

INSIDE



Pro@project, P4



The prompt box, P10

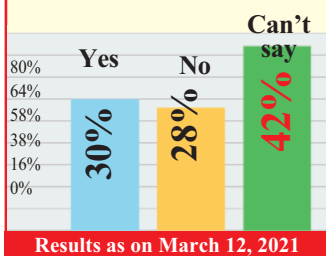
AMITe poll

Do you agree that addressing the hygiene and sanitisation issues faced by women can play a huge role in realising the Swachh Bharat Mission?

a) Yes b) No c) Can't say
 To vote, log on to
 www.theglobaltimes.in

POLL RESULT
 for GT issue February 15, 2021

Do you think that disengagement of Indian and Chinese troops in Ladakh will have a positive effect on future Indo-China relations?



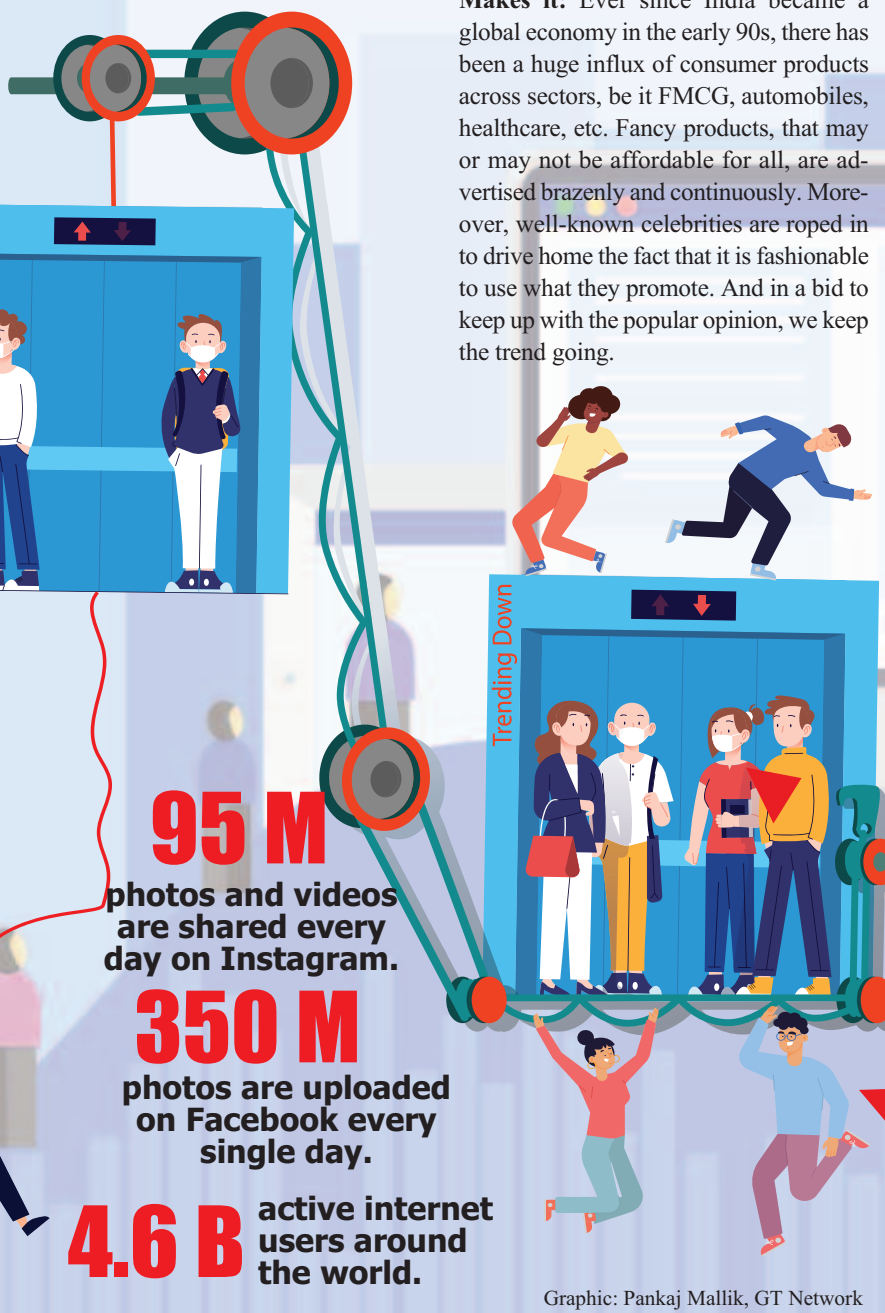
Coming Next
 Child authors

A trending affair

Trends Stand True To The Saying That Change Is The Only Constant

Stuti Kalra, GT Network

In the legendary years of 1980s, on the screens that flaunted the illustrious Doordarshan logo, a chirpy naïve little girl cheered 'I love you Rasna'. More than the tangy and refreshing flavours of the soft drink, it had to be that generous grin and innocent voice of the girl that went on to make Rasna a household name, and a summer favourite. Cut to three decades later, we were met with an energetic catchphrase, "How's the josh?" - a question raised in a movie, but that which resounded in a nation of 1.39 billion population. And then, just in the by-gone year, the term 'immunity' was heralded all over the world, for reasons that will be etched in the pages of history. Now it's not rocket science to understand the common thread between all these instances that transpired in different decades, countries and across different sectors. Trends- we call it. Thus, deploying GT to dig deeper into the layers of what makes and breaks this hip term we call 'trend'.



Driven by consumerism

Makes it: Ever since India became a global economy in the early 90s, there has been a huge influx of consumer products across sectors, be it FMCG, automobiles, healthcare, etc. Fancy products, that may or may not be affordable for all, are advertised brazenly and continuously. Moreover, well-known celebrities are roped in to drive home the fact that it is fashionable to use what they promote. And in a bid to keep up with the popular opinion, we keep the trend going.

Breaks it: Consider this quote by world-renowned neuroscientist Abhijit Naskar, "Your brain feels good to look at something at a distance, but the moment you receive it, that's it - in a short while your brain gets used to that specific trigger of possessing that specific object, then it keeps craving for a new trigger - new stimulant, and if you do not give your brain that specific new trigger, your brain will rebel against you." This is precisely how consumerism affects human behaviour, forcing one to follow trends.

Driven by emotions

Makes it: Sometimes, it is not about one's wallet power, but it is what appeals to the heart. The patriotic fervour, that one identified with when Anna Hazare addressed corruption, gave birth to our fascination with Anna caps. Similarly, the youthful appeal of 'A lot can happen over a coffee' was a hit among the youth of the country. And needless to say, the sentiment associated with the slogan 'How's the josh' introduced in the movie Uri has a lot to do with emotions and feelings.

Breaks it: Just as feelings change and evolve, so do trends. For instance, nationalism has now found a new outlet in the recently trending slogan of 'Vocal for Local'. 'Go green' sounds so fashionable but no real changes have been witnessed. Every year, we hang our heads in shame when environmental degradation takes a steep rise. We forget sooner than we connect, be it in the matters of heart or the products we consume. While following trends blindly is just a waste of time and money, we sometimes do it for fun alone.

Continued on page 6...

Graphic: Pankaj Mallik, GT Network

Protect your mom

A Little Awareness Goes A Long Way In Keeping Cancer At Bay!

Ayushi Jain, X A &
 Ayushi Goel, XII
 AIS Gurugram 43



Premi Mathew, Founder, Protect Your Mom

Cancer is always considered end of the road, but with the right awareness, lives can be saved. This is the conviction with which Premi Mathew, a cancer survivor, founded the organisation Protect Your Mom and initiated the HairforHope campaign. Premi Mathew is, indeed, an inspiration for anyone who wants to help society.

The beginning

I started the HairforHope campaign in 2013 after I met Dylan, a 10-year-old boy, who grew his hair for four years so that he could donate it to cancer patients. He was ostracised by his peer group and society but his determination to donate his hair did not waiver even for a minute. I run HairforHope along with several volunteers, and like most non-profit organisations, HairforHope is also dependent on the goodwill and tenacity of its volunteers. Many of them are just school-going children. The first volunteer to host an event in India was just ten years old.

The importance of it all

Though the hair loss that comes along with cancer treatment is painless and usually temporary, it is one distressing side-effect of chemotherapy. A wig composed of natural hair is expensive and many cannot afford it, especially after paying the huge expenses of cancer treatment. I remember one survivor, under the HairForHope campaign, who rang me up to say, 'I went for a wedding after 15 years and took a photo standing in the front row'. Wigs give women the confidence to face society. Without this confidence, so many women stay confined at home and, sometimes, even lose their will to fight the disease.

Raising awareness

The best way to ensure mass awareness is through coverage in newspapers, so I roped in organisations like the NSS, Rotaract Clubs and Ladies' Circle India who helped sponsor our events about hair donation. With the backing of such prestigious groups and the assistance of volunteers with strong leadership skills, I was able to organise several such events across India that got great media coverage. I also tied up with Pinkathon. Pinkathon ambassador and film actor Milind Soman took the initiative of cutting his hair in front of thousands of people. This event generated massive awareness among people.

Overcoming roadblocks

The awareness that even hair could be donated was next to nothing in the earlier years of HairforHope campaign. So, it took us some time to achieve results. Initially, I took to broadcasting awareness messages on Facebook. Later, our events were broadcast live on major TV channels like Zee News. But it wasn't always possible to do so without any major funding, and raising funds has always been a challenge. Also, there were women who had donated their hair but weren't willing to have their picture published. It was a difficult task to personally convince them that it was imperative for the

project. Then there has been the fallout from the pandemic. Lockdowns affected our partners and it was a struggle to find wig makers as many migrant labourers had left the cities. Volunteers were also reluctant to work during these unprecedented times. Sterilisation and distribution of wigs also posed a challenge.

Vision for the future

My vision is to set up a wig bank in every cancer hospital where people can donate, reuse or get wigs for immediate use. The other plan in the pipeline is where banks and colleges have a counter for hair collection, thereby cutting down courier costs. We are also working towards establishing a network of wig makers around the country so that they can make wigs as pocket-friendly as possible.

Contribution from youth

I am always on the lookout for young volunteers. You can do your part by creating awareness through events in your schools and also by sharing our stories on your social media. I also want young students to educate salons about wasting the least possible amount of hair. Most importantly, children must counsel their mothers to check for early signs of breast cancer because early detection saves lives. 🇮🇳



Around The WORLD

GT keeps the newswire ticking by bringing you news from around the globe

CANADA

Kingsbury wins two world titles in two days

Canadian skiing legend Mikael Kingsbury won two world titles in two days at a dual event at the world championships in Almaty, Kazakhstan, making him achieve six world titles and eleven gold medals. He has also become the first skier in history to defend both of his world titles which he won as a double in 2019. Matt Graham of Australia came in second and Ikuma Horishima of Japan was third.



