

Brazil is the first South American country to host the Olympic Games.



Fat tax or fat chance

India is the third most obese country in the world. But is a fat tax the solution to the problem? Maybe yes. Maybe no.

Sanya Goel, AIS Gur 43, X C

In order to curb rising consumption of junk food and subsequent rise in obesity numbers, the state of Kerala has introduced a 14.5 per cent 'Fat Tax' on burger, pizza, tacos, doughnuts, sandwich, pasta, bread fillings and other cooked foods served in branded restaurants.

In simple words, 'fat tax' is a measure taken by the government to discourage people from consuming junk food items by simply increasing their prices and hence putting them out of customers' reach.

Does Kerala really need fat tax?

YES: According to the National Family Health Survey, Kerala is the second most obese state in the country after Punjab. Also, "People are eating a lot of junk food and rejecting traditional food," Finance Minister Thomas Isaac was quoted saying. Lifestyle diseases also seem to be on the rise in the southern state.

NO: The fat tax is limited to junk food. But where are the fast food outlets in Kerala that seem to be all the rage in the state? Kerala is not big on multinational fast-food chains, unlike its neighbouring states Karnataka and Tamil Nadu. Three McDonalds and four KFCs – that is the number of fast food outlets in Kochi, Kerala's most cosmopolitan city.



Illustration: Anju Rawat
GT Network

So where is all the junk and the tax coming from?

Will fat tax help Kerala?

YES: Those proposing the tax are of the opinion that while it may not help curtail consumption of fast food completely, it will definitely bring a drop in the popularity of fast food. Many parents will dissuade their kids from eating such food items simply because of the high prices.

NO: The fat tax may bring down the consumption of pizzas and burgers, but what about the oil dripping local food of the state? The popular Neyappam snack or Kerala's famous banana chips or beef fry won't be taxed. This means that people will continue to eat unhealthy food items, as long as it is not being served in branded restaurants.



Has fat tax helped other countries?

YES: Denmark introduced a fat tax in 2011 but the

tax was later retracted in 2013, owing to public outcry. According to the British Medical Journal, the consumption of junk food fell in the country by 10-15%. It also suggests that the country would have been healthier had the Danish government stuck to its decision.

NO: A 10% tax is levied on sugary drinks in Mexico. Despite the tax, the country witnessed an upsurge in the cola industry this year. Several reports show that the demand for these drinks continues to increase despite the tax being levied for two years now.

So what do we do?

While the intentions of the tax seem to be in the right place, a low ambit and lack of comprehensive taxing procedures are some challenges. Perhaps, the government needs to consider encouraging consumption of healthy food items and bringing down their prices.  

What Amitians say

If other states adopt this tax

The implementation of this tax in Kerala should be closely observed and the pros and cons need to be reviewed. After the outcomes in Kerala have been thoroughly examined, this tax can be implemented with amendments in other states.

Ritwik Kar, AIS Noida, XI E

Strict action is the need of the hour

No matter how much we try to create awareness about healthy eating, people will invariably eat junk food. Increasing acknowledgement of healthier options and lifestyle may not work in Kerala, which calls for the need of strict measures by the government.

Arushi Arora, AIS Vasundhara 1, X A

Right knowledge is the key to change

People should be made aware of healthier options that can lead to a healthier lifestyle through simple ways such as eating home made food, having a balanced and nutritive diet, exercising, sufficient intake of water and adequate sleep rather than being taxed for eating outside. This will be more beneficial than such a forced tax.

Eeshna Gupta, AIS Saket, X C

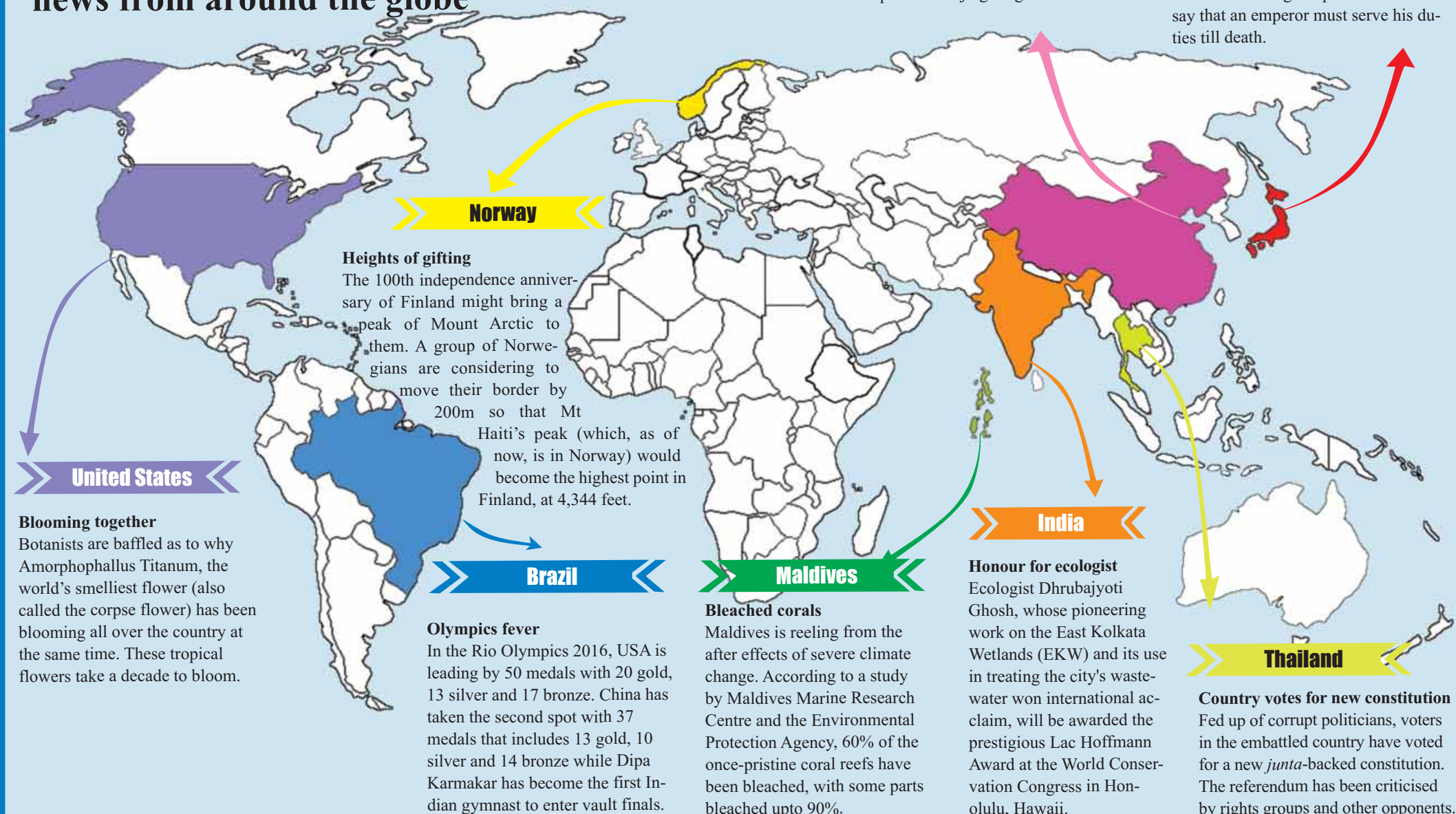
Limited fatty food will curb obesity

I feel it is a great way to curb obesity. Some countries like Japan already have fat tax, which shows the enormity of the problem. Other ways to curb obesity is to open junk food stalls and restaurants only for a few hours in the day. There should also be a law against constructing junk food stalls in the vicinity of schools.

