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Are We 'Over'emphasising The 'Over'population Issue?

Saamya Arora, X B & Yajika Dagar, XI C

AIS Saket

verpopulation has been touted as the root cause of world's endless predicaments, ranging from environmental degradation to poverty, for decades. It makes sense, doesn't it? More people equals to more mouths to feed, more people to share limited yet essential resources with, etc. Right? Wrong. Eight billion people might sound massive, but it may not be as dangerous as its proponents have made it out to be.

Overpopulation = overcrowded?

Step outside during peak traffic hours and it is not hard to assume that humanity will eventually run out of room on Earth to house its expanding population. The truth, however, is that there is enough land - approximately 13.4 billion hectares of it that is not covered with ice/water and can easily support 11 billion people. Only less than three percent of the Earth's surface is taken up by cities and towns we live in. Studies state that the entire world population can fit into the state of Texas, which has over 268,000 square miles of land for a planet of eight billion plus people. This comes to 30,000 people per square mile, which is still way lesser than Manhattan that stands with a population density of 67,000 people per square mile.

Overpopulation = poverty?

The State of Humanity, a book by demographers Joyce Burnette and Joel Mokyr, examines the graphs on areas like average life expectancy, average height, calorie intake, and even beer consumption to show their steady rise over time, even as the population has grown. This is in direct opposition to overpopulation alarmists, who argue that as the population grows, poverty worsens. They advocate that as the population grows, so does productivity and innovation, implying that an increasing number of people have access to the goods and services they require.

Another example that dispels the more-people-

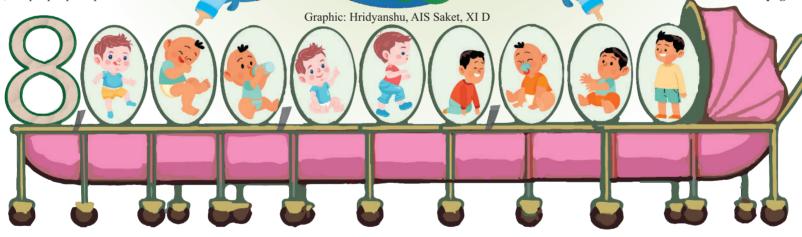
hence-poor phenomenon is that of South Korea and Taiwan. Both countries experienced a population surge in 1960, with their headcount increasing by over 50%, and yet their income and standard of living increased exponentially. Poverty is not a product of large populations, but a symptom of larger economic and political troubles.

Overpopulation = environmental degradation?

As we all know, climate change is caused by an increase in greenhouse gas emissions produced mainly by the combustion of fossil fuels. But, doesn't having

more people on this planet lead to an increased usage of fossil fuels, further resulting in higher emissions? Surprisingly not! Most renowned scientists employ the 'IPAT' equation: Impact = Population x Affluence x Technology, with the latter two being more dominant forces in the final outcome. This is notably true in high to uppermiddle income countries, which account for roughly 85 % of global carbon dioxide emissions despite slower population growth rates than the rest of the world. 70% of greenhouse emissions since 1988 are caused by 100 MNCs alone. If 750 million people in India, Africa, and China stopped carbon usage, while companies like ExxonMobile, etc., continued to operate, the reduction of carbon emissions would be miniscule.

Continued on page 4...



Page editors: Niharika Roy, XI D, Divyaansh Seth, XI A & Vanalika Konwar, X B, AIS Saket

EGT @ POLL

Do you think the implementation of a uniform civil code would act as a real unifying force in India?

a) Yesb) Noc) Can't say

To vote, check out our Instagram page @the_global_times

Contest Edition (AGS Gur)



This special edition has been brought to you by Amity International School,
Saket, as a part of the 'GT Making A
Newspaper Contest'. Each page of this unique edition carries a special story handcrafted by the school's editorial team as a part of the competition. The inter-Amity newspaper making competition witnesses different branches of Amity schools across India churn out their own 'Contest Edition' which are

pitted against one another at the end of the year, culminating with GT Awards. So, here's presenting the fourth edition of 'GT Making A Newspaper Contest 2022-23'.

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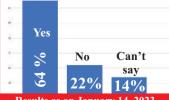
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© POLL RESULT for GT Edition December 19, 2022 Do you think Standing

Do you think Standing Committee's proposal to ban the sale of single cigarettes would reduce the consumption of tobacco in India?



Results as on January 14, 2023

Around The WORLD

GT keeps the newswire ticking by bringing you news from around the globe



According to the

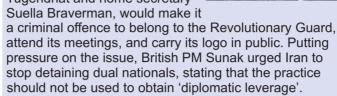
One-third of world in recession

managing director of the International Monetary Fund, Kristalina Georgieva, one-third of the global economy will be in recession in 2023 as countries like USA, UK, and China are already seeing economic slowdowns. The cause has been listed as the war in Ukraine, rising prices, higher interest rates, and the spread of COVID-19 in China. According to Georgieva, even in countries that are not in recession, "it would feel like recession for hundreds of millions of people."



Iran's Revoluntionary Guard as terror group

As per The Telegraph, the Britain government plans on naming Islamic Revolutionary Guard Corps as a terrorist group. The move, supported by security minister Tom Tugendhat and home secretary











Million yen to leave Tokyo

Various media outlets report that the government is all ready to grant families up to one million JPY per child if they opt to move out and shift from the capital of the country, Tokyo. The move comes as another way for the authorities to disperse the crowd from the densely populated area, and to improve the declining birth rates and diversify the aging populations in the rural areas of the nation. The government was already offering people 300,000 JPY per child for families to relocate to other parts of the country.







COLOMBIA

Bridge with Venezuela open

A binational bridge linking Colombia and Venezuela has been opened at the borders of the country. Colombian trade minister German Umana Mendoza and the governor of Tachira, Freddy Bernal, met in the middle of the bridge named Tienditas that links Tachira and Norte de Santander. The bridge, initially built in 2016 and costing more than 32 million USD, was designed to ease congestion and facilitate trade between the nations.





BRAZIL

Grand funeral for Pelé

Thousands of people gathered in the streets of Santos to view the funeral procession of Edson Arantes do Nascimento aka the footballer Pelé. The procession started at Estadio Urbano Caldeira Stadium, home of Pelé's former football club, and was carried through the streets till it reached Memorial Necropole Ecumenica cemetery. A 24-hour wake was also organised at Santos's Vila Belmiro where more than 2.30.000 people were seen in attendance.



