

Status of the week
 Originality is the reflection of beauty... beauty is summation of all the parts working together, where nothing can be added, removed or altered...
 Arjun Khanna, AIB

INSIDE

 Water everywhere, P 4

 From US to India, P 6

 Punish in style, P 7

AMITEpoll
 Love can be best expressed with
 (a) Rose
 (b) Gifts
 (c) Quality Time
 To vote, log on to
www.theglobaltimes.in

POLL RESULT
 for GT issue January 30, 2012
Who should decide the punishment in the school?

 Results as on February 3, 2012

Teacher
bhi kabhi
student
tha

Punishments yesterday or today may differ in methodology but the goals remain the same.

You are not the only ones who deal with the wrath of punishments. Your teachers have been at the relieving end too. It's time to know the lessons they learnt...

Bhawna & Pratiti, GT Network
 Punishments...the most hated word in the school vicinity. But, this word is not a newbie in the school premise. It has been there forever, even when your teachers took to the other side of the table, seated as prim and proper students. If their punishments seem too much, maybe an insight into what they have been through would make you feel a little better.
 The punishment that I still remember was given by my accounts teacher, who made me write the entire chapter for not answering a question. For the next two years, I never gave him a chance to reprimand me and excelled in the subject.
Richa Chandana, Teacher, AIS PV
FOOTNOTE: Hardwork benefits

Nobody could dare to sneak in the corridor where the Principal's office was. As a latecomer to school, I was directed by the guard at the gate to enter the building from the same corridor. Confronting the students and teachers staring at me with questioning eyes was embarrassing.
Vandana Seth, Teacher, AIS MV
FOOTNOTE: Why invite the stares?
 I belonged to one of the naughtiest classes in school. Someone in the class burst a cracker and a desk exploded. The entire class was suspended for a day. Since that day, everyone in school, would address us as the class that was suspended. It was embarrassing, but we had our lessons in place.
Shweta Ahluwalia, Teacher, AIS G-46
FOOTNOTE: You know the consequences for this one.

I was perhaps in class VI or VII when I went up to my English teacher. While talking, I put both my hands on the teacher's table and in a moment she slapped me really hard. I was zapped and didn't know what happened. Then, she explained to me how ill mannered it is to keep both hands on any teacher, or any senior's table. I still remember her words.
Sumedh Kapoor, Teacher, AIS Saket
FOOTNOTE: Thank your stars, physical punishment is banned now.
 As a punishment for littering the ground, we had to pick up everything from the ground and collect at least 50 toffee wrappers per person. Not realizing that the idea was just to clean the ground, we got into a competition. I even remember some students eating the toffees they had in their pockets so they could increase the number of wrappers. Now, I can't stop laughing every time I think of it. It was indeed a nice way of teaching us.
Shalini Aggarwal, Teacher, AIS Gur-43
FOOTNOTE: Punishments can be clean too!
 We all had to prepare a poem – The Daffodils, which I didn't. My teacher, asked me to conduct the next class on the same poem, as a punishment. A little worried, I practiced the poem as many times as I could. When I took the class, it went off brilliantly. It was then that my teacher realised that I was a good orator. And for the next few years, I won the best orator award in my school.
Sudhi Bhatia, Teacher, AIS Vas-6
FOOTNOTE: Saza me bhi maza hai!

To be or not to be

Should punishments be given? If yes, then to what extent should it be implemented? Do the punishments really help achieve their purpose ie rectify faulty behavior? Or do they only leave the recipient with sour memories? GT seeks an answer to such questions as do many other students.

Treat children with dignity

Vineet Joshi, Chairman , CBSE
 No school, under the guise of enforcing discipline, should mistreat any student or parent. This must be strictly observed and enforced, not withstanding any eternal pressure. Schools are ideological institutions, not factories. They must treat children as sensitive individuals who need to be protected at any cost. The schools need to be aware of the sensitive and impressionable nature of the minds of school children, and must ensure that all students, irrespective of differences in physical, social and economic status or being differently-abled, are dealt with in a dignified manner.

Mohina Dar
 Senior Advisor,
 Amity Group of Schools

Meenu Bhargava
 Counsellor,
 AIS Vasundhara-6

The word punishment itself should be abolished because it has a negative connotation. Punishment should never be the first choice. Instead, it should be the last resort. The child should be given sufficient warnings, which should be accompanied with counseling so that the child has a fair chance of rectifying himself. Punishments should not be given to teach the child a lesson, but work as corrective measures. A child must know why he is being punished in the first place. The punishment should, under no circumstance, humiliate the child and affect his/her EQ. Instead, the child could be denied something s/he loves, as a punishment. For instance, if a child has not been finishing his assignment and loves music, he could be detained during the music class to finish the pending assignment. Or, the child could be given community service that would not just make him realize his mistake but also make him more compassionate. If a child has been making a mistake repeatedly, one must try to ascertain the cause of such behaviour. Sometimes, there are factors beyond school that could be responsible for the child's misconduct. Besides, if we are giving punishments, we must also give rewards. If a child has been punished on grounds of misconduct, he must also be rewarded for good behaviour. Sometimes, a pat on the back is all a child needs.

Punishments are important as they help rectify wrong behavior and keep a child on the disciplined track. The concept of 'No Punishment' just does not work, especially in cases of high risk behaviour such as bullying, violence, damage to school property, substance abuse and the like. The severity of the punishment should be based on the magnitude of the mistake. Punishments help set limits, which not just inculcates a sense of responsibility in the child, but also helps develop a balanced personality. However, before meeting out a punishment, one must try to know the exact cause of misbehavior. Sometimes, a child may be troubled with a disturbing atmosphere at home or maybe dealing with psychological issues. Also, one must remember that the same punishment may not work for every child. A punishment should be given in accordance with the behavioural pattern of the child. Being too lenient or too strict, with a child could put him/her into severe difficulties in his later years. It is for this reason that a balanced approach on part of the authorities as well as parents is a must. While punishments can be used as a limit defining tool, one must remember that children learn more from observation than anything else. The authorities must practice what they preach in order to rule out any possibilities of error or misconduct.

Poem
Let us remember
 Let us remember if a child lives with CRITICISM,
 He learns to CONDEMN.
 If a child lives with HOSTILITY,
 He learns to FIGHT.
 If a child lives with RIDICULE,
 He learns to be SHY.
 If a child lives with SHAME,
 He learns to feel GUILTY.
 If a child lives with TOLERANCE,
 He learns to be PATIENT.
 If a child lives with ENCOURAGEMENT,
 He learns to be CONFIDENT.
 If a child lives with PRAISE,
 He learns to APPRECIATE.
 If a child lives with FAIRNESS,
 He learns JUSTICE.
 If a child lives with SECURITY,
 He learns to have FAITH.
 If a child lives with ACCEPTANCE,
 He learns to find LOVE in the world.
 Shall I stand before thee face to face,
 Where the mind is without fear.

WORLD NEWS

Come on board for a news over drive as GT brings to you news and views from across the globe uncensored

US

A Cadillac hearse that carried the body of former US president John F Kennedy, following his assassination in Dallas was sold for a whopping \$160,000.

UK

The landmark clock tower containing Big Ben at Britain's Westminster Palace is tilting. Media reports suggested that the mother of all parliaments is slipping into River Thames.

Egypt

Tens of thousands converged in Cairo's Tahrir Square on January 25, 2012 to mark the first anniversary of the uprising that toppled Hosni Mubarak, as debate raged over whether the rally was a celebration or a second push for change.

Iran

The new indigenously built spy plane and satellite by Iran are slated to get operational next month. The new "maritime patrol aircraft" would keep a tab on the country's coastlines. The new satellites are intended to help Tehran's space program in exploration of the cosmos.

China

China's birth rate is expected to hit a record high in 2012 (the Year of Dragon as per Chinese Zodiac) as young couples are rushing to have what is regarded as a 'golden dragon baby'.

N. Korea

North Korea has warned its citizens against using cell phones inside the country, saying anyone caught talking on mobile would be branded as "war criminals" and punished.

Myanmar

The Myanmar leader Aung Suu Kyi began her poll campaign at Yae Phu village. Suu Kyi is running for the parliament and wants to amend the constitution drafted by Army.

India

- India ranks a lowly 125th in addressing pollution control and natural resource management challenges while Switzerland takes the top spot, according to the 2012 Environmental Performance Index.
- India displayed its military might during the 63rd Republic Day celebrations at Rajpath, New Delhi.

College Campus

University Buzz



Road to Reform

The first of its kind competition on legal reforms saw budding lawyers from across India suggesting legal route to empowerment

D

ecriminalization of politics and electoral reforms were some of the issues that were eloquently debated during the valedictory function of competition on legal reforms organized by Amity Law School (ALS) on January 20, 2012.

