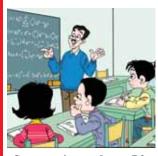


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**THE GLOBAL TIMES** @the\_global\_times **MONDAY, MARCH 25, 2019** ww.theglobaltimes.in

#### INSIDE

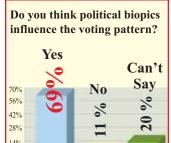


Summertime sadness, P3



#### AMIT**C/pol**l

Do you think amending gun	
laws can help keep terrorism	
in check?	
a) Yes	b) No
c) Can't say	
	te, log on to
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POLI	L RESULT



for GT Edition February 18, 2019

14% Results as on March 23, 2019

**Coming Next** Happy April Fool's Day!

### The road not taken

#### If Only Some Of The Events That Define Us Happened Differently!

#### Karan Dhall, XII D & Samriddhi Agarwal, XII C, AIS Gur 43

wo roads diverged in a wood, and I took the one less traveled by, and that has made all the difference.' Robert Frost and his lines still stand to be of utter relevance every time we take a look at history. As we think of all the gambles humanity has won, we cannot help but wonder about the countless alternative endings we could have been living instead.

August 15, 1947: At the stroke of midnight, Hindustan became India and Pakistan, making about 14 million people lose their homes and 2 million their lives. Chaos and bloodshed ensued as realities became mere memories of the past. If only a few individuals at the helm were guided by union than division, Hindustan, today, would have been an even bigger hub of cultural diversity. Four major Indo-Pak wars, which killed 11,000 soldiers on both sides, wouldn't have happened. We would have saved the billions we spent on the military and Kashmir conflict would be nonexistent. We would have seen Akram and Sachin batting for the same team, Ghulam Ali adding his leading note to Lata Mangeshkar's nightingale-like voice, and enjoyed Lahore's breakfast Illustration: Ravinder Gusain and Amritsar's lunch on GT Network the same day. If only...

September 11, 2001: On a clear Tuesday morning, two airplanes, hijacked by Al-Qaeda, crashed into the twin towers of World Trade Center in New York, USA. The whole world witnessed this deadly terrorist attack as 3,000 people were killed, 6,000 injured and nearly 83,000 were rendered unemployed.

If only that group of people had believed in love rather than hate, hate crimes would never have spiked to unimaginable magnitudes and so many people

Dinosaur

wouldn't have lost their jobs. USA would've saved hundreds of thousands of livelihoods and over a hundred billion dollars. Racial hatred, as we know it, wouldn't have existed for 9/11 demonstrated the terrible limit to which hate can drive human beings. 13,000 fighters and around 2,000 civilians who lost their lives in America's invasion of Iraq that followed the attack, would have been alive. If only...

March 17, 1942: Hitler's army, for the first time, gassed a Jew camp, starting the Holocaust that killed nearly 6 million Jews and 5 million non-combatants. Those who survived were too scarred to lead a normal life again - biologically and emotionally.

If only a single individual chose to place his beliefs in peace and not war, an entire generation of Jews would have been safe. If Private Henry Tandey would have decided to pull the trigger on September 28, 1918, on a

young Hitler serving in German Army in World War I, the history books would be filled with less bloodshed. But, instead, Private Tandey decided to spare him out of the goodness of his heart. Hitler's reign served as a watershed in world history, but without his aegis, the radical Nazi Party would not have risen to power, World War II would have been potentially prevented and a significant amount of bloodshed would have been avoided. If only...

66 million years ago: A 7.5 mile wide asteroid hit the Yucatán Peninsula and took all the dinosaurs with it.

If only the asteroid had changed its course, dinosaurs wouldn't be extinct. We would truly be living in an alternative universe where dinosaurs would still be walking on the Earth's surface. Scientists

claim dinosaurs to be extremely intelligent beings, even more than humans, which means that they would have adapted with time and would've turned into a human-

like species, taking over the world and making us their personal pets - much like how we treat other animals. Funny how just an asteroid could change the universe and its supreme beings. If only...

It only goes to show that one instance can change the world as we know it, so we must tread with caution, because if history has taught us anything, it is that every tiny atom comes together to shape the universe we live in.GT



### **Driving ahead** The Formula Behind Consistent Progress And Development

#### Prashant Saxena & Paksh requisite skills to use science in an at-

#### Pic: Ravinder Gusain, GT Network

#### Raheja, AIS Vas 6, X

th an experience spanning over two decades in the field of IT and technology consulting, Vijay Rastogi has been a driving force for several organisations. Currently Executive Director, Sisoft Technologies, his expertise lies in development tools for mobile apps (iOS and android), Big Data and IoT. GT reporters caught up with him during his visit to Amity University, Noida for Confluence 2019. We bring you excerpts from the interview.

focus on providing people the

tempt to develop technology, which in turn enhances productivity. Drive from desktop to android The past few decades have seen the

wave of computerisation take over almost every walk of life. Even the neighbourhood grocery store now offers computerised billing. But of late, this computerisation wave has shifted from desktop computers to android gadgets. There are two reasons for this shift. Firstly, android systems are 50% cheaper. Secondly, they are mobile. This means that whatever tasks you are doing on your desktop can be done on your phone as well, facilitating efficient and effective work processes.

#### Drive from individual to society

There is absolutely no end to human desires and wants. This process of wanting more is perpetual, and it is hard to reach a point where one is satisfied and does not want any more. So, whilst you wish and work for achieving more for yourself, it is important that you do not neglect society in the process. In fact, all individual achievements are only worth it when one contributes to the



Vijay Rastogi with GT reporters

society. One of the best ways to give back to the society is to offer the gift of education. It is only education that gives one the requisite skills, which are an important pre-requisite for earning wealth; and wealth in turn, is a pre-requisite for giving back to the society. So, you see it is a cycle, where all of it comes back to the society in the end.

#### Drive from average to excellence

Don't settle for average. You must aim for excellence and go out there

with an intent of proving yourself each day. Amity already provides a lot of exposure to the youth through its various activities, competitions, seminars, conferences, etc. Always participate in them in some way or the other. Do not hesitate. Never get deterred by any of the obstacles that you find enroute. Even if you lose and you would be on the receiving end, still it gives you another kind of experience that life always cannot teach. Grab the opportunity at hand, don't be afraid and just go for it.GI

THE GLOBAL TIMES How to destroy the PLANET 101 Drive from science to technology There is a difference between science and technology. We study something in Science and when we use the same Science to find a solution to a problem, it becomes technology. For instance, round is simply a shape, a concept we study in science. It becomes technology when we use it to make it a wheel. At Sisoft, we

Vijay Rastogi, Director, Sisoft Technologies

# Largest banks likely to merge

over a merger which is considered a precursor of the country's economic as a result of Deutsche bank's manthe two largest banks in the country Deutsche Bank and Commerzbank flourishment. This possibility came have confirmed their deliberations agement decided to review its strategic options.



## BHUTAN

# Increase in tiger population

the years between 2010 to 2016, has now risen to 28, according to the lattional parks has seen an upsurge in which had doubled from 10 to 22 in est analysis. The forest officials say that this could be because of either which is one of Bhutan's oldest nathe number of tigers. The number The Royal Manas National Park, migration or new births.





### **NEW ZEALAND** ¥

Deadliest mass shootings in country's history

ried out by an Australian white nationalist have led 15, 2019. The attacks, believed to have been carwood Islamic Centre in Christchurch reeled under to the death of more than 50 people and another two consecutive major terrorist attacks on March Two mosques, namely Al Noor Mosque and Linseriously wounded.

