

## In quotes

"The upcoming visit of President Cyril Ramaphosa during Republic Day ceremonies will further the business and personal ties between India and South Africa."  
- PM Narendra Modi via Twitter

## INSIDE



Let's talk, P3



Putting it off, P5

## AMITE poll

With Virat Kohli at the peak of his career, can India win World Cup 2019?

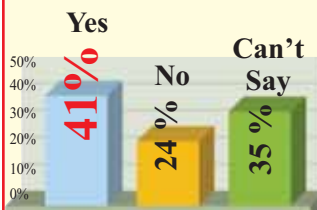
- a) Yes                      b) No  
c) Can't say

To vote, log on to [www.theglobaltimes.in](http://www.theglobaltimes.in)

## POLL RESULT

for GT Edition January 21, 2019

Do you think the recent US govt. shutdown will impact its position as a superpower?



Results as on January 24, 2019

## Coming Next

AIS Saket Contest Edition

# THE GLOBAL TIMES

MONDAY, JANUARY 28, 2019

[www.theglobaltimes.in](http://www.theglobaltimes.in)

## The Man Who Could Fix Anything Failed To Fix The Sand Crisis

Khwaish Gupta, AIS Gur 46, XII I

He was holding sand in his hands, but it slipped by, like it always does. And so the life of Bob the Builder – the man who could fix almost anything – changed. The infinite sand was now scarce. India, burdened by the pressure of ever-growing construction, realised the depth of sand crisis and was forced to import it. Bob, meanwhile, is still living each day with the realisation that in every grain of the sand, there is a story of the earth.

**Nothing is built on stone, all is built on sand:** Concrete, roads, glass and electronics...everything is made out of sand. But that was no problem for Bob, who was living in a world where sand was held cheap. There was construction and re-construction in countries like USA, India, Nepal, Bangladesh etc., that had been hit by calamities. More sand was required. But he realised there was a problem when he received a letter from a Mr XYZ in Chennai stating "Humari maange pure karo"; only 30% of the sand requirements were being met. Bob tried to fix things by using desert sand, but that was not sticky enough; sea sand was too hostile for the steel used in reinforced concrete. His only option was river sand. And now he knew he was facing a problem. Perhaps, the rest of the world realised it, too.

**Love is like sand; if you hold too tight, it slips away:** As humans continued to grip sands for land reclamation, shale gas extraction, and beach nourishment programs, it continued to slip away, altering coastal ecosystems and causing erosion in the process. Bob, his eyes now open

to the grave sand crisis, watched as the world dredged out sand, causing incalculable damage to the streams. He sat exasperated as the nations mined about 11 billion tonnes of sand a year, making it the most extracted material in the world. But what was Bob supposed to do?

**Sticking your head in sand will not protect you from the storm:** As much as Bob sought refuge in the pretense of normalcy, it didn't help. Sand had kicked up a storm already. When he heard about the damage wrecked by the 2004 tsunami in Sri Lanka, he knew it was because of

sand mining. He sat dumbly in front of his TV when Vietnam's Department of Construction Materials forecasted that they will run out of construction sand by 2020. He pretended not to listen when another news flash informed him that 24 islands in Indonesia have already disappeared and almost 2000 more remain at the risk of submerging, all thanks to the prevalent sand mining.

**Sand in your toes and a sun-kissed nose:** Unable to extract the sand anymore, Bob fell apart and cried once again "Can we fix this?" To his surprise, he heard "Yes, we can!" from Wendy and Leo. They told him that the Construction and Demolition Waste have three plantations and potential plans to ensure the usage of only 5% of the sand out of the 30 million tonnes generated p.a. worldwide. Wendy also enlightened him about M Sand, manufactured sand which was superior in quality and cheaper. Bob's mind was put to ease as various states like Rajasthan, Karnataka, Bihar, and Kerala banned the havoc-wrecking act of sand mining.

Bob, though having realised that even castles made of sand fall into the sea eventually, sits at home and regrets ever letting the situation get out of hand. But he still hopes humans will learn better. He still wants the Earth's story to have subsequent sparkling chapters told in the sediments of sand.

# Sand, the new oil?



Illustration: Ksheetija Das, AIS Gur 46, XII B

# Diversity: the key

## Mark Powell Shares The Mantra To A Successful World

Sara Siddiqui, AIS MV, XI H

'Diversity for a better society' is the motto with which Mark Powell, Executive Director, Royal Institution of Chartered Surveyors, leads his life. Under his leadership and partnership with Amity University, the vision of RICS School of Built Environment came to life, which is now successfully delivering RICS accredited courses. This is the first time that RICS was involved in the provision of real estate and construction courses by providing undergraduate and postgraduate programs to build the next generation. During his visit to AUUP for Convocation 2018, where he was conferred an honorary degree, he spoke about the principle of diversity.



Mark Powell with GT reporter

Pics: Deepak Sharma, GT Network

ing the perfect land, to evaluation, to planning for the work, the construction, the process of buying and selling, using it for personal or commercial purposes, making repairs, creating a management, and to the discussion of it being knocked down and something else being build on it: all of these things are covered in Built Environment, so anyone can have their pick. The field truly offers diversity in its career options and anyone can pick anything.

### Diverse roles

Teamwork is very important for success. In a team, it is important to understand that every single member matters and has an important role to play. A leader sets the vision, the direction and then asks the team to follow behind. I am huge sports fan, and the diversity of roles in a team is the biggest lesson I have learnt from the games I watch. Sometimes we tend to focus so much on our own self that we forget we are part of a bigger plan. In a team, there are a variety of roles to play, and you know that no matter what happens, your team will always support you and will always have your back.

### Diverse knowledge

I have always been someone who was interested in a lot of things. Even when I was in school, I was interested in mathematics, engineering, chemistry, physics, and biology, all at the same time. I have a degree in biology, am working in the field of environment, am a corporate leader, and a trained helicopter pilot. Through my diverse areas of expertise, I want to help everyone around me.

importance from an investment perspective. Around 60% of the world's wealth is invested in real estates, properties, and investment funds. It also helps the society by creating affordable housing. It teaches us how to create more sustainable property. We, as a society, need to wake up and see that our resources are running out and that is leading to diverse problems. Built Environment is a field that will tell people to do better.

### Diverse importance

I think it is high time people realise how important Built Environment really is. For starters, it has great

### Diverse options

Built Environment is a very wide field; there are plethora of things you can choose from. From choos-

Mark Powell, Executive Director, RICS



One can find more microplastic in the ocean than the stars in the Milky Way galaxy.



Plas(un)tick

# World at a glance

## GT keeps the newswire ticking by bringing you news from around the globe

### UK

#### Remains of the Holocaust victims buried

The relics of six holocaust victims: one child and five adults, were handed over to the Jewish community after being preserved at Imperial War Museum since 1990s. Those six people died at the Auschwitz-Birkenau death camp in Poland during the Nazi rule. They were given a proper Jewish funeral at the Bushey cemetery situated in UK.



### France

#### 'Yellow-vest' protests break out in Paris

Around 7000 demonstrators wearing yellow coloured vests paraded through the Invalides district in Paris, showing their refusal to cooperate with the current government run by President Emmanuel Macron. The protest has been said to result out of the recent fuel-tax hike.



### Nepal

#### Nepal government declares ban on Indian currency

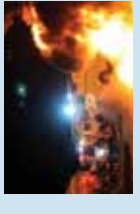
The Central Bank of Nepal has banned the use of Indian currency notes worth ₹2,000, ₹500 and ₹200 denominations. This move could hinder the visit of Indian tourists as the currency is widely in use there. Citizens of Nepal are no longer allowed to carry or use these denominations for any kind of trade.



### Mexico

#### Explosion leaves around hundred dead

A fire caused by the explosion of a fuel-line tap has burnt at least hundred civilians to death. After hearing of fuel-traffickers having punctured the fuel pipeline, around 700 people had gathered around the site to collect gasoline in buckets and other containers.



### USA

#### Longest government shutdown

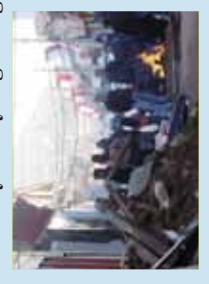
US witnessed the longest shutdown in history, which resulted in seizing of one fourth of government activities and employee furloughs. The shutdown started on Dec 22, 2018 and still continues. It stemmed from an impasse over Trump's demand for \$5.7 billion in federal funds for a US-Mexico border wall.



### Chile

#### Country hit by high magnitude earthquake

An earthquake of 6.7 magnitude jolted certain parts of Chile, one of the world's most earthquake-prone countries. Thousands of homes lost power. Residents of coastal regions were evacuated to high ground fearing the occurrence of Tsunami.



### Germany

#### Iranian airline banned from flying

Mahan Air, an Iranian airline that operates thrice a week from Tehran to Munich, has been prohibited from flying by the government of Germany. The ban followed after allegations from the US officials that the airline was involved in the transportation of weapons and fighters to the war zones of Syria.

### Syria

#### Israel strikes missile on Iranian targets

The military of Israel announced that they carried out strikes on Iranian targets in Syria, as an outcome of the rocket fired from the Syrian territory hours prior to the strike. It was seen as an attempt to harm Israeli territory or its forces.



### India

#### Virat Kohli bags ICC Cricketer of the Year trophy

Skipper of Indian Cricket team, Virat Kohli, was conferred with the Sir Garfield Sobers Trophy for ICC Cricketer of the Year. Additionally, the batsman was also named the captain of Test and ODI teams of the year, adding yet another feather to his cap.



