



Blue is the colour of our contest edition. Working on this edition provided us tranquility like no other.
Sapriya Sharma, XII F & Abhilasha Kuba, XI E
AIS Saket, Page Editors



Beckoning A Better Future



Dr. Amita Chauhan
Chairperson

My young Amitians have once again proven that they are driven by the desire to enhance the quality of life for everyone. I am referring to the two bright minds who have bagged the prestigious CSIR Innovation Award this year for their pioneering work in healthcare. Jaisal Kothari from Class XII, secured an all-India Rank 2 for his app Flicker, which enumerates all the reasons why photosensitive epilepsy can happen. Aditya Chugh, a Class XII passout, on the other hand, secured an all-India Rank 4 for his project Hriday, which is both a cost effective and a fresh method of conducting electrocardiography. These radical methodologies will help patients in receiving timely and critical care whenever required. Having the foresight to envision these pathbreaking ideas at such a young age is truly commendable.

While the achievement of these young innovators is truly praise worthy, one simply cannot miss acknowledging the hard work of those behind the scenes. Behind every successful innovator, there exists a loyal and supportive group of family, friends and mentors. My heartiest congratulations to everyone who was involved in the fructification of this idea. I have observed that participation in such events instils in students the importance of discipline, time management, perseverance and resilience. Students learn how to balance academic curriculum with extra-curricular activities. Being an innovator is not just about being skilled at technology or aiming to transform the world, it is also about evolution of self. I hope to consistently encourage my Amitians to explore and experiment, and be the change they want to see in the world. [G U](#)

In the face of adversity



Divya Bhatia
Principal
AIS Saket

The ancient holy scripture, The Bhagavad Gita, enlightens us on the didactic between Lord Krishna and Arjuna. At the helm of battle, when faced with the looming prospect of suffering and danger, much like Arjuna, one is forced to contemplate adversity and

how to react to it. Over the past year and a half, we, too, were faced with an unprecedented challenges. The comfort of in-person interactions was lost to us. In spite of this obstacle, classrooms now flourish with interactive education, office workers flexibly work from home, entrepreneurs relish the haphazard challenges, and the artists traverse the amassing potential for creativity. At Amity, under the unparalleled guidance of our esteemed Chairperson, Dr (Mrs) Amita Chauhan ma'am, we are equipped to transform the challenges into a chalice of opportunities. With an insatiable passion to excel, we have braved ahead with commitment, solidarity, and oneness - all the hallmarks of Amity. It is a testament to this metamorphosis, that students flooded the Editorial Board with an ingenious array of submissions for the contest issue. And to bring that to fruition, the Editorial Board - writers, illustrators and photographers - led by the teacher coordinators and the Editor-in-Chief, deserve hearty congratulations! This stint with COVID-19 has taught us that no matter how herculean an ordeal we may face, our perseverance in facing it is the sole means to victory. As Lord Krishna then pronounced to Arjuna, "We are kept from our goal, not by obstacles, but by a clear path to a lesser goal." [G U](#)

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Let's be active

Not On Screens But In Reality And In This Essay I Will

Sunayana Ray, AIS Saket, XI F

We are living in a freshmen generation of social action, an era that has given an unprecedented platform to millions across the globe, where they can voice their opinion. Today with the help of digital algorithms, it is easier to be heard; the spread of information being ten times faster on platforms like Facebook, Twitter, and Instagram as compared to any other form of media. More than 70% of our youth consumes news that is virtually transmitted. However, as glittery as the stats may seem on paper, the reality is far from being so.

Why you may ask? While this era may have cradled woke citizens, it has also given birth to a new wave of activism - social media activism or 'Slacktivism'. As the name suggests, it is the act of turning towards simpler measures provided by social media platforms rather than making any substantive efforts towards bringing about a change. Signing an online petition, changing your profile pic, etc., are some acts that fall under this realm.

#BlackLivesMatter, #MeToo, #MAGA (Make America Great Again) are just some hashtags that point towards the efficacy of social media as a tool for political engagement. Garnering the attention of the government towards imperative issues or creating sustained movements for social

change, citizens view social media as an avenue to engage with issues of priority to them. Over 67% people asserted the importance of these outlets in public discourse and recognised these platforms as "at least somewhat personally important to them as a venue for expressing their political views."

