

Nothing is permanent in life  
Everyone has to die  
So, let's not cry  
And say 'hi' to the happy  
thoughts one has left  
Soul does not die  
The body only dies  
It sees us every second of  
our life  
If we are sad he cries  
So fill your life with  
happiness every time  
So that the soul can stay  
happy all the time.

Shivayan Bhattacharjee  
VII-A, AIS Pushp Vihar

INSIDE



RR in AUR, p2



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Scream 'Ice Cream', pg 12

Value your 'values'

At your pal s birthday bash, the case-2- You decide to face the truth head on home-by-8pm deadline is long past; you make them you got carried away and forgot t alibi: a traffic jam! Your folks believe t- And. Your movie date gets cancelled b allow you that oh-so-cool movie date with friends a guilt free existence! You promise next weekend. Result: Guilt, what if they would next time, and might be let off w

Where do you see yourself? Case 1: That's what most people do anyway. Case 2: Whoa! You're on the right track dude...you'll do yourself and your parents proud as in the long run, you'll have learnt to admit your mistakes and value honesty! Do youngsters today care for values? Or are moral values confined to those once-in-a-week moral science lessons? GT goes soul searching... Moral Fibre in Today's 'Sin'city: Mayank Joneja, XII, AIS Noida believes: "It is a mutually accepted fact by each generation that the next one to arrive is increasingly morally decrepit and that the times have changed for the worse. But I feel what we are witnessing is not a wasting away of moral values, rather a metamorphosis in the meaning of the word and its interpretation. For instance, in our grandparents' time, intermingling with the opposite sex was considered a violation of moral ethics, in our parents' time, choosing to differ from their parents' opinion on the matter of marriage, and today perhaps, being in a relationship is seen as a step towards degradation. What we mostly fail to see is that morality is not merely constrained norms of an ever-changing society that dictates terms of decency, rather values like integrity, trust, respecting boundaries,

compassion and kindness come from within." Is honesty always the best policy? Anusha Gupta, XII-E, AIS Noida feels: "Honesty refers to a facet of moral character and denotes positive, virtuous attributes such as integrity, truthfulness and straightforwardness along with the absence of lying and theft. Honesty is an important moral value which is vanishing from the real world, as the strong forces of lying and

cheating are overpowering the face of character. Honesty to me is not only absence of lying, but it is also the feeling of relief that I get when I am not lying. It is also the absence of fear...which makes living easier!" Simplicity is in! Charita Arora, XII F, AIS Noida elaborates:"Over the

years, people have changed, habits have changed, even the style of speaking and writing have changed. But has the definition of the most basic life trait also changed? Simplicity, to our grandparents could mean someone who dresses simple, to our parents could be anyone who does things on time, but is it the same for us? Someone said, "Simplicity is the ultimate sophistication." So is simplicity only for the elite and the royal? When life gets hectic and full of clutter it's the simple who make it through! As the famous designer Chanel says, 'Clean lines, well cut, one simple stitch, is always the best'!" Brand loyalty: Sanchi Arora, X B, AIS Noida avers: "Loyalty is a virtue that is a must in almost everything human beings take part in. It is the key to success, as well as a healthy relationship. We expect loyalty from everybody we know; be it our teachers, friends or parents. Loyalty allows people to gain trust and respect. Being loyal or faithful to someone or something is not always easy. People often have conflicting loyalties, and there are no guidelines that help them decide to who or what they should be loyal. Therefore, we should be loyal to everyone we know." Well, looks like Amitians have their heads and hearts in the right places! •

Compiled by Tulika Banerji

GT Exclusive



'The only truly renewable resource we have is the human spirit'

...believes Maneka Gandhi. The Green Politician on environment, her love for animals and more...

A politician, a journalist, an environmentalist, an animal right activist, an author... how do you live each role with perfection? Which one do you enjoy the most? I do not slot or label myself as one or another. I simply

shelter or simplifying the rules for child adoption or organizing the free distribution of wheelchairs or writing about how eating meat causes environmental degradation. When and how did you conceive 'People for Animals'? How can students contribute towards this? The purpose of People For Animals (PFA) is to create a national network of brave people committed to improving conditions for animals all across

ministration on all animal welfare issues, has corporate partners, and has become a well recognized and respected member of the community. PFA has 160 such units around the country. I would encourage students to join the organization. There are many different ways to contribute whether it is working at a shelter, organizing a wildlife raid, writing articles in school/college newspapers, teaching the animal protection laws to the local police, liaising with the media, fundraising or recruiting members.

ness, we need action. Young people must live lightly upon the earth. The only truly renewable resource we have is the human spirit. Let's use it to conserve all others.

The condition of animals in most zoos is pitiable; should 'zoos' be done away with? All around the world, zoos are being transformed into conservation centres. Zoos cause enormous damage and suffering. In nature, wild animals mostly live in groups; to capture one, several others are killed, wounded and separated from their families. Those captured have to endure rough handling and a lifetime of solitary confinement in small enclosures. For example, India has the maximum number of zoos in the world, yet we don't have a single zoo doctor trained in wildlife medicine. Every year hundreds of animals die in our zoos from neglect and lack of medical attention. Zoo directors and staff should be held accountable just as the way the police are for custodial deaths. What I would encourage students to do is to boycott all zoos and write to the Prime Minister to turn them into sanctuaries. There is nothing to be learnt from seeing animals suffer in unnatural surroundings.

...Contd on pg 2

Students should write to the PM to convert the zoos into sanctuaries. There is nothing to be learnt from

do what needs to be done. All that I do whether it is writing, politics or environmental and animal protection is geared to achieving the maximum good for the maximum number. It is not enjoyment that I derive from my work but fulfillment. I feel a huge satisfaction from every act that ends or reduces suffering whether it is setting up an animal

India. Previously there was no all-India animal welfare organization; there were individuals or small groups struggling to make a difference in their own area. PFA provides a platform to anyone in India who cares about animals to join and work for the cause. Young people and students form the backbone of the movement. Ten years ago, it was three students who formed PFA Chandigarh which today has its own shelter and ambulance service, runs the sterilization programme with the municipality, liaises with the ad-

Popularly called 'green politician', what should be the young people's attitude towards the environment? Today, with climate change a visibly demonstrable reality, there is greater interest in environmental issues, but still not enough serious and urgent intent to change. We have a skewed idea of 'development' which measures progress as more hospitals rather than less sickness. Every month, we are losing over 100 sq km of forest land to non-forest projects like malls and petrol pumps. We have lost the tiger because all of Rajasthan's forests have been contracted to miners. Now we have lost the coast of Orissa too. We don't need rock concerts and T-shirt slogans proclaiming environmental conscious-



# Live and Help Live

*As spokesperson for vegetarianism, what are the major advantages of vegetarians over non-vegetarian?*

That is like asking what is the advantage of life over death? Apart from the obvious health, economic and environmental benefits (meat production generates more greenhouse gases than the entire transport sector-air, surface and sea combined), vegetarianism represents a more intelligent, evolved world view. Meat is the basis of all violence. If man can kill to eat what he not only does not need but is bad for him, there is no other evil to which he will not stoop. Research shows that vegetarians are both smarter and sexier and it is heartening to find young people all around the world increasingly turning vegetarian. Do not be passive *Ahimsaks* but strong, crusading ones. Eating meat is not a personal choice: since it requires taking the life of another, it is murder and there is nothing personal about murder. Ahimsa is not a belief, it is a life ethic. Those that violate its tenets do more than destroy animals, they destroy peace, damage the environment and economy and steal the future of our children.

*You have been credited with creating*



**“Eating meat is not a personal choice: since it requires taking the life of another, it is murder and there is nothing personal about murder.”**

*and serving as Minister in the ‘Department for Animal Welfare.’ Please elucidate...*

70% of India’s population depends on animals. They help cultivate 60 million hectares of crop land, carry over 18,000 million tonnes of freight and provide 52,000 million watts of power, more than all our powerhouses put together. In monetary terms, animals contribute over

Rs 50,000 crores to our annual economy. But the total government allocation for animals in India is less than one rupee per animal per year. As a result there are no facilities for the treatment and care of animals. I am proud to say that India is the first country in the world to have a Department for Animal Welfare. One of its initiatives is to set up a Central University for Animal Welfare wherein courses and education material have been developed and a formal Bachelor’s Degree in the subject will be awarded. Both the campus and the syllabus are ready, now the University should start.

*What has been your biggest strength and who, your role model?*

I continue to draw enormous strength from my husband’s wisdom, courage and integrity which today I see reflected in my son. It’s important not to take oneself too seriously. Even the hardest life is leavened by laughter. My ability to find the absurd in most situations has helped me through my most difficult times.

*What is your message for the youth today?*

Live and Help Live.●

## Movie review★★★★☆

### Shahid ki Pathshala

Ojaswini, AIS Mayur Vihar

Shahid Kapoor has surprised me once more. I went to the Cinema theatre half-asleep, half-awake expecting to find a repetition of 3 Idiots. But this movie brought me back to my senses. I could completely relate to the school senario created by the director, where the 12th grader is head over heels for their new English cum Music teacher, Rahul aka Shahid, the petty fights amongst the high school boys and the mimicry of the teachers. It looked as if I was back in my school campus. The naughty, energetic juniors, always into mischief appeared so true and real. Not just the star cast of Shahid Kapoor, Ayesha Takia, Nana Patekar and the star kiddies Swini Khara, Anvika Gor, Dwij Yadav etc gave a lovely performance but even the topic of commercialisation of schools and use of kids as puppets and dolls in various reality shows and programmes, the restlessness of the teachers, the suffering of the kids due to long working hours and hostile behaviour of



the television crew, the block created in their mindsets and the pressure exerted of them gives a realistic picture. The end was gripping as well as interesting with the revolt of the kids and the emotional speech of the Principal showing how he was pressurised by the Management Committee. Although I had wished throughout for a romantic fling between Ayesha Takia and Shahid Kapoor, it’s absence didn’t matter much as the topic itself had lots to cover. A must watch for parents to understand the kind of pressure and the stress that today’s kids go through. I’ll give it a 4 ½ out of 5. If you enjoyed 3 Idiots, you’ll surely enjoy this interesting Paathshala too! ●



**Human Values**  
*Special*

## The Perfect Heart

One day, a young man was standing in the middle of the town proclaiming that he had the most beautiful heart in the whole valley. A large crowd gathered and they all admired his heart, for it was perfect. There was not a mark or a flaw in it.

Suddenly, an old man appeared and said, “Your heart is not nearly as beautiful as mine.” The crowd stared. It was beating strongly, but full of scars. It had places where pieces had been removed and other pieces put in did not fit in too well. In some places, whole pieces were missing. The young laughed and said, “You must be joking.” “No,” said the old man, “Every scar represents a person to whom I have given my love. I tear out a piece of my heart and



give it to them and often, they give me a piece of their heart which fits into the empty place in my heart ... but because the pieces aren’t exact, I have some rough edges, which I cherish, because they remind me of the love we share. Sometimes the other person hasn’t returned a piece of his heart to me. These are the empty gouges. Although they are painful, they stay open, reminding me of the love I have for these people too. So now, do you see what true beauty is?” The young man walked up to the old man, ripped a piece of his heart out and offered it to the old man. It fit...but not perfectly, yet it was more beautiful than ever because he had experienced love, which gave and asked nothing in return. Just like the old man, we must realize the importance and joy of giving love, without expecting anything in return. When we love without expectations, we can be assured of being happy and peaceful.

Contributed by: Brinda Taparia, X-H, AIS Noida

*Happy Birthday Mam*

# Halla bol at AUR!

**Shivangi Mittal, IX E, AIS Gur-43 & Chitra Jain, XI, AIS Vasundhara**

The IPL fever spared none when Rajasthan Royals visited the Amity University Rajasthan, the official university sponsors of the Rajasthan Royals; the campus was abuzz with excitement. The players including ‘Mr Safe Hands’ Naman Ojha, South African import Johan Botha and young talents Abhishek Raut and Siddharth Trivedi, Faiz Fasal and their CEO Mr. Sean Morris, were welcomed with thun-

derous claps and cheers with the RR jingle ‘Halla Bol’ roaring in the background. It was a pleasure to see the heroes outside the TV screen. Mr Aseem Chauhan, Chancellor AUR shared their common belief in the youth and their commitment to the cause of its upliftment as the reason behind the collaboration of Amity and Rajasthan Royals. Making the occasion a memorable event, he announced that Mr. Shawn Morris, had consented to his request of giving one Amity student an opportunity to be a marketing intern with the Ra-

jasthan Royals. The enthusiastic students were also treated to a ‘fielding’ session; only they caught Rajasthan Royals jerseys amidst fun, frolic, “seentis” and claps. Up next was the prize distribution, where meritorious students who had participated in the Blood Donation Camp were presented with autographed bats and T-Shirts. Besides leaving an imprint on everybody’s memory, the players also left one on ‘plaster’. They left their hand imprints as a memoir to their visit to the university. ●



**Q & A**

## RR field the questions shot by frenzied fans with wit and wisdom...

*What is the price you have paid to achieve this level in cricket journey?*

**Johan Botha:** I have made a lot of friends and gained the love of my fans. What I have missed is spending time with family. But, if I look back, cricket has given me more than what I have lost.

