

INSIDE

Inclusion in education, P3

THE GLOBAL TIMES



A bright cloud coming up!

Whenever Tradition Meets Technology, An Innovation Takes Birth

Riya Jain, AIS Noida, XI K

rom steaming hot Hyderabadi biryani to the aromatic *adrak* waali chai accompanying pakoras, it would be hard to argue against the fact that India is indisputably a food-fanatic nation. In a country bursting with gastronomes, like you and me, it becomes a given that the food industry must always be on the lookout for innovative ways to progress. In the era of the internet and technology, when our generation, even the ones preceding us, are acclimatised to having most of the facilities at our doorstep with one click, it would be indeed intriguing to be introduced to a booming concept called 'Cloud Kitchen'. If you simply imagined a floating restaurant in the air or an eerie kitchen that gives nightmares, this would be the right time to clear all your doubts!



Cloud kitchens are also known as ghost kitchens, virtual kitchens or even shared kitchens. The concept, as astounding as it sounds, simply signifies delivery-only restaurants with no seating/dining space. To put it more precisely, this contactless customer model focuses on off-premises service only, delivered mainly via third party apps. Be that as it may, where does the concept originate from? We all are conversant with the fact that the word 'cloud' has been used to refer to the processing of a data centre in technological terms. Taking off from this very idea, occasioned the start-up of these virtual restaurants. In 2003, Rebel Foods, backed by Sequoia, started its first business, Faasos, the oldest cloud kitchen of India. Today, Rebel

Foods has over nine brands and is valued at 525 million USD in the market! Hence, although in the background, cloud kitchen had already started making its mark with

A cloud on the horizon

ready home to a number of cloud

kitchens, but the concept had gone unnoticed until the great pandemic dawned on us. For example, the cloud kitchen arm of the food-delivery application Swiggy opened with much fanfare in 2017 and received hundreds of crores in investments. However, as COVID-19 permeated across the globe, shutting down

still finding its footing in the industry, took a hit. What went wrong? While ordering from virtual kitchens was inexpensive, in the current pandemic situation, consumers prioritised health and hygiene to cost. In a survey conducted, it was proven that 53% people preferred ordering from restaurants that they have previously visited. Therefore, physical visibility played a key role in building trust in the consumer's mind.

A cirrus uptake

However, once people started to come to terms with the new situation that was presented in front of them, they also warmed up to different alternatives to make the most of this new normal. As a result, these delivery-only restaurants started to witness an accelerated growth yet again. The gross market value of India's cloud kitchen

market was estimated at 400 million USD in the year 2019. Once it took momentum during the pandemic-hit era, cloud kitchens are now expected to grow at a compound annual growth rate of 35% and be worth 2 billion USD in 2024. This hike in popularity is predomi-

nantly due to the fact that cloud kitchens do not need to market themselves, but gain exposure via delivery apps. In addition, they can also adapt quickly to consumer behaviour. This could also be attributed to the rise in social media marketing and cheaper promotion methods. Thus, we can safely say that cloud kitchens have a bright future ahead of them!

Continued on page 6...

History this week, P7

Do you think that surveillance, whether under a provision of law or otherwise, is a violation of the fundamental rights of citizens?

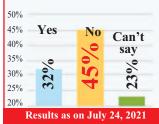
a) Yes

b) No c) Can't say

To vote, log on to www.theglobaltimes.in

for GT issue July 19, 2021

Do you think the European Union's ban on the sale of fossil-fuel cars, as part of the broad climate package, will be effective in reducing carbon footprint?



Coming Next Friendship Day Special an unseen approach.

Perhaps unknown to many, India is al-

normal functioning, the cloud kitchen,

The role of media

Discussing The Challenges Of Being A Journalist with Barun Jha

Tanish Jain, XII B, AIS Gur 46

he world as we had known it has transformed. But even as the winds of change continue to blow over every aspect of our lives, there are some things that remain unchanged. The media and the role it plays in our lives is one of them. In fact, if anything, the pandemic has highlighted the need for a free press even more for it was the media that kept us well-informed of the crisis at hand. Barun Jha, national editor, Press Trust of India, in an exclusive interview with GT, talks about the role of press and its evolving faces in the current scenario. Read on as we bring you excerpts.

The inspiration

I was a science student studying Mathematics at Banaras Hindu University. A friend of mine, who was working under the local 'City Cable', asked me to help in his journalism work. During that time, journalism wasn't as widespread, the only exposure in it was establishments like these. And so, I worked with my friend there for a while and that is where I found my calling.

The field of journalism comes with a lot of pressure, but it is this pressure that keeps us going. People trust us and so, any factual mistakes can be detrimental. For instance, typing mistakes, also called 'fat-finger mistakes', are a big blunder. They can create a 'multiplier effect', which means that one small error can spread like fire within minutes. Even if we fix the mistakes in few seconds, still the false information would've gone through thousands by then, inducing panic, which is the last thing we want in times like these. Moreover, false news spreads exponentially because now we have a number of social media platforms disseminating the news at a fast pace.

The evolution

In terms of size, the journalism industry has grown a lot. Earlier there were only a few cable channels but now there are hundreds of them. Magazines have sadly lost their mark, but have been replaced by news focused websites. Due to digital marketing, the industry is earning more money than ever but at the same time, the quality of journalism has not improved much. There are only a handful of media houses who come up with quality news. However, this is



a transition phase and I hope that when this phase is over, we will have a lot more quality media outlets.

The digitisation

Digital tools are a big advantage in the media. For instance, before digitisation, in case of a Supreme Court hearing, a reporter had to go to the court, take notes and get a copy of the order. Today, when the court passes an order, it is uploaded on the court's website, providing easy access for the reporters to find the relevant information. This is applicable to all such announcements. It also allows for easy communication; reporters can now file reports from the scene, where earlier they had to come back to the office to do so. But on the flip side, digitisation and the arrival of so many news sites have made it difficult for media and the readers to sort through correct and quality reporting.

Journalists play a big role in informing the common people about vaccines, research and giving all the essential information during a pandemic. Specially in this pandemic, social media is crucial in giving information, but at the same time all the information is not correct. Therefore, it becomes the responsibility of the journalists to verify and give out Barun Jha, National Editor, Press Trust of India right information to the people.

The balance

Journalism is no doubt a difficult job. It is about events coming unannounced, because if everything is planned and scheduled then it is not exactly journalism. Ninety percent of the news comes unplanned, therefore you have to be ready and be aware 24/7. If you are in political journalism or criminal journalism, anything can happen anytime, so you have to be prepared. Therefore, journalism requires a lot of time and energy, and balancing your personal life and work gets a bit tricky.

The advice

It is very important to start reading and writing from a young age. Read physical newspapers daily, irrespective of what time of the day it is. That said, try to avoid digital newspapers as much as possible because digital platforms are filled with all sorts of distractions. Even if you prefer digital news, read quality content available on some good apps for reading from different writers across the world. Also, write in a simple language which is easy to grasp and understand because simple writing is the best way to build a readership.

India This Week

Dhruv Banerjee, AIS PV, XII G

hile we sit on our couch just breathing, a lot of things happen around us, and sometimes in our very own country. We bring you the ones worth mentioning.



Karnataka to offer courses in Kannada

News: In line with the New Education Policy, Karnataka government has planned to offer professional courses like engineering, medicine, etc., in its re- | PM inaugurates new projects in Gujarat gional language, Kannada. The decision came after the All India Council of Technical Education gave News: PM Modi inaugurated projects worth over consent to a few undergraduate courses to be offered 1,100 crore INR in Gujarat in an elaborate digital in 11 regional languages. The translation work of the I ceremony which the Home Minister and the CM curriculum for the same is well underway, and is all of Gujarat also attended. The projects involved the set to be functional in Karnataka from the next aca- revamped Gandhinagar railway station, a new 5demic year (2022-23).

Views: This move by the Karnataka government inaugurated a couple of new railway routes, such would not only help provide quality education to I as the Gandhinagar-Varanasi weekly superfast more students, but it will also increase Gross Enrol- train, as well as a new broad gauge rail line. ment Ratio in higher education. In addition to this, Views: Prime Minister Modi has consistently proit will also motivate private institutions to use Indian moted developments in various Indian states since languages as a medium of instruction, and offer his election in 2014; these recent developments in bilingual programmes, thus promoting their usage. I Gujarat are just an additional proof of that. For ac-But there's always a flip side to everything. Teach- I tions such as this particular inauguration are beneing in regional language can restrict job opportuni- ficial both in terms of attracting tourism to the ties, and create barriers later on as it would only be state, as well as in further modernising the rail-



Jammu and Kashmir imports 1st luxury boat

News: In a bid to resuscitate the water transport culture in Jhelum River, the Jammu and Kashmir

government has imported its first luxury boat, as part of Centre's Swadesh Darshan scheme. Equipped with air conditioning, music system and television, this 30-seater 'Bus Boat' has been made keeping in mind the needs of the people and is currently undergoing trial runs. An additional 10-12seater luxury pontoon boat and a 14-seater rescue boat has also been brought in to enhance the overall transport experience.

Views: Over the past one and a half years, coronavirus has not only adversely affected our lives, but has also bedevilled many industries, for instance, the tourism industry a great deal. This initiative then would not only enhance the water travelling culture in the Jhelum River which is the heritage of Kashmir, but it will also entice more and more Navy gets MH-60R Maritime helicopters tourists and as a result, accelerate the revival of tourism in the state.



