

How do we know rakshabandhan is coming. 1. Calendar 5%  
2. Family and friends 10%  
3. Cadbury celebrations ad 85%  
Advik Aggarwal, AIS MV, XII

**INSIDE**



Build a mind palace, P 4

**AMITEpoll**

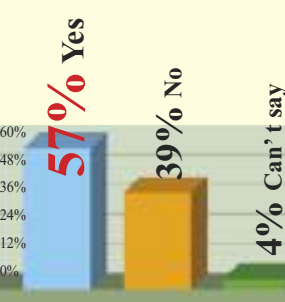
Allahabad High Court has directed govt officials to send their children to state-run schools, to ensure efficiency of these institutions. Do you...  
(a) Agree (b) Disagree  
(c) Can't say

To vote, log on to www.theglobaltimes.in

**POLL RESULT**

for GT issue August 24, 2015

Should the Class X CBSE board exams come back?



Results as on August 28, 2015

**Coming Next**

Professional dress code. Says who?

# Design your platter!

Move over designer clothes, designer food is here! A feast to your eyes, food decoration or food presentation is the next big thing in the food industry. **Labanya Maitra, AIS Saket, alumnus**, dishes up the intricacies that go into an excitingly exotic platter

Every night from 9 pm to 10 pm, when Masterchef US/UK/Australia/India airs on television, millions of food dreams are built and broken. With the sudden avalanche of cookery shows especially the likes of Style Chef and Firangi Tadka, and a major progression in the food preferences of people, food presentation has taken the designer food wave by storm.

**Chefs? Naah, food artists!**  
Food presentation, or plating, starts right from the kind of plate you use. Round, square, white, black, or think completely out-of-the-box and use a glass jar for your pasta; it's anybody's game at this point. Up next comes the actual arrangement of food items. Many chefs use the 'Clocking Technique', i.e. presenting food according to the hands of a clock: protein at 6 o'clock, vegetables at 2 o'clock and starch at 11 o'clock. With the increasing affinity for all things designer, Indian restaurants are making heads turn with their presentation. Chef Jerome Cousin from fine dining restaurant Rara Avis couldn't agree more, "The presentation is the first impression in the entire dining experience. In this industry, we're artists; sure, we aren't painting a picture, but we're painting a plate of food! That is our canvas."

**Eat with your eyes**  
Undeniably, a well presented platter, is likely to win more customers. Cuisines the world over, have distinct styles of presentation. The Japanese have seven styles of food arrangement, including 'sugimori'

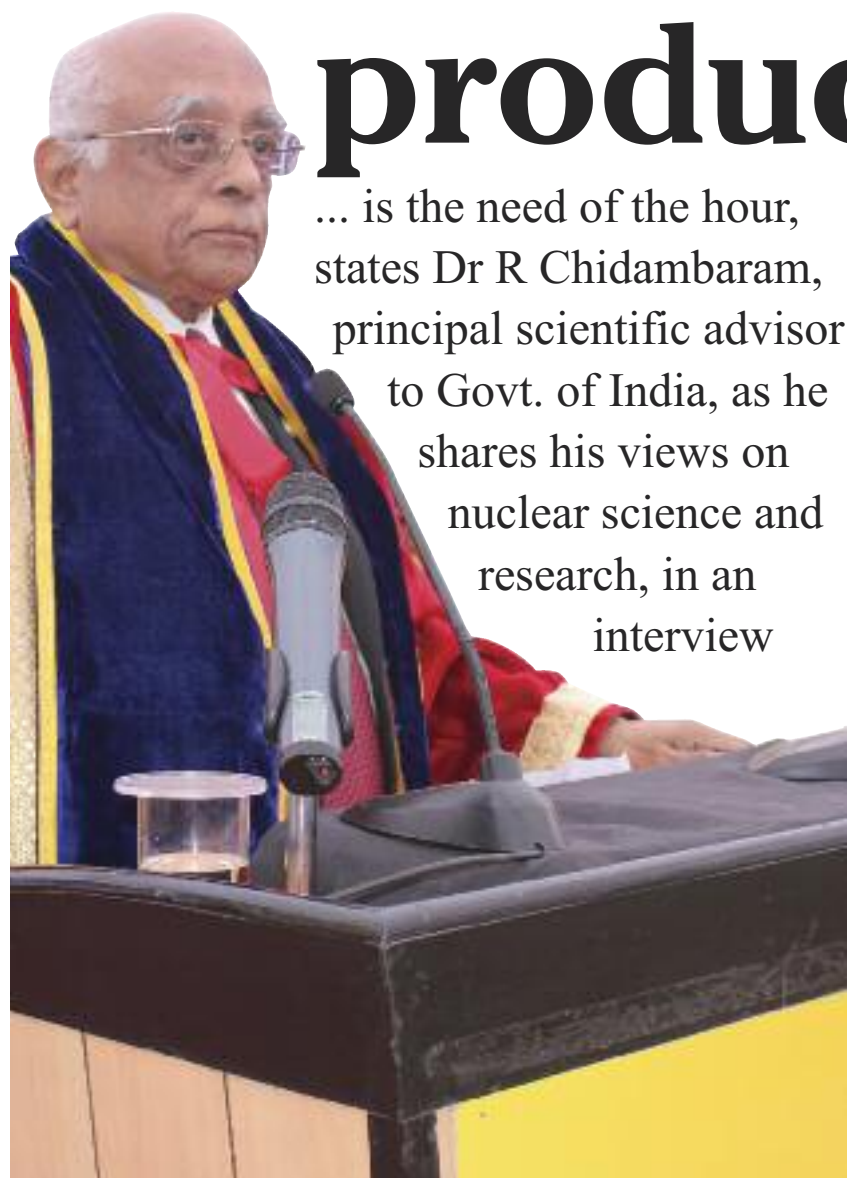


(slanting arrangement), 'hiramori' (flat design) and 'yamamori' (mound-like). Even Indian cuisine is getting a modern avatar, focusing on smaller individual-sized servings. With lentils getting a chic makeover in soup spoons or deconstructed *rasmalais* in glasses, there's more to appease the eye. If it looks good, half the battle is won. "Well presented food increases the footfall of a restaurant; it also enhances the dining experience. However, it's critical that your product should also taste equally good," believes Ravi Sethi, GM, Market Cafe.

**Too 'haute' to handle!**  
If French food connoisseurs have their way, probably a 'Food Fashion Week' would soon be on the runway! Years back, French chefs invented the 'haute cuisine', literally meaning 'high level' cuisine, characterised by meticulous preparation and careful presentation of food. Inspired by that, restaurateurs the world over are incorporating exotic designs in regular preparations, giving them a touch of regalia. A word of caution though, when you set such a high standard for your cus-

tomers, you better stick to it! Ravi Sethi avers, "If we go overboard with various elements of presentation, we might miss out a few; something as simple as forgetting the fries can cost us a lot!" A few mishaps aside, beauty does lie in the eyes of the plate holder! From plating tacos in little carts to serving mocktails in test tubes, new age restaurants like Farzi, Social and One Oak have started taking their presentation a little too seriously. And guess what? People are responding to it with the same zeal. 🇧🇩

# Research directed towards productivity



... is the need of the hour, states Dr R Chidambaram, principal scientific advisor to Govt. of India, as he shares his views on nuclear science and research, in an interview

Sumitra Singh

Amity Law School II, Faculty

**What have been the guiding principles of your life?**

I believe in honesty, integrity, hard work and God's grace. But yes, dignity comes with hard work. If you work hard with utmost dedication and determination, you are bound to win.

**What, according to you, should be the nuclear policy of India at present?**

We have discussed Smiling Buddha (code name for India's first successful nuclear bomb test in 1974) for long. It's time we follow an independent nuclear programme that is not affected by foreign pressure. Nuclear power is a major contributor to India's energy sector. We need to understand the basic nuclear doctrine of India and also of other countries, to create the best programme for the benefit of the society.

**Where do you foresee India in 2020?**

Today, the entire world is envious of India, a country that has marveled in every field! By 2020, I foresee more industry interface in academia, which would create industry ready graduates.



Founder President with Dr R Chidambaram

We need to identify domains for prospective study, research and productivity. For example, one area of research could be rural areas. We have come up with Rural Technology Action Groups that work using technology. India needs more research in such areas. Five years from now, there should be coherent synergy in the area of science and technology, which would lead to faster growth. Research should be directed and propelled towards productivity. India would emerge as a technology driven country with enterprising individuals committed to shape the country's dynamism on the path of success.

**How do you find Amity different from other academic institutions?**

Amity is a dynamic institution. It is a research and innovation driven university with the potential for further excellence. The students are highly enthusiastic and ambitious. I can see that Amity has made great strides in the field of technical education, management and other areas.

**What is your message for the youth?**

I believe in the power of the youth. India is on the path of becoming a developed country and in this journey, the students can play a crucial role and must accelerate the process of growth. Each one of you possesses immense talent. You just need to nurture it. Amity provides you an excellent platform to polish your latent talent. I wish you all the best and success in all walks of life! 🇧🇩



# The boards game: new rules needed?

**Reported:** The central government may end the No Detention Policy introduced under the RTE Act, that automatically promotes students upto Class VIII, and may also consider making it compulsory for students to take Class X board examinations in CBSE schools. The move has stirred up a debate, inviting many views. **Richa, GT Network brings to you some of them.**

## NO DETENTION POLICY: RIGHT OR WRONG

Advocates of the policy say it is important for the social milieu; others have condemned it for degrading the quality of education.

