

In Quotes

"I refuse to agree that Indians are intolerant."
President Pranab Mukherjee

INSIDE



Cravings Explained, P4



Investiture Ceremony, P6-7

AMITe poll

Are we ready to tackle the heat wave?

- a) Yes b) No
c) Can't say

To vote, log on to
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POLL RESULT

for GT issue March 27, 2017

Do you think giving Ganga and Yamuna rivers the status of a 'living human' will help reduce pollution?



Results as on March 31, 2017

Coming Next

Art Camp

THE GLOBAL TIMES

MONDAY, APRIL 3, 2017

www.theglobaltimes.in

The grand old journey

The seas hold many stories. The stories many legacies. Legacies like 'INS Viraat'. The longest serving warship in the world, which has traversed eons on the ocean, galvanizing troops, evoking respect in the navy and fear among enemies. Decommissioned on March 6, **Tanya Sutradhar, GT Network** shares excerpts from the diary of the ship...

It is the end of an era they say, the end of an icon. I have travelled enough, seen plenty, fought wars and saved lives. Born as 'HMS Elephant', a UK built aircraft carrier and the last of the Centaur-Class and dying as INS Virat; I have seen a lot during my 58 year long journey. Today, I bid adieu as flagship of the Indian Navy but I spent my growing up years with the Royal Navy from 1959 to 1989 as 'HMS Hermes'. I was the flag-

ship of the Royal Navy during the Falklands war; that's one journey I can't get over. I was the first ship with remote controls for the main machinery, and air conditioned bunks. With my 27,800 tons and length 774 ft. 9 inches of iron-body, I had the capacity to carry 20 fighter aircrafts and eight helicopters, and a complement of 2,100 men in 1960's.

Sometimes the journey begins on an ominous note. It begins on a hope that you will change the world. But then it goes beyond and you change the world, albeit in unexpected ways.

After a fulfilling stint with the Royal Navy, I was decommissioned in 1985. It broke my heart but perhaps I had new voyages to undertake. And boy! I did! The Indian Navy welcomed me aboard on May 12, 1987. I was now INS Viraat, the flagship of the Indian Navy. The Indian

Navy bestowed me with the motto — Jalamev Yasya, Balmev Tasya (One Who Controls the Sea is All Powerful), a maxim first adopted by Shivaji which still remains to be true even in the 21st century, as this military strategy helped India secure its maritime boundaries.

Life is an endless struggle. It has its up and downs, interwoven with good and bad. But never stop learning and growing. Life is always full of surprises, and some of them will be pleasant for sure.

Even though the Western Navy calls me 'Mother', I hold as much affection for my Indian children. I have groomed five Indian Naval Chief Officers in my lap. Commanded by 22 captains, my stint with the Indian navy has been long and enriching. Under the Indian flag, I operated several missions like the Indian Peace Keeping Force in Sri Lanka after the Indo-Sri Lankan

accord broke down in July 1989. I was a part of Operation Jupiter, Operation Vijay and Operation Parakram after the 2001 parliament attack and various international joint exercises like Malabar (with US Navy), Varuna (with French Navy), Naseem-Al-Bahr (with Oman Navy). *A new journey will come with its own challenges. But sometimes the experiences it offers far surpass the challenges, making it an experience of a lifetime.*

I have spent nearly 2,250 days at sea, sailing 5,88,288 nautical miles, that's 27 times around the globe. No wonder, they called me the 'Grand old lady'. Admired across the world for both - supporting maritime and land-based operations and anti-submarine warfare; the love I have received is overwhelming. It filled my heart with pride when I was considered the hallmark of India's blue water capability across the seas. There is so much I have seen and lived in this lifetime. And it's hard to let go.

Everything has to come to an end. But not icons and legacies. They might fade away but will live in the hearts and memories of souls they affect. That is the power of hard and great work.



Imaging: Pankaj Mallik, GT Network

Innovating education

We can call ourselves developed when education progresses. Prof (Dr) Anil D Sahasrabudhe, a doyen of technological innovation addresses the reality

Abhilash Jawa, AUG, BJMC

During his first public meeting after taking over as chairman of the All India Council of Technical Education, Prof (Dr) Anil D Sahasrabudhe, former director, College of Engineering, Pune, was involved in improving the college's administration and transforming it. During his visit to Amity University, Manesar on the occasion of the convocation ceremony, he was felicitated with a Honoris Causa Doctorate. He

shares his thoughts on education in India and ways to improve faculty and autonomy for all colleges in an exclusive interview with GT reporters.

Creative freedom: Enriched learning

Every child is special, every student is unique. As educationists, it is imperative to allow them full creative and innovative freedom. At the College of engineering, Pune, we allowed the use of laboratory 24/7, including easy access to libraries, and other facilities. The student entry and exit were also not restricted. With such freedom, students started innovating on their own, something that made a great difference to their learning process. The students even developed a small satellite which was launched by ISRO. Give students the freedom to learn on their own, make their own mistakes and in the process, they will learn a lot more.

Nurturing innovators: Freedom to think

In school, many a times, students answer a question according to their perspective and thinking. But then it might differ from textbook knowledge or from the view point of the teacher. The student often ends up getting less marks, which makes him/her think that they might be wrong. They think the textbooks are correct which hampers critical thinking and innovation; this thinking often seeps into their higher learning. We have to change that. We have to encourage critical thinking, questioning information and answering in an individual style. That is the only way students can be nurtured as innovators.

Global rankings: A long way to go

The parameters of judging for global rankings are different. Some of the parameters definitely go against Indian universities. For example, one of the parameters is the number of foreign faculty and foreign students studying in the university. Unfortunately, the number is not that high as of other top ranked universities. So to improve this parameter, we have to make India viable as a whole, for study and research for foreign students. Also, our journals need to be published in top ranked publications and there should be a steady stream of interactions with esteemed foreign faculty and researchers from all over the world, for us to feature in global rankings.

Industry involvement: A must

Industry experts will not simply take a class, instead there will be a dialogue between the teachers and the students. Also, problem solving abilities, skills to man-

Pic: Tanya Sutradhar, GT Network

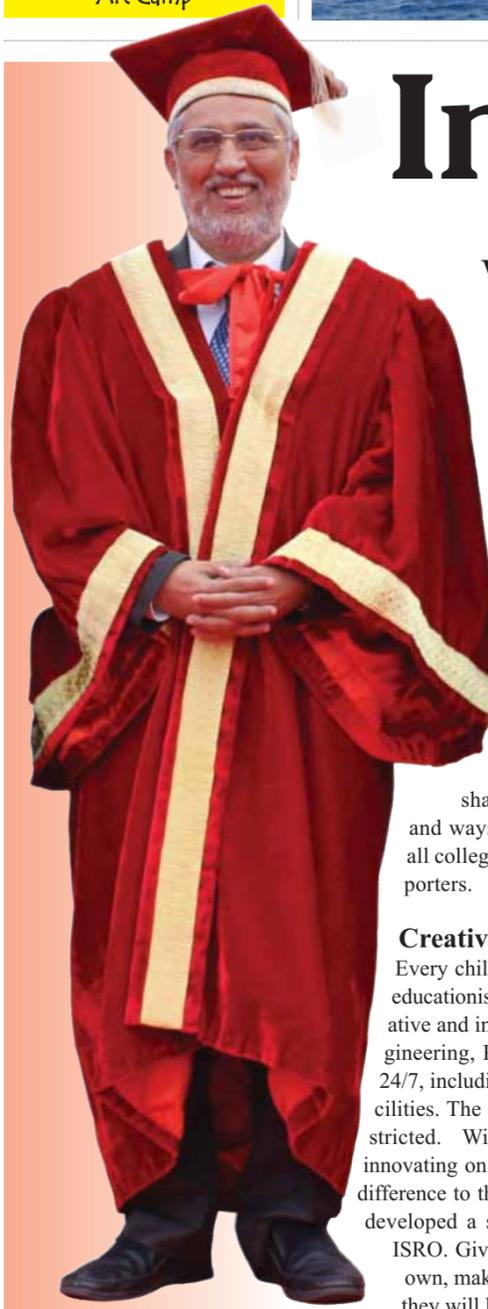


Anil D Sahasrabudhe with GT reporter

age teams, ethical professional behaviour, and managing diversity are some of the skills which the industry looks forward too. Such education can only be imparted by professionals from the industry, which I feel is adequately addressed in Amity.

