

pullOut

Summer holidays are a great time to read, travel and tap your creative potential. GT did the latter with GT Holiday Homework, captured in this special pullout.

AMITepoll

Should the term *adhinayak* in the national anthem be replaced with *mangal* as some say it praises the “*Angreji Shashak*”?

(a) Yes (b) No (c) Can’t say

To vote, log on to [www.theglobaltimes.in](http://www.theglobaltimes.in)

POLL RESULT  
for GT issue July 6, 2015

With instant noodles going off-shelf, what do you think will be the new midnight snack?

Snack	Percentage
Instant bhelpurli	33%
Popcorn	22%
Sandwiches (Think chocolate, peanut butter...)	45%

Results as on July 11, 2015

They split and it ended. Not all stories have a happily ever after. But sometimes, even stories with incomplete endings are etched in history for the brilliance they spread. Read on as we bring you stories of splits that broke more than two hearts

Pranali Batra, AIS Noida, Alumnus

If we were to play that common (yet not uninteresting) game, where I throw a phrase at you and within seconds you cite the first thing you associate with it, 80% of you will say IBN as soon as I say CNN! “You are watching CNN IBN...” (along with the jingle) is one of those useless phrases which our brain insists on storing, after having heard it repeatedly flitting from a booming TV being watched in the adjoining room. The name is such a familiar and comforting association, that the mere thought of either existing independent from the other, seems as absurd as splitting the timeless Tom and Jerry duo or as heart wrenching as separating the clichéd teenage girl from her romantic fantasies. With a heavy heart, we bring to you all those split-ups which are as unnatural and distressing as CNN splitting from IBN. Just plain wrong! \*sigh\*

■ **Hrithik and Sussanne Roshan... What??!**  
Relationships in Bollywood are as fragile as glass. Over the years, every casual relationship and subsequent breakup strengthened this cynicism on our part. It questioned our beliefs on the entire institution of these relationships and on the utopia of fidelity in love. Through these dark times, if there was a beacon of hope, even if seeming like the one and only exception, it was this afore-



Illustration: Ravinder Gusain, GT Network

# Split ends

mentioned couple. But alas, it was not meant to be!

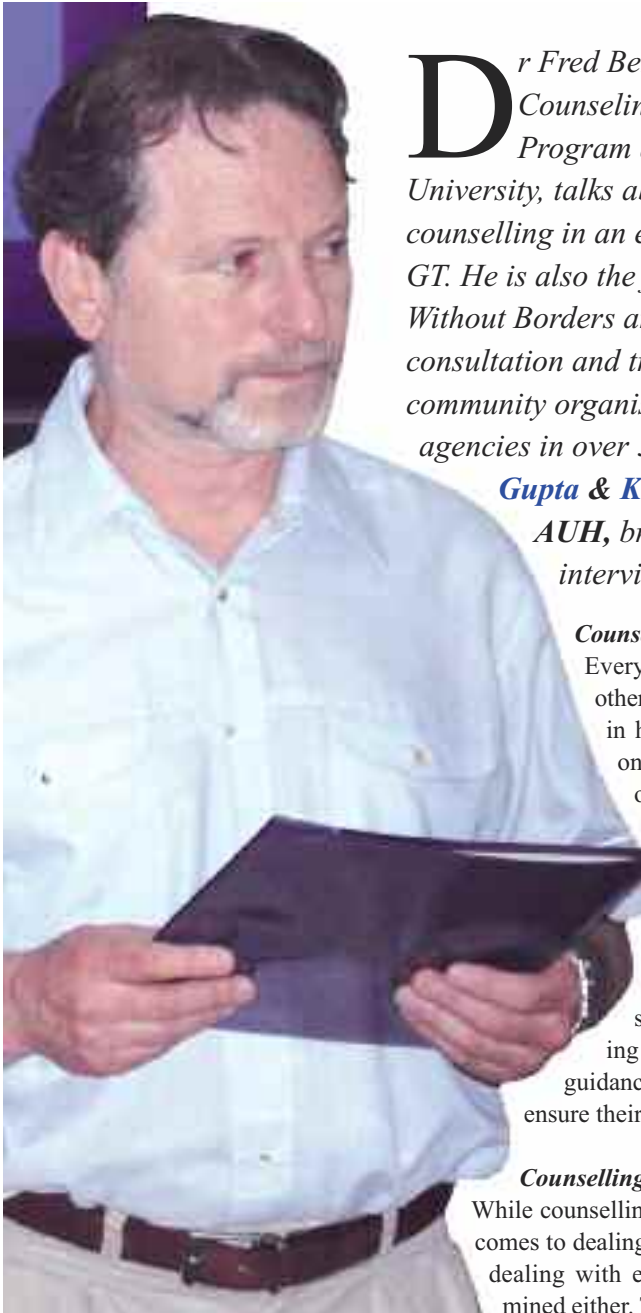
■ **Mahesh Bhupati and Leander Paes**  
If there ever was an instance of two people who are destined to succeed together as a unit, it is this acclaimed tennis duo. You would think that the downward spiral that their playing track records took post their separation would have them re-think. But when people’s ego enters the fray, every other consideration becomes only a distant second. But as they say, the ball is now in their court!

■ **Ambani brothers**  
In India, where family businesses seem to have the highest rate of success and family values are considered non-substitutable, the Ambani spat (the most expensive one too) raised quite a few eyebrows. It makes us question the credibility of one of India’s most treasured possessions-fraternal ties. Their parting-ways perhaps goes against all common sense and brings to mind the age-old adage ‘united we stand and divided we fall’.

■ **Nitish Kumar and Modi... (Enough with the splits now!)**  
When even the ever-calculative politicians start experimenting and deviating from their eternal, tried and tested formulae for success, you start wondering if there perhaps is something wrong with you for being unable to gauge the necessity of these incessant and outrightly political splits! Only time will tell if this breakup was good for Nitish. (After all, Narendra Modi got what he wanted, didn’t he?)

■ **Separating maggi from well...everyone!**  
The effects of this separation are perhaps most ubiquitous. Notwithstanding the alleged danger to our health, the ‘two minute noodles’ is something every child living in a hostel away from home or every person who needed a quick, tasty alternative to his standard roti-sabzi will miss sorely! The much needed occasional off for tired mothers from their tiring cooking ritual has bid us adieu perhaps forever and boy, will it be missed!🍜🇮🇳

# Small things, big lessons



Dr Fred Bemak, a professor in the Counseling & Development Program at George Mason University, talks about the myriad benefits of counselling in an exclusive interview with GT. He is also the founder of Counselors Without Borders and regularly provides consultation and training for schools, community organisations and governmental agencies in over 55 countries. **Tanisha Gupta & Kaustav Mitra, BJMC, AUH,** bring you excerpts from the interview

**Counselling facilitates shock absorption.**  
Every person encounters some or the other major challenge, trauma or hurdle in his/her life. Counselling can help one tide over such issues. It enables one to absorb the shock that comes with such emotional upheavals and hence deal with them in a better manner. While I was working in Africa as a part of a project, I came across vulnerable children who were either child soldiers or were victims of trafficking in the civil conflict. With proper guidance and counselling, we were able to ensure their mental well being.

**Counselling helps you manage stress.**  
While counselling is of utmost importance when it comes to dealing with major challenges, its role in dealing with everyday stress cannot be undermined either. The right counselling can help one



Dr Fred Bemak receives an honorary professorship from Amity University

cope with the stress that comes with day to day issues such as peer pressure, relationships, academic pressure, etc. It just serves as an exterior support to deal with daily issues by enabling you to look at the same situation with different perspectives.

**Counselling is even more relevant today.**  
Today’s world brings tremendous pressure. The demands are greater, the family expectations are greater and the difficulties in communities are greater. Difficulties around the world are aggravating. In fact, if you look at the statistics, divorce and suicide rates are much higher than ever before. This makes counselling much more relevant than it ever was. It helps one cope with the tremendous pressures that all of us face today.

**Counselling helps you see big lessons in small things.**  
This one time, I was walking on a busy street in Delhi along with a spiritual leader. Many people were walking barefoot when suddenly my companion saw a big piece of glass on the road. Without thinking, he went ahead, picked it up and threw it in the dustbin. Had that

not been removed, someone would have hurt themselves. It may have been a small incident but there was a great life lesson in it. Counselling trains your mind to see these big lessons in small incidents and learn from each one of them.