*At the end of the day, after the game is over, do you feel more like a cricketer or a common man outside the stadium?*

**Abhishek Raut:** I always want to feel

like a cricketer but I am a common man. However, if people ask me, I am a cricketer.

*How can we students aspire to be a part of the IPL team?*

**Abhishek Raut:** You have to spend more time on the grounds than in AC auditoriums as this.

*Which is the most challenging team of IPL you have played with?*

**Sean Morris:** There is no bad team. All-

have the best players from the world. As for me personally, it is Mumbai Indians.

*How do you feel patronizing Amity, the largest educational group in India?*

**Sean Morris:** The first feeling is to come back to this university and study. It seems you all are having a very good time. Our relationship with Amity is one of massive potential. It’s an incredible opportunity. There are so many bright minds here. We can learn so much from you. We are your team.

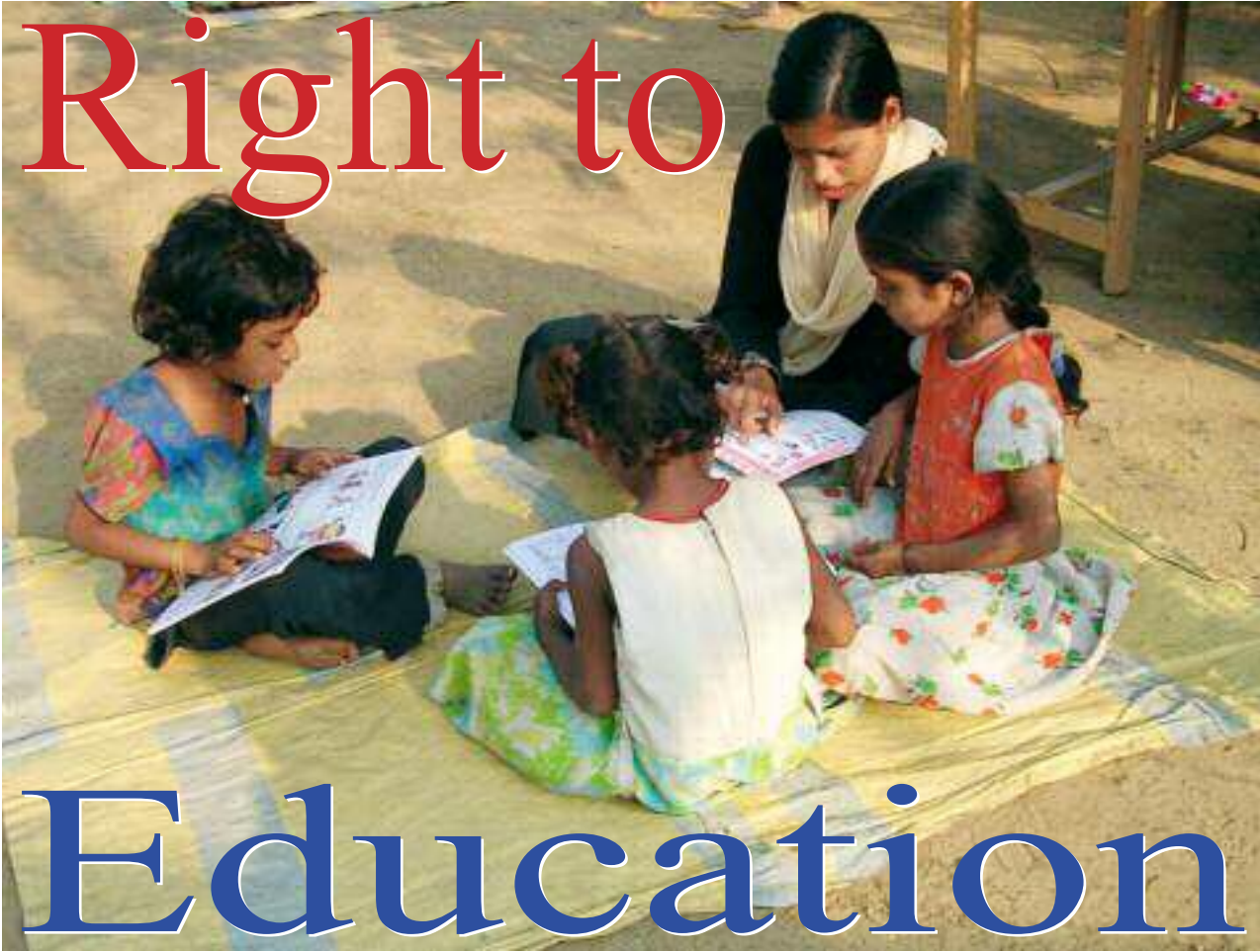


GT Classroom  
Namrata Gulati

**What is Right To Education (RTE)?**  
Right to Education is a new law which was brought into force from April 1, 2010. It was brought about through the 86th Amendment in 2002 by inserting Article 21A in the Constitution.

**What does the RTE say?**  
RTE is a historic law that makes free and quality education a Fundamental Right for children in the age group of 6-14 years. The act prescribes certain minimum basic and infrastructural facilities to schools but the primary one among them is the presence of adequate as well as trained teachers in schools.

**Why is RTE considered to be a historic law?**  
That RTE is a historic law can be gauged from the fact that PM Manmohan Singh addressed the nation on the law on April 1, the day the law was to come into effect; a) RTE is significant because it aims at providing elementary education to almost one crore children who do not go to schools at present; b) RTE is a law that cuts across caste, class, gender or any kind of disabilities. To ensure that education reaches one and all, specifically the unreached, private schools are required to reserve 25% of seats for children



for the weaker sections/disadvantaged groups or those with disability/ies. Thus, RTE seeks to empower those at a “disadvantage owing to social, cultural, economical, geographical, linguistic, gender or other such factor.”  
**How will the act be implemented?**  
Firstly, children from weaker backgrounds or with disabilities shall be identified through surveys; To have the Act executed, State Governments and local bodies will establish primary schools within one kilometre of the neighbourhood. For children of class VI-VIII, schools should be within 3 kms of the


neighbourhood. In small hamlets, Government would make appropriate arrangements, free transportation for instance. The execution of the Act shall be monitored through the formation of School Management Committees or SMCs which shall comprise parents, guardians, teachers and local officials, who will monitor the school environment and the utilization of government grants on a common platform. Within SMCs, it is mandatory to include 50% women and disadvantaged groups to allow equal participation. As for the funding, The Finance Commission has provided Rs 25,000 crore to the states for the implementation of the Act. The funding pattern would be fixed in a ratio between the State and the Central Governments.

**What are the challenges that the execution of the Act faces?**  
The Act faces many hurdles on its path, however, following are the major ones: In opposition to 25% reservations for disadvantaged groups in private schools, certain schools have already challenged the law in the Supreme Court, calling it “unconstitutional” and accusing it of violating fundamental rights of unaided private educational institutions. There is a significant paucity of teachers and trained teachers in schools, particularly in Bihar, Jharkhand, UP. Thus, following the norm of teacher-pupil ratio (30:1), as laid by RTE will pose quite a challenge.●

Happy Birthday Man

## Seize the opportunity!


Two men were crossing the dried course of a river. It was a stream with pebbles, big and small. They could barely see where they were going as the moonlight was dim and mellow. As they wound their way to the other side, they spotted an old man sitting on a large rock. He said to them, “Fill your pockets with these pebbles; they shall be of use to you.” The men exchanged a questioning look and then said to the old man, “Of what use, can these pebbles be to us?” The man said, “If you pick them up you shall be glad in the morning.” So saying, the old man turned around and disappeared into the darkness. The two men picked up a handful of pebbles each and put them into their pockets. A deep



voice rang through the din of silence, “Since you have picked up only a few pebbles, tomorrow you shall be both happy as well as sad.” The men trudged on to their destination. As dawn broke, they put their hands into their pockets. To their utter surprise, they found that the pebbles had turned into diamonds. The diamonds were pure and sparkled beautifully in the morning light. As the wise man had said, they were both happy as well as sad; they were happy that they had listened to the old man but sad because they had not filled their pockets to capacity. But, there was no going back now. Opportunity strikes but once!

MORAL: Similar is what happens to youth vis-à-vis education. Whatever they gather in their youth becomes a diamond-like asset; what they fail to pick up, is lost forever.

Contributed by: Dhruv Agarwal, IX-C, Gur 46, (Source: Sunray Series)



### Human Values Special

## Summer Edu-Trip To EGYPT

**Announcement**

**7 Nights / 8 Days** in Egypt to include:

- 2 nights accommodation at 5 Star Grand Pyramids Hotel in Cairo,
- 3 days 5 Stars Luxury Moon River Cruise nights cruise ( Aswan, Kombo and Edfu)
- 2 Nights on 1st Class Air conditioned sleeper train from Cairo to Aswan and Luxor to Cairo.

**Places to visit:** Egyptian Museum of Antiquities ▪ Great Pyramids of Giza ▪ Cheops, Chephren Mykerinos and the Sphinx ▪ Papyrus Factory ▪ Temple of Sobek and Horus- Valley of Kings etc

**Package Price:** Rs. 70,000/- per person in DB inclusive of airfare, accommodation, Visa fees, Entrance fees etc

## To Japan

**4 nights/1 day trip:** sightseeing to include Asakusa temple, Odaiba shopping arcade, Imperial palace, Akihabara (Electric City), Ueno, Shinjuku Area, Tokyo tower, Mt Fuji, Lake Ashi view, Ropeway ride upto Komagatake for Mt Fuji and Valley view.

**Package Price:** Rs. 87,000/- per student on a twin room sharing for minimum student group of 7. Inclusive of airfare, accommodation, visa fees, entrance fees, sight seeing, meal, guide, etc

For more details: Mail [jarora@amity.edu](mailto:jarora@amity.edu) ▪ Last Date: 30/04/2010

## Helping children develop self control

Vasudha Goyal  
Counsellor, AIS Gur- 46

All children misbehave at some point to find out what appropriate behaviour is and where the limits are. As teachers and parents, before teaching discipline to children, we should know the meaning of discipline. Here are some discipline techniques:

**Use language:** Establish simple rules and state them clearly. When children acquire language, help them use words to express feelings.

**Ignoring:** The best way to deal with attention seeking behaviour is to ignore it and focus on the child when s/he is doing the right thing.

**Rewards:** Rewards are not bribes and show a child that s/he is doing a good job. They can be verbal praises, stickers etc. The rewards should be tailored to the age and tastes of the child.

**No more ‘No’:** A child gets tired of “NOs” in his/her life; the child knows inappropriate behaviour but not what is appropriate. If the child uses abusive language, don’t say “No abusive language” but teach him an alternative way to deal with the situation.

**Negotiate:** Negotiating does not mean letting the child have his/her way. It means everyone is part of the solution. Young children like to feel they have a choice too but offer the choice if the child truly has one. Don’t ask a child if she wants to take a medicine if it is important.

**Prevention:** With time, you get to know the child’s trouble spots. Preparing yourself and children in advance for the upcoming change in the environment helps to prevent unnecessary conflict. If your child throws temper tantrums in the supermarket, involve him in locating the things for you; promise him a reward

**Choose battles carefully:** Picking on your child all the time is the biggest mistake; Prioritize- decide if a particular action is worth the hassle. It is reasonable to set a fixed time for an adolescent to return home but don’t pick on his/her clothes if they are fulfilling your criterion of decency.

