

INSIDE



Shame shame, P5



Teacher's Day, P6-7

AMITe poll

Are you happy with Sony pulling out the character of Spider-Man out of Marvel Cinematic Universe?

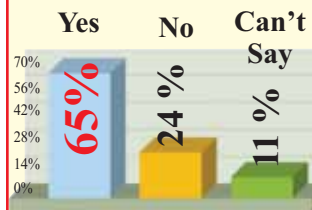
a) Yes b) No c) Can't say

To vote, log on to www.theglobaltimes.in

POLL RESULT

for GT Edition August 26, 2019

Do you think the Amazon rainforest fire will create an irreversible setback in the fight for climate control?



Results as on August 29, 2019

Coming Next

Hindi Diwas

Death by tradition

Loveena Garg, GT Network

Tikiri, a 70-year-old elephant, in extreme emaciated condition was recently paraded at Kandy Esala Perahera festival. The skeletal condition of the elephant could not come to light as the animal remained covered with colossal costumes through the parade. Despite its weakened state, Tikiri was made to go through the ordeal for ten consecutive nights with a rider on her back amidst fireworks, noise and heavy smoke. Outrage erupted when the elephant collapsed and pictures of the same went viral. While this cruelty towards animals may have come to light, we bring you other instances of human's inhumanity towards animals that went unreported.

Torture for cleanliness

What: Makar Sankranti
When: January
Where: Mandya district, Karnataka
Why: Makar Sankranti is the festival of farmers who celebrate it to worship Mother Nature for giving them a good harvest. As a part of tradition, these farmers make their cows, which are sacred to them, jump over a bonfire or walk through it, believing that fire will clean any germs that the animals have. This ritual, known as Kichu Hayisuvudu, is prevalent in certain districts of Karnataka. Pointless to say, it hurts animals both physically and mentally. And then the same people protest against cow slaughter!

Brutality for power

What: Umkhosi Wokweshwama or Umkhosi Woselwa

When: December solstice (Typically 21st or 22nd December)

Where: KwaZulu-Natal, South Africa
Why: It is the annual festival of the Zulu people celebrated at the Enyokeni Royal Palace in Nongoma. The Zulu king initiates the event by doing a tasting ceremony and then cutting down a calabash tree to indicate that people may now begin enjoying the fruits of har-

vest. One of the formalities of the festival is a black bull's sacrifice. Young men together kill the bull, resorting to beating and torturing the animal. It is believed that the sacrifice transfers the bull's power to the king. This horrible act has been excluded from the laws against animal cruelty under the country's 'cultural liberty' exemption.

Kill for nostalgia

What: Dolphin drive hunt
When: September- February
Where: Taiji, Japan
Why: Decades ago, Taiji was a town that was unable to provide rice, vegetables and water for its people. Therefore, people of the town used to hunt dolphins for their survival. What was a necessity then is a tradition now, for people still hunt these animals citing reasons along the lines of nostalgia and 'once upon a time'. When the government of Japan was pressurised by the activists to ban this activity, they saw the criticism as an attack on the culture of the people of Taiji.

Cruelty for good health

What: 'Lychee and Dog Meat' festival
When: June 21-30
Where: Yulin, Guangxi, China
Why: This festival was first celebrated in 2009 to mark the summer solstice. The unusual part of the festival is the tradition of eating dog meat. What is unusual for us is not so for the people of China who believe that eating dog meat during the summer months brings luck and good health and also wards off diseases. Animals are slaughtered inhumanely using clubs in public after being brought from other parts of China in cramped up conditions. Around 10 to 20 million dogs are killed for human consumption every year and while the festival is new, the practice can be traced back to at least 400 years.

Needless to say, animal cruelty is not a trend but an age-old tradition.



Imaging: Pankaj Malik, GT Network

Entrepreneurship 101

All That You Wanted To Know About Being An Entrepreneur

Alaska Kumar, AIS Noida, XI A

'Entrepreneurship' is the buzzword in the 21st century where everyone has an idea and want their own business. But the word brings in more challenges than appears at the surface. That is what GT reporter learnt when she caught up with Dr Sujit Banerji, director, National Science & Technology Entre-

preneurship Development Board, for an exclusive interview, during 8th AICE Olympiad valedictory ceremony. Having the experience of 2 decades in entrepreneurship, he enlightens us with excerpts from his book of knowledge.

tify an opportunity. Entrepreneurs don't view problems as hindrances but as opportunities. Secondly, entrepreneurs must offer extraordinary solutions to ordinary problems. Thirdly, access to technology, along with an understanding and ability to use the same, is important. In this technology-dominated world, there is no way that you can become a successful entrepreneur without tapping the power of technology. Fourthly, entrepreneurs are not scared of failure. Their idea may or may not work, but that does not stop them from going on.

Technology matters
Shaping entrepreneurship

Technology has played a pivotal role in shaping the way entrepreneurs function. Take a look at the telecom sector. Twenty years ago, the waiting time for an MTNL landline connection was 23 years. And today the same waiting period has come down to 23 seconds. At that point of time, nobody thought that such extensive communication would be possible using satellite, but now the same satellite technology has given us e-mail, apps, social media etc., each of which has helped in shaping the world of entrepreneurship.

The pre-requisites

Becoming an entrepreneur
The first quality of being an entrepreneur is the ability to iden-

Dynamic scenario

Evolving entrepreneurship
When I joined the Department of Sci-



Dr Sujit Banerji with GT reporter

Pic: Deepak Sharma, GT Network

ence and Technology in the National Entrepreneur Board in 1991, the situation was bad. All the industries were labour intensive, capital intensive and factories meant a huge infrastructure. But today, a single building has 5 companies working within, a co-working space. The government has created several mechanisms, whereby youngsters can come up with their own start-ups without much hassle. The infrastructure, electricity, net connectivity and telecommunication have improved. So, if you are a youngster with an idea that can change the world, there is no stopping you.

India on top

Being the next entrepreneurial hub
India has a large number of talented citizens, not only at the post-graduation level but at grassroots too. Add to that, the level of awareness in the present day

scenario vis-à-vis entrepreneurship. Today, every child is aware of terms such as self-employment, start-ups, etc. When these aware youngsters grow up, they know what to do and often have some idea of how to do it. And then there are government schemes that only foster the entrepreneurial spirit. Put all these factors together, and our country will be the next entrepreneurial hub.

Tips for the future

For the aspiring entrepreneur
For anyone who wishes to be an entrepreneur, look within and ask yourself if you have the passion to do what it takes. Do some soul searching. If you have the requisite qualities, then go ahead and chase your dreams of becoming an entrepreneur and in the process, you will be able to make dreams of many other people also come true.



Dr Sujit Banerji, director, NSTEDB

There's enough plastic in the ocean to circle the Earth 400 times.



India this week

Mansha Rapria, AIS Gur 43, VIII B

While we sit on our couch just breathing, a lot of things happen around us, and sometimes in our very own country. We bring you the ones worth mentioning.



Highest civilian award for PM Modi

News: The Prime Minister of India, Narendra Modi, has been conferred 'Order of Zayed', UAE's highest civilian award, by Crown Prince of Abu Dhabi, Sheikh Mohammed bin Zayed Al Nahyan. The award was bestowed on Modi 'as a mark of appreciation for his efforts to boost bilateral ties between the two nations'. The recipients of the award include world leaders like Vladimir Putin and Queen Elizabeth II.

Views: This honour is a testimony to the amicable relationship that India and UAE share. With them being our third largest trade partner, this friendship and appreciation for each other is what will take both the nations towards success.

Harshit Grover, AIS Gur 43, VIII D



500 air purifiers for Bengaluru

News: Bruhat Bengaluru Mahanagara Palike has announced the installation of 500 new outdoor air purifiers at traffic-heavy junctions to improve the poor air quality of the city. aTechTron, a software firm, will be installing and maintaining all the devices from the second week of September, starting with 100 installations in the first 3 months. Having the reach of 60-80 feet, the entire project is said to be completed in the next year and a half.

Views: Air pollution is a problem that plagues not just one state but rather the whole country, which is why air purifiers come as our saviours. Asthma and other respiratory illnesses are becoming very common, and since Bengaluru is the second asthma capital of India, after Delhi, this step is much needed and will let them breathe a little better. But the question of poor air quality still remains and just installing air purifiers won't solve the entire problem. We need to start caring about the air we breathe before it starts choking us.