**Students should be counselled from a young age.**  
The youth is our future. It is thus necessary to attend to them at a younger age as it is easier to learn when you are seven or ten years old than when you are thirty. Parents must help their kids as they play a very important role in this scenario.

**A happy youth**  
I always look up to the United Nations Convention for the Rights of a child as a baseline for youth self fulfillment, happiness, access, freedom, etc. Everyone should look at it as a foundation of what every child in the world should have access to. Children all over the world should have the basic rights. People must contribute to their communities. If we all come together, everyone will lead a happy and content life.🇮🇳



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Like us





The three major tenets Buddha taught his followers were not to be ignorant, hate others, or get angry

# Realising the worth of Earth

AIETSM & AIES celebrated World Water Day and World Earth Day collaboratively, with great enthusiasm

## World Water Day

On the occasion of World Water Day celebrated on March 22 annually, Amity Institute for Environmental, Toxicology, Safety & Mgmt and Amity Institute of Environmental Sciences, organised a workshop to spread awareness on the depletion of water resources in the world. Prof Tanu Jindal, director, AIETSM & AIES, highlighted the initiatives of Amity University towards water research projects, with special reference to groundwater contamination. She shared her concern on the rising level of water pollution which renders the task of



Participants showcase their project on World Water day

cleaning water resources, unachievable. Er Rajesh Kumar, former commissioner, CWC, discussed the policies and projects of the government on water conservation. He highlighted the importance of dams in supplying water to remote areas. Er RK Khanna, former chief engineer, CWC, spoke about saving water in various ways in our day to day routine. He also discussed the hydraulic projects and their impact on environment. A film on on the polluted water bodies of Delhi/NCR, produced by ASCO student

Balbir Kaur, was also screened on the day. The programme concluded with Prof Jindal suggesting the use of fresh water resources wisely, through a poem. The highlight of the day was a water exhibition put up by AUUP students, with over 150 posters, models and projects on display. The best three models and posters based on application, were selected during the exhibition.

## Earth Day

AIETSM and AIES commemorated Earth Day on April 22, by organising a workshop that saw the presence of eminent guests who expressed concern over the deteriorating state of mother Earth. Prof Tanu Jindal threw light on the condition of the melting glaciers of Antarctica as a consequence of global warming. Prof Rasik Ravindra, Ministry of Earth Sciences and former director, NCAOR, Goa, delivered a talk on 'Relevance of Antarctic Research to Earth



Panelists hold discussion on Earth Day

Systems' and elaborated on the Indian stations at Antarctica, Dakshin Gangotri, Maitri and Bharati. He also shared his experiences of establishing the Bharati station and his six expeditions to various stations. He discussed the biological, microbiological, seismological, geographical and physico-chemical research aspects of Antarctica. Anuj Ranjan, research scholar, AIETSM shared the story of his adventurous 34th expedition to Antarctica. He emphasised on the importance of fitness in expeditions where one faces extreme weather conditions and sea sickness. He went on to conduct water and sediment sampling for toxicant analysis. Dr W Selvamurthy, president, ASTIF, also shared his Antarctica experience. He emphasised on bridging the gap between policy makers and scientific community.

*The report has been contributed by  
Tanu Jindal, Director  
AIES & AIETSM*

## About Water Day

World Water Day is celebrated annually on March 22 all over the world. This year, the day's theme was 'Water and Sustainable Development'.

## About Earth Day

Earth Day was founded by US Senator Gaylord Nelson and first held on April 22, 1970. The day is celebrated in over 192 countries each year.

## Amity Institute for Competitive Examinations

Presents

## Brainleaks-140 FOR CLASS XI-XII

A plank is held at an angle  $\alpha$  to the horizontal (figure) on two fixed supports A and B. The plank can slide against the supports (without friction because of the weight  $Mg$ . Acceleration and direction in which a man of mass  $m$  should move so that the plank does not move.

- (a)  $\frac{m}{M} \sin \alpha \left( 1 + \frac{M}{m} \right)$  down the incline  
(b)  $\frac{m}{M} \sin \alpha \left( 1 - \frac{M}{m} \right)$  down the incline  
(c)  $\frac{m}{M} \sin \alpha \left( 1 + \frac{M}{m} \right)$  up the incline  
(d)  $\frac{m}{M} \sin \alpha \left( 1 - \frac{M}{m} \right)$  up the incline

Last Date:  
July 23, 2015

3 correct entries win attractive prizes

Ans. Brainleaks 139: (a) Aldolase and triose phosphate isomerase

Name:.....

Class:.....

School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at brainleaks@theglobaltimes.in

# Swanky new sports complex at AUMP



Chancellor, AUMP, inaugurates the new sports complex

AUMP is all set to produce the best sportsmen of the country with some remarkable initiatives introduced in the direction

**Ruby Rajawa, ASCO  
Amity University Madhya Pradesh**

Amity University has always underlined the significance of sports in a student's life. Towards this end, Mr Aseem Chauhan, Chancellor, Amity University, Haryana and Vice Chancellor, Amity University Rajasthan, set up a sports complex at Amity University Madhya Pradesh (AUMP). The management is looking forward to intro-

ducing more services in sports, in keeping with his enthusiastic vision. Mr Aseem Chauhan shared, "Our dream is not just to produce good footballers in Amity University but to someday have a world class Indian team." AUMP is also planning to establish a department dedicated to sports and physical education by introducing courses like B.P.Ed, M.P.Ed, etc, in order to train and encourage students to make a future in this field.

## New Sports Complex

Net area .....32,000 sq ft

### Sports facilities

Basketball courts .....2  
Tennis courts .....2  
Badminton courts .....4  
Cricket pitch .....1

## Existing Sports Complex

Sprawling football & cricket ground  
Basketball courts .....3  
Badminton courts .....6  
Tennis courts .....2  
High tech gymnasium.....1  
Volleyball courts .....2  
Coaching camps for both sports and martial arts

## Scholastic Alerts

**Institute:** Birla Institute of Technology, Mesra, Ranchi (Jharkhand)  
(Admission notification against vacant seats)

**Courses:** Bachelor of Hotel Management and Catering Technology

**Eligibility:** Candidate must have passed Class XII or equivalent qualifying exam with English as a subject  
**Online application forms available:** From July 1, 2015

**Last date for online submission of application form:** July 15, 2015

**Entrance examination:** July 18, 2015. Entrance exam to be conducted by the institute.

Please visit [www.bitsmesra.in](http://www.bitsmesra.in) for more details

**Website:** [www.bitsmesra.ac.in](http://www.bitsmesra.ac.in)

**Taruna Barthwal, Manager  
ACCGC**

For any query, write to us at [career counselor@amity.edu](mailto:career counselor@amity.edu)

# AUUP Summer School 2015

Amity University Summer School 2015, like every year, offered exciting avenues to the future graduates, in a fun and exciting away!

The annual Amity University Summer School (AUSS), is an opportunity for students of Class X, XI, XII and Class XII pass out students from schools across India to explore various streams before joining a graduate college.

The two-week camp that began on June 1, gave the aspirants a taste of 22 streams, covering diverse subjects including media, engineering, forensic sciences, hospitality, etc. At the same time, it provided hands-on training by honing skills such as film-making and photography. There was never a dull moment for the students as their day started early

with yoga classes, a daily dose of sports activities and specialisation classes that included lab activities as well. Throughout the programme, the students were mentored by erudite faculty members of AUUP, who answered all their questions with precision.

The introductory session of the camp was held at the well equipped studio of Amity School of Communication. Media aspirants were taught how to face the camera and acquainted with the news room set up.

Saumya Kedia, who aspires to study biotechnology, shares, "The camp provided me exposure to different areas of



Introductory session being held in ASCO studio

biotechnology. What's more, I learnt useful laboratory techniques." Adds Shagun Sethi, an aspiring fashion designer from DPS RK Puram, "The hostel experience at Amity was amazing. I came back enriched from the workshops." The participants were awarded certificates on the concluding day.



rience at Amity was amazing. I came back enriched from the workshops." The participants were awarded certificates on the concluding day.



