

The World Sauna Championship is a test wherein the one who sits in a 230° F sauna for the longest time wins.



Writing is an art and there's no better platform to exercise it than your own beloved GT! To unleash the writer in you, GT brings you a new topic every time and asks for your views on the same. Here are some intriguing responses from young writers at Amity for the prompt...

"Racism has been endangering our world for centuries by perpetuating ignorance, violence, and hate. But we can transcend these destructive habits and build peace that welcomes everyone without exception.

There are many ways we can contribute towards building a peaceful world. For instance, we can make a conscious choice to listen to communities that have been neglected. We could try and raise awareness about the subject. Most importantly, we should never shy away from challenging everyday racism around us. Racism and discrimination happen around us all the time. Often, it is in the form of jokes, stereotypes or insensitive comments and questions from our friends, family members or colleagues. If you witness something like this, confront them and explain their mistake and how hurtful it can be to the other person. In the end, the battle against racism is one that needs to be fought by each one of us for the betterment of humanity."

Chitralkha A. Borah, AIS Vas 6, X D

"With the theme of International Peace Day 2022 being, 'End racism. Build peace.', what role can you play towards fulfilling the same and how?"

The prompt

BOX

"Being a part of the 21st century, it is a shameful act for any society to discriminate against anyone based on their race. As a step to rectify it, we can have awareness campaigns against racism, but keeping in mind the real picture, they are not always effective and inclusive. For real equality, education beyond the textbooks is more important. I feel introducing culture appreciation as a subject in schools and news stories focusing on different races in the mainstream media will help in increasing awareness."

Kaushiki, AIS Vas 6, XII A

"Skin colour doesn't exemplify what one's position in society is. In fact, one's status in life should be determined by merit and merit alone. Nothing in the universe, except our own selves, should have the power to decide the purpose of our lives and, least of all, something as unfair as our skin colour. It's time that we use social media not only for frivolous pursuits but as a weapon against those who have a biased view of people. It's time to use social media as a key to unlock the doors of awareness to a non-racist society."

Lavanya Mishra, AIS Vas 6, IX B

"Racism stems from the belief that different groups of humans possess different behavioural traits. This leads to discrimination as some people consider themselves to be superior to others. This inane practice is still prevalent in many parts of the world, and a belief so fatuous inflicts a deep mark on the people who experience it. I believe that the first step to ending racism is to recognise its existence. Many people think of racism as always overtly blatant or intentional, but racism comes in many forms. We must educate ourselves and learn to sympathise with the people who experience it every day. Putting the power of social media to good use, we should strive to raise awareness every day, and discourage any forms of racism we come across online."

Mishel Agrawal, AIS Vas 6, IX A

"Wherever we see racism, we must condemn it without reservation, hesitation and qualification. The aforesaid saying by António Guterres steers us in the right direction towards taking racism head on. If we only pity the victim, and take no action, it makes us just as racist. The only difference between an assailant and a racist is that the prior tortures the victim physically whilst the later shatters him/her mentally. We need to spread the belief of 'Stop, Act and Change' whilst leading others by example."

Diya Mishra, AIS Vas 6, X D

"Racism as the mass population understands is not only based on the colour of the skin or any religion but can also be about age, sexual orientation, gender identity and political affiliation. According to the Universal Declaration of Human Rights (UDHR), every human being is born free and equal and has the right to a life free from discrimination and inhumane treatment. To end racism, we should first educate ourselves and then others. However, what we really need is to follow an anti-racist lifestyle, whether it is in terms of the products we use, the content we watch or simply what we say, inculcating it as a life long habit."

Raunak Gupta, AIS Vas 6, X C

"Racism, xenophobia and intolerance are problems prevalent across all societies. However, there are many ways in which you can take action to maintain peace. First, one must avoid being silent, if you see something, then get up and say something! Report racism and hate speech, both in real life or online. Raise awareness by using your social media handles and wherever you can. In addition to this, learn about the many ways racism can impact various aspects of our society but also about the concrete solutions to eradicate it. Finally, consider joining or organising peaceful protests when it's safe to do so."

Adite Sharma, AIS Vas 6, X D

"As rightly put by Toni Morrison, 'There is no such thing as race. None. There is just a human race - both scientifically and anthropologically'. Racism, even in its most trivial forms, continues to poison the entire society. To truly do away with this unjust discrimination and the evil of the society, the effort must come from within the society. We can raise our voice and call for action against race-centric hate speeches and actions. We can sponsor appropriate education wherein the masses, the young and the old, the naïve and the mature can be freed from bias and hatred."

Rishi Garg, AIS Vas 6, X D

"The idea that one race has natural superiority over the others has led to abusive behaviour in society. I think to prevent racist incidents from taking place, awareness programs among the students must be organised to sensitise them towards different racial issues. Development of a system for reporting racial incidents, creation of anti-racism policy and enactment of a stringent zero-tolerance policy against racism are also some steps to help fight the problem in an academic setting."

Ananya Jain, AIS Vas 6, X B

"Gandhiji once said, 'Be the change you want to see.' While this statement is applicable to all walks of life, it is even more pertinent to eradicating racism. Thus, getting rid of laws designed to uphold unequal outcomes is a must. Many people believe that society can eradicate racism by teaching love and acceptance, but the reality is that even if everyone stopped being racist overnight, the system would still produce outcomes that disproportionately impact certain races. That's because the systems were designed with that specific intent. With systemic barriers lifted, a person's race stops being an obstacle."

Ishika Agarwal, AIS Vas 6, IX D

"In this modern age, to eradicate racism from societies, I believe we need to focus more on the resources, on social structure that works on shaping the communities of tomorrow rather than the ones that create perils today, because social divides are sown into minds from a very early age. We need to ensure good education, not just in terms of grades but empowering minds and good job opportunities for the upliftment of future generations of the oppressed. Building strong social structures with community work is equally important in crime prevention as traditional judicial convictions. Investment in the future combined with active participation in the present will build us peaceful and kinder societies."

Yashwardhan Madnawat, AIS Vas 6, XI A

"In today's world, one of the many ways of eradicating racism from our society is to focus on the education of youngsters. Social norms and code of conduct should be taught from a very early age. Changing the quality of education will influence young minds in the right direction and they will be able to set an example for others to follow. Nurturing the mindset of the younger generation is a very crucial step as it gets extremely difficult to change the behavioural patterns of adults. Teaching values of compassion and empathy to younger children when they are still at school is also one of the many effective ways to end racism."

Apurva Agarwal, AIS Vas 6, X A