

## Dying lifelines of India

Despite government pumping in nearly Rs 4,085.65 crore of public money to breathe in a fresh leash of life in mighty Indian rivers, most of the revered rivers in the country are on the verge of dying a slow and painful death. **Smita Jain**, GT Network finds out whether it is the religious practices or public apathy which is turning these rivers into an open sewer.

Shocking, but true, of the 38,000 million liters of sewage produced every day in the country, the government has the capacity to treat only about 12,000 million tonnes and sadly, the rest find its way into the mighty rivers. Large stretches of key rivers in India have become so polluted that it is unfit for holy dip. More than half the length of the Ganga has been declared unfit by the Central Pollution Control Board (CPCB). Sadly, over 500 kilometers stretch of river Mahanadi is rotting away, while 1,700 km of Godavari, 480 kilometers of Narmada and 400 kilometers of Tapi share the same fate. If this practice continues unabated, then that day is not far when there would be a World War on water and our fragile ecosystem would be in a state of complete disarray. Read on to know what is killing our rivers and how we can avert this looming danger.

**What is choking our rivers:** Meandering its way through mighty mountains, shielded from pollution, pristine river gushes down the plain, little realizing that it will be choked with plastics, sewer and dead bodies. According to Centre for Science and Environment (CSE), nearly 75%-80% of the river's pollution is due to disposal of untreated sewage, which when combined with industrial run offs and the garbage amounts to over 3 billion liters of waste per day. The amount is too large for the river to assimilate. Here is what is throttling them:

- Unchecked growth of human settlements on river banks
- Disposal of wastes & human remains
- Oil spills
- Heavy metals & toxins exposed during mining
- Hydro projects that wreck a havoc

**Grave impact:** A polluted river is not only a threat to the human settlements on the river banks, but also to the



Imaging: Pankaj Mallik, GT Network

### Expert views

**“Making a change is a threefold process; government action, public pressure and public awareness. The government takes action only when there is public pressure, but that is not possible without public awareness.”**

**Vimlendu Jha, Founder, Swechha**

varied life forms that thrive in it. The excessive contamination of river water also affects the underlying ground water, triggering acute shortage of potable water. Heavy metals like cadmium, mercury and lead, leads to serious ailments. The dwindling number of dolphins will make them join the list of endangered animals. Some other serious repercussions include:

- Water contamination leads to permanent damage of reproductive organs in marine life forms.

- Sewage and agricultural run offs cause depletion of oxygen, making it unfit to support indigenous organisms.
  - Fish poisoned with heavy metals when consumed interfere with development of nervous system and fetuses.
- Challenges ahead:** The task of cleansing the river is overwhelming but, if we want to avert future crisis and nip the problem we should be prepared to take on these challenges. Cleansing of rivers should not become a matter of dispute between Center and state government. Treatment of sewage requires money and constant electric supply and India is facing a severe shortage of both. Amlaan Kumar, AIS Noida, XI, says the solution to the problem lies in educating people on how to live in harmony with rivers. Though, it may take a lifetime to achieve.
- How can we contribute:** Instead of relying on the government to take action, it is the duty of one and all to contribute in the herculean task of making our rivers clean. Here are some simple steps that we all can follow:
- Encourage community participation in cleaning rivers
  - Holding awareness programmes on river pollution and its threat
  - Banning immersion of religious idols in rivers. **GT**

### INSIDE



Sports extravaganza, P4



Kiev unrest, P7

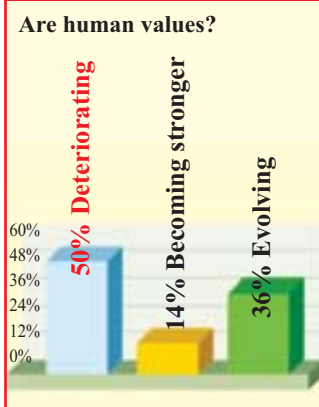


Prerna Diwas, P11

### AMITEpoll

What is the best way to spend summer vacations?  
(a) Travel (b) Rest  
(c) Pursue a hobby  
To vote, log on to  
www.theglobaltimes.in

### POLL RESULT for GT issue April 28, 2014



## Noble ideas, noble deeds

He is known for his path breaking work in the field of chemical kinetics. Join **Kopal Gupta, Pragya Singhal and Ishani Ghoomer, AIS Mayur Vihar, XI** as they get up close and personal with **Yuan T Lee**, the first Taiwanese to win Nobel Prize in chemistry in 1986. Read on to know what it takes to become a Nobel Laureate and much more.

Could you please explain in layman terms your work that won you a Nobel Prize and what it has to offer?

Well, normally we cannot see how atoms and molecules move, so, we designed an apparatus that enabled us to trace their trajectory when a chemical reaction takes places. We designed a 'molecular beam detector' to derive the measurements of angular and velocity distribution that helped my team and me understand the dynamics of elementary chemical reactions.



Yuan T Lee in conversation with GT Reporters

**You were admitted in the National Taiwan University without giving an entrance exam, should such exceptions be made for brilliant students?**

I was not a good student in the traditional sense. But I learnt a lot myself. If I recall correctly, I was in grade I or II when World War II broke out. We could not attend school due to bombing by Allied Forces and took shelter in mountains for more than two years. Although, I could not go to school I used the opportunity to learn a lot from Mother Nature. Whether it was learning about seasons or growing vegetables, I learnt everything myself. I strongly believe in

one thing, if you learn a lot you would be able to perform well in exams. Good scores in exams don't necessarily mean that you know a lot. Exemption from sitting for the entrance exams of National Taiwan University gave me an opportunity to read a lot of books. I believe that entrance examinations only test the knowledge of the examinee on everything that mankind already knows.

**What does it take to become a Nobel laureate like you?**

I do not know, I really don't know. I never set my goal to become a famous person or a Nobel laureate. As a young

student I was very excited to discover new fields. But, luckily year after year I got recognition for the work in my field and rose to fame.

**You have served in the cabinet as the Minister of Education, what kind of reforms would you suggest in both the fields?**

The education sector in most parts of the world, we pay too much attention to training. Training means you study something to become more familiar with the subject, while education means you train a student to solve the problem of the future. Education and training are thus two different things. If you train a student you can check whether he has learnt or not. But when you educate a student it is not easy to test his knowledge within the existing school set up. **GT**

(With inputs from Prerna Suri, Amity Instt of Biotechnology)



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A view of the 60 acre Amity University, Noida Campus



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**Shagun Sethi**  
Delhi Public School, R.K. Puram, New Delhi

“ Infrastructure and facilities of Amity University were remarkable. All the faculty members were kind and very learned. This program is awesome. ”



**Abel Thomas Jaison**  
Sandeepani Vidhya Niketan, Thrissur, Kerala

“ It was a new and enriching experience for me. I enjoyed thoroughly and learned a lot of new subjects. The teachers were very supportive and encouraging. ”



**Simrat Kaur Bains**  
Loreto Convent, Delhi Cantt.

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# Valuing values

AGBS Noida organised an inter department literary and cultural competition as a part of the Human Values Quarter. **Shehzaad Kapadia**, AGBS Noida, reports



Pic: Anubhav Nagar, AGBS

Amity Global Business School, Noida heads with their student team

## Amity Global Business School, Noida

In the wake of Human Values Quarter celebrations, Amity Global School Noida held a literary and cultural meet that encouraged healthy competition among students and applauded human values.

### Setting the ball rolling

In keeping with the Human Values Quarter celebrated annually at Amity University, Amity Global Business School, Noida organised a two-day long literary and cultural meet. The two-fold objective behind holding the event was to provide a platform to the managers of

tomorrow to exhibit their talents in both literary and cultural fields, while promoting human values. The event began with an address by Dr A S Bahal, director, AGBS Noida and Aparajita Dasgupta, associate dean, AGBS Noida. They spoke about the positive influence that such events have on students.

### Two days of exhibiting talent

The event witnessed multiple activities and competitions being organised for the student participants.

**Day one:** On the first day, a debate was held. The topic of the debate was, 'Women Emancipation: Myth or Reality.' It was followed by Just a

Minute competition which required an individual to speak spontaneously on a topic of contemporary interest, without repetition and deviation. The students were also asked to make posters on human values. The day concluded with an Ad Mad competition; wherein the participants had to act out and advertise unconventional products.

**Day two:** The second day kicked off with a business plan presentation; wherein students pitched a business idea, while doing the cost-benefit analysis. This was followed by a Brand Quiz contest in which the participants had to guess logos, identify taglines followed by a rapid fire round; Best out of Waste

competition, etc.