# Breakaway for good





Dr Amita Chauhan  
Chairperson

In a world of mergers, acquisitions, takeovers and separations, allegiance is a rare gem. Somewhere, the Ambanis split the Reliance group leading to a bitter battle in court, Flipkart bought a stake in Myntra and Wipro announced its demerger. While Flipkart and Wipro continue to grow, after more than a decade of independent existence, even the Ambani brothers have raised their individual companies to considerable acclaim, creating a win-win situation for investors and creditors alike. Point to be noted here is, not every breakaway has to end in bitterness. Breaking away from people or circumstances, isn't always horrific. In fact, sometimes, it can do you a world of good. Walking away from a distasteful experience, can most likely save you from despair and dejection and help gain an optimistic perspective. Leaving behind sour relations, might help you start afresh, giving you space and time to heal and to move on. When late prime minister Indira Gandhi was a little girl, the freedom movement was in full swing. She too wanted to partake actively in it, just like the adults in her family. However, after being rebuked and discouraged by the elders, she refused to cow down and instead, formed her own 'Vanar Sena' of children which actively supported the Non-Cooperation Movement. Sometimes, it is all right to breakaway from the usual, and flow against the current. Sometimes, it is acceptable to leave the flock and head out to the wilderness on your own. Provided, you breakaway for good.  

# It's raining today



Vira Sharma  
Managing Editor

It's a daily routine. As I board my car to leave for office every day, my first call is invariably to my parents who stay in a remote village in Bihar. For the last one month, there has been a common topic of conversation - rain. My dad's first sentence varies around similar lines each day - Is it raining in Delhi? I don't know when it will rain here? Aha! It rained today but only for a short while. Or... we thought it would rain as it was very cloudy, but the heavy winds blew them past. For a person like me who loves the rain to the extent that I don't even complain when stuck in a jam as long as I can hear the pitter-patter and swish-swash of rain drops on my car's window screen, I have to be extremely careful when I express my emotions to my parents. For me, rain evokes just one emotion ...happiness. But for my parents, rain stirs up their entire life. In a country like India, where more than 40% of the population survives on agriculture, rain defines their bread and butter. Rain is life. So when I say, it rained today, I instantly hear their voices light up... "Yes, it's getting windy here too, I am sure we will have rains tomorrow." But when they say... "It rained today", there is caution in my voice as I enquire..."Is it the good rain or the bad rain?" Because I know for them, a heavy rain means flood that will destroy the crops. No rain means drought. Untimely rain results in a poor harvest. Timely rain that benefits the crop resulting in a bumper harvest, was last heard of years ago. Living close to nature, the joy of a farmer as he sees the first rain wet his crop is the same as the joy of a citybred, sipping hot tea with pakoras or going for a long drive as the first rain washes away the city's heat and dust. I wish there is joy at both ends because it's raining today.  

# Outlook v/s looking out

Do these fringes suit me? Isn't my voice too heavy? I just don't look good in formals. How many times we find ourselves looking at ourselves with others' eyes and feel conscious, when others are not even looking at us?



Gauri Jaswal  
AIS Noida, X

We all assume we know what the other person is thinking. We seem to care too much about other's perception of us. Do I look good in this dress? I hope I didn't sound rude. I just know this haircut makes me look funny. What will people think? What if we're all completely off-track? What if we never can have any inkling of what anyone is ever thinking? Ponder. Humans are 99% thought. And a lot of those thoughts are about trying to make out what's going on in the other person's walnut. Most of us are fixated with other people's idea about ourselves, in other words, their 'impression' of us. But the question is, do we need to bother about what image others have of us? Because the fact of the matter is, we are quite like oysters. You can't tell what an oyster is thinking. Similarly, however hard you may try, it's nearly impossible to figure out what goes on in others' minds, unless you are



a psychic or possess some extremely extraordinary powers. Is human perception truly all that great or do we just imagine things? Our eyes are very sophisticated optic devices, at the least, and highly sensitive decoders of the other person's visage, at the most. Not to underestimate human

perception, but can we really depend on the outlook of others to enable us perceive our own selves? Why should you care what someone else thinks of your dress or haircut? At the end of the day, only your opinion of yourself matters. Besides, an average onlooker has better things to do

than bother with how you are behaving or looking. It's all about having the right attitude and the confidence to be yourself and carry yourself the way you want to. If you are positive that what you are doing or wearing is the best, no one can make you feel miserable about yourself. Everyone is busy in their own lives. Nobody has the time or energy to worry about how you are looking, or what you are doing in your personal life. Besides, it is your life. You are the one living it and you are the only one who should have the right to decide how you want to live your life. Yes, everyone has friends and family members who care and whose opinions matter. We should always respect the feelings and opinions of our dear ones. But other than that, if we keep imagining what random onlookers might think of us, we are in for some really big trouble. It is important to look at oneself from our own point of view, and not anyone else's. Only then, will we be able to lead a happy and successful life.  

# Can we live without technology?



Gadgets, gadgets and more gadgets, we are literally drowning in a sea of technology today. And quite happily so. Question is: will we float or sink?

Pragya Shaklya, AIS Gur 46, XII

Cellphone check. Laptop check. iPad check. This check, that check and the list goes on and on. Look around you. We have become more and more dependent on technology, with new gadgets storming the market every day. Today, people have the world at their fingertips and a simple touch can open a new world. But to ask one hard hitting question: what if, suddenly these devices stop working? Will our world come crumbling down? How will society function and live without technology? The answer is both yes and no. We, the human race, having long been known as highly evolved and intelligent, will probably find new ways to stay alive. However, would we be able to lead a normal life? Would we be able to endure the summer's heat without air conditioners and cold winters

without heaters? It seems rather impossible. And who could go for more than a week without a phone? The level of dependence on technology is astounding in today's times. Most of us prefer spending time on the net, rather than with parents. Interacting mostly through technology, has made people lazy, impatient and depressed. Gone are the days when youngsters would browse through library books. Now they have Google. While there is no denying the plethora of opportunities the internet has opened up, it does not cross out the fact that it has given the world internet zombies and addicts. In Delhi itself, an internet de-addiction centre has opened its doors! And then internet has its cons too. For instance, terrorist groups largely depend on technology for their operations. In fact, their entire propaganda is mostly driven by social media! Yes, we need technology, but sometimes it comes at costs like getting alienated from society



and humanity at large. So for one day, try this exercise: keep your mobile aside, log out of Facebook and switch off the internet. Take a deep breath and ask yourself - can I live without technology?  

## Little Pearls of Wisdom

# Meaning of peace

Ravisha Saini, AIS PV, VIII

We all have heard of the elusive word called 'Peace.' We struggle daily to be at peace with ourselves and with the outside world. So what exactly is peace? Lord Krishna perfectly explains the meaning of this word to Arjuna in Bhagvadgita. Krishna explains to him that no man can know happiness without peace. Since we are angry, our ability to reason and think clearly is skewed. From anger, rises delusion and then loss of memory-what we call denial. From loss of memory, we begin to lose consciousness, finally leading to death of the spirit. Clearly, peace is needed for us to survive and experience life. We always feel that we can only be happy when we have a car, or a latest cellphone etc. In the end, these objects just bring temporary peace. So if you truly want to experience peace and happiness, control your desires, stop worrying, and introspect. Talk to your parents and



friends, stay amidst happy people. Be the best human being you can be. Remember, you cannot always be in control. And that's ok. You will surely find peace amidst the chaos. Just like Arjuna did.



Dear Editor  
The last 'Result Special' edition was a very special one indeed. Being one of the 10 CGPA holders and looking at my



own photograph amidst several others made me feel so proud. Being appreciated by The Global Times in such a way has given me a lot of self confidence and self belief. I cant thank GT enough!

Ria Chopra, AIS Saket, XI

Write to us at editor@theglobaltimes.in





*Hello kids! Enjoyed your vacations...didn't you? And what about the GT Holiday Homework? Oh come on, don't make that face! Holiday homework can be so much fun especially when it gets printed in GT. Tada! Yes, this time it's your very own HHW pullout. From heritage watch, book reviews to the mouthwatering recipes, you nailed it! Enjoy this pullout that will bring back memories of your vacation.*



# Heritage watch

## Humayun's Tomb

Aarav, VI & Aayush Taneja, IV  
AIS Pushp Vihar

### Historical importance

Humayun's Tomb, a monument of love that took many years to build, is considered to be the inspiration for Taj Mahal. Hamida Banu Begum, the grieving widow of Humayun commissioned the tomb in 1562 AD. Surrounded by beautiful gardens, it was declared a UNESCO World Heritage Site in 1993. The mausoleum created by a Persian architect Mirak Mirza Ghiyas, was completed in 1572 AD at the cost of 1.5 million rupees. The last Mughal emperor, Bahadur Shah Zafar, took refuge here during the Indian rebellion of 1857.