### ✓The policy is important on the social front.

Getting rid of the No Detention Policy will have adverse social implications especially in the rural arena, ranging from lack of job opportunities to an increasing number of school dropouts and early marriage of the girl child. "This policy followed a non-threatening, holistic assessment, which in turn, has led to an increase in the number of student enrollments. Doing away with it would lead to sudden dropouts, rising stress levels that can lead to more suicides, and can also give the Indian parents another chance to withdraw their

daughters from schools. And what about those who stand a chance of earning their bread and butter based on basic educational qualification?"

**Vara Raturi, AIS PV, XI**

✗The policy hampers quality education.

Many states have asserted that the policy has degraded the quality of students being promoted to higher classes and has also increased the number of failures in Class IX.

"The policy results in the lack of a guiding force that can push the students towards a better result. They've got nothing to lose and nothing to achieve. Sense of competitiveness is lost and learning is minimised significantly."

**Megha Jha, AIS Gurgaon 46, XI**

## CLASS X BOARD EXAMS: YES OR NO

Even though the Class X boards vs CCE battle is quite old, it continues to rage on.

✓Class X boards help in handling increased pressure in Class XI and XII.

Students who do not appear in Class X board exams are not equipped to handle the pressure that Class XI and XII brings.

"As soon as you enter senior secondary, academics become priority and the fact that you're supposed to recall everything you've studied all year long, adds to the pressure. It's extremely difficult, distressing and overwhelming. Moreover, appearing in Class X



board exams can be seen as a preparatory ground that gives a definite advantage in Class XII board exams."

**Mehak Bawa, AIS Noida, XII I**

✗CCE facilitates the holistic development of a student.

CCE aims at regular evaluation of students on smaller content and assessing them on traits other than academics.

"The system provides a conducive, non-pressurised and explorative environment for both teaching and learning. The formative assessments provide beyond-the-text learning experiences. The grading system in Class X has put to rest the unnecessary clamouring for every single mark and the race to attain a 'high' percentage."

**Shalini Ramaul, AIS Gurgaon 43, Teacher**

## THE MIDWAY: POSSIBLE SOLUTION

While the variables are many, good quality teachers and adequate infrastructure seem to be the package ensuring quality education.

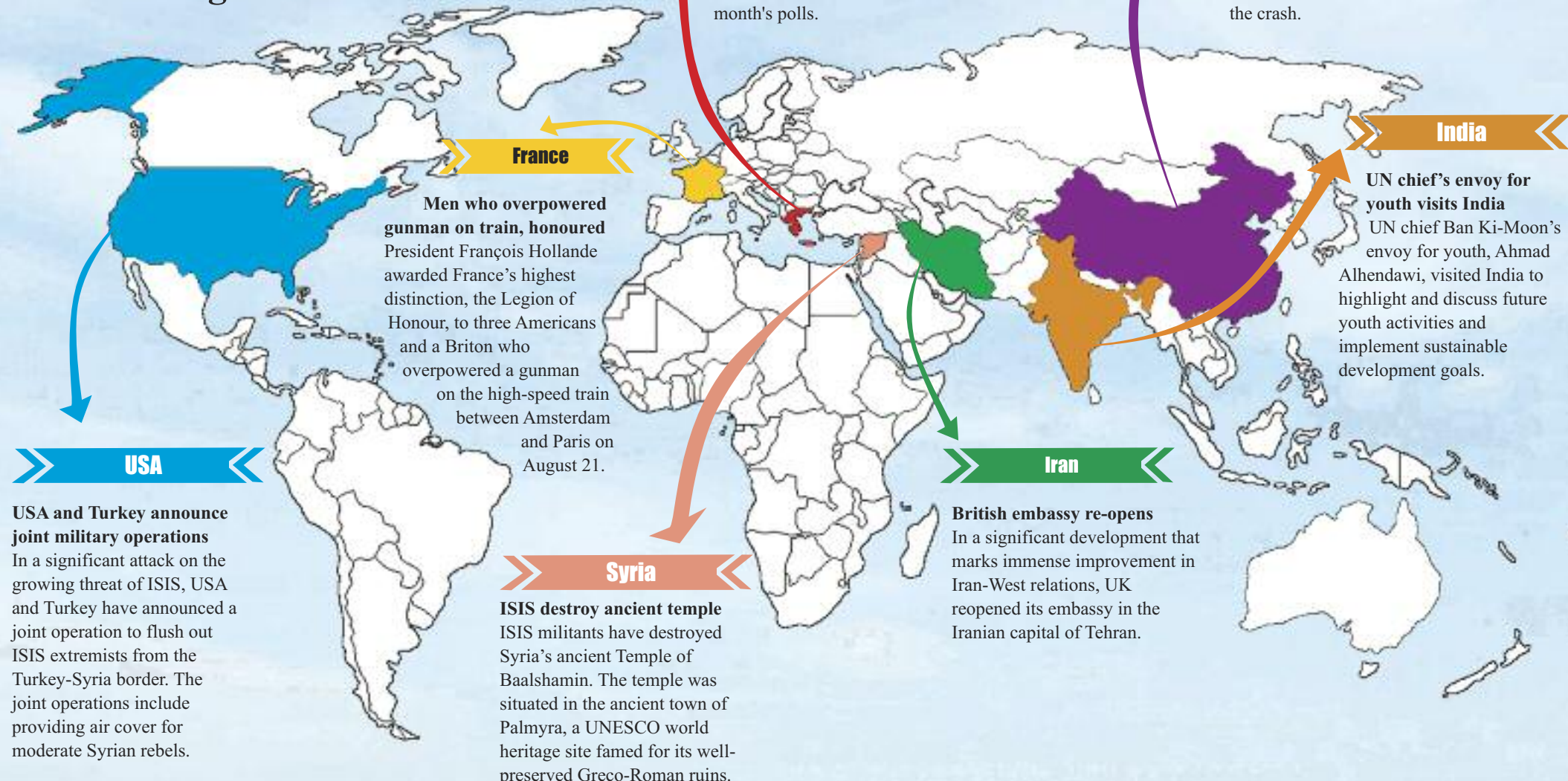
"For any system of examination to be fruitful and successful, it is the quality of teachers and infrastructure that matters the most, especially in the rural areas. What and how the students learn depends largely on their teachers and the environment in which they are learning. A middle path that ensures continuous evaluation but where achieving high marks does not become the sole objective, is required."

**Amika Handa, AIS PV, Teacher**



## World at a glance

GT keeps the newswire ticking by bringing you news from around the globe





Musical rakhis are the hot favourite among little boys.

# Education: then & now

Even though the present-day education system seems to be making giant strides, it could look up to the education practices followed in ancient India for inspiration

Kavya Aggarwal, AIS Vas 6, X B

How would you imagine a classroom of ancient India? Dull and quiet? Well, on the contrary! It was perhaps even more lively than the present-day classroom.

## Guru-shishya relationship

In the olden education system, there was no concept of examinations. Instead, there was great emphasis on the 'guru-shishya' relationship. A teacher would assess every disciple on various parameters to gauge academic as well as intellectual competence. The current education system can learn from the education system of the olden golden days when it comes to teacher-student relationship. Besides, bidding goodbye to examinations may not be such a bad idea after all!

## Emphasis on vocational skills

Back in those days, great emphasis was laid on real-life skills to not only help build warriors but also citizens capable of running cities. Students were imparted practical skills along with theory.

## Physical education

Fitness formed an important part of the daily schedule as students were encouraged to participate in archery and wrestling. Yoga was also stressed upon.

## Studying with nature

Nature and forests are intrinsically



linked to a student's education. In ancient days, most learning centres were situated in the forests, away from townships. Ancient India believed that a student should be connected, by mind and soul, to Mother Earth. Guru Rabindranath Tagore had built Visva Bharati Shantiniketan on this premise.

## Free education

The best things in life are free and edu-

cation was no exception back then. There was no concept of a fee in exchange for education. Dedication and devotion were the only qualities that mattered. A free education also ensured a level playing field for all students sans any discrimination.

## Emphasis on debates

Ancient India taught students to discuss and debate with not only their peers but

also their teachers for better understanding of the subject. It was through critical analysis that Sri Ramanuja and Sri Madhvacharya differed from their teachers on the interpretation of the Brahmasutra. Madhvacharya even made his teacher subscribe to his views. The students had the freedom to discuss their views. It reflects the fact that the gurus were more open to new ideas and views articulated by their disciples and students.

Pic courtesy: Amity Media Cell



The management workshop in progress

## Workshop on case development

### Amity Business School

Amity Business School held a national workshop on 'Case Development and Analysis' on August 22 at AUUP. Eminent personalities, industry veterans and experienced banking professionals graced the occasion. The workshop saw the faculty of Amity Business School as well as the workforce from Corporate Resource Centres of diverse disciplines from ABS in attendance. Seven students from Gyan Bharti Institute of Technology, Meerut, also participated in the workshop. Welcoming the gathering, Prof (Dr) Sanjeev Bansal, director, Amity Business School, shared the interesting history of research.