Aditi Banerji, AIS Noida, VIII J

World at a glance

GT keeps the newswire ticking by bringing you news from around the globe





The torch relay began on April 21 in Olympia in Greece, the game’s birth place and finished in Rio on August 5.

Internship matters

Getting an internship isn’t easy, especially if you are a high school student. While the road may seem tough, the goal isn’t impossible. **Daksh Chokra, AIS Gur 43, Alumnus,** shows you the way



First Person

Once you’re in college, the road to an internship is straightforward. Often, a recruiter comes to your institution, you give him or her your resume, and later, they follow up with you. Then there are a couple of interviews and eventually, if you’re lucky, you get an offer. Finally you join the company and thus begins your journey of experience. Different companies and colleges have their own variation on this, but there’s almost always a clear road to an internship. But it’s not that simple in high school. At the onset, it can appear as if companies don’t want high school students, or, if they do, they often hire interns just for ‘coffee and copies.’ But the truth is that if you have technical skills, it’s entirely possible to get an internship as a high school student. I asked some of my friends how they managed to nab real tech internships right out of high school. Though everyone had his or her own story, I noticed two things. The first was networking. The second was sheer gall.



Many of the people I talked to secured internships in high school just because they reached out to the right people. For instance, I wouldn’t have even known about the first coding opportunity, much less received an offer, without my high school computer science teacher. The nuances of networking are best left to someone else, but here are a few ideas: Go to tech events in your city. These can be conferences, or meetups, or hackathons, or anything, really. Anything that will expose you to people in the industry. Collect business cards. Follow people on Twitter, and cultivate online

relationships. You can even try ‘networking’ on sites like StackOverflow or Quora. I’ve received offers based just on the answers I’ve written. If this seems daunting, then remember that you probably already have some important connections. If you’ve ever taken a CS course, for school or otherwise, you have your teacher in your network as well as your other programmer friends. Those are connections you’ve already made. Secondly, dare. Stretch the requirements, and try applying to some internships meant for college students. Also, try

looking into some industries that you’re not familiar with. Sometimes, these risks payoff. Refer to websites such as Letsintern.com, Twenty19.com, Internshala.com, etc to find more options. These sites post internship offers regularly. But perhaps the most salient snippet of advice comes from another one of my friends: “Be persistent. Keep bothering people until they respond to you. Dodge them till the end of the earth. If worse comes to worst, all they can do is reject you from an internship you already don’t have.” Duh.  

Amity Institute for Competitive Examinations

Presents



Brainleaks-176 FOR CLASS IX-X

A stone tied to a string is whirled in a circle. As it revolves, the string suddenly breaks. The stone then
(a) Flies off radially outwards
(b) Flies off radially inwards
(c) Moves in a circle of large radius
(d) Flies off tangentially

Last Date: Aug 18, 2016

3 correct entries win attractive prizes

Ans. Brainleaks 175: (b) 124

Winner for Brainleaks 175

- 1. Ramik Tiwari, VIII- AFYCP, AIS PV
- 2. Jigyasa Sharma, VIII- AFYCP, AIS Noida
- 3. Lakshya Gupta, VIII-AFYCP, AIS G 4B

Name:.....

Class:.....

School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at brainleaks@theglobaltimes.in

Leicester welcomes Amity

AUMP

Dr Sumit Narula, Director, Amity School of Communication, Madhya Pradesh visited University of Leicester, UK for paper presentation and session chair from July 26-August 31, 2016. The topic of the paper presentation was Nomophobia, a new psychological disease amongst the university students of India. The visit was fully sponsored by University of Leicester. During the visit, Dr Narula went to various famous attractions and met participants from almost 50 coun-

tries around the world. He also had the chance to meet Dennis McQuail, a stalwart in the field of mass communication. “I thank Amity University for providing me this opportunity, wherein I was able to meet educators from around the world and discuss the current scenario in higher education. I feel this learning will help me contribute more to the higher education sector in India,” said Dr Sumit Narula, upon his return.



Spell it right

“Beleive me, you are my friend.” Well, we would have if you had spelt it right. **Aashita Gupta, AIS MV, XD** gives you memory tricks that will tell you how to speell err...spell right...

WORD	MOSTLY MISSPELT AS	MEMORY MEDICINE
Amateur (am-at-e-ur)	Amature	Amateur is not mature.
Bellwether (bell-wet-her)	Bellweather	You can never bell the weather.
Lightning (light-n-ing)	Lightening	Though lightning lightens up the sky, it does not have an 'e'.
Privilege	Priviledge	The privilege is not on the edge.
Necessary	Neccessary	There is always one 'C'ollar and two 'S'ocks.
Believe	Beleive	There is always a lie in Believe.
Friend	Freind	A friend stays with you till the end.
Vacuum	Vaccum	I will (C)see (U) you two.
Campaign	Campain	A campaign maybe a pain, but it isn't spelt so.
Unforeseen (un-fore-seen)	Unforseen	The unforeseen is not 'for' you.
Possession(possess-ion)	Posession/ Possesion	It is never possible for the S to stay alone.
Barbecue (bar-be-cue)	Barbiecue	Barbie does not like the cue.
Threshold (thresh-ald)	Threshold	The thresh has not got the 'hold', it's got the 'old'.
Persevere(per-sever-e)	Persever	Sometimes, it can be 'severe' to persevere.
Business (bus-in-ess)	Bisness	Business is all about 'us' and our profits.

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Indian musings

The heart of an NRI that beats for India. The valour of Indians who sacrificed their lives for India. This Independence Day, we bring sentiments in varied hues, all echoing the feeling - ‘love for India’

Unhailed heroes...

...are not mentioned in history books. But every time, we celebrate patriotism, these names will echo the loudest



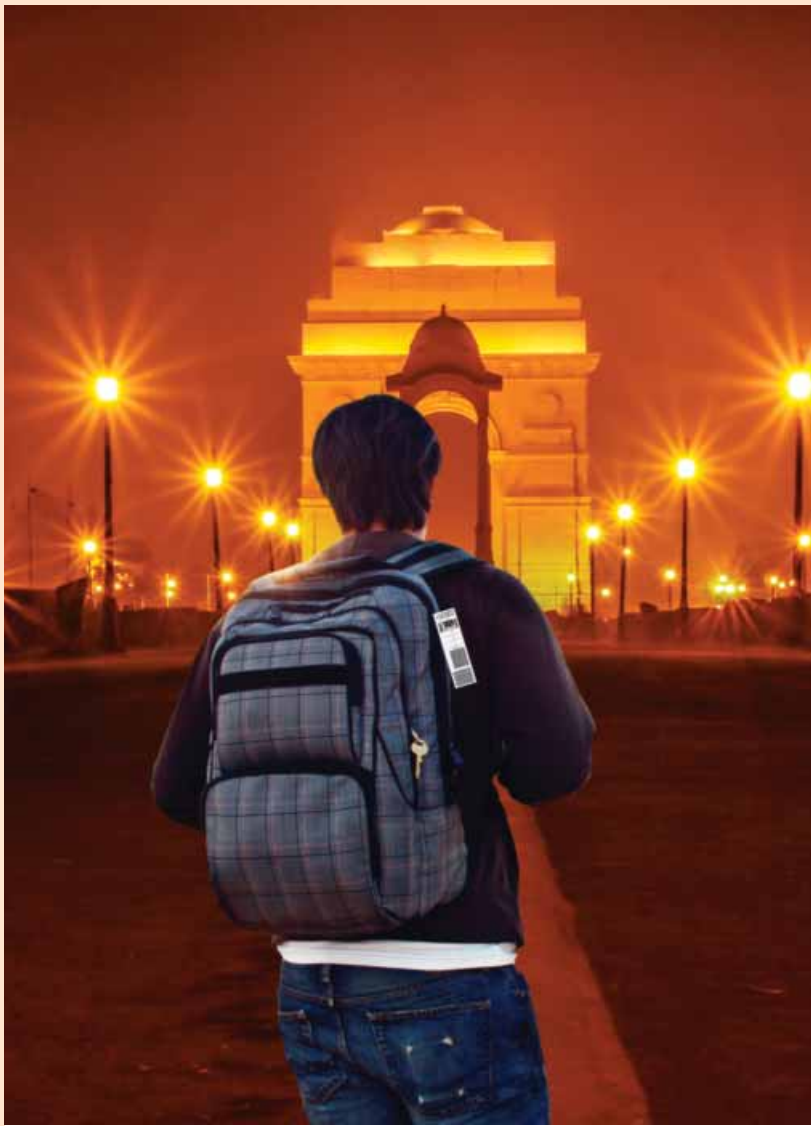
Major Sandeep Unnikrishnan
Incident: 26/ 11 Mumbai terror attack
Honoured with: Ashok Chakra
What happened: On the night of November 26, 2008, several iconic buildings in South Mumbai were under a series of terrorist attacks, the 100 year old Taj Mahal Palace Hotel being one of them. Major Unnikrishnan was the commander of 51 SAG deployed in Operation Black Tornado to take control of the Taj Mahal Hotel. He engaged the terrorists in a fierce gunfight, leading his team from the front. When an NSG commando was injured, he arranged for his evacuation. Meanwhile he chased the terrorists, continuously engaging them. In the encounter that followed, he was shot from the back, and succumbed to injuries thereafter.
Last words: Do not come up, I will handle them.



