

## In quotes

"Limiting global warming to 1.5 degree Celsius would require 'rapid' transitions in land, energy, industry, buildings, transport and cities."

- IPCC report on Global Warming

# Crying for help!

## The Caracas(s)-Like State Of The Struggling Venezuelan Economy

Aman Singh, XI B & Roshini Srivastava, XI F, AIS PV

pulling on one thread for too long may just shrivel the fabric.

is always the ones who refuse to lean that fall over first when the wind blows.

enough to buy a 0.33 liter bottle of water today. The same regime that allegedly worked for their welfare many years ago is now costing them their lives every single day. There is no humiliation more abusive than hunger and to deny people such basic necessities does nothing but bring chaos into the mix.

The Bolivarian Republic of Venezuela started out as a country intent on creating a classless society and implementing socialism, but somehow has landed itself in a socioeconomic and political crisis. The same socialist policy that the Venezuelans believed would put them at the top of the chain has brought them to shambles, with no apparent hopes of resurrection.

### Fall of the Bolívar

The Venezuelan government under Chávez loaned billions from Russia and China after cutting ties from United States of America. Further, the government's hostility to MNCs created a corporate exodus causing major companies like Pepsi, General Motors and United Airlines to pull out of Venezuela altogether. Along with this, the inflation rate rose to a lethal 15,657% creating a hyperinflation. In 2010, \$1 that would be worth 8 Venezuelan Bolívares today stands at 70,000 Bolívares. Interdependence may not always be a sign of weakness, because it

### The hunger games

The country today fails to provide day-to-day necessities in the likes of food and medicine to its citizens which has sparked a protest against President Nicolás Maduro, as the country has now become notably worse since his election in 2013. The high inflation rate has made the available food unattainable. Medical supplies are still unavailable as diseases like malaria and diphtheria are surging again. The same 1,200 Bolívares that could fetch a person a day's meal in 2010 is not even

### Maduro: The lie llama

After the death of Hugo Chávez, Nicolás Maduro was elected President after he promised to lead Venezuela down a reformist path and tried to use a script that wasn't quite his own and one which never worked for him. Under Maduro's government, Venezuela has been in recession since past four years and inflation rates have skyrocketed every year. With more than 90% of the population living in poverty, Maduro has done more harm than good. Humankind cannot gain anything without giving something in return. While strong ideals make a strong leader, resistance to change may sometimes do more harm than good.

### Crude awakening

Venezuela started out as possessor of the largest oil reserves in the world, but Hugo Chávez's decision of using oil revenue to fund social welfare schemes, food subsidies and education & healthcare started straining the economy. The over-dependence on oil as sole nourishing industry in the entire nation coupled with unchecked borrowing led to disaster. The price of oil dropped dramatically from \$100/barrel to \$26/barrel, leaving the government with dwindling cash reserves. The case of Venezuela stand to be a true example of the theory that strength and growth are woven together, but

### What now?

While countries such as Russia aim towards providing some debt relief by allowing Venezuela to make minimal repayments in the coming years, Venezuela isn't as helpless as it may seem. All that remains is for Venezuela to help themselves up from under the burden of their own backfiring policies. United States and the European Union can also lead a joint effort in order to remove Venezuela's dependency on oil. Such efforts are sure to resurrect the paralysed economy of the struggling country which does not have any hopes of standing on its feet again.



Illustration: Nishita Gusain, ASFA (IInd Year), AUUP

## INSIDE



They are no match, P4



Youth Power 2018-19, P7

## AMITEpoll

Is it right for Supreme Court to have power on issues of faith and religion?

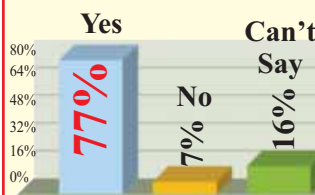
- a) Yes
- b) No
- c) Can't say

To vote, log on to [www.theglobaltimes.in](http://www.theglobaltimes.in)

## POLL RESULT

for GT Edition October 15, 2018

Do you think India's selection in UN Human Rights Council will strengthen its global stand?



Results as on October 20, 2018

## Coming Next

AIS PV Contest Edition

# What's h'app'ening, Watson?

## Tanmay Bakshi, Youngest IBM Champion In A Tell-All Interview

Whilst other teens were busy posting on Instagram and Snapchat or lip-syncing on Musical.ly, Tanmay Bakshi, the fifteen-year old genius was writing codes and creating apps. He started programming at the age of five and developed his first iOS application when he was nine. A kid with big dreams but even bigger achievements under his hat, he is the youngest IBM champion and a Watson coder. On his visit to Amity University Uttar Pradesh, for a Tech Talk, he talks about how technology has shaped his life.

### Ctrl+F the things you love

I think finding the things you love is the key to success. I am thankful that my parents let me find and explore the interest I had in the field of Computer Science and Machine Technology. Perhaps, it was because my parents let me start out young that I was able to develop an app at the age of nine. The app 'fTables' helps in memorising multiplication tables. The app asks questions regarding these multiplication tables and on answering with the correct number, it produces a sound of applause or that of bees buzzing, to induce confidence in the child. I am where I am today, because I found the things that I liked. I suggest others to follow their passion and success will automatically follow.

### F5 your humane side

I have recently started working towards enhancing healthcare. One of the projects on which I am working currently is 'Project Cognitive'. This is a collaboration between Darwin Ecosystems, IBM,



Tanmay Bakshi with GT reporters

Not Rocket Science and myself. The first chapter of the project aims at assisting those with special needs and allowing them to live better. The purpose of the project is to provide artificial communication ability to those who cannot communicate naturally. The inspiration for this project came from helping out Boo. She is a girl living in Toronto who suffers from Rett Syndrome and is unable to communicate in any manner. So, I divided custom machine learning algorithms that would hint towards her trying to communicate in simple terms like yes, no, maybe, sure etc. by using some kind of artificial communication ability.

### Enter inspiration

Steve Jobs and Elon Musk are my biggest sources of inspiration, mainly due to their passion towards their work. I admire the drive with which Elon

Musk talks about the accomplishment of his various tasks. For instance, when he said that there is an idea for AutoPile in Tesla cars, he didn't just say it, but he implemented that in real and now we can see AutoPile in Tesla cars.

### Del the challenges

Any regular software developer faces certain challenges. I was no different. Since I specialised in machine learning which is a complicated technology, I am constantly faced with problems of having a lot of computing power as well as a lot of data. Since I do not have any enterprise funding me and with limited funding that I do, I do not have access to servers. So, I would say getting computing power, and data from different companies has been one of the major challenges that I've had to deal with. But if you stick around, you will be able to find a way to overcome all these obstacles.

Interview conducted by Nandini Sukhija & Aadithya Aravindh, XII G, AIS Mayur Vihar and Tanishi Adhikari & Vidushi Yaksh, X, AIS Saket



Tanmay Bakshi on his visit to AUUP for Tech Talk

# World at a glance

GT keeps the newswire ticking by bringing you news from around the globe

## UK

### No-deal on Brexit likely to happen

European Union council president, Donald Tusk, warns that no-deal Brexit is "more likely than ever before". Tusk has also remarked that the make-or-break summit of EU leaders in Brussels has "proven itself to be more complicated than some may have expected", but the council is still trying to reach the best agreement possible.



## Iran

### Rights or Threat to life?

Celebrated human rights activist, Nasrin Sotoudeh, who has been imprisoned yet again for her work in pursuit of granting much deserved rights for the Iranian populace, has gone on a hunger strike to protest against the fascist regime that Iran has become. She advocates, both legally and figuratively, hundreds of people who have been imprisoned for exercising their rights.



## Russia

### High alert mode on after school shooting

Russia has sent in National Guard troops to protect schools and the bridge connected to Ukraine after a shooting rampage killed 20 people at a college in Kerch. The killer has been identified as an 18 year old fourth-year student named Vladislav Roslyakov, who had no known friends.



## Italy

### Pope canonizes 7 new saints

Tens of thousands of pilgrims filled St. Peter's Square in Vatican City to celebrate the canonization of seven new Roman Catholic Saints for the church, including a left wing Salvadorian archbishop and Pope Paul VI, who holds an anti-contraceptive stance.



## USA

### An economic concern

Defense Secretary James Mattis has said that the United States of America is really concerned about China's 'predatory economic behaviour' and continued militarisation in the disputed South China Sea. China is claiming almost all of the sea but Vietnam, Philippines, Malaysia, Brunei and Taiwan are presenting counter claims.



## China

### Artificial moon to replace street lights

China is 2 years away from sending an artificial moon into the space, according to Chengdu Aerospace Science and Technology Microelectronics System Research Institute Co (CASC). This effort has been taken in order to replace street lights as the satellite will be able to illuminate the city of Chengdu 8 times more than the real moon.



