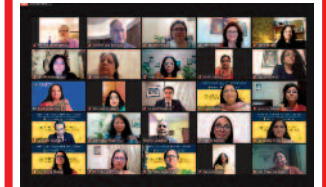


INSIDE



The magical fusion, P4



AIMUN special, P10

AMITe poll

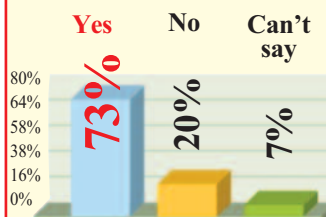
With Pfizer vaccine now in the market, do you think it will be effective in reaching the ones in need amidst the pandemic?

- a) Yes
- b) No
- c) Can't say

To vote, log on to www.theglobaltimes.in

POLL RESULT
 for GT issue November 30, 2020

Do you think that the PM's One Nation, One Election proposal is a feasible idea?



Results as on December 4, 2020

Coming Next
 YP Panel Discussion-Part IV

A paternal plight

Can Only A Mother Be The Primary Caregiver? Yes Or No

Induja Tyagi, GT Network

For most of humankind, the word 'nurture' is by default associated with motherhood. While we all go delighted when a baby mumbles 'maa', a dotting papa silently gulps down a slight discontent, for fathers are hardly ever given the status of primary parent, or there exists a belief that subtly takes away their right to be equally involved in their child's upbringing. Taking off from the very belief is the escalating need for paternity benefits for men; the subject once again making news as Indian cricket captain Virat Kohli decided to take a paternity break in the midst of India-Australia series. The move sparked a debate with many fathers echoing the sentiment of wanting in; hence, we bring the many questions that make up their quandary.

The question of devoted parenting

Richard Branson, the founder of Virgin group, was lauded back in 2015 for introducing parental leave policies that allowed new dads to avail a paid year off if required. However, way before in 1969, the same was a holy grail for a New York teacher called Gary Ackerman, who was struggling to bring the idea of paternity leave into existence when his daughter was born. To his dismay, Ackerman was thought-

lessly faced with a thumbs down from the Board of Education, for what was deemed the very 'obvious' reason that childcare leave policies only applied to female teachers. The question was how parenting was only attributed to mothers and how desperately fathers wanted to be equally involved. *The answer lies in the fact that being a devoted father, and offended by the discriminatory policies at that, Gary Ackerman filed a lawsuit underlining equal rights for fathers, which led to the board amending their policies, eventually recognising fathers as equal parents!*

The question of call of duty

In 1986, Australian cricket captain Allan Border learnt about the birth of his daughter on the scoreboard, during a test match against India. Cut to 2015, MS Dhoni, the driving force of Indian cricket team, was ardently gearing up for ICC world cup against Australia when his daughter took birth back in India. Now, again history would have repeated itself, but Virat Kohli, the current Indian cricket captain, chose to go on a paternity absence amidst the test matches

against Australia, in eager anticipation of his first baby's arrival. The question to ponder over is whether one must indeed choose self before nation, or vice versa. *The answer lies in the fact that both are fathers, and there is no rule book of parenting that condemns either choice. And in the end, isn't it all about respecting others' choices, especially the personal ones.*

The question of equal partnership