### Look out for

1) **The Char Bagh pattern:** The Char Bagh or 'garden of paradise' pattern is a classical feature of the Mughal architecture. The Char Bagh pattern, as the name suggests, is a garden divided into four large squares by two bisecting central water channels, reflecting the four rivers that flow in *jannat*, the Islamic concept of paradise.



2) **Other monuments:** Humayun's Tomb is not a standalone monument but an entire complex where several small monuments dot the pathway leading up to the tomb enclosure from the main entrance in the West. These include Nai ka Gumbad - the tomb of Humayun's barber; tomb and mosque of Isa Khan- of Suri dynasty; Afsarwala Tomb and mosque- the tomb of a nobleman in Akbar's court and Araba Sarari- built for the craftsmen who constructed the monument.

3) **Sarcophagus of prominent Mughals:** Humayun's Tomb is home to not just Humayun's grave, but also that of his wife Hamida Begum, great-great-grandson Dara Shikoh and other Mughals.

### How to get there

The nearest metro stations are Jor Bagh and Race Course (both on the yellow line). If travelling by car, head towards Mathura

## Many firsts

- The first garden-tomb in the Indian subcontinent.
- The first Indian building to use the Persian concept of a double dome.
- The first structure to use red sandstone at such a grand scale.

road from Nizamuddin East.

### Plan a visit

**Entry Fee:** Rs 10 per person for Indians  
Rs 25 per person with camcorder  
Rs 250 per person for foreign tourists  
**Timings:** All days of the week (7:00 am - 7:00 pm)

**Visit duration:** Around 2 hours

**Best time to visit:** November - March are the best months to visit as it isn't too hot; the climate is ideal. 🇮🇳

## Purana Qila

Shreya Saxena, AIS Vas 6, VI

### Historical importance

Purana Qila, an iconic fort dominating the Delhi skyline, was built by Sher Shah Suri on the same site as the ancient city of Indraprastha, believed to be the capital of the Pandavas. Located on the banks of the river Yamuna, Purana Qila is located where Humayun's capital, Din Panah, was. Despite being thousands of years old, it is well preserved.

### Look out for

1) **The three gates:** Purana Qila is notable for its high walls, which rise to a height of 18 metres and are about 1.5 km long. The gates have three arched gateways - the *Bara Darwaza* (big gate) which is in use today; the south gate also called the Humayun Gate and the Talaqi Gate, often known as the 'forbidden gate'.

2) **Qila-i-Kuhna Mosque:** This single dome mosque built by Sher Shah in 1541, is a classic example of Mughal architecture. It has notable horseshoe-shaped arches and was designed as a Friday mosque for the Sultan and his courtiers. Today, it is the best preserved building in the qila.

3) **Sher Mandal:** This double-



storied octagonal tower made of red sandstone with steep stairs leading up to the roof, was intended to be higher than its existing height. Its original builder was Babur, who commanded its construction, which was completed only after he recaptured the fort. Sher Mandal was also used as a personal observatory and library by Babur's son Humayun.

4) **Boating in the lake:** Arguably the biggest draw is the boating in the lake. Its latest claim to fame: a scene from the film 'Tanu Weds Manu Returns' was shot here.

5) **Light show :** Do not miss the light show which is held 7 pm onwards every day, except Monday. Book your tickets online:

<http://www.theashokgroup.com/index.php>

### How to get there:

It is located near Delhi Zoo, Mathura Road. There is parking space, but weekends can be difficult. The nearest metro station is Pragati Maidan.

### Plan a visit

**Entry Fee:** Rs 5 per person for Indians  
Rs 100 per person for foreigners  
Rs 25 per person with camcorder  
**Timings:** All days of the week (9:00 am - 7:00 pm)  
**Visit Duration:** 2 - 3 hours  
**Best time to visit:** November to March, since the weather is conducive for sightseeing. 🇮🇳

## Azim Khan's Tomb

Bhavya Goel, AIS Pushp Vihar, IV

### Historical importance

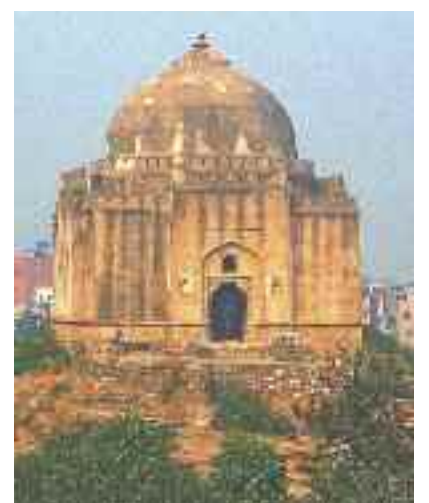
Azim Khan's Tomb situated on a hillock overlooking the Delhi-Mehrauli road, is said to be the tomb of Azim Khan, though it is not known who exactly this figure is. Some say he was a general in Akbar's army.

### Look out for

1) **The breathtaking view from the top:** The view one gets of the Mehrauli region, stretching all the way beyond the Qutub Minar, is simply beautiful.

## Trivia

During the British rule, several monuments in Mehrauli were converted into outhouses for British officers. In fact, the tomb was converted into a late night partying house! Due to its height, some British soldiers tested their physical strength by scaling the near vertical walls of the hillock for the late night parties.



2) **Simplistic ornamentation:** The tomb has minimal designs engraved over the walls. The graves are simple but the walls are decorated with motifs of lotus and calligraphy.

### How to get there

The tomb is visible from the highway but many visitors find the entry confusing. Located on Anuvrat Marg, it is not far from Qutub Area. For people commuting by car, travel by the Mehrauli Badarpur Road.

### Plan a visit

**Entry Fee:** Free  
**Timings:** All days of the week 7:00 am - 7:00 pm  
**Visit Duration:** Around 2 hours  
**Best time:** November - March, as the weather is pleasant. 🇮🇳



# Food for thought

Rujuta Diwekar, celebrity nutritionist, shares how one can nourish the body and mind



Madhav poses with Rujuta Diwekar

**Madhav Sharma**  
AIS Saket, V

The clientele of Mumbai based celebrity nutritionist Rujuta Diwekar includes the likes of Anil Ambani, Kareena and Karisma Kapoor, Anupam Kher and a host of other celebrities. She was awarded the prestigious 'Nutrition Award' by the Asian Institute of Gastroenterology. She has also authored popular books on weight loss like 'Don't lose your Mind, Lose your Weight' and 'Women and the Weight Loss Tamasha'. Read on as she talks about nutrition and health.

**Food for the mind: Reading**

Reading is a must for everyone. One should

inculcate the habit of reading right from childhood. You can request your parents to read books that are difficult for you to read. Personally, I have not been too much of a reader myself. Only after I started pursuing sports science as a profession, I realised one should read more to understand any subject. Along with reading, listening is also equally important.