### Philippines

#### Country's wealthiest man no more

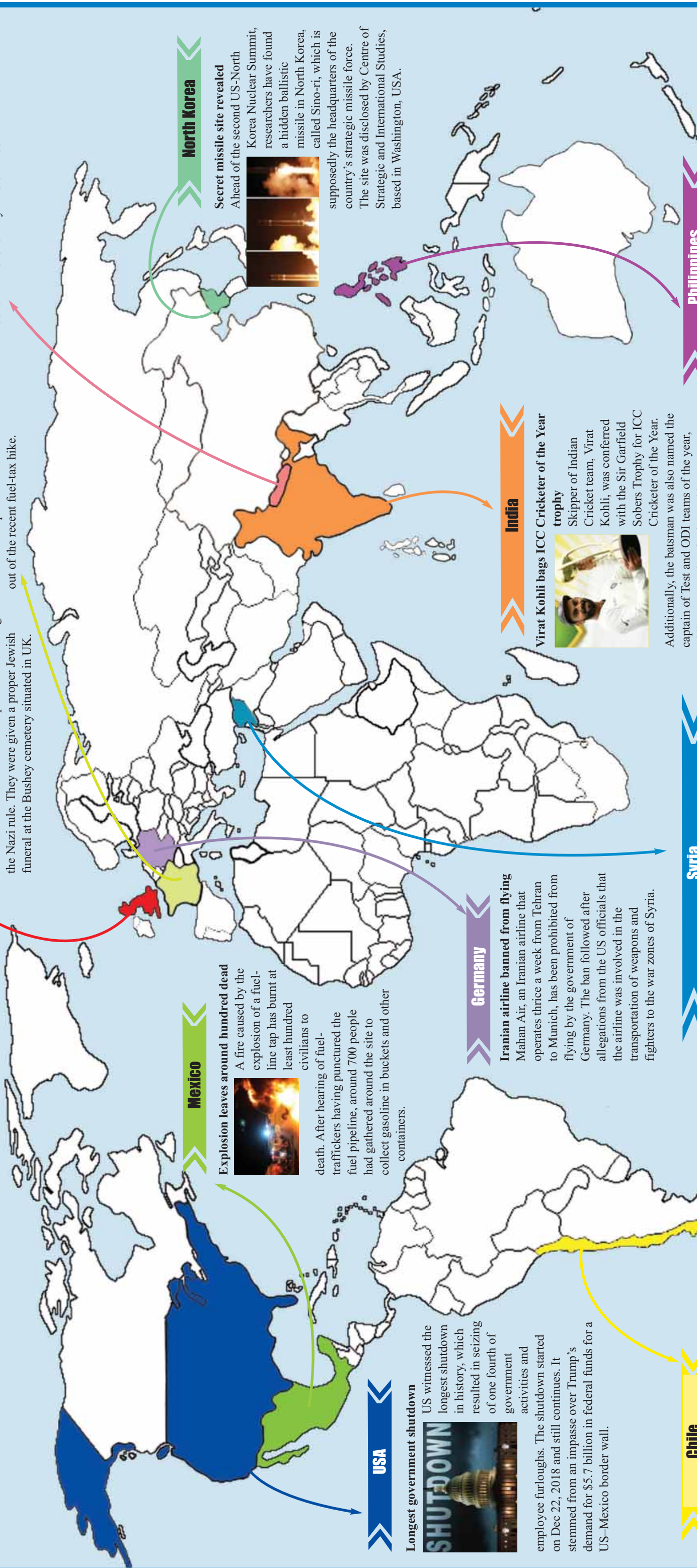
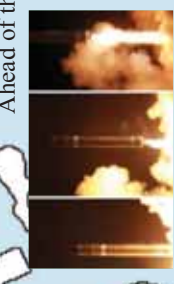
Henry Sy, a 94-year-old multimillionaire and the 52nd richest man in the world, passed away in his sleep recently. Once a poverty-stricken immigrant from China, Sy rose to fame as he helped develop mall-culture in Philippines, the first one being a small shoe-store started by him in 1956.



### North Korea

#### Secret missile site revealed

Ahead of the second US-North Korea Nuclear Summit, researchers have found a hidden ballistic missile in North Korea, which is called Sino-ri, which is supposedly the headquarters of the country's strategic missile force. The site was disclosed by Centre of Strategic and International Studies, based in Washington, USA.







Out of all the plastic bottles produced, only 27% are recycled.

# Let's talk...

## ...About Mental Health For You, Me And Everybody

AIPS

Stuti Kalra, GT Network

A study conducted by World Health Organisation shows that one in five Indians may suffer from depression in their lifetime, which means a staggering 200 million people. Depression, however, is just one of the many mental illnesses that continue to affect world populace at large. Generalised Anxiety Disorder, Attention Deficit/Hyperactivity Disorder, Bipolar Disorder, and Schizophrenia are some mental disorders. The gravity of the problem is much higher than we realise. **Amity Institute of Psychology and Allied Sciences (AIPS)**, AUUP, Noida commenced its journey towards solving this problem that could prove to be the biggest deterrent towards the growth of a country.

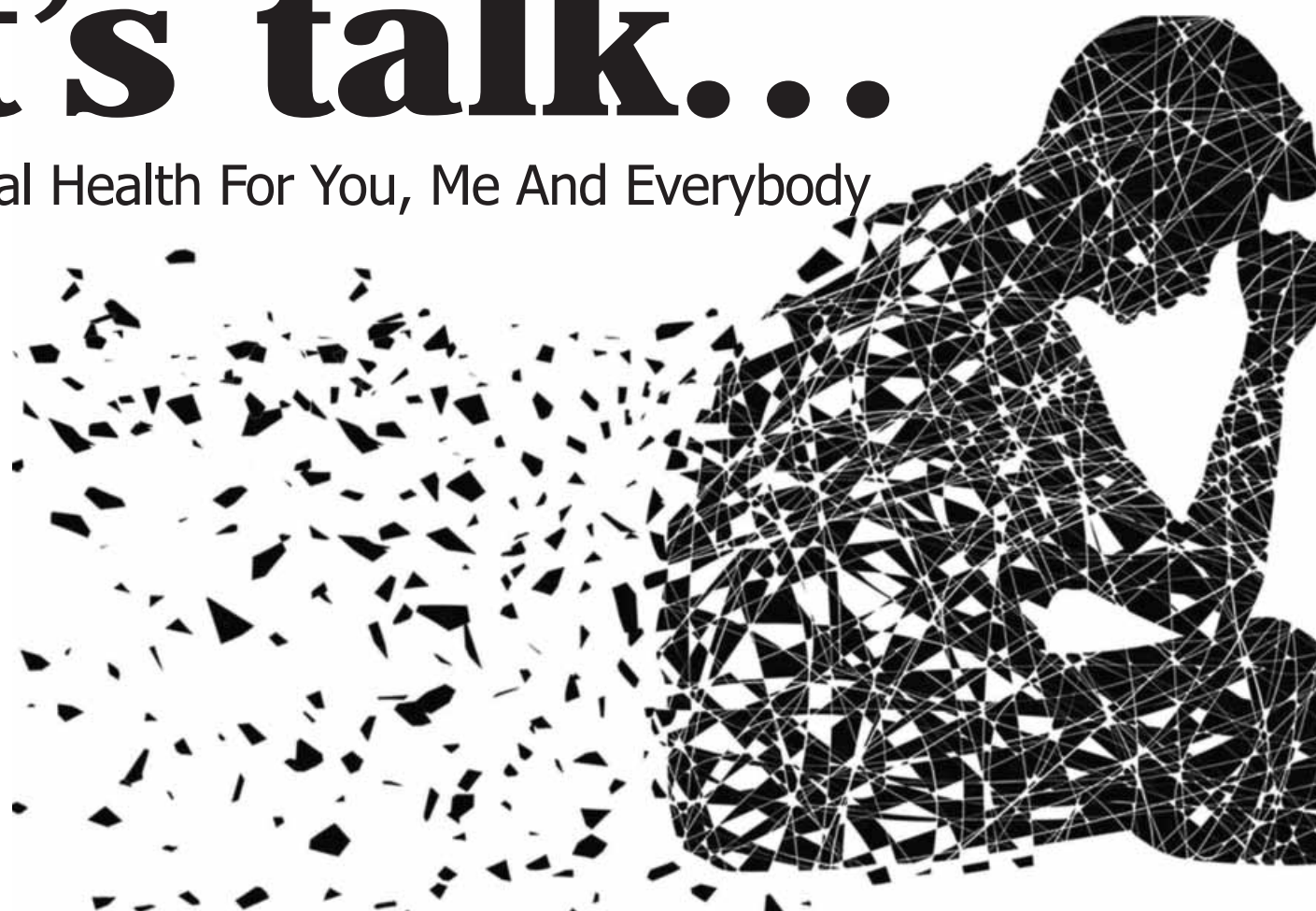
### The problem

Mental health is already a grave issue. However, what makes things worse are the taboos and stigmas that surround the problem. From being described as crazy to even possessed, there is a lot that people grappling with mental health issues have to deal with. In a recent survey conducted by The Love Laugh Live Foundation, 40% respondents said that they would describe someone suffering from mental illness as 'crazy/stupid/mad'. In another survey – 60% respondents said that people with mental health problems should have their own groups and normal people should not be 'contaminated' by them.

It is this stigma that makes it difficult for those undergoing the problem to come out of the closet. In fact, due to this stigma, lack of awareness and limited access to professional help, only 10-12% of mental health patients actually seek help.

