



Tulika Banerji

'Perfection is achieved, not when there is nothing more to add, but when there is nothing left to take away.'

- Antoine de Saint-Exupery

Who can prove it better than CBSE perfect scorers who have managed to amass an astonishing ton of marks, some in more than one subject! Let's find out what it takes to secure 100% marks in CBSE...

Aishwarya Lakshmi, AIS Gur 46 (X-SST & Maths): For SST, there's no short cut. Prepare for each and every class test so that by the time boards arrive, there's no backlog left. The key lies in being thorough with all the chapters. In Maths, of course, practice daily;



the more you solve question papers from different books, the better you will be."

Dhruv Tyagi, AIS Noida (XII-Physics): "Practice numericals thoroughly. Sometimes, 1 markers are very tricky, so its important to know your theory well. I'd also like to recommend the book by HC Verma which is very good for Physics."



Rahul P Dhar, AIS Noida (XII-Physical Education): "P.Ed is perhaps the only paper where there's no word limit. One should be able to write point wise long answers. There are mostly open ended questions and one should not segregate between 1 and 2 mark questions. The idea is to write as much there is about the topic so that the examiner feels that you know enough."

Siddharth Madan, AIS Gur 43 (X-Maths): "I did a lot of practice as Maths was my weak subject and relied on the books of RD Sharma and NCERT. I also made it a point to solve the paper neatly, doing one sum per page and marking the answers in boxes. It's important to be regular with your practice."



So, the verdict is out. Everyone agrees that hard work, regularity, consistent practice and smart presentation make the perfect ingredients to score a century in the Boards. Are the upcoming board aspirants listening? ●

Tips to Score 100% in Mathematics

Skand Bhardwaj XI, AIS Vasundhra

Scoring 100% in Mathematics is not a difficult task. Sincere efforts and taking care of a few things can make every student capable of scoring well in boards. Scoring full marks in boards depend solely on two factors: preparation and presentation

Preparation

- Thorough practice of NCERT book.
- Intense practice of problems based strictly on the NCERT pattern.
- Regular two hours practice from day one.
- Practice drawing diagrams

quickly and accurately.

- Formulae and conversion table should be on finger tips.

Strong faith in your school teacher and yourself will help you go a long way.

Presentation: It has 4 aspects:

Reading

- Avoid reading the entire paper during reading time. It either makes you feel very excited or very nervous.
- Read the questions carefully before attempting them. If you don't understand anything, read it twice or thrice to be very sure.

Writing

- Write the essentials (given/to prove/find).

- Draw figures wherever necessary.
- Avoid starting the paper with calculative questions like mensuration and statistics.
- Show step-by-step presentation.
- Give reasons wherever required.

Arithmetic

- Careful handling of calculations avoids loss of marks due to silly mistakes.

Revision

- Revise each question soon after its completion.
- Check if proper units are written in the answer, and labeling of the diagrams is done.

Skand secured 100% in Maths in class X CBSE 09



Recipe of success

AIS Noida Topper-duo Rohan Chandra and Sarthak Vaish whip up an unfaltering recipe for success in the Boards:

- Pay special attention to presentation of answers.
- Avoid purchasing additional reference books in the beginning of the session; buy them once you're through with the syllabus.

- Don't cave in for peer or parental pressure.
- Good hand writing is sure to score brownie points with the examiner.

● Don't forget to keep some time aside for games and recreation; play football, watch movies, do anything to keep your grey cells recharged.

Rohan Chandra, AIS N Topper (class X): 97.4% Sarthak Vaish, AIS N (class X): 96.6%; Maths - 100% ●

Toppers speak

Nothing succeeds like success. This has been proven time and again by Amitians who've carved a niche for themselves in whatever field they've set their foot in. Here, Amity School Toppers spill the beans on their success mantras for CBSE Boards. A GT exclusive...

Akanksha Khanna, AIS Saket (class XII-96.25%): XIIth boards can make or break your career. A little seriousness and regular work from the beginning will be of great help because students tend to panic at the last moment. Hard work, sincerity and determination definitely pay off.



I did not follow any specific methodology as such, but took things seriously from the starting; it was not a last minute study. I took every test/exam as a challenge, worked hard on it, gave my best shot every time and the boards seemed like a cake-walk by then.

Chaitanya Sood, AIS Gur-46 (class XII-94.8%): Attend classes regularly and concentrate on your studies. CBSE is a fairly easy exam where one requires to give to-the-point answers. Don't write more than what is really required.