### Concluding the event

U Ramachandran, vice president, AGBS National Campuses and Gaurav Gupta, deputy general manager, marketing, AGBS, attended the concluding ceremony. In his address to the audience, he acknowledged the efforts of AGBS Noida in organising a successful event and shed light on the importance of human values. He encouraged students to keep up the good work and hold more such events. He also spoke about the pressing need to embrace human values at workplace. The day ended with participants and volunteers being awarded participation certificates. [G](#) [U](#)

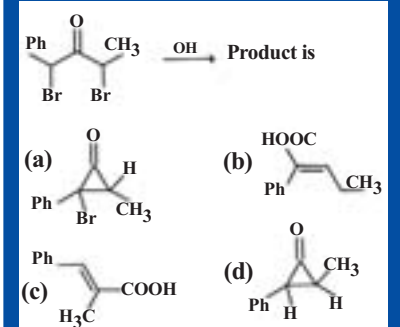
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L-R: Kritika, Anjani Bhatnagar and Dr Ajay Rana

## Together we act

Kritika Khanna

Amity School of Engg & Tech

**A**mity always strives to build leaders who can stir a social change. Enactus, AUUP is just another step forward in this direction...

### All about Enactus

Enactus, an international non-profit organisation aims at turning students into entrepreneurs, while building social leaders, who believe in making a difference in their community. A community of students, academicians and business leaders, Enactus stands for Entrepreneurial, Action and Us. Enactus is a platform for teams of different universities, who apply business concepts and develop outreach projects. An annual series of regional and national competitions, it provides a forum to the teams to present the re-

sults of their projects and be evaluated by business leaders. Next, national champion teams advance to the prestigious Enactus World Cup.

### Enactus at AUUP

Enactus at Amity University was introduced by Dr Ajay Rana, director, Amity Technical Placement Centre and director, Amity School of Engineering, who set up the Enactus student chapter here. The programme is spearheaded by its president Kritika Khanna, Dr Ajay Rana and Anjani Kumar Bhatnagar, Dy. general manager, Amity Technical Placement Centre, mentor students to become leaders.

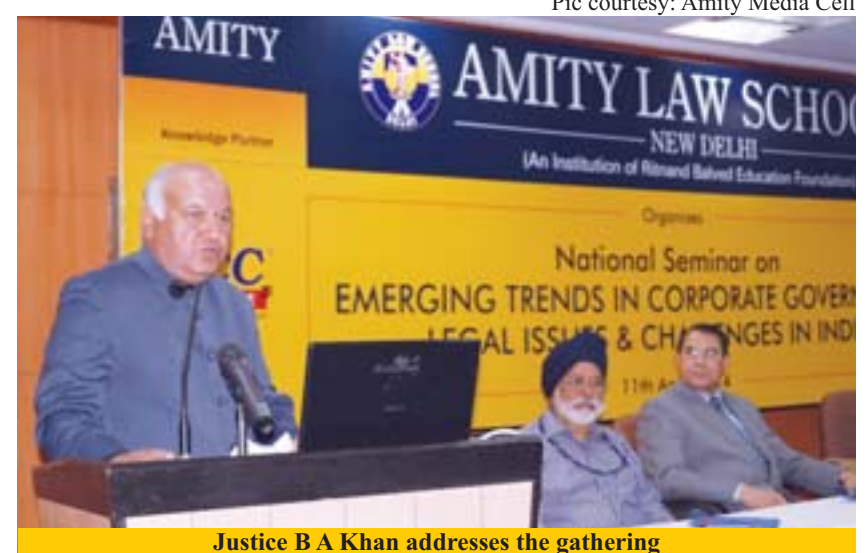
### Adding social value

Currently, Team Enactus has 'Project Parivridhi' up its sleeve. It targets a community at Saharanpur which makes exquisite handcrafted products. The community, however, does not have access to proper market. Enactus Amity has its eyes set on preserving their heritage, integral to the community.

## Providing an insight into corporate governance

Pic courtesy: Amity Media Cell

Amity Law School, New Delhi held a national seminar on corporate governance that witnessed the presence of legal luminaries



Justice B A Khan addresses the gathering

### Amity Law School, New Delhi

**A**mity Law School, New Delhi organised a one day national seminar on 'Emerging trends in corporate governance- legal issues & challenges in India' at Amity University. The occasion saw the presence of many legal luminaries; Justice B A Khan, former chief justice of J&K High Court & president, SAARC Law India; Dr Sanjay K Pandey, joint director (law), Competition Commission of India; U K Chaudhary, Sr advocate, Supreme Court of India; Prof M K Balachandran, chair professor for Chair for Law, ALS New Delhi; Prof (Dr) B P Singh Sehgal, director, ALS New Delhi.

Chief guest for the event, Justice B A Khan touched upon the fact that India lacks a mechanism to check the internal

working of a company. He added that until the corporate sector understands its responsibility, fraudulent practices will keep happening.

U K Chaudhary spoke of how business is not only about profit-making today, but also Corporate Social Responsibility (CSR). He said that the corporate sector must maintain utmost transparency in accordance with the legal framework. He concluded by saying that India is the fourth largest economy of the world and it can become the topmost economy only when the corporate world understands its social responsibilities.

Dr Sanjay K Pandey spoke about law and policies relevant in corporate governance and said that they play an important role for the economic growth of a company. He said that in the last ten years, many changes were introduced in

regulations and laws related to the corporate sector. At the same time, he urged students to be aware of Competition Compliance Law and corporate governance so that they can become good corporate citizens.

Prof (Dr) B P Singh Sehgal, director, Amity Law School, New Delhi said that the basic aim for holding the seminar was to provide basic understanding to the students regarding corporate governance and emerging trends in this field. The post inaugural session was followed by discussions on corporate administration, competition regulation, e-governance, dispute resolution system in which Dr S C Raina, professor, Campus Law Centre; Dr Manjula Batra, dean, Jamia Millia Islamia University as well as Prof R L Kaul, Amity Law School Noida participated. [G](#) [U](#)



# 2<sup>nd</sup> Inter-Amity Sports Competition 2013-14

12,000 participants from senior, junior and primary wing, 11 sports, a champion's trophy, great zeal and enthusiasm... the mega sports event saw it all. Here's a sneak peek into the sports extravaganza

**Cricket**

**Winners**  
 Junior boys: AIS Noida  
 Senior girls: AIS Pushp Vihar | Senior boys: AIS Noida

**Football**

**Winners**  
 Junior girls: AIS Noida | Junior boys: AIS Noida  
 Senior girls: AIS Gur 46 | Senior boys: AIS Noida

**Chess**

**Winners**  
 Sub junior girls: AIS Gur 46 | Sub junior boys: AIS Noida  
 Junior girls: AIS Gur 43 | Junior boys: AIS Noida  
 Senior girls: AIS Gur 46 | Senior boys: AIS PV

**Aerobics Open**

**Winners**  
 Junior: AIS Pushp Vihar | Senior: AIS Pushp Vihar

**Karate**

**Winners**  
 Girls: AIS Saket | Boys: AIS Saket



Chairperson hands over Overall Schools Championship flag to AIS Noida

Pooja Chaudhary, GT Network

AIS Noida emerged as the proud champions at the 2nd Inter-Amity Sports Competition 2013-14. The competition which was spread over four months from October 2013 - January 2014, saw AIS Gurgaon 46 lift the rolling trophy under the senior category, while the trophy under the juniors category was bagged by AIS Noida. The sports extravaganza saw an overwhelming participation of 12000 students. The competition organised as per federation rules was held simultaneously in different branches of Amity schools.

To begin with, the schools were divided into four clusters - Cluster 1: AIS Vas 1 & AIS Vas 6; Cluster 2: AIS MV & AIS Noida; Cluster 3: AIS PV & AIS Saket and Cluster 4: AIS Gur 46 & AIS Gur 43. Each school was given one sports discipline to host. The competitions were held for seniors, juniors and primary classes for both boys and girls in 11 sports - basketball, cricket, football, tennis, table tennis, aerobics open, skating, chess, taekwondo, karate, kho-kho and tele matches (PEC) for primary students.

The event was organised under the guidance and patronage of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools who firmly believes that a healthy youth is imperative for a healthy and strong nation. Inter Amity Sports Competition 2013-14 aimed at nurturing a healthy youth that in turn can take on the responsibility of nation building and work towards making their country a super power as envisioned by Dr Ashok K. Chauhan, Founder President, Amity Universe.

