

## In Quote

"IQ might help you achieve success, but EQ gives you a purpose in life."

-PM Narendra Modi

## INSIDE



Budget 2018-19, P2



AMIMUN, P6-7

## AMITEpoll

Best way of beating exam stress is to:

- Meditate
- Listen to music
- Switch off from social media

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## POLL RESULT

for GT Edition February 12, 2018

Do you think Budget 2018 is a pro-people budget?



Results as on February 17, 2018

## Coming Next

Best of luck for exams

# Dance of progression

## What Natraja Has To Say To The World This Shivaratri

Stuti Kalra, GT Network

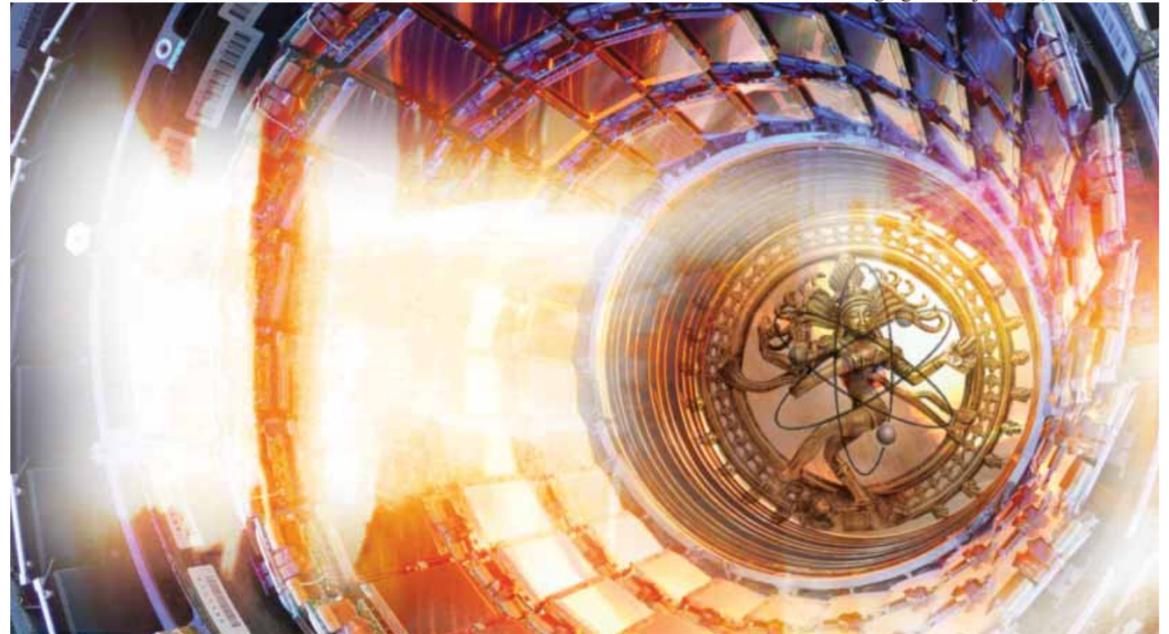
He is the creator, he is the destroyer. His snakes symbolise overcoming fear of death. The river on top of his head epitomises a balanced mind; one that could handle the pressure to save the world with calm and ease. He is well known for 'Tandava' or 'Dance of bliss', a dance that has been recognised by scientists at CERN as similar to the vibration of sub atomic particles, which constantly oscillate with energy and are involved in the continuous process of creation and destruction of life. He is Shiva - never stopping, always evolving, always changing, just like time and cosmos. As the chants of 'Har Har Mahadev' continue to resound after Mahashivratri, here's an attempt to decode Mahadeva's message to 21st century world, ruled by technology but driven by the principles of time and evolution.

### Time never stops

Shiva's 'Damaru', which he holds in his upper right hand beats continuously indicating that time is eternal. It stops never and it stops for none. The world around you beats to a similar tune. Much like the damaru, it is forever progressive, and always changing. From stone age when man was a mere wanderer to 21st century when the man is exploring Mars and beyond. So, keep flowing with time, move, never let anything stop you.

