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Swachh India, P 3



'Freedom' to click, P 6-7

AMITEpoll

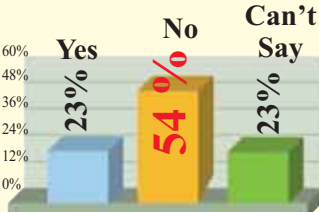
Do you think that the value of Indian rupee will fall further with time?

- a) Yes b) No
c) Can't say

To vote, log on to
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POLL RESULT for GT Edition Aug 13, 2018

Do you agree with Delhi High Court's decision to decriminalise begging?



Results as on August 17, 2018

Coming Next

GT Awards

United States of khichdi

Celebrating The Quintessential Indian Dish This Independence Day

Nandini S & Anandi S, AIS MV, XII

“Just put some rice, dal, salt, turmeric, and water in a cooker and boil until it’s done,” comes every mother’s voice at the time of any kitchen emergency. *Khichdi* may seem plain and old, but this oldest dish in the country, existing since 2nd century as *krusaranna* in Kamika Agama, never fails to epitomise the simplicity and elegant charm of India. From 918 kg of it having made a Guinness World Record at World Food India 2017, to being speculated as the national dish of India, the humble dish, which is also used for detoxifying and cleansing the body, truly has a lot to brag about, as it stands to represent every rice and pinch of salt of the one nation that unites us all.

One cup mixed dal of population

Khichdi is not merely a union of lentils and rice but a confluence of the entire population of India and its culture. Eaten as *khaara pongal* in the South and known as *mong khetchir* up North, the dish runs with different names in different communities, yet it is loved just the same by all. Just like a mother who loves all her children the same, *khichdi* also treats the privileged and the deprived alike. Living in an age, where the gap between the rich and the poor is widening rapidly, *khichdi* comes as the epitome of homogeneity, the one-size-fits-all solution for everything. This blend of rice and dal finds its place in both elegant porcelain served to Goddess Durga on the occasion of Durga Puja and simple, cheap steel plates, feeding the man on the road.

One glass mummy ke favourite rice

No matter how much exotic food you gobble up in fancy cafes, *khichdi* is the ultimate Indian mother, waiting patiently for you to return home. After consuming all the junk that you can find, you turn to *khichdi* like a worn-out Indian traveler abroad who turns to anything that is *desi*. The dish has a motherly warmth which has the essence of all things *desi*.

One tbsp masala of Indian history

Like the country of its origin, the dish too has a rich history. From Mughal rule to British oppression, the pages of India’s history are far too many. The history of *khichdi* is as old. The true Indian delicacy finds its mention in accounts of prominent historical figures including the likes of Ibn Batuta and Abul Fazl. The rice-dal staple also won over the mighty Mughals,

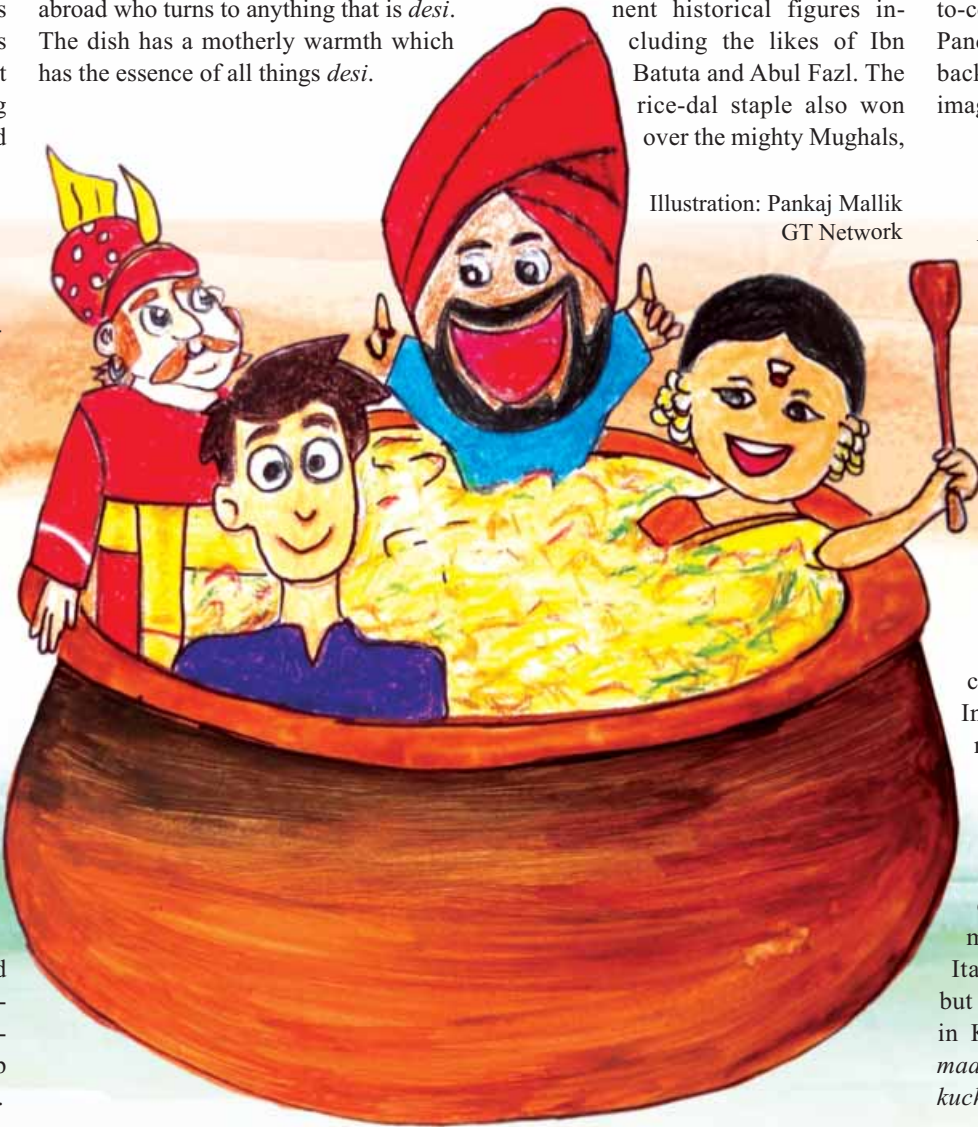


Illustration: Pankaj Mallik
GT Network

One garam seeti of desi cooker

Amidst all that India is known for, the warmth that we shower on others will always top the list. *Khichdi* is resplendent with the same Indian warmth. Whether it is some ailment that you wish to cure (homesickness included!) or a midnight meal you are desperately looking for, *khichdi* always has its arms wide open! So comforting is the embrace of this simplistic dish that it makes for the first meal of a newborn.

It would be an understatement to call *khichdi* just a normal dish. For Indians, it truly is an emotion, signaled by the four *seetis* of the cooker, which brims every desi heart, regardless of other differences, with joy; it is a feeling which is felt by the tip of their tongue and expressed with a wide *desi* grin. You might have relished the best of Paris, Italy, New York, or London cuisine, but every Indian knows, whether sitting in Kashmir or Kanyakumari, *ki agar maa ke haath ki khichdi nahi khaayi, toh kuch nahi khaaya!*

A reader becomes a true leader

Dr Kshama Sharma Advices Us To Read With An Open Mind

Ananya Bhatia, AIE Saket

Dr Kshama Sharma, Former Executive Editor, Nandan Magazine and renowned short story writer, feminist author, translator and journalist has numer-

ous award winning titles including Kriti Samman, Dusra Paath, Shibbu Pahalwan and many more to her credit. During her visit to AIE Saket, she interacted with GT reporters and talked about various facets of being a writer. Here are a few excerpts...

“Children’s publications must use simple language.”

Being an editor at children’s magazine is an intricate job. Considering the fact that it has children as the target audience, the language must be kept very simple. Now keeping the language simple even while explaining complex issues like religion, culture, communal harmony, environment, becomes a big challenge for an editor. Also, when you have children as your target audience, you need to be extremely careful about what you write. Children’s publications must carry a positive tone, thereby giving young readers a balanced perspective into various complex issues.