## India

### Shining bright, yet again

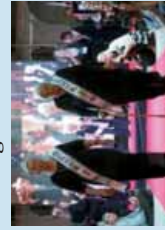
India has been putting on a commendable show at the ongoing 2018 Summer Youth Olympics in Buenos Aires, Argentina. The country has won three gold, nine silver and one bronze medal so far, and is ranked 14<sup>th</sup> overall. Jeremy Lalrinnunga broke the national record in the weightlifting category and won India's first ever Youth Olympics gold medal.



## Israel

### Great-grandmother crowned 'Ms Holocaust Survivor'

93 year old Tova Ringer was crowned 'Ms Holocaust Survivor' in the annual beauty pageant organised by Israel. The purpose of the pageant was to bring a smile on the faces of women who had to endure Nazi horrors. Tova survived to tell the tale but lost her parents, four sisters and a grandmother to the horrible Auschwitz death camp.



## Indonesia

### \$S140,000 confiscated in corruption raid

The anti-graft agency of Indonesia, KPK, confiscated almost \$S140,000 in the latest corruption raid. The seized money also includes Singaporean currency. It is suspected that a property company was using the money to bribe government officials.



Images of dolphins have been found carved in the city of Petra, Jordan and are as old as 312 BC.





Dolphins have two stomachs. One is used for storage of food, while the other is used for digestion

# For the environment

## A Workshop Highlighting The Ordeals Of Mother Nature

AIETSM & AIES  
AUUP

Amity Institute for Environmental Toxicology, Safety and Management (AIETSM) along with Amity Institute of Environmental Sciences (AIES) organised an international workshop on 'Environment, Climate Change and Impact on Human Health' from September 24 to 25, 2018. The workshop organised as part of World Ozone Day and World Environment Health Day celebrations, aimed at creating awareness about depletion of ozone and numerous hazards it poses to the environment.

The event was graced by the auspicious invigorating presence of Dr Ashok K Chauhan, Founder President, Amity Universe. He encouraged and motivated the students to become ambassadors of environment protection by taking up initiatives for protecting our nature. Several notable speakers marked their presence at the event, bringing to the fore numerous environmental issues, along with highlighting probable solutions for the issues discussed.

The workshop commenced with Dr Tanu Jindal, Director, AIES



Dr Ashok K. Chauhan, Founder President along with esteemed dignitaries at the book launch

explaining depletion of ozone layer in detail. She also discussed the use of various chemicals and their impact on nature. This was followed by speakers highlighting various aspects pertaining to environment, focusing primarily on environmental issues of the 21st century. 'Paradigms of Pollution Prevention', a book authored by Prof Dr Tanu Jindal was also launched during the workshop. The first day of the workshop came to a close with Dr Sunita Singh, pro-vice chancellor, AUUP, felicitating all the speakers and guests present.

Second day of the workshop comprised interactive sessions by Green Skill India in which Dr Srinivas Ravindra, Director, Kshama Rangan and Sumit Kapur, Green Skill India, addressed the students. The session commenced with a briefing on several projects pertaining to the environment like smart cities, water management, energy conservation, etc. The resource personnel gave the audience a glimpse into the courses related to these projects and also highlighted how they could boost a student's career.

As part of the workshop, a Green Entrepreneurship Program was conducted wherein students were given tips on how to set up a business, conduct SWOT Analysis, attain financial and marketing skills, execute projects as well as doing internships in different organisations. Towards the end, international award-winning movie 'Ring the changes' by CMS Vatavaran and movies 'Fighting Air Pollution' & 'Gangnauli' made by Amitians were showcased. The winners of 'Beat the plastic' exhibition were also felicitated.



Nutritional campaign at Government Sec School, Raipur

## Towards healthy change

AUUP

Tune Talks, the radio club of Amity University Noida, organised a nutritional campaign at the Government Secondary School in Raipur on September 13, 2018 under the aegis of Ministry of Women and Child Development initiative - Poshan Abhiyaan (National Nutrition Mission). The aim of the show was to spread awareness and educate students on why proper diet and nutrition are extremely important for living a healthy life. The program began with an inspiring poem introducing the campaign and continued with educational skits focusing on issues like the significance of education, nutritional values,

anaemia, personal hygiene and women rights.

The event was enriched with an informative session by Dr Vandana Bhatnagar, a senior gynecologist and other health experts from different fields. It ended with a quiz which witnessed an active participation from all the students, followed by gift distribution, and a pledge reminding the students of the many nutritional aspects and the unique importance of each.

Radio Amity 107.8 FM is supporting the cause with full enthusiasm by broadcasting radio shows created by Amity University students, spreading awareness on ground zero by visiting nearby villages and promoting the cause on social media platforms of the radio club.

# Cinematic beginnings

## Amity University Mumbai Gives A Platform To Future Filmmakers



Unveiling of Amity Film Society's logo by Shyam Benegal



Dignitaries along with their sketches drawn by the students

ASCO, AUM

September 5, 2018 was a big day for Amity University, Mumbai, as the campus inaugurated its Amity Film Society. The event saw in attendance stalwarts from the film industry. Veteran filmmaker Shyam Benegal graced the event as chief guest.

In spirit

The event commenced with Raghav Chari, dean, Amity School of Communication, Amity University, Mumbai welcoming the students and encouraging them to watch as many

films as possible from different genres and to bring about their own individual stance in their film-making. The logo of Amity Film Society was unveiled at the ceremony by the dignitaries.

In attendance

The inaugural ceremony stood witness to the presence of numerous noted filmmakers. Chairman of Federation of Film Societies of India, Kiran V Shantaram, graced the event as guest of honour. Addressing the gathering, Shantaram stated that currently 300 film societies come under the aegis of Federation of Film Societies of India, and that

these societies are working towards spreading awareness about cinema as a form of art and not merely as a source of leisure and entertainment.

Dr D S Rao, vice chancellor, Amity University, Mumbai and popular film-critic Sudhir Nandgaonkar also attended the event and emphasized on the potential that Amity Film Society carries to become a stepping stone in carving out an independent film school in the near future for young filmmakers.

Deans, directors, heads of department, faculty members and over 300 students were present at the inauguration.

In words

In his inaugural address, Shyam Benegal said that understanding the medium of cinema doesn't happen automatically and that one needs to delve deep into it, in order to connect oneself with a film. He also stated that the process of learning about a film is similar to that of learning a language, where one needs to first understand its grammar, and then the content, to excel in it. Adding to it, the veteran said, "Cinema has brought the capabilities to you of the level which only writing and painting had earlier. Today, anyone can make a film; it has become an easy

task. It is only about learning and imagination." Talking about the future of Indian cinema, Benegal stated that while cinema as an art form has crystallized, the media explosion is in a continuous process of evolution. He also highlighted the vital role of film societies in promoting film culture, naming luminaries like Satyajit Ray and Chidanand Dasgupta who were instrumental in shaping the contemporary film industry in our country.

The event came to a close with Dr Ravi Manuja, registrar, Amity University, Mumbai, presenting a vote of thanks.

Amity Institute  
for Competitive  
Examinations

Presents 

Brainleaks-258  
FOR CLASS VI-VIII

In the multiplication problem, each letter represents a different digit. What 4-digit number is represented by MATH?

$$\begin{array}{r} \text{MATH} \\ \times \quad 4 \\ \hline \text{HTAM} \end{array}$$

- (a) 2718 (b) 4316  
(c) 4306 (d) 2178

Last Date:  
OCT 26, 2018

3 correct entries win attractive prizes

Ans. Brainleaks 257: (A)

Winner for Brainleaks 257

1. Tannya Pasricha, VIII-D, AIS Gur-43
2. Ahaan Ali, V- A, AIS Vas-1
3. Aarushi Ranjan, IX-B, AIS Noida

Name: .....

Class: .....

School: .....

Send your answers to The Global Times,  
E-26, Defence Colony, New Delhi - 24 or e-mail  
your answers at brainleaks@theglobaltimes.in

Dolphins are the only animals that birth tail first, the calf could drown otherwise.



# They are no match

## A List Of Completely Incompatible Food Items We Wish We Had Known Earlier

Sanskriti Bharti  
AIS Vas 1, XI B

Have you ever come across a person and hit it off with him/her instantly? You become the best of pals – studying together, eating together, playing together. For you, it is a match made in heaven. But the class teacher thinks otherwise and she has her own reasons. This is exactly what happens with the following food items, only difference being that it was Ayurveda telling them that they are no match.

**Banana and milk had been in love with each other. Entwined as banana shake, they were inseparable but...** When bananas and milk are eaten together, their opposing properties tend to initiate the digestive fire. This can also lead to disruption of the balance of intestinal flora. All of this further results in creation of toxins that might become quite problematic. So, if you don't want milk and banana to have their personal lactase-amylase war in the dungeons of your stomach, you should definitely stop having them together!