### Be fearless

One of Shiva's forms, Nataraja has his lower right hand in *abhaya mudra*. He asks the world to fear nothing because fear kills dreams. The straight palm sym-



Imaging: Pankaj Mallik, GT Network

bolizes that everything changes. Nothing stays on forever, so there is nothing to fear. When Rabindranath Tagore envisioned free India, he prayed for a country 'Where minds are without fear...' only because a fearless mind harbours powerful thoughts which can change the world. So, go ahead, rule the fear and let it not rule you.

### Knowledge is power

Natraja stands on the dwarf demon Apasmara who was sent to destroy him but he crushed and destroyed him with his steady right foot. Apasmara symbolises ignorance and laziness and the firmly grounded foot of Natraja is symbolic of deep rooted and

firm knowledge of universe outside and within. Such wisdom has always been the key to victory and happiness. After all, it was human inquisitiveness for knowing the unknown which has led to the discovery of 'God's particle' at CERN.

So, if you seek to win the world, win over your ignorance first.

### Kill old to create new

Natraja in his upper left hand holds a flame, 'The Fire' which creates and destroys at the same time. Many similar flames are encircling him which symbolize the constant cycle of creation and destruction. The same fire which destroys is the one which creates. For something

new to be created something old has to be destroyed, but the new is nevertheless created out of old only.

So, keep your inner fire of dreams and passions ablaze to burn the archaic and build a world of our choice.

Shiva through his multitude of avatars leaves us with myriad lessons. As Bholenath, he teaches us the virtue of innocence. As Neelkanth, he drank the poison to save the world but he never let the venom affect his inner self. As Triambaka, he reiterates the need for vision and not simply viewing. So, go ahead and take a cue - whether it is dancing in bliss, or viewing beyond the vision of two eyes. *Bum bum bhole.*

# The phoenix from Kargil

## Call Me Hero, Survivor And Blade Runner

Sanya Goel, XI B & Samridhhi Agarwal, XI C, AIS Gur 43

Major Devender Pal Singh, the Kargil war hero and a survivor, rose like a phoenix from the Kargil battlefield. The proud veteran became the first Indian amputee marathon runner to run a half marathon with a racing blade and earn the title 'India's blade runner'. He has completed 18 half marathons and holds multiple Limca records. In an inspirational tete-a-tete with GT reporters, he shares his story...

**"Sikhism inspired me to become a soldier."**

Being a Sikh, it was in our daily routine to visit Gurudwara. It is at this holy place that I started learning the values and philosophy of Sikhism. And while learning these spiritual lessons, I realised the significance of martyrdom. It taught me every Sikh is a soldier. It was this belief in the philosophy of 'selfless sacrifice' that motivated me to join the armed forces.



Pic: Gokul Rana, AIS Gur 43, X D

Major DP Singh shares views with GT Reporters

**"Every thing that happens, happens for a reason."**

During the Kargil war, I was lying unconscious on the battlefield. I was declared dead but somehow they saved me by removing one of my leg. But that was not the end. That incident taught me that even an amputee can walk. I decided to participate in marathons and prove that disability has no relationship with human limitations. So, whatever fate you incur, remember it is for a reason.

**"Resilience and strength are the key to success."**

With an amputated leg, stepping on the running track was not that easy. There was a tussle going inside me.

It was a battle between my strengths and weaknesses. This one was indeed the toughest battle that I had to fight. My weaknesses told me to rest and give up. But, my strength and resilience motivated me to run and complete it successfully. That day, I won over myself.

**"Change is within us."**

We keep on finding fault in things around, hoping to change them someday. What we fail to realise is the simple fact that most problems can be solved simply by changing our perception. I firmly believe that the biggest change can be brought about not outside but within oneself. So, be the change you want to see.

## Rapid Fire

**First and last thing I do in my day:** Pray

**I am thankful for:** Everything that is happening in my life

**My inspiration :** My life

**My favourite subject in school:** Math, despite the fact that I wasn't very good at it.

**In my free time, I:** Ponder about my actions.

**Most important quality in a person:** Sense of responsibility

**A memory of the army I'll never forget:** Getting my commission

**Favourite food :** Anything that is served with love

**Role Model:** Terry Fox

**Favourite movie:** Anand

**"Challenges shape you better."**

When you step on the battlefield as a leader with the team, you have a sense of responsibility towards the team and also the challenge of accomplishing the task. What you learn in the process is the quality of 'leadership', 'teamwork' and 'execution'; all shaping you better for the next challenge.



Major Devender Pal Singh