

Corona warriors



Dr Amita Chauhan
Chairperson

As you read this newsletter, I hope you do so, in good health, from the safety of your homes. These are indeed challenging times, as humanity stands face

front with challenges not witnessed in centuries. But no matter how great the challenge, survival has always been instinctive for the human race.

As the pandemic looms over us, our healthcare, sanitation, hospitality and IT professionals, soldiers, and essential services maintenance staff are putting up a strong fight, all in a bid to survive. While these corona warriors lead the battle from the front, our young students too are doing their bit on the sidelines. This GT Quarantine Special e-newsletter by students of AIS Gur-43, is testimony to their war against COVID-19, as they spread positivity through the medium of words.

While students in every branch of Amity are coming out with their own e-edition, there is one story that runs common in all. It is the story of corona warriors. These stories brought to you by our young GT reporters feature initiative of teens that have emerged as true corona warriors.

As you read this newsletter, I hope you are inspired to spread positivity, and be a corona warrior. **GT**

No bhay of corona

As Sanitation Band Comes To Rescue

Saanvi Vaish, AIS Pushp Vihar, XII C

COVID-19 is perhaps the greatest supervillain humanity has ever seen. As the virus set out on a rampage to destroy the world, there are superheroes who are putting their best foot forward to save the world. But while these superheroes fight the pandemic, they need all the help they can get, and to aid their burden, Shivam Mukherjee, a student of Class IX D at Amity International School, Pushp Vihar, has invented a sanitisation band titled ABHAY.

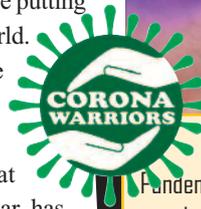
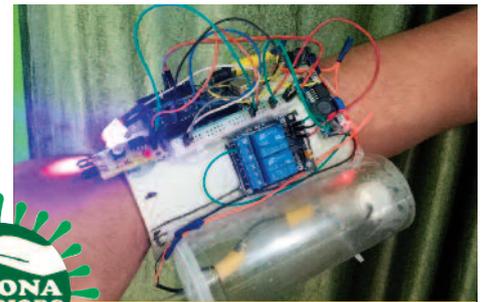
“This pandemic has brought our world to a standstill and we don’t know when this will end, which is why it was important for me to do my part in helping the world,” says Shivam when asked about the motivation behind ABHAY.

“One day as I was watching the news, I saw the doctors wearing hazmat suits. It made me wonder how tough the situation must be for them. I wanted to do something to help them,” shares the young changemaker.

This desire to help the medics is what led to the birth of ABHAY. A Hindi word, translating to ‘no fear’, the band aims at supporting the medics to battle the disease without fear of contracting the same.

It is a simple band that can be worn around the wrist. Equipped with an inbuilt proximity sensor and UV light, it can sense when the wearer’s hand is near an object and automatically disinfect the object for you via UV light and alcoholic spray. Extremely wearable, the band is computer-controlled and can be operated via an app. Furthermore, it is refillable – when the alcoholic spray is nearly empty, a reminder is sent to your mobile for a refill.”

But every invention goes through its fair share of roadblocks, and so



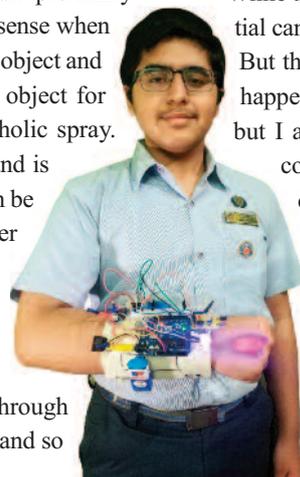
CORONA WARRIORS

Pandemics know no boundaries, and neither do warriors who battle them. This special series, running across Quarantine editions of all Amity schools, is an ode to those fighters. Highlighting stories of young change makers from within and outside Amity, this special series has been curated by young reporters across various Amity branches.

did this sanitization band. “Due to the lockdown, it was very difficult for me to transform the idea into an actual product. Initially, acquiring the parts needed to make the band was a struggle but my school delivered all those to me at my doorstep from the school’s ATL lab,” he recalls, when asked about the challenges he faces. “I can’t thank our school Chairperson, principal and my family enough for all the support they had to offer,” he adds.

While the band seems promising, its true potential can be realised only once it hits the market. But there seems to be a little time before that happens. “I’m currently in the testing stages, but I am sure the band will pass with flying colours. After the relaxation of the lockdown starting April 20th, I am planning to approach the officials and hopefully make ABHAY reach the ones in need.”

