



Female pandas ovulate only for two to three days a year in around August and September.

Letter from an introvert

From The Heart Of A Social Recluse

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Dear extrovert, hi! I am an 'introvert', the dictionary meaning of which commands that I am a shy person whereas the popular definition dictates that I am reserved. But this does not mean that I do not believe in human interaction, but rather that my choice of humans for such an interaction is very selective. Yes, my hobbies include observing minuscule details and spending time alone. This is how I recharge my mind to be socially able again, and the cycle goes on. You do get the drill, don't you?

It is sad when my love for keeping to myself earns me the label 'misfit'. If I am a misfit, then so is the extrovert who goes on blabbering forever. Just because they are able to camouflage themselves in groups; doesn't mean I am the jigsaw piece with jagged edges.

Us introverts too have our own tastes, choices and opinions. While others prefer bubbly restaurants and flashing cameras, we prefer coffee houses and a cosy book. We may not want to make small talk, but we are all ears if you had a tough day and want to talk all about it.

On days when I sit alone in a crowded room, I feel upset as well as relieved. Maybe my insecurities about being ac-

cepted take the better of me. When I see all of you going to parties, movies or just hanging out with your friends, I realise that even though I like being alone, it sometimes makes me lonely. We value quality time with our passions and our art, and we might never show it to anyone, but then again, who said we had to?

We are tiny rebels in silent packages. We are intense, raw and we may have our setbacks but we also come with a handful of positives which makes us different and unique. So before you judge us, try taking a look inside our colourful world and see the mesmerising life we live.

With love An Introvert.



What we actually mean

The True Meaning Behind What We Say

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“Zaroor aayenge milne agli garmiyon mein”: Have you ever had your extended relatives who stay in some other corner of the world (read: United States) constantly buzz you to visit them? And our desi retort forever remains, “we will surely visit you next summer” when we actually mean “No man, need some time to top up my savings first.” But, nonetheless, let's hope that awaited summer comes soon.

“Dekhte hain yaar!”: I guess it's safe to say that we Indians have commitment issues with the word 'NO'. We just can't let it out, even when it is required.

Rather, we use this subtle alternative 'dekhthe hain' to suffice the former. But hey, we all know the 'dekhthe hain plans' never really work out, or do they?

“Can I have a bite?”: We have been taught about 'sharing' and 'humanity' since the time we commenced our schooling years. But life teaches you other rule: to love food over others. The ones who ask for a bite but end up eating the entire burger are the ones who took this rule too seriously. But in their defense, how do you think you'd respond to “Can I have your entire burger?”

“Can you help me in one thing?”: Perhaps we fail to comprehend the difference between singular and plural. Have you

ever heard someone tell you “beta, ek kaam karoge?” Don't fall for this trap because invariably you'll end up doing ten things instead of just one.

“I am out of station right now”: We have our own desi versions of twisting words, quite literally. A tactic which we use when we try to avoid a certain call is: “Hey, could you call me later, I'm out of station”. While the guy who just called you was outside the Delhi Central Station too. Alas, not talking to someone can have varied meanings!

Nevertheless, we are so equipped to living in our own little world that funnily enough we interpret each other's verses the way it is meant to be. 🇮🇳

ENTER THIS ROOM WITH A THANKFUL HEART



Behind the door

Let's See What Our Rooms Truly Say About Us!

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If shoes are the mirror to a man's personality, then what do you think a room is? No, it is a lot more than a mere validation of a person's aesthetics; it is a reflection of the person living inside. Now, you can pretty much guess what your room has to say if you are still contemplating throwing away the chip packet left on the table that you ate last week, but to truly know more, read on!

Open the door to know more

The door to your room also happens to be the doorway to your core. The door of your room not only reflects your hobbies and interests, but also mirrors your temperament and disposition to a large extent. For example, if you prefer to decorate your door with signs and posters, then it signals that you are a person with an outgoing and sociable nature. It also means that you are more at ease in social situations as compared to the ones who prefer to keep their doors simple.

Being clean is not all about hygiene

If your room is well-arranged and has minimal decorations, it is suggestive of the fact that you are an organised



person with efficient reasoning abilities. The tidiness of your room conveys that you have a more organised way of thinking and are more likely to be stress-free because you took some time out to clean your room (you did, didn't you?). For the ones who have been consistently successful in keeping their rooms untidy, they tend to be more casual and easy going and often fail to stick to their commitments (just like they failed to keep up the promise of emptying that piled up chair).

Your beautiful wall has said it all

Now, you are either the kind who prefers to keep the walls of their room bare and clean, or you are someone who loves to hoard their walls with pictures, posters, hangings and what not. According to some studies, the former category consists of people who are often more sophisticated and

less clumsy, whereas the latter is generally bold and straightforward. And if you like to be a mixture of the two, then you are quite an anomaly.

Red, green or blue, which one are you?

Believe it or not, colours are not mere emissions of light, but they are the spokespersons of all the shades you are. People who often choose dark colours for their rooms are more likely to be adventurous. For example, blue indicates that you are a person with a no-nonsense attitude. People who are attracted to the colour pink are always looking for something new and different. Likewise, every hue has its own different explanation of your personality and reflects your characteristics.

So, what are you waiting for? Go and take a tour of your room in order to discover more about yourself.