The budding legal professionals from various prestigious law schools suggested unified elections for parliament and assembly apart from recommending more financial independence for the Election Commission. They also proposed making the source of donation received by political parties' public and an annual audit by Comptroller Auditor General (CAG) to keep a check on them.

The event saw Vivek Tankha, Addl. Solicitor General of India and Rahul Dev, CEO & Editor in Chief, CNEB sharing their views on the topic and emphasizing the need for youth to become active stakeholders in the current democratic setup.

Asserting that it was important for laws formulated by the judiciary to come into immediate action Tankha said that there was a dire need to put an end to malpractices followed by political parties. He also highlighted the far reaching consequences of movements like those initiated by social activist Anna Hazare. He laid stress on the need to respect democratic values and strongly opposed criminalization of politics.

Condemning the criminalization of politics, eminent journalist Dev said the country needs fearless leaders like former Election Commissioner T N Seshan, who do not shy away from introducing electoral reforms. He said it was important for people to strictly adhere to law so that the world's greatest democracy could function smoothly.

The event concluded with Gen Nilendra Kumar, Director, ALS congratulating the participants. He said the insight provided by the students would be sent to the parliament library and law commission. The competition saw ILS Pune emerging the winner.

Envision: Amity's green warriors

Amitians pledge their sovereignty towards environment by setting up club Envision

Vignesh J

Amity School of Communication

"Every time I have spent some moments on a seashore, or in the mountains, or sometimes in a quiet forest, I think this is why the environment has to be preserved."

— Bill Bradley

An avid desire to restore the lost glory of Mother Nature has brought students and teachers of Amity Institute of Environmental Sciences (AIES) together to set up an ecology club in Amity University, Uttar Pradesh under the name 'Envision'.

Soon after its launch, the club kicked off its operation on December 21, 2011 by holding an awareness program to sensitize people about the importance of conservation under the guidance of Prof J C Kapoor, Director, AIES. The program saw Maj Gen (Retd) K J Singh, Vice Chancellor AUUP and Dr Balvinder Shukla, Pro VC (A), AUUP pledging their support to the cause.

"The club believes that conscious efforts are needed to tackle pollution and other eminent threats to the environment. It would be possible to build a cleaner, safer and greener planet only if we firm our resolve to conserve water, reduce pollution and greenhouse gas emissions that cause global warming," Richa Dave, an active member of the club said.

They also appreciated the efforts of the department to raise awareness about the issues afflicting the environment and humanity in general.

The program marked the beginning of activities like JAM, debate, quiz, best out of waste, poster making etc to promote conservation and environmental awareness. A host of activities related to environment were also held to draw the attention of the youth towards the cause and to encourage them to do their bit for mother earth.

(Those interested to join the club as members can mail their details at jkalucha@gmail.com)

Global Education

Lon W McDaniel, Principal, Amity Global Schools, elucidates how a global degree can propel you towards a bright future



Global career:
Lon W McDaniel

GT: Why should an Indian student study at AGS?

LMcD: An IGCSE/IB diploma is like a magic key that opens educational doors around the world. Both our boards concentrate on skill-based learning. We analyse, discuss, compare and contrast. We never ask “when did it happen,” but rather “why did it happen.” Facts are used to explain and compare. And we don’t allow more than 25 students in

IGCSE and 20 students in IB classes, which ensures personalised attention.

GT: What is the system of grading like?

LMcD: Final exams in grades 10 and 12 are sent to external examiners in other countries; however, about 20% of the IB course content is graded by our teachers through ‘internal assessment projects’. A sample selection of these projects is then sent for external moderation by IB experts, and if the moderator so wants, all the assessments are sent for checking.

GT: How good/effective is this?

LMcD: It’s great! Teachers and students work together to reach the best grades. All our teachers are IB-certified. During the past 15 years, the IB Diploma has become the single most appreciated High School degree worldwide. Universities fight to get good IB graduates, often offering 100% scholarship. At present, one of our AGS graduates is doing a 4-year university degree with full scholarship, and is even guaranteed a teaching position for 2 years in the same university upon graduation.

GT: How are subjects chosen in IB?

LMcD: There is a lot of flexibility in subject choice. Take math for example,

there are three different ones to choose from: ‘high level’ maths for whiz kids, ‘normal’ maths and ‘math studies’, a basic course for those who don’t like math! If you want to go to medical school, we can ‘package’ subjects that allow you to do so. If you have a special university education in mind, we can help you choose subjects accordingly.

GT: Can IB graduates get into Indian Universities?

LMcD: Most universities in India accept IB graduates. For more information log on to www.amityglobalschool.com.

GT: The results for IB come out in July by which the DU admission process is already over— isn’t that a problem?

LMcD: Not at all. Universities accept applications based on predicted grades. Students just need to send a copy of the final grades after they arrive. 🇮🇳

Amity Global Schools An Overview

Branches

AGS Gurgaon, AGS Pushp Vihar, AGS Noida

Boards Offered

- The International Baccalaureate Diploma Program (IBDP), Geneva Switzerland
- International General Certificate of Secondary Education (IGCSE) from University of Cambridge, UK

Highlights

- A two-year comprehensive and challenging program of study

for Grades XI & XII (equivalent to CBSE/ICSE)

- Recognized by Indian as well as leading foreign Universities
- Provides opportunities for individual and collaborative planning through research
- Requires study across a broad range of subjects
- Provides a strong international dimension; simultaneously, giving students a chance to fully explore their home culture and language, respect values of different cultures and make wise choices

Amity Institute for Competitive Examinations

Presents
Brainleaks
33
FOR CLASS XI-XII



Name:.....

Class:.....

School:.....

Ans: Brainleaks-31:
(4) Blocked Eustachian tube

An aluminium wire of cross-sectional area $1 \times 10^{-6} \text{ m}^2$ is joined to a copper wire of the same cross-section. This compound wire is stretched on a sonometer, pulled by a weight of 10 kg. The total length of the compound wire between the two bridges is 1.5m of which the aluminium wire is 0.6 m and the rest is the copper wire. Transverse Vibrations are set up in the wire by using an external force of variable frequency at the lowest frequency of excitation for which standing waves are formed, such that the joint in the wire is a node. The density of aluminium is $2.6 \times 10^3 \text{ kg/m}^3$ and that of copper $1.0401 \times 10^4 \text{ kg/m}^3$. What’s the total number of nodes observed at this frequency excluding the two at the ends of the wire?

- (a) 1 (b) 4 (c) 3 (d) 5

Last Date:
Feb 16, 2012

3 correct entries
win attractive
prizes

Send your answer at The Global Times,
AKC House, E-26, Defence Colony, New Delhi - 24
or e-mail your answer at brainleaks@theglobaltimes.in

SCHOLASTIC ALERTS

Institute: Birla Institute of Science & Technology

Course: B.E. (Hons): Chemical Engineering (Pilani, Goa, Hyderabad); Civil Engineering (Pilani, Hyderabad); Computer Science (Pilani, Goa, Hyderabad) Electrical and Electronics Engineering (Pilani, Goa, Hyderabad); Electronics and Communication Engineering (Hyderabad)

Eligibility Criteria: BITSAT 2012

Examination: Online exam will be conducted between May 10, 2012 to June 9, 2012

Application Form: Available online

Last Date: February 15, 2011

Website: www.bitsadmission.com

Institute: Indian Council of Agricultural Research (ICAR)

Course: Bachelor Degree Programmes (four years); Stream-A: Agriculture/Biology Stream-B: Mathematics
Eligibility Criteria: All India Agriculture Entrance Examination (AIEEA-UG-2012)

Examination: April 14, 2012

Application Form: Available both offline & online

Last Date: February 15, 2012

Website: <http://icarexam.net/>

Taruna Barthwal, ACCGC,
Career Counseling Coordinator

AMITY INTERNATIONAL SCHOOL ■ LUCKNOW ■

Admission Open for Nursery-Class VIII
for session beginning April 2012

Photograph of the state-of-the-art Amity International School, Lucknow



Be part of India's leading Education Group with 95,000 students, 5 Universities, 17 Schools & Pre-schools, 150+ Institutions and Global Campuses in London, Singapore, New Jersey, California, Mauritius, Dubai & Romania

THE AMITY LUCKNOW ADVANTAGE

- World-class infrastructure spread over 40 acres
- Warm & loving teachers, specially trained to be with your child every step of the way, reflected in a good Teacher-Student ratio of 1:25
- Wide variety of sports facilities include basketball, cricket, football etc.
- Latest teaching aids like smart-boards and lingaphone room to make learning fun
- Emphasis on extra-curricular activities like painting, clay modelling, western music, dramatics to build confidence in children
- Air-conditioned transport facilities

Day-Boarding Facility also available

A LEGACY OF EXCELLENCE:

- Students selected in Top Global Universities: Harvard, Stanford, Wharton, Columbia, Carnegie Mellon, Cornell, LSE...
- Brilliant record in Entrance Exams: Over 500 students selected in IIT and Medical Entrance Exams
- Consistently good Board Results: 300 students secured 90%+ in CBSE Board Examination

Amity
International Schools
have been ranked
amongst top 2
in India for Academics



(Ranked as per
Education World-Cfore Survey '11
on India's Most Respected Schools)



AMITY
INTERNATIONAL SCHOOL
LUCKNOW

Registration Procedure: Forms are available online at www.amity.edu/aislucknow or at Amity International School, Gomti Nagar Scheme Extn, Malhaur.
For registration please contact: 081-273-68742/43, 0522-6523892



Water has no taste, no colour, no odour; it cannot be defined, art relished while ever mysterious. Not necessary to life, but rather life itself. It fills us with a gratification that exceeds the delight of the senses.