“Children’s literature has become serious with time.”

Nowadays, children literature lacks ‘humour’ as very few authors are writing humorous stories. Majority of



Kshama Sharma with GT reporter

authors write about serious issues, hence, children have no choice but to read serious stories. However, there have been humorous writers in English and Hindi such as Enid Blyton, Satyajit Ray, Premchand, Jaishankar Prasad, Mahadevi Verma, Ramesh Tailang, Jaiprakash Bharti, and Mohammad Sajid Khan. The stories written by them are fun to read, and should be introduced amongst children at a young age.

“Old things must be left behind, new things must make way.”

The medium of reading has now changed. With advancing technology, famous publications such as NBT, Children Book Trust and Pratham are coming up with new approaches to reach their target audience. They have

shifted from hardbound books to kindle, e-books, etc. Society will keep changing for the better. We have to be at par with this change. At the end of the day, our aim is to make every child adopt reading habits.

“Working for children has been a fulfilling experience”

As a writer, I have experienced all genres of writing. I have written twelve novels and four books on feminism for adults. However, I feel the most enriching experience for me as a writer is to write for young readers. In the past 37 years, I have written 40 children books and 65 books in total. I feel that my best part of being a writer is yet to come.

“You must read in order to become a prolific writer.”

To all Amitians, there is only one advice ‘read as much as you can’. Apart from your subject books, you should pick a book of your choice and read it. If you want to become good writers, reading should be a passion. It inculcates new thoughts in your mind and with these thoughts, you can come up with a new aspect which no one has thought about. So, read with open eyes and an open mind.

World at a glance

GT keeps the newswire ticking by bringing you news from around the globe

The Bermuda Triangle is not small. In fact, it is quite large and covers an area of 440,000 miles of sea.



Bermuda Mania

UK



Rare beetle discovered
Sarah Thomas, a native of India, has discovered a rare beetle that has now become a part of the collection of Oxford University Museum of National History. The 5 mm specimen was later identified as False Darkling Beetle when studied under microscope.

China



Magnitude 5 earthquake hits China
An earthquake measuring 5.0 on Richter scale hit China's Yunnan Province. Around 18 people were injured and 6,000 homes saw severe damage. According to China Earthquake Networks Centre, the epicentre of the earthquake was at a depth of seven kilometers.

Japan



Japanese town named after Hindu Goddess
Kichijoji, a town in Japan has been named after the Hindu goddess Lakshmi. Marking the occasion, Takayuki Kitagawa, the Consul General of Japan, said that the cultures of Japan and India were similar and a lot of Hindu Gods were worshipped in the country.

Sri Lanka



India leads Sri Lankan tourism
With 2,06,337 tourists from India alone in the first six months of 2018, the country has become Sri Lanka's leading contributor in tourism sector. The next highest arrivals were from China. The tourist police division of the country has been advised to learn Hindi, Chinese and French to communicate better with foreign visitors.

New Zealand

Ban on sale of homes to foreigners
The government has banned the sale of existing homes to those who are not natives of the country. David Parker, associate Finance Minister, stated that after such a ban, housing will become more affordable for locals. He also said, "We should not be tenants in our own country."



India



AB Vajpayee passes away at 93
Former Prime Minister, Atal Bihari Vajpayee, passed away on August 16 2018 after battling prolonged illness for nine weeks. A statesman and poet, Atal Bihari Vajpayee served as the Prime Minister of the country three times, in 1996, 1998-1999, and 1999-2004, and was conferred the Bharat Ratna in 2015. A seven-day long national mourning will be observed to pay tribute to the stalwart leader.

Afghanistan



48 dead in suicide bomb attack
Kabul was recently shaken by a suicide blast that killed at least 48 people, which included several teenagers. The blast targeted an educational institute in the west of Afghan capital.

Egypt



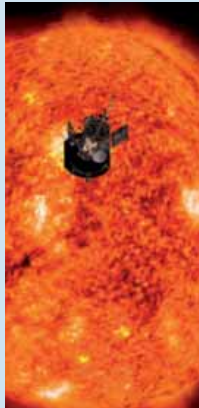
World's oldest cheese discovered
Archeologists have recently discovered broken jars near the tomb of Pharaohs, the mayor of Memphis during 13th century. One of the broken jars contained a solid white mass with protein constituents, which was later found to be cheese.

Austria



Vienna named world's most livable city
In an annual survey conducted by Economist Intelligence Unit (EIU), Vienna was named as the most livable city in the world with a score of 99.1%. This is the first time that a European city has topped the list. The survey assesses 140 cities based on a host of factors such as education, crime, social stability, healthcare facilities, etc.

USA



NASA's Parker Solar Probe launched
NASA's Parker Solar Probe, a \$1.5 billion unmanned spacecraft was launched on August 12, 2018. It aims to get closer to the Sun's mysterious atmosphere 'corona' during a seven-year mission. It is the first major mission under NASA's Living With a Star program.



The Bermuda Triangle is not fixed to a specific geographical area and its mysterious effect can be experienced outside of the triangle too.

#SwachhBharat

For A Clean India, We Have A Long Way To Go!

The ‘Swachh Bharat Abhiyan’ – the game-changing cleanliness project started by our honourable PM Shri Narendra Modi, was a revolution in itself. The initiative he took to clean Mother India off all its debris, dust and waste, had its impact resonating throughout the country. But is India really prepared to get ahead in its sanitation and hygiene facilities? It is a tough question.

Ek saaf desh

With one of the fastest-growing economies in the world, India is still behind in its sanitation and hygiene conditions. With people who do not have basic facilities soaring higher

than the population of Russia, the country ranks low in terms of improvement in such conditions. The World Bank in their statistics have pointed that one out of ten deaths in India occur due to the deteriorating sanitation conditions.

Ek saaf dil

Looking at the cleanliness facilities around the country, the people decided to pick up the broom and mop and start the cleaning themselves. The vigour with which they participated in the ‘Swachhta’ movement was indeed remarkable. The young guns of the country, who were severely impacted by the moving

speeches and the pathetic environment around them, took the matter in their own hands, and decided to become ‘Swachh warriors’.

Ek saaf aawaaz

Gandhiji had once said, “Sanitation is more important to a country’s growth than political freedom.” And that is how the story of sanitation began. The government has included sanitation as top-priority in their 5-year plans since independence. In 2014, it pledged to stop open defecation in the country by 2019.



‘Swachh warriors’ leading the way

Dirty roads? Blame the government. Filthy rivers? Blame the government. Stinking dumps? Blame the government again. Or better still, take a step towards making India a clean country - just as Gandhi envisioned it. These ‘Swachh Warriors’ are already leading the way.

■ 12-year old Moindrita Chatterjee from Jharkhand saved money on her own to build toilets for girls in her village.

Later, with her saved money and other resources, she built toilets out of plastic bottles and fly ash. Similarly, she has helped build more than 6 toilets in the area till date and plans to build many more.

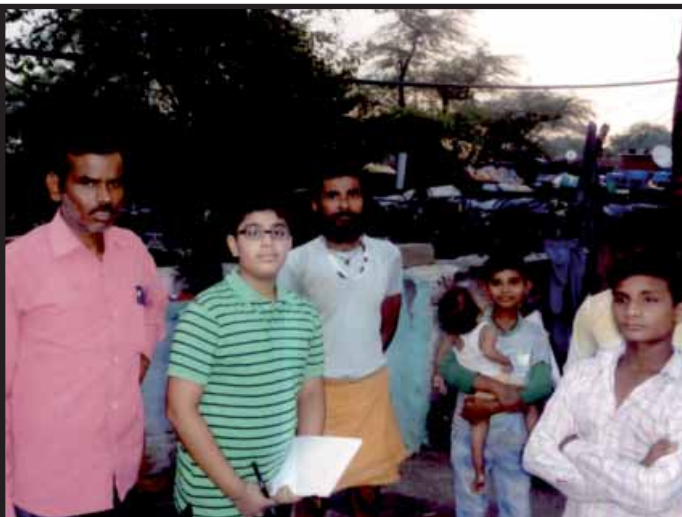
■ A young Kashmiri boy called Bilal Ahmad Dar cleaned the whole Wular Lake by himself, with more than 12,000 kgs of waste removed from the lake in a year. His effort was recognised by J&K govt., and he was made the cleanliness

ambassador by Srinagar Municipal Corporation.

