

With March being the month of International Women's Day, GT brings you a special edition, featuring women from different walks of life and exploring myriad facets of their world. As you sift through the edition, you will find every story celebrating the strength and passion of women.

INSIDE



With Delhi government announcing the set up of more than 100 charging stations by June 2022, do you think the move will boost the sale of electric vehicles in the capital?

a) Yes b) No

c) Can't say

To vote, log on to www.theglobaltimes.in

Coming Next My first day in school

THE GLOBAL TIMES

Why not you, girl?

Exploring The Adventurous Journey Of Women In The Field Of STEM

Stuti Kalra, GT Network

t was in 2015 that the United Nations General Assembly declared February 11 as the International Day for Women and Girls in Science, with an aim to reinforce that science and gender equality are equally important for a society's holistic development. Last month, the entire world celebrated the occasion with a plethora of events and performances acknowledging and applauding women who have made, and continued to make, valuable contributions in the field of STEM (Science, Technology, Engineering and Math). At the same time, seminars and discussions were held to create a meaningful dialogue so that women empowerment could be strengthened even further. While there is no doubt that, in the last few decades, women participation in STEM has increased, yet the question that often plagues more judicious minds is whether this participation has been enough.

Gender gap

Research shows that women and girls continue to face prejudice, either due to conservatism or plain gender discrimination, and although millions of girls enrol in STEM courses all over the world with a dream to make it big, they comprise only 28% of the workforce in STEM, with the gender gap being even higher in the lucrative fields of engineering and computer science. The world is still male dominated, and data shows that there are more women biologists and chemists than women engineers, architects, mathematicians, and computer scientists. According to an AAUW (American Association of University Women) report, even in a developed nation like the USA, only 21% of engineering students are women and only 19 % are part of streams like computer and information science. In India, the numbers are even more sombre, with women comprising only 14 % of scientists, engineers, mathematicians, and researchers. Further, only 25-30% of the PhD holders

in science are women. Social scientists have often rationalised this gender gap as a vicious cycle that sets in due to lack of role models. Young women see fewer women going into STEM, so they have fewer examples to follow and get inspired by.

Workplace stereotypes

Even though history has proven again and again that women perform just as well in these fields, women often find themselves stereotyped in the male-dominated field of STEM and choose to stay away from an unfriendly work environment. Sexism in the workplace, in fact, can take place in many overt and subtle ways. Less important roles, criticism about personal choices, disparity in salary and promotions usually are the reasons that despite a brilliant academic record, women succumb to pressure and several women who do pursue STEM careers finally quit in favour of a job where they feel more respected. The added societal pressure of getting married and motherhood also causes stress and exclusion for women in this field.

Future path

So, should we then assume a bleak future for women in STEM? Not at all. We have ample number of examples of women achievers - like Marie Curie, Ada Lovelace, Katherine Johnson, Rosalind Franklin, Kalpana Chawla and Ritu Karidhal to name only a few – who fought against all odds, be it patriarchy or racism, to become world icons we all admire. The change we need can happen. All it requires is intent and determination starting at the grassroot level. In educational institutions,

teachers must highlight the

historical contributions of women in STEM fields. Such an exposure will ensure that children understand how men and women both have made important contributions. At the same time, teachers can work with parents and STEM professionals to help engage young girls. At the workplace, stringent policies must be put in place to end gender discrimination. We need to instil in women the confidence that they are equal in every sense. There is no doubt that with more diversity and inclusion in STEM, the future will be bright for the world as a whole, not just for women.



Expressing expressions

In Conversation With Vaswati Mishra, Renowned Indian Classical 'Kathak' Dancer

Nandita Bansal, XII E & Prisha

nown for her unwavering passion for performing arts, Vaswati Mishra, founder, Dhwani performing arts centre, is an internationally acclaimed Kathak dancer. Considering dance as her language, friend, strength and consciousness, she has been an embodiment of the Lucknow Gharana's grace and power. In an exclusive interview with GT reporters, Vaswati Mishra shares all the essential ingredients in the making of the Indian classical artform.

Junoon

Initially, my kathak practice began as a hobby because I followed the footsteps of my elder sister. Fascinated by the power of storytelling through a dance form, I developed my passion to learn and go deeper. And in no time, kathak gave me a sense of fulfilment, satisfaction and happiness. That's the beauty that drove me so deep into the art form. To paint your canvas, it's important

helped me paint my own canvas.

Parishram My inspiration behind starting the 'Pandit Shambhu Maharaj Kathak Academy by Dhwani' was to take forward my father-in-law Pandit Shambhu Maharaj Ji's dream of bringing kathak to Delhi and help children learn kathak in the minutest detail. The biggest challenge I faced was in the arrangement of financial resources. Organising shows, touring, hosting events, conducting workshops, all required huge sums of capital which was always difficult to arrange. Similarly, 'Pehchaan', a monthly performance and education series was initiated in 2002, but again due to financial constraints it was kept on halt. However, I only saw my goal and faced each obstacle on the way, I never stopped and kept on trying. As a result, both the academy and Pehchaan series are

to be fascinated with all the different now running successfully.

Dheeraj

Given the current pandemic situation, technology glitches and space issues dominated the earlier half of our shift to online classes. It was a confusing time for the performing arts world. However, when one is in sync



with the arts, nothing seems impossi-'Eklavya', is a documented online training course where there's a wellstructured online class and interaction with gurus. The students can learn at their own pace and clear their doubts a number of times with their gurus. Today, the students have learnt to adapt to the technological change. Surprisingly, the flow of emotional connection remains the same on the virtual screen as experienced in offline training.

Abhinay

Indian culture is voiced through its literature, music, art and even textiles. Its art forms are an integral part of India's socio-cultural fabric. Does any event ever feel complete

without the sweet symphonies of 'sa re ga ma' or the 'jhun jhun of ghungroos?' No, right! However, the art sector in India is quite unorganised and it's about time that we realise the worth of performing arts. We should all work towards its preservation.

One of our programmes The dying influence of arts in our culture is the effect of cluttered, vague and diminishing understanding of the otherwise finer, intricate aspects of arts. There has to be a sense of belongingness towards each Indian classical form- from Rouf to Mohiniyattam- through festivals, school curriculum and public gatherings. Arts should not be treated just as a vocation or skill development but it should be inculcated in curriculum at the school level, not as an extra curriculum.

Abhyas

A study, whether about sports, performing arts or academics all require some basic and standard rules. Apart from that, you do not need some special talent to be a performer. You just need a good teacher and a good atmosphere. The rest is the outcome of your commitment and dedication. When your dedication towards your art is pure, and you put in your hundred percent, you will definitely manage to find a way to impute your dream and be a performer!

Vaswati Mishra, Kathak maestro

Around The

GT keeps the newswire ticking by bringing you news from around the globe

UKRAINE

ICC's 'zero tolerance' for crimes against children

The International Criminal Court has stated that the agency holds a 'zero tolerance' policy for sexual and gender-based crimes against children as the country struggles to fight off the attack by their neighbour Russia. Karim Khan, the chief prosecutor of ICC, made the statements after meeting with Ukraine's foreign minister and prosecutor general. The ICC has started a formal investigation into possible war crimes in





SOUTH KOREA

New record for COVID-19 cases registered

As per the Korea Disease Control and Prevention Agency, the country has now reported over 6 lakh new COVID-19 cases in 24 hours, making it a new record high for the nation since January 2021. The country also saw 429 deaths in the same day, and the overall caseload has reached over 8,250,592. Due to the increase in cases, a few restrictions have been put in place for public events, yet the government shows no sign of announcing lockdown.

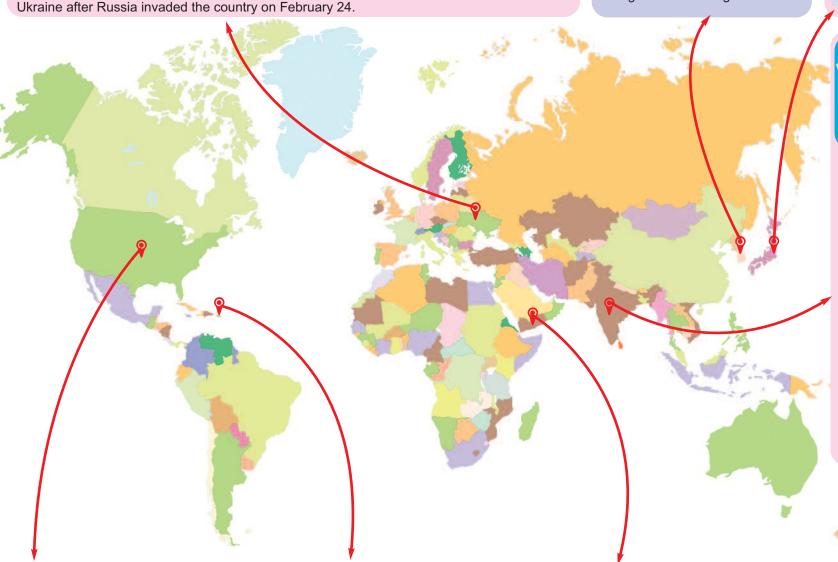


JAPAN

Earthquake triggers tsunami alert

Four people were killed and over 90 were left injured as a 97.4 magnitude earthquake hit the coast of the Fukushima region in the northern part of the country. The earthquake was noted to be at a depth of 60 kilometres and soon after it, an advisory for tsunami waves of one metre was also issued in the area. Due to the natural disaster, around two million homes in the disaster hit region lost power in the country, which was later restored by the concerned authorities.