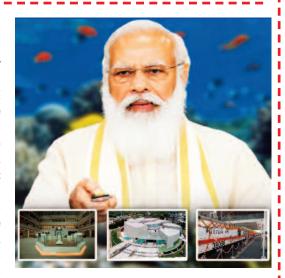
News: The Indian Navy procured two MH-60R Angad Singh Ahuja, AIS PV, X C | Maritime helicopters from the US on July 17, out of the 24 such helicopters that are set to switch hands in order to strengthen cooperation and interoperability between the navies of the two countries. Also known as Seahawk, these helicopters have a diverse range of operational skills in all kinds of weather and would give a much-needed boost to our combat capabilities. Joint training sessions with the US Navy would take place soon in order to supplement this deal.

> Views: Moves such as this have two-fold advantages. Firstly, procurement of new and advanced defence technology is definitely a huge boost for our armed forces as it helps to further solidify our status as a military power. Secondly, this is an interesting dynamic in terms of foreign policy; military coordination with USA exhibits a possible stronger USA-India alliance, which could be a move to efficiently counter the growing influence of China. Apart from that, it also reflects positive ■ Biden administration.

Shyla Basu, AIS PV, XII C

star hotel atop it, and several new trains. He also

ways, which is of course an important mode of Maahi Ahuja, AIS PV, X C ■ transportation in India. Apart from modernisation,



the new routes and lines also help in expanding the scope of railways and increasing physical interconnectedness across the country.

Sohum Basu, AIS PV, XII G

Around The

GT keeps the newswire ticking by bringing you news from around the globe

CHINA

Heavy rainfall causes floods Torrential rainfall in China's central province of Henan

wreaked havoc in the country as it caused landslides, flooding, and killed at least 25 people. The streets and subway were inundated and as a result, at least 200,000 residents were evacuated in Zhengzhou. With photos of the horrific event filling social media, it is said to be the worst flood the country has witnessed in 1000 years.



SOUTH KOREA

BTS as 'Presidential Envoy' President Moon Jae-in has appointed the boy band BTS



as 'Special Presidential Envoy for Future Generations and Culture' where they will be representing the country at the 75th UN General Assembly and other conferences. The band also broke various records this week as they became the first band and the second artist in the world to replace their own debut song at Billboard Hot 100 charts.



USA

Blue Origin's flight to space

In the very first passenger flight taken up by Blue Origin, Jeff Bezos, founder of the company, took a trip to space that lasted for ten minutes. He was accompanied by his 18year-old brother and an 82-year-old aviation pioneer the youngest and oldest people to ever travel to space. The flight took off on the 52nd anniversary of the Apollo 11 moon landing, and with it, he became the second billionaire to ride his own spacecraft.

NETHERLANDS

World's first 3D-printed steel bridge

The capital city Amsterdam has unveiled the first ever 3D printed steel bridge installed over one of the oldest canals, Oudezijds



Achterburgwal. The 12-meter-long steel structure will gather information on temperature, air quality, vibration and displacement with the help of sensor network, and disseminate the data on its health. The bridge will help its creators understand how a 3D structure works in the real world.

AUSTRALIA

Brisbane to host 2032 Olympics

The Australian city of Brisbane has been chosen by the International Olympic Committee to hold the 2032 Olympics, making it the third city

in the country to host the event after Melbourne and Sidney. The decision was taken after 72 delegates voted on the matter of the Games of the 35th Olympiad, and to celebrate the news, cheers and fireworks erupted throughout the city.



Olympians test Covid positive

Fernanda Aguirre, a Chilean taekwondo athlete, has withdrawn from the Olympic tournament as a result of testing positive for Covid-19 on her arrival in Tokyo. She was travelling from Uzbekistan, where she had been preparing for the event, and the officials have said that she is currently 'asymptomatic and in good health'. Candy Jacobs, a Dutch skateboarder, has also tested positive and was 'heartbroken' to pull out of the Games.

News Flash

Saudi Arabia: Dozens of female soldiers appointed to be a part of the security services in Mecca during Hajj for the first time ► England: UNESCO announces the removal of Liverpool's Maritime Mercantile City from its list of World Heritage Sites



The Harvard University Library has four Law books that are bound in human skin. The term given for this is anthropodermic bibliopegy.

Education & Enhancement

Inclusion in education

Laying Emphasis On Inclusion Of Disabled Students

Aanya Narula

AIS Vasundhara 1, X A

illidren form the backbone of every society as they are the ones who carry the social and cultural legacies of their country forward. And education plays a vital role in preparing the younger generation to face a world full of challenges and opportunities. No wonder then, the right to education is one of the most important fundamental rights inscribed in our constitution. But when it comes to children with special needs, we have surely faltered as a nation. Unfortunately, children with disabilities are yet to find a secure place in the conventional educational system on a large scale. The best way that has been deemed appropriate so far, is to impart education to these children within a separate system, exclusive of the mainstream educational model.

However, this arrangement lacks a lot even though we are making huge strides in all other areas of economy and society. Education for disabled children falls short in terms of infrastructure and implementation both. If we want to develop fully functional and efficient educational institutions for them, facilities like transport, study material and assistive equipment also need to be taken care of. Also, these have to be provided in a manner that is feasible and suited to their special needs. While it is definitely the task of the political class and the community to provide equal facilities and opportunities to such children, their families also need to play an equally important role in not allowing any discrimination. More often than not, families succumb under the pressure of caring for the



child's physical needs alone, and education simply takes a backseat.

In such a scenario, the way to move forward would, perhaps, be to combine the important aspects of both regular and special education for such children. Not just education, but the environment in which these children can learn, needs to be special too. It has to be full of encouragement and empathy, not pity or sympathy. Qualified and well-trained teachers who understand and motivate them to break the barriers of the body and mind are the need of the hour. This is not to say that some of these children cannot flourish in a conventional surrounding, but research has

shown that they thrive better when they start in a milieu designed for their particular needs, especially when they are younger. Across the globe, laws on human rights seek to directly tackle these issues by placing obligations on states to respect, protect and fulfil the right to education of people with disabilities through the implementation of 'inclusive education'. Education has taken a giant leap with time and we, in India, have made remarkable achievements in this field too. But now it is time that planning and providing exceptional learning for disabled children becomes part of our future goals as a fully integrated country. GI

Book Review Rake in that review

Book: Wonder Author: RJ Palacio Published on: February 14, 2012 Genre: Fiction

Synopsis: "You can't blend in when you were born to stand out." This statement defines the story of a 'normal' boy with a not so normal face. August Pullman, a ten-year-old boy, suffers from Treacher Collins syndrome, a rare genetic disorder that causes facial deformities. August is a homeschooled fifth-grader living in North River Heights in Upper Manhattan with parents. The book takes you on an emotional roller-coaster ride as the reader goes through his journey of attending a normal school for the first time after being homeschooled for several years. The writing is simple and easy to understand. The book gives all the perspectives of different characters, and this helps the reader appreciate that there is always more than one side to any story. This is a truly memorable story of compassion and courage as it centers around a kid who is living in a world that's not used to people looking different. It is the journey of learning to be comfortable in one's own skin.



Why is it worth reading: The book has the power to move hearts and change minds. It will help you accept and love yourself just the way you are. It highlights the importance of qualities like kindness, friendship and courage. Most importantly, it instils you with the feeling of hope and makes you realise why everyone deserves a standing ovation at least once in their lives (a little spoiler here, so go grab your copies of the book right now and read it to understand this completely). Iconic quote: "What is beautiful is good, but what is good will soon be beautiful." **Rating:** 4.5/5

Review by:

Navanshi Agarwal AIS Gur 46, Alumna

Edition 1: Faculty Enrichment Programme

An Insightful Session For Educators To Adopt Technological Knowledge In Class

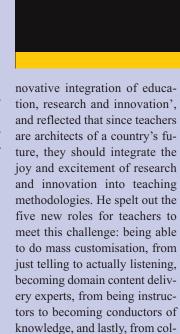
A snapshot of all the luminaries present at the virtual event

Amity University Haryana

he event: An online sixday session of the first 'Faculty Enrichment Programme' organised by the Amity Academic Staff College at Amity University, Gurugram, was held from June 21-26, 2021. The objective: To encourage teachers to become agents of change by adopting cutting-edge skills so that they are at par with national and global standards of technological knowledge. Also, motivate them to think critically and creatively, collaborate with others, and communicate effectively with students.

The beginning: The programme was inaugurated by Padma Vibhushan Dr RA Mashelkar, founder chairman of National Innovation Council and former director general of CSIR, in the presence of Dr Aseem Chauhan, chancellor, Amity University & additional president, RBEF; Prof P B Sharma, VC, AUG; and deans, heads of institutions, a large number of faculty members and students from various universities and institutions from across the country.

The words of wisdom: The inaugural address Dr Mashelkar set the tone of the event. He vividly enunciated about 'The paradigm shift of in-



lecting dots to connecting dots.

Adding to it, the former lead

technologist of NASA Johnson

Space Centre, Dr Kumar Krishen, reiterated about the 'I3LP concept' which translates into Inspiration, Imagination, Inclusion, Leadership and Perspiration. He threw light on many interesting aspects such as the purpose of life, having compassion, love and truthfulness, and also dwelt on how knowledge is power and the way one can translate it into wisdom.