■ A speech and hearing impaired 8-year old from Madhya Pradesh decided to make his village aware against open defecation and he managed to completely eradicate the practice in that area!

■ A student from New Delhi, Dikshita Khullar created prototype of a ‘magic-fridge’ which works without electricity to promote food wastage management.

■ A few 13-year olds from Tamil Nadu decided to help clean a playground with a ‘large broom’ created out of coconut leaves and bamboo sticks, running on wheels to help clean faster.

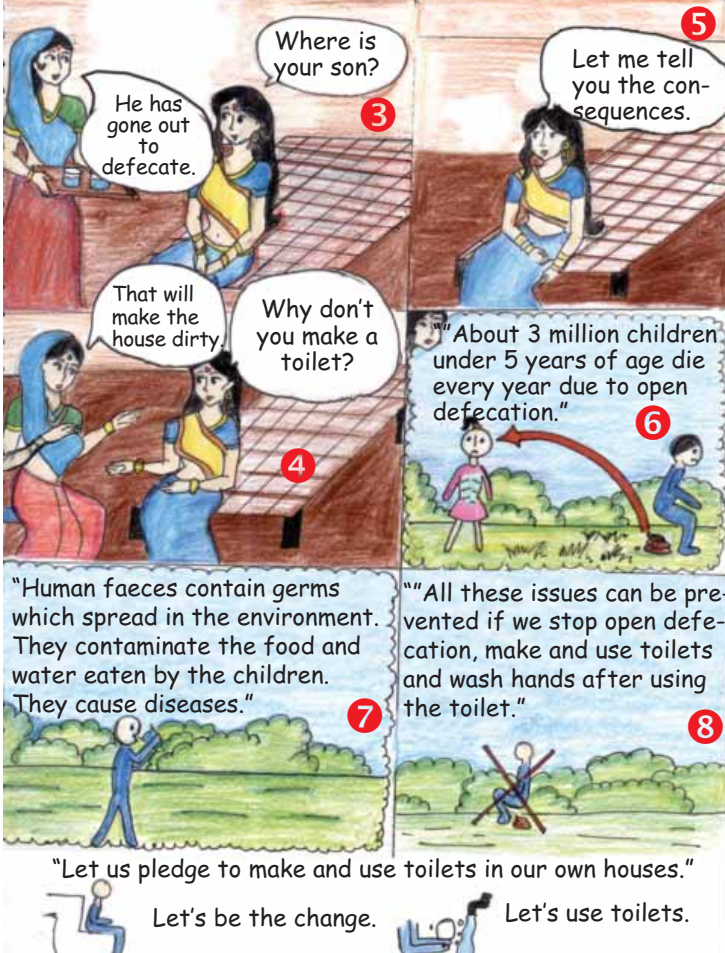
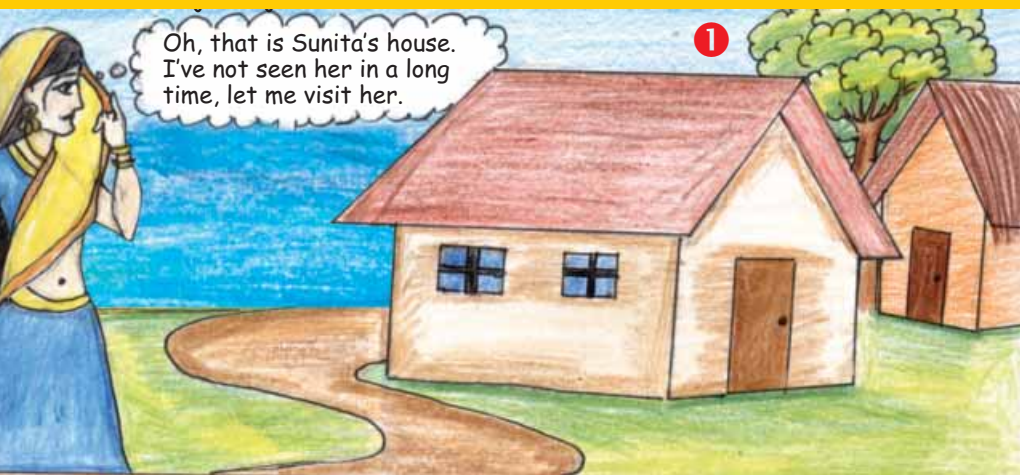


As the ‘Swachh warriors’ set an example, Amitians follow the clean route. Students from Class VIII, Amity International School, Saket, paid a visit to Madanpur Khadar, an urban slum in South Delhi to spread awareness about sanitation.



Toilet – Ek Purani Katha!

One day Anita, a housemaid, was walking home exhausted after a day of hard work.



This story has been brought to you by: Lakshay Sawhney, Ojas Garg, Pratishtha Batra, Srishti Mukopadhyay, Ayushi Rout, VIII, AIS Saket. The project was selected as best entry as part of Holiday Homework 2017-18.

Amity Institute
for Competitive
Examinations

Presents

Brainleaks-249

FOR CLASS VIII-XII

Guam Island is a US

territory located in _____.

- (a) North Atlantic Ocean
- (b) Pacific Ocean
- (c) Indian Ocean
- (d) South Atlantic Ocean

Last Date:
Aug 24, 2018

3 correct entries win
attractive prizes

Ans. Brainleaks 248: (C)

Winner for Brainleaks 248

- 1. Aarav pradhan, IV H, AIS Gur 46
- 2. Shreeya Mittal, X I, AIS Noida
- 3. Viraj Surana, IV D, AIS Gur 43

Name:.....

Class:.....

School:.....

Send your answers to The Global Times,
E-26, Defence Colony, New Delhi - 24 or e-mail
your answers at brainleaks@theglobaltimes.in

Evolution of sanitation

- 1986: The CRSP (Central Rural Sanitation Programme) was launched as the first sanitation programme on a national level, with the government providing 80 percent subsidy for construction of household toilets
- 1999: CRSP was restructured and shifted to a lower subsidy model
- 2001: Total Sanitation Campaign (TSC) was introduced to overhaul the previous campaigns
- 2003: Nirmal Gram Puraskar (NGP) was introduced as a reward to the panchayats which made an effort towards creating 100% sanitation
- 2007: TSC became Nirmal Bharat Abhiyan to facilitate individual as well as community sanitation
- 2008: With National Urban Sanitation Policy (NUSP), the focus shifted onto urban sanitation
- 2014: Launch of the Mega Sanitation Programme 'Swachh Bharat Abhiyan' by PM Modi

The first person to report about Bermuda Triangle was Christopher Columbus. He wrote in his journals that inside the triangle, the ship's compass stopped working and he also saw a fireball inky.



Bermuda Mania

Ek tha Newton

While you may go bonkers understanding those complicated scientific theories; the land of Bollywood seems to have completely ignored the phenomenon we call 'science'

Shobhit Ranjan, AIS Saket, XII

Science defying Indian movies continue to make the soft hearted (and stupid minded) cry out. Beware of these movies made without any logic!

What Science taught us: All species of life forms are different. Not possible to make a cross between two since they have different genomes and chromosomes; imagine a hybrid of a cat and a dog!

What Bollywood showed us: If you have had the (mis)fortune of watching Krrish 3, you probably know the evil hybrid programme Kaal was up to. Hybrids of humans and chameleons. Humans and frogs. Sources have it that he was nominated for Nobel in medicine, but alas, Krrish killed him.

What Science taught us: You need a lot of force, especially if you want wind, to make humans fly in the air. Even indoor sky diving requires a jet engine.