Pratishtha Saxena, AIS Gur 43, X B

Historic gold for PV Sindhu

News: PV Sindhu created history when she won the final match against Nozomi Okuhara of Japan by 21-7, 21-7 at BWF World Championships. This made her the first Indian to have achieved this feat. Having won 5 World Championships awards, the Badminton Association of India announced a reward of 20 lakh INR to Sindhu for her historic performance.

Views: 'Failure is the key to success' – this was rightly defined by PV Sindhu, when she, after losing multiple times in the past, be it Olympics, Asian Games, two World Finals or even the National Finals, finally emerged as the winner at World Championships. She did not let her failures tear her down, but rather channelised all the passion and determination in the right direction, and today, she stands as the only Indian to have achieved that. The entire nation is looking at her in awe and she is inspiring more than a million little girls, teaching them the true meaning of women power!

Bhavini Singh, AIS Gur 43, IX A



NCTE shuts down 'bad colleges'

News: The National Council for Teacher Education is, for the first time, conducting performance appraisals of all the institutions under its supervision to shut down the ones that are not up to the par. With a 1:27 student-teacher ratio, NCTE has accused B.Ed course to have become nothing but merely 'a degree for marriage, not teaching' and thus it has decided to 'close down the bad colleges' of the country.

Views: Reinvention and renewal of the old, decaying and overused systems in all fields is the call of the day. Why should teaching profession not get that new lease of life, respect and authentication? The NCTE's chairperson has indeed taken a much needed and awaited step in calling for appraisals in performances of the teacher training institutions. This will definitely enhance the quality of educators who chose this noble vocation with the right spirit and do not merely seek a degree to enhance their marriage-market!

Shalini Ramaul, AIS Gur 43 Senior GT Teacher Coordinator

Around The WORLD

GT keeps the newswire ticking by bringing you news from around the globe



FRANCE

45th G7 summit in France

The 45th G7 summit took place from August 24-26, 2019 in Biarritz, France. Its attendees included leaders of the seven G7 member states and the representatives of the European Union. The several topics of discussion included matters of global trade, climate change, and taxing technology companies. Issues like the Iran nuclear deal were deliberated upon. The recent wildfires that devastatingly gutted Amazon forests were also given a considerate look.

RUSSIA

First Russian humanoid robot enters space

The Russian Soyuz MS-14 spacecraft carrying the first Russian humanoid robot FEDOR successfully docked at the International Space Station (ISS) on August 27, 2019 after failing in its first rendezvous with it on August 24. It was launched into space on August 22 from Baikonur Cosmodrome on a two-week mission to learn new skills and support the crew at the ISS.



NORTH KOREA

New rocket launcher a success

Under the supervision of the North Korean leader Kim Jong-un, a newly developed super-large multiple rocket launcher was tested at an undisclosed location in the country. The KCNA reported the weapons test as successful and as the country's attempt to develop Korean-style strategic weapons to counter military threats and pressure from 'hostile forces'.



INDONESIA

The country has a new capital

Due to traffic congestion, widespread pollution, overcrowding and regular flooding for decades in the city of Jakarta, the Indonesian President Joko Widodo is planning to change the country's administrative capital to a new city. Palangkaraya, in Borneo Island's East Kalimantan province is one of the front runners. Some researchers have said that Jakarta could be submerged by 2050 given its current state.

INDIA

Arun Jaitley passes away

Former Finance Minister Arun Jaitley, the man behind India's biggest economic reforms, passed away at the age of 66 due to health issues. His debilitating health had already forced him to opt out of Modi government's second run this year.



AUSTRALIA

A gigantic raft of volcanic rock

A huge pumice raft stretching over 150sq km that emerged from an underwater volcanic eruption near Tonga is drifting towards the Australian coast. The scientists see the raft as a traveling ecosystem that would bring the organisms that get attached to it into the Great Barrier Reef, thus restocking the imperiled reef.



News Flash

► **USA:** Scientists discovered a nearly complete skull of an early human ancestor that traces back to 3.8 million years ago, and has a blend of apelike and humanlike appearance. ► **South Africa:** Great white sharks disappear from the capital.



Plastic is the most common waste material in the ocean, with around 45,000 pieces in every square mile.

Summers of 2019

AUSS Made It One To Remember For Students From All Over India



Students engage in informative sessions and practical classes pertaining to their courses at the summer school

What: Amity University Summer School

When: May 27- June 7, 2019

Where: Amity University, Noida

Why: To gain an experience of college life in order to make an informed career choice

Who: 435 students pan India

Some head starts are essential in life. One such, much needed head start is Amity University Summer School (AUSS). AUSS is an innovative programme which gives school students an opportunity to experience college life and helps them in making an informed career choice.

Organised under the leadership

of Prof (Dr) Ajay Rana, vice president & advisor, Amity Education Group, AUSS emulates a globally appreciated concept of developmental programmes followed in leading universities like Harvard, Stanford, Cambridge, etc., because of their distinctive educational significance.

The two week programme, now in its 13th year, saw students engage in informative and practical institutional classes in the courses of their interest pertaining to various fields such as humanities, science, technology, management, economics and so on. This also involved students indulging in various sports and recreational activities like yoga,

horse riding, swimming, air rifle, squash, football, etc. Each activity and class aimed at teaching something new to the students, something they would imbibe and inculcate in their lives to be

better at things coming up later in their lives.

The summer camp came to a close with a glittering valedictory ceremony, wherein the students were awarded a certificate

“This unique concept not only gives a clear understanding about the journey ahead but also helps student in getting versed with university lifestyle and culture. In addition to this, meeting students from various locations who are studying from diverse schools in India and abroad allows student to know the world outside and make new friends.”

Prof (Dr) Ajay Rana
VP and Advisor, AEG

“When I came here I knew no one, but eventually I made friends from different states, cities and cultures. My experience in AUSS helped me understand what college life would be like and helped me grow. I particularly liked a Zumba class, where we were actually dancing by the end of the class.”



Priyanshu Rastogi, La Martiniere College, Lucknow

“Learning about film making and photography was most interesting for me. The teachers here are phenomenal. I hope to come to Amity again and meet these wonderful people.”

Megha Ghai, Delhi Public School, Noida

for their successful participation in summer school programme.

The occasion also saw students showcasing their projects and assignments, that they had completed during the ten days of summer school. They also shared their experience at summer school in Amity.

It was the well-rounded curriculum of AUSS which made it a catalyzing opportunity for the students to learn, grow and know about the world. It gave them an exposure and motivated them to tread on a path of self-discovery and self-awareness. It was a holistic experience and every school going student must experience it once in their lifetime.  

Amity Institute
for Competitive
Examinations

Presents



Brainleaks-283

FOR CLASS IX-XII

Which of the following statements is incorrect?

- In primary rainbow, red colour is formed on the top and violet colour on the bottom.
- A normal human eye cannot clearly see all the objects at the different distances.
- A beam of white light gives a spectrum on passing through a hollow prism.
- Aqueous humor maintains the shape of the front part of the eye.

Last Date:
Sep 6, 2019

3 correct entries win attractive prizes

Ans. Brainleaks 282: (b)

Winner for Brainleaks 282

- Sarvika Sharma, AIS Noida, VII A
- Nishchay Verma, AIS Gur-43, V C
- Harsh Raj, AIS MV, IX D

Name:.....

Class:.....

School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answers at brainleaks@theglobaltimes.in

Play to score a career

All The Cheat Codes You Will Need To Get Into The Big 'Gaming' Industry

Aditya Pathak, XI B & Gurekas Singh, X, AIS Gur 46

We all know the ideal *Sharmaji ka beta*, the guy all of us know because of his scintillating academic performance. But not many know the 'not-so-ideal' *Sharmaji ki beti*, who is a class apart from her brother (literally), and has an immense passion for games. Her mother however, doesn't share the same love, like many parents worldwide. One day, she confronts her daughter regarding her future career. Here's presenting a few excerpts:

Beti: *Maa*, please don't start now. I'm just a win away from the top spot on the global leaderboards.

