



"Peace is the only battle worth waging." Reiterating the significance of peace, we bring to you this special edition, an initiative of the editorial team of AIS Vas 6, on the occasion of International Peace Day celebrated across the world on September 21. Including thought provoking poems, opinions that leave you with food for thought, informative bytes on peace treaties, this edition hoists the white flag, in fineprint. Scroll down for a peaceful read.



Piece of Peace

Pondering Over The Perceptibly Pacifying Power Of Peaceful Pacts

Ananya Mittal, AIS Vas 6, XI D

Fights, wars, violence, bloodshed – there is no end to the accounts of these in the pages of history, so much so that one would have thought it to be the only way to achieve what is wanted. But if red is the colour of some pages, white adorns the book as well, paving the way for white flags waving in the sky with doves scattered throughout. So, as an ode to the International Day of Peace on September 21, let's revisit some of the historic peace deals that have shown the world the true power of accord and amity.

Treatying a way for both

"A bullet is to be answered by a bullet" – though many believe it to be so, it doesn't always stand true. Case in point – the Egypt-Israel peace treaty. Signed on March 26, 1979, by the then Egyptian president Anwar Sadat and Israeli prime minister Menachem Begin, it was the harbinger of peace as it ceased the state of war that had existed between Arab and Israel since 1948. It normalised the relations between the two states and caused Israel to withdraw its armed forces from the Sinai Peninsula. From demilitarising the place for Egypt to allowing free passage of Israeli ships, from recognition of Strait of Tiran as international waterways to ending of military rule, a lot of solutions were implemented with this treaty.

One for the peace

Beginning on October 15, 1979, the Salvadoran Civil War started with an attempt to overthrow the then presi-

dent Carlos Humberto Romero, and ended up killing around 80,000 people and displacing more than a million in its 12 years of rage. Yet a war, which never seemed like would end its terror, finally stopped, not with a nuke but with a signature on the Chapultepec Peace Accords. The deal established peace between the Salvadoran government and the Farabundo Marti National Liberation Front, the most prominent opposing force. Mediated and observed by the Roman Catholic Church and UN, the agreement covered five fundamental areas, and led to a ceasefire.

Agreeing for the better

The dissolution of a country is never a peaceful task, and such a fate also awaited the Socialist Federal Republic of Yugoslavia. The collapsing of the nation witnessed violence between Serbian, Bosnian, and Croatian forces as they fought for territorial control. The result – ethnic cleansing, rape, prosecutions and so much more. But violence can never be answered by violence, so to finally spread amity, the Dayton Accords were signed in 1995, ending the worst European conflict since WWII. The accords

established separate Serbian and Muslim-Croatian political entities, giving way to a single sovereign state of Bosnia and Herzegovina, and ceasing a raging war.

Constitutionalising freedom

Apartheid, a system of institutionalised racial segregation in South Africa, wreaked havoc for peace and unity. Suppressing the black African community in their own nation, its social, political, and economical ramifications continue to linger, but only a right can right a wrong!

Bilateral and multi-party negotiations were conducted between 1990 and 1993, which culminated in the new interim constitution of the country. This first-of-its-kind constitution made the first non-racial general election possible in the country in 1994, and even made provisions for a major restructuring of the government to abolish apartheid. Bill of rights for all were introduced, Nelson Mandela was freed from jail and also became their new president, and a constitutional court with powers of judicial review was created. The power of pen and peace had rewritten the history of a country.

It is quite easy to jump to the path of violence, but these examples teach us that peace can also lead to the same solution with better results. Our history is soused in fights, so this International Peace Day, let's pledge to learn from them and do better, for our present and future. 🇺🇦



Illustration: Vaanya Tyagi, AIS Vas 6, IV D

AMITe poll

Do you think moonlighting, the practice of taking up a second job during or after the regular work hours, is ethical?

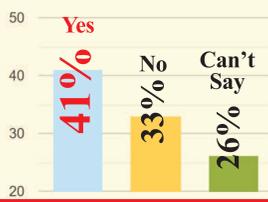
- a) Yes
- b) No
- c) Can't say

To vote, log on to www.theglobaltimes.in

POLL RESULT

for GT issue September 12, 2022

Will the recently launched iPhone 14 be more successful than its predecessors?



Results as on September 17, 2022

Coming Next

Prompt Box

Fooding around!

Archit Agarwal About His Journey As A Gourmet Cook

Avni Munjal, XI D & Shreem Gupta, VIII A, AIS Gur 43

"There is no sincere love than the love of food," said George Bernard Shaw once. Archit Agarwal, a cook and a full-time food blogger based in Delhi, rubber stamps it with his love for culinary science, food blogging, and everything in between. As the founder of LOST (short for Life of Simple Treats), a blog post about everything food, he excels in and is renowned for his recipe creation skills and food photography and styling. So, when GT reporters got in touch with him to know more about his love for the art of gastronomy, here's what he had to say; food connoisseurs, hearken!

On choosing a career

Food blogging has always intrigued me. When I was in college, I used to look for good canteens to eat at, but I wasn't really successful in finding any. That's when I decided to learn how to cook and become more self-sustained. This also made me recognise cooking as a great avenue to not only learn a new skill but also in a way decompress yourself, both physically and emotionally, from the everyday hustle. Having come to that realisation, I decided to study culinary arts at



GT reporters in talks with Archit

Dennison University, a liberal arts college in Granville, Ohio. I immediately started my own food blog post completing the course and rest is history!

On food blogging as a career

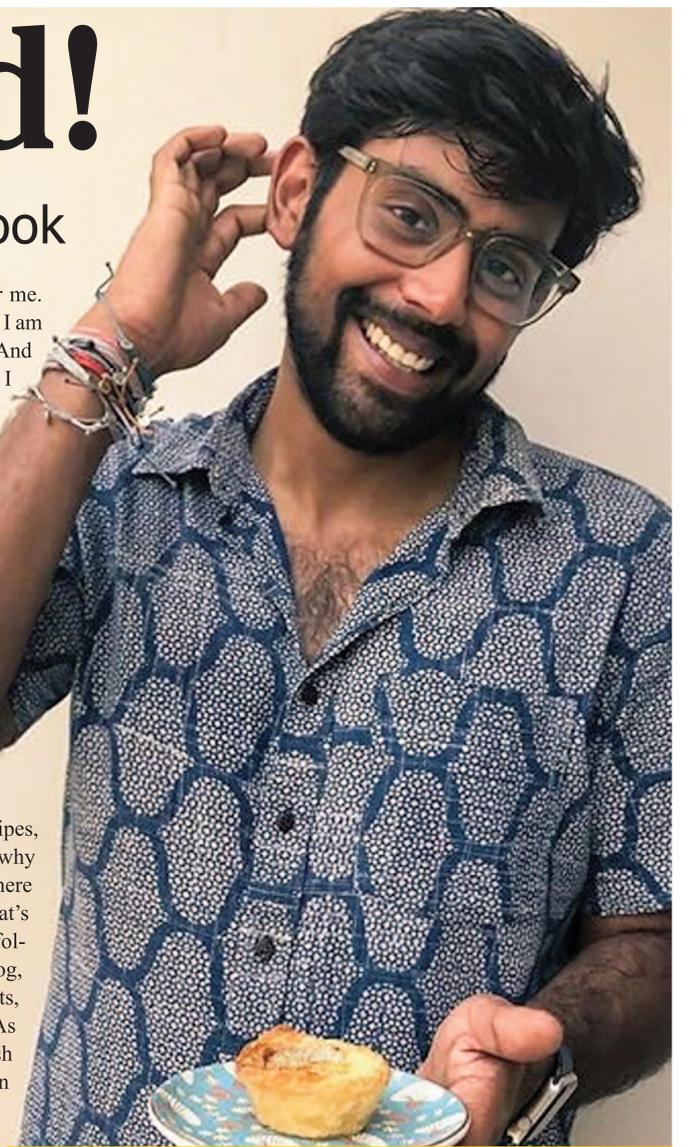
Though food blogging can be a little isolating at times since one has to work alone, it is a very fascinating career to pursue, m-thinks. The kind of access one gets to food and an active listening audience, without being a trained chef, is simply amazing. I mean you do have to be a master of multiple hats, like you have to be good at photography, video editing, content writing, and whatnot, but you don't have to start everything at once. The career allows you enough room to learn and excel.

On his speciality as a cook

Truth be told, I just cook whatever I like and

that's what makes food interesting for me. But if I still have to choose, I would say I am more focused on European and Italian. And if it's about a dish I personally feel I excel in, I would say Tiramisu. What makes it even more interesting is the fact that some of the ingredients required to make a perfect Tiramisu aren't really available in India, so that challenge to cook it for the Indian space, especially a food loving market like Delhi, is inspiring. And when I see people actually appreciating my food and following my recipes, it's encouraging on another level. And why would it not be? A recipe takes somewhere between 4 to 6 hours to be made, and that's just the shooting aspect of it. This is followed by video editing, writing the blog, giving it a voiceover, getting photo rights, and finally distributing all the content. As such, it takes me over 2 weeks to finish off one project, so a little appreciation from my consumers is all I ask for.

Continued on page 6...



Archit Agarwal, food blogger

The Jungle Marathon is a 237-mile race through the world's most dangerous terrains and crocodile-infested swamps.



Crazy games!

Around The WORLD

GT keeps the newswire ticking by bringing you news from around the globe



USA

Minnesota nurses on strike

To protest their 'understaffed and overworked' situation, around 15,000 nurses in Minnesota, working in different hospitals, walked out of their jobs on a three-day strike. Claiming that these working conditions have harmed patient care as well as exhausted health workers, they demand to negotiate new contracts with hospital executives. The strike has been described as one of the largest in US history.