What Bollywood showed us: Son of Sardaar showed us that you can replace the jet engine with a self-wrapping turban! In the movie, as Ajay Devgan's turban is wrapping itself around his head, it kicks up bad guys into flight. All those wanting to fly using the turban-copter, you know whom to call.

What Science taught us: Organ transplants are a delicate matter. Storing them in deep freeze to preserve them has to be done using very low temper-

atures; and if it freezes solid, it is lost.

What Bollywood taught us: In the movie Diya Aur Toofan, the doctor takes out dead Mithun Chakraborty's brain, puts it in a disposable plate over ice cubes and keeps it in your every-day refrigerator and still ends up transplanting it successfully. Quite a science defying act it was!

What Science taught us: Blood donors have to get their blood tested before they are eligible to donate, and need to provide record of their medical history. Also, before transfusion, the blood groups of the patient and the donor need to be matched, or it could be disastrous.

What Bollywood showed us: Amar, Akbar, Anthony are seen doing quite the opposite in the

movie. The blood is shown going from the body of the three brothers to a bottle at a height (goodbye gravity) and a single outlet leads it from the bottle to the mother. Who has got the time for medical formalities!

What Science taught us: Again, humans need a lot of force to be air bound. And you need a push to move anywhere in air; forward or backward.

What Bollywood showed us: Uday Chopra shoots AB Jr. from the passenger seat of his bike in Dhoom 3, after which he beats up the villain (mid-air), and returns to the place he started off from. While he took off, his career decided not to.

What Science taught us: Law of Gravity

What Rohit Shetty showed us: Driving cars? He prefers making them fly. Not once, but in every movie of his, the cars take off, and somehow decide to land on the villain, never on the hero. Newton would have cried no end had he watched a Rohit Shetty (read explosion) movie.

Won't be long before Bollywood Science becomes a real life subject in which people can major.

This article was published in GT edition dated July 18, 2016.

The writer of this article Shobhit Ranjan is pursuing B Tech from Delhi Technological University

Illustration: Ravinder Gussain, GT Network



Water from glowy land

Watch Water Work Its Magic As It Makes The Highlighter Shine Bright In Light!

Science Experiment

Samara Chauhan, AIS PV, V

You will need

- Water
- Fluorescent highlighters
- Flashlight/Black light
- Clear glasses
- Spoon

What science says?

The highlighters make water glow because of the presence of fluorescence as one of the important elements. The water absorbs and transmits chemicals at a different frequency than air does. When the flashlight comes in contact with black light, which is within the UV range, the wavelength of fluorescent colour changes and it looks brighter.

Procedure

STEP 1

Take a highlighter pen, preferably yellow as it glows better than the other colours.



STEP 3

Take out the felt and stir the water using the spoon so that the ink spreads equally in the liquid solution. Now take the glass into a dark room and let the flashlight shine on it. Voila! The light from the fluorescent looks bright! Water from glowy land is here!

STEP 2

Take out the felt from inside the pen and soak it in a clear glass filled with water. Let it soak until you see the water changing its colour. This will take approximately 10-15 minutes.

Note: Once the entire felt ink is soaked, take it out from the water. Otherwise, the solution will dilute and the water won't glow properly.

A magical liquid!

- Water exists in three different states-liquid, solid and gas.
- Pure water has no odour and is tasteless.
- Sound travels faster through water than through air.
- Water boils at 100 degrees Celsius.
- Water cannot be compressed easily.
- Ice always floats on water.
- When light passes through water, it gets refracted, simply because water has higher density than that of air.



The name ‘Bermuda Triangle’ was coined by Vincent Gaddis, an American author. He used the term for the first time in pulp Agrosy magazine.

Unique diversity



Dr Amita Chauhan
Chairperson

India proudly celebrated its 71 years of freedom. It is indeed a matter of great pride, considering that of all the major democracies of 20th century, we are the only one, the largest and most successful surviving democracy, which has such a humongous diversity. India is diverse with its flora, fauna, and culture we all know. But we are also diverse in many other ways. As much as its culture, food, art and music, this nation is also diverse in terms of the opportunities it offers, its conditions of survival and terms of existence. It is hugely diverse in its education system, in the entrepreneurial chances and economic conditions in which people live. Yet, today it is a nation with a GDP of \$447,403 million, and an economy that is set to grow at the rate of 7.3% in 2018-19. The whole world is looking at us with great awe and hope. The most amazing fact is that a child studying in a remote school with less facilities secures a top rank and becomes an IAS officer and doctor as much as a child studying in a privileged school. Such is the zeal of the youth of this nation to succeed and excel that Mumbai dabbawallas become the case study for excellent time management and organisational structure at Harvard. The unifying spirit os such unique diversities lies in their inner passion to change Bharat, for good, better, and the very best. I am proud that my Amitians are also taking up the cudgels of change as the world looks at us with awe and sings along our very tunes, *Jai Ho!* 🇮🇳

Mood of India



Vira Sharma
Managing Editor

It’s time of the year again when we have our GT Picture-It Photo Contest for the seventh consecutive year. And this year as The Global Times turned ten, we decided to celebrate the spirit of India through the theme - ‘A day in the life of an Indian’. All the clicks and splendid shots we received, captured myriad moods of India. The photos brought up very different perspectives of India, captured through the lenses.Be it the obsession with Bollywood or a typical evening at Shimla Mall road, our young photographers have indeed come up with magnanimous variety of clicks. The moods of the pictures vary from lives of an average Indian on roads and jugaad India to bizzare traditions and colours of our nation. They have captured the contours of everyday life in India very magnificently. These photographic celebrations of the diversity of Bharat speak volumes of how we perceive it. There was a time when the image of India was incomplete without an elephant, a poor man and a snake charmer. But pictures we received have a very different story to tell. Most of the entries were visuals of optimism amidst poverty, glimpses of the vibrant Indian bazaars, huge geographical diversities and unique religious practices. From the spices of India to an ageing India looking after its health, all these make for the perfect expressions of one day in the life of an Indian. The centre spread of this edition brings to you the award winning entries selected by our esteemed jurist and some other moods, from amongst the 500 entries received from all schools. Hope you all enjoy the different moods of India. 🇮🇳

A happy victory day

This 72nd Year, Let Us Celebrate Victory Over Independence!

Perspective

Khushi Saxena, AIS Noida, XI I

A little rewind to August 15, 2018. We breathed in the 72nd year of Independent India, followed the same age old rituals of Independence Day celebrations - waking up to the tune of Jana Gana Mana faintly heard from a nearby flag hoisting, donning tricoloured hues, and talking about our great leaders, from Bhagat Singh to Lala Lajpat Rai, from Mahatma Gandhi to B R Ambedkar. Any Independence Day is incomplete if it does not come with lengthy conversations about their sacrifices, and how we wouldn’t have been able to smell the scent of free India without them. These conversations are usually followed by a day of feeling proud for a nation that was once known as the golden bird. And that is exactly how we celebrate this day year after year, with utmost zest and enthusiasm. But this year, let’s step aside from the



typical chores of the Independence Day that we’ve been doing for years now, and think: are we really independent? Does every citizen breathe the air of free India, or is it just a handful of people? Well, we would be lying if we said that these questions didn’t cross our minds even once. We

only choose to ignore them, especially on this day of celebration when the entire nation indulges in reminiscing all that was done for the land. Well, what was done was done, and it is time to think about what needs to be done. It’s high time that we move the limelight from building bridges and

focus on the broken ones, shift attention from increase in the number of women safety helplines to increase in number of rapes, drive attention from our improved relations with different countries to degraded relations within our own country. We’re so busy lighting the entire world with our torch’s light, that we don’t realise that we’re getting darker and darker inside. It’s high time that when we go out at night a day before this auspicious day and see the country dressed like a bride, we also notice the beggars sitting beneath those lighted buildings. When we wake up in the morning with a sense of pride, we also wake up to those who slept on the road, wrapped in the same flag. We need to ensure that the hands from which we buy 10-rupee flags on traffic signals are not the ones that we as a society are hesitant to touch. We need to make sure that the next time we think about 15th August, we think of it as an India which won against all evils, and not just an independent one. 🇮🇳

Liberty: a far-fetched dream

Is Youth Of India Truly Free To Make Their Own Choices?