Maa: Don't tell me when to start! Unlike you, I am worried about your future. Which seems dark right now, you need to stop all this.

Beti: (Ignores) where is this last guy hiding? (Sounds of shooting from the phone) Got you finally! Another big win in the pocket!

Maa: But no money in your wallet! Look at your brother.

Beti: Not again! I don't want to be like him. He is good in academics. My passion and strength lies in gaming. What's so wrong with that *Maa*?

Maa: And tell me exactly, what do you plan to do with gaming? Will it give you a career?

Beti: Of course, it will! Millions of people play and watch other people play daily! People live solely on earn-

ings based on playing games! You surely haven't heard of Ninja and Shroud. These are professional players who share their gameplay live on Twitch and YouTube for hours. They have millions of fans and they earn truckloads of money daily! There is a lot of money in gaming *Maa*.

Maa: *Beta!* You don't even have a professional degree or anything. You have to go to college to be something in life.

Beti: Don't be silly! There's no college for professional gaming! You just play for thousands of hours and practice every day. No degree required.

Maa: But gaming has no security! You need to work for years before you get famous. Or you need a miracle, and in India, you won't get one considering the field you are going in. If you actually love gaming, then why don't you think of getting in the gaming industry

with a certified occupation, like a game developer, beta tester, animator or something else reliable like that?

Beti: That is true; India doesn't really accept gaming. For working as a game developer, I will need to learn programming languages, so that I can work on creating the concepts and turn them into codes. I can design the art and how the game looks as a game designer, and I could write the plot and

create characters with credible biographies as a game story writer. Or I can play games before anyone else and try to discover any bugs that will need to be fixed, so that the consumers can have a great time playing as beta testers. What about Video game animating *Maa*? I can combine art and technology to create interactive animated images and environments for video games. In addition to traditional computer animation techniques, I will have to employ storytelling skills in game designs, as well as movie production skills, such as lighting, texture and movement. But wait, how do you know all these jobs?

Maa: I googled them. And these jobs pay out a lot, with average starting salaries as high as 100 thousand dollars! And for the requirements, you can join the best colleges such as the Full Sail University, University of South California, etc.

Beti: Alright, we are onto something now. I can participate in e-sports competitions. I will work on my Twitch and YouTube channels too and hopefully I will get ad revenues and partnerships with hardware companies. I can then work in big shot gaming companies like Rockstar, EA, Ubisoft, etc.! Oh, all this sounds so exciting! I am already up for it.

Maa: Exactly! And who knows, one day, you maybe capable of launching your own games or even become a professional gamer with millions of people following you.





Exemplary teacher



Dr Amita Chauhan
Chairperson

Coming September 5, the nation will be celebrating the birthday of Dr S Radhakrishnan - a great philosopher, exemplary teacher and a stalwart leader. Legend has it that his students at Mysore University loved him so much as a teacher that at his farewell, they decorated a horse cart and pulled it themselves from the campus to the railway station. There are many stories about him as a teacher. One day, while he was inspecting a class, a part of his regular routine at work, he realised that the teacher was delivering the lecture in a rather non-engaging way. A learned scholar with a penchant for reforming the education system, he told the educator that teaching should be a tool to develop a bond with the students and to gain the affection of the pupils. A teacher should earn their respect, not order or command it. As we pay tribute to one of the greatest philosophers and global leaders of our great nation, it fills my heart with immense pride and love to say that each one of my teachers at Amity is a reflection of the beliefs and philosophies of late Dr S Radhakrishnan. I see them engage with students to enhance their critical thinking and to make sure they are focused and grow up to become sensitive global citizens of tomorrow. They have imbibed and inculcated BHAAG in the life of every Amitian. I congratulate every Amity educator for nurturing our children to be good human beings first and then an achiever in academics or co-curricular activities.

As we celebrate this day with happiness, I urge my teachers to keep innovating, keep nurturing, keep inventing new pedagogies, for we always teach to learn and, in the process, learn to teach. Happy Teacher's Day! 🇮🇳

String of values



Vira Sharma
Managing Editor

Like every year, this year also I had the privilege of going through the essays written by staff and teachers of Amity Group of Schools as part of their annual essay writing competition for the fourth consecutive year. The topic 'I believe in the value of life. I believe we must prepare our children for tomorrow with the family values of our forefathers' tradition and heritage' was chosen by Chairperson ma'am, who is a paragon of values in herself. Reading through 1221 essays, lent me a new insight. Sifting through each one of them I could feel how deep and ramified are the core human values into the heart, mind and soul of every Amity educator.

Herein, I would like to share one story written by a teacher. It goes as... Once there was a child who was flying kite with his mother. As his kite surged high into the skies, the excited child asked his mother to cut the string so that the kite can fly higher up. When the mother refused, he cut the string himself. His excitement was short-lived as the kite flew for some time and then fell down. His mother smiled and said, string only balances and gives correct direction to the kite flying so high, if we cut the string the kite will lose its direction and wavering through thin air will fall down. Same is the role of human moral values in our lives. We are like the kite which strides high. Our human core values are like the string which keeps us guided and balanced. As we can pull the string and bring the kite to balance if it waivers similarly in life whenever we falter, our values act as our grounding force and restore that balance. 🇮🇳

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Superficial reality

Everything Wrong About The Routine Of A GenZ Teenager

Avi Prabhakar, AIS Vas 6, XII E

With groans and sleepy eyes, he felt around him for his lifeline: his mobile phone. Shutting off the alarm, he logged into his profile @4everrookie and came face-to-face with the world there was to see and witness in all its virtual glory. As his feed was bombarded with #IWokeUpLikeThis selfies, he knew the day had begun.

Shut behind curtains, he didn't really need sun as the indicator of the start of the day when there was Instagram.

Engrossed in jumping from one app to another, logging in and out, replying and liking, all the while being deaf to the calls of his mother from the other room. It was only when his screen turned black with 'Mother calling', that he paid any heed.

With noise-cancelling headphones blaring loudly in his ear, the screams of the people sitting three feet away from him were inaudible.

As his brother posted a #OOTD photo, the caps lock was turned on and words were typed at the speed of a million miles per hour. Being angry at the little one for 'stealing' his favourite pair



of shoes, hurtful words were delivered alongside angry emojis and GIFs.

Anger was conveyed and war signaled as both hit the 'block' button, only not face to face.

A notification from Facebook reminded him that it was Aman's birth-

day, his friend for the last 5 years. Frantically he looked through his gallery, trying to find pictures with him where he, too, looked good. With a page-long caption about friendship,

he posted the collection of photos and waited for a reply from his best friend.

Wishing the person called 'friend' in person wasn't a consideration.

Logging into his Snapchat account, he realised that the 'golden hour' sun had now changed into thundering clouds. As all his friends clicked and posted snap after snap from their balcony of the heavy rain and the hot cup of tea that accompanied them, he opened the weather app to confirm the situation on the outer net. He pulled away the curtains, clicking the rain from a thousand different angles to suit his Instagram theme.

With the caption 'Enjoying the rain', the photo was posted, and he was back in his room, without a single drop caressing his face.

As the day was about to come to an end, he quickly glanced at the headlines of articles in the Newspaper app, tweeting one or two in the process. With the 'Low Battery' sign, a yawn escaped him, too, making him realise of the low battery that was left in his own body.

Plugging in the charger, he finally locked his phone and himself in his blanket. As the moon shone bright behind the closed window, both went to sleep to power up for the next day. 🇮🇳

The dark knight

The Implausible Beauty In All That Is Black



Kaveri Mathur
AIS Mayur Vihar, XII E

When I look at the sky so vast
The stars shine bright
Due to the stark contrast
Against the black of the night

It is bold and beautiful
An amalgamation of all hues
It is rich and meaningful
In many cultures and views

A black dot is from where
All the bright colours emerge
Rainbows don't form out of nowhere
In black, all colours submerge

Trapped in the vast dark space
Stars that shine, suns that glow
Everything with life's trace
Floating in black, a flake of snow

It is only the toughest coal
Which as a diamond, shines
Beauty is within the soul
Not in how the colours align

Even through refraction of light
Beautiful things shine in lustre
Obsidian, tulips and the night
All things black are stunners!