### The solution

A problem as critical as mental health calls for equally critical measures. But even the most stringent of reforms must begin with the basic step – sensitisation. The role of sensitisation in eradicating any social issue simply cannot be overlooked, especially in the case of a problem like mental health where changing the mindset of people will be



more than half the battle won. This is exactly what Amity Institute of Psychology and Allied Sciences (AUUP, Noida) did. Under the leadership of Prof Ranjana Bhatia, Acting Director AIPS and in partnership with KISSA Dramatics Society, they came on the streets to ignite a conversation. Taking the time tested route of *nukkad naatak*, they set out on their journey of sensitising the audience towards mental health with a team of 24 students of the dramatics society conceptualised SALAH - a street play that highlighted the significance of mental health. In 10 days from Oct 1 to 10, 2018 they effectively engaged over 2250 people in 7 villages of Noida and Greater Noida.

### The approach

A subject so sensitive must be handled with equal sensitivity, which is why the street play was crafted keeping in mind the target audience, their awareness, literacy levels and the social setup they belonged to. The street play comprised a series of stories, each with a message. The first situation where there is a teenage boy who is forced to do agricultural work for living by his father, so out of frustration he starts substance abuse and eventually dies because of heavy dose. The second act narrates the story of a girl who is married off to someone elder and wants to revolt, but cannot. Finally, she slips into depression. The third act presents the story of a boy who is afraid of crowds. Every time he is in a public place, he panics, shivers and sweats. Peo-

ple think he is being possessed and take him for exorcism which worsens his condition. Each play concludes with characters asking some hard-hitting questions and then speaking about the importance, prevention and cure of mental disorders.

### The impact

So did the street play have any impact? To gauge the same, volunteers set out to interact with the villagers. The response was enlightening. Each village had a different tale to tell that was directly related to the demograph-

ics, culture, tradition and education level of that particular village. "More than 90% people in villages had no idea about what mental health is and why it should be cared about as much as physical health," shares Nishul Gupta, member of KISSA Dramatics Society and student of IMA 8, AIPS. "In fact it was only after seeing the play that the villagers found out that what they presume normal is actually not normal," he added.

In village Acheja, where 85% of the menfolk are afflicted with substance abuse and where most womenfolk presumed this to be normal as they had grown up seeing this for generations, the play was an eye opener. SALAH was a revelation that addiction and substance abuse could be symptoms of a mental disorder and can be cured if timely actions are taken.

For the girls of village Salarpur, SALAH served as a new platform to share their hidden fears and mental stress of marriage, violence, low self-esteem, abuse, etc. All this while they had never known that insomnia, anxiety, headaches etc., were actually symptoms of major mental illnesses that could be healed easily with the help of professionals. Apart from the many villages, volunteers also chose to perform at Rajkiya Degree College, Noida where many incidents of bullying have been reported in the past. SALAH paved the way for self-realisation and self-change as many students actually came out in open to speak about the same.

### Stats Speak

- India is the most depressed country in the world, as per a recent study conducted by National Care Of Medical Health.
- 6.5% Indians ie almost 7 in 10 people in India suffer from some or the other form of mental illness.
- Globally, 1 in 5 young people suffer from atleast one mental illness, that's 20 percent of our population.
- Childhood depression in India varies from 0.3% to about 1.2%.
- The NMHS (2015-16) reported a prevalence rate of 0.8% for 5 depression among 3-17-year-old children.



Glimpses of street play performed by KISSA Dramatic Society

Amity Institute  
for Competitive  
Examinations

Presents



Brainleaks-267

FOR CLASS VI- VIII

Which among the following is not a petroleum product?

- (a) silt
- (b) diesel oil
- (c) heating oil
- (d) gasoline

Last Date:  
Jan 31, 2019

3 correct entries with attractive prizes

Ans. Brainleaks 266: (c)

Winner for Brainleaks 266

1. Nivriti Singh, IX D, AIS Gur 43
2. Shreen Yadav, IX F, AIS Gur 46
3. Kabir Sharma, VI C, AIS MV

Name:.....



Class:.....

School:.....

Send your answers to The Global Times,  
E-26, Defence Colony, New Delhi - 24 or e-mail  
your answers at brainleaks@theglobaltimes.in

### The way forward

While the initiative undertaken by AIPS has gone to great length in sensitising people across different strata of the society, it is not the final stop. "Having spoken to villagers at ground level, listening to the problems that they are facing and analysing the surveys, we realised that there was a need to do something to resolve the problems at hand. We have come with the idea of installing 'Happiness Cells' in every village that will be run by qualified psychologists and counselors to help villagers sort out their mental health issues," shares Nishul Gupta. These Happiness Cells that shall constitute the second phase of the campaign also provide internship opportunities to MA (Psychology) students thus paving way further for their career in this field.

With inputs from Anika Magan and Kakul Hai, Assistant Professors, Amity Institute of Psychology and Allied Sciences (AIPS), Amity University Uttar Pradesh (AUUP), Noida.  







# The atomic trump cards

Raunak Gupta, AIS Gur 46, XI B

## The Main Players In Field

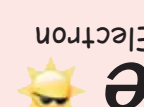
### e Electron



This negatively charged particle, discovered by JJ Thomson, is always dieting, justifying its negligible mass of  $9.109 \times 10^{-31}$  kg.

#### Special powers

- The only part of an atom that can participate in a chemical reaction.
- Can create three different states of matter because of its power to react.
- Moves so fast that scientists still haven't been able to calculate its exact position.



### p Proton



Discovered by Ernest Rutherford, it was the first subatomic particle to be found. It has the capability to stay positive in all situations and circumstances.

#### Special powers

- Is a heavyweight champion and outweighs all other particles.
- A great leader as it attracts electrons and keeps them all in their place in the atom's orbit.
- It determines the atomic number and hence the element that the atom will form.



### n Neutron



This neutrally-charged particle was discovered by James Chadwick, and it likes to be diplomatic and is very conciliatory.

#### Special powers

- Give it the award of being the sanest one in the family, because it is the most stable of the lot and keeps the entire atom together by counteracting the repulsive force that the protons throw at each other in the nucleus.



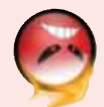
### u Quark



Discovered by Murray Gell-Mann, this building block is responsible for the existence of protons and neutrons. Go team work!

#### Special powers

- The father of all atomic particles, it forms baryons (a.k.a. protons and neutrons) when held together.
- Quarks occur as flavours (at least that is what the physicists call it): Up, down, strange, charm, bottom and top.



# The wise vs the scholar

## The Ultimate Debate Between Two Sides Of A Coin

Caitanya Singh Jaswal  
AIS Noida, XI C

A wise man once said that the difference between science and philosophy is that a scientist learns more and more about less and less until they know everything about nothing, whereas a philosopher learns less and less about more and more until he knows nothing about everything. Philosophers and scientists never seem to go hand in hand on any given topic, but what happens when they are faced with the same questions?

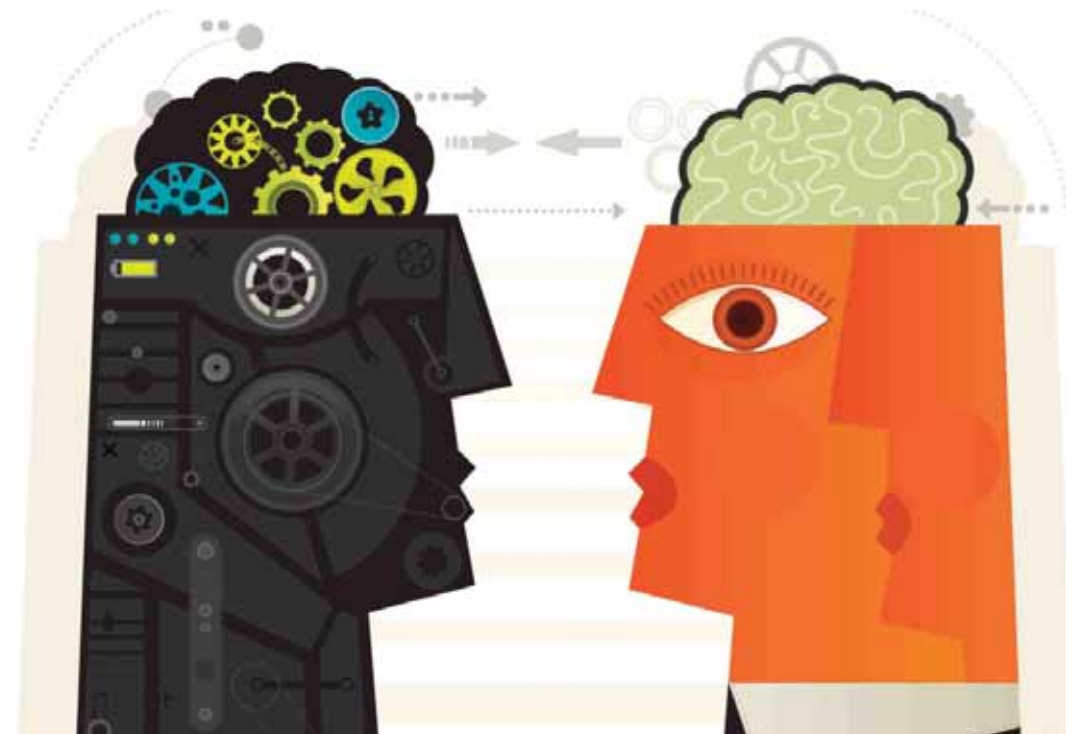
### Q: How was the universe, in which we live, created?

**Philosophers:** We can't find a definite answer to this question. It's possible that there was a higher being that made it or maybe a precursor race. Maybe nobody made it, and it's physically beyond our understanding, like a fly which cannot comprehend the hugeness of the planet.

**Scientists:** All space was once an extremely dense boiling hot single point in space. It imploded, causing the universe to expand. All the heat was distributed, and as space itself expanded, the universe cooled and matter formed.