Neerja Bhanot
Incident: Hijack of Pan Am Flight 73
Honoured with: Ashok Chakra
What happened: If courage had a name, it would most likely be Neerja Bhanot. As the Senior Purser aboard Pan Am Flight 73 on September 5, 1986, which was hijacked by armed terrorists at Karachi airport, she exhibited valour at its best. When held at gunpoint with nearly 400 other passengers for more than 16 hours, she held her duty above her life. She provided assistance to passengers at every juncture, with her service and emotional support. She gave heart to her co-workers with her calmness and professionalism. In the final hour, when the battle was almost won, she martyred herself while shielding three children from bullets. An epitome of bravery, courage and support.
Last words: Get out, run!



Captain Vikram Batra
Incident: Kargil War
Honoured with: Param Vir Chakra
What happened: The Sher Shah of Indian army, Captain Vikram Batra was a man of great courage and soaring spirit. He single-handedly killed three enemy fighters in a dangerous combat and recaptured peak 5140 on June 19, 1999, five weeks after the Kargil war began, by attacking enemies from the rear side. He lost his life in a bid to recapture peak 4875. He gave the world a new epitome of humanism when he saved the life of a Subedar during a counter attack, for he had children and a wife to look after. And the next moment, he was shot fatally.
Last words: Jai Mata Di 🇮🇳
Text by: Yashasvi Sharma, Ishita Fotedar, Aditi Bhatt & Namrshi Bhagat, AIS Mayur Vihar, XI



Imaging: Pankaj Mallik, GT Network

Dear residential brother...

...do not judge me from my Calvin Klein tee and my accent. I love India the same way you do but I’m placed a little too far to express

Doyita Mukherjee
AIS Gur 43, XII D

Maybe I am not as good with words as Anupam Kher’s character from Dilwale Dulhania Le Jaayenge, an NRI who is heard saying “Hum toh Hindustan ko apne dil mein liye ghoomte hai.” Neither do my mornings begin with me singing “Vande Mataram.” But does that make me less of an Indian, or a not-so-good NRI? We hardly have any time in the morning just as you. The only difference, perhaps, is that I go to Wall Street and you, to Cyber City. But yes, there are times when my patriotic senses are at peak, when I spot henna painted hands in the crowd. And then suddenly, the wide, polished roads of the Times Square start to narrow down to resemble Chandni Chowk. It is on these days that I choose to go to an Indian restaurant for lunch. The enticing smell of palak paneer reminds me of my grandmother who masters the art of adding ‘ghee’ to almost everything edible. And nothing apart from the biggest rasgullas would do for dessert that day. Diabetes can wait and US has a good health insurance policy. And then, I get back to business.

Yes, I do go out for a game of soccer with my friends, but hitting a six has joys greater than kicking a ball any day. Aah, the feeling of euphoria when Dhoni hits a helicopter shot and Sachin marks a double century! I can only keep myself from whistling. See I’ve got them, the Indian genes. There is one difference though. While you look for all the exotic destinations the world over to spend your holidays, I have just one place to go, my country (brownie points for this). And I’ll be honest - I do it for myself. For there is no feeling as that of a sense of refreshed identity, of knowing that you can still come back and will be welcomed with open arms. Yes, I do complain of traffic and hygiene but it is not the arrogance of a green card holder, rather the importance of greenery. It isn’t a competition between you and me, but a difference of circumstances. I respect the country I live in as much as the one I was born in. For my culture has taught me ‘respectfulness’. And it is things like these that are more Indian about me than eating ‘dal makhani’ everyday and singing ‘Vande Mataram’ every morning. “You can take a person out of India, but you cannot take India out of him.”

[A Bollywood fan]

Giving back to our nation

We have come a long way, but the journey isn’t over. The path still awaits new footsteps to fill in the old shoes

Anoushka Chakrapani
AIS Saket, X

Hindustan, the land beyond the great river Indus, has been embossed as a land of diversity since times immemorial. From the early Maharajas to today’s ministers, the building blocks of this country have always been its people. The passion, the desire to work for the country bubbles through the blood of every Indian. Since the 19th century, when the British Raj was widespread, India was known for its individualism and a plethora of resources ranging from the ashen coal to the crystal clear Kohinoor diamond. The variety that India offered in terms of goods, was seen as a good opportunity to be exploited by the British. But India, with its brave civilians, was not one of the countries to bow down to a handful of foreigners. From 1857 till 1947, each and every Indian marched, revolted and sacrificed more than just their lives for the nation. Each Indian fulfilled his duties as a civilian, and devoted time, blood and sweat, tears and dreams to his motherland



Perspective

Imaging: Anju Rawat, GT Network

India. And that is how they became role models for generations to come. With the will to fight for the right to freedom, they succeeded in making India a democratic and sovereign country. Thanks to our forefather’s stories and anecdotes of their lives inscribed in our books, we are familiar with the sacrifices of our ancestors. They gave us the freedom to run the nation and it is our duty

to do justice. India being the largest democracy in the world, has the potential to emerge as a superpower. This needs to be respected by each one of us, so that the dream of our forefathers to make India, a happy and powerful nation, can be turned into a reality. Indians have always done their part and will continue the same. Yes, we will give back to our nation. 🇮🇳



The Maracana stadium in Rio was host to the opening ceremony.

Part 6

Prerna Series

This is part 6 of Prerna Series, a collection of ten stimulating posts about the life and beliefs of Chairperson, inspired from her interactive sessions with Amitians on Prerna Diwas - 2016.

Why have a role model?



Dr Amita Chauhan
Chairperson

“For me, my parents are my biggest role models. My father was a professor dedicated to his career while my mother was very hard working; so in time they became my role models. I am also very influenced by the biographies of famous people, who have made a difference to the society. Reading about Tagore and Mother Teresa made them my role models. I always ask ‘Why are they successful?’ All successful people have the same qualities – purpose of life and hard work. They have an aim and they work towards it.”