UK

Queen's coffin shifted

The coffin of Queen Elizabeth II, who passed away in Scotland, has been transferred to Westminster Hall in London via a RAF Globemaster C-17 by British Royal Air Force. More than 4.79 million people watched the flight's movement on its website and around one million watched the stream on YouTube, making it the most tracked flight in world's history. Thousands of people, with even 30-hours of waiting period, have now lined up to pay their respects to the deceased monarch of the country.



SWEDEN

Prime Minister steps down

After losing the general election, the current prime minister of the country, Magdalena Andersson, has conceded defeat and has announced her resignation. The news comes as a result of Moderate Party led by Ulf Kristersson, the right-wing opposition, winning one of the closest elections the nation has ever witnessed. Andersson became the first female prime minister of the country last year.



PAKISTAN

Dengue cases soar

As a result of the severe floods in the country, which affected around 33 million and killed nearly 1500, the country now faces a surge in cases of dengue, along with malaria and gastric infections. More than 3830 cases of dengue have already been registered as many displaced people still reside near stagnant water, especially near the southern Sindh province. The doctors of Pakistan Medical Association fear that the situation is only going to get worse.



CHILE

Mountain glacier collapses

In a now-viral video, a 200-metre piece of a glacier at the Queulat National Park, Patagonia, is seen to be cracking apart and falling into the valley below. The incident is said to be caused by the high-rising temperatures as well as heavy rainfalls, which has severely impacted the ice walls of the area. The scientists of the country have claimed that the frequency of such events is very troubling.



KENYA

William Ruto as new president

In a grand ceremony held in the country's capital Nairobi, William Ruto was sworn in as Kenya's new president after winning the election last month with 50.5% of the votes. The ceremony was held just days after the Supreme Court dismissed the pleas of the defeated candidate, Raila Odinga, of the election result being rigged and unfair. William Ruto, previously, was also the deputy president of the country.



ARMENIA

Clashes with Azerbaijan

Clashes have erupted between Armenia and Azerbaijan, reportedly killing more than 100 troops, making it the worst fight between the two countries since the 2020 war of Nagorno-Karabakh region. Armenian prime minister Nikol Pashinyan has appealed to the Moscow-led Collective Security Treaty Organisation for help as Azerbaijan has aggressively managed to establish control over some of its territories.



INDIA

Bhutan border gates reopened

For the first time since the outbreak of COVID-19, the border gates between India and Bhutan at Samdrup Jongkhar and Gelephu along with Assam will be reopened on September 23. The decision was announced by Tashi Penjore, director of the Ministry of Home and Cultural Affairs of Bhutan, in a meeting with Bodoland Territorial Council, allowing easy access to tourists after a two-and-a-half-years break.





A QUEEN-SIZED DREAM

Are You Sure That You Want To Be A Queen As Well?

Chaitanya Bahl
AIS Sakt, X B

Once upon a time, in a land far away, there was a huge kingdom of honeybees called Honeywana. Somewhere in that kingdom a little bee named Buzz had just been born. Now Buzz was too little, but her dreams were too big for a newborn. She wanted to be the Queen bee.

Buzz could not wait to come out of her egg for that was when she would be fed royal jelly, a sumptuous treat made from the finest pollen and nectar. No wonder it was the queen's favourite meal. And when the day finally arrived, Buzz savoured every bit of the food and along with it her queen-sized dream.

But the happiness was short lived for she was soon sealed by another bee with beeswax so she could rest for another 8-10 days and turn into a pupa. "Rest little larvae so that you become a strong worker bee one day and

work for the queen," said the bee as she enclosed Buzz. "No, I want to be the queen," Buzz thought to herself.

Days passed, and soon Buzz was a little pupa. Soon after, she started shedding her skin. This she knew was an indication of development of wings. Her wings paved way for legs and tiny hair. With each phase in her life cycle, she thought herself of being closer to achieving her dream. She would spend endless hours imagining herself sitting on a couch and throwing orders to other bees.

Time flew by. Buzz completed her 21-day cycle and finally came out of her honeycomb. She did not want to waste a single moment and fled straight away to the queen's chambers. Tiptoeing, she made her way through to see what a life of royalty would look like.

She'd imagined finding the queen on a large throne sipping nectar and honey, lazing around. So, when she reached the queen's chambers to find her laying eggs, she was

The science of it

The lifecycle of a honeybee comprises three stages, namely, larva, pupa and adult. It takes around 21 days for the egg to transform into an adult bee who either becomes a worker bee or a queen bee.

quite taken aback. It was not one, not two, not three, but hundreds and thousands of eggs. Buzz let out a gasp. Just then she felt a hand on her shoulder, "Did not imagine your life as a queen to be like this?"

"But...how...how do you know?" was all Buzz could manage to say. "Oh come on! Now don't we all want to be queen bee, lazing on a throne, throwing orders?" Buzz felt as if someone had sneaked inside her brain. "But if we only knew that the queen bee has to lay eggs and more eggs; sometimes even

2000 a day. And that's once she becomes queen, which is not easy considering she has to fight other potential queen bee pupae before she becomes one – too much drama if you ask me," said the other bee.

Buzz was shocked. Bearing eggs that could exceed her own weight was not her dream plan. "Oh! And did I forget to mention that she barely gets to go out? So still want to be the queen?" added the other bee. "No thank you!" said Buzz, and flew away to get to work as a worker bee.



Imaging: Pankaj Mallik, GT Network



SCIENCE
BEDTIME STORIES

It is all in the blood! Not Your Regular Circ(le)ulatory System

Disha Dhir
AIS Gur 46, VIII B

"I am important!" "No, I am" ... statements like these could be heard loud and clear inside the conference room where all the important members of the human circulatory system had gathered for a monthly review meeting supervised by Mr Heart. As soon as Mr Heart entered the room, all the members took their seats quietly and the meeting began...

Erythrocyte: Hi, everyone! I am a cell in the human body, also known as red blood cell, that helps in the transportation of CO₂ and O₂ to different parts of the body. I am produced in the bone marrow and am shaped like a disc with an indentation in the middle. Neutrophil, you go next.

Neutrophil: Ah yes. I am a type of white blood cell, and while I only form 1% of the blood, I play a very important role. Not to be a braggart, but I am in charge of eliminating all bacteria and viruses that enter the body. I am the first line of defense and destroy all the bacterial toxins in the bodily fluids. I am also responsible for boosting the response of other immune cells.

Macrophage: And all neutrophils are wonderful at their job, but your lot cannot defeat me! I am a type of white blood cell that kills microorganisms that cause diseases and removes the dead cells. Also, when I enter the blood vessels, I take the form of monocytes and help in the breakdown of bacteria. I am the largest of all white blood cells and about double the size of a normal red blood cell. In short, I am the mightiest of

them all. I really am!

Eosinophil: Oh, macrophage, how delusional you must be to think that your kind is even comparable with me. I attack and eliminate parasites and cancer cells and help with allergic reactions. In fact, I also physiologically help in organ formation and modulating inflammatory responses!

Platelets: My friends, why are we fighting? We are all equally important! I am the smallest of blood cells; I go around the blood and bind together damaged blood vessels. In my inactive form, I am shaped like plates and in my active form, my formation changes into tentacles and looks like a spider.

Mr Heart: What platelet is saying is right! The circulatory system needs all of you to function. So, stop fighting and get back to work!



A trailblazing DISCOVERY

Rajeshwari Chatterjee, an Indian scientist and academic, was the first woman engineer from Karnataka

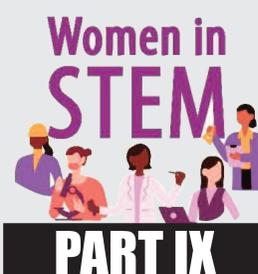
Ruchita Nair, AIS MV, XI I

Indian scientist, Rajeshwari Chatterjee was born on January 24 in 1922 and exhibited a temperament for science right from childhood. After her schooling, she graduated in Mathematics from the Central College of Bangalore and then joined Indian Institute of Science (IISc) in the same city in 1943 as a research student in communication engineering. In 1946, she was selected for a scholarship, to pursue higher education abroad and she left for the United States, an accomplishment not even too many men could claim in those days. She went on to study at the University of Michigan and successfully earned her post-doctoral degree from the Department of Electrical Engineering.

After attaining her PhD in 1953, Chatterjee came back to India and applied to work under renowned physicist CV Raman, but it is said that she was rejected because he didn't encourage women students. Chatterjee,



member at IISc in the department of Electrical Communication Engineering, where she taught electromagnetic theory, electron tube circuits, microwave technology, and radio engineering. She got married to Sisir Kumar Chatterjee, another faculty member at IISc, and after their marriage, they together set up a research lab and conducted research on microwave engineering, which was the first of its kind in India. Later, Chatterjee was appointed Chairperson for the Department of Electrical Communication Engineering. She made great contributions to the scientific and engineering communities and served her community as a respected educator. In 1982, she finally retired, but she didn't quit science. She continued to mentor students and worked on social programmes with the Indian Association for Women's Studies, promoting education of women in the field of science and technology. She mentored 20 PhD students, wrote over 100 research papers, and authored seven books.



however, was on an unstoppable journey of self-discovery and rose to great heights very soon. She went on to become a faculty



The Cellphone Throwing Competition is where competitors are judged on their mobile throwing technique and distance covered.



After ages of feuding, kings OTT and DTH have finally agreed to meet in person.

Will they design and agree to follow the peace treaty? Or are Viewership Lands to be fought over forever? Let's find out...

King OTT, how nice of you to finally arrive, I see the internet is working now.

MEETING ROOM

Hey King DTH, I see you've joined us in the future, knowing what the internet is.

Now that we've made our way past the pleasantries, let's get down to business.

MAP OF VIEWERSHIP LANDS

Despite our differences, we share a common goal: provide good engaging content to our viewers, and I have some ideas on how to overcome these differences.