50

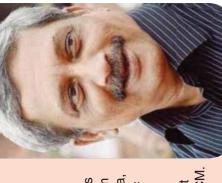
# BANGLADESH

Around 90% of road deaths occur in



enough to withstand violent storms remote islands. However, the plan has also garnered a lot of criticism The Bangladeshi government has thousands of Rohingya Muslims from severely crowded camps to since the islands are not reliable announced its plan to reposition during monsoon. Deployment of nuclear-capable strategic bombers to Crimean peninsula

**Russia:** 





who was sworn in as the CM. Manohar Parrikar, who was as the chief minister of Goa, ceeded by Pramod Sawant also serving the fourth term lost his battle to pancreatic



manufacturers in the country a 10% surge of steel goods and products to the amount produced finished and semi products and of 11 months to February 2019, steel produced last year. ð finished steel thus registere as compared In a duration



NDIA

cancer on the March 17, 2019. Parrikar was suc-Ex Defense Minister



THE GLOBAL TIMES | MONDAY, MARCH 25, 2019

**News and Views** 

low-income and middle-income countries, which have only 48% of the world's registered vehicles.



# round

GT keeps the newswire ticking by bringing you news from around the globe





Meteor explosion detected

According to NASA, a fireball blasted on Earth's atspace rock is said to have exploded with 10 times mosphere in December, but it went unnoticed because it exploded over Russia's Bering sea. The the energy emitted by Hiroshima atomic bomb.



# Flood and cyclone hit the country

affected more than one lakh people, African continent, Mozambique was central port city of Beira is the worst One of the poorest countries in the Known as Idai, the cyclone has already damaged 5756 homes and leaving at least 1000 dead. The ravaged by destructive cyclone. affected by the storm.





ews asl

China: "Played constructive role in diffusing Indo-Pak tension **>** Indonesia: Flash floods kills 42 in Papua Province **>** Sweden: Students from more than 100 countries protest against climate change simultaneously > UK: Decision on Brexit is highly unlikely to be made soon >



Pedestrians, cyclists and motorised twowheeler riders are known as 'vulnerable road users' and account for around 46% of global road traffic deaths.

**Education & Enhancement** 

**Amity Institute** 

3

### Summertime sadness

#### The (Un)successful Moves To Deal With Extra Classes In Vacations

#### Humour Unintended

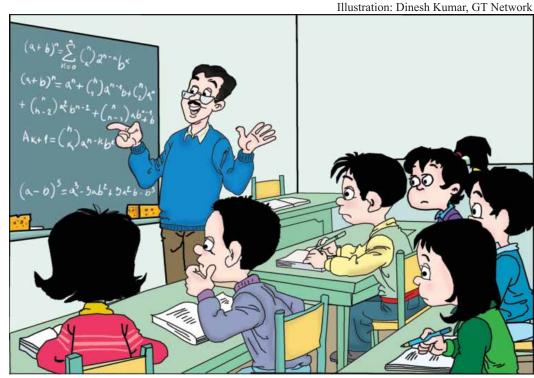
#### Garvita Batra & Aditi Suresh AIS Pushp Vihar, XII

C chool is the best place, they say, but attending extra classes during holidays is agonising, they never said. As summer vacations approach us, let's take a look at all the (un)successful tactics students try to apply to deal with these extra classes.

Strategy: Sit behind the tall kid! Move: Step 1: Choose the tallest kid in the class. Step 2: Grab a seat right behind them. Step 3: Enjoy a nice, peaceful sleep for the rest of the day.

Success rate: You think you have hit the jackpot and can now finally complete the 'sixteen hours sleep per day' cycle. This classmate, a.k.a. your new best friend, protects you from the glares of the sun coming from the window and also the glares of the teacher who is well aware that you are not paying attention. All is well in your dreamland until you start snoring, and the next thing you know, you have a 10-paged assignment to submit first thing next morning.

Strategy: Let's talk about life! Move: Step 1: Pose a philosoph-



ical question. Step 2: Watch the teacher enlighten you.

Success rate: With high hopes you distract the teacher with the right question, thinking a lecture about life is ahead of you instead of Mathematics formulae, but alas! However, fool-proof you think your strategy might be, you never know the teacher may make you stay back extra hours to complete the lecture!

Strategy: We forgot our books! Move: Step 1: Forget your books at home. Step 2: Act surprised when the teachers ask all to take their books out. Step 3: Give an Oscar-worthy performance about how the entire class won't be able to follow what the teacher is saying because you don't have your books.

Success rate: Thinking you have devised the perfect plan to create nuisance in class, you throw a tantrum about not having your book and promise the teacher that you will bring it for sure tomorrow, but your teacher, being

so much smarter than you, makes you sit on the front desk with the class topper, who, definitely has brought the book, and now not only are you sitting in front where the teacher can keep an eye on you, but she also makes you read the chapter out loud.

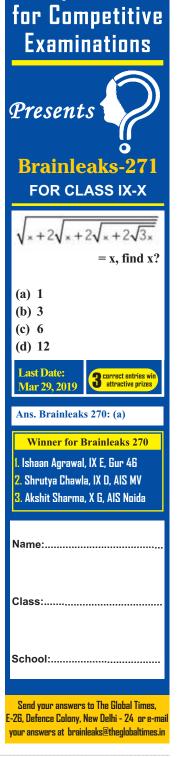
Strategy: Letters to a friend! Move: Step 1: Write your message on a piece of paper. Step 2: Ask your classmates to pass it to your friend sitting in the other corner of the classroom.

Success rate: Who needs WhatsApp, DM or iMessage when you have the good old-fashioned paper and pen? Writing your truest feelings on a chit, you rely on your classmates to send your message across, only for the teacher to grab the messenger, read your note out loud and make you the laughing stock of the class. Oh, and you are also doomed to write 'I will not pass notes in class' no less than a hundred times.

**Learning Curve** 

Strategy: Time for debate! Move: Step 1: Find an amusing topic. Step 2: Start a discussion with the teacher on it.

Success rate: "Why did the apple fall in front of Newton? Why only apple? Why not any other fruit?" are the sentences being uttered by you in order to keep the conversation going. Wanting to make the last 20 minutes pass without studying, you apply all of your knowledge only for the teacher to counter your claims easily. Instead, she, being the wonder woman she is, finds a way to connect your arguments to the subject at hand, and before you know it, you are learning all about Physics, even without knowing you are actually studying. Because, at the end of the day, teachers know how to deal with all of your tactics.GI



#### Health camp AIMMSCR

mity Institute of Molecular Medicine & Stem Cell Research (AIMMSCR) organised a Free Health Camp in collaboration with Shri Ram Singh Multi Specialty Hospital, Noida from March 13-14, 2019 at AUUP. The camp was set up to provide free medical checkup on blood pressure, blood sugar, eyesight, BMI and other health issues. Dr Sunita Singh, pro vice-chancellor, Amity University inaugurated the health camp. Dr W Selvamurthy, president, Amity Science, Technology and Innovation Foundation encouraged others to participate in the camp to build a healthier society. Dr Ritu Singh, medical director, Shri Ram Singh Multi-Specialty Hospital said that with minor changes in our lifestyles and dietary habits, we can avoid getting ill. She also discussed the significance of meditation in life. Dr Pankaj Kumar, physician, Ram Singh Hospital advised everyone to stay hydrated. More than 2000 faculties, students and staff benefitted through the checkup during the camp held over a period of two days. Courtesy: Amity Media Cell