-Antoine De Saint

Sidhaant Nangia, AIS PV, IX B

Water is the most common and abundant resource on earth, forming the most important substance for survival. While enough has been said about the benefits of water, there are many things about H₂O that most of us don’t know. Here’s taking a look at the lesser known facts, myths, wonders, science behind and the symbolic facets of water.

H₂O science

- Water is an indicator of life and sustenance. It is thereby, the first thing that scientist try to find on any newly discovered planet or moon to check for any sign of life.
- The physical and chemical properties of water are extraordinarily complicated and not completely understood.
- Water molecule is linear but it is bent in a certain manner that one part of the molecule is negatively charged and the other is positively charged.
- The structure of liquid water consists of amassed water molecules that form and re-form continually.
- In a 100-year period, a water molecule spends 98 years in the ocean, 20 months as ice, about 2 weeks in lakes and rivers, and less than a week in the atmosphere.

H₂O myths

- Excessive water intake is good. The truth is drinking too much water can lead to water intoxication which can prove fatal. Drinking water faster than your body can sweat, urinate or breathe out can prove fatal.
- Water is available only in three forms- solid, liquid, gas. Experiments prove that there are at least 5 different phases of liquid water and 14 different phases (that scientists have found so far) of ice.

H₂O Wonders

- Water helps to maintain a healthy body weight by increasing metabolism and regulating appetite. This helps in triggering weight loss.
- Drinking adequate amount of water can decrease the risk of various types of cancer like colon cancer, breast cancer and bladder cancer.
- Adequate hydration keeps joints and muscles lubricated, so you are less likely to get cramps and sprains.

H₂O Legacy

- Almost all Christian churches or sects have an initiation ritual involving use of water.
- In Judeo-Christian culture, God is called "the fountain of living waters."
- The Quran says "Every living thing on this earth has been created from water."
- In the Vedas, water is referred to as "most maternal."
- In the New Testament, 'living water' or 'water of life' represents the spirit of God, or eternal life.
- The act of offering drinking water is seen by many cultures and religions as one of the most charitable and kind human acts.
- Anahita, the ancient Persian water and fertility goddess, is associated with rivers and lakes, as ‘waters of birth’.

H₂O facts

- Water makes up 83% of blood, 70% of brain, 25% of bones and 90% of our lungs. Overall, our bodies are 70% water.
- There is still exactly the same amount of water, as it was when the earth was formed.
- Humans can survive a month without food, but it’s impossible to survive more than a week without water.
- Pure water has no smell and no taste. It has a pH level of around 7 and is a poor conductor of electricity.
- Unlike other liquids, water expands on freezing. Also, hot water freezes faster than cold water.
- Water freezes at 32 degrees Fahrenheit ie0 degrees Celsius and boils at 212 degrees Fahrenheit ie 100 degrees Celsius.
- If we drop a frog into boiling water, it will hop straight back out again but if we drop it in cold water and heat it slowly the frog would boil to death.
- In dreams, birth is usually expressed through water imagery.

H₂O Intake

- Carry water with you wherever you go. Having accessible water makes you more likely to sip on water instead of soda or other drinks and can provide a visual cue to drink more water.
- Replace at least one drink per day with water. Plan to drink a full glass of water before opening a can of soda or your favourite beverage. Consider drinking a glass of water instead of a second cup of your morning tea/coffee.
- Make it a habit to drink a quick glass of water—or at least a few sips—before, during, and after eating any meal to increase your daily water intake.
- Slipping a slice of citrus fruit into water can add a subtle flavor and perk up plain water, making it easier to drink more water throughout the day. Try mint leaves, cucumber slices, or berries as some options to add flavour to your water.

H₂O Trivia

- It takes 39000 gallons of water to produce a new car including tyres.
- About 48000 gallons of water is needed to make a typical American Thanksgiving dinner for 8 people.
- It takes 2 gallons to brush your teeth, 2 to 7 gallons to flush a toilet, and 25 to 50 gallons to take a shower.
- It takes 7000 litres (1850 gallons) of water to refine one barrel of crude oil.
- Approximately 24 gallons of water is required to produce a pound of plastic.

It's noodle time

Wish to experience the magic of authentic Chinese ambience and finger licking gourmet under one roof ? Go indulge in the culinary delight of Let's Noodle

Harini Swaminathan & Ishan
Amity Instt. of Biotechnology

Noida Sector 18 market seems to be buzzing these days, all thanks to the latest food joint on the block- Let's Noodle. A very elaborate and appealing exterior of this Chinese eatery invites you from a distance. The restaurant is spread over two floors. What is most notable about the place is the prominent 'Chinese' feel, which you can feel from the moment you step inside. You can feel China in every breath and every step. The exceptional ambience is very conspicuous, which makes it simply very 'Chinese'. The beautifully painted red walls accentuate the décor. Splendid Chinese paintings, adorning the red walls welcome you as you enter the first floor. The paintings are diverse and are certain to add more options to your list of appreciative words. You can also spot the trademark Chinese fans in diverse shapes and sizes, again emphatic in their announcement of beauty. The hanging lamps, however, are regular and ordinary considering the otherwise colossal splendour. The chandelier and ethical settings of the place distract you from the hackneyed cutlery. The size of the eating joint is not as emphatic as appears from the exterior. The place could do with some subtle music. However, it definitely scores high on taste. For food lovers, Let's Noodle is definitely a ticket to China. We had the



Imaging: Pankaj Mallik

honour of trying out some of the *Cocinero Especial*. Here's a plate of savouries that the place offers.

Dumplings soup: The soup is a trademark of any Chinese food joint. It

tickles the taste buds but does not gratify them completely. The hearty soup served at the joint tastes nice as long as the dumplings last after which it fails to put on a show.

Rating 6.5

Rating 6
Home delivery: Yes
Online booking: Yes with no extra charge
Menu: Both Veg & non Veg
Synergy card discount: 20%

Salad Puk: A simple yet brilliant recipe which earns the chef kudos. The salad is well ornate with vegetables in abundance, but needs a little more innovation to appease the Chinese food lover. A better combination of sauces would definitely serve the dish well.

Rating 7

Ko Thay: This is quite a show-stealer, when it comes to starters. The dumplings are well made, simple and they taste brilliant with a *chutney* (it's more appealing than Hoisin sauce). A true delight, which leaves you asking for more. A must for everyone who thinks their street has the best momos.

Rating 9

Noodles Combo: This one is a true culinary delight. The noodles served with sweet & sour vegetables looks great and tastes even better. The veggies and variety of sauces compliment the noodles perfectly. The dish is authentic Chinese at its best. The combo makes your tongue dance and your soul smile.

Rating 8.5



Arunima Sachdeva, AIS Gur 46, X A

Spork: Spoon+Fork
Meaning: A utensil that can serve the purpose of both spoon and fork
Sentence: My best friend likes using a spork, when it comes to eating Chinese food.

Awesomerific: Awesome+Terrific
Meaning: Something that is extremely awesome
Sentence: My trip to Disney land last summer vacation was awesomerific.

Jumbrella: Jumbo+Umbrella
Meaning: A very big/huge umbrella
Sentence: Sipping mocktails under a jumbrella on a beach is so much fun.

Humongous: Huge+Monstrous
Meaning: Something which is very huge and scary
Sentence: I saw a humongous creature in my dream yesterday. 🇧🇩

Daar Saan: The Cantonese pastry - strips crisp fried and tossed in golden caramel is the perfect way for any ardent sweet lover to close the meal. The crunchy strips and the melting caramel make Daar Saan a lethal combination.

Rating 7

The next time, you are in the disposition to experiment and want to take a break from the usual eat-outs, you now surely know where to head straight to. So, wait no more. Its time to dig in Zhōngguó!!! Kuàilè Noodling! 🇧🇩

AMITY
We nurture talent

AMITY-UNESCO heritage series



The GT Media Literacy Project



Part-VIII

Dear kids,
You must have recently heard about the exploitation of Jarawa tribe in Andaman for tourism. Jarawas with a population of about 240 people, according to the 2001 census, have been living in the Andaman Islands for thousands of years. Hence, they create interest for tourists who want to see these primitive tribes which live differently from the modern day man. However, not all tribes are opposed to interacting with outsiders. A lot of them even merged with the modernized society.