INDIA

5-year e-tourist visas restored for 156 countries

The government has announced the restoration of 5-year etourist visas for people from 156 countries. They were suspended in 2020, but now have been restored to boost tourism and travel, an industry that suffered giant losses due to the pandemic. The tourists will be allowed to apply for fresh visas and the existing ones will also be legitimised again so that foreigners can stay in India for up to 180 days in a year.



First round of Grammy performances announced

The Recording Academy has announced the schedule for the 2022 Grammy Awards, all set to take place on April 3 in Las Vegas. It has also announced the first set of artists who have been confirmed to perform live at the event including big names like Brothers Osborne, BTS, Brandi Carlile, Billie Eilish, Lil Nas X, and Jack Harlow. This will mark the 64th edition of the award show and will be taking place at the MGM Grand Arena.



Karolina Bielawska becomes Miss World 2021

In a ceremony held at the Coca Cola Music Hall in San Juan, Puerto Rico, Karolina Bielawska of Poland was crowned Miss World 2021. Indian-American Shree Saini, representing USA, bagged the first runner-up title whereas Olivia Yace from Cote d'Ivoire was placed third. Upon winning, Saini shared her story of how she hails from Ludhiana, and is a facial burns survivor who has had a permanent pacemaker since the age of 12.





YEMEN

4.3 billion USD needed to deal with hunger crisis

According to UN, 4.3 billion USD are needed to solve the hunger crisis in Yemen or else 19 million people will go hungry. As of now, UN's World Food Programme was forced to reduce rations due to funding shortage. Tagged as the world's worst humanitarian crisis, three out of four Yemenis depend on food assistance to survive, and UN hopes that the attendees of the Geneva conference will help in meeting the goal.



NEW ZEALAND

Borders opened to international tourists after two years

The government has decided to reopen the country's borders to Australians starting April 12 and to international tourists from May 1 in order to 'accelerate economic recovery of the country'. The reopening was first scheduled for July 2022 but has now been moved up to May. Citizens from UK, Japan, Germany, South Korea, Singapore, and USA will be able to visit the country without a visa.



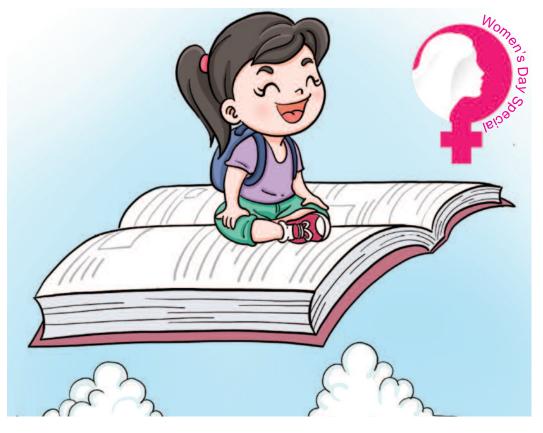
News Flash

► Australia: Sanctioned Russian oligarchs with links to its mining industry ► Brazil: Supreme Court ordered suspension of messaging app Telegram ▶ Pakistan: PM Imran Khan seeks court ruling over defections ahead of no-confidence vote

Since white chocolate doesn't contain cocoa solids or chocolate liquor, it isn't really a chocolate.

School chalein hum! Book Review

Roadblocks Along The Path To A Girl's Quality Education



Ishanya Sharma AIS Gurugram 43, XI A

iving in the modern times, it is sometimes tough to imagine a world where women weren't allowed to even be in the vicinity of an education centre. However, the reality is that women have always been given the short end of the stick, and such is the case with education as well. Though today, from our comparatively privileged seats, the ancient instances of being denied basic

rights sound too bitter, but what opens our eyes is that even though progress has been made, we are still not at the finish line. It comes as no surprise that girls' education still remains a neglected topic, despite it being an essential right. According to UN-ESCO, across the world, there are still around 129 million girls out of school, 32 million of them being of primary school age. Being kept away from education from a young age leads them to missing out opportunities of being independent, contributing

to society, utilising their full potential etc. Only 49% of countries in the world have achieved gender parity when it comes to primary education, and when we think of such low statistics, we think of the reasons as to why this is still an issue today.

There seems to be various reasons, the most common being straight-up gender discrimination that does not consider women even worthy of education. Education, especially in second and third world countries, is seen as an investment in a child who will

grow up and earn enough to take care of the family, i.e., the male child. Female children, on the other hand, are viewed as an 'outsider' who must be taught to keep the house and bear children so they can be married off and sent to their 'real' homes. Even if a family is willing to educate the girl, poverty ends up being a roadblock. At least 24 low-income countries report that poverty alone stands as the reason for at least 38% of gender discrimination instances, where, when a family has to prioritise a child, the male child is always put first before their girl child. Education is also seen as a costlier asset that yields less results for girls than boys, especially when backward societies remain persistent that the time, they "waste" studying can rather be utilised by them doing labour to directly earn or provide a helping hand in the upkeep of the family. There are also many other factors that stand in the way of a girl's education like early marriages, increased responsibilities, teen pregnancy, domestic violence, residence in a war-stricken area etc. Even the COVID-19 pandemic pushed girl students, especially the ones belonging to poor backgrounds, into dropping out to earn a living, increasing the global education funding gap to 200 billion USD per year. All of this stands as a proof that we are still fighting the battle for equality in education. GI

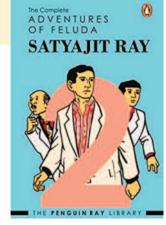
Rake in that review

Book: The Complete Adventures of Feluda

Author: Satyajit Ray Published in: 1988 Genre: Crime, mystery

ynopsis: The Complete Adventures of Feluda is a collection of four novellas that cover the story of the smart and intelligent Bengali private investigator named Feluda. Nicknamed 'the Sherlock Holmes of India', the books trace his adventures, with Tapesh, his cousin, and Lalmohan Babu, a thriller writer, as secondary characters. Throughout the story, they remain courageous travellers who are surrounded by complex mysteries, which must be solved by the titular character. As it is said 'Good men have more enemies', Feluda, along with his two buddies, fights off the criminals with great vigour. The collection offers readers a vivid depiction of the scenes, persuading them to imagine themselves being a spectator of the whole situation.

Why is it worth reading: Satyajit Ray has beautifully narrated all these crime tales from the perspective of Tapesh, which prevents the reader's attention from swaying away. A reader tends to already guess the climax and the culprit, but the brilliance of the book lies in its unpredictability, no matter how much one tries to guess



what is to come next. The lucid, gripping, and dramatic explanations of the events compel the reader to keep their head buried in the book till the tale is finished. And even then, it leaves them wanting more of the thrill. The seriousness of the events are also beautifully countered by various humorous incidents caused by the main sleuth's buddies. At the end of it all, the book's incredible plot makes it one of the most sensational pieces of works by Ray.

Iconic quote: "Last, but not least, this is most important you need a happy ending. However, if you can create tragic situations and jerk a few tears before the happy ending, it will work much better."

Rating: 5/5

Review by: *Deepannita* Mukherjee, AIS Gur 46, XI C

Work from nature!

Here Are Some Unique Careers That Take Office Space Outside The Four Walls

AIS Noida, XI H

ature has sublime powers that help us rejuvenate and improve our general wellbeing; the surrounding environment is such that it aids one to gain a fresh perspective. So, if you prefer to spend your week working in an outdoor setting rather than inside an office cubicle, here are some professions that would be perfect for a nature enthusiast like you...

Landscape architect

Landscape architects design parks, sanctuaries, campuses and gardens. With intense knowledge of flowers, shrubs and trees, they create an ecosystem for humans and nature to coexist. To pursue this field thus, attention to detail is a must. Along with that, one requires a relevant degree accredited by the Landscape Institute (LI), which means completing a three-year undergraduate degree plus oneyear postgraduate diploma in landscape architecture. These architects are particularly prominent in Australia, USA and UK, and their eminence is consistently on the rise worldwide. In India as such, the average salary for a landscape architect is around 5 lakh per annum.

Archaeologist

If you have a knack for doing a little digging (both literally and figuratively) and wish to explore prehistoric sites, this is the job for you. For researching fields of civilisations, will not only connect you to the history of any place, but also the richness its

S. Mysha Urooj & Savyasachi Singh soil holds. The prerequisite to work in the field of master's in wildlife conservation withal. archaeology is a four-year college degree (BA or BS). Usually, archaeologists major in anthropology or archaeology. The salary is around 3 lakh per annum; the employment rate for the same is projected to grow seven percent from 2020 to 2030.

Marine Biologist

This one's for the all the aquaphiles out there who find solace in the depths of water. As part of their job, marine biologists get to explore and analyse the dynamics of the underwater world. To enter this field of science, one has to complete a threeyear degree in B.Sc. Marine Ecology or any other life sciences. In addition to that, one can pursue masters in marine biology too. The starting salary offered for this career in India is somewhere around 3 lakh per annum, which can go up to 8 lakh per annum depending on your work profile.