The programme spearheaded by Col. B S Ahluwalia, senior sports consultant, Amity Group of Schools and former exec. dir., National Institute of Sports (Patiala) concluded with an award ceremony held at AIS Noida on March 28, 2014, which was graced by Dr (Mrs) Amita Chauhan. Principals and PETs of all branches of Amity schools were also present to cheer their school teams. The ceremony witnessed a spectacular display of aerobics by students of AIS Pushp Vihar, which was followed by demonstration of karate by students of AIS Noida.

Col. B S Ahluwalia presented the report of the event. He also shared his plans of taking the event a step ahead in the coming year with a revamped sports infrastructure. He also shared the details of the 3rd Inter-Amity Sports Competitions, which kicked off on April 28, 2014.

- Highlights**
- Over 12000 students participated
  - Equal number of boys and girls participated in both the junior and senior categories
  - Separate rolling trophy for juniors
  - Overall championship flag for juniors
  - Certificates were given to all the medal winners
  - Principals of all the branches of Amity were present

<b>Cricket</b> Venue: AIS Noida Date: Dec 10-11, 2013
<b>Football</b> Venue: AIS Noida Date: November 11-12, 2013
<b>Chess</b> Venue: AIS MV Date: Nov 30 - Dec 3, 2013
<b>Aerobics</b> Venue: AIS PV Date: January 6, 2014
<b>Karate</b> Venue: AIS Saket Date: November 20, 2013
<b>Kho Kho</b> Venue: AIS Gurgaon 46 Date: Nov 30 - Dec 3, 2013
<b>Telematches</b> Venue: All AIS branches Date: Throughout the year
<b>Basketball</b> Venue: AIS Saket Date: November 14-19, 2013
<b>Taekwondo</b> Venue: AIS Vasundhara 6 Date: October 30, 2013
<b>Table tennis</b> Venue: AIS Vasundhara I Date: November 18-20, 2013
<b>Skating</b> Venue: AIS Gurgaon 43 Date: November 16, 2013



The team of AIS Noida after emerging champions of 2nd Inter-Amity Sports Competition

**Skating**

**Winners**  
 Primary Girls: AIS Noida | Primary Boys: AIS Gurgaon 46

**Table tennis**

**Winners**  
 Girls: AIS Vasundhara I | Boys: AIS Gurgaon 46

**Taekwondo**

**Winners**  
 Girls: AIS Vasundhara 6 | Boys: AIS Vasundhara 6

**Kho Kho**

**Winners**  
 Junior girls: AIS Noida | Junior boys: AIS Gurgaon 46  
 Senior girls: AIS Gur 46 | Senior boys: AIS Noida

**Tele Matches**

**Winner**  
 Primary Schools: AIS Gurgaon 43

**Basketball**

**Winners**  
 Junior girls: AIS Noida | Junior boys: AIS Noida  
 Senior girls: AIS Noida | Senior boys: AIS Saket



Ask your friends if they would like to share lunch with you

# High on adventure



**D**reams come with challenges, take the challenges head-on, else you will be left regretting. Don't give up on yourself, don't give in to fear and live your dream just the way I did, says **Siddhant Puri, AIS Noida, VIII I.**

## First person account

Vacations are always fun, but my last winter vacations offered much more than that. This vacation I got an opportunity to join a rock climbing course conducted by Kolkata Trekkers Youth, Kolkata. They have been training youngsters for more than 25 years. It was

my long cherished dream to go for rock climbing. I felt happy when my parents got me the membership of this club. And then finally came the day when I had to take the plunge.

Rock climbing is an adventure sport; wherein one climbs up, down or across natural rock formations or artificial rock walls. The whole purpose is to climb up the summit of a formation or the endpoint of a pre-defined route, without letting yourself fall. Well it's not an easy task to accomplish and one needs to be very careful as chances of meeting with an accident are very high. But as long as one has the spirit of endurance one can do it.

My training taught me a lot. I learnt not to give up until the target is achieved. I was taught crucial things like planning the climb, checking the equipment, checking rock and weather conditions, developing good judgment and always being careful to avoid any injury. One needs to be really good at rock climbing otherwise the organization doesn't give a go ahead for the expedition.

After one week of training, finally the D-Day arrived when I could embark on the expedition. I got ready for the trek sharp at 8 in the morning. First I had to climb a 25 m tall rock and then scale a 2500 m tall mountain.

It appeared an easy task at the beginning, but soon I realized it was an extremely tough feat to achieve. I climbed the rock easily, but scaling the mountain proved to be a Herculean task. I decided to give up in the middle, but constant words of encouragement from my team mates helped me reach the summit. I continued rest of the journey with courage and finally conquered not only the mountain but my fear of failure too. I was overwhelmed to achieve this feat. This journey taught me to never give up on challenges and not to surrender to fear. [G+](#) [T](#)

Scaling great heights: Siddhant Puri (inset)



## 10 tips for mountain climbing

1. Choose the right mountain
2. Be accompanied by a mountain guide
3. Be equipped with proper gears
4. Always check knots
5. Don't forget to wear a climbing helmet
6. Be careful with your every step
7. Always climb with rope over your leg
8. Take breaks while climbing
9. Don't push yourself too hard as it might lead to an accident
10. Always check the weather forecast before you climb

## My First Sport



**S**ome of the first experiences in our lives are so beautiful that they infuse happiness in life and get etched on the mind forever. **Shaarvi Basu, AIS Noida, II C** shares her first experience of playing tennis and how it became her passion.

As soon as my school gets over, I eagerly look forward to indulging in exciting activities like swimming, cycling and tennis. But tennis tops my list as I enjoy it the most. The first time I held a tennis racket, I fell in love with this sport. I love everything about ten-

nis, whether it is stepping on the tennis court or swinging the racket. I love hitting those yellow balls across the court. The joy of running for the ball, hitting it at the right moment and seeing it soar above the net to the other side is unparalleled. I just love tennis. I play Tennis at Jaypee Sports Facility, Greater Noida, every evening. I am a part of 'Team Tennis,' a world class tennis training team, which has trained several top seeded players of India. They have nurtured great players. I attended workshops conducted by Davis Cup Champions and learnt by observing them play. I play in the Under-8 category. I have participated in two tournaments so far and have also won some important matches. Playing in prestigious tournaments has a different charm attached to it. I think I play better under pressure.

Playing tennis helps me relax and feel happy. The sport has had a great impact on me as I have learnt a lot through this game. It makes me plan and think fast. It also helps me in my studies and prepares me for competitions. I now understand the true meaning of victory and defeat. It simply brings out the best in me. Today tennis has become my passion. It is one sport that I can play throughout my life. This is one friend that will always be by my side. I dream of playing the Grand Slam one day. I am sure with hard work, perseverance and support from my parents, I will one day win Wimbledon for India.



**Udai Handa & Ritwik Srivastava**  
AIS Gurgaon 43, XI

**T**he world is full of them. They can be anywhere, doing stunts in the nearby park or standing right behind you. But there are some of them who have crossed the line and did something beyond our imagination. This is the story of some of the craziest adrenaline junkies from across the world.

## Nik Wallenda

Nikolas "Nik" Wallenda is an American acrobat, aerialist, daredevil, and high wire artist. Also referred to as 'The King of the Wire,' he is known for

## Daredevils

his high-wire performances without a safety net. While he holds seven Guinness World Records, his greatest feat remains walking on a tightrope stretched directly over the Grand Canyon on June 24, 2013. He free walked on a rope for 22:54 min, covering a distance of 1400ft at a height of a whopping 1500ft without any safety harness or a net.

## Felix Baumgartner

Felix Baumgartner is an Austrian skydiver, daredevil and BASE jumper. He set the world record for skydiving approximately 39 kilometers, reaching an estimated speed of 1357.64 km/h on 14 October 2012 and became the first person to break the sound barrier without using vehicular power. He is also the first person to have skydived through the English Channel. He is famous for performing dangerous stunts, which makes him a big hit.

## Phillipe Petit

To string up a wire between the twin towers and walk on it is enough to give you an adrenaline rush. But how about doing it without any permission? Phillippe Petit did just that, no wonder it took him six years to plan that stunt. He performed the stunt without a safety harness and did much more than just walk. He stayed up on the wire for a good 45 minutes, where he danced, walked back and forth and jumped too. Needless to say, he got arrested afterwards.