### From your loved ones A Letter From The Ones Who Can Truly See All Your Hard Work

#### Nandika Mogha, AIS Noida, XII J

Dear Over-Stressed Child O'Mine, Yesterday, you had the finale of your year-long NASA competition. We saw you stay up each night the week before, bent over your laptop with your head in ever, you have no idea what we'd give to your hands. Last morning, you rushed out of the door after checking and rechecking all your supplies but forgot to eat any breakfast. You didn't notice that we had laid out all the good luck meals just for you - sweetened curd, pooja prashad and coconut meat. It's alright; we understand you had your mind in 50 different places. We understand you were stretched out. Personally, we are very impressed by this résumé you've built up over the last 4 years. What is it, like 20 different MUNs and 10 national-level competitions? That scholarship you won in the foreign exchange in Germany, and your consecutive posts in the student council? You've gone to the moon with NASA, to the oceans with your Hydro-Electricity Contest, and into the earth with your Climate Change Youth Power. You've already started on your college application for the Ivy Leagues and we're more proud than you can even imagine. But you see, it's getting a bit confusing for us. You say you take on all these activities voluntarily, so what's with all those murmurs we hear under your breath? "God I wish life was easier!", "Why does high school have to be so hard?" And the most frequently heard -

"Mom dad, you'll never understand the pressure I'm under!" You're right - we probably won't! Back in our days, (as you've so often pointed out) 60% in Board examinations were all anyone ever wanted and 75% called for a party. Howin front of distinguished chief guests and we can't help but wonder - if only we had the same opportunities. But we didn't. How exciting it is for us to see you do things we could only dream of.

I think what we are trying to say is that

are. When did it become more about building a résumé and less about basking in the sheer glory of being a part of such prodigious events? You're a lucky kid and you live in the creamy layer. It's time to view your activities with a sense of you've stopped viewing these activities gratitude instead of as a burden. But speaking of creamy layers, stressed spelled backwards is desserts and we've got some waiting for you. Sincerely,

trade places with you.

When we were in high school, we never worried about having too much on our plates. Because our plates were mostly empty and no one ever encouraged our appetites. We see you going out to extempore competitions, debating expertly as the fantastic opportunities that they

Your much overenthusiastic parents (and your *ultimate cheerleaders)* 

Science & Technology

About 76% of countries have pre hospital care systems, ranging from those with highly qualified staff to those that rely on bystanders.



### A planet of monsters

#### Apparently The Most Habitable Planet Is Now Uninhabitable

#### Neelanjana Jain, AIS Noida, XII J

magine 2012 the movie, but with spaceships instead of submarines and about 100 years into the future (no wait, that's the plot of Interstellar. But you do get the point, right?). What if I told you, the directors are actually time travelers who have created these movies to show us what our future looks like? But these learn-now-or-the-hardway kind of movies are only one of the solutions to the impending catastrophe that all of mankind is heading inevitably to. Another one being that all of us have an instantaneous epiphany that maybe we should, you know, NOT ruin our planet since it's kind of the only habitable planet that we know of.

Maybe if gluttony wasn't a legitimate sin (because it's not our fault that we are greedy by nature), maybe if there weren't so many resources to exploit, maybe if the ozone layer wasn't so vulnerable to all those CFCs, maybe if our planet could have been half as cool as imagine how many years of global warming it could survive?), maybe, this planet would still be half as alive. Because, there's no way that a century of industrialisation and carbon emissions (along with a lot of other emissions), reckless use of the water resources, swift deforestation to house more monsters, and inhuman exploitation and drilling into the earth's surface to extract more minerals to make more machinery to ruin the planet more, could be responsible for this mythical global natural calamity manifesting into full-fledged reality.

Neptune (-214 degree Celsius, can you How could we, the most superior and evolved species to ever walk this planet, do anything wrong? But since this weak planet has decided to kill itself, who are we to stop it? Free will, right? Instead, let's find other planets we can tame into domesticity. Just like the British that came to India to civilise us into a life of sophistication but instead left a resource deprived, burning nation with way too many communal differences. Or let's talk about those nomads who slash and burn different pieces of land as they travel. That, but on an intergalactic scale. Maybe the monsters and villains we try to battle in our sci-fi movies, (yes the terrible giants who consume one planet after another, leaving behind a trail of devastated gaseous rubble.) aren't just fictitious creatures. Maybe they're real monsters that we need to fight. And maybe, they are monsters which are inside us. Maybe, just maybe we really are no better.

#### The mysteries of space and time

#### Shubharnav Goel AIS Vas 6, VII

- Space and time are inseparable and together form the fabric of time.
- Time is a dimension in itself and forms the fourth one in space-time continuum.
- Planck time is the smallest standard of scientific measurement of time.
- The speed of light is closely related to time and remains constant.
- ■If a body is to attain 100% the speed of light, it will cease to exist according to the theory of relativity and will become pure energy.
- ■It is inconceivable to be able to travel back in time. But, according to famous scientist, late Dr Stephen Hawking it is quite possible to jump forward in time.
- The speed of light in vacuum is 186,282 miles per second. It takes eight minutes, twenty seconds for light to reach earth from sun. ■In order to travel forward in time, what one needs to do is to start moving in a circular motion at a single geographic point, at just half the speed of light. According to Dr. Hawking's theory, this would make a person essentially move forward in time by years.

### The spooky side of science

Tried And Tested Ways To Make You Jump Out Of Your Seats With A Scream!

Kushagra Yadav, XII & Vyakhya Gupta, X **AIS Gurugram 46** 

magine. Your room is filled with nothing but pin drop si-Lence. You hear a creaky sound made by a slight movement by the door. The yellow bulb suddenly starts flickering and to add to it, you spot a shadow surreptitiously waving through the plain white curtains of the room. Enough to freak you out? Well, these are the trademark ingredients to building the plot of a perfect spooky movie. And yet they manage to freak you out, every single time!



ghost creeps up on you from behind to suck your soul out. Got goosebumps?

How the body reacts and why: The play of light is quite significant in setting the mood when it comes to horror movies. These movies manipulate darkness in

#### Did you hear that shriek?

What happens: The killer is lurking nearby with a huge machete in his hand. His sound is isolated and his breath can be heard in a distant echo. Not scary enough? Here begins playing an equally creepy music, hence bringing the noise to a functionally creepy place.

How the body reacts and why: It is commonly observed that horror films are a lot less scary without the music. The use of high-pitched screams is what causes a disturbance in the sound, at the same time creating an unsettling feeling in the viewer's mind. What adds to it is nonlinear sounds (for example- a woman screaming) that again causes hormonal surges. This further leads your heart to pump blood more forcefully to the muscles. And this activity is responsible for evoking strong emotions and hence, you feel a little shaky or unsteady when you face horror with the music.

Maybe, it's just a bad dream! What happens: The character is moving through a dark and deso-

late place that escalates in intensity after each step the character takes. Wait, this is just the calm before the storm. Out of nowhere a bloodthirsty creature charges at the character when they least expect it, and an involuntary scream escapes our mouths. How the body reacts and why: While watching movies, our brains' motor regions tend to shut down. The stimulus from the horror scene manages to bypass the inactive state of the motor regions. The scare signal reaches thalamus located at the centre of our brain and thereafter travels down to amygdala at the base of the brain. This is the point from where a neurotransmitter called glutamate carries the signal deeper into the brain. This signal wakes our primal instinct, which requires us to immediately react and warn others, even before processing what

scared us. This stimulus thus causes us to exhibit an involuntarily jump or scream. Additionally, endorphins and dopamine are released after the scare.