Wildlife Biologist

As the name suggests, these researchers connect with the wild to study biodiversity and ecosystems. Their work entails tagging animals to their origins, habitats and preys. Currently, the average salary is 4-5 lakh per annum in India. Besides, job opportunities in this field are projected to grow by a whopping five percent between 2020 and 2030. As such, those with advanced math and computer skills will be at an advantage in the market. To make a career in this field thus, one can simply proceed with a bachelor's degree in biological sciences, and a

Environmental Scientist

Studying the environment needs science, and the researchers who collect this data from samples are called environmental scientists. These scientists research upon the global environmental

issues and propose solutions for the same. You'll need to have a bachelor's degree in a relevant subject such as environmental science or environmental engineering. It's also possible to get into this field with a related scientific degree. As far as remuneration is concerned, one can easily make up





reachtait funenburg

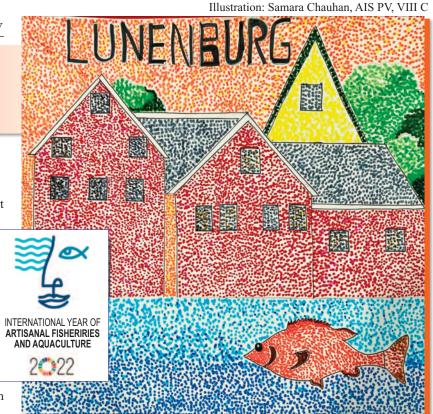
ivers, lakes, and wetlands are indubitably amongst the most biodiverse places on earth, but the diversity that dwells in them is often overlooked. As such, despite being vital for communities, economies, and ecosystems alike, scores of fish species today are heading towards extinction; fisheries that trade in them and provide employment opportunities to millions across the globe are increasingly shuttering down withal. Being mindful of the same, the United Nations has designated 2022 as the International Year of Artisanal Fisheries and Aquaculture in order to make us au courant with the catastrophe that awaits these marine miracles and ensure their continuity for the foreseeable future. Aiming to make this vision a reality, GT presents a brand-new series, wherein each segment will either cover an endangered fish species on the verge of extinction or a renowned fishing village in any part of the world in need of immediate human attention.

Samara Chauhan, VIII C & Samaya Chauhan, VIII A, AIS PV

Name of the village: Lunenburg The townlet is located in: Nova Scotia, Canada **Population:** 2,263

About the village

- Lunenburg founded in 1753 is a port town on the south shore of Nova Scotia province.
- It has a land area of around 53,000 square kms, which includes 6,700 lakes, 100 rivers, various brooks, and around 7,442 kms of coastline.
- ■The village is named after the Duke of Braunschweig-Luneburg, who later went on to become King George II of United Kingdom.
- The village was announced as a World Heritage Site by UNESCO in the year 1995.
- It has a history of colonisation where it was once occupied by the Indian village of Malliggeak/Merliguesche and later by a French community.
- ■The town still retains most of the original British colonial architecture and appearance from the 1800s.
- The major economic activities of the



place are fishing, fish processing, ship building, and market gardening.

■ There are two major historic buildings in the town i.e., St John's Anglican Church, which was built in 1754, and Zion Evangelical Lutheran Church, built in 1776.

About the fish population

The village is home to various water creatures like alewife, american eel, american shad, atlantic mackerel, salmon, atlantic and lake whitefish, brown bullhead, trout, chain pickerel, speckled and rainbow trout, rainbow smelt, smallmouth and striped bass, white and yellow perch etc. According to government statistics, there are around 38 types of fish species and 300 saltwater species that can be found in the province's fresh waters as well as estuarial and coastal waters. Amongst them all, the most sought after ones for fishing are trouts (brook, rainbow and brown), smallmouth bass, salmon and smelt.

life of fishers in the village

Fishing has always been a major part of the town as it made its name based on its offshore fishery, and even today, it stands to be the site of the country's largest secondary fish-processing plant. The Nova Scotia Department of Fisheries and Aquaculture keeps a check on the fishing in the area by providing two types of fishing licences – a general one and a salmon one. The harvest of the village plays an important role in its economy, and just in the year 2010, the licensed anglers of the area caught around 4 million fishes and retained 1.6 million of them. Since fishing is so vital, most fishermen learn fishing as children and hone their skills over time. They are trained right from their childhood itself to crest the waves of the crack in order to catch the best fish. Thus, it comes as no surprise that most of them are skilled to catch fish according to the climate and time of the day.

The hardships faced

The fishermen of Lunenburg have to go through a lot of hardships and hindrances on a day-to-day basis. The citizens of this village face extreme poverty due to the high heating costs, rising food bank usage, and old-fashioned apartments run by slumlords. The distance of the basic amenities from the village adds to the difficulties of the villagers as the grocery, clinics and food banks are settled far away from the village. Even the excess amounts of fishing has led to a decline in the population, marking a dent in their

The efforts made

The village has been facing various issues, which is why UNESCO has come to their aid, claiming that it is in need of dire help. The licensing rules of the village helps curb illegal fishing that might harm the population, and everyone helps each other in keeping the community afloat.

Da Vinci code

Getting Acquainted With The Coding Language System

Manya Bhatia

AIS Saket, XI E

code, but even when we are surrounded by this coding system that makes us feel like we are in some sci-fi computer hacking movie, have we ever stopped to wonder what it actually means? From social media applications to websites, from one-stop shop destinations to what not, it is everywhere, so let's acquaint ourselves with its basics before we continue living surrounded by it.

One – what is coding?

Coding is the process of communicating with computers using a set of instructions that directs them on the type of action they should follow. It entails developing, analysing, and profiling the accuracy and implementation of different algorithms in a specific programming language. All these coding processes are referred to, in common terms, as computer programming, where various programs are developed to perform specific functions. Since IT sector is growing at a faster rate than anyone can keep track of, knowing coding will open various doors for you and your career. Not only that, but the point of coding is to create new and cooler things, like websites or apps, which you can do and create on your own if you know coding!

Two – what do I need to know?

Have you ever heard of Da Vinci Code? Yes, it is an excellent novel, but the name is just as

relevant in the world of computers as it is in literature. There are two main terms you will need to know when it comes to coding oding this, coding that – everything DaVinci and Python. DaVinci is a tool that is ent streams like machine-learning web design you touch requires a special unique used to create media content as well as mobile and developments, system administrations, applications, whereas Python is a general purpose and high-level programming language. Both of them are extremely important for coding. DaVinci aids the designer in their web application developments, and Python supports the various paradigms of the coding like object-orientation and functional programming. There are also other languages like Java and various other operations, which are pretty common and popular, but Python and DaVinci stand out because they are both compiler-based and interpreted, making it easier



for errors to be identified and resolved. Python, in particular, has an in-built library support and has various library sets for differweb-scraping, GUI developments, and even software developments. Overall, both of them are important names in coding, which means you need to know them if you are planning to be a serious player in the field.

Three – what genres can I try?

Coding is the art of science; scientists with coding proficiency have proven to be skilled researchers who use programming language as statistics, and even analyse packages to unlock creativity and make work easier. Coding helps data scientists visualise data. When it comes to coding, there are various fields that one could engage in. The obvious one is computer programming, the process of creating and maintaining the source code for different computer programmes. There are also other options like line coding, which help represent digital data through a transmission line in telecommunication; source coding that aims to encode information using fewer bits than the original code; coding theory where you can study the properties of codes and teach them to others as well; and channel coding where you aim to control errors in data with unreliable channels.

Coding, in the world of computers, offers a large variety of options to the ones who are willing to step into the water, so the only question is – are you? GIT

A noble discovery

n the occasion of International Women's Day, GT brings to you a special series 'Women in STEM', where each column would introduce the readers to a woman who brought notable change in the field of science, technology, engineering, and mathematics. Here's presenting the first woman in the series, Marie Curie, the one who discovered radium and polonium.

Ruchita Nair AIS Mayur Vihar, X D

We all know now that it was the discovery of radium, by Poland-born Marie Curie, that fundamentally changed our understanding of radioactivity. It was for her pioneering research in science that she won the Nobel prize in Physics in 1903. She was also the first person and the only woman to win this top honour twice, the second Nobel coming to her in 1911 in the field of

Chemistry. It all began when Curie started studying two uranium minerals, namely pitchblende and torbernite, and she noticed that her electrometer showed pitchblende to be four times as active as uranium and torbernite twice as active. She concluded that the two minerals contained some other substance, although in a small quantity, which was far more active than uranium. Eventually, Curie and her husband Pierre ended up process-



ing tonnes of pitchblende to finally obtain radium, the most elusive of elements. Radium was not the only element Curie discovered. She was also able to isolate another radioactive element, which she named Polonium after her native country. She developed mobile radiography units that were known as petites Curies or little Curies. In the post-war years, she toured the United States to raise funds for further research on radium. Even when she was in the last stages of her life, she didn't stop her research. She is someone we will always look up to, in work and in life.



Behind the scenes...

Chocolate was used as a type of

currency and was considered as sweet gold in ancient Aztec and

Mayan civilisations.

Of A Woman Rooting For Her Own Man!

Tushar Jain, Alumnus, AUUP

Te have all read stories of successful entrepreneurs and even been inspired by them, wanting to carve a name of our own just like they did. Even more inspiring are the stories that lay behind the scenes of these entrepreneurial journeys, the stories of women who have stood tall behind the scenes. Kavita Kharyat, director, Contify, has traversed a similar path. Having been in IT services for over a decade, she tested all kinds of software, but it was time for her to test new waters when her husband decided to give it up to pursue his entrepreneurial aspirations. Read on as we bring to you the story of her risk-taking adventure!

What was the first thought that came to your mind when your husband told you that he wants to risk everything and become an entrepreneur?



'Terrified' was the first instant reaction. But then I asked myself, "Am I being unreasonable by discouraging him to pursue his passion?" It was quite a journey of contemplation, reflection, and conversations to acknowledge, question, and validate one's feelings.

How did you convince yourself to support him despite so many risks at both personal and professional level?

Launching your own business is scary. Watching your spouse launch a business is scarier still, because you're not in control. You want to support your spouse, but you're also nervous - how will it affect your finances? How are you going to manage the household, especially given that there is a new-born baby? Since I was also professionally engaged and doing well in my career, supporting my husband to utilise his strengths in this entrepreneurial journey seemed daunting initially but the transition to getting convinced was rather quick.