Success mantra: Passion & innovation

Students should be innovative in whatever they do. Whichever path they undertake, they should tread the with full passion. Keep these two ingredients with you and success will follow eventually. 🇮🇳



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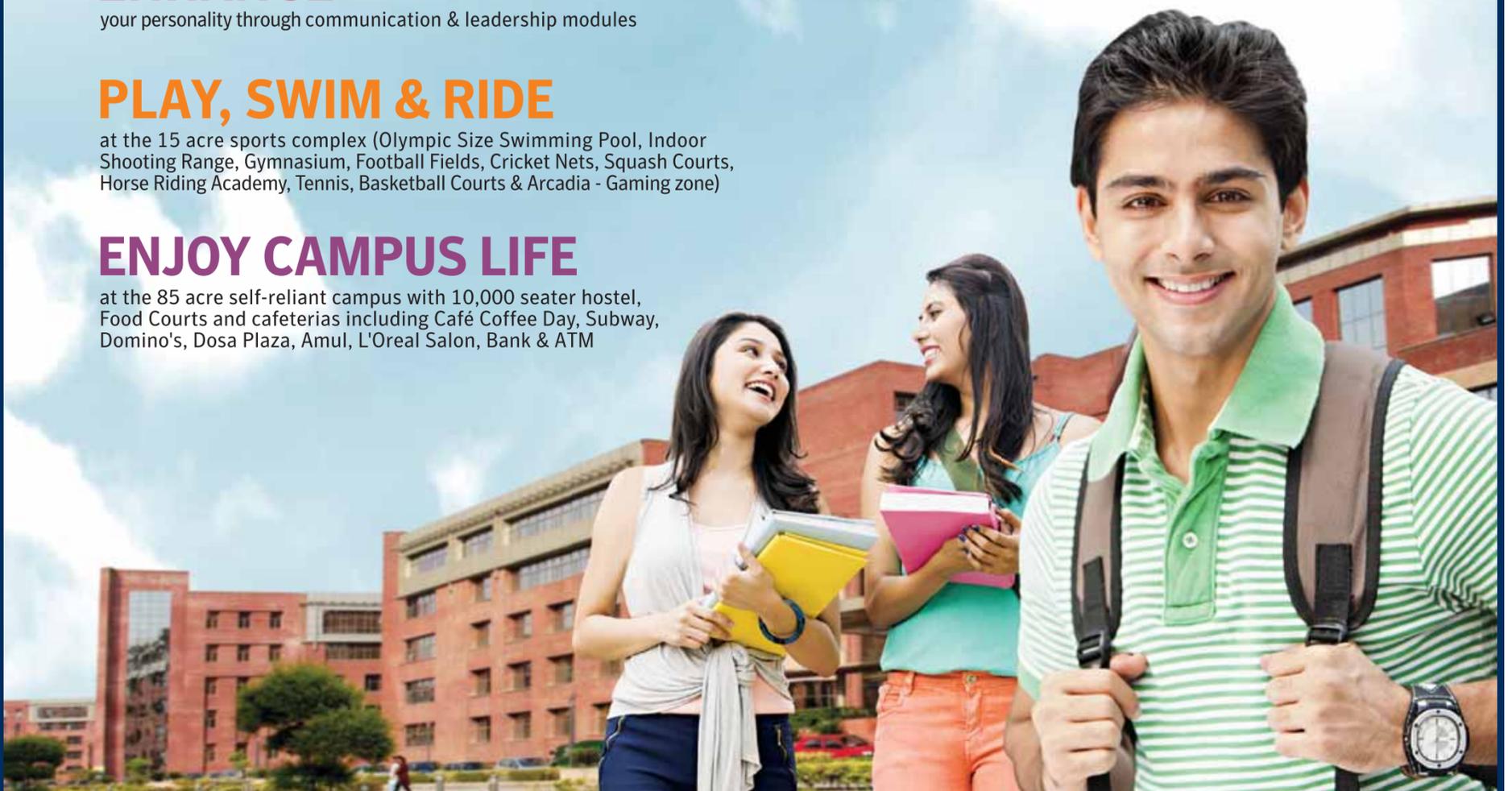
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Einstein is known for his mass - energy equivalence formula $E = mc^2$, which is "the world's most famous equation".

Pics: Tanya Sutradhar, GT Network



Gurgaon Convocation 2017

A celebration of dreams, dedication and diligence, the convocation of 2017 at Amity University, Manesar, Gurgaon commemorated future leaders

Anwasha Sen Majumdar
GT Network

Convocations are not the last chapter, instead the beginning of a new one. For, it is the day when you sit as learned adults in the crowd, rewinding fond memories of all those years of hard work and are acknowledged for the same. On February 4, 2017 at Amity University, Manesar, Gurgaon, one witnessed a grand scenario of cheerful and excited faces savouring their years of dedication, throwing their caps off in ecstasy, as they came together for the convocation ceremony. The *sangam* of education, saw around 1034 graduands being bestowed their hard earned degrees and diplomas along with the conferring of honorary doctorates on esteemed dignitaries.

When the journey began

Under the crisp blue skies with the last breeze of winters, the event was off to a great start, as the trustees of the board, senior members of the management, heads of institutions, department heads, senior faculty members and guests who were to receive their honorary degrees, entered the convocation hall. The event then commenced with a beautiful rendition of the *Saraswati Vandana* and the lighting of the lamp. Thereafter, Dr Aseem Chauhan, Chancellor, Amity University, Gurgaon declared the third convocation open. Wel-



coming the parents and students alike, Prof (Dr) PB Sharma, VC, AUG presented the welcome address and a report highlighting the achievements and accomplishments of the university in the past years. Subsequently, gracing the occasion with his benign presence, Dr Ashok K. Chauhan, Founder President, Amity Universe applauded the students for their dedication and encouraged them to work hard and serve the society.

The awardees were acknowledged

To acknowledge experts from various fields for their invaluable contribution to the society, several doyens were conferred the honoris causa.

Dr Ashok K. Chauhan, Founder President, Amity Universe along with Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF and Dr Aseem Chauhan, Chancellor, AUG conferred honorary doctorate degrees upon the dignitaries present amidst a thundering round of applause.

They included Prof Anil D Sahasrabudhe, Chairman, AICTE; Dr Trilochan Mohapatra, Secretary (DARE) & Director General (ICAR); Prof Govindarajan Padmanaban, Former Director, IISc, Bangalore; Prof (Dr) Raj K Tiwari, Professor of Microbiology and Immunology, NYMC, USA; Dr Yuyutsu Sharma, globally renowned poet and creative writer; Prof Bal Ram Singh, President, Institute of Advanced Sciences, Dartmouth, US and Dr BL Dubey, renowned clinical

psychologist, adjunct faculty, University of Alaska, USA.

And the graduands recognised

After years of hard work, the students stood tall as they received their degrees and diplomas and made their parents proud. Over 1034 graduands of various programs including Engineering & Technology, Management, Applied Sciences, Journalism and Mass Communication, Medical Science, Behavioural Science, Languages and Commerce received UG and PG Degrees, along with 50 gold medals, 42 silver medals and 33 bronze medals. Four students were awarded PhDs and meritorious students from different institutions were felicitated with 12 Dr Ashok K Chauhan Scholarships and 15 Baljeet Shastri awards. Over 781

UG students were given Minor Certificates for proficiency in areas like Journalism, Animation, Management and Economics along with their UG Degrees.

But the journey had to end

The convocation was officially declared closed by the Chancellor, AUH with the rendition of the National Anthem. The occasion might have ended but for the students of Amity University, it marked a new beginning. With zeal and passion, they were ready to lead the world. Donning black robes and caps with colourful scarves, students smiled as they posed for group pictures, trying to capture countless memories in one frame. Standing shoulder to shoulder with fellow classmates, the fresh graduands bid farewell to their alma mater.  

They said it....



"Amity students are distinguished achievers, who have the capacity and capability to change the country and subsequently the world. You should be resolute and dedicated to your roles so that you can achieve your goal of being the best in your profession."

Dr Ashok K. Chauhan



"I commend Amity for its fundamental and applied research initiatives, which have invigorated the research culture in India. You should be motivated to work hard, be an incessant learner, with an ability to analyse complex problems and traits the industry looks forward to in employees."

Prof Anil D Sahasrabudhe



"Computer Science and IT, being enabling Sciences, should be taught to everyone but at the same time, basic-sciences should be promoted for improving the quality of Indian educa-

tion, health, and environment."

Prof Govindarajan Padmanaban



"To meet the demands of a growing population, innovations are needed in frontier areas such as science, technology, and agriculture to attain self-sufficiency in dairy, egg, poultry, horticulture and other areas. Also, success in any field is possible only with collaborative research and partnerships, in addition to working together with synergetic efforts."

Dr Trilochan Mohapatra



"Amity University, Gurgaon has made innovative strides in the department of Amity's Centre of Robotics and Artificial Intelligence. They have developed programs such as gesture based home automation, gesture based robotic arm, bowling robot, and nano robot amongst others. We hope to achieve many more of such milestones in the future."