## Jeb Corliss

Jeb Corliss is a BASE jumper. He's taken the leap from many of the world's historic and iconic structures, such as the Eiffel Tower, the Space Needle in Seattle, and the Petronas Towers in Malaysia. In one of his extreme leaps he jumped off the 100-foot archway in China's Tianmen Mountain. [G+](#) [T](#)





## Every summer has a story

*I question not if thrushes sing,  
If roses load the air;  
Beyond my heart I need not reach  
When all is summer there.*

~John Vance Cheney



Dr. Amita Chauhan  
Chairperson

When I was a child, summers meant vacations, playing in mango orchards and gorging on sweet and sour mangoes. Summers spelt joy and happiness. With summer vacations just round the corner, I'm sure all of you are looking forward to a carefree time, too.

There is something magical about vacations; they are like a breath of fresh air enveloping everything with a tingling aroma. Vacations are a time to relax, rewind and rejuvenate. They are a break from the structured school life, imploring one to explore the untried and the unstructured life. While vacations are a great opportunity to put one's feet up and enjoy, they are also a good time to brush up one's latent skills. This is the time to catch up on lost studies and complete all unfinished work. It is also a good time to indulge in creative hobbies. It is a golden opportunity to do what you always wanted to. Holidays mean road trips, sight-seeing, excursions and also bonding with friends and family. They are a great time to churn out memories of a lifetime. They provide ample opportunities to introspect and reflect on one's strengths and shortcomings. This vacation, discover a new you and create your own story. [GT](#)

## Summer calling!



Vira Sharma  
Managing Editor

Since this is the last issue before the summer vacations, we bring to you a mixed bag of articles and interviews, leaving you with some food for thought. To begin with is the much debated issue of water crisis that deepens with the dirtying of rivers, claimed to be the next potential cause for world war III. (Read pg 1).

The issue also brings to you interviews of different people who have carved a niche for themselves in different fields be it as noble laureate, a director or an amity alumnus, now a promising navy officer. They all leave you inspired by their conduct and achievement. (Read Pg 1, 5 & 12) Not to miss is the Birthday celebrations of our Chairperson, celebrated as Prerna Diwas (Read Pg 11). What makes her birthday unique and inspirational is the spirit of service it renders in the heart of every Amitian. Birthdays are occasions to celebrate the joy of being born into this world. At the same time, it is also an occasion to ponder on the purpose of life.

Her birthday celebrations make the perfect parting note before the onset of summer break, as it leaves us with a sense of service and a calling to live a meaningful life. The vacations are the most cherished period for every student to pursue and experience things that they have been longing for. At the same time, to ensure that there is no 'summer learning loss', Amity offers a number of summer camps/workshops (Read Pg 2 & 10) for its students. The special summer holiday activities given out at school help reduce the 'achievement gap' caused due to any external stimuli or lack of opportunities outside the school. So, as the sun shines bright this summer vacations, discover your inner calling and enjoy. [GT](#)

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# Leading from front

**S**ub Lieutenant Manpreet Sahanpal, a proud alumnus of Amity Indian Military College had the honour to lead the Indian Navy contingent at Republic Day Parade this year. Read on as he shares his story with Pooja Chaudhary, GT Network



**How did you bag the opportunity to lead the Indian Navy Contingent?**

Every year, Indian Navy selects officers from different commands for Republic Day parade. This year, for the first time, they decided to select young officers to lead the naval contingent. Thus, selectors came to the Indian Naval Academy and organised a drill test where cadets were tested for three things- marching, power of command and stamina. The ones who cleared all the tests were shortlisted and then, the final four were chosen.

**Share your experience of leading the**

**Indian Navy contingent?**

It's like a dream come true for any young officer. Marching on Rajpath is a matter of pride and honour. I feel great that I got the golden opportunity to lead Indian Navy's marching contingent at such a young age.

**What challenges did you face?**

The biggest challenge was to keep one self physically and mentally fit because marching for long hours on never-ending roads was actually tough. Another challenge was to keep motivating our sailors who were marching along with us and set an ex-

ample for them, so that they could deliver their best.

**What are the essential qualities of a good cadet?**

For any officer, the cadet phase is the toughest in his career. A cadet hardly gets four hours of sleep in a day, that too after undergoing day-long vigorous physical and mental training. A good officer is one who has been a good cadet in his academy. A good cadet is one who follows orders and adheres to them. He should always give his best whether it is in studies or sports, and should do everything

religiously.

**How did AIMC contribute to your success?**

The four years I spent at AIMC were the golden years of my life and will always remain so. For any student,

these four years are very important for overall growth. I got the finest mentoring and grooming which made me a gentleman at such a young age. I am grateful to Founder President, Amity Universe, Director General BK Boppana, PVSM, AVSM, VSM for giving me the platform to reach new heights. I would like to thank my principal Dr Shabnam Pandit for giving me opportunities to improve myself. This gave me the confidence to fight hard. My heartfelt thanks to my teachers and friends, who stood by me.

**What message do you have for youth who aspire to join Indian Navy?**

The youth plays an important role in nation building as they are the power house of the country. They can do wonders if they keep walking on the right path. Today, there are ample opportunities to contribute to nation building. The defence forces provide an excellent platform to youngsters to serve the country. [GT](#)

# Save trees, save life

Grow more trees if you want to avert natural catastrophes from striking, says Nityanand Roy, AIS Gurgaon 43

Someone has rightly said that trees are our lifeline. They give us oxygen- our life breath, and what do we give them in return - probably nothing. They are our saviours. But when instead of saving them, we cut them down in large numbers, they unleash their wrath in the form of floods or other natural disasters. Take the case of Uttarakhand. The residents there had cut down more trees than they had planted and as a result there were no trees to bind the soil together when flash flood struck. Someone rightly said, "What goes around comes around."

It means that anything good or bad we

do in our life, comes back to us sooner or later. If we apply this theory to nature, its meaning becomes all the more clear. It implies that if we play truant with nature like cut trees or harm it, then sooner or later we will face nature's wrath.

But if we plant trees and protect nature, it will always protect us. How difficult is it to plant a tree? If one makes up their mind to plant a sapling on their birthday or other special occasions, the world would become a more greener place to live in.

It's time to turn into a green soldier and restore the lost beauty of Mother Nature. Plants and trees are a man's



best friends. They will never let us down if we nurture them with care and devote some time to them.

They give us shade, fruits and vegetables, timber, paper and make every-

thing look so vibrant and beautiful. When they give us so much, why can't we spare some time for them?

So, plant more trees and make earth a better place to live in. [GT](#)

## Pearls of Wisdom

### Value time

Mansha Jain, AIS Gurgaon 46, VIII E

"Time and tide wait for none" is a well known proverb, that has great implications in real life. Here, time and tide refer to opportunities. The saying, in its literal sense, means that once gone, good opportunities do not come back again. Great opportunities come unannounced and go away unnoticed. It is only for people to seize them and make the best use of them. Time is invaluable and it slips away fast. If one doesn't make good use of time while it lasts, one may be left regretting forever.

Do what you can do today and do not put it off for tomorrow. Do not ignore an important task, waiting for conditions to turn favourable. Be like an alert farmer, who makes hay while the sun shines. Learn from the ants



who store food in the summers to draw from their reserves, when the weather conditions turn unfavourable. Don't be like the grasshopper who spends the warm climate singing and dancing and begs for food in winters. One must understand the importance of striking the iron when it's hot. Prompt action at the right time brings desired results without fail. Know the value of time.... it stops for no one.



Dear Editor,

I wholeheartedly appreciate the hard work and efforts of The Global Times team in covering every minute detail of the aura session held on Forensic Science Day, in the newspaper. The report was very comprehensive. The structure and format of the report was very interesting.

The report was well researched and impressive, in terms of its details and presentation. I'm sure the readers would have benefited immensely through the knowledge of aura, and how one can enhance one's energy. Looking forward to more such coverages in the newspaper. [GT](#)

Dr Shruti Gupta, Amity Institute of Forensic Sciences, faculty member



Once you share comfort level with a friend, ask him/her if they'd like to be your project partner.

**W**ith tension in Ukraine showing no signs of de-escalation and US threatening Russia with economic sanctions, **Anshul Gupta, Amity School of Communication** provides an insight into what triggered unrest in the region, the key players involved and its everlasting global impact.