Please, do continue

SOME TIME LATER,

Lack of regional content in your lands

Crossing over with some content providers

Simplifying the Wall of Subscriptions

Improving rural access to provisions

AND SO, THE KINGS CONTINUED THROUGH SILLY JIBES AND REVELATORY MOMENTS, THEY COLLABORATED, TO MAKE A TREATY FOR THE BETTERMENT OF THEIR LANDS AND PEOPLE...

Viewership Lands Peace Treaty

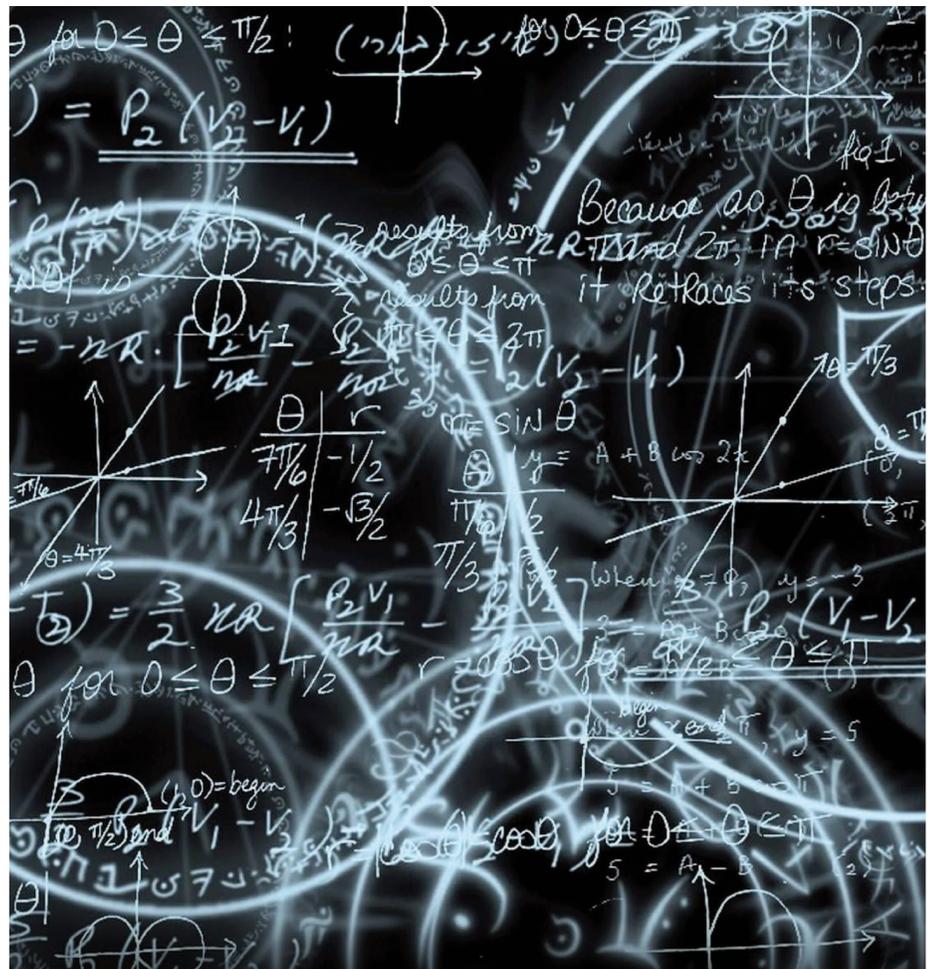
1. Expanding range
2. Simplifying W.O.S.
3. Aid in immigration of citizens.

I can't believe I'm saying this, but it was a pleasure.

Likewise.

MAKING PEACE IS HARD, IT CAN BE A ROCKY ROAD, BUT IF WE WORK TOGETHER, NO ONE CAN STOP US FROM ACHIEVING IT.

Text and illustration: Anika Bansal, AIS Vasundhara 6, XI C



Sines and symbols

An Account Of The Math 'Symbol Queen'

Anika Joshi
AIS Vas 1, Alumna

Albert Einstein once said "Pure mathematics is, in its way, the poetry of logical ideas." And just like poetry has poetic devices to make sure the message is going through, mathematics has me, his grandmother, the foundation stone of his family. They call me the Symbol Queen. Now, just because I am a granny, doesn't make me an ancient relic. In fact, it might come to you as a surprise that till the 16th century, I didn't exist. But then over the years I developed a dynasty of my own. However, for the sake of simplicity and *cough* word limit, I'll only be talking about my eldest and let's say the dearest ones: the plus sign- who only wants to see how things add up in the world, the minus sign- who wants to make a difference, the equal to sign- who (obviously) believes in equality and finally the division sign- who's been working at home for ages now; he doesn't really like to commute. Let's start with the humble 'is equal to sign'. When the Welsh mathematician Robert Recorde was writing an Algebra book called the Whetstone of Witte, he had to write "is equal to" almost two hundred times for the first two hundred pages before he finally birthed me, two hori-

zontal parallel lines, known as "the equal to sign." He said, "To avoid the tedious repetition of these words: is equal to: I will set as I do often in work use, a pair of parallels, or Gemini lines of one length, thus =====, because no two things, can be more equal." I know, I said, I didn't exist till the 16th century, but the Egyptians still had hieroglyphics to represent addition and subtraction, and not to be biased towards my current self, these symbols weren't convenient, or in widespread use, which is why I didn't include them in the be-

name is obelus, was invented by the Swiss Mathematician Johann Heinrich Rahn in his work, Teutsche Algebra. The word about this symbol, rather the symbol itself got popular in London when the English Mathematician Thomas Brancker translated Rahn's work. The multiplication sign was formulated by Oughtred, another father of mine who was credited with using 150 symbols in his work. There are only a few modern survivors out of these 150 and the multiplication sign is one of them. However, for the multiplication sign, the journey wasn't all smooth. The 'x' multiplication sign received some opposition from Leibniz, who wrote, "I do not like (the cross) as a symbol for multiplication, as it is easily confounded with x; Often I simply relate two quantities by an interposed dot and indicate multiplication by ZC.LM." However, it was 'x' that rose triumphant and got popular in the eighteenth century. I hope you now understand how significant I am in the world of math because none of you want to end up like one of my fathers, Robert Recorde who wrote "is equal to" two hundred times when two horizontal parallel lines can do the same job. Oh, and I'm not sorry about the math puns in this article. After all, puns are the very first sign of great intellect.

Autobiography

Never give up



Dr. Amita Chauhan
Chairperson

There are stories that one relates to personally, and then there are those which need to be shared with the whole world. The one I am going to share with you belongs to the latter category. This inspiring tale is about Japanese industrialist Kōnosuke Matsushita, also hailed as the 'god of management'. Before he founded Panasonic, Matsushita worked as an apprentice at an electric company. When he designed a unique light socket and showed it to his manager, he was asked not to pursue his 'little' idea any further. Despite this discouragement, Matsushita made more of such sockets and sold them from home, gradually diversifying into products like an attachment plug and a two-way socket. Finally, in 1918, he founded Matsushita Electric Housewares Works, which soon grew into Panasonic, Japan's leading consumer electronics company.

What Matsushita will also be remembered for, apart from his determination to succeed, is the fact that he was a shining example of humanity and benevolence. When jobs were at stake in World War II, he decided to cut production by half but not dismiss a single employee. He was also the pioneer of health insurance and recreational activities for employees, as he believed that only happy and healthy people could be truly efficient. He championed quality and competence in matters of promotion and hike.

The story of Matsushita is a testament to how one man's resolve can transform the world. So, no matter where you are, or what you do, keep chasing your dreams. After all, important things in life are accomplished by those who keep on trying, and never give up. **GT**

A Peaceful World



Vira Sharma
Managing Editor

"When the power of love overcomes the love for power, the world will know real peace". The edition you are currently looking at in your devices is dedicated to this beautiful thought, one that needs to be reiterated every single day. Consisting of insightful articles, evocative poems and many other marvelous write-ups which have been contributed entirely by GT journo's of AIS Vas 6, this edition is a testimony not only to the great penmanship of our Amity children, but also to the fact that compassion and empathy are ingrained in the very psyche of these young writers.

The top story of this edition, titled Piece of Peace by Ananya Mittal, meticulously enumerates and explains all the peace treaties history has been witness to. It seems to me that despite the lessons learnt in the aftermath of the two World Wars, mankind has still failed to understand the value of peace. The prompt box on Page 10, for instance, will make you wonder why racism of any kind should exist at all in a world that claims to be progressive and inclusive. Then, there are lovely poems, titled 'Oh, what a world' and 'Peace', by Vivaan Chaudhury and Kavya Sharma respectively on Page nine that make us long for a world where only love, harmony, and peace exist. It's not all serious, though. We also have the hilarious comic strip, titled 'Welcome to Viewership Lands', by Anika Bansal on Page five, where two streaming giants fight it out for attention, only to realise that peace is the only way for retention in the game. The last page which is an educational poster of the various signs and symbols of peace and their origin by Anika Khosla not only enlightens you but is also sure to bring a smile on your face. After all, as Mother Teresa said, "Peace begins with a smile". **GT**

The deal to heal

Nupur Tewari On How Her Yogic Journey Transformed Her Life

GOOD SAMARITAN

Sara Maheshwari, XII F & Advait Rajesh, VII B, AIS Noida

Meet Nupur Tewari, a motivational speaker, spiritual healer, philanthropist, performance coach, and yoga instructor. With her aim to spread the soul-touching teachings of yoga, meditation, and positive thinking, she started her NGOs, HealTokyo and HealIndia. An Indian by descent living in Japan, she has done a lot for the world to acknowledge Indian culture and values. Read on as she shares her journey.