ESTONIA

Longest pair of shoes in the world created

Adidas, in collaboration with Estonian musician Tommy Cash, has created the longest pair of shoes in the world, which are a metre-long version of their classic Superstar trainers. The shoe has the same features as their original sneakers but its length has been extended to hold in 40 rows of eyelets tied together and made in mismatched colours of white and black, inspired by the ancient Chinese concept of yin and yang.

RUSSIA

Use of Twitter restricted by watchdogs

Russia's communications watchdog, Roskomnadzor, has restricted the use of Twitter in the country by moving to slow down the speed of the service after the social media site failed to remove banned content from their platform. The statement issued also carries the threat that the platform will be permanently blocked if further action is not taken or if it does not comply with the deletion demands at the earliest.



JAPAN

Overseas spectators banned for Olympics

Fearing the influx of visitors that could lead to increased spread and cases of COVID-19, the government has decided to prohibit overseas spectators for the Tokyo Olympics and Paralympics that are scheduled to begin from July 23. The event was already postponed by a year because of the pandemic that overtook the world in 2020.

INDIA

Two million vaccinations in just 24 hours

Setting a new record in the fight against COVID-19, India has delivered more than 2 million vaccine doses on March 9, making it the first time for the country to achieve this feat, as stated by state officials. The vaccination drive has been accelerated throughout the country, and the various states have been asked to prepare detailed roadmaps for the next three months to maximise coverage.



TURKEY

Lake Salda holds clue to ancient life on Mars

According to NASA, the mineral deposits from Turkey's lake Salda are the nearest match on Earth for the deposits found around Jezero crater on Mars, which is believed to once have been flooded with water. The information and samples gathered from the lake will now be used by the scientists to further search for fossilised traces of microbial life preserved in the sediment.

UK

Relaxation on air passenger duty for domestic flights

In order to 'support connectivity across the country', PM Boris Johnson has unveiled plans to cut air passenger duty on domestic flights. The government will launch a consultation to reform the levy for internal flights so that passengers only have to pay for their outward flights or a newer and lower domestic rate. The decision comes as a part of making transport better in connecting all parts of the country.



USA

Gorillas get vaccinated against Coronavirus

Nine gorillas (four orangutans and five bonobos) at San Diego Zoo have become the first non-human primates in the world to be given COVID-19 vaccinations. All animals were given two doses of an experimental vaccine created specifically for them by the US veterinary pharmaceutical company Zoetis after the gorillas contracted the virus from a human staff in January this year.



The Makoko Floating School in Nigeria floats on water and can accommodate 100 children at a time.

It's all about consistency

The word 'Entrance exam' is self-sufficient to make one feel nervous because it brings along an array of questions popping in your mind. Well, how about you get to listen from someone who has experienced it already? To all the young aspirants, GT brings to you a special column 'Amity Alumnus', where star performers from AICE will share tips and tricks to put an end to all the nervousness and fear associated with entrance exams. Read on...

How did your journey for IIT-JEE begin?

I started preparing in Class IX. My parents and I had begun to discuss what stream would be apt for me. Since I was a keen student of mathematics and took interest in science, it made sense to take up PCM in Class XI.



Name: Kanishk Goel
AICE Batch: 2019-2020
AICE Programme: Synchro
Currently pursuing: Electrical Engineering
College/University: Indian Institute of Technology, Delhi

What role did AICE play to help you crack the competitive exams?

They were extremely helpful and were quick to resolve any queries that I had. They also provided me with quality questions that aided my level of preparation further.

How did you manage regular studies and prep-ups for competitive exams?

Regular studies have to go hand-in-hand with JEE preparation. JEE requires much more analytical thinking and reasoning, hence if one has prepared well for JEE, it's unlikely that regular studies will suffer.

Which field of engineering did you choose and why?

As of now, I am pursuing Electrical Engineering UG at IIT Delhi. I chose Electrical Engineering as I found the course content really interesting. At IIT Delhi, electrical engineering is not limited to power and circuitry but also includes a good portion of computer science.

Are there some preparation strategies to crack IIT-JEE?

First of all, it's about consistency. One must follow the topics being done in the class regularly and practice the topics thoroughly. Then comes confidence. Challenge yourself

Rapid Fire

One word to describe...

Your alma mater: Esteemed

The motto of your life: Believe

Your passion: Inquisitive

Yourself: Curious

all the time. Try to go beyond your comfort zone during revision so that you do not panic when something new comes up in the final examination.

According to you, when should an aspirant start preparing for competitive exams?

It depends on how confident they feel. If they believe they have a good understanding of science and mathematics, they can start their preparation in Class XI. Otherwise, I would recommend starting from Class IX. Also, students are relatively freer in Class IX and Class X.

What are the key learnings that you would like to share with young aspirants?

There's always an infinite scope of improvement. So, do not get disheartened by low marks. Learn from your failures, work hard and move ahead. During Class IX, it would have been impossible for me to believe that I would succeed in JEE Advanced. But consistent self-analysis and a great peer group helped me get a good rank.

Book Review

Rake in that review

Name of the book: Britt-Marie was here
Author: Fredrik Backman
Published on: 2016
Genre: Realistic Fiction



Synopsis: Britt-Marie, the eponymous protagonist of the novel, is a nosy parker and cannot stand chaos. For her, to see anything out of order is a crime of the first degree. Thus, she doesn't come across as an amiable or approachable person at first. But, once we get to know her better as the book progresses, we discern that she is so much more than what we know; that hidden beneath her socially awkward self is a woman who has more imaginative faculty, much bigger dreams, and a kinder heart that anyone around her could never realise. When she finds herself free for the first time, she undertakes a life-defining journey to a small town of football (soccer) fanatics. But the real question is that in this small town of misfits, would Britt-Marie be able to find a place where she truly belongs?

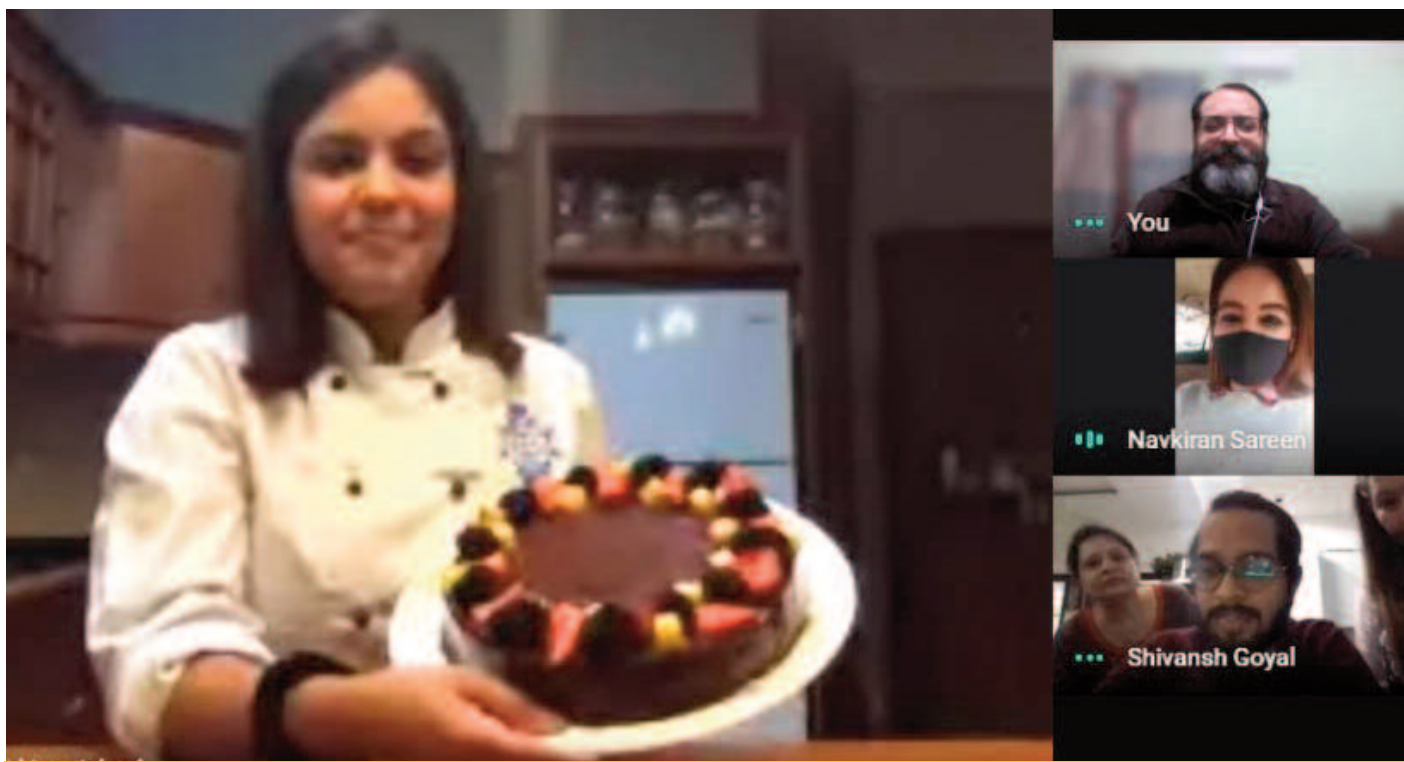
Why is it worth reading: Celebrating second chances in life and unexpected friendships as the catalyst of change, the book stands as a true testament to the human spirit that one is never

too old to start living for oneself. As we closely follow Britt-Marie's heart wrenching yet hilarious tale of evolution and change, we form an emotional connection with each character that we come across in the book. The icing on the cake is Fredrik Backman's writing, one which is full of insights, humour and is fast-paced as well. His characters are relevant and relatable, so much so that at times, it feels if we are the ones being talked about.

Iconic quote: "A year turned into several years and several years turned into all the years. One morning you wake up with more life behind you than in front of you, not being able to understand how it's happened."

Rating: 4.5/5

Review by: Kainaat Arif
 AIS VYC Lucknow, X



Participants gather for the exciting event on the virtual platform



A participant distributes cake amongst the underprivileged

Bake for happiness

Let's Try And Gain Happiness From Sweet Little Things!

AIBS | AUUP

Reeya Chhetri, BBA (Sem III) & Palak Verma, PhD (Sem II), AUUP, AIBS

Driven by the vision of Dr Ashok K. Chauhan, Founder President, RBEF, who believes that every Amitian should be a motivational story recognised for serving soci-

ety, Amity University, Noida, organised 'Bake For Happiness' on January 31, 2021. Organised by Rekhi Circle of Excellence for Science of Happiness, Spirituality and Consciousness under the guidance of happiness proctor Prof (Dr) Nitin Arora, the event was a huge success, with participation ranging from faculty members, students to even the alumni. The session began with the organ-

isers extending a warm welcome to all the participants. The event was graced by the presence of Navrup Sareen, a professional baker in Australia, who shared her baking experiences along with a live demonstration of baking and frosting. She also explained the precautions that needed to be undertaken while baking. The session was further enhanced by the presence of Sareen's mother,

Navkiran Sareen, who has been her inspiration and support system all along.