Every year, with the advent of Independence Day, the patriotic fervour permeates through the country. We are engulfed in a feeling of pride, and say a silent prayer of gratitude for the air of freedom we breathe today, all due to the sacrifices of our freedom fighters. Have you ever wondered how countless Indians, came out for the common cause of freedom? Because, they found role models in the revolutionaries, and walked on the path devised by them. Had there been no role models to emulate, we would have still been entrapped under foreign rule.

In every time and age, it is important to have a role model, as that is the first step towards becoming a better person. As they have already traversed the path you may be wanting to follow, their experiences and wisdom will guide you. As they have overcome myriad obstacles, their life history will surely serve as an inspiration should you face similar hurdles. As they have reached the pinnacle of their success, imbibing their good habits will put you on the right track.

A role model doesn't have to remain the same all through your life; a role model doesn't even have to be someone who is immortalised in the pages of great books. A good role model can be anyone, who can inspire you to do something better with your life. If you are puzzled as to who should be your role model; just look for three things. Do you have similar aspirations as them? Have they undergone similar struggles as you? Or, is their life story so captivating that it inspires you beyond words? Choose your role model wisely, it will make a world of difference to your personality, your outlook.

Having a role model is the first step towards becoming a better you.



Prerna Diwas celebrations at AIS PV

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Pry for paradise

Illustration: Anju Rawat, GT Network

We tend to romanticise the age of exploration, like it was all about exploring new cultures and discovering exotic lands. But the starvation and the extremities of walking through landscapes full of awfulness are often ignored.

Mrinal Wahal & Saumya Kalia, Alumnus, AIS Vas 6, bring you the pry for paradise of explorers, the way often leading through hell.

Christopher Columbus

Those beautiful Caribbean islands that have been written and talked about were maybe not as venturesome, in real life. Columbus explored Haiti and the Dominican Republic and gave rise to the new world as we know it. But the building blocks of this new world were starvation and hatred. He had to battle shortage of food and water before he finally made it to his destination. The man who gave us this new world was wanted dead by his own crew members for they were desperate to turn back, tired of constant hunger. Columbus, on the other hand, could see his destination even in the darkest of nights. When refused food by a group of angry natives in Jamaica, knowing that a lunar eclipse was going to occur, he used his knowledge to his advantage. He told them that the eclipse was an expression of God's anger at the native's behaviour. Next moment, he had plenty to eat.

Roald Amundsen

A broken arm, surviving an attack by polar bears and freezing in the middle of the sea in a ship stuck in ice - sounds like a movie right? But that's the story of the great Amundsen, the first explorer to lead an expedition to south pole and the first to reach north pole via air. A sea adventurer at heart, Roald Amundsen decided early on life that he wanted to drift across the vast oceans and explore its wilderness. On December 14, 1911, Amundsen raised the flag of Norway at the south pole. He learnt from all his expeditions, acquiring new skills each time, to become better. "Victory awaits him who has everything in order—luck, people call it. Defeat is certain for him who has neglected to take the necessary precautions in time; this is called bad luck," he believed.

James Cook

We've all heard of James Cook, the man who discovered New Zealand. What we might have missed is the harsh European weather he had to deal with on his way to India through the North. And the way he kept his men motivated while he fought ailments and diseases. Once, when his ship was hit because of shallow water, he got rid of loads of essentials, for the destination mattered more than a comfortable journey. It was his captaincy that motivated men to move forward and not turn back. Despite the ordeals these explorers went through, their own accounts still mostly speak of the beauty of places they discovered and the adventures they experienced en route.

That was their outlook in life, what is yours? Life is an adventurous journey every day, after all. 🇮🇳

Little pearls of wisdom

Power of concentration



Soham Ghosh
AIS Noida, VIII

Once, Swami Vivekananda during his visit to Chicago, USA, saw some young boys trying to shoot the eggshells floating on the river, with an air gun. The eggshells were rolling up and down on the river but the boys missed the target every time they tried. Vivekananda saw that none of the boys were able to hit the target and were getting annoyed. Vivekananda sat aside, waiting patiently and watching their game. The boys saw Vivekananda's interest in the game and called him, "Sir you have been watching the game for a long time, would like to give it a try?" Vivekananda smiled and said, "Yes, why not?" He took the air gun in his hand, aimed at the eggshells, concentrating for some time. He fired twelve

times and successfully hit an eggshell every time he shot. The boys were awestruck by the shooting skills of Vivekananda and asked him, "Great, how did you do it?" He said, "Whatever you do, put your whole mind into it. If you are shooting, your mind should be only on the target. Then only you will never miss the target or aim in your life. If you are learning your lessons, think only about the lessons and nothing else." This short incident from Swami Vivekananda's life shows the power of concentration and that, one can train his/her mind to think of nothing else, but only focus on the target. Since the nature of the mind is to get easily distracted, it is difficult to concentrate. And in Vivekananda's words, "The world is ready to give up its secrets if we know how to knock and give it a necessary blow. The strength and force of the blow comes from concentration."



GT M@il

Dear Editor,
The fictional story, "Happier heavens", page 8, August 8 edition moved me. It is an inspiring story. It tells how, one can take, 'the punches life throws', in one's stride. In this story, I liked the way Lily was brought up by her mother. The story had a befitting end too.

Tia Raizada, AIS Noida, VIII F



I previously believed in and left me awestruck. It made me realise how ignorant I was towards my own priorities. I now have a different perspective. I hope GT continues to print such inspiring articles.

Sehaj Ghuman, AIS Noida, VIII 🇮🇳



Dear Editor,
The article I found most interesting in the August 8 edition of GT was 'Choose your Words'. It went against everything



Vira Sharma
Managing Editor

The moods of photography

For the last six years, The Global Times has been organising the GT Picture-It Photo Contest on a theme associated with the Independence Day, with success. This opportunity created by Chairperson, and lead by the GT photo editors of Amity Schools, has culminated with a rich reservoir of photographs on varied themes and subjects. Each year, I have had the opportunity to interact with an accomplished photographer, whom we invite to judge the competition.

And each year, as I interact with the judges, there is always something new to learn about this deep and diverse art of photography. Sharing his two decades

of experience in photography, our judge this year, Mr Ishwar, shared that one of the biggest challenges of a photographer is to capture challenging/tragic events as a family that has lost their loved one or a protest or riot. In the first case, the atmosphere is so sensitive that one has to look for the right mood or expression. And the role of the photographer is to strike a connection not just with the subject but also with the environment that s/he is in. Sharing instances of dilemma while covering the Nithari incident or Ayushi murder case, he said, it's easier to report such events, but very challenging for a photographer, who has to evoke the right feelings without making it very provocative. And in the case

of a riot, as the situation explains, the photographers on many occasions risk their lives, which we, as readers, may just miss out.

If photography was just the handiwork of a good expensive camera, then perhaps, we would all have been excellent photographers. But that's not the case. This is an art which involves a lot of personal involvement and getting the feel of what you have to capture. As a photographer once rightly claimed, "You need to be 90% therapist and 10% photographer."

Till then, enjoy the double spread of pictures clicked by budding photographers, who have captured varied things...that happen only in India. 🇮🇳



GT Picture it Photo Contest 6

From the *pujari* with a smartphone to the *Lamborghini* with a *nazarbattu*, from making way for the cow on the road to the cow making way for news and debates, from watching *Doordarshan* on an *LCD* to a *Ramlila* performance going 3D, India is a land of peculiarity - of diversity, integrity, fraternity and modernity. This Independence Day, Amitians capture this unique spirit of our country that will make all utter, "It happens only in India!"

Theme:
 It happens only in India!