**Tomato, cheese and pasta were a lovely trio. Playing see-saw on the pink lawn of taste buds, they had quite a lot of fun until...** Tomato, which is an acidic fruit, does not go well with the starch present in pasta. And it becomes worse when both of them are clubbed with cheese. It causes after-meal fatigue since your body requires a ton of energy to digest this meal. But here's a secret solution: Try to add grilled vegetables and pesto sauce instead, and that would also make for a true and absolutely delicious Italian treat!

**Every hot summer afternoon, yoghurt and fruit would go together for their salsa class. They would twirl smooth(ie)ly, and then...** Yoghurt and fruit is another combination of that is completely prohibited in Ayurveda. These absolutely incompatible ingredients destroy the digestive enzymes in intestines. The harm does not end here, because it stimulates the production of high level toxins, it can become the cause behind cold, cough and allergies. I know, it's still not an easy task to give up a smoothie, even after reading this.

**They weren't friends, they weren't foes. But they were destined to be together, for the breakfast table was incomplete without either – orange juice and cereal...** Orange is acidic in nature and cereal, on the other hand, is starch. Consuming these two simultaneously can destroy the enzymes responsible for digestion of starch in the body. Even the combination of acidic juices and cereal leads to the formation of heavy mucus-forming substances. It is advisable to drink your orange juice 30 minutes before having cereals.

**Melon was always a lonely wanderer. He would go around wandering in the digestive tract alone, and he often wondered why...** Melons are considered perfect food because they constitute 92% water, hence require no digestion. Once eaten, it quickly passes through the stomach and reaches the small intestine for assimilation. If consumed after or with a meal, then digestion process becomes complex because the meal we had needs time to digest and till that time melon sits and starts fermenting causing gastric discomfort.

Imaging: Pankaj Mallik, GT Network



And there are more such combinations...

- Milk with meat
- Fish with milk.
- Cheese with fruits
- Tomatoes with cucumber
- Salt with milk
- Mango with cucumber
- Cold drinks with any meal
- Eggs with milk or meat
- Kidney beans with milk
- Honey with cheese
- Tapioca with mango
- Lemons with tomatoes

## Defying laws of gravity



### Let's See How Water Can Work Against The Law Of Gravity

Krishiv Kumar  
AIS Saket, V

**Aim:** To learn about the absorption properties of water.

#### Materials Required



3 glasses



Colour additives (red and yellow)



Paper towels



Water jug

#### Procedure



Step 1

Place all three glasses on the table in a line.



Step 2

Pour water in the first and third glass.



Step 3

Add red and yellow colour additives in the first and third glass respectively.



Step 4

Take two to three paper towels. Fold them horizontally such that they are long enough to reach the bottom of the glasses.



Step 5

Put one end of towel in first glass and other in second glass. Similarly, take another towel and put one end in second glass and other in third.



Now, wait for a few minutes and observe what happens.

#### Observation

The coloured water from first and third glasses moves up the paper towels into empty second glass. This leads to the filling up of the second glass until the water levels in all glasses are equal.

#### The science behind

Water moves upwards in the paper towel due to the process known as 'capillary action' which refers to the ability of water to flow from one direction to another against the force of gravity. It results from two properties of water, namely, cohesion and adhesion. Cohesion occurs when one water molecule forms a hydrogen bond with its neighbouring molecules, and adhesion is the attractive force between dissimilar molecules. Here, the dissimilar molecules are that of water and those of the paper towels. So, the water moves upwards through the paper towel because of these phenomena of cohesion and adhesion.



Dolphins stay with their mothers for a long time, ranging from 3 to 8 years, before they leave their pack.

# Overloaded: bags & ambitions

Illustration: Aashmani Ghosh, X C & Kuhu Nagpal, XI C, AIS PV

The journey of a typical middle class family from anywhere to everywhere is a journey in itself, of excitement and expectations. Speed breakers are many, but the reading never goes down. Every turn taken on the way, every milestone captured can serve the readers a good dose of entertainment. **Medha Mathur, AIS PV, XI E** brings you the stages of the journey.

## Stage 1

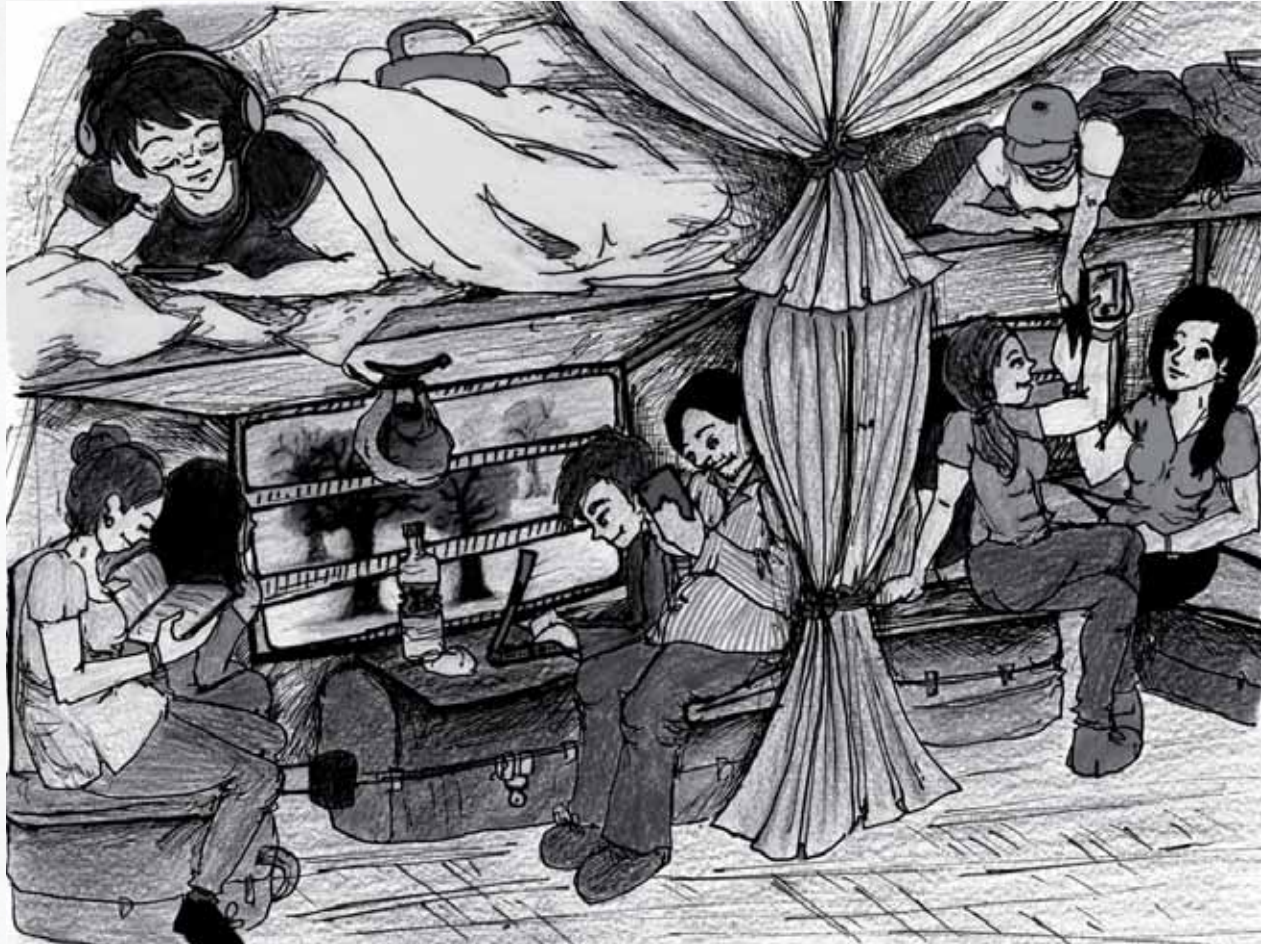
### Joy of getting cheap tickets

The parents are after school authorities for the annual planner. Employees submit leave applications months in advance. All for what? To book the cheapest possible 3rd tier tickets and avail the early bird discounts of wherever possible. And when nothing works out, they turn to 'jugaads' in the railway offices. Long live government employee-relatives!

## Stage 2

### Because we plan like pros

From googling where to go and what to do in city of their dreams to devising travel strategy- the middle class Indian family does it all. The search for hotels which have a swimming pool, a sauna, a gym and complimentary breakfast, with a tariff under Rs 2000 is sure a task



that requires extensive research and they nail it yet again.

## Stage 3

### And the bags are packed

They love to travel heavy and loaded. Laddus and theplas? Check. Salt and pepper? Check. Hand towel and bath towel? Check. Tissue roll? Check.

Pillow with emotional attachment? Check.

Oh no! No one's taking 'In case of emergency' too seriously (or are they?).