As you walk beneath the Sun
Admiring its power and might
Don't forget to look back once
At your everlasting dark side

A piece of you that is by your side
One that knows you inside out
Sans it, you'll feel incomplete
Without the shadow following you

The world still discriminates
But the colour of our skin, you see

Does not ascertain your fate
Rather it enhances your beauty

It's almost ironic how
High melanin is degrading
But black also signifies power
The line of prejudice is fading

King of colours, wearing a crown
Black sits on throne with authority
A priest's cassock, a judge's gown
It isn't dull, just a symbol of vanity

Yet, in a rain of colours we drown
Underneath it, all black
Inside the heart that beats aloud
Red is a fairytale, it's all black

Yin and yang, the perfect balance
Between complementary forces
Without the black, the essence
Of white totally vanishes. 🇮🇳

GT M@il



Dear Editor,

This is in reference to the two interviews 'Service before self' on page 6 and 'A fairway to victory' on page 12 of The Global Times edition dated August 26, 2019. The end result of every draft that goes through a million edits, is the name of the editor printed in blue shining in glory. From an 8th grader trying her best to write short poems for the school newspaper to the Editor-in-chief of the school guiding other 8th graders, my journey with GT has been nothing less than prodigious. With time, it started to feel less of a responsibility and more of a habit to write for the newspaper. Having written for the newspaper for over five years, it has always been exciting to try different genres of reporting and writing, ranging from stories and poems to ground reports and interviews. When you take an interview, it pushes you out of your comfort zone and lets you understand perspective of others. I have learnt so much just by taking interviews of people from different professions and each one of them has been unique. I thoroughly enjoyed both the interviews that were printed in the last edition. I am grateful to GT for providing me with a platform to do so. 🇮🇳

Khushi Saxena, AIS Noida, XII I

Service before self

Working Towards The Progress Of A Woman



Issue: August 26, 2019; Page 6



Oil spills suffocate marine life to death and lead to behavioural changes of those that do survive.

Youth Power is an annual social leadership programme organised by The Global Times. It witnesses ten teams from Amity schools work on varied social causes in several stages. One of them is 'Panel Discussion' where experts from different walks of life discuss several aspects of the chosen social cause. Here's presenting the **last part** of this exclusive eight-part series, based on the panel discussions organised by YP teams, and a host of opinions as experts debate on 'Body Shaming', the cause chosen by YP team of AIS Vasundhara 1.



Shame Shame

All Those Who Body Shame Or Get Body Shamed, Try The New Game

Elimination of bullying

Understanding the concept of body image and how it works will save a lot of people from becoming a victim of body shaming. For this one needs to get rid of the negative perceptions they have about their body and not pay heed to the comments of people which will affect their own perceptions. Two things need to be controlled: exposure and experience. Body shaming comes under the bigger issue of bullying. Our focus is not to eliminate the bully, but the behaviour of bullying. Remember that beauty is a social construct. So, as individuals, we must practice



Rashmi Singh
Child Psychologist & Behavioural Therapist, *ACE Gurugram

empathy. The moment we learn to embrace our imperfections and uniqueness, it'll all be fine. *Autism Centre for Excellence (ACE) was launched with a mission to create a programme for children affected by autism and utilises standardised educational practices to teach functional and communication skills so that the children on the autism spectrum can lead a productive and independent life.

Learn to laugh at yourself

Everyone has heard of the Astavakra from mythological tales of Ramayana and Mahabharata. He was physically handicapped from eight sides of his body. Once when he entered the court of Raja Janaka, everyone started laughing at him. He looked on for a while, and then started laughing aloud himself. This got everyone confused. Hence, if anyone makes fun of how you look, follow the first golden rule: ignore. Or just join in the fun with them. Don't ever lose confidence in yourself because of what others think about you. Look at TV celebrities like Bharti; they are so confident with their bodies that they are capable of joking about it



Rajni Sharma
Deputy News Editor
Navbharat Times

themselves. The media who went crazy about the 'size zero' trend, has now finally started promoting and selling plus-size clothing, as they have begun to understand the demands of their customers. I'm so glad that we are now bringing in the concept of every single person being unique. One should always look at the other person in terms of their personality; not just elements of their physicality.

Parent's support



Renuka Akku
IT Consultant and mother of two

There will always be something about your looks that you will never be able to change and some parts are always in your control. For example, one cannot do much about their height, but can definitely control and take care of their weight. Don't do it because someone called you fat, but do it for your own fitness. You can pursue anything in life if you stay confident. Work on your core strengths and become the best version of you. If someone's comments or behaviour is negatively affecting you, the best people to talk to are your parents. Quoting a book, "Parents are like bows and children are like arrows. The more the parents stretch and bend, the farther the children go." They're your biggest pillars of strength as they will always help you overcome your inhibitions. Other than that, remember that your real beauty lies within yourself. It doesn't need any modification. You have the best gurus and the best institute; make the best out of it.

Believing in self

Dr Ashish Gautam
Bariatric Gastrointestinal & Trauma surgeon



As a doctor, I feel it is my responsibility to make it clear to everyone that there is a difference between being fat and obese. Every day, I see people asking for surgery to reduce fat, primarily because they have been shamed for it. Please understand that we do not conduct surgeries on anyone who is fat. We first conduct tests to check if they are suffering from any metabolic syndrome related to obesity. We also determine the patient's BMI and advise them surgery only if the ratio is too high. Also, we should remember that we are God's unique creations and doctors are not Gods. Please do not come to us if all you wish is to look like your favourite celebrity. Always believe in yourself, that you are the best. Nobody will ever be able to put you down if you believe in yourself.



Pranjali Jain
Dietician & Nutritionist

It is much worse than you thought

Body shaming can cause adverse medical conditions. Kids these days are suffering from anorexia and bulimia, which are basically psychological eating disorders whose roots are in the psychological after-effects of body shaming. When a person is dissatisfied with his/her body, s/he either stops eating completely or starts binge-eating; either way it puts the body in

a rut. In a scenario, where a person stops eating, it results in lack of nutrients in the body and subsequently sickness. As one is taken ill, they need to return to normal eating habits in order to overcome the illness, which consequentially leads to the person gaining a couple of kgs. Thus, this becomes a vicious cycle. Also, suddenly giving up eating, results in cravings, which only makes a person over eat. At the same time, over eating leads to weight gain along with a slew of other health issues.

So, either ways both over eating and not eating have disastrous effects on the body. And all of this stems from body shaming. So while the problem may appear to be simply taunting somebody about their body image at the surface, the consequences are way deeper. As for victims, please understand that body shaming is not only just criticising or commenting on others but it also includes criticising yourself. So, please enjoy your life and be satisfied with whatever you have.

It wasn't until 1993 that radioactive ocean disposal was fully banned and ratified by international treaties.



There are about 500 dead zones in the oceans created by pollution making marine and plant life impossible.

Words of wisdom and value

It Is Our Values That Make Us Who We Are And Choose Who We Will Become. So, Let's Imbibe Good Values, Say The Teachers Of Amity

PART I

Imbibing values at early an age



"Values to me is the little voice which comes from deep inside that helps us to do the right thing and deters from the wrong. It is the inner conscience that alerts us and helps us choose the right path. Also, actions by parents and teachers and the way children are treated in the formative years makes all the difference to their attitude as an adult. Surely, there will be adolescent issues and peer pressure as they grow up and move ahead in life but the value system instilled in them will come to the fore if the right example has been set before them."

Divya Bhatia, AIS Saket

Harmony between the old and new



"We dwell in a transitional society and the process of transition brings with it certain conflicts. The traditional methods of imparting education have become obsolete. We have been witness to a rather silent revolution that has slowly and steadily changed our thoughts and perspectives. Education plays a vital role in this total re-orientation programme. Therefore, teachers must build an atmosphere where there shall be harmony between old ideals and new trends. This harmony has the power to create the right conditions for desirable changes and advancements without losing its roots."

Sanjukta Paul Bag, AIS Vas 1

Constant in a world of variables



"With time, the way we live, is bound to change, something we call evolution. As a result of this evolution, everything ranging from our food habits to the way we think, changes. But amidst these changes, there are certain things that remain constant. These are the values and culture that we inherit from our ancestors. It is this very culture and values that we pass on to the next generation, thus binding generations together. This makes values the only constants in this fast paced scenario. So, let's try and ensure that each child gets his fair share of constants in a world of variables."