Vaishnavi Aneja, AIS Noida, X N

“Between stimulus and response, there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.”
- Viktor Emil Frankl
(Austrian neurologist and psychiatrist)

It’s been 71 years since India won independence. The meaning of independence, however, has taken a new shape. It is no more mere freedom from foreign rule. The word ‘independence’ is interpreted differently by every individual. For some, it means to follow their dreams, to others it means to express themselves without restrictions. Independence is also analogous to freedom, the freedom that lets one become a strong-headed person. For a woman, independence might be, being able to walk alone on the streets without any fear, or maybe fending for her own self. To be able to exercise the rights in the Constitution is what independence means to an Indian citizen. For our generation, it is synonymous with making our own choices. At this phase of our lives, we demand freedom of choice and more responsibility. Even the autonomy of making small decisions such as being able to wear clothes of our choice, speak the language we want, and to listen to our choice of music, are enough for us to feel liberated and “free”. To tell you what freedom means to me, let me narrate a story. It was my 13th birthday and I was excited like a typical teenager and particularly about



my birthday dress. But little did I know that this special day would become the day I would get my first glimpse of our society and its thinking. That evening, a male friend commented on the length of my dress, trying to body-shame me as he added that it didn’t suit my body type. That was when I started to ponder: ‘Are we really independent’? We live in a society where people can’t even dress according to their own will. Such people fail to practice what they preach. I want to be a part of an India where I can express my opinions without fear, dis-

cover my strengths and weaknesses, make my share of mistakes and learn from them. Freedom to me is being able to pursue a career of my passion, wearing the clothes I want, eating the food I relish, and most importantly, not being judged on the basis of my choices. Freedom to me is to question everything and not just accept my fate. It can even be metaphorically compared to breathing, something that is controlled by an individual himself, on which s/he has 100% autonomy. In a nutshell, freedom to me is being able to soar high up in the sky. 🇮🇳

Little pearls of wisdom

The magic pot

Yatee Sehgal, AIS PV, VI

In a small village, there lived a farmer named Santrama. He owned a small farm and worked hard day and night to make ends meet. One day while working, he suddenly noticed a huge pot kept in the middle of his farm. He wondered where it came from. He decided to keep it anyway, as a spade holder. After work, when he kept his spade

in it, he saw there magically appeared ten spades in the pot! Santrama was bewildered, and then eventually realised the pot’s magical properties. He took it home and hid it safely. From then on, the pot began to satisfy his needs. He dropped a fruit in the pot to get 10 fruits in return! But Santrama was not greedy, and never misused the pot’s magic. However, his neighbour, Bantrama, began to notice that the farmer was getting

richer day by day. He got envious and decided to find the reason. So he peeped into his neighbour’s window, only to discover him using the magic pot. Greed overtook him and he decided to steal the pot that night. The next morning, when he put his hand inside to check the magic, he was shocked that his hands multiplied into a hundred! He got scared and ran out of his house, where people thought he was some demon, and started to throw stones at him. When Santrama saw this, he realised what he must have done, and was glad that he learnt his lesson.

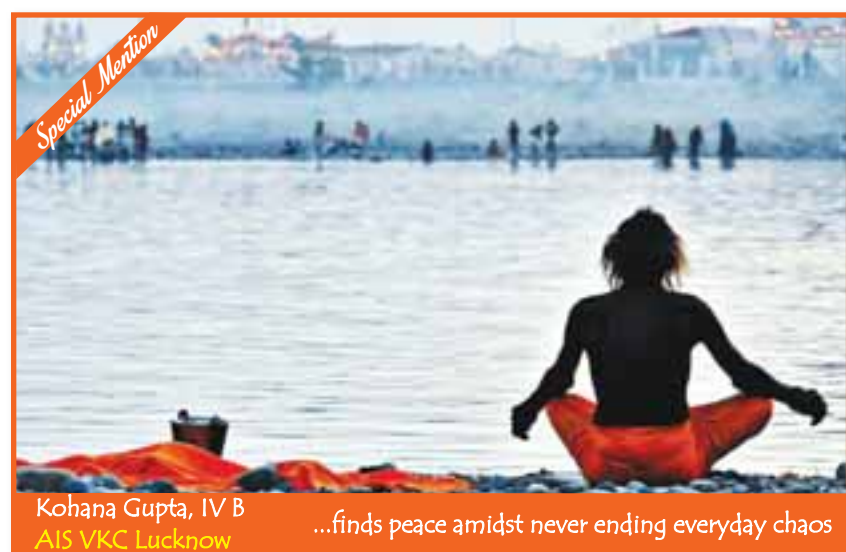
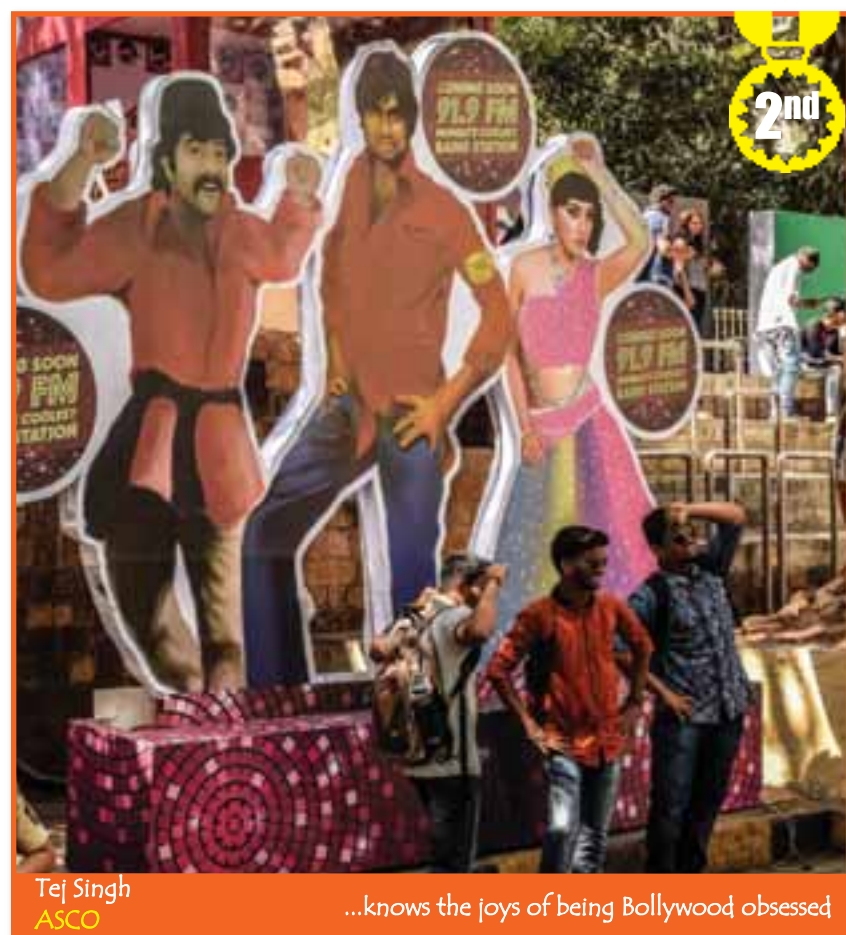


This story teaches us how greed can often make a person take the wrong path. A wise man once said, “There is enough for everyone’s need but not enough for everyone’s greed.”

Theme:
A day in the life of an Indian...

GT Picture it Photo Contest 7

We share a special bond with our country and it resonates every year, every month, and every day that we live. From hitting the snooze button 10 times to heating the water on gas when the geyser won't work; from running to catch the bus so you aren't extra late to arriving 30 minutes late everywhere nonetheless; from not being able to survive without a cup of kadak chai to trying to squeeze into the metro that is already brimming with people; our Indian-ness splashes and splatters its colours on everything we are and everything that we do. So, this Independence Day, capture the average day in the life of an Indian and show us the things we all know we do every day and have memorised in our heart.