Sejal Mangla, X A
AIS Saket



Anika Joshi, VII D
AIS Vasundhara 1



Maansi Manchanda, XII B
AIS Gurgaon 43



Avnija Maurya, I E
AIS Vasundhara 6



Eklaavya Singh, X B
AIS Saket

Special Mention



Pihu Kalra, X C
AIS Mayur Vihar

Special Mention



Srishti Manchanda, XI G
AIS Noida

Special Mention



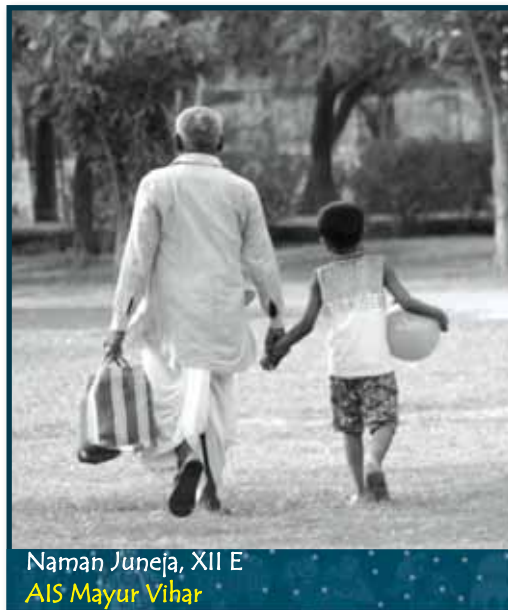
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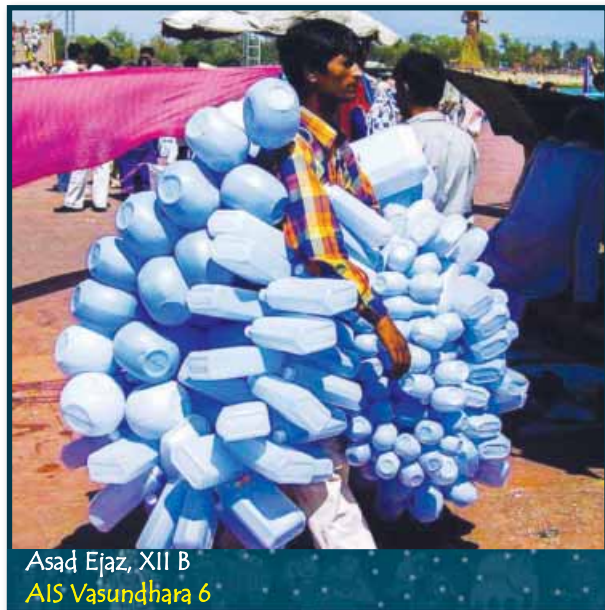
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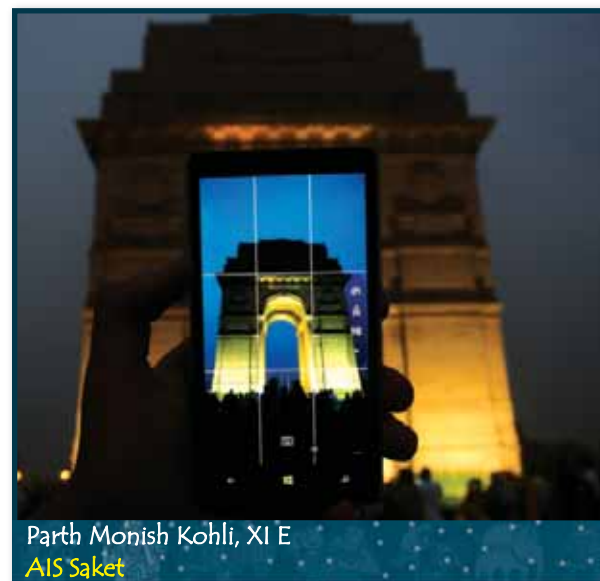
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AIS Gurgaon 43



Asad Ejaz, XII B
AIS Vasundhara 6



Lakshay Garg, X A
AIS Pushp Vihar



Parth Monish Kohli, XI E
AIS Saket



Srishti Manchanda, XI G
AIS Noida



Samridh Arora, XII A
AIS Pushp Vihar



Avya Roy, III D
AIS Vasundhara 6



Mihika Shrivastava, X A
AIS Vasundhara 6



Vrinda Chabra, II A
AIS Gurgaon 43



Eeshaanee Shandilya, XI B
AIS Gurgaon 46



Saina Bhattacharya, V C
AIS Vasundhara 1



Vani Jain, I A
AIS Vasundhara 1

Judge Ishwar Chandra Prasad, an avid photographer, has been working mainly with print media for over two decades. He has been working with Hindustan Times as a senior photographer for the past six years. For him, a perfect photograph is an amalgamation of the perfect angle and a crystal clear concept.

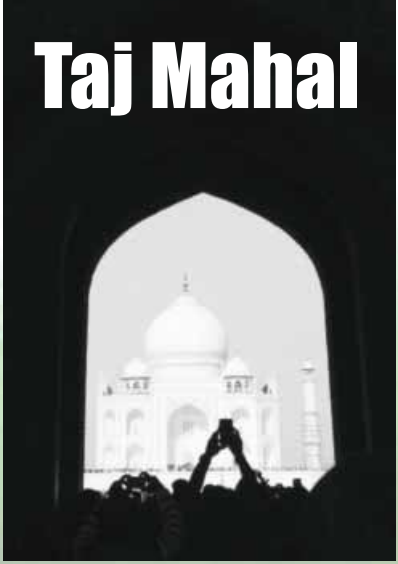
Ishwar Chandra Prasad, Senior Photographer, Hindustan Times



Words Verse

India's pride

Every Independence Day, while Indians revel in the joy of freedom, the country's monuments bear testimony to India's struggle for independence. **Disha Rawal, AIS Gur 43, XII, clicks and writes about the historic monuments that have seen our colonial past as well as our free present**



Taj Mahal

I set out to write a sonnet in your honour
My words end up bringing nothing more

Than an obituary to your white ballads
The minarets of my imagination
Can only scale your embellishments

I cannot reach your love lorn soul
Which you have locked away in marble


I will praise your gemstones
But how will I share your laughter
As thieves pluck your ornaments?

Humayun's Tomb

As you praise the luminous moonshine
Praise the sun and its infernal blaze too
For it is only when the sun shines
The moon's barren sands glow to life


In the white symphony of the Taj
You will find my sun washed notes
Earthy arches spiral starkly into the sky
With roots, deep down into the ground

As they grow with the emerald trees
I stand true and unembellished
Yet my subtleness will shock you
And plunder my trenches of wisdom.



Qutub Minar

In memories of cold winter mornings
The tapering top
Standing in the skyline
Was fleeting through glass windows
Spinning birds around it in eddies
The tall shadows
Lurked in rivers of sunlight
The sweet gush of wind
Chiming in its abandoned rooms
As the ruins buried tears
And old blood in their chest
The Qutub never ceased sprawling on
Dancing in its engraved beauty
Wars, earthquakes, plunders
It has withstood it all
Survived all of those ravages
Yet it smiles entangled in thorny jungles
Carrying ancient wisdom



In lines of stony serenity
Patience. Strength. Belief.

Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!



4

Q: How old is Mirza Changezi (page 1)?	Q: Which honour was Neerja Bhanot awarded for her bravery?	Q: Name the recipe on page 9.
Ans:	Ans:	Ans:
Q: Name any 'one' monument mentioned on page 8.	Q: Who wrote the article on internship?	Q: Which school won the Inter Amity Debate Tournament?
Ans:	Ans:	Ans:
Q: What is the topic of Prerna Series?	Q: On which page is 'Fat tax' mentioned?	Q: Who is the winner of GT Picture it Photo Contest 6?
Ans:	Ans:	Ans:

Name:.....Class:.....School:.....