Many participants baked along with their families and then shared a sweet bite of this self-baked happiness with the underprivileged. Payal and Divya (BBA Semester 4 AIBS) shared, "The event made us realise the essence of happiness and how much it multiplies when it is



A scrumptious cake baked by a participant

shared with others by making a cake with one's own hands and giving it to the less privileged."

and constantly encouraging participants. A vote of thanks was presented by Shivansh Goyal. The event concluded with the Happiness song composed by Prof (Dr) Nitin Arora. 📺



Innovation: Herbal Biocide

Innovators: Khushi Soni & Aastha Sharma, AIS Vas 6, XI

Mentor: Ekta Soni, Science Coordinator

Pro@Project

Stuti Kalra, GT Network

Saving crops

Herbal Biocide - An Eco-Friendly Way To Shield A Farmer's Yield

It would have been like any other day, but for the breaking news being flashed on all news channels - 20 farmers in MP had committed suicide. The reason? Their crops had been destroyed by pathogen attacks and they had been unable to repay bank loans. This news continued to hog headlines for the next few months, and it also grabbed the attention of two bright, young minds of **Amity International School, Vasundhara 6**. The duo Khushi Soni (XI) & Aastha Sharma (XI) were deeply moved by the plight of farmers and wanted to help them in some way.

Beginning of an idea

The first step was to make a thorough study of all the reports on internet about crop destruction and its causes. The data was staggering to say the least. Around 40% of worldwide crops were said to be lost to diseases. Microbial diseases accounted for 16% of crop loss and within this, 70-80% diseases were caused by fungi. Losses caused by plant pathogens have remained an important constraint worldwide in efforts to increase crop production and productivity. This is because pathogens have become increasingly resistant to chemical pesticides which have their other side effects as well, leading to greater demand for safer, alternative and effective pesticides. The duo found that while several chemical pesticides were being used in agriculture to counteract plant pathogens, the real problem lay in their excessive usage. They realised that bio-pesticides were the only way to help farmers manage pest problems because plants possess biocidal activity which can effectively control numerous plant pathogens. But again, though biocides were easily available, the problem lay in the fact that they were expensive and due to mixing of chemicals to increase shelf life, they posed a danger to environment as well as the production of crops at large.

The idea flowers

Having researched and understood the gravity of crop loss due to pathogen attacks, the young Amityans decided to look for an inexpensive and environment-friendly solution. They discussed their project idea with their Science teacher Ekta Soni and got the platform of Vasudha - Inter Amity Science Fair to work out a solution. They started working with the basic input that plant extracts possess biocidal activity which



Khushi and Aastha with their innovation at science fair



Preparation of the biocide in progress



A flask of Herbal Biocide

has the capacity to control numerous plant pathogens effectively. Several days were then spent on more arduous research, and they finally found the solution right in their backyard. They found that the aqueous botanical extract of the core of the leaves of *Aegle marmelos* (Bael) and the flowers of *Tagetes erecta* (Marigold) were very effective in controlling pathogens like *P. syringae* and *D. graminea* which infect tomato and barley plants, respectively. Thus, started the quest to make an environment-protective and cost-effective biocide which could kill a range of pathogens and protect various crops. The students and their mentor then contacted the scientists from Pusa Institute and Amity University.

Testing of the idea

What followed was a series of experiments to test their idea in a laboratory set up. To begin with, they visited various temples to collect leaves of *Aegle*

marmelos and flowers of *Tagetes erecta*. Extracts from these were taken to test their antimicrobial property against pathogens *P. syringae* and *D. graminea*. In-vitro studies were also carried out to check the effectiveness of biocide formulation and its different dilutions on pathogens. Comparative studies were done to compare the effectiveness of this biocide with fungicidal and anti-biotic drugs and three bio pesticides already available in the market. It was found that fungicide and antibiotic drugs were more effective but were potent against a particular type of pathogen only (single spectrum) and being chemical in nature, those drugs would bioaccumulate. The three biocides tested were also target-specific and less effective.

Idea yields results

The experiments culminated with a revelation that extracts and fractions of *Aegle marmelos* leaves and *Tagetes erecta* petals inhibited the growth of *D.*

graminea fungi to maximum extent followed by *P. syringae* bacteria. Among the undiluted, 1:10, 1:50 and 1:100 extracts, the 1:10 diluted extract was found to be the most effective against both the pathogens. Furthermore, the formulation prepared by mixing the extracts of *Aegle marmelos* and *Tagetes erecta* was found to be of a wide spectrum as it killed bacteria and fungus both, did not bio-accumulate and was cost-efficient. This formulation was especially effective in controlling fungi. While more single spectrum drugs like amoxicillin and fluconazole were present in the market, what made this biocide more potent was its multi-spectrum formulation. Thus, it was found that the antimicrobial activities of formulations prepared from tender core of leaves and flowers can be combined and used to effectively control the pathogens especially fungi infecting barley and tomato. The duo finally had something in sight to save the production of crops.

The USP of Biocide

Wide spectrum biocide is effective against fungi as well as bacteria. It is cost effective as the raw materials used i.e. marigold flowers and bael leaves are free of cost. It also contributes towards waste management. Being eco-friendly, it has less residual toxicity, is compatible with other organic and chemical pesticides and is self-perpetuating in nature. Moreover, its shelf life can be increased by dehydration technique without the addition of preservatives.

The road ahead

To make the biocide more effective, it's now time to introduce technology and AI in the way it is sprinkled in fields. The team has now designed Herbal Antipathogenic Bot (HAB), a functional prototype of a remote-controlled robot made using Robotics (lego EV3 programming) and IOT. It has colour sensors on one arm and biopesticide spray bottle in the other. There are 2 ultrasonic sensors to detect obstacles and gear mechanism to increase the torque. It can be sent into the fields to detect infection by sensing colour change. Once infection is found, biocide would be automatically sprayed at the specific plant only. It saves consumption and helps in early detection. The team is also in the process of developing a prototype with 3D printing.

The follow up action would be:

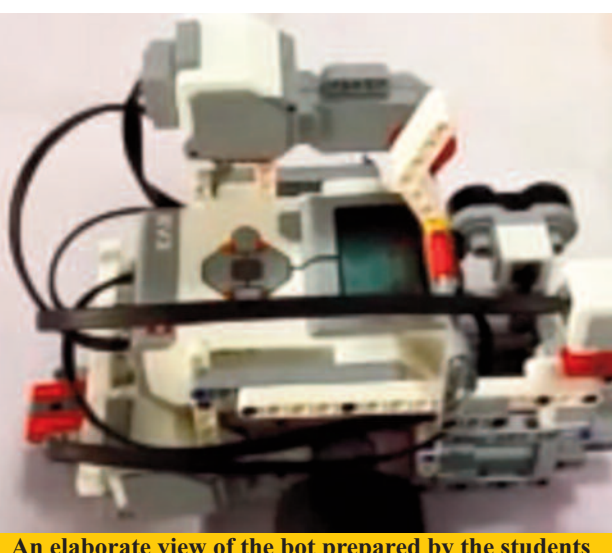
- Testing biocide formulation on tomato, barley and cucumber plants under sterile and regulated temperature conditions.
- Dehydrating biocide and packaging in small sachets to increase shelf life.
- Free supply of biocide to farmers for field trials
- Conduct surveys to find out if farmers are aware of biopesticides. [G1](#)

Awards & Recognitions

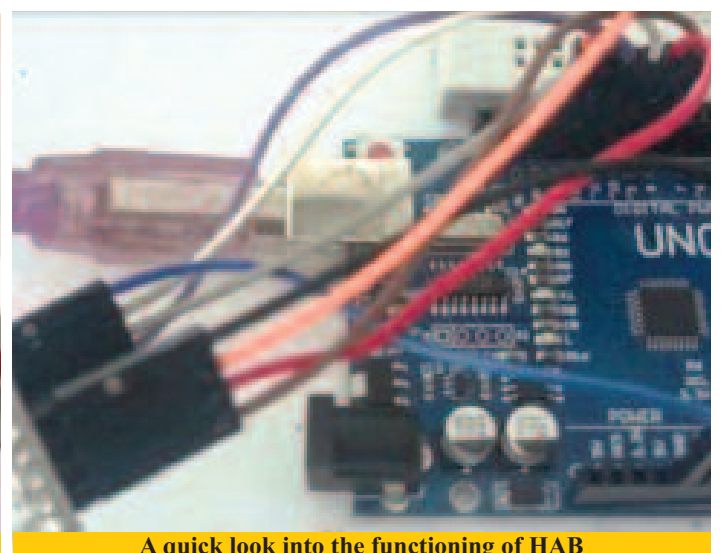
S.No	Name Of The Competition	Level	Prize Won	Year
1.	Indian Science and Engineering Fair (INSEF)	Regional	Gold	October, 2017
2.	National Children's Science Congress (NCSC)	State	Gold	November, 2017
3.	National Children's Science Congress (NCSC)	National	Silver	December, 2017
4.	Indian Science and Engineering Fair (INSEF)	National	Silver	January, 2018
5.	ATL Marathon	National	Top 200 selection	April, 2019



The Herbal Antipathogenic Bot (HAB)



An elaborate view of the bot prepared by the students



A quick look into the functioning of HAB



Bangladesh has more than 100 boat schools that have internet access, a library and are solar powered.

Laugh the Auto way

For Nothing Can Beat A Good Auto Ride Other Than The Auto Drivers Themselves

Sanskriti Dev

AIS Gurugram 43, XII

We have all used the three-wheeler more than once in our lives, but how do we remember our auto ride? Well, every ride is different from the other, but here are some instances that each one of us can relate to.

The Daredevils: Some auto drivers really adhere to this motto. They are the adventurous kind who treat the road like an F1 race track. Their daring driving skill never fails to amaze passengers who cling on to their lives every moment, wishing for a seat belt.

The Rejectors: These auto drivers follow the path of rejection religiously. You are not even halfway through your sentence when they cut you short and say, "Nahi ho payega, madam/sir. Udhar hum nahi jayenge." These are the hard-to-get types. No amount of pleading will ever convince them.