Tribe Track

Tribals, also known as *Adivasis* in India are known by several names as aborigines/aboriginals, indigenous people, ethnic groups, original inhabitants, etc all over the world. There are tribes that exist in many parts of the world that maintain their own cultural and political separations from nations like Pygmies, Red Indians and Amazon Indians in America, the Tasmanian aborigines in Australia, Celts in Europe, Guanches in Spain, Ainu in Japan, Kayapos in Brazil, Samis in Norway, hill tribes of South East Asia etc. Scheduled Tribes in India are tribes which have been recognized by the Constitution of the India through a national legislation as tribes of India. India has 645 such tribes across. Many are on the verge of extinction, partly because of being exposed to the modern society.

Protecting Tribes

Tribes all over the world have been provided protection and certain rights because they are a warehouse of knowledge, related to nature, forests, animal life, medicines etc.

In 2007, the United Nations issued a Declaration on the Rights of Indigenous People to protect the collective rights of their culture, identity, language, employment, health, education and natural resources and it also prohibits discrimination against them. Most of them live close to nature and depend on it for their day to day life. Therefore, they are often in conflict with development. 🇧🇩

Student Activity

Match the ten most well known Indian tribes with the most prominent states where they belong:

Tribes	States
Jarawa	Madhya Pradesh
Lepcha	Meghalaya
Jaunsari	Orissa
Kondh	Uttarakhand
Bodo	Himachal Pradesh
Khasi	Assam
Gond	Rajasthan
Gaddi	Andaman & Nicobar Islands
Rabari	Sikkim
Bhil	Gujarat

© Shaguna Gahilote, s.gahilote@unesco.org

For answers, log on to: www.theglobaltimes.in

UNESCO – United Nations Educational, Scientific and Cultural Organization, is an organization, which was established in 1945 at the end of the Second World War with the aim to create peace through education, science and culture.

How to participate?

We present the eighth part of 'Heritage Series', spread over ten parts. Cut out each part, complete the activity and design your own Heritage scrapbook. At the end of the series, submit your scrapbook to your school GT co-ordinator or post it at *The Global Times, E-26, Defence Colony, New Delhi- 110024*. Entries can also be mailed to gtmail@theglobaltimes.in. All complete and correct entries shall receive a participation certificate. One complete and best entry stands a chance to win the mega prize.

Reform

The liar's punishment is not in the least that he is not believed but that he cannot believe anyone else.

George Bernard Shaw



Dr Amita Chauhan
Chairperson

Punishments are often perceived as one of the harshest means of rectification or perhaps, teaching a lesson. But, they are not all that callous as they are thought to be. Most of us have learnt some of the most important lessons of life, by the way of punishments.

They teach us the right thing or lesson, even though the hard way.

However, punishments may not always be the adequate rectification tool. Sometimes, they can backfire, leaving one bitter than learned or a little enlightened. The end result of the punishment giving process depends a lot on the method chosen and its implementation.

Punishments that deploy the rod or any other form of physical abuse, for that matter, leave the child with anything but a lesson. Has ruthlessness ever lead to reform? Perhaps not. It only leaves scope for anguish or bitterness, not giving the child enough reason to not make the same mistake again. A punishment if used constructively, can work as a corrective measure. And for that it is important that we punish with the intent to reform and not to commensurate. Remember, the idea to punish is to teach the child a lesson for life that will help him/her become a better human being and not someone who nurses bitter memories or lessons.

After all, punishments are a part of growing up and the learning process. 🇮🇳

Why Punish?



Vira Sharma
Managing Editor

We have all experienced some or the other form of Punishment in our lives. And we love to narrate them to our little ones at every possible occasion. We take pride in the lessons learnt and believe that the same when applied to the 'Y' kids, will reap similar results. Nah! It's time to wake up. Shake up. And introduce the new punishment mantras with some innovative *tadka*.

And so, let's once again talk of this beaten-to-death topic - Punishment - imposed on us by our elders at home or school that often leaves an indelible mark on us. Do they? Last month, I was at my niece's house watching her struggle with the homework of her kindergarten son. "If you don't study, you will grow up to be a sweeper," she reprimanded her son, pointing at the sweeper who was mopping the floor. The son raised his head, gave a glance to the sweeper and buried his head into his books again. Five minutes of struggling with books, he looked at his mother and announced, "I can't study. I am ready to be a sweeper." Numbed by the reply, the mother lost her patience and forced the child into the books, only to complete the given task, crying and howling.

Punishment without the intended objective of reformation is meaningless. It's true that, what a mere stare from your parents can do will not be achieved even by the severest of caning. While it's important to feel the punishment to be able to not repeat the same, it's equally difficult for the punisher to find the right punishment that would get him/her the desired results. In a way, both (punisher and punished) experience the pressure of the punishment. So, why bother and go through this ordeal at all? Think it over! 🇮🇳

Published and Printed by Mr R.R. Aiyar on behalf of Dr (Mrs) Amita Chauhan from E-26, Defence Colony, New Delhi 110024 and printed from HT Media Ltd, B-2, Sec 63, Noida (UP). Editor Ms Vira Sharma.

■ Edition: Vol 4, Issue 5 ■ RNI No. DELENG / 2009 / 30258

Both for free distribution and annual subscription of Rs. 500.

Opinions expressed in GT articles are of the writers and do not necessarily reflect those of the editors or publishers. While the editors do their utmost to verify information published, they do not accept responsibility for its absolute accuracy.

Published for the period February 6-12, 2012

AMITY brings US to India

Amity International School plays host to three NSLI-Y (National Security Language Initiative for Youth) Scholarship holders from the US Department of State, to study Hindi in India, organized by Amity Education Resource Centre in co-operation with AFS- India. The students currently studying at AIS Pushp Vihar, share their experience that creates everlasting relationship between the nations

All Pics: Deepak Sharma



Eyal Indra Hanfling, Walt Whitman High School, Bethesda MD

Last week, I stood on a stage in front of over 2000 people, singing songs in Hindi, reciting dialogues and dancing for over an hour. Last year, I never could have imagined that I would be spending November of my junior year of high school at Amity International School, Pushp Vihar in India under the guidance of respected Dr Amita Chauhan Ma'am who has nurtured talent in me as well as my fellow "Amitians." For the past five months, I have been living with an Indian host family, the Bhandari's, who treat me like their very own son. By learning Hindi, I am not only strengthening economic and diplomatic bonds between India and the

Breaking barriers

US, I am also breaking language barriers to help clear cultural miscommunications. My role as an American exchange student may appear trivial in the vast bureaucracy of the US State Department; but I know for a fact that the conversations I have with other students, opinions I share with my host family, and stereotypes that I break are shaping the perception Indians have of America. Some days when I sit in class with our brilliant and very patient

Hindi teacher, Bhavna Ma'am, I can't get a feeling of amazement out of my head - amazement that while the rest of my peers are busy taking challenging courses at Walt Whitman High School in Bethesda, MD, I am faced with an even harder task.

Every week, I teach students at Amitasha, another noble undertaking of Dr Chauhan, which gives education to underprivileged girls in New Delhi. I speak in my broken Hindi to them saying, "*Me America se hoon, lekin abhi, me Bharat me reheta hoon.*" Programs like NSLI-Y and schools like Amity are helping India and America to coexist peacefully and I am proud to be a part of them. 🇮🇳

Harriet Lindeman, Kingston High School, NY

This morning, as I sat gazing out of the windows of my school bus on the way to school, sights that once would have been unfamiliar met my eyes...cows roaming through crowded alleys and men standing behind makeshift stalls pouring steaming cups of *chai*, perfect to provide warmth on a chilly January morning in New Delhi, India. As the school bus came to a halt, children of all ages piled out, wearing uniforms with the colourful Amity logo emblazoned on their chest. Amity International School has reached beyond the goal of educating India's next generation, extending its welcoming arms to invite the youth of other nations into its

Hues of warmth

wonderful community. Leaders such as Dr (Mrs) Amita Chauhan, Amity's beloved Chairperson Ma'am, have taken the effort to open the doors of the school to youngsters such as me, eager to explore a new culture and language. Over the five months that I have spent in India so far, I have again and again encountered the remarkable hospitality and warmth of India, and the beautiful reception granted to guests. When I arrived in India, I was excited and

thrilled to be in such an exotic country, but also inwardly terrified...would a land so new, so far away from New York, ever truly be home? I need not have been frightened, for between a loving and open host family and the support from Amity, the transition was smooth and rewarding. As my knowledge of Hindi grows, so does my understanding of Indian culture, and most importantly, the people that surround me. As I live in India, day by day, I know that I am not only dissolving barriers and forming bonds that will affect me for the rest of my life, but that I am a small piece of something that is much larger. 🇮🇳