Results of Read Play & Win-6: **Sanjna Saxena**, VIII A, AIS V-1; **Priyanka Verma**, VIII, Amitasha, G 43 & **Amber Nayak**, VIII F, AIS Noida (Prizes reaching soon)

Waiting for the dawn

Short Story



While reaching for the biscuits, I received a good blow instead of the luscious snack, with his abusive and harsh words.

uniforms, I often asked myself - why is life so unjust? Each day I could feel my anger bubbling inside me, wanting to erupt. I wanted to be free. The entire day went off washing utensils, cooking *pakoras*, making tea and serving it, as Sethji relaxed under the Banyan tree and kept shouting at me for no reason. At 10 pm, he handed me Rs 50, and shooed me away. I traced my path back home, weeping along the way, my tears containing my anguish, my sorrows and my plight. With not a morsel of food in my stomach, I reached home. I took out Rs 20 from the day's earnings and said to myself, maybe the dawn is close by, maybe the dawn I am waiting for, will approach soon. And as I thought this, I kept that 20 rupee note in my saving box, treasured for the new dawn.

Archisha Vedha, AIS Gur 46, VIII

It was already 6 am. I took a bath, wore my rags and came out of my rickety old *jhuggi* made of bricks and clay, covered with a plastic sheet with holes, and hurried along the dusty road to Sethji's tea stall. With pebbles and thorns pricking my bare feet every now and then, I reached the stall and made tea for myself and Sethji. While reaching for the biscuits, I received a good blow instead of the luscious snack, with his abusive and harsh words. "Don't you dare touch these biscuits, you little brat!" he yelled. With a heavy heart, I got to work, having only saucepans and Sethji's brutal comments for company. At the age of eight, I survived only with pots and pans for toys and tattered old rags for clothes. My days were spent weeping and searching for a ray of hope. Watching the children going to school, dressed in their smart



CAMERA CAPERS


Ashish Rando, XI A captures the mood of Independence Day celebrations at AIS Noida

Send in your entries to cameracapers@theglobaltimes.in






A rhythmic India



Impersonating patriotic leaders



A prayer for mother India



Vinicius is the mascot for the Olympics. It is a yellow and blue creature which depicts Brazilian culture and is a mix of different animals.

From hundred to zero

Short story



Kanak Jain, AIS Gur 46, VII

Every day, she would walk quietly to the school and sit silently on her desk. Formulas, notes, chapters and tests were the only things that interested her. Her only friends were books and papers. For every teacher, she was the 'perfect student'. But for every student, she was a reason of envy and annoyance, a perfect score of 100. The most hardworking girl in school was often the loneliest. Nobody liked her enough to play with her, let alone sit with her. But everyone liked to

tease her with names, calling her 'teacher's pet', 'alien' and what not. Anna, silently bore all these remarks, but continued to work hard as before. One fine day, the results of the Math exam were announced. To everyone's surprise, Anna had scored '0', whereas another boy in the class – Robert, had scored '100'. The whole class was in shock, but realising that Anna could flunk too, started befriending her. Anna wondered how she had scored a '0' since she had stayed up the whole night to study for the exam. But realising that she had finally made friends, she

Illustration: Anju Rawat, GT Network

Nobody liked her enough to play with her, let alone sit with her. But everyone liked to tease her with names, calling her 'teacher's pet', 'alien' and what not.

shrugged away her marks and began to enjoy her newly made friendships. Now everyone liked Anna. The kids in her class not just sat next to her but also offered her their toys and lunches. Anna was happy. Her classmates were happy because now they did not have any example that the teacher could set before them, until one day the class teacher made an announcement. "I need to tell all of you something. Anna had not scored 0. She had scored a perfect 100 like always. Now do you dislike her again?" **Bewildered**, the entire class looked at her. "All of you simply dislike her because she scores good marks. Instead of choosing to work as hard as her, all of you call her names. I had changed Anna's marks on purpose. It is very easy to hate someone but it is tough to work hard and score good marks. All of you obviously have chosen the easier route," she said. All the students looked at each other. They had realised their mistake. They apologised to Anna for being rude to her and started working hard. **GT**

So, what did you learn today?

A new word: Bewildered

Meaning: Confused or puzzled



Potato chana chaat

Aadya Varma

AIS Mayur Vihar, III

Ingredients

Potatoes (boiled).....5
Kabuli chana (soaked & boiled)1 cup
Chaat masala.....4 tsp
Lemon juiceto taste
Saltto taste

Method

- Peel the boiled potatoes and cut them into small pieces.
- In a bowl, mix the boiled potatoes and chana together.
- Add salt, chaat masala and lemon juice to it. Mix well.
- Your potato chana chaat is ready. Serve it as a snack and enjoy!

Word ladder

Complete the ladder by changing one letter at a time and transform RAIN into WIND!



1. Another word for precipitation (Given)
2. A surprise attack
3. Past tense of speak
4. Finely broken rock
5. A magical stick
6. Fast moving air (Given)

Answers: 1. RAIN
2. _AI_
3. _AI_
4. _ND
5. _ND
6. WIND

POEM

Independence Day

Samiksha Dubey

AIS Noida, VII N

The freedom fighters had saved us today
Yes, it is the Independence Day

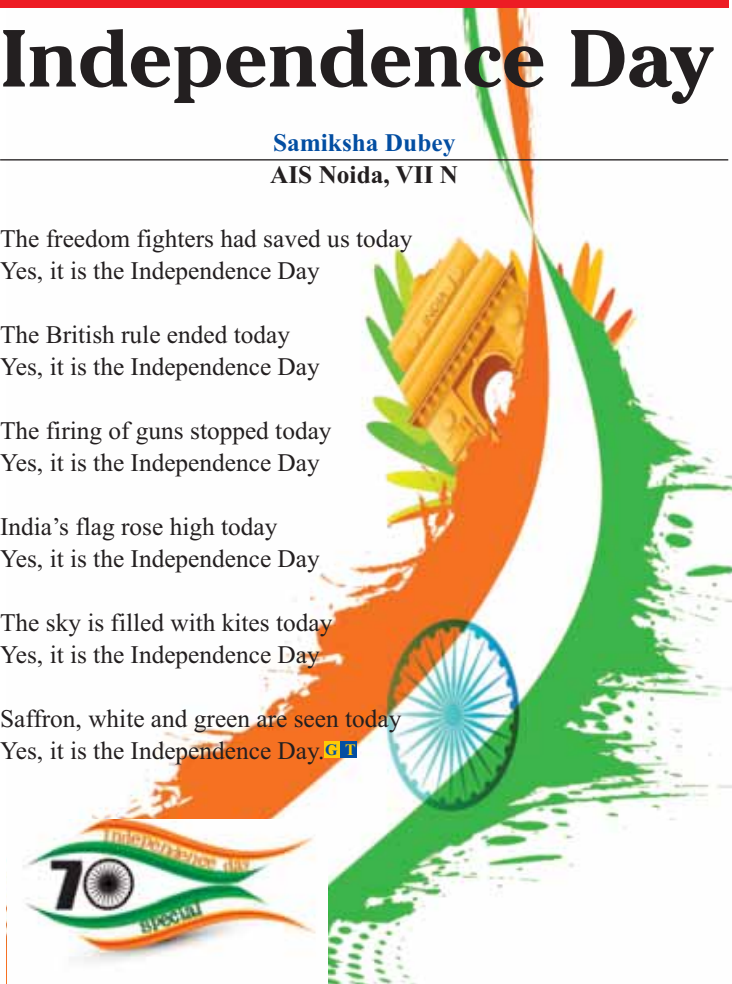
The British rule ended today
Yes, it is the Independence Day