There were definitely a lot of apprehensions, but what made the ride smooth was that there was nothing hush-hush in our journey, nothing hidden. Right from the day the idea of entrepreneur-

ship hit my husband, he had been transparent and engaged me in all conversations – we discussed several business ideas before closing and narrowing down on one. There was financial transparency and a dialogue of responsibilities that would come on my shoulders due to him moving towards this journey. The fact that I was valued and my perspectives and opinions mattered, too, played a huge role.

Since he was away dedicatedly working to build his company, how did you manage both work and home? Did that end up adding on to your responsibilities?

It was initially tough, especially given that I had to re-start work after my three months maternity break. We had to address questions like, 'Who

takes care of our kid when I am away?

Should I do flexible working hours? Any shifts?' The answer to most of these questions lay in 'planning' planning the week ahead, planning time for the family, planning vacations etc. I had to start my day early to be able to come back in time for my child and my home; I had to maintain discipline to ensure I do not carry work home, make sure I do take out time to spend with my husband to keep the channel of communication ongoing etc. I would also like to share that my in-laws have been extremely supportive and they played a huge role in helping us pursue our dreams.

Do you feel that, sometimes, in order to support your life partner, you have to compromise on your own goals?

I would be lying if I replied with a no. There are compromises to be made, but the key lies in finding a mid-point where one can pursue one's goals and still support their partner. After spending countless hours talking about our family and our company, our goals got aligned. We had several open and honest conversations. This helped me understand what was important for him and he understood what was important for me. And, now, both of us have common personal and professional aspirations. I don't think it would have been possible with-

out this alignment.

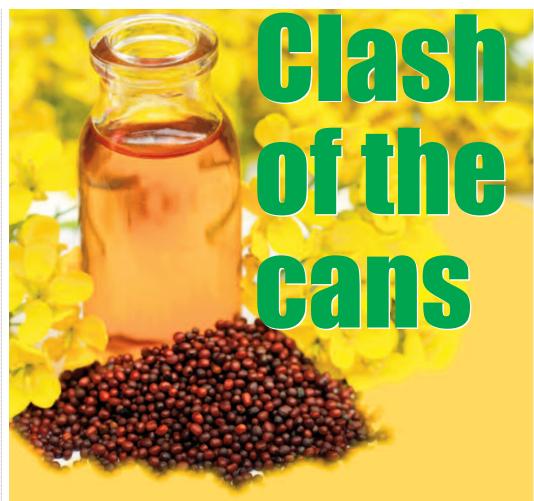
That said, as and when things streamline, the things that seemed as a compromise at one point don't hinder further to create the synergistic relationship. I am confident that I will get the same kind of support for my own journey.

What was the most challenging part for you through the entire journey?

Life is a bed of roses, as long as you are aware it brings with it the thorns! Just as this quote goes, I have had a fantabulous journey – a fulfilling one! It gives you happiness to see your partner sleep peacefully and I have immense gratitude! However, none of this came without its own challenges. The sight of leaving my three month old kid to head to work yet pricks me somewhere and brings forth the guilt. The long gaps before I could see my parents or maybe just being with my children anytime they call out for me, makes me weak at instances.

Overall, if you have to define your journey, especially during that phase, in one word, what word would you use?

Gratifying!



Hidden Gems Of The Indian Household

Dharaa Khare, AIS Mayur Vihar, VIII A

t looks like just another day in the Sharma household, except that it is not. The grandson of the house, everyone's 'jigar ka tukda' is sick just a day before the exam, and so all the ointments present are gearing up to be called to rescue him. As they sit in the waiting room, excepting to become the next avenger, a chit-chat ensures...



Boroline: Well, of course, all you distinguished gentlemen and women will agree that I, Shreeman Boroline, am the most useful item of all. I can heal all cuts and wounds on your skin I'm made from essential oils and paraffin I also have zinc oxide and boric powder So you know why my praises are sung louder! At this beautiful little rhyme from Shreeman Boroline, Miss Turmeric was rather jealous and decided to cut in.

Miss Turmeric: Well, you are certainly very useful Shreeman Boroline, but you'd be utterly useless if someone had a cold. Common cold, the most common disease in the world, is cured largely by me. At such a time of plight, all these humans, including the Sharmas will turn to yours truly – the cheapest and best-suited, homemade, and widely available in all Indian kitchens – Miss Turmeric!

I'm not just a weird yellow powder in a spice box kept to be mocked Consuming me can make your body as tough and solid as rocks You can have me with your Kadha or

can pour me in your milk I can make scratched throats feel as smooth and soft as silk!

Miss Turmeric looked slyly at all the other articles present in the room and smiled to herself. Mr Digene, however, took a moment and looked back at her scornfully.

Digene: Miss Turmeric, I must say that your

qualities can unclog clogged noses, make sore throats good as new, and make our immunity go through the roof, but I, Mr Digene, can cause relief unparalleled. Indian cuisine is so vast, but food items such as golgappe and chole bhature won't agree with your body without me. So, remember, when your tummy is Filled with acid and causes agitation Drink Digene! It contains milk of magnesia As it will cure all of your irritation! All of them continued to boast about themselves relentlessly and Ms Mustard Oil listened quietly, but as time progressed, she could stand their giant egos no longer.

Mustard Oil: Ladies and gentlemen, you all are very useful indeed, but households just simply can't do without me. I'm the primary ingredient in any food item. Not just while cooking, humans can even put me in their hair as well as on their bodies for various benefits.

You can put me in your food or your hair It'll make them strong and give 'em a flair I can end up helping you even with arthritis And count on me to also cure your dermatitis!

> Everyone had stated their case and were patiently waiting for the final verdict, but it was oh-so-hard to pick just one winner.

They were all so useful; cuts, wounds, coughs and colds, acidity to hair growth, they had a cure for anything and everything! The final decision was to be taken by the Sharmas who still were in a dilemma, but ended up saying, "Well, why don't we use them all? They all do a better job than Sharma ji ka beta even did!" As all the items were announced winners, they sighed and looked at each other with happiness. They realised that all of them were vital members

of the Sharma household as well as every other Indian family.





Be Yourself



True courage always lies in being yourself rather than imitating someone else. When you readily accept your flaws as much as you celebrate your strengths, you will always become a better version of yourself with each passing day. I am proud to see that

Harshita Pareek, of AIS Vasundhara 6, has already recognised this profound thought and has been able to weave an entire story around the idea of self-discovery. I am not surprised, therefore, that her story was awarded the third prize at the Annual Art Festival organised by The National Mission for Clean Ganga, Ministry of Jal Shakti and CBSE in collaboration with Kalantar Art Trust. Harshita has won this award in the English story writing category for children between the ages of 14 to 18 years. It is a laudable step on the part of organisers to have recognised writing as an art form and to have included it amongst the four competitive categories, others being painting, music and theatre. With a title as evocative as 'Be yourself, just do it', it is no wonder that Harshita's story has stood out from amongst lakhs of entries. When I read her story, what impressed me was not just the subject matter but also that she has used great creative imagination. Words flow so seamlessly that it feels she is simply pouring her heart out. Giving expression to one's emotions in the written form is not easy, especially when it is under the pressure of a competitive event. Harshita's achievement proves that to compose a great tale, one doesn't need to follow a trend, or use a tough language. All one needs is innate honesty and simplicity that reflects your own writing style because that is what finally appeals to every reader. At Amity, the aim of all educators is to instil in children the confidence to love who they are, and the fearlessness to walk on any path they choose. You can find true happiness only when you learn to be yourself. GIT

Women can do it all

Choosing An Unconventional Career Path Driven By Passion

Tushar Jain, Alumnus, AUUP

oday, one can witness an exponential advancement in the medical world, especially in anesthesia specialties and sub specialties. But there was a time when such sub specialities were unknown, and women as doctors were not so common. Shattering the glass ceiling right there and then, Dr Jayashree Sood, senior consultant and chairperson, Institute of Anesthesiology, Sir Ganga Ram Hospital, New Delhi, stood against all odds to become a successful perioperative physician. And what better occasion to celebrate and salute her achievements than Women's Day? Read on to know all about her trailblazing journey...

Early education

When I had started my career in field of medicine, education was not considered a priority for girls, but I was fortunate in that sense. My father was in the army and in no way was I ever made to feel inferior to boys. Leave alone basic education, higher education was the goal I was supposed to achieve from the very beginning. So, I have always had a positive experience in this respect as I received support from my family.



Managing both worlds

In our times, completing household chores and managing family were the two roles considered natural for women. But that is certainly not the case now. My husband who himself is a surgeon by profession has been a

constant source of support for me in this regard. Since he was senior to me and had successfully completed all his postgraduate examinations, he ensured that I did the same as well. So, naturally, the home front was taken care of by him while I prepared for my postgraduate exams, MD and then FFARCS (UK).

Overcoming odds

Every profession has its own set of challenges; likewise, this profession was predominated by men, but I consistently worked at par with male colleagues in terms of 'duty hours' and emergency duties to level out the same. As such, my qualifications, the several postgraduate degrees that I have to my credit, helped me make a mark in my career. This passion that I have towards my work is what keeps me motivated at all times. The fact that I have been working in the same hospital for the last 38 years (since 1984) gives me an inherent feeling of responsibility for this institution, which is a motivation in itself.

Words of encouragement

Your entire focus should be on completing your education. So, try to attain as many degrees as you can early on in your career while you are still young and have the zeal to study. Always work hard and remember, sincerity and honesty will go a long way in helping you scale new heights. Have a good work-life balance and make sure to sleep for seven to eight hours as a routine. Lastly, find a mentor who can help pave the right path for you, for the right inspiration can go a long way in shaping your career.