Neelkamal Singh, AIS Jagdishpur

Sloughing off materialism



"The Dalai Lama quote, 'Open your arms to change, but don't let go of your values' made me ponder over this inevitable struggle of life. Every day, our tenacity gets tested. Our reaction then determines our ethical values. But unfortunately, human beings and the society at large, today only care about their economic and educational growth, discarding the values of humility and love for all. Teachers then can help children to slough this materialism off and to learn the value of values by imparting life lessons. And since good moral values are moulded where love, faith and hope exist, let Amity be the one for all."

Amika Handa, AIS Pushp Vihar

Taking the legacy forward



"Kuch baat hai ki hasti mit ti nahi hamari Sadiyo raha hai dushman daure- zamana hamara. These lines by the great poet Allama Iqbal aptly suggest the importance of our heritage. An argument that often surfaces against traditions is the fact that they were formulated in ancient times, and thus, hold, less value today. But one cannot deny the significance of culture and the role it plays in shaping one's identity. As teachers, it is our responsibility to teach the significance of our culture and traditions to the next generation."

Aika Tandon, AIS Gurugram 43

How are you doing it?



"From immemorial times, the school curriculums have served an economic purpose. But thanks to the true educators for making an educational shift, from materialistic to moral, possible. Moral education encompasses moral socialisation, wherein a child is nurtured morally and provided with intellectual resources that enable him to make responsible judgments about difficult matters. Thus, inculcating moral values in children is very important but what is even more important and challenging is to instill them in a way that they don't become boring and preachy. Here, the role of a teacher becomes significant. I made use of some hands-on activities. How are you planning to do it?"

Manisha Bhatia, AIS Vas 6

Outside the classroom



"A classroom is a mosaic of differences, a micro-community with students of different ethnic and cultural backgrounds, diverse religious beliefs, different needs and aspirations. Hence, it is the duty of the teacher to create an environment that models positive value system and inculcates acceptance, tolerance and respect for differing beliefs, along with respect for our values and heritage. As a teacher, our role is not just to teach and guide but to lead by example, embrace diversity, allow students to explore varied situations and answers outside the realm of classroom teaching so that students are not confined to the four walls."

Shalini Agarwal, AIS Gurugram 46

Creating a better society



"As the experienced generation, we need to teach our children lifelong lessons of love and compassion, because it is only through these values, that the younger generation will take a step closer towards improving our society. If the future leaders are compassionate and just, they will create communities that coexist peacefully, building a nation that can progress on a greater level. As teachers, it is our responsibility to ensure that the physical, emotional, psychological and spiritual needs of our future generations are fulfilled, and this can only be achieved if we imbibe the right values in them from the very beginning of childhood as formative years form the foundation of a human and the society simultaneously."

Parvathi Subrahmanian, AIS Gurugram 46

Make your struggle worthwhile



"It is our utmost responsibility to our society and nation that we become useful to them. For that, we need to choose a path in life that is based on values. There's no doubt that choosing a value-based path will have its fair share of difficulties, but struggle is an inevitable part of life, so let that struggle be for a worthwhile reason. Remember, a life led by morals does not come naturally, you need to work for it."

Sunita Raghuvanshi, AIS Gwalior

Overcoming the directionless existence



"Practicing the traditions of our forefathers, children must walk tall into the next decade, nurtured and valued. Modern day is filled with angst, absurdity and tomfoolery. A directionless existence is what scares conventional educationists. What bewilders them is the impalpable sight of deteriorating human values, compassion, overarching materialism and prejudiced systems. The solution to this lies in our deep-rooted culture. Our culture is a beautiful amalgamation of significant values and as long as we have our children embracing the same, we are on the right track."

Kanika Chawla, AGS Gurugram

Our culture is our legacy



"Once we were having a session on RK Mission, wherein some students said that there is no logic or reason behind most of our Indian rituals and they believe that most scientific discoveries took place in the West. I tried to explain to them that this was not the case, but they were firm in their beliefs. Then, one day while teaching them 'Motion and Time' I made them watch a video of Konark temple and Jantar Mantar. They were astonished with the knowledge of ancient Indians. This shows that the generation today isn't aware, but if they learn about our culture, they'll respect it too."

Nirmala Bhatt, AIS Noida

Values are determinant of one's future



"Values are the foundation of anyone's life. They have a huge role to play in the development of an individual's character and disposition. As children, we are taught that it is morally wrong to be dishonest, that we must abide by the rules and must be sensible in our thoughts and actions. These values are imbibed in us by our parents and teachers. Anyone devoid of these values, cannot be relied upon to bring a positive change in the society, because it is these very values that also guide us towards reaching our goals through the right path."

Sarita Singh, Amitasha Saket

Inducing the right values



"I am not only a teacher but a mother of a five-year-old, too. Children at this age are tabula rasa, which is a blank slate. Anything you do leaves an impression on their mind which is everlasting. So the best way to teach them is by being an example. Practice what you preach, children are very observant. So, in order to imbibe in them the values of our forefathers, we have to show them that they exist in us. That's the only way to carry forward the torch of our civilization."

Gagan Saxena, AIS Noida

All the experiences shared in p6-7 are extracts from the winning essays, penned by teachers as a part of the fourth essay writing competition conducted under the guidance of Chairperson, Amity Group of Schools & RBEF, Dr (Mrs) Amita Chauhan on the special occasion of Teachers' Day 2019.

To be continued...

TOPIC
I believe in the value of life. I believe we must prepare our children for tomorrow with the family values of our forefathers' tradition and heritage.

Imaging: Pankaj Mallik, GT Network





The ABC of triple talaq

A Small Step Towards Empowering Women Means A Giant Leap For Humankind

Lakshya Dube, GT Network

As we walk towards the future, it is essential to outgrow the shortcomings of our past. India saw a remarkable moment in its history when The Muslim Women (Protection of Rights on Marriage) Bill was passed on July 30 in Rajya Sabha after being passed in Lok Sabha on July 25, 2019. This bill criminalised and prohibited the Islamic practice of triple talaq.

What is this 'triple talaq'?

Do you remember watching movies where the man says 'talaq, talaq, talaq' and the couple is divorced subsequently? That is triple talaq or Talaq-e-Biddat, a kind of divorce, wherein a man can divorce his wife simply by uttering the word 'talaq' thrice. This law came into being after Muslim Personal Law (Shariat) Act, was passed by the British government in 1937 prior to the independence of India.

Why is everyone talking about it?

Well, this is because 'Triple talaq' was a malicious practice which had been quite atrocious and unfair to Muslim women. It has been around for decades and gave so much power in the hands of Muslim males that they only kept oppressing women, who always lived in the fear of being abandoned unreasonably. They could be divorced at the drop of a hat. The whole concept of triple talaq is patriarchal at its core and had been banned already in many Islamic countries like Egypt, Iran, Bangladesh and Pakistan, as it was considered demeaning towards women. The triple talaq act will be a respite to Indian Muslim women and help them to rise and live a fair life.

If the law has been around for decades, then why abolish it now?

While the law was always unfair, in the recent times a lot of cases, where women were divorced at a moment's notice have come to light. One such case was the Shayara Bano case, wherein Shayara Bano was divorced



■ On May 13, 2017, the Supreme Court, before its final judgement, described triple talaq to be the 'worst form of marriage dissolution'.

■ Under the Tripal Talaq bill, Muslim women, who have fallen victim to triple talaq have the right to demand maintenance for her dependent children.

■ The historic verdict was passed by a 5-judge Constitution bench comprising justices from Hindu, Muslim, Parsi, Christian and Sikh community.

after sixteen years of marriage through speed post. With the advent of technology there were various incidents reported where a wife was divorced over a text message or a video call in an instant by her husband.

All Muslims must have been really happy about it?

Not really! In fact, the bill was met with stiff opposition and widespread protests from Muslim fraternity against the law.

If banning triple talaq is a good thing, then, why are people protesting against it?