CANADA

No home for foreigners

Non-Canadian residents have been banned for two years from buying homes in the country, and anyone found violating the rule will have to pay 10,000 CAD. The ban aims to ease the housing market of Canada, where the average home price is 568,000 USD, which is more than 11 times the household income. International students who have been in the country for five years, refugee claimants, and people with work permits or PR are exempted from the ban.





INDIA

U-19 cricket team defeats SA

The Under-19 Women's cricket team defeated South Africa by four wickets in the fourth match of the five-match series in Pretoria. The host scored 86 runs with nine wickets in 20 overs whereas the Indian team achieved the target in just 14.4 overs. The team now holds a lead in the series with 2-0 after the fourth match; the Indian team won the first match by 54 runs whereas the next two matches were abandoned due to weather issues.

News Flash Serve the ball, serve the nation

The Story Of The Table Tennis Stalwart Of India, Indu Puri

Ishika Sharma, XII D & Diya Arora, IX B, AIS Saket

Indu Puri is a former international table tennis player who rose to fame in the 1980-90s, holding the record of winning the national women's singles title eight times. Beating Pak Yung-Sun of North Korea in the 1978 Asian Table Tennis Championship, she became the first Indian woman to beat a world champion. GT reporters engaged in an exclusive tete-a-tete with the tennis stalwart. We bring you excerpts.

Set the ball rolling

My journey with that little white ball began in the jute mills of Calcutta. Amongst the huge compounds filled with almost every sports facility you could imagine, I spent most of my time playing various sports including cricket, football, badminton, tennis and table tennis. But table tennis continued to be my favourite through and through. Besides being an indoor sport, it gave me a chance to play it around the year. Gradually my passion and interest for the same accelerated and in no time, with the guidance of my father, the sport I pursued just for fun metamorphed into a thrilling passion. I started participating in competitions and the rest, as you know, is history.

The support system

Be it a sportsperson or a person from



any other walk of life, one can only succeed with the unconditional support of their family. The journey to any path becomes way easier when you have your family standing beside you. I was fortunate enough to have that along with a great coach. During this journey, my father taught me the basics of the game and became my first coach. Nowadays, there are several federations or associations to support you, but in the past, all you had was your family.

A balancing act

It is difficult to balance both academics and sports, but I somehow managed to score good marks during all my years and sports never really became a hinderance to my academic career. Though the nuns at my convent school and college didn't appreciate my participation in sports, the fact that I managed a fine balance made it a little easier. More than this, what one needs to manage as a sportsperson is tons of 'stress'. Every player somewhere or the other has gone

INTERVIEW

through stress and pressure as a part of their journey. What comes to the rescue is leading a disciplined life while maintaining a calm attitude.

Sweet success

Success came to me quite unexpectedly. I just wished to play tennis, and not create world records. That said, my achievements have taught me a lot in life. They engrained in me the importance of training and discipline at an early age. The routine I stick to even today was curated years ago, which is to wake up at 4:30 am in the morning and to go to bed by 9:30 pm sharp. Yes, it does become daunting at times, but there is no substitute for consistency. So, yes success comes with a lot of sacrifices.

Message for Amitians

If you are passionate about something, you must pursue it. Sports is one thing that opens the door to several avenues, both in your professional and personal life. So, the mantra to success is that whatever your dream might be, you need to put in dedication to make it work.



ok Review

Rake in that review

Synopsis: Considered to be an evergreen Tolstoy's masterpiece, the thousand plus pages novel War and Peace is a depiction of the French invasion of Russia and the impact of the same on the everyday lives of people living in the Russian city of St. Petersburg. Set in the period of the Napoleonic wars (1805-1812), it revolves around the interactions between the families Rostovs, Bolkonskys and Bezukhovs, where the characters live through similar circumstances and emotions of patriotism while fighting against the French enemy. As

Book: War and Peace Author: Leo Tolstoy Published in: 1867 Genre: Historical fiction

they are fighting, they become one with the society around them and turn against the social impact of a war-ravaged nation. Why is it worth reading: A

Why is it worth reading: A paragon of all the fascinating classics ever written, this complex yet intriguingly long novel is a wonderful one for sure. In the words of Tolstoy himself, "It is

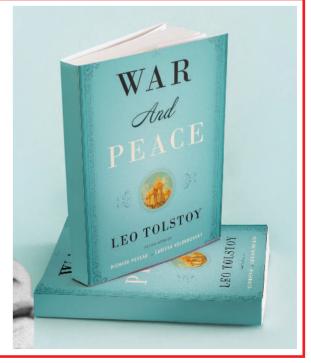
not a novel, still less an epic poem, still less a historical chronicle." The book is full of modern literary devices: stream of consciousness, cinematic point of view, and shifting narrative voices. Depicting an era of warstricken Russia, Tolstoy enlivens the whole novel with the everyday lives of Russians.

Iconic Quote: "We can know only that we know nothing. And that is the highest degree of human wisdom."

Rating: 4.5/5

Review by: Advika Singh

AIS VKC Lucknow, X A



Make a wish

Illuming The World With A Glimpse Of Shooting Star



Ananya Garg
AIS Saket, XI A

ne night as Alankrita peeped out of the window, she saw a bright shooting star and it suddenly occurred to her that wishing on it would make her wish come true, as they say. So, she clasped her hands together, closed her eyes and made a wish. "Dear shooting star, all I want to be is you. For you are bright as light and are admired by everyone. And your family must be so proud of you, too," she wished out loud.

Having done so thus, as she dozed off next, she was woken up by a voice that called to her softly, "Alankrita, it's me, your friend. Wake up!" As she opened her eyes to catch a glimpse of the source of the voice, she was for a moment blinded by the light emanating from it. For it was a shooting star! The one she befriended perhaps! Dressed in yellow satin projecting glitter, the burning ball said, "So, you want to be just like me? I don't think

so. You said my family would be proud. Well, I would have known if I knew where they were. Will you help me find my origins?" Alankrita smiled and nodded, and off they went on their expedition. They first met Miss Moon who greeted them by shining extra bright. Alankrita, without wasting time, asked her if she knew anything about the origins of Shooting Star. "Ah, I knew this day would come. You deserve to know the truth and I definitely don't want to be the one to withhold it from you any longer. Well, you were a tiny particle of dust that entered Earth's atmosphere upon being abandoned by one of the larger asteroids or comets. The reason behind which is unknown to me still," said Moon, letting out a sigh.

Shooting Star couldn't help but sob at this discovery. "Please don't be disheartened. There must be a reason as to why they did that. Let's visit them and find out," said Alankrita, in an attempt to console him. He readily agreed and together they swooped across the space until they encountered Mr Asteroid.