The Oprah Winfreys: There is no stopping these auto drivers sharing their family history, down to each dramatic detail. All your hints about not being interested fall onto deaf ears. Their mono-

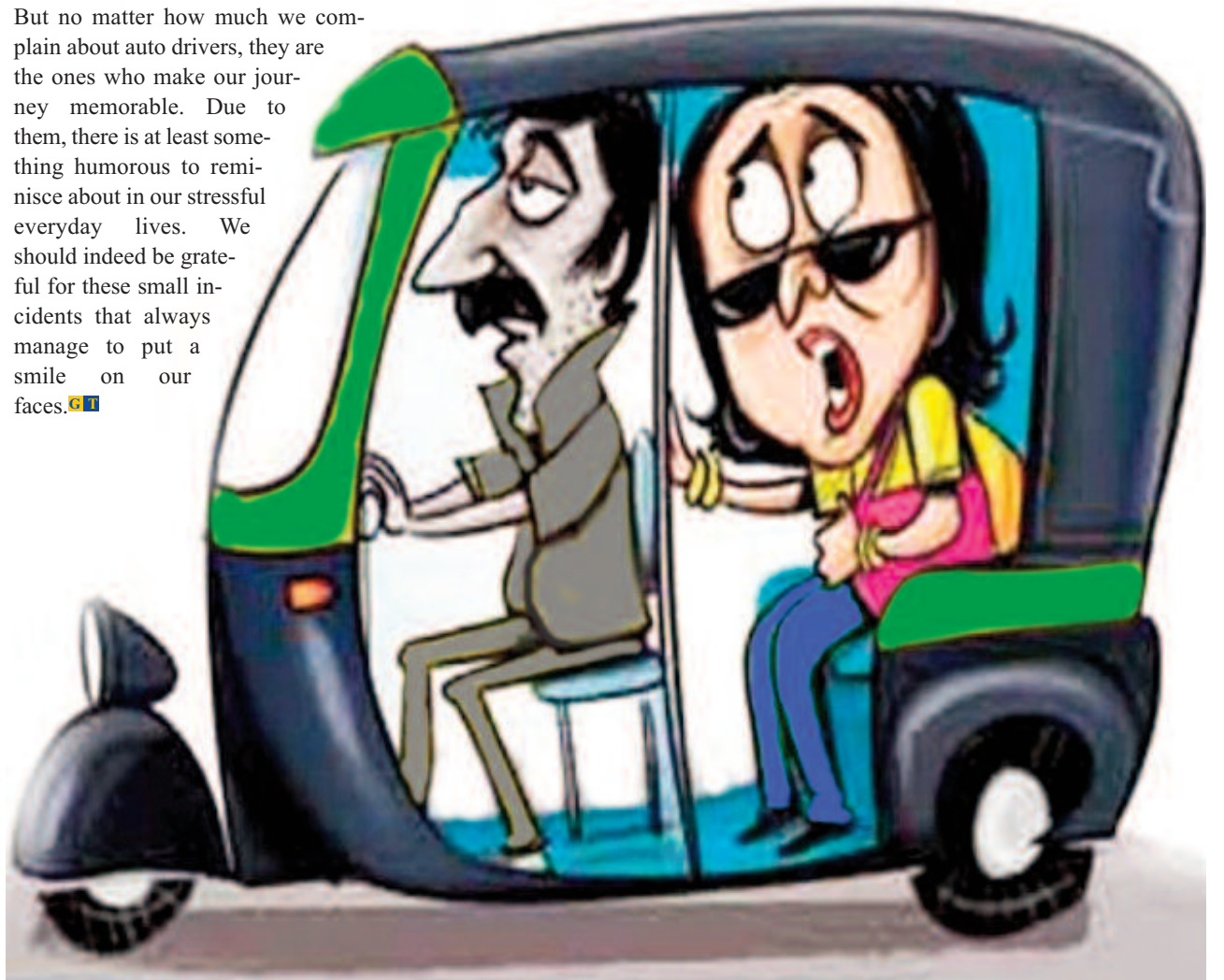
logue is unstoppable and full of twists and turns, just like our roads.

The Showmen: As the name suggests, these auto drivers are driving a disco-on-wheels. There are flashing lights, loud music, celebrity posters and of course, more fancy lights. What's the need of a disco when we have the ultimate substitute?

The Sloth: Even sloths, world's slowest animals, would be faster than these autowallas. They are never in any rush, are lost in their own world and never notice that their passengers are getting restless. Chances are, you will encounter these drivers only when you are in a hurry to reach somewhere on time.

The Disorderly: The seats are wet and the curtain meant to separate the driver's seat from the passenger's is swaying dangerously, splashing muddy water all around. You have to deal with all this because it is raining hard and finding an auto is not the easiest during a downpour. And suddenly, the auto driver drives over a big puddle drenching you to the skin. There is no warning, whatsoever, for this unwelcome shower. You are just as wet as the people walking in the rain.

But no matter how much we complain about auto drivers, they are the ones who make our journey memorable. Due to them, there is at least something humorous to reminisce about in our stressful everyday lives. We should indeed be grateful for these small incidents that always manage to put a smile on our faces. 📸



More than just shy Social Anxiety - An Indescribable Disorder

Shayna Singh, AIS Saket, X

We have all heard about social anxiety and more often than not, have termed it as nervousness in social situations. But what exactly is it? And what does it feel like? Speaking from my personal experience, this disorder manifests itself in various ways - from not being able to sleep well and staying up late at night to thinking about all the possible scenarios that could go wrong the next day; from over analysing the smallest details to feeling dejected throughout the day - and completely eats up a person's emotional range. It makes you feel out of place and isolated, and sometimes it also manifests itself in physical discomfort. Some have experienced the chest feeling tighter and the mind getting fuzzier. Like Albert Camus said, "Nobody realises that some people expend tremendous energy merely to be normal". Having dealt with this disorder, a person often forgets that the other people don't feel this way, that they can enter social situations and leave without overthinking, that they don't see every compliment as a lie, and that they don't ask themselves 'what is wrong with me?' every single day.

And yet, if you have ever asked yourself these questions, believe me that having social anxiety doesn't make you any less worthy. People around you may just dismiss this as 'stage-fright' or even shyness. They may sometimes even laugh at you, but never let that get in the way. Also, you should know that social anxiety is far more common than you think! It's been estimated that as many as 7% adults suffer from social anxiety, and so many don't even realise it. It can greatly impact someone's quality of life and can act as almost a self-fulfilling prophecy, because you tend to isolate yourself from others due to the belief that they don't like you. But things need to change now. Social anxiety deserves to be acknowledged, accepted and addressed. And with the correct help and support, this can be achieved. So, start by making small changes in your life, but don't rush it. Avoid negative coping strategies, face your fears instead of hiding from them, increase social situations gradually, reframe your thoughts, and so on. For in the end, it all comes down to building a better mental environment, brick by brick. The journey won't be easy, but never lose faith in yourself because the most difficult roads always lead to the most beautiful destinations.

Reason Or Emotions? The Choice Is Yours

Ishani Singh
AIS Noida, XII

It goes without saying that the mind and heart are two sides of the same coin. Both assist and guide us in analysing and responding to a situation as well as in taking decisions and making choices, but the approach these two most vital organs of our body take is as different from each other as chalk is to cheese. The rational mind is where all our cognitive thinking resides and perhaps, that is why it is always considered to be far more practical than the softer and often more forgiving heart. For long, the battle between the mind and the heart has been understood as one of logical reasoning versus sentimentality. But in today's world, when life is already complex and one is subject to so many influences, isn't it better to let your heart be your one true guide? As Steve Jobs once said, "Have the courage to follow your heart and intuition". We should always trust our heart, however il-

logical or irrational it may seem at that time. You could be a genius, but if you only do what your mind tells you without retaining the loving qualities that a gentle heart bestows upon you, you will be liked by hardly anyone. If you rationalise every situation and do not face your

wrongdoings will only serve his short-term interests. He can never really be at peace with himself, nor will he be truly content. Thus, it is always better to quieten your mind which makes you conjure up reasons for everything. Instead, learn to listen to your heart which is the greatest source of true happiness and inspiration for us to become better human beings.

Your heart defines you. It is the key to your joy. When you respect the wisdom that resides in your heart, you learn to act from the very core of your being. We all know that life is unpredictable. The lesson here thus is to stop overthinking and to let things take their own course. Whether it is about following your passion, or finding solutions to a tricky situation, it is your inner voice that is most relevant and helpful. So, be independent of other people's opinion about your life. Don't let your mind analyse what others say, just follow your dream and fulfil your desire. Let the heart decide, for what it decides is all that matters!

**Matters
of the
HEART**

fears or rise up to a challenge, even though you know deep within that is the right thing to do, you most certainly will fail. A person, for instance, can commit crimes giving reasons how he has been wronged by someone else in the past, but all the



The campus of Indonesia's Green School is wholly sustained by natural resources where classes are held inside a bamboo hut and is powered by more than 100 solar panels.



Unique schools

Trendsetter



Dr. Amrita Chauhan
Chairperson

The world as we know it is often shaped by perceptions, most of which are in turn shaped by trends. While trends define our vision of the world, it is the trendsetters who establish these new found definitions. They are the ones who influence and

reimagine the world as it evolves, setting a journey for others to emulate and path to follow. Going by this definition of trendsetters, India seems to be checking every box. Flipping through the pages of history, we find the space satellite that was transported on a humble bullock-cart to the Atal Tunnel, an engineering marvel built amidst merciless climatic conditions. Thereby, setting the trend of reaching the stars with minimum resources. Even today, India continues to be a trendsetter given the country's stance in fighting the pandemic. Whether it was providing PPE kits or ventilators at subsidised prices or offering vaccines to underdeveloped nations, India became a trendsetter for global harmony.

Resonating with the Indian spirit of pioneering trends, Amity too has set a mark in the field of education. When the world looked towards the West for educational models, we remained true to our roots. Blending the traditional with modern, we set a trend of ingenuity whilst imbibing the best from across the world. The programmes offered at Amity are trendsetters in their own way. This very newspaper that you are reading right now is a shining example. At a time, when student newspapers were a leisure collection of candid write-ups, Amity came up with the first ever registered student youth newspaper. This earmarked a trend that of 'professional' student newspapers. This practice of doing new things urges our students to look beyond the obvious, shaking off norms, in the process creating leaders, not followers. [GT](#)

Create your own trend



Vira Sharma
Managing Editor

Back in the day, like any other teenager of my age, I would eagerly await occasions when I would be gifted a new dress. I specifically remember one Diwali when my mother got me a long, cotton frock that had big, flowers on it. I was mostly an

obedient child, but that day I simply refused to wear the frock. Polka dots and geometric patterns, satins and shaneels were ruling the fashion trends those days and I feared my friends would make fun of me. My mother could have lost her patience, but instead she sat me down to narrate the story that changed my entire perspective.

It was a story from Mahatma Gandhi's life about how he attended the famous Round Table Conferences in England dressed in a simple *khadi dhoti*. Despite knowing that he was under constant media glare and that he would be compared, mostly unflatteringly, to all the other world leaders in their fancy English suits, Gandhiji chose to wear what would best represent the common man of his great nation. This tale encouraged me to become the person who should strive to set trends than to follow them blindly. I realised that to get people's attention and respect, merely wearing a fashionable dress can't be enough. Setting a trend means creating a wave of change with your ideas and your vision. Take for instance, *khadi*. From the time Gandhiji's simplicity immortalised *khadi* in 1930's till now, it remains one of the most sought after fabrics for every season and style. So, I keep my mother's wise words in mind all the time and strive each day to nurture in myself a value, an action, a deed which can make me a better person. [GT](#)

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Published for the period March 15-21, 2021

Companies over content?

Are Corporations Consuming Too Much Of The Internet Space?