Women power



Every edition of GT is special to me, but the one that you are reading right now is extraordinary in more ways than one. To begin with, almost every page of this edition acknowledges and applauds women who have left an indelible mark on our

hearts and minds, whether it is in the form of a poem, an article, or an interview. When the entire world was observing International Women's Day on March 8, our team at GT was doing its own bit by putting together stories of iconic women, some of whom may be familiar to us and others who deserve every bit of the attention we are giving them.

So, our top story takes an insightful look into the issues of gender inequality and prejudices women face in the field of science while also showing us the way forward to reinvent the system. Moreover, you will find an amazing diversity in terms of content and style on each page. I am also happy to share that this edition marks the beginning of a brand-new series titled 'Women in STEM', and along with it, the birth of our very first columnist Ruchita Nair. A student of Class X D of AIS Mayur Vihar, Ruchita will take us into the remarkable world of women in science with one story every week. She shared this idea during an editorial meeting, and I am delighted that she has done full justice to what she had promised. You will find that her first story on Madam Curie in this edition is not just interesting but also awe-inspiring. This edition, in fact, is a tribute to the role women play in every aspect of our lives. Finally, no acknowledgement to women power can be complete without making a mention of our Chairperson, a visionary herself, who has always steered us in the right direction and given us the confidence to celebrate womanhood not just today but always. GIT

Do not lose control

Parental Control - Much Needed In This Era

Adya Srivastava

AIS Vasundhara 6, XII D

t indeed is true that parenting in the digital era is no easy task. Especially with the advent of online classes and lockdowns, both the parents and children need to be constantly online to be in touch with the world and stay updated on everything. With the rising usage, technology has also provided some solace to parents by introducing parental control apps that helps them keep their children safe from any virtual threats. Traditionally as well as technologically, it is the responsibility of the parents to safeguard their child from the dangers of the world not known to them, whether it is in real world or the virtual one. Though one can argue that the kids of the new generation are well-equipped with technology and are faster than their parents were, but we still need to keep in mind the fact that they are still kids and still naïve.

It is their parents' and any grown-up's guidance, wisdom, and maturity that will help them learn better lessons and train them to spot danger.

Yes, freedom in every way is fundamental for both our survival and growth, but with the new generation growing up surrounded by tech, being mindful of what they're doing with it is also the need of the hour. It will fall on the parents to ensure that they don't fall on the wrong tracks as well as ensure that they don't become lethargic and addicted to these gadgets. As accepted universally, everything comes with its own ups and downs, and so does technology, and maybe so does parental control. By allowing parents a restricted look into what their kids are doing, it enables them to monitor that their child is not in a dangerous setting, and intervene before the situation escalates. These parental control apps aren't meant to work as a third parent, but as a wall of protection between the children and

PARENTAL CONTROL OF THE PARENT

the dark side of the internet. Children have all of their remaining adult lives to work and surf without supervision, but we also need to prepare them for such by helping them understand these things from an early age. With the world losing morals for profit and any gain, cyber crimes have started to run rampant, taking advantage of people worldwide; kids are sometimes naive and don't understand what safety protocols to follow, what sites to open, and what to stay away from. In these times, parents need to step up and curb the usage of these sites from their child's web surfing.

Research found out that the parents who were less responsive to the autonomy asked by their kids are the ones who are willing to use the parental control apps. This somehow led to more risks faced by the teens including explicit content, harassment, and online frauds. This study was based on a survey of 215 pairs of parents and teens in United States of America. Another research found out that 79% of the reviews written by the students on the parental control apps on Google Play rated two or less than two stars out of five.

The children find the apps overly restrictive in their privacy, but one must remember, "Things on the internet are never really deleted so it's important to ensure the children aren't posting anything that could be used against them now or in the future!" So even though it might seem like an invasion of the child's privacy, it's high time the world realises that they have more pros than cons.





Dear Editor,

This is in reference to the article 'The end of an era' published on page 2 of the GT edition dated February 14, 2022. I would like to extend my heartfelt thanks to The Global Times team for publishing this immaculate article on the Nightingale of India, Late Shri Lata Mangeshkar ji. Nothing could have explained her legendary journey better than this piece. From her early life and her struggles, to her countless achievements, everything was beautifully explained in the article. She will always be in our hearts and a part of the Indian soul. Her calm and soothing voice had the power to heal and to empower. She may have left us, but she'll always be a part of India, of us, and the generations to come.

Adhisha Sahoo AIS Noida, XI M

The brave heart Chennamna

The human heart has always been stirred by tales of valour and adventure, and whenever we hear such stories, we cannot help but look up to those heroes who have chiseled their names onto the stone of history with the weight of their accomplishments. Such legends deserve to be celebrated and remembered for their bravery and all that they have done in the past to make the present better. Here's presenting the saga of one such warrior, Rani Kittur Chennamma, who changed the course of history for the better.

WARRIORS of INDIA_

Name: Kittur Chennamma Born on: November 14, 1778 Died on: February 21, 1829 Position held: Queen of Kittur, Karnataka Noteworthy achievements: Led an armed resistance against British East India Company to defy the doctrine of lapse; one of the first female rulers to rebel against British rule Biography to watch: Kittur Chennamma Biography to read: Chennamma of Keladi: The Queen who Defied Aurangazeb by Gayathri Madan Dutt; The Rani of Kittur: A

The roots of a warrior

Historical Play by Basavaraj Naikar

Kittur Chennamma, famously known as Rani Chennamma, was born on November 14, 1778, in a small village named Kakati (presently known as Belagavi district of Karnataka). She belonged to the community Lingayat, and mastered the art of archery, sword fighting, and horse riding at a very young age, making her tales of bravery famous throughout her entire village. Married at the young age of 15 to Raja Mallasarja of the Desai family, she became the Rani of Kittur, but

highly opposed by the British East India Company under the policy known as 'doctrine of lapse', which stated that any child who has been adopted by any ruler will not be allowed to be the heir or be called the successor of the throne. In that case, the childless ruler will have to hand over their kingdom to the British Empire. As such, the British ordered the queen to remove her child from the line of throne, a decision that was refuted by her. She even attempted to write to the Lieutenant-Governor of Bombay Presidency, Lord Elphinstone, to consider her cause, but with no luck, because both the then commissioner, Mr Thackeray, and Mr Chaplin did not consider her as the regent and her adopted son Shivalingappa as the ruler. To solve this conflict, British even tried to invade her palace and seize the treasures of her kingdom, calling for the first battle between Rani Kittur Chennamma and the British in October 1824.

The sword of a warrior

The day of the battle came, the cruel British attacked, and Rani Chennamma was ready to show her mettle. Her land was attacked with a British force consisting of more than 20,000 men and 437 guns, and yet none of them were a match for

the real rani. They came at her and still failed to capture her. Not just so, but many high-ranking British officers were captured by Rani Chennamma to be kept as hostages, and St John Thackrey was even killed during the battle. Though the officers were released after an agreement to end the war, the British cheated Chennamma and re-started the war as soon as they were released, and so the second chapter of her rebellion against the British started. She fought it along with Sangoli Rayanna and Gurusiddappa as her lieutenants, and set out to write a heroic tale that would etch her name in the books of history. This second battle attack by the British went on relentlessly for 12 days, and she did the best she could to save her kingdom. Sadly, fate deceived her when two of her very close soldiers, Mallappa Shetty and Venkata Rao, betrayed the queen. They mixed the gunpowder which was to be used for the canons with mud and cow dung, which caused her a loss. She was imprisoned by the Britishers at the Bailhongal fort where she spent the last few days of her life till February 21, 1829. Her death was painful, but she led a life that made her the icon of bravery, not just in Kittur, but worldwide. Though she tried her best to negotiate with the British to

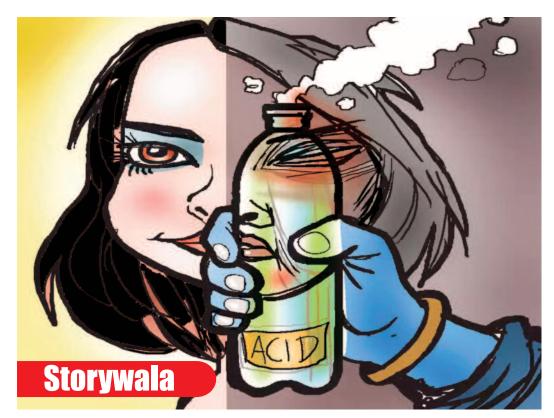
avoid the war, she was left with no option but to fight back in order to save her kingdom. Being cheated by her own men made her weak, but she kept fighting till she was left with nothing. Her zeal to not give up in front of the enemy speaks volumes about her principles as a great warrior. Her loyal lieutenant, Sangoli Rayanna, proved his loyalty by continuing the guerrilla war even in her absence. Unfortunately, even he was captured and hung till death by the colonisers. It was her profound love that she showered on her subordinates that made her a much loved and respected figure amongst the masses. The rani was a tough warrior, and her story truly teaches everyone a lesson of courage and valour.

The legacy of a warrior

The great warrior lost her life at the Bailhongal Fort where she died as a fearless warrior who put everything at stake to save her kingdom in absence of her husband and provide an heir to the throne. She accepted her ill fate and took the responsibility to control the state under her rule and guidance. It is her heroism that has made her name unforgettable to date and gave her name the respect it deserves. It is because of her bravery and remarkable journey that, as a tribute, a statue of hers was installed in the Parliamentary Building at New Delhi on September 11, 2007. Not we salute you, Rani Chennamma!







The exhaustion

Anupriya Bhatnagar

AIS Vasundhara 1, Alumna

Ramona went, audible, disparaging gasps followed and filled the room. For people did not take Ramona as an individual capable of thinking. Rather, they took her as an object that was forced to face society's wrath. Was she at fault? No. She was the victim, and yet she was the one blamed for it. Oh, how progressive of the society!