"Hey, Mr Asteroid," said the star,

The science of it

Shooting stars are tiny specks of dust from space that enter the earth's atmosphere at a high speed producing heat and light due to friction.

"Please help me find my parents." They belong to your clan and only you can help us to reunite." "Ahem!" coughed the old Mr Asteroid, "Oh dear, I met your parents in the cosmic court a few years back. They were there to part ways for good, as their views often collided with each other. And since you were a toddler then, the cosmic council thought it is best to put you under the care of Mother Earth. They didn't want to oblige though, trust me. As for their whereabouts now, an estimated 25 million meteoroids enter Earth's atmosphere daily, so it is impossible to keep track."

"See, I told you there must be a reason," exclaimed Alankrita. Shooting Star, however, felt heartbroken still. "So, I will never be able to meet them again. I don't think I am strong enough to deal with this," he let out, almost on the verge of crying.

"But you are made of iron and

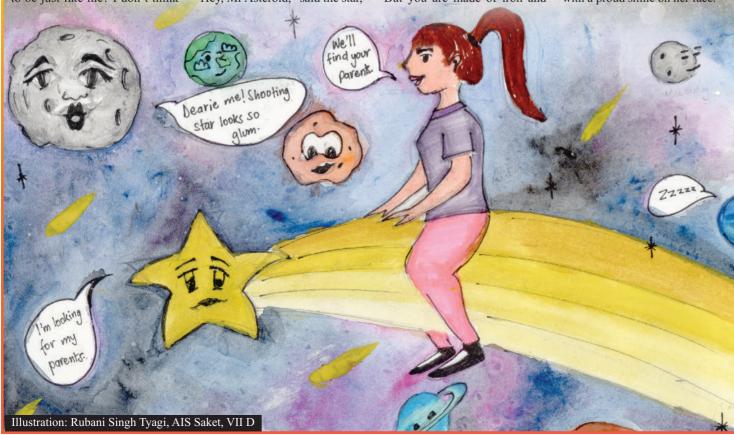
nickel. Doesn't that make you highly resistant?" Added Mr Asteroid, making Shooting Star grin a little. "Yes, indeed, sir!" exclaimed the star, wiping his tears and bidding a warm goodbye to Mr Asteroid

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Their last destination was the abode of Sir Jupiter the great. "May I know the reason for your advent, little shooting stars?" said he, having already seen them from afar. At this, Shooting Star cut right to the chase and asked him what he is and what his existence meant. "A rock on fire, nothing less, nothing more. You might think that what you wear is a yellow sparkling satin and what you blow out is helium, but upon my word, that is not the case! Back when you were entering Earth's humble abode, many air particles disapproved of you and used friction to burn you whole. But you being you took it all in stride and converted it into light. So, though opposed to your name, you are not actually a star, you are still one of the brightest objects I've ever seen!' said Sir Jupiter rather

"That he is," exclaimed Alankrita with a proud smile on her face.



People's problem

Continued from page 1...

Overpopulation = Food shortage?

The World Food Programme (WFP) and the Food and Agriculture Organisation (FAO) firmly assert that there is more than enough food for everyone on Earth. The FAO states that while there is currently enough food produced to feed everyone, many people lack access to it. As per a 2009 assessment by FAO, only 10% of the 400 million hectares of African savannah that are suitable for farming are now under cultivation. The problem of food security thus has more to do with food wastage, social and economic imbalances, and distributional problems like poverty rather than overpopulation.

Overpopulation = real?

With this, it should be safe to conclude that the overpopulation theory may not be a signal of the apocalypse. But is overpopulation for real? Population Matters, a corporation headed by Sir David Attenborough, states on its website: "It took humanity 200,000 years to reach one billion and only 200 years to reach seven billion. We are still adding an extra 80 million each year and are headed towards 10 billion by mid-century". Sounds like doomsday? Seems like it. But unfortunately, these numbers come without any context. 80 million per year implies a decline in population growth, which has come down from 2.1% in 1970 to 1.2% in 2010. Further, the average number of children in each family in 1940 was 5.93. This decreased to 2.24 in 2020, with a steady decline. China has reported a population decline for the first time in 60 years, and so has the US. So, where exactly is the overpopulation? Hullabaloo for nothing? Maybe, but then that has always been a people problem.

This is how I roll

2022-23

When The Shopping Cart Goes Left And Right

Shirin Kaur Kohli, VI B & Endri Agrawal, X C, AIS Saket

s she put the perfume back on the shelf, I stood witness 8645346237th emotion of the day, this one making its way through eyes, courtesy an expensive price tag. Imagine my plight - witnessing so many emotions in a single day when I am not even Karan Johar's assistant. I am a mere shopping cart.

Now, of all the people you listen to in an entire day, you certainly wouldn't want to lend an ear to my woes. After all, a mundane object like me is simply meant to ferry objects at a store and isn't really worthy of attention, right? Wrong. You'd be foolish if you are underestimating my powers. Given that 50% of my kind carry E. coli and 72% are endowed with coliform bacteria, it is me you should be worried about, not that silly Zika. And then let's not forget the large number of chil-

dren that get hurt every year due to shopping cart injuries – 23,000 approx they said. And if you still have guts to mess with me, I could drag you to the Center for the Prevention of Shopping Cart Abuse. And yes, that's pretty much a thing.

But, hey, let's not get off on the wrong foot, for I come in peace. Be humble to me and I'd reciprocate, just like I have in the past. Remember the shopping stores who doubled me in size? I, too, graciously responded by helping shoppers buy 40% more. Now you know why I kept getting bigger from 1930s to 1970s. In fact, by 2000 I had almost tripled in size, for the stores figured that a bigger me led to higher sales. Speaking of my graciousness, I'd

like to bring to your notice the countless food drives that I am part of. In fact, we are pretty much hand in glove. I love the CHIditarod in Chicago in particular, where a team of five pulls a single cart containing 69 pounds

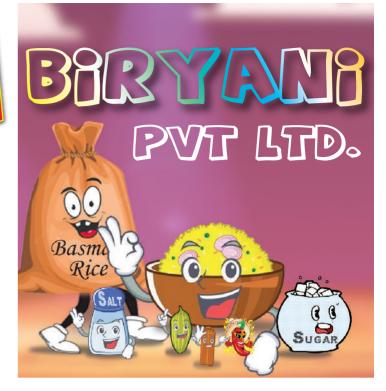
of food through various checkpoints. What would the world do if it weren't for me?