### Q: What is the ultimate meaning of life?

**Philosophers:** Yet again, there is no single answer. One possibility



is that whatever makes us happy is 'true'. If we're happy, we're automatically successful. Happiness, whether due to monetary gain or familial success, is the same emotion. Whatever works for you is true and good!

**Scientists:** There is no meaning. We're born, we live, and we die.

**Philosophers:** That's...bleak.

### Q: In what ways do we define matter?

**Philosophers:** There are, in total, five elements in the world: earth, fire, water, air and ether.

**Scientists:** We have elements of our own, too! But there's 118 of

them and they're made of protons, electrons and neutrons. But wait! We can go even deeper and divide them into quarks. Maybe even these can be pulled apart and something can be found inside? Only time will tell.

**Philosophers:** A hundred and eighteen? But how do you remember all of them?

**Scientists:** We don't. We have periodic table for that.

### Q: How did human being came to be?

**Philosophers:** God or a higher being teleported humans to Earth. Easy-peasy!

**Scientists:** Since resources were limited when the planet was created, invertebrates evolved, and the generations kept evolving until we were created.

**Philosophers:** But who made the invertebrates?

**Scientists:** I don't know.

Clearly neither of the two have all the answers, but their search is on-going. While scientists expand outwards into space, the philosophers do so inwards. All that matters is that they are expanding, and no matter where the answers are found, they will always be questionable. 🇺🇸

# Enigma of the mysticals

## The Questions We Didn't Know We Wanted Answered

Dhairya Chaudhary  
AIS PV, XII C

Sweat collected on the brow of the scientist as he noted the final observation for his biggest project. At last, he had proved that mosquitoes are fond of cheese. As he walked off, pictures of the Nobel Prize swam in his head that he was obviously bound to receive. Alas! He was not the only one.

### A tangled mess

The topic that concerns human survival, the thought that has kept many awake through nights at end: why does dry spaghetti break into more than two pieces when bent to break? Scientists are studying both the microscopic and macroscopic properties of spaghetti with renewed attention and concern and will soon be able to come up with a solution for this absolutely impenetrable mystery.

### Nostril's block

We have all felt that strange mental dip when we have a cold. While we pass it off by linking it to weakness and fatigue, but a team of scientists thought other-

wise. They are busy investigating the effect that breathing through one nostril has on our cognitive abilities and our mental faculties. Maybe they were breathing through one nostril when they came up with the idea.

### De(mice) of logic

Music is magical; it can be linked with a myriad of emotions. It can relieve us of stress and anxiety and it carries with it a host of recollections and stories. It is no wonder that scholars

show interest in music as a subject. For example, a group of scientists checked if mice with mismatched heart transplants live longer when exposed to classical music. The answer: they do.

### A (pounding) headache

Which is heavier - a pound of lead or a pound of feathers? Even though they weigh the same, when analysts placed them in two similar shaped boxes and asked blindfolded volunteers to pick these up, even without visual aid people tend to find the box with lead heavier. This is a result of the psychological factors involved in perception of weight, such as the required muscular force, which is greater in case of lead.

### That's cheesy!

The introductory joke about mosquitoes and their cheese obsession wasn't really a joke. In 1996, a study was published by Bart Knols revealing that *Anopheles Gambiae* is attracted to stinky limburger cheese. Knols has won an Ig Nobel Prize in Entomology and also a Nobel Peace Prize.

P.S. Research is research, no matter how irrelevant. 🇺🇸







97% of the plastic ever produced, still exists.

U, Me Aur Hum

Whose life is it anyway?

# Putting

## Embracing The Art Of

Soumya Sharma  
AIS Noida, XII J

If God came down to earth this very second, he would want to return even faster. And the first thing that the Almighty would also want to do is to edit the Bible - to include the Eighth Deadly Sin: Procrastination. The Baby Boomers dominated internet has demonised the act of procrastination to such an extent that putting off even the smallest of things for something fun makes us feel guilty. Really, when was the last time you binge watch on Netflix without feeling like you're cheating on your textbooks? Let's see if Big P is really a bad guy...

### Plutarch and Plato would be proud

No seriously, who? Ancient Roman and Greek power players who did nothing but think all day were revered for their wisdom. Just imagine how proud these ancient civilizations would be of us. Our endless 'Watch Later' YouTube videos, piles of unread books and stacks of undone homework are clear indicators of one thing: we are following the footsteps (read: butt imprints on a sofa) of our ancestors. Perfect.

### Snooze, secret to my energy

Scientists in white lab coats say that our bodies release good amounts of adrenaline when we are motivated by fear. This means, that when our fast approaching deadlines loom above us or we see those fifteen missed calls from our angry bosses (or even moms), we feel the energy due to fear and thus find it

easier to bear tough tasks with better efficiency! So hit that snooze, you'll thank yourself later!

### No pressure, no diamonds

We've all been there. One YouTube video turns into 20 and soon you are closer to your deadline than you'd like

Illustration: Pankaj Mallik, GT Network



# it off

## Procrastination

to be. But in a panic-driven-guilt-induced state you have managed to complete your GT article 2 minutes 20 seconds before deadline! A tight time frame helps you focus on your goal. After exploring all possible distractions and exploiting half your resources, there is only time to tackle the most pressing elements, so inessential details fall by the wayside. Basically, driving yourself into a situation of high pressure and anxiety churns out masterpieces!

### A (pro) conclusion

The next time someone calls you out for procrastinating, push (gently) this article into their face. The fact that you managed to do so many other things while working on a project with deadline is an absolute feat. You are a superhero and so what if you can't shoot spider webs or control minds? You put the pro in procrastination and that should be enough.

*Disclaimer: The author of this article completed this article after binge watching 432 YouTube videos and hours of sleep. She nearly had a panic attack to meet the deadline. So, if you are procrastinating, do so at your own risk!*



# Reasons umpteen...

## ... To Why We All Should Go Green!

Jaya Jha, AIS Gur 46, IX G

Have you ever been faced with a situation where uninvited nosy guests turn up on a Sunday which you were planning to spend lazing around, and they just refuse to abandon your hospitality? Unfortunately, for most of us, this one is a true story. And whom do we remember at such a crucial time? Our trusted saviour: Green Tea! Confused? Please allow us to take you through this purely genius idea!

### #StandardsHigherThanHeels

Serving green tea makes you look classy and creates the image of a high-class family. Admit it, you enjoy seeing their faces screwed up in disgust as the first sip cascades down their throat, and they desperately try to show that it is regular for them to drink

green tea. Of course, how can the high-class guests ever disrespect the classy drink, a regular member of their breakfast? (or, at least, that is what they would like us to believe)

### #Biscuitssaved

Seeing someone eat our favourite biscuits is a total pain in the neck tummy. Isn't it? But of course London wali Mamiji will expect Canada wale biscuits. **Golden tip:** Serve them green tea. It saves you the pain of dishing out expensive biscuits because biscuits don't go with green tea; even our uninitiated guests would know that. #missionaccomplished

### #Saynomore

You think green tea tastes like butter beer? Well it certainly doesn't taste how Shradha Kapoor portrays it. One sip and they swear never to ask for another helping.

You stand there smirking in a corner, high-fiving yourself and thinking "Piyo Piyo aur Piyo!" #khelgaye

### #Kthanksbye

If your luck is in your favour and there's no fault in your stars, they might never grace you with their presence again and take undue benefit of your unwilling hospitality. #sorrynotsorry

### #Healthynotwealthy

Green tea might taste like green venom, but after all, what all Shradha Kapoor claims of its fat-reducing properties may not all stand to be completely baseless. Green tea is definitely a healthier alternative to caffeine and some exceptional (read: health conscious) guests might even appreciate your efforts.

In case they really like your green tea, well, that'll be a story for another day!

# The starter's guide to art

**Good art reveals more about the buyer than the artist himself. So, if you are starting out on the scary quest of buying art, you might need a little help. Vasundhra Kaul, AIS Gur 46, XII, brings you five steps that should get you a decent art piece. Read on if you are as blank as a canvas.**

Illustration: Anahita Garg, AIS Gur 46, XI C



### Figure what the zeitgeist is

Exactly how contemporary is contemporary art? Constantly changing, it's impossible to find that out. If you want to play safe, Mondrian's squares are always welcome. Instantly recognisable, Mondrian-inspired paintings stink of money and MS Paint. That big, white painting that has a single white circle in the centre and a crowd of admirers in front? Buy it.

### Big is better

A larger piece will impress friends and intimidate enemies faster. You could take cues from Damien Hirst's famous art piece

watching over the exhibit tried to remove it, suspecting it of having being vandalised.

### It's all in the name

Do your research. Do you want a Kandinsky or an Ono? Keep up with the latest big shots in the art world, and hire someone to find art pieces for you. Do not enter a gallery or an auction without doing your homework or you could walk away deeply embarrassed.

### Avoid art students

You've zeroed in on a couple of pieces, and are going to speak with the exhibition manager. You can feel thickly coated eyes on you and partially covered by oversized berets. They silently judge, constantly try to catch up with you so they can tell you just what they think of your choice. They are the art students. Do not let them catch up with you.

'Is that a Malcolm Hill piece?'  
'Um, yeah, it is.'  
'We thought so.'  
Contemptuous sniggers.  
So, what are you waiting for? Get set go to buying your first art piece. Well, well, you can thank us later. 🙄

The Physical Impossibility of Death in the Mind of Someone Living- a 4.3m long tiger shark encased in formaldehyde. Remember, nothing says 'I'm richer than you' like a giant tiger shark in your bedroom.