On her journey

Growing up in a rural village wasn't easy for a girl who wanted to do something big in life. Since my village lacked electricity, I had to travel four kms to school and study under the dim light of a night lamp. I attended a Bengali medium school and had a lot of trouble with my English, but despite it all, I am standing here. A journey that began in West Bengal's Murshidabad and traversed numerous cities to find a home in Japan with my husband and daughter wasn't really a simple one. Though the outside world was considerably different from the life I had lived in my village, the friendliness of the people and tranquility of the sceneries in Japan helped me feel comfortable and at ease. I eventually discovered my spiritual side and started my incredible adventure.



GT reporters

On teaching yoga

I belong to a Hindu family where yoga was taught to me from a very early stage. As a result, ever since I was 5 years old, it has been an essential part of my existence. Here, when I noticed the similarities between India and Japan, I decided to introduce my Indian culture to them, including the language, food and yoga. I knew the people here would appreciate it. I started off by introducing different yoga styles like Hatha and Karma, and even shared life lessons and teachings from the sacred Gita with my students. I didn't think what I was doing was something exceptional or wonderful; I was just doing it because I wanted to. I love India, and I was so pleased to get a chance to promote and spread my culture in Japan.

On uplifting community

My aim for engaging in a lot of social and charitable activities was not to expect something in return, but to motivate others to make positive life changes, act on their passion, and fulfill their hearts. To start off, I organ-

The Extreme Ironing Competition is about contestants traveling to isolated locales with ironing boards and garments to iron.



Crazy games!



Nupur Tewari, yoga instructor

ised numerous yoga activities, and, with the aid of my friends in India, I started a school in Aligarh because I believed that having started something, I had a responsibility to see it through till the very end. Currently, we are funding a few students in the said school. Since we don't have any fund support, we are paying for everything out of our own pockets as of now, which makes the process a little difficult to manage. But we have been working hard, even from here in Tokyo, to provide support in whatever manner we can.

On message for Amitians

I've been to Amity University a number of times, so I consider it an honour to be interacting with The Global Times. To all the Amitians, I want to say that you need to be aware of how significant your life is, who you are, and how crucial your journey is. Consequently, resist succumbing to the numerous societal distractions you will come across. Be kind, loving, cheerful, and expect less, but be sure to expect a lot from yourself. Also, learn to respect yourself, act morally, and show compassion to others. **GT**

GT M@il

Dear Editor,
This is in reference to the article 'Beyond degrees' published on page three of the GT edition dated August 29, 2022. As we know, in today's world there is intense competition and to get ahead in this race of success, just a degree cannot help. In fact, one needs to train themselves in skills such as people management, good networking, soft skills, etc., to stand apart in the competition. Laying due emphasis on such skills, the article gives an insight into different kinds of transferable skills that one must acknowledge and utilise to polish their resumes and climb up in the ladder of any career. I am glad that GT stays on top of the latest trends and keeps its young readers well informed.

Kainaat Arif, AIS VYC Lko, XI



Issue: Page 3, August 29, 2022



Issue: Page 1, September 5, 2022

Dear Editor,
This is in reference to the article 'For the Love of Hindi' published on page one of the GT edition dated September 5, 2022. The article is an ode to Hindi language, its most celebrated authors, and their respective works. Giving an insight into celebrated authors such as Munshi Premchand, Rabindranath Tagore, Rajendra Pratap Singh, etc., the write-up introduces its readers to noteworthy and must-read pieces by these authors, who have shaped the way the world looks at Hindi literature today. The tributes and brief descriptions of the novels recommended by the Hindi teachers of the Amity Group of Schools, provide the young readers with a booklet to discover the brilliance of India's official language.

Arnav Goel, AIS Gur 43, XI B

Dear Editor,
This is in reference to the story 'The disguised fear' published on page eight of The Global Times edition dated September 12, 2022. As Lewis Grizzard once said, "Life is like a game of football, we have to tackle our problems and block our fear to score the opportunity", I think this idea was articulated well in this story. I had the good fortune of reading this extremely relatable story that depicts the situation of so many students accurately. This is an exceptional story for those who have the potential but cannot utilise it right due to their fears, insecurities, and lack of confidence. It is a must-read for all the students as this heartfelt piece deftly captures the essence of confidence and believing in yourself. Thank you, GT, for providing a platform to the students to showcase their perceptions and ways of thinking.

Nurina Amin, AIS PV, IX C



Issue: Page 8, September 12, 2022

Fooding around!

Continued from page 1...

On wooing the audience

Consumers today are very smart, so one needs to be genuine in whatever they put up for consumption in order to woo them. Consistently engaging with your audience comes in next. Whether it's about responding to DMs or building certain activities that allow you to have a meaningful conversation with your consumers, one should be well up on their toes and on the go. Once that's done, making your brand aesthetically pleasing and giving it an identity of its own should be your next priority, so that when someone sees a picture on Instagram, they know it is coming from you and not someone else.

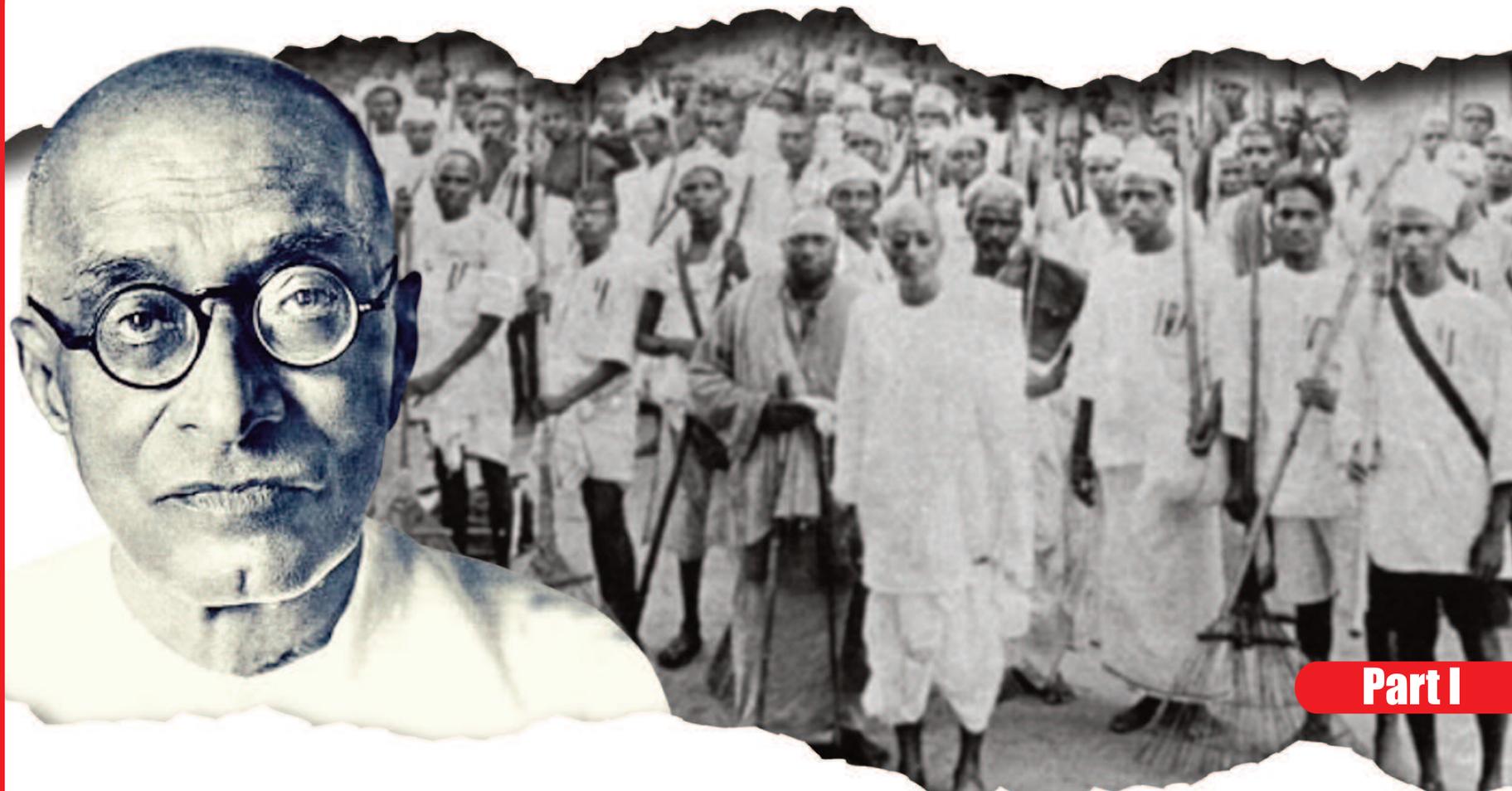
On message for Amitians

For all of you wanting to pursue a career in content creation, just know that it is important to always remember who you are building the content for and what's your voice in it. For it is very easy to make content but creating something that makes you stand out from the crowd is tough. Besides, it is also important for one to have some sort of ownership of their content, so don't just rely on these social media apps; make a website and keep taking backup. Lastly, be consistent; if you are consistent, anything is achievable. **GT**



The Tunarama Festival is where the competitors throw frozen tuna as far as possible to win.

The young rebel



Part I

A Young Boy's Tale Of Steadfast Rebellion During The Indian National Movement

Harshita Prasad, AIS Noida, X C

I was just a 15-year-old boy then, but I can never forget the spark in the air. Our nation was fighting the British Raj with all its might, and almost every person was contributing in some way or the other. A new act of rebellion was taking place every day, but what drew my attention was the Vedaranyam March!