Now, let's all take a moment to thank Sylvan Goldman, my creator, for bringing me into this world in 1937. His version of me was a chair with wheels attached. Look how far I have come to my sturdy metallic style and even my motor-driven cousins that use an iPad to operate. Sometimes I envy them for they can memorise not only shopping lists and direct shoppers to the right aisle, but also help with auto-checkouts.

But you know who my real nemesis is? Those boxes that whiz past on a bike as I look outside the window. Yeah, the same ones ordered from online stores. I hate to see people betraying me by buying 64% of their groceries online in 2021. These days, I have to wait a bit longer before someone whizzes me around and I fear that the day when I will be forgotten is not far. But till then, I will continue to roll.

Pic: Ronit Chawla, AIS Saket, IX B





Incredible Ingredients On Show

Mansi Kumari

AIS Gurugram 46, Alumna

Lights! Camera! And... Action! The sense of ignition can already be sensed in the aroma of participants as they emit the heat in the studio. Welcome to the Biryani Show. Our vision is simple - whatever is the problem, biryani is the solution. Without much ado, fasten your seat belts as we delve into the 'tu kaun, mei kaun' war between the spices of our favourite biryani. Introducing you all to the esteemed Biryani Board from the best of IIT Basmati Rice - Mr India Gate, Mr Dawat, and Mr Kohinoor. So, participants tell us what you bring to the plate!

Salt (adjusting his blazer): I don't deem this necessary; I think we all know I'm sodi-yum. I'll take my own corner office, and, for now, your leave.

Salt strides away gracefully, leaving everyone in awe.

Sugar: Man, why aren't I more like him? We're twins.

Panel (visible confusion): Wait what, you're sugar? What are you here for?

Sugar: Oh. God! Is this not Jalebi Inc. recruitments?! I gotta go!

Panel: Well, that was awkward.

Moving on...

Elaichi: Although I need no introduction, but hey everyone, I'm neglected - Oh! I mean I am Elaichi. I have a PhD in Aromatic Effects (only) and am usually

side-lined by my eaters.

Panel (discussing): "A literal seed in biryani? She's going to be tyrannized!" "But look at her qualifications, we need the fragrance and she needs friends, of course!" "So, Miss Elaichi, you are selected!"

Elaichi almost faints because of the validation & Saffron scoffs.

Saffron: You peasants are so entertaining. Anyway, I am the Queen of Spices. *Flips hair*

Chilli Powder (laughing): Queen of Spices it seems! Sorry, Miss Oh So Saffron! But to burst your bubble, you must know expensive isn't always classy.

Panel (whispering): This boy is on the list. The exact amount of heat we need! Chilly, you are in.

Cinnamon (waiting for applause from the audience): Kon hai yeh log jinhone abhi tak mudke mujhe nahin dekha?

Saffron: "Beta Ji, the R in biryani stands for Ruk jao thoda. Kids these days are unaware of the fact that our legendary biryani runs on the 3ps - 'patience', 'parampara', and 'pyaar'.

Cinnamon: Uhmm! Sorry? Aren't you supposed to be retired. You're like 4000 years old?

The war intensifies as the board shushes everyone.

India Gate, Dawat, Kohinoor (all together): Congratulations to all of you! You'll soon be briefed by Mr Chicken, your manager.

All the spices celebrate their newfound purpose and come together for biryani dance. GII

6

Rasas of life



Dr Amita Chauhan Chairperson

Happy New Year my dear Amitians! As we begin a new year full of joy, hope and aspirations, I wish to share that all these emotions, and many more, are an integral part of a happy and healthy life. This is why our ancient Vedic texts lay emphasis on the nine emotions or navrasas namely Sringara (Love), Hasya (Joy), Adbhuta (Wonder), Veera (Courage), Shaanta (Peace), Karuna (Sadness), Raudra (Anger), Bhayanaka (Fear) and Vibhasta

(Disgust). These rasas define our life and that's the reason we need them for the very existence of human life.

Moreover, emotions help us to communicate with others, such as when we feel sad and need some help, when we sense danger and act accordingly, when we seek to bring about change or when we feel angered or disgusted with what's wrong around us. In fact, when children begin to explore the myriad possibilities the world has to offer, emotions act as a powerful tool to guide them towards making the right choices. Therefore, young minds must develop a high emotional awareness from an early age, because it is only then that they will be able to build better relationships and move past difficult feelings more easily. Understanding all the navrasas of life is, thus, necessary to build sound physical, mental and spiritual health. So, I will talk about one of the navrasas in each of my forthcoming columns to live a successful and happy life.

At the same time, this column cannot be complete without sharing the stellar achievements of my Amitians. Recently, AIS Gurugram 46 was awarded Certificate of Merit in the Schools for National Energy Conservation Awards 2022 by Ministry of Power for being an energy efficient building. What better way to start the new year!

Change is key



'Asanshayam mahā-bāho mano durnigraham chalam/abhyāsena tu kaunteya vairāgyeṇa cha grihyate...' reads the Bhagavad Gita. Lord Krishna posits that the mind is undoubtedly difficult to master, but it can learn to adapt 'by diligent practice'. Over the years, The Global Times has adopted the tradition of traversing the journey from ideas to reality by streamlining the editorial boards of Amity Schools as part of the GT Making A Newspaper

Contest. The present edition found its beginning at the fag end of the COVID-19 pandemic. It was a vehicle of transition, from a past hitherto unseen, to a future unforeseen and dynamic. Amidst such uncertainties, the students, yet again, justified their appellation as Amitians. They developed and sustained a cheerful, meticulous and persevering attitude. The fountain of this pivotal optimism and inspiration is embedded in the constant guidance of our beloved Chairperson, Dr (Mrs) Amita Chauhan. Her pearls of wisdom and riveting anecdotes were the driving force behind the making of this contest edition.

Having borne witness to the myriad of meetings, rounds of write-ups, assemblies of artworks and panoply of photographs, all conceptualised and collated by the editorial board of AIS Saket, I congratulate them for setting the tone of GT Making A Newspaper Contest by coming up with the very first contest edition in 2023. Hope you enjoy reading it and wish you a very Happy New Year.

The integration of tradition

A Mirror To The World Of Culture

Yajika Dagar, AIS Saket, XI C

s Iran contended for its 'Yalda/Chella' to be added to UNESCO's list of intangible cultural heritage, India backed its claims, citing the significance of the deep-rooted tradition. The Yalda Night or Shab-e-Chelleh is one of the most celebrated traditional Persian events marking the longest night of the year, ie, December 21. The event witnesses gathering of the entire family around a table adorned with a series of symbolic food and objects.