Imaging: Ravinder Gusain, GT Network

# Kiev unrest

**Overview of the crisis:** The origin of the crisis can be traced to November 2013, when Ukraine's then President Viktor F Yanukovich, rejected an agreement with European Union under Russian pressure and accepted a \$15 billion bailout from Moscow. This move triggered violent clashes between police and demonstrators, which resulted in killing of dozens of people in Ukraine's capital, Kiev. People felt the government betrayed their long-standing aspiration of integration with Europe. They poured in large numbers to register their protest at Independence Square, known as Maidan, ever since. The political stalemate led to violence fanning out to other towns and cities. It also resulted in the ouster of the president. The fate of Ukraine and its 45 million people depends on who wins the strategic battle between the West and Russia.

## Background of the crisis:

Ukraine and Russia trace their roots to the 9th century, when a group of tribes founded Kievan Rus, the modern day

Kiev. Ukraine struggled to gain national identity. However, today the two nations are bound together by energy requirements. The Russian gas pipelines enroute to Europe pass through Ukraine. Russia also provides for half of its neighbour's gas requirements. Ukraine with a population of 45 million is divided between Russian-speaking regions in the east and Ukrainian-speaking provinces in the west, near the border with Poland, Slovakia and Hungary.

## Role of Russia and West in the crisis:

The crisis is becoming a battleground for the West and East to flex their muscles. As Russia denounced the coup by right-wing extremist, Europe and US threatened to impose sanctions on those responsible for fanning turmoil in Kiev. Both the parties in question are accusing each other of interfering in the region.

## Factors that led to the crisis:

The major factors that fuelled the geopolitical crisis in Kiev are as follows:

- Revoking of gas deal with EU and bolstering of economic ties with Russia
- Police attacks on student protesters
- New anti-protest laws
- Abduction and beating of protestors
- Demand for ouster of president, who protestors believe is holding office to serve the interest of Moscow



## Timeline of Kiev crisis

- **November 21, 2013:** Government announces its decision to abandon an agreement with EU, prompting major protests in Kiev.
- **November 30, 2013:** Cops conduct a brutal raid on student protesters. Images broadcast on television leads to escalation of the crisis.
- **December 17, 2013:** Russian president Vladimir Putin offers \$15 billion bailout and cheaper gas supplies.
- **January 16, 2014:** Parliament passes anti-protest laws which opposition terms 'Draconian'; most of the laws repealed.
- **January 19-20:** Clashes intensify.
- **January 22:** Two people succumb to wounds after clashes. Body of another activist is recovered from a forest, days after his kidnapping.
- **January 23-24:** Protesters lay a virtual siege over government buildings in Lviv, Ivano-Frankivsk and other western Ukrainian cities as protests spreads in the East.
- **January 28:** Prime minister Mykola Azarov and his government put in their papers.
- **February 14-16:** Under the amnesty deal protesters agree to vacate government. Government drops charges against those arrested.
- **February 18:** Parliament rejects debate on amending constitution; Kiev burns.
- **February 20:** Independence Square and nearby streets turn into a war ground. At least 77 people reportedly killed in the last 48-hours. Hundreds wounded in clashes between protesters and police.
- **March 21:** Russia backs off from 'tit-for-tat' sanctions after US targets Putin's inner circle and EU adds 12 names to sanctions list. Ukraine not ready to accept loss of Crimea, while Moscow signs a bill to formally annex the peninsula.
- **March 22:** Soldiers take control of air base in Belbek, as Novofedorovka naval base is captured by pro-Russian activists. Crimea celebrates union with Russia.
- **March 24:** Leaders of the Group of Seven nations (G7), in a meeting not attended by Russia, decide to hold their own summit this year, instead of attending a G8 meeting until Russia changes its course.
- **March 25:** Oleksandr Turchynov, Ukraine's acting president, orders troops to withdraw from Crimea after Russia annexed the peninsula.
- **March 27:** United Nations General Assembly approves a resolution declaring Russian annexation of Ukraine's Crimea illegal.
- **March 29:** Presidential race heats up, with former prime minister Yulia Tymoshenko and billionaire confectionery tycoon Petro Poroshenko registering as hopefuls.
- **March 31:** Russian troops withdraw partly from Ukrainian border in the southern region of Rostov in Russia, following talks between Russia's foreign minister and his US counterpart.
- **April 1:** NATO says it is suspending 'all practical civilian and military co-operation' with Russia.

## Fallout of Ukraine crisis

As violence shows no sign of abating in Ukraine, the crisis could have far reaching impacts globally. Here are some serious repercussions:

- Russia's annexation of Ukraine and incursion in the east could change the geopolitical map of Europe.
- Lead to imposition of economic

sanctions on Russia.

- It could upset economic cooperation between Russia and the West.
- An unstable Ukraine could lead to global security challenges.
- It could trigger panic selling in stock exchange.
- Escalation of gas prices in Europe.



# Those were the days

Good teachers can never die; they live forever in students' hearts

**Lt Col (Retd) DK Sharma**  
 Faculty, Amity School of Engg & Tech



October 15, 2013, will remain a special day for a retired army officer like me, as it marked both a celebration and a tragedy. A celebration, because it was the 70th anniversary of the Corps of Electrical Mechanical Engineering (EME) and tragedy, because on this fateful day, the Corps of EME lost its most revered officer Lt Gen (Retd) V K Kapoor, PVSM, AVSM and ex director general. The shocking news of his demise, took me down the memory lane, reminding me of good old melody, 'Those were the days' by Mary Hopkins. In March 1971, our batch reported at EME School, Vadodara, for Young Officers' course after pre-commission training. There, for the first time we met Maj (later Lt Gen) V K Kapoor, an instructor par excellence. An ME (Automobile Engineering) with top honours from the prestigious IISc, Bangalore, his lessons, primarily on automobile engineering, lingered till the last word on our minds. His unique style of teaching comprised beginning the day with a recap of the last day's lessons, followed by an introduction of the new topic, its explanation,



**Open up**

conclusion with a summary and a question and answer round. His intricate diagrams were a delight. A keen observer, he once remarked to a student who had asked him a question when Major Kapoor was about to leave, "If you haven't understood it so far, you will never understand it." It could not be a mere coincidence that this officer was the only one among the batch of 23 officers who did not get his permanent commission. A thorough gentleman, Maj V K Kapoor was a man of discipline, but not a disciplinarian as such. He once found me with a notebook, a shade bigger than

a pocket book. While looking at my jottings, he found my pre-commission training notes in it. Without a trace of anger on his face, he asked me to come with a proper notebook next time. I bought a notebook, but could not produce it in class as it was taken away by a mischievous colleague. My explanations failed to convince Major Kapoor and he asked me to come next day with a new notebook along with a regulation haircut, still with no anger. As a faculty member at the prestigious Amity University, Noida, I am often reminded of Maj Kapoor. 🇮🇳

**Without a trace of anger on his face, he asked me to come with a proper notebook next time**



**Urvika Jhamb**

## Spring Rolls

**Urvika Jhamb**  
 Amity School of Engg & Tech

### Ingredients

- Plain flour (*maida*) . . . . . 1/2 cup
- Cornflour . . . . . 1/2 cup
- Milk . . . . . 3/4 cup
- Salt . . . . . as per taste
- Oil & melted butter . . . . . for frying
- White and green spring onions (chopped) . . . . . 1/2 cup each
- French beans, carrots, cabbage (finely chopped) . . . . . 1 1/2 cups
- Noodles (boiled, chopped) . . 1/2 cup
- Soy sauce . . . . . 2 tsp

### Method

- Mix together in a bowl *maida*, corn-flour, milk, salt and 1/2 cup of water.
- Grease a non-stick pan with butter,

- pour 2 tbsp of batter and make thin pancakes. Cook till golden brown.
- Heat oil in a wok and add spring onion whites, mixed vegetables. Sauté on high flame for around 3 to 4 minutes.
- Add noodles, spring onion greens, soya sauce and salt. Sauté on high flame for 2 mins. Keep aside.
- Place a portion of the stuffing on the pancake edge. Apply flour paste along the edges and fold the top edge over the mixture to seal.
- Fold left and right side of the pancake to get a rectangle. Roll it downwards sealing the ends with the flour paste.
- Heat the oil in a wok and deep-fry. Cut each roll into 2 equal portions and serve hot with Schezuan sauce.

## POEMS

### Simplicity of life

**Nandika Mogha**  
 AIS Noida, VIII B

Once upon a time, there was a forest quaint, sublime. It had creatures of disport, but over petty things the tyrants fought. They had gold and myriad gems, yet brawled about the tiny, daisy stems. What could be the reason for such outlandish queer, even when they had amaranthine riches, both far and near. Yet they constantly bickered over the smallest piece of land, sometimes conflicting over the leaves and at other times, handfuls of sand. I know its funny, it has a strange sound, but over the years, this is what I found.