**Food for the body: Busting myths**

Soon, I will write a book on nutrition for kids. Kids will be so happy to read how milk no longer has calcium, how *dal* has no protein and how veggies are no longer necessary. I think we are just unnecessarily torturing our kids by forcing them to eat all of this when it isn't providing the adequate nutrition that we think it is. It is therefore useful to know your source of nutrition. Hence, steering clear of these myths becomes the first step to a healthy body. ■■



Sarthak prepares chilli cheese crackers

## Chilli cheese crackers

**Saarthak Barathi, AIS Saket, IX**

**Ingredients**

Cracker biscuits .....4-5  
Green chillies.....4-5  
Coriander leaves.....a bunch  
Fresh cream .....4 tbsps  
Cheese .....1-2 cubes  
Chilli sauce.....to taste

**Method**

■ Chop the green chillies and coriander leaves finely.  
■ Grate a cube of cheese and

keep it aside.  
■ Add the cream, green chillies and coriander in a bowl and mix properly.  
■ Spread the mixture on the cracker biscuits.  
■ Spread the grated cheese on top of the mixture.  
■ Keep the crackers in the oven for baking.  
■ Bake till the cheese turns golden brown.  
■ Garnish with chilli sauce and enjoy your crackers.■■

## Sweet lime lassi

**Pranjal Agarwal**  
AIS Vasundhara 1, III

**Ingredients**

Plain yogurt .....1 cup  
Lemon .....1  
Sugar.....To taste  
Salt.....To taste  
Rose water .....1 tsp  
Cold water .....2 cups  
Ice cubes.....as desired

**Method**

■ Cut a lemon into halves and squeeze the juice in a glass.  
■ Put the squeezed peels in cold water to be used later.  
■ Blend together yogurt, lime juice, salt, sugar and a few ice cubes in a blender.  
■ Pour the yogurt mixture into a tall pitcher.  
■ Take out the lemon peels from the cold water and pour the water in the blender.  
■ Rinse the blender with the



Pranjal with his sweet lime lassi

lime soaked cold water and add it to the yogurt mixture.  
■ Add a bit of rose water and sugar, as desired.  
■ Top the sweet lime *lassi* with ice cubes. Serve chilled.■■



Painting by: Harshit Singal, AIS Gurgaon 43, II

# The alien on my screen

**Riya Gupta**  
AIS Gurgaon 43, VI D

Once upon a time, in the land of mortal combat and alien video games, there lived a boy called Ram. He loved playing video games day and night, thoroughly enjoying killing the aliens with his fully loaded guns. His parents would often ask him to control his addiction, but Ram never listened. He would always throw tantrums when his parents asked him to stop. One day, on a stormy rainy night, Ram was playing a video game, 'The Mars Chronicles'. The aim of the game was to kill green aliens on the planet of Zaitan. Ram was deeply engrossed in the game when suddenly... Wham! Boom! The aliens Ram was shooting at, appeared out of the screen. Weird and green in colour, more than five

small aliens were lunging out to get him. Ram thought he was dreaming. As the aliens started to pull him, he realised that all of this was happening for real. The aliens said, "We will take you with us to our planet because you tried to kill us." Ram still could not believe what was happening to him and argued with the aliens saying, "This video game was made in Japan and I just killed you, how can you be real?" The aliens laughed in unison. "We have been watching you, trying to kill us all night. You are coming with us, we want to experiment on you." "Noooooooo..." cried Ram, desperate to run away from their clutches. Ram had heard of people going missing because of abduction by UFOs and aliens. One of the aliens used his special gun to tie Ram's feet. Ram pleaded with the aliens to spare him, "If my father will see all of you, he will not leave you." The



Illustration: Riya Gupta, AIS Gur 43, VI D

**Short Story**

aliens replied, "Your father cannot do anything as we are much stronger than all the human race combined." Ram was scared. Suddenly, the door broke open. His father came rushing into the room with their family doctor. He shot at the aliens with a special injection gun which caused the aliens to melt into a greenish liquid. Squealing, they all vanished away. Ram saw his father peering at him and then slowly slipped into unconsciousness. Ram suddenly woke up with a start and found himself on a hospital bed. Still groggy from last night, he was not sure whether he was dreaming or if some aliens had indeed attacked him for real. His father looked at him concerned and said, "We found you unconscious at home on the sofa. I think you were fatigued and felt dizzy since you were playing video games for too long."

**Weird and green in colour, more than five small aliens were lunging out to get him. Ram thought he was dreaming!**

Ram was finally relieved. He realised that playing too much video games was harming him and he needed to play in the fresh air. Ram felt refreshed and happy after long. He finally removed his blanket and got up from the bed only to notice red, rope marks on his feet. ■■

## Riddle Fiddle

**Kartikay, AIS Gurgaon 46, IX**

- 1) How can you make 7 even without doing any calculation?
- 2) A poor man challenged a rich man that he could sing a song with any words in it. The rich man laughed and said that if he could sing a song with her daughter's name Joanna Armstrong, then he would give all his wealth to him. The poor man became wealthy and rich. How?
3. I stare at you, you stare at me, I have three eyes, yet can't see. Everytime I blink, I command, you do as you are told. Who am I?
- 4) A murderer is condemned to death. He has to choose between three rooms. The first is full of raging fire, the second is full of assassins with loaded guns and the third is full of lions that haven't eaten in three years. Which room is the safest for him?

**Answer:** 1. By removing 's' from 'seven'. The third room. Lions that haven't eaten anyone's name in it. 3. A traffic light. 4. "Happy Birthday". This song can be sung with we can make 7 even. 2. He sang "Happy Birthday".

## Crossword

# Preposition Fun

**Sarthak Shrivastava**  
AIS Mayur Vihar, IX

**Across**

1. We learn \_ the community college.
2. 27 comes \_ 28.
3. Water flows \_ a bridge.
4. Fishes swim \_ the ocean.
5. Lunch comes \_ breakfast.
6. Neetu is going \_ the mall.
7. The temperature in Antarctica can fall from 25 degrees \_ zero.
8. A synonym of "close to".



9. The computer sits \_ the desk.
10. It is a good idea to look both ways before you walk \_ the street.

**Down**

1. Rahul is taller \_ Karen.
2. The mouse is \_ the computer.
3. The library doesn't close \_ 8:30 pm.
4. The lights shine \_ us.
5. We used our windshield wipers as were drove \_ the pouring rain.
6. Everyone stood \_ the fire to get warm.

**Answers**

**Across:**

1. At 2. Before 3. Under 4. In 5. After 6. To 7. Below 8. Near 9. On 10. Across

**Down**

1. Than 2. Beside 3. Until 4. Above 5. Through 6. Around



and recognition. At present, I am doing a movie with a big production house. The movie presents me in an entirely new avatar. ■■



**My name:** Mannat Arora  
**My school:** AIS Pushp Vihar  
**My Class:** I  
**My birthday:** December 31  
**I like:** Listening to music and stories, dancing  
**I dislike:** Fighting  
**My hobby:** Swimming and painting  
**My role model:** My mother  
**My best friends:** Avika and Naisha  
**My favourite book:** Goldilocks and the Three Bears  
**My favourite game:** Playing frisbee  
**My favourite mall:** Select City Walk  
**My favourite food:** Palak Paneer  
**My favourite teacher:** Anupreet ma'am  
**My favourite poem:** Tommy Thumb  
**My favourite subject:** English  
**I want to become:** A chef  
**I want to feature in GT because:** I want people to know about me.





# What did you read last summer

We all have that one favourite book that we enjoy reading over and over again. It can be a classic, a witty short story or even an autobiography. Let’s see what Amitians have to say about the books they have dearly enjoyed reading

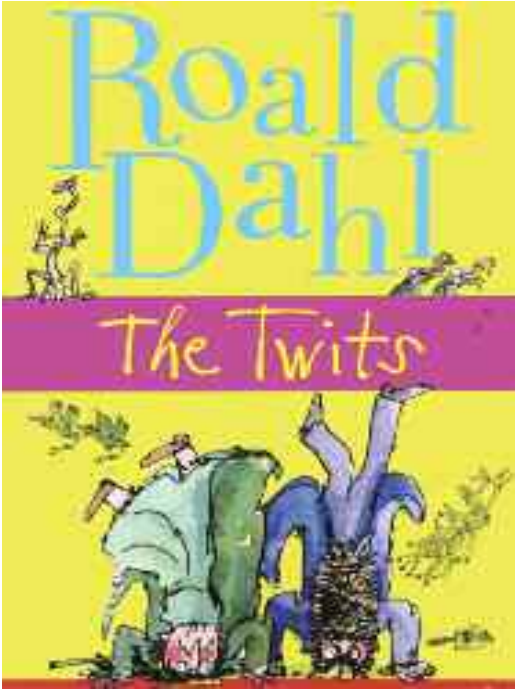
## The Twits

Kavya Verma, AIS Pushp Vihar, VIII

**Author:** Roald Dahl  
**Rating:** \*\*\*\*  
**Best suited for:** 9 - 14 year olds  
**Perfect for:** A summer vacation read  
**Best lines:** ‘If a person has ugly thoughts, it begins to show on the face. And when that person has ugly thoughts every day, week, month, year, the face gets uglier and uglier until it gets so ugly that you can hardly bear to look at it.’