While sceptics are likely to find their way in just about anything, India backing tradition is homerun for the motormouths. Tradition and India when written on the same page is bound to be a leaf from the book of 'retrogressive' and 'anti freedom'. It is unfortunate that India's deep inclination for its tradition and nature is often looked upon as backward when there are several other Asian nations who vouch for their culture with equal vehemence. Take Japan, for instance. Not bowing as a greeting or using forks and knives instead of chopsticks in the country is considered nothing short of derogatory. And yet the nation is always touted as progressive.

In fact, dig a little deeper and it is not hard to reach the conclusion that Indian culture and tradition is perhaps the most progressive of them all. Sure, every culture and tradition is valuable to its particular populace, Indian culture becomes even more significant given its scientific approach towards human liberation and well-being. Very few cultures in the world have viewed their traditions as science and used them to become the most superior version of themselves. Still, many cultural practices in India are labelled as blind superstition. The truth, however, is far different with most of these customs stemming from a sci-

tion the uterus before passing through the heart. The toe ring presses this nerve, thus strengthening the uterus by aiding blood flow. The Indian custom of namaste brings together the fingertips, pressing the pressure points linked to the eyes, ears and brain, thus enabling one to remember a person longer. Besides, the recent pandemic made

The Indian custom of namaste brings together the fingertips, pressing the pressure points linked to the eyes, ears and brain, thus enabling one to remember a person longer. Besides, the recent pandemic made the entire world take notice of the water that our time-tested traditions hold. Be it through switching to the ancient practice of ayurveda to boost immunity or allaying anxiety driven by

social isolation via

yoga, Indian tradi-

tions had a lot to give.

Traditions as such connect our past with

our future. But while the

pertinence of traditions is

undeniable, one also cannot overlook the need of evolving them with time. Traditions are not cast in stone and their very nature requires them to evolve in order to meet the changing requirements of time and social contexts. As Mahatma Gandhi once said, "It is good to swim in the waters of tradition,

but to sink in them is suicide."



entific rationale. Take toe rings, for instance. Often chided for their roots in patriarchy, the toe ring is usually worn on the second toe. A particular nerve connects the toe to

Seasoning to taste

s a being in this cosmos, all of us can invariably feel a wide gamut of emotions. It is this palette of sentiments that anchors our life and helps us navigate the corridors of challenges. To believe in oneself and wear

the armour of positivity and passion, are the only shibboleth in this



direction. If we remain certain that victory is ours and proceed onwards with a full view of ourselves, there is no impediment that cannot be won over.

As another year passes, AIS Saket brings to you a different set of dishes on each

page of its contest edition, accompanied by mesmerising artwork and

graphics prepared with utmost love and vigour. Each story is connected to the lives of the writer(s) who sculpted them; it holds aspects and flavours of their lives that I am certain each of you will also relate to, at different junctures while reading this curated piece. Our hope in our efforts to bring you an exotic edition is that you must never lose sight of your goals, even as you encounter diverse emotions and learn to appreciate all flavours with consideration and constant learning. Happy Reading!

cal reporter, my day can start at six or

seven in the morning, and can even

The demands and rewards

The job is very competitive. You have

to be alert because nobody knows

which news the rival channel is going

to break. It also is a reward because

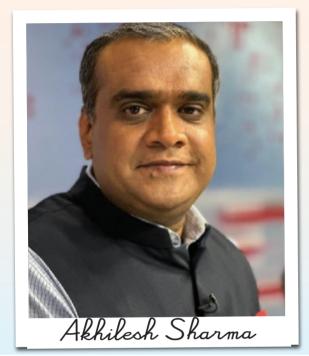
breaking the story first feels like you

end at 11:30 in the night.

The journo journey

AIS Saket
2022-23

A wise man once said, "Journalism is the first rough draft of history". And scripting history are our real life heroes aka journalists with the mission to uncover truth. Ravina Rastogi, XA & Suhana Abrol, XII E, AIS Saket, converse with the leading journos to bring you all that this career entails.



The experience

I started my career in 1994 with Dainik Bhaskar. Since then, I have worked at TVI, BBC Hindi TV, Aaj Tak, BBC World Service, and NDTV.

The requirement

I don't believe in formal education for journalism, but it does not mean that it cannot help. Another thing is that you need to read newspapers, and studying history and civics will be beneficial. Also, in the current era of mobile journalism, you need to be a one-man force as you are required to do everything by yourself.

The pay and hours

Working in a newspaper, television channel, or a digital media will all have different pay scales. As a

Meet the expert

Akhilesh Sharma, a political journalist & executive editor, NDTV has an experience spanning three decades in broadcast media. He has covered several important political stories. He graduated from IIMC, New Delhi and Cardiff University, UK.

fresher print journalist, you might get 20-25,000 INR per month, and it might be 5-10,000 extra for TV journalists. You are expected to follow a shift, but a reporter does not

really have one. As a politi-

have done something wonderful.

The options

When I started, there was no YouTube, internet, vlogging, blogging etc., but you have them now. You can even do freelance work, and start your own account. You can also explore digital platforms like The Print, The Caravan, The Wire etc., which can help you get good exposure.

Vidhanshu Kumar

The experience

I always loved sports so I wanted to be a sports journalist. I started out by working in a newspaper but soon switched to TV.

The requirement

You must have good communication and writing skills, and you need to be passionate. You can also study Mass Communication to make your entry in the field smoother. Good observation skills and 'nose for news' is required.

The pay and hours

At the entry level, you can get around 20-

Meet the expert

Vidhanshu Kumar is a cricket journalist. With experience in all forms of media, he has been a part of the launching teams of Sahara Samay, IBN 7, and News X. He has reported from more than 20 countries, and worked with Asian Age, ESPN Star Sports, BBC, and several others media platforms.

25K INR per month. The starting salary may not be great, but with hard work you can earn enough and travel a lot. Though there are shifts, you don't really abide by that; you are always on the job.

The demands and rewards

The job is demanding, so you will have to figure out a way to manage your personal life, but seeing your byline in print or see ing yourself on TV is a big reward.

The options

Sports, as an industry, is growing a lot so there are various options. A lot of leagues and jobs in the digital sector are coming up.

The experience

My experience has been very exciting. As an environmental journalist, you need to look at all the aspects of policy making and visit different sites. You need to see for yourself whether the decision being taken is impacting environment or not.

The requirement

You need to love nature and you need to be a graduate. If it is not in journalism, you can get a one-two year diploma in journalism from institutes like IIMC, Asian College of Journalism, etc.