Megan K. Flory, Lawrence High School, Lawrence KS



Every year when my high school hosts exchange students from Germany, the Czech Republic, Paraguay and sometimes even Norway, I remember thinking, "Dang! Those kids are brave. I can't imagine leaving my family and friends for an entire year to go to a place I've never been." I had no idea I'd be doing just that. Today, my fellow Americans and I take Hindi classes for about 3 - 4 hours a day. We also take classes in Physics, Indian dance, Indian music (I'm learning the sitar), art and clay modeling, Indian History, and we've also learned to type in Hindi (which is no small feat, believe me). We volunteer at a place called Amitasha, which

So far yet so near

is a school for underprivileged girls. We go there every Monday to the kindergarten and teach them songs like "*Hum Honge Kamyab.*" In India, I have seen a lot and done a lot. I've been to Taj Mahal, Lotus Temple and numerous Hindu temples, shopped in all the local markets, and traveled all around Delhi by myself in a rickshaw. I've even taken the SAT and ACT in preparation for college in America next year. I've shared experiences with people and been in situa-

tions that never would have happened in America. Being in a new country with new friends gives you a whole new outlook, a whole new perspective. Being an exchange student gives teenagers a chance to live a different life, a chance to leave their comfort zone and travel to a new world. They live with host families and go to school and make friends. They create ties and bonds across the world, relationship that can never be broken. It's not only a breathtaking experience for the student, but also for their teachers, friends, host family and anyone who talks to them. The exchange has changed my life, and I'm only halfway done. 🇮🇳

In school if we faltered, we were asked to report for extra morning PT at 6 in the morning and at times, were asked to run 10 rounds on the ground.

Surya Dev Agarwal, Amity Institute of Biotechnology

Punish in Style

Spare the rod and spoil the child? Well, not if you choose to punish the innovative way. Bid adieu to the ‘hands up’ or ‘out of the class’. Gen Y seeks reformation and not punishment to learn the lessons

Kritik Soman, AIS Mayur Vihar, XI A

“When we were in school, and did something wrong, we were asked to stand up with our hands outstretched. The teacher hit us with a scale as many times as he deemed fit to commensurate the magnitude of our folly. If we cried a bit, the punishment was doubled mercilessly.” This is most parents’ memory of what ‘punishment’ meant in their days of schooling. Today, we can hardly imagine, let alone perceive that any of our teachers could do that to us. Times have changed, so have the students and teachers, and of course, their relationship too. This gradual change has ushered a consequential change in the definition of punishments and the contexts and extent, to which they can be invoked. Today’s generation represents individuals, who wish to evolve holistically – punishment included. Punishments are all about reform and realization of errors. Doing away with them completely is certainly not a good idea because the causes are still prevalent, though transformed in context. In other words, naughtiness has evolved as well! So, here’s some insight into a few innovative and out-of-the-box punishments for today’s generation.

Dil mangey - Rewards first...

As duties cannot come without rights, punishments cannot come without rewards. Punishing a child for the bad and not rewarding him for the good ones will only mean a stroll for the authorities. If the authorities really wish to go a long way, they must make rewards as step 1 and punishments as step 2.

... But, innovative ones, only!

The age old tradition of gifting books or a few words of appreciation is passé. Today’s generation is dynamic and progressive, and expects their rewards to be the same.

The student who excels, academically or otherwise, gets an edge to be selected in the school student council or the chance to represent the school in international forums, apart from some extra marks. Or maybe, he gets a day off to chill out as per his wish.

A date with a renowned celebrity, a free library membership (just for the geeks!), permission to sport a funky hairstyle or coming to school in casuals for a week, or even something as meager as planning the school canteen menu or the next examination date sheet...there are endless possibilities. Yes, it is far fetched but will deliver the desired results.

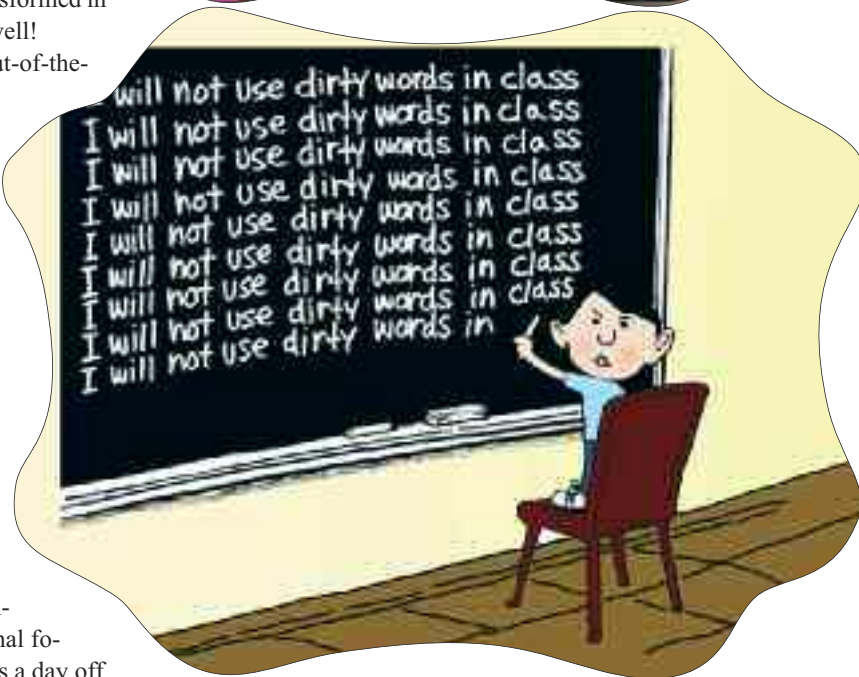
Shalini Aggarwal, Teacher, AIS Gur-43 agrees, “Rewarding a child innovatively, not only boosts the morale of the child, but also instills a great amount of self confidence, which no number of certificates can ever do. Making the child feel special makes them happy and motivates them to work harder every day.” The idea here is to realize that a reward should not represent mere symbolism or appreciation. It has to be something a child enjoys, cherishes and craves for. Even if there is a possibility of the reward spoiling them, it will be outweighed by the urge and desire to secure more, which will implicitly channel hard work and dedication to strive for the future.”

Again a thorny rose – Time to punish...

Now that we are done with the motivating bit, it is time to come to ground reality – rebukes! Well, there are a million ideas. For today’s generation, a punishment should be such that the individual may potentially never repeat the same mistake, or it should drive home the point of self realization. This could probably be done by imposing immense boredom, which is a threat to gen-next. The old paradigms of inflicting physical pain are not only condemnable; they are an infringement on child rights. Let alone the potential to curb the psychological growth of the child! Here’s what can be done.

... It’s a Western idea, Sirjee!

Here’s a formal, conventional, nevertheless a progressive idea. As our education system is adapting many things from the West, why not ape some punishments, too? For instance, detentions, extra assignments, remedial schools, more project work, etc. But then again, where’s the



Hear ‘em talk!

“Physical punishments are useless, to say the least, as they abuse the child temporarily. Punishments should be long lasting, so that they make the child realise the wrongs that have been done on a daily basis and remind him that something needs to be worked upon.”

Sakaar Khurana, XI A, AIS Mayur Vihar

“The authorities in general need to get more creative with the punishments. Something that’ll make the kid accomplish more than ‘standing outside the classroom’ and make him not repeat the mistake.”

Meghna Kaushik, XII D, AIS Saket

“Though, the punishments in our school are different in a lot of ways, we are still aware of what we are to get when we do a certain something. We repeat a mistake, only when we know we can handle the after effects. So, innovation is necessary.”

Srishti Mehrotra, XII, Pathways School, Noida

“The teacher does not have anything against the child. It is only when the child disturbs the class, or is highly irresponsible, that the teacher has to put him/her on the correct path and for that, they punish the child. But again, if you debar the child from doing things that he likes, he might not take interest in anything at all. Punishments need to be innovative, so that the purpose behind giving punishments is fulfilled.”

Archana Upadhaya, Teacher, AIS Mayur Vihar

“Everyone loves punishments that require you to stand outside the class, or shut your books and stand at the back of the classroom. They hardly are punishments; rather, they’re blessings in disguise!”

Aadwitiya Bhardwaj, IX B, AIS Mayur Vihar

“A friend of mine told us of an instance when a lizard had entered her class. Everyone started screaming so loud that all the school authorities were alerted and came to check on them. Even the principal had to leave her work and come. Later on, they felt very silly and decided to apologise by making a card for her. The self imposed punishment was a lesson to keep calm when something like this happens the next time.”

Snigdha Shahi, X D, AIS Noida

PUNISH SMART

- Keep in mind the fundamental purpose of the punishment, ie to discourage the child from doing something wrong.
- There should be no short-cuts to a punishment. Remember, the idea is to make the child realise his mistake.
- Repetitive punishments are a no-no, as they prepare the child for what is coming ahead. However, repetitive cajoling may help.