There are several viewpoints. The All India Muslim Personal Law Board said in March 2017 that the matter of triple talaq is outside the jurisdiction. Banning triple talaq was seen and is still seen as a way to target Muslim men by the ruling government. Many argued why so much stress was given to triple talaq when there were so many more grave issues still prevalent in Indian society that must be looked into. Many Muslim leaders were scared that their domestic dominance will be compromised, and

Muslim women will be empowered. Thus, they tried to oppose the bill. Many Muslims are also of the view that triple talaq is an integral part of Islam and the government has no right to intervene in religious matters. As mentioned in Quran, any changes made to the laws, originally dictated by Prophet Mohammad, of the holy book, are null and void. Meaning, Islam does not permit changes. Thus, the triple talaq act, according to some religious groups, is null and void which acts as a deterrent in the upliftment of society as a whole.

Is triple talaq really a fundamental part of Quran?

No. Quran states that the best person amongst all of us is the one who is best to his wife. Hence, there was no reason why a law like triple talaq should've existed in the first place as no verse in the Quran sanctions something like it.

Yet, it continued to prevail for decades.

If Quran did not validate triple talaq, then where did it come from?

Its origin can be traced back to 600 AD, when in the era of caliph Umar, the Arabs were conquering Gulf and they wanted to marry the 'beautiful women' they took in as slaves, but, in order to do that, they were supposed to divorce their wives and hence the convenient concept of an instant talaq came into play which was later adopted by Muslim patriarchs. The whole concept was a result of false interpretation plaguing married Muslim women for centuries.

So, what happens now?

The new law against triple talaq makes sure that the practice is not only nullified but also criminalised. Anyone who attempts to divorce his wife by 'triple talaq' will face the jail sentence of three years. Also, since this law makes couple separation by 'triple talaq' void, it also gives rights to a woman if she wishes to take her husband to the court if he tries to dissolve a marriage by instant talaq or she can forgive if she wants, resolve and they can continue

Why ABC and not a β γ?

Article 370, Triple talaq law – as these terms hog the newsprint and drawing room discussions, they leave the young ones confused. The li'l ones grasp certain terms, without being able to comprehend their meaning completely. This special column aims at simplifying the news for younger kids, for misinformation can be one of the biggest vices.

their lives normally, giving the wife justified power to make a choice in a matrimonial relationship.

Will they not even be given a bail, while they are being tried?

Initially, triple talaq was proposed as an unbailable offense, which technically still persists as the accused cannot appeal for bail at the police station itself but the new provision allows the accused to appeal to the magistrate who can grant a bail after consulting with the wife of the accused. Making it a more sensible law for the accused too.

Then, does it mean we should go ahead with triple talaq, despite people protesting it?

The arguments now posed against triple talaq are the same ones that were against criminalising dowry and domestic violence. Some of these arguments state that Muslim women might use this as a way to exploit the law and get away with it. But, this is no excuse to carry forward such a chauvinist practice. Now, it is up to the judicial authorities and the Muslim women, who, after all these years have been served justice, to see that this law is not exploited and it is used to promote equality and harmony in the society and not fear and discord. Let's look forward to an equal and just society.





Approximately one truckload of plastic is disposed into the ocean every single minute.

Life teaches best



Wisdom tale

Fatimah Ahmed
AIS Gurugram 43, VII

Ms Ruby Smith loved children, which was one of the reasons why she took up teaching at such a young age. She was so good at her job that her students loved her back with equal admiration. But, there was one girl in her class who could never understand Ms Smith's love. Her name was Mary. She came from a rich family and felt that she was entitled to everything. One day, Ms Smith detained Mary after school for not finish-

ing her assignment even after repeated reminders. This made Mary so furious that she went back home and cooked up some false story to put Ms Smith in bad light. Believing Mary's lies, her father wrote a letter to the school principal, describing Ms Smith's ill behaviour. Mary's father was trustee of the school; the principal couldn't just let go Ms Smith with a warning. So, even after Ms Smith tried her best to explain what had really happened, the principal had to fire her. Years passed by and Mary found herself teaching in a nearby

school after all the family's money was gone repaying debts. It was quite obvious that Mary didn't like her job very much, but it was all that she was qualified for. So, she settled. She faced all kinds of students each day, but she kept her patience until one day she had enough of this boy who just wouldn't listen to anyone. "One week's detention," she said. The boy did not like the way Mary had spoken to him. He wanted to take revenge and devised a plan with his friends. Alice, one of his classmate overheard their plan and said, "It's

Mary and Alice went to the principal to talk to her about the boy. Next day, he, along with his parents were called to discuss his behaviour

not right. She's our teacher. We must give her respect." The boys laughed at her and shooed her away. Left with no choice, Alice ran to Mary's cabin in the staff room and explained everything to her. Mary and Alice went to the principal to talk to her about the boy. Next day, he, along with his parents, was called to school to discuss his behaviour. After much counseling, the boy realised his mistake and swore to never insult his teachers again. Mary had learnt a lesson from this incident too, one that she should have learnt a long time ago. She was impressed with Alice and asked if she could visit her home to which Alice happily agreed. The next day, Mary rang the doorbell of Alice's house and was taken aback in surprise when the door was opened. Mary recognised the face immediately. No wonder Alice was such a smart child, she was being raised by Ms Smith after all.

So what did you learn today?
Always respect your teachers.



Majestic rainbow

Material required

- Paper plate (1)
- Cotton balls
- Glaze paper (4-5 colours)
- Fevicol
- Scissors



Method

- Take a paper plate and cut it into half.
- Take glaze papers of purple, blue, green, yellow, orange and red colours.
- Cut a long strip measuring 15 cm x 3 cm each of every colour.
- Stick each of these strips along the diameter of the paper plate, so that they are hanging from the plate.
- Paste cotton balls on the paper plate.
- Your rainbow clouds are now ready.
- Hang them on your wall to make your room pretty.

It's Me

Know Me
My name: Aarna Balhara
My school: AIS PV
My Class: I
Born on: October 29

My Favourites
Book: Colouring books
Game: Teacher-teacher
Mall: Select Citywalk
Food: Dal chawal, fries and ice-tea
Teacher: Priyanka ma'am
Poem: God's love
Subject: Math

About Me
Role Model: Mom
I love: Traveling
I like: Dancing & painting
I dislike: Fighting
I want to become: A dancer or an artist
I want to feature in GT because: I love this newspaper and I would like everyone to know more about me.

POEMS

Amazonia

Soham Roy
AIS Vasundhara 6, V E

Amazon is our largest rainforest
It is the densest and strongest
Nine nations enjoy all it offers
Whether Brazil, Peru or Ecuador

Francisco de Orellana fought for its land
Saw women fighting alongside the men
He named the rainforest Amazon
Where unity, love and nature won

Several tribes live inside the forest
Putting their different cultures to test
It is the home of a thousand species
Majestic pink dolphins and manatees

16000 types of trees are found here
And this land once knew no fear
Absorbing tonnes of CO₂ every year
Producing 20% of our O₂ for every dear



They stand as the lungs of our world
We should be thankful to mother earth
But today the Amazon is on fire
Let's stop the flames from getting higher

Plumes of smoke can be seen from space
We might lose it if fire doesn't slow its pace
This rainforest has been burning for weeks
We must act now or it will turn into heaps.

My mother

M Shriya, AIS Gwalior, II A

You are my favourite angel
I want to make this clear
You are the beautiful soul
Who brought me here
You are above the rest
You are truly the best
You showed me light
Told me what's wrong and right
I love you more than any other
I am glad, I have you as my mother.



COLOURING FUN



Email us the entries to: editor@theglobaltimes.in and the best entries will be published in GT.