Tired thus, Ramona wanted a respite from the staring eyes. She wished to find a kindred spirit among all those glares cast upon her, for none of those glaring

eyes saw her inner beauty. They were always stuck on her face, her appearance. And fate was not that kind either. Though her own family loved her, her relatives were barely tolerating her. To compound it, she used to have nightmares about all that had occurred; the incident replayed in her mind multiple times. Her refusal of Samuel's proposal and what followed it.

Before any such thing transpired though, she was an all-rounder in her school. As a hardworking and dedicated student, she was a part of the school's theatre and the school's dance team.

Each year the number of trophies she won increased. But to her, they were just empty cups now; empty cups that couldn't save her when she was in peril. And today as she looks at her scarred, burnt face in the mirror, she is reminded of only one thing - of Samuel's smirk even after she rejected his proposal. "Oh, that deceptive smile. I should have known. I should have been cau-

wo tious," Ramona often blabbers to herself as she remembers smiling back at him. On that fateful day, Samuel had told her that he had a gift for her. Ramona recalls being surprised,

Point to ponder

According to National **Crime Records** Bureau, India saw nearly 1500 acid attacks between 2014-2018. Uttar Pradesh. **Delhi and West** Bengal hold the top rankings amongst worst acid attack states in India.

for rarely had anyone given her gifts, let alone her classmates. But she didn't know it wasn't a gift until Samuel splashed it on her, scarring her for life. She remembers recoiling though as the searing sharp pain that ran through her body, leaving her gasping for air. And she still remembers his bitter last words, "If you won't be mine, I'll make sure nobody else would want you either." The societal derisions thus are a mere addition to her already despondent state.

But each day since then, Ramona climbs up the stairs to spend some time alone on the rooftop as this place has always been her best friend. It is the only place that gives her solace and time to dwell on her thoughts and pursue her interests freely. For even though she is weak, she is determined enough to turn things around in her favour. "Though breaking free from the shackles dictated by this hypocrite society is difficult, I am ready for it nonetheless," she reiterates every day to reassure herself and others of the light that awaits all at the end of any and every dark tunnel one is forced to traverse. GT

Dry fruit dodha

Charvi Juneja, AIS Gurugram 46, X J

Ingredients	
Milk	2 cups
Sprouted wheat	
Curd	1/4 cup
Milk	
Sugar	1/4 cup
Lemon juice	3 tsp
Salt	
Brown sugar	1/2 cup
Coconut (grated)	
Cashew	1/4 cup
Cardamom	1/2 tsp
Nutmeg powder	1/4 tsp
Desi ghee	1/4 Cup

Preparation

- Take sprouted wheat and coarsely grind it in a mixer jar.
- Transfer the coarsely grinded wheat to a non-stick pan and add curd. Mix them well on low flame.
- Now add milk to the pan and mix well. Cook the same on low flame. Keep stirring at regular intervals till the milk becomes sour and begins to curdle.
- Once the milk curdles, cook it on low or medium flame while stirring at intervals so that it becomes thick and closely packed.
- In the meantime, add sugar and ½ cup water in a separate pan. Cook it on low/medium flame until the sugar dissolves. ■ Once the syrup becomes thick and stretches like wire, your
- syrup is ready. Keep it aside. ■ To the wheat and milk mixture, add brown sugar, grated co-
- conut, cashew, nutmeg powder and cardamom, and mix well. ■ Next, add the prepared sugar syrup to the mixture and mix it
- Add desi ghee and keep stirring the mixture continuously. Make sure that the mixture doesn't stick to the pan and its consistency is thick enough.
- Lay a greased tray and spread a thick layer of mixture on it. Garnish this layer generously with chopped almonds, cashews and nuts of your choice.
- Leave the tray for 2 hours to allow the mixture to cool down.
- Once done, with the help of a knife, cut pieces of freshly prepared dodha and place them on a serving dish.
- Your dry fruit dodha burfis are ready to be eaten!

Mighty woman

Suhani Malik, AIS Pushp Vihar, Alumna

The walls are closing in on me This lack of air won't let me be A million fingers pointing at me Million dreams I can't fully see

Unknown voices screaming at me No corners are left for me to flee Carefree smiles once graced me Before I faced merciless reality

Society puts these shackles on me A caged bird wanting to be freed Hoped they'd judge me for me Instead they saw the label 'she'

Shattered hopes glooming at me

Bloodless pain I define to thee Dared to dream to be a better me Wished to fly as I paid the fee



But endurance is essence of me Not someone to be taken lightly No matter how they hurt me I'll bounce back with tenacity

Halo of fidelity surrounds me Patriarchy can't win over me Own weakness you seek in me But I stand mirroring eminency

Sufferings have helped shape me My wings spread wider than sea I stand embracing 'woman' in me Because I write my own destiny! GT

A mind in isolation

Aditi Jha, AIS Saket, XI F

I rise with the morning sun To spend the rest of my day Silently observing my mind Wander off into oblivion

After years spent in solitude I have finally come to realise Silence is an unbearable burden And I still crave for company

For as my mind lays still

Like a pond in Buddha's story I get sparks of creativity That are strange yet impressive

This state of utter stillness That I now resent has become The only thing that gravitates me To the true desire of my heart

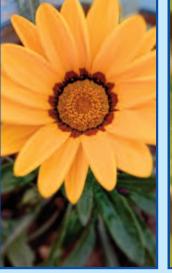
This isolation is my inspiration And is now my sole motivator As it rekindles the fire in me To be quenched with creativity! GIT



CAMERA CAPERS

Yashi Singh, AIS VYC Lucknow, XII C







Glazing gazanias

Fiery jungle flame

see voi

in my throat and my knees buckled. I ran in-

side, turned on all the lights and the TV and

changed the channel to Comedy Life to

Short story

Manit Sharma, AIS Gurugram 43, VII B

It was midnight. I was trying to sleep but could not as I had just watched a horror

movie named 'IT' and so, Pennywise and his horror was still fresh in my mind. Soon, I got thirsty. So, I stood up and went to the kitchen. I was terrified but somehow managed to fill my glass with water. But as I was drinking, I heard someone singing or rather humming 'Alive' by Justin Bieber.

At that moment, I froze with fear. For the voice was coming from outside and I was home alone as my parents had gone on a business trip to Ottawa. Unthinkingly, I opened the door to check who it was. I saw no one outside, except a woman who was almost gliding on the terrace of the building opposite to my house and in an instant the woman mysteriously disappeared.

Suddenly, I heard a whisper, "I see you." The next moment, I saw that woman gliding towards me and when there was only a little gap between us, the woman disappeared again. After two seconds, the woman became visible again, and just after that, the woman multiplied into hundreds of apparitions, all of them whispering, "I see you. I have

come to take you." But after a mo-

I locked my bedroom door and sat on my bed, praying to whatever force that might be watching over me. ment, they disappeared again. My heart was

watch a comedy film to shoo away my fear. But even on the TV, I could see that same woman, gliding by every channel I chose to watch at the time. I immediately switched off

With no other option available,

the television and ran to my bed to hide under the covers. I picked up the phone nearby and called my parents. It was futile, however, as they never picked up. I tried calling the police next, but as soon as I started describing my situation to them, they hung up, believing it was a prank call.

With no other option available, I locked my bedroom door and sat on my bed, praying to whatever force that might be watching over me. A strange tapping sound began to cover the entire house as if the spirit was looking for a way inside. It started on the roof and then on the window near me. I could even hear scratching noises on the glass. In that moment, I clutched at my covers, shut my eyes tight and hoped that it couldn't get in, whatever it was.

I don't recall what happened post that for I must have fallen asleep and it was already dawn when I opened my eyes. However, on the window of my bedroom wall, etched on the glass were the words, "I see you." GT

So, what did you learn today? A new word: Apparition Meaning: Supernatural appearance of a person or thing



MATERIAL REQUIRED

- Cardboard
- Tissue paper
- Fevicol
- Hot glue gun
- Paint (of your choice)
- Cello tape
- Scale
- Pencil
- Scissors ■ Decorative items

Procedure

- Take a cardboard piece and draw a square with each side measuring 12 cm. Cut out the square. Make five such squares.
- On the remaining cardboard, draw two triangles measuring 12 cm x 7 cm. Cut them out.
- To put them into the shape of a house, take a square cutout and lay it on a plain surface. This will form the base of the hut.
- Using hot glue, paste another square along the edge of the base vertically. This will act as wall of the hut.
- Similarly, paste rest of the three squares on the remaining three edges of the base to form walls. Make sure that edges of all the four walls are joined using glue, without any gaps in between.
- Take a triangle and paste it along the upper edge of one of the squares. Paste the side of the triangle measuring 12 cm along the edge so that the edge of the square and triangle are conjoined completely. Repeat the same with the other triangle and a square (wall) on the opposite side.
- For the roof of the house, draw two rectangles measuring 14cm X 7cm on the cardboard. Cut them and join them at the side measuring 7 cm so that it is foldable. This will make the roof. Place it on the top of the hut (refer image) and secure using a hot glue gun. The basic structure of the hut is ready.
- Let's move to painting it. Tear tissue paper into small pieces, dip them completely in fevicol, and cover the entire hut with it.
- Once you have applied 2-3 thick coats of fevicol-soaked tissue paper all over the hut, let it air dry overnight.
- The next day, paint your hut with the colours of your choice and you can even use various decorative items to make it look pretty.

POEMS

<mark>Avika Agarwal</mark>, AIS Vas 6, VI E

Hobby: Drawing and painting

I can be famous in the entire Amity family!