Prof P B Sharma
Vice Chancellor, AUG



Founder President along with Dr Aseem Chauhan and other dignitaries felicitate the PhD holders

Amity Institute for Competitive Examinations

Presents



Brainleaks-202

FOR CLASS IX-X

Which of the following diseases are caused by extrinsic factor?
(i) Beri-Beri (ii) Diabetes
(iii) Myopia (iv) Food poisoning
(v) Leprosy (vi) Asthma

- (a) (i), (ii) and (iv)
(b) (iii), (iv) and (v)
(c) (i), (iv) and (v)
(d) None of these

Last Date:
Apr 7, 2017

3 correct entries win attractive prizes

Ans. Brainleaks 201: (b)

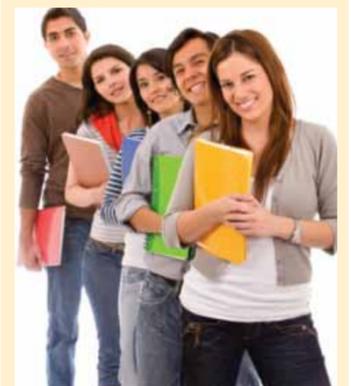
Winner for Brainleaks 201

1. Maanit Singh, VII-AFYCP, AIS PV
2. Mahi Sharma, VI D, AIS Mayur Vihar
3. Avrit Sharma, VI C, Gur 43

Name:.....
Class:.....
School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at brainleaks@theglobaltimes.in

Scholastic Alert



Examination: Amity JEE 2017
Admission to Amity University B.Tech programs are based on the Amity Joint Entrance Examination (AmityJEE). Amity JEE is a Computer Based Test (CBT) conducted by Pearson VUE (for Amity) and will be held in various cities across India and abroad.

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Entrance Test: Amity JEE is a Computer Based Test (CBT) that will be held in various cities across the country from April 18- 30, 2017
Schedule/Reschedule Exam: From March 27, 2017 - April 28, 2017

Website: www.amity.edu

Taruna Barthwal, Manager
Amity Career Counseling & Guidance Cell

For any query write to us at careercounselor@amity.edu

Einstein loved to sail, and it was his hobby. Ironically, he didn't even know how to swim.



Einstein

Meet the 'brain'y bosses

If you thought that 6 days a week and challenging assignments was a reason to rant about your office, then meet the brain - a workplace that is in operation 24 hours, 7 days a week. Wondering how the bosses in the brain handle the pressure? **Kanika Sharma, AIS PV, X D,** presents you the working mechanism.

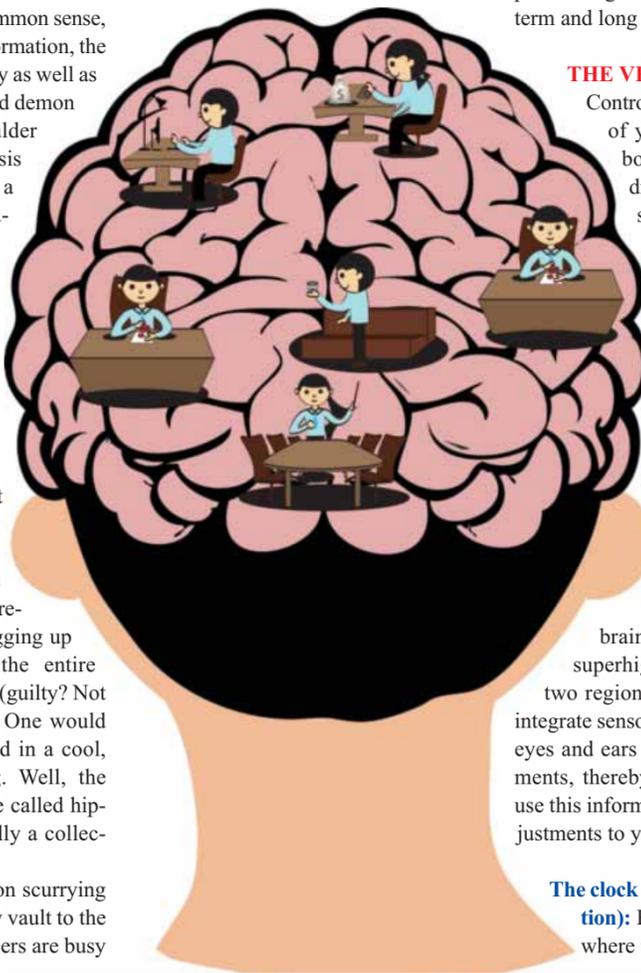
THE CEO: FOREBRAIN

The forebrain is the largest and most diverse of all the bosses of this magnificent triad. Performing a wide range of activities, this one's a versatile personality. Intelligent and sensitive, she is the boss who will give you a day off to attend your kid's football match if you promise to turn in that report by 9 tomorrow and inspires you to eat healthy and work out. The following departments fall under her:

Dept of intelligence & logical reasoning: It houses the lobe of common sense, random facts and useful information, the lobe of reason and rationality as well as your opinions. The angel and demon who appear on your shoulder and argue at the time of crisis work here. This office is like a call centre, where your reasoning capabilities are outsourced to. The employees with headsets interact with employees sitting on the pathways that carry information and neurons that represent information in 'working' (short term) memory. So calling in sick on Monday mornings is not an option.

Dept of memory storage & mugging up: All memory-related activity, enabling mugging up for history lessons and the entire discography of Linkin Park (guilty? Not really) is carried out here. One would think that memory is stored in a cool, high-tech vault like thing. Well, the memory is stored in a place called hippocampus, which is basically a collection of totally boring rides. People working here keep on scurrying from the short term memory vault to the long term one, while engineers are busy

Illustration: Anju Rawat, GT Network



performing conversions between short term and long term and vice versa.

THE VP SALES: MIDBRAIN

Controlling the sales department of your brain, this boss is a born businessman. Always dressed in a sharp suit and shiny shoes, he deals mainly in transport and communication. All the information travelling to and from the forebrain to the hindbrain need a prior approval of the midbrain, who heads the following departments.

Dept of transport: Since the midbrain lies between the forebrain and the hindbrain, it is the information superhighway connecting these two regions. It enables the brain to integrate sensory information from your eyes and ears with your muscle movements, thereby allowing your body to use this information for making fine adjustments to your movements.

The clock tower (Reticular Formation): Remember those cartoons where the cock didn't go "cock-

ledoodleoo!", and the whole town went on sleeping? This department is to take care of the same. Fun facts: If you were in a deep sleep and someone stimulated your Reticular Formation you would instantly wake up and not be tired at all. On the other hand, any damage to the same would mean you falling into irreversible coma. A funny little wrinkle on the surface of the brain, this employee although looks timid, is capable of both good and damage to the organisation.

THE CHAIRMAN: HINDBRAIN

He's the one you turn to in times of crises. Located deep within our head and on top of our spinal cord, he is the grand old boss of the brain with the following departments under him.

Dept of coordination & balance: This department helps you run, sit, walk, move, etc. It also takes care of any activity that requires physical endurance such as sports. The calmer employees are responsible for hand-eye coordination. Their glorious place of work is known as the cerebellum.

Dept of involuntary process: 'Medulla oblongata', is basically the HR dept of your brain. This department keeps you alive. It runs round the clock and its employees help in respiration, repair, maintenance, digestion etc.

Cravings explained

We scream for ice cream. We die for that chocolate bar. We crave that bag of chips. Ever wondered why? Well, the reasons are more than taste. **Hiba Kamal Khan, AIS Gur 46, X** brings you some

CHOCOLATES: Every time we crave chocolate, we tend to blame it on mood swings, when the truth is that it is the deficiency of magnesium in the body to be blamed. Magnesium helps in regulating the muscle and nerve function, blood sugar level as well as blood pressure in your body.
Eat instead: Raw cocoa, nuts, veggies, fruits

CAKES AND SWEETS: Most people crave something sweet barely minutes after having a meal. The reason, the aftermath of a meal results in a blood sugar imbalance. This imbalance hinders the digestion of food, as a result of which the body has limited energy. The body craves for sugar to make up for this lack of energy.
Eat instead: Eggs, cheese, tofu, nuts (almonds are the best)

PASTA OR BREAD: A sumptuous pasta or a wholesome sandwich, carbs can surely get one going. However, too much craving for these indicates deficiency of proteins in the body. These grain foods also affect the brain in the way dairy products does, making us feel happier.
Eat instead: Nuts, beans, chia seeds, fruits and vegetables

COFFEE: Not being able to get through the day without a cup of coffee can mean more than just caffeine addiction. It might just be a cry for more iron as your body needs it for transportation of oxygen, which in turn helps maintain healthy cells.
Eat instead: Beans, chickpeas and fortified cereals

CHIPS: Bagging a packet of chips and watching our favourite movie is all that we crave for. But hold on, it isn't the crunch of this munchy goodness, but that excessive salt in the chips that you might be craving for. Dehydration is one reason that may induce cravings for salt in the body. And don't be surprised if a Rs 10 packet of Lays doesn't satiate your cravings for the more you eat salt, the more your body wants it. Now, you know why no one can eat just one.
Eat instead: Cashews, nuts, fatty fish and goat milk

Illustrations: Anju Rawat, GT Network



After Einstein died, a pathologist who did his autopsy stole his brain without permission.

Communion & Companionship



Dr. Amita Chauhan
Chairperson

Yes, we all are busy. In a bid to make our dreams come true, aspiring towards greater heights and making our way through the maddening competition- we get busy. Many might say this way of living is completely normal. But in this everyday haste, there is something that we leave behind - the people we love. Meeting or spending time with our loved ones, sitting and having a conversation seems too time consuming a task.