**Time out:** It means sending child in isolation for unacceptable behaviour. Timeout should follow immediately after the behaviour and there should be an assigned place for it. The minutes of time-out is generally equivalent to the age of the child, for instance, a 5 minute time-out for a 5 year old.



### Counsel's Korner



# The lefts v/s rights

Easy steps to guess whether you are a right or a left brain thinker and boost the other!

Archita Goyal, X-A, AIS Mayur Vihar

Your biology teacher must have told you about a whole lot of systems in your body. Oh! The amount of work I had done to memorize the assorted functions of each of them. The brain works like the central processing unit of our body computer. One won't be perplexed to know that our brain is divided into two parts- the right brain and the left brain, each having different characteristics giving a person his/her traits and virtues.

So, the battle has begun... on one side we have the lefts and on the other side are the rights. Scientists say that if a person writes using the right hand, then the person is left minded and vice versa. Well! If you don't know whether you are a right or left brain thinker, then here are some 10 easy steps, using which you can guess your side and boost the other!

➊ If you are of an artistic and creative disposition, then you are probably a right brain thinker. Whereas, people who have a scientific temperament are likely to be left brain thinkers.

➋ If you are more keen to read non-fictions, then you expectedly think from the left part of the brain. But, if you like fantasies and mysteries, then you are perhaps right brain thinkers.

➌ You may be a right-brain thinker if you can study or read while listening to music. But the opposites, need perfect silence to read and study.

➍ Right-brain thinkers are occasionally absent minded, whereas left-brain thinkers are normally present minded.

➎ If you feel quite restless during long lectures or verbal explanations, then you are probably right-minded. On the other hand, people who are attentive during such a situation are likely to be left-minded.

➏ If you are good at the mathematics paper, then you might use your left brain most frequently. People thinking from the right brain do well in essay-type questions.

➐ If you are habitual

of keeping your room messed up, you are likely to be a right brain thinker. And, if your parents aren't distressed about your room (which is only possible if you keep your room tidy), then you are more likely to use your left brain.

➑ If you are a logical and a rational person, then you are left-minded. Right brain thinkers are likely to be more philosophical.

➒ If you are good at recalling things, even the minutest of it, you are probably a right brain thinker. The reverse usually remember things that have been told specifically.

➓ Confused? You might think that many of these traits are overlapping. You may have some characteristics of a rightly and the others of the lefty. This means that you are capable of using both sides of the brain or that you belong to that side, of which your personality has more attributes.

How To Boost The Inactive Side Of The Brain?

■ Use your non-dominant hand for brushing, eating and other daily chores.

■ Walk in your room with your eyes shut and try to figure out the placement of furniture.

■ Indulge in creative work and try to develop different hobbies.

■ Solving puzzles and learning a foreign language also helps in boosting the dormant side.

■ Jogging and walking while swinging the arms also help to get both the sides of the brain to work together.

■ Travel stimulates the brain. The inventions and discoveries of the early man vouch for the same. Their nomadic movements provided tremendous stimulation for their brains.

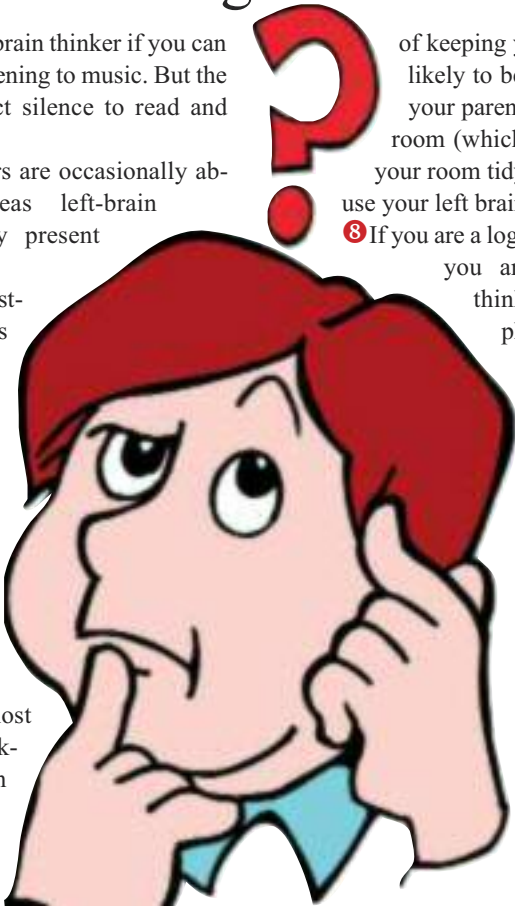
■ Including iron, calcium, vitamin E and vitamin B2 in diet also helps in enhancing the brain.

■ Eating nuts, almonds, walnuts, peanuts would increase your weight but they are really good for the brain.

■ March on the spot to enhance both the sides of the brain.

■ Practice writing with your non-dominant hand.

■ Though the writing looks as if you are a first or second standard child or even worse than that, regular practice can help!●



Human Values  
Special

## The Science Fair

Have you heard of the saying 'Practice makes a man perfect'? Just thinking of this reminds of an incident that took place a few days ago. It was like any other day until the announcement came that the kids interested for the Annual Science Fair were to give their names in the office, today. Wait! I have forgotten to introduce myself. I am Kruthi Battar, a 12 year young girl (I don't like to refer to myself as old) who studies in class 8. Now that you know me, let's get back to the story. So, after the announcement, I glanced at my rival, Zoe. I thought, even though she's been winning this fair twice in a row, I won't let her win it this time. So, right after the class got over, I rushed to the office to sign up. Now, I had to think of a project. Should I make an ooblok or a volcano. Yeh! I got it. I'll make an icecream in school without a freezer. It will be so cool! "What will Zoe make?" I asked aloud



without realizing that Zoe passed in front of me. She said, "Just wait and watch!" I worked hard the whole week. On the final day, everybody was ready with their charts and models. I was different, as all I had was a big basket full of supplies. The judges were two officials from the Governor's office. One was a beautiful lady who was praising each project so that the kids won't get discouraged. The man stayed stone-faced all the time and didn't even smile once. I glanced towards Zoe's project but could not make heads or tails of it. When my turn came, both judges tasted my ice cream. While tasting it, a kid bumped into the judge and he spilt his ice cream. It was a relief to see the judges laugh instead of getting angry. Then I found out that Zoe had made a herbal soap which was without the use of a single chemical. The lady used the soap and saw instant effect. It was obvious that she would win the prize. But I realized that everything is not about winning. The main thing is to have fun and enjoy what you do! Keep smiling!

Ruchi Avtar, VIII C, AIS Vasundhara

Happy Birthday Mam

## + Medicinal Plants



### Saracaindica

**Botanical Name** : Saraca indica  
**Family Name** : Leguminosae  
**English Name** : Jonesia Ashoka  
**Common Name** : Ashoka  
**Used Part** : Bark, seeds and flowers  
**Active Principle** : Glycosides, Saponins, Tannins, Essential oil, Ketosterol, Apigenin, Cyanidin

**Botanical Description:** A medium sized evergreen tree, mostly found near water banks with spreading and drooping glabrous branches. Flowers- orange, dense, very fragrant. Pods- flat, black, leathery.

**Propagation:** By sowing seeds in Nursery, well-grown plants, planted in field during July-August. Manures and watering is necessary during growing season. Young plants should be protected against hot and very cold condition.

**Uses:** Main ingredient of famous ayurvedic tonic "Ashokarista". Bark is bitter and used as astringent, refrigerant and stomatic. It is also used in fever, dysentery, colic, piles and pimples. Dried flowers used in diabetes and haemorrhagic dysentery.

**Courtesy:** Amity Institute for Herbal Research & Studies (AIHRS)

# What is the greenhouse effect?

What is a greenhouse?

A greenhouse is a house made of glass. It has glass walls and a glass roof. People grow tomatoes and flowers and other plants in them. A greenhouse stays warm inside, even during winter. Sunlight shines in and warms the plants and air inside. But the heat is trapped by the glass and can't escape. So during the daylight hours, it gets warmer and warmer inside a greenhouse, and stays pretty warm at night too.

How is Earth like a greenhouse?

Earth's atmosphere does the same thing as the greenhouse. Gases in the atmosphere such as carbon dioxide do what the roof of a greenhouse does. During the day, the Sun shines through the atmosphere. Earth's surface warms up in the sunlight. At night, Earth's surface cools, releasing the heat back into the air. But some of the heat is trapped by the greenhouse gases in the atmosphere. That's what keeps our Earth a warm and cozy 59 degrees Fahrenheit, on average.

Is it warm in here, or is it just me?

You might think 59 degrees Fahrenheit is pretty cold. Or, you might think that's warm. It depends on what you are used to. That temperature would melt all the Arctic ice. Yes, it's colder than 59 degrees in a lot of places, and hotter than

NASA diary



59 degrees in a lot of places, but 59 is the average of all of the places. The point is, if the greenhouse effect is too strong, Earth gets warmer and warmer. This is what is happening now. Too much carbon dioxide and other greenhouse gases in the air are making the greenhouse effect stronger.

Why can't we just open a window—or plant a tree?

You might wonder, why don't we just plant more trees? After all, plants take in carbon dioxide and give off oxygen. Well, that might help a little. But, instead of planting more forests, some people are cutting them down and burning them to make more farm land to feed the growing human population.

Don't clouds keep Earth cooler?

Water in the atmosphere also acts as a greenhouse gas. This water can be in the form of a gas—water vapor—or in the form of a liquid—clouds. Clouds are water vapor that has cooled and condensed back into tiny droplets of liquid water. Water in the clouds holds in some of the heat from Earth's surface. But the bright white tops of clouds also reflect some of the sunlight back to space. So with clouds, some energy from the Sun never even reaches Earth's surface.●

Courtesy: <http://climate.nasa.gov/kids/>



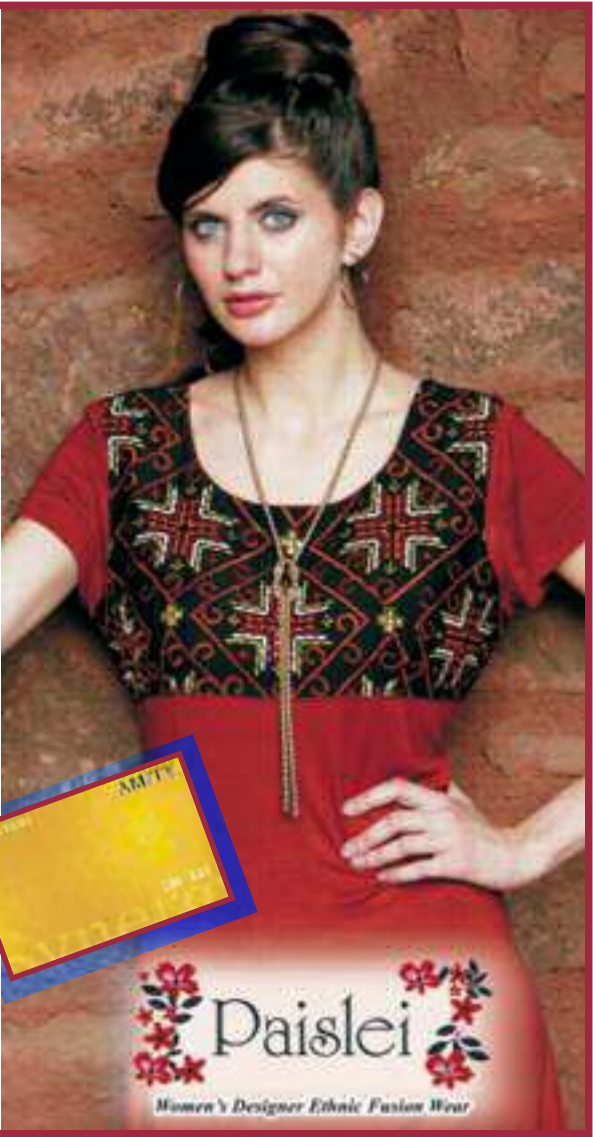


Sanchita Bhargav, VII, AIS Gur 46

Man’s best friend is a dog. When you feel sad, they will try to cheer you up and if you are happy they are always ready to share the happiness. Parents don’t allow you to keep a dog? All you can do in this case is that tell them that a dog is what you need to brighten things up and promise them that you will look after it, take it for a walk, etc. If you are planning to buy a pooch and can’t decide which one to get- let me help! If you are looking for a dog that would comfortably fit into your apartment and the one you can cuddle, then you should go for small sized dogs like

