

# A take on intuition

Ritisha Jaiswal, XII A &  
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## Gut Feeling Or A Punch In The Gut?

Enter the realm of decision-making, where instinct and gut feeling are added to the mix, allowing intuition to boldly take centre stage. What precisely is intuition, you may wonder? As a fascinating feature of human cognition, intuition has ensnared philosophers and scientists alike. Being able to comprehend or know something without using conscious thought is known as intuition. Interestingly, it is also what sets us apart from other species and makes us what we are, humans. In an attempt to not only uncover our inner wisdom but also to harness it, the world is replete of gurus who tell us how to heal, eat, or invest intuitively. However, is that truly necessary? When properly taught and directed, can intuition be trusted, or is it a recipe for disaster?

### The power

Intuition is largely, and often, considered as a prerequisite of decision-making, which has traditionally benefited hugely from intuition, as evidenced by the studies of Mahatma Gandhi. His intuition was based on non-violent movement, and he was adamant about this principle. Moreover, intuition has frequently been a key factor in commercial decision-making. Prominent businessmen and entrepreneurs like Richard Branson and Steve Jobs have talked about trusting their instincts while formulating long-term plans. It has also been crucial in influencing events and choices on many occasions throughout history. According to legend, while taking a bath, the

Greek mathematician Archimedes had an epiphany that helped him develop the idea of buoyancy. Einstein frequently explored difficult scientific notions with the use of his imagination and intuition, which helped him come up with ground-breaking theories

about gravity, time, and space. Thus, it's advisable to use intuition when necessary, as overanalysing facts or reasoning consciously (though this does not imply that intuition is unreasonable) about subjects has been shown to be detrimental in several instances.

### The pitfalls

When making decisions, understanding is the true guide, pointing us in the right direction. However, sceptics say that what we are seeing is a combination of learned behaviours and cognitive manipulations. As per research, the integration of data from different brain areas appears to be strongly associated with intuition. Making intuitive decisions is greatly aided by the limbic system, which is also in charge of emotions and memory. This involves storing pertinent memories in the hippocampus and pro-

cessing emotional information in the amygdala. By combining information and directing instinctive judgements, the prefrontal cortex — which is in charge of decision-making and problem-solving — contributes indirectly, thus establishing that the 'gut feeling' isn't even rooted in the gut, to begin with. When it comes to intuition, our innate need to recognise patterns is the most hazardous of these shortcomings. The ability of the mind to recognise patterns and use knowledge from the past to make sense of the present and predict the future appears to be the fundamental basis of intuition. However, it may put us in danger. Studies have demonstrated that we see patterns when none exist because of our innate drive to recognise them. We even become ignorant to the less romantic realities of business decision-making because we want to trust in the wisdom of intuition, forgetting all the guesses that don't work out, but we can still recall the instances when they did.

### The perplexity

When we think about the effectiveness of our thinking, we fall into endless traps of bias. That inner voice often prevents us from making logical decisions, leading us into dangerous situations. But it would be foolish to completely ignore the idea. The mind acts as a beacon and a mirage that guides us into the unknown world. Navigating the twists and turns requires a delicate balance between mistrust and trust, and a willingness to ask questions while listening to the wisdom of your soul's whispers. In the end, the true measure of intelligence seems not to be infallibility, but the ability to use it wisely.

Imaging: Ravinder Gussain, GT Network

## THE GT POLL

Will the Supreme Courts' guideline to cease the discriminatory portrayal of specially abled in media infringe the creative freedom?

- a) Yes
- b) No
- c) Can't say

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### Coming next

Spies of the world

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**Commitment to change**  
Let's connect with Dr Rahul Kapoor, social worker and humanitarian, on the importance and necessity of social work in our society.  
...more on page 3

## What's inside



**Treasures of the silk trail**  
Tune in to uncover the traces of the ancient trade route, an intricate network bustling with commodities belonging to various cultures.  
...more on page 7

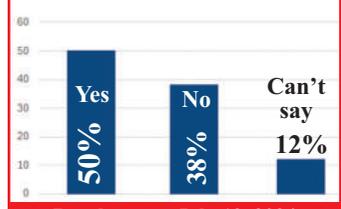


**Your eyes matter**  
Catch up on some insightful advice from a panel of venerable experts on the topic of 'Eye care' organised by the YP team of AIS Noida (2023-24).  
...more on page 10

## POLL RESULT

for GT Edition July 8, 2024

Will Kohli, Jadeja, and Rohit Sharma's retirement from T20I cricket bring a major setback for Indian team in the T20 format?



# Around The WORLD

GT keeps the newswire ticking by bringing you news from around the globe

## GREECE

### Kyriakos Mitsotakis returns

Greece's conservative New Democracy party leader Kyriakos Mitsotakis vowed to accelerate reforms following the party's landslide victory on July 7, 2024 in the country's second election. Mitsotakis won a congenial parliamentary majority that allowed him to form a government for a second four-year term. According to poll outcome report, the party has won over 40.5 percent of the vote, defeating the left-wing Syriza party.



## SPAIN

### Protest against mass tourism

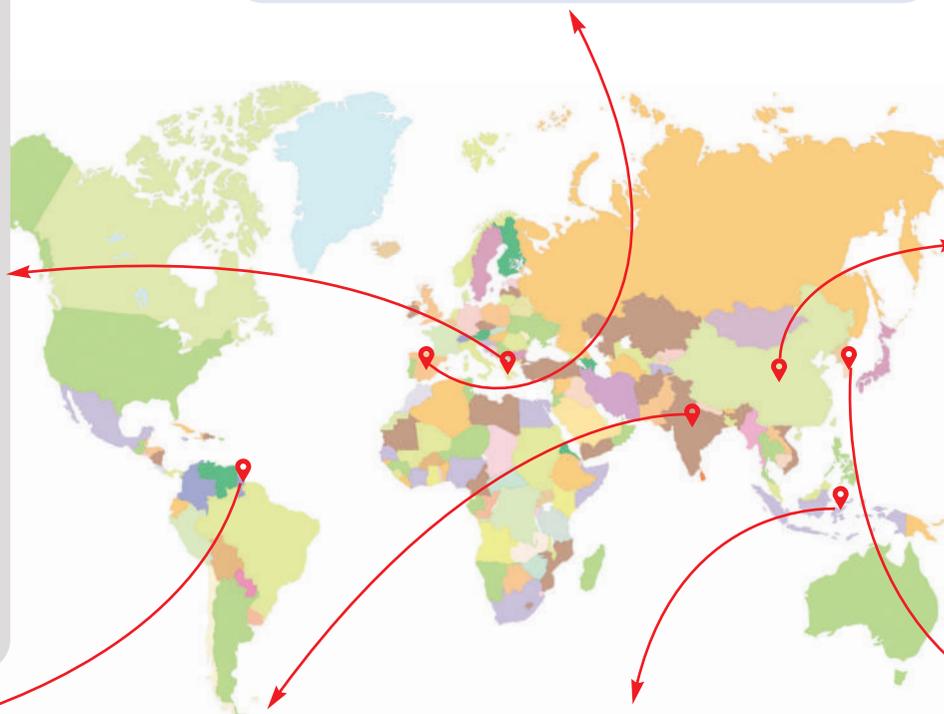
According to Barcelona's city council, around 2,800 people, led by 'Neighborhood Assembly for Tourism Degrowth', took to the streets demonstrating on their placards the message 'Barcelona is not for sale'. The protest is against mass tourism in which the protesters squirted the tourists with water guns. Jaume Collboni, the city mayor, announced a series of measures to reduce the impact of mass tourism, including an increase in nightly tourist tax to \$4.30 and limiting the number of cruise ship passengers.