**The plot:** This is the story of a scary and ugly couple known as the Twits, who live in a brick house. They are one of the most stinky and ugly people in the world. They hate everything and everyone. They are always playing mean tricks on people, catching birds to turn them into bird pies and making their caged monkeys, the

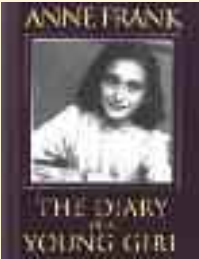
Muggle-Wumps, stand on their heads all day. The monkeys seek their revenge on the couple.  
**What I think:** This book may not have an out-of-the-world, amazing plot but is extremely hilarious and will leave you in splits. It may not be as great as other books like ‘Matilda’ or ‘James and the Giant Peach’ by the writer, but it still makes for a great read. The characters are so well etched out that you can relate to them by the time you reach the end of the book. You can feel Dahl’s writing seeping through when you are made to feel that it’s okay to laugh at bad things that are happening to bad people. You will surely find yourself chuckling at some of the hilarious incidents the book takes you through. The message of the book lingers on your mind much after you’ve finished reading it: it does not matter if you are not physically good looking, it is the thoughts that count at the end of the day. Only an ace writer like Roald Dahl can bring together two different aspects of life together in a book. Read this book in your spare time or when you are



## The Diary of a Young Girl

Deepanjali Yadav, AIS Gur 46, XI

**Author:** Anne Frank  
**Rating:** \*\*\*\*  
**Best suited for:** 11 - 15 year olds  
**Perfect for:** Times when you are low and in need of some inspiration  
**Best lines:** “Everyone has inside of him a piece of good news. The good news is that you don’t know how great you can be! How much you can love! What you can accomplish! And what your potential is!”

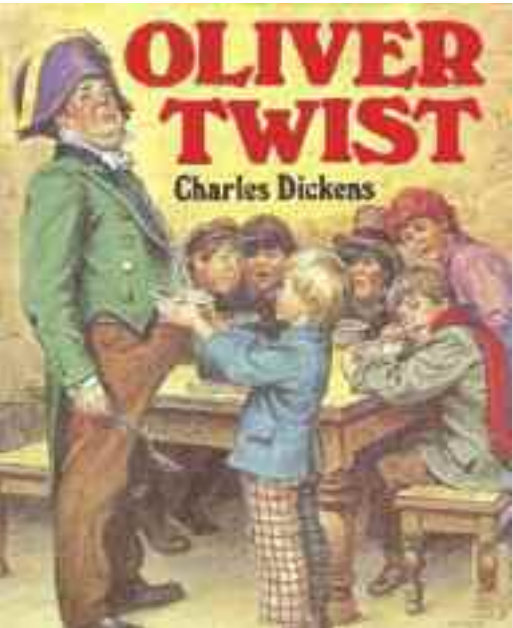


sad. It will surely uplift your mood and refresh you.🇧🇪

## Book review

owner treats everyone badly, while Oliver tries to understand his predicament and hopes to get out of it. From being part of a pickpocket gang to meeting caring Londoners, Oliver repeatedly tries to be a good human being, unwilling to victimise others for personal gain.  
**What I think:** An all-time classic, Charles Dickens presents the problems of the poor, child labour and lives of the street children in this satirical novel. Charles Dickens is able to write out the characters lucidly and most children will be able to read it easily. Oliver has been mistreated all his life and yet he does not give up hope. And in the end, he manages a comfortable life. The book serves as an inspiration to many of us who sometimes forget to be optimistic. 🇧🇪

**The plot:** As the name suggests, the book is the diary of a young girl, Anne who belongs to a Jewish family. The book is set in the World War II and sheds light on the atrocities that the Jews had to face at the hand of Nazis. Through her diary, she tells us about the atrocities of war- how people suffer, how lives are tormented and how families are shattered.  
**What I think:** Vivid descriptions and attention to detail make the book engaging and moving. One is able to envisage Anne’s life, courtesy the highly descriptive emotions. The book is inspiring as the character of Anne comes across as a strong personality, battling hardships of life. The book is informative from a historical point of view.



## Oliver Twist

Bhavya Singh, AIS Vasundhara 6, VIII

**Author:** Charles Dickens  
**Rating:** \*\*\*\*  
**Recommended for:** Above 10 years  
**Perfect for:** Any time  
**Best Lines:** “Please, sir, I want some more.”

**The plot:** Oliver Twist was born into a life of poverty and misfortune. Orphaned as a baby, he spends his early years under the care of a woman called Mrs Mann. Brought up without proper care or food, Oliver at age nine, is sent to work, picking and weaving oakum. Life is hard for him as the



## Blessed to have you

Thank you mom & dad

Madhav Doga, AIS Gur 43, VII

Dear mom and dad,  
I am truly blessed to have you as my parents. I can’t thank God enough for giving me such loving and affectionate parents. Dad, you take out time from your hectic schedule to play football with me. You always help me with my math problems. No matter how long I may take to understand the subject, you never lose your patience with me. Mom, I appreciate how much you care for me. You work tirelessly throughout the day to make my favourite food. I love the pasta you make. I realise that I do not

Illustration: Madhav Doga, AIS Gur 43, VII  
follow your instructions at times but you still love me unconditionally. I understand that you scold me because you want me to inculcate good moral values and become a better human being. I can never thank you both enough. I will always try to keep you happy and be the person you want me to be. Lots of love,  
Madhav

## For a happy childhood

Thank you RWA

Arohi Saini, AIS Vas 6, VII

To  
The Secretary  
Resident Welfare Association

“Piglet noticed that even though he had a very small heart, it could hold a rather large amount of gratitude.”-Winnie The Pooh  
And what better way to express gratitude than the two magical words “Thank you”? These two simple words bring the warmth of the morning sunrise and the joy of the first spring, and yet we fail to say them often. Read on as Amitians express their gratitude to their near and not-so-near ones by writing them a thank you note

Respected ma’am,  
I am writing this note of thanks for all the efforts and activities undertaken by the RWA for the welfare of children in our society. We feel a lot safer after the RWA increased the number of guards and surveillance cameras. The new speed breakers on the colony roads limit the speed of the cars and thus, allow us to play more freely. The lawns are mowed, and full of flowers and greenery. As a result, the lawns have become the favourite hangout zone for toddlers and young children alike. Older children are now able to undertake skating, swimming and cricket in various pockets of the society grounds, which were rather

unkept earlier. The summer weekend activities of colouring, music and dance classes organised by the RWA, kept us busy and gave us enjoyable pastime indoors during the hot days. I particularly enjoyed the recent weekend event of tree plantation by the children organised by RWA. I accompanied my dad and brought five saplings. I planted the saplings in the parking area. Now, I love to water them every day. On behalf of all the children of our society, I would like to express our happiness and gratitude for the steps taken by you towards our welfare and growth. Regards,  
Arohi Saini







# The mysteries of science

There are some scientific theories that have piqued the imagination of not just the scientific community, but also Hollywood and many of us. Here’s an insight into some of them...

Prisha Singh, AIS Gur 46, XI

So what do movies like ‘Terminator’, ‘Interstellar’ and ‘The Triangle’ have in common? All their plot lines are derived from credible science theories and facts. While science makes progress every day, there are still some mysteries out there which have left physicists befuddled.

### The Black Hole

Scientists have long tried to explain the mystery of the Black Hole, a region of spacetime with such a strong gravitational pull that no particle or electromagnetic radiation can escape from it. A Black Hole is indeed ‘black’. No light can escape from it. Recently, new theories have come up which threaten to nullify Einstein’s theory which states there is no escape from a black hole. Stephen Hawking’s quantum theory “enables energy and information to escape from a black hole.” Many movies like Interstellar, Battlestar: Galactica, Stargate: SG1 discuss the concept of Black Hole. But most physicists are trying to understand what would happen if you jumped into a Black Hole- a fearsome gravitational monster that can swallow matter, energy and even light!

### Bermuda Triangle

Who has not heard about the famous



Bermuda Triangle, also called the Devil’s triangle. It is a mysterious patch in the North Atlantic Ocean where unusually high number of ships and planes have been lost. While many say that the Bermuda Triangle is a figment of popular lore with no basis, ships and

planes have disappeared here without any credible explanations. Scores of paranormal writers have blamed the Triangle’s supposed lethality on everything from aliens, sea monsters to time warps and reverse gravity fields, to the lost of city of Atlantis whereas some

theorists have pointed to magnetic anomaly, waterspouts or huge eruptions of methane gas from the ocean floor. But no single theory has been able to solve the mystery till date. However, movie directors have found their fodder with this unexplained mystery.