Pugs, Spits or Pomarians. Many of us like to go for a jog in our free time and need company. If you feel the same, then active and fun loving breeds of dogs like Golden Retrievers and Labradors would make the perfect companions for you. If you want a dog that can guard the house when you are not around and only follows your commands, then dogs like Dobermans, Bulldogs and German Shepards would be your type. However, these types of dogs have to be trained with great strictness. Other breeds of dogs are also available if the suggested breeds do not suit you, you can go to dog sellers and take their opinion. Happy dog choosing!●


Paislei celebrates Indie charm in all its designs. It is smart, classy, contemporary, evocative and exquisite-all at the same time. When a pretty palette and fabulous fabric blended with the hand crafted wonders of weaves, enchanting ensembles are created. Paislei is a women s fusion wear brand. sign house where the ensembles get envisioned as works of art first, and then crafted with site detailing & tailoring, describes fashion analyst Promila Grover. German supermodel and socialite Olga also shares her experience with Paislei, When I first got to work with Paislei, I did I know I ll get hooked to their clothes. I did I dream of wearing fusion wear but Paislei clothes make me stand out in the crowd & I belonged here in India. Indie charm is today the new darling of fashion. And, the best part is, it is not just for women s many flings. It is more than just a fashion statement. It speaks the language of the modern Indian woman bold and beautiful, sensuous and confident, confident and charismatic. Paislei celebrates its association with Amity by providing its students/faculty 10% off on fresh merchandise all year round on Amity Synergy Card. Get your Paislei designer clothes visit nearby stores. First Floor, The Grand



Happy Birthday Mami


My Brother Aditya

I have a younger brother, who is smug, over confident and talks non-stop. You'd think it's the elder sister talking, but you'll discover for yourself. My brother, Addy, is into the bad habit of studying at the last minute for his exams. About Maths, he says-"It's so easy! I don't need practice. Mitali 'didi' does as her Maths is weak." He tells dad to come home early before my Maths exam to enjoy my so-called 'Drama'. Science and Social Science are jokes to him and English, Hindi and French books, like story books. Although he is intelligent and does quite well in studies and extra-curricular activities, his ways of studying are alien to me! Addy makes my blood boil whenever he says: "Boys can easily defeat girls." Once, his casual attitude made him suffer...



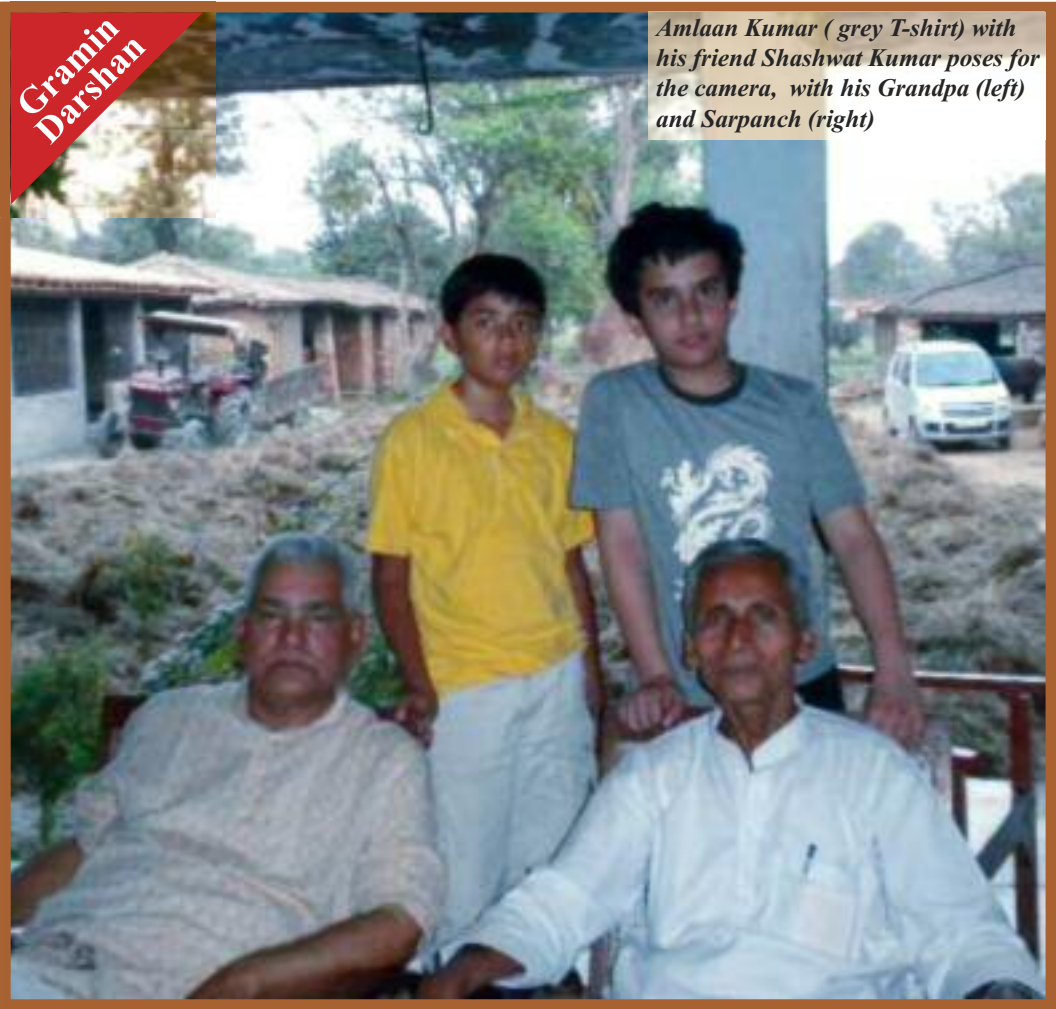
Just a night before his Science exam, his main syllabus was left to be covered. It is unfortunate that he is asthmatic and experienced an asthmatic attack that night. He was huffing and puffing in tension, with tears rolling down his cheeks. "Forget it, just sleep. Science is a joke for you," I smirked and yet, I was sad to see him suffer but was happy at the thought that he deserved it. My parents wanted him to drop the exam. But my brother studied all night with his nebulizer on. In the morning, his eyes were sleepy and red but he still took his exam. He did very well but his scores were way below his expectations. Two girls had scored better than him. Do you know what he repeats now:-  
\*Prepare for exams well in time.  
\*Never underestimate others.  
\*Never believe that defeating girls is easy.  
\*Always be prepared as bad time can strike anytime!  
\*Take work seriously!

Mitali Mathur, IX C, AIS Gur 43



Human Values Special

# ‘Civics’ with Sarpanch



Amlaan Kumar ( grey T-shirt) with his friend Shashwat Kumar poses for the camera, with his Grandpa (left) and Sarpanch (right)

Amlaan Kumar, VII E, AIS Noida

My visit to my village in Bihar during vacations has changed my perspective of a village. Brought alive from the pages of school books, this village had everything that a city dweller craves for...space to play, greenery, fresh hand-pump water, zero pollution, no polythene menace and 100% recycling of waste products. While city amenities like tap water and electricity are scarce, signs of government initiatives to reach out to the poor are obvious. Free electricity connections to BPL clusters and solar street lights at important locations can be easily sighted too. Accompanied by my friend Shashwat Kumar, Class VI student of Step by Step School, our desire to meet a Sarpanch/Mukhiya (read about only in civics books) came true when Kedar Sharma, the village Mukhiya, came to meet us (at my grandfather’s request) on his bicycle through the narrow lanes of the paddy field. A modest, but highly learned man, 57 year old Shri Kedar Sharma, sarpanch of Panchayat Bhandari, Block – Belsand, Sitamarhi District, Bihar for three years (with five year tenure), with a population of 10,000 where two-thirds live below the poverty line (BPL), he enlightened us on his role and responsibilities. Excerpts... What are the educational qualifications to be a

Panch Points
■ Gram panchayats constitute the local governments in a village/small town.
■ The Sarpanch/Mukhiya/Pradhan is the head of the Gram Panchayat who supervises the working of gram Panchayat and implements the development schemes of the village.
■ The primary source of income of the Gram Panchayat is the tax levied on the property, buildings and the open spaces etc.
■ The minimum size of village population (one or more) to set a Gram Panchayat is 300.

Sarpanch/Mukhiya? What is the salary you draw? (Smiles) If we do not need any qualifications to be an MP, why do we need qualifications to be a Mukhiya? There is no salary as it is a voluntary service. We get an allowance of Rs 650 per month.

What facilities have you brought to the village? There have been many. Some of them include building roads that connect different villages, providing solar lights and planting of trees. Since there was a shortage of schools, we built 5 new primary schools and upgraded the old primary ones into middle school. We have also worked on water conservation under NREGA, where the government promises 100 days of jobs to workers.

What are the challenges you face? The biggest challenge is: more demand for many things from the villagers and limited funds to address them! It’s a huge task to balance and prioritize.

What is the biggest change in your village? The biggest change is the improved road connectivity. A lot of roads have been made pucca too.

Who monitors your work? Since our funds come from the central government, they send people to check our work and how we have used the funds.●



# Progressive values



Dr. Amita Chauhan  
Chairperson

I am of the fervent view that quality education is one that prepares an individual to face the challenges of life and allows him to develop into a socially committed citizen. Any education that confines itself to simply chasing a degree or securing an 'A' grade is incomplete if it is not accompanied with the essential values that build a holistic personality. Value education is an integral part of the Amity curriculum, carefully woven into its day-to-day activities and every discipline. The invocation to God through Havans, seeking his blessings on important occasions and auspicious beginnings, staging value based plays during cultural programs, celebrating grandparents days or national and international cultural festivals with full gaiety... all promote the human values of love, caring, empathy, respect, truthfulness, patience, harmony, humility and single mindedness essential for treading the path of excellence. It's only when one understands the true values of life, can one examine and control one's life. I am confident that my Amitians will carry forward the progressive values learnt at school to build a strong and enlightened nation.●

# Victorious beyond victory.... Learning from an experience

Poornima Kharbanda  
XI-D, AIS Saket

Rushing in the maddening crowd, trying to surpass every obstacle that comes across, in an effort to outdo every possible competitor, we are all puppets in this race for victory! To define the word, one can flip through a number of pages in the dictionary and put it down in the most flowery language, but each to its own, we have our own definitions of being victorious. To some, it is the power to be ranked on the top in this rat race, to the other, it might be monetary rewards and to some, it can just be the sense of accomplishment in whichever way. If I were to redefine the word VICTORY, it wouldn't be conquering the world, definitely not something to do with superiority over masses, and also not restricted within the constraints of someone else's defeat. It would be my triumphant journey of life through the roads I have traversed touching the lives of people all around me. If I were victorious, I would be the one bringing about a change beginning from the grassroots level. If mastering life was a sport, change would have been its goal and truce would have been its field with all of us as players in search for victory. It is only through some impelling experiences that one



can be influenced to penetrate into the mind of one's ownself. Cleansing of the conscience and introducing it to a much wider objective is the richest dividend for which one need not go far to search. Through the amalgamation of thoughts, I pen down my experience to express my deepest respect to survivors and fighters I have chanced to meet.

'Muskaan', an institution for the underprivileged, houses the indomitable spirit of fighters in today's age. It is the magical place which envelopes itself in an aura that sheds off the words pity, unfortunate and most importantly 'Impossible'. The fighters there teach us never to say 'NEVER.' I thereby proudly tell my readers that people there are not as God gifted as all of us and here I correct myself to replace the word underprivileged with a more appropriate word - Special. From daily chores to earning a living, from touching lives to bringing about a 'Muskaan', this institution teaches us how to BE the change. It's motto is self reliance so that every individual can live a dignified life complementing their own special skills which distinguish them and make them exceptional. It gave me an insight into my own lifestyle, which is similar to that followed by almost every teenager I know. In this race for being No. 1, we forget to cherish the little happy moments and live them up. We forget to value all that almighty has bestowed us with and therefore narrow mindedly work towards our selfish aims. Now on, I thank God for giving me all that he has. And in search for my definition of being victorious, I hereby lead my life with new goals in mind, so that my life can be worthwhile.●



## It is the act which is wrong, not the child

Brahma Kumari Sister Shivani culls out the significance of values in the modern society, in conversation with Ojaswini, AIS Mayur Vihar

**What values define parent-child & teacher-student relationships today?**  
Both parents and teachers need to be stable, even if a child has made a grave mistake. The ways to discipline need to change. Reactions, outbursts, rejections, verbal and physical abuse disempower the child, crash his/her self esteem and create a barrier between them and the child. Fear of reaction from elders tempts children to hide their mistakes, steal and lie. We definitely need to explain to them and sometimes strictly, but when we react, we are rejecting them. It is the act which is wrong, not the child - this has to be clearly understood and conveyed accordingly; in this way, they will correct the mistake and also empower the

child. Accepting each other is the foundation of Love, Respect and Trust.