Best entries for colouring fun



Anishka Yadav, AIS Gur 46, IV D

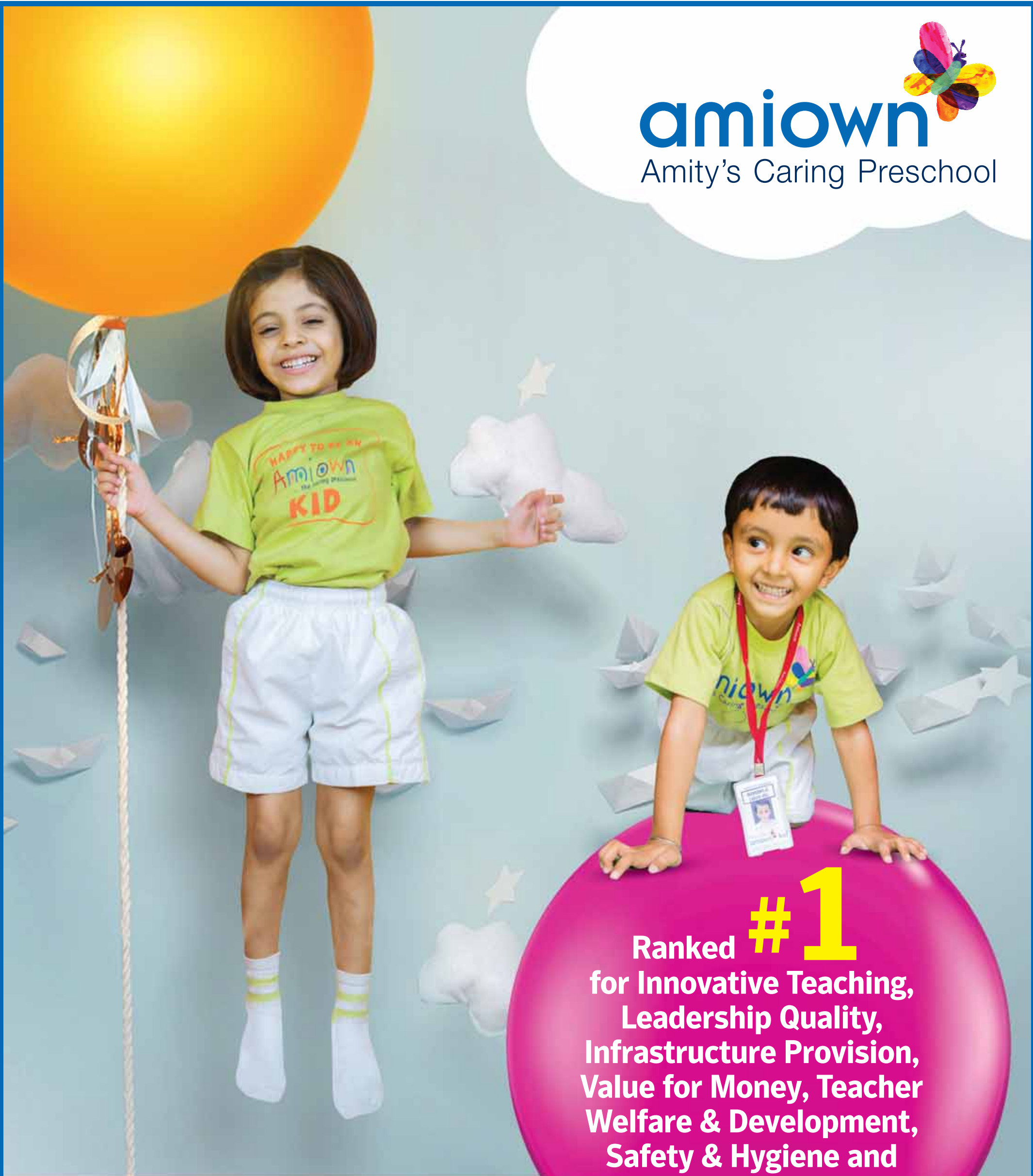
Kiana Gupta, AIS Noida, KG J

I wish...

Avisha Vijay, AIS Noida, II

If I got a magical lamp today, I'd say:

- 1 Everyone take care of mother nature by not being litter bugs, saving water and planting trees.
- 2 All people love each other and live happily without fighting.
- 3 All street kids have good clothes and lots of chocolates to eat.



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Over 100,000 marine animals die every year from plastic entanglement and ingestion.



School principal Divya Bhatia and guests felicitate winsome Amitians

Quizzat 2019

A Buzzing Quiz Extravaganza At Amity

AIS Saket

Third edition of inter-school quiz competition 'Quizzat 2019' was held in school from July 11-12, 2019. The two day quizzing extravaganza saw students from 28 schools of Delhi/NCR take part

in the competition. It was held in two categories namely Business Technology and General Quiz and comprised several rounds like connect, take your pick, visuals, audios, progressive clues, etc. During the quiz, students in the audience also got an opportunity to participate when none of

the participating teams could answer the questions. Each time they answered correctly, they were awarded with chocolates. AIS Noida won the first runners-up award followed by AIS Saket at the second position while the rolling trophy was bagged by Modern School. 🇮🇳

For greener earth

Let Us Plant One To Save Our Planet



Amitians plant the saplings for greener earth

AIS Vasundhara 6

School students participated in a plantation drive held on August 9, 2019 by UP government to celebrate 77th anniversary of the Quit India movement. As a participant, the school undertook 14 other schools of Ghaziabad district under its wings and together they all planted 5100 trees. Every student of the school brought a sapling and planted trees in the nearby areas of the district for a cleaner and greener environment. This green endeavour of Amitians was highly lauded by the District Inspector of Schools. 🇮🇳

AIS Gurugram 46

Decoding the victory

Amitians Triumph At Google Code-In

Two students Anurag Parida (XII A) and Oorjiti Chaudhary (X J) won the Google Code-in, a seven week long challenge held from August 29 - December 27, 2018. Both the participants won an all-expenses paid four days trip to Google main campus and San Francisco office in California from June 9 - June 13, 2019 for the official felicitation ceremony. The winners were awarded a Google Pixel-3XL phone, Google Home Mini and lots of other Google merchandise. They also got an opportunity to interact with the engineers from Google and interact with the staff of their mentor organisation.



School principal Arti Chopra with the winners of the challenge

The contest is designed to introduce pre-university students (13-17 years) to open source development. All the participants were given tasks like coding, design-

ing, documentation, research and testing to win the prize. Google Code-in 2018 had 54 grand prize winners from 19 countries, Amity being out of them. 🇮🇳

Winsome at waters

Swimming Champs Take Home Glory

For the first time, the school hosted district swimming championship for boys and girls (U-14 / U-17 / U-19) from August 1-2, 2019. The state-of-art new swimming pool of the school saw 150 students from 24 different schools of Gurugram take part. The competition was inaugurated by chief guest, Raj Yadav, district sports officer. Khushi Dahiya (XI D) won the first prize in 400 mts and second prize in 200 mts and 100 metre free style category. Aryan Modi (X A) bagged three gold medals in 50 mts, 200 mts back stroke and 400 mts individual medley categories. Aditya Thakran (VII B) won first prize in 400 metres and second prize in 100 metres



Swimmers get ready to swim to victory

free style category and third prize in 100 mts back stroke category. Winners were felicitated with cash prizes and certificates.

Aditya and Aryan have also been selected to compete at the state level of School Games Federation of India (SGFI). 🇮🇳



School principal Meenu Kanwar with newly elected members

A vow for a cause

Interact Club Installation

AIS Mayur Vihar

Seven newly appointed Interact club members of the school were initiated into the club through an 'Installation Ceremony' held on August 6, 2019. The programme commenced with lighting of the lamp amidst the chanting of *shlokas*. The newly elected members were awarded badges by school principal Meenu Kanwar. To celebrate the occasion, Indian music choir of the school mesmerised the audience with their scintillating performance.

The members showcased a presentation of the services provided by them in the past and also shared the outcomes of their efforts. The newly elected members pledged to give their best to realise the goals and objectives of the club.

The newly inducted members of the club are Lavanya Jain as president; Triguna Jain as vice president; Kuhu Saha as secretary; Kopal Srivastava as treasurer; Manas Pareek and Kaira Prasad as director club services and Juhi Porwal as the director social services. 🇮🇳

Raising day ceremony

With Pride, Soldiers Of Tomorrow Take Charge



Head master, Colonel RC Patial (Retd) and eminent dignitaries with the newly elected student council members

Amity Indian Military College

The college organised its 15th Raising day ceremony on August 2, 2019. The event was presided by Lt Gen (Retd) B K Bopanna, director general, Amity Indian Military Education Society as the chief guest for the occasion and various other eminent dignitaries.