So far, so good. Or is it? This coin too has its flip side. The ease this medium comes with also brings along the ease of spreading half-baked information and perspectives often guided by ulterior motives. So, what may look like a social media campaign for a cause may well be a political propaganda. The

likes of Instagram as a medium of discussion are particularly notorious for its influencers who, with the use of visually-appealing and engaging infographics, spread unreliable and unsourced information. With even a single repost of the story, fake information has the potential of spreading like wildfire. A study by MIT researchers has shown that false news stories are 70% more likely to be retweeted than true stories. Furthermore, it takes true stories about six times as long to reach 1,500 people as it does for false news stories to reach the same number of people. Relay of incorrect information is

not the only thing we have to worry about. As people begin to rely on easier ways to promote change, they give up on all other means in order to stay within their comfort zone while doing the bare minimum, and this tends to discredit traditional activist entities. While slacktivism may ensure awareness about a cause, it offers negligible tangible change, with the issue remaining behind the screens. Slacktivism, sure is a great beginning towards change. Multiple shares or changes in people's bios may be enough to spark a sense of curiosity regarding a social issue, but there's only so much that arm-chair activism can do. [G U](#)

PERSPECTIVE

Illustration: Abhilasha Kuba, AIS Saket, XI E



K(no)w the power of no

'Yes' Is Surely Appropriate, But So Is 'No'

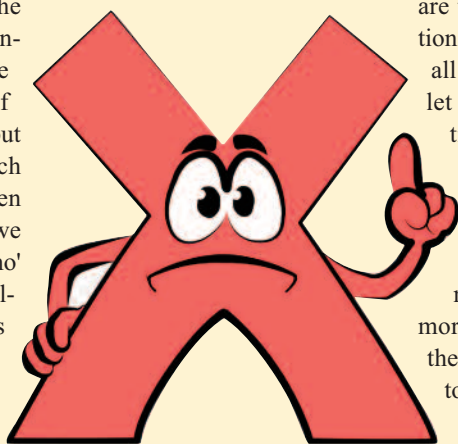
Radhika Kapoor
AIS Vas 6, Alumna

Since our very childhood, we are taught to be positive - to say good things and keep an open-hearted approach to life no matter what - the value of positivity and the gentle art of saying 'yes' is instilled in us so deep that we are not able to see the other side of the coin; a side that is equal but preferred and celebrated much less - that of saying 'no'. When we are taught to be positive, we are forcibly taught to not say 'no' to anybody or anything; to voluntarily oblige to whatever is thrown at us. Why? Does that mean we see 'no' as something negative?

But is it really? Because there are times when we are conveniently told 'no' for a number of things and they surprisingly turn out to be good. How does this work then?

The best example of it would be a student's life. It is a playful, happy-go-lucky phase in one's life and the best, as people often call it. Yes, best in a lot of ways but filled with 'no'. How? - "I need to go out and play," "No you have to complete your home-

work, you can't go"; "I need to meet my friend," "No, you waste a lot of time with your friends"; "I need a phone," "No, you are too young to have a phone." Now, how does one, as you would say, find positivity here? Well, it lies in how these re-



sponses unwaveringly fact the truth of the situation at hand and only aim to better it for the person concerned, even if the realisation for that person comes a bit late. Another example to know the actual power of 'no' would entail looking at it from a first person perspective. What if you say 'no' to your boss, or for that matter your colleague or a friend? "I won't be able to help you in this," "This is unfair and I am not

going to be a part to it", etc. Now, is it just you being selfish and negative here? Or does this have something to do with the positivity we so adore? Well, it does. It shows how we have a choice in life always; a choice, a conscience that makes us what we are today. More like an affirmation of the self that while I value all these relationships, I cannot let others influence me at all times. Because this is who I actually am, a separate entity with its own space and limits. Now, sometimes we do give in to the wants and needs of our compeers to be more accepted and valued by them, but that is where the need to set a limit comes to the fore. The more we self-actualise and delimit or shield ourselves from the influence or opinions of others, the more powerful we are as a distinct being.

But strangely so, we overlook and ignore this potential of 'no' in the most important situations and fall prey to vulnerability and exploitation. So, let's change that. For, 'no' ain't a negative word. It empowers you; 'no' is right, 'no' is beautiful. And to know that a 'no' can be life changing at times, changes a hell lot!

A rainbow of colours



Debjani Das
GT Coordinator
AIS Saket

The world is a reflection of bright ideas expressed fervently through the prism of a multi-hued language, mirroring an immaculate mosaic of powerful emotions. However, if the world were a crayon box, it would have taken every colour in the box to curate

AIS Saket's Contest Edition - a thought that our page editors have succinctly articulated in the top quotes. As we continue to treasure the year's loveliest memories and look at the leaves shed during fall, it is pertinent to celebrate how far we have travelled in our journey and the path that we continue to tread.

Traversing a multitude of obstacles, including the pandemic, has taught humanity a variety of lessons but the most important one is that the show must go on. As you flip through this edition, with every beautifully-woven word entralling you and every creatively-drawn visual mesmerising you, I invite you to think conscientiously about the various seasons of your life. The afternoons of your life that are filled with never-ending laughter spells to evenings of soul searching, very much like the platform that the Contest Edition provided us this year in the form of its various categories. Our passionate edition, infused with a renewed sense of enthusiasm, cultivates a love for the journey, a flavour of launching ourselves out of the comfort zone and setting out for the goals that we have envisioned. With a conviction that you all will enjoy the vibrant hues of this wonderful issue, let's always strive to be a rainbow in someone's horizon. [G U](#)