In a world guided by fear, there are warriors like Shivam, who are not only the future leaders of tomorrow, but are also the shining hope of today. Here’s to ABHAY scaring away all our fears! **GT**



Humanity grounded

And Now The Tables Have Turned For The Better

Riddhi Rastogi

AIS Gurugram 43, XI D

Forget internet, forget mobile phones, and for that matter, forget all the advancements that we thought brought the world together. The narrative has changed. It is in fact the novel corona virus that proves that this world is connected in every sense, that in the end, we all are humans chasing different ambitions in life. Now, it has got us introspecting.

Value and values: These dreadful times have taught us way too many lessons than we had anticipated. What started as an insignificant threat to only one part of the world soon penetrated every nook and corner of the globe. The first lesson we learnt to worship the values that we had buried somewhere amidst this rat race towards luxury. We forgot that these values were what made us human in the first place. We learnt the importance of home that we took for granted so conveniently, so often. We realized the real value of everything that we thought we were entitled to, something as simple as that one football game in the evening, or the delicious roadside puchkas

Sensitive and sensible: With so many events that testify for violence for humanity against hu-

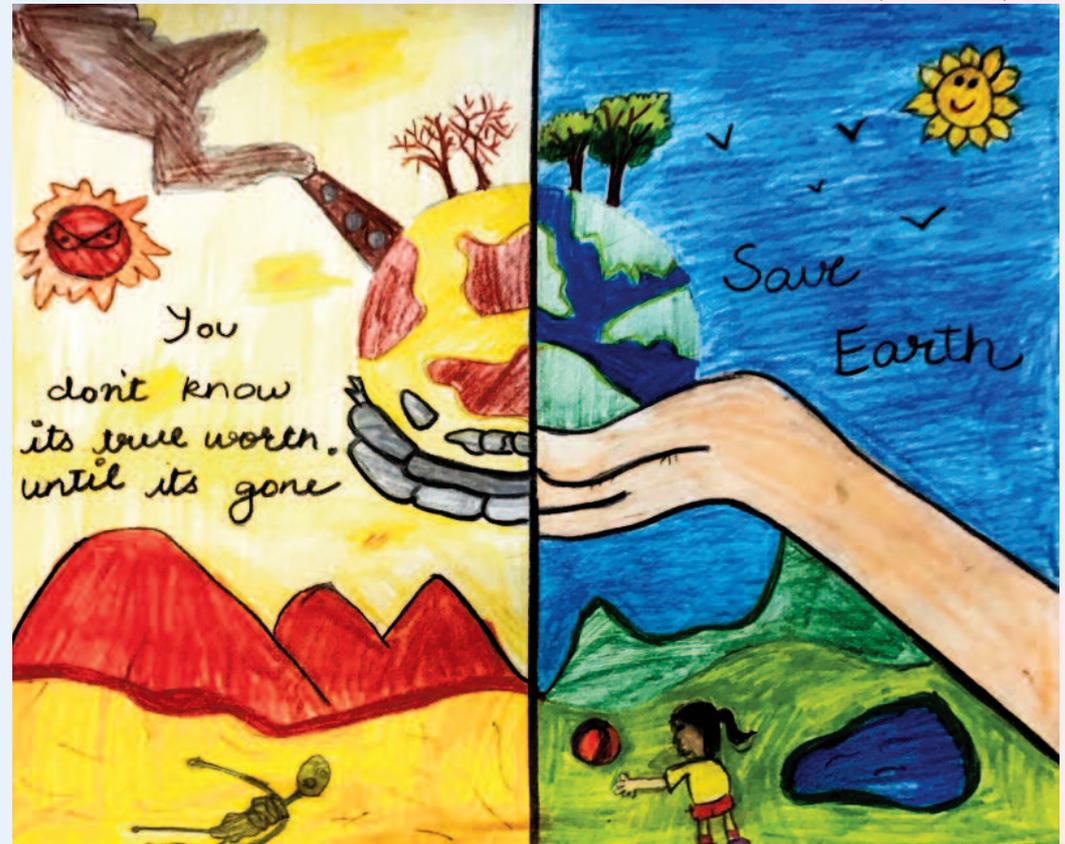


Illustration: Prisha Bansal, AIS Gur 43, VI D

manity, it took a microscopic entity to end this long-standing war, or perhaps pause it for a considerable period of time, to say the least. From Gurudwaras always opening their doors to the ones in need, to music artists sparing their time and unleashing their musical magic on social media platforms, to each and every human standing in solidarity against the global villain, regardless of any difference, we have proven that even though we don't bring it out much, hints of compassion still reside in us somewhere, with the greatest potential to sustain harmony and peace in the society.