More words of wisdom were shared by Dr Aseem Chauhan, who reiterated that teachers play a pivotal role as leaders and, therefore, they should also work as mentors. He pronounced that teachers should have the ability

to adopt and work with innovative technology to improve learning outcomes. He emphasised on the efficient implementation of National Education Policy (NEP), with a refreshed focus on research and experimentation-oriented learning. Further, Prof Syed Ehtesham Hasnain, former VC of University of Hyderabad and Jamia Hamdard University, shared his experience on accelerating research and innovation in the field of science and technology. Prof PB Sharma, VC, AUG, expressed that the aspirations of new-age learners need to be properly understood in order to

redesign higher education system. He stated that the ongoing digital transformation has to be accepted fully to radically reform the learning environment. While coordinating the event, Dr Sanjna Vij, program director, Academic Staff College, AUG, mentioned that learning is a continuous and never-ending process. She also articulated that through continuous learning, aspiring faculty can constantly improve and update themselves. The other luminaries: Dr

Kumar Krishen, former lead technologist, NASA Johnson Space Centre; Dr Pankaj Mittal, secretary general, Association

Teachers need to regularly upgrade their knowledge base as well as technological skills. Much of this upgradation should be self-motivated."

Dr Aseem Chauhan

To remain relevant you have to learn, unlearn and re-learn throughout your work life."

Dr RA Mashelkar

"Teachers and technology together shall create a bright future for humankind."

Prof PB Sharma

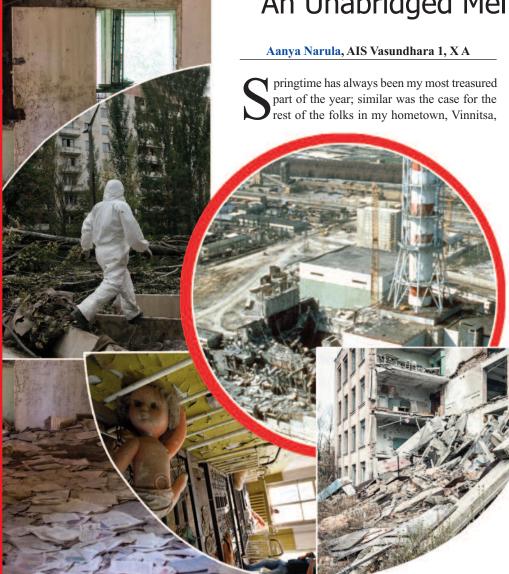
of Indian Universities; Prof Syed Ehtesham Hasnain, former VC, University of Hyderabad and Hamdard University; Prof Gunjan M Sanjeev, director, International Affairs; Rear Admiral KK Pandey (Retd.), HR director, AUG; Dr W Selvamurthy, president of Amity Sci-Technology Innovation Foundation; Dr Ajit K Nagpal, chairman, Amity PA-CIFIC Forum; Prof Padmakali Banerjee, Pro VC, AUG; Dr Vikas Madhukar, Dy PVC, AUG; Prof Rajendra Prasad, director, AIB, AUG and Prof I S Thakur, dean, Environment Sciences, ASEES, AUG.

The longest sentence to ever be printed in literature is contained in Victor Hugo's Les Misérables. The sentence consists of 823 words.



A nuclear accident

An Unabridged Meltdown Of The Chernobyl Nuclear Disaster



Ukraine. For there's nothing more hopeful, more lifegiving, more rejuvenating than the season of spring. Howbeit, the spring of 1986 was considerably different; pallid if I may! All owing to a tragedy that took place at the Chernobyl nuclear power station, about 180 miles away from my dwelling place; a tragedy that is deemed as the worst disaster in the history of nuclear power generation.

I was 4 when this happened. I remember going to sleep whilst enjoying the fresh zephyr on the night of April 25, 1986. However, at 1:23 am, a loud thud woke up the entire village from its deep slumber. Nobody knew what was happening until a few weeks later when it was reported that a somewhat atrociously designed experiment at Chernobyl's Reactor Unit 4 failed, leading to several explosions. The technicians and workers involved had shut down the reactor's power regulating system, and other

> emergency safety apparatuses, all while allowing the reactor to continue running at 7 percent power. As the core thus went out of control, the reactor exploded, spewing about 3 billion curies of radioactive material into the atmosphere that was further disseminated far and wide by the air currents.

As one belonging to the neighboring city of Vinnitsa, I can still distinctly recall the heightened dubiety and worries during the time of the explosion. It was a turmoil. And by the time the news reached us, we were already exposed to about 190 metric tons of uranium dioxide, iodine-131, cesium-137, and plutonium-239, none of which occur naturally, and all of which are extremely dangerous for humans.

Though mass evacuations followed immediately after, the Soviet government made several attempts to cover-up the situation. Having failed at that, by May 4, attempts to contain the radionuclides were initiated, but not without risk to the workers or labourers involved in the task. As a final nail on the coffin, an exclusion zone, covering an area of about 4143 square km, was formed around the plant later that year, that, according to the scientists, would not be habitable for up to 20,000 years because of the intensity of the disaster.

As a few months thus passed, people began to fall ill and many eventually died as was projected. Reports say that no more than 54 people lost their lives because of the accident, the speculations of possible deaths caused by the radiation effects, however, go up to 2,00,000. Even my grandmother developed cataract due to the high exposure of nuclear radiations. An umpteen amount of people got thyroid and cancer. Additionally, many young men and women became infertile as reproductive organs are most vulnerable to nuclear radiations. I fell victim to the radiations as well; my immune system was severely compromised as the radiations altered my cells and decreased the production of T-cells which help our body fight diseases.

Now, it's been 35 years since the Chernobyl tragedy, but the horrors of that disaster are still fresh in my memory. Though I, along with my family, moved to Hungary shortly after, the disaster did change the course of life for many, including us. Even though I am leading a healthy life today, a mere thought of the disaster brings back feelings of fear and trepidation.

Truits and vegetables make up the largest chunk of our nutrition. However, their role is not just limited to a wholesome diet. Their significance permeates across economy, environment, health and social impact, proving how they are, in fact, essential commodities to attain a sustainable world. Keeping the same in mind, the United Nations has designated 2021 as the International Year of Fruits and Vegetables to make us cognisant of the diverse roles that they undertake. Shaking hands with this goal, GT brings you a brandnew series, wherein every part will

explore the various facets of one

it is important to preserve these

precious gifts of nature.

fruit or vegetable, highlighting why

Lavishya Banerjee AIS VKC Lko, VIII B

Jack of all fruits

Hey! My name is: Jackfruit I am also known as: Artocarpusheterophyllus and

About me

- I belong to the fig, mulberry and breadfruit family of Moraceae.
- I am the largest fruit in the world that comes from trees, because I can be as heavy as 36 kg. 90 cm long and 50 cm wide.
- My mature trees can produce around 200 jackfruits every year, whereas older trees can bear
- I am a multi-purpose fruit and can be enjoyed in different ways and cuisines.
- My name comes from Portuguese 'jaca', which is actually derived from the Malayalam word
- I am higher in vitamins and minerals than apples, apricots, bananas and avocados.
- I have a distinctive sweet flavour, and because of my texture, I am hailed as a meat substitute by vegans and vegetarians.
- I can be eaten raw or cooked as a sweet or
- My trees have a lifespan of 60 to 70 years.

What I offer

- Water 72 g
- Protein 1.2 g
- Fat 0.1 g
- Carbohydrates 16 g
- Fibre 1 g
- Minerals 0.87 g
- Calcium 20 g
- Magnesium 27 g ■ Phosphorus - 38 g
- Potassium 191 g
- Sodium 2 g
- Iron 0.5 g
- Calories 155

UN International Year of Fruits & Vegetabl

I can help you with

- Protection of cells from damage
- Cancer
- Heart diseases
- Cataracts Macular degeneration
- Constipation
- Diabetes ■ High blood pressure

Where you can find me

- I am native to the Western Ghats of southern
- India, Sri Lanka and the rainforests of Malaysia. ■ I am well-suited to tropical lowlands which is

why you'll usually find me blooming throughout the tropical regions of the world, especially in South Asian and Southeast Asian cuisines.

■ I am the national fruit of Bangladesh and Sri Lanka, and the state fruit of Indian states like Karnataka, Kerala and Tamil Nadu.

My different avatars

- Black gold
- Cheena
- Cochin
- Dang Rasimi ■ Golden nugget
- Golden pillow

Why I fear climate change

I am considered as the most sought after replacement for many crops like wheat and rice which suffer due to climate change; a lot of research and studies showcase that I am one of the least suffering fruits and can even become everyone's saviour in tough times. This is because I am easy to grow and can survive pests, diseases and high temperature, but still due to climate change, the rainfall I get has been dwindling. If I am not irrigated properly, I cannot bloom properly! GIT

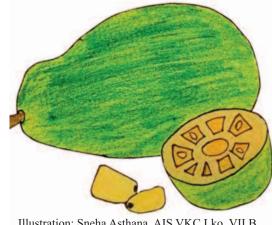


Illustration: Sneha Asthana, AIS VKC Lko, VII B



From Garbage to Gold

The Global Times is pleased to be a part of the The World Teenage Reporting Project on Climate Champions. An initiative of Youth & News Media Prize, the project showcases noteworthy stories by teenage reporters from around the world focusing on what their cohorts and other adults have been doing to save the planet. Presenting the story 'From Garbage to Gold' by GT reporters, Ayushi Jain and Riddhi Rastogi. Last year, The Global Times took part in the project that showcased stories by teenage reporters from around the world about what their cohorts were doing to help during the COVID-19 pandemic.