We humans too replicate this, we fret about the smallest things and ignore the bliss. We enjoy the glory and a grand treat, yet mourn over a little defeat.



It is like you have a doughnut in hand, nutty and divine with chocolate sand. And yet my friend, you do not eat it, because you like your doughnut heated. But aren't you really hungry? Isn't this just what you need? Just forget that its cold for it is a lovely doughnut indeed!

### Some poems don't rhyme

**Vidhi Bhati**  
 Amity School of Engg & Technology

"To what have you given yourself?" I had to wonder to survive. And just then I am taken away again by this new song of life!

A song which isn't sung but lived and felt to grant no rhythm, no music, but the magic of a chant. The melody cruelly enchants me, my heart swells like bee-stung. I sway, I dance and try to sing but every song cannot be sung!

"Where have you been all this while?" asks me the time absurd. "You won't stop even if you know!" I retorted, from my dream world. "I dream when I sleep

and the dreams don't let me sleep. Nothing else tints my eyes, but dreams, and dreams to keep! The vision grows fancier each day, I get entangled, they stick like glue. I think good and do better, but all dreams don't come true!"

"What are you so busy doing?" Shout ladies and men. I ignore them and remain involved... with my paper and pen. I put in all expressions I know, and all figures of speech, drowning in effort brought bliss, though fruits seemed out of reach...

My heart is so engrossed in the piece that as I pen each letter, each word, in joy, my heartbeats chime! I do all I can to make it beautiful, but some poems just don't rhyme! 🇮🇳

## Tee quotes



*T-shirts are like mobile billboards that turn the street into the world's biggest art gallery! So go grab one and flaunt your witty and headturner T-shirts.*

## CAMERA CAPERS

Srishti Manchanda, AIS Noida, VIII E

Send in your entries to [cameracapers@theglobaltimes.in](mailto:cameracapers@theglobaltimes.in)



**Nestled**



**Bright beauty**



**His Majesty**





# The tale of rivalry

Illustration: Nishtha Das, AIS Vas 6, VI

## Wisdom Tale



Nishtha Das, AIS Vasundhara 6, VI

Once upon a time two brothers Raghav and Madhav lived in Mumbai. Raghav was known for being naughty, while his elder sibling, Madhav was very well mannered. One evening, both the brothers were sitting with their mother in the verandah. While their mother was chopping vegetable, Madhav lay on the floor, reading a book.

Raghav was as usual whiling away his time doing nothing, when his mother went inside to complete an unfinished chore, leaving the chopped vegetables behind. A nasty idea struck Raghav, he scattered the vegetables on the floor and ran away. After some time, when mother came back, she was angry to find vegetables lying on the floor. Madhav was so engrossed in reading the book that he did not notice it. Raghav whispered gently into his

As Raghav ran to pick it up, a speeding car rushed in his direction. Seeing this Madhav ran to save his brother, but was struck off the road.

mother's ears that Madhav had strewn the vegetables. This enraged the mother and she started scolding innocent Madhav. Raghav was very happy to see his elder brother cry so bitterly. Some days later, both the brothers were playing in the garden when their ball rolled off to the road. As Raghav ran to pick it up, a speeding car rushed in his direction. Seeing this, Madhav ran to save him, but was struck off the road. He suffered multiple injuries and was hospitalised.

It was then that Raghav realised how much his elder brother loved him. He felt miserable and ashamed. This incident changed him completely. He started respecting his brother. The two brothers then became the best of friends.

So, what did you learn today?  
Always love your sibling.



## Red love

Shreya Purkayastha  
AIS Noida, IV N

### Method

- Blend 3 cups of cubed watermelon and strain (if required). Keep aside.
- Add 3 tablespoons of honey or sugar, 5 tablespoons of freshly squeezed lemon juice, 1 tablespoon of crushed mint leaves and salt as per taste to 3 cups of ice cold water.
- Add the blended watermelon juice to the lemonade and mix.
- Add ice cubes and serve chilled.

### Ingredients

- Mint leaves (crushed).....4 tsp
- Watermelon (cubed) .....3 cups
- Honey/Sugar.....3 tsp
- Fresh lemon juice .....5 tsp
- Ice cubes.....(a handful)
- Salt .....as per taste
- Water .....3 cups

## POEMS



## Save Earth



Madhava Krishna & Akshat Khetarpal, AIS MV, VIII D

Earth loves everyone, you & me, providing air and water for free. Oh! But did you ever think, how you are making the resources shrink. Cars exhaling carbon monoxide, have any idea how many died? People coughing 24 x7, making the Earth hell or heaven? In changing seasons one notes, people burn junk in hoards. Grow more trees on the hills, get a healthy life devoid of any pills. Plant more trees and pay heed, try making up for all your ill deeds. Practise the 3 R's, to give back to earth all its powers.

## Nature's balance

Navya Nayer, AIS Pushp Vihar, V C

I switched on the television, to watch some news. Some analysts were there, sharing their views.

Something happened really bad, all presenters were very sad. People had gone to Badrinath to pray, heavy rains made them go astray.

Hope Mother Nature gets calm very soon, and everyone safely reaches home before moon. Every day we hear new reasons, some blame it on monsoon season.

Some say bombs have exploded, causing poor, old, Himalaya to bleed. The big oak tree that holds the mountains were cut down, little did they realise that with rain everything will drown.

It's time that we all take a pledge, planting more and more trees would be our penance, then only will environment regain it's lost balance.

## Painting Corner

Surabhi Shukla  
AIS Vas 1, IV C



Vipasha S Nair  
AIS Saket, V B

**Contractor:** Do you know how to read and write?  
**Labourer:** I can't read, but I can write.  
**Contractor:** Write a few lines now, let me see.  
The labourer scribbled some lines on a piece of paper.  
**Contractor:** What kind of language is this? I can't read this.  
**Labourer:** Sir, I said, I can write, but not read.

**Teacher:** Who was Raja Ram Mohan Roy?

**Student:** All the four were good friends.

**Maths teacher:** If there are four flies on the table and if you killed one of them, how many flies are left?  
**Student:** None, except the dead fly.

**Teacher:** Why have you come so late?  
**Dinesh:** (pointing towards a sign board) School ahead, drive slow.

**Abhishek Bachchan to daughter Aaradhya:** Baby, I am a big star?  
**Aaradhya to Abhishek:** No Ullu banaoing...no ullu banaoing.

## Spreading happiness

Illustration: Mishka Raheja, AIS PV, IV C

Mishka Raheja, AIS PV, IV C



Happiness is contagious. If we give happiness to others everybody will become our friend and help us in time of need. One day my friend Rahul was feeling very happy. When I asked him the reason of his happiness, he said, "I helped a dog find a bone." Next day, I met a girl named Preeyal, she was beaming with joy. I asked her why she was feeling so happy, she replied, "A young boy helped a little girl who had lost her way, find her way back home." This is what I call true happiness ie making others happy too. So friends, instead of running after big things, we should try and find happiness in small joys of life.



# Fun @ Summer Camp

To keep the children joyfully engaged and channelise their abundant energy constructively during summer break, Amiown is organising fun filled summer camps. Join us on a safari through mysterious deserts or splash in the delightful pool; take your pick and stay super cool!



## Amiown Pushp Vihar



### Mysterious Sands

#### What it's all about

**Music and movement:** Climb aboard an imaginary journey to a hot-and-cold desert. Through music, children will explore and learn about the flora and fauna of the desert, the climate, food, sports, dances, tourist destinations, types of deserts and much more.

**Art and craft:** Indulging in crafty activities about deserts, is sure to tickle the children's creative senses.

**Vocabulary building:** Children will be introduced to words like sand dunes, oasis, mirage, greetings from the region,

etc., through concrete hands-on stimulating activities.

**Wall climbing, camel ride and desert walk:** Time to physically stimulate kids through challenging activities.

**Dance and bonfire:** Put on your dancing shoes as the sand dunes beckon to a land of Arabian dancers. Children enrolling for all three weeks will be part of the grand finale, i.e, an evening camp with parents, bonfire and snacks.