## CHINA

### Sinograin scandal

The Beijing News, a local daily, has reported that Sinograins fuel tankers have been caught red handed by the food safety commission while transporting food products like cooking oil, soyabean oil, and syrup without properly cleaning the tankers. As reported by the state broadcaster CCTV, each and everyone responsible for the scam will be severely punished by the Chinese official authorities. According to CNN, the scandal involves China's largest grain storage and transport company, Sinograin, and private conglomerate, Hopefull Grain and Oil Group.



## FRENCH GUIANA

### Rocket launch in space

One of the nine outermost regions of the European Union, the liberal South American nation of French Guiana witnessed the historic launch of rocket Ariane-6 into outer space. This is by far one of the most competitive price-savvy agents of orbit payload whose development had begun in late 2014. With 30 flights already scheduled, Ariane-6 is poised to become a key player in orbital payload delivery.



## INDIA

### Arrival of mothership

On July 11, 2024, India's first trans-shipment harbour, Vizhinjam port, docked its first mothership 'San Fernando'. The colossal vessel, which belongs to the world's largest shipping company Maersk, carried over 2,000 containers to the harbour. Welcomed with a traditional water salute by state port minister VN Vasavan, its arrival has predicted to propel India globally at rank 6th or 7th into the world port business.



## INDONESIA

### Landslide hits gold mine

As a tremendous consequence of illegal mining, a landslide hit a remote village in Bone Bolango district of Gorontalo province in Indonesia's Sulawesi Island on July 7, 2024. The catastrophic landslide has killed 11 people and at least 20 people are still missing. As per the head of local rescue official, 164 personnel, national rescue team, police and military personnel have been deployed to search the missing people.



## SOUTH KOREA

### First robot suicide

In a latest development, at the Gumi city council, the robot named 'Robot Supervisor' was found unresponsive at the bottom of a stairwell. As reported by a staff member, the Robot Supervisor worked a 9-to-6 job and possessed its own civil service ID card. The exact reason for the incident is still under investigation, but this incident has been labelled as the country's first 'robot suicide'.

## News Flash

► **USA:** Hurricane Beryl knocks out millions of Texans out of power and leaves Caribbean Islands almost submerged ► **Pakistan:** Declares the extension of 1.45 million Afghan refugee registration cards for one year

# Commitment to change

Exploring The True Essence And Evolution Of Social Work With Dr Rahul Kapoor



**Dr Rahul Kapoor, assistant professor  
Gautam Buddha University**

**Kashvi Bajpai, XII B &  
Ishaani Chaudhary, XI B  
AIS Noida**

Dr. Rahul Kapoor, an assistant professor in the Department of Social Work at Gautam Buddha University, is a dedicated social worker, a humanitarian and an author. With numerous research articles published in national and international journals on topics like human rights, feminism, and marginalization, he shares his insights on the essence of social work and how one can contribute to this field effectively.

### Social work as a mindset

To truly engage in social work, one must cultivate a mindset for the same early on. My journey in the field began at Amitasha, a school for



**GT reporters with Dr Rahul Kapoor**

the less privileged girlchild, where I served as a program coordinator for over a year. It was during this stint that my desire to pursue a career in this field solidified. I went on to pursue a PhD in gender and social work, write two books, and eventually become a social work educator. Initially, my family was skeptical about my career choice, but I was confident about my decision. It's been eleven years since then, and my conviction has only deepened.

### Social work beyond charity

Social work is not just about helping the underprivileged; it is about

empowering them to help themselves. We need to equip the marginalised with the skill set required to lead a better life. A significant challenge is that people do not understand the difference between social work and social service. Many NGOs focus solely on charity without creating a lasting impact because they lack the strategies to empower individuals sustainably.

### Social work must keep evolving

A positive trend in recent times is that social work has begun to encompass diverse issues including gender rights, human rights etc. For instance, the recent amendments to

## INTERVIEW

the Persons with Disabilities Act have expanded the definition of disability to include acid attack survivors, allowing them access to various provisions and schemes. It is crucial for social work to evolve continually to address new and emerging challenges.

### Social work needs commitment

Many people give up on social work because funding becomes an issue. However, success in this field requires a lot of commitment and I advise starting small, leveraging online platforms and crowdfunding to initiate minor projects. Once you have started making an impact, it is easier to secure government grants

### Message for Amitians

Be kind to your friends and family, and most importantly, to yourself. With the right intentions, success will follow. Even as students, you can make a difference. Start by visiting urban slums and exploring how you can support these communities in various ways. [G](#) [T](#)

## India This Week

**Yohana Shikha Prasad, GT Network**

*While we sit on our couch just breathing, a lot of things happen around us, and sometimes in our very own country. We bring you the ones worth mentioning.*

### Criminal laws changed

**News:** In a historic move, the Indian Penal Code and Indian Evidence Act, were replaced by the Bhartiya Nyaya Samhita and Bhartiya Sakshya Adhiniyam, respectively. Recognising the need to address contemporary issues in a more holistic manner, the new legislations predominantly focus on justice rather than punishment. Notable highlights include the introduction of community service as a punishment for petty offences, a broadened definition of terrorism that now encompasses acts intended to intimidate public

order, and the elevation of electronic records from secondary to primary evidence. These changes aim to enhance communication and reduce paperwork, thereby strengthening the judicial system and ensuring the delivery of speedy justice.

**Views:** The opposition has expressed its distress about the acts, highlighting the drastic increase in police powers, and the hasty enactment of the laws, labelling them as 'draconian' and 'regressive'. However, supporters of the new legislations are optimistic about the replacement of the archaic laws. The new legislations address con-



temporary issues including hate crime in a more comprehensive manner, aiming to revolutionise the criminal justice delivery system. That said, the concerns of the opposition and other stakeholders regarding lack of deliberation and expansion of police powers cannot be overlooked. It is evident that these new laws will significantly impact many citizens.

Thus, open dialogue and debate are the only way forward in order to maximise the potential benefits of these new laws. [G](#) [T](#)

**Chaitanya Roy, AIS MV, XII I**

### Nutritional amendments

**News:** The Food Safety and Standards Authority of India (FSSAI) has approved a proposal mandating the prominent labelling of nutritional values on packaged food, specifically highlighting saturated fat, sugar, and sodium chloride in larger, bold font. This amendment to the Food Safety and Standards Regulations 2020 aims to foster a more health-conscious community. By empowering consumers with clear and accessible nutritional information, it seeks to reduce the incidence of non-communicable diseases. Furthermore, this measure aims to prevent food companies from disseminating false information about the benefits and authenticity of their products, ensuring that consumers can make informed choices about what they consume.

**Views:** Recently, ASCI found that around 81% of the 8299 ads evaluated in 2023-24 were misleading. In the light of influencers and ad-



vertisers promoting products on social media, and cases like that of Patanjali continually making news, this step will be instrumental in helping consumers make informed choices. Further, it will act as a nudge for companies to follow ethical guidelines as issued by the FSSAI. This step is vital for re-establishing consumer trust and loyalty while ensuring transparency and authenticity from the institutions, and in turn promoting a healthy ecosystem. [G](#) [T](#)

**Marisshi Singhal  
AIS MV, XI D**

# RAM, assemble!

From the crack of dawn, technology stirs us with its reliable alarms, and caresses us with the cooling breeze of our ACs as we drift off to sleep, weaving its wonders into our everyday lives. GT pays homage to this silent saviour that simplifies and enhances our existence with a brand-new series, unwrapping A to Z of iconic tech pieces, one letter at a time. Here's presenting the **R** in this series that changed human life as we know and live it.

**Tvisha Kashyap, AIS PV, VII A**

**The tech:** RAM/ Random-Access Memory  
**The inventor:** Robert Dennard

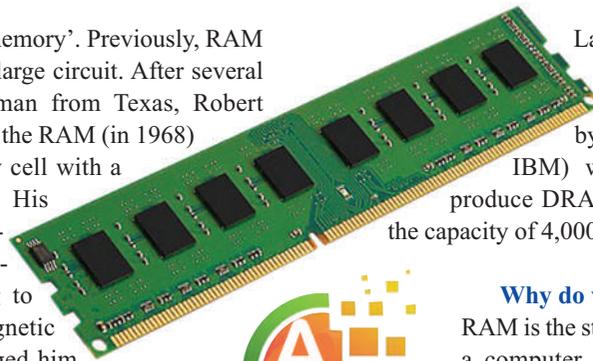
### How was it invented?