Judge

Aarti Uppal Singla is the founder of Easel Ideas, Publish Our Dreams, and The Art Exchange Project, and has worked with Cosmopolitan and The Oberoi Group magazines. She is a photographer, an artist, a graphic designer, and a publisher. Her style is minimalism guided by a hint of experimentation.

Aarti Uppal Singla, Founder, Publish Our Dreams

Also known as Devil's Triangle, it has consumed over a thousand lives within the last 100 years. On an average, 4 aircraft and 20 yachts go missing every year.



Bermuda Mania

The demon of your dreams

Storywala



Ayushi Goel, AIS Gur 43, X C

“The blood of Olympus watered the ancient stones, the Acropolis groaned as Mother Earth woke.” As Abigail finished reading the last chapter of *Mouth of Olympus*, her gaze turned to the alarm clock. “I’ll be late for school again tomorrow,” she thought. She closed her eyes and when she opened them, she was standing at the very foot of the

great Mount Helmos.

It was a surreal view, that was until an enormous creature behind her clawed at her hands and the mountain cracked up. As she turned around, her eyes met that of the creature, bloodshot, standing ten foot tall, with whizzing snakes as hair. His body was of a blood-spitting dragon, with venom oozing out of his tail. Abigail recognised him from Greek mythology. He was none other than Kampe, the ferocious

devil of Tartarus, or the Greek ‘Hell’. Abigail remembered that Zeus had sent Kampe to be damned in Tartarus forever. Reading her mind, Kampe roared, “Yes, Ms Abigail, I was damned to rot in Tartarus, but my Lord blessed me with a new life to take revenge on my enemies. Now, I will crush you under my foot.” He darted towards Abigail with a force that shook the entire mountain. Almost immediately, a celestial sword shimmered in

As she turned around, her eyes met that of the creature, bloodshot, standing ten foot tall, with whizzing snakes as hair.

Abigail’s hand. She charged towards Kampe, and stabbed him in the back with her sword. As Abigail ruthlessly imposed wounds all over its body, golden ichor began to ooze out. She impaled her sword in Kampe’s gut, and slashed open his throat. Kampe retaliated, trying to hit Abigail with his venomous tail, but she dodged it. Abigail was panting, with blood dripping from her sword. The monster evanesced into thin air, leaving nothing behind but black ash. “Abigail, darling, wake up or you’ll be late for school,” her mother’s voice echoed in the mountains as she opened her eyes. Picking up the alarm clock to switch it off, she found a note underneath it which read: “Ms Abigail Morrison, great job defeating Kampe. I hope we’ll meet soon. P.S. Say Hi to your mom. Your dad, Ares.” 🇬🇧



Whole wheat waffles

Aizza T, AIS Gur 46, VIII

Ingredients

Whole wheat flour2½ cups
Whole milk3 cups
Butter½ cup
Eggs3
Vanilla extract1 tbsp
Pure maple syrup2 tbsp
Baking soda1½ tbsp
Salt½ tbsp

Method

- Switch on the waffle-maker machine for pre-heating.
- Take butter and melt it in the microwave for 40 seconds.
- Take a large bowl and mix

melted butter, eggs, milk, vanilla extract, and half of the maple syrup. Whisk all the ingredients till they are mixed well.

- In a separate bowl, sieve the whole wheat flour and mix the dry ingredients, the baking soda and salt.
- Slowly start mixing the dry ingredients with the wet ingredients. Mix the batter until it becomes smooth.
- Pour the batter in the waffle maker and cook for 12 minutes or until the waffles turn golden brown.
- Serve with maple syrup.

Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!



Q: To which state does the dish ‘Ven Pongal’ belong to?
Ans:

Q: Which town in Japan is named after a Hindu goddess?
Ans:

Q: What does Aashna Kathuria, AIS Gur 43, aim to be?
Ans:

Q: Who is the writer of the poem named ‘The river’?
Ans:

Q: Which quintessential Indian dish is loved by everyone?
Ans:

Q: Which school won the GT Picture It contest 2018?
Ans:

Q: What is the name of the article written by Shobhit Ranjan, AIS Saket, XII?
Ans:

Q: What is the other name of Bermuda Triangle?
Ans:

Q: Who is the protagonist of ‘The demon of your dreams’?
Ans:

Name: Class: School:

Results of 59: **Mukul Dahiya**, X, AIMC; **Amogh Agrawal**, VI H, AIS Gur 46; **Akansha Narayan**, III B, AIS Vas 1

WORDS VERSE

One of those days

Khushi Saxena
AIS Noida, XI I

One of those days
When the only thing that’s seen
Are the shades of tricolour
Orange, white, and green

One of those days
When patriotism is at the top



And the hymns and songs
Full of country’s love don’t stop

One of those days
When ‘tiranga’ is in every hand
And we remember the sacrifices
The fighters made for this land

Something so pure and vivacious
Like a scent in the fresh air
It’s almost like a festival
That makes the entire world stare

The entire country, like a soldier
Who returns from a bloody war
Is drowning in the joy of victory
Patriotism knocks at every door

As if the blood-stained uniform
Is shouting the tale of conquest
And the pride of triumph
Drips from the broadened chest

The entire country, like a bride
Is dressed up to come alive
As if eagerly waiting
For groom of freedom to arrive

No more bias, slavery no more
No more foreigners at the fore
She’s free on her life’s shore
To love, to live, and to explore

Every passing year
The festival of victory arrives
Bringing along the memories
Of struggle and sacrificed lives

It’s one of those days
When nation love is all you see
After all, today is the very day
The golden bird was set free. 🇮🇳



Happy days

Ananya T., AIS Noida, X J

When I sit to look back in time
I remember dancing for a dime
Sitting idle was not a crime
Oh! How I miss those days
When I had no bills to pay

Waking up at noon felt so great
Now it’s 8 am, and I’m late
Running to catch the bus at gate
Oh! How I miss those days
When it was all happy and gay

Catching flies, collecting stamps
Lying in the sun, going to camps
Now I’m stuck in a traffic jam
Oh! How I miss those days
When we didn’t wait for Sunday

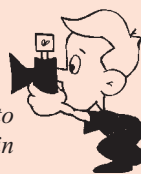
Bedtime stories, my cricket team
Eating cakes, rolls, and ice cream
Now looking thin is my dream
Oh! How I miss those days
When life took an easy way. 🇮🇳



CAMERA CAPERS

Dakshesh Bharal, AIS PV, X

Send in your entries to
cameracapers@theglobaltimes.in



Freedom coloured in grey



Looking ahead at hopes and dreams



No morning begins without ‘chai’



Inside the Bermuda Triangle, US Government has AUTC (Atlantic Undersea Test and Evaluation Center) which is located on the Andros Island of Bahamas. Here, US Navy tests their submarines, sonar and other weapons.

Being human

Wisdom tale



Imaging: Dinesh Kumar, GT Network

Ruudrakshi Ganguly
AIS Gur 43, VI

Shivam was the fastest athlete in his class, a fact that he cherished too proudly. One of his biggest supporters was Rohan, a friend of his, who himself was a good athlete, but Shivam always teased him for not being as good. As Sports Day drew near, everyone wanted to participate in the grand race. Everyone wanted to try their luck even though they knew that Shivam was probably going to win.