**Camping begins:** May 12 - 30  
(You may enroll for any/all three weeks)

•1st week: May 12- 16

•2nd week: May 19 - 23

•3rd week: May 26 - 30

•Timings: 8:30 am - 11:30 am

**Hurry, last date:** Friday, May 9

**Get in touch:** delhi@amiown.amity.edu  
Ritu Verma 9910036580/ 011-29561418



## Amiown Noida



### Creative Act

Musical Theatre Workshop

#### What it's all about

A musical theatre workshop to be conducted by

Shilpa Chandar, theatre expert from Sri Ram Center for Art and Culture, in this highly creative workshop, students will learn about vocal techniques, acting, stage craft, movement and basic musical theatre production. They will create their own theatrical dialogue/narrative in a musical review format. A final performance will be presented for families on the last day of the workshop. The workshop is a great opportunity for children to hone their theatrical talents and polish their histrionic skills.

**Camping begins:** May 12 - 30  
**Age group:** 7 - 14 years

## Let's get creative

Creative Workshop

#### What it's all about

The workshop will include an array of activities for the tiny gems.

**Week 1:** Creative Factory

**Activities for 2 - 4 years:** Nature trail, super cool fun, sensory play, hooray for clay, waste studio, etc.

**Activities for 5 - 8 years:** Nature trail, Mied media mania (art techniques), sensory play, waste studio, etc.

**Week 2:** Flameless Cooking

**Activities for 3 - 7 years:** Children will indulge in making snacks and desserts like yogurt parfait, fruit toast, fruit rocket, peanut butter ball, mousse, mango mocktails, etc. They will also learn creative crafts like chopstick cover making, printing napkins, table mat weaving, coaster making, etc.

**Week -3** Mad Science

**Activities for 2 - 4 years:** Sugar balls & sour balls, weigh me up & weigh me down, fire balls & snow globes, slip along or dive down (pool party fun)

**Activities for 4 to 7 years:** Dissolving fun, bubble magic, melting fun, wonders of static electricity, etc

**Camping begins:** May 12-May 30

**Timings:** 9:30 am to 12:00 noon  
Transport is available.

**Get in touch:**

noida@amiown.amity.edu  
Hamsa: 9818704663



## Amiown Gurgaon



### Mixed bag

#### What it's all about

**Art & Expression:** This activity promises to enhance the creativity and unveil the imagination of little children using different techniques of painting like noodle painting, thread painting, salt painting and pebble painting.

**Amies Kitchenette:** Children will try their hands at new recipes and indulge in flameless cooking to make healthy snacks and drinks.

**Personality Development:** This activity aims to boost the self esteem of children and teach them good dining etiquette, importance of a good posture and how to maintain the correct body language.

**Mythological Story and Spirituality:**

Children will listen to age specific stories about various Gods and learn about the Indian culture.

**Games Galore:** Children will be familiarised with the long forgotten Indian games.

**Craft Activities:** Rangoli making and newspaper craft, etc., are sure to excite the children.



**Splash Pool:** Kids will have a lot of fun in the splash pool.

**Yoga:** In order to enhance flexibility, strength, body coordination and body awareness of the little ones, Yoga sessions will be held.

**Fun with Science:** Little scientists will perform interesting experiments to explore and learn.

**Camping begins:** May 12-30

**Timings:** 9:00 am - 12:00 noon

**Age group:** 2+ till 6 yrs

**Get in touch:**

gurgaon@amiown.amity.edu,  
9971133582

## Amiown Vasundhara



### Create, shake, observe

**Week 1:** Crafty Week/Art Mania

**Age group:** 2.5 - 6 years

**What it's all about:** Children will indulge in age specific craft fun, thus enhancing a child's ability to interact with the world around.

**Week 2:** Aerobics/Joy of Motion

**Age:** 2.5 - 7 years

**What it's all about:** Children will have fun through movement, which will pump blood, and balance their body movement.

**Week 3:** Mad Science/Little Einsteins

**Age:** 2.5 - 6 years

**What it's all about:** Exciting explorations and delightful discoveries await the kids at Mad Science Camp.

**Camping begins:** May 12-30

**Timings:** 9.30 am to 12:00 noon

Transport is available

**Get in touch:** vasundhara@

amiown.amity.edu

Puja/Nishtha

8826620606/9958983600



# Amity shines in MUN

Amitians participated in international MUNs organised by Amity Educational Resource Center that aims to build global leaders

## Budapest International MUN



AIS Gur 46 team and their principal

The team from AIS Gurgaon 46 did their school proud by winning laurels in the 4th Budapest International Model United Nations Conference (BIMUN) held at Eötvös József Secondary School in Budapest, Hungary, from April 11-15, 2014. The theme of the conference was 'Sustainable development.' High school and university students from across the world participated in the conference. Amongst the 400 delegates, who repre-

sented 25 countries, the students of AIS Gurgaon 46, walked away with the top honours at a glittering ceremony held at the City Hall Center in Budapest.

Aditya Tripathi won two awards- Best Delegate of the prestigious Security Council and the overall Best Delegate award. Saumya Manidhar was appointed as the eminent Speaker of Human Rights Council (HRC), while Satyajyoti Nanda was made the President of International Atomic Energy Agency (IAEA). The BIMUN Conference primarily aims at acquainting the students with the basic tenets, tools and the mechanisms of International Cooperation, ingraining in them a understanding of the concepts of diplomacy, giving them a chance to solve conflicts peacefully, build consensus as well as understanding, the role that United Nations plays in today's world. The 21 committees at BIMUN 2014 saw participants reviewing, assessing and debating on issues of global concern, first in their respective committees and later, in the General Assembly. BIMUN was made possible with the support of Tibor Kavacs, director of HICC. 🇮🇳

## Rome International MUN



Amitians at Rome International MUN

Sonakshi Batra, Aashna Kapoor and Palash Tayal from different branches of Amity International Schools accompanied by V Balachandran, principal, AIS Vasundhara 1, actively participated in Rome MUN organised from March 28-April 1 at the Town Hall in Rome. They gave a commendable performance in their respective committees. It was their first ever participation. The opening ceremony was a grand affair with eminent guests- Silvia Costa, member of the Euro-

pean Parliament, Elena Claudia Divito from Ministry of Foreign Affairs and principal Prof Olga Olivieri addressing the gathering. Sonakshi Batra, who represented Pakistan gave a speech. They also got to know about the beautiful Italian culture during their stay with the host families, who were very loving and caring. The RIMUN experience provided by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools proved enriching and enlightening for the students. 🇮🇳

## National Bal Shree Honour



Preeti Panigrahi

Preeti Panigrahi, a student of Amity International School Noida, Class VIII has been selected for the 'National Bal Shree Honour' for the year 2012, in the field of 'Creative Performance'. She is the only child to

receive this honour in the age group of 9-11. 'National Bal Bhavan', an autonomous organization under the Ministry of HRD, Department of School Education and Literacy, Govt. of India, organises National Bal Shree Selection Camp in four streams, i.e. Creative Performance, Creative Art, Creative Scientific Innovations and Creative Writing for the children of India within the age group of 9 to 16 years. This selection is organised in three levels viz., local level, zonal level and national level.

Bal Shree Honour defines the talents of those who possess unmatched qualities, unique approach and innovative ways. The special award ceremony is graced by His Excellency, the President of India. The honour comprises of i) a Plaque of Appreciation, ii) a Citation (Vikash Patra), iii) Cash Award and iv) a set of good children's literature. Children, who participate in the national level competition are also eligible for the 'Chacha Nehru Scholarship for Artistic and Innovative Excellence' by NCERT.

## Enactment of English proverbs

The myriad faces of life were brought forth through dramatization of famous sayings



Students in action during the proverbial enactment

### AIS Vasundhara 6

On April 1, 2014, 139 students of Class VIII participated in a literary activity, 'Enactment of an English proverb'. The aim of the activity was to present in an entertaining manner, age old wisdom through creative dramatisation and impactful rhetoric, hence ensuring that learning is a life-long process.

All the four sections of the class were allocated different themes. Section A dealt with the theme 'Time' and the four groups from the section enacted the proverbs - 'Time and tide wait for none', 'A stitch in time saves nine', 'Everyone has their fifteen minutes of fame' and 'The darkest hour appears just before dawn'. Section-B dramatised the theme 'Emotions'. Their four groups effectively dramatised the proverbs - 'Happiness is not something readymade, but it comes from our own actions', 'Contentment is the key to happiness', 'Confession is the beginning of forgiveness' and 'Fools

vent their anger but the wise quietly hold it back'. Class VIII C held the audience spellbound with their dramatisation of proverbs themed around the human body comprising 'Don't bite the hand that feeds you', 'Two heads make better than one', 'Don't cut off your nose to spite your face' and 'Absence makes the heart grow fonder'. The theme of 'Nature' was enacted by Class VIII D with proverbs - 'A rolling stone gathers no moss', 'The grass is always greener on the other side', 'You can lead a horse to water but you can't make him drink' and 'Don't make a mountain out of a molehill'. For the students, it was a great learning experience as they learnt not only the meaning of proverbs but also their usage in everyday life. The highly creative activity was organised by teacher Swati Pandey. School principal Sunila Athley gave a proverbial ending to the show by adding the quote, "There is often more force in a proverb than in the whole philosophical systems."