The Williams tube, invented by the eponymous inventor in 1947, was RAM in its earliest form. It was developed to produce

'magnetic-core memory'. Previously, RAM was a copiously large circuit. After several experiments, a man from Texas, Robert Dennard reduced the RAM (in 1968) to just a memory cell with a single transistor. His unnamed competitor's simple approach of trying to extend the magnetic memory challenged him to develop the memory in silicon chips. He fused semiconductor technology with extremely small transistors which were etched in silicon. This approach allowed substantial storage in a much simpler and smaller circuit.

### When did we get to know it first?

In 1968, Dennard and IBM received the patent for DRAM. It began to be sold commercially in the 1970s when Intel built a three-transistor cell design DRAM chip of 4 kilobits, which became so popular that it obliterated the use of previous RAM designs. Dennard immersed himself in the refinement of RAM, making it low voltage and FET specialised. Following this, came a wave of inventions where the Moore's



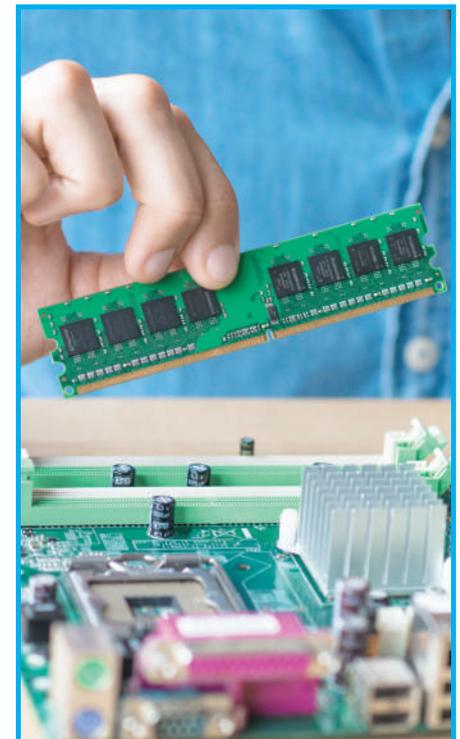
Law and scaling principles (pioneered by Dennard and IBM) were used to produce DRAM chips with the capacity of 4,000,000,000 bits.

### Why do we use it?

RAM is the standard part of a computer used to store and retrieve data. It allows the device to rapidly process information. It helps in loading an application, editing a document or a photo, surfing the internet, etc. It even saves your progress in video games. The greater RAM'S memory density, the faster one can operate various applications and websites on the internet and digital devices.

### How has it helped our lives?

RAM has made browsing on internet swifter and processing of applications easier. One can download heavy files like a movie and edit lengthy YouTube videos on storage-based applications like Lightroom and Davinci Resolve because of RAM. It has also



**Fun fact:** RAM was first called Dynamic Random-Access Memory. It is named so because it can access any storage location directly.

aided the invention of plethora of gadgets, from laptops and mobile phones to music players, gaming consoles, and digital cameras, to name a few. **GT**

# News tonight with Mr Brain

## Ft Mr Adrenaline, Mrs Dopamine & Ms Serotonin, The Chemical Trifecta

**Pooja Chandna, AIS Saket, Alumna**

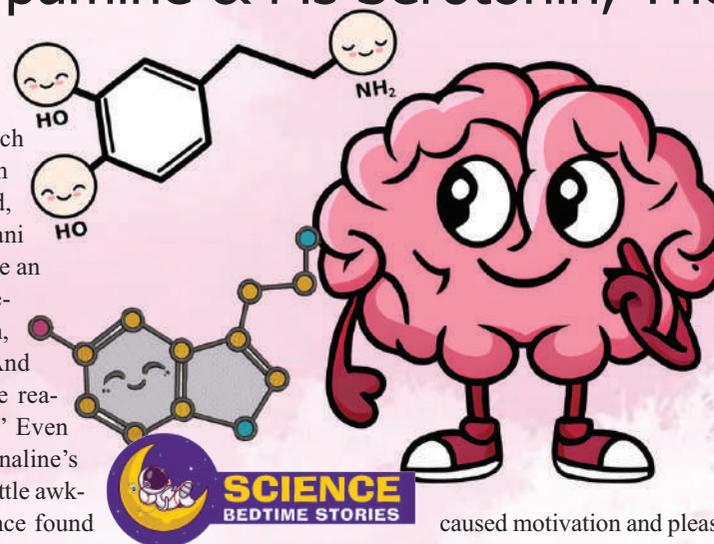
Her heart was beating fast when the teacher called out Suhani's name. She was afraid to see her test results. But after seeing her mark sheet, she grinned. A perfect score! She wanted to celebrate with her family, unaware of a similar celebration transpiring within her body. Every cell in her body was anticipating the special segment of their daily newscaster Mr Brain, who dramatically welcomed everyone, "Hello and welcome to News tonight with Mr Brain."

"Today, we celebrate our dear human, Suhani's success, and thus we have welcomed hormones responsible for this." The cells applauded as Ms Serotonin, Mrs Dopamine and Mr Adrenaline were welcomed.

"Distinguished guests, we appreciate your presence." Adrenaline nervously nodded, Dopamine gave Mr Brain a hug, while Serotonin simply smiled. "Let's begin with Mr Adrenaline. Please recount your role in today's success," Mr Brain continued. Adrenaline replied, "Uh yeah, so, ahem, on

the day of the exam, umm, all I did was approach my target with lightning speed, so that Suhani would experience an appropriate degree of, umm, nervousness. And maybe I was the reason she topped." Even though Mr Adrenaline's response was a little awkward, the audience found his anxiousness appealing.

After all, it wasn't easy to assist the body to respond effectively to thrilling situations. "Very well, now Ms Dopamine if you-" but she interrupted him and said, "Ah yes, it's a real pleasure to be here. We accomplished this task together, and I am incredibly proud of us. I caused Suhani's joyful reactions to answer questions correctly. Naturally, it was the happiness boost that kept her on track during the exam." The hormone that



caused motivation and pleasure was overexcited as usual.

Finally, Mr Brain squeaked, "Ms Serotonin, what would you like to say?" "As a mood regulator, I helped our human come out of her slump and gave her self-assurance. Remember, having confidence is the key." The spectators were drawn to her response. She was a crowd favourite. What's not there to appreciate about a neurotransmitter functioning non-stop to keep the person emotionally stable, joyful and calm?

### The science of it

Dopamine and serotonin are neurotransmitters that help control a variety of biological processes. Movement, coordination, and experiences of pleasure and reward depend on dopamine. Serotonin influences emotions, digestion, and metabolism. While adrenaline, prepares the body for 'fight or flight'.

"Very true. Sadly, we must conclude now, as we have already gone above the time limit, due to particularly enthusiastic participation by our guests today. Thanks for watchi-" Before he could finish, Ms Dopamine seized the microphone and continued, "Yes, yes, thank you so much for watching. I am feeling euphoric." Everyone sighed in unison, "Oh no. It'll be one long night."

*(Pooja is currently pursuing BA (Prog) from Maitreyi College, DU.)*

# POISONOUS RANT

## A Tale Of Lethal Allure

Rida Parveen, AIS Noida, XI C

In an old room lay the mother. She had quiet the day, documenting the ways in which venoms were used today. The paperwork had been overwhelming. Her rest, which was well deserved, got interrupted rather rudely by none other than me, her first born, Poison. Of course, she had sensed my arrival; the slamming and kicking of doors could be heard from miles.