#### Lights are out!

What happens: The light is dim, you have a narrow range of vision. A pair of big bloody eyes appear and disappear in a jiffy. It must be some hallucination, right? No, because the gruesome

such a way that they can hide the ghosts and let them suddenly appear out of nowhere. When this happens, our body undergoes muscle tension, which is one of the most conspicuous signs of fear that our body manifests. When the threat is on screen, you'll find your muscles automatically seizing up, a classic response to stress and terror and represent a signal from your body's noradrenaline to get ready for something big. Our tension starts to build up as we expect anything to pounce at us in a dark place and we prepare ourselves to run.

Even after watching hundreds of horror movies and being aware of the pattern, we cannot help but jump from our seats during all the above scenes. As much as your eyes know that it's not real, our body disagrees to work in accordance. It is but our survival instinct that becomes the target for the creators of such stories. Frankly, all it takes for them is to use certain ropes and tricks to play with our emotions.GI



An important way to reducing road-traffic injuries is controlling the rate of speed. Less than one-third of countries have taken necessary measures.

**Editorial** 

5

### Organic For a steady mind and body Holi A Globally Renowned Neurosurgeon, His Journey And His Ideas



Holi over, all of you must be high in spirits. And while you enjoyed this unique festival of colours, I want to draw your attention to this traditional festival that has been played in the most environment

friendly and eco protective way in India over so many years.

In Vrindavan, the abode of Lord Krishna, Holi is played with petals of marigold, roses, jasmine and other flowers. These are later processed to make incense sticks and ittars, sending the message of respecting nature and enjoying the festival. Another example is of how Holi is played in the state of Jharkhand. Therein colours are made from 'Palash' also called 'Dhak', 'Tesu' or 'Flame of forest' flowers, which are in full bloom at this time of the season. Traditionally, the flowers are soaked into water for four or five days, then rubbed with stones and filtered with cloth to make natural red colour. It becomes beautiful and fragrant saffron red when sandalwood and turmeric are added to it. This colour doesn't stick to your skin for long so doesn't even require lots of water to wash off, saving gallons of water which today is such a precious resource for us.

The beauty of festivals of India is that they have always been rooted into nature and oriented towards protecting the environment, bringing people together and giving back to our mother Earth. Even before the word 'organic' became the order of the day, our ancestors had devised the celebrations to be eco -friendly and natural, such rich is our heritage. Delve deeper and you will learn that our all age-old traditions are directly linked with nature and its conservation. All we need is to revive it.GI

### Kumbh lesson



My first childhood memories of Kumbh, the largest congregation of humanity on pilgrimage in a city are from Bollywood movies I grew up watching. Back then, almost every film had a character who got lost in Kumbh mela only to be reunited towards the climax. It was entertaining to watch how the kins separated would recognise each other with the help of a tattoo or a locket and then fight the villain together and live happily ever after. Years later, the success of 'Ardh Kumbh 2019' has completely changed the age-old plot. Kumbh, today, is not just a congregation of humanity but the largest temporary city constructed to host worshippers.

#### Caitanya S. Jaswal, AIS Noida, XII

r SS Kale is a neurosurgeon at All India Institute of Medical Sciences. Having treated over 800 patients, he is often invited to lecture seminars of spine surgery, nationally and internationally. He was also nominated the Course Chairman for AOSpine courses at Davos Switzerland which was attended by over 300



spine surgeons from across the globe. GT reporter caught up with him at AUUP for Convocation 2018, where he was conferred with an Honorary Doctorate. Here are the excerpts.

#### For a dream...

When I was a kid, neurosurgery sounded very fancy to me. Back then, not a lot of people took up neurosurgery as a career for the simple reason that it was a tough road to pursue. I guess that is what attracted me to neurosurgery - the fact that it wasn't easy and that not everyone who hoped to be a neurosurgeon could be one. It motivated me to work harder and achieve something that wasn't everyone's cup of tea.

#### For a healthy life...

To live a healthy life, it is important that we maintain a balance in our body as well as in our surroundings. One must strive to

achieve balance in their personal and professional lives. Achieving a balance within the body is also important. Yoga is a perfect tool that keeps our minds in sync with our bodies.

#### For a responsible job...

Neurosurgery is a job of much responsibility. If you aren't careful

> enough during delicate surgeries, people could lose a part of their body permanently, as brain and spine are the roots of our being. They are the hardware to our hormones and feelings which function as soft

Pic: Ravinder Gusain, GT Network



GT reporter interacts with Dr SS Kale

ware. Therefore, even the smallest of mistakes can easily affect the patient's mental health. But with better technology it has become easier for both doctors and patients than it was 25 years ago.

#### For our country...

India has a population of 1.3 billion people, and at 2500 neurosurgeons, there aren't enough doctors to treat them. Our nation is in dire need of good doctors – as many as we can get. Do not interpret my words to mean that all of you become doctors. From social scientists, to economists, to engineers, we need all kinds of trained people for our country to grow and doctors to help it grow healthily.GI

### **'Food' for thought**

Dr SS Kale, Neurosurgeon, AIIMS

#### Manasvi Kadian, AIS Gur 46, X A

The moon hung in the window He waited for granny to show Because little Johnny knew It was time for another story to brew

He waited for her to take him To planet of fairies and lands untold But tonight was different Tonight's story was a little grim

#### And humans are to be blamed They played their cruel game They brought Food to shame

Shammed for adding bulk Leaving Food to sit and sulk Poor Food was now left alone Devoid of its throne

On a lonely plate it lay Waiting for some to say "Let's sit and eat food" But it was a dream, and of no good

But solo dining was the new trend People had their issues to fend Family meals had gone to dust Dining tables turning into rust

Little Johnny sat there His eyes full of tears Grimacing, he said, "Poor Food Were people always so rude?"

Granny thought long and hard Then brought out a cheery card



The coming of AI Watson



#### Dear Editor,

This is in reference to the interview 'The coming of AI Watson' on page 6 of The Global Times edition dated February 18, 2019. The article perfectly describes the usage of AI in medical field. Diagnosis. surgery, and other forms of treatment, will drastically improve with AI in the picture. There will be AIs capable of designing tools to make our lives easier, and if we achieve super AI, there will inevitably be a technological and intellectual singularity. However, even though the idea of an AI solving world problems, we need to be careful about how we create AI. It has the potential to bring us to utopia as well dystopia, to the point where we can't differentiate between the two. Why? Well imagine an AI as smart as a team at MIT. Due to the simple fact that electrical circuits run millions of times faster than neurons, in a week, AI would have done calculations worth 20,000 years. It is not necessary that AI will be malignant. It could be that our plans differ and we may be annihilated just as we kill ants. Or best case scenario, we don't die.



Thousands of labourers created an instant metropolis, stretching over 20 miles and accommodating over 30 million people. With over 9 parking lots, 30 police stations, 50 fire stations, 14 allopathic hospitals, 35,000 toilets and numerous charitable camps, Allahabad became 'the largest pop-up city in the world' to be built over a sandy plain.

Kumbh mela has become a case study for scholars from Harvard. They study the uncertainties of vegetable vendors, logistics of flowers, city planning, disease surveillance and business risk management something which no business school will teach them otherwise. Really Kumbh is a chalice of alchemy and wisdom.