I like: Surprises I dislike: Smelly things My role model: My father I want to become: An artist I want to feature in GT because: It's the platform through which

Cool and windy breeze Runs through the town Out of miserable frown

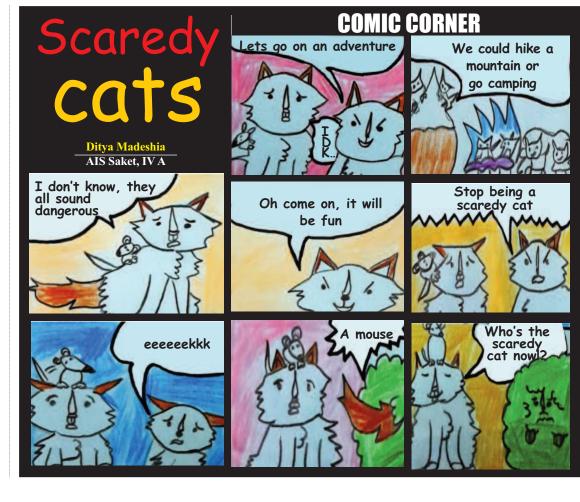
Stars twinkling at night

Moon gives rays of light Showing gigantic delight With breezy freezing fog Swinging up and down Feet hang from the bench As she gets drenched Sitting alone on a bench Tears fall off her face



Heal the world Ashee Srivastava, AIS MV, VIIIA The winters were harsher this year than last What will happen next to this land so vast? Will the world get fiery or colder next dawn? What will happen to the newborn fawn? Will it suffer in this sweltering heat Or find morsels of food in snow as treat? There were once giggles and chuckles Of the birds, the trees, and the melodic poems The unheard music that strung through the realms Trickling through the oaks, the pines, and the elms Will we get to venture this earth forever and roam Or be left to believe that this was once our home? GI

It's Me **KNOW ME BETTER** My name: Keiyona Pasrija My Class: III B My school: AIS Vasundhara 6 Born on: November 21 MY FAVOURITES Teacher: Ritu Nagar ma'am **Subject:** Mathematics Friend: Rishi Aggrawal Game: Atlas Cartoon: Unicorn Food: Rajma rice Mall: DLF Mall of India **Book:** Fairy tale books MY DREAMS AND GOALS



Writing is an art and there's no better platform to exercise it than your own beloved GT! To

unleash the writer in you, GT brings you a

new topic every time and asks for your views

on the same. Here are some intriguing

responses from young writers at Amity for

the prompt...

"Elon Musk's

'Colonisation of Mars is a useful idea. While it might seem as if colonisation means abandoning the commitments we have engineered towards

Earth, but it creates more scope for aeronautic development. Consider it as a research and development lab - a front for spin-off technologies like astronaut food and wilderness blankets or as the ultimate testing ground for the human intellect. For humanity to continue to exist, multi-planetary colonies must

desire to colonise Mars several times, but is it practical?

Probably not, as the amount of resources and manpower it

would require to simply build a spacecraft worthy of reach-

ing Mars, with several people inside the vessel manning it, would nearly bankrupt the entire economy. Also, the failure

rates of such space missions are catastrophically high and

Keerti Arora, AIS Gurugram 46, X A

even if the mission were successful, the benefits are almost

negligible."

Aditya Khuntia, AIS Saket, XI C

"Elon Musk has reiterated his

Do you think Elon Musk's dream to

The prompt

colonise Mars is a good idea?

SpaceX is seeking to build a selfsustaining technology base on Mars, and this could provide several solutions, including the ability to conduct more in-depth observational research than unmanned rovers, economic interest in its resources, and the possibility that colonisation of other planets could reduce the likelihood of human extinction, which would be a significant step forward in the history of technology and science. So, if settlement on Mars is feasible, why not travel there?" Anika Tandon, AIS Vasundhara 1, X D

'colonise' itself has a negative connotation. People who support Elon Musk's plan are, perhaps, the only ones who will ever get to set foot on Mars if colonisation does happen. But won't that lead to a class division as it is only the super wealthy who will benefit? Furthermore, the resources extracted for this mission means taking away the existing ones from people on Earth. For a secure future, planet Earth is a priority."

Chaitanya Roy, AIS Mayur Vihar, X C

"Imagine future where living on a different planet isn't just a plot of a sci-fi movie, but a reality within our reach! But the major flaw in Elon Musk's grand plan is the life risk that humans may face if they plan to undertake this adventure. Also, the immense resources and capital that would be needed to make Mars fit for inhabitation would be enough to financially cripple not just a company, but an entire nation. So, according to me, as exciting as living on Mars may sound, it is better to leave it as a part of our sci-fi fantasies."

Himachal Tomar, AIS Gwalior, X A

"Elon

Musk believes that humans can exist on Mars and even the NASA administrator, Jim Bridenstine, has stated that we have the technological capability to go to Mars. The problem therefore, is lack of money and other challenges including radiation exposure, toxic soil, low gravity, lack of water, cold temperatures, etc. So, the question arises - why do we require another planet to survive? What is the guarantee that we won't ruin Mars the same way we have ruined earth? Rather than focusing on space colonisation, shouldn't we first try to salvage our planet?"

Ananya Jain, AIS Vasundhara 6, X B

"Colonising Mars poses a lot of ethical dilemmas because of the billions it will cost in taxpayers' money. Also, the mission stands to endanger the existing life forms on Mars (even if they are only microbes). Not to mention that this plan to 'save' humanity is likely to end with the first settlers dying on Mars. So, in my opinion, before we even start planning our escape to extraterrestrial lands, we should be working on preserving our very own life-sustaining Earth."

Suhani Sirohi, AIS Noida, XII I

"It's a great idea. Throughout history, humankind has shared an innate trait – the desire to explore. It has often been proved true that the dream of yesterday is the hope of today and the reality of tomorrow. Prehistoric men and women may have stood curiously at the opening to caves and wondered where it would lead them. Centuries later, someone is envisioning a trip to a distant planet. What we learn about the Red Planet may tell us more about our own home planet's history and future. So, I believe Musk's discovery would pave a path for several more inventions in the upcoming future."

Yash Mittal, AIS Pushp Vihar, XI A

'Colonising Mars will end up taking a treacherous turn. From vast temperature differences to the lethal cosmic radiation which can lead to unknown mutations, Mars presents itself to be an unwelcoming and hostile environment. Additionally, sustaining a population on Mars seems unlikely as the lack of gravity in space has had hazardous effects on astronauts, such as impaired vision and less dense bones. Fertilisation and embryonic de-

> seems immoral to damage another planet for our own gain!" Riya Kharyal, AGS Gurugram, XI

velopment also stand to be at risk in such perilous conditions. Also, it

"Though making Mars another Earth looks like a perfect idea to tackle increasing population and other environmental problems on Earth, the project is full of challenges. As per studies and reports, it would cost around 1,49,42,000 INR per person just to reach Mars; let's not even talk about the added cost of making the planet inhabitable. So, instead of doing that, Elon Musk can use his resources to make Earth better plant trees, fund poor children's education, etc. Investing such a huge sum of money in a distant dream, according to me, is unwise."

Kaavya Shukla, AIS VYC Lko, VIII A

"Human race has proved to be incapable of taking care of its own planet, so colonising another planet would lead to the very same exploitation and abuse of resources. Elon Musk believes that humans need a 'back-up' planet in case of an 'apocalyptic event', but studies suggest that underground bunkers on Earth would be a better option than building a colony on Mars. Besides, it's bogus to even consider colonisation as an option after seeing the destruction humans have caused on Earth."

Ishanya Sharma, AIS Gurugram 43, XI A

"There are plenty of issues that would arise to make this a reality. We need to be able to afford to take humanity to Mars and settle it there and make sure we do that well. Secondly, Mars does not have trees, so there is no way to breathe. Lack of fertile soil may also be a problem. Additionally, for people with low immunity, change of atmosphere could result in serious health. problems. So, it is a better idea to start working on fixing our home planet and make it a better place to live instead of trying to take over the home of the Martians."

Sneha Asthana, AIS VKC Lko, VIII

"When we think of colonising Mars, the question we need to ask ourselves is whether or not we have the right reasons to do so. Since Mars is highly inhospitable and has nothing for humans to breathe, eat or survive on in general, the very plausibility of the idea comes into question. Besides, we as humans have no economic reason to settle there. It's like Antarctica; people only go there for research purposes, for there's no reason to be there otherwise."

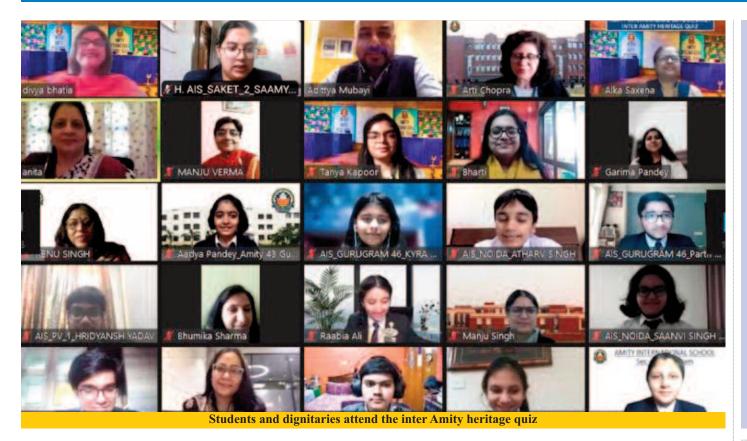
Harshita Awasthi, AIS Jagdishpur, XI





World Chocolate Day is observed on July 7 to celebrate the introduction of chocolate to Europe in 1550.