Aditya Doomra & Deeksha Puri
AIS PV, Alumni

It was not long ago that battle lines were drawn between PewDiePie and T-series. Consumers complained that YouTube was favouring companies over content, even so T-Series won the race in the end. While the battle of PewDiePie and T-series concluded almost some years back, it does leave us with the question of whether corporations have completely taken over YouTube, leaving individual creators, for whom the platform was initially created, floundering for scraps. Let's see.

T-Series Vs PewDiePie
Felix Kjellburg, also known by his pseudonym "PewDiePie", had

become the most subscribed individual in December 2013 with a whopping 18 million followers. And to his credit, he held that title for four years. But then a new Indian company, T-series managed to steal the title several times in the year 2017, with the competition being neck to neck. In an attempt to give PewDiePie his favourite spot back, his fans started a joke campaign. A lot of people also started supporting him under the slogan "subscribe to PewDiePie". While this protest was largely a storehouse for memes, it drew considerable attention to the content creator vs corporates dilemma on a global scale.

The giants take over
If you pay attention to the

number of views on the trending video of a traditional media channel, they are often not more than 50,000. And it is hard to miss that 95% of videos that come with a trending hashtag belong to a corporate channel like T-series. On the other hand, independent channels need to gain millions of likes to reach that same trending bar. So to say that the tube of YouTube tilts towards corporate giants would not be untrue per se. And in the process, quality of the content gets marred, and quantity gains supremacy.

But the ant knows how to crawl
Creative content vloggers can never match up to the speed of a company channel. Corporate channels tend to post 5-6 videos a week that no independent

channel can match up to. So, if YouTube does favour them, the reasons seem more financial than personal. YouTube, in the end, is a commercial enterprise. Also, content on independent channels is much more risky and controversial in nature. Since they do not have to get their material approved, they have the freedom to post whatsoever they want. PewDiePie's content became much more questionable later in his career, causing a lot of people to unsubscribe.

So the question is what is more important? Quality or quantity? Vloggers or corporate companies? Though, when it comes to entertainment, mixing them up is the best solution. So, why don't we subscribe to both?



Imaging: Dinesh Kumar, GT Network

A trending affair

Continued from page 1...

Driven by the internet

Makes it: The rise of social media, and the virtual world of hashtags and retweets is the all-powerful gamechanger of the 21st century. We are observing a host of world leaders lead debates and arguments on Twitter platform, and the entertainment industry tops the game when it comes to trending memes and twitter wars. A small video clip of a girl partying with her friends has now become the current sensation with everyone copying her accent through *Pawri* memes and jokes on the internet. Once social media picks up some-

thing and makes it popular, the news is flashed across the world and made viral. At the same time, good public relations and media also play a big role in creating trends and keeping them in news for some time.

Breaks it: Social media platforms have become another realm of existence and it never runs short of content at any point in time. As we time and again propound 'change is the only constant', it holds true for anything and everything that comes up before us, be it a meme, a slogan or just any song. While some become iconic in its true sense, others stay for their ability to serve as comic relief. And since the internet is home to

around 4.66 billion people around the world, all trying to come up with a trend, none lasts for long.

A trend is not restricted to a particular area; it pervades through fashion, pop culture, and even economics and politics. It is more likely to be born and die down faster than the world is able to consume it. However, it is our onus as a society to pick the ones that make a difference and let them thrive, and discard the ones that don't. Some trends are fun, some fabulous, some appalling, but however long they last, you can be sure there will always be a new trend coming along to replace the old. [GT](#)



GT M@il

Changing philosophies



Issue: Page 6, Feb 15, 2021

Dear Editor,

This is in reference to the article 'Changing philosophies' on page 6 published in the GT edition dated February 15, 2021. The article dwells upon the principles and morals that are deeply instilled in us and emphasises the need to question them according to situations that occur from time to time. It also talks about how people, instead of questioning their stance, always end up adjusting their morals in pursuit of self-interest, which, mind you, isn't a healthy practice. For as we move forward in every possible arena, it becomes necessary for us to contemplate our values and belief systems and make space for self-introspection. Thank you GT for re-emphasising the fact that change is inevitable and that one must learn to embrace it with open arms without being resistant or excessively judgmental.

Janya Malkani
AIS PV, XI E



Until 2011, Dong Zhong was a school run inside a cave which educated about 186 students with the help of 8 teachers.

HISTORY *this* WEEK

Weeks, years, decades, centuries...as time goes by day by day, the world keeps progressing into a newer direction. But as our eyes always stay glued to the telescope, trying to get a glimpse of the shining future we work so hard to create, it is important to take a break and appreciate how far we have come. Let us look back at the pages of history falling between March 15-21 that played their role in shaping our society.

The world of art and literature

The world of politics

MAR 15 44BC



Roman emperor Julius Caesar was assassinated by a group of thirty senators including Marcus Junius Brutus and Gaius Cassius. It was a major coup considering Caesar was at the height of his power at the time. Before the uneventful happening, he had been declared as a 'perpetual dictator' by the Roman Senate which was apprehensive that Caesar would overthrow the Senate to establish a one-man tyranny. As a repercussion, the Liberators' Civil War took place that ultimately led to the Principate period of the Roman Empire.

MAR 18 1919



The Anarchical and Revolutionary Crimes Act of 1919, infamously known as Rowlatt Act, was passed in India by the Imperial Legislative Council. The act granted indefinite powers to the British Government in India, wherein they could arrest anyone for a period of two years without a trial. It also resulted in the extreme decline in the freedom of press, with an aim to suppress the voices of Indian revolutionaries. Unfortunately, this event led to the infamous Jallianwala Bagh massacre.

MAR 19 2003



US President George W Bush initiated air strikes in Baghdad. This event led to the Iraq War, also called the Battle of Baghdad. This military invasion was instrumental in expelling dictator Saddam Hussein, accused of manufacturing weapons of mass destruction. However, Baghdad suffered severe damage to its civilian infrastructure, cultural inheritance and economy, leading to the death of over 2000 Iraqis.



MAR 16 1850

Set in Massachusetts Bay Colony during the years 1642 to 1649, 'The Scarlet Letter' was first published by Ticknor, Reed and Fields in the US.

This bestseller by Nathaniel Hawthorne narrates the story of Hester Prynne, a young widow, who struggles to create a life of dignity for herself in the then Puritan society. Containing a number of religious and historic allusions, the book explores themes of legalism, sin and guilt.



MAR 17 1901

Eleven years after his death, on this day, 71 paintings by the late Dutch painter Vincent van Gogh were exhibited at the Bernheim-Jeune

gallery in Paris. These paintings, capturing their subjects in striking brushstrokes and eloquent colours, caused a stir across the art world. A largely self-taught artist, Van Gogh died without any notion that his work would one day win acclaim beyond his wildest dreams.



MAR 21 1999

To celebrate one of the most prized forms of linguistic and cultural expression and identity, UNESCO adopted this day as World Poetry Day

during its 30th General Conference in Paris. This declaration was aimed at the promotion of linguistic diversity and to bring the endangered languages of the world to the fore, and also with the hope of promoting poetry as a way to communicate across borders and transcend all cultural differences.

The world of entertainment

MAR 19 1964

The iconic dialogue "The name's Bond, James Bond" was proclaimed by the legendary Scottish actor Sean Connery. Connery was the first actor to bring the role to the big screens and donned the role in seven films of the James Bond franchise. Considered as one of the most legendary movie stars of all times, he also began shooting for the James Bond film Goldfinger on this day.



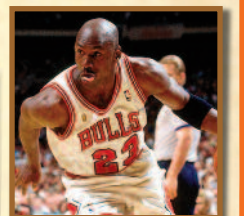
MAR 20 2019

The Walt Disney Company acquired Rupert Murdoch's 21st Century Fox entertainment business for 71 billion USD. Among other key assets, the acquisition included the 20th Century Fox film and television studios, US cable/satellite channels such as FX, Fox Networks Group, a 73% stake in National Geographic Partners, Indian television broadcaster Star India along with a 30% stake in Hulu.



The world of sports

MAR 18 1995

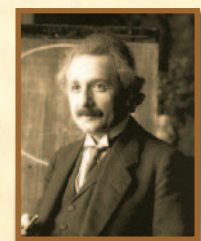


Michael Jordan, also popularly known as MJ, astounded the sports realm by announcing his return to NBA after a 17-years long retirement. Having single-handedly redefined the NBA, this greatest basketball player of all times shocked millions when he announced his exit. Reportedly, he decided to hang his boots due to the Major League Basketball Strike which, he said, dented his interest in the game. It was on this day, however, that the whole world took a big sigh of relief as Jordan withdrew his retirement and came back to the game with his memorable "I'm back" statement.

The world of science

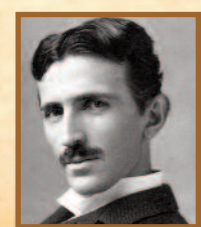
MAR 17 1905

Albert Einstein became the most influential physicist of the 20th century. Transforming the way people saw the universe, he wrote a series of papers including his theory of special relativity and the famous equation $E=mc^2$. On this day, he also completed his scientific paper detailing the Quantum Theory of Light, one of the foundations of modern physics.



MAR 20 1900

Nikola Tesla, a Serbian-American inventor, registered the first patent for a high frequency transformer to 'transmit intelligible messages to great distances'. Based on this idea, the construction of world broadcasting tower was started to provide worldwide communication and to supply facilities for sending pictures, messages, weather warnings and stock reports. However, the project was abandoned due to several reasons.



MAR 21 1980



The then US president Jimmy Carter declared that the US Olympic team will not participate in the 1980 Moscow Olympics as a protest against Soviet intervention in Afghanistan. The Soviet Military, in 1979, invaded Afghanistan to restore communist regime against Islamic rebel forces, and failed to adhere to Carter's February 20, 1980, deadline to withdraw its troops from the country.



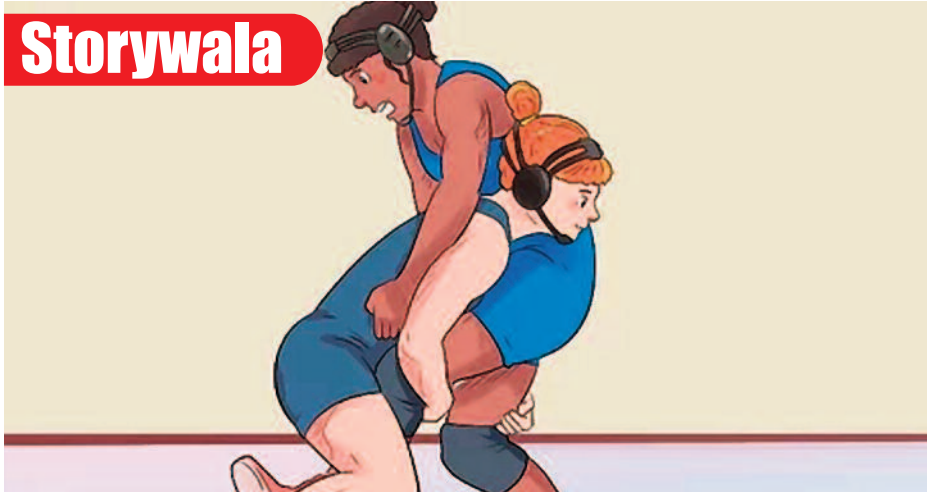
Silicon Valley International School in California, USA, is strictly against traditional approaches and uses top-notch technology like iPads, 3D modelling, etc., to educate kids.