### Grandfather Paradox

Remember the film Looper (Bruce Willis), where a hitman is sent back to kill his own self. Also called the Time Travelling paradox, it is a theory which states that when a time traveller goes back in time and kills his grandfather before his grandfather meets his grandmother, the time traveller will never be born. Then how does he go back to kill his grandfather? It also regards any action that eliminates the cause or means of traveling back in time. Physicists have conducted theoretical experiments to prove time travel is nearly impossible, but are keeping their fingers crossed.

### Parallel Universe

Were you addicted to the TV series ‘Fringe’ where Olivia Dunham battles strange occurrences due to parallel universe? Well, most of the plot lines are not far from the truth. A team from Griffiths University and the University of California say that the universe we experience is just one of the many gigantic number of worlds, co-existing with our own. It means you have another version of you going to a different school and another version where you don’t go to school! Some are almost identical to ours while most are different. The idea of parallel universes in quantum mechanics was first suggested by Princeton student Hugh Everett in 1954.

Graphic: Shivam Solanki, AIS MV, XII A

# Present Today, Absent Tomorrow



Akshat Jain, AIS MV, XI

It will not be long before lions, leopards and rhinos will soon join the ranks of dodos and dinosaurs. These iconic animals will soon exist only in stories, photos and perhaps zoos. Why, you may ask; the cutting down of forests, poaching, being killed by humans etc have driven these animals to near extinction. If the numbers and statistics are anything to go by, it looks like the list of extinct animals is

sure to get a whole lot bigger with these names being added to the list.

**Lion:** There are only about 20,000 lions left in Africa, as compared to 450,000 lions 50 years ago. This is a 95% decline in the population. It is estimated that 5 lions are killed every day, mostly by trophy hunters that kill about 600 lions per year.

**Leopard:** With an average rate of 5,000 killings every year, leopards are hunted for their skin, which fetches anywhere between US\$500 to

US\$1,000. At present, the estimated lion population stands at a mere 50,000. This is quite a shame considering there were about 700,000 leopards, 50 years ago.

**Elephant:** With 40,000 being killed every year and only 300,000 left, elephants are fast disappearing. One of the major reasons for this dwindling rate is poaching. Poaching of elephants has risen dramatically due to a huge demand of ivory, especially in South Asia and South-east Asian countries.

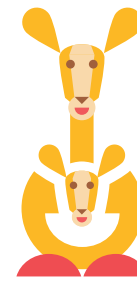
**Shark:** One third of the shark population is headed towards extinction. Sharks are being killed at an alarming rate to satisfy the taste buds of the Chinese. 100 million sharks are killed every day to make Shark Fin Soup, a popular Chinese delicacy. This dish is prepared from the trade of shark finning, where the fins of the shark are cut off and the sharks are thrown back into the sea and left to die.

**Rhino:** According to some reports, one rhinoceros is shot in Africa every 9.5 hours. Rhinos are desired for their

horns, which are wrongly thought to be able to cure cancer and fever. Horns can sell for around \$30,000 per pound, according to the BBC. Besides, figures that show that the poaching of the rhinoceros has more than doubled in South Africa over a few years does not help.

**Orangutan:** Scientists say that about 6,000 are left around the world and the number is decreasing by 1,000 every year. Illegal pet trade, loss of habitat through deforestation has only accelerated their decline.





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The spot under the Bodhi tree where Buddha attained enlightenment has been preserved to date.

# National Bal Shree Honour

The National Bal Shree Honour, one of the most prestigious awards of its kind, felicitates creative young individuals

AIS Noida

Student of AIS Noida, Preeti Panigrahi, was conferred the prestigious National Bal Shree Honour for ‘Creative Performance’ at Vigyan Bhavan. The honour comprised of a citation, a plaque of appreciation and a Kisan Vikas Patra worth Rs 10,000. The ceremony was graced by the presence of union minister, HRD, Smriti Zubin Irani. The Bal Shree Honour felicitates creative students in the age group 9-16 years, with unmatched qualities and innovative ways of enriching the society. Other than this landmark achievement, Preeti has to her credit, numerous accolades in extra-curricular activities, particularly theatre and dance.



Preeti Panigrahi receives the award from HRD minister



A special board showcasing the students' reviews



# Lion King Musical

AIS Pushp Vihar

AIS PV organised a trip to Amity University, Noida for the primary students to watch 'The Lion King Musical Play' presented by the Little Genius Theatre Group. The students were awestruck by the musical

play. They enjoyed it all the more as some of their classmates played significant characters. After the show, students were asked to give their feedback by writing a review. Children made their own mini paper ‘Mufasa’ and ‘Simba’ during the activity. Later, all the reviews were compiled and displayed.



Rakshit Tandon with principal Arti Chopra and participants of the workshop

# Workshop on cyber security

AIS Gurgaon 46

A workshop on cyber security was organised by AIS Gurgaon 46 on May 5, 2015. The workshop was conducted by Rakshit Tandon, chief resource advisor and speaker, Internet and Mobile Association of India. Students and teachers were apprised of the

various tools and techniques that ensure a safe surfing environment. They were also trained on various aspects of cyber security such as secure email accounts, checking the authenticity of mails received, etc. Students were motivated to follow netiquettes and take the responsibility of sensitising their peers about cyber safety.

# MUN summer camp

AERC

With the aim of nurturing potential MUNers, ten-day MUN summer camps were organised under the aegis of AERC, at AIS Saket and AIS Noida in their school auditoriums. The camp at AIS Saket was held from May 24-29, 2015 and at AIS Noida from June 1 - 5, 2015. 87 students participated in the camps which were conducted by Sumedh Kapoor, MUN Coordinator, Amity Schools, and alumni and school students including Vansh Saluja, Rohan Singh Mehta, Siddharth Kapoor, Taranjeet Singh and Prithivraj Khanna. During the camp, students were trained in all aspects of MUN such as researching, Rules of Procedure, different types



Mock MUN session in progress

of committees, etc. Students were familiarised with international and Indian MUNs. Mock sessions were also conducted wherein students were assigned different countries and agendas. A UNHRC committee was simulated with the agenda of discussing human rights

violations in Syria and Iraq, enabling the participants to apply their learning. Feedback from the experts played a major role in enhancing their understanding. The camps culminated with the simulation of a session of All India Political Parties Meet (AIPPM).

# Mango orchard picnic

AIS VKC, Lucknow

AIS Viraj Khand Campus, Lucknow, organised a mango orchard picnic for Classes Nursery to V on May 1, 2015 at Amity University, Lucknow. Excited students reached the venue early in the morning and made best use of the vast space offered by the orchard to play their favourite games with frisbees, balls and other toys. This was followed by sharing the snacks that they had brought along with them. Thereafter, the young students danced cheerfully to foot-tapping music in the vast expanse of the orchard. An exhilarating dance party marked the conclusion of the fun filled day.



Children enjoy the picnic



Students pose with their trophies and certificates

# Prize distribution

AIS Mayur Vihar

With the objective of encouraging and felicitating the accomplishments of the students for the academic session 2014-15, AIS Mayur Vihar organised the senior and junior prize distribution ceremony on April 18 and 21, respec-

tively. The ceremonies saw the students being acknowledged and awarded for their exemplary performances in academics and extra-curricular activities. BN Bajpayee, advisor (R&D), Amity Group of Schools and Dr Stalin Malhotra, senior consultant, Amity Group of Schools, presented the awards and motivated the students.

# Mother's Day

AIS VYC, Lucknow

A special assembly on the occasion of Mother's Day was held at AIS Vrindavan Yojana, Lucknow on May 13, 2015. The assembly provided a platform to the students to showcase their love and gratitude for their mothers. Poems, songs, dance performances and visuals on the theme were presented by students from Classes Nursery to VIII. A powerpoint presentation depicting memorable moments of students with their mothers, formed the



Students present a play

background for the song, ‘I love you mommy’ which was the highlight of the Mother's Day assembly. The day culminated with a touching video titled ‘Maa Ke Hone Ka Ehsaas’.