Nature and nurture: As corona managed to disrupt the daily life of a human, it has also restored tranquility and jubilation in nature, something that was long owed by us. And now that we have stopped excavating natural resources for a while, recovery is evident. Case in point, the sudden visibility of Dauladhar ranges as witnessed by the residents of Jalandhar 213 kms away; crystal clear blue semblance of the Grand Canal in Venice after generations, due to absence of motor traffic; the appearance of injured wild habitat in Australia after the bushfires, all prove that we had been sim-

ply undermining nature in our quest for urbanisation and a lifestyle of leisure. Look at us now, our hands tied by the mighty nature itself.

Note the irony? We are trying to be our compassionate best in the times of social distancing, when we cannot really manifest our love and camaraderie in person. There is abundance of fresh air outside, but we cannot venture out easily to experience the freshness of it. But one thing will surely go down in history- once upon a time when humans were grounded, humanity bounced back. [GI](#)

A watchful protector

Nurses, The Powerful Shield Against Coronavirus

Sumedha Mehrotra

AIS Gurugram 43, XII D

Dear Nurse,

The world right now is in the clutches of the pandemic, corona. And during this crucial time, we see you treating your patients wholeheartedly even when you're physically and mentally drained. Donned in Personal Protective Equipment (PPE) for 8-9 hours, you ignore the feeling of being too uncomfortable or too hot. Even if you feel dehydrated, you can't drink water. And the difficulties don't end here, the eye glasses and face masks, gives you immense pain because of the innumerable scars that they leave on your face. As much as the kit protects you, it also gives you pain

every day. If this wasn't enough, there's more you're going through. It has been months that you have been unable to interact with your family properly. On the other hand, we have been cribbing about how we want to go out again because of 'too much family time'. What about the remarks you receive when accused by the pa-



tients or their families? It's only you who can handle them bravely, without letting yourself break down emotionally.

It's true that some heroes like you, don't wear capes, yet they act as silent warriors who pick up their swords to win the battle and save the people around. Thank you for risking your life everyday for the betterment of humanity because what you're doing needs courage.

With love and respect,

Fellow citizens of the country 🇮🇳

Cleanliness 2.0

The Corona Age 'Avatar' Of Cleanliness



Eshaan Ramaul

AIS Gurugram 43, X A

Cleanliness is a virtue that is inculcated into our very being at an early age and each of us has in one way or the other followed the basic essentials of hygiene in normal circumstances. In pre-corona times, washing of hands and sanitizing repeatedly, washing vegetables with all kinds of cleansers was laughed at and people who did so were considered idiosyncratic or

suffering from OCD. But now in the times of corona, do you know that these are the very people who are going to survive this onslaught of the deadliest virus ever? The age old adage that, 'Cleanliness is next to Godliness' is definitely something we need to live by in these unprecedented times. So how much is enough? Is there a limit to the 'fomites' (objects that can carry infection) this crown like virus infects? Not really! A mere touch is enough for it to stick on and unleash havoc in our lives.

Unless the science of the ubiquitous yet most effective soap is brought into action as it dissolves the fat membrane of the virus so it falls apart like a house of cards. Everyone is trying to get rid of this invisible enemy. One is taken aback at how our lives have changed in the past few days. A rigorous cleaning procedure is being followed like soaking the veggies in baking soda, washing packets that enter the house, repeatedly sanitizing hands, phones, door knobs, handles of the house doors and everything else. Personal physical hygiene is being followed by not touching our face, ears and mouth, fearing the entry of the deadly virus into our bodies. Not touching the local grocer's bills and most

painful of all, not ordering any food online, things are changing; changing to a level that in order to keep up with the stock of sanitizers, people have actually started making it themselves in their homes. Today, safety could very easily and safely be the new synonym for cleanliness because being clean means being safe. This new avatar of cleanliness is our most dependable weapon to ensure a safe passage into the future. It is not an onlooker's sport; it is something we need to do obsessively and compulsively. As a wise man once said, "Cleanliness is more important when Godliness is unlikely". Well, I don't think unlikely; humanity is awakening and getting there! 🇮🇳