To know more about the The World Teenage Reporting Project visit -

https://www.globalyouthandnews mediaprize.net/

Break The Glass Ceiling But Do Not Throw It Away!



Pic courtesy: Tashi Srivastava, Photo editor, The Global Times

ccording to a report by India Today, our country produces more than 1.50 lakh metric tonnes of solid waste every single day, 80% of which remains exposed and untreated. In merely 30 years, we have doubled the amount of waste we produce, and Gurugram, the technological hub of the country, is definitely one of the leading culprits. To hold up a mirror to such a world and make them conscious of how their garbage could be turned into gold, Samadhaan Hub came into existence.

We recycle what we use You should do it too!

To make people aware about increasing waste that was the main idea behind Samadhaan Hub, a recreational park in Gurugram, Haryana, that houses various artistic installments created purely out of waste thrown away by common folks. "85% of the waste people throw away is not actually waste, it's a resource," says Smita Ahuja, founder and the mastermind behind Samadhaan Hub. "Gurugram's waste has steadily increased in the last ten years, and it is not a problem that an individual can solve alone, which is why we created something where each citizen can contribute their 'waste' which would end up being an asset." The team installed three large bins for separate items at various residential areas, schools, offices, etc, which ask for garbage items made of plastic, glass, metal and e-waste.

Thought-provoking messages were put around the dustbin to sensitise the audience towards waste generation. The team also got in touch with

Meet Ayushi Jain, a Class X student at Amity International School, Gurugram 43. The sub editor of her school, she finds her penchant in interviewing people who are committed towards bringing a social change. She is also actively involved with Protect Your Mom,

an organisation working towards breast cancer awareness. When not writing, Ayushi is busy grooving to John Lennon and The Beatles.

Ayushi Jain

Riddhi Rastogi

Riddhi Rastogi is a high school student (XII) at Amity International School, Gurugram 43, and also the editor-inchief of The Global Times, her school newspaper. She is an avid reader and is very passionate about writing on important issues that plague mankind.

She's the secretary of her school's Interact Club and has helped organise various webinars on mental health awareness during the pandemic.

About the Authors



From well-established architects to young artists; from students to corporate employees; from local citizens to RWAs, the spirit of community was carried forward even whilst creating the installments out of the waste collected. "A lot of people were uncomfortable touching waste initially, but once they truly connected to our message, the process commenced and we were able to finish our project," reminisces Smita Ahuja. It is only with this dedication that the park, which was once thought to be a weird concept, today enjoys the attendance of at least 400–500 people a month.

local scrap dealers, and after 15 days, they had

"Everything in the park is made out of waste, whether the art pieces or the pathway, and that



has only been possible because of everyone's involvement. Our city needs multiple Samadhaan Hubs, so that none of the dry waste, which can be a resource, ends up clogging landfills. To spread awareness about the same, we even conduct regular workshops on waste management called Upaaygiri, which cater to all groups. We even organise online sessions that promote waste segregation and recycling."

The mountain of garbage blooms **Up to us to save Earth from doom!**

"Simply put, the park is an aid to help you understand the problem and find the solution accordingly. We use as much waste as we can, and give up the remaining for recycling. From PVC to soft plastics, clothes, shoes, utensils, everything is sent to be reused, whether in the fashion industry by companies like H&M and Adidas, or to make sanitary napkins for the underprivileged.

We use art to send our message across to the world, because when people look at the Toxic Chamber, one of our installations, they can hardly believe that it is five years worth of plastic waste from just one family. When you see something like that, it makes you realise your own actions." From nature we came, and to it we shall return, and it is with the same message that Samadhaan Hub continues to make Gurugram, India, and this world a cleaner place, one recyclable waste at a time.



Flow charts of world's waste production and segregation statistics at Samadhaan Hub





Spirit of excellence



Dr Amita Chauhan

Excellence is a way of life at Amity. However, excellence at Amity is not merely restricted to achieving new milestones. It is also about setting exemplary standards as a human being. This is perhaps why every achievement at Amity is not just a

product of hard work and discipline, but also empathy and compassion. It is this holistic approach that has catapulted Amitians into winning one award after another, both at the national and the global level.

Raghav Pardasani, Avishi Sahoo and Vanya Tandon are three such changemakers for whom excellence goes beyond merely academics or extra-curricular activities. Winners of the Pramerica Spirit of Community Awards-2021, they were felicitated for their voluntary community service that helped make a difference in society. These children took upon themselves to herald the change they want to see in the world by addressing problems like water wastage, deaf culture and burning of crop residue. It is heartening to see how these youngsters were moved by these situations, so much so that they were inspired to find answers to these problems that went on to become award-winning projects.

If their first effort has brought them this far, I can only imagine how fulfilling and enriching their future is going to be. The beauty of their thoughts and the kindness for their fellow beings are qualities that will be a guiding light for their cohorts. I look at these achievers with pride, not only because they have won this prestigious award, but also because they have adopted values I deeply care about. Indeed, excellence lies in the virtues we practice, the ideals we live by and the idols we get inspired by. At Amity, I am assured we will constantly hold up these high standards for the world to see and admire.

Pursue your passion



When I discovered through newspaper reports that the newly appointed Minister for Railways, Ashwini Vaishnaw, has donned multiple hats in his eclectic career, I was truly impressed. He first studied engineering and then went on to become a civil servant, an

entrepreneur and a corporate leader, prior to making it as a successful politician. His passion, apparently, lay in serving the nation through a political career, a calling that he never forgot even while he was pursuing other professions.

This set me thinking about my interaction with several students at Amity who showed great flair for writing during their tenure as GT editors, but chose to become doctors or engineers in their professional life. Did they give up their passion for writing? Not really, because a writer is always a wordsmith at heart. Today, we live in a world which is evolved enough and gives us ample opportunities to be who we are. One does not have to necessarily choose between one's profession and passion. A doctor, exposed to pain on almost a daily basis, may find relief in a touching poem. An engineer, whose main task is to build inanimate structures, can surely bring many stories to life, and why not? A bona fide example is that of Dr APJ Abdul Kalam, who was a scientist but his passion always lay in teaching. Even as the President of India, he kept his zeal for teaching intact through his interactions with children. The key is to keep the flame burning. For wherever you are and whatever you do, if you have a passion for something, you will always make it happen. GT

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A rising cloud

When Tradition Meets Technology, An Innovation Takes Birth

Continued from page 1...

A cloud on the rise

In the year 2018, UBS, a Swiss investment bank and financial services company, released a report stating that most meals will be ordered online by the year 2030. With its low operation cost, low risk, and competitive pricing, cloud kitchens present ample opportunities and scope to cast its impact across a wider audience in the times to come. With nearly 44.6% of Indian population already being the consumers of online food services, cloud kitchens may prove to be the ultimate need of the hour. However, what remains to be seen is who will survive intense competition in the years to come these ghost kitchens or the traditional brick and mortar restaurants? Probably, we can also expect both to co-exist and serve their consumers with a more balanced approach.

A dread in the clouds

While this is quite a promising technological conception, cloud kitchens bring with them several challenges. The first of these is a weak relationship with the customers as there is no physical visibility. It is this lack of physical presence that keeps them under wraps most of the times. Secondly, as compared to food outlets, these cloud kitchens have fairly limited customers. To add to it, non-tech savvy people find it complicated to access cloud kitchens using the internet. Totally dependent on technology, these invisible kitchens have to find innovative strategies to be afloat. Thereby, if cloud



kitchen must stay in the game, it ought to brave the dark clouds and be indispensable to the audience.

A silver lining in the clouds

As per the UN Food and Agricultural Organisation, it is estimated that 1.3 billion tonnes of food is wasted across the world every year. Unknown to many, one tonne of food waste prevented can save 4.2 tonnes of $\rm CO_2$ equivalent. Moreover, the overall food wastage in US and Europe is enough to feed the world three times over. Now, where does cloud kitchen stand in this discussion? Much to our surprise, cloud kitchens have the potential to curb

food wastage through their data driven mechanism. Attributing to their delivery-only system, cloud kitchens can easily predict demand, and manage inventory accordingly. Consequently, cloud kitchen can turn out to be a small yet highly impactful step towards mitigating food wastage!

And that said, in a rapidly-changing world, we are undergoing a massive transformation in the way we exist. Now, with up-and-coming concepts such as cloud kitchen, we can certainly hope to see an immense modification in the way we live, more so, a substantial difference in the way we eat!



Searching the original

How Original Is Originality, Anyway?

Shagun Jain & Khushi Girdhar, AIS PV, XII

riginality is usually attained by following an expansive procedure. More often that not, this procedure entails moulding the origin of the original matter. Consider your opinion on Article 370 for example. Positive or negative, it has been opined after reading certain facts, watching certain videos or through media. So can we really say that it is 'your opinion' or has it been created by certain elements of the society? The same could also hold true for creative work. Can we consider the generated ideas totally original? Or are they derived/inspired from somewhere? From the writings of Shakespeare to the paintings of Salvador Dali to Bollywood remixes, the depth and the authenticity of the so established 'original' material can be suspected...