**What are the best ways to teach values to children in a world where sacrifice is almost a redundant word? How does one find the right balance?**  
Elders need to start living their life on a set of values and principles they believe in - no compromises. These, then become the culture of the house or school which children easily understand and find easy to follow.

**Is there a right or wrong way of doing something?**

Right or wrong way of doing things is only a perspective. It is in reference to the norms of a society, country, caste, family or one's own principles. When we are doing something, we always feel it is right even if the whole world might think it is wrong and we have a justification for it too. What's more important is, to realize the right and wrong way of being - we are human beings not human doings. If we focus on being right, we would always be doing right.

Happy Birthday Mam

## Blessed Values



Vira Sharma

At a time when most schools focus on results and co-curricular excellence, at Amity, they come naturally. As an Amity parent for almost 7 years and then as part of this organization for over 2 years, I can say with conviction that an Amitian is rich in values. They certainly know how to 'value their values'. The top story of this issue and the subsequent 'value' oriented lessons running through the centre of every page is a tribute to our Chairperson Dr (Mrs) Amita Chauhan, on her birthday, who embodies these values in her children through her words, action and love. There is something very special about every Amitian that makes him or her stand apart in a crowd. It's the unassuming 'humility' with which each every child shoulders his success. It's the 'sanskars' with which he interacts with his teachers or cuddles-in with his grandparents, narrating the day's story. It's the courage with which he confesses to his lies to opt for a guilt-free life. It's the compassion with which he shares the desk with a 'special child' to help him complete the assigned task. It's the enthusiasm with which he volunteers to teach in Amitasha. It's the admiration with which he looks forward to guest lectures by experts. It's the solidarity with which he showcases India at International Fests. It's the patriotism with which he welcomes exchange students. The next time someone touches your heart, it just might be an Amitian. Bless the school. Bless the child.●

# It's all about today

Mrs. Subhashini Ramakrishnan  
PGT English, AIS Vasundhra

They say the past is history, the future is unknown and all that we have is the present. It's a gift. So enjoy it and live it now. When I am unwell, I go to a doctor, he gives me medicine and voila! I am OK again. In the business of relationships, the things beyond human comprehension takes one to a psychologist, who makes you talk, asks you to rationalise your behaviour and analyse your problems. Well. Do you feel better? No you don't. You feel relieved that you shared your inner soul to someone. Just that you pay him to listen! I guess the best thing to do would be to talk to a tape recorder and listen to it when you are done. You can surely have a few laughs at your own expense. Imagine what the shrinks would be doing behind your back! You can always delete it of course by just leaving it all behind. Simple solution, isn't it? A Japanese warrior was sentenced to death and a day before his sentence was to be carried out, he began to panic. At this point, he remembered his master's words. Whatever is destined to happen will happen. So live happily now. With that the warrior slept peacefully. And yes, he didn't die the next morning. That's another story I don't intend to tell now. What is the point of losing sleep when



you know that death will come when it has to come! When we are intimidated by personal issues we usually turn to some kind of solace. Spirituality does help to a great extent maybe meditation too but peace of mind comes when time takes it under its wings. Someone rightly said that as long as we don't forgive others, they occupy rent free space in our minds! The emotional garbage that we carry needs to be purged out of our system systematically. All relationships are responsibilities, so why not just accept it and take the day as it comes. Human beings are the most resilient of all species that it's impossible to actually put us down. In the days of yore the body's emotional quotient was divided broadly into Humours. Taking the word literally, we can control the world with our humour! Players in the sports field play with energy, enthusiasm and eagerness to win. If it was not so, then Shahrukh Khan's advice to his hockey team in *Chak de India* would not have resulted in the phenomenal win which did turn out to be the turning point in the story. Time is often compared to flowing water. What flows away will not return. So why not use it when you have it! Most of us ruin our present by brooding on our past or worrying about our future. A young child who learns to walk seems to live every moment of his new found talent and enjoys it thoroughly. We need to learn from our children the gift of celebrating a day. Happiness is a state of mind. For heaven's sake, LOL please!●

## Happy Birthday to you

So, here is the day we all have been waiting for.....the birthday of a very mother-like figure that helped bring out the talents within us and lead us to the path of success with great nourishment and care...yes, the birthday of our very own Chairperson Dr. Amita Chauhan ma'am! Her generosity and kindness, immense respect in Indian culture and traditions, even in the new generation and vast knowledge in various fields, has left people astounded. Under her guidance, we have grown up as confident, poised and self-esteemed individuals. So ma'am, I take your birthday as an opportunity to thank you, on every Amitian's behalf, for all that you have done for us till date. Wish you a very HAPPY BIRTHDAY! Also, I heartily congratulate Global Times to have been voted amongst the most popular newspapers on Papyrus Club!

Sakshi Goel, IX C, AIS, Gur-43

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# The Devils dare to bare!

So what if they didn't reach the finals, they still rule the hearts of millions of fans! For IPL, Amity Universities of Uttar Pradesh and Rajasthan entered into an alliance with Delhi Daredevils respectively, as official partners of the teams. A dekko at how they charmed the Amiti

The Kamal Mahal at ITC Maurya Sheraton, Delhi bore witness to the historic rendezvous between Delhi Daredevils team players Pradeep Sangwan, Paul Collingwood, Andrew McDonald & Daniel Vettori, and Amity students, leaving the latter gasping for more! GT Reporters Arya, VII and Bhuvan Ravindran, X, AIS Noida and enthusiastic fans from Amity University, UP welcomed them with loud thumps of "Khelo, khelo, front foot pe khelo!" They threw a volley of questions, which the daredevils fielded with amazing gusto...

**While you play as a team in the IPL, how does it feel to play against each other in international matches?**

It's great to get to learn so much from each other in IPL which you don't usually do when you're playing against each other. International cricket is much more competitive and you keep to yourself; in the IPL, you get to know everybody and make some good friends.

**Who's the toughest batsman in IPL?**

Rahul Dravid, his spin is amazing; he's a very good bowler and has been in cricket for a long, long time.



He is certainly one of the most difficult ones. (When the fans asked, "Not Sachin?" he was quick to retort, "Then I'll change the answer to Sachin!")

**Who's the cooler captain: Virender Sehwag or Gautam Gambhir?**

It's pretty close! Well, Viru is probably the most chilled out. In fact, both have a good understand-

ing with the team and its fun to play under both.

**How do you handle the pressure before any crucial match?**

Players prepare in different ways. Some like to relax, some spend time with their friends; others lock themselves up in the room and energize up. People have different approaches and whatever

works for them, they do it. Anything that takes away the pressure, is good.

**Do you think 20:20 has changed the face of cricket?**

20:20 has definitely changed the face of international cricket; the balls are coming more skewed and it may slowly evolve the other forms of the games too! But all this doesn't take away anything from the game; 50 over one-days and obviously, Test matches are here to stay! Only the game is becoming faster; from 2 runs per over it's 4 runs per over now. Cricket is just getting more exciting, the skill levels are going through the roof; it can only be a good thing. All this is helping the game reach out to more people.


**What is your message for Amitians?**

Maybe it's not what you want to hear but I'd like to say, education can come second; go for your sports. More precisely go for your dreams; they are the most important things in the world. If you go for your dream; you'll just commit to it and back yourself all the way. Enjoy what you do, because if you don't enjoy yourself, you won't fulfill anything you set out for. ●

Happy Birthday Man

## A cup of tea


There once lived a brilliant religious student. He wanted to acquire more and more knowledge. One day, he heard of a great teacher and went to meet him. On arriving at the teacher's residence, he introduced himself, "Master, I have come to you to learn more. Please teach me." The master received the student with a smile and asked in detail all that the student had learnt; the student while explaining his knowledge very proudly, said that he knew almost everything. Later, the master asked his assistant to bring tea. The student volunteered to serve the tea, but the master declined his offer. He asked the student to lift up a cup and a saucer so that he could serve him tea. The student lifted his cup and



saucer. The master started pouring tea into his cup. The tea filled the cup but the master kept pouring the tea until the tea flowed out of the cup into the saucer. The student was surprised. When the tea started overflowing from the saucer too, the astonished student said, "Master, the cup is full, no more tea will go into it". The master stopped pouring and said to him, smiling "Dear student, the same is the case with you. For holding the tea, the cup has to be empty. Similarly for learning, it is important that the mind be open, receptive and free from self-conceived notions of knowledge. You are full of your opinions and assumptions about your knowledge; how can I give you more learning? It will overflow your mind and will be wasted like the tea."

REFLECTION: For new learning, the mind has to be open and receptive and ready to discard old assumptions and beliefs.

Mohammad Ali Rehan, V-C, AIS Mayur Vihar



## Human Values Special

# The Royal Chat



**Which is the best and worst part of playing in the IPL?**

**Rajasthan Royals: The best part is the crazy crowd and the worst part is losing!**

**Delhi Daredevils: The best part is all the international coverage and getting to play alongside great international players. And the worst, the grounds being smaller, it's hard to hold up the sixes of the opponent team!**

GT Reporters, Ruhi Kumar (XII C), Amlaan Kumar (VII), Aarya Singh (VIII A), Tushar Churamani (VIII- A) of AIS Noida, Chitrit Kumar (X) Chitra Jain (XI), Rohan Gupta (X-B) of AIS Noida, Vasundhara, Shivangi Mittal (XII C) of AIS Gur-43, Aisha Singh (XII C) of AIS MV and Samarth Verma (X-B), AIS Gur-46 in an express meet with Rajasthan Royals at AUR.

**How is the IPL different from other tournaments? Do you enjoy it more?**

The "Indian" part of it makes it different. There are crowds here which are much more enthusiastic than any other in the world. It is amazing to play here.

**Cricket is now recognized by International Olympic Committee, so how do you see cricket changing due to the Olympics?**

**Sean Morris (CEO, RR):** I don't see cricket changing because of the Olympics. Cricket is now a recognized games world wide. It will remain the same. Currently too, we have a large support base worldwide and fans across all countries and IPL has been one medium that has helped us in doing so. The viewership has increased due to IPL but yes Olympics will be good to see.

**extinction of conventional forms of cricket. Do you agree?**

**John Botha:** I don't think so. Yes, the growing popularity of T-20 might have taken the mind space of people from test cricket. Next year is going to be big for ODI (One day International) which has a long way to go.

**Do you agree that young talents are having a boom with IPL?**

It is a great opportunity for all young players to play with legendry players as Shane Warne. Yes, youngsters are definitely benefiting from their experience.