The programme commenced with lighting of the lamp and *ganesha vandana*. Head Master,

Col RC Patial (Retd) in his welcome address enunciated the aim and mission of the school. This was followed by investiture ceremony, wherein the newly elected student council members of AIMC were conferred with badges. This was followed by cultural performances by young cadets. A skit based on the theme 'Illumination' was shown by depiction of the personal life of a soldier through a skit. A symphony of music comprising medley of patriotic songs left the au-

dience spell bound. Another play depicting Indo China war and the sacrifice of Indian soldiers for their motherland was also staged. The young students also gave a mesmerising performance of various yoga asanas. At the end of the ceremony, the chief guest motivated the cadets and enunciated the importance of good code of conduct in building of characters who would lead the nation in future. The programme concluded with a vote of thanks and national anthem. 🇮🇳

Fertilizer run-off decreases oxygen content in the oceans which finishes marine life.

All tops quotes contributed by
Shreya Naithani, AIS Pushp Vihar, V



A country of quacks

Doctors Doctors Everywhere, Not A Single Patient Treated

Tanya Ganguly, AIS Saket, IX

Tormented by fever and found solace in Combiflam – all of us have been there, done that. More often than not, we find ourselves rummaging through the first aid box, in search of something to ease a headache or we even make our younger siblings run to the pharmacy to get an antacid. And why not? After all, we are proud people of the land that believes in summoning the God of self-medication in hopes of healing ASAP.

We know the cause

The doctor will measure your pulse, examine you physically, look for symptoms and based on endless years of studying medicine and even more years of applying those studies, diagnose the problem. But we are Indians. One

look at the patient and we know the problem.

That unbearable tummy ache has to be a result of last night's *rajma-chawal*. Seethe of heartburn and you know its acidity. If you feel cold, it's because you drank Pepsi at your cousin's birthday party; the chances of it being a viral is a remote possibility. A headache is a result of you staring at your computer. Basically, we know the root cause to every problem because "Sharmaji ki beti ko bhi aise hi hua tha."

And the most prevalent cause of all illness is, of course, *nazar lag jaana*. We always have that evil neighbour, that overly curious aunty, that envious bua and what not. So *nazar* and the consequent illness that follows is inevitable.

We have the solution

If you're not at room temperature, Crocin is the answer, or Combiflam if you're about to burst into flames (which is practically not likely to happen at all). It is the same Combiflam that your dad gets complimentary from his workplace as a part of the safety week goodies.

And well, there's always Google. You tell it that you have cold and somehow it will translate into you having TB and a lifetime's worth of hospital trips. It's just better to let the cold grow on you. Sniff some Vicks and you'll be fine in no time. No time meaning, months without savouring the delicious smell of biryani. Good luck with that! For as long as the memory goes, trip to the hospital is the solution to the last straw, never the first option. Why go to the doctor for something when it can easily be cured at home? Why go to the doctor when we have Susheela aunty for first class second opinion.

Going to the doctor ruins everything – your monthly budget, your schedule, your idea of being immune to cancer, everything! This is why we have paracetamols and our unnerving ability of self treatment. But jokes aside, it's high time that we stop taking every illness so lightly and treating it at home. If you're so persistent to be a self doctor, then you might as well build a habit to visit a doctor whenever the need arise to make sure that your ward becomes a good doctor himself.

Imaging: Deepak Sharma, GT Network



#Insta_Aesthetic

Here Are Some Rules For Your Perfect Post

Karan Dhall, Alumnus & Kanu Garg, XII, AIS Gur 43

Once upon a time, Instagram was just another app where everyone shared their photos. Now, there are layers of planning that goes into a photo. Your followers are not just your friends anymore, they are your audience and to keep them engaged, you have to up your game every minute. What do you do? What do you eat? Almost every small detail. Well, after an intensive research, we have come up with the most precise guide to how you can perfect your #InstagramAesthetic.

Rule no. 1: Fairy lights & neon

What is a feed without those lights against a dark background or wrapped around you or whatever? These Diwali lights have become so famous all of a sudden that even Amazon won't shy away from selling them for 500 bucks. If you're one of those people who take months to take off their lights on Diwali (which we're judging you for), this is your time!

Rule no. 2: Photo of a photo

Buy a Polaroid camera, then buy its films and start using it in exotic locations and occasions. Make sure you don't use it a lot because, let's be honest, it's not very affordable. Now, with your phone, click a picture

of your polaroids and upload them. Genius, right? Now you have a photo of another photo on your feed. So vintage!

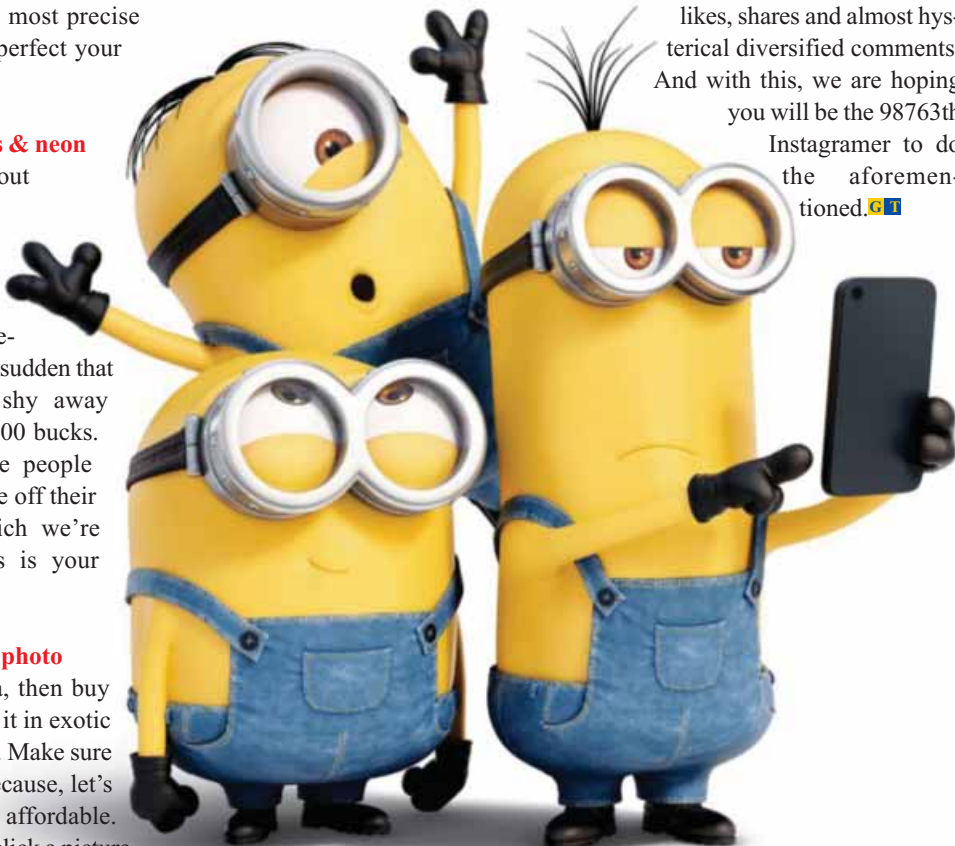
Rule no. 3: Wanderlust

Wanderlust is the genesis of nomadic predilections and as we plan through our travels, the lens is intrigued by the myriad world surrounding us. From that queer rock to the picturesque lake which you chanced upon; add charm to your already charming feed with a caption that says 'never settle.' No-

body has to know the reality, nobody has to know that you were crying by the river Hindon on your long way back to Ghaziabad.

Rule no. 4: Theme, theatre, thought

This golden rule is sacrosanct. Follow a pre-decided theme. Your feed must boast of a certain theatrical splendor – shadows, highlights, thought provoking captions that make your followers embark on a quest to find its true meaning. Brew all the three Ts into a nosh and your photo wall is all for likes, shares and almost hysterical diversified comments. And with this, we are hoping you will be the 98763th Instagrammer to do the aforementioned. 🇮🇳



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GT travels to Thailand



Advik Pathak, AIS Noida, I G, poses with his copy of The Global Times in front of James Bond Island in Phang Nga Bay, Phuket, Thailand. The island got popular after it featured in one of the Bond movies. Its distinctive feature is the the number of limestone cliffs that jut out of the emerald-green water vertically.

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