The firing of guns stopped today
Yes, it is the Independence Day

India's flag rose high today
Yes, it is the Independence Day

The sky is filled with kites today
Yes, it is the Independence Day

Saffron, white and green are seen today
Yes, it is the Independence Day. **GT**



Riddle Fiddle

Lucky Choudhary

AIS Mayur Vihar, II

1. Why are T and M, the most unused letters in the alphabet?

2. Which letter of the alphabet has got lots of water?

3. What five-letter word becomes shorter when you add two letters to it?

4. What begins with T, ends with T and has T in it?

5. Name a bus you can never enter?

6. What has foot but no legs?

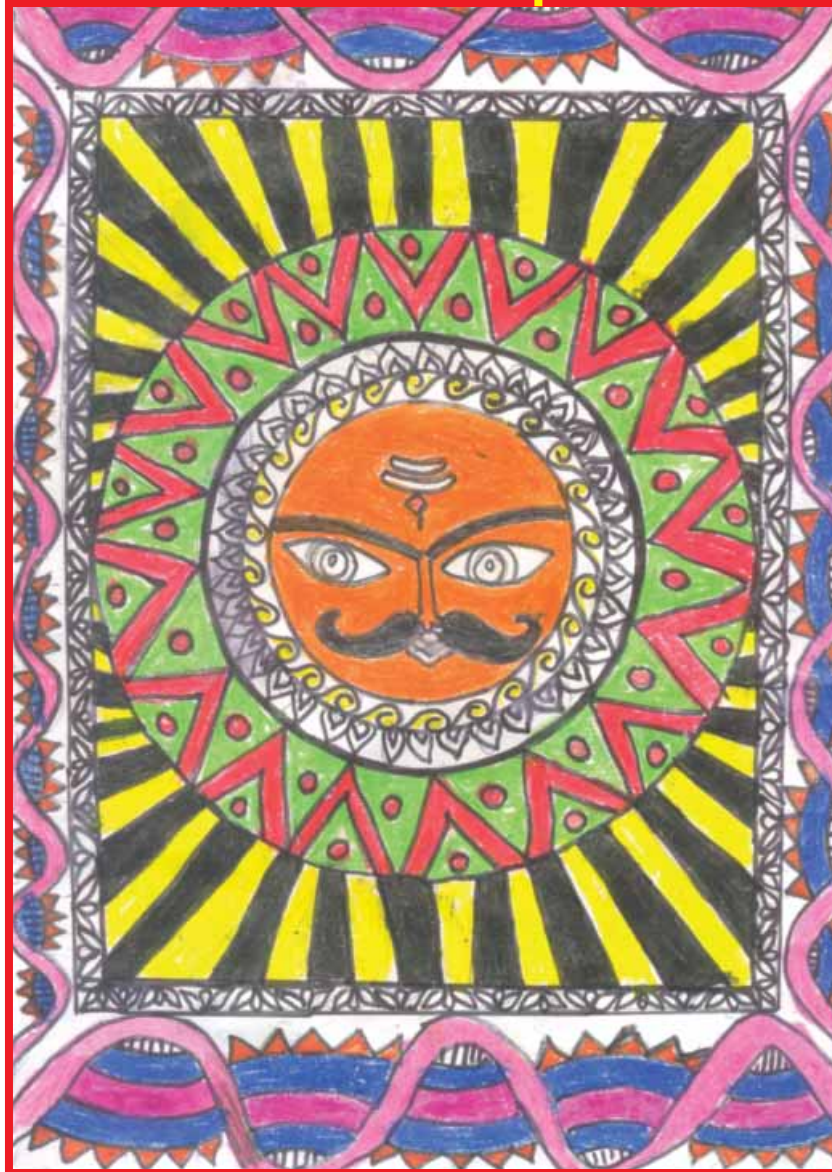
7. What has hands but cannot clap?

Answers: 1. Because, together they are MT (Empty) 2. The letter 'C' 3. Short 4. Teapot 5. Syllabus 6. Snail 7. Clock

Painting Corner

Divisha Mohanty

AIS Vas 1, IV D



It's Me

My name: Mehak Kaur Sodhi

My school: AIS Vasundhara 6

My Class: KG

My birthday: October 6

My hobby: Playing

My role model: My mom

My best friend: My mom

My favourite book: Barbie story book

My favourite game: Hide & Seek

My favourite mall: Shipra Mall

My favourite food: French fries

My favourite poem: Rain rain, go away; come back another day

My favourite teacher: Jaya Tulli Ma'am & Ritu Kohli Ma'am

My favourite subject: Drawing

I want to become: A doctor

I want to feature in GT because: I like reading GT!





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6225 male athletes and 5137 female athletes are competing in the games. A total of 60,000 meals per day are being provided to the athletes.

Inter Amity Debate Tournament

The first Inter-Amity debate held at AIS PV saw phenomenal participation from all branches; it marked the culmination of a debating workshop and showcased the best debating techniques learnt by the students

AIS PV/AERC

When: July 29, 2016

Where: Amity International School, Pushp Vihar

AIS PV hosted the 1st Annual Inter-Amity Debate Tournament that saw the culmination of the debating skills workshop organised by AERC in all the eight branches of Amity International Schools. The competition commenced with the auspicious lamp-lighting ceremony, followed by welcoming panel of judges comprising Amity parent from all branches of Amity schools. Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF; Pooja Chauhan, Vice Chairperson, Amity Humanity Foundation, who was one of the parent judges from AIS PV; Lawand Hiwa Namu, debater and trainer, Denmark and Jyoti Arora, Director, AERC, graced the occasion. School Principal Ameeta Mohan formally addressed the gathering and expressed her deep sense of gratitude to one and all present in the auditorium. An engaging PPT presentation focusing on the highlights of the debating workshops organised across all the eight branches of Amity Schools, was showcased during the event.

16 students participated in the competition which was divided into three rounds- individual speech round, open debate or 'Rebuttal' round and the final round which was again, an open debate round between participants who made it to the second round. The first position was bagged by Harsh Shekhar, AIS Gur 43; the second prize was won by Sai



Winners of the Inter Amity Debate Tournament with Dr (Mrs) Amita Chauhan and other dignitaries

Srijan, AIS Noida and the third prize (Special Mention) was secured by Shreya Ghosh, AIS PV.

About the workshop

It is the vision of Dr (Mrs) Amita Chauhan, to nurture Amityians as eloquent speakers. She has always endeavoured to provide Amityians with a platform where they can learn to diplomatically put forth their arguments and counter arguments and yet, cre-

ate an impact. With this aim, a five-day long debating workshop, was organised by Amity Educational Resource Centre across all the branches of Amity International Schools through July 2016, to provide international exposure to the students in the field of effective debating. The workshop was conducted by an eminent Danish debater, Lawan Hiwa Namu, specially invited by Dr (Mrs) Amita Chauhan, to train the students.

The workshop turned out to be an invaluable and

enriching experience for the students. They learnt about the essentials of a powerful, effective and intelligently structured debate. Several stimulating videos, presentations, group discussions, one-minute speeches, open debates, et al made the five-day workshop an invigorating affair. It reshaped the outlook and personalities of the young Amityians, enabling them to face the challenging realities of national and international debating competitions with confidence. [G.T](#)



Shubham Ghoshal and Archit Bansal with School Principal & Vice Principal

Crossword contest

AIS Vas 1

Two students from AIS Vas 1, Shubham Ghoshal and Archit Bansal, XI A, bagged the first position at the 'CBSE Cryptic Crossword Contest 2016' hosted by AIS Vas 6. The competition was held for the students of Class IX-XII on April 29, 2016. The contest saw participation of more than 25 schools from Ghaziabad. The duo was the only team from Ghaziabad to qualify for the national round to be held in New Delhi. School Principal Valambal Balachandran applauded the winners for their marvelous feat. [G.T](#)

AIS Gur 43



Two musical maestros of AIS Gur 43 participated in the 'All India Multi Lingual Music' fest held at Pune and won laurels for the school. Adish Pandya of Class V was awarded first prize for Tabla and secured third position in group play (Under 12 category).