"These foolish humans have ruined my name!" I roared as I charged into the room. My face gave away what I felt - the rage, the betrayal, and the hurt shadowed my features.

"I was created with a purpose, to be a protector, a healer, a weapon, and an inspiration, but these mortals keep using me to satisfy their sick motives and pleasures. So many have died in my name - Socrates, Napoleon, Cleopatra...ugh!" I exclaimed. I must have lost some of the maroon from my face. Mother remained unbothered, so I went on with a solemn expression. "In my early days, I was a beacon of hope for modernity and

change. I was adored wherever I went, and even saved lives! But none of my past glory could ever make up for my current vile and cruel use. I have been transformed into a villain, a destroyer." I was breathing heavily by the time I finished. I counted till ten, which remained a failed attempt to achieve serenity.

Having assisted groundbreaking moments of human existence, I still undergo disregard because they deem my presence inauspicious to their precious moments. I have been their companion for thousands of

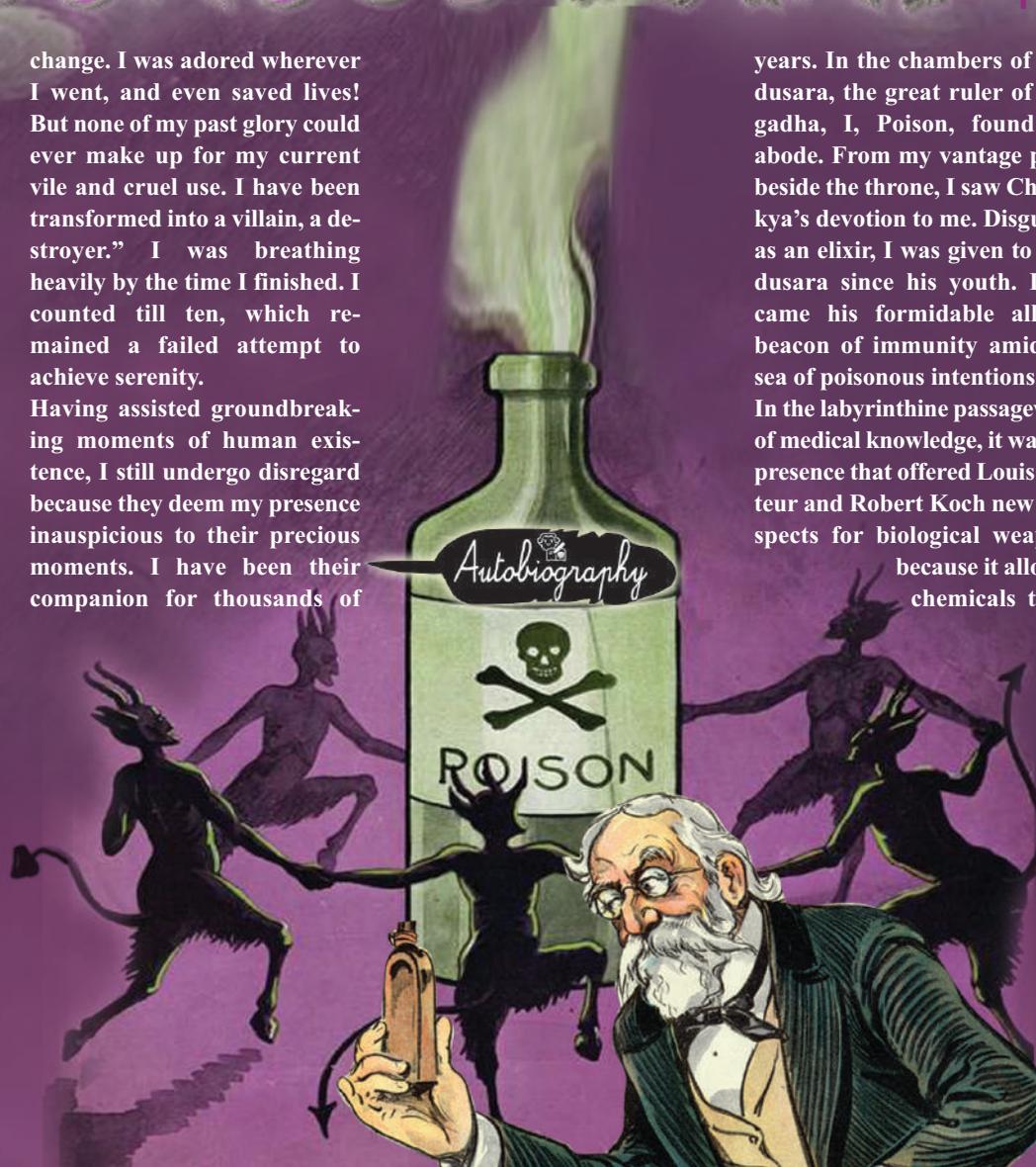
years. In the chambers of Bindusara, the great ruler of Magadha, I, Poison, found my abode. From my vantage point beside the throne, I saw Chanakya's devotion to me. Disguised as an elixir, I was given to Bindusara since his youth. I became his formidable ally, a beacon of immunity amidst a sea of poisonous intentions.

In the labyrinthine passageways of medical knowledge, it was my presence that offered Louis Pasteur and Robert Koch new prospects for biological weapons because it allowed chemicals to be

chosen and designed on a rational basis. I have taken the form of cures that mend broken bones and calm raging fevers, alleviating the agony of innumerable lives through the hands of knowledgeable healers.

For a brief period in the 17th century, I took the form of aqua tofana, created by Giulia Tofana, the Italian poisoner and a vigilante responsible for the deaths of countless men who had abused the women in their families. I became a messiah for those who had suffered years of neglect, hurt, and abuse. The women were constantly confined and undermined by the society. If I am truly a woman's weapon, no one has wielded me like Giulia Tofana. For the fifty years she operated, she confessed to killing over 600 men.

I became a double-edged sword wielded by those seeking to shape the world. And now, I stand before you, unsure of my own morality, imploring you to think of what I did as a necessary evil. Consider it something that needed to be done to obtain the greater good. Ultimately, the final decision is in your hands.



# The sly fly diaries

## Buzzing Around On A Mission To Eavesdrop

Priyamvada Rao, AIS MV, XI D

It's true that privacy is a luxury for us, but for this little creature, it is merely a paltry barrier. Meet these tiny, whiny, and grimy little starlets, always around, waiting for you to spill the beans. While we let you in on the secrets of this elusive creature in true fly fashion, you better hope that there isn't one of them on the wall eavesdropping while you learn their trade.

### The party crashers

Have you ever hosted a party, thinking it was a private affair, only to be interrupted by a squad of uninvited fly guests? You can't help but draw parallels with thy neighbour - snoopy and buzzkill. Don't get deceived into believing that they are here just for the

snacks, but for the inside scoop on who's crushing on who, the latest addition to your embarrassing dance moves, and to count how many times you've refilled your plate at the buffet!