Illustrious speakers on the occasion included personalities as NM Raja, former senior vice president, Axis

Bank; DK Valecha, retired manager with more than 30 years of banking experience; Ramesh Wahi, banking expert with more than 39 years of experience; Dr Narinder Kumar Bhasin, certified IIBF NIBM bank trainer; Manohar Krishna Asthana, additional general manager (quality assurance and inspection), NTPC Ltd and Amandeep Dhingara, Founder, Transformation Quotient.

During the workshop, many case studies were discussed by the erudite speakers, who also provided lessons on efficient management solutions. Dr Anupama R, convener of the workshop, conducted a session to apprise the students about acronyms used by the research fraternity. The workshop gave students an opportunity to interact with the speakers and discuss the latest trends and challenges of management with them.

## Debate on capital punishment

Pic: Abhinav, ALS II



The participants, winners and organisers of Janmanch

### Amity Law School II

Sumitra Singh, Faculty, ALS II

On August 19, 2015, the Hindi Moot Court Society (HMCS) of Amity Law School II organised Janmanch, which literally translates to 'a stage that is open for all'. The platform saw a discussion by students on the topic 'Validity of Capital Punishment'.

The student participants spoke eloquently to express their views on the burning topic. Some of them supported capital punishment, while some shunned it completely.

Dr Aditya, deputy director, ALS II, appreciated the efforts of students and the HMCS committee. Shivam Verma, founder, HMCS and Dr Santosh Kumar, advisor, HMCS, spoke about the significance of the Hindi language in society

as well as Indian courts of law. Ashutosh Bhardwaj, general secretary, HMCS, proposed the vote of thanks.

Akanksha Tiwari won the first prize in the competition while Prajyot Rai and Malvinder Singh bagged the second and third positions respectively. The programme was organised by chief student coordinators Shubham Sinha, Pronoy Chatterjee, Md Shadab Naqvi, Nivedita Chauhan and Priyank Kumar Saxena.

## An ode to Dr Kalam

Pic: Anuksha Mukherjee, ASE

### Amity School of Economics

Manisha Raj, Faculty, ASE  
Somya Verma, Student, ASE

Students and teachers of ASE gathered on August 20 to pay homage to the late president of India, Dr APJ Abdul Kalam.

The tribute began by Dr Shalini S Sharma, HoI, who shared Dr Kalam's vision. The programme was then taken over by students. Neha Raman enlightened the audience with anecdotes on



Screening of a movie on Kalam

Kalam's life, who sought inspiration in the words of his father and the spiritual guidance of his mother. Sarthak and Sheza Beg enumerated his achievements, ranging from contributions in

science to being sworn as the president. 'Progressive Souls', the musical group from ASE, presented a heartwarming song as a tribute to the Missile Man of India. The economic vision of Kalam was highlighted through a movie presentation by Akshita. The scientist's last days were summarised by Sahaj Monga. Ali Javed's poetry on Dr Kalam's vision brought the event to a close. Emcees Avi Singh and Harsh Gupta were applauded for conducting the event smoothly. Vaibhav Parak proposed the vote of thanks.

Amity Institute  
for Competitive  
Examinations

Presents



Brainleaks-145

FOR CLASS XI-XII

$$\lim_{n \rightarrow \infty} \left[ \frac{1}{na} + \frac{1}{na+1} + \frac{1}{na+2} + \dots + \frac{1}{nb} \right]$$

is equal to

(a)  $\log \left( \frac{b}{a} \right)$

(b)  $\log \left( \frac{a}{b} \right)$

(c)  $\log a$

(d)  $\log b$

Last Date:  
Sep 10, 2015

correct entries win  
attractive prizes

Ans. Brainleaks 144:  
(c)  $V_A - V_C = 4B\omega^2$

Name:.....

Class:.....

School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at [brainleaks@theglobaltimes.in](mailto:brainleaks@theglobaltimes.in)



## Time to create your own

Mind palace requires regular practice and concentration. You also need to choose a familiar place, to be able to use this practice effectively. Here are the steps:

### 1 Create the palace



Choose a known place like your house or school so that you're familiar with every nook and corner. Imagine or make up every little detail as creatively as possible. Walk around the place so you get accustomed to every part of that place.

### 2 Define a route



Memorise the particular route you will follow in the palace. This will help you to remember things in order.

### 3 Identify storage location



Arrange your memories in certain locations. These should be areas which correspond to a fact and are more likely to be able to hold information. Eg: the flower vase midway to your bedroom is an effective location to store a memory.

### 4 Place things to be remembered



Place the memory in the areas you want to remember. For eg: the doormat could have the first few lines of your speech, then the cupboard can have the next few lines. Avoid putting too much information in one place.

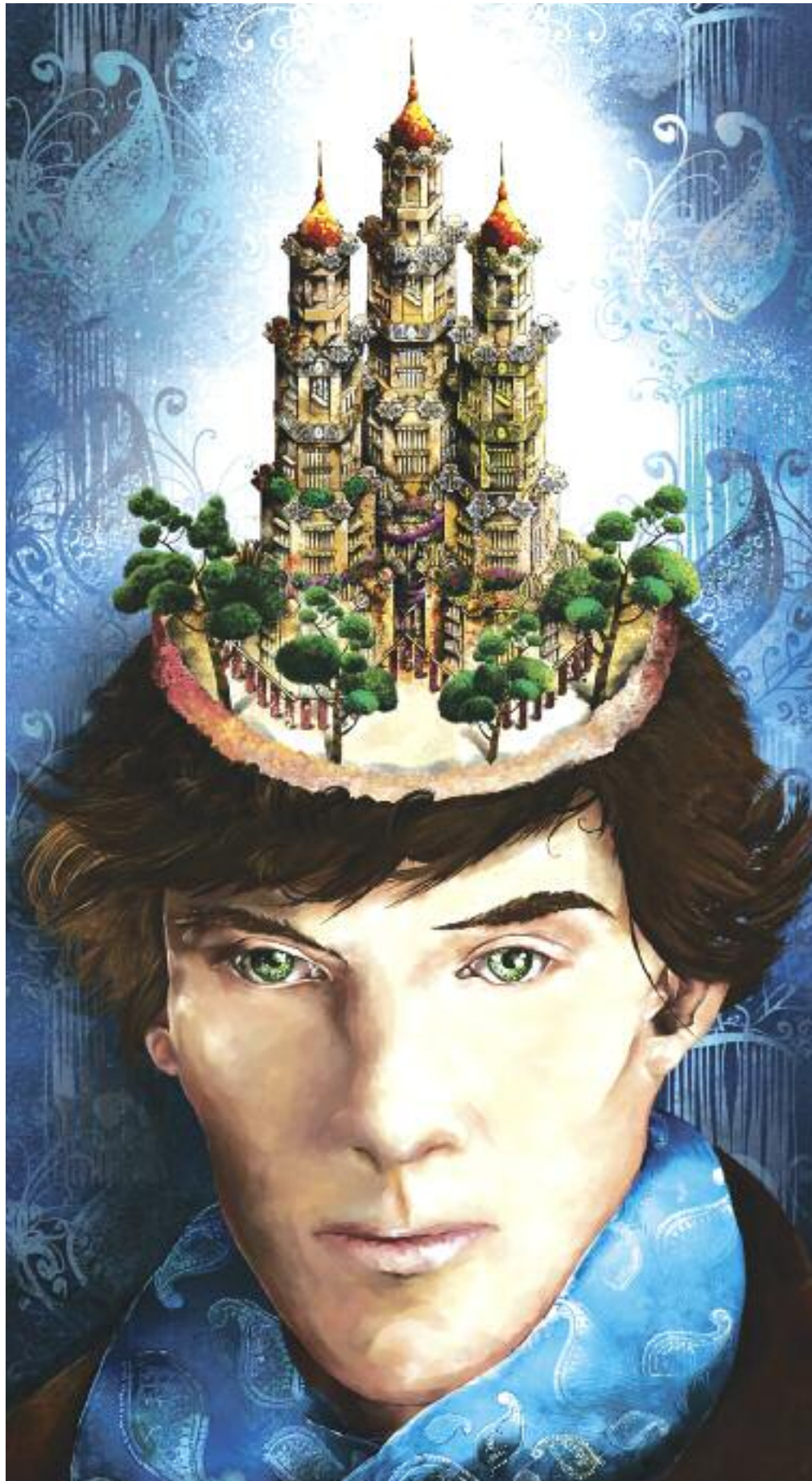
### 5 Use symbols



Instead of always using words to store a memory, use symbols. For eg: if you are trying to remember that you have to buy groceries, imagine storing the image of a supermarket.

# Build your own mind palace

Mind palace is not just a gimmick in the 'Sherlock' series. It is an actual scientific theory used to memorise texts. **Ritwik Kumar, AIS Noida, Alumnus** tells us how...



“Get out. I need to go to my mind palace,” says Sherlock. “Your what?” asked Mycroft. “His mind palace. It’s a memory technique. A sort of mental map. He plots a map with locations. It doesn’t have to be a real place. And you deposit memories there so that theoretically, you could never forget anything. All you have to do is find your way back through the route,” explained Watson. Watching Sherlock talk about his ‘Mind Palace’, many of us aspired to have one of our own, in the hope of becoming as smart as him. While we may not end up becoming replicas of Sherlock, this memory technique can definitely increase our smartness levels.

#### What is a mind palace?

The ‘mind palace’ theory is derived from the method of Loci, a mnemonic device adopted in ancient Roman and Greek rhetorical treatises. It is a memory enhancement method which uses visualization of images to organise and recall information.