Unique schools

Perfectly imperfect

Storywala



Saanika Banga, AIS Noida, XII

A wave of anxiety rushed inside Emily as she entered the classroom. This was her first day at her new school, and as much as she was excited to meet new people, she was worried about how they might react to her. But as feared, the moment she went inside to take a seat, a boy called out to her, "Hey, Miss Santa Claus, are you new to the school?" At this, the rest of the class too started laughing at her short and stout appearance. "I-I am Emily," she barely whispered. A tall girl got up from her seat next and suddenly started singing, "Hey, there, I see a lot of adipose

tissue/Obese girls like you deserve hate/Get out of my sight, for this is your fate."

A shocked Emily was now at the verge of crying. But thankfully, a voice boomed in the classroom the next minute. It was their class teacher. "I wanted to remind you all that tomorrow is the last date to register for the annual school wrestling match to be held next month, so if you are interested, please sign up!" she announced. And as soon as she left, Emily was subjected to more taunts and jabs. This went on throughout the day. Thus, as the school hours ended, she ran to her house in tears. At the sight of her daughter in tears, her mother couldn't help but inquire, and so Emily narrated everything that happened in

A shocked Emily was now at the verge of crying. But thankfully, a voice boomed in the classroom the next minute. It was their class teacher.

school. "Honey," she said as she patted dry Emily's tears, "Every day you'll meet people who will mock you, but you need to know that you are perfect just the way you are." And so the next day, Emily straight away went to her teacher and registered her name for the wrestling competition. She was determined to prove her worth, and so she started practicing day in and day out for the match. Finally, the day of the contest arrived, and the entire class seemed to be participating. Emily was nervous but she felt ready. She walked up to the stage and looked at her opponent with sheer determination; her opponent was Eva, the same girl who had made fun of her. As the whistle blew, she smashed Eva down in a fraction of a second, gaining an easy victory over her. "What you thought to be my weakness was actually my strength. Thank you for making me realise my true potential," remarked Emily with her new found courage. And with those words, she walked away from the crowd with a gold medal around her neck and a wide smile on her face.



Agrima Ahuja

Decoupage décor

Agrima Ahuja, AIS Vasundhara 1, X

Material required

- A glass bottle
- Mod podge
- Gesso
- Design cut-outs
- Acrylic paint
- Sponge
- Brush
- Decorative items & Varnish

Method

- For starters, coat the glass bottle with a layer of gesso using a sponge. This will give an even texture to the bottle surface.
- Once dry, pick the cut-outs and lay it on the surface of the bottle such that the design is clearly visible. You can also use paper photos for the same.
- With the help of brush, gently apply a very little amount of mod podge over the cut-outs. This will let the material stick to the bottle surface. Let it dry.
- Now, cover the cut-out area with a newspaper or dry cloth temporarily. Then, using a colour paint of your choice, spray paint over the remaining plain surface area of the bottle. I have given it an ombre effect (refer to picture).
- After the whole bottle dries, remove the cloth or newspaper.
- Apply a layer of varnish over the bottle to give it a glossy finishing touch. Let it dry (optional)
- Take any decorative items of your choice- sequins, ribbons, ropes- and embellish your bottle as per any design of your choice.
- Your decoupage bottle is all set to enhance your dining table! You can also gift it to your loved ones!

- You can substitute the gesso with matte emulsion paint as well.
- Do not overdo the mod podge application, as it might lead the cut out to come apart.
- Instead of mod podge, you can also use plywood glue.

WORDS VERSE

What makes me beautiful!

Deeksha Puri

AIS PV, Alumna

There is the nightly cauldron
With its charcoal embrace

As it constantly harbours
An insipid glow of bubbles

They erupt with passion
Almost like the tendrils of fire

The bubbly broth bursts open
An anomaly of ingredients

They are dormant, yet active
Kindness being paramount

Grit paints the potion turquoise



A pinch of intellect and wit

Along with a dash of gratitude
All stirred, sleeping engulfed

As the night looked upon them
Heaving care laced breaths

A concoction of all these virtues
Go on to make me beautiful!

Dark forest

Annupriya

AIS Saket, Alumna

I run in a dark, frozen forest
But I can't figure out why
Yes, I know that I'm lost
The feeling makes me cry

My eyes are wide open
I can see dark clouds fly
So alert are my ears
I can hear the cedar cry

I can hear my heart beat
Because of fear, it swells
I just need to take a seat
And say to myself, all is well

And when I open my eyes
I see a different world
Trees covered with white
Winds ready to swirl

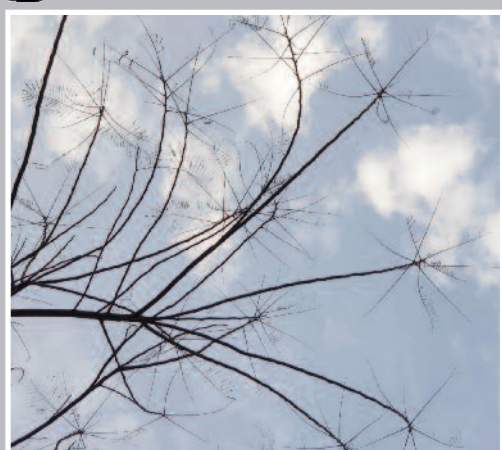
When life seems difficult
It's not because it's hard
All I'm trying to make is
A difference is in your heart.



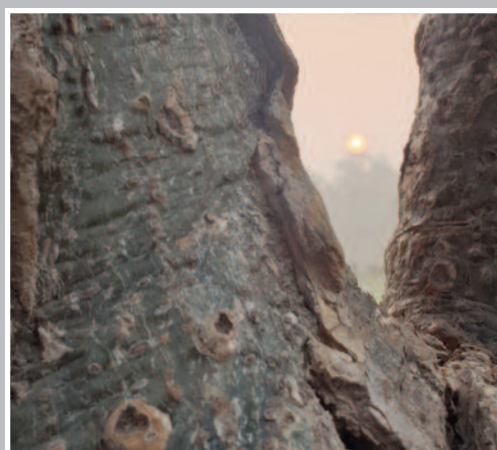
CAMERA CAPERS

Vaidehi Agarwal, AIS Vasundhara 1, XII

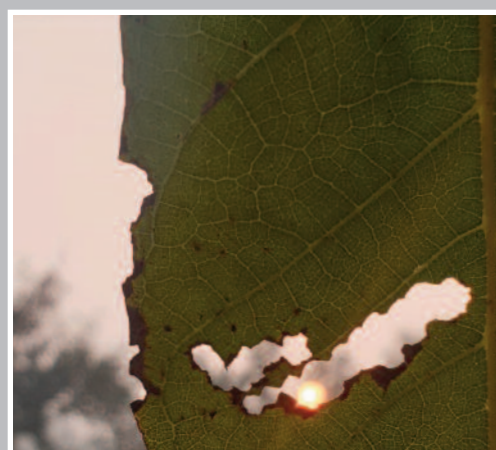
Send in your entries to
cameracap@theglobaltimes.in



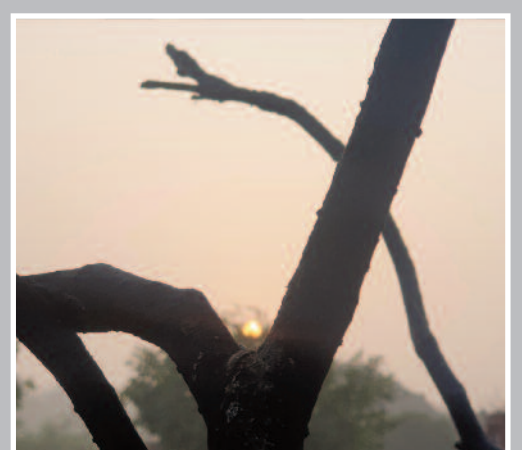
Blooming clouds



Budding cleaves



Beaming chinks



Bewitching crepuscule



Doubled as a shelter during the Cold War, Abo Elementary in New Mexico is run entirely underground and its roof serves as the playground for students.

A disaster journey

Yuvaan Goel, AGS Noida, V

Finally, the day I was waiting for! I thought excitedly to myself when I woke up. It was going to be the best day of my life. You want to know why? Because, I, Alex Paul, was going to sail the first ship my village had ever seen! I was so thrilled about my adventure that everything I did that day was with a lightning speed. But just as I was about to leave for the port, I realised that my dog, Tommy, had eaten all the food I had made the previous day for my journey! I was irritated, but I had all the recipes, so I quickly prepared the food again. Even though I was mad at my dog for making me late, I was just as sad that I was going to leave him alone for days! "Your food is in my room," I whispered to Tommy. Did I ever tell you that sometimes I talk to my dog as if he is a real person, and I do that especially when I am sad? Well, now I did. And so, I packed everything in my bag, and tearfully but excitedly got out of my room, ready to sprint to the port. I could not believe what I saw when I reached the port. Everyone in my village had been patiently waiting for me the whole day! I was flattered. They formed a welcome corridor through which I walked up to my ship. "Go Alex! Go Alex! Go Alex!"



Short Story | Part I

I packed everything in my big bag, and tearfully but excitedly got out of my room, ready to sprint to the port.

the shore, the entire village waved me goodbye. Two days had passed and I was in the middle of the sea, extremely bored. I could not see any land yet. And as I thought of turning around, a huge wave hit the ship and I slipped to the bow of my ship. In just a fraction of a second, I went from being bored to being worried sick. My heart was beating so fast that I thought it would burst out of my chest. I quickly picked up my binoculars to see what was happening. And I froze as I saw a huge thunderstorm descending right in front of me. I tried to turn my ship around as quickly as I could, but the waves were much stronger than I was. My ship was out of control. There was lightning everywhere. Gradually, my eyes started to close too, blinding my vision. And that is the last thing I remember from that night.

To be continued...