## Stage 4

### The big day

While some arrive with a bang, there are others who depart with a thunder.



As the day of departure arrives, an announcement about the vacation is made on a megaphone. Facebook, Twitter, Instagram, etc., is delightfully updated. The excitement level of young ones is directly proportional to the panic level of the elders. You'd often get to hear "Beta sab kuch rakh liya na?"

## Stage 5

### And it begins

A typical middle class Indian is always more worried about the destination of co-passengers than their own. The constant "Chai lelo, cheeeeps lelo" bothers nobody; they all have their own tiffins packed! And if God forbid the food is complimentary, they make sure to take extra milk powder and the left over water bottles along!

## Stage 6

### Because we want to do it all

Every Indian has an out-of-the-world capacity of covering every place of religious significance, two local eateries, at least one monument and one park; all in just one day. A trip is incomplete without giving two days to shopping in local markets. "Bhaiya, theek theek lagao, tourist hain toh lootoge kya," is the best way to get bhaiya to reduce the price by a good 100 bucks.

A vacation is said to end well if your bags weigh a lot more than they did while departing and guess what happens when a middle class trip comes to an end? 'Rahul Sharma is feeling sad with 5 others. Don't wanna leave :('.

This article was published in GT edition dated February 1, 2016.

Medha is pursuing BA (Hons) Economics from Aryabhata College, University of Delhi. She is currently in her second year of graduation.

# Getting off the grid

## Some Highly Effective Ways To Refrain From Using Your Phone!

Aman Singh, AIS PV, XI B

Imaging: Pankaj Mallik, GT Network

Recent studies have shown that an average person spends approximately 90 minutes a day on their phone which accounts to almost 23 days a year, and almost 3.9 years of an average person's life and we all know that you are not one of those commoners, are you? So let's get down to business without wasting time and find some effective ways for you to enjoy real world and not click your thumbs against your screens every other minute.

## Bye-bye pesky notifications!

It goes without saying. You do not need to immediately like Shawn Mendes' latest Instagram post, nor do you need to attend every friend's live IG updates. You can see your best friend's latest meme tag later too. Turn off all the notifications, unless they

are something highly important. Establish ground rules, if it's too important, they'll find balance to call, not the WiFi to send a snap on Snapchat.

## Say hi to real conversations!

Waiting in queues is hard, so are social gatherings where you never wanted to be in the first place, but texting your

friends about how much you want to 'end my suffering' isn't going to make for an enjoyable experience either. Put your phone back and start talking to people around you. Even if you end up embarrassing yourself, at least it'll make for a memorable experience and not a Snapchat story with the caption, 'partying hard anyone?'

## Bye-bye useless applications!

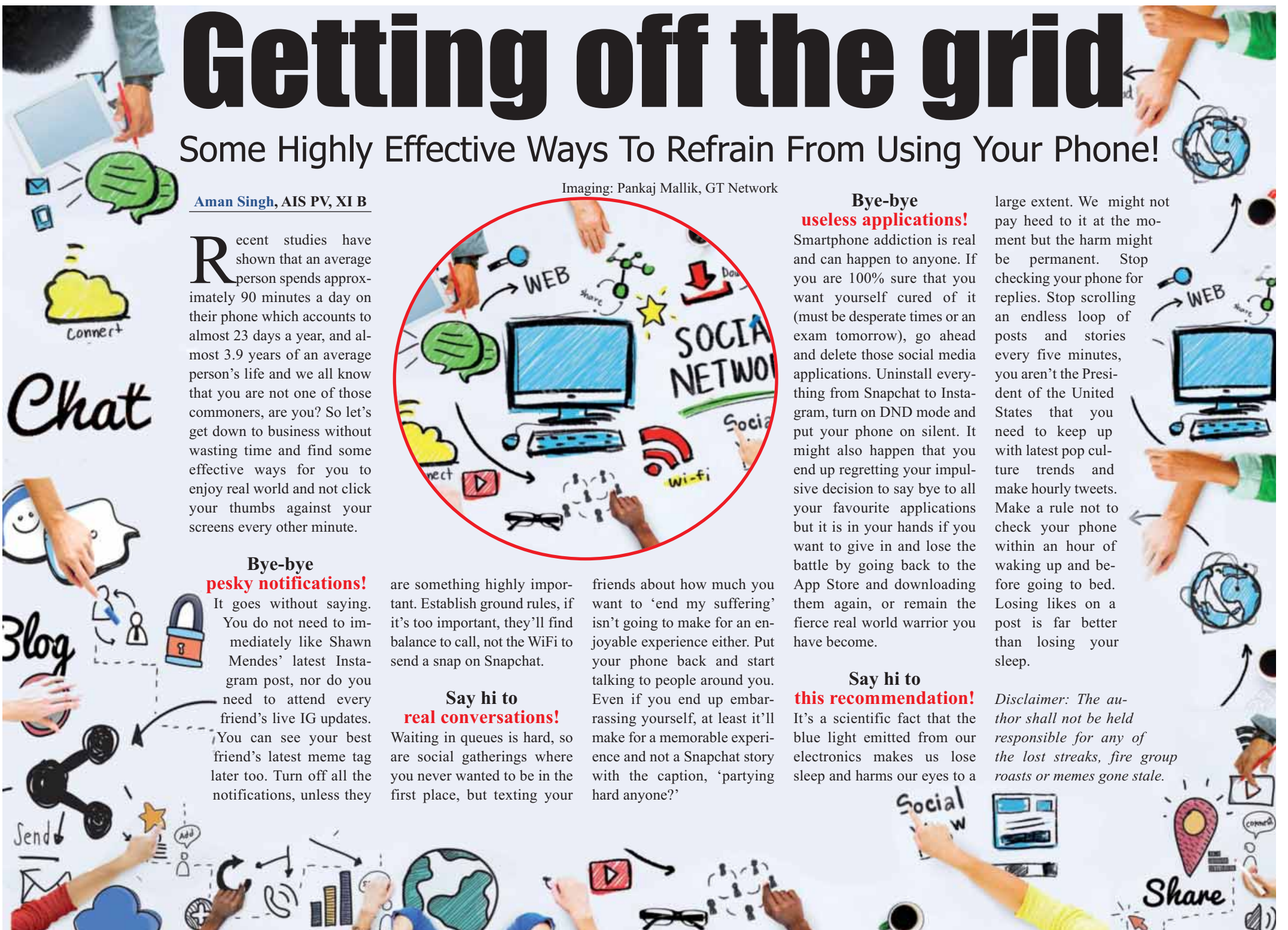
Smartphone addiction is real and can happen to anyone. If you are 100% sure that you want yourself cured of it (must be desperate times or an exam tomorrow), go ahead and delete those social media applications. Uninstall everything from Snapchat to Instagram, turn on DND mode and put your phone on silent. It might also happen that you end up regretting your impulsive decision to say bye to all your favourite applications but it is in your hands if you want to give in and lose the battle by going back to the App Store and downloading them again, or remain the fierce real world warrior you have become.

## Say hi to this recommendation!

It's a scientific fact that the blue light emitted from our electronics makes us lose sleep and harms our eyes to a

large extent. We might not pay heed to it at the moment but the harm might be permanent. Stop checking your phone for replies. Stop scrolling an endless loop of posts and stories every five minutes, you aren't the President of the United States that you need to keep up with latest pop culture trends and make hourly tweets. Make a rule not to check your phone within an hour of waking up and before going to bed. Losing likes on a post is far better than losing your sleep.

Disclaimer: The author shall not be held responsible for any of the lost streaks, fire group roasts or memes gone stale.



Dolphin sonar is the best within nature and superior to all kinds of man-made sonars.