**How do you relax/celebrate after a match?**

**Abhishek & Naman Ojha:** It's very important to relax your mind after each game. We do part and dance. (Chuckles) We have many good dancers in our team. ●

**The popularity of cricket has led to the**

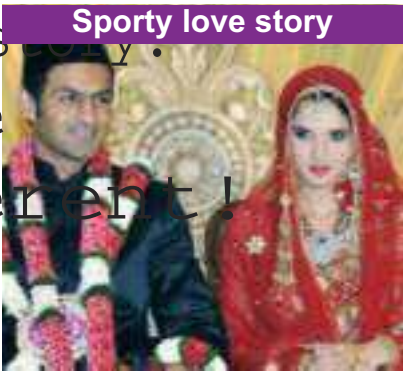


# Sania-Shoaib s Same - same but different!

Sick of Sania and Shoaib occupying too much space in news? Here’s a breather: Sania-Shoaib love story retold using Cricket & Tennis terms

Namrata Gulati

It was love at first *shot*; eyes met and Shoaib was ‘*bowled*’ over by the way Sania looked, and the tennis icon herself did not refuse to *serve* love back. And then, the *courtship* period began; Shoaib had won himself a *hat-trick* of love (his first being Cricket, second Ayesha Siddiqui and third Sania Mirza) and Sania had freshly severed a *tie* with Sohrab Mirza, unaware that she was *in* for the most twisted *mixed doubles match* against team Ayesha and her dad. As soon as we learnt of the ‘partnership’ of *love* between the two sportstars, Ayesha decided to *pitch* in to take *advantage* of the situation. Shoaib was *caught* on the *wrong foot* and a gory *racket* began, severely *battering* the cricketer’s image, compelling him to *run* for solace into Sania’s house. As Shoaib narrated the whole story, Sania was quick to *de(d)uce* the truth and discreetly



*slammed* all such news. In the meanwhile, Ayesha, along with her dad, continued to *lob (a) volley* of accusations at Shoaib. Poor Shoaib, *tossed* he was, remaining *no-man’s land* or a *mid-court-* neither Ayesha’s or Sania’s. Shoaib, *longed* to have the controversy *over* (hopefully!), for which, he corrected his *double fault* of marrying another time without divorce, and keeping his would-be fiancé *out* of the secret, the cricketer waved his *opponent* a good *bye* forever and *swept* her out of his life by divorcing her. The couple now looks forward to having a *ball* after Shoaib has learnt not to *spin* two *maidens* at a time. However, the media still remains to *draw a point*, which is, never to *duck* its nose too much into a couple’s life and play *spoilsport* to a *title* a girl waits all her life to clinch.●

# ‘Gilli’ in the gully

Kripi Badonia, VII B, AIS Noida

With the IPL fever all around, I felt the best thing to do was to just sit with a packet of Kurkure and cheer for my favourite team. But I was wrong. I soon got bored of it and desperately needed to switch to another game! Soon destiny smiled on me as I had the golden opportunity to visit my great grand mother’s village. And guess what? It was just what I needed. It was the perfect place for relaxing after tiring exams. There, the IPL fever had not picked up so much and children were more engrossed in playing other games. At first I

felt that they were just boring and ordinary street games but as I saw the children laughing, skylarking and enjoying the game, I decided to try it, too. I didn’t know what to call the game until my cousins told me that the game they were playing was *Gilli Danda*. What a strange name? But it was after playing the game that I realized, that never get fooled by the names! The materials used were two sticks: one which about three inches long and tapered at the ends and another about two feet long. The children drew a small oval and the *Gilli* (the smaller stick) was placed at its end. Then from the batting team one player come and hit the *Gilli*

with his *Danda* such that the *Gilli* rose in the air. The batsman hit the *Gilli* again so that it went far off. If the *Gilli* is caught by one of the fielders from the opposite team before it touches the ground, the batsman is out. If the fielder is not able to catch it, the distance is measured with the *Danda*. Points are given accordingly. Then the teams score is calculated. Then the fielders take their turns to bat. The team with the larger score wins. Try it out; this game is a total stress buster! Cricket played with sticks instead of bat and ball, is exactly the structure of *Gilli Danda*. Played with two sticks, it is one of the most exciting games I have ever played! ●





Human Values Special

## Celebrate your tears

Tears are a gift not only to our eyes but a gift meant for our hearts as well. I have come across many people who think that crying is an act of weakness and a sign of incapability of dealing with the situation at hand. On the contrary, tears are a healing potion by which the heart and mind will cure themselves of their grief. Tears are like summer showers to the soul. When a teardrop falls from the eye to the cheek, its warmth is a sign of reassurance which is an indication that the body is healing itself. Holding on to our sadness does not cure us of it; instead it creates repressive emotions that will scar our minds and soul forever.

Nicholas Cage, the famous actor, echoes these thoughts,



“I cry a lot. My emotions are very close to my surface. I don’t want to hold anything in so it turns into a pus of emotion that explodes into a festering cesspool of depression.” Thus, repressing tears would mean closing the doors of our hearts to our inner physician. The Holy Guru Granth Sahib says “TERA BHANA MEETHA LAGE” which in translation means “anything that God gifts us is sweet to our souls and we accept it as such”, this is an indication that if God has brought us to a period in life where we have to embrace tears, then we shall do so humbly. If we learn to accept our tears as we accept our moments of joy, that’s when we will truly learn to live our lives to the optimum. So make an effort to accept your sufferings and appreciate the tears in your eyes as signs of being alive, truly alive!

Vaishali Mahajan, XII-D, AIS Saket

Happy Birthday Man

# Which sport are you fit for?

Tulika Banerji

**REPORTED:** Are you made for kick boxing, or you’d rather play chess? Can your body thrive on sprinting a la Usain Bolt or take on the endurance of distance running? If you don’t know which sport your body type is best suited for, worry not; let your cheeks do the talking! If reports are to be believed, a private Indian lab is all geared up to

launch a *Gene Test* (Yup! You read it right) to determine the sport a child is genetically inclined for by putting his cheek swab under the microscope. Incredible? Don’t think so! The theory behind the test believes that a single gene *ACTN3*, also called the ‘speed gene’ found in some people, is responsible for activating quick bursts of powerful force giving sportsmen that extra bout of energy. According to studies, *ACTN3* gene helps produce the speed protein

*Actinen A* which promotes quick contractions in speed and power sports. Sprint athletes have this gene, including Jamaican Usain Bolt. However, experts do attribute other factors for a sportsperson’s success like training, nutrition, dietary habits, determination, etc. Nonetheless, it might be a tad better to check out which sport one’s body is made for at the onset, than waste precious years practicing for the wrong one. What say?

Tanay Arora (Alumnus)  
AIMC, Manesar

Born on June 30, 1985 in Baltimore, Maryland, Michael Phelps was larger than the life from his birth weighing 9 pounds, 6 ounces and measuring 23 inches. His mother says Michael grew like crazy- his ears looked huge and when he ran, his arms swung below knees. In spite of his exceptionally big structure, he was suffering from an exceptionally rare disease –Deficit Hyperactivity Disorder, needing attentive diagnosis. When he was in fifth grade, teachers used to call him ‘immature’ as he could not stay quiet. A piqued teacher once remarked, “He will never be able to focus on anything.” At the age of 9, he started taking ‘Ritalin’, a drug used to treat hyperactivity.

**Unique Physiology:** By the way Phelps belonged to a swimming fam-

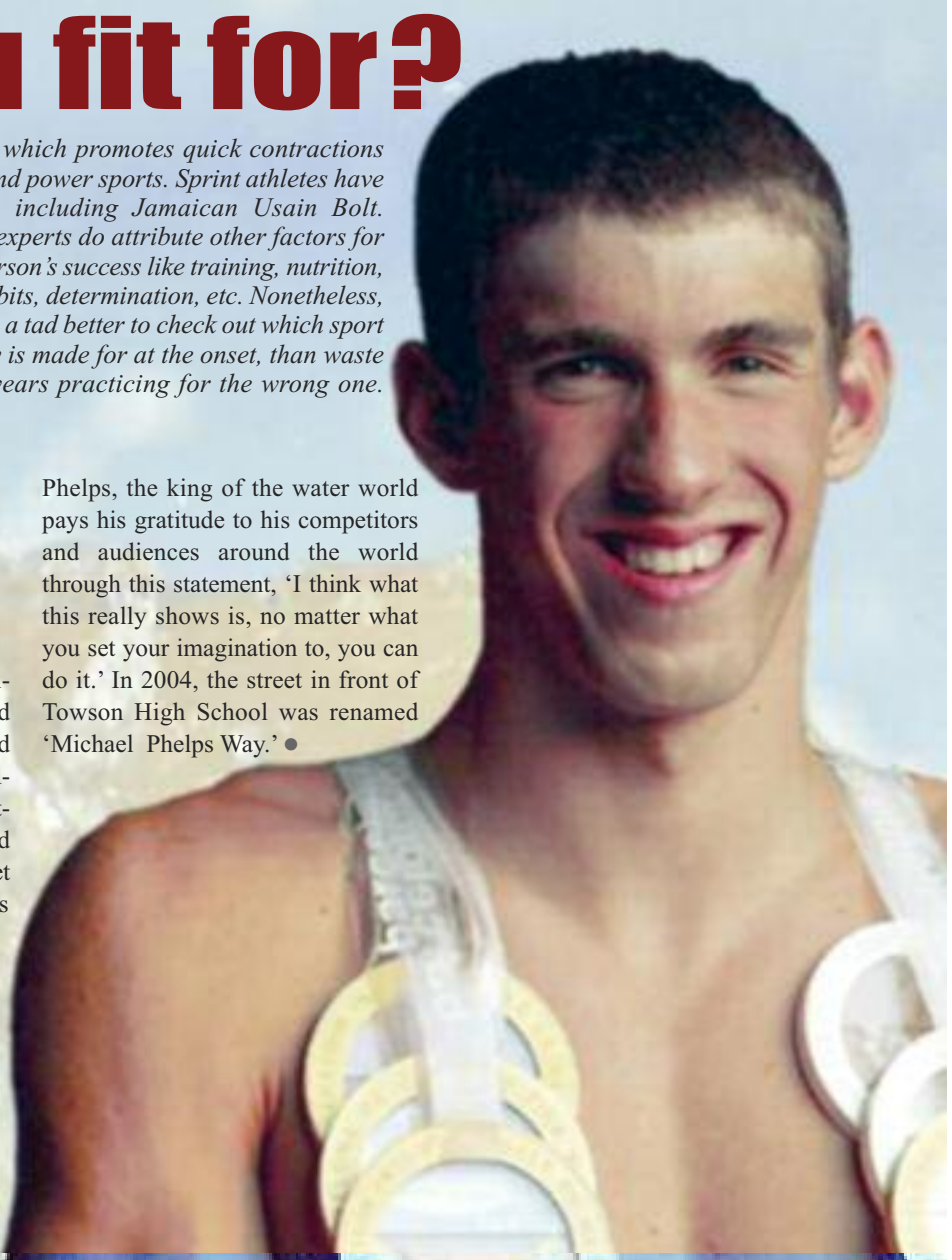
## Disabled means ‘Differently-Abled’

ily. His sister Whitney almost made a place in the U.S. national team but her injury cut her career short. Also, Michael himself was ranked as a national swimmer for his age group. Phelps is 6 ft. 4 inches tall with an arm span of 6 ft. 7 inches. His disproportionately long torso allows him to generate force from the core of the body. He can shunt great volumes of water behind him that helps in saving energy by using fewer strokes than others. His amazing stamina is due to his unique physiological attributes as under aerobic strain, he produces far less lactic acid. This lactic acid together with other metabolic products interferes with the muscle contraction

and leads to fatigue. He can also tolerate high levels of blood lactate and swim at full pace at levels that would make other athletes crawl. He has relatively short legs which reduce resistance through the water. He can extend his ankle beyond the point of a ballet dancer which enables him to whip his feet for maximum thrust.

**The King on the Prowl:** Looking at his physical and mental attributes, his coach Bob Bowman- still his coach, had predicted that he would set world records at Beijing Olympics. Keeping the words of his coach, he made his golden signature in the ‘History of Olympics’ by winning 8 gold medals in a row.

Phelps, the king of the water world pays his gratitude to his competitors and audiences around the world through this statement, ‘I think what this really shows is, no matter what you set your imagination to, you can do it.’ In 2004, the street in front of Towson High School was renamed ‘Michael Phelps Way.’ ●



If I were a Cloud, I would change my shape, I would be a lion, an elephant, a camel or a sheep.-Arihant Singh, Class II, AIS Noida



P o e m s

The butterfly's peace

Simran Sharma, X B, AIS Gur-46

Glowing under sun’s warmth  
I feel alive  
Edge of my soul  
feels a strange tingle  
It kindles hope to  
once again fly like the butterfly I was  
To break free from  
my intolerable cacoon  
Feeling the fire lighting it up  
my soul wanders  
As I’m reaching for the sun  
unleashing my inner beast  
Driving fears away  
soaring sky high  
I watch the beauty below  
knowing what its like  
To find peace  
in the strangest way and place.

Window Recreation

Prabhpreet Bajaj, AIS Gur-43

I look from my window  
What do I see?  
Birds singing and chirping  
Sitting on the tree.  
Monkeys doing somersaults

And dancing all the way  
Oh! What do I see?  
It’s such a sunny day.

Flowers listening to my poem,  
Butterflies flying here and there,  
From one flower to other,  
All enjoying the summer.

I thank God,  
For his wonderful creation,  
And for me it is,  
A Window Recreation!