So, what did you learn today?
A new word: Descending
Meaning: Moving downwards

they chanted as I walked down the aisle. I wondered how they knew that I was going to sail today. Then I remembered telling my best friend John about this and that is how it must have spread. When I reached my ship,

I dropped down my bag, which weighed like a 100 kilos. I unpacked the food and water and stored them in big barrels. When I was ready, I yelled to the boy holding the anchor to let go. As my ship slowly drifted away from



Gatte ki sabzi



Avyaan Talwar

Avyaan Talwar, AIS Gurugram 46, V

Ingredients

For the logs

Ghee	2 tsp
Curd	2 tsp
Gram flour	2 cups
Coriander seeds	1/2 tsp
Carom seeds	1/4 tsp
Turmeric	1/4 tsp
Chilli powder	1/4 tsp
Asafoetida	1/4 tsp
Salt	1 tsp

For the gravy

Curd	4 tsp
Green chillies	3
Turmeric	1/4 tsp
Salt	2 tsp
Vegetable oil	2 tsp
Fenugreek seeds	1 tsp
Onions (chopped)	1 cup
Tomatoes (chopped)	2 cups
Ginger (chopped)	1/2 inch
Garlic (chopped)	2-3 pods
Coriander powder	2 tsp
Kasuri methi (roasted)	1 tsp

Procedure

For the logs

- In a bowl, add two cups of gram flour.
- Next, add the ingredients- coriander seeds, carom seeds, turmeric, chilli powder, salt and asafoetida. Mix all the ingredients well.
- Now, add ghee and curd. Mix everything well.
- Then, pour water in parts and knead a semi soft dough. The dough should not have any cracks, in case it happens, then sprinkle water and knead again.
- In a separate pan, add water and heat on a medium-high flame.
- Once the dough is ready, divide it into seven equal parts.
- Roll all the parts in small balls.
- Next with the help of your fingers, roll each small ball into a cylindrical shape i.e., like a soup stick.
- Now, slice each cylindrical stick into two or three equal parts.
- Gently, place the cylindrical logs into hot boiling water. These will be your gatte.
- Once cooked, the cylindrical sticks or gatte pieces will float on the top.
- With the help of a spoon, carefully remove them one by one on a plate.
- Let them cool at room temperature.

For the gravy

- In a heated pan, pour oil. Add cumin seeds, ginger, garlic, onion and all the solid spices. Roast them till they turn golden in colour.
- Grind the chopped tomatoes and green chillies in a mixer, and pour it onto the pan with the roasted spices and onions.
- Add turmeric and coriander powder to it. Saute the puree till the oil separates from the masala.
- Now, slowly add curd and a cup of water to the masala. Keep stirring alongside.
- Cut the cooled gatte sticks into small thick disks.
- Plop the gatte disks into the gravy and add salt. Let it boil for 10 minutes.
- Lastly, add coriander leaves and garam masala and give it one final stir.
- Gobble your tasty gatte ki sabzi with boiled rice or chapattis!

It's Me



Know me

Name: Ram Nair
Class: III
School: AIS Saket
Birthday: November 26

My favourites

Teacher: Ritika ma'am
Subject: Maths
Friend: Can't name one, I have many
Game: Cycling and Game of Life (board game)
Food: Idli and potato stew
Book: Geronimo Stilton and Enid Blyton books

My choices

My hobby: Reading books
I like: Collecting books and maintaining my mini library
I dislike: Sitting idle

My dreams and goals

My role model: My parents
I want to become: An army officer
I want to feature in GT because: Seeing myself in my school's newspaper would make me really happy.

POEMS

Work and family

Sandhya Singh
AIS Vasundhara 6, V

When did you go berserk?
Fighting the battle of work
Giving your fam a little time
Cannot even spare a dime
The joy of being together
Is lost somewhere, oh where?

With loads of work pressure
We just run here and there
It's a very, very short life
Kindly enjoy with your wife
Parents, children, or husband
Spend time with all of them

See family as a huge cake



Don't ruin it for God's sake
Work is worship, we know
But don't make it your foe
Balance work and family
And live life happily!



Patience

Anannya Malviya, AIS Gur 43, VIII

Patience is a key element of success
Restiveness creates uncalled-for stress
Working with patience is hard I know
But starting again is harder you know

When angry, just calm down and think
Best remedy of anger is self-discipline
So, remove impatience from your life
This, my friend, is my only advice.

PAINTING CORNER

Shashank Dwivedi
AIS VKC Lucknow, VIII



School of the Future in Philadelphia, designed by Microsoft, runs on a completely digital system, making it a paperless school.



Writing is an art and there's no better platform to exercise it than your own beloved GT! Just to unleash the writer in you, GT brings you a new topic every time and asks for your views on the same. Here are some intriguing responses from young writers at Amity for the prompt:

"Protests are the hallmark of a successful democracy. In the absence of protests, the ruling establishment will always succeed in eliminating any view different from its own. Public demonstrations and marches empower people by bringing together like-minded individuals. For example, the 'Salt March' resulted in the abolition of the state's monopoly over salt and weakened Britain's authority over India. Another instance is 'The Washington Civil Rights March', which sought to make any form of segregation illegal and allowed black people to vote. More recent one is 'Black Lives Matter' protest aimed to bring justice, healing and freedom to Black people across the globe."

Adya Mishra, AIS VYC Lko, XII

"I believe the purpose of a protest is to express dissatisfaction, question the authority and make voices heard. It demands solutions, doesn't offer them. Not only do they act as a feedback mechanism for the government, they also check its power and prevent tyranny. The public may experience inconvenience, but it is justified if the cause is authentic and people are committed. However, one should be careful about the spread of misinformation because these days protests are being misused by many with vested interests. Thus, protests are essential for us as a society, but they also need to be handled with a sense of responsibility."

Aarushi Aggrwal, AIS MV, XII

"Protests can take many different forms, from individual statements to mass demonstrations. Ideally, when protests are held as part of a systematic and peaceful non-violent campaign to achieve a particular objective, they can be considered beneficial and productive. One study has found that non-violent activism during the civil rights movement in the United States produced favourable media coverage and brought changes in public opinion focusing on issues organizers were raising. On the other hand, violent protests always tend to generate unfavourable response among the larger public and eventually dilutes the real cause. Protests, therefore, should be held within the parameters of law to have any lasting effects."

Jagriti Singh, AIS Jagdishpur, XII

"I believe that while protests may be an inconvenience to the public, they are fundamental to democratic and human rights. Let's not look at protests as simply rallies or marches, they are catalysts for making considerate and equitable laws. Protests can also help remove the ignorance of so many people who are unaware of prevailing injustice in society. They ensure that democratic societies do not begin operating as authoritarian regimes. And this is predominantly the reason why the necessity of peaceful protests cannot be crushed by temporary vexations to the public!"

Anshita Kumar, AGS Gurugram, X

"People seem to believe that protests are the only way to find solutions to the many real-time issues faced by us. I strongly disagree. We have to be patient and let the government find appropriate solutions to our problems. However, there is one positive that cannot be ignored. Protests reinforce the feeling of 'unity in diversity' and create a sense of confidence and brotherhood in people."

Shrey Garg, AIS Vas 1, VII

'In an era of global protests, do you think protests offer real time solutions to existing problems or cause inconvenience to the public?'

The prompt
BOX

"The rise of social media has played a key role in recent protests. Smartphones equipped with social media handles have made organizing protests easier, but are protests only about numbers? Protests should be about lasting results. And even though protests may not seem to have immediate benefit, they are powerful because they change mindsets, mostly for the betterment of society as a whole."

Eshita Rai, AIS Gur 43, XII

"Mahatma Gandhi once said, 'I object to violence because when it appears to do good, the good is only temporary; the evil it does is permanent'. I wholeheartedly agree with this beautiful quote. Protests, which are now becoming increasingly common all around the globe, usually aren't able to solve any problems. They cause a great hindrance to the general public and normal life is severely disrupted. But this doesn't mean that protests should be completely stopped; sometimes they are necessary and should be held."

Nitya Jain, AIS Saket, VIII

"Protests seem to be the flavour of the season. While they are a powerful political tool, but they do not offer any real time solution. Even in the ongoing pandemic, people are gathering in huge numbers for these protests, endangering public health and also causing inconveniences like traffic jams and damage to public property. Some protests may create temporary solutions, but most of them always fail to bring about a significant change."

Mohammad Mubeen Khan, AIS Gwalior, VII

"For a diverse country like ours, a difference in opinions is a given. And what do people do when they want to express their views? They protest. While protests have become a world-wide phenomenon as a means to either pressurize governments or just grab attention, I personally believe that these efforts are meaningless most of the times. In fact, such events merely disrupt the normal functioning of a democracy and cause inconvenience to the public. Also, protests eventually fizzle out because people who are involved seem to be more interested in their share of the limelight rather than bringing about any tangible change."

Gouri Srivastava, AIS VKC Lucknow, X

"Dissent and defiance are often mistaken to be synonymous. While dissent can mean an open and constructive disagreement, defiance means refusal to abide by the law. Every citizen has the right to publicly question the government and protest peacefully. Even though the reasons and problems differ from place to place, the need for non-violence has to remain consistent. On the other hand, it also cannot be denied that protests make things difficult for the larger public due to blocked roadways, limited public transport, rallies, etc. For a democracy to flourish, it is important for the public to participate and express their views; however, it is equally important that this right is practised as per law."

Deetya Gambhir, AIS PV, XII

"In the words of Leonardo da Vinci, 'Nothing strengthens authority so much as silence', this is an apt statement and I completely agree. We cannot overthrow unjust authority without raising our voice. To be able to protest is the first step towards any transformational change in society. One must never stay silent against unjust laws and norms of a society. And a little inconvenience will always be worth the positive change that we are protesting for."

Aadya Kapoor, AIS Vas 6, XII

"When we have arguments about methods of protest, civility is a word that comes up a lot. The common notion attached to protest movements is that they are not really civil, because they don't take into account the inconvenience caused to innocent public. While this argument is not completely misplaced, a large-scale protest does manage to pressurize the government if a decision on certain front must be taken. Protests are needed especially if the cause benefits a large section of the population."

Aayushi Bawa, AIS Noida, XII

"Protests allow us to raise our voices against injustice and question the government's discriminatory laws. For example, environmentalist-activist Greta Thunberg's Friday for Future protest questioned political leaders about climate change and also encouraged high school students to work towards saving the environment. The recent farmers' protest in India and the George Floyd protest in America have encouraged people to rise above communal and racial differences, while also persuading the concerned governments to review their laws."

Ritisha Roy, AIS Gur 46, X



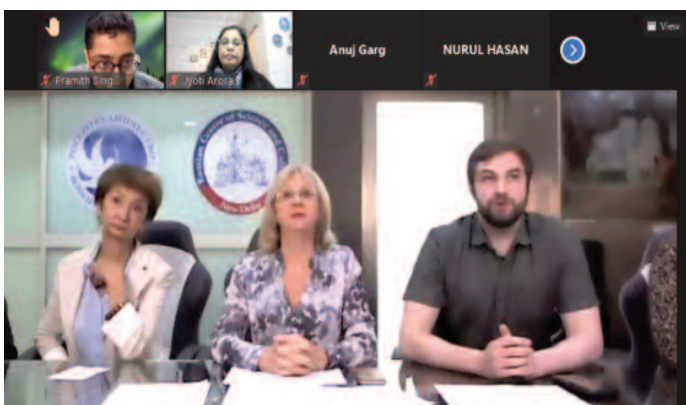
For the nomadic northern people in Russia with settlements scattered in Tundra, the regional government creates special boarding schools. The students enter the schools in the month of August and study there till New Year.