Dolphin Facts

## Power of a teacher



Dr Amita Chauhan  
Chairperson

At the 4th Innovation in Education Technology Awards held at AIS Saket (read page 11), I was extremely happy and satisfied to see the kind of innovation and use of technology teachers have now brought into their teaching methods and classroom pedagogy. Their methodologies reflect the changing requirements of contemporary times which make the transaction of education even more interesting and innovative. It is heartening to see how teachers have moved seamlessly from being a tutor to becoming a facilitator of learning. A teacher understands the psychology and learning style of every student and moulds her methods and strategies accordingly. Here I would like to share a story. Once there was an event in which all the big wigs right from scholars, scientists, CEOs, doctors, engineers, etc., had gathered. The host at the party introduced big wigs of the industry and made unanimous descriptions of each one of them explaining their achievements at length. When it was time for the teacher to be introduced, he just made a cursory mention that she is a teacher and moved on. There were whispers in the room, 'Just a teacher'. It was at that time that the teacher stood up for herself and said, "Yes, I am just a teacher, but I am more powerful than the most powerful tycoons present here. You all are busy in your world, but the day you get a note or a call from the teacher of your child to meet her, you immediately leave every work and rush to the school. So all of you are always at my beck and call." So you see, such is the potential of a teacher and blessed are the ones who could be a good teacher. 🇮🇳

## Synchrony



Vira Sharma  
Managing Editor

Come October 24 and the world will witness United Nations complete 72 years of establishment and steering the world towards a common goal of humanity, peace and brotherhood. One of the most holistic and impactful initiative of the UN has been establishment of 16 Sustainable Development Goals (SDGs) by United Nations Development Programme (UNDP). At Amity, we have woven these 16 SDGs into our curriculum. Even the topics selected by Youth Power 2018 teams are absolutely synchronous with these goals. They are working on a range of socially relevant topics. Their projects range from creating awareness about menstrual hygiene, providing eco-friendly energy solutions under project 'Urja' to coming out in open and discussing the issue of body shaming, making youngsters understand the importance of accepting who they are. The fact that the teams could think so deeply about working upon such comprehensive topics of social value and have already started thinking about workable solutions for the same, stands testimony to the much evolved critical thinkers and sensitive yet assertive these children are. They are going to be the leaders, entrepreneurs, journalists, scientists, artists, etc., for our country one day. When a society has got such deep thinkers at the helm of the affairs, the nations are bound to progress and the world is bound to evolve for better. Indeed, Youth Power 2018 is already proving to be a precursor for attaining 3 broad development goals of United Nations - eradicating poverty, accelerating structural transformations and building resilience. 🇮🇳

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Published for the period October 22-28, 2018

# Dreams under my wings

## A Soulful Request Of A Child To Her Parents To Be Set Free

Saanvi Wadhwa & Gauri Singh  
AIS Vas 6, X B

Dear Mom and Dad,

Thank you. That is the first word that comes to my mind when I think of you. There is so much you've given me, from the day I was not even born. Whether it was guidance when I went astray, a hug when I was feeling low, a big cheer when I participated in sports day, or the luxuries of life. And then, you gave me your ambitions. I know you want me to become a doctor. I can see your enthusiasm every time I participate in a science competition, the smile that crops up on your faces each time I am studying science. I know it all. And yet what I don't know is how to make your aim, mine. Yes, I am an extension of you, and I want to walk down the path you have set for me. Trust me, I really do. But, I just can't, for my heart seems to have found a mind of its own. Has it ever occurred to you - What if I don't want the same things that you want? What if having a stable, high status, 6 figure salary, a fancy house, marriage with two children, etc., is not my thing?



Many a times, I want to talk to you and let you know that I am doing everything I can, to accomplish your dreams. I'm giving it all I have in me. But at the end of the day, I end up feeling lost. I feel anxious because even though I am living my own life, but I am working towards your ambitions, your dreams. Mom and dad, I love you more than anything in this world. But I am feeling crushed beneath the burden of your aspirations.

I know you have certain hopes and expectations from me, and I don't want to let you down. But at the same time, I don't want to let go of my dreams which are much different from yours. You only have told me always, never to stop dreaming and so I dreamt. I don't want to regret the decisions I take now when I'm 40. I don't want to tell myself, "I wish I had done what I wanted," just like you do. And I don't want to tell my kids that I had a

dream, in past tense, because I have a dream and I want to give wings to my dreams when I still can. I want to explore new skies and meet my own self. But I cannot do that unless you allow me to. You brought me into this world. I wish to fly, but with the drift of your love and understanding beneath my wings. Please let me find my own horizons. 🇮🇳

Always and forever,  
Your loving daughter

# Speaking with passion

## The Story Of Complex Computers And One Simple Scientist

Sarika Negi  
Amitasha Noida, Alumnus

Dr B Athiyaman heads the Computer & Networking Division, Supercomputing Centre at National Centre for Medium Range Weather Forecasting (NCMRWF). As he honoured the Amitasha Annual Day at AUUP with his presence, our GT reporters got involved into a passionate tete-a-tete with the man of computers.

Passion X success

For me, working hard and achieving your dreams is success. As a child, I studied in a government school. When I saw a computer for the first time, I wanted to know everything about it. So, I decided to pursue computers for my whole life. From my graduation to my PhD, my major has always been computers. I have always tried my best to learn more every day, looking



Dr B Athiyaman with GT Reporters from Amitasha

into little details that are missed easily, trying to understand the complexity of this machine, and that is what landed me this position at NCMRWF. If you're passionate about something, you will definitely be successful.

Passion X support

Today, I am heading the entire supercomputing division of the weather forecast department, one of the largest

supercomputing facilities in India. It would never have been possible without the support from my parents and teachers. They saw that I had more than just a liking for computers. It encouraged me to do more and better each day. They might not have anticipated my feats, but they never stopped believing in me. It was their motivation that kept me going; because of which I could work hard enough to

achieve what I wanted in life. Now, I seek to take the NCMRWF to new heights of accomplishments with the help of better data and forecasts done through supercomputers.

Passion X leadership

When you are the one leading other people, then the position requires you to be more empathetic towards them. You have to understand what their needs are, who they are aiming to be, what are their roles and responsibilities, how they are feeling and then act accordingly. It is important to be assertive yet flexible towards your team. A leader should always remain humble, no matter how chaotic a situation gets. Humility and empathy are the virtues which every leader must possess. If you do anything with all your heart, you will become a great leader. Identify your passion and stick to it for life. Always strive hard for your aim and never give up. 🇮🇳

## Little pearls of wisdom

### The lion's friend

Paridhi Varshney, AIS Noida, VI

This is a story of a jackal, who left his kinsmen behind to befriend the powerful lion. The jackal was proud and happy to be a friend of the king of the jungle. The lion was very smart and asked jackal to gather information about all the animals of his kingdom and hunt for him every day. The jackal agreed to do as he said. In return all he got was a piece of leftover meat. But the jackal did not complain.

One day, the jackal was chasing a rabbit for the lion to eat. But contrary to the jackal's expectations, the rabbit outdid him and buried itself in the burrow. The jackal ran around and tried his best to get some food for the lion to eat, but he failed. He was tired,



so he decided to take rest under a tree.

A monkey witnessing the scene from above, started teasing the jackal. The jackal very proudly retorted "I am the lion's friend. Don't you dare mess with me." Monkey reverted, "Are you really his friend or a mere employee? You hunt for him, give him

gossip but does that make you his friend? Think about it, there will be a day (like today), when you wouldn't have any meat to offer and the lion would eat you up instead."

On his journey back, the jackal pondered over this. He wanted to prove the monkey's claim wrong and went straight to the lion without any food for him. As expected, lion was angry and pounced upon jackal for his action. The jackal, half in shock, got the dawn of realisation and ran as swiftly as possible to save his life. He soon was out of lion's arena and sat under a tree panting and remembering the monkey's words.

That night the jackal did not sleep but thought about the day in depth. He had learnt a lesson that leaving family and friends in the greed of power and strength did not make him strong but had left him nowhere to go. And that old friendships cannot be replaced by new ones.



Every dolphin has a unique whistle. Dolphins identify each other on the basis of these whistles.



# Youth Power 2018-19

Youth Power, a platform to celebrate the wave of social change, in its 11<sup>th</sup> year saw the registration of more than 300 teams. Here are the best of them...



AIS Gur 46

**Urja: Electricity Conservation and Sustainable Energy**

(L-R) Chinmayi Sahai, Ansh Deo Singh (team leader), Aakarshi Agarwal, Mugdha Jain; Class XI with mentor teacher Saritha Chittal



AIS Gur 43

**Khaan-Paan-Shaan: Food Wastage**

(L-R) Simran Swaika, Chaitanya Popli (team leader), Kanu Garg, Sneha Bhandari; Class XI with mentor teacher Jyoti Mutreja



AIS Vas 1

**Body Shaming**

(L-R) Shakshi Maurya, Class XI (team leader), Shreya Tuli, Anika Joshi and Maansi Anand, Class IX; with mentor teacher Sonia Rao



AIS Vas 6

**Clean India Green India**

(L-R) Gauri Dwivedi, Aadrika Acharya, Kanishka Kumar and Mansi Gogia (team leader); Class XI with mentor teacher Meena Negi



AIS PV

**Malnutrition**

(L-R) Naina Sharma, Roshini Srivastava, Aman Singh (team leader), Class XI and Keshav Gupta Class X; with mentor teacher Lavanya Jain



AIS Saket

**I Care for Eye Care**

(L-R) Abhiniti Gupta (XI) (team leader), Sahaj Kaur (IX), Niveda Yadav (XI) and Parth Khullar (IX); with mentor teacher Garima Pandey



AIS Noida

**Menstrual Health and Hygiene**

(L-R) Tarini Pathak (XI), Tanvi Vihh (XI) (team leader), Satyam Mehta (IX) and Ananya Grover (XI); with mentor teacher Sanyukta Priya