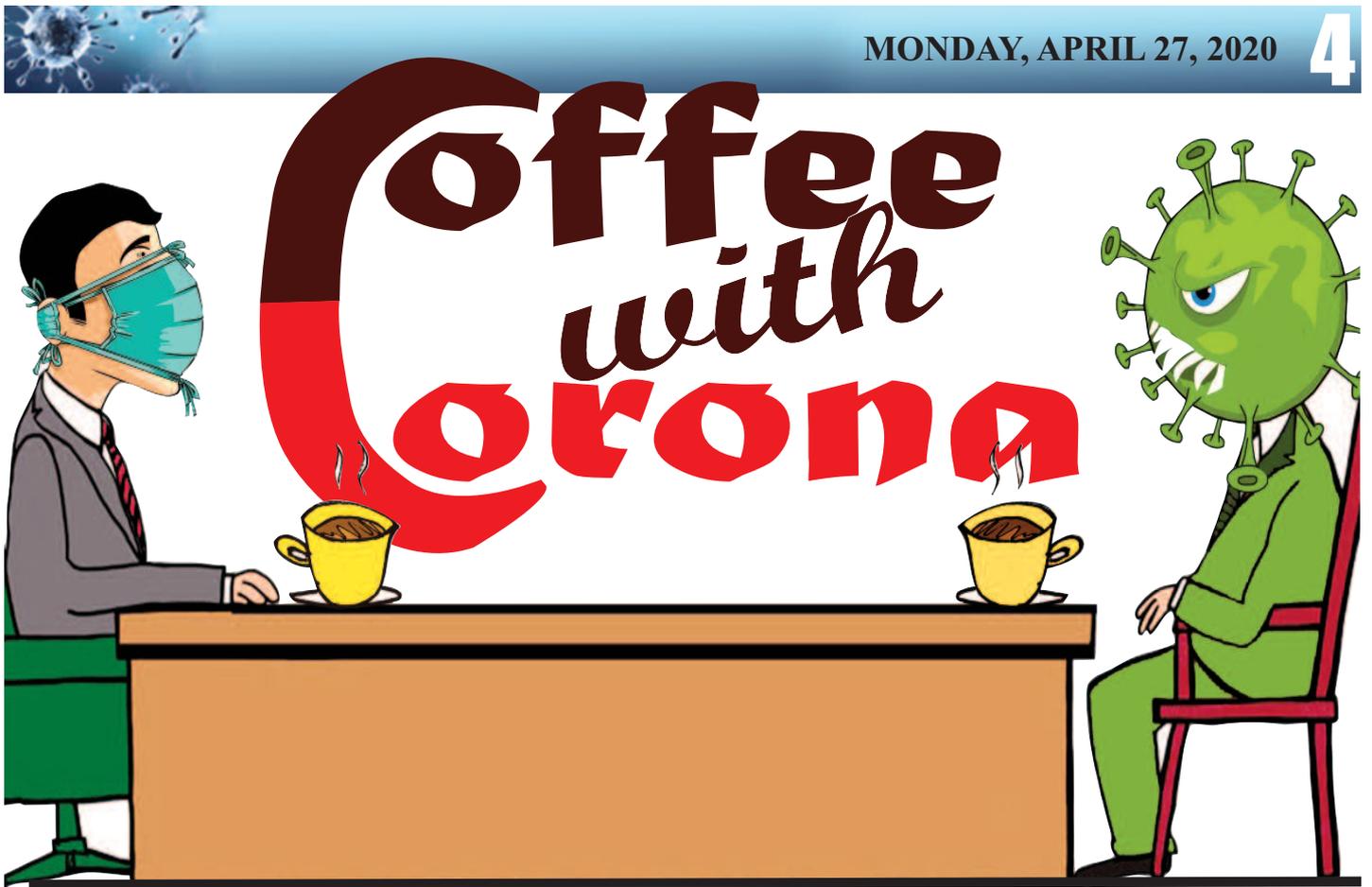


Illustration: Ravinder Gusain, GT Network

Tête-À-Tête With The New Weapon Of Destruction

Ishanya Sharma & Dyuti Sood
AIS Gurugram 43, X B

A very warm welcome to everyone! Today, on our guest list is someone who is novel, who made its debut in Wuhan last year but has managed to create a storm worldwide even in 2020. This devil's embodiment is the talk of the town and is multiplying by the moment, even as we speak. Yes, you guessed it right! Please (do not) welcome much dishonored, much notorious, Mr Corona. (na na na na naa...I hope you can hear this coffee music)

Koron (in a fake tone): Hello ji. How are you? I hope you are not doing well but unfortunately you are.

Corona: Haha...sorry to disap-

point you brother.

Koron: Well, how does it feel to augment your predecessors; the SARS and the Middle East respiratory syndrome?

Corona: It does feel great. I am getting to fulfill my lifelong dream of travelling around the world and here I am. I have covered almost every country on this Earth.

Koron: And what about all the trouble you are causing to the people? Don't you think you are being a sadist here?

Corona: I don't believe in tags Koron. I am just doing my job. You see, the Earth has gone through a lot in the past century and I'm just helping her to recover. But if people want to focus just on the negative things, then I can't help it.