It is only when the madness subsides, that we realise that there is none around us. It dawns upon us that we left behind the ones we loved in the race to move ahead. Despite 500 friends on facebook, loneliness seeps in. There isn't anyone to share that loneliness, that problem which bothers you.

Rome was not built in a day, and definitely not by a single person. It did not take just one person to move the mountain. So, how about living in a way that incorporates others around you in your life? How about taking out time for the ones who are important? We might run fast if we're alone, but that fun it is to reach the end and having no one to celebrate your victory with.

The company of others fills our journey with varied emotions and gives us strength during the hard times. Companionship therefore becomes an important virtue for growth. Sit down with your mother for a conversation, meet a friend, take time out for your grandparents; it will be an experience worth cherishing. So, dear Amitians, never fear to tread solo, but never shy from seeking the companionship of others. 📧

I Don't Want My Surname



Vira Sharma
Managing Editor

When little Nandini approached her father Dinesh with a straightforward request to remove her surname, he was considerably startled. The father had always been proud of his surname, considering it the basis of his identity. For him, just the sound of that last name represented all the points on his genealogical tree, instantly mapping out his whole family history with a single word. He carried his last name with pride. And then this bewildering event came, out of the blue. His daughter wanted to be cut off from her connection to her ancestors and her lineage.

"But why?" asked the father, baffled. "I don't like it. Everyone teases me because I am a [caste name]. And I don't like [that caste]. They are always in the news for the wrong reasons, creating a ruckus to have their demands fulfilled. But we are not like that. I have never seen you be violent. So why should I be branded as a [caste name]?"

Her simple question, like so many other apparently simple questions, carried with it so many issues, that left her father speechless. His surname was something he took for granted. But in India, that surname holds a bigger place; it is connected to a larger community.

Once a community earns a certain 'reputation', it is easy for other people to brand all members of that community with the same brush. At all levels, be it individual, family, or community, it is important to guard our reputation. One wrong step could ruin the name earned by our ancestors and malign our legacy. 📧

(This story is a real incident shared by my office colleague over a cup of tea).

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Why lyrics don't matter

'When it hits you, you feel no pain' said Bob Marley about music. Little did he know that soon it would hit us, and we would feel nothing at all

Nayesha Gandotra, AIS Gur 46, X



If only we could say, "Mujhe apni bana le caller tune," to convey our feelings but alas, in times like these only "Pehla nasha" comes to our rescue. We have evolved, so has our music. Where songs of the golden era remain evergreen, continuously mesmerising us with their deep and relatable

lyrics; the songs of today with their frivolous lyrics manage to capture our attention for barely a few days. And yet the shift has been conspicuous and inevitable, for myriad reasons.

Mission - Make money: While legends like Shailendra wrote lyrics to express their inner emotions and leave the audience with a new perspective, lyricists today write with the primary motive of penning a chartbuster, making moolah in the process. Use of simplistic language, repetitive words, and meaningless hooks rings in cash, but not soulful lyrics.

Romanticism and context: Movies today revolve around two characters and their love story. "Hero aur Heroine kaun hain?" is the first thing we ask when a movie hits the screen. Our music too bears the burden of this micro perspective. The songs today are all about romance, depicting the life of two individuals and not the society. And when two people talk, it results in a dialogue, much like what the songs of today's age are all about. The songs validate a given situation in a movie, and once out of the ambit of the movie, they become flimsy, and do not have much substance to communicate. We

have come a long way from romanticizing the bigger things in life, as now our romance just revolves around one boy and one girl, and our lyrics are a testimony to it.

The changing times: As times change, the lyricists have to change with them. This is why the very man who wrote 'Aaj kal paon zameen par nahin padte mere' is now writing songs such as 'Bunty aur Babli'. Lyricists are a part of the same society that we all live in, ergo, they too are affected by the metamorphosis that the society is going through. So, when the makers are themselves changing, the song would too.

Entertainment: Music is the primary source of entertainment for many people. After a long day at work, people unwind by listening to light, playful songs. Apart from that, dancing has become a major pastime for many. Thus, the songs today need to cater to the needs of a public that wants entertainment, not philosophy. And so the resources of the producers go into finding a dancing beat, not deep lyrics.

Songs are more than catchy numbers. They are also about profound lyrics, that leave you pondering. While foot-tapping songs are necessary for entertainment, lyricists need to write and meaningful songs to balance out the scenario. 📧

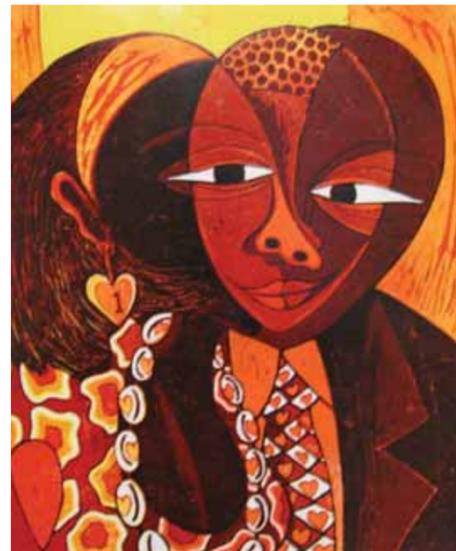
(With inputs from Sahar Dua, AIS Gur 46, X).

Two letters; an ineffable affair

The 'He' and the 'She' co-exist; sometimes in harmony, sometimes with friction. But what happens when gender definition goes beyond the known?

Ramsha Matin, AIS Vas 6, IX D

Annals that mark the saga of waving off the concept of gender discrimination have permeated their way to the usage of special pronouns; a bold initiative taken up by Oxford University to introduce 'Ze'- a gender-neutral pronoun maybe the first step towards fighting discrimination. The society although slowly settles with the proportion of genderqueer people, they still feel uncomfortable when addressed with masculine and feminine pronouns. A dilemma faced is the lack of unity and organisation among supporters of the idea.



In a world where the youth and its voice is what demands and brings about a change, this very concept needs to be popularised in other countries (including India) as well. With the inception of this new word in a leading university, it attracts attention and proves its eminence. Idea of gender-specific jobs,

misinterpretation of the concept of feminism, intolerant jokes, sexist songs, blinkered outlook of movies - a list that is evidently a part of our surroundings. Whilst YouTubers, bloggers, poets, slam poetry and a number of citizens and events raise a voice against this, the concerned fraction remains reduced. The amalgamation of the still-perceived superiority of a gender and of the suppressed, is what pulls back each of us for being silent rebels.

A resolute feminist proposes the idea of how any gender might overpower the other in terms of its beliefs, and how equality is yet strived for. Concept of how men don't cry, how women are meek, how the 'ze' community is a little too divergent - issues that still refuse to be recognised, with traditions being the reason. In a country where development and empowerment are respected by all means, and the patriarchy is losing its influence, the citizens still lack awareness. The youth, however, pledges to open their eyes to a more tolerant nation.

In a nation where a 15-year old boldly goes to the stage during a school assembly to announce being an epicene (having characteristics of both genders or having no characteristics at all of either genders) marks the beginning of a narrative yet to complete; one where the stereotypes are crushed brutally, and forbearance titles the entire journey. 📧

The art of forgiving

Little pearls of wisdom

Khushi Agarwal, AIS MV, X

Holding a grudge doesn't make you strong, it makes you bitter. Forgiving doesn't make you weak. It sets you free. Here are some tiny tales on forgiveness.

1 Now that she had been forgiven by her loving mother, the harsh words she uttered during the fight, just minutes

ago, resonated in her mind.

2 At 6 am the doorbell rang and there was a huge gift box with a message that read, "I love you the most". A fight was nothing compared to their 10 year old friendship.

3 Years past the terrible fight, he sat on the bench taking a walk down the memory lane. He said to himself, if only both had forgiven each other.

4 She stared at the torn bedsheet and turned to him with angry eyes, but

soon melted. She had to forgive her dog, for the happiness he brought.

5 She cried days and nights together over her mistake for years. One day she realised over a cup of coffee that it's alright to make mistakes and forgive yourself.

6 As they went through the photographs of their school reunion, she said to her, "If we hadn't forgiven each other that day, we would have never been such good friends."