AIS MV

**Bone-tastic**

(L-R) Prarthanaa Singhal, Pranjal Jain, Ishita Gupta, and Prakhar Bhargava (team leader); Class XI with mentor teacher Sonali Jain



AIS Jagdishpur

**Vegetarianism**

(L-R) Aftab Alam, Ishan Agarwal (team leader), Asmita Singh and Shikha Tripathi; Class XI with mentor teacher Amar Nath Sharma



AIS VKC LKO

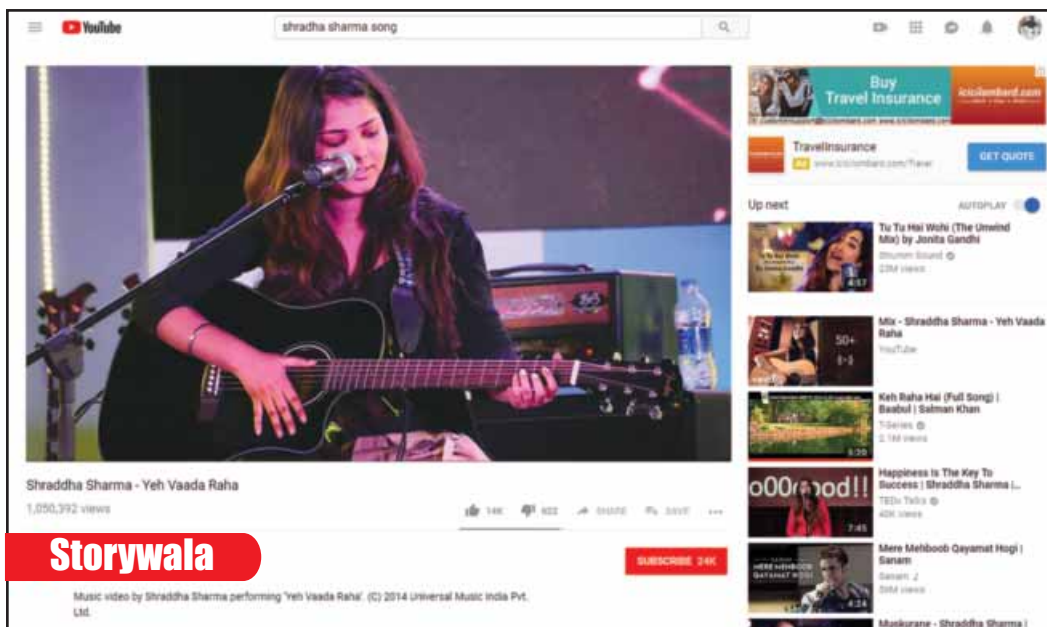
**Rights and Duties**

(L-R) Anushka Singh, Saumya Rai (team leader), Pragati Nigam and Aneesha Singh; Class XI with mentor teacher Surangma Prasad

In Ancient Greece, killing a dolphin was considered sacrilegious and was punishable by death.



# Stream of dreams



She could feel the spotlight on her, the searching stare of the crowd, the judgemental whispers and slow cheers.

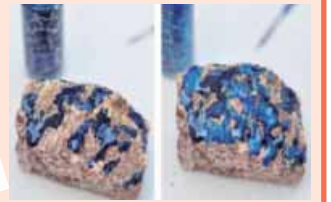
was going to faint... Suddenly, an E minor rang out on the guitar and a melody spilled out of a tongue that was no longer Shradha's. For real this time, all eyes were on Shradha. But now, she wasn't afraid. The views were rising along her pitch. She was stealing hearts, quite literally too. The whispers were there, but they didn't intimidate her anymore. The comments were increasing and so were the shares. People were talking about her, but she didn't mind this time. She ranged through different scales and different accounts, and couldn't stop now, even if she wanted to. Shradha suddenly stopped, realising what she'd done. Dumbfounded for a second, she quickly remembered to reach forward and end her live streaming, but what she found was beyond her wildest dreams. Shradha sat back shocked, reading all of the comments by thousands of viewers, enjoying her online stardom. She had finally gone viral. 🇮🇳



## Faux crystal rocks

### Material required

- Rocks
- Metallic nail paints (3 colours)
- Small dish plate
- Paint brush
- Gold spray paint



### Method

- Pick 5-6 medium sized jagged rocks from the street, wash and leave them to dry.
- Set rocks down and decide which will be on top. Opt for the one that has most jagged edges to really get that crystal-like effect.
- Pour the darkest shade of nail paint onto the dish plate and dab large dots all over the rock using a paint brush.
- While the first colour is still wet, repeat the same step with medium tone and then with the lightest colour on the top layer.
- Let the colour drip dry so that you get cool designs on top of the rock and let it dry overnight.
- Once nail polish is dry, set the rocks on their sides and carefully spray paint the bottoms gold and allow a little spray to go up the bottom and sides.
- Leave the rocks outside to dry overnight.
- Voila! Your faux crystal rocks are ready. Use them as paper weight or place them besides candles as part of home décor.

Riyosha Sharma  
AIS Gur 46, XI D

Shradha cleared her throat and took a deep breath. This was her day, her moment. It might seem like the beginning of a dream, but for a person with stage fright, this experience is horrifying. Slightly quivering even after weeks of preparation, she couldn't help

but second guess her decision. Was she good enough? She let her hair loose and her outfit was on point. Her beautiful jet black guitar slung sleekly across her torso, marking her as a musician. Would this dream come true or come crashing down? Her fate was yet to be decided. Forcing her mind into blankness, Shradha strung her fingers across the strings. It calmed her

nerves. She could feel the spotlight on her, the searching stare of the crowd, the judgemental whispers and the slow cheers. No, this was way too terrifying. She knew she could sing, but under so much pressure she'd certainly go off key. She would forget the lyrics and stammer. What was she thinking? There were so many talented singers and she'd just be a laughing stock next to them. Her heart was racing and her hands were shaking. Shradha couldn't make this feeling go away, she couldn't stop rolling on her heels. She

## Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to [editor@theglobaltimes.in](mailto:editor@theglobaltimes.in) or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!



Q.1. Which IBM champion visited Amity University for a Tech talk. Ans:	Q.5. Which vegetable becomes bad for health when clubbed with pasta and cheese? Ans:	Q. Who are the two best friends in the story 'Besties forever'? Ans:
Q. Which veteran filmmaker attended the film society launch of AUM? Ans:	Q. Who has written the article named "Getting off the grid"? Ans:	Q. Which Iranian athlete clinched gold in the Asian Para Games 2018? Ans:
Q.4. What is the name of this edition's science experiment? Ans:	Q. What is the name of the poem written by Vrinda Sethi, AIS MV, IX C? Ans:	Q. In which country can you not use a knife to eat boiled potatoes? Ans:

Name: ..... Class: ..... School: .....

Results of 66: **Ahaan Ali**, AIS Vas 1, V A; **Armaan Shrivastav**, AIS Vas 6; **Aahana Singhal**, AIS Noida, III F

## WORDS VERSE

# From air

Vrinda Sethi

AIS Mayur Vihar, IX C

My tongue layered up with toxic gas  
By asking one question million times  
What for have I been doing this?  
When I know this too shall chime

I know, I would be dying soon  
And that I would be not the only one  
Our destinies are together sworn  
Because of my supply till moon

Alone, is not me with filthy creatures  
There are those innocents in it too  
Reminding myself of deathly features  
I overrule my thinking of dying soon

Oxygen, clouds what all I don't give  
In fact the biggest harbinger is me  
With rain drops, tip or tax I forgive  
I deserve to be as happy as thee

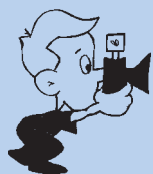


When I am on the move, I pursue  
Strength to break barriers in between  
From spreading the trees' green hue  
To making the sky scrapers fall lean

At last I am back to interrogation  
Was this the beginning of my doom  
To be born on the same day  
Never even given a toil-less room

Again my tongue would lay up  
Impending upon the next gear  
Would the endless ruin ever stop  
Was there another toxic layer?

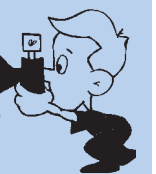
Why are our destinies woven together  
Why can't I be free and die alone  
I don't want this played any longer  
It's being alive in a deathful mourn 🇮🇳



## CAMERA CAPERS

Kohana Gupta, AIS Viraj Khand Lucknow, IV B

Send in your entries to  
[cameracapars@theglobaltimes.in](mailto:cameracapars@theglobaltimes.in)



Mumbai's lifeline



Holy dip in gold



Drops of joy





Dolphins don't chew their food. Their teeth are only used to catch prey.

# Besties forever



## Short Story

**Kashvi Sharma**  
AIS Gur 46, VI E

Kaira and Sia were best friends since they were babies. They did everything together, but their personalities were poles apart. Kaira belonged to an affluent family and loved going out with her friends. Sia, on the other hand, was very shy and belonged to a

middle class family. Regardless of differences, their friendship was strong as ever.