I was young, inexperienced, and could not fully understand the nationalistic fervour of the times, but it still swept me away, and all I wanted was to become a freedom fighter. Was it easy for me? I'll let you decide, dear readers, for who am I to determine that it was harder for me than the rest? I remember walking barefoot. The sun was scorching that day, its hot rays piercing through my skin. My face was beaded with sweat, tiredness and pain poking at each and every inch of my body. And then, there was the sense of fear. I had heard so many stories of rebels being shot on the spot by them. Those merciless armed men who attacked anyone trying to disobey them. And now, I was one of the insurgents, marching with a rebellious group towards the sea to transgress the rules.

I continued to walk with all my strength. There were more than a hundred people around me, all worn out due to the heat and dust. They had been walking for days. And yet, no one showed even a hint of wanting to stop or take some rest. Why would they? After all, they had come so far, and so had I.

A low yet strong chant with a heart-warming resonance had started from the front of the group and had now spread throughout. Their leader had started to incant two words, words that made all the difference and filled us with renewed vigour.

"Vande mataram!"

"Vande mataram!"

"Vande mataram!"

Despite my exhaustion, my face glinted with jubilation. I knew now what it was to be an Indian. And I, too, started to chant, "Vande Mataram!" Soon, we reached the coast, an endless reservoir of saltwater swimming in front of us. Slowly, our group gathered around the leader, who was al-

ready bending down and gently dipping his hands into the water. He announced, "We don't need to follow the Britishers anymore! We shall be inspired by Gandhiji and rebel against their inequitable rules!"

Everyone cheered, and the "Vande Mataram" chant was louder than ever, as the leader took a little amount of the seawater and boiled it. After a few minutes, which seemed to have passed by in seconds, C. Rajagopalachari pinched up a few white grains from the water he had been boiling, and said, "We, the Vedaranyam marchers, have followed Gandhiji's footsteps and fought for our country. We have completed the Vedaranyam Salt March. We have broken the salt law!"

This is not how my story begins, however. In fact, my journey to this memorable date has been unusual from the start. Everyone thought I was different. Some people admired my perspective. "Odd," others called me. People, including my parents, thought I needed to be quietened, suppressed. Why, you ask?

Well, it goes back to when I was just a 10-year-old. My father had (and still has) a good post in a British Agency, and thus, a good earning. I believe that was due to the fact that he never opposed the British. So, because of his cordial relationship with the British, he was able to enrol me in a British school in Trichinopoly, Madras. Until then, I had never studied at a school. My father had home-schooled me, teaching me some basic concepts in his very strict way. Yes, my father was very, very strict. Not just about studies, but also about what I learnt regarding the British Raj. If he heard me voice even a small, naive opinion that stood against them, he would scold me. Beatings would follow on worse days. My sister, who was a chubby one-year-old then, would always start crying whenever she would see our father hitting me. My mother, who was otherwise an amiable person, took his side as well. Whenever I complained to her about my father, she would say, "Oh my lovely child, do not say that. He is doing this work for us."

And so came my first day of school. In one of the classes, with a teacher of British origin, we were being taught about how great the British empire

My face was beaded with sweat, tiredness and pain poking at each and every inch of my body. And then, there was the sense of fear.

was. I might have believed him, but a few days ago I had heard a discussion on radio about the Jallianwala Bagh massacre. What they described was gruesome. How could the British soldiers be so ruthless as to kill hundreds of people mindlessly? It made it hard for me, almost ridiculous, to even listen to what the teacher was saying. How could anyone who had killed people for no fair reason be successful? I stood up in the middle of the class and questioned the teacher, rather aggressively, "How come the British are so great and respected if they massacred innocent families? How can you call them decent after all the ghastly things they have done to this place? Why are you even here?"

The next thing I knew I was being punished by the teacher, who was pummelling my soft, pink hands with an unyielding ruler. I was then taken home, just to receive another set of scolding from my father. That was the first time I heard my mother speak against my father. She said that I was just a child, and that I could not have meant what I said. And that day, I finally realised the kind of world I was living in. The Britishers had taken away all our freedom, all our rights. But I also knew that there were people willing to voice their opinions against them and fight for our nation, like Gandhiji, Sir Surendranath Banerjee, Jawaharlal Nehru, and many more. And I was inspired by them. The way they were standing up to the Angrezi sarkar, holding peaceful protests, spreading awareness, all of this made me respect them and want to follow their path.

Since that day, a fire of rebellious origin burnt in me. I wanted to do something that would help Indians gain freedom. I wanted to disobey and protest against every single unfair law the British had imposed to suppress us. I wanted to help make a change.

I finally got my opportunity on the morning of April 10, 1930, as I began eating my breakfast, and my mother switched on the radio to hear the daily local news about Indian National Congress or INC. Because I was now 15, I was allowed to listen to the news, but my sister was just six, so I had to get up early to catch the morning bulletin. The most talked about piece of information these days was the Dandi March led by Gandhiji to break the Salt Law.

Salt. It is such a simple white grain, yet a crucial part of our daily lives. And then the Britishers imposed the Salt Law, taking away our right to freely receive this gift from mother nature. Now we had to buy our salt and couldn't manufacture it ourselves. Everyone found this outrageous, but it was Gandhiji who took the initiative to protest, which is why he inspired me the most. The day he announced the march, I wanted to join them as well, but even I knew that this wish was unrealistic since we lived on the opposite side of the country, in Trichinopoly, Madras. But I didn't lose faith. I kept track of the event every single day, no matter how much my mother warned me, or my father chastised me.

But today, I heard a sense of excitement in the speaker's tone on the radio. As if they were about to announce something new. I leaned closer to the radio to be able to listen clearly above all the static. Then I heard C. Rajagopalachari, an INC leader, speaking, "We are a flame of nationalism that is determined to reach the height of freedom. And Gandhiji recently fuelled that fire, bringing it from an incipient flame to a roaring orange glory. But the vigorous rays of this fire haven't reached some places, therefore leaving many in the dark. People all over our country need to know of our struggles! And that is why, I will be hosting a Salt March, from Trichinopoly to Vedaranyam, to spread awareness about the unfairness of the British, and bring us a step closer to freedom! The applications have been sent out. So, let's break the Salt Law and show the British Raj they are nearing their end!"

Yes! The day I had been waiting for so long had finally come!

To be continued...

Cheese Rolling is a race in which competitors chase a rolling Double Gloucester cheese down a 200-yard-long hill.



Crazy games!

The dreadful night

Storywala



Just as he stepped on the road, the entire street plunged into complete darkness as a power cut hit us.

last for long, and soon it was time for me to go back home.

As I neared my front door, a weird rotten smell hit my nose, and it kept growing stronger with every step. Scared, I opened the door and instantly a dead body fell on me. I screamed, and when I lifted my eyes, I could see some words spray-painted on one of the walls inside my house - "YOU ARE NEXT."

With shaky hands, I called the police, and within 10 minutes, I could hear the police sirens in the distance. Scared and not being able to stand in my house anymore, I decided to meet them on the main road. But just as I was about to step on the road, I felt a sharp pain in my lower back. I could stand no longer and fell right on the ground. With blurry eyes, I could see someone standing above me, smirking, and soon they moved to leave.

As I breathed for the last time, I willed myself to focus to see who it was, but all I could see was a man dressed in police uniform removing the siren from the top of his car. 🇮🇳

Arunika Paul Nandi
AIS Noida, XII C

It was midnight when I was standing on my balcony enjoying the cool breeze that I realised winters had arrived. It was pitch dark, but I loved this time of the day when utter silence, moonlight, and calm air were my only companions.

As I was lost in my own thoughts, I noticed a man in my peripheral vision. I turned and witnessed him coming out of the house next to mine hurriedly. Just as he stepped on the road, the entire street plunged into complete darkness as a power cut hit us. It didn't seem like a coincidence to me, and I was worried that he might be a robber, so I quickly

made my way outside and started following him. I was trying to follow him, when suddenly a narrow beam of white light shone on me, blinding me completely. Scared and blindsided, I ducked to avoid the piercing light, and just one second later, I heard a gunshot, breaking the silence of the night. The glass window behind me broke loudly; my mind went numb and couldn't believe that I had nearly escaped death.

Quickly, I pulled out the cell phone from my pocket and dialled 100. With a shaky voice, I explained the events of the night to them and within a few minutes, a police car made its way to my street. I stood on the road, pin-pointing the glass window for the officers, but even then, I couldn't

believe what I had been through. My legs were shivering, and sweat was dripping down my forehead. After I had recited everything for the police, I was allowed to go back to my house. The events of the night took over me and I instantly fell asleep.

The next day, I woke up with a terrible headache and the alarm blaring in my ear. I felt like my body had no energy left, but I knew that if I stayed home from work, I would drown in anxiety. I gathered all my courage and made my way to the office; it seemed like a nice distraction to be away from the place I nearly could have died at. Throughout the day, work and my colleagues did help me forget the events of last night, but good things don't

Watermelon petha

Shreya Saurabh, AIS Saket, XII C

Do you also throw away the green watermelon rinds after enjoying the fruit? Don't do it anymore as we are here to tell you a delicious best-out-of-waste recipe.



Shreya Saurabh

Ingredients

Watermelon rinds	10 slices
Food colouring (red)	3 drops
Food colouring (green)	3 drops
Sugar	½ cup
Milk powder	½ cup
Dry fruits (chopped)	½ cup
Dried rose petals	½ cup
Silver foil	for garnishing
Clove	as required
Milk	¼ cup

Procedure

For the rinds:

■ Take a watermelon and separate the fruit inside (red) from the outer rinds (green). You can keep the cut fruit in fridge for consumption later.

■ Take all the watermelon rinds and cut them into triangular pieces according to your size preference.

■ In a pan, pour water and add the rinds. Boil it on high flame for seven-eight minutes or until the rinds turn transparent.

■ In a separate pan, add water, sugar, and red food colouring and boil until everything is dissolved completely.

■ Repeat the same process with green food colouring in a different pan.