The pay and hours

The starting salary won't be very high, but as your experience grows, you can earn 3 lakh INR per annum or even 25

Meet the expert

Vishwa Mohan is an environmental journalist & senior editor, The Times of India. In his career spanning 25 years, he has worked with The Asian Age, Mid-Day, and National Herald.



lakh INR and more. Everything depends on the expertise you have developed.

The demands and rewards

You can either work at the desk, which usually has set hours, or in the reporting team, where you have to be on your toes round the clock. You will have to adjust to the life of always being on the job, but reporting a news piece and getting credit for it is always very rewarding.

The options

There are various organisations you can join or you can even do freelancing work.

A flashing light Graphic: Divyaansh Serth, AIS Saket, XI A

Prisha Dubey, AIS Saket, X A

was woken up by a flashing light from an abandoned house across the street at midnight. I was puzzled, not by the light, but by the regularity of its occurrence. However, any puzzle can be solved with the power of mind. I knew that I was not allowed to step outside in the dark because I was just eleven. So, I began my investigation during the daytime. I started with the house in question to find who the recurring nocturnal visitor responsible for the light was. After questioning innocuous shopkeepers and other regular folks, I got to know that an immigrant couple had moved into this house years ago. The husband died shortly after, and their son was raised by the mother. After years, the son moved to the city to commence a business, and his mother continued to live here till she passed away.

The exterior of the house revealed nothing, so I boldly opened the front door and stepped inside. The

furniture was old and the walls bare except a framed picture of a woman with a young boy with striking green eyes. An hour later,

was fiddling around

the house. All my efforts had come to naught. I sat down on a chair; it was then that I noticed a creased old letter lying on a table, which read, "It's not a hefty amount, but I hope it helps you in some way or the other, my dear." This piqued my curiosity, but offered no definite explanation.

The house had yielded answers, and yet the mystery remained. A walk in the fields would give me a chance to clear my mind. Lost in thought, I had come very far, and suddenly collided with a tall man. He seemed preoccupied with his thoughts and murmured an apology. Then I realised that I had never seen him before. In a small neighbourhood, everybody knows everybody. But suddenly his green eyes revealed his identity.

"Don't you want your mother's gift, monsieur?" I spoke lightly. The stranger was startled, and said, "B-but how did you know?"

> And before I could say anything, he confessed, that he was here looking for the money his mother had left behind. His

business was not doing well and was on the verge of bankruptcy. He was way too ashamed to

"Don't you want your mother's gift, monsieur?" I spoke lightly. The stranger was startled, and said, "Bbut how did you know?"

openly look because he hadn't come to see her enough. So, he visited during the night when no one was around. Though I could not comprehend his emotions, I told him that his mother would have wanted him to lead a life of comfort. To his surprise, I told him that I knew where the money was. I led him back to the house where, within a secret drawer, were the money and his mother's jewels. Several years later, a Belgian detective entered a posh tailor's shop in London. He observed the fabrics and the exotic patterns while twirling his waxed mustache when suddenly the owner of the shop drew his attention. "Ah!" exclaimed the detective; "You really did make something for yourself." The known tailor quickly replied, "The credit entirely goes to you, Monsieur Poirot!"

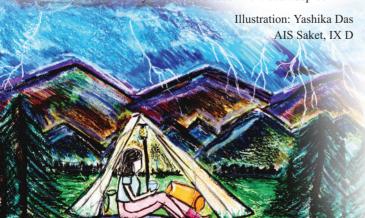
Friends with chaos



The night came alive with the Lightning's thunderous uproar Yet, I sat still in the meadow Much cold and dead to the core saw a contrast in the dark sky

With a golden streak in its midst

It would bellow intermittently Like the ancient Roman Cornu It was raucous and unbearable With each strike, its anger grew It sounded like a bad auspice



Of what was about to come

Zestful winds spun all around Chasing each other without halt I imagined it to be a duel or a Fervid dance to Chopin's Waltz Whatever may be the occasion The unusual sight had a charm

I was lost in this pandemonium And didn't realise when those Powerful winds overwhelmed Landing me in the eye of a storm Trapped between its gray walls That akin to towers stood high

But what really bewildered me Was the tranquility and silence In this castle of ghastly winds How perfectly the storm prop And then, just like that Order made friends with chaos. GI



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Made in China

Weighing In On Why The Global Economy May Never Be The Same

o say that the last few years have been 'economically turbulent' is a colossal understatement. Starting off as a murmur in 2021, threats of a full-blown global recession are now getting louder. Inflation has

coalescence of geopolitical tensions, supply chain disruptions and rising interest rates at that is making sure it stays that way. Pair that with the world's largest powerhouses - UK,

surged to its highest level, and an unenviable US and China, slowing down to a crawl, and the situation worsens. So, what does the future have in store for us? Read on as Anunriya Nayak, X A & Vanalika Konwar, X B, AIS Saket, try and predict it for you.

"US economy on a tailspin into recession"

From the mainland: Over the past several months, a gut punch to the US economy seems to be on the horizon, for the nation, boasting the world's highest GDP, is already showing traces of disasters. The interest rates offered by The Federal Reserve System and other central banks in the States, for instance, have risen abnormally high, going up to 4% from 3.25%. War-induced (Russia-Ukraine war, to be precise) rise in gas prices and the accompanying increase in food, energy, and transportation costs has triggered record-breaking inflation at 9.1% in June 2022 compared to just 5.4% in June

For the world:

2021.

Just as The Great Depression started with a heavy fall in stock prices in the US, it can be inferred that if the biggest economy takes a hit now, it will have a ripple effect on the global economy. Global emerging markets, including those that have made solid investments in the US or those with stacks of US assets, are going to stumble and fall, while major exporters to the US, including the likes of Mexico (of petroleum), Canada (of cars) or even China (of electrical machinery), are going to face severe financial crunches. For as they say and rightly so, "When America sneezes, the world catches a cold."

Rest in peace "Made in China"?

mainland: the China's economy has greatly slowed down, with its annual GDP growth falling to 0.4% in April–June 2022, as compared to 4.8% in the

January-March quarter, and

the credit for the same goes to COVID-19 pandemic and a free-falling market. This fall in growth is dubbed as the nation's 'second lowest' ever since the 1990s. If that wasn't enough, high tariffs, increased geopolitical tensions, and the lockdown have all collectively rendered businesses in

the nation difficult. Statistically speaking, around 60% companies and 82%

> manufacturers in the nation reported a slump in their production activities. For the world: The recom-

mencement of Chinese industries has played a crucial role in global economic recovery post-covid. The dragon's economic nosedive thus is sure to impact the world negatively. Besides,

China is also a large supplier of industrial and consumer goods, a disruption in the supply of which will impact global trade tremendously. Is it thus time to bid adieu to the 'Made in China' tag, or will the dragon bounce back stronger than before?