Koron: Fair enough. And what

do you have to say about your journey?

Corona: It was a tough one. I was trapped in a bat until a man released me through a soup, and since then I have been unstoppable.

Koron: But now it seems you are having a tough time surviving in the industry.

Corona: Yeah, though I have tried to reach every house but people have been quite resistive. I absolutely detest people who follow the rules diligently like washing hands and social distancing. Just talking about them annoys me so much.

Koron: Oooh...I can see an air of arrogance here.

Corona: I am NOT arrogant Koron. In fact, I am the most humble of the lot. I spare no one. From the Prime Minister to

the royals to actors, I have shown equality everywhere. You cannot accuse me of arrogance just like that.

Koron: Okay, so, who do you love the most?

Corona: My favourite are the 'covidiots' for sure. They are so nice! They have supported me throughout. It is because of their support that I have reached places.

Koron: Ha, quite literally. But you know what; it won't be long when these people find a vaccine to wipe you completely.

Corona: Yeah, I'm aware of that. Even sanitizers have tried to tamper me but I am all prepared for it. Anyway my work here is already been done.

Koron: So is ours Corona! Thank you so much for the interview. Please wash yourself off and bid a goodbye to us for forever. 🇮🇳



Lockdown menu

A Culinary Cruise In A Quarantine

Siddharth Kishore
AIS Gurugram 43, XI A

After the extension of the lockdown, the end of the pandemic seems even more inconspicuous. But, if anything good has come out of this lockdown, it's that we are finally ticking things off of our bucket lists, whether it's learning a new skill, reading the books you've bought and never touched thereafter or cooking. Almost everyone is taking recipes and trying their best to bring it to fruition. Let's take a look at some of the trending delicacies, every young soldier of the kitchen is giving a shot to:

The newest sensation, dalgona coffee:

This seemingly unknown type of coffee rose up on the internet just like Jeff Bezos on the world's wealthiest chart after 2010. From afar, it just looks like a regular mug of coffee, with an unfathomable volume of foam. No big deal, no big deal. But on a closer look, it is more confusing than that weird noise you heard in your room at 3am because it's near impossible to recreate it.

The ever-dependable delicacy, chicken:

2020 has seen the rise of a series of never seen before recipes of this good ol' mate that has pleased our taste time and time again. If I am being completely honest, the world's actually better off without people trying to bash every ingredient they find in their kitchens into this already sufficient dish. Boil it, roast

it grill it, fry it or curry it...it will never fail you!

The good ol' banana bread: This particular type of bread has an easy recipe and is being made by almost everyone around the world, influencers, celebrities and the regular folks too. Baking is therapeutic so maybe that's why people are baking so much during these stressful times, not only banana bread but other desserts too.

Cooking has become an escape for most, even for the ones who has never touched any kitchen utensil other than the one used to make Maggi. At first, this unusual development was applauded by the mothers but soon, despised. The reason? Piles and piles of utensils in the sink and the complete desecration of an once spic and span kitchen. Nevertheless, cooking is helping people stay motivated during a crisis so the collateral damage is justified.

Word Search

Archita Dhiman, AIS Gurugram 43, X D

Find the words given below in the word search puzzle.

- 1. Clean
- 2. Contagious
- 3. Coronavirus
- 4. Cough
- 5. Sanitiser
- 6. Fever
- 7. Mask
- 8. Spread
- 9. Symptoms
- 10. Wash



M	Q	W	K	F	X	Q	F	P	P	U	Z	D	P	V
Z	I	S	R	X	H	T	T	K	L	W	U	U	R	H
G	D	D	N	E	C	P	V	W	Z	N	C	Q	B	L
S	A	P	V	F	V	J	A	M	K	K	G	C	O	L
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D	R	K	S	A	N	U	T	R	C	C	W	W	U	E
U	R	O	W	H	Q	R	R	C	O	U	G	H	A	U
L	H	S	Y	M	P	T	O	M	S	C	G	C	I	B

Kairosclerosis

Illustration: Mokshita Grover, AIS Gur 43, VIII

Tannya Pasricha

AIS Gurugram 43, X D

The world is raising a hue and cry
A virus has made us think twice
Before we even dare to try
Live free like a bird in the sky

It is an unimaginable situation
Which can't be handled by the law
A state of complete disruption
A state that has humans withdrawn

Where is the end to this epidemic?
The world is dying and suffering
Where is the end to all this panic?
The situation is angering

The whole globe is racked with pain
The poor don't even have a grain



Let's not lengthen the death chain
Let's not let the hard work go to vain