■ Once both the syrups are ready, add half of the rinds to green syrup and the other half to red syrup, and boil them for five-eight minutes.

■ Once they have caught the colour, take them out and let them cool down.

For the stuffing:

■ In a third pan, add milk, milk powder and sugar, and let it cook on low flame for two minutes. The mixture will soon start solidifying.

■ Add dried rose petals and finely chopped dry fruits into the mixture and combine everything together.

■ Let it sit aside to harden for a while.

For the assembly:

■ Once the rinds have cooled down, place them on a plate and put one-two spoonful of the stuffing in the middle. Ensure that the stuffing is appropriate for the size of the rind.

■ Once done, fold all three corners towards the middle and lock it with a clove.

■ For a different presentation, you can also roll the rinds from left to right, creating a cylindrical shape.

■ Decorate it with silver foil and cherry, and you are done.

Read Play and Win

Reading GT can be fun as it can fetch you a prize too. Participate in this interesting contest simply by clicking on the link mentioned below and submit your answers. So, get set, go!



Q.1 Which cell transports CO ₂ and O ₂ to different parts of the human body?	Q.2 Who got elected as the new president of Kenya?	Q.3 Which page in this edition is a poster on peace signs and symbols?
Q.4 Who has been interviewed on page 1?	Q.5 Which workshop was the Page 9 short story, 'Nostalgic summer', submitted for?	Q.6 Who is the author of the top story 'Piece of peace' on page 1?
Q.7 What is the title of the book reviewed by Anwita Agarwal, AIS Saket, X D?	Q.8 Which school organised the speech competition, Talking Titans, on Aug 17?	Q.9 What part of watermelons gets used to make watermelon petha?

Results of Read Play & Win-1: Aastha Vij, AIS Vasundhara 1, XII D; Priyamvada Rao, AIS Mayur Vihar, IX B; Mansimar Kaur, AIS Gurugram 46, XI D

[Click here to participate](http://theglobaltimes.in/readplaywin/)

or log on to <http://theglobaltimes.in/readplaywin/>

BRUSH 'n' EASEL

Advit Parashar
AIS Vasundhara 6, IX A



WORDS VERSE

In search of truth

Kuhu Saha
AIS Mayur Vihar, Alumna

This is a cry for help
For someone to save me
I was looking for the truth
So, I delved into philosophy

It may seem this new interest
Isn't such a big catastrophe
But I am not exaggerating
I am a victim of grave tragedy

First, I went to Spinoza
To seek optimistic words
He told me how insignificant
I am in this vast, vast world

I went to Proust and asked
What is the absolute truth
He said that in this universe
We'll always be misunderstood

I beseeched Epicurus, searching
The place where calm resides
He said: Be alone, meditate
Spend time with your own mind

My questions unquenched
I spent, in my bed, my time
Cornered now by my thoughts
I spent many sleepless nights

But I finally can see now
I believe no longer I am blind



It is in you and you alone where
True happiness you will find

Don't hold out for someone
To cure your life anymore
Find the beauty in your own life
And then you'll surely soar! 🇮🇳

Route to peace

Arya Singh, AIS Vas 6, XI D

Eyes and ears everywhere
Honing the idea of tranquility
Silence of arms, absence of war
Everyone returns without a scar
Leading way to justice and law
Erasing lines that humans draw
Bonding over love and harmony
One must know the difference
Between pride and arrogance
To strengthen the whole world
Escalate one's own self first
Peace is always a byproduct
And you are the benefactor
Strive to change the conduct
With a mix of different factors

Not once, not twice, or thrice
You ought to play the dice wise
So peace will then get the way
To make it to World Peace Day. 🇮🇳





In the Bee Wearing Competition, the person wearing the heaviest swarm of bees wins.

Nostalgic summer



Short story

Hamsah Roy, AIS MV, VI B

“One...two...three! The spin landed on mountains! Yayy! Let’s pack our bags and head towards the mountains!” Sitting on the verandah, I reminisced the days gone by. As a child, I loved summer vacations, and now I could see the same enthusiasm on the faces of my kids. Jack and Carla came running to me, shouting, “Dad, dad! The summers are here. Let’s go to Aunt Victoria’s place.” Even before I could respond, I saw Minnie, my wife, making her way towards me from inside the house. “I think it’s a great idea to visit your sister. We haven’t met her in so long,” she said. Taking their mother’s word as the final say, the kids rushed to

their room to get a head-start on their packing. The next day, Minnie filled the food basket with some snacks, I filled the tank with fuel, and Jack and Carla filled the car with their excited cheers; within three hours, we reached her place. Even before I parked the car, the children, too excited to see their aunt, ran out to hug her. The atmosphere was filled with bliss, and in the faces of my kids, I saw a younger me, the one who was always too excited for summer vacations. “How has your summer been so far, Jin?” Victoria asked me. “Summers! Oh, Victoria, summers have never failed me!” I chuckled. “Then this summer shall be a little more special for you. In fact, for all of us!” Victoria announced and excused herself. Moments later she was back

with a huge box covered in dust. She placed it on the floor. All the eyes in the room were on the box, yet Victoria refused to comment. Very slowly, Victoria opened the box and took out a huge wooden wheel. With teary eyes and a voice full of amazement, I asked, “This...this...from where did you find this?” “I went to the old house to look for some documents and found it there. I packed it for you.” Lost in **nostalgia**, I held the wheel in my arms, remembering every minute detail of it. “Jin, I also found this letter inside the box.” I took the letter from her hand and read it aloud. “Dear Victoria and Jin, the wheel in this box has always been a very special part of your childhood. Every summer, we would pick a few places, write them on

Even before I parked the car, the children, too excited to see their aunt, ran out to hug her.

a chit, and then spin this wheel amongst them. Whatever name it stopped on, we would decide to visit that place during the summer vacations. A number of arguments, laughs, and memories are attached to this wheel. We are keeping this safe here in the box so that our grandchildren, too, can be a part of this old tradition. Love, Mom and Dad”

The letter was a trip down the memory lane for me and Victoria. Instantly, Jack and Carla came rushing to us. “Auntie, dad, let’s write a few places on the chit and spin the wheel.” Quickly they got to work, and within two minutes, we were spinning the wheel on the table. “One...two...three! The spin landed on mountains! Yayy! Let’s pack our bags and head towards the mountains!”

(The above story is one of the entries received as a part of the story writing workshop conducted during GT Summer Newspaper Making Workshop 2022. The participants were given a setting and characters to weave a gripping short story.)

So, what did you learn today?
Word: Nostalgia
Meaning: A longing for something past



Bunny rainbow notebook

Avni Menon, AIS Mayur Vihar, V

Material required

- Scissors
- Glue
- Pencil
- Sketch pens
- Printer
- Thick white paper
- A4 coloured sheets



Procedure

- On a thick white sheet of paper, print a bunny shape and cut it out carefully using scissors. Keep it aside.
- Now, on a red A4 sheet, draw a bunny, one cm smaller, in both width and length, than the white one made in step one. Cut it out.
- Using the red cutout as a stencil, trace bunnies on all the coloured sheets, one on each. Following the traced lines, cut them out carefully.
- Now, vertically fold the big white bunny cutout in half while holding it upright. Repeat the same with the smaller bunny cutouts.
- Put glue on the center crease of the big white bunny cutout and vertically, paste one of the smaller ones on it along the crease (refer to the picture).
- Continue by gluing one bunny cutout on top of another along the crease, and then set the whole thing aside to dry.
- Draw the eyes and ears of the big white bunny using sketch pens. This will act as the cover of your notebook.
- Whoopee, your bunny rainbow notebook is ready!

It's Me



KNOW ME

My name: Sahib Kohli
My Class: I
My school: AIS Vasundhara 6
My birthday: November 9

MY FAVOURITES

Teacher: Jyoti ma'am
Subject: Mathematics
Friend: Divit Aggrawal
Games: Skating and Cricket
Cartoons: Shin Chan & Motu-Patlu
Food: Aloo puri and garlic bread
Mall: DLF Mall of India
Book: The three little pigs!
Exercise: Yoga
Festivals: Holi and Diwali

MY DREAMS AND GOALS

My hobbies: Watching TV
I like: Solving calculations
I dislike: Nothing as such
My role model: My parents
I want to become: Policeman
I want to feature in GT because: It will lead me to express myself better.

POEMS



Peace

Kavya Sharma, AIS Vas 6, IV D

Peace begins with a lovely smile
We cannot find it by avoiding life

Peace is something we can't buy
We can't just catch it from the sky

Peace comes when there's harmony
Of happiness on earth, it guarantees

Oh, what a world!

Vivaan Chaudhary, AIS Vas 6, IV D

Oh, what a world would it be
If only peace there could be
So, let there be love and light
Internal demons, we all fight

Must do no wrong to anyone
Instead support what is right
Extend a helping hand whenever
You observe someone in plight

Don't be greedy, learn to give
Instead of anger, readily forgive
Believe in good, never deceive
World seems the way we perceive

Have compassion, always smile

Peace is showing love and respect
To everyone you can never neglect

Peace is being heartily grateful
For all that God gives us plentiful

Peace is accepting our differences
And acknowledging ambivalence

Peace puts a stop on all conflicts
And is something we cannot skip

Peace is when we help each other
And let no one ever collapse

Peace is all we need to spread
What a world it would be then

Peace is something you will find
Start with yourself and be kind!



As far as you can see from a mile
Embrace and uplift all the while
Always stay far away from guile

World has withstood many storms
Time has finally come to reform
Time to defeat every age-old norm
Let the souls heal and transform

Oh, what a world would it be
If only peace there could be
A wonderful one it would be
That's the world I want to be in.