Cricket

Tejas Oberoi, V A, AIS Saket

When Sehwaɡ hits a four,  
*Yeh dil maange more.*  
When Kumble bowls a wide,  
With the team I also  
frown side to side.

When Pathan takes a wicket,  
My heart loves  
to see more of cricket.

When Symonds is out,  
“Hurray!” I cry out.  
When Sachin takes a good catch,  
Then I start enjoying the match!

S U D O K U

4		1		3		2		5
	9	3	8				1	
7			4		1	8		9
2		4				7		3
5				7				6
		9	2		6	5		1
				1			9	
9	4		7		8			2
	5				3		7	

Contributed by : Muskaan Gupta & Sanjeevini Singhal, VII-A, AIS Vasundhara -6. For Solution, log on to [www.theglobaltimes.in](http://www.theglobaltimes.in)

Happy Birthday Man

Clever Narad

One day, Narad decided to go and see Lord Shiva. When he reached the lord’s abode, he saw him very worried, sad and confused. Narad asked him, “What is the matter,my lord? Why are you so sad?” The lord said, “Narad, I have two great devotees-Vidyadhav and Gangadhav. Now, I must find out who is the greater devotee of the two.” Narad said, “Lord, don’t worry, leave this work to me.” Narad descended straight down to earth, where the two devotees were working together to begin their prayers to the lord. When they saw Narad, both of them fell at his feet. Narad asked them what they were doing, they replied, “We are trying to please Lord Shiva so he may appear before us.” Narad said, “You must do much more than this to please the lord.” Narad looked around and saw that Gangadhav was sitting under a tamarind tree and Vidyadhav under a Peepal tree. An idea struck Narad, “Whoever can meditate for as long as the number of leaves on the trees under which you both are sitting, the lord will be pleased by him.” Vidyadhav looked at the Peepal tree and said, “What are you saying!I would die before meditating for so long! I can’t do that!” and he left the ashram; Gangadhav looked at the Tamarind tree and said, “I am so happy that I will be able to take my lord’s name for so many years! When I die, I will be reborn and I will meditate again.” Narad had found the greater devotee. He went happily to lord Shiva and told him all that had happened. Then one day, Lord Shiva appeared before Gangadhav and blessed him.

Contributed by: Adi Bist, VI F, AIS Mayur Vihar

Human Values  
Special

Ishani Kathuria,  
AIS Pushp Vihar

Endeavour

Archita Goyal, IX A  
AIS East Delhi

Do you have the courage to say that  
you are a worthy citizen?  
Who can plant a seed  
and see it grow  
and not for the applause  
that would follow.

Yes, I’m the one  
who can do something  
Far from the promises of the elite.  
Yes, I’m ready to  
be at peace with everyone  
Irrespective of their gender,  
caste, colour and creed.

Yes, I will value our rich heritage  
And protect the movement

from their deplorability.  
I shall preserve our magnificent culture  
For I care of our individuality.

Yes, I have the guts  
And go to vote.  
For the nation’s forebearer  
Since together we can do a lot.

Neither am I selfish nor self centered  
I don’t think only of me.  
Words like hatred and communalism  
are not in my dictionary.

Propagation of brotherhood  
and sisterhood  
is my ultimate aim.  
So let us hold our hands together  
To let India outshine  
and spread its vibrame!

Riding on riddles

1) ‘If a fellow met a fibber in a fallow field’- how many F’s are there in that?  
2) What is it that occurs once in every minute, twice in moment, and not once in a year?  
3) What can you touch, see and make but can’t hold?  
4) What has a head and a tail, but no body?

5) What is it you can put in your right hand, but not in your left?

Contributed by Muskaan Gupta & Sanjeevini Singhal,VII A, AIS Vasundhara-6

1. None- there are no F’s in ‘that’.  
2.The letter M.3.A shadow. 4. A coin. 5 Your left elbow



As the progression of the Human Value Quarters continued, ASCO took an initiative to promote the concept of paper. “We did not say NO to plastic bags, we just said YES to paper bags”, says Vishesh Sharma, the brain behind this event.

Mehek Zubair, Eng Hons II  
AUUP

Volunteers for the programme on paper bags set up a desk outside H Block where making paper bags for free was taught on a large scale. Working at the desk were Shakun Anand, Sneha Rawal, Amanda Bhandari, Ayushi Anand, Tanam Subba and Sahil Agarwal. They eagerly invited participants for free lessons and taught them about the pros of using a paper bag while briefing the by-passers about the well known yet conveniently forgotten ill effects of plastic bags.

Vishesh also shared as to how he came up with the idea and was fully supported by his department and in-charge Ms. Prachi Chandola, “I wanted to do something actively for the environment and so this idea cropped up.”

What made the efforts of the paper-friendly volunteers worthwhile was the techniques they use. They were not preachy, but happening; they knew

# Paper is in!



Amitians were their audience, volunteers and targeted them well. The techniques were brilliant and trendy; they used “yes” to start with and had one of their team members carry a paper flag and shout really cool slogans, both spontaneous and attention grabbing. Slogan-shouter Sahil also contributed by giving

in jingles. Undoubtedly, his slogans were one of the major pushes for the promotion of their event. When Sahil encouraged, “Let’s do it the paper way” and made paper look like the “in” thing, the crowd stopped to see what he meant. Besides, the fact that they were spreading the knowledge for free made their ef-

forts more appreciable and left no room for skepticism. And, who would not stop and stare at the boards that became quite head turners! The board was adorned with two bags, one plastic and another paper. While the former had a frowning smiley, the latter with ribbons and a smiling face was quite impactful.

When asked that wouldn’t over consumption of paper be bad for the environment, Vishesh clearly made the point that paper was to not only be used but re used. He also shared the result of his research which had ample proof of the fact that the non -biodegradable nature of the plastic bags was much bigger a threat to the environment than the use of environment-friendly paper which is recyclable.

Of course, the organisers were more than happy with their achievements as the response they received was clearly overwhelming And why was the hard-work of the paper-enthusiasts successful? Vishesh answered that despite the use of apparently feminine methods like making bows, using ribbons etc, the participation of boys was equally good. In the process of saving the environment, a number of breaks from the conventional parameters and frameworks could be seen. The group of ASCO students was proud about what they were doing and what they believed in, but their pride paradoxically made them selfless as they attempted to spread their beliefs, at which they were quite successful, which, was evident in the feedback charts. The ASCO team openly bragged and wanted others to brag too, “We have something new to brag, lets set a trend with our paper bag.” So bragging isn’t bad after all, our generation is sure on its way to change set notions. ●



Human  
Values  
Special

## True modesty

Generally, people pass from an excessive appreciation of their personal values, to an equally excessive discouragement; One day, they say “I am wonderful”, and the next day “Oh! I am good for nothing”. That is like a pendulum, isn’t it? There’s nothing more difficult than knowing exactly what one is; one must neither overrate oneself, nor depreciate oneself, but understand one’s limits. There are people who immediately imagine they can do everything, while on the other hand, I have known some people who had abilities but who spent their time thinking, “I am good for nothing”. Generally, the two extremes are found in the same person. But to find someone who knows exactly



where he stands and exactly where he can go is very rare.

I am going to tell you a short amusing story. In Paris, there is a garden which houses both plants and animals. They had just received a lion which was, of course, in a cage, and was very furious. Just as the visitors came to see him, he would hide behind a door in the cage. I saw that and went up to the cage and started speaking to him. I said, “Oh! how handsome you are, what a pity that you are hiding yourself like this, how much we would like to see you.” Well, he listened. Then little by little, he looked at me in askance, slowly stretched its neck to see me better; later it brought out its paw and, finally, put the tip of its nose against the bars as if saying, “At last, here’s some one who understands me.”

A discourse by the Mother (Sri Aurobindo Ashram).

Shivangi Mittal, X-A, AIS SEC-43, Gurgaon

# Big picture

Namrata Gulati

Big Picture, the annual festival celebrated by Amity School of Communications (ASCO), is among the biggest and the grandest communication fests in the NCR. “Three years ago, we had a total audience of 15, 000 for over two days”, says a proud Debashis Dali, a final year student of ASCO. Big Picture has always been about extravagant fashion shows, enthralling photography exhibitions, livewire rock shows etc. Now, take a look at Time Code, the film festival celebrated as a part of Big Picture, introduced in 2010 itself.

**Film Fest: Time-Code**  
The film fest attracted budding film-makers from NOIDA and NCR. The non-fiction category in films was adjudged on the basis of direction, cinematography, background music, story and characterisation. “Among various entries, we short listed a few best ones. Various colleges eagerly participated in Time Code,” says compere Himanshu Dubey. If you missed the brilliant movies showcased at the fest, no worries, here’s a quick replay for you:



### Hope and Pain (AAFT, ASCO)

Varun Monga, (BJMC, ASCO) on his visit to old age homes, brings out the loneliness of the aged, who live in the pain of being disowned by their own and having no one to listen to them. The most powerful feature of the film is a hard-hitting voice, narrating Hindi poetry against the backdrop of grey, the shade that somewhere signifies the future of the

inmates of Old Age Homes.

### MassCo Media

**Swapn:** First-up was a heart-touching story of Swapn; the mean streets of Delhi have compelled a graduate in Hindi Honours to pull a rickshaw to earn a living. Swapn regains his voice in the film, “A book of mine, *Arun* has been published from Muradabad. A few other short stories and poems have been published. I have never been paid for it.” The movie ends

on an inspiring note as a voice says, “Swapn is a writer, a poet, a lyricist, but above all, a fighter.”

**Yearning:** The audience is taken on a journey that unravels the hardships that the leprosy affected face each day. Ostracised by the society, this group has been compelled to seek shelter in NGOs and even on roadsides. Babu Khan, an elderly man is a victim of social injustices, “Because I’m a leper, I am not given work.” Neela is agonised by the discrimination, “I want to study. Why don’t I die?”

**Lahoo ke Rang:** Ravi Chandra Gupta is a sketcher who sketches portraits of the Indian freedom fighters. But there is something special about these portraits. The man uses his own blood to draw the portraits. Inspired by Netaji’s philosophy, “Give me blood, I will give you freedom.” The artist is a 70 year old whose sketches have been showcased in 250 schools and colleges and has been awarded a well-deserved Shaheed Kosh Award by Delhi CM.

### Isomes

**A Silent Scream:** There could not be a better way to describe the lives of rickshaw pullers, who slog throughout the day, only to suffer humiliation. The Delhi Police has banned rickshaws and if a rickshaw puller is unfortunate enough to be caught, he is fined and his only means of income is crushed and never returned. A misty-eyed rickshaw puller describes his plight, “I have been a rickshaw *wala* since 19 years. I earn a meagre 100-150 each day, after working for 12 hours, not enough to feed my family.” The movie ends on a note of uncertainty as the son of the rickshaw *wala* is shown running down gallows that lead to darkness.