AIS NOIDA	
Designation	Student
Head Girl	Ravisha Nautiyal
Head Boy	Shaurya Mehta
Vice Head Girl	Preeti Panigrahi
Vice Head Boy	Aryan Taneja
General Secretary (B)	Gitaansh Bhatia
General Secretary (G)	Swareena Singh
Secretary Discipline (B)	Siddhanth Ghosh
Secretary Discipline (G)	Mehak Mathur
Secretary Cultural (B)	Uday Agarwal
Secretary Cultural (B)	Maolik Khullar
Secretary Cultural (G)	Radhika Sharma
Secretary Cultural (G)	Ishita Sabharwal
Sports Captain (B)	Raghav Kapoor
Sports Captain (G)	Simarjot Kaur Bhatia
Cyber Captain	Ishita Guha
House Captain (A)	Parth Miglani
House Captain (B)	Kartik Arora
House Captain (M)	Kritika Kapoor
House Captain (P)	Shrutika Paul
House Sports Captain (A)	Devang Anand Parmar
House Sports Captain (B)	Kushagra Sharma
House Sports Captain (M)	Nandini Garg
House Sports Captain (P)	Ananya Dimri
Editor in Chief	Arunima Cheruvathoor
Associate Editor	Nandika Mogha
Associate Editor	Chudamani Akshara
Editor Graphics	Kartikay Bagla
Editor Photography	Shrishti Manchanda
Editor Art	Simranh Kakkar



A leader is the one who knows the way, goes the way and shows the way. Amity's newly elected Student Council took the mantle of leadership forward as they took oath to perform their duties with dedication, hardwork and sincerity during the investiture ceremony organised across all branches of Amity International School. The newly elected council was chosen after a rigorous selection procedure that comprises filling up of a comprehensive form, review and assessment and multiple interviews. The ceremony commenced with the traditional lamp lighting amidst chanting of holy shlokas to mark the beginning of an auspicious journey for the new council members. The newly elected council members marched together with their heads

high and the Amity flag aloft, ready to shoulder the responsibilities as the leaders of tomorrow. They were adorned with sashes and badges, bearing the responsibility they were to undertake. The took pledge to dispense their duties to the best of their abilities with excellence. The ceremony concluded with words of wisdom from the esteemed dignitaries. Here's wishing the new student council the very best.



AIS SAKET	
Designation	Student
Head Boy	Sahishnu Sharma
Head Girl	Devyani Goel
Vice Head Boy	Chirag Sethi
Vice Head Girl	Ayushi Singh
General Secretary (B)	Parth Kohli
General Secretary (G)	Divjot Kaur
Secretary Discipline (G)	Nivedita Singhal
Secretary Cultural (B)	Hitik Kumar
Secretary Cultural (G)	Suhani Saigal
Sports Captain (B)	Shivanand Chandrashekar
Sports Captain (G)	Tanya Bhalla
Cyber Captain	Akshat Aggarwal
House Captain (A)	Karanvir Choudhary
House Captain (B)	Sanya Anand
House Captain (M)	Rhea Gupta
House Captain (P)	Vritika Sehrawat
House Sports Captain (A)	Rahul Juneja
House Sports Captain (B)	Keshav Gupta
House Sports Captain (M)	Manav Bisht
House Sports Captain (P)	Rajnish Yadav
Editor in Chief	Khushi Ko
Associate Editor	Himadri Seth
Editor Graphic	Ishaan Gupta
Editor Photography	Kunsh Ahuja
Editor Art	Shagun Aggarwal



AIS VASUNDHARA 1	
Designation	Student
Head Boy	Shreyans Jain
Head Girl	Samridhhi Prakash
Vice Head Boy	Abhirup Chakraborty
Vice Head Girl	Prakriti Garg
General Secretary (B)	Harshal Dev
General Secretary (G)	Vidhi Bindal
Secretary Discipline (B)	Prasan Bhardwaj
Secretary Discipline (G)	Khushi Jaiswal
Secretary Cultural (G)	Shrishti Khanna
Sports Captain (B)	Shubhang Singh Thakur
Sports Captain (G)	Ikshita Tandon
Cyber Captain	Vishikha
House Captain (A)	Shruti Sonthalia
House Captain (B)	Akshay Kotnala
House Captain (M)	Shivam Sharma
House Sports Captain (A)	Stuti Gupta
House Sports Captain (B)	Akansa Bhargav
House Sports Captain (M)	Jayendra Singh
House Sports Captain (P)	Shourya Singh Thakur
Editor in Chief	Shubham Ghoshal
Associate Editor	Riya Jain
Editor Graphics	Ronak Arora
Editor Photography	Kritika Singh
Editor Art	Sejal Arora

AIS MAYUR VIHAR	
Designation	Student
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Head Girl	Aditi Sinha
Vice Head Boy	Aryaman Singh
Vice Head Girl	Sarah Susan Verkey
General Secretary (B)	Anubhav Dua
General Secretary (G)	Trisha Sharma
Secretary Discipline (B)	Aryan Tikoo
Secretary Discipline (G)	Radhika Gupta
Secretary Cultural (B)	Rishi Nandy
Secretary Cultural (G)	Apoorva Iyer
Sports Captain (B)	Rajit Ahuja
Sports Captain (G)	Nidhi Agastya
Cyber Captain	Rishik Sood
House Captain (A)	Somansh Kathuria
House Captain (B)	Vasu Monga
House Captain (M)	Tanveen Kaur
House Captain (P)	Ankita Chabra
House Sports Captain (A)	Anushka Gupta
House Sports Captain (B)	Divya Arora
House Sports Captain (M)	Ruhi Jain
House Sports Captain (P)	Aditi Srivastava
Editor in Chief	Anoushka Raj
Associate Editor	Pakhi Dutta Roy
Editor Graphics	Aryaman Jain
Editor Photography	Ish Khanna
Editor Photography	Aryan Singh
Editor Photography	Priyansh Tewari
Editor Art	Priyam Das



AIS VASUNDHARA 6	
Designation	Student
Head Boy	Avi Mudgal
Head Girl	Kavya Aggarwal
Vice Head Boy	Paarth Sharma
Vice Head Girl	Richa Avtar
Secretary General (B)	Nishit Sharma
Secretary General (G)	Praachi Ratra
Secretary Discipline (B)	Palash Tayal
Secretary Discipline (G)	Parishi Tyagi
Secretary Cultural (B)	Kartikeya Saraswat
Secretary Cultural (G)	Dhwani Bhargava
Sports Captain (B)	Chaitanya Maytray
Sports Captain (G)	Ananya Sharma
Cyber Captain	Vaibhav Chaturvedi
House Captain (A)	Akriti Dhasmana
House Captain (B)	Pragya Rathi
House Captain (M)	Sakshi Arora
House Captain (P)	Radha Arora
House Sports Captain (A)	Pearl Grover
House Sports Captain (B)	Paarvi Singh
House Sports Captain (M)	Mohini Tyagi
House Sports Captain (P)	Aakarsh
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Associate Editor	Ramsha Matin
Editor Graphics	Tanmay Kumar
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Editor Art	Gaurvi Rustagi



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Head Girl	Ria Agarwal
General Secretary (B)	S Sriram
General Secretary (G)	Manvi Jain
Secretary Discipline (B)	Mehul Kumar
Secretary Discipline (G)	Shubhangini Dhall
Secretary Cultural (B)	Rohan Yadav
Secretary Cultural (G)	Prodipta Sen
Sports Captain (B)	Nimish Juneja
Sports Captain (G)	Muskan Abrol
Cyber Captain	Devansh Arora
House Captain (A)	Aryaman Punj
House Captain (B)	Radhika Nighoskar
House Captain (M)	Medha Bhasin
House Captain (P)	Aditya Raj Singh
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Editor Art	Kriti Bansal
Editor Graphics	Saksham Manaktala
Editor Graphics	Shashank Aggarwal
Editor Photography	Shehul Koul

AIS VKC	
Designation	Student
Head Boy	Vinay Kumar Gupta
Head Girl	Rashi Singh
Discipline-in-Charge	Adhiraj Singh
Secretary Discipline	Somya Rai
Cultural Head	Shreyansh Pratap Singh
Vice Cultural Head	Pawani Shukla
Sports Captain	Siddharth Singh
Vice Sports Captain	Samiksha Singh
Cyber Head	Tanuj Singh
House Captain (A)	Neelansh Gupta
House Captain (B)	Siddhant Shrivastav
House Captain (M)	Utkarsh Singh
House Captain (P)	Iflah Ahmed
Editor in Chief	Anushka Singh
Sub Editor	Ananya Janu



AIS PUSHP VIHAR	
Designation	Student
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Head Girl	Tanisha Chauhan
Vice Head Girl	Rishita Paruthi
General Secretary (B)	Sidhaant Verma
General Secretary (G)	Nandini Sharma
Secretary Discipline (B)	Karan Pawani
Secretary Discipline (G)	Jasmine Kaur
Secretary Cultural (B)	Kshitij Girdhar
Secretary Cultural (G)	Shaheen Chanana
Sports Captain (B)	Nimish Dham
Sports Captain (G)	Ayshna Sagar
Cyber Captain	Tanishq Seth
House Captain (A)	Shivam Jee
House Captain (B)	Aryan Arora
House Captain (M)	Sumeha Gupta
House Captain (P)	Nakul Shahi
House Sports Captain (A)	Kritika Munjal
House Sports Captain (B)	Divij Kalia
House Sports Captain (M)	Siddhant Khanna
House Sports Captain (P)	Urshita Bharal
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Associate Editor	Aditi Suresh
Editor Art	Shradha Talwar
Editor Photography	Aman
Editor Graphics	Aditya Nath Tripathi



AIS GURUGRAM 46	
Designation	Student
Head Boy	Avnish Roperia
Head Girl	Muskaan Sandhu
Vice Head Boy	Vishnu Pandey
Vice Head Girl	Shreya Das Gupta
General Secretary (B)	Gursimran Singh
General Secretary (G)	Neharika Garg
Secretary Discipline (B)	Lakshay Kumar
Secretary Discipline (G)	Trisha Chhabra
Secretary Cultural (B)	Sarthak Rajpal
Secretary Cultural (G)	Maanvi Sharma
Sports Captain (B)	Utkarsh Arya
Sports Captain (G)	Soumya Mangla
Cyber Captain	Ashwin Tewary
House Captain (A)	Varunavi Chauhan
House Captain (B)	Shagun Taneja
House Captain (M)	Pooja Pasari
House Captain (P)	Kanak Aggarwal
House Sports Captain (A)	Maneet Singh
House Sports Captain (B)	Rachit Aggarwal
House Sports Captain (M)	Ishika Rawat
House Sports Captain (P)	Pritika Yadav
Editor in Chief	Poorvi Kar
Associate Editor	Shaiyya
Associate Editor	Naysha Gandotra
Editor Graphics	Daksh Sachdeva
Editor Art	Smriti Sinha
Editor Photography	Nipun Ahuja

He really didn't like socks. In fact, in a letter to Elsa, he bragged about getting away "without wearing socks" while at Oxford.