Wassup



The pride of pen

AIS Vasundhara 6

arshita Pareek of Class XI C bagged the third Lprize in an English story writing competition organised by the National Mission for Clean Ganga, Ministry of Jal Shakti and, CBSE in collaboration with Kalantar Art Trust. Harshita secured the spot in the 14-18 years category, in the national level competition conducted on October 2, 2021. She won the award for her story on the topic 'Be yourself - Just Do it.' The final result was declared on Feb 12, 2022. Several other competitions as painting, writing, singing and



The winner Harshita

nukkad natak were also organised as a part of the competition. These were based on Namami Gange themes which included bio-diversity of Ganga, role of youth in river rejuvenation and livelihood around Ganga.

India's diverse cultures

Present Reflects History At Inter Amity Heritage Quiz

AIS Saket

The school organised its 18th Inter Amity Heritage Quiz virtually, from January 27-28, 2022 in junior, middle and senior categories.

The annual event is the projection of the vision of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF who initiated it as a platform for venerating and appreciating the diverse and vibrant culture of India.

The unique quiz seeks to cultivate love and respect among the students for the vibrant culture of India. This year, it was based on the states of Delhi, Uttar Pradesh, Chhattisgarh and Haryana. The quiz was conducted on multifarious topics especially with reference to these states. The quiz took place under the able guidance of eminent quizzer Adittya Nath Mubayi, co-founder, Quizcraft Global. The valedictory ceremony held

on January 28, was graced by the

Chairperson along with other eminent members of Amity family. School principal Divya Bhatia announced the winner wherein, the prestigious rolling trophy at the event was bagged by AIS Pushp Vihar.

In the junior category, AIS Noida won both first and second positions and AIS Gurugram 43 bagged the third prize. The middle category had, AIS Gurugram 46 at the first position, AIS Saket at second position and AIS Gwalior at third position. In the

senior category, both first and third positions were secured by AIS Pushp Vihar while AIS Saket won the second position. In her address, Chairperson lauded the efforts of the participants and appreciated their knowledge of the treasure that is Bharat. The event was a great success and helped the students enhance their knowledge about rich and varied culture and heritage of India and respect its deeply rooted diversities all across its boundaries. GT

Women in science

AIS Vasundhara 6

tudents of Class II E celebrated the International Day of Women and Girls in Science, on February 11, 2022. The event aimed to promote complete and equal access for women and girls to participate in STEM (Science, Technology, Engineering and Math) activities without any bias. Students participated in activities as role plays, science news reporting and shared short narratives on female scientists of India, highlighting their contribution to the field. They also



discussed the need for gender equality in science for fulfilling international agenda of sustainable development by 2030. GIT



Youth is the future

Remembering Vivekananda

AIS Noida

he students from Class VI-XII conducted special assemblies to celebrate National Youth Day on January 12, 2022 commemorating 159th birth anniversary of the youth icon Swami Vivekananda.

They eulogised the life of the great spiritual leader, philosopher, and the founder of the Ramakrishna Mission by discussing

his biography, quotes, and esteemed ideals, progressive and reformatory thoughts and scientific acumen.

They heartily expressed their own learnings from Swamiji's extraordinary life through various role plays, power point preinspirational sentations. thoughts, speeches and motivating incidents based on his life. The Bengali song composed by

Swamiji, Khandan Bhava Band-

The special assemblies unraveled the immense power of India's youth to overcome any difficulty with their fearless attitude and innovative thinking. Young minds got encouraged to aspire to be what they want to be, determine the goals they wish to

han, the prayer song of the Ra-

makrishna mission Ashram, was

achieve and believe in them-

also played during the event.



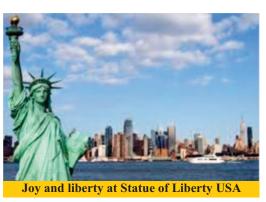
in the year 2021 have seen her bag a total of 18 gold medals and 1 silver medal. GIT

Skating champ Bhavya

Around the globe

Virtual Tours Bring The World At Home





AIS Gurugram 46

irtual excursion tours were organised for Class III, IV and V to Singapore, United States of America and France respectively on November 27, 2021. The virtual journey commenced with the blessings of school principal Arti Chopra following which students boarded the virtual school bus to the IGI airport. They were instructed on conduct, checking of passport, boarding pass, visa and currencies of the countries they visited.

The virtual flight of students of Class III landed at the Singapore Changi Airport. Children then took a virtual train trip to Santosa island, danced with the Minions, enjoyed the Spiderman shooting at Universal Studios, walked into the tunnel with the sharks swimming over and admired the huge aquarium. They also enjoyed at

Attending virtual tours the world class Singapore Zoo. The semi-open enclosures and tropical jungle habitat of the zoo gave them a glimpse into behaviours of animals in their natural environments. Students were particularly fascinated with the variety of orchids at the Orchid Garden they visited.

On the other hand, Class IV students made their virtual arrival at USA, where they acquainted themselves with various national symbols of the country. They took a virtual walk of The Times

Square and admired the beautiful and iconic Statue of Liberty. Students were enchanted by the 360 degree view of The Niagara Falls. The best part of the trip for all of them was the visit to Disneyland, a place of every child's dream where they saw attractions like Disney's Animal Kingdom and were briefed about various animals residing there. The classic country of France welcomed its little visitors, the students of Class V virtually at its capital city Paris. There they visited Louvre Museum, Eiffel Tower and Disneyland and bought the souvenirs.

After the students returned to Delhi, they recapitulated their learning about the places they toured with fun and about the engaging activities on Quizzizz. They also shared their best pictures with each other, jovial moments and hearty reflections from the trips via Padlet. GI

Skating to dreams

AIS Noida

havya Singh of Class III, won 2 gold medals and 1 silver medal in the inline speed category (7 to 9 yrs age group) at the 59th National Roller Skate Championship 2021 which was organised by Roller Skating Federation of India from December 11-22, 2021.

This victory of the eight year old has also made her a two-time National Champion in roller skating. Prior to the national level, she had represented Uttar Pradesh at the state level of the same championship and secured a top position there by winning 3 gold medals. Bhavya is also the first one to win a gold medal for Uttar Pradesh in the 5 to 7 years age group category in the year 2020. Her participation and victory feats across various district, state and national level championships Celebrating women

The word 'chocolate' roots back to the Aztec



Female first

A homemaker, multitasker and a great leader, a woman is all this and so much more. On the occasion of International Women's Day thus, in an effort to appreciate such dynamic women, Harshita Khera, GT Network brings to you their noteworthy accomplishments that ushered a new era of change and made them the first in their field to achieve the feat extraordinaire...



Superwoman: Arunima Sinha Superpower: First woman amputee to scale Mt Everest

About: Born in 1989, Arunima Sinha is an Indian mountain climber and a former national level volleyball player. Having lost one of her legs in an accident but still determined enough to

transform her disability into her biggest strength, she became the 'world's first woman amputee' to successfully scale Mt Everest in 2013. A 2015 Padma Shri awardee, Arunima, in 2019, added Mt Vinson peak to her list of achievements.



Superwoman: Kalpana Chawla Superpower: First Indian woman in space

About: An Indian-American astronaut, Kalpana Chawla had a keen interest in aviation since her school days and so, in order to pursue her passion, she joined NASA in 1988. In 1997, after

undergoing rigorous training for one year, she went aboard the space shuttle Columbia-STS-87 as a mission specialist and a primary robotic arm operator, and became the 'first Indian origin woman' to go beyond the blue skies and reach outer space.



Superwoman: Pratibha Patil Superpower: First woman President of India

About: An Indian politician who started her career as a practicing lawyer, Pratibha Patil became the youngest member of the Legislative Assembly at the age of 27 years in 1962 and holds

an impressive record of not losing a single election. She served as the Governor of Rajasthan in 2004, till she was elected as the 'first female President of India' on July 25, 2007.



Superwoman: Vijaya Lakshmi Pandit Superpower: First woman President of UN General Assembly

About: She is a freedom fighter, diplomat, and politician who became the 'first woman' in preindependent India to hold a cabinet position in the year 1937.

In 1953, she became the 'first woman President' to preside over the eighth United Nations General Assembly session. Throughout her lifetime, she never shied away from speaking her mind, whether it was to help India gain freedom or against the 'antiquated' law' that treated women unequally.



Superwoman: Kiran Bedi Superpower: First woman Indian Police Service Officer

About: A national level tennis champion, social activist, and politician, who started her training at the National Academy of Administration with a vision to reform police services,

Bedi became the 'first woman IPS officer of India' in 1972. She has served as the Lieutenant Governor for different states and was the first woman to be appointed as the United Nations Civil Police adviser in 2003. For the same, she has also been bestowed with several gallantry awards.



Superwoman: Arundhati Roy Superpower: First Indian female Man Booker Awardee

About: Arundhati Roy found her calling as a writer when she started working on her first novel 'The God of Small Things' in 1992. This semi-autobiographical book was awarded the prestigious Man Booker prize in 1997,

making her the 'first Indian female' to be given this literary honour.



Superwoman: Harita Kaur Deol Superpower: First Indian woman pilot to fly solo

About: Born in a military family, she became one of the first seven women cadets inducted into the Indian Air Force as a Short Service Commission (SSC) officer in 1993. In 1994 immediately

after her induction, at the age of 22, she became the 'first woman to fly solo' in an Avro HS-748 aircraft of the Indian Air Force.



Superwoman: Nirmala Sitharaman Superpower: First full-time female finance minister

About: Born in 1959, Nirmala Sitharaman is an Indian economist who became the second female defence minister after Indira Gandhi and the 'first full-

time female finance minister' of India in 2019. Throughout her career, she has assiduously tried to address India's security and finance challenges head on. Prior to her posts in the ministry, she was also a spokesperson for BJP.