One day, both the girls were invited to a party. Sia wore a simple, elegant dress and Kaira wore an expensive dress. While Kaira went on the dance floor, Sia went to get something to eat. Being shy, Sia refused to dance but when Kaira insisted she agreed. Reluctantly, she **trudged** along

with a glass of juice in her hand. Sia had just started enjoying, when someone accidentally pushed her and the juice fell on Kaira's dress. Sia apologised but Kaira got furious and yelled at Sia. Sia left the party crying. Kaira returned home fuming and told her mother about the incident. Her mother kept mum but decided to do something about it. Next day Kaira wanted to go out

**Kaira returned home fuming and told her mother about the incident. Her mother kept mum but decided to do something about it.**

and play, but now that she was not talking to Sia, she didn't have anybody to play with. She told her mom the same, who said, "Why don't you play with your new dress?" Kaira was amused but ignored it anyway. That evening Kaira wanted to go cycling, and again was told by her mother, "Take your dress along for cycling!" Kaira's every demand met same response till she got irritated and told her mom, "How can I play with my dress? Or go cycling with it? I need friends to do all this." "Then you should not have fought with Sia over a dress," her mom replied. Kaira now understood what her mother was trying to tell her. She felt sorry for what she had done. She rushed to Sia's house and apologized. Needless to say, the two got back to being best friends once again. 🌟

**So what did you learn today?**  
**A new word: Trudged**  
**Meaning: Walk slowly with heavy steps**



Aryaman with his red pasta

## Red sauce pasta

**Aryaman Kotwal**  
AIS Gur 46, II D

### Ingredients

- Pasta .....200 gm
- Tomatoes (diced) .....2
- Tomato purée .....4 tbsp
- Parsley (chopped) .....1 cup
- Garlic (crushed) .....2 cloves
- Onion (diced) .....1
- Olive oil .....4 tbsp
- Mixed herbs seasoning .. 1 tsp
- Water .....As required
- Salt .....To taste
- Black pepper .....To taste

### Method

- Take some water in a pan and bring it to boil.
- Add pasta to water along with salt and one tbsp oil.

- Boil the pasta *al dente*.
- Drain pasta and rinse with cold water. Keep aside.
- In a separate pan, add the remaining oil.
- Add garlic and onions.
- Once the onions are sautéed, add diced tomatoes and tomato purée.
- Cook for a few minutes till it starts to leave the edges.
- Add salt, pepper and parsley to tomato mix.
- Add water and bring it to boil. (You need to add enough water to make sure that you have enough sauce to coat the pasta.)
- Add the mixed herbs seasoning and toss well.
- Your red sauce pasta is ready.

## Riddle Fiddle

**Kaihaan, AIS PV, I B**

1. What starts with 't', is full of 't' and ends with 't'?
2. What has hands but cannot clap?
3. What comes at the end of a rainbow?
4. What belongs to you but others use it more?
5. What has neck but no head?
6. What comes down but never goes up?

**Answers:** 1. A teapot 2. A clock 3. A 'w' 4. Your name 5. A bottle 6. Rain

## POEMS

### Cycle adventure

**Prishaa Gola**  
AIS Gur 43, VII I

Taking out our cycles on a sunny day  
Seeking the adventures of sun and hay

All the heat and peddling wild and free  
We made the choice to rest under a tree

Soon I realised what was hanging on that tree  
Up we climbed, with our growling tummies

Devouring the mangoes, reflected in the river  
Long leaps we all made for the golden sliver

It was really one delicious carnival  
But then we saw someone riding our cycles

We ran after them in the 12 o'clock sun  
The cycle adventure was a day full of fun! 🌟



### Pollution solution

**Pranavi Mendiratta**  
AIS PV, VI C

It's my summer vacation  
I wanted to be in my nation  
I want to save it from pollution  
And find out a final solution

So I will study very hard  
And get a strong head start  
I will try each and every day  
To keep pollution at bay

I will wait for school to reopen  
And tell my teachers my solution  
For the serious threat of pollution  
And that is my strong resolution 🌟



## PAINTING CORNER

**Sara Gupta**  
AIS Vas I, V B



## It's Me

### Know me

**Name:** Riaan Dua  
**School:** Amity International School, Pushp Vihar  
**Class:** KG A  
**Birthday:** July 17

### My life, My people

**I like:** Swimming and playing with my little brother  
**I dislike:** Sitting idle  
**My hobby:** Collecting Hot Wheels  
**My role models:** My *bua* and my *fufa*  
**My best friends:** Anay and Sanay  
**My favourite book:** The Jungle Book

**My favourite games:** Cricket, cycling and snakes & ladders  
**My favourite Mall:** DLF Promenade  
**My favourite food:** *Rajma chawal* and Nutella bread sandwich  
**My favourite teacher:** Divya Ma'am  
**My favourite Poem:** Good Morning Song

### My dreams

**I want to become:** A dentist  
**I want to feature in GT because:** I want to spread happiness and seeing me being featured in GT will make my family and my teachers very happy.



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\*Results of nationwide preschools survey rankings published in Education World 2016 and 2017

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Dolphins are highly intelligent and are as smart as apes. The evolution of their larger brains is surprisingly similar to humans.



Chairperson with innovative and futuristic educators of Amity and jury members



Chairperson peruses teaching materials



A presentation on ICT in education

## Dharohar 2018 Gala Junior Annual Day



Chairperson and Ms Pooja Chauhan light the auspicious lamp

# Rewarding the teachers

## Enriching Education With Research And Technology

The 4th edition of Innovation in Education Technology Awards was held at Amity International School, Saket on September 29, 2018. This unique award for teachers, instituted in the year 2015 by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF aims to encourage and motivate teachers to adopt technology led new age learning models in their classroom practices to inculcate 21st century skills in learners. Teachers from all AIS branches in Delhi / NCR, outside Delhi and Amity Global Schools took part in the event. The event comprised a lesson presentation - a competitive event for teachers and an exhibition by schools - a non-

competitive event to showcase best practices adopted by different Amity schools for integration of UN-SDG with their regular school curriculum. In the lesson presentation, each branch submitted two entries, one each from primary and senior wing. They presented their lesson plans including classroom experiences, assessments and learning outcomes based on any new age learning models like PBL / Flipped / Blended. The competition was judged by an esteemed jury comprising Arti Khosla, Founder and CEO of COAE (Centre of Assessments for Excellence); Dr Sanjana Vij, Assistant Professor AIE New Delhi and Chanddeep Marwah, a freelancer in the

field of teacher training and content development. The best three entries from each section were awarded. Shikha Madan from AGS Gurugram, Saritha Chittal of AIS Gurugram 46 and Krishna Das from AIS Noida were awarded best entries in the senior category.

Kavita Gupta of AIS Noida, Pooja Setia from AIS PV and Sumity Kazoo of AIS Gurugram 46 were awarded best entries in the junior category. The non-competitive event was a school based exhibition that provided ample opportunities to all present to learn and takeaway the best practices adopted by schools to integrate SDGs in classroom practices. The objective of the later was to develop

global perspective and empathy towards issues the world is facing today.

The event was presided by honorable Chairperson; Mohina Dar, director Academic Projects; principals from all branches of AIS & AGS and Kirti Tripathi, head curriculum development.

The occasion also marked the felicitation of 21 teachers from all branches of AIS for the Best Teacher's Day essay submitted for the year 2017. All the winners were awarded a trophy, a stole and a cash award of Rs 5000 each. The event culminated with words of wisdom by Chairperson who appreciated the work done by all the participating teachers and applauded the efforts of the winners. 🇮🇳

### AIS Mayur Vihar

The Annual Day for Class III-V, titled 'Dharohar - A saga of cultural heritage' was held on October 6, 2018 at Amity University, Noida. It showcased the glorious cultural heritage of our nation, tracing the origins of the majestic historical monuments through a glittering symphony of rhythm, music and drama. The event was graced by the benign presence of Dr (Mrs.) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF and Ms Pooja Chauhan, Vice Chairperson, Amity Humanity Foundation.

The gala event commenced with the auspicious lighting of the lamp by the eminent dignitaries amidst the soulful chanting of shlokas. This was followed by a patriotic song being sung to an enthralling fusion of Indian and Western music played by the school orchestra. The students

then presented 'Ganesh Stuti' to invoke the blessings of Lord Ganesha. Vice Principal, Veera Pandey in her address, highlighted the glorious achievements of school at various national and international competitions.