Einstein

A mixtape of memories



Open Up

I rummaged through the contents of my drawer, when my hands felt a familiar object. A box which had six buttons at the top, an opening and closing deck in front...

Karan Dhall, AIS Gur 43, X

I woke up this morning to the chirping of birds and a misty winter breeze, basically everything one can ask of a morning to call it pleasant. Hoping for more pleasant thing to come my way, I got off the bed, still struggling with sleep. Looking for my spectacles with half-opened eyes, I rummaged through the contents of my drawer when my hands felt a familiar object. A box which had six buttons popping out on the top, an opening and closing deck in front and a strange vent on the top with faded text 'mic'.

After proper scrutinizing and examination of this machine, I connected it with power, pressed some buttons, and did everything a newbie does with a newly acquired tech gadget. But I wasn't a newbie and neither was this a newly launched tech gadget. It was my old and precious tape recorder, now fully repaired. I felt similar emotions that you experience while meeting an old friend after a long time. Nostalgia hit me hard. Ten years, was quite a time! I remember my father getting me and my sister this tape recorder from Mumbai. I could not wait to turn it on. My ears were restless to hear that peculiar noise which the player made in the beginning of any cassette. I ran to my store room, looking for

that old shoe bag, hoping it still treasured my memories. I opened it. And Voila! Among those outdated cassettes, lay a particular favourite - a cassette with my dad and mine favourite songs. I hurriedly inserted the cassette in the recorder. That noise, no matter how unpleasant it was, brought tears of joy in my eyes. As I switched it on, a plethora of memories came rushing in. One memory followed the other, and one cassette followed another. I also played tapes which had the voices of me and my sister. I could not stop laughing. Strange, how recording the same very voices was extremely serious business back then. And then there were cover versions of popular songs by my sister. Much to my sister's disagreement, I thought of her to be a pretty bad singer. The rest of the tapes were me shouting and screaming in delight! Those were the days! With a deep sigh, I sat there looking at those tapes, now nothing but an obsolete piece of technology. Now everything has changed, but those days, those songs, those tapes, are still fresh in my mind. It was a beautiful morning for I had made the best trip ever, a trip down the memory lane! 🇮🇳



Lights in a bottle

Vanshika Khanna, AIS PV, X A

Materials required

- Empty plastic bottles (8-10)
- Scissors
- Paints (Different colours)
- Brushes
- Party lights
- Knife
- Bowl



Procedure

- Cut the upper part of bottle in the ratio of 1:3.
- Now make vertical cuts (in the upper part that was cut) in a shape to form petal or star patterns. Bend or curl outward.
- Paint the plastic flower with acrylic paint in choice of your colours, and let it dry for 15-20 minutes.
- Take out the bottle cap and drill a hole large enough for the fairy light to pass through.
- Insert the light string through the drilled hole. Keep distance between each flower. Your Party lights are ready to sparkle.

Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!

<p>Q: In which year did Albert Einstein win the Nobel Prize in Physics?</p> <p>Ans:</p>	<p>Q: Prof Anil D Sahasrabudhe is the chairman of which body in India?</p> <p>Ans:</p>	<p>Q: What is the gender neutral pronoun used by Oxford University?</p> <p>Ans:</p>
<p>Q: Which deficiency causes the body to crave chocolates?</p> <p>Ans:</p>	<p>Q: What is the number of graduands at the Amity Manesar Convocation?</p> <p>Ans:</p>	<p>Q: What is the headline of the article written by Maanya Kumar, AIS PV, X C?</p> <p>Ans:</p>
<p>Q: Meethi Seviyan has been prepared by?</p> <p>Ans:</p>	<p>Q: Gauri Jaiswal of Class XII, AIS Noida has been selected for which program?</p> <p>Ans:</p>	<p>Q: On which date was the war ship INS Viraat decommissioned?</p> <p>Ans:</p>

Name:.....Class:.....School:.....

Results of Read Play and Win-21: **Vinayak**, AIS Vas 1, VII A; **Arushi Pandey**, AIS Vas 1, VII A; **Mansha Rapria**, AIS Gur 43, VI C (Prizes will reach you in 15 days)

WORDS VERSE



I am she

Soumya Singhal, AIS Noida, XII

In a host of seven billion people
 I sometimes feel like drowning
 Trying to fit in a world this big
 Makes me upset everyday

No matter what I do
 No matter how hard I try
 People knock me down
 And I come crashing to the ground

But I am not meant for the ground
 My place is the sky above
 I am brave and dignified
 Remember, I lead and not follow

Knock me down and I will rise
 Push me off and I will bounce back
 I need none to judge me
 To tell me my worth

I am worth an independent bird
 No longer bound by rituals
 I need no door to wound up at
 After I had enough

I am not physically weak
 I am also mentally strong
 I can hold the weight of the world
 I am a modern day woman 🇮🇳

Where is my mind?

Khushi Daryani, AIS Saket, X

Where is my mind?
 The only thing I have to find
 Flying beyond the sky
 Or watching a pretty firefly

Swimming across the seas
 Or singing in a meadow full of trees



Lay my lost thoughts
 Entangled in many knots

Beneath the tides lie countless wrecks
 Like memories resting inside my head
 I thought I'd forgotten
 But they surface from time to time

Neither in class have I paid attention
 Nor study history
 Drifting in my world of imagination
 My thoughts still remain a mystery 🇮🇳

CAMERA CAPERS

Muskaan Manchanda, AIS Gur 43, Alumnus



Sand and play



That loyal friend



The rolling stripes

Send in your entries to cameracapers@theglobaltimes.in



Einstein was a great musician. In fact, he could have become a violinist. He won the Nobel Prize in Physics in 1921.

The bear got me

Illustration: Anju Rawat, GT Network

Short Story



Kanishka Gupta, AIS Vas 1, VIII

One bright sunny day, a thirteen year old girl was on a jungle safari with her family. Her dad looked tired, probably because he was carrying all the bags! Her mum, however, seemed lost and her younger brother was dancing next to the sweating tour guide. "And this patch," said the tour guide "is the picnic area." "Mum?" asked the girl, "Yes Marion," her mum answered. "May Mervin and I go for a walk?" Marion asked. Their mum turned and whispered something to their dad, who turned to the tour guide. "Are there any bears in the area?" he

asked the tour guide. The tour guide explained that no bear had ever been seen near the camp area, and people had seen them only deep inside the wood. "Alright! Go," said mum to both of them. Marion and Mervin set out on their excursion. Following butterflies, they wandered deeper into the woods than they dared to. "Hey Merv," said Marion, "we left at 2:00, right?" "I think so..." replied Mervin. She checked her watch, "Well its 6:00! We should get back! Which path is the way we came?" she paused. The trail seemed to be endless and there was nowhere to go. They were lost in the middle of the deep forest. Scared, they started walking when sud-

The bear spotted Marion and started walking in her direction. Marion copied what Mervin did; she lay on the ground breathless...

denly a grizzly bear appeared from nowhere. "Do I stay calm? Or do I run?" Marion murmured to herself, but it didn't matter anymore, as the bear walked towards Mervin. But to her surprise, Mervin dropped down on the ground, and lay motionless. The bear sniffed him and looked around, confused. The bear spotted Marion and started walking in her direction. Marion copied what Mervin did; she lay on the ground breathless and motionless. The bear started sniffing Marion, but he did not go away. He came closer to Marion's face and raised his paw to attack her. Marion screamed in horror, as she tried to save herself. The bear shouted, "Caught you!" She stood there confused and the bear stood up and unzipped the bear costume. He laughed hysterically as he told her that all of was a part of a prank show.