Adarsh Bakshi, AIS Gur-46(class X-

95%): To do well in boards, one needs to strike a balance between studies and sports; it is all about time management. Be regular in your studies and play sports to keep fit and fine. If you are physically fit, the mind doesn't get distracted.

Catherine Victor, AIS Gur-43 (class X-96.8%): The most important thing is to make a Time Table 2-3 months prior to the exam and stick to it.



larily and other subjects every alternate day. During studies, one must give some rest to the eyes at regular intervals by taking a walk in fresh air.

Ankit Singh, AIS Vasundhra (class X-95.4%): Amity curriculum is quite self-sufficient; make it a point to solve all worksheets given by the school and stick to a regular time table. Subjects like Science and Maths require daily practice and in SST, make notes on each topic. With such effective tips pronounced by seniors, how can the juniors not come out with flying colours? All the best!



Pig tales

Swine flu hits India

Shinjini Biswas

5A/ Wing B, AIS Noida



"It really is all of humanity that is under threat," Margaret Chan, Director-General of the World Health Organization, said

at an emergency meeting in Geneva. Within a fortnight of its eruption the flu became a life threatening epidemic. It started in Mexico in the end of April, 2009. Within a span of 20 days, it affected more than 40 countries in different parts of the world.

Origin: The disease originated in La Gloria, a small town in Mexico, and spread to North America, Europe and Asia so fast that it alarmed health authorities across the world. On April 29, the World Health Organization (WHO) sounded a phase-five alert for the flu indicating a pandemic was imminent.

H1N1 influenza virus: Swine influenza (also called Swine flu, Hog flu and Pig flu) refers to influenza caused by those strains of influenza virus, that usually infect pigs. Swine influenza is common in pigs in the midwestern United States. The 2009 flu outbreak in humans, known as 'Swine flu,' is due to a new strain of influenza - a virus sub-

type H1N1 that contained genes most closely related to swine influenza.

Symptoms: Fever, cough and sore throat, runny or stuffy nose, body ache and headache, chills and fatigue, diarrhoea, vomiting and muscle soreness.

Treatment: 1) Oseltamvir or Zanamivir are recommended by CDC for the treatment.

2) Palliative care - At home or in hospital focuses on controlling fever and



maintaining fluid balance .

Take these everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or

sneeze. Alcohol-based hand cleaners are also effective.

- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.

- Follow public health advice regarding school closures, avoiding crowds and other social distancing measures.
- Be prepared in case you get sick and need to stay home for a week or so; a supply of over-the-counter medicines, alcohol-based hand rubs, tissues and other related items could be useful and help avoid the need to make trips out in public while you are sick and contagious.

- Stay home if you are sick for 7 days after your symptoms begin or until you have been symptom-free for 24 hours, whichever is longer.

To prevent infecting others:

- Don't spit outdoors.
- Don't take medicines without consulting the physician.

All said and done, there is no need to panic. Like every other epidemic, it can be controlled with precautionary measures and medication. Though our country was considered safe earlier, a number of cases have been reported in some cities, including Delhi. We have to remain cautious and keep ourselves abreast about the world wide scenario on Swine flu. ●



Pic courtesy: AIS Gur-46

Jai ho democracy!

Kartik Mehta, X

AIS Sec 46, Gurgaon

What if there was a commandment that would automatically eradicate the ruling party within the first six months of its tenure if it doesn't do any major development that would result in the progress of the country? No law would be able to overrule this, not even the Supreme Court!

The development project should be substantial, not just beautifying roads, residence complexes or malls. Why only this? The decree should incorporate that development should take place within the opening six months, and in each of the six month tenures when the party is in rule! If the party does not attest any of its manifestos' phrases, it will be cast aside and the throne will be taken over by the party with the second most

majority of votes, the rule being pertinent even to this party and so on. The need for re-election would thus be eliminated, as it is costly and time-consuming.

When enforced, this law will be a guarantee that the resources are being used in an organised manner, giving chance to each candidate to prove his/ her worth when the need arises. The winning candidate would be under pressure to prove

his worth as his survival would depend on what he does for the nation! Also this law might bring sleaze to an end as no legislator would be able to play the blame game or prove his/her worth by

slinging mud at his/her opponent. The nation would emerge stronger and all erstwhile countries substandard. The country's financial system will be unmatched. India wouldn't just shine - it would DAZZLE!

If only things were this simple!●



GOKU action figure is my favourite toy because he has a good built and muscular power. He can defeat his enemies in a single punch. -Siddharth Bansal, III-D, AIS Mayur Vihar