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INSIDE

Hopes of a weary man, P4

GT Picture-it Contest, P6-7

AMITEpoll

Do you think reappointing Ravi Shastri as the head coach for Indian Cricket Team was the right call?

a) Yes b) No c) Can't say

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POLL RESULT
for GT Edition August 12, 2019

Do you think Article 370 will help in the growth and integration of Jammu & Kashmir with India?

Yes	No	Can't Say
70%	27%	3%

Results as on August 16, 2019

Coming Next

Article 370

Surge of change

This Independence Day, Let's Celebrate The Rise Of A New India

Rashi Garg, GT Network

“Long years ago, we made a tryst with destiny and now the time comes...at the stroke of the midnight hour, when the world sleeps, India will awake to life and freedom. A moment comes, which comes but rarely in history, when we step out from the old to the new...when the soul of a nation, long suppressed, finds utterance.” Looking forward to a ‘new’ India, Jawaharlal Nehru made an iconic speech which filled hearts. Cut to 73 years later, India has stepped out from the old to the new, again. Once again, as the world slept, India created history with Chandrayaan 2. Once again, Kashmir awoke to a new dawn with revocation of Article 370. Once again, the long suppressed Muslim women saw hope with abolition of triple talaq. It is time to breathe in the surge of change that has enveloped the country on a whole.

On the moon

Launched on July 22, 2019, Chandrayaan 2 will make India the fourth country to successfully land a moon rover and the first ever to touch the moon’s south polar region. And what’s the star to the moon is the fact that this feat was accomplished with the budget of INR 978 crore (approximately \$140 million). You will realise how small this is when you compare it to \$25 billion that was spent on Apollo 15 mission to moon, which cost over \$100 billion at the current price. *Somewhere, a philosopher wondered if the phrase ‘touching the moon’ would still hold any meaning. After all, India had made it pretty easy-peasy.*

Breaking conventions

2016 - when Shayara Bano petitioned for a ban of triple talaq, she knew she was not the only one getting divorced via speed post. 2019 – Shayara Banos of the country found exaltation as the triple talaq bill was passed. The law makes the practice of ‘Talaq-e-biddat’ a punishable offence. Talaq-e-biddat refers to the pronouncement of talaq three times by a Muslim man to his wife resulting in an instant and irrevocable divorce. Section 4 imposes a maximum sentence of 3 years imprisonment if triple talaq is used. *Somewhere, a Muslim woman looked at her husband through her veil, this time differently. After all, the threat of the three-worded sword was now over.*

One nation for real

A historic declaration was made on August 6, 2019, when Jammu and Kashmir saw the abolishment of Article 370. The article granted special status to Kashmir, meaning that the state could have its own constitution and laws, but no more! The state will now be divided into 2 union territories – Ladakh and Kashmir. As of 2019, we stand as one nation, one constitution. But this has more implications on ground than on paper – Kashmiris will now have access to right to education, the tribals will be entitled to privileges, more employment opportunities, amongst other benefits. *Somewhere, a Kashmiri pandit ousted from his homeland smiled. After all, his home and his homeland will now be one.*

Certainly, 2019 will be marked in history books. A history which people of India have created for the entire world to see. Certainly, India is moving towards change. A change which will take our country forward and far ahead.

For a balanced mind

A Renowned Neurosurgeon, His Journey And His Ideas

Dr SS Kale, professor of Neurosurgery, AIIMS

Caitanya Singh Jaswal
AIS Noida, XII D

Neurosurgeon of international reputation, Dr SS Kale strives to provide for comprehensive spine care by dealing with complex fusions. Currently serving as professor of Neurosurgery at All India Institute of Medical Sciences, he has had about 800 patients – one of the highest in the world – on developmental CV junction anomalies and their management. In the last three years, he’s been invited to deliver lectures in seminars on spine surgery and was nominated the Course Chairman for AOSpine courses at Davos, Switzerland, which was attended by over 300 spine surgeons. GT Reporters had a fine opportunity to interact with this renowned persona during Convocation 2018, held at Amity University, Noida, where he was conferred an honorary doctorate. Read on as he spills his success mantras for us.

Challenge yourself
When I was a kid, neurosurgery sounded very fancy to me. At that point in time, not a lot of people around me were neurosurgeons or aimed to be one. It was a challenging career choice, one that very few people were willing to take. I think it was this challenge associated with the field that attracted me in the first place. It was like achieving something that wasn’t everyone’s cup of tea. This motivated me to work hard. So, challenging yourself is a step forward to achieve success.

Strike a balance
Balance is key for anyone who wishes to lead a healthy life. There needs to be a balance at all levels, whether it is within the body or between the body and its immediate surroundings. A human body is at its optimum best when it is in balance with its surroundings. As for internal balance, yoga can be of great help. However, at times it becomes impossible to uphold that balance due to various reasons – health or otherwise. In such cases neurosurgery helps in restoring that balance. Thus, it is imperative that we try to strike a balance in every field of life.

Be responsible
Neurosurgery is a job of much responsibility. If you aren’t careful enough during delicate surgeries, people could lose a part of their body permanently, and brain and spine are the roots of our being. They are the hardware to our hormones and feelings which function as software. Therefore, even minuscule mistakes can easily affect the patient’s mental health. Of course, with better technology, it has become easier for both doctors and patients than it was 25 years ago. But that said, one cannot ignore the extreme level of responsibility that comes with this job. And why just surgeries? One must make it a point to be responsible for their actions for that

Dr SS Kale shares his views with GT reporter

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is the only way to go forward.

Serve your country
India has a population of 1.3 billion people and with 2500 neurosurgeons, there aren’t enough doctors to treat them. Our nation is in dire need of good doctors – as many as we can get. Do not interpret my words to mean that all of you become doctors. The need of the hour is that the youth should serve the country. From social scientists, to economists, to engineers, we need all kinds of trained, well read people for our country to grow and we need doctors to help it grow well. 🇮🇳