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This was a story of taste Of flavours compromised with haste A tale of untold glory And so she began the story

"Once upon a time When meals were prime In the land of human beings Food was the eternal king

Everyone did as was told To hunger, the humans bowed Food was always picked Over everything that existed

But then...things changed

It hopped from meal to meal Breakfast, dinner, lunch But nobody had time to munch There's always something or the other

Sometimes a client's haul Sometimes a phone call Sometimes even a TV show But, Food was never in tow

No longer the king Food was sad and low Always looking for a family So that his taste he could show



"Well, Food had happy days too Dressed in fancy plates and hues

People sat around and stared 'Click' 'Click' was heard Instagram-able they said There were 'likes' for fancy spreads"

"He must have jumped like a bee," Said Johnny, his voice with glee "Well, the king was still sad This wasn't worst, but still bad

Sure, he was clicked And for once he was picked But it was click of tongues That he longed for

Food sat on the same plate Again something none ate Once again, it went from hot to cold Its misery manifold

Little Johnny sat there Something in his eye, maybe a tear He went to the dining table Now fully understanding the fable

Picking up the plate Every single morsel he ate This time, he relished each bite And understood food and its plight<sup>G</sup>

Kreetik Thakur AIS Noida, X K G THE GLOBAL TIMES | MONDAY, MARCH 25, 2019

**Get inspired** 

Wearing a seat-belt decreases the risk of death among front-seat passengers by 40-65% and can reduce deaths among rear-seat car occupants by 25-75%.



# No apologies for the disruption

#### TEDx, AIS Gur 46 Drove Home Messages From Various Leaders, Each Reiterating

EDx is a global platform that invites motivational speakers from varying walks of life. Here, each of the speakers, through their riveting personal accounts, enables the audience to see the bigger picture of life, and make them realise that the glass is always half full and not the other way around. Every year, Amity Schools also organise their very own version of TEDx, in an endeavour to encourage and prepare its young minds for all the hurdles that they might come across in their course of life ahead. It is thoughtprovoking and inspires the students to be change-makers and make the world a better place.



AIS Gur 46 on November 22, 2018. In its third make disruption a norm and not an exception!

isruption – the word may ring in tunes of edition, the event centered on the theme 'Disruphindrances and obstacles, but it is what tion: making a paradigm shift', reiterated how enables one to explore the road less disruption, though a momentary setback, is the taken. Unleashing the hidden potential of these way forward. TEDx Youth 2018 is an effort to very disruptions was the TEDx talk organised by 'disrupt' the conventional ways of life, an effort to

#### Begin now

**Disruptor:** KG Suresh, Director General, Indian Institute of Mass Communication

A paradigm shift: "Just like Bangladeshi poet Kazi Nazrul Islam, I was a born disruptor. In early 60s when I was six months old, I developed polio which doesn't allow one to walk or run. But today I'm standing here doing the same. I disrupted the common notion about polio and that is why I am a great supporter of disruption. Disruption has always been a negative word but today, I will talk of ethical disruption. It happens when you break rules or conventions for good. I remember when I was young, I asked my father to change my name to KG Suresh which is short of 'Keep



wanted to be known by my name and not by my caste or

Guessing Suresh'. I always Also, my father is a civil servant and expected me to be one as well, but I had somecommunity. Now, that is thing else in mind. I dreamt what we call breaking rules. of becoming a journalist.

cided to be in this field and was the first journalist in my family. But see how life changes, at the peak of my career, I came back to be a bureaucrat which usually no other journalist thinks of doing. But despite of being criticised, the institute which I head has been ranked number one mass communication institute in India by two mainstream organsations. From my experience, I can say that disruption is all about changing mindsets, and changing the thought processes. To bring about change, being disruptive is key and to be a successful disruptor, I'll give you three mantras: begin with yourself,

begin small and begin now."

Being a disruptor, I de-



rora, Political Editor, Outlook A paradigm shift: "Disruption as a term has a negative connotation. But each disruption even in its negative connotation, brings about a change. This one time, I went to a school in Delhi to judge a short story competition. There were a lot of entries but there was one story by a Class IX student that stood apart. I told the teacher coordi-

Disruptor: Bhavna Vij Au- as the best entry. But surpris- not have disruptors like Maingly, the teacher coordinator hatma Gandhi, Subhash Chanrefused to acknowledge his dra Bose, Bhagat Singh etc, Disruptor: work. One, because it did not India would have taken some comply with the set format of a more decades to attain freedom. short story. Two, because this child was a troublemaker. The disruptors - people who create, child won the first prize eventu- people who think, people who I the confidence to write even ally, but the point is that it was this disruptor who had initiated the disruptors who push the na- I reer in journalism. When my a debate between the judges and tion forward, who push humanthe organising committee to ity forward. So please be up with a scholarship probring about an alteration in the disruptors. The country needs it. gramme which offered a full nator that we have adjudged this set standards. In India, if we did And the world needs it."

It is the time for disruption and

### Not by fluke

Ayushman Jamwal. Senior News Editor. CNN News 18

**A paradigm shift:** "I was a knowledge about news. So, I told writer in school, but I didn't have inspire, people who invent. It is though I was considering a caschooling got over, NDTV came scholarship for a three-year jour-

nalism course at Cardiff University to one person across the nation. I was not sure if I had good my parents that I will not register for it because I don't want to be embarrassed with my lack of knowledge. But my mother registered for the same behind my back. And since, 9 out of 10 competition and got the full News18."

scholarship. Slowly and steadily my own ability, my own zeal, my interests in what I was doing started unfurling before me. I got a clear picture that I can really make a career in writing or in news. After many ups and downs, memorable experiences, numerous internships and a lot of hardships, now, I stand here, betimes parents are right, I won the fore you, as the Editor of CNN



Get inspired

The Need To Disrupt. Here's Presenting The First Part Of This Two-Part Series

### Following passion

#### Disruptor: Bhuwan Chauhan, IFBB Pro

A paradigm shift: "Out of the total number of students who say that they want to be doctors, lawyers, or engineers, only 5% are actually passionate about that profession. And the rest are just doing it because it is the norm. I, too, was one of them. I travelled abroad to get a degree in engineering. Being good at sports, I joined a gym. When people started asking me for tips, I realised that I could help people. I wanted to take up bodybuilding as a profession. But it was not easy for me as I was hit with the typical question from an Indian parent: "Bodybuilding karke kya karoge?" As an engineer, 4 months into the job, I realised that this was not what I wanted to do. So, I had only one option left: making my own way. I started bodybuilding and won show after show. Within one year I was IFBB pro, and I did this whilst keeping my job. I had a job, went to the gym for two hours two times a day and slept for only 3-4 hours. I was passionate about what I was doing, and the hard work eventually

10

2. au



ferent. You have to create a disruption for yourself and ask what drives you. People will always tell you to follow the norm, but paid off. You have got to be dif- you must always remember three

words: passion, purpose, and profession. Find your passion, make it your purpose, and that, **I** a dancer. Today, I am a classical eventually, will become your profession.