### The Results

First prize: “Lahoo Ke Rang” for its unique subject  
First runner-up: “A Silent Scream” for its sensitivity as well as lucid symbolism. ●



# A zero gravity pen for the best one!

**A**sian Regional Space Settlement Design Competition is an exciting and challenging annual competition sponsored by NASA and conducted by Atlantis Research. This year was no different. There was tremendous excitement and challenging competition among the 250 students from the 15 Asian finalist teams. These 15 teams were grouped into 5 companies headed by students in the posts of Vice Presidents and Directors of various departments. Adhiti Raman, class XII, AIS Noida was selected to be the Vice President of an all-boys 40 member team. An excellence award in the memory of Mr. Dick Edwards, who conceived the competition 23 years ago, was given out to 5 individual students out of the 250 who competed for the 2010 Asian finals. This was given for the individual contribution of those five students in their in-

dependent companies. Adhiti Raman was the proud recipient of this award. She was the only Indian to have received this award for her contribution to the team as the Vice President of the company for displaying fantastic team building, leadership and creative abilities to get the entire team to design a space settlement within 24 hours. She received a space shuttle trophy, a certificate and a zero gravity pen, which was the highlight of this award. News channel P7, airs a feature programme on women empowerment called Bindiya. Adhiti was featured on this programme on February 20, 2010. She was interviewed highlighting her achievement as a woman weaving it with the concept from the movie 3 Idiots, to show that the zero gravity pen was given to the most deserving student and that too, a woman!●



Adhiti (L) receiving the excellence award

# Farewell for class XII

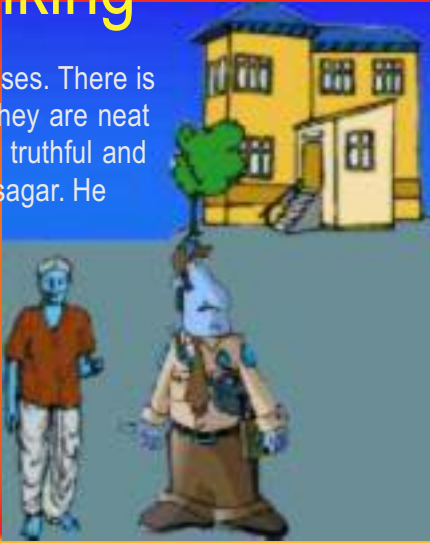
**A**mity International School, Noida bid an emotional adieu to the batch of 2009, on Baisakhi, 12th April, 2010. The theme 'Bhangra Night' showcased the vibrant spirit of Punjab. Principal Mrs. Renu Singh welcomed the students and wished them a glorious future. The present class XII

## AIS Noida

batch put up a spectacular show replete with foot-tapping music, melodious songs and graceful yet energetic dance performances. A nostalgic journey was undertaken with the help of a PowerPoint presentation. A Quiz Competition was held to judge the students' general knowledge. Interesting and apt titles were given to the outgoing batch. The graceful girls and dapper boys added colour, verve and vitality to the occasion. A vigorous performance on the dance floor, followed by a scrumptious dinner and fun and frolic truly brought everyone's sentiments alive.●

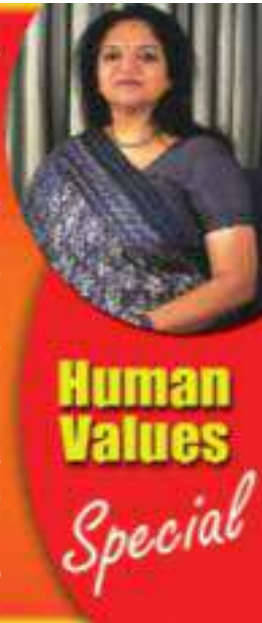
## Simple living, high thinking

**H**appy Birth Day Maam  
It is nice to dress well but not all of us have costly dresses. There is no need to feel ashamed of your clothes as long as they are neat and clean but it is more important that you are sincere, truthful and kind person. This is a story about Ishwar Chandra Vidyasagar. He was a very wise man and had read many books. He set up many schools for boys and girls in India. Everyone loved and respected him. Vidyasagar was a simple man and he lived a simple life. One day, a rich man invited him to a feast. He went to the feast dressed in a simple *dhoti*, *kurta* and shawl. The watchman at the gate thought he was a poor man and said, "Go away. This feast is only for rich people." Vidyasagar went



home and changed his clothes. He wore a shirt, trousers, tie, socks and shoes. This time the watchman saluted him and let him in. Vidyasagar joined the guests at dinner, but he did not eat. Instead, he offered the food to his clothes. Everyone was puzzled. The host asked, "What are you doing, Vidyasagar?" The great man answered, "When I came here in simple clothes, I was not allowed inside. But when I came in these clothes, I was let in. I thought it was the dress you had invited. So I'm feeding the dress!" The host said, "I'm sorry. We respect you for what you are, not for what you wear." So we understand that it is not important to be dressed grandly. The important thing is to be neat, clean, and simple and have good thoughts.

Contributed by: Yagya Suri, II A, AISV 6



## AIS MV

# 'Ganga' enraptures all

**A**IS Mayur Vihar presented a colourful blend of talent and thought provoking messages in their **Junior Annual Day** titled 'Ganga', held on March 12, 2010. The High Commissioner Extraordinary and Plenipotentiary of High Commission of Republic of Seychelles, Mr. Dick Patric Esparon was the Chief Guest and Dr John Joseph, Commissioner Customs was the Guest of Honour. Founder President Dr Ashok K. Chauhan, encouraged the students with his visionary thoughts. Chairperson, Amity International Schools, Dr (Mrs) Amita Chauhan was overwhelmed by the mesmerizing presentation and lauded the efforts. School principal, Mrs Sarita Aggarwal, presented the annual report of the school. The students presented a 'Jugalbandi of Kathak and Instrumental' based on 'Raag Bihag'. It was followed by the theme play 'Ganga', in which the young students showcased how the holy river which has been the cradle of civilization is being polluted by humans and what each one of us can do to bring back its lost glory. The young Amitians got a standing ovation for the Grand Finale which echoed the message of preserving the nature.●



AIS Gurgaon-43 students perform at the special assembly during Baisakhi celebrations in the school

## AIS Vasundhara-6

# Parent partnership

**A**IS Vasundhara aims at fostering the spirit of excellence among the students through stipulated quality parameters. At the same time, it believes that this aim can only be achieved through the valuable partnership of the parents. Thus, AIS Vasundhara-6 organized a Parent Partnership Programme for parents of Class I students on April 1, 2010. The programme aimed at acquainting parents with the pedagogic practices and co-curricular activities organized in the school, to develop an all-round personality in the students. Principal Mrs. Shashi Ranjan welcomed the parents to the programme. The programme progressed with a presentation by the faculty members on school activities and methodology used. The highlight of the event was an 'Expert Session on Parenting' where the school counselor addressed the frequent parenting related concerns. The parents appreciated the session and interacted freely with the counselors in the 'Open Session' which followed. The programme concluded with the blessings of Chairperson Dr (Mrs) Amita Chauhan.●





# scream, you scream, we all scream for ice cream!

**Vishruti Jain & Misha Gupta, VIII A, Siddharth Gargava, VIII D, Armaan Gupta, VIII H & Meher Dhingra, VII G, AIS Noida**

‘What is an ice cream museum?’ ‘Have you ever visited one?’ The bus was abuzz with questions as 30 GT reporters of primary and middle school from AIS Noida made their way to Nirulas Ice Cream Museum at Sector 2, Noida on April 13. Probably everybody secretly wished the bus developed wings to beat the morning traffic!

Crunchy cookies and delicious French fries awaited us and the staff accorded us a warm welcome. Wearing net caps, we made our way to the museum, the entrance of which had a huge world map tracing the journey of ice cream through Persia-Arabia-China-India-Italy-France-Germany-USA-India. Although ice cream is capable of soothing frazzled nerves any hot summer day, we realized that these people put in so much effort to make the tasty treat. Our Guide Ms Neeta told us that the ingredients used

**What's freezing at -34.5 degrees and has a super slippery icy floor? That's Nirulas Ice Cream Museum!**



**GT Reporters on the prowl**

for making ice cream are: milk, flavour, sugar and cream. In the factory, there were three tanks, the first tank boils the water to keep to remove nasty germs; the

second mixes milk and sugar, and then this mixture goes to the third tank where cream is added. It then goes to the flavoring department, where the mixture is

churned to excrete the waste; the process is repeated several times before the scrumptious flavours are added.

The ice cream then goes to Cold Storage which has a temperature of -22 degree Celsius so that the loose and lumpy dollops freeze into tight bricks. We even braved the hardening room where every surface including the intensely slippery floor was covered in ice as the temperature went down to -34.5 degree Celsius! Everybody was shivering; our clothes went so cold that it felt as if they were drenched.

Back at the restaurant, we were treated with yumilicious cups of vanilla ice cream. More fun was to follow as ‘buddy’ Mr Vishal entertained us with riddles and games like tug of war and fire in the mountain; some of us even got prizes! All of us were given a ‘buddy meal’ each containing a burger, chips and mango juice. One part of our heart felt heavy as none of us wanted to leave but the other part was happy thanks to the lovely day we spent. Three cheers to the Global Times for the educational, yet fun filled trip! •

## Icy cool trip!

**Priyanka Dilip, V C/W A:** A yum-milicious experience!

**Nandika Mogha, IV E/ W A:** Had we had stayed in the freezer any longer, we would have frozen!

**Ishita pandey, III D/ W A:** I was enraptured to see the modern hi-tech machines.

**Vitasta sar, V B/W B:** So many flavours of ice-cream!

**Tanvi Vaijh, III F/ W A:** It was a chilling, exciting and thrilling visit!

**Sanskriti Aggarwal, V D/ W B:** The floor was so slippery that we kept holding to each other.

**Sameer Jain, VIII G:** The food was scrumptious and the sweet aroma filled my nostrils.



**Human Values Special**

## Honesty, the best policy

In his childhood, Gandhiji was called Mohan. When he was a child, he saw a play depicting the life of King Harishchand and read a story on Shravana. After learning of such stories, Mohan decided never to lie and be honest. Once, however, he stole a piece of gold from his elder brother, Laxmidas' bracelet. After stealing it, he felt very guilty and decided to write a letter to his father to tell the truth. His father was sick that time and when Mohan gave the letter into his father's hand, he tore it into pieces and embraced Mohan. It was then that Mohan realized the value of speaking the truth.



As for studies, Mohan was not a bright student; he neither studied in class nor tried to study at home. One day, his school Principal was on a round to observe the teachers' teaching methodology. When he entered Mohan's classroom, everyone stopped shouting. The teacher was scared and lied that he was taking a dictation.

The angry Principal dictated the words to the class, which included the word 'kettle'. Mohan spelt the word as 'ketle.' His master saw his mistake and quietly indicated Mohan to cheat. But Mohan refused to. The whole class managed to score a 6 on 6, thanks to the class teacher who had allowed cheating, but Mohan scored only a 2, for which he got a severe scolding from the master. Although Mohan himself felt bad, he somewhere knew in his mind that he hadn't made a mistake, he was simply honest with his work.

**Contributed by: Manshita Aggarwal, VII B, AIS Vasundhra-6**

*Happy Birth Day Man*

# Greeting young Picassos

**Brushing fine strokes on canvas, these promising prodigies have aces up their sleeves.**

**Transforming the world:** How many of you would have the nerve to ask the top honcho of an MNC, “Its ok what your company does, but what have *you* done for the earth?” Not many for sure, but when **Kripi Badonia of class VII, AIS Noida** asked the CEO of Alcatel-Lucent just that, he was speechless! Probably this gusto and fearless imagination showed through when she took part in the ‘All India Painting Competition for Kids’ organised by the company on the theme, “How do you perceive Alcatel-Lucent?” Alcatel-Lucent, a global telecommunications corporation headquartered in Paris, provides telecommunications solutions in more than 130 countries across the globe. There were 6 winners in different age groups. Kripi not only won the competition, but her painting was also published in the Corporate Diwali Card and circulated all over the globe. Theme of Kripi's Painting: Alcatel-Lucent is a Global

company, a World Telecom Leader is diversifying in segments like health, infrastructure, etc. It does not limit its vision to transform the world technically but also transform the world to have a more earth-friendly life by encouraging greener technologies and helping disadvantaged people by all available means. Way to go Kripi!

**Tiger tiger, burning bright:** When

**Aatmja Chowdhury of class IX A, AIS Vasundhra-6**, translated her support for the ‘Tiger’ into a visual masterpiece, laurels were sure to follow. Her painting got selected by the Wild Life Trust of India as the winning entry in the National Level Art Contest of the IFAW-WTI Animal Action Week 2009, and

was printed as a Greeting Card by the organization. Through her art work, Aatmja made an earnest attempt to spread awareness about the adverse effects of the depleting numbers of the Royal Bengal Tigers. The budding artist firmly believes that everyone should pitch in their efforts in whatever way they can, to save the pride of India. Aatmja began painting at

the young age of 4, and has been a huge fan of MF Hussain's works.

**Save Energy, Save Life:** Her unassuming demeanour belies the profound thought process that she put into her winning painting for ‘Save Energy Save Life’, a challenging All India Painting Competition organized by National Thermal Power Corporation (NTPC).

**Jyoti Nagpal of class VI B, AIS Vasundhra-6** bagged second position in the mega event. Besides getting an acclaimed award and certificate, she was awarded a cash prize of Rs 50,000. The prize was given by the Minister of Power, Government of India in a special function organized by Vigyan Bhawan, New Delhi. Jyoti's brilliance can be adjudged from the fact there were a little over 9 lakh students of classes IV – VI, out of which only 87 entries were selected and Jyoti eventually claimed second position. •

**Compiled by Tulika Banerji**

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**(L to R) Aatmja Chowdhury, Kripi Badonia and Jyoti Nagpal**