### Be prepared to spend

Art is not cheap. In fact, to one-up your friends, you'll need to dig a little deep into your pocket to impress. Tracey Emin's 'My Bed' was recently sold for 2.2 million dollars. 'My Bed' is literally Emin's bed, from another time in her life. In fact, a guard

*This article was published in GT edition dated Feb 2, 2015.*

*Vasundhra is currently pursuing her graduation from National Law University, Delhi. She is in her fourth year.*



Plastic production consumes around eight percent of the total oil production in the world.



## Right duty for rights



Dr Amita Chauhan  
Chairperson

Our great nation has celebrated 70 years of being sovereign, democratic, republic and it's a matter of huge pride that in 21st century we are the single largest successful democracy of the world. The unique aspect of this great democracy is the fact that ours is a constitution 'of the people, by the people and for the people'. We are the ones who decide what kind of nation we want to build, we are the ones who have responsibility to build it and we are building this nation for ourselves and the generations to come. As we march ahead, thanks to internet and globalisation, we now know our constitutional rights and voice out loud when they are violated. But what do we do when we do not perform our constitutional duties well? Do we make it a point to disperse our duties towards our nation as a way of life? It's time to ponder every time we litter in open and pollute our rivers in the name of tradition, when it is our constitutional duty to protect and improve the natural environment. We practice child labour when it is our fundamental duty that we facilitate every child to develop scientific temper, humanism and the spirit of inquiry and reform. At Amity, we constantly strive to inculcate these basic values in our learners, educators and staff alike, but now I call upon each one of you to pause and ponder. Before asking for rights make discharging fundamental duties as a way of life. It is only when each one of us will strive for excellence in all individual spheres that it's cumulative result will build a nation with higher levels of endeavour and achievement. 🇮🇳

## Power of she



Vira Sharma  
Managing Editor

As I watched 70th Republic Day celebrations, I was overwhelmed with rejoice at the realisation of the immense power and quark of energy a woman is. While women have been coming up in all fields, breaking the glass ceiling, this Republic Day parade, they gave an absolutely new meaning to women empowerment. Watching Captain Shikha Surabhi as part of the Army's 'Daredevils' motorcycle team and Lieutenant Bhavna Kasturi lead an all-male marching contingent was truly stupendous. These women showed to the world that now women empowerment has moved from giving the power to women to realising that they are already all powerful. Now women empowerment means that more concerted efforts for equity and equality for women are made in every realm, be it home or office or hearts. Now it's not just about freedom to make a career, but freedom to make career in any field they want. Now it's not just about studying but studying the subjects she loves without stereotypes of genders.

While annals of history are replete with exemplary women like Mata Jijabai and Devi Ahilyabai Holkar who held home and war turfs with equal aplomb and grace, in modern times we have some very exemplary women leaders like Margaret Thatcher and Angela Merkel. Closer home, our Amity is being led by an extraordinary Chairperson, Dr (Mrs) Amita Chauhan, who with her magnanimous vision and heart full of love and compassion has nurtured each one of us into happy and learned souls. The recent poetry competition on women empowerment organised by AERC (read page 11) is a testimony of the values and beliefs of Amity, the changing mindsets and wider vision of Amityans towards building a society where everyone irrespective of their gender dares to dream and follow passions. 🇮🇳

Published and Printed by Mr R.R. Aiyar on behalf of Dr (Mrs) Amita Chauhan from E-26, Defence Colony, New Delhi 110024 and printed from HT Media Ltd, No 8, Udyog Vihar, Greater Noida. Editor Ms Vira Sharma.  
Edition: Vol 11, Issue 3 ■ RNI No. DELENG / 2009 / 30258. Both for free distribution and annual subscription of ₹ 900.

Opinions expressed in GT articles are of the writers and do not necessarily reflect those of the editors or publishers. While the editors do their utmost to verify information published, they do not accept responsibility for its absolute accuracy. Published for the period January 28 - February 3, 2019

# Myths meet reality

## Beings Of Dreams Are Happy Only When They're In Dreams

Imaging: Pankaj Mallik, GT Network

Samira Khatri, X A and Dhriti Seth, X J, AIS Gur 46

There have been times when we believed that Santa Claus actually slipped in through the chimney to secretly place Christmas gifts; times when we believed the tooth fairy's clandestine visits when we were asleep. And these are just some of the many gifts of fantasy that we have believed in as children. But for once, what if these mythical creatures did come face to face with reality? Well, their once-upon-a-time wouldn't have had a happy ending.

### The unwanted unicorn

All the unicorns would have gone into hiding, fearing the arrival of the poachers who could show up any time. The elegant swirly horns, shiny hooves and their magical blood that make them the most beautiful creatures, would have been their biggest curse, causing them to be hunted down. And why not? Did we not give the same treatment to elephants and rhinos, poaching them in large numbers for our selfish needs every year?

### The melancholic mermaid

Mermaids are pretty. Aren't they? But the same can't be said for their home considering we dump more than 8 million tonnes of plastic into oceans



every year. God forbid if mermaids were to come to life, all their beauty would have vanished from living in a stinky and unhealthy habitat.

### The flightless fairy

A fairy floating through the clouds casting her magic wand, making wishes come true. That's perhaps the picture that comes to mind when we think of these magical creatures. But life will be a lot different for a fairy of the 21<sup>st</sup> century. Battling global warm-

ing, soaring temperatures and acidic rains, their frail wings and bodies would soon give away.

### The gormless goblin

Goblins are known to be exceedingly clever. But humans are a step ahead in the cleverness department, and cruelty too. The goblins would be destined to find themselves in scientific laboratories wherein they'd be subjected to atrocities. They would undergo tests to see what makes them so

clever and whether or not it could be used for the benefit of human race. Their state would be similar to that of mice and rats who make up 95% of all animals used in medical research.

The line between fantasy and reality can become blurred, making it harder to know where one ends and the other begins. Yet, for the sake of these poor innocent creatures of our dreams, let us hope that these particular fantasies stay in our minds. 🇮🇳

## A new Republic begins

Adeela Hameed  
AIES, AUUP

The sparrow stretches its wings  
But alas! The net had been drawn  
The poacher beheld its beauty  
Though against the evil strings

For years it was free to gain wisdom  
It had the spirit to soar high  
The jungle was all praise for it  
So were creatures of any kingdom

Now all that was left was lore  
The bird moaned instead of tweet  
For the hunters' nest drained all  
The skeletons of youthful herbivore



But the instinct of independence  
The history of its rightful past  
And the capability to explore  
Made it cut through the fence

The sparrow woke up to its form  
Gloriously crowning its constitution  
It returned to the past of golden joy  
Thus, Republic of India was born 🇮🇳

## Being comfortably numb

### How Do You Feel About Feeling Nothing At All?

Aparajita Lahiri, XI F & Sanya Kanwar, XI D, AIS PV

We all love to plug in earphones on a long car ride or just stare into nothingness only to find ourselves numb. This numbness is nothing but filled with solace. And for once, not being able to feel is a good thing.

### Hello. Is anybody in there?

'The rainbow gave thee birth, and left thee all her lovely hues,' and sometimes you need to look within your own self to find all the joy. Oh, the joys of being alone. Going for a walk all alone, staring towards the sky and appreciating the beauty of nature in the hustle bustle of our lives; leaves within you a tranquil, a



certain numbness, a happy one.

### Well I can ease your pain, get you on your feet again.

The comeback is always greater than the setback. But between the two stages one often encounters a state so indifferent. As stones are hurled and accusations are made; many reach a stage where things cease to make a difference; when what's being said fails to ignite any emotion. Perhaps, this goes out as a disclaimer to those

on the attacking front – stop before your attacks fail to have any impact.

### When I was a child I had a fever.

Nostalgia is a beautiful thing. It takes you down the roads you've already travelled, in the process eliciting emotions that you didn't feel even when you actually lived the moment. Flipping through childhood photos, reliving those memories - that stuffed teddy, the trip to Disneyland.

### The dream is gone. I have become comfortably numb.

Sometimes it's going back the memory lane, sometimes it's the bliss of ignorance. All of us have our own zones that make us comfortably numb, so don't fear if you come across yours. 🇮🇳

## GT M@il

### Poems for empowerment

Empowering The Women Of Today



I would like to express my heartfelt thanks for the warm welcome extended to me and my team at Amity on the occasion of International Human Rights Day on December 10, 2018.

The visit to Amity Global School allowed me to become acquainted with the work carried out by the institute and existing partnership with Netherlands. The promotion of education and gender equality are priorities for the Dutch mission in India, so it is good to know we can count on organisations like yours to achieve our shared goals.

I greatly admire and appreciate the active contribution from all the students who participated in the Human Rights Day by means of their poems, thoughts and ideas. For me, the exchange with them was an absolute highlight and I am looking forward to many such exchanges in the future.

I would also like to extend my special thanks to Dr (Mrs) Amita Chauhan and all the staff members who had worked hard to make the event an absolute astounding success.

Look forward to work with you in the future. *Phir milenge.*

*\*This letter was shared by Anneke Adema, Deputy Head of the Mission, Embassy of the Netherlands in India after the success of Literary Poetry Recitation jointly organised by Royal Embassy of Netherlands and Amity Educational Resource Centre. Please refer to page 11 for complete report of the event. 🇮🇳*



OPPORTUNITY FOR **CLASS X, XI, XII & 2019 XII PASSING OUT STUDENTS**



# AMITY UNIVERSITY SUMMER SCHOOL 2019

**A UNIQUE CONCEPT AS FOLLOWED BY TOP GLOBAL UNIVERSITIES**

Experience campus life even before you join college.

Pursue your career dreams. Choose from 24 diverse streams.

Prepare yourself for an exciting graduation life ahead.