### Challenging conventions

**Disruptor:**Pratibha Prahlad, Bharatnatyam Dancer, Padmashri Recipient

A paradigm shift: "From the very beginning, we were taught to follow the rules and diktats of the society. But, I was a natural disruptor. I was even suspended from school. Continuing with this attitude and coming from a family of academicians, doctors, etc.,

early in my life, I decided to be

ways say, I bridge classism and contemporaneity. In a country like India, almost 75-80% of us are compliant to systems that are already set up. We have a bureaucracy which is non-creative and non-understanding of how civil society works. The idea of disruption for change and creativity is a new paradigm for our conditioned mind sets. To bring about this change, having a new idea is important. dancer of a conventional dance Then comes the commitment form, but I have made some un- and the discipline to see your

conventional life choices. I al- commitment come through Disruption is being able to make a tectonic shift in what you be lieve in and make some change in what is happening around. is creativity, challenging conventions as well as authority. To conclude, I'd like to quote what I have lived with for several decades "It's not important to exist but to live." When you exist, you follow the norm, bu when you live, you follow you heart, dream and passion. It very important to live your



### For the better

Disruptor: Deepika Arora, Founder, Rosaoui HotelCo Private Limited

A paradigm shift: "Disruption in dictionary means something that prevents you to continue as usual or as expected. So, it actually means disturbance. Throughout my life, I have faced disruption in some way or the other. The first one came when I was a born as a girl in a family where a first child is always prayed to be a male child. This af fected me. I always wondered what it is being a boy and due to this disruption, I forgot to focus on my career. My second dis ruption came, when I decided to study architecture by getting inspired from a woman who was a beauty pageant and had **Disruptor:** Captain Ankur Bahl, architecture as her professional qualification, only to realise that both these things had no relation with each other. My third disruption | A paradigm shift: "I was just a was a disturbing one. I was only 24 years old regular guy who served in the merwhen I lost my younger brother, to whom I I chant navy for twenty years, and then was extremely close. There was a tragedy in joined the family ship-chartering busithe house due to which my parents lost the **i** ness. My stint in mountaineering desire to live and it was at that time that I had to become the 'man of the house', something which I did not choose. But, all of these disruptions helped me to be the way I am today. I gether. For the same, I trained for 6 These 'disturbances' assisted me to shape my life in a manner which I hadn't thought of. I leap. On December 31 2011, we both Today, my hotel chain is counted amongst the topmost international hotel brands in whole 19,341 feet. When I came back, India. So, to conclude, no matter where life my perspective about life changed. I takes you, just go with the flow."



Mountaineer and Director, Globus Marine Services Private Limited

started when I was about to take a big step in my business. My wife and I decided to climb Mount Kilimanjaro tomonths and then we finally took the summited Mount Kilimanjaro, the realised that along with professional

success, there was more that I wanted to achieve in life. I wanted to attain higher peaks. I came across numerous obstacles in my journey of climbing the Seven Summits. Slipped discs, high blood pressure, and even the Nepal earthquake could not deter me from my goal of scaling the Everest. It was May 19 2016, when I climbed Mt Everest at the age of 55. I remember saying that day, that if I were to die tomorrow, I would die a happy man. It is with this experience that I stand before you all, being able to spread the message, to never stop pursuing your passion. Having a disruption in your way only helps you to find a new direction and follow your passion."

THE GLOBAL TIMES | MONDAY, MARCH 25, 2019

The use of child restraints (infant seats, child seats and booster seats) helps in reducing deaths of children by 65% in the event of a crash.



### **Cavern of screams**

Junior/Senior



#### Aarushi, AIS Gur 46, X

i, I'm Amy and I'm fourteen years old. I live in Ferry South Hill, North Britain. Not that you would you have ever heard of it. It's a one-horse town, comprising handful of houses, scattered around an utterly dull landscape. We had more people, but they've been going missing each year. It's weird, how even after a good rainfall this town looks like it never contained life. The grey sky just adds to the dullness, making it seem like the world is about to end. Not that the end is far off anyway for the people of this town. There is this old couple who lived next to my house, which I called the Cavern of Screams. Why? Because that's all that comes out of it.

The couple that lives there, Ethan and Linda Hill, both in their sixties, hardly ever stepped out. What is odder is when the screams started, it always sounded like someone was trying to muffle them, but they always got louder - louder until they

would pierce your ears; louder until I couldn't handle them anymore. That was it. I went over to their house, no one usually dares to. Poor old Ethan was actually surprised. This was the first in a long time that they had a visitor. The interior of their house looked like something out of a 1970s movie. Everything was 'vintage'. "I'll get you some water," Ethan said and left for the kitchen. Suddenly, the screams started again. My whole body began to shiver. The noise was deafening and made me

I was keen to go inside. The interior of their house looked like something out of a 1970s movie. Everything was 'vintage'.

want to run out. I almost did, but Ethan stood between me and the front door. "Why would you leave so soon? C'mon I'll take you upstairs to meet Linda."

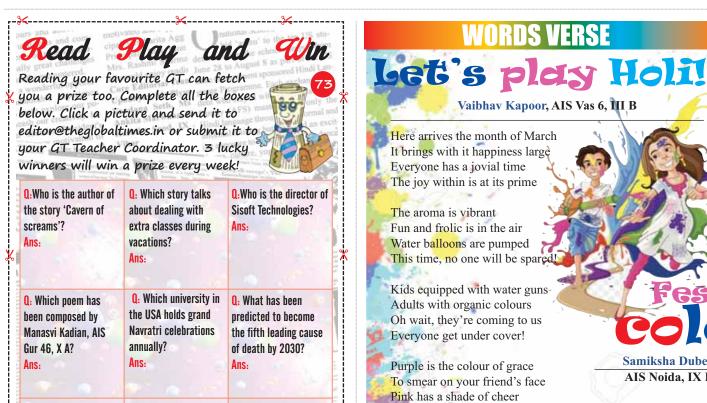
With each step on the staircase, the screams got louder. As we reached the bedroom door, I could feel my head getting lighter. I'd never been this scared before and I cried as Ethan was about to open the door, "I don't want to die today. Please let me go home. This was a mistake." When I opened my eyes, Ethan looked surprised. The screams

had stopped. With a confused look in his eyes he said, "What are you talking about, kid?" "About the monsters you har-

bour, the ones that keep screaming so loud."

"Did you just call us monsters?" "My child, we're opera singers and we need constant practice. We're not monsters."

I have to admit, that has been the most awkward conversation in my fourteen years of existence. So, I ran back home as fast as I could and never saw the Hills again, saving myself from the embarrassment. GT





Vanshika Chaudhary, AIS PV, X C

#### Ingredients

Milk	l cups	
Sugar (granulated)	1 cup	
All-purpose flour	~	
Baking powder	<sup>1</sup> / <sub>2</sub> cup	

#### For the frosting and garnish:

Mango puree	<sup>1</sup> / <sub>2</sub> cup
Cream cheese	2 pkt
Butter (unsalted)	1 cup
Sugar (powdered)	2 cups
Vanilla extract	2 tsp
Mangoes (medium)	2
- · · · · · · · · · · · · · · · · · · ·	

#### Method

- In a small bowl, mix granulated sugar and milk.
- In a separate bowl, mix flour and baking powder.
- Now, transfer the flour mixture into the first bowl, slowly mixing it together. Once the batter is ready, pour it into three cake tins and bake them at 350 degrees F for 25 minutes each.
- Take the tins out of the oven and let them cool for minimum 10 minutes.

#### For the frosting:

In another bowl, mix cream cheese, butter, powdered sugar and vanilla extract.