The first human to conquer the space

Celebrating Sixty Years Of Yuri Gagarin's Space Feat



Winning poster by Abhilasha Kuba



A snapshot of the virtual event

AERC

Amity Group of Schools and RBEF and coordinated by Amity Educational Resource Centre (AERC). Total 13 schools and 14 universities from India took part in the event. The festival comprised nine competitions, namely poster making on the theme 'My

sary of Yuri Gagarin's flight to space, the exemplary feat that made him the first man in the space. The unique opportunity to participate in the event was extended by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF and coordinated by Amity Educational Resource Centre (AERC). Total 13 schools and 14 universities from India took part in the event. The festival comprised nine competitions, namely poster making on the theme 'My

Winners Tally			
Name of the student	School	Prize	Category
Abhilasha Kuba (XI)	AIS Saket	First	Poster Making
Anoushka Rawal (X)	AIS Gur 43	Special Mention	
& Shreya Maurya (X)	AIS Vas 1		
Ayana Sahay (XII)	AIS Vas 6	Second	Essay Writing
Nachiket Bora (IX)	AIS MV	Third	Poem Recitation
Avika Kumar (VIII)	AIS MV	First	Traditional Costume
Aaryan Pradhan (VII)	AIS Noida	Second	
Chavi Gautam (VIII)	AIS MV		
Inika Makhija (IX)	AIS Gur 43	Second	Solo Dance
Aashi Vig (VII)	AIS Noida	Second	
Ananya (VI), Abhipranit Bhardwaj (VII), Arnab Bhardwaj (IV), Abhishri (IV)	AIS Saket	First	Group Dance
Tanirika Ghosh (XI)	AIS MV	Second	Group Dance
Pavani Sharma (XI)			
Suhani Agarwal (XI)			
Ananya Sharma (IX)	AIS MV	First	Group Song
Mannat Bhalla (IX)			
Simran Joshi (IX)			

dream of space travel', essay writing based on 'April 12 the Cosmonautics Day' and 'First man in space', poetry recitation on 'Russian poetry dedicated to the space and astronauts', translation contest, Russian songs, folk dances and traditional costume competitions, Russian language Olympiad and a quiz titled 'Russia is the first country in space'. All the competitions in the festival were dedicated to the

history of Russia in the space, contributions of Russia in space exploration and collaboration between Russia and India in space. The winners received an e-certificate and will also soon get a set of text books of Russian literature adapted for foreign learners of Russian language under the Federal programme 'Development of Education', once the pandemic restrictions are over. [G](#) [I](#)



School principal Arti Chopra with the coveted honour

Champion of economics

Global Victory At WEC'20

AIS Pushp Vihar

Another feather was added to Amity's hat of global victory when Sukarm Sharma of Class XI won gold medal in the individual category, and silver medal as a part of team India at the finale of World Economics Cup China - 2020 held on December 29, 2020. It is notable that the medals were awarded only to top 5% of those who qualified to represent their countries. The event organised by World Economics Cup Secretariat, China, saw participation from 33 countries including USA, UK, Germany, etc. The global competition tested every participant's



Sukarm Sharma

knowledge and understanding of economics and innovation skills. It comprised three separate tests and was judged by the jury comprising economics professors from MIT, Harvard and other prominent universities. [G](#) [I](#)



Children sing and enact moral stories for the audience

Imbibing virtues

Importance of Moral Values

AIS Mayur Vihar

A virtual class presentation titled 'Tied to roots' based on the understanding of core human virtues like compassion, non-violence, respect, love, sharing, caring, dedication, honesty, etc., was held for Class II on February 19, 2021. The presentation commenced with mellifluous chanting of *shlokas* and auspicious virtual lamp lighting. Students then elucidated each of the above-

mentioned core human moral values through spectacular skits, dances, songs, music and even by weaving moral stories through yoga asanas. Objective of the class presentation was to instill the importance of good virtues in one's life. Parents too attended the presentation and motivated the young minds.

The presentation concluded with a vote of thanks by school principal Meenu Kanwar, followed by school song and national anthem.



A student dresses up as Lord Buddha

Hat-trick @ IDS

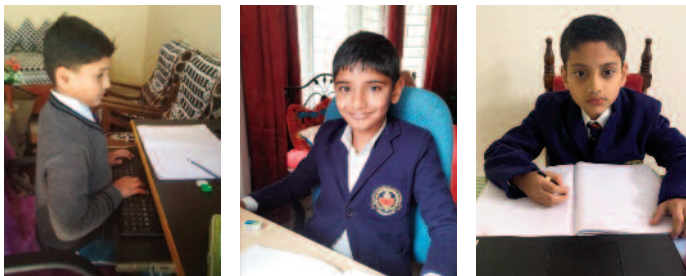
School Wins The Award

AIS Gurugram 46

The school was felicitated with the prestigious International Dimension of Schools Award for the third consecutive period by the International Dimension in School (IDS), North India Team. The award instituted by British Council is an accreditation scheme that recognises and celebrates internationalism in schools. The award valid for 2020-23 is a recognition of the school's commitment to include international work as part of their curriculum and embed it within the school's culture. Earlier the school had been awarded the same award in

2014-17 and 2017-20. During its quest to win the coveted award, the school collaborated with many international schools from Africa, Australia, China, Japan, Singapore and the USA. Many international activities were conducted like 'Walk through the fauna of the globe', 'Festivities around the globe', 'Field to plate-worth a wait', 'Passenger car market', 'Mathitecture', 'Animals on the move', etc. These activities enhanced and enriched the learners and teachers with new global experiences and developed awareness about different cultures and countries which helped the school in winning the award again.

Math O Metrix



Little mathematicians participate in the virtual quiz

AIS Gwalior

A virtual math quiz titled 'Math O Metrix' was held on January 27, 2021 for Class III-IV to evaluate and enhance the mathematical intelligence and reasoning skills of the students. In Class III, Abhimanyu Jairam won the first position, Surya P Rajawat bagged the second position. Satvik Singh

and Satyam Arora together secured the third position. Krishiv Narula won the first position in Class IV while Jiya Choudhary and Harsh B secured second position. Netritva Gupta and Vanshika B got third position. The questions were designed on the pattern of Mental Math Quiz, the annual signature inter Amity programme, to promote learning of math with fun. [G](#) [I](#)

Door Step Schools in India are run inside buses that are designed to be classrooms and travel to kids in need of education.

All top quotes contributed by Saamya Arora, AIS Saket, X



Unique schools

Exponentially cinematic

From Black And White To 3D - The Long Road Of Cinema

Shubhangi Saxena, AIS MV, Alumna

All of us have heard from our grandparents about the iconic 'safed parda' - a big, white sheet on which movies were projected for the entire neighbourhood to watch together in the good old days. It was one of the most sought-after activities for almost everyone who wanted to socialise while enjoying their favourite actors play out drama and romance, comedy and action on this make-shift silver-screen. And it was the only way for the audience of that time to be introduced to the giant world of big cinema. Then came the era of independent cinema halls. People had to stand in long queues to buy a ticket. Once inside the theatre, sitting on even the rickety iron chairs would not be a bother because all their attention would be glued to the screen. On these days, street vendors would hit the jackpot as sale of roadside samosas and tea would hit the roof, everyone wanting to fill their stomach before watching the action of a film, and thinking they deserved a snack after experiencing the rollercoaster that is cinema. Mothers would take homemade *pakodas*, namkeen and a variety of other food items to bring to these outings. It wasn't easy getting in, though. There were only one or two

theatres in the whole town and when a movie released, it would mean the survival of the fittest. Whoever reached the ticket counter on time and succeeded in buying a ticket would celebrate with gusto, much to the envy of those who could

not manage the feat.

Fast forward to the current time and we find cinema halls everywhere! In fact, independent cinema halls have given way to multiplexes inside malls. Squeaky and half-broken chairs



Question:

With Netherlands deciding to return colonial era artefacts to their places of origin, do you think other countries should follow suit?

The prompt

BOX

have evolved into comfortable and cushioned chairs or luxurious recliners. Waiting in long queues is now a distant memory even for the older generation. Tickets can be booked at the click of a button through booking apps like Bookmyshow. Internet and smart banking have made life so much easier. You just don't get to choose your seats, but can also avail a plethora of offers from payment sites like Paytm, GooglePay and PhonePe.

And the food? Our mothers don't have to toil in the kitchen before every movie outing. Food menus inside multiplexes are varied, suited to everyone's taste buds. Elderly people, especially seem to enjoy being served right at their seats, saving them the trouble of walking around in the dark, and the youngsters, the ones too engrossed in the movie to move a muscle, enjoy their popcorns being hand-delivered to them. Movie-going has now become an experience, much bigger than just watching actors on the screen. Only one thing remains constant though: the love people have for cinema. Maybe instead of crowding around a white bedsheet we now crowd around a 3D screen, but throughout the journey, the power of films to bring the whole community together has remained the same, just like in the time of our grandparents!

The War Zone That Your House Becomes If You Happen To Have Siblings!

Samiksha Dubey, AIS Noida, XII

Rising tempers, tense environment, all guns blazing - welcome to the War of Siblings. Here you will find that every single day is just another equivalent of a WWE match, and every day is a fight for the strongest one to survive. Who will win today? The elder one? Or the younger one? Or someone else? Let's find out!

Elder sibling: Where is the last slice of pizza that I kept for myself? You know very well that I was saving it for my lunch!

Strengths: Emotional blackmail, good arguments, valid points, authoritative

Younger sibling: How would I know? It was your slice so why are you asking me?

Strengths: Instant tears, past arguments, full parental support

ES: Exactly! It was MY slice, so tell me. Where is it now?

YS: Again, how would I know?

ES: Well, considering you gobbled it up, you should very well know. You always do this! It was MY slice and I saved it, but you being greedy ate all of yours and now even ate mine!

YS: I did not! This is so not fair! Why do you always blame me? There are more people in this house, they could've eaten it! How can you so surely say I am the culprit here? What proof do you have?

ES: Oh, trust me! I don't need proof to know it was you. I can feel your betrayal in my guts. You

Who did it?



just wait and watch now.

Incomprehensible banter that will scar you for life. Then, enters mom

Mom: What is going on here!? Both of you get up off the floor and stop fighting! (Yes, they were on the floor.)

Strengths: Literally everything; you name it, she has it!

Lethal weapon: Death stare

Dramatically incessant temple bells ringing in the background now

ES: Mom! She took my pizza slice that I...

YS: I did no such thing! She doesn't believe me and always blames me!

Father: Why are all of you screaming? You do know other people live in this house, and more in the building, right?

Strengths: Sarcasm, poor and lame dad jokes, life-changing speeches

Mom: They are fighting over a slice of pizza. PIZZA! I spend so much time in making the food, why don't you eat that? You all never fight over my *tinde ki sabzi*. Ugh! The pizza is gone so let it be now. One more peep from either of you, no dinner today.

BAM! Problem temporarily solved

Father: By the way, where's the third offspring of the house?

Middle sibling: Oops, dad! I am going out with my friends. Catch you later! By the way, the pizza slice tasted amazing even if it was straight out of the fridge!

Strengths: Sneaky, never a suspect, mediator

Watch out for them!