Highlight of the day was 'Dharohar', a cultural razmatazz which gave the audience a glimpse of rich heritage of India. In this rich presentation anecdotes about famous monuments like: Char Minar, Taj Mahal, India Gate, Jalianwala Bagh, Hawa Mahal, Nalanda University were enacted. These were interspersed with folk dances like Lavani, Bahngra, Rajasthani dance and Bharatnatyam. While addressing the audience, Dr (Mrs) Amita Chauhan applauded the students for their electrifying performances. and urged them to uphold the values and traditions of the school. The programme concluded with the school song followed by the national anthem. 🇮🇳

### Sports time @ Amity



Winsome checkmates with their certificates and trophies

## Checkmate champions

### AIS Gurugram 43

Two winsome chess teams, Under 11 boys and Under 17 girls of the school brought home laurels by emerging victorious at CBSE Chess Championship North Zone 2, 2018, held from September 30-October 2, 2018. The teams also qualified for the National CBSE Chess competition to be held at Gwalior from November 1, 2018.

The Under 11 boys team comprising Sparsh Bisht and Rachit Vaid (IV) and Arshpreet Singh (V) won first position by scoring cent percent with perfect 6/6 points. Under -17 girls team comprising Nivriti Singh and Nehal Bhushan (IX), Sanskriti Bisht (X) and Naisha Singh (V) bagged third position in the competition.

School Principal Anshu Arora appreciated the winners and congratulated coach Naveen Kumar for the grand win.

### AIS Noida

Twelve students participated in CBSE North Zone I Chess Championship, held from October 2-6, 2018 and bagged 7 out of 12 laurels. Under 11 (girls) team, Anika Tyagi (II), Viyona Arora (III), Renesa Dasgupta and Priya Aggarwal (V) (Captain), won the overall Championship. Under 11 (boys) team comprising Shaurya Sisodia (IV) and Tanish Mittal, Aaran Ghonge and Rishit Singh (V) (Captain) secured second position in the championship. Under 17 (girls) team comprising Aanuja Singh Chowhan & Tanvi Gupta (VIII) and Ananya Jaiswal & Poornima Gupta (VIII) became reigning champions. The champions also created a record by winning maximum Board Prizes under different categories and will now represent CBSE North Zone I in the forthcoming National Championship.

## Champs of Football

### AIS VKC

On September 27, 2018 junior inter-house football competition for Class VI-VIII was held in the school premises. The final match played between Alaknanda house and Bhagirathi house, Mohd. Afzal (VIII B) from Alaknanda house scored all the

4 goals which helped them to register a 4-2 win over Bhagirathi house team.

The star performers of the competition from each house were: Mohd. Afzal (VIII B) Alaknanda house; Akshat Srivastava (VIII A) Bhagirathi house; Arnav Singh Chauhan (VIII B) Pawani house and Raunak Sehgal (VIII A) Bhagirathi house.



Students play it tough on field to win the match

## Taekwondo winner

### AIS Vasundhara 6

Ridhisha Sharma bagged the gold medal at Zonal level of CBSE North Zone-I Taekwondo Championship held from Sept 29 - Oct 4, 2018. She participated in Under 17 and 52 Kg category championship and will now participate in national level championship to be held in November at Bijnore. A total of nine students from the school had participated in the sporting event and they all reached quarter finals.



Beaming Ridhisha Sharma



Students enliven the cultural heritage through 'Dharohar'

## Dussehra celebrations

### AIS Noida

Students of the primary wing conducted a special assembly on September 28, 2018 based on the theme Dusshera. It was held to celebrate the victory of good over evil and for encouraging students to follow the path of *dharma*. The objective of the assembly was to reinforce human values of brotherhood, honesty, tolerance, compassion and respect for heritage among students. Assembly commenced with a talk high-

lighting the significance of the auspicious festival. The young Amityans reminded the audience that Dussehra symbolises the conquest of good over evil through meaningful placards. The children gave a very mesmerising dance performance invoking the blessings of Goddess Durga. The assembly also spread awareness about mythology related to dusshera and the relevance of the nine-day Navaratri celebrations. The audience was enthralled by the mesmerising soulful performances. 🇮🇳



Children present a traditional folk dance to celebrate dusshera



# Your black, my white

It's Strange How Same Thing Differs In Different Cultures

Rimjhim S., AIS Noida, XI D

It's amazing how there are so many different cultures in this world, all having their own distinct traditions and customs. Some may seem bizarre to you and some may be too different from the culture of your own country. And then there are some that imply poles apart connotations in varied cultures. Read on to find out how different cultures perceive different practices.

### Slurp it down

Imagine yourself seated at a family dinner and you slurp that hot soup accidentally. What follows is deathly stares from the entire family. But that wouldn't be the case if you live in China or Japan, where slurping is considered a token of praise. Slurping in many Asian countries is a sign that the diner is enjoying the food so much that he could not wait for it to even cool down. The same holds true for slurping tea, as slurping the last sip of tea to let the host know that you are through and satisfied.

### What's in a plate?

Your parents have told you many a times to not leave any food in the plate and you grudgingly eat till the plate is clean as new. But that's not the case in other countries. In coun-



tries like China and North Africa, emptying your plate means to ask for more food and the host will instantly serve you with more food. Well, this seems quite a custom if the food being served is chocolate cake.

### Handing it down

Americans might like it the 'fork and knife' way, but the case is different

in countries like Mexico where it is impolite to eat using a knife or fork. Similarly, using a knife to eat boiled potato in Germany is an insult to the cook. It means that the potato should have been cooked a little more.

### Compliment much?

"I love your dress!" "Such a beautiful painting." "What a silverware!"

All these compliments might seem absolutely acceptable to say, but not in every country. In Nigeria and Senegal, complimenting the host for something is considered as you desiring the said item. As a custom of hospitality, the host then feels obligated to give away the said item as a gift to the person throwing in the compliment. [G I](#)



## My hero

Divya Puri, AIS Saket, III

Every time I would watch my favourite superheroes on the television, I would be extremely fascinated by them. Their super powers that helped them save the world left me in awe. But when I had to write about my hero, only one name came to my mind – my grandmother, Sudha Puri.

Now, my grandmother doesn't have any costume, nor does she have any super powers, yet she is my favourite hero. You know why? Because she is there for me every time I need her. Whenever I am in trouble, or I fall sick, she is always there for me. Whether I need a hug or the tasty soup she makes, she is right there, always ready to give it to me. I know that no matter what, she won't let anything wrong happen to me. She makes me feel safe and protected.

Heroes protect the world, but my grandma not only protects me but also loves me endlessly. She calls me her angel and always tells me how much she loves me. She always takes out time to play with me and my toys. My grandmother had a very difficult life and has sacrificed lots of things to take her children forward. I have learnt a lot from her. I pray to god for her good health and long life because she is the best grandmother in this whole planet. That is why I chose her, none other than my grandma to be my hero.

# Bermuda triangle

Unravelling The Mysteries Of Our Everyday Lives



Anvi Mahajan, AIS PV, X E

As intriguing as the mystery of where things disappear in the Bermuda Triangle may sound, we are yet to unveil the mystery behind the Bermuda triangles of our daily lives. Ever wondered where that one rupee coin, the last toffee, the only hair tie, the ten rupee note, your pen's cap or your pen drive disappeared? Here is to mourning the loss of our prized possessions, even after a myriad futile attempts to find them.

### The abyss between the car seat and the door

Every second day, we find ourselves struggling to free our hands from the microscopic space between the seat and the door. You'll find yourselves miserably entangled as you come up, empty

handed, lost and defeated. No amount of careful planning would be enough to retrieve the lost coin. Or the piece of paper, the pen and the fingernail you sacrificed to get the coin out.

### The bottomless pits we forget exist

Is it not exasperating to know how we so often forget about that little gap between the plank of our beds and the wall? Only when your phone or book manages to slip through that minute interstice, do you acknowledge its presence. Everything, the broom, curtain rod, or perhaps, your younger (and thinner) sibling's arm are more likely to be used as an apparatus to get your phone back. You will never get to understand how the gap is large enough to let the phone fall down but not wide enough to pull it back from the hole.

### The torn pockets of our blazers

We have all felt the pangs of separation, when that ten rupee coin, which is the last glimmer of hope to feed your famished self, evanesces in the depths of your blazer pockets. The tiny, miraculously made hole in the corner of our coat pockets is where all your motivation to succeed lies. You will swim across oceans to find where that last coin disappeared. Well, at least until you find someone who you coax into lending some money. But if it's the consent slip you are certain you put in your pocket, good luck!

Only if we felt half as motivated to study, would we all be receiving straight A's. Too sad people are preoccupied with the Bermuda triangle, when the actual mysteries lie around us. [G I](#)

## GT travels to Czech Republic



Vihaan Badhwar, KG A, AIS Vas 6 poses with his copy of The Global Times in front of Prague Castle, a castle complex located in Prague, Czech Republic. Built back in 9th century, it has been declared as the largest ancient castle in the world, by Guinness Book of World Records. It is one of the most visited tourist sites in the city of Prague.

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