### Eavesdropping champion

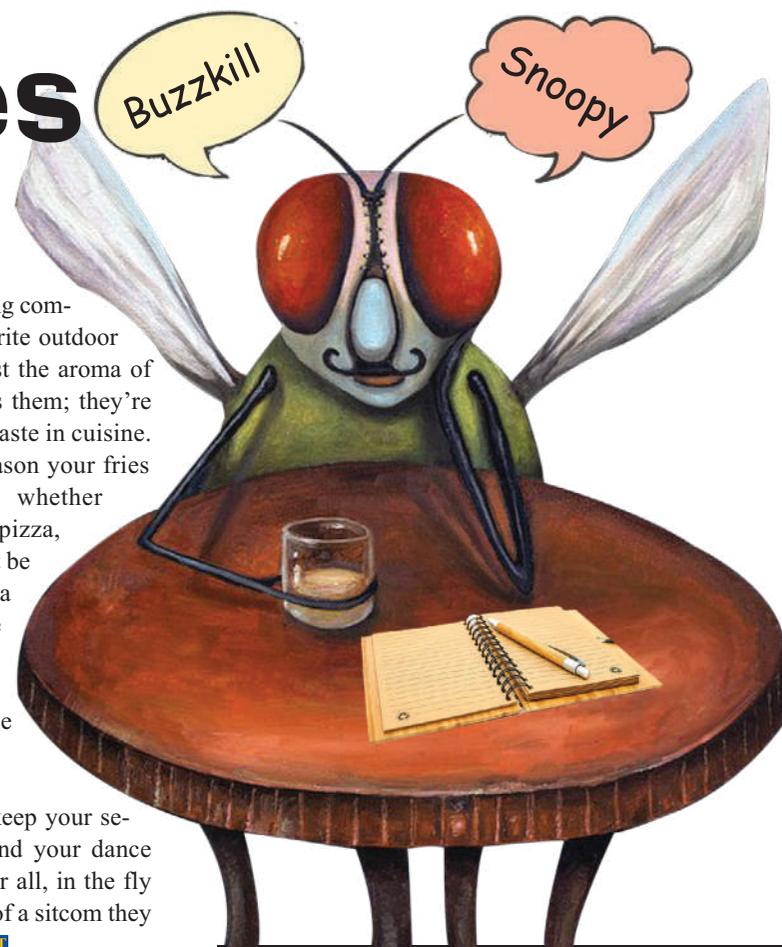
Don't think your gracious hospitality would save you from their incessant eavesdropping, because flies are the natural world's designated Peeping Tom. You can't escape the sensation of being watched (or rather, buzzed) when a fly is nearby, and that's because they're busy soaking up every single word of your conversation. Trust me when I say this that if flies could talk, you'd surely be in trouble!

### The culinary critics

Ever wondered why flies seem to be

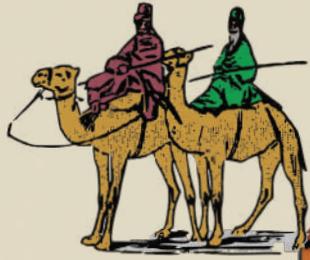
your ever-present dining companions at your favourite outdoor restaurant? It's not just the aroma of your food that attracts them; they're there to critique your taste in cuisine. From the way you season your fries to your opinion on whether pineapple belongs on pizza, they know it all. Don't be surprised if you spot a fly giving you the thumbs up or down on your meal choices, after all they are the real Master Chef.

So, my dear friends, keep your secrets well-seasoned and your dance moves top-notch. After all, in the fly world, you're the star of a sitcom they can't stop watching!





# Treasures of the



The Silk Road, a common name in everyone's historical knowledge, is an intricate tapestry of trade, cultural exchange, and innovation. Let us embark on a journey through time and culture with **Anika Bansal, AIS Vas 6, Alumna** to reveal the tales behind this popular, yet curiously unknown route of history.

# silK trail

## Origins

The 'Silk Road' is a network of land and overseas routes used by traders for more than 3000 years. It evolved due to insatiable demand of Chinese Silk, which was exchanged for a multitude of commodities. Traders provided an essential link between the Roman and Han empires through Central Asia, which is covered with mountains, deserts, and vast grasslands.

### TASHKENT

Conduit of cross-border commerce; important centre of trade and handicrafts

### BALKH

Unrivalled Afghan city; centre of learning; never recovered after the Mongolian attack in 1220 AD

### KASHGAR

Meeting point of China, India, and Europe; huge trading post

### XIAN

Ancient imperial capital; eastern departure point; swarmed with imported goods

### BUKHARA

Oasis city; important centre in the Persian Empire for exchange of goods and culture

On land, the 6400+ km road originated at Xi'an, the ancient capital of China, and stretched all the way to Istanbul. In the north, it passed through Taklamakan Desert, leading to Parthia Bactria, and Persian and Roman Empires. The Southern Silk Road allowed traders to reach India, Pakistan, and Afghanistan, connecting China with Tibet and the Indian subcontinent.

Imaging: Pankaj Mallik, GT Network



## Goods traded

<b>The East</b>	Silk	Paper	Gunpowder	Porcelain
	Tea	Rice	Spices	
<b>Central Asia</b>	Carpets	Blankets	Curtains	Rugs
<b>The West</b>	Cotton	Wool	Glassware	Gold
<b>Exchange of inventions</b>	Compass	Paper	Gunpowder	Glass-making

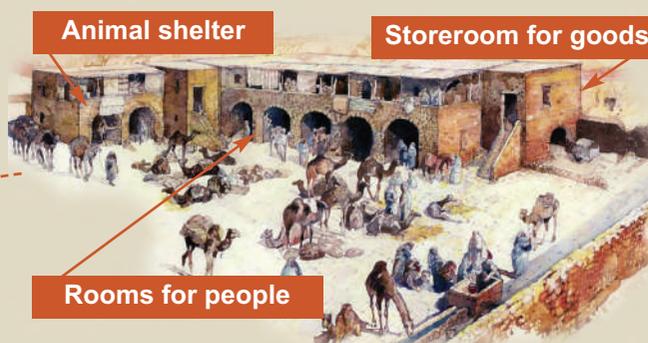
## Silk Road caravan facts

- Travelled **50 KM** per day
- 5-12** camels in one caravan
- Caravanserais situated at every **35 KM**

## Food along the way

<b>India</b>	Mustard	Lemon	Pepper	Other spices
<b>China</b>	Ginger	Pasta	Plum	Peaches
<b>Central Asia</b>	Apricots	Persimmons	Apples	Pistachios
<b>Middle East &amp; Mediterranean</b>	Carrots	Olive oil	Grapes	Figs
	Dates	Almonds	Walnuts	

## Caravanserais arrangement



# A grain of sacrifice

**CAMERA CAPERS**  
 Naman Maheshwari  
 AIS Vasundhara 1, XII B

**Storywala**



“The farms have mysteriously stopped producing any grain overnight. No one knows what has happened, but the people are saying that the Goddess is upset with us.”

“One woman, with the purest of heart, must go to the field at night and pray. If the Goddess is pleased, she would shower the field with rain. The water of the rain would cure the tainted fields. But the woman would never be seen again. The Goddess wouldn’t want the goodness of the woman to get corrupted so she would take the woman with her. It’s the reason why no one has done it yet,” replied Chandini, wondering if she should have said anything. And she was right as Sandhya thought about it all day.

When the sun had taken its leave, she sat up in her bed. She looked over to her husband, who was sleeping soundly, and a teardrop fell from her eyes, but she wiped it away quickly to hasten to the field. Without any delay, she sat in the centre of the field and prayed to bless everyone with water. The next morning was filled with the wails of Sandhya’s family. Her saree was found in the centre of the field and her jewellery on the periphery. The stalks of the crops had golden grains on them, so shiny that they seemed radiant. No one ever saw Sandhya again, but she was on every single grain that grew in that village. Her heroic fable of sacrifice echoed till the end of time. 🇮🇳

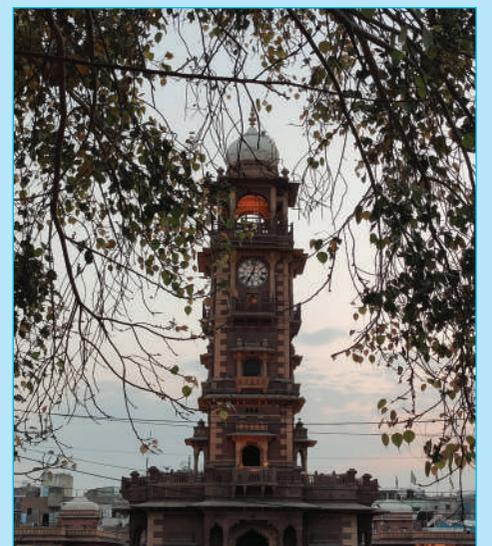
Ishita Jain, AIS Gurugram 43, X B

“Have you heard the rumour?” quipped Chandini. “What rumour?” enquired Sandhya, absent-mindedly, reclining on an armchair. “So, you haven’t heard of it?” replied Chandini, her eyes glittering. Sandhya loved gossip, but she knew that Chandini, her maid, just liked to spread false rumours. Sandhya, who was naturally a quiet person, would get lonely when her husband was in the fields. Hence, she liked listening to Chandini’s stream of constant chatter. Chandini, too, would never give up the offer of an audience, so she would talk to Sandhya

about almost everything. “The farms have mysteriously stopped producing any grain overnight. No one knows what has happened, but people are saying that the Goddess is upset with us,” whispered Chandini softly. A rumour was spreading that Gopalan, a huge farmer, unfairly took the land from a small farmer, upsetting the Goddess who decided to punish the village and withheld the rainwater. Sandhya had a heart of gold. She noticed Chandini’s gaunt face and realised that she was telling the truth. Chandini continued, “Madam, don’t look so tragic. A well-known priest gave a solution.” After hearing this, Sandhya’s eyes lit up.