Ancient Greek poet Simonides, who escaped from a collapsing banquet, was the one who came up with this theory. He realised that by visualising the room where the accident happened, he could perfectly recall the names of all his squashed fellow revellers. He later put his discovery to good use by associating things he wanted to remember with walks through buildings he knew well.

#### Does it work?

Many memory contest champions have claimed to use this technique to recall faces, digits and lists of words. Eight-time World Memory Champion Dominic O’Brien uses this technique. The 2006 World Memory Champion, Clemens Mayer from Germany, used a 300-point-long journey through his house for his world record in ‘number half marathon’. He memorised 1040 random digits in half an hour! The technique is known to be effective for remembering day-to-day information.

#### How does the technique work?

This technique has little to do with intelligence and more to do with the selective use of the brain. So next time, construct your own mind palace to memorise a tough history chapter. Your brain has several compartments, like a personal vault, which can be selectively used to store information. The effectiveness of the technique, however, relies on your ability to see and walk around in that place mentally with ease. You should be able to ‘be there’ at will, using your mind’s eye only. [G+T](#)

You can enhance your technique with the use of various Mind Palace apps available on Apple and Android devices. They are customized to train you to make better mind palace structures and routes.

### 5 Use symbols



Instead of always using words to store a memory, use symbols. For eg: if you are trying to remember that you have to buy groceries, imagine storing the image of a supermarket.

### 6 Be creative



Be as creative as possible. Store symbols depicting an experience, or visualise something totally absurd. Eg: to remember 110, imagine a pair of twins, with a football.

### 7 Explore your palace



Once you have stocked your palace with evocative images, you need to go through it and look at them. The more you explore, the more you can recall the facts. However, it requires regular practice.

### 8 Use your palace



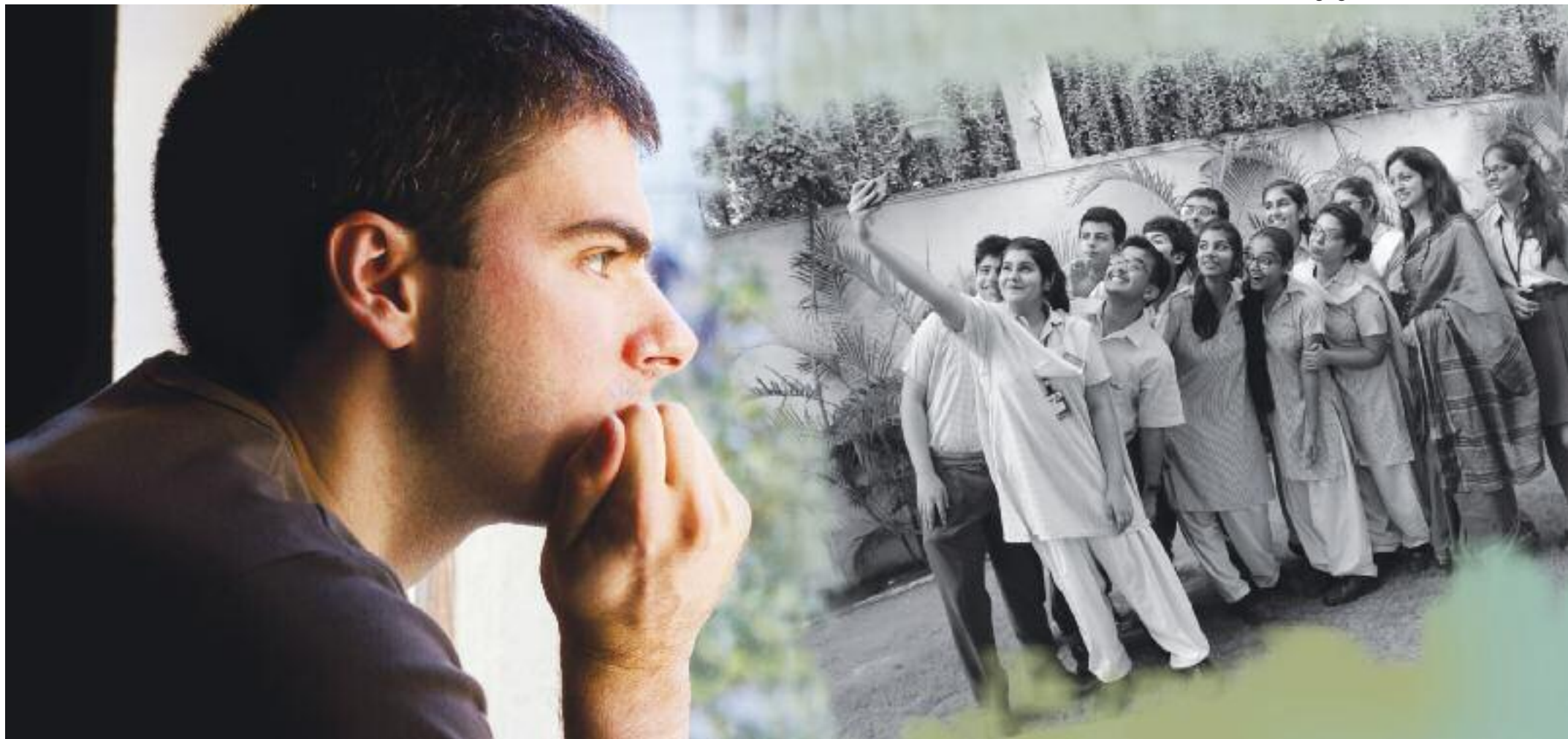
Once you have memorised, recall the information by revisiting the palace and walking through the route mentally. With practice, you can start anywhere and recall a specific piece of information.



An array of rakhi thalis are available during this festival like Floral Thali, Painted Thali, Choco-toffee Thali, Roli-turmeric Thali and Dry-fruits Thali.

# Diary of a nostalgic alumnus

Imaging: Ravinder Gusain, GT Network



Those days of joy, trivial fights, bunking classes and silly pranks, are now beautiful memories that can be cherished for the rest of life. **Ujwal Sachdeva, AIS Saket, XI** pens down the feelings of an alumnus.

*Dear diary,*

Last night, I had a very beautiful dream. I was sitting in my classroom and all my schoolmates were sitting around me. Oh! I just realised how much I miss school! The 12 years I spent in that institution, which was my second abode, were perhaps the most beautiful years of my life. The reminiscences came back to me; the vivid images have now turned into scenes of a black and white film.

The most sentimental part of being in school were the friends who supported us. My friends, though absolutely ridiculous, were the ones who made me want to show up at school. Fighting with them by making mounds out of molehills and then finally reconciling because you know life would be bland

without them, were just normal things for all of us. That was where lifelong friendships were made and where we learnt to stand up for each other.

Scavenging a hideout for bunking classes, begging for those extra five minutes during the games period, all those memories came flooding back. How I miss those long-running classroom jokes, those silly pranks and that PA system which was the messenger of joy to us when we were called to an event. But most of all, I miss the teachers who guided us at every step. They chastised our blunders, yet were always ready to help us. The knowledge I gained was what shaped me, and made me what I am today. It is said that we realise the value of things once they are gone. And what better

to reinforce this philosophy than looking back at my fun filled and enriching school days? The friends, the school bell and the canteen; we will cherish those memories forever. The morning assembly that we all cringed going to; truly made our morning a 'good morning', for the joy of exchanging smiles with known and unknown people, was indeed a perfect start to the day. As I sit down to decide what to wear to college everyday, I miss the school uniform that spared me this hassle. Though my school life is over, those moments will be preserved forever in my heart. Just like artifacts in a museum, those school memories will continue to thrive in my being, constantly reminding me of the days that made me who I am. [G+](#)

## New lingo update

Missing out on the cool phrases used by your friends? Can't understand the trending terms on the net? GT brings to you 8 new words to keep you updated...



### AFTERCLAP

The last person who keeps on clapping after everyone else has stopped.



### CELLFISH

A person who continues to be on phone so as to be rude to other people.



### CHIPTEASE

When you buy a packet of chips thinking that it is full, but it is full of air.



### CHAIRDROBE

Piling clothes on a chair instead of a wardrobe, thus swapping its usage.



### NOMONYM

When on tasting a food, it tastes like something else you've tasted before.



### TEXTPECTION

Waiting hopelessly and expecting someone to respond to your text.



### JUGGERSNOT

A huge impending sneeze you cannot prevent under any circumstances.



### AIRHEAD

A person whose head contains nothing but air, instead of the brain



## Hello Lucknow

**Anushka Singh**  
AIS VKC Lucknow, VIII A

It was a regular evening and I was peacefully sitting on a couch, when suddenly my mother came and announced "We are shifting to Lucknow, pack your bags." It was a big change to move from 'Dildar Dilli' to the 'City of Nawabs'. Since I was emotionally attached to Delhi, I broke down to tears at that very moment. Even my friends were crestfallen and dejected. I gave them a last treat, bid them farewell and was off to Lucknow.