So what did you learn today?
New word: Hysterically
Meaning: Uncontrollably



Meethi Seviyan

Mizan A Hashmi, AIS MV, III

Ingredients

Vermicelli500 gm
 Sugar½ cup
 Cardamom powder¼ tsp
 Milk300 gm
 Ghee250 gm
 Dry fruit1 cup
 Water½ cup

Method

- Take a deep wide pan and add ghee and heat it on a medium flame.
- Crush fine vermicelli with hand and sauté in ghee for 2 minutes.

- Now remove the roasted vermicelli from the pan and add 1 tsp ghee to sauté dry fruits.
- Add milk along with the nuts and bring it to boil.
- Now add sugar and cardamom powder to milk and let it boil on medium flame.
- Add roasted vermicelli to the milk and keep stirring in between.
- Simmer for at least 10 minutes, until vermicelli absorbs half of the milk.
- Transfer the vermicelli to a bowl.
- Garnish with dry fruits.
- You can serve your meethi seviyan warm or chilled.

It's Me



Know Me

My name: Vidushi
My school: AIS Vas 6
My Class: II
My birthday: June 15
I Like: Fairy tales
I dislike: Lizard
My hobby: Dancing, swimming
My role model: My mother
My best friends: Aashi

My favourites

Book: Fairy tale books
Game: Puzzles
Mall: Shipra mall
Food: Paneer curry
Teachers: Ms Meera & Ms Dipali
Poem: Twinkle -twinkle
Subject: Math
I want to become: A police officer
I want to feature in GT because: It will give me a chance to make a place in the Amity family.

Traveller boy

Aarat Chadda, AIS Noida, VI

Once there was a young boy
 Who loved to go on hike

He went on a long mountain hike
 On his super fast flashy bike

Over tall, cold mountains
 Under shady, green trees

Across blue, glittering rivers
 And hives of buzzing honeybees

Through the cool, humid air
 On a supersonic plane

Exploring new unknown countries
 Even mysterious magic lanes

POEMS



Sometimes over the calm sea
 On a boat he would like to sail

And after coming back from trip
 About his adventure he would tell a tale

Travelling is what he loves to do
 Why don't you travel with him too?

Humanity & nature

Yash Pradhan, AIS PV, VI

There used to be a kingdom of greenery
 With flowers, creeks and creepers
 Buzzing all around me

Now all I see is white smoke of sadness
 Like a devil taking away happiness
 We're called mankind, but are we kind?

Killing animals, leaving values behind
 But that is not something we should do
 No sharing and caring; isn't that true?

This needs to be changed into amity
 With plants, animals and all creatures
 In other words, it is called nature

Let's stop this!
 Madness, cruelty and torture
 And create a better future

Painting Corner

Arunima Gulati
 AIS Saket, IX



Riddle fiddle

Arshia Dalal
 AIS Gur 46, III

alphabet as I contain large amounts of water in the world; who am I?

1. Skinny I am fast, fat I am slow. Can you guess who am I?

7. I have hands, but I can't clap. Who am I?

2. I am a month with 28 days. Can you tell, who am I?

8. I start with 'P' and end with 'E', but I have thousands of letters. Who am I?

3. If you give me water, I will die. Who am I?

9. I have all the knowledge you have. But I am as small as your fist, and you can hold me in your hands. Who am I?

4. I always come down, but I never go up. Who am I?

10. You can catch me, but you can't throw me. Who am I?

5. I have one eye, but I can't see. Who am I?

11. I am your possession and belong to you. And yet it is others who use me more than you do. Who am I?

6. I am the biggest letter in the English

Answers: 1. A candle 2. It isn't February. All months have 28 days 3. Fire 4. Rain 5. A needle 6. Alphabet 'C' (Pronounced 'sea') 7. Clock 8. Post Office 9. Brain 10. Breath 11. Your name



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When Albert's mother, Pauline Einstein gave birth to him, she thought he was a deformed baby as he had a large misshapen head!

Junior Annual Day

The colourful fiesta put up by Amitians depicting a wide range of dance, drama & musical show captivated one and all



Chairperson (R) felicitates the Chief Guest

AIS Vasundhara 1

The school celebrated its junior annual day with the theme 'Parivartan-the change within' with great pomp and show on March 24, 2017. The occasion was graced by the presence of chief guest Hitesh J Rajpal, IFS, Regional Passport Officer, Delhi and guest of honour Swati Maliwal, Chairperson, Delhi Commission for Women (DCW) along with Amita Chauhan, Chairperson, Amity Group of Schools & RBEF and other dignitaries of the Amity family. The cultural carnival commenced with lamp lighting amidst

chanting of shlokas. The school orchestra's symphonious composition 'School Euphoria' held the assembly with excitement. School Principal Valambal Balachandran in her address announced the multifarious achievements of school in the national and international arena for the session 2016-17. Ganesh Vandana and the mesmerizing 'Invocation' by the school choir set a perfect prelude to the cultural fiesta which was a scintillating dance drama by young Amitians professing the importance of change in our lives. The young artists weaved a dramatic story of a grandmother's interaction with the kids depicting guru shishya parampara through 'Dadi Maa' and 'Eklavya Dance'. Begum Hazrat Mahal, a mildly celebrated freedom fighter found a befitting tribute through the 'Patriotic dance' unleashing her valour and courage. 'Biniya and her blue umbrella' - an intriguing tale of benevolence and compassion were portrayed through 'Hope dance'. Taking the country to the pinnacle of digital success by keeping abreast of the technological advancement was the highlight of the 'Book, Robo and Techno Dance'. The 'Change dance' reflected the spark within the young Amitians who pledged to fulfill the vision of Dr Ashok K. Chauhan, Founder President, Amity Universe to make India, a superpower. The grand finale song's resonant tune-'We love you Amity' captivated the hearts of the audience. Chairperson praised the students for putting up a splendid show and motivated them to reach greater heights. She applauded the students for their tremendous effort and tenacity, rendering the annual day a great success. The function concluded with school song and the National Anthem. 🇮🇳



Sports stars take blessings of Chairperson, Dr (Mrs) Amita Chauhan

Junior Sports Day

AIS Saket

Amity International School Saket celebrated its Annual Sports Fitness Extravaganza 'SpectrAmity 2017' displaying various hues of skills and exuberance on March 4, 2017. Chief Guest General Dilawar Singh, Director General, Nehru Yuva Kendra Sangathan, Ministry of Youth Affairs and Sports and guest of honour, Vicky Kapoor, Director, Kravmaga India graced the occasion with their presence. School Principal Divya Bhatia in her welcome address emphasised on the

positive outcome of field activities. She further presented the annual report highlighting the achievements of students in various fields. Students enthusiastically participated in different races such as caterpillar race, tunnel race, budding builders to name a few. They showed great sportsmanship. The highlight of the show was a spectacular flag drill and Rappelling by Amitians which left the spectators awestruck. Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF appreciated the efforts of children and stressed upon the importance of sports in our lives. 🇮🇳



Tulsi plant being presented to the guest speaker

Healthy talks

AIS Noida

The school under the aegis of AERC, organised an interactive session with Dr Ramakrishnan, Chief Pediatrician, Tufts Medical Centre, Boston, USA on March 17, 2017, marking the beginning of new academic session 2017-18. Dr Ramakrishnan informed the students of Class VII on the

importance of keeping fit by developing healthy eating habits. She addressed the students with extremely apt visuals showcasing the need for healthy food. She talked about nutritional food to be consumed by children in India as per environmental factors and their genetic structure. She further stated that it was encouraging to learn that researchers acknowledge, that the ingredients used by Indians are comparatively beneficial than the ones by western world. It was a great learning experience. 🇮🇳

Summer Science Programme

AIS Noida

Gauri Jaiswal of Class XII has been selected for the prestigious International Summer Science Program conducted in cooperation with MIT, CalTech, New Mexico Tech and University of Colorado. She will be mentored by an elite faculty in astrophysics in June-July 2017. Gauri scored 2320 in SAT and perfect scores of 800 each in SAT subjects. She expressed her gratitude to Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF and school Principal Renu Singh for her astounding achievement and support.