# Literature month

AIS Vasundhara 6

AIS Vasundhara 6 celebrated the month of April, which marks the birth anniversaries of literary enthusiasts William Wordsworth and Shakespeare, as the English literature month. Students celebrated the world of literature through various activities that involved out-of-the-box thinking and interactive exercises. Students of Class VI brought their puppets alive through a finger puppetry competition narrating moral stories from Panchatantra, Jataka Tales, Ramayan, Mahabharat, Aesop's fables and Buddhist stories. Class VII students participated in one-minute extempore wherein they expressed their views eloquently and imaginatively on an array of creative

topics like ‘The day I wore different shoes’, ‘The day I met MS Dhoni’, ‘When my dad handles the kitchen’ and many more. Through creative dramatisation of idioms, proverbs and sayings on diverse subjects, students of Class VIII shared innovative ideas that can make literature exciting and interesting to learn. Students of Class IX participated in the Inter Section Dramatic Duo, wherein they enacted famous literary characters and extracts from popular literature like Malgudi Days, Sherlock Homes, etc, working in pairs. Students of Class X put forth their perspective and views by discussing and deliberating on contemporary issues. Class XI students enthusiastically debated on the topic ‘Net neutrality..to be or not to be’.



Students participate in the finger puppetry competition



# Et tu Maggi

Maggi - the name synonymous with happiness and memories left our lives and broken hearts. RIP Maggi

**Sweta Sahu, AIS Gur 43, XII B**

*Dear unfaithful Maggi,*

As I write to you my heart is reminiscing thousand memories. I still remember our first encounter when one day I told mom, "Mummy mummy bhookh lagi hai" and then came the reply, "Haan beta, bas 2 minute". And so I waited, for two minutes, and perhaps a few more, but the moments that followed changed my life forever.

Placed in a shiny crystal bowl came you, your curls so beautifully entangled, your bright yellow colour just like the morning sunshine. You were "steaming hot" and it was love at first sight. Your 'yellowness' became the sunshine in my

life; little did I know that I would soon be singing 'Yellow, yellow, dirty fellow'! But who said all fairytales have a happy ending?

I partied, laughed, sang, cried with you. Our late night conversations as I slurped you to my satisfaction still ring in memories of nostalgia, love and joy. Be it birthdays, sleepovers or camping, you have always been by my side. You were our celebrity at every kitchen inauguration we held after house shifts.

I still remember the Manali trip when I was feeling cold and hungry at the snow point and you brought me warmth. And all this time you were cheating on me, trying to turn me and many of my love-struck counterparts into HB pencils?

But the 'two minute' silence that I observed in your name has finally helped me get out of the soupy mess you created in our lives. And now that I am actually able to look past your 'maa ke hath ka khana' fallacy, I realise all that you have made me miss out on. It is now that I realise that sandwiches can taste so good. Our break-up made me explore and discover new avenues – peanut butter and jam, chocolate, cheese....

Oh and I forgot to mention instant bhelpuri! Unlike your two-minute fradulence that I lived with for years, this one is actually instant.

And it isn't just common sense that I have gained with our breakup, I have



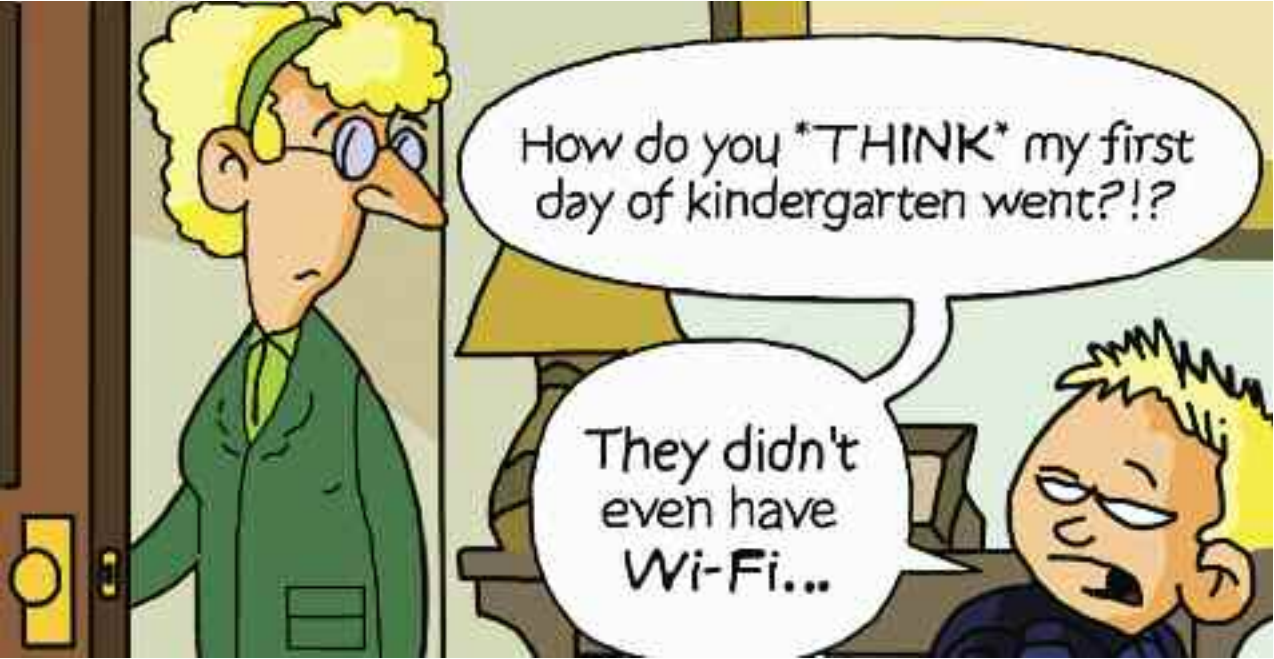
Imaging: Ravinder Gusain, GT Network

somehow managed to retrieve my mom's long-lost love too. Seeing my distance from your unhealthiness, she has actually ventured into [larladalal.com](http://larladalal.com) to feed me with happy snacks. So, you see, it isn't just your rivals screaming 'Yippee' with you going off-shelf, there are countless mothers echoing the same sentiments too.

Also, did I tell you that those 'Meri Maggi stories', some of them were re-

ally stupid. And if you still think we haven't gotten over you, go to Facebook and type 'Maggi memes'. Some of them are so funny, you might just get a moment of laughter in this time of crisis. At last, it's over between us. Try dating batteries for a change. 🇮🇳

*Yours truly,*  
*An ungrateful Maggi lover with a samosa in hand right now (posthumous)*



# Horror of the first order

**Sareena Roy, AIS Saket, XII E**

There are clearly very few things in life worse than having ONE headphone out of the two not working. Or maybe having 8% battery in your phone when you have to go out and there is no time to charge it. As our lives become easier, problems don't just cease to exist, they take new forms, referred to today as the 'First World Problems'.

Epidemics, famines and terror attacks can take a backseat; these are the problems that really shake our world. Read on as we bring to you our top five!

- **Can't keep calm, the WiFi is down:** Words are not enough to explain the feeling, the pain is too overwhelming. No FB updates, no Insta selfies and no Whatsapp. You just end up feeling like a zombie.
- **Not enough likes on your profile picture:** "How can so-and-so get more likes than me when I'm clearly the better looking person? Am I not photogenic?" Come on, admit it already, we're all guilty of such narcissism, comparing 'likes' with our frenemies.
- **Hungry but comfortable:** Who hasn't sat snugly in a blanket but then felt hungry? To get up or not to get up is the

question. You spend a lot of time evaluating food versus comfort, but well, comfort always wins.

- **The pictures of last night's party are up on the internet and you look so 'ugly':** You think you look so ugly that if you would walk through a haunted house, you'd come out with a paycheck. Even if you untag it, your friends have already saved it.
- **Repeating outfits:** If you can confidently declare you've never had this issue, the sweet voices of the angels in your head will sing out the word "LIAR" in perfect unison, just about right now. 🇮🇳

GT Travels to Sikkim



**Vihaan Arora, AIS Noida, I J** poses with his copy of The Global Times at Nathula Pass, Sikkim. Located around 56 kms from Gangtok at an altitude of 14450 ft, the road to Nathula passes through the Tsomgo lake. It is one of the highest motorable roads in the world and is richly surrounded by alpine flora. Nathula Pass forms a part of an offshoot of the ancient Silk Road.

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