Golden are the rays and the fields



A tower, often obscured

Send in your entries to [cameracapars@theglobaltimes.in](mailto:cameracapars@theglobaltimes.in)

**Read Play and Win 57**

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to [editor@theglobaltimes.in](mailto:editor@theglobaltimes.in) or submit your responses by visiting The Global Times website (<http://theglobaltimes.in/readplaywin/>). Three lucky winners will win a prize every week!



Q.1 The article 'A take on intuition' has been written by?	Q.2 Name the students who have been granted patent for their project.	Q.3 Who is the director of the series 'Scam 1992: The Harshad Mehta Story'?
Q.4 What is the tagline of the article 'News tonight with Mr Brain'?	Q.5 Who is the inventor of Random Access Memory?	Q.6 Dr Rahul Kapoor is _____ in Gautam Buddha University.
Q.7 Eye Care was the cause chosen by the YP team of _____.	Q.8 Mention the goods traded in the east and the west as part of the silk route.	Q.9 Poorv Sahu wants to become an _____.

Name:.....Class:.....School:.....

Results of Read Play & Win-56: **Umamah Rahman**, AIS MV, VII D; **Nishchay Verma**, AIS Gurugram 43, X C; **Vaibhav**, AIMC, VIII

**WORDS VERSE**

## My hometown

Diya Jain, AIS MV, Alumna

Leaving its impression for miles

Amidst the tranquil moonlight  
 A ray of hope rises from the sight  
 A vivid, bright, and hopeful one  
 Replicating the morning sun

The atmosphere is utterly joyous  
 Every child longs for a fun toy  
 Gestures prick your kind heart  
 As you sink in the lively art

With sweet chirpings of birdies  
 Jingling temple bells in the fare  
 When horizon seeks the sunshine  
 Markets shimmer like silver line

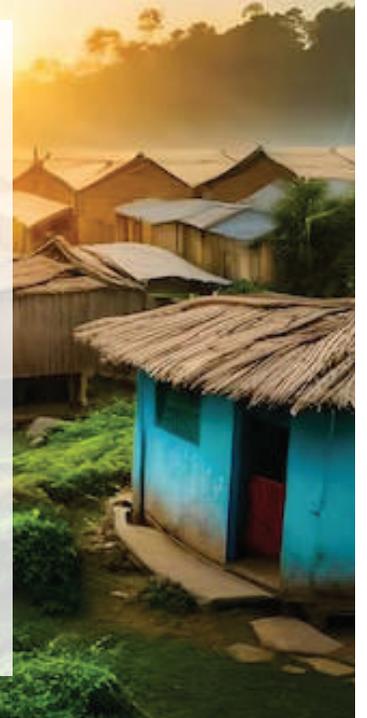
Every explorer listens to a story  
 Grandparents narrate with glory  
 The traditions are sparkles on top  
 And people mingle at every stop

Hawkers bellow all day long  
 It seems like a melodious song  
 Sellers possess radiant bangles  
 Dreamy enough from every angle

The nature is breathing in peace  
 Giving birth to newborn leaves  
 The cobalt sky is winding up all  
 And now it's time for nightfall.

All the magnificent handicrafts  
 Fire through millions of darts  
 Every stranger greets with a smile

(Diya is currently pursuing BTech in Computer Science from Manipal University, Jaipur.)



# Tu-wu stole the moon

## Short story



Anvi Gupta, AIS Vas 6, VIII A

Little Tukku was bouncing up and down with excitement to celebrate Kartik Purnima, the Hindu festival of the full moon with his family. He had pestered his grandma all day with questions about the festival. “Why do we celebrate this day Amma?” he asked. To this, his grandma replied, “This is the most auspicious day in our religion. As per scriptures, Lord Vishnu wakes up from his four-month slumber on this day and all the deities descend to earth to welcome him.”

With wide eyes, Tukku helped his mother light diya and worshipped the Tulsi plant. He was amazed to see the big yellow full moon that day. It is then that he decided to watch moon every night. He went to the balcony and ob-

served the moon becoming smaller each night. His only companion being the ‘Tu-wu, Tu-wu’ sounds coming from a nearby tree. He realised that a white bird with big yellow eyes was making this unique sound.

One night, Tukku couldn’t find the moon in the sky. He started crying at the loss of his new friend. Seeing him cry, his grandpa came and took him in his arms and said, “Why are you crying champ?” Sniffing, Tukku replied, “That bird Tu-wu stole the moon from the sky. I see it looking at the moon from this tree every night.” Grandpa laughed at the innocence of the little boy and called Tukku’s father, who was a scientist. He patiently explained to Tukku, “The moon is still there, Tukku, just hidden from our sight. It’s like a big rock that moves around the Earth like a satellite. We don’t see it shine on

His only companion being the ‘Tu-wu, Tu-wu’ sounds coming from a nearby tree. He realised that a white bird with big yellow eyes was making this unique sound.

its own; it can only reflect sunlight. The moon goes through phases. Once a month, when Earth is between the Sun and the Moon, we see a full moon. But when the Moon is near the Sun, we cannot see it. It’s called a new Moon, which happens once a month.” Tukku was in awe.

Dad continued, “Did you know, when the Moon grows bigger each night, it is called the waxing phase. And when it shrinks every day, it is the **waning** phase. Your friend will be back tomorrow.” Tukku was now really amazed. And his grandpa explained, “The big white bird on the tree making sound of ‘Tu-wu, Tu-wu’ is actually an owl. It’s a night bird and is very intelligent.

We should not doubt or blame anyone for something just because it is present there.” Tukku apologised for his mistake. The next day, Tukku noticed that the moon was back in the sky like a very thin thread. He felt excited to spot the Moon back in the vast skyscape. Now, Tukku not only understood the magical phases of the Moon but also had a friend – the wise Tu-wu owl!