Gauri Jaiswal



Chairperson and school Principal felicitate the winner

Amity olympiad

AIS Gurugram 46

AIS Gur 46 organised Amity Olympiad for the students of Class V to VIII on December 28, 2016. 11 different schools from Gurugram participated in the Olympiad. Students were awarded at a grand prize distribution ceremony, presided over by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF and Amit Khatri, Addl. Commissioner, Mu-

nicipal Corporation, Gurugram as the chief guest. The event began with ceremonial lamp lighting followed by an inspiring speech by school Principal Arti Chopra. Cash prizes and certificates were awarded to the first three toppers of each class for Math and Science olympiad. School Principal congratulated the students for their brilliant performance and urged them to continue to give their best in their future endeavours. 🇮🇳

Jamboree

AIS Gurugram 46

AIS Gur 46 organised Jamboree- a Kinesthetic Display in the school premises on March 4, 2017. The event was witnessed by the parents of students of Class III-IV. The school showcased diverse physical activities learned and enjoyed by the students. The infrastructure at school gave students an opportunity to perform various sports such as PEC, basics of basketball, basics of football, taekwondo and skating. School Principal Arti Chopra congratulated the students for their impeccable performances. 🇮🇳



Children indulge in fun activities



Amitasha girls receives gifts

Amitasha

Amitasha girls- a special school for the less privileged girl child by Dr (Mrs) Amita Chauhan, Chair-

Meet for a cause

person, Amity Group of Schools and RBEF performed on the occasion of the tenth Corporate Goal Meet organised by Amity Global Business School at Amity University on February 28, 2017. The cultural programme showcased the diversity of Indian states like Gujarat, Punjab, Maharashtra, etc. A spectacular performance was

demonstrated through a mime skit on the social cause 'Beti Bachao Beti Padhao' - an Initiation towards the Prime Minister's campaign for the development and upliftment of women belonging to rural and urban societies. The young Amitasha girls were presented with gifts as the token of appreciation and love by the school. 🇮🇳



Havan being conducted to seek blessings

Havan ceremony

AIS Noida

The new session 2017-18 at the school began with a grand havan ceremony organised for the students of Class V-IX on March 17, 2017. The ceremony was observed with great sanctity under the guidance of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF. School Principal Renu Singh along with other administrative heads conducted the ceremony for wellbeing of the students. The priest conducting the havan explained the importance of humility and hardwork in a students' life in a lucid manner. The Sanskrit chants filled everyone with tranquility. 🇮🇳

Weekend Theatre Workshop

AIS Gurugram 46

The school in association with Gateway to Theatres presented 'Once upon a time in winters' - a creative drama to enhance creativ-

ity and innovative skills of students at Epicenter, Gurugram on January 13, 2017. Dr Ajit K Nagpal and Prof Jyoti Nagpal were the chief guests. Students underwent training for developing theatrical skills,

stage presence and voice modulation under the mentorship of Gaurav Pahwa and Shaina Pahwa. Four adaptations of the play were presented. The workshop ended with motivational words from school Principal.

Einstein encouraged the development of the nuclear bomb.

All top quotes complied by:
Shivraj, AIS Gur 46, VI



Einstein

They see me rollin' they hatin'

Go green! Green is the new trend. Green with envy, that is. Every time someone else gets to rejoice the happiness that you were sure about coming your way, the world blows over. While the pain remains same, its exhibition varies. Here is a little snippet of the different shades of 'green' by **Maanya Kumar, AIS PV, X C.** Jealous much?

The Hulks

Clothes strewn everywhere, books thrown down on the floor, sitting cross-legged on the bed, brows furrowed in anger. Any attempt of friendly approach towards them would result in serious scratches because of their anger-induced Deinonychus claws. They are a bomb ready to blow up at the tiniest hint of stimulus.

Deal with them: Just hide somewhere, leaving them alone and wait for everything to blow over.

The Charlie Browns

You enter the room and what's the first thing you see? A person is lying face down on the bed, crying his/her eyes out. Classic. Scene changes to their red face ranting about the cruelties of this world, while you regret even entering the room, because suddenly you are the agony aunt (not knowing why) and apparently your quota of 'impossible-to-get-out-of' situations is not over yet.



Illustration: Shradha Talwar, X D, Keshav Gupta, IX & Siddhartha Kumar, XII, AIS PV

Deal with them: When they're done, hit them with the classics like, "Everything is going to be okay," and "You always have a second chance." After all, you weren't the one who chose to help.

The 'Queen of Hearts'

One word explains all: Bipolarity. People in this group present themselves to others as being totally okay with situation at first. Owing to their self-consciousness, they can pull off a perfectly happy face and be all, "Oh! It doesn't matter, really, I'm totally fine!" But the next moment, you find yourself wide-eyed in disbelief as they harangue you for not understanding their situation. They will just question

your friendship if you do not get it!

Deal with them: Don't even try. Let it go!

The Donald Ducks

These are the people who speak (read: shout) before they think. They march up to the achiever, shooting absolute nonsense and insults until they realise that they're in front of everyone else and quickly shut up. They notice the crowd staring at them and then embarrassed seeps in. They claim it was just 'human' to be a little competitive.

Deal with them: There is absolutely no need. If you're the victim (at the receiving end of rant) the crowd would take care of you.

The Regina Georges

As people grow older, the fighting becomes silent. They are so spiteful, they'll make it their personal goal to 'put you in your place', that is, way below them on the social ladder. They are the silent killers, they are manipulative and they can turn the whole world against you with just a flip of their blonde heads (figurative). They are the narcissists, the supreme leaders of the entire institution. So, avoid messing with them if you can, else be prepared for Mahabharata 2.0.

Deal with them: Big words aside, just make sure you don't run into them in the corridor, and keep an eye out for banana peels. 🇺🇦

What's in a name?

The answer is Barack Obama, for the former US President finds his name in a slew of creatures that range from spiders to fishes

Sumukh Srivastava, AIS Vas 6, X

B iologists have used binomial nomenclature to give scientific names to new found species. But this system of naming has been extended to honour presidents by naming plants and animals after them. As Obama bids adieu to his presidential rule, biologists found a way to thank him and make sure that he is remembered in history by naming several new found species after him. Take a look at the menagerie.

Aptostichus barackobamai (Trapdoor spider)

Obama emerged as a true statesman in the face of ridiculous opposition. And so, this trapdoor spider found among the redwoods in north-central California, ambushing countless dim-witted insects, frogs, and even snakes that venture past its hidden trapdoors, found itself being named after the unflappable leader. Both Obama and spider, have their distinct style of dealing with adversaries.

Obamadon gracillis (Extinct insectivorous lizard)

His smile can make your heart melt in an instant, and perhaps it did melt the scientists too. They named

a lizard with a smile as distinct as him, after him. This lizard with a set of tall and straight teeth, finds its name from the former prez.

Etheostoma Obama (Spangled darter)

Obama was praised for his focus on the need for clean energy and environmental protection. Spangled darter, a fish, seems to be sharing his penchant for cleanliness. Dotted with iridescent blue and orange spots and stripes and found in the longest river in Tennessee, it has tendency to zip around clean water.

Baracktrema obamai (Turtle blood fluke)

Naming spiders and fishes after Obama is still acceptable? But

who names parasites after a president that we so dearly love. Well, Thomas Platt, a biologist did, and not as an insult to Obama, but rather as a 'compliment' after he discovered that the two have one strikingly similar characteristic - 'resilience'. 'Baracktrema obamai', a parasite which is as thin as human hair and infects the lungs of black marsh and Southeast Asian box turtles can bounce back with vigour, a trait akin to the former US president. 🇺🇦

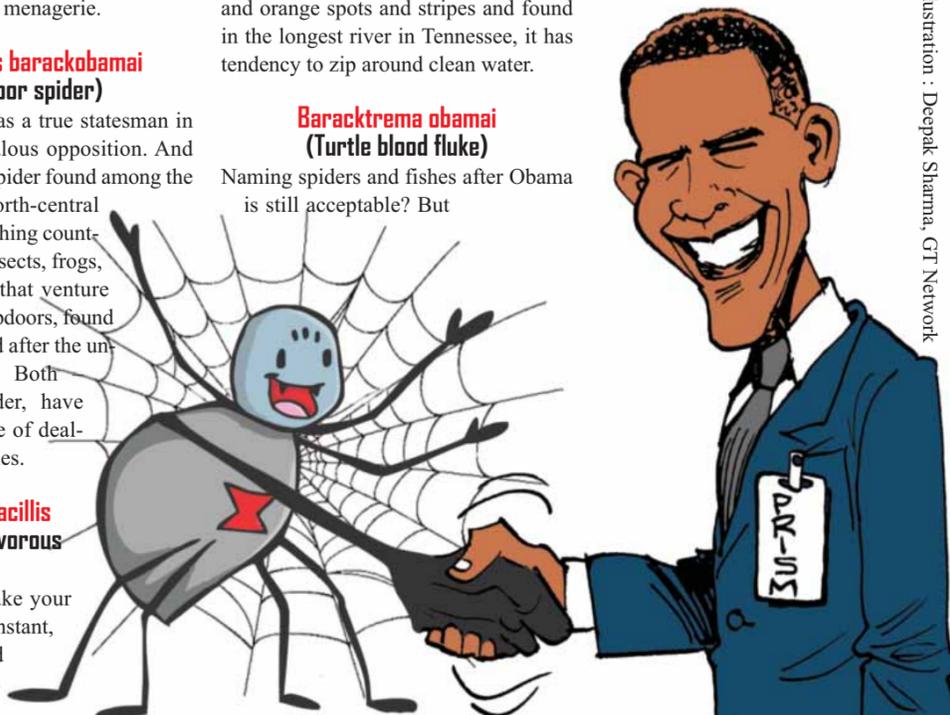


Illustration : Deepak Sharma, GT Network

GT Travels to London



Ishika Kaushik, AIS Gur 46, IX poses with her copy of The Global Times in front of the London eye, UK. It is a giant ferris wheel situated on the south bank of the river Thames in London. Also known as the Millennium wheel, it stands tall at a height of 443 feet and a diameter of 394 feet. It is the most popular tourist attraction in the United Kingdom with over 3.75 million visitors annually.

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