The new original

The idea of modifying other's work is the new definition of original that is being absorbed vehemently by the society; and with the grace of ample data easily available on internet, gradually, originality is losing its identity. The formula of C2P (Cut, Copy, Paste) has become the very first step to accomplish any project be it one's holiday homework or a speech to be presented or a proposal to be campaigned upon. Any creative sojourn commences with a visit to the thy holy Google baba.

The struggle to be original

Being an artist can be a laborious job because the ideas come a little late, or they don't come at all, which increases the probability of the idea being repeated. Someone has rightly said, "Nothing is ever original, but simply repackaged ideas from other fields of interest or re-workings on older concepts." Everything under the sun has at least once been written about and analysed. There can be original ways to express ideas and concepts, but the actual subject on which the ideas are based off cannot be completely original. Mark Twain once wrote, "The kernel, the soul...the actual and valuable material of all human utterances is plagiarism."

Authenticity, not originality

We encounter things every day that may or may not be as original as we think they are. For instance, Vemodahlen is the frustration of photographing something amazing when many identical photos already exist. The same sunset, the same raindrop...we think it is unique. But how unique is it, really? It is merely a raindrop, merely the same sun, isn't it? At the end of the day, originality can only be judged by vigilant audiences who can sieve pertinent facts and critically see the beauty of original products. The motivation to take the time and energy to come up with your own 'original' ideas is diminished if you can just pilfer other's work and pass it off as yours.



Dear Editor,

This is in reference to the article 'A million queries' on page 10 of the GT edition dated July 19, 2021. The said article addresses many questions the public has regarding the safety and efficacy of the



COVID-19 vaccines that have been given clearance. It lays out the unfiltered facts and proves to be immensely useful for those eligible to get a vaccine. Such a factual and descriptive write-up couldn't have come out at a better time than this, when people are still unclear about which vaccine to get, and if they should even get one. The article sends us off with the memo that the "brand" of the vaccine doesn't matter, and we should all put our efforts into getting whichever one is available as soon as possible. Thank you, GT, for providing us with the most relevant information and for coming to our rescue like you always do.

Ananya Mittal, AIS Vas 6, X B

Dear Editor,

This is in reference to the article 'Losing its cool' on page 4 of the GT edition dated July 19, 2021. The article sheds light on how the overexploitation of natural resources can completely transform



global ecosystems and jeopardize everything that surrounds us. Furthermore, it reminds us of the several complexities that humanity and the flora and fauna would inevitably face if we don't unite and make combined efforts to combat climate change. But in the end, there is still hope, hope to undo these damages before they become irreversible. I would like to thank GT for making us aware of the dangers and consequences of climate change, as well as for urging us to resolve these issues

Aashna Bhalla, AIS VKC Lko, X A

this

eeks, years, decades, centuries...as time goes by day by day, the world keeps progressing into a newer direction. But as our eyes always stay glued to the telescope, trying to get a glimpse of the shining future we work so hard to create, it is important to take a break and appreciate how far we have come. Let us look back at the pages of history falling between July 26-Aug 1 that played their role in shaping our society.

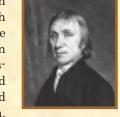
Dr Frederick Banting and Charles Best were able to successfully isolate the hor

mone insulin for the very first time, marking an epic achievement in the history of diabetes treatment. The duo was able to isolate insulin in dogs, pro-

duce diabetes symptoms in them, and then provide insulin injections that produced normal blood glucose levels. The research took place at the University of Toronto, and within one year, the medicine was created where 14-year-old Leonard Thompson became the first person in the world to receive an insulin injection as treatment for diabetes.



English chemist, Joseph Priestley became the first person in the world to discover oxygen and explain why and how things burn.



With his discovery, he presented the breakthrough in science that proved that air is not an elementary substance, but a composition, and one of the gases in the composition is a 'colourless and highly gas' that he named 'dephlogisticated air', that soon came to be known as 'Oxygen'. He also noticed that plants release oxygen into the air, a process known as photosynthesis.

The world of



Summer Olympics, cially known as

the Games of the IX Olympiad, began as he established the Italian Fasces of in the city of Amsterdam, Netherlands. I Combat in 1919. He is marked to be The event saw a number of firsts in one of the reasons for World War II. Olympic history - the first ever His actions caused the international

Olympics to be organised under the IOC presidency of spread of fascist movements during the Henri de Baillet-Latour; the first ever Olympic Flame was war. He, along with most of the minislit, a tradition that continues to this day; the first time I ters and officials of the Italian Social where the parade of nations started with Greece, the coun- Republic, was shot and killed in 1945 try where Olympics originated from, and ended with the in Switzerland by Italian partisans, host country; the first to feature a fixed schedule of sixteen long after the first attempt to assassidays; India taking its first ever gold in field hockey, and it I nate him failed in April 1926. was the first event to bear the name 'Summer Olympics'.

The world of entertainment The wor



2019

Old Town Road, the song by Lil Nas X featuring Billy Ray Cyrus, broke the record for longest consecutive run in the Number 1 spot

on the Billboard Hot 100 chart. The song, which dethroned Mariah Carey's One Sweet Day as it spent 19 weeks at the top and even won two Grammys, was originally removed from Billboard's country charts, sparking a controversy on treatment of non-white artists. Yet the success of the song broke all records, and even led to various remixes that featured great artists like Diplo, Young Thug, Mason Ramsey, and RM of BTS.



The first novel, The Fellowship of the Ring, in The Lord of the Rings series was released. An epic fantasy by the English author J R R Tolkien, the story was written as a sequel to The Hobbit, and went on to become one of the best-selling

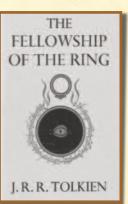
books of all times with over 150 million copies sold. The other two parts, The Two Towers, and The Return of the King, were also released by 1955, and together they have been translated into at least 38 languages and have also been named Britain's best novel of all time in BBC's The Big Read.



1951

by Lewis Carroll, Disney Productions,

was released. It was the 13th animated film by Disney, and was originally countries and even individuals. Even meant to be a live-action and animated though the day was set in cement in film, but the idea was changed to an all- 2011, the idea of a friendship day animated feature in 1946. The movie was considered a dud at its initial release, but on its re-release, it gathered national civil organisation that cama massive following and even saw its paigns to foster peaceful culture own merchandise and home DVDs. The I through friendship. India, too, celemovie is now deemed as one of Disney's greatest classics and even led to live-action adaptations in 2010 and 2016.



The world of politics





1953



The Italian journalist and politician The Korean Armistice Agreement was who founded and led the National Fassigned which finally ended the ongocist Party, Benito Amilcare Andrea ing Korean War and divided the land into South Korea and North Korea. It Mussolini, was born. He served as the Prime Minister of Italy from 1922 until was designed to 'ensure a complete cessation of hostilities and of all acts his deposition in 1943, and is recogof armed force in Korea until a final nised as the leader of fascism in Italy peaceful settlement is achieved'. The treaty established Korean Demilitarised Zone, the de facto border between the nations, in order to put a stop to hostility, and returned all prisoners of war. The agreement was signed by UNC, North Korea and China, but South Korea never actually signed it due to the then President Rhee's refusal to accept the failure of uniting Korea.





Based on the Alice in I The United Nations General Assem-Wonderland books bly designated the date as the annual International Alice in Wonderland, Friendship. The day was proposed an American ani with the idea of being thankful for mated movie by Walt I the friendly relationships created worldwide that promote peace, happiness, and unity between different was first proposed in 1958 by the World Friendship Crusade, an interbrates its own National Friendship Day on the first Sunday of August each year.



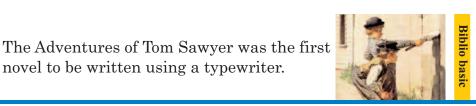


The Irish playwright, critic and political activist, George Bernard Shaw, was born. With great works like Man and Superman, Pygmalion, Saint Joan, etc., he was one of the leading writers of his time and influenced literature even after his death. He used his plays to spread messages on politics, society, and religion, and refused various state honours including Order of Merit in 1946. He was awarded the Nobel Prize in Literature in 1925 and was greatly known for incorporating contemporary satire and historical allegory in his works.





The Kargil War between India and Pakistan, which started in May 1999, finally came to an end with Indian soldiers evicting Pakistani intruders from their land. The war was an armed conflict between the two countries in Kargil district in Kashmir, and it started because of Pakistani soldiers and Kashmiri militants infiltrating the Indian side of the Line of Control. The Indian army was supported by air force and international diplomatic support, and the war is even referred to as Operation Vijay in Indian context.



Eyes of the heart



Ishita Sood

AIS Gurugram 43, X

ara was a pretty, fouryear-old girl who lived with her father, Ramesh, eight-year-old brother, Kunal. The children had lost their mother, Sheila, to a fire tragedy at the Kumbh Mela, 18 months ago. While Kunal still seemed to pine for his mother, Sara never showed any signs of grief. She was a quiet child who kept mostly to herself. Her world was full of imaginary people who

played and interacted with her all the time. When her older brother would join her at times, he would be amused to see her talk with, and even hug her imaginary mother and friends. Earlier, everyone thought that it was just an innocent child's imagination that was helping her during this tough period.