Illustration: Ravinder Gusain

horizons of the mind.

We get better-Things go extreme

Their pocket money could be suspended indefinitely – parents would be more than willing to try this one! They could be given a free visit to the dentist or some other feared entity. For the intellectually inclined, they could be asked to mug up the multiplication table of some incredibly large number. How about making a senior student recite a nursery rhyme? Of course, some of these punishments may sound too silly to be implemented, but they are sure to have an impact For those who doubt the success quotient of funny punishments, Archit Gupta, X B, AIS MV offers proof, “My friend in my evening tuitions after school, was talking in class when told not to. As a result, was asked to repeat ‘Sharam Karo’ 100 times. It was amusing, but I’d never do anything to get into such a situation” The key idea is to have the child detest the punishment without fearing it. [G](#)

With inputs from Ishita Bedi, X, AIS Mayur Vihar

A face in the dark

Imaging: Ravinder Gusain



STORY WALA

Slowly, the sound kept growing louder and he could only discern the outline of someone walking with a stick. He turned around but could not see anything.

that echoed in the air. Slowly, the sound kept growing louder and he could discern the outline of someone walking with a stick. He turned around in alarm but could not see anything. Soon an advancing dark shadow of an old and fragile man came to picture.

The sight made him take to his heels but apparently the other person was able to keep pace with him. Panting heavily, he turned around only to see a wrinkled face of an old man with glaring yellow eyes and a noose around his neck staring at him. He made a dash towards his house and crashed into the arms of his surprised mother.

As he battled to let go off memories of last night, the news of the suicide of an old man in the daily made him jump out of his bed. The report said an old man was found hanging to death from a tree and the doctors had estimated the time of death to be around 8 PM, an hour before the incident took place.

prayer and wished he had company in this dark and cold night. However, only eerie silence greeted him. All of a sudden the street lights went off and darkness enveloped the entire area. He stood there frozen till the time power came back. The screeching sound of an owl perching on a nearby tree made him jump out of fear. To add more to the horror, a cat brushed past him forcing him to let out a scream and by the time he regained his composure, the beast had disappeared into the darkness. Suddenly, the lights went off again and it was the soft tapping sound of the stick

Pravesh Parekh
Amity Institute of Biotechnology

He quickened his pace as he neared his home. It was only nine and the usual hustle bustle of the city life seemed to be missing that day. The light cast by the halogen lamp on the deserted street made the place look more hideous than it really was. “Why can’t they have decent lights?” he silently sulked as he tried to make his way through the lonely street. Though, it was a residential area, there was hardly anyone around. He read out a silent

Corn gravy

Ingredients

Corn kernels (boiled) 2 cup
Onions (finely chopped) 3
Tomatoes (big sized) 4
Ginger & garlic paste ¾ tsp
Green Chilies (chopped) 2
Cumin seeds ½ tsp
Coriander powder 1 tsp
Turmeric powder ¼ tsp
Garam Masala ¼ tsp
Oil 5 tbsp
Milk ½ cup
Salt As per taste
Water ½ cup
Green coriander (chopped). . . . 2tsp

Method

- Heat oil and add cumin seeds.
- Wait for them to crackle and add green chilies and chopped onions.
- Sauté till golden brown and add ginger and garlic paste, followed by tomato puree.
- Cook on slow fire and add coriander powder, turmeric powder, garam masala and salt to taste.
- Now add corn kernels and cook them for another 2-3 minutes. Add water followed by milk slowly.
- Simmer for 2 mins and garnish with green coriander before serving

Brush ‘n’ Easel

Soham Lahiri
Amity School of Engg. & Technology

END

Nisheeth Saxena
Amity School of Communication

My beatitude slips away like an unwelcome guest,
knowing that all those things we love,
we possess gonna die someday or end.
This is where you walked away without a word
and I kept thinking about the end.
This is where you felt alone,
when I was with you till the end,
this is where I never wanted to go without you!
End, this is where you begin and I END.

Silver lining

Ishani Raj
Amity School of Engineering and Technology

When you can watch the night crawl,
in front of your eyes
When you can hark every torpid second
of the clock roll by,
When the gloomy clouds hover over
your malicious fate,
When you ask your moping heart,

POEMS

is the silver lining of your clouds lost?
Wait for no light from the outside,
trust the oblivion rays that
pervade you inside,
No sorrow is mightier than the joy of your life,
wither every agony and pain,
languish each grief and woe, with the silver lining
that lies inside you.
Listen to your soul, resurrect your wisdom,
devour your misery with the aim of triumph.
Every pain becomes dwarf with your
monumental insight when you
fathom the power of that inner light.
There you will find the eternal silver lining for
every cloud.

CAMERA CAPERS

Pics by: Etti Bali, Amity School of Communication

Now, that’s advice!

English - Dilli ishtyle

Dhoom macha le...

Send in your entries to cameracapers@theglobaltimes.in

SUDOKU-12

Log on to www.the-globaltimes.in
for the solution

8	1					7		3
			6		7			8
9		2	3	1		6		
	4			7		5	6	
		7	9		1	2		
	6	3		4			9	
		4		9	2	1		6
6			5		4			
7		8					5	9

Way back in KG, I once forgot to learn a poem. The teacher asked me to learn it in two minutes and then present it before the class. Luckily, I managed to learn and recite it well on time.
Nidhish Sharma, IX B, AIS Pushp Vihar

The tale of clever fox

Wisdom Tales
Akash Gupta, AIS Noida, VI F

Once upon a time a clever fox named Chatur lived in a small den in a jungle. He was a very good hunter. One day he was feeling very hungry so he left early in the morning in search of a prey. After spending many hours hunting for food he came across a

Chatur knew the crow was very foolish and started falsely praising the crow for its beautiful voice. He told the crow how everyone in the jungle enjoyed his song. He then requested him to sing a song.



the crow to sing a song for him. The crow initially turned a deaf ear to Chatur’s request but soon got carried away by all the praise heaped on it. The crow started singing happily. As soon as the foolish crow opened its mouth, the bread fell on the ground. Chatur grabbed the bread and ran towards his den. The foolish crow soon realized that it had been tricked again, but then it was too late. [G T](#)

So what did you learn today?
We should not get carried away by false praise.

Fruit Punch



Pratha Bhatt
AIS Vas 1, VII A

Ingredients

Tangy orange pulp2 cup
Peach slices2 cups
Chilled lemonade2 bottles
Red cherriesHandful
Tangy lime slices.....10 slices

Method

- Blend orange pulp and peach slices in a blender until smooth.
- Add chilled lemonade and stir.
- Cut thin slices of lime and deseed cherries.
- Decorate with lime and cherries
- Serve with crushed ice in tall mocktail glasses. [G T](#)

Poems



Going to beach Three best friends

Ananya Krishna
AIS Noida, II N

Lets go to the beach ‘hopping’
Lets go to the beach ‘jumping’
Lets go to the beach ‘singing’
Lets go to the beach ‘skipping’
Lets go to the beach ‘playing’
Lets go to the beach ‘cycling’
Beach is where sea meets the land,
Beach is where there is only sand,
Come friends lets play together
‘Hand in Hand’.

Satakshi Singh
AIS Lucknow, V

Three best friends,
with smiles very sweet.
They are very happy,
whenever they meet.
Their work is always very neat,
with respect, they greet.
They love to talk and never walk,
they are always running and playing.
I hope they live together,
forever smiling.

Hepatitis: A Silent Killer

Maitreyi Mehndiratta
AIS PV, VII C

When Hepatitis A virus enters liver, with deep fear, the person’s heart starts to shiver. It is a terrible disease, no one can handle it with ease. Immune globulin offers, short prevention lease. Fear of death is really a lot of tension, Hepatitis B virus leads to infection. This virus can leave a scar, with damaged liver, life cannot go very far. Battling liver failure, liver cancer one’s liver could die, what shall one do, oh my my! When the liver produces bile, the life carries on with a smile. The deadly entry of hepatitis C virus

causes a frown, the health of the person goes hopelessly down. Hepatitis C virus causes many infections and tensions, they compel you to use several drugs and injections. When a needle is pricked in the vein, why does the second person get pricked by the same. It is time for doctors to increase their dedication and devotion, need of the hour is timely injection and safety promotion. Doctors and nurses have the ability, use safe injections to fulfil your social responsibility. Hepatitis viruses are killer monsters undoubtedly, start awareness programmes to fight them effectively. [G T](#)

Khushi Popli, AIS PV, III D

It is not the fault of a student because a year has only 365 days
Days in a year – 365
Sundays-52 days
Sundays are meant for rest.
Days left -313 days
Summer vacations - 60 days
Weather is very hot so it’s very difficult to study.
Days left- 253 days
8 hours of daily sleep-122 day
Sleep is necessary.
Days left-131 days
1 hour daily for play-15 days

Where is the time to study?