It took us nearly a month to settle and I was missing my friends and my school, AIS Vasundhara 6. Even though I was back to Amity again, it felt as if I had

landed in an alien place. On my first day in the school, I was totally puzzled to see such a big campus. I was a little lost and asked a girl if she could guide me to my class; she turned out to be my classmate. The class teacher introduced me to the entire class. My classmates turned out to be very helpful. Even in my school bus, I met many students and it didn't take me long to befriend them. Over the weekend, I went with my family to explore the city. We were enchanted by the historical monuments. The street food was mouthwatering. I tried the delicious *chaat*, *kebabs* and *kulfi*, all of which were amazing and the reason for making Lucknow a favourite tourist destination. Though I still miss Delhi, Lucknow is surely going to be my new home. [G+](#)

The festival becomes an excuse for the cousins and the family to come together and have fun.



Rakhi Fun

## Tied by love

Dr. Amita Chauhan  
Chairperson

Legends and parables about the origin of Raksha Bandhan, the Indian festival that celebrates the unconditional bond of love between brothers and sisters. A popular one is about Rani Karnavati who sent a rakhi to Mughal emperor Humayun, asking his support against enemy attack. Another legend from 'Vishnu Purana' suggests that when Lord Vishnu won the three worlds from demon king Bali, the demon asked Vishnu to live in his palace. But Vishnu's wife, Goddess Lakshmi, didn't appreciate his growing friendship with Bali. So she tied a rakhi to Bali, and when he asked what she wanted in return, she asked for her husband to be sent back to Vaikunth.

According to Mahabharat, when Krishna cut his finger in a battle, Draupadi tore off a piece of her sari and bandaged his cut. From then, Krishna swore to help her whenever she was in misery. True to his word, Krishna came to her rescue during the infamous cheer haran and saved her from impending disgrace. Such is the power of the thread of love, that bind two souls in the warmth of loving care and devotion.

The biggest gift a brother can give to his sister, is a promise of lifelong protection. But today, it is disheartening to see that even after umpteen distress calls made by sisters, brothers are unable to come to their rescue. Do all the sisters of the country really feel protected? The symbolism of rakhi has a deeper connotation that goes beyond sibling ties. It is for every brother to display the same respect towards others' sisters that he accords to his own. It is for every brother to help every sister in distress, whether related by blood or not. Only then will every sister of the country feel safe and protected. [GT](#)

## Hungry for looks

Vira Sharma  
Managing Editor

Impressions matter. Hence the saying, first impression is the last impression. And what makes any impression most impressive, is the presentation. Be it giving a lecture or writing an exam paper, the impact created with the presentation of the first few words spoken or the first few lines written on the answer sheet, does make for an impression in the minds of the audience or the examiner. It decides whether you hold the audience. It decides how the examiner marks you. And that is exactly the reason why we are taught to write an essay or open a debate with a good quote or a question to engage the audience.

Today, the art of 'Presentation' is a booming industry. There is a full-fledged industry for almost everything that decides for you - how you dress up and what you eat to where you should go and how you should look. Underlying each of them is the belief that a good presentation is important. The top story of this edition brings the unique art of presentation in the culinary world that dictates what we eat and how we eat. The appetising presentation of healthy food is also an answer for many mothers struggling to feed their children with the prescribed nutrition. The art of food presentation is like a paintbrush, ready to paint a new mouthwatering stroke. From food styling, food photography, food critique to food tasting...this industry is opening up diverse careers options for food lovers like never before. As long as presentation continues to impress the mind and tickle the taste buds, the industry will flourish. And we will continue to eat because we are hungry...oops! (sorry) because it looks gorgeous. [GT](#)

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# Every travel tells a tale

*Sail the Nile, dive in the Red Sea, climb Machu Picchu, ride a camel through Rajasthan or explore the romantic Taj Mahal; for today, travelling remains not only an excuse to take a break from the busy schedule of life, but is packed with countless other advantages too*

Niyonika Chhabra, AIS Pushp Vihar, XII

### Travelling, a learning process

One of the most extensive and pivotal sources of history has been the travel diaries of various globetrotters. Ibn Battuta (Moroccan explorer), Christopher Columbus and Captain James Cook - they all flipped the pages of the book called world and learnt some of the major lessons of their life and taught us some too.

### Broaden your perspective

One of the major benefits of travelling is the expansion of your horizon. When you don't travel, you tend to view things from a single perspective which



limits you and you lose out on something extraordinary. Traveling allows you to view the same situation from different perspectives, enabling you to have a more beautiful view.

### Embrace the diversity

Travelling allows you to interact with different people, understand their cultures and mingle with different societies. So, if you are studying about Russia, perhaps a visit to the country will help you know more about the people, culture and their lifestyle in a way that textbooks never can. Besides, it makes you respect other cultures enabling you to shed racial

and national prejudices and adapt to new ideas more willingly and readily.

### Discover yourself

Travelling helps you discover yourself. It compels you to explore, to seek for more and create your own rules. When you come out of your comfort zone, who knows the 'new you' might come as a pleasant surprise for you.

### A proactive approach

Travelling also teaches us to appreciate the amiss because things are not meant to fall perfectly in your lap. You have to work your way to make them right. From living life on a budget, to being your own cook and tailor, to doing your own washing and cleaning, you might have to do it all. The quest for adventure empowers us to face even the worst of obstacles.

### Bond with reality

People cannot truly appreciate what they have until they travel somewhere and are face-to-face with abject poverty, or to a place where people don't have the same freedom they enjoy in the cocoon of their homes. Travelling introduces us to the real world by taking us out from our 'ideal pretty picture'. Time to challenge yourself and break away from the tried and tested methods of learning. Instead, go get bitten by the travel bug. [GT](#)

# Aim high, think higher!

... says Dr Supriya Chakrabarti, associate dean for Research & Graduate Studies, College of Science, University Of Massachusetts during his visit to Amity University, to acknowledge the partnership between the two universities of repute. Here, he shares insight on India's rapid progress and more

Abhishek Saha

Amity Instt of Nuclear Science & Technology

### On his first stint with space

When I was a small boy, my dad showed me the launch of 'SPUTNIK-1'. That was my first interaction with space. After that, I pursued a normal higher secondary degree and didn't have any specific plans regarding space in particular. It was only after a certain period of time that destiny drifted me towards space and now, we are together.

### On the entrepreneurial boom in India

India has always been entrepreneurially inclined and



Dr Supriya Chakrabarti (3rd from right) with students and faculty of Amity University

now with the current boom of start-ups, it feels as if the entire country is witnessing a revolution. I think India is and has always been on the right path and in Amity, I can just sense the diversity of talent they have. I believe the students will shape the bright future of India.

### On Amity

The university has progressed a lot in recent years and that shows how well the students have taken the initiative to put Amity ahead of other institutes in a very short span of time. So, it really shows their dedication and brightness along with good management. The facilities add to their potential, empowering

them to create a vision and encouraging them to turn it into reality.

### On Amitians

Amitians come across as students with bright minds and I was really impressed with the level of passion, dedication and the enthusiasm they showcased. I am sure India is in responsible hands.

### Message to the youth

Well, being a teacher, I would like to say that aim high, think higher and work the highest. This is the time when you should let your work speak through the passage of time. [GT](#)

## Little pearls of wisdom

# Aspire to be a good human

Manika Joshi, AIS Vas 1, VIII B

*"It's not hard to make decisions when you know your values."*

'Moral Education' is a subject that has always found place in the school curriculum, but the question that arises is - can it really be 'taught' in schools? The very existence of values as a subject speaks volumes of its importance. But today, values seem to have taken a backseat, and the reasons for the same are many, compe-

titition being one of them. We live in a world where competition seems to be the thumb rule. Everybody is trying to achieve new heights, blindly running towards their goals. More people seem to be taking a self-centred approach and the philosophy of 'I, me, myself' dominates. The result is the loss of the feeling of brotherhood and harmony.

The foundation of our life is based on our beliefs. Morals contribute to the formation of a strong character,

something that is necessary to lead a dignified life. A person with values remains connected to his inner-positivity, self-esteem and self-respect which not only helps to bring harmony in their life but also to those around them.

So, while you run in the race to the top, don't lose your ground. While you aim higher, do not forget to stay rooted in values. And as you compete to move ahead, compete to be a good human being too.



Dear editor,

The article published by the global times on our victory at ISSDC 2015 was a very special one. It perfectly captured the essence of the competition through firsthand experiences by the participants. Seeing such coverage made us even prouder. If the article missed out on one thing, it's the bloopers that ensued with the photo-shoot!

