoughts. For some, it is a joins such sites to keep an eye on us! good way to relax whereas some prefer to keep it professional.

Lingo that ex'cites!'

Even though I'd like to use the lingo we generally use on SNS, I cannot, this is a newspaper you see! Depends on your perception, how you see it, but for some, such a lingo is cool enough to save time but others simply call us lazy! Unfortunately, SNS lingo is still considered a cliché.

'Site' watching

I remember that one of my friends was strictly prohibited from accessing such websites. Rather, the older generation (like our moms and dads) often

How does it matter, we never add them! (Yeah! That's so true! Actually, my whole family is on Facebook, but I have sake of my pals, I want to share the advantages of the SNSs with the elders who think think that such websites are a waste of time (please make your parents read this article, it's going to be good for you!). Here you go...

■ They help a lot in studies, for instance in exchanging

never added them!) So today, for the

the confidence to talk to people, then SNSs are a medium for interaction.

■ If a child does not open up or lacks

■ They are a good way of taking an opinion from various people or doing surveys! (I remember, when we had to choose a second language, Hindi or French, most of us were confused and had our status updated as "Which language to choose, God! I'm so confused!")

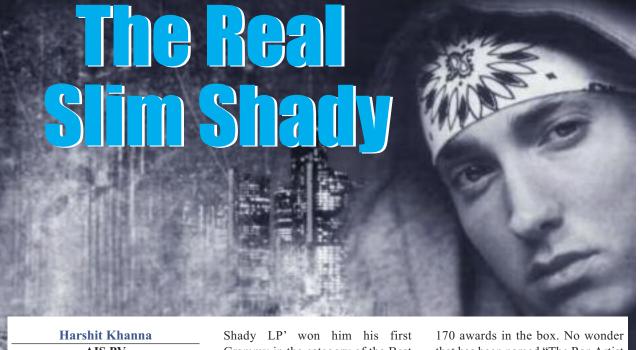
So after reading this, maybe the ones against this new trend realize that it is not all-that-bad, as long as one does not abuse it. In a nut shell, they are not social networking sites but are social networth sites!

Yes! One last thing - I am on Facebook, Orkut, Twitter, My Space, Classmates, hi5, Meetup and Black Planet too! Don't forget to add me!

Hopeless addiction

Kaveri Modayil VIII A, AIS PV

Generation next is all about chatting online with friends, or playing the latest online racing game on a brand new psp or i-touch. With brand new, and hopelessly addictive online sites like Facebook, and microblogging sites like Twitter, parents are at wits end about how to get us off the computer. These sites are like (life sustaining) drugs that we are addicted to. With these sites around, nothing can be kept to ourselves. There are some, who are so despairingly addicted, that they upload hourly status on Facebook. On the flip side, there is no specific privacy policy on these sites, and people can view our profiles without us realizing it. Yet on the other hand, such sites help us to connect with friends, and relatives globally. They can also be used as an effective means of spreading awareness, with various groups like "save the tiger" coming up every second. It's cool to be an aware citizen, and what better to spread awareness than through networking!



AIS PV

arshal Bruce Mathers III aka Enimem is back. Since 1999, he has been rendering record smashing hits like 'Just ose It', 'Mocking Bird' and the ultimate 'Lose Yourself', which alone earned him 15 awards in a year, making him the highest award winning Hip Hop Star. His album 'Slim

Grammy in the category of the Best Rap Album. His second album 'The Marshal Mather LP' has become the fastest selling hip- hop Album, beating singers like Snoop Dogg, Jay – Z and 50 Cent. Marshal is back after a five year break, with his album Relapse which means to fall or slide back into a former state and I'm sure he has relapsed, by grabbing five awards this year, making it a total of

that has been named "The Rap Artist of the Decade." (Hope you Taylor Swift fans are listening!) Relapse 2 will release in mid 2010 but his song compilation under the title Relapse Refill, is already available in stores, so don't forget to grab a copy today! So all in all, I can just say that Eminem was, is and will continue to be the best rapper/singer in the history of hip hop.

Taylor*ed* love

Anushka Sinha

VIII A, AIS PV

aylor Swift has become a heart throb of youngsters across the globe at a young age of 19. This country-singer has sold over 4 million albums till date. Her charm lies in her image of the girl-next-

door. "Love Story," is a song that depicts the greatest love-story ever (Romeo & Juliet). It has a perfect combination of scintillating vocals and an addictive melody. There's a touch of innocence and freshness about lyrics.

The chorus "Romeo, take me somewhere we can be alone. I'll be waiting all there's left to do is run. You'll be the prince and I'll be the princess. It's a love story baby just say yes" sums up the whole song. It's the ultimate love story with a happy ending.

The video of the song adds to its charm with the country pop singer standing in the balcony of her castle dressed in a white ball gown, waiting for her prince to take her away, where they could live happily ever after.

Music Review

Ferry in your

AnugyaGupta AIS PV

The first thing that comes to my mind when someone says twelfth standard is a funfilled, masti-like farewell party. Yup, a farewell party, which each school pass-out cherishes all through his/her life. Twelfth graders would have so many perceptions about a farewell party but, what about the crazy new starters of secondary school -you guessed right- the ninthies? So, I asked some ninthies how they would want their farewell party. Read on to find out...

"I'd like something like a normal get together. A last get together with all friends and teachers. And also a video showcasing all our memories we spent in school," says Prakriti Jalan. Heba Safawi agrees with her and adds, "It would be really nice if we all

get to assemble at a regular meeting place, each of us having an album of all our memoirs in it." Hmm....I totally like that idea. I mean it'd be the last time we'd be seeing each other.

Music buff Shivam Mehta quips, "A party without a DJ would be boring. So, a DJ is a must. Secondly, there should be loads of food and friends combined with masti." He completely agrees with Prakriti's idea on a video. Nitish Munjal wants a party with all his friends and teachers because he feels that that would be the last time he would be seeing them...Kal Ho Naa Ho!

This is what ninthies of AIS Pushp Vihar want for their farewell party. We would love it if our school throws such an overwhelming farewell party for us and makes us realize how special we are for them. After all, we would love to recall our farewell party in our late thirties. Wouldn't we, Amitians?