"British Raj's fall from grace"

From the mainland: Owing to high inflation, low growth, weak investments, and an ongoing war, UK's economy has shrunk by more than 0.3% in the three months through October (2022), signaling the start of

perhaps the longest recession faced by the nation since 1940s. As part of it, output by productive industries has already dropped 1.7%. Consumer price inflation, conversely, surged to a 41-year high of 11.1%. If that wasn't enough, household incomes are being squeezed, interest rates are rising while business and consumer confidence continues to weaken. It's the 1800's all over again, but oh how the tables have turned!

For the world: The UK entering a recession could tip other markets over the edge and vice versa, due to their close ties and mutual reliance. The complete Euro zone, especially Germany, France and Ireland, would fall into a slump, for one, with inflation therein projected to be peaking at a rate of 8.5%. The resultant contraction of economic activity is set to continue in the first quarter of 2023 as well. Its heaviest impact, however, would be felt by Southeast Asian countries' merchandise exports, tourism and investment sectors that see UK as one of their largest trading partners.

Is atmanirbhar Bharat atmanirbhar enough?

Being a still-developing third world nation, the world had few hopes from India. And yet, in a series of final showdowns, economists all around the globe have predicted the nation to witness a growth of 6.5%, potentially becoming the fastest growing economy globally. India is highly unlikely to be affected by this global crisis since the nation is decoupled, implying that our



than other countries. Additionally, due to exodus in China, billion-dollar countries are now turning to India as a manufacturing hub. India also finds itself in a quite favourable position due to the low external debt and prudent monetary policies. But not everything is as hunky dory as it seems. The Russo-Ukraine war and the subsequent decline in the supply of major foods has resulted in an abnormally high raise in food prices in the nation. Besides, economies have become highly interlinked and dependent now, insinuating that a global downturn



Page editors: Bhuvi Pandey, XI A & Raabia Ali Abidi, VIII B, AIS Saket

Ground Reporting

A custodian in blue

Disseminating Information In Local Language Using Bluetooth



Chhavi Chawla, XII E & Kavya Verma, IX C

AIS Saket

rom posts to podcasts, slogans to subreptions, comments to cancellations, mankind has left no tool in its armamentarium go unused when it comes to ensuring that every corner of the world gets conversed with. However, it is in this mess of noise that Bultoo Radio brings a signal to and sheds light on a blind spot long left alone - The Adivasis. Read on to know how...

The conception

It all started in 2015, when Shubhranshu Choudhary, co-founder of CGNet Swara, a citizen journalism platform, noticed a group of Adivasi kids playing with their phones in the Barwani district of Madhya Pradesh. "When I enquired about their activity, one of them replied,

'We are doing Bultoo, sir'. I immediately understood that the kids were transferring pictures and videos using 'bluetooth' on their phones." This little exchange, recalled Shubhranshu, sowed the seeds for Bultoo Radio - a vernacular-friendly radio programme accessible on phones via bluetooth, that has allowed the world to tap into a populace that belongs to what we call media dark zones.

The inception

The driving aim of Bultoo is to provide a common ground for Adivasi tribals and non-Adivasis to communicate and share content in their local languages. This may include a whole gamut of recreational stories to specific problems being faced by the community. These stories are transmitted to the masses via radio. "Bultoo makes use of its 'Voicebook' programme that allows users to record local news on their phones. The users are then required to approach trained citizen journalists in their



localities to transfer the said content via bluetooth," he elaborated, detailing the process of content generation using Bultoo. But given the menace of fake news in the current age, "this news is first verified. It then gets converted into audio forms and uploaded to the CGNet Swara website. Post which, Gram panchayats with broadband facilities download these for media vendors to transfer them to the villagers' phones, who further share it in their locales

using bluetooth." As for its cost efficiency, he added, "radios over phone signal are definitely costlier than bluetooth transmissions. This, along with the ease of using bluetooth, provides enough incentive to the villagers to use Bultoo."

The reception

"The Abujmarh region of Chattisgarh, home to a mix of indigenous tribes, has been the hotbed of Maoist insurgency, rendering it technologically underdeveloped. By

making use of the basic handset, Bultoo has given these tribal communities a voice. Travel a bit further south and you will find the Pahadi Korwa, a small tribal community in Central India, whose language and culture is on the verge of extinction. But they are now being trained to use Bultoo through special workshops. This has led to younger generations being exposed to their language, especially with the transfer of traditional knowledge about medicine and food from the forest," iterated Shubhranshu, attesting to Bultoo's usefulness. No surprise then that Bultoo has gained national recognition for effective communication in rural India, where the majority of the populace resides. Besides, it is necessary for journalism to be oriented towards the common good. For stories of those often omitted in print, told orally, allow for a responsible and representative dispensation, something that journalism had only hoped to do thus far. GT











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Save energy, save planet

Amity Recognised As An Energy Efficient School

AIS Gurugram 46

The Ministry of Power, Government of India, every year recognises industries and institutional establishments for their exemplary efforts towards energy conservation in the country. It is a matter of great pride that this year, the school was awarded the Certificate of Merit in the Schools at National Energy Conservation Award 2022 (NECA 2022) at a glittering award ceremony held on December 14, 2022, at Vigyaan Bhawan, New Delhi.

The prestigious award was presented to the school based on the evaluation of the school building



on parameters namely energy savings, EPI reduction, BEE star labeling, energy audit in three

and ISO 50001 energy management certificate. Dr (Mrs) Amita Chauhan, Chair-

person, Amity Group of Schools

years, green building certification

& RBEF, along with school principal Arti Chopra were present on the occasion and were felicitated with the award by Minister of Power, New and Renewable Energy, RK Singh. The event was presided over by President of India, Draupadi Murmu.

Japan on canvas

AIS Vasundhara 6

udding artists of the school brought laurels at the eighth national level painting competition, named 'Japan on Canvas', organised by Experience Japan, a non-government organisation, from Oct 1 -Nov 20, 2022, to mark 70 years of Indo-Japan diplomatic relations. A total of 1468 students from 62 schools across India participated in the event that was conducted in two categories, namely Category 1

(age group 8-11 years) and Category 2 (age group 12-15 years). Topics for Category 1 and 2 were Mount Fuji and Sakura & Japan-India Friendship.