Dhruv Khanna, AIS Noida, XII

Write to us at editor@theglobaltimes.in

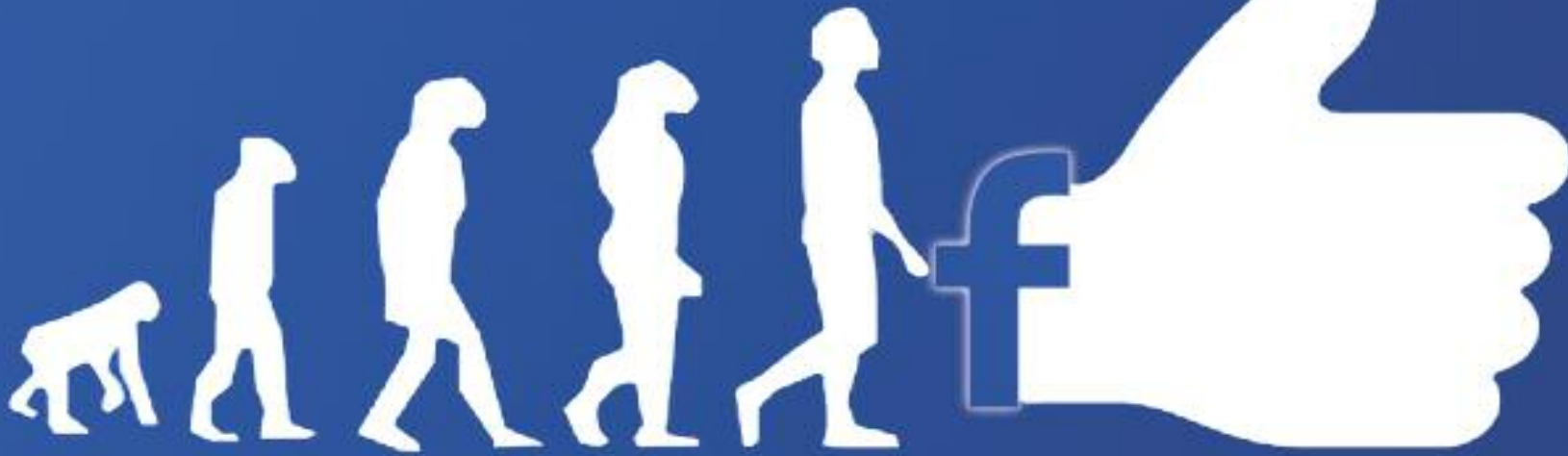


Several mythological stories are related to this festival; some of which involve Indra and Indrani and Draupadi and Krishna.

Status of the week



# It's free and always will be



Like, tag,  
comment, share...  
Mini-feeds, updates...  
for all you care!

👍 Mark Zuckerberg dropped out of **Harvard** in his sophomore year to complete the Facebook project.

👍 The germ of Facebook may have been seeded from **'The Photo Address Book'**, the student directory in Zuckerberg's prep school.

👍 The New Oxford Dictionary announced that the 2009 Word of the Year was **'unfriend'**, as in 'to remove someone as a friend on a social networking site' such as Facebook.

👍 The film, **The Social Network** (2010) portrayed the rise of Mark Zuckerberg.

👍 Mark Zuckerberg suffers from red/green colour blindness. This is why he gave Facebook a blue colour based design.

👍 Facebook has over 350 million active users. More than 35 million users update their status each day, with more than 55 million status updates each day.

👍 **57% people** talk more on Facebook than they do in real life.

👍 A **20 year-old IBM** employee in Canada lost sick leave benefits from her insurer because her Facebook page showed 'cheerful' photos while she was on paid sick leave for depression.

👍 Facebook generates a revenue of **\$1.4 million** each hour and most of the earnings are through ads.

👍 On an average, **7246 users** are added every 15 minutes.



Like us on

<https://www.facebook.com/theglobaltimesnewspaper>

## Germ of an idea



When 23 year old Mark Zuckerberg founded Facebook as a psychology and computer science student at Harvard University, little did he know that he was on his way to developing a hugely popular social networking website that would connect zillions of people across the world and become a medium of cultural exchange and a platform to usher in social transformation. Little did he know that his site, intended solely as a 'fun zone', would turn into a money making machine for him and an employment avenue for many others.

Let's take a look at how the FB bug bit its creator so hard that he dropped out of college to spread the social networking fever across the world. **Vastavi Gupta, AIS Mayur Vihar, XI traces the journey of Facebook**

## Zero to cash overflow

A steady flow of money made its way to Zuckerberg's cash registers with the inception of Facebook. What set the ball rolling in 2004, was the first investment of \$500,000 by the co-founder of PayPal, Peter Thiel. In 2005, East Asia's richest man at that time, Li Hu Shing, invested \$120 million dollars. Time Magazine has named Zuckerberg among the 100 wealthiest and most influential people in the world. In 2014, the earning of FB was pegged at around \$3.5 million.

## The debut profile

Zuckerberg had developed a number of social networking websites for fellow students, including CourseMatch, which allowed users to view people taking their degree, and Facemash, where you could compare and rate people's attractiveness. His socially interactive site, Facebook, debuted on February 4, 2004, at his alma mater, Harvard University. Zuckerberg developed this SNS with his college roommates and fellow students Eduardo



Saverin, Andrew McCollum, Dustin Moskovitz, and Chris Hughes. By May 1, 2005, it grew to support more than 800 college networks. By the end of 2005, a profile on the FB page had almost as many details you would find on it today, except that it still had an amateurish MySpace vibe back then.

## The new homepage

Facebook gifted its users a brand new homepage in March 2009. Among other things, the new look added the publish tool from user profiles to the main homepage to let the user



post links, photos, videos, or write a note with an extra click. This brought an interesting twist to the already exciting scheme of things, letting the users share more of themselves with each other. What you did in real life sort of found a social sanctum once it was updated on FB. What you couldn't say face-to-face, you could declare on Facebook. Where you were going, what you were doing, who were you hanging out with, everything turned cool if it was on FB. The world began to virtually live on Facebook. The FB profile became your identity while Facebook became the new buzzword!

## Mini feed - major view



A year later, Facebook got a more adult makeover, which included the addition of mini-feed, ie, a friend's FB activity directly on one's profile. Several weeks later, Facebook moved beyond schools and became open to the public at large. Anyone who was more than 13 years and had an email id, was eligible to open an account. This made the site accessible to anyone and everyone who cared to connect online. This was one of the first steps of FB towards popularity.

## The Facebook court

From a social media website to a platform to share one's views, opinions, grievances and injustice, Facebook has come a long way. Here's how facebook has empowered people all over:

👍 Social media can be a valuable source of evidence in court cases. This is especially true in family law cases (divorce, child custody, child support, etc.) where many of the parties involved might still have access to view the profiles and posts of the other parties.

👍 In cases like 'Nirbhaya' and the recent Jasleen Kaur fiasco, Facebook has served as a platform to voice the injustice faced by women in the Indian society and has united pressure groups to hold policy makers accountable.

👍 Once a social issue gains momentum on Facebook, it becomes difficult to suppress it. Like, comment or share, you are sure to create ripples.

## 'The' official drop

On September 20, 2005, thefacebook.com officially dropped 'the' from its name and became Facebook, paving way for its chic new avatar, replete with a larger photo, and a font that was a bit more pleasing to the eye. Thus, the networking platform took up a giant leap to super success. And today, with advertisers and promoters vying for any itsy bitsy space on the networking page, Zuckerberg has virtually stirred up a money minting machine.





# Shades of humanity



**Storywala**

I have crossed the fences bordering the camp, broken down the chains surrounding my heart, and when I come to take you away, don't ask why. Maybe we can watch the stars together again.

friendship we shared eons ago, that let me see an excited sparkle in your irises that warmed the darkness of your face. You whispered that I run away, while I questioned your morality. I reported you later to the Nazi. And all night, as the bombs fell in disjointed harmony and as my father received a wire from the Fuhrer announcing the gassing of twenty Jews in Auschwitz, I thought of your eyes. I knew you felt betrayed. The stars still shone faintly in the vast sky as I thought of the three years long ago, when we watched them in the dark sky, before another star took its place on your chest. We loved each other. True, you are that and I am this. But we are people, and God taught us to love. So now, I have crossed the fences bordering the camp, broken down the chains surrounding my heart, and when I come to take you away, don't ask why. Maybe we can watch the stars together again. For when we tear down the fences surrounding our hearts, bombs will stop falling, and in their place, we'll find nothing but love. [G U](#)

**Ahlaam Rafiq, AIS Noida, IX G**

feasting on our pure-blooded race-the Germans. At least that's what I believed. You were there and I was here. But – you were here too, so beautiful, a coloured negative of my image. You were, but a hounded shadow, and when I looked up, I saw death waiting impatiently at your corner. "Guten tag!" you said. It seemed strange then that we spoke the same tongue. "Shouldn't you be at the concentration camp?" I asked you. There weren't many of your people walking free on the streets. Your eyes flickered up to mine. Perhaps it was the innocence of your inexperienced years, or the doomed

I look into the mirror, and see normality. You look into the mirror, and your image shows me an anomaly. I see my golden hair and blue eyes, while your reflection gives you black hair and deep brown eyes. We are different, you and I. I go to sleep hearing mamma's old saxophone. You struggle on a damp mattress, trying to close your eyes as the bombs sing you a lullaby. We receive Christmas cards from the Fuhrer; you receive gifts too: anguish and cessation. Yes, I know all about you. You are the Jews, the filth of our country; parasites



## Banoffee pie

**Aesha Singh, AIS Pushp Vihar, IX**

### Ingredients

#### For the base

Butter (melted) .....100g  
 Digestive biscuits (crushed) .....250g

#### For the caramel

Butter .....100g  
 Dark brown soft sugar .....100g  
 Condensed milk .....1 can

#### For the top

Bananas (sliced) .....4  
 Whipped cream .....300 ml  
 Chocolate (grated) .....1 bar

### Method

■ In a loose bottomed cake tin, mix biscuit crumbs and butter.

- Spread the mixture evenly on the the base and about halfway up the sides of the tin to make a pie shell. Chill in the fridge for 10 minutes.
- Melt the butter and sugar in a pan over low heat, stirring constantly until the sugar dissolves.
- Add the condensed milk and bring to a rapid boil. Keep stirring continuously until it turns into a thick golden caramel.
- Spread the caramel over the base, cool and then chill for about 1 hour.
- Carefully lift the pie from the tin and place on a serving plate.
- Spread the bananas on the pie and pour whipped cream over the bananas.
- Decorate with grated chocolate.

