

The grocery store

Storywala



Shridulla Singh, GT Network

Once upon a time, in a countryside farm, lived a girl named Lily. She lived all by herself; she stayed away from everyone and had created a system where everything she needed was delivered to her doorstep. She was scared of strangers, which is why she never went out into the city unless it was an emergency. One day, such an emergency struck her. Her supplies were exhausted, and she awaited the arrival of the delivery man. She waited the entire day, but by night, she realised that nobody was coming. “I don’t have any food. What will I do?” The thought of starving forever made her panic, so as soon as the next day came,

she rang the store. To her dismay, nobody picked up. In the end, she knew what she needed to do. She grabbed the car keys, and gathering all her courage, she drove with her favourite songs playing on loudspeaker. The songs helped her to calm down a bit. At last, Lily stood inside the grocery store, watching everyone go about their shopping and living life so easily – something Lily wish she could do. The place was decently crowded, but in Lily’s mind, it felt too full. Everyone moved closer to her until they were in her personal space. She felt too claustrophobic. Just then, “Lily,” a known voice called out to her. It turned out to be Mr Wilson, her neighbour. “Ah, are you here because they didn’t deliver to you as well? They have

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stopped the home delivery system due to cost cutting. Since we are both here, why don’t we shop together? I’ll help you and you can help me reach the top shelves,” Mr Wilson kindly stated. He grabbed her hand, presenting her with a reassuring look. Together they stacked their carts with what they needed, and Lily offered to drive Mr Wilson back.

“I know it is not easy for you to do this,” Mr Wilson spoke, “but I am proud of you, nonetheless. When the situation gets tough, there is no shame in asking for help. The next time you have to go shopping or anywhere else and you feel too scared to do it, just let me know and I’ll help you.” With this, Mr Wilson switched on the radio, letting the melodious songs fill their car as Lily’s anxiety eased up a bit knowing there was someone she could rely on.

Social anxiety disorder (SAD) is a chronic mental health condition in which social interactions can cause irrational anxiety, fear, self-consciousness, and embarrassment. It is a fear of being watched and judged by others. As per the recent statistics, the disorder impacts 7.1% of the population worldwide.

WORDS VERSE

Cliché not!

Prithish Bhattacharya, AIS VKC Lucknow, XII

If life ever gives you lemons, make lemonade
This cliché makes me angry enough to shout
The next one who says this will be flayed

There might be times when I’m hurt or afraid
But whatever I feel, know that it is not about
“If life gives you lemons, make lemonade”

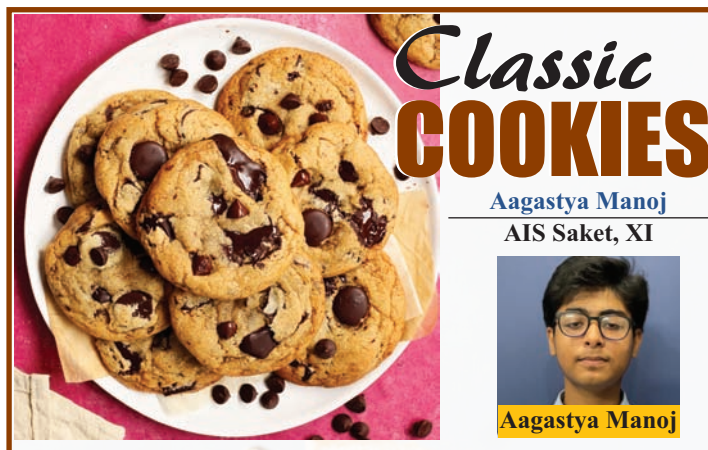
I have been swindled, lied to, and played
I’m in no mood to be jollied, without doubt
The next one who says this will be flayed

Yes, I appreciate the ones who have prayed
As long as they don’t condescend or even say
“If life gives you lemons, make lemonade”



It’s a stance that just doesn’t make the grade
It definitely makes me fold my arms and pout
The next one who says this will be flayed

I hope that my point has been clearly made
Let me feel my emotions and process the pain
No, if life gives lemon, I don’t want lemonade!



Aagastya Manoj
AIS Saket, XI



Aagastya Manoj

Ingredients

- Butter (unsalted).....1 cup
- Brown sugar1¼ cup
- Caster sugar¾ cup
- All-purpose flour2½ cups
- Salt1½ tsp
- Baking soda1 tsp
- Egg1
- Vanilla extract2 tsp
- Chocolate chips.....2 cups

Procedure

- In a large bowl, add flour, salt, and baking soda. Mix them well and set aside.
- In a separate bowl, add melted butter, brown sugar, caster sugar, egg, and vanilla essence. Beat the ingredients to combine well.
- Now add the dry ingredients mix into the above bowl and fold them together to form a dough-like consistency.
- Next, add chocolate chips into the dough and beat well until choco chips are distributed evenly throughout the dough.
- Scoop cookie dough into balls and lay them on a baking sheet lined with parchment paper.
- For 10 minutes, preheat the oven at 190°C.
- Put the baking tray in the oven for 12-15 minutes, or until the cookies turn golden brown.
- Once done, allow them to cool on a wire rack for a few minutes.
- Voila! Your choco-chip cookies are ready to be served with a hot cup of coffee.

Read Play and Win

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Reading GT can be fun as it can fetch you a prize too. Participate in this interesting contest simply by clicking on the link mentioned below in the online edition/taking a picture of the sheet and mailing us your responses at editor@theglobaltimes.in. So, get set, go!



Q.1 Which school organised the event titled ‘Millets for the Millions?’	Q.2 Which country has announced three years ship voyage?	Q.3 Enlist five life lessons taught by Mahatma Gandhi.
Q.4 What all things one must carry while visiting McLeodganj?	Q.5 Name the historical event covered on page 7.	Q.6 What is the headline of the article written by Mahi Modgil, AIS Gur 46, XII?
Q.7 How many films were showcased at AMISHORTS 2023?	Q.8 On which page the recipe ‘Classic Cookies’ has been featured?	Q.9 Who has reviewed the album ‘Fine Line’?

Name:.....Class:.....School:.....

Results of Read Play & Win-15: **Amaira**, AIS Gur 43, V A; **Aarna Sarda**, AIS Vas 1, V B; **Sounav Banerjee**, AIS Vas 6, III C

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