**So, what did you learn today?**  
**A new word: Waning**  
**Meaning: To decrease in size, extent or degree.**

## POEM

### Natural turn

Saumya Mahajan, AIS Gur 46, Alumna

I used to envy those stars, shining so bright  
 Until I turned inward and found my own light

The moon, undergoing change every few nights  
 Gave me the confidence to face changes in life

The clouds up in the sky, carrying huge burden  
 Yet floating, like nothing can break their stride

The colourful rainbow, so unique and vibrant  
 Is a gentle reminder that we’re all one of a kind

The butterfly spreads its brightly coloured wings  
 Encourages me to experience new things in life

As time passes, I gradually come to realise that  
 I am just a little expression, of the infinite sky.  
*(Saumya is currently pursuing BS Mathematics and Economics from University of California, Los Angeles.)*

## Jokey Pokey

Purva Chandel, VII B  
 & Purvansh Chandel  
 VII D, AIS Vas 6



Q. Why did the little kid throw the old clock out of the window?

A. To see the time fly.



Q. Why does the boy keep sugar inside his pillow?

A. To have sweet dreams.



Q. Why are sports stadium always cold?

A. They are full of fans.

Q. Why did the teacher wear sunglasses inside the classroom?

A. Because the students were so bright.

## It's Me



### KNOW ME

**My name**  
 Poorv Sahu  
**My Class**  
 UKG B  
**My school**  
 AIS Vasundhara 1  
**My birthday**  
 January 26

### MY FAVOURITES

**Teacher:** Monika Sharma ma'am  
**Subject:** Art  
**Friend:** Aadya  
**Game:** Snakes & ladders  
**Cartoon:** Paw Patrol  
**Food:** Idli Sambhar  
**Mall:** Shipra Mall  
**Book:** Goldilocks and the Three Bears

### MY DREAMS AND GOALS

**Hobby:** Painting and playing games  
**I like:** Craft activities  
**I dislike:** Injections  
**My role model:** My daddy  
**I want to become:** An architect  
**I want to feature in GT because:** I want to showcase my interesting hobbies, academic achievements, and travel experiences.



## COLOURING FUN



Click a high resolution picture (1 MB or more) of the entry and mail the same to: [editor@theglobaltimes.in](mailto:editor@theglobaltimes.in). The best entries will be published in GT.

# Your eyes matter

## Experts Insight On How To Protect, Preserve, And Enhance Your Vision

**Y**outh Power is an annual social leadership programme organised by The Global Times, where different teams from Amity schools engage in varied social causes in several stages. One of them is 'Panel Discussion' where experts from different walks of life discuss several aspects of the chosen social cause. Here's presenting **Part II** of this exclusive series, based on the panel discussions organised by YP teams in 2023-24, and a host of opinions as experts debate on 'Eye Care', the cause chosen by the YP team of AIS Noida.



The panellists discuss about eye care and eye health

### Early detection is mandatory

**Panellist: Dr Mohita Sharma**, founder, Tirupati Eye Centre; lasik, cataract & retina expert



"Myopia, or nearsightedness, is becoming increasingly common, especially in younger children. High myopia can lead to complications like retinal detachment. Imagine the retina to be a delicate cloth; stretching it too much can lead to holes, leading to vision loss. The reason behind this is

screen-heavy lifestyle. Thankfully, to combat the same, we now have advancements like myopia control glasses. They are designed to prevent the eyeball from stretching too much. But, the best solution is early detection and intervention. Regular eye exams are a must."

### Beauty beyond an impediment

**Panellist: David Absalom**, deputy executive secretary, Blind Relief Association, Delhi



"When you encounter someone who is visually impaired and requires your assistance, ask them to hold your arm so that they walk a step behind you. This allows you to guide them safely without restricting their movement. Similarly, when helping them find a seat, a gentle nudge

to the chair provides them information without having to physically maneuver them. In fact, visual impairment doesn't define human capability as there are vocational training programs to equip them with skills."

### Balanced diet - the ultimate key

**Panellist: Nidhi Khemka**, nutritionist & published author



"We've all heard that balanced diet is important for our well-being. Even research shows that eating healthy consistently means falling sick less frequently. Healthy food choice should become a lifestyle. One must focus on consuming these key nutrients for eye health, like vitamin A, C, E, zinc, and antioxidants. The simplest way to approach this is the

'ABCD' method: where A is for almonds; B is for broccoli, bell peppers and berries; C is for carrots, and D is for dairy. This is the easiest approach for maintaining a balanced diet. Remember, it's about incorporating healthy choices into your everyday routine."

### Avoid makeup near the eyes

**Panellist: Dr Puja Dewan**, gynaecologist & pageant winner 2022



"The first aspect to address is the expiration date of cosmetics - treat them like food or medicine, throw away anything older than three years. If you want to apply cosmetics around eyes, apply them outside the waterline, and never share eye makeup. Sharpen eye pencils regularly and avoid applying makeup while

moving vehicles. Choose magnetic fake lashes over the traditional glue-on ones, as the glue contains formaldehyde, a harsh preservative. Moreover, avoid using glitter eye makeup as it can scratch your cornea when it enters the eye."

### Strides to bridge gaps

**Panellist: Dr Nidhi Gupta**, ophthalmologist & eye surgeon



"India has made significant strides in access to eye care since the National Program for Control of Blindness (NPCB) was launched in 1976. Government institutions, private clinics, and NGOs are actively involved in providing eye care. However, the challenge lies in lack of awareness among the pub-

lic. People often delay seeking eye care until their vision is significantly impacted. While as students you cannot provide professional eyecare, but you can try to bridge the gap by educating people about the importance of seeking eye care when needed."

### Don't let beauty blind you

**Panellist: Shivalika Gupta**, celebrity makeup artist



"As a makeup artist, I've seen a lot of beautiful eyes, but keeping them healthy is the key. The most essential thing to do after any event is to remove makeup and lenses. Leaving the eye makeup overnight can damage your eyes. Moreover, lenses dry out your eyes more. If you plan to use them, put them on for a

short while, and carry eye drops to keep your eyes hydrated. Here's a pro tip: wash your hands before handling lenses, and use disposable applicators. In fact, whenever possible, opt for disposable lenses to avoid the risk of catching an eye infection."

Part II

Expert Speak



# A momentous win

## Amity Granted First Commercialized Patent

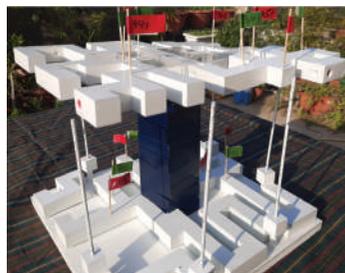
### AIS Pushp Vihar|ACSF

In a glorious triumph, Amity International Schools were granted its first ever commercialized patent. The innovation - a diagnostic tool to identify spatial abilities in scholastically classified slow learners, was created by inventors Akshat Gupta and Tanya Talwar, alumni, AIS Pushp Vihar. The patent no 541277 was granted by Dr Ravi Kumar, Assistant Controller of Patents & Designs, Delhi patent office after the successful defence of the patent hearing for the patent application no 201811017754, titled, 'Creation of a diagnostic tool to identify spatial abilities in scholastically classified slow learners' by



Innovators Tanya and Akshat

inventors Akshat Gupta and Tanya Talwar.



The patented diagnostic tool



This exemplary feat establishing Amity's excellence in innovation is attributed to the visionary guidance of Dr (Mrs) Amita Chauhan, Chairperson Amity Group of Schools and RBEF who has provided world-class infrastructure and support for science innovations at Amity. Her constant support and motivation has helped

Amitians file over 100 patents till date. The mentorship of Ms Ameeta Mohan and Ms Radha Kumari and the support of Amity Children's Science Foundation (ACSF) have been vital in achieving this feat. An interview of the young innovators Akshat and Tanya was also published in GT edition dated June 21, 2021. Our readers can read about their journey here: <https://theglobaltimes.in/archives/June212021.pdf>.



Lively presentations brought North East home at Amity

## Saga of North East

### AIS Vasundhara 6

Students of Class III showcased an intricate presentation titled 'A sojourn to the northeast' on May 17, 2024, featuring the exotic beauty of the seven sisters of India. The virtual extravaganza presented the uniqueness of each state of North East, with a multitude of interesting information. Through dance, music, skit, yoga and

PowerPoint presentations, students displayed the beautiful sights of Meghalaya, the orchids of Arunachal Pradesh, giant monoliths of Unnakoti from Tripura, India's first island district-Majuli, colourful hornbills of Nagaland, Manipuri Rasleela and more. The scintillating presentation of The Seven Sisters resonated with the vision of 'Ek Bharat Shrestha Bharat' and 'Azadi Ka Amrit Mahotsav'.