## word DETECTIVE

Dig into the word box.  
 Spot 11 musical instruments.



- WORDS:** ■BALALAIKA  
 ■CLAVICHORD ■DRUM ■DULCIMER  
 ■GLOCKENSPIEL ■HARPSICHORD  
 ■MANDOLIN ■OBOE ■SNARE  
 ■TOM-TOM ■UKELELE

## POEMS

# Black or white

**Anoushka Chakrapani, AIS Saket, X A**

Black or white, heads or tails, decision-making is where I fail. 'Why' is all I could ask, all I could say, the question that had all the answers, to the long-standing fray. My mother, all sangfroid, answered "because the sky is so high", My inquisition was peculiarly answered, by that instant reply. Those six words held my fate, a mantra that would show me what awaits. Some might find my perspective bizarre and odd, but, that statement is more than just literal, if you give it a thought. All that stands in your way is YOU, your decision is what can make or break you. Don't be pessimistic, you're not alone, everyone questions their purpose. You may not have known, queries might be simple or tough,



like the hills or the bay. All you have to remember is that everything, eventually, is going to be okay. [G U](#)

# Our life

**Shaivya Vishal, AIS Gur 46, X A**

Life is a roller coaster, full of ups and downs, sometimes you feel like flying, and at times down. There are times of happiness and tears, and days of struggle and fear. At times you feel like shouting, for you are unheard and feel neglected, but all this is part of life, so do not get affected.

Life is synonymous with struggle and challenges, so never give up and fight the odds with zeal. Live each moment to the fullest, for life is too short for regrets. In life, when faced with hard choices, remember your dreams and listen to your inner voices.

Why wake up stressing, when waking up is a blessings. During dark times and despair, hold on to hope with prayer. Remember that ups and downs are part of life, so you can take everything in your stride. [G U](#)

## CAMERA CAPERS

**Ansh Aggarwal, AIS Pushp Vihar, XI D**

Send in your entries to [cameracapers@theglobaltimes.in](mailto:cameracapers@theglobaltimes.in)



The stream and the feathers



Chequered smiles



Independent streaks





Post offices remain the busiest at the time of this festival as all the sisters send rakhis and even letters to their beloved brothers.

# The tale of strength

Illustration: Deepak Sharma, GT Network

## Wisdom Tale



Once upon a time there was a girl called Sneha. She lived with her father. Her exams were about to start and she was not very good at studies. She thought of skipping her exams due to anxiety. When she told this to her father, he took her to the kitchen. He filled three pots with water and placed each of them on a high flame. Once the water began to boil, he placed potatoes in the first pot, eggs in the second one and ground coffee beans in the third pot. Sneha gave a puzzled look to her father.

She could not understand what he was trying to do. After some time, he took out the potatoes and eggs, and poured the coffee in a mug. He asked Sneha what she saw. Sneha quickly replied, "I see potatoes, coffee and eggs." She also noticed that the potatoes had become soft, the eggs had become hard from inside, and when she sipped the coffee, it tasted delicious.

Her father looked at her and explained, "These three items were different in nature but they faced the same adversity.

Sneha gave a puzzled look to her father. She could not understand what he was trying to do.

All three items were boiled in water but each reacted differently. The potato was strong but after boiling, it became soft. The egg was fragile but boiling made it hard. However, the coffee beans were unique. They took a new form which was better than before. Even we humans have different personalities and the question is how we respond to a problem. Give your exams and you will be surprised to see yourself do better than you expected." Sneha smiled and realised that running away from any problem was not a solution. She understood that every challenge is an experience.

Fable retold by: **Aditya Tandon**  
AIS Gurgaon 46, VII

**So what did you learn today?**  
Every problem has a solution and problems make us better people.



## Stuffed potato egg

Debojeet Shah, AIS PV, III

### Ingredients

Eggs (boiled) .....6  
Potatoes (boiled) .....2  
Salt .....to taste  
Red chilli powder.....to taste  
Tamarind *chutney*.....to taste  
Mint leaves .....a few

### Method

■ Cut the boiled eggs into halves to obtain 12 pieces.

- Scoop out the yolks from the eggs.
- Mash the boiled potatoes and egg yolks together. Add salt and red chilli powder to the mixture.
- Stuff the eggs with potato mixture.
- Heat oil in a pan, and shallow fry the eggs carefully to prevent them from breaking.
- Fry till the eggs turn golden brown in colour.
- Place the fried eggs in a platter.
- Garnish with mint leaves and serve with tamarind *chutney*.

## POEMS

### Wings of fire



Saksham Roy, AIS VKC LKO, VII A

Never did we think,  
one day he will get tired.  
In a trice, our beloved president  
Dr APJ Abdul Kalam,  
amidst moan and cries,  
left us to be.  
He was the shining star of paradise,  
and left mankind in deep grief.  
Nevertheless our pain will cease,  
Sir, may you rest in peace.  
You will be recalled again and again,  
for those precious values.  
You are the brightest star,  
that will shine in the sky forever.

### Little red ball



Sanjna Saxena, AIS Vas 1, VII A

A little red ball,  
came into my hands.  
While watching a cricket match,  
sitting in the stands.  
People tried to steal it,  
as it was really rare.  
It came into my hands,  
I caught it with care.  
I think I am really lucky,  
to catch this ball.  
It was a surprise,  
as I am not very tall.  
As I caught it,  
it didn't hurt at all.

## Riddle Fiddle

1. The more you take, the more you leave behind. What are these?
2. What is a snowman's favourite breakfast?
3. Why don't mountains get cold in the winter?
4. What do you call a dog on the beach in the summer?
5. Where does a polar bear keep its money?
6. What goes up but never comes down?
7. What is the last thing you take off before bed?

### Answers

1. Footsteps 2. Frosted Flakes 3. Your feet off the floor.
4. A hot dog
5. In a snow bank 6. Your age 7. They wear snowcaps

## Match the items with the seasons



## It's Me



**My name:** Shaurya Chaudhary  
**My school:** AIS Gurgaon 43  
**My Class:** I  
**My birthday:** February 15  
**I like:** Rhymes and stories  
**I dislike:** Dal and vegetable  
**My hobby:** Playing football  
**My role model:** My father  
**My best friend:** Sparsh Bisht



**My favourite game:** Cricket  
**My favourite food:** Parantha and ketchup  
**My favourite teacher:** Ritu Ma'am and Shefali Ma'am  
**My favourite subject:** English  
**My favourite poem:** Johnny Johnny, Yes Papa!  
**My favourite mall:** MGF Metropolitan Mall  
**I want to become:** A famous cricketer  
**I want to feature in GT because:** I love GT!

## Painting Corner

Ashmi Srivastava  
AIS Gur 43, II





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At Amiown birthday celebrations become unforgettable! Schedule a birthday party at our centre and have a blast. Space available on Sundays.



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The post offices remain the busiest this time as all the sisters send rakhis to their beloved brothers.

# Independence Day celebration

Saffron, white and green - Amity schools immersed themselves in the colours and spirit of independence with patriotic zeal and enthusiasm



Dr (Mrs) Amita Chauhan at AIS PV celebrations



Col VBF Mark (centre) at AIS VYC Lucknow





Tiny tots at a plantation drive

## AIS Pushp Vihar

With patriotic fervour in the air, the students geared up to celebrate the 69th Independence Day of India. The school organised a special assembly on August 11, 2015 for the primary students and a grand assem-

bly on August 13, 2015. The stage came to life with tri-coloured craft decor. The students paid a tribute to the present day women heroes of the country for making their nation proud. The students dressed up as famous personalities like social activist Medha Patkar, boxer Mary Kom, astronaut Kalpana Chawla and IPS officer Sanyukta Parashar. Little patriots also participated in a plantation drive on the occasion.



The grand assembly was graced by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, who unfurled the national flag and inspired the students.  

## AIS VYC Lucknow

AIS VYC Lucknow celebrated Independence Day with patriotic zeal and enthusiasm on August 15, 2015. The celebration started with unfurling of the flag by Col VBF Mark, director-administration, Amity Schools, Lucknow. This was followed by a special assembly, wherein the tiny tots participated in a fancy dress competition dressed as famous freedom fighters, such as Jhansi Ki Rani, Pandit Jawaharlal Nehru, Sarojini Naidu and Subhash Chandra Bose. A short skit was performed on the occasion by the students, that



Patriotic fervour in young hearts

showcased the Jallianwala Bagh massacre. Also, an inter-house GK quiz on India and its freedom fighters was conducted by Tanuja Singh. The quiz successfully encapsulated the important dates and events of the independence struggle and significant facts about India.  

# Felicitation ceremony

## AIS Noida

The felicitation ceremony for the CBSE batch of Class XII (2014-2015) organised by AIS Noida on July 10, 2015, held a special air of exuberance.

Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, graced the occasion and applauded the efforts of the achievers. She emphasised the importance of hard work in a student's life and inspired them to achieve new milestones. Mythili Mishra (All India topper in humanities) and Raina Banerjee (District Topper in science) were felicitated during the event. Principal Renu Singh congratulated the students for their outstanding performance and praised the teachers for their constant support.