Riddle fiddle

Akshra Rana
AIS Gur 43, VIII

1. I start with an E and end with an E; I have a whole country inside me. What am I?
2. What goes in the water red and comes out black?
3. I build bridges of silver and

crowns of gold. Who am I?
4. A one-seeded fruit I may be, but all the calendars are full of me. What am I?
5. It flies when it's born, lies when it's alive, and runs when it's dead. What is it?

Answers: 1. Europe 2. Iron 3. A dentist
4. Dates 5. A snowflake

PAINTING CORNER

Sonakshi Saini
AIS Vas 1, VII B



The World Sauna Championship is a test wherein the one who sits in a 230° F sauna for the longest time wins.



Writing is an art and there's no better platform to exercise it than your own beloved GT! To unleash the writer in you, GT brings you a new topic every time and asks for your views on the same. Here are some intriguing responses from young writers at Amity for the prompt...

"Racism has been endangering our world for centuries by perpetuating ignorance, violence, and hate. But we can transcend these destructive habits and build peace that welcomes everyone without exception.

There are many ways we can contribute towards building a peaceful world. For instance, we can make a conscious choice to listen to communities that have been neglected. We could try and raise awareness about the subject. Most importantly, we should never shy away from challenging everyday racism around us. Racism and discrimination happen around us all the time. Often, it is in the form of jokes, stereotypes or insensitive comments and questions from our friends, family members or colleagues. If you witness something like this, confront them and explain their mistake and how hurtful it can be to the other person. In the end, the battle against racism is one that needs to be fought by each one of us for the betterment of humanity."

Chitralkha A. Borah, AIS Vas 6, X D

"With the theme of International Peace Day 2022 being, 'End racism. Build peace.', what role can you play towards fulfilling the same and how?"

The prompt

BOX

"Being a part of the 21st century, it is a shameful act for any society to discriminate against anyone based on their race. As a step to rectify it, we can have awareness campaigns against racism, but keeping in mind the real picture, they are not always effective and inclusive. For real equality, education beyond the textbooks is more important. I feel introducing culture appreciation as a subject in schools and news stories focusing on different races in the mainstream media will help in increasing awareness."

Kaushiki, AIS Vas 6, XII A

"Skin colour doesn't exemplify what one's position in society is. In fact, one's status in life should be determined by merit and merit alone. Nothing in the universe, except our own selves, should have the power to decide the purpose of our lives and, least of all, something as unfair as our skin colour. It's time that we use social media not only for frivolous pursuits but as a weapon against those who have a biased view of people. It's time to use social media as a key to unlock the doors of awareness to a non-racist society."

Lavanya Mishra, AIS Vas 6, IX B

"Racism stems from the belief that different groups of humans possess different behavioural traits. This leads to discrimination as some people consider themselves to be superior to others. This inane practice is still prevalent in many parts of the world, and a belief so fatuous inflicts a deep mark on the people who experience it. I believe that the first step to ending racism is to recognise its existence. Many people think of racism as always overtly blatant or intentional, but racism comes in many forms. We must educate ourselves and learn to sympathise with the people who experience it every day. Putting the power of social media to good use, we should strive to raise awareness every day, and discourage any forms of racism we come across online."

Mishel Agrawal, AIS Vas 6, IX A

"Gandhiji once said, 'Be the change you want to see.' While this statement is applicable to all walks of life, it is even more pertinent to eradicating racism. Thus, getting rid of laws designed to uphold unequal outcomes is a must. Many people believe that society can eradicate racism by teaching love and acceptance, but the reality is that even if everyone stopped being racist overnight, the system would still produce outcomes that disproportionately impact certain races. That's because the systems were designed with that specific intent. With systemic barriers lifted, a person's race stops being an obstacle."

Ishika Agarwal, AIS Vas 6, IX D

"Wherever we see racism, we must condemn it without reservation, hesitation and qualification. The aforesaid saying by António Guterres steers us in the right direction towards taking racism head on. If we only pity the victim, and take no action, it makes us just as racist. The only difference between an assailant and a racist is that the prior tortures the victim physically whilst the later shatters him/her mentally. We need to spread the belief of 'Stop, Act and Change' whilst leading others by example."

Diya Mishra, AIS Vas 6, X D

"Racism as the mass population understands is not only based on the colour of the skin or any religion but can also be about age, sexual orientation, gender identity and political affiliation. According to the Universal Declaration of Human Rights (UDHR), every human being is born free and equal and has the right to a life free from discrimination and inhumane treatment. To end racism, we should first educate ourselves and then others. However, what we really need is to follow an anti-racist lifestyle, whether it is in terms of the products we use, the content we watch or simply what we say, inculcating it as a life long habit."

Raunak Gupta, AIS Vas 6, X C

"As rightly put by Toni Morrison, 'There is no such thing as race. None. There is just a human race - both scientifically and anthropologically'. Racism, even in its most trivial forms, continues to poison the entire society. To truly do away with this unjust discrimination and the evil of the society, the effort must come from within the society. We can raise our voice and call for action against race-centric hate speeches and actions. We can sponsor appropriate education wherein the masses, the young and the old, the naive and the mature can be freed from bias and hatred."

Rishi Garg, AIS Vas 6, X D

"In this modern age, to eradicate racism from societies, I believe we need to focus more on the resources, on social structure that works on shaping the communities of tomorrow rather than the ones that create perils today, because social divides are sown into minds from a very early age. We need to ensure good education, not just in terms of grades but empowering minds and good job opportunities for the upliftment of future generations of the oppressed. Building strong social structures with community work is equally important in crime prevention as traditional judicial convictions. Investment in the future combined with active participation in the present will build us peaceful and kinder societies."

Yashwardhan Madnawat, AIS Vas 6, XI A

"Racism, xenophobia and intolerance are problems prevalent across all societies. However, there are many ways in which you can take action to maintain peace. First, one must avoid being silent, if you see something, then get up and say something! Report racism and hate speech, both in real life or online. Raise awareness by using your social media handles and wherever you can. In addition to this, learn about the many ways racism can impact various aspects of our society but also about the concrete solutions to eradicate it. Finally, consider joining or organising peaceful protests when it's safe to do so."

Adite Sharma, AIS Vas 6, X D

"The idea that one race has natural superiority over the others has led to abusive behaviour in society. I think to prevent racist incidents from taking place, awareness programs among the students must be organised to sensitise them towards different racial issues. Development of a system for reporting racial incidents, creation of anti-racism policy and enactment of a stringent zero-tolerance policy against racism are also some steps to help fight the problem in an academic setting."

Ananya Jain, AIS Vas 6, X B

"In today's world, one of the many ways of eradicating racism from our society is to focus on the education of youngsters. Social norms and code of conduct should be taught from a very early age. Changing the quality of education will influence young minds in the right direction and they will be able to set an example for others to follow. Nurturing the mindset of the younger generation is a very crucial step as it gets extremely difficult to change the behavioural patterns of adults. Teaching values of compassion and empathy to younger children when they are still at school is also one of the many effective ways to end racism."

Apurva Agarwal, AIS Vas 6, X A

Question: How will the demise of Queen Elizabeth II change things for the royal family?



Couples have to carry their partner on their back in a 278-yard obstacle course in the North American Wife Carrying Championship.

HR Training and Development

New age teaching

PDP Enriches Educators With New Age NEP Tools



Teachers and resource persons interact during PDP

The fifth comprehensive online Professional Development Programme (PDP) was organised from June 30 to July 23, 2022, for the teachers of Amity Group of Schools pan India. The four-day programme organised under the aegis of HR Training and Development is driven by the excellence-oriented mission of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, to enrich, enable and empower the educators of Amity. The programme also aims to facilitate learning and teaching as per the guidelines of NEP 2020. A record 42 Professional Development Programmes with 239 sessions were organised in which 1630 teachers of Amity Group of Schools were trained by 287 internal and 47 external resource persons on a plethora of contemporary topics covering all aspects of education and catering to teachers teaching learners of all age groups. AIS

PV hosted sessions for the primary teachers, whereas AIS Noida hosted sessions for the TGTs, and sessions for the PGTs were hosted by AIS Gur 46. All the teachers teaching classes Nursery-XII were thoroughly trained on different topics by experts. The session on 'Art Integrated Learning-The Pedagogy of Experiential Learning' by Dr (Ms) Pawan Sudhir, professor and head, Department of Education in Arts and Aesthetics, NCERT, highlighted the importance of art integration into various subjects, and using art as an evaluation tool. Arti Chopra, principal, AIS Gurugram 46, spoke about the need to incorporate the philosophy of education in the teaching and learning process during the session titled 'Understanding Foundational Philosophies of Education and its Relevance to 21st Century'. Ameeta Mohan, principal, AIS Pushp Vihar and Divya Bhatia, principal, AIS Saket, apprised

the teachers on how NEP 2020 promotes Indian value-based education with all inclusive eco-development of holistic education. In the session on 'Reflective Practices', Kirti Tripathi, associate director, Curriculum and Technology, discussed the various educational tools that can be used in day-to-day classroom like red light, reflective cards, peer reflection, etc., to enhance self-awareness among students. In the session on 'Exploring the Benefits of Classroom Diversity and Inclusion', Prof Richard Rose, professor Emeritus Inclusive Education, University of Northampton, provided an insight into various obstacles in delivering inclusive curriculum and the strategies to overcome the same with the help of lesson plans designed for diverse learners, including children with special needs. CUET session for various subjects emphasised on incorporating CUET based questions in CBSE curriculum and it

also shed light on the strategy to prepare students. During the course of PDP, Chairperson addressed the educators and resource persons, and highlighted the importance of a teacher in nurturing the young generation and in building the nation. She apprised them on how affection, compassion and patience should be the innate qualities of teachers as they are handling tender hearts. She reiterated that a good teacher should be firm and yet flexible. She also highlighted the need to enhance the potential of educators to facilitate learning and to promote academic excellence. The PDP programme was instrumental in mentoring the educators, updating them with changes and new trends in different vistas of education, upskilling their professional competencies, promoting collaborative and blended learning, and motivating them to incorporate these innovative pedagogies in reality. [G](#)[I](#)

Artistic Formations to ensure 'Active Participation' of all
Theme such as; Map of the state or India, geometrical shapes, slogans, such as; *Beti Bachao Beti Padhao*, etc. were found popular.