However, things began to get complicated as Sara grew even more distant and started to keep totally to herself and her imaginary mother. Finally, on the advice of their family doctor,

Ramesh took her to see a psychiatrist. While they were sitting in the waiting room, the cleaning lady came in. As she turned around to face the little girl, Sara ran towards her screaming, "Mummy, mummy!" Ramesh was shocked and taken aback. He tried to restrain Sara but she kept hollering, a trait that she had never exhibited before. The cleaning lady looked confused initially but then she hugged Sara right back. Tears streamed down their faces as

they clung to each other. Hearing

He tried to restrain Sara but she kept hollering, a trait that she had never exhibited before.

novel to be written using a typewriter.

this commotion, the doctor came out and escorted them to the consulting room.

The doctor consoled them calmly. He opened one of his cupboards and took out a couple of photographs and some other objects. Ramesh immediately recognised the half-burnt clothes and some pieces of jewellery. They had belonged to his wife, Sheila. The doctor told them how they had managed to revive some badly burnt patients post the fire. One of them was the cleaning lady whose face had to be changed with plastic surgery. Unfortunately, she had lost her memory in the tragedy and the hospital had decided to employ her as she had nowhere else to go without a proven identity. She only faintly remembered that she had a small daughter. And now, as she held Sara close to her heart, the doors to her lost memory had been unlocked. Everyone was amazed at how a child's pure love had endured when everything else was lost. What a miracle it was that Sara had a heart which could see something that others could not have even fathomed! GIT

Crispy churros

Vaanya Goyal, AIS Vasundhara 6, IX

Ingredients

For churros
White sugar (granulated)6 tbsp
All-purpose flour2 cups
Caster sugar1 cup
Cinnamon powder2 tbsp
1

Tor chocoline sauce	
Dark chocolate (chopped)1	cup
Heavy cream ³ / ₄	cup

Procedure

For churros

- Take a saucepan and pour water in it. Add salt, granulated sugar, and 1 tbsp of oil in it, and bring it to a boil.
- Now, turn off the heat and add flour to the boiled water. Stir really well until the mixture becomes a thick dough. Once done, transfer the dough into a piping bag.
- Pour oil in another deep-fry pan and heat it. Using the piping bag, squeeze small strips of dough, about 3-4 inches long, gently into the hot oil.
- Fry the dough strips until they become golden brown and then take them out on a plate.
- In a greasing pan, put some cinnamon and caster sugar mixture. After the churros cool off a little, roll the strips in this mixture. Keep them aside.

For chocolate sauce

- In a pan, pour the cream and bring it to heat on a low flame. Now pour the cream onto the chocolate pieces and let the mix-
- Blend the mixture well till all the chocolate melts and becomes one with the cream.
- Dip your churros in the chocolate sauce and enjoy!

Nalin Jayaswal, AIS PV, XII

I was all alone in the darkness Couldn't differentiate up from down All my sins to the black I did confess All my faults made a malicious crown

I was all on my own in the green Couldn't differentiate good from bad No flowers, only demons were seen

I was all by myself in the city Couldn't differentiate black from white Blood rivers made a fatal sight pretty Asking me to go gentle in the dark night

I was all alone in the darkness Couldn't differentiate death from life All my sins to the dark I did confess In my cold heart entered death's knife.

Amity turns 30

Yashika Das, AIS Saket, IX D

On the occasion of Amity Completing its 30 years I feel immensely grateful To be a part of this universe

From the day I entered here I made many good memories With my mates and teachers And I can never forget these

In this world, there are many Loving teachers and friends Plus, our Chairperson ma'am Whose support never ends

Every class, every lesson

Each activity we have done Has helped me learn so much As they were all too much fun

With all the love and concern Even in these difficult days Our teachers were always the To solve the problems we faced

Being in Amity is a blessing To this, I will always agree And the learnings I got here Honestly mean a lot to me

For the upcoming years here This is what I really wish To gain more knowledge Which I would forever cherish! GIT





CAMERA CAPERS

Saanvi Vasdev, AIS Noida, IX J



The road that speaks of an idle day



The silhouettes that speak of a dreary sky



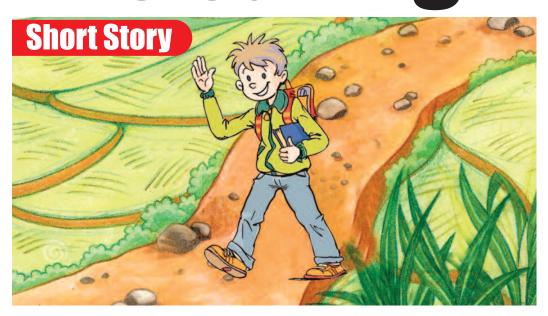
Send in your entries to







The caring Jimin



Bibliosmia is the word used

to refer to the love for smell

of old books.

Navdha Jain

AIS Gurugram 46, VII J

Jimin, a 20-year-old boy, lived in a small village with his younger sister Rose. He was barely a teenager when their parents died, and ever since then, it had been him who took care of Rose. He wanted to give her all the good things in the world, but alas, he was poor. Yet Jimin was determined and worked hard in a factory located on the outskirts of village to save money and send his sister to school someday.

One day, when Jimin was returning from work, **fatigued**, he met a lemonade seller who urged him to buy a glass. Jimin looked down at the coins in his hands and refused. "But why, young man? You look very tired, have a glass of this re-

freshing drink!" said the lemonade seller. Jimin told him that as much as he would like it, he is saving money to send his sister to school. The man was very touched with his answer and smiled to himself.

The next day as Jimin was returning from work, he was stopped by a cobbler. Jimin was perplexed that the man looked exactly like the lemonade seller he met yesterday, but he didn't say anything. When the cobbler looked at his torn shoes, he asked him if he wanted to get them fixed. He refused. "But why, young man? Your shoes really need a mend!" Jimin told him that as much as he would like it, he is saving money to send his sister to school. The cobbler was touched with his answer, and smiled to himself.

Tired, Jimin made his way home and after feeding his own share of dinner to his sister, he made his way to bed. As he slept, he dreamt of the same man who was a lemonade seller one day and a cobbler the next. "My lovely Jimin," the man said, "You are the kindest and most caring person I have met in my entire life, and you only want good things to happen to others. It is because of this that I, the sage from the immortal realm, am giving you a wish! Every time you wish something good for someone, it will come true! I know you will make good use of this power. I trust you!" When Jimin woke up, he dismissed the event as a dream, but soon, he saw Rose using a stick to write alphabets in the sand outside

their hut. This filled his eyes with

When the cobbler looked at his torn shoes, he asked him if he wanted to get them fixed.

tears as he wished he could buy her proper stationary items. However, after sometime, he came to know that a rich family was offering scholarships to the children wanting to study in the village. Jimin was ecstatic, and thought that if the sage truly blessed him, he wanted his sister to attend school and become a successful person. Soon, the rich family offered Rose not only stationary items but also a scholarship to study at the school in the city. Jimin was touched by the gesture and couldn't control his tears. The next day, he went to their house to thank them for their kindness, and surprisingly, he found that the rich man looked exactly like the lemonade seller, the cobbler, and the sage. GI

(The above story is one of the entries received as part of the story writing workshop conducted during GT Summer Workshop 2021. The participants were given a setting and characters to weave a gripping short story.)

So, what did you learn today?
A new word: Fatigued
Meaning: Extreme tiredness



Pen holder

Sakshi Chopra, AIS Vasundhara 1, IV

Material required

- Round disposable plates-2
- Red sheet-1 Fevicol
- Black sheet-1
- Wool (black and red)Needle

Marker

Cutter

Methodology

- Take a disposable plate and cut it in half using a cutter.
- Stitch the borders of this half plate on the spare disposable plate using wool and needle.
- Now, take a black sheet, and cut out two small circles from it. These will be used as eyes.
- From the red sheet, cut out two red circles, larger than the ones made for eyes. These will act as blush for the face.
- Once done, paste all the cut
- outs on the half plate as shown in the picture.
- Now, with a marker, draw a smile on the plate to complete the face
- Cut out a strip of red wool, and sew both of its open ends to the edge where the half plate ends, one on each side. This will help you hang the pen holder.
- Your penholder is ready! Hang it on the wall and fill it with all the stationary you have.

It's Me

KNOW ME

My name: Arnav Soni My Class: III My school: AIS Gwalior My birthday: August 21

MY FAVOURITES

Teacher: Prabha ma'am **Subject:** Mathematics

Friend: Harshman Singh Kushwah

Game: Football

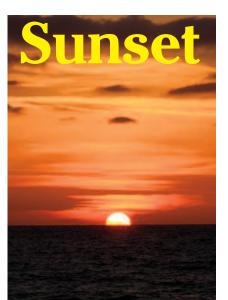
Cartoons: Doraemon and Mickey Mouse **Food:** Potato, rice and momos

Mall: DB City Mall Book: Panchtantra

MY DREAMS AND GOALS



PUEMS



Adamya Saxena, AIS Gur 43, VIII

S- Sun seen drowning in the river Its aura still gleaming like silver

U- Unique colours taking birth Casting their shadows on the earth

N- Nesting creatures hit the hay As the night is no more far away

S– Sky showering rays of light Making the river radiant and bright

E- Enchanting view of ensuing night Fills my heart with joy and delight

T-Turning everything wild and dark Assuring us each time a new dawn!