Ronak Varshney (Class VII) and and Adeena Malik (Class VII) were the national winners of Category 1 and 2, respectively. In Category 1, Kiara Jain (Class VII), Riddhi Goyal (Class VII), and Kasturi Hembram (Class VIII) received the award for outstanding performance. Aastha Aggarwal (Class VII) and Vincy Bansal



(Class VIII) in Category 1 and Aashee Jha (Class X) in Category 2 won the award for extraordinary performance. The paintings of top 32 were put on display at the Japan Foundation from December 15-23. 2022. Amitians paid a visit to the exhibition as well. GI

AIS VKC Lucknow

mity Udaan', the annual sports day of the school, was held on December 3, 2022, based on theme 'The rise of new India'. The day commenced with the address by school principal Rachna Mishra, who presented the report on school's achievements during the academic year 2022-23.

This was followed by various sporting activities comprising torch relay, march-past, drills, yoga, pyramid formations and gymnastics, athletic events, duathlon and other relays that kept the spectators on the edge of their seats. The grand finale of the event showcased unity in diversity in India, wherein students repre-

MUN winter camp

The second online edition of Advanced Amity MUN Winter Camp was organised from December 8-9, 2022, under the aegis of Amity Educational Resource Centre, to enrich the knowledge of students who have already participated in MUN. The two-day camp designed to nurture global citizenship and provide students with specialised training through simulation and experience sharing was attended by 51 participants across Amity Group of Schools.

The event teed off with a warm welcome address by Director AERC, followed by the chants of gayatri mantra and sharing of experience by delegates who had previously participated in MUNs, Samaya Chauhan, Sanjana Chauhan and Samara Chauhan, all from Class IX of AIS

Following this, the camp activities

commenced, wherein all the participants were divided into two groups, namely Stakeholders Meet and International Monetary Fund. The proceedings of Stakeholders Meet was chaired by AIS Gurugram 46 alumna Avisha Dhiman and AIS Mayur Vihar alumnus Saarthak Sharma. The committee session on International Monetary Fund was chaired by AIS Pushp Vihar alumna Khushi Girdhar, along with Raabia Ali Abidi of Class IX from AIS Saket.

The committee sessions began with the introduction of the Chairs, followed by an overview of the committees and their functioning. The Chairs also explained the proceedings of documentation and different clauses of the position paper. The camp concluded with the address by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, who encouraged them to strive to make India proud. GIT

Sports day





sented various states of India through mesmerising cultural song and dance performances.

The occasion was graced by Dr (Mrs) Amita Chauhan, Chairperson Amity Group of Schools & RBEF, and eminent members of Amity University along with principals of eminent schools of Lucknow. Chairperson addressed the gathering through virtual mode, and encouraged the students to scale new heights. The event culminated with an awards ceremony, wherein the winners were awarded trophies and medals.GI



Rocksport 2022

AIS Mayur Vihar

one day adventure camp in Aassociation with Rocksport was organised for the students of Class III on December 6, 2022. The camp, aimed at increasing

the physical stamina of young Amitians, included various adventurous activities and games like Burma bridge, swinging bridge, zorbing, horizontal crawl, hamster wheel, etc., for the students to indulge in.

Confessions of a pedant



The Falsely Accused Fault-Finder Coming In With A Case Of Self Defence

Sarthak Sahoo

AIS Saket, XII G

ve been doing this for 17 years now. Well, 17 years, two months, and four days to be exact. They call me a pedant. The one they describe as an annoying person for the irresistible nature of focusing on the minor details in life. But then again, they also think pumpkins are vegetables, so they clearly have a poor track record. I like to call myself a compulsive 'harbinger of truth' instead. I stand before you today to recount my daily experiences and the sorrows that befall me.

(Un)popular, (un)cultured

Don't get me started on those neverending references! One may have never graced their eyes with Arthur Conan Doyle's novels, but one BBC show later, everyone's a fan of Sherlock Holmes's deduction. They don't even know that he draws premises from conclusions, not the other way around. It's abductive reasoning he uses, but apparently 'no one cares', my friends say.

What's up?

Talking of friends, I don't get text messages often — I wonder why! – but when I do, I find them jarring to the very core. Misplaced commas, absent full stops, and profuse semicolons have become the bane of my horrifying chatting experience. What worth is education, pray tell, if you cannot even punctuate the text messages properly?

Cross the pond

And for misery's sake, when will we decide between writing conventions? The protests to switch to British 'single quotes' as the primary form over American "double quotes" have not been heeded by practically anyone. And when I bring that up, all I get is a bunch of ughs and rolling eyes that tell all. Poor people don't even realise their own wrongs.

Problematic abbreviations

I have often been suggested retail therapy to calm my woes. Never mind (No, do mind!) the fact that retail therapy is less therapy and more symptoms of other problems. I tried to escape my suffering there. Big mistake! What is the point of acronyms if we aren't going to follow them anyway? It says - ATM Machine. PIN Number. OTP Password. Has anyone even bothered to understand what they are reading and writing these days? And trust me, it's weird enough. Anytime I say 'One Time Password' in front of others, they look at me as though I were the savage amongst them.

Who said that?

If I had to defend myself, I would quote Harvey Lee when he said, 'You never really know a man until you stand in his shoes and walk around in them'. Of course, yes, that reminds me - there's the deranged quotes epidemic. It is an exhausting ordeal explaining why it actually wasn't Albert Einstein or Plato or Voltaire who said that. No. Darth Vader did not says 'Luke, I am your father', he said, 'No, I am your father'. Get your facts' right, please, if you are going to quote someone. And I haven't even seen Star Wars!

Ecce homo

Setting aside the Mandela effect delusions that crowd everyone but me, I feel compelled to state that you should not take me as a hubristic pomp, which I absolutely am not. I don't say this because I am afraid of judgment, but rather because I don't want more falsities chiding at my surroundings. Just don't be wrong, bro.

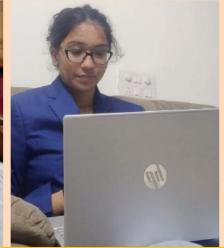
And I'll dismiss the invective you have - no, I don't think that I'm better than anyone. I'm just 'epistemically accurate'. And yes, that's completely different. Trust me, I'm a pedant harbinger of truth.



Illustration: Shivi Bachhotia, AIS Saket, XI F











Editors-in-chief to the rescue (L-R): Leela Ajeet, XI C, Nandita Bansal, XII E, Sarthak Sahoo, XII G & Manya Bhatia, XI E