It’s good for health.
Days left – 116 days
2 hours daily for food-30 days
Chewing food properly takes time.

Days left- 86 days
Examination days in a year -30 days
Giving exams is necessary.
Days left-56 days
Winter Vacations-25 days
Weather is cold, it’s difficult to study.
Days left-31 days
Illness at least once a year -8 days
Because of illness it’s difficult to study
Days left-3 days
Result days-3 days
Going and getting the result is necessary.
Days left -0 days
So, tell me where is the time to study??? [G T](#)

It’s Me



My Name: Saksham V Bahra
School: Amity International School, Saket
My Class: I C
My Birthday: 29 August
My best friend: Ansh
My hobbies: Painting
My favourite game: Cricket
My favourite book: Rhyme books
My favourite mall: DLF Place
My favourite subject: Maths
My favourite poem: Humpty Dumpty
My favourite teacher: Chairperson Ma’am
My role model: My father
I like: Drawing
I hate: Cockroaches
I want to become: A doctor
I want to feature in GT because: I love to read and write! [G T](#)

Brush ‘n’ Easel

Vani Singal
VI B, AIS Saket



Amitots

Amiown's Parent-Toddler Program that caters to the early years of a child's life presents a unique opportunity to **foster healthy development**. Parents spend the day with their toddler in the classroom, and play and learn along with them. The developmentally appropriate practices modelled by the teachers in the class help the parents understand critical **developmental milestones** and what they can do to help support learning that takes place at this stage. The **positive parent-child interactions** empower parents, make their bond stronger and pave way for children's happiness and success in life. The **learning objectives** are based on enhancing the child's personal and social competencies; emotional, cognitive, language and creative development; fine and gross motor skills; and also introducing them to music and rhythm. The **program curriculum** supports individualized learning, encouraging exploration, experimentation and discovery. **Flexibility** forms the core of the program. It is responsive to the evolving nature of early learners and provides for different learning styles, supported with careful observations and documentation.



Parent-Toddler Program

"Many things we need can wait. The child cannot. Now is the time his bones are formed, his mind developed. To him, we cannot say tomorrow, his name is today."

Gabriela Mistral

Sound of Music!

Musical Movement

Music is a natural part of life. An early introduction to music serves as an important cue in a child's routine that has lifelong benefits. Toddlers in Amitots sing songs and rhymes accompanied by music and also explore various musical instruments. It helps them to channelize energy, facilitates language development, encourages movement and perfects their motor skills.



I'm A Growing Child!

Physical Growth - Fine and Gross Motor Skills

Toddlerhood is an important phase for physical growth, when the toddlers develop and refine both their fine and gross motor skills. The class activities at Amitots provide ample opportunities to refine fine motor skills through activities such as stringing beads, moulding play dough, lacing boards, working with knobbed puzzles and scribbling. Gross motor skills are developed through warm-up exercises, brain-gym exercises and indoor and outdoor play etc.



I Do, So I Learn

Cognitive Growth

Cognitive development focuses on how children process information. It involves language, mental imagery, thinking, reasoning, problem solving, and memory development. Amitots provides opportunities for cognitive growth by offering varied play activities, singing, stimulating activities, reading and encouraging them to explore their environment. Individual needs and abilities with ample opportunities are kept in mind while planning activities.

I Speak What I Hear

Speech & Language Skills

The first 3 years of life, when the brain is developing and maturing, are the most intensive periods for acquiring speech and language skills. These skills are developed best at Amitots that provides for a perfect and language-stimulating environment, rich with sounds, sights and consistent exposure to the speech and language of others. Enriching interactions with teachers enables Amitots to build a vocabulary bank that could even surprise adults.



Expanding Minds

Creativity & Imagination

Every child has creative ability that is waiting to be tapped. At Amitots, toddlers revel in opportunities for expression as they scribble with crayons, paint, make collages by pasting different material and build with blocks. The toddler's creative abilities are analysed through activities designed to explore their ideas, curiosity and feelings towards arts, music and imaginative play. They are encouraged to use their senses and feelings to interpret the world around them.



Read Me A Story

Reading

Developing an early reading habit has numerous benefits. At Amitots, this is an integral part of the curriculum that helps toddlers grow up, viewing books as fun and engaging. Story narrations from age-appropriate story books, picture books, touch-and-feel books, concept based books on animals, colours, shapes etc encourages Amies to pick up a book of their choice and read with parents and family.

Loving, Sharing & Caring

Social & Emotional Development

Research shows that social skills and emotional development are a very important part of school readiness. Toddlerhood is a critical time for laying the foundation of social-emotional skills. Therefore, Amitots feels proud of its nurturing and caring environment that provides ample opportunities for self-awareness, self-regulation, self-expression, peer interaction, etc. The teachers caringly meet the toddlers' needs, love and nurture them, comfort them when they are upset, and encourage interactions with parents and peers in a friendly way.



I was a part of the football team, but since I was missing out numerous practice sessions, my teacher barred me from participating in the finals. Later the same team won the match and I so regret not being part of the team.

Kunal Verma, VII C, AIS Gur 43

Santa comes calling!

Fun, frolic and spectacular display of culture, marked Christmas celebrations

AIS Vasundhara-1

The Christmas celebrations at AIS Vas 1 had students soaking in the spirit of the festival and celebrating it with fervour.

The students of class III A and III C organized a special assembly to celebrate the spirit of Christmas. The assembly, which began with a melodious rendition of Hindi prayer was followed by news from across the globe.

To set the mood for Christmas, children dressed up as characters from the Holy Bible like Mother Mary, Joseph, inn keeper etc and staged a play on nativity. The play ended with a beautiful Christmas carol 'The Birth of Jesus'. The significance of the festival was highlighted through a beautiful power point presentation titled 'The symbols of Christmas'.



Students participating in a play to celebrate the Christmas fervour

However, it was the electrifying Bhangra performance by the students, which had everyone clapping and grooving to the beats. An enthralled audience joined the school choir to sing melodious Christmas carols like 'Rudolph the reindeer, Jingle bells' etc.

The students of class VII staged a play titled 'Angels on Assignment'. The play showcased the story of events that led to the birth of Jesus. It brought to light the excitement that angels and other saints felt at the time of Lord's birth.

A short skit and a beautiful cultural program put up by the tiny tots of Nursery

and KG marked the Christmas celebrations in the junior wing. The students participated in the intra class gift wrapping competition, organised by the school authorities to nurture their creativity. A Christmas tree decoration competition was also organised.

However, it was the surprise visit by Santa Claus, which lifted the student's spirits to another level. The assembly concluded with principal Balachandran and headmistress showering their blessings on everyone present and giving away awards to the winners of karate championship.

Debate competition

AIS Noida

The primary wing of Amity International School, Noida held an inter house English debate competition on December 22, 2011.

The competition saw students of class III, IV and V debating vociferously on diverse topics like sugar-friend or foe, heart versus mind and guns or roses.

The students began with presenting their views pertaining both- for and against

the motion and then switched to expressing their opinions.

The arguments were backed by concrete examples to substantiate the stand. The students used every weapon in their armour like factual accuracy, logical reasoning and emotional appeal to justify their point and to earn brownie points from the judges.

Each participant tried its level best to put across their point of view contentedly and poignantly.



Cultural 'Sen' sation

AIS Mayur Vihar

Amity International School, Mayur Vihar under the aegis of 'Spic Macay' had the honour of hosting the eminent Kathak dancer Saswati Sen on December 21, 2011.

She began her performance with a *stuti* in praise of lord Krishna followed by a breathtaking dance recital by her disciples chosen from various countries. She

was accompanied by Utpal Ghosal on tabla, Rakesh Prashana on sarod and Gulam Warish on sarangi.

The performance was in sync with the vision of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools who has always encouraged the Amities to delve deep into India's vast cultural heritage. The performance transported the audience to a world of music and rhythm.

Historical Gyanodaya

Amitians prepare to chart new success stories with Dr (Mrs) Amita Chauhan blessing the students



AIS Pushp Vihar

A colourful cultural extravaganza held on December 8, 2011 marked the Senior Annual Day celebrations of Amity International School, Pushp Vihar. The function aptly titled 'Gyanodaya' saw Principal Ameeta Mohan sharing her vision for the future of the school and emphasizing the importance of humanitarian values in day to day life.

The event kick started with the lighting of the traditional lamp of knowledge and Vice Principal Divya Bhatia proudly recounting the achievements of the school. A power point presentation by the Head-boy and Headgirl of the school put forth the success stories of Amitians who had become a role model for others. This was followed by soulful rendition of fusion music 'Sursangam' by the students.

The students through a brilliant performance brought to light the timeless philosophies of Swami Dayanand Saraswati and Swami Vivekananda, who are known to have opened the floodgates of spiritual awakening by taking a cultural journey through the length and breadth of the country. The students highlighted the important milestones set by these illustrious personalities, who changed the course of history and forced the world to wake up to a new reality called India.