Chairperson felicitates Mythili





Interact club team (2015-2016) take the oath of office

# Interact club installation

## AIS Saket

AIS Saket organised installation ceremony for its Interact Club on July 23, 2015. The event began with lamp lighting by Bharat Joshi, president of Rotary Club Delhi Midtown and other esteemed Rotarians Rahul Bhargava, Pawandeep Kataria, Aneesha Dalmia and Anshul Chandok. The students of Class II-V presented two mesmerising performances - a song 'Hum Mein Hai Vishwas' and a fusion of kathak and traditional Arabian style. The outgoing president of interact club,

Tanya Chauhan, reiterated the achievements of the club in the academic session 2014-2015. The newly appointed club members received their badges of responsibility and pledged to put in efforts towards creating historic benchmarks. Bharat Joshi and Rahul Bhargava congratulated the office bearers.

The event culminated with a stimulating address by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, encouraging the students to work hard and make the world a better place. Principal Divya Bhatia appreciated the young students for their work.  



# Visit to TERI

## AIS Gurgaon 46

The students of AIS Gurgaon 46 visited The Energy and Resource Institute (TERI) with the aim to learn about conserving nature and its elements and to understand a way to model India towards a more energy efficient future. The purpose of the educational excursion was to make children aware of the projects related to sustainable energy and environment. At TERI, the students visited the Solar Energy and Biomass Gasification plants. They were excited to learn about the natural waste water management done completely by plants from the Phragmites australis family. Children



Students enjoy the TERI visit

were made familiar with the process of composting and collecting dried leaves to prepare manure. School principal Arti Chopra encouraged the students to come up with innovative ideas for sustainable development without jeopardising the non-renewable resources. The trip was successful in making the students feel responsible towards contributing their bit to the environment.  

# Inter house dance competition



Enthusiastic performers





Dance moves on the roll

## AIS VKC Lucknow

An inter house dance competition was held on August 1, 2015. The theme of the competition was "Who we are?" The first performance by Bhagirathi house was an enter-

taining dance with the message that hope and love can conquer all the negativity in this world. The performance by the students of Pawani house showcased the contrast between the robotic lives we lead and our humane side. The performance by Mandakini house impressed the



judges with their agility and grace. The last performance of the event was by Alaknanda house, on the theme of patriotism. The winner of the keenly contested inter house competition was Alaknanda house, followed by Pawani house at the second place.  

# Patriotic song competition



Winning team of AIS Vasundhara 1



## AIS Vasundhara 1

A patriotic singing competition was organised by Bharat Vikas Parishad at Inderprastha Engineering College on August 9, 2015. The team of AIS Vas 1 added a feather in their cap by winning the first prize in the competition, and have further been selected for the state level competition. The competition saw the participation of teams from 21 schools. Each team comprised of six to eight students and had to present two patriotic songs, one each in Hindi and Sanskrit. Principal Valambal Balachandran and vice principal Veena Mishra congratulated the participants and their music teachers under whose guidance students cultivated their inner talent.  



Patriotic song competition at AIS Noida

## AIS Noida

A vibrant and colourful inter school patriotic song competition, 'Dwani' was held at AIS Noida on August 13, 2015. A total of 32 schools participated in the grand event that aimed to instill patriotic spirit in the youth, through music and songs. Amity has been hosting this event from the last 15 years as a part of Independence Day celebrations. All the songs sung during the competition were self-composed, and won everyone's heart. The judges appreciated the creativity of the participants. The winner of the competition was Vishwa Bharti Public School, while the second and third positions were won by AIS Vasundhara 1 and AIS Saket respectively.  



Making rakhis at home adds to the fun and a self made rakhi will make your brother feel more special.  
All top quotes by **Vandit Bawa, AIS Noida, VIII I**

# BREAKING



Loved by everyone, refused by no one. Such is the charm of this food. Once known as a poor man's food, now counted among exotic dishes. GT presents before you a commonly uncommon food we all know as the humble 'bread'.



## Markook/Shrak

**Origin:** Turkey  
**What is it?** Thin, round, unleavened flat bread, about 18 inches (40–50 cm) wide, usually made of wheat flour, water and table salt; has low moisture content and consequently, a long shelf life.

## Pretzel

**Origin:** Germany  
**What is it?** A knot-shaped bread, used with various seasonings such as chocolate, glazes, seeds or nuts, giving it varied flavours.

## Sacramental bread

**Origin:** Rome  
**What is it?** Made of wheat flour, water, yeast and salt; used for Eucharist ritual in Christianity.



## Food Poster | Part 1

## Focaccia

**Origin:** Italy  
**What is it?** Flat oven baked bread, similar in texture to pizza, topped with herbs.



## Crisp bread

**Origin:** Scandinavia  
**What is it?** Very dry bread, traditionally made with whole meal rye flour, salt and water.



## Christmas wafer

**Origin:** Eastern Europe  
**What is it?** Thin and flat bread usually embossed with images of Christian figures, such as Jesus or Virgin Mary.



## Scone

**Origin:** United Kingdom  
**What is it?** Small quick bread usually made of wheat, barley or oat-meal, with baking powder leavening.

## Ciabatta

**Origin:** Italy  
**What is it?** An elongated, broad and flat loaf, shaped like a slipper and somewhat collapsed in the middle.



## Rice bread

**Origin:** Japan  
**What is it?** Made from rice flour, which gives it a crispy, airy texture.

## Mantou

**Origin:** China  
**What is it?** Steamed bread made of white flour, often sweetened.



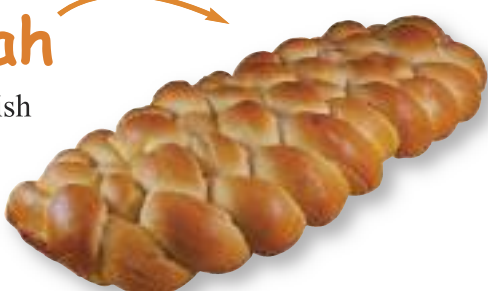
## Potbrood

**Origin:** South Africa  
**What is it?** Produced in a cast iron pot covered with wood coal, available in a wide range of flavours; often made with wheat flour and sweet corn.



## Challah

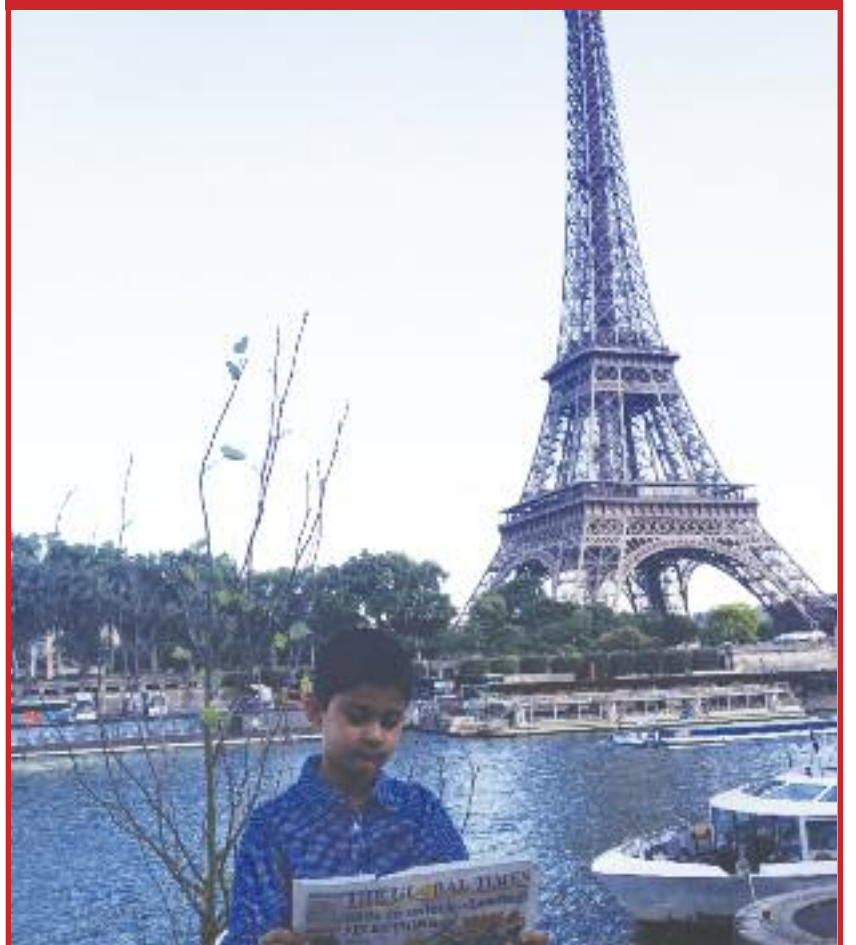
**Origin:** Jewish  
**What is it?** Braided bread, made with wheat flour, yeast, oil/butter and eggs, and is used for Shabbat (Jewish festival).



## Rye

**Origin:** Europe  
**What is it?** Made of various fractions of rye grain flour, its colour varies from light to dark, depending upon the flour used. It is dense and has high fiber. The darker the colour, the stronger its flavour.

## GT Travels to Paris



Anuraag Tripathy, AIS Saket, IV C poses with his copy of The Global Times at Eiffel Tower, Paris. Named after the engineer who constructed it, the tower is 324 metres (1,063 ft) tall, about the same height as an 81-storey building.

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