Vedant Kulkarni of Class VII bagged second position in Tabla and was also awarded the Chairman's Award. School Principal Dr Anshu Arora congratulated the students on their spectacular achievement.

Indo-German project

A cultural assimilation to imbibe global consciences

AIS Mayur Vihar

At Amity, learning is not restricted to classrooms. Taking learning outside the classroom, 11 students from AIS Mayur Vihar along with two teachers, visited Germany from May 28 to June 10, 2016 as part of a year long (July 2015-June 2016) Indian-German Classroom* project. The opportunity, extended by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, and facilitated by Amity Educational Resource Centre (AERC), aimed at providing the students a cross cultural

exposure and global perspective. As a part of the project, AIS Mayur Vihar had earlier hosted a group of German students and teachers in their school, from Oct 3 - 16, 2015.

AIS MV was one of the 17 schools from all over India selected by Robert Bosch Foundation for the prestigious German project with participating school, Gyula Trebitsch Schule Tonndorf, Hamburg. The participating students worked on a project, 'Happiness - what does happiness mean to you?' where they focussed on how people of the two cultures feel and experience happiness in everyday

life. The project also entailed studying of various traditions in the two cultures, that lead to happiness. Students participated in many activities together like making murals, happy paintings, happy bags, dancing, singing, role play, etc. Excursions and trips were also organised to enable students to explore the culture. The project enabled the students to understand and appreciate a culture different from their own. Furthermore, they were also able to improve their German language skills through the project.

**The project was a joint venture of Robert Bosch Stiftung (Robert Bosch Foundation) and Goethe Institut, New Delhi. Robert Bosch Stiftung, has been in existence for over 40 years and today, it is a part of one of the most significant foundations in Germany and Europe. The German-Indian school project, funded by Robert Bosch Stiftung, is intended to bring German and Indian students together for a period of one year to work on a common project. The programme requires the participating students from both schools to mutually host each other for two weeks.* [G.T](#)



Participants of the Indo-German project at AIS Mayur Vihar

Patriotic tunes

AIS Noida

Arushi Gupta, AIS Noida, X G

AIS Noida hosted the Inter-School Patriotic Song Competition 2016 on August 8, 2016. With 33 participating schools, the event commenced with a prayer as the lamp was lit by the esteemed judges - Brijesh Mishra, vocalist; Nirmal Mandal, percussionist, Prayag Sangeet Samiti and Sukla Mandal, lyricist.

Pics: Srishti Manchanda, AIS Noida, XI



Students put up enthralling performances in the patriotic song competition



Students put up enthralling performances in the patriotic song competition

Bhutan is the only nation with all female athletes.

All top quotes contributed by:

Diya Avicot John, AIS Vas 6, III B

Illustration by: Mysha Ahsanm, AIS Vas 6, III B



KUCH MEETHA HO JAYE

Independence is sweet and so is this country. The celebration remains incomplete without sweets. We bring you 29 times the sweetness from every state...

JK Jammu & Kashmir | Shufta

Dry fruits, saffron, cinnamon, pepper, sugar...could it get more heavenly? The extensive use of dry fruits and spices provides heat in the harsh winter months.

AP Andhra Pradesh | Pootharekulu Kunda

Known as 'paper sweet', it looks like rolled paper. This wafer-like sweet comprises a thin film of starch which is wrapped with sugar/jaggery, coated with 'ghee' and filled with stuffing.

TL Telangana | Boorelu

A mixture of jaggery, coconut and elaichi powder, is dipped in rice and 'gram dal' batter and then deep fried. A single serving of boorelu contains 53 calories.

RJ Rajasthan | Malai Ghewar

Traditionally associated with Teej festival, this disc shaped sweet is made of 'maida', milk and 'ghee'.

BR Bihar | Thekua

Thekua or Kha-juria is a snack made from wheat flour, jaggery (or sugar) mixed together, moulded into roundels and deep fried.

GA Goa | Bebinca

A layered cake made of eggs, flour, coconut milk and nutmeg. The traditional bebinca has seven layers.

CG Chhattisgarh | Dehlori

A delicacy made primarily from rice and molten sugar syrup.

HP Himachal Pradesh | Dabbroo

An Indian version of pancakes; albeit a bit thinner and crispier.

MP Madhya Pradesh | Mawa Bati

A rich version of 'gulab jamun' stuffed with dry fruits and dipped in sugar syrup.

MH Maharashtra | Puran Poli

Traditionally made by boiling chickpeas and adding jaggery to it. The outer cover, or poli, is made of flour, milk, and 'ghee'. It is also known as holige in South India.

MN Manipur | Madhurjan Thongba

Fried chickpea dumplings soaked in milk.

ML Meghalaya | Pukhlein

Honey brown cakes of rice and jaggery that are deep fried in oil. Best served hot!

OR Odisha | Chenna Poda

Literally translating into roasted cheese, it is an Indian version of the cheesecake. The Orissa Milk Federation ran a major marketing campaign to retain chenna poda's Oriya identity.

TP Tripura | Awan Bangwe

A kind of rice cake, made by mixing sticky rice, cashews and raisins. This mixture is then put in cones made of leaves of a tree, Lairu and steamed.

UP Uttar Pradesh | Malaiyyo

Malaiyyo in Varanasi, Nimish or Malai Makkhan in Lucknow and Kanpur, this foamy dessert seems like snowflake and vanishes the minute you put it in your mouth. This winter dessert is kept outdoors and uses dew for aeration.

Graphic: Pankaj Malik, GT Network

JK Gujarat | Basundi

Thickened milk with almonds, pistachios and saffron - this one is loved across Gujarat. Different styles of basundi are also prepared like 'sitaphal basundi' and 'angoor basundi' (basundi with smaller version of rasgullas).

JH Jharkhand | Malpua

Made from banana, flour, milk and sugar, it is the most popular dessert in Jharkhand. It complements best with rabri and is made during the festival of Holi.

SK Sikkim | Sael Roti

It is made from ground rice, ripened banana and sugar. It resembles an American Pretzel.

KR Kerala | Pal Payasam

A kind of 'kheer' made with broken rice, milk and sugar. The pal payasam of Ambalapuzha is world famous.

AS Assam | Assorted Pithas

Pithas are a special type of rice preparation - they can be baked, deep fried, roasted or steamed. They are available in different versions like til, ghila, sungha and tekeli pitha.

AP Arunachal Pradesh | Khapse

It is a variety of sweet biscuit made from flour, butter, eggs and sugar. It is deep fried and served in different shapes, sizes and twists; it is made especially during the Tibetan New Year.

KR Karnataka | Mysore Pak

It first appeared in the kitchens of Mysore Palace and was prepared by a palace cook named Kakasura Madappa. A mixture of frothy batter of Bengal gram or chickpea flour, 'ghee' and sugar syrup.

TN Tamil Nadu | Paal Poli

Paal Poli is a dish of 'maida rotis' that are first deep fried, and then immersed in milk. It is then warmed with condensed milk and saffron. Sounds heavenly, doesn't it?

Imaging: Pankaj Mallik, GT Network
Text: Romika Chakraborty, GT Network