# Celebrating Prerna Diwas

All schools united joyously to celebrate Prerna Diwas, the birthday of beloved Chairperson, Dr (Mrs) Amita Chauhan

Pics: Ravinder Gusain, GT Network



Amitasha with their pillar of strength

Prerna Diwas, the birthday of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools, was celebrated with much grandeur on April 28, in the presence of Ms Sapna Chauhan, Ms Pooja Chauhan, Ms Divya Chauhan, Mr Arun Chauhan, Ms Indu Chauhan; principals from Amity International Schools, Amity Global Schools, Heads of Amity Institutions, dignitaries from AKC House and erudite educationist Renee Bahloo.

### Playing perfect host

AIS Vasundhara 6 took on the mantle of the perfect host with its impeccable decor. The backdrop of the venue adorned countless motifs of 'Om'.

### A befitting tribute

The celebrations began with an auspicious hawan. All Amity



AIS Vas 6 celebrates mother-daughter bond

Schools put up an educational exhibition in an ode to Chairperson's birthday that marks the culmination of Earth Week. The first performance of the day witnessed granddaughters of Chairperson, Samara and Samaya, students of AIS PV, render a 'Ganesh Stuti'. In the cultural programme, all the branches of Amity International Schools, Amitasha and Amity Global School, Gurgaon and Noida delivered messages on the significance of human values and the plight of Planet Earth. Amity's global partners too sent in their love from across the borders for the Chairperson through video presentations.

### Golden words

The cultural programme culminated with Chairperson addressing her Amitians in a voice laden with emotion yet striking a chord with all alike. 🇮🇳



# Master of celluloid

**H**e shot to fame with his critically acclaimed legal drama Jolly LLB. Subhash Kapoor, the director of the film has more than one reason to be jolly (read happy) with his directorial venture being adjudged as the best Hindi Film at the 61st National Film Awards. **Aditya Aeri**, AIS Saket, V A caught up with him during his trip to Mumbai. Here is an excerpt ...

**Do you hail from Mumbai?**

No, I am from Himachal Pradesh. But, I have grown up in Delhi, where I spent 35 years of my life.

**What made you come to Mumbai?**

I came to Mumbai in 2006, as I wanted to be a part of the film industry. My undying love for cinema made me come here. And I love this city.

**Which school did you go to?**

I studied in a government school in Delhi and used to enjoy going to school. It was one of the best phases of my life which I still cherish. I am happy to see that you are receiving the best education. You should make the most of this great opportunity.

**Were you fond of reading as a child? Which is your favourite book?**

Yes, I was very fond of reading. I enjoyed reading story books, magazines like India Today and The Illustrated Weekly. Reading opens a whole new world for you. It helps a lot in developing thinking process and enhancing knowledge on any subject. *Godaan*, *Mother* and *Rambhoomi* are my personal favourites.

**Your first movie, Salaam India, was based on cricket. Are you a cricket buff?**

Yes, I enjoy playing cricket a lot. My son's



Subhash Kapoor in conversation with GT reporter Aditya Aeri

friends join us for a game of cricket in our society. I feel it is very important to play a sport (of your choice) as it keeps you fit and also instills the feeling of sportsmanship, sharing, losing gracefully, acknowledging someone better than you and learning from him/her.

**Do you believe in superheroes? If yes, which one is your personal favourite?**

I used to like superheroes when I was a kid. My favourite ones were Phantom and Superman. People have very little information about Phantom, as no movies have been made on him! My love for superheroes stems from the comics that I used to read as a child.

**What are your forthcoming films?**

The sequel of *Jolly LLB* and *Munnabhai Chale Dilli* are my forthcoming films.

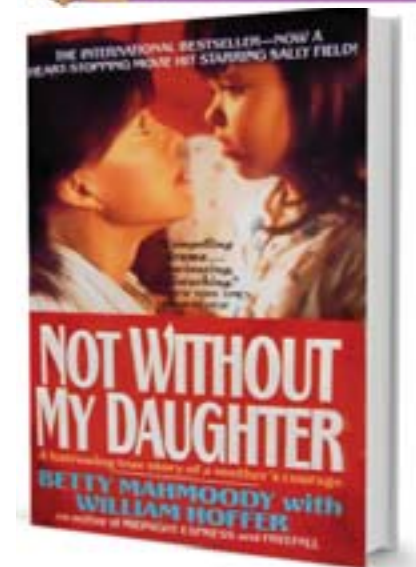
**Any message that you would like to give out to children of my age?**

I would say that all youngsters must try to follow their dreams and seek knowledge as this holds the key to fulfilling dreams. Never give up. Keep trying and do not feel disheartened by failures. Enjoy your school days and be happy! 🇮🇳



Standing tall: Subhash Kapoor

## Book-Review



**Book:** Not Without My Daughter  
**Genre:** Non Fiction  
**Author:** Betty Mahmoody  
**Rating:** 4/5

## Reader's delight

Sitara Achar, AIS Noida, XI

**T**he book is based on the true story of American author Betty Mahmoody, her Iranian husband Dr Sayyed Bozorg Mahmoody and their four-year-old daughter Mahtob. It's a heart-wrenching tale of an innocent American woman, who is forced to accept the culture of an alien Islamic nation. The story is set in Iran which was under Khomeini's dictatorial rule, where women were governed by stern laws and westerners were despised. Appalled by the condition of women in Iran, Betty wants to return to US, only to find that she has been taken hostage by her husband and his family. The book revolves around Betty and her harrowing escape from the clutches of a tyrannical and violent husband. Some helpful Iranians and her immense faith in God helps her escape from the clutches of a cruel husband and stand up against him. It is the story of her courage and grit. 🇮🇳

## Five most annoying noises

Reeya Gupta, AIS MV, VIII B

**W**e stick in our earplugs and present to you a list of five most annoying, irritating and terrifying noises

**Music late at night:** One of the most widespread complaints received by Noise Abatement Society, concerns loud music. Playing loud music at night might be a source of pleasure for the partygoers, but an unbearable nuisance for the neighbours.

**Baby crying:** Evolution has made us particularly sensitive to the sound of babies crying, especially human beings, who are more sensitive to rough and sharp sounds.

**Alarm clock buzzer:** Waking up to the sound of a loud alarm clock buzzer can permanently damage the ear and lead to hearing loss also.

**Microphone feedback:** Of all the sharp noises reproduced at the University of Stanford, microphone feedback was rated as the second most annoying noise.

**Fingernails on a blackboard:** This one wins the trophy for the most irritating sound hands down!

## Drive away the blues

Feeling blue? Go ahead and try these quick fixes to add a dash of colour to your life

Ishita Kataria

Amity School of Engg & Technology

**I**t is not uncommon to suffer from a bout of blues. Here is what you can do to easily beat the blues before they beat you.

**Get out:** Go shopping or simply grab a bite at your favourite restaurant. A trip to a lively place brimming with people can serve as a good getaway.

**Pamper yourself:** Treat yourself to a spa treatment or take a trip to the salon for the much awaited makeover. A head massage, a facial or a manicure is sure

to de-stress you.

**Talk it out:** Talk to your friends and immediate family. It'll help you feel lighter. Be open to suggestions but choose wisely.

**Watch your favourite movie:** Wear comfortable clothes, and sit back to watch your all-time favourite movies. It will definitely lift your spirits.

**Listen to music:** Put on the earphones and listen to your favorite music to forget all your worries!

**Cook/bake:** Bake a cake or any of your favourite dishes. The aroma will definitely make you feel better. 🇮🇳



## GT Travels to Solang valley



**Deeksha Seth**, AIS Mayur Vihar, IX B poses with her copy of The Global Times at Solang Valley, Himachal Pradesh. Located at 12 kms from Manali, Solang Valley offers a splendid view of glaciers and snowcapped mountains. It is also fast emerging as the adventure sports capital of the hill state of Himachal Pradesh.

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