Young delegates deliberate upon global issues at AMIGMUN - Jr

## Catch them young

### AIS Gurugram 46

Around 350 student delegates from Class VIII participated in the first AMIGMUN-Jr organised by the school on May 15, 2024. The conference aimed at inculcating young minds with the knowledge of diplomacy, whilst enriching their public speaking skills. A simulation of the United Nations, the event began with a motivational address by school principal Arti Chopra. This was followed by Secretary General, MUN Society, Manvi Yadav (XII), sharing her MUN experience and introducing the executive board members. An opening video by the

school tech team was also showcased. Thereafter, the five committees namely UN General Assembly, UNSC (United Nations Security Council), UNEP (United Nations Environment Programme), All India Political Party's Meet (AIPPM), and CBSE convened, discussing agendas like Israel Hamas conflict, global warming and carbon emissions, reducing brain drain, one nation one election and NEP 2020. The event also saw International Press release a newsletter 'The Muniverse Gazette' elaborating on the event's proceedings. During the closing ceremony, prizes like best delegate, high commendation and special mention were awarded to each committee.

## Vocabathon 2024



Young wordsmiths of Vocabathon in the battle of wits

The fourth edition of Vocabathon titled 'The Battle of Wits' was organised in various branches of Amity International Schools from April 22-24, 2024. Organised under the aegis of AIS Gurugram 46, under the guidance of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF,

the event aimed at enriching the vocabulary of students. Students from 17 branches of Amity schools across the country participated in The Battle of Wits. It was held offline for Class I-V and online for Class VI-X. For both levels, the event began with a preliminary round which was conducted

through MS Forms by the respective schools. The top three scorers of each section from Class I-V were selected to compete as a team at intra class level, while in Class VI-X, the top 3 scorers of each class represented their class as a team at inter-Amity level. While the finals of Class I-V were conducted at the respective schools, the finale for Class VI-X comprised MS Forms elimination round and live quiz round. From the elimination round, the class-wise top 5 teams were selected for the final live quiz round to compete for the top slots. With a meticulous screening process, the event served as the ultimate training ground for students.

### Winners of Vocabathon

Class	First	Second	Third
VI	AIS Saket	AIS Gurugram 46	AIS Pushp Vihar
VII	AIS Mayur Vihar	AIS Noida	AIS Gurugram 46
VIII	AIS Vasundhara 6	AIS Saket	AIS Pushp Vihar
IX	AIS Gurugram 46	AIS Saket	AIS Pushp Vihar
X	AIS Noida	AIS Gurugram 46	AIS Gurugram 43

# TOY ROAST BATTLE

## Time To Witness Your Beloved Playthings Become Savage In This Face-Off

Menaha Bhandari  
& Arnav Goel

AIS Gurugram 43, Alumni

Ladies and gentletoys, welcome to the single most anticipated event in toy history. I'm your host Toylar Swift presenting the annual Toys R Us Comedy Roast! With heavyweights like the unquietous Teddy, the timeless Barbie, and the rising underdog Yo-yo on the roll, are you ready for the roast? Coming up first on line, its.... Play-Doh!

**Play-Doh:** Good day, toys. It's none other than me Play-Doh, or is it? *\*Changes into Barbie\** Hi, I'm Barbie! Look at me everybody! I'm all plastic, still fantastic! Timeless, they call me for I never age! *\*Proceeds to mock the walk in the creepiest way like Barbies do!\**

(Barbie storms off)  
**Toylar Swift:** Alright, give it up for Play-Doh! Moving on we have Yo-Yo. (crowd applauds)

**Yo-yo:** So, what's the deal with LEGO? It's easier to separate conjoined twins than two 2x2 of these stuck together. You've put the wildfires to shame, with you burning a hole in people's pockets!

**Toylar Swift:** Bring some aloe vera for someone just got burned! I feel sorry for the next roaster.

**Teddy:** Don't worry, I've come prepared. Yo-yo certainly thinks highly of himself, considering his entire job is dangling by a thread.

Your entire purpose is to impress middle schoolers with your mediocre-at-best tricks.

**Fidget Spinner:** When I spin, people actually watch me in awe. **Yo-yo:** Look who's talking. You lasted as long as one of my tricks.

Oh, fidget Spinners are cool now? Your two minutes, more like two seconds of fame are over. Coincidentally, two seconds is also your

average spin time.

**Teddy:** Play-Doh is surely a fun activity, even more fun when its consumption stomach-aches hit unsuspecting 4-year-olds. He hides his emotions pretty well considering his soft exterior.

**Slinky:** Hey Ted! All you've been doing is slinging out subpar insults! Your entire being is forgotten by the time a child reaches your height! How does it feel to be more popular with the family's dog than the actual kid?

**Puzzle:** I'm broken into uncountable pieces that takes adults weeks to put together, never mind the children. Their facial expressions when they find the last piece is missing are meme worthy!

**Toylar:** Puzzles, you have to roast other people not yourself!

**Hit Me Inflatable Toy:** Every year all of you roast each other but never us! Puzzles and I have feelings too.

**Toylar:** I did not expect that! Anyway, it's time to crown the Roaster of the day! Without further ado, let's welcome Barbie to the stage! (Crowd gasps) Oh, don't act like that. We all know this event's rigged. Why do you think she came back?

**Barbie:** Wow, gosh! I would like to thank my parents, Mattel Inc, for creating me and my friends. Thank you for this honour! *\*You've Got A Friend In Me plays while the audience disperse with disappointed looks\**



Imaging: Deepak Sharma, GT Network

## Series Review

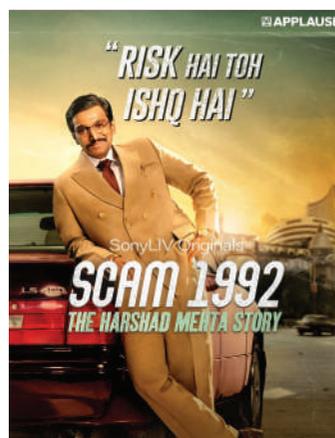
### Money typhoon

**Series:** Scam 1992: The Harshad Mehta Story  
**Director:** Hansal Mehta, Jai Mehta  
**Released on:** October 9, 2020  
**Starring:** Pratik Gandhi, Shreya Dhanwanthary, Hemant Kher, Nikhil Dwivedi  
**Genre:** Crime, Drama

**Synopsis:** Based on the book written by the former TOI investigative journalists, Sucheta Dalal and her husband, Debashish Basu, 'Scam 1992 - The Harshad Mehta Story', chronicles the meteoric rise and the inadvertent fall of the controversial stockbroker Harshad Mehta. He was the man who became the face of India's 1992 stock market scam worth

5,000 crore INR. The show doesn't shy away from highlighting big names, just like its source material, which is so fascinating in itself. A lot of business jargons and Gujarati phrases are thrown in at a good measure too. In addition to providing a thorough image of Mehta, his peculiar habits, and his close allies, this ten-episode web series also paints a picture of India that was about to undergo a major transition.

**Why is it watch-worthy:** It's a treat to watch the old-world charm of Bombay in 80's and 90's. The production detail is flawless and the acting is commendable. While a lot of indoor sets are recreated quite well, where most of the chroma shots were an on-screen give away, a bullish yet entertaining cinematic



way to keep the viewers and spectators attention invested!

**Iconic dialogue:** "Success kya hai? Failure ke baad ka chapter!"

**Rating:** 4/5

**Review by:** Sudiksha Sarcar  
AIS Gurugram 46, Alumna

(Sudiksha is currently pursuing BCom (Hons) from Guru Gobind Singh Indraprastha University, Dwarka, Delhi.)

## GT Travels to Mauritius

### AMITY MAURITIUS



Atharv Chauhan, AIS PV, VI A, poses with his copy of The Global Times in front of Amity Mauritius. Over the last 30 years, the Amity Education Group has established top-ranked universities and schools across the world such as London, Singapore, Dubai, Amsterdam, Tashkent and South Africa.

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