An example of art integration in daily teaching at school

'Attendance' and 'Punctuality' of Children and Staff improved automatically.



The young musicians herald Crescendo

Crescendo 2022

The Melody Of The Soul

AIS Mayur Vihar

The western music society of the school, organised its 16th annual inter-school western music competition, Crescendo from July 15-18, 2022. The immensely popular competition saw an exceptional display of raw talent of over 140 students, from 26 participating schools across India, where they competed in eight categories of the Western Singing and Instrumental Music each. Out of these, competition in two categories of Western Singing were conducted as pre-recorded songs in which competitors had to send their singing recordings. The competitions of eight categories of Instrumental Music were conducted as virtual live.

For the first time since its inception, Crescendo introduced its new mascot 'Eddie the wolf', who symbolises loyalty, family and friendship, the virtues which represent the members of the music society. The event commenced with the

auspicious *shloka* rendition and a soulful hymn sung by the new members of the junior choir of the music society. The competition saw Amity Group of Schools bag several awards in different categories. AIS Saket won third prize in both Original Composition and Best Lyrics. In the Solo Singing category, AIS VKC Lucknow and AIS Gurugram 46 won consolation prizes while AIS Saket won the award for Upcoming Vocalist. In both Acoustic Guitar and Electric Guitar, AIS Pushp Vihar bagged the third prize. In Acoustic Drums, AIS Gurugram 46 won the first prize and in Electric Drums, AIS PV and AIS Noida won second and third prize respectively. AIS Saket bagged second prize in Bass category, while AIS Pushp Vihar got third prize in Keyboard and AIS Gurugram 46 secured first prize in Piano. In the Unique Instruments category, AIS Gur 43 and AIS Saket came second and third respectively. Overall, the event was a grand success.

Talking Titans

AIS Gwalior

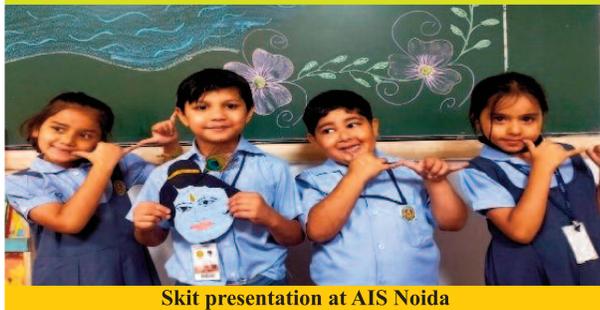
Talking Titans, an inter-house speech competition was held for Class VI-IX on August 17, 2022. Students donned the roles of several leaders and *gurus*, and presented their famous speeches. Shreyanshi Tomar (IX) as Rani Laxmi Bai, and Kushagra Tomar (VI) as Dr BR Ambedkar, both from Pawani House, bagged first and second position respectively. Vaibhav Agarwal (VII) as Lord Krishna from Mandakini House secured third position. [G](#)[I](#)



Competition in progress

Jai Shri Krishna

Amitians Celebrate Janmashtami With Full Fervour



Skit presentation at AIS Noida

AIS Noida

The primary wing of the school, celebrated Janmashtami from August 16-18, 2022. Multifarious activities like colouring *matkis*, making flute, collage making, creating book-

marks and crown, narrating of stories, rendition of poems and *bhajans*, watching videos on Krishna's life, songs, dances, skits and special assemblies were conducted to convey the value-based preachings of Lord Krishna to the young minds. [G](#)[I](#)

AIS Vasundhara 6

The tiny tots of Kindergarten celebrated Krishna Leela on August 25, 2022. They enacted the ten incarnations of Lord Vishnu and showcased a skit on the friendship of Krishna and Sudama. They also narrated the teachings of Bhagvad Gita.



Lord Vishnu at AIS Vas 6

AIS Gurugram 46

Class II students organised a grand Janmashtami celebration on August 18, 2022. The entire school was decorated beautifully with colourful paintings depicting the life of Lord Krishna. Children came dressed



Maakhanchor at AIS Gur 46

as different characters like Bal Gopals, Gopis, Gwalas, Krishna, and Yashoda, making the atmosphere resplendent. The celebrations commenced with the ceremonial lamp-lighting, followed by a devotional song. Children enacted the events from Krishna's times and presented scintillating dances. [G](#)[I](#)



Students perform Krishna Radha dance at AIS Gur 43

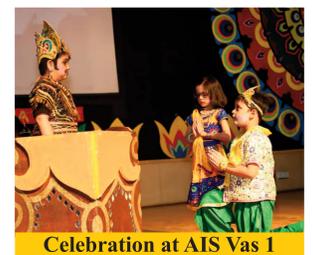
AIS Gurugram 43

Children from Nursery-II presented a colourful and fun filled Janmashtami assembly on August 18, 2022. They came

dressed as Radha and Krishna, staged a beautiful skit on Govardhan Parvat Leela, sang melodious bhajan, and presented a very beautiful dance. [G](#)[I](#)

AIS Vasundhara 1

Nursery-Class I kids celebrated Janmashtami on August 17, 2022. Children came in dressed up as Kanha, Radha, Gopis, Sudama, Maiyya Yashoda and Kansa. They showcased different aspects of the life of Lord Krishna, like Krishna janam, *maakhan chor*, Kaaliya *naag mardan*, *Govardhan parvat leela*, and Kansa *wadh* through



Celebration at AIS Vas 1

vibrant group dances and theatrical presentations. They also discussed various virtues Krishna has taught to humanity. [G](#)[I](#)

Chess boxing, a game of both brain and brawn, is a sport that combines playing chess along with boxing.

All top quotes contributed by Anupriya Nayak, AIS Saket, XI E



Picturing peace



The Different Emblems Of Peace That Narrates Its Significance

Campaign for nuclear disarmament



Why is it considered a peace symbol: Originally designed by Gerald Holtom for the British nuclear disarmament movement in 1958, this is one of the most widely known peace symbols in the world. Holtom explained that it has incorporated the semaphore letters of N(uclear) and D(isarmament). Since then, it has continued to be used as one of the most common peace symbols at refugee camps and climate change protests across the world.

Fact file: Even though the symbol was designed for the anti-nuclear movement, it was never copyrighted, so nobody ever asked for permission before using it.

Olive branch



Why is it considered a peace symbol: Invented in 5th century BC by the ancient Greeks, olive, as a symbol of peace, is mythologically believed to have been conceived when, during the great Biblical flood, doves were sent in search of the land of Noah and returned with an olive leaf, indicating the end of God's war on mankind. In another such Greek interpretation, the slow growth of olive and its absence during the wartime gave it the status of a peace-time tree only grown by those wanting peace for a long time.

Fact file: The gold coins of 1644 circulated under Charles I's regime and the English coins of the 18th century depicted olive branch as one of their inscriptions.

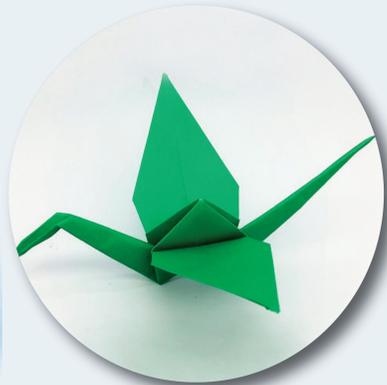
White dove



Why is it considered a peace symbol: The biblical episode of Noah's ark and the great flood where the doves appear as harbingers of peace is one mythological take behind the inception of white dove as a symbol of peace. However, it only rose to prominence as one when Spanish artist Pablo Picasso made use of it in his works, only for it to be selected for the World Peace Congress in 1949.

Fact file: The dove performance, officially known as the Festival of Peace, till date takes place at the opening ceremony of the Olympic Games.

Paper cranes



Why is it considered a peace symbol: Even though origami is an art of high regard in Japan, it was only when Sadako Sasaki, a two-year-old, was exposed to the radiation of the atomic bomb at Hiroshima in 1945 and died ten years later, that the art produced something truly significant. Since the girl spent her last days creating 1000 paper cranes, having believed a folklore that claimed to grant a wish to one indulged in doing the same, paper cranes started gaining recognition as a peace sign.

Fact file: This act of Sadako paved the way for International Children's Peace Movement, wherein children from all over the world sent in paper cranes to adorn her statues placed in Hiroshima's and Seattle's peace parks.

White poppy



Why is it considered a peace symbol: Inspired by the red poppies given by the Royal British Legion to commemorate the martyrs of WWI, the Women's Co-operative Guild (1933) started distributing white poppies when the fear of WWII lingered over Europe. As such, white poppy came to be used as the true symbol of peace to honour the victims of war, as opposed to the red ones that were wrongly accused of glorifying militarism and bloodshed.

Fact file: According to the Peace Pledge Union, white poppies represent remembrance for victims of war, commitment to peace, and the challenge to de-glamourise the concept of conflict.

The broken rifle



Why is it considered a peace symbol: The broken rifle finds its first mention as a peace symbol in the January 1909 issue of De Wapens Nader (Down with Weapons), the monthly newspaper of the International Antimilitarist Union in the Netherlands. It was then used on a banner by the German League of War Victims in 1919. With many such subsequent usages, the banner gained respect as a peace sign world over.

Fact file: A German man namely Ernst Friedrich mysteriously found a broken rifle over the door of the Anti-Kriegs Museum one day, an incident which led the museum to distribute badges of broken rifles to everyone visiting.