When the day finally came, everyone was ready. Shivam was feeling smug, laughing at everyone who thought they could defeat him. Rohan stood in the corner, stretching his arms and legs, as he prepared for the race. The grand race consisted of three parts. The competitors had to make their way through a maze to find the exit, moving on to the next round of a hurdle sprint, and then finally reach a river which they had to swim across to reach the finish line. The horn was blown and all the boys ran towards the maze. The crowd ea-

gerly waited to see who will come out first. Shivam ran as fast as he could, making his way through the maze in a sprint. He got tired soon after and had to rest to regain his energy. Rohan, on the other hand, brisk-walked, and made his way through the maze strategically. He was the first one to exit the maze, with the entire crowd shouting his name. The loud cheers signaled Shivam that Rohan was already out. He quickly got up and found a way out, not losing another minute. Rohan was already in the middle of

His anger made him run even faster, causing him to nearly trip but he managed. It was not too long before Shivam caught up with Rohan.

his hurdle sprint when Shivam started. His anger made him run even faster, causing him to nearly trip but he managed. It was not too long before Shivam caught up with Rohan. They both reached the river at the same time. Rohan took a deep breath and jumped in the water. He noticed how Shivam was still standing on the shore, his legs shaking, and his face drenched in sweat. He made his way back to his friend. "What happened, Shivam? Come on, jump in! We need to complete the race," said Rohan. "I can't. I can't swim," Shivam cried. "You win. You are better than me. I am sorry for treating you so badly." Rohan extended his hand and asked Shivam to climb on his back. Shivam did, hesitantly, and together they crossed the finish line. They both became the winners, and Shivam suggested that the medal should be given to Rohan, who truly was the best.

So what did you learn today?
Pride and over-confidence often become the cause of one's failure



Bead bowls

Material Required

- Small beads
- Cooking oil
- Spoon
- Glass bowl
- Baking Tray



Procedure

- In a glass bowl, spread cooking oil using a spoon and your fingers. Make sure it is spread evenly inside the bowl.
- Take some colourful beads and spread them in a single layer inside the bowl. There should be no double layering of the beads and the surface should be smooth.
- Place your bowl on a baking tray and then put it in microwave oven. Turn it on and heat it for 5 minutes.
- After 5 minutes, take the bowl out carefully. Let it cool for 30 minutes.
- Using the spoon, start peeling off the edges of the 'bead bowl' which has formed because the beads have now stuck together.
- After removing the bowl, clean it with water so that no stains of oil remain on the bowl.
- Your bead bowl is now ready to store all your chunky accessories!

Riddles Fiddle

Gursukh Singh
AIS PV, II

- 1.What has a thumb and four fingers but is not alive?
- 2.What has to be broken before you can use it?
3. People buy me to eat, but never eat me?
- 4.Which vehicle is spelled the same forwards and backwards?
- 5.What goes up but doesn't come back down?

Answers: 1. A glove 2. An egg 3. A plate 4. Racecar 5. Your age

POEMS

The river

Prisha Kalra, AIS Noida, IV

The river is a wanderer
Like a nomad or a tramp
Because it has no destination
It makes everything damp

The river just loves to glide
Through valleys and hills
It swirls and twirls



But it just cannot be still

The river is a hoarder
It buries down deep
Those little treasures
Of beauty in heaps

The river keeps flowing
As it loves to explore
The serenity of nature
And its beauty galore

Precious food

Uday Aeri, AIS Saket, V B

Food is what we all need
To stand strong and tall
But there is none that we feed
We don't think of them at all

Food is precious to us



We binge on it day and night
But there are millions
Who don't even get its sight

Food is all that we need
It makes us active and robust
But for the ones who need it
Their hopes are left to rust

Meals we take for granted
Is a dream for those who want it
So let's not waste any food
Let's do for them something good!

Best entry for colouring fun



Aryan Menon, AIS Vas 6, III B

PAINTING CORNER

Trisha Yadav
AIS Vas I, V A



It's Me

Know Me

I am: Aashna Kathuria
School: AIS Gur 43
Class: I
I blow candles on:
October 4
Aim: To be a doctor

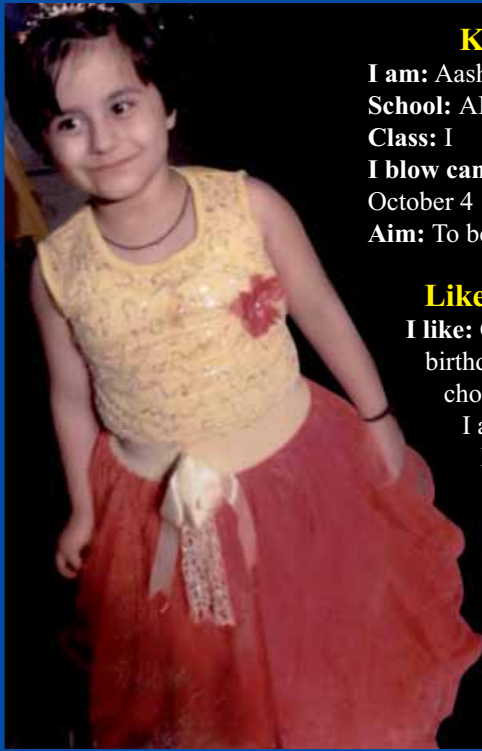
Likes & Dislikes

I like: Celebrating my birthday, eating lots of chocolates and chips. I also love reading English stories
I dislike: When I'm unwell; when somebody breaks my toys; when people watch TV at high volume while I'm asleep.

Favourites

My best friend: Amisha and Aric Soni
My role model: My mom
Hobbies: Dancing, drawing, playing with my friends and watching Chhota Bheem
Subject: English
Book: Snow White and the seven dwarfs
Game: My Barbie dolls
Mall: INOX Mall
Teacher: Ritu ma'am and Abha ma'am
Poem: Twinkle Twinkle Little Star
Food: Ladyfingers and roti

I want to feature in GT because: GT is my school's newspaper and I love my school.





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AERC

Mrinal Verma & Shubham Shukla
GT Network

The 2nd Amity Inter-School Start-Up Entrepreneurship workshop was organised by Amity Educational Resource Centre at Amity Global School, Noida, from July 9 to July 16, 2018. It provided a glimpse of the bright future that Amity will be gifting to our country and the whole world. The 7 day workshop, a brainchild of

Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, was led by pioneer entrepreneurs Dimitar Inchev and Poulaine Roussel, from Berlin, Germany, who taught the A to Z of entrepreneurship and gave valuable insights about the working of a startup. A total of 60 students from Class VIII to XI of different Amity Schools of Delhi/NCR along with Amity Lucknow participated in this educational fiesta. The camp concluded with a ‘Build Your Own Start Up’ competition in which 12 different teams participated. The competition was graced by the pres-

ence of Chairperson. The participants were judged by a panel of 15 experts in their respective fields. Each team was given the challenge of building the initiation and future plan of their own start up, summarizing everything in a 4 minute presentation. The team was then quizzed by the panel of judges and rated on a scale of 0-5 on parameters like: market assessment, innovation, finance, viability, resource and organisation. In her address, Chairperson emphasized on the importance of passion and resilience while pursuing one’s dreams. She also reminisced about the initial

stages of Amity, when the giant institution itself was a ‘start-up’. She emphasized on the idea of never stopping or giving up by citing the example of Founder President, Dr Ashok K. Chauhan, who envisions Amity as a brand, as a phenomenon which will make India a Superpower by 2030. The session concluded with the declaration of results in which Team WOLT of AIS Vasundhara Sector 6 bagged the first prize. Team Masterkey of AIS Noida won the second prize and Team U & Me of AIS PV got the third prize. Read more about the dreams and ideas of the top 3 winners. [GIF](#)

Team WOLT, AIS Vasundhara 6
Siddhant Chhugani CEO; Mansha Khanna CFO; Kanishka Kumar CMO; Sumukh Srivastava CTO; Sankalp Bajpai COO; all from Class XI D

The team entered the competition not just to win it, but to change the way we think about using our mobile phones. With the motto ‘Power of touch redefined’, WOLT aimed to redefine the usage of Piezoelectricity. They designed its use in such a way that the mobile battery would get charged whilst tapping on the screen, and hence, instead of draining the battery, using the mobile phone would charge it rather. They boldly asked for a handsome funding of 5 million USD for Research and Development of their unique idea. The team also brought with them a prototype they had made which blew everyone’s mind. The idea that your phone’s battery would last longer if you use it more was met with curiosity and skepticism both. However, with sound technical knowledge the dynamic team walked away with a huge round of applause, a standing ovation and the winners’s trophy.