#### stival of Samiksha Dubey Merriment has begun

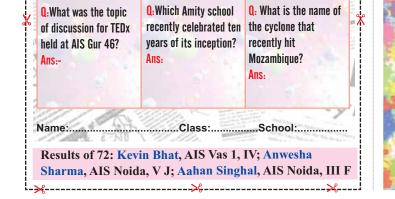
AIS Noida, IX K

The festival of colours

To bubble up inside As guests start arriving From far and wide

Whip up this mixture so that your frosting is soft and easy to spread. Now, take the first cake on a

- big plate and spread mango puree on it.
- Place the second cake on top of it and repeat the same.
- Now place the third cake on the top and cover it with frosting. Spread it evenly on the top and the sides.
- Vour cake is now ready. For decoration, peel thin slices of mangoes and place them on top. You can also add some dry fruits on the edges. Enjoy your summer special mango cream cake!



Play with it without any fear

Yellow has a vibrant glow Makes everyone go with the flow Red becomes the colour of love To bring together all of the above

The festival of colours showers bliss A day full of moments, not to miss Everyone comes together to enjoy Spreading love and smiles, aboy! Is approaching near

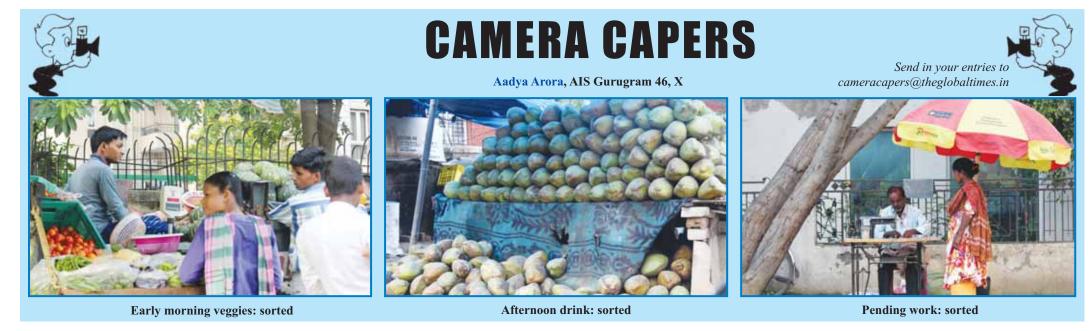
Those who love cleanliness Now begin to fear

Rangoli making competitions Announcing their winners Excitement is eating me up Just like in a thriller!

Vendors selling colours Of all shades and kind Hot gujivas are prepared In the kitchen side by side

Water-filled balloons Thrown on the streets People are enjoying Their sweet treats

It's such a fun day With cheer all around Everyone sings and dances On the joyful sounds!G



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 Hostel Fees: ₹ 4,000/-(including Breakfast/ Lunch/ Dinner)

For application form please contact, Amity University Summer School, G-02, E2, Ground Floor, Sector-125, Noida (New Delhi NCR) Tel: 0120-4735612/13 | Mobile: 97-176-94609, 88-268-38620, 70-422-92134, 70-422-92142 | Email: summerschool@amity.edu | www.amity.edu/summerschool



#### Ages: 15-28 months



# Learn, Laugh, Explore!

Share precious moments of bonding with your little one!

#### 75% of your toddler's brain develops before the age of 3 years.

At this crucial formative stage, a lot of learning happens naturally during a toddler's play and





exploration. However, research indicates that some explicit instruction from observant and sensitive adults is required to build on a toddler's emerging literacy, numeracy, social, creative, musical, physical and cognitive skills.

At **amitofs**, we create enriching learning opportunities for you and your toddler by setting the scene for developmentally appropriate activities through free play, circle time, creative arts, music & movement and storytelling under the guidance of our experts.





Drunken driving cases in India has seen a steady rise. The number of accidents saw a rise of 1.68% just in the first quarter of 2018.







### **Celebration of cultures**

#### Annual Day Marked Decade Of Multi-Ethnic Learning

#### AGS Gurugram

elebrating ten years of its inception, Amity Global School Gurugram, held its annual day on February 18, 2019. The cultural spectacle was graced by the presence of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, Dr Atul Chauhan, Chancellor, AUUP & President RBEF and the heads of all Amity International Schools and Amity Institutions. Mahesh Balakrishnan, IB development and recognition manager (North India) was chief guest on the occasion. Rejoicing Amity Global School as a boulevard of multicultural

learning, the event saw students from Class Nursery-XII participate in a musical extravaganza which highlighted inter-cultural understanding and imbibition of the spirit of 'Vasudhaiva Kutumbakam' by students.

School principal Arti Gupta presented the annual report highlighting ten years sojourn of AGS Gurugram. On this occasion four prestigious awards for excellence in various fields were also bestowed upon the students of Class XII. Late Baljit Shastri award for all round best student was given to Abhilash Chandra, Dhananjay Mohan award for Science, Creativity and Innovation went to Dhruv

Nambiar, Europa India Foundation award for sports was given to Sidhant Mathur and Vedvati Vidyalankar award for best effort to adopt Indian heritage and values went to Rahul Jain and Shreya Ganesh.

School band gave a mellifluous live performance and dance performances like Kuchipudi, Bihu, Ballet, Hawaiian, Hip-hop and Contemporary enchanted the audience. Students also gave live performance of sports like fencing and archery.

Highlight of the day was the play 'Quintessence of Uniqueness' which showcased the importance of a teacher in the life of a child. It emphasised upon the signifi-

cance of mother tongue, sharing of different cultural experiences and gave a futuristic peek into the world of robots. Live poetic rendition of Maya Angelou's poem, 'Still I rise' gave the play a spirited vehemence while the live music rendered by school choir and orchestra added melody to the play.

The founding team members of AGS were also felicitated on this occasion for their dedicated services and contribution to the school. Eminent dignitaries from various fields, parents and students everyone enjoyed the gala musical celebration of ten years journey of learning and cultural exchange at AGS. GI

### Nurturing go-getters **Keep Striving For Stars**

THE GLOBAL TIMES | MONDAY, MARCH 25, 2019

onsecutive academic success at Amity Group of Schools in CBSE Boards, is a result of an excellent planning and strategising by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF that keeps students motivated to reach the pinnacle of their potential and win the stars.

One such initiative is the 'High achievers meet' held through the year which has ensured that Amitians bag top three positions at all India level and churned out state toppers with many scoring cent percent in different subjects. High achievers meet held in clusters, blesses and motivates exceptionally bright students to keep up their spirits and score well in final board examinations. During the meet, senior officials and academic experts from Amity Group of Schools meet the parents, students and teachers and give them impor-

tant tips regarding stress management, importance of sleep, meditation, diet management, presentation of answers, stress on English language, prioritising studies, highlighting important points in answers and some other key points while writing their exams.

Wassup

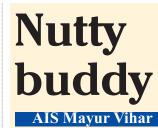
Handholding the high achievers during exam times is an important collaborative effort of Amity, its educators and parents. Some key strategies to help students include centralised question banks for revision, specialised question bank for high achievers only, centralised question papers for preboard exams, block teaching / target teaching of bright students in which teachers work on their grey areas, etc. Regular observation of class room teaching methodologies, guiding of teachers and regular teacher's training is also imparted to teachers as per latest CBSE guidelines.