## LEARN

from distinguished faculty credited with filing over 1,000 patents and developing 2,200 case studies bought across 99 countries

13th BATCH COMMENCING FROM  
**27th May to 7th June 2019**

**LIMITED SEATS AVAILABLE**

## EXPERIENCE

the joy of learning at over 300 labs and learning studios

## ENHANCE

your personality through communication and leadership modules

## PLAY

at the 15 acre sports complex and Arcadia - (Gaming zone)

## ENJOY

at the 85 acre self-reliant campus with 10,000 seater hostel, Food Courts and Cafeterias, L'Oreal Salon, Bank & ATM



Amphitheatre style AC classrooms



Central Library spread over 56,000 sq. ft



300 hi-tech Labs & Learning Studios in over 60 disciplines



On-campus 15 acre sports complex with numerous outdoor and indoor sports activities



On-campus Cafeteria and multi-cuisine court



Separate Hostel for Boys & Girls

### 24 COURSES TO CHOOSE FROM

#### ENGINEERING SC. & TECHNOLOGY

- Biotechnology • Space Sc. & Tech.
- Nanotech. • Aerospace & Avionics
- Computer Sc. • Electronics & Comm.
- Forensic Sc. • Automobile Engg.
- Networking & Telecomm.

#### CREATIVE PROGRAMMES

- Fine Arts • Fashion Design
- Architecture & Interior Design

#### MASS COMMUNICATION

- English Comm. & Journalism
- Photography

#### MANAGEMENT

- Marketing & Sales
- Accounting & Finance

#### FILM & DRAMA

- Film Awareness & Film Making
- Acting for Stage & Screen

#### SPECIALISED PROGRAMMES

- Hotel Management
- Travel & Tourism
- Law
- Physical Education
- Foreign Language
- Psychology

OVER 2,000 STUDENTS FROM 350+ INDIAN AND INTERNATIONAL SCHOOLS HAVE PARTICIPATED IN THE AMITY UNIVERSITY SUMMER SCHOOL OVER THE YEARS:

- The Shri Ram School • Delhi Public School • G D Goenka World School
- Mayo College, Ajmer • Mother's International • Spring Dales School
- Army Public School • Convent of Jesus & Mary • Vasant Valley School

**FEES** • Course Fees: ₹ 10,000/-  
(Fees subsidized by Amity Youth Foundation)

• Hostel Fees: ₹ 4,000/-  
(including Breakfast/ Lunch/ Dinner)

For application form please contact, Amity University Summer School, G-02, E2, Ground Floor, Sector-125, Noida (New Delhi NCR)

Tel: 0120-4735612/13 | Mobile: 97-176-94609, 88-268-38620, 70-422-92134, 70-422-92142 | Email: summerschool@amity.edu | www.amity.edu/summerschool





# La fête nationale

## Storywala



Aditi Suresh, AIS PV, XII F

**La Date:** Le 14 juillet 1789

**Le Lieu:** Bastille Saint-Antoine, Paris, France

The corridors of the Bastille fortress, which served as the prison for liberal radicals, has been echoing with the screams of the army generals all day long. Even though I was in a solitary confinement, my thoughts had never been this free. In one year I had been in here, my words have grown accustomed to limiting themselves to my brain, never touching the skin of my tongue. After all, the notion of free speech has always been stifled by the system.

I sat quietly behind the bars of my cell, staring at the other side with great concentration. The silence in the room contrasted the chaos in my mind. My fists balled up together before they hit the wall on the right. Within some fleeting seconds, it started to bleed. To my surprise, I was oblivious to the ache it caused; the only ache I could remember was the struggle of my brothers and sisters outside this fortress. I started rubbing my hand against the wall, just because of lack of having anything else to do. The stoned walls irked my skin and the cold wind worsened the wound. Nevertheless, my heart felt light. I continued to run my hand against the wall, letting out my feelings. 'Brotherhood, where art thou?' it finally read.

Mutiny took the form of esoteric art. The blood running from my hand had come to a standstill and I stood staring at the wall. Knowing that my question would never be answered, I closed my eyes and tried my best to sort all the thoughts running in my head. The night had come to an end with the hopes that tomorrow would finally bring something completely different. My sleep was hindered by the commotion around my cell; I could hear a cacophony of noises ranging from thumping of footsteps to screams of fellow inmates. "Hurry! We're planning to flee the vicinity. Our intelligence says that rebels want to blow up the prison and destroy the only sign of despotism," came a voice. I peeked out of the

I glimpsed outside the tiny gap in the wall to look upon the day that would mark the beginning of a vicious end.

tiny gap in the wall to look upon the day that would mark the beginning of a vicious end. I knew the time had finally come for me to find a way to freedom, for me to find a way out of Bastille. I strived to break free, but the bars didn't move an inch. I glanced outside to see people using force to make their way in. My bruised hands left me helpless for I could not pave my way to life. The area grew warmer; I could feel a surreal heat. Beads of sweat started running from my forehead and I stood near the tiny hole to cope with my breathlessness. My comrades standing on the other side were pursuing a fight against the tyranny of French monarch, all the while I stared at the dilapidated wall and hoped that my blood served a meaning. The heat intensified with every second and my vision started growing blurry. My head dwindled, and my body felt numb when I regained my consciousness. All I could hear were loud cries of "Vive la France" being repeated to no end. Sunlight hit my eyes and I realised that I no longer sat in the confinements of my cell. "Brother, let's celebrate! You are free; we are free. We have destroyed the Monarchy. It is a revolution for hope."



## Banana batter cake

Sneha Bhandari, AIS Gur 43, XI

### Ingredients

Refined flour .....	3 cup
Coconut (grated) .....	1 cup
Baking powder .....	1 tsp
Baking soda .....	1 tsp
Bananas (mashed) .....	4
Maple syrup .....	2 tbsp
Vegetable oil .....	2 tbsp
Dry fruits .....	as per choice
Butter .....	to grease

### Method

- Before starting, preheat the oven to 350 degrees. Take a cake pan and grease it with butter.
- In a bowl, add refined flour, vegetable oil, grated coconut, baking powder, baking soda, mashed bananas and maple syrup. Mix all the ingredients until the batter is smooth.
- Pour the batter into the pre-heated pan and bake it at 120 degrees Celsius for about one hour or until a toothpick inserted in the centre of the cake comes out clean.
- Allow the cake to cool down for 15-20 minutes.
- Transfer the cake on a plate and decorate it with various dry fruits of your liking.
- Your banana cake is ready to be enjoyed!

## Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to [editor@theglobaltimes.in](mailto:editor@theglobaltimes.in) or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!



Q: Which Iranian airline has been banned by Germany?  
Ans:

Q: Out of the total plastic produced, what per cent is actually recycled?  
Ans:

Q: Who discovered the particle 'neutron'?  
Ans:

Q: Who is the writer of the article 'Putting it off'?  
Ans:

Q: What is the name of the story written by Shaurya Pratap Singh, AIS VKC, IV A?  
Ans:

Q: Which place did Aarna Hazari, AIS Vas 6, I B, travel to?  
Ans:

Q: Who is the Executive Director of RICS?  
Ans:

Q: What is the name of the secret missile site found in North Korea?  
Ans:

Q: Which poem was written by Dhruv Talwar, AIMC, X A?  
Ans:

Name: ..... Class: ..... School: .....

Results of 70: Eashan Malhotra, AIS Noida, IV J; Navya Bajaj, AIS Vas 1, V A; Kabir Sharma, AIS MV, VI C

## WORDS VERSE



## Journey of life

Ananya Pandey  
AIS VKC Lucknow, IX B

I may not be a shining star  
But I have miles to run  
  
My dream is still so far  
I aim not for the sky  
  
But someday I'll be near it  
On this fact I firmly rely  
  
The journey ahead won't be easy  
Struggles will pave my way  
  
I'll be lucky to not go crazy

My failures often make me cry  
Disappointments and heartbreak  
They're weaknesses I can't deny  
  
But then I remember  
What I promised myself  
  
To always let fears dismember  
Whatever the situation is  
  
I'll always stay confident  
And make my own decisions  
  
Future is my preference  
I'm born to make a difference

## Our true Lord

Dhruv Talwar, AIMC, X A

Thousands of people  
Flock to temples every day  
Irrespective of day or season  
To find answers as they pray

Some are full of anxiety  
Some in big trouble  
But some of them come  
So that their joys are doubled

Each has its own good reason  
To pin all their hopes on you  
Justify their crimes and treason  
Make their wishes come true

Lord, God, Friend or Father  
All are nothing but your names  
They beseech you at holy shrines  
Hanging their heads in shame

Flowers, sweets and money

They offer all that they can  
Little do they even realise  
They're filling the priest's pans

Those whose wishes are fulfilled  
Sing only your praises  
Whilst those whose aren't  
Curse you with new phrases

Nothing deters your love  
Your glory remains the same  
You are infinite and eternal  
Whom none can claim

You are insurmountable  
The one who is there for all  
You are the ultimate power  
You won't let anyone fall

You are here, there, everywhere  
Omnipotent and omnipresent  
Same for the saint or the sinner  
The rich or the simple peasant



## Tongue twisters



Peter Piper picked a peck of pickled peppers. How many pickled peppers did Peter Piper pick?

The 33 thieves thought they thrilled the throne throughout Thursday.

I wish to wish the wish you wish to wish, but if you wish the wish the witch wishes, I won't wish the wish you wish to wish.

Picky people pick Peter

Pan Peanut Butter, 'tis the peanut butter picky people pick.

There those thousand thinkers were thinking how did the other three thieves go through.







The amount of plastic that is thrown away annually, can encircle the earth four times.