Fitness time

Avika Agarwal, AIS Vasundhara 6, VI

Do you need that burger? That coke and those fries Amidst the salt and calories Remains a fat pack of lies

Roasted and fried in oil Only makes you lay in bed All the fun, that is spoilt Makes for a dizzy head

Eating fruits and veggies Will make a clean you Watching TV all day Will make you sick with flu

So, think what you are doing Why are you still here? Go out now, and be all fit Because this is your year!



Jokey Pokey

Agrim Malhotra, AIS PV, V

Son: Hey, mom, can I borrow 100 INR?

Mom: Of course not! You think money grows on trees?

Son: What is money made of?

Son: What is money made of? **Mom:** Paper. Why do you ask? **Son:** What is paper made of?

Mom: Wood, obviously!
Son: So, can I please get my
100 bucks now?

99

Guest: Can you bring me what the lady at that table is having? **Waiter:** Sorry, sir, but I'm pretty sure she wants to eat it herself.

999



written existence of the word 'book'.



Japan, along with many other countries, is still struggling to deal with the pandemic. This is one of the reasons why I don't think it's a great idea to hold such a global event right now. Moreover, it requires people to participate from across the globe. Although audiences are not allowed in the stadium, there will still be staff present, such as the camera crew, maintenance staff, medical team, facilities, players, coaches, etc. Even though the authorities can ensure the safety of the athletes by taking preventive measures, there's no guarantee that the staff will be COVID-19 free, which is enough to start the chain. In addition to this, the amount of money required to ensure the safety of all the people involved is huge, which is probably not ideal as the event will not be held under normal circumstances.

Kylie Singh, AIS Gurugram 43, XII S

COVID-19 has been quite a terror and has left the lives of very few untouched. The Tokyo Olympics could provide the hope necessary to keep us going; it can be a display of defiance against the worst we have ever faced, a display of our commitment towards what we love. The Tokyo Olympics of 2021 would be our way of proving that throughout this bumpy ride, we have kept our hands on the wheel and that we won't give up. There are risks involved as COVID-19 isn't completely gone yet, which is why I am sure the authorities will take all safety precautions and will do everything they can to be safe and yet provide an enjoyable experience.

Aadvik Bhargava, AGS Gurugram, X

The pandemic has been around for quite some now. To say that it has turned our world upside down would be an understatement. While expecting more to come, one can safely say that we have endured enough of its consequences and yearn to see normalising of situations. The Tokyo Olympics holds to be a significant cursor of light at the other end of the dark virus' tunnel. Having said that, safety has to be paramount, and the ban on overseas spectators is a measure to warrant the same. Also, it is crucial to take note that this event has already been postponed once last year, and persistent moratorium may bring suspicion to its administration and commendation.

Saamya Arora, AIS Saket, X B

In my opinion, the 'playbook' released by the organisers of Tokyo Olympics offers quite a bit of assurance to the athletes and the general public. By including daily COVID testing, and restricting movement within and outside of Olympic venues, the organising committee has done its best to avoid any complications and make the games safe for everyone. Besides, the Olympic games are the pinnacle of athletic competition and many athletes are eager to have their share of the spotlight. Watching athletes from all nations putting their best foot forward not only cheered us up, but was also a reminder that there is life after the pandemic.

Gouri Srivastava, AIS VKC Lko, X B

Writing is an art and there's no better platform to exercise it than your own beloved GT! To unleash the writer in you, GT brings you a new topic every time and asks for your views on the same. Here are some intriguing responses from young writers at Amity for the prompt...

> Amidst the rise and fall of **COVID-19** waves around the world, do you think global events such as **Tokyo Olympics should** have been given a green signal or should it have been adjourned?

> > The prompt

The Olympics were to be held in Tokyo in 2020 and was postponed by a year. As the curve slowly started to flatten after a huge second wave, it was re-scheduled to be held from July 23 to August 8, 2021. A year ago, we were certain that cases would settle down by 2021. However, the situation hasn't largely changed in Japan. To top that, a few days back the country was on high alert with COVID-19 on the rise. Looking at the gravity of the situation, I strongly feel global events should have been deferred till there was certainity about no signs of a third wave. That said, now that the event has kick started, let's just keep our fingers crossed and hope that all goes well.

Sara Maheshwari, AIS Noida, XI M

Dawn Fraser once said, "The Olympics remain the most compelling search for excellence that exists in sport, and maybe in life itself." I entirely agree with her. I also believe that adjourning Olympics for yet another year wouldn't have just affected the athletes, but also very many people. In such tedious times, the Olympics is one thing that many people were looking forward to. When we all are so far apart, watching the Olympics and cheering on our countries, even in the confines of our houses is bringing us all together. That being said, I also believe that now that the Olympics are being hosted, a strict protocol must be followed for the well-being of all the athletes and the faculty. Aadya Kapoor, AIS Vas 6, XII D

Calling off international games such as the Tokyo Olympics would mean putting down the flag of mutual friendship, solidarity and fair play. Though with restrictions in place, I personally believe that red signalling the Olympic Games would have negatively affected the spirit and ethos of athletes and zealous coaches. One of the five pillars of educational values of Olympism is balance between body, will and mind, a value which was substantially lost during the testing times. With the resurgence of the Olympics, the motto of 'Life is not about triumph, but the struggle' has come into limelight once again, giving people the courage to stand strong and united against the novel virus.

Sudiksha Sarcar, AIS Gur 46, XII H

All stadiums in the world right now, no matter what tangent of talent they put spotlight on, have one thing in common: empty bleachers.

The spectators are restricted to enter the arena in order to combat the novel corona virus. All sportsmen are tested before setting their foot in the fields. These actions, if complimented with other necessary precautions, are enough to keep the players safe and the game going in a world where everything is set aback. Besides, putting a red light to such events leads to major financial losses (especially in the host countries) which is going to add to the economic burden being faced by almost all countries.

Pranav Puri, AIS MV, XII E

is trying to extensively vaccinate its citizens, I believe conducting the Tokyo Olympics right now is unsound. Numerous countries are seeing a rise in Covid cases yet again, so it is risky for both the participating members and the people surrounding them. Some sports may require participants to disobey social distancing norms and can be unsafe even for vaccinated people, acknowledging the recent mutations of COVID-19. Travelling is also somewhat dangerous, as contact with even one infected person can put everyone present at risk. In conclusion, it amounts to taking a huge risk and thus Tokyo Olympics should have been postponed, but now that the event has taken off, I wish it ends on a successful and healthy note.

Ananta Taneja, AIS Vas 1, XII D

COVID-19 has brought the whole world to a standstill. But this does not mean that everything should just cease to exist. Stagnation will have even worse effects, lasting on to decades. Under these circumstances, not adjourning global events such as Tokyo Olympics is exactly what we needed. Players from all over the world have given their entire lives for events like Olympics; many may have taken loans to participate in these games. Besides, postponement would have lead to many players surpassing their participation age. Now, all this does not mean that one should just ignore COVID-19, but cancelling the event was not a good solution either.

Harsh Gupta, AIS VYC Lko, XII

The Tokyo Olympics has been a muchawaited international multi-sport event that the athletes have been looking forward to. Now, while other countries battled against the pandemic, Japan stood as one of the least infected countries through the three waves of Covid, but with the coming in of the fourth wave, a contagious variant accelerated the pace of coronavirus cases in Japan in April'21, leaving the nation in a state of alarm. And so, it lagged behind in the vaccination process, too, with a drastically low percentage of people being vaccinated until the fourth wave. Though the government has now ramped up the vaccination process, but one can never be sure. Thus, the Tokyo Olympics might prove to be a danger not only for the country but also for the participants and so, the plan of hosting it should have been dropped.

Dani Bawa Bhalla, AIS PV, IX C

Pramerica Spirit of **Community Awards**

Honouring The Youngsters Who Put Society Above Self





hree students from Amity Group of Schools were felicitated at the 11th Pramerica Spirit of Community Awards* for making a positive difference in their communities through voluntary community service. Raghav Pardasani, from Class XII of AIS PV, was felicitated with a silver medal for his project 'Carryubble'. This initiative aims to end the problem of stubble burning by converting crop-residue into affordable, recyclable, handmade bags. Avishi Sahoo, from Class XII of AIS Noida, won bronze medal for her project 'Preservoir', an initiative that seeks to focus on reducing water wastage by re-purposing wastewater from water purifiers in households, communities and commercial set ups across Delhi/NCR. She has been successful in saving more than 600,000 litres of

water through this initiative. Vanya Tandon, team leader, Dhvanialp, the Youth Power team of AIS Noida (also the winner of Youth Power 2019-2020), registered in the individual category on behalf of her team, and was awarded the prestigious bronze medal. Dhvanialp worked for creating awareness about deafness and successfully created a tangible change by sensitising thousands towards the hearing-impaired community.

The annual nationwide search identifies and recognises social changemakers from Class VI-XII in India. This year, the programme saw participation of 1500 students from nearly 125 schools across the country.

Introduced in 2010 in India, the Pramerica Spirit of Community Awards have so far witnessed participation from over 45,000 students from across the country, with more

than 850 being formally recognised for their social contributions. Every year, Amitians have been consistently recognised and felicitated for their contribution to the society. GIT

*Pramerica Spirit of Community Awards organised by Pramerica Life Insurance is the Indian chapter of the Prudential Spirit of Community Awards, the largest youth recognition programme in the United States, based exclusively on volunteer service. The programme was introduced in the US in 1995 by Prudential Financial Inc. (PFI), PLIL's international Joint Venture partner. India is the 8th country outside the United States to conduct the Awards programme. Other participating countries include PFI subsidiaries in Japan, South Korea, Taiwan, Ireland, China, Brazil and Poland.