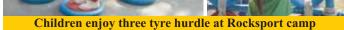








AIS Saket



### Rocksport

#### Play To Learn And For Fun

n an endeavour to provide holistic learning imbued with simultaneous physical, mental and social development of young Amitians, adventure sport activities under the aegis of 'Rocksport', held for Class I-V across all branches of Amity Group of Schools. Rocksport adventure camps introduced by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF aim at instilling virtues like team work, sportsmanship, learning to lose and win with grace, exploring the world around and developing fine motor skills in children. This year, Rocksport camps held from November-February, 2019 saw the little ones participate in an array of exciting adventure activities like hop scotch, commando net, commando crawl, zorbing, rope ladder, Burma bridge, hamster wheel, tug of war, rock climbing, three tyre hurdle, wall climbing, tent pitching, flying fox, laser beam, double rope bridge, spider net, river crossing, sumo fighting, etc. Such fun and thrilling activities combined with equally enthralling team names like Amity Dragons, Champions and Camp Rockers kept the tempo of little Amitians high. The activities not only developed their motor and fine skills, but also all the four aspects of emotional intelligence. Indeed, the camps were a great place for young Amitians to enjoy adventure in life. GI

class activity was organised on February .22, 2019 for Class I-IV. Children learnt about different types of nuts like cashews, pistachios, almonds, etc., during the activity. They also came to know about some amazing facts related to variety of nuts and dry fruits they see around. Students shared 5 different nuts with their 5 friends in the class including the class teacher. Child with maximum number of nuts was declared the most popular student. Children enjoyed as they learnt about different nuts, enhanced their presentation skills and also imbibed the value of sharing with friends.



ith a vision to make young Amitians savvy about digital transformation, a 'Tech club', an information security initiative of Amity Education Group in collaboration with 'Cyborg Cyber Forensics & Information Security' (CCFIS) was organised for the students of Class IV-IX during the session 2018-19. Aim of the club was to teach students nuances of cyber forensics and artificial intelligence through hands-on experience. The resource person, Abhinav took 50 hours of classroom learning comprising 2 hours of class per week during entire academic session. At



the end of the course, all the participants gave presentations based on different aspects of cyborgs and artificial intelligence. GI

### **In-house sports day**



#### **AIS Noida**

n in-house sports day was held for Class III on February 15, 2019. Children partic-Lipated in various activities and games. This helped them to develop their gross motor skills as well as honed their team work abilities. Each race was a sure test of their physical fitness. Children enjoyed the eventful day as they played with and also cheered for their friends.Winners were felicitated with gold, silver and bronze medals. School principal Renu Singh and headmistress Manisha Pathak congratulated the children and appreciated their zeal and excitement.

Variety

Road traffic injuries are predicted to become the fifth leading cause of death by 2030. All top quotes contributed by Varya Khosla AIS Noida, VIII



Illustration: Ravinder Gusain, GT Network

### Take An Indian Out Of India But You Can't Take India Out Of An Indian!

#### Vidhi Batra & Pankhuri J., AIS Noida, XII

India, the second of the most populated countries of the world, holds a mass of 1.2 billion people spread across an area of 4.4 million sq. km. Despite such a large number living within the subcontinent, there are about 15.6 million more of us, scattered across the globe. While our forefathers often express their dismay on the migrated population's choice to do so; what we often overlook is how these people, instead of leaving behind their cultures in their homeland, have actually carried them forth, alongside their ambitions.

#### A little bit of India

Singapore attracts people by its plethora of job opportunities. Indians too responded to the beckon call of this city by establishing 'Little India' in Singapore. Step into this district to be tempted by the aromas of Indian cuisine wafting, mesmerised by colourful shops selling everything Indian ranging from handicraft to spices, as you soak in the chants from mosques and temples resonating through the corridors. Not restricting themselves to Asian countries like Singapore and Phahurat market in Bangkok, Indians have a legacy of leaving 'Little Indias' in Canada, USA and London.

#### Celebrating the firangi way

Be it New Jersey, Illinois, Texas or California, temples across these cities usually host a Diwali night that sees priests performing customary prayers followed by a vegetarian communal dinner. Bigger cities also hold a Diwali parade in some parts. Wesleyan University in USA takes Navratri celebration to another level as it encompasses a range of events like *dandiya* nights, henna parties and celebratory feasts, all of which glorify the quintessential Indianness.

#### Satiating the Indian appetite

Craving for desi cuisines overseas? Fret not! Indian flavours have made their way to global platters. Case in point: 'Punjab'. This restaurant in US stands true to its name as it attracts thousands of customers dying to get the typical Punjabi taste. Another eatery called Delhiwala has made waves with its *chhole bhature*. But that's just a starter! From samosas crowding Times Square as potato cones or golgappas making their way to New York as spicy water balls, there's plenty for the Indian firang.

#### Finding peace in piety

No matter how far we travel, religion and spirituality have always kept us grounded. Ontario Khalsa Darbar stands testimony to this very fact about Indians. Being the largest Sikh temple in Canada, this gurudwara attracts a large population residing in Canada. The Angkor Wat temple in Cambodia is devoted to Lord Vishnu and that's not it. This temple has been declared as the largest religious monument of the world. The IS-CKON Soho temple in London is one of the calmest and cleanest places the city.

While many leave behind their values and customs to mix in with modernity of the 21st century, we, Indians blend it with tradition. We may be the citizens of the world, but no matter where we go, we will remain Indians at heart.







### **Five stages of ideation** Did The Bulb Of Your Brain Light Up Too?

#### Vyakhya Gupta AIS Gur 46, X

et's face it. A good idea never shows up when we really need it. But when it finally does, there can be a completely unprecedented turn of events.

#### **Stage 1:** The epiphany

Just when you have gotten comfortable in your cozy blanket and warm bed, waiting to fall asleep, a stroke of night-time genius darts across your cerebral cortex. A dazzlingly brilliant idea pops out of literally nowhere. The sudden awakening of the fact that no one could have ever thought of such an outstanding, innovative and brilliant idea hits you with an air of self-satisfaction and pride.

**Stage 2: You're on the moon** Now, you start thinking of the future. It doesn't really seem too far away when you are on the stage, receiving the award for your 'idea of the century'. Ah, how beautifully your idea will transform your life into a 'from rags to riches' story. All the forces of optimism fill you up to the brim and the whole world appears to be cheering for you, waiting for you to come back with that nobel prize.

**Stage 3: Reality check in 3, 2, 1** Oh wait, did it suddenly strike you that an idea needs to be invested with time and a lot of effort and doesn't shape on its own? As waves of shock and disappointment crash over you, you realise that you will need to actually get down to real work anyhow. Well, after three and a half futile drafts and hours of scratching your head, you try to console yourself by saying, "I guess it was never my kind of an idea anyway." **Stage 4: The case of sour grapes** When that feeling of whole-world-iscollapsing has finally subsided, you start questioning yourself and the very practicality of the idea. "Was it even worth all this headache? What was I even thinking? Did it even make any real sense? Was it even feasible to give it a thought?" An existential dread accompanies the careless shrug of the shoulders.

#### Stage 5: Eureka returns!

A week later, your brain's bulb is turned on again, fresh with a fabulously new idea. And there you are, stuck in a cycle of ideas and eventual failures, which goes on till infinity. Yet again, you force your mind to brainstorm, and go through the same stages over and over again, "Incubation, illumination and evaluation." And thus, the endless cycle of ideation continues.

Vardaann Gautam Malhotra, AIS PV, Class I poses with his copy of The Global Times in front of one of the spirit houses in Bangkok metropolis. Known for its skyscrapers and shopping malls, this city has a commonly found feature of spirit house. These doll sized houses placed on pedestals located on auspicious sites allow people to worship and give gifts & offerings to the spirits to appease them.

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