# Growing up together

Imaging: Pankaj Mallik, GT Network

## Wisdom tale



Shaurya Pratap Singh  
AIS VKC, IV A

In the dense, green jungle of Amazon was a tree which was home to a beautiful Brewer's blackbird and her two chicks – Toto and Fredo. The mother bird was usually out in search of food while the brothers kept each other company. Every day they would learn something new. In fact, they surprised their mother by learning to fly on their own. Needless to say that she

was a very proud mom. One day, when the brothers did not have anything else to do, they decided to play hide and seek. Fredo was the seeker and had to look for Toto. Fredo covered his eyes with his little wings and turned back. Toto was nervous; there wasn't a safe hiding place anywhere nearby. "What do I do?" he thought. At last, when there wasn't any time left, he flew to a hole in a neighbouring tree. Little did he know, it was a snake's home.

While Fredo was unable to find Toto, the snake did. He eyed the little bird and a mischievous smile spread across his face. He wouldn't have to sleep on an empty stomach today. "Hissss," Toto heard the snake's rattling. He was so terrified that his whole body went numb. He couldn't move and the snake was coming to eat him. "This is my last day," he thought. Then suddenly, Toto remembered what his mother said, "Don't panic whenever you're in trouble. Always

He eyed the little bird and a mischievous smile spread across his face. He wouldn't have to sleep on an empty stomach today.

stay calm and there is no problem that you can't solve." "I got this," Toto said out loud and started screaming at the top of his lungs.

Fredo who was looking for his brother up and down the tree heard the cry for help. As he looked down, he saw the snake slowly crawling and approaching his little brother. He flew as fast as he could and started poking at the snake's head. The snake was annoyed and started to bleed. Annoyed and angry, the snake turned towards Fredo. Toto making the most of snake's distraction, used that very opportune moment to fly out of the hole as swiftly as possible.

That night when their mother came home after her day's work, they told her everything that had happened. She was worried at first, but also proud – like she always was – of her little kids who had grown so big without her noticing. She was glad that the two brothers had each other's backs in times of despair.

**So what did you learn today?  
Be there for your friends and family in their tough times.**



## Ornate candle stand

Jasmeh Kaur Bindra, AIS PV, IV C

### Material required



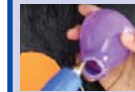
### Method



Step 1: Cut a circle from a cardboard and paste a sheet of coloured paper on it.



Step 2: Take a plastic bottle and cut its neck with a pair of scissors.



Step 3: Now, stick the bottle upside down with

the cap placed over the center of the cardboard.



Step 4: Take small decorative stars and paste them on the bottle



Step 5: Place a candle inside the bottle and light it with a matchstick. Your ornate candle stand is ready!

## Best entries for colouring fun



Adhiraj Kumar, AIS MV, II A



Advik Singh, AIS Vas 6, III B

## POEMS

### My pawed friend

Lungchui Kamei  
AIS PV, IV E

My cute, little, sweet puppy  
Is adorable and a dearie

She is fleecy, furry, fluffy  
I cuddle her, she's so stuffy

My cute, little, sweet puppy  
Is loyal, faithful and friendly

She is knotty and wobbly  
Playing with her is fun and jolly

My cute, little, sweet puppy  
Is lumpy, bumpy and jumpy

It was me that she first saw  
Trotted her small, softie paw

My cute, little, sweet puppy



Is yappy, gabby and barky

Her tail is always wagging  
Without her, my life is lagging

My cute, little, sweet puppy  
She is love of my life, indeed



### Gratitude

Krishang Vyas  
AIS Gur 46, VII G

Each particle is a gift to us  
Each grain is a miracle  
Each second an opportunity  
To be on top of the pinnacle

Like a string of buckets  
Passing through a well  
Filling an empty tank

Till the point it swells

Every drop of water  
Makes a new life  
Feed even one mouth  
And life is no more rife!

O' Lord, bless thy grace  
To give me strength  
To lift up someone else  
Unseen and untraced

## Riddle Fiddle

Saaisha Sachdev  
AIS Gur 46, IV G

1. Why does the giraffe have such a long neck?
2. Where do pencils spend their vacations?

3. Why did the cow cross the road?
4. Can a kangaroo jump higher than a house?
5. Why did the bee marry?
6. If a red house is made of red

- bricks, then what is greenhouse made of?
7. What five-letter word becomes shorter when you add two letters to it?
8. How can a leopard change its spots?

**Answer:** 1. Because it's feet smell really bad 2. In Pennsylvania 3. It wanted to go to the moon 4. Of course, a house doesn't jump at all 5. Because he finally found his honey 6. Glass, because all greenhouses are made of glasses 7. Shorter. (Short + er) 8. By moving from one spot to another

## It's Me

### KNOW ME BETTER

My name is: Aarav Mehta  
Class: Nursery D  
School: AIS Saket  
Birthday: 16 August



### MY FAVOURITES

Teacher: Surabhi Ma'am  
Subject: Mathematics  
Friend: Maahira  
Game: Basketball  
Cartoon: Marvel's Avengers  
Food: Grilled cheese sandwich  
Mall: Select City Walk  
Book: Spider-Man comics

### MY DREAMS & GOALS

My role model: Papa  
I want to become: An astronaut  
I want to feature in GT because: I want everyone to know more about me!







**amiown**

Amity's Caring Preschool



**HOORAY!**



**#1  
ranked  
preschool  
in  
gurgaon\***

We would like to thank  
all our Amiown families,  
our Amiown children,  
our mentors and well  
wishers for their  
constant support  
and love.

**#2 preschool in Noida\***  
**#3 preschool in Delhi\***

Over the years, we've worked hard to set standards in Preschool education and to build Preschools on the foundation of love and care. Our greatest reward is the happiness of our loving Amies and so it comes as a bonus when the Education Community recognises us as the best and top Preschools across all the regions we are present in.

\*Results of nationwide preschools survey rankings published in Education World 2016 - 2018







Around 50% plastic that is dumped is used just once.

# Mental Math 2018

Learn, Play, Fun And Win With Numbers On Fingertips



Beaming young wizards of Mental Math quiz pose cheerily for the lens with their teachers and mentors

## ARDC

The 9th edition of Inter Amity Mental Math Quiz for Class I-X was held from Dec 17-19, 2018, hosted by all eight branches of Amity Group of Schools across Delhi and NCR. The quiz, an informative and learning initiative of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools, was envisaged in the year 2010 to make mathematics fun and simple for the young minds and nurture young mathematicians. Organised under the aegis of Amity Research and Development Centre (ARDC), the competition was designed to ensure 100 percent participation of all Amityans. At the first level i.e 'intra-class' three best students were selected

from each class who then competed for second round, i.e inter-class. Three best students per class then qualified for the final inter-school quiz. The final round comprised different rounds, namely 'audio story', 'tables' (rapid calculations), 'computation' (visual round), 'pattern recognition' (visual round), 'tangling untangling shapes, etc. Each round was carefully designed by experts to enhance the mathematical aptitude of young Amityans. The occasion was graced by eminent mathematicians and scholars from various prestigious institutes, such as NCERT, SCERT and DU. AIS Noida with a total tally of seven medals emerged as overall winners, followed by AIS PV with six medals at second position.

Medal tally for Inter Amity Mental Math				
Class	First	Second	Third	Host School
Class I	AIS Noida	AIS Gur 43	AIS PV	AIS MV
Class II	AIS Gur 43	AIS Vas 6	AIS Gur 46	AIS PV
Class III	AIS Noida	AIS Gur 46	AIS Vas 1	AIS Saket
Class IV	AIS Noida	AIS MV	AIS PV	AIS Vas 6
Class V	AIS Saket	AIS Noida	AIS MV	AIS Vas 6
Class VI	AIS Noida	AIS Vas 6	AIS PV	AIS Vas 1
Class VII	AIS Noida	AIS Saket	AIS PV	AIS Gur 43
Class VIII	AIS Vas 1	AIS Saket	AIS Gur 46	AIS Gur 43
Class IX	AIS Noida	AIS Saket	AIS PV	AIS Gur 46
Class X	AIS PV	AIS Gur 46	AIS Vas 6	AIS Noida

The overall third position was a tie between AIS Gurugram 46 and AIS Saket, with four medals each.



Winners of Ramanujan 2018 with their certificates

## Ramanujan'18

Imbibing Math In Life

### AIS Noida

The school successfully hosted 18th edition of the popular Ramanujan Inter School Math competition from December 20, 2018 for the students of Class IV-XII. This unique math competition, which is also one of the oldest ongoing annual inter-school competition was initiated by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, with an aim to kindle curiosity of young minds towards logical and reasoning aspects of mathematics in day to day life. With participation of 186 students from 19 schools across Delhi/NCR, the competition comprised several day-to-day

application based math questions to challenge their logical and reasoning skills. Various activities were designed like written test, fun math activity, speed round, oral problem solving task etc as per different class level. Several awards were won by Amity Group of Schools. AIS Noida and AIS Gurugram 46 stood bagged the first and second position respectively in Class IV-V. In Class VI-VIII, AIS Noida bagged second prize while AIS Gurugram 46 and AIS Mayur Vihar secured second and third position respectively in Class IX-X. Also, AIS Noida and AIS Vasundhara 1 bagged the first and the second position respectively in the Class XI-XII.

## Skating champion

### AIS Noida

Eklavya Jagal of Class VI secured third position in the finals of Australian Open Short Track Speed Skating Championships 2018 held at O'Brien Group Arena Docklands in Melbourne, Australia from October 5-7 2018. This was Eklavya's first participation at an international championship and he won under midgets age group, clocking 59.4 seconds in 500 meters skating race. Australia, New Zealand, Hong Kong were some other participating coun-



Eklavya with his mentor

tries. Eklavya is also the current gold medal winner of National Short Track ice skating in U-13 age group.