Team Masterkey, AIS Noida
Diya Khorana CEO, XI; Anirudh Pratap Singh, CFO, IX; Mir, Financial Consultant, VIII; Atiriyi Singh Sales Manager, IX; Sara Maheshwari, Legal Consultant, VIII

This team mixed innovation with the need of the hour: The better mental health for all. Seeing how India struggles badly with the issue, a Masterkey was designed to spread awareness about the mental well being and help the people struggling with poor mental health. The start-up aimed to launch their own magazine focussed at creating mental health awareness amongst the wider social strata and an app, where people in need of counselling could sign up and talk to professionals. The sensitivity with which the team showcased their understanding of these issues was evident when they declared that their app also had an option of anonymity. The company had a vision of creating a very amicable and conducive environment to know and talk about these issues in the public domain. With an aim to remove the stigma around mental disorders their pitch was perfect!

Team U and Me, AIS Pushp Vihar
Daksh Jalani, CEO, XI; Varish Grover, COO, XI; Dakshesh Bharal, CFO, X; Nalin Jaiswal, CTO, IX; Saumya Chauhan, Associate Editor, VIII; Sara Mathur, Associate Editor, VIII

With a need to remain in touch with their roots, the team wanted to retain and restore the love and respect that our Indian society attributes to our elders. This start-up aimed to open a chain of centers throughout the country which would serve as day care homes for the elderly and toddlers both. The centres would also have a school where the elderly could become teachers, teaching the toddlers the precious lessons of life. This would tackle age-related issues through a two way exchange of knowledge. The idea to revive old tradition of passing down stories and knowledge thus giving education woven with values, rekindled a hope to fill up the ever widening generation gap in India. They also proposed a thought provoking subscription based system wherein the kids could be left with grandparents instead of babysitters.



Young kids narrate stories woven with moral values

Storytelling competition

AIS Gwalior

An inter-house storytelling competition was organised on July 18, 2018 for the students of Class I and II to enhance reading, skimming, presentation and spoken skills of the students. Young storytellers weaved myriad stories based on moral values. Use of

props combined with right expressions, flawless diction and correct pronounciations made every performance mesmerizing. Trisha Rao of Class I from Mandakini house won the first prize, Abhirami Sivam of Class I from Pawani house came second and Kushagra Pandit of Class III from Alaknanda house bagged the third position. [GIF](#)

Khadi Miss India 2018 contest

AIS VYC Lucknow

In an endeavour to enhance the popularity of Khadi in the mainstream fashion, Khadi Miss India Contest 2018 was held on August 4, 2018 at Amity International School Vrindavan Campus Auditorium, by the Miss India Khadi Foundation. The prestigious competition which celebrates the spirit of Swadeshi in India was a national level competition in which girls from different parts of India had participated and 23 finalists were selected for the final round to showcase their talent. The event was graced by Honourable Brajesh Pathak, Law Minister, UP Government and Bollywood

Singer Anupama Rag as the chief guests. Other eminent persons present at the event were: Ankush Anami, CEO Khadi; Avinash Singh IAS, District Magistrate, Pilibhit and Harshit Gupta, Director, IIPC. The programme commenced with the traditional lighting of the lamp after which the participants started the ramp walk wearing aesthetic Khadi dresses. Each participant introduced herself and answered the questions put across by the judges. Akansha Pandey was the proud winner of the crown and became ‘Khadi Miss India -2018’. Sanjana Mishra was adjudged the first runner up followed by Priya Singh as the second runner up.



Akansha Singh the winner of Khadi Miss India 2018

With modern research the mysterious disappearances inside the Bermuda Triangle have been attributed to delicate geographical and natural changes in the area.

All top quotes contributed by *Rushil Omar*, AIS Vas 6, IV



Bermuda Mania

Khichdical map of India

Our One Pot Meal 'Khichdi' Comes With Tantalizing Twists In Different States

Chana Dal Khichdi

Punjab

Dal Khichdi is a traditional Punjabi delicacy prepared with two ingredients, Bengal gram and rice, for special occasions like Lohri, Sankranti and other festivals.

Mong Khetchir

Jammu & Kashmir

An amalgamation of moong dal and rice, it is often given to children and to those suffering from indigestion, because of its easy digestibility.

Garhwali khichdi

Uttarakhand

An earthy recipe that is a little different from usual khichdis, this recipe calls for urad dal to be cooked separately from rice and then combined.

Bihari Khichudi

Bihar

Made using roasted moong dal, masoor dal and basmati rice, desi ghee, jeera, garam masala and ginger garlic paste, this is served with Bharta (potato, or teen ratan mixed bharta) and is a Bihari delicacy.



Bajra Khichdi

Haryana

Made using more millets than rice, it has a creamy consistency and is comforting and satiating. It is usually eaten in winter due to heat-generating properties of bajra.

Kathiawadi Khichdi

Rajasthan

A mix of rice, dal, vegetables, cashew, ghee, almonds, peanuts, and papdi dana, the Kathiawadi Kadhi Khichdi is served with masala chhaas, roasted chillies and pickle.

Vaghareli Khichdi

Gujarat

Meaning 'tempered', this no onion-garlic one pot meal is also popular as Ram khichdi in Gujarat and Rajasthan.

Valacha Khichdi

Maharashtra

It is a tangy concoction made with field beans, groundnuts and grated coconut.

Sweet Khichdi

Goa

A Konkani dessert, this one is similar to the Moong dal khichdi. The only difference is that it has broken wheat instead of rice. It is prepared using lentils, rice and jaggery, especially on the day of Kalavara Shrishti.

Khaara Pongal

Karnataka

'Khara' translates to 'spicy' in Kannada. Using equal proportion of moong dal and rice, this one is prepared using spices so that there is no need for any accompaniments in the meal.

Ven Pongal

Tamil Nadu

Cooked rice and moong dal are flavoured with ginger, crushed peppercorns and cumin seeds and garnished with ghee-roasted cashew nuts and curry leaves. It is the traditional navaidyam (offering to God) in most temples in Tamil Nadu.

Pulagam

Andhra Pradesh

Made with rice and split green gram (chilke wali moong), this simple dish has no tempering of any kind, and uses just salt as seasoning. It is typically served with coconut chutney.

Amla Khichdi

Uttar Pradesh

Made using rice, kali dal (split black gram) and amla (Indian gooseberries), the dish gradually became inextricably linked with the festival of Makar Sankranti.

Tahiri

Jharkhand

A dressed-up version of khichdi, the bhuni khichdi is prepared more like a pulao and more spicy. It looks like biryani. It is also called 'tomato masala bhuni khichdi' or 'dal wali tahiri'.

Galho

Nagaland

'Galho' is a mix of rice, vegetables and different types of meat. The Angami tribe are the original creators of this dish, which is now a popular local favourite.

Black rice Khichdi

Mizoram

This version of khichdi comprises rice with bai, a mixed vegetable stew cooked with fermented pork, green chillies and a dash of baking soda.

Bhoger Khichuri

West Bengal

This simple moong dal khichdi is made as an offering to God. It is usually accompanied by labra (a medley of winter veggies) and 5 types of bhaja (fries), eggplant, potato, gourd, pumpkin and sweet potato.

Manipuri Khichdi

Manipur

Manipuri Khichdi is prepared with basmati rice, toor dal, onion, peanuts and spices like green cardamom and bay leaves. Unlike the regular khichdi, this is served during Rath Yatra festival on lotus leaves paired with the traditional Ootti (a veg delight).

Meetha Khechudi

Odisha

Considered a favourite of Lord Jagannath, it comprises rice flavoured with cinnamon, cloves, bay leaf, cardamom and ground nut with a little turmeric.

The Meaty Khichra

Telangana

Khichra is the meaty cousin of khichdi. It is a mixture of cooked dal, mutton, rice and vegetables - all simmered together.