The annual day function was presided over by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools. She delivered the vote of thanks and commended the students for their strong performance and brilliantly portraying the life and times of both the luminaries who are an inspiration for the students and society in general.

AIS Vasundhara-6



Proud Moment: Winners of Taekwondo Championship posing with their medals

Taekwondo champions

The students of AIS Vasundhara 6 did their Alma Mater and parents proud by winning medals at the Open Taekwondo Championship organised on December 30, 2011.

The championship which was held at

Poorv Delhi Khel Parisar saw Kashvi and Mehak Gupta winning the Gold medal and Aadya bagging the silver medal. Devansh Singh, Sarthak Negi and Abhiudhay Pandey won the bronze medal. Dr (Mrs) Amita Chauhan, Chair-

person, Amity group of Schools blessed the students and complemented them for their stupendous performance. principal Sunila Athley also congratulated the students and encouraged them to continue their winning spree.

Annual Day celebrations

Amity International School, Vas 6 celebrated its fifth annual day on December 22, 2011 with pomp and gaiety. The function was presided by Dr Veera Gupta, Secretary and Chief Vigilance Officer (CVO) of CBSE as the chief guest. Founder President, Amity Universe, Dr Ashok K Chauhan and Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools blessed the students with their presence.

The event began with principal Sunila Athley delivering the inaugural address and felicitating the guests. This was followed by a colourful cultural programme. The extravaganza began with a ballet performance, emphasizing the im-



Commencing the grand show with the lighting of the traditional lamp

portance of the five elements earth, wind, water, fire and space. Students sensitized the audience about the need to conserve nature and protect earth against colossal

destruction through a brilliant presentation. This was followed by a musical performance of a live orchestra comprising of 50 budding musicians.

The musicians trained under Sangeet Pathak regaled the audience with their beautiful score. As a musical tribute to mother earth, the school choir 'Pan-cham' comprising of over 100 students enthralled the spectators with songs composed by Rakesh Pathak in five different languages. The performance left the spectators amazed.

A power point presentation along with annual report highlighting the achievements of the students and school marked the conclusion of the event.

We were asked to write a report on an NGO by looking up on the internet. But, when we failed to submit our assignment, our teacher asked us to visit the NGO as a punishment. Though we did whine initially, the trip proved to be a learning experience.

Priyanshi Bahadur, Amity School of Communication

Drums plugged

Amidst tight schedules and jamming sessions Vijay Agarwal, Drummer of Amity Institute of Biotechnology's band-Zehen gets candid about his love for drums, musical journey and a lot more

Apra Agnihotri, Amity Institute of Biotechnology

As the clock struck 5 and the classes finally got over, I ran down the stairs of J 3 block, all ready to retire for the evening when perfectly synchronised beats smelling high on superfluous energy caught my attention. It was hypnotic and abstractedly my feet started moving towards the basement where a little rockstar passionately hitting the drums! With sparkling sweat beads on his head and brisk motion of a meteor Vijay Agarwal from AIB has the power to mesmerise and leave the crowd flabbergasted. Join in as he elaborates his musical journey in his own words.

Rythmic Footsteps

I started drumming at the age of 18, but I have been playing other percussions since I was 14. My father has been a great support all through my musical journey. I gave my first stage performance in an inter-school music competition with my school choir when I was in class IX. I played congo then. I do not have any formal training in music. I learnt drumming by going through various DVDs and e-books on different drumming styles. I am a huge fan of Steve Gadd and draw inspiration from his impeccable playing style. His tips have greatly helped me in improving my drumming techniques.

Musical connect

I am very fond of Indian classical and Arabic music, and try to find ways to fuse western and afro-cuban percussions into Indian rhythms. I am currently



Drumming feats

- Drummer of the Hard Rock Cafe band- Then and Now
- IIT-D "Rendezvous 2010"- 3rd position
- ABES- Best drummer, 13 Nov, 2011.
- IHC- Commotion- 2nd position
- Headliner at PG D.A.V in 2009
- Judge at St. Peter's Sr. Sec.School, Bharatpur for inter-school music competition.

trying my hands on Jazz and have a soft corner for bands like ZZ-top, Chickenfoot, Led Zepelin, The Doors, etc. I wish to turn my passion into a profession. I am planning to pursue formal training in music and sound production after my graduation.

Drummer's delight

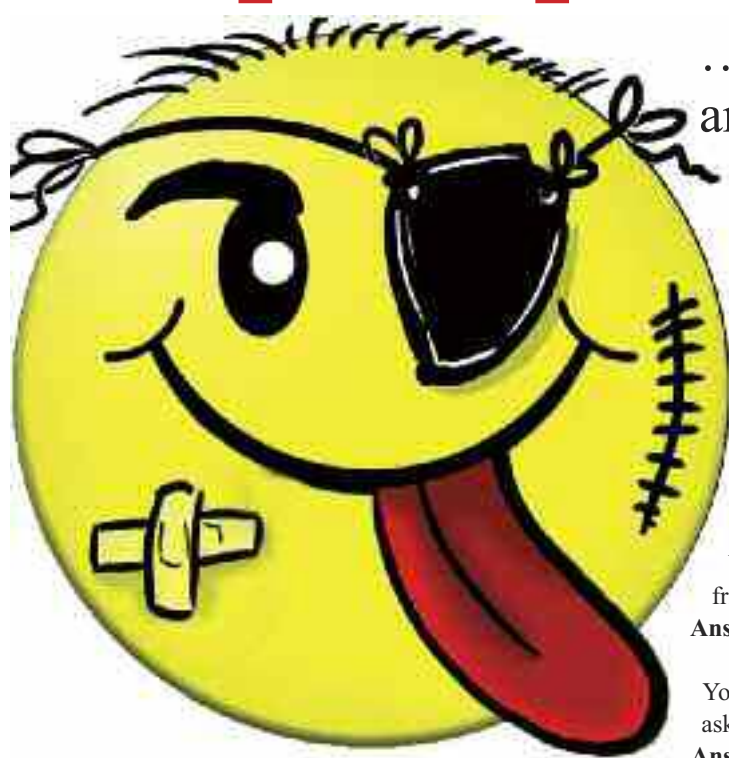
For me music is the essence of life! Being a drummer brings in a lot of responsibilities as the whole 'band' relies on you. I follow a strict one hour practice regime everyday which includes warm up for both hands and feet, followed by practice of syncopated patterns in 8th and 16th notes.

In love with Zehen

I have been associated with Zehen, AIB's official band from its initial days and I feel the same as a gardener feels when he sees his rose plant blooming or garden flourishing. It feels great to be associated with a home project. I have tried to nurture Zehen like my own baby. When I see Zehen getting recognition throughout NCR, it feels wow. 🇮🇳

Imaging: Deepak Sharma

There are no stupid questions...



...only silly answers that are often full of fun and pun

A guest who is visiting your home for dinner asks, "Is there a toilet I can use?"

Answer Sorry, no. We belong to a tribe that follows a ritual according to which we relieve ourselves at railway track sharp at 3:00 am. Next time you travel by a train don't forget to wave us from the window.

You happen to be a serving staff at a restaurant and a guest asks :-"Is this dish good?"

Answer:- Not at all Sir! Yesterday only a couple died after eating it. We sometimes sprinkle it with phenyl.

You come out of a salon with visibly short hair and your friend asks, "Did you get a haircut?"

Answer Wish I had! I am shedding. It's autumn you see!

You reach the paying counter of a grocery shop. The clerk asks, "Would you like to pay for it, Sir?"

Answer Oh no! I'll steal them. I just stood in the queue to ask you why you look familiar.

Someone stamps on your foot and asks, "Did I hurt you?"

Answer You can't. I am on local anesthesia. Try it sometimes, it's pretty cool!

A friend calls you after a late night party and asks you, "You reached safely?"

Answer No-no! I was just murdered on the way. This is my spirit, whom I asked to go home and answer the call.

So, be a little *hatke* and give your wit some exercise. Ok another silly one then, have you read the whole article? 🇮🇳

GT Travels to Pauri Garhwal



Saksham Nagpal, Nur-A, AIS Noida, flips through GT at Pauri Garhwal, Uttarakhand, a district blessed with splendid view of snow bound peaks of Himalayas, meandering rivers and hospitable people with a rich culture.

Got some clicks with GT while on the go? Get them featured! Send them to us at gtravels@theglobaltimes.in

Akshat Awasthy, AIS Pushp Vihar, IX C

How do you react when someone asks you an obvious (read silly) question? Reply with the obvious answer or simply ignore...right? Well, why not try something different instead? Next time whenever someone asks you obvious questions twist the obvious and shoot snappy, witty answers. Wowzy zowzy...here are few situations to start with.

You enter a restaurant and the manager asks, "Would you like a table Sir/Ma'am?"

Answer Oh! We love eating on the floor, a carpet for 3 please.