# Poems for empowerment

Empowering The Women Of Today



Young poets with the chief guest and eminent dignitaries

## AERC

Amity Educational Resource Centre (AERC) organised a literary poetry recitation event to observe International Human Rights Day, celebrated on December 10 2018 in collaboration with the Royal Embassy of Netherlands. The event hosted by Amity Global School, Noida marked the realisation of the vision of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, of using education as a tool for empowerment. It was also the culmination of a poetry writing competition based on theme 'Empowered women make

an empowered world' held for Class VIII-XI across Amity Group of Schools. The event commenced with traditional lamp lighting ceremony followed by screening of documentaries based on true stories of girls who fought various challenges like poverty and discrimination. An interactive session by the delegates of Netherlands with the students enlightened them on issues of women empowerment. This was followed by a soulful recitation of five winning poems from numerous entries received for the poetry competition by their composers. Adding colours to these recitations was Santosh Nair, who

etched every emotion on the canvas live. The artwork was titled 'I am a woman'. Anneke Adema, Deputy Head of Mission, The Royal Embassy of Netherlands, graced the event as the chief guest along with Tess Van Ernst, External Officer for Political Affairs, Press and Public Diplomacy; Mini Dixit, Senior Public Diplomacy and Communication Officer and Karanpreet Kaur, Senior Policy Officer. Nandita Pradhan Bhatt, Program Manager, Participatory Research in Asia (PRIA) and Santosh Nair illustrator and voice over artist were also invited. All winners invited with their parents were also felicitated on the occasion. They



Santosh Nair, eminent artist, paints the canvas with colours of empowerment and equality

## Winning bards of empowerment

- Krutika Srivastava, Class VIII, AIS Noida
- Kritika Chettri, Class 102, Amity Global School Noida
- Rashmi Singh, Class VIII, Amitasha Gurugram Sector 43
- Vanalika Maini, Class IX, AIS Gurugram Sector 46
- Tejas Singh Gulati, Class XI, AIS Pushp Vihar
- Vyakhya Gupta, Class IX AIS Gur 46

received certificates, t-shirts and souvenirs from The Royal Embassy of Netherlands. Note: Read letter from Anneke Adema, The Royal Embassy of Netherlands on page 6.

## Novel educators

### AIS Vas 6

Papers by four educators of the school got selected for presentation at the ninth edition of the prestigious \*National Teacher's Science Congress (NTSC)-2008. The event was held from December 14-16, 2018 at Vikram A Sarabhai Community Science Centre (VASCSC), Ahmedabad. The focal theme this year was 'De-

sign literacy for effective Science communication by Educators.' The educators presented unique ideas for enhancing teaching methodology of science and math through a rigorous national selection process adjudged by eminent academicians and scientists.

\*NTSC is an initiative of DST aimed to develop innovative teaching methodologies in math and science.



Anshu Khanna



Poonam Bhatt



Sugandha



Suniti Gupta

Name of teacher	Topic
Anshu Khanna	New emerging media techniques and tools
Suniti Gupta	Transition to STEM education
Poonam Bhatt	Enhancing research skill development in students
Sugandha Dhillan	Integrated approach to develop sustainable learning



Chemicals in plastic are absorbed by human body. They alter the hormones leading to many illnesses. All top quotes contributed by *Shreyah Tiwari, AIS Vas 6, VII C*



# I told you so!

## The Things Our Mother Will Always Be Right About

Arushi Gupta

AIS Noida, XII C

Have you ever been in a situation where you ignored your mother's advice only to regret it 15 minutes later? Are you tired of hearing that humbling, self-esteem destroying 'I told you so'? Do you need to turn your life around but are waiting for the right motivation? You do? Great! Then this manual is just for you. Welcome to An Aagyakaari Bachcha's Handbook Manual, Edition 2.

### Rule #1

#### Don't forget to carry your umbrella

The Sun is shining, there are no clouds in the sky, and the weather report says that there will be no rain for the next 50 years. Your mother tells you to carry an umbrella, but you shrug it off. Before you know it, you are drenched from head to toe. **Repercussions:** Other than the obvious I-told-you-so, not following this one can result in walking home soaking wet in the rain, testing your body's survival limits, and getting a severe cold a day later.

### Rule #2

#### Don't stay on your phone too much

Perhaps, your exercise routine consists of scrolling past your Instagram feed, but this is a rule that you must not forget. Deactivate all accounts, disappear from the face of Earth, and get exiled to a strange Himalayan jungle — do whatever you can to not let your mother see you using a phone. Everyone knows that all problems in your life are because of that device.

**Repercussions:** Chronic back pain, chest pains, fever, cold, fractures, stomach ache, unhappy married life, death... everything you deal with will be your phone's fault, as per your mom, of course.

### Rule #3

#### Don't drink anything cold

It's a hot day. A glass of cold drink is irresistible. Besides, it's just one glass. What's the worst that could happen? A cold? Ha, that stuff is for amateurs, right? So you go ahead and drink it anyway.

**Repercussions:** You wrapped up in twenty-seven layers of clothes, sneezing, coughing, and crying about why life is the way it is, as your mom stuffs you with that terribly tasting soup. All this whilst she tells you 'I told you so.'

### Rule #4

#### Start studying for your exams on time

One month before exams: I will do one chapter every day.

One week before exams: I will do one subject every day.

One day before exams: One hour, one chapter.

Whoever said procrastination is your best friend hates you to your gut, and you should get 1278983474 feet away from them before you get a 79/80 in your Math exam and are haunted by losing that one mark for the rest of your life.

**Repercussions:** Sleep deprivation, high levels of stress, and being compared with the class topper for the rest of your miserable existence. The I-told-you-so is complimentary!

Remember, kids! Listen to whatever your mother says. She is always right, especially when you think she isn't.



## Trip to the moon

### The Indian Way To A Trip

Rishika Chutani & Mugdha Jain, AIS Gur 46, XI F

Indians have the magical power of making any place in the universe seem like home, even if that place is the Moon. From packing theplas to warding off evil with an aarti, a trip to the Moon is surely going to be a lunar-tic one.

**Moon hai toh kya?** Children would be given oversized space-suits because they could then be reused next year also. Someone tell them that it is the Moon, not Shimla, where you head for the annual family trip year after year.

**Adjust a little, no?** Somehow room would be made for a sixth passenger in a spacecraft with an accommodative capacity of five. After all, who would pay extra for another spacecraft when you can easily (not!) fit the whole

family into one?

**What's for dinner?** Packing ladoos, barfis, pickles, theplas, and the most important of all: 'Hajmola ki goli,' is a must. Who cares about half of these items not being allowed on the spacecraft? No amount of food is enough food.

**Shubh launch!** From hanging *nimbu mirchi* at the entrance of the spacecraft to eating sweet curd before it is launched into space, we will go the full Indian way. Else, you know the trip becomes unfortunate and who knows we might reach Mars instead of the Moon.

**Freebies – our birth right:** Collecting free shampoos, soaps, lotions from hotels is a must. So what if moon does not offer them? We will collect Moon dust instead. But returning empty-handed...no, no no. 🇮🇳

# If life were a daily soap

## Everyday Mundane Tasks Being Given A New Twist

Deeksha Puri, AIS PV, XI F

Getting up in the morning, followed by same old dressing up, heading to school, again followed by usual classes, studies and the works. If only life was a movie, and the simplest of things were met with larger-than-life depictions. Well, it won't be, but till then there is this article to feed your imagination.

### Were you waiting for me?

As The Global Times arrives, you excitedly flip open the pages and get ready to dip into the writings.

**Lights, Camera, Action!** The tick tock sound of the clock is amplified as the door opens and the copies of The Global Times arrive. In slow motion, with a tear dropping down your cheek,

you run barefoot to grab a copy for yourself. When it's finally in your hand you just say, "I knew you would come eventually!", and wipe your tears. With a *pooja thali* in hand, you place a small *teeka* on the copy. You proceed by turning the pages very slowly and you spot your article; colours splash around and everyone starts dancing on a peppy music track that sum up your emotions.

### Miss Perfect is on her way!

It's a routine day at school, when an announcement that the next period is a substitution of your favourite teacher breaks the monotony.

**Lights, Camera Action!** The grass suddenly became greener, and flowers around you started to bloom. Just as she makes an entrance, violins start to play in the background. A soft breeze blows

across her face, and a zoom in of her facial features follows. You sit there smitten, bubbles popping over your head. When the period finally ends, on a teary note you end up saying, "Please don't let this be the final goodbye!"

### The ultimate reunion

Meeting your friend after a 2 month separation? Bring out the drums!

**Lights, Camera Action!** The background music starts with the opening lines, "She is here! She is here!" The classroom door suddenly opens with exuberance, and two friends running in slow motion can be seen. Tears of joy are seen on ecstatic faces, the close up of one followed by the other. Finally, the two reach each other, holding hands, and start singing "I'll be there for you 'cause you'll be there for me, too!" 🇮🇳



## GT Travels to Ladakh



Aarna Hazari, AIS Vas 6, I B poses with her copy of The Global Times at Pangong lake located in Ladakh. It is a 134-kilometre long high grassland saline water lake. Its length extends from India to China, with 60% of its length lying in the Tibet region. Bollywood blockbusters like '3 Idiots' and 'Jab Tak Hai Jaan' were shot here in the years 2009 and 2012 respectively.

Got some clicks with GT while on the go? Get them featured! Send them to us at [gttravels@theglobaltimes.in](mailto:gttravels@theglobaltimes.in)