Folk melodies

AIS Mayur Vihar

n inter-class folk song solo competition was held by *Saptak*, Indian Music Society of the school, for Class VI-VIII on July 14, 2021. The virtual event commenced with lamp lighting amidst chanting of Gayatri Mantra, welcome of the judges and eminent guests. Eleven finalists dressed up in traditional attires of the states, sang folk songs and performed live.

Dhara Khare (VII) won first prize, Roudrodeep Chowdhury (VI) bagged second prize, while Srishti Narayanan (VI) and Raga Gupta (VII) won third prize both. Manveer Talwar (VI) bagged consolation prize and Aadya Duggal (VII) got special prize. The prize for best folk attire went to Samridhi Kundu (VII). The event entertained everyone with folk melodies, whilst creating awareness about Indian culture and music amongst youth.

Chess champion

AIS Pushp Vihar

nshika Vikram Afrom Class IX secured 20th position nationally in Under -16 Open and Girls Champi-Chess onship 2021, held virtually by the All India Chess Federa-

tion from June 13-15, 2021. She won the rank amongst 300 girls who played in Under-16 category nationally. A talented young chess master, Anshika dreams of winning National School Championship and



Asian School Chess Championship soon and is preparing hard for the same. GIT

Choco love

AIS Vasundhara 6

tudents of Class Nursery-IV celebrated World Chocolate Day virtually on July 7, 2021. They enjoyed chocolate milk, chocolate bars, choco brownies, chocolate cake, etc, during the virtual session. Some creative minds decorated chocolate shakes with wafers, crushed biscuits and syrups. They even recited poems about

chocolate, sung self-composed songs and danced to them too. They also made posters, and showcased power-point presentations on fun facts about chocolate. Some students reviewed famous movies based on chocolate and spoke about their favourite chocolate brands. Students were also shown videos of chocolate factories and how cocoa beans are cultivated and processed into chocolate. GI













Nurture Healthy Mind In A Healthy Body



Amity Physical Education and Sports Department



eventh International Yoga Day was celebrated virtually by Amity Group of Schools from June 9-21, 2021. Organised by Amity Physical Education and Sports department under the visionary guidance of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, this eleven-day long celebration saw participation from over 8379 students from Class Nursery-XII, wherein every school held various yoga activities for a week. It culminated with several day-long yoga programs held in all

Amity schools on June 21, 2021, the Interna-



tional Day of Yoga. These programs were attended by students, teachers, parents and staff members. Yoga instructors in every school taught the importance of various asanas in





building immunity, preventing Covid-19, and managing diseases like diabetes, hypertension, obesity, back pain, asthma, etc. They, along with the students, demonstrated Surya Namaskar and various other asanas like Tadasana, Trikonasana, Halasana, Mandukasana, Balasana, Vriksasana, Bhujanasana, Makarasana, etc. They also demonstrated Pranayam exercises like Anulom-Vilom, Bhramari, Bhastrika, Udgeeth, etc, and discussed the effects of asanas and pranayam exercises on overall physical and mental health. GI





The Legend And Sheer Brilliance Of Annu Kapoor Koyal Das, AIS Gurugram 43, X bility. Learn things for yourself; do civil servant and serve my country,

njoy the process of learning the way you enjoy watching a movie; do not waste a moment," preaches veteran actor Annu Kapoor. From being a household name for Antaakshari to being the voice of the generation as a radio jockey; from appearing on our TV screens to

gracing the big screens with his brilliance; the legendary man has lived through various achievements. To recount his journey and experience spanning over 30 years, GT caught up with the multi-talented man.

> **Knowledge - an asset:** Education has always been one of the most important aspects of human society; it provides us with different perspectives on life and the world around us. If you want to build a successful career, it is important that you view and use education as an asset, and not a lia-

not just mug up chapters to achieve good grades or just to find a good and well-paying job.

Keen foodie: Food has the power to make a person happy even in their darkest days. It is not only important for your physical health, but for your mental health as well, as it brings joy. For me, my comfort food dishes are mashed potatoes, baguettes, lemon cake or creme brûlée. I also enjoy cooking for my children. Cooking vegan lasagna and salad with sweet potatoes for my wife is something that I truly cherish.

Knack for creativity: A person like me can never be satisfied because, creatively, I am very greedy, and artists must always be greedy. If an artist becomes satisfied with their creativity, their growth is stunted. You must work with a sense of devotion as it is the most important thing. You need to be loyal to your profession because not only is it your source of income, but it also provides you with an opportunity to flourish.

Kismat connection: Even as a child, I never really dreamt of becoming an actor, but the circumstances forced me to work in a theatre company at a young age. I wanted to become a

but I couldn't continue my studies despite gaining excellent grades. I think it was destiny that I got into theatre as a child. But that doesn't mean acting is easy. Even if you do have some inborn talent as an actor, you must work hard to nurture it, and the practical experience you gain will help you mature further as an artist. So, the key is to keep learning.

Kindled wishes: No role I have ever done has been easy, but it was my job to make the hardest things look seamless. However, even as a creative person, there are a lot of things I would like to explore. I would love to write one day, and if that passion of mine brings me some success and acceptance, I would then be able to say 'Oh, wow! My hidden talent has been discovered!' I would also love an opportunity to serve my country and my people!

Knightly words: Learn from the west but do not ever forget your roots in the process. Create your own strong individuality and do not blindly follow anything that you see. Learn and discover your own truths. Every moment is a lesson, so do not waste it. Every single person is unique and so is their journey. Go ahead and chart your own path.

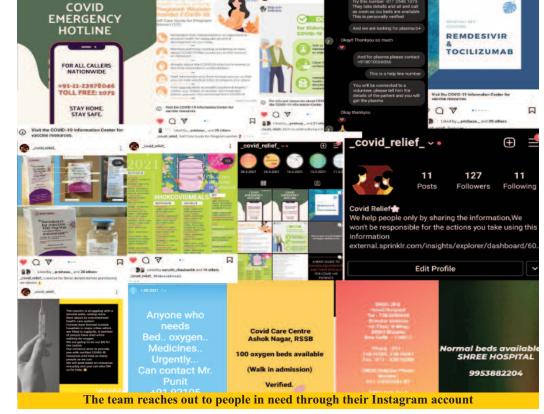
The crisis combatants

They Did Not Just Sit Back In A Crisis, They Geared Up To Help The Ones in Need

OVID-19 has proven to be the most disconcerting event in the recent decades, and is indubitably meant to go down in history for upcoming centuries to read and discourse about. Adding to this was its second wave which hit us in early 2021, rendering everything more chaotic, so much so that words like oxygen cylinders, hospital beds, plasma, etc, will resound within us for a long time to come. While the pandemic will surely be reminiscent of the million lives that were lost in this dreadful course, it will also be equally redolent of those who put their best foot forward to tackle the crisis in their own impactful ways. Joining these valiant likes is a cohort of nine students from AIS Vasundhara 1, who made it their mission to help the ones suffering when it came to finding the essentials to survive the wrath of the virus. Read on for some inspirational insights!

The stimulation of thought

It was active social media and news engrossment that kept the team abreast of the hardships that the country was going through owing to the second wave of the pandemic. Realising how privileged they were to be healthy and safe at their homes, the group decided to take up the responsibility



and help the ones who received the short end of the stick.

"We saw people on social media begging for COVID-19 resources. Just the sheer motive to give back to society encouraged all of us to make this move," shares the team. Hence, the already close-knit group rolled up their sleeves and got things started. The very next step was to form an Instagram account right away and begin the

The plan of action

At the onset, it seemed easy because there were already various spreadsheets and websites available online for verification of the sources. However, it was after some rudimentary research that the team came to know that more than half of the leads were either fraudulent or inactive. "This is where we decided to personally call/text those leads before sending them forward to save time of

the families who were in trouble, because time was of essence and even a minute delay could cause a drastic difference," enunciate the team members. Thus, whenever the team came across a lead, they would instantly divide it amongst themselves and verify them. It did take them the extra mile, but in the end, it was certainly worth it!

The expanse of the task

As part of their undertaking, the



in order to make sure that the sources were authentic. Though the regions that they covered were predominantly Delhi-NCR, the young warriors also targeted cities such as Agra, Meerut, and other parts of Uttar Pradesh. Having reached out to over a hundred families, which included acquaintances and strangers from across the country, through their relentless endeavours, the team feels delightful that they didn't just sit back during the crisis. "If you have managed to save even one life, it makes a huge difference. Our efforts were getting registered somewhere in the universe," is what the team believes.

The realisation of the mission

Albeit ever ready to help the soci-

youngsters also believe that it would be even easier to make the mission fruitful if there was a single verified platform for the all the resources instead of thousands of leads doing the rounds of the internet. In the era of social media when misinformation is a threat. the group suggests that different state governments should launch their own portals for verified links of sources owing to the diversified nature of the country which makes it vulnerable to unification. "It is really hard for a single body to implement this mechanism on a large scale but if state governments were to implement a similar mechanism on a very ground level, we would be able to handle the third wave (if it occurs) in a much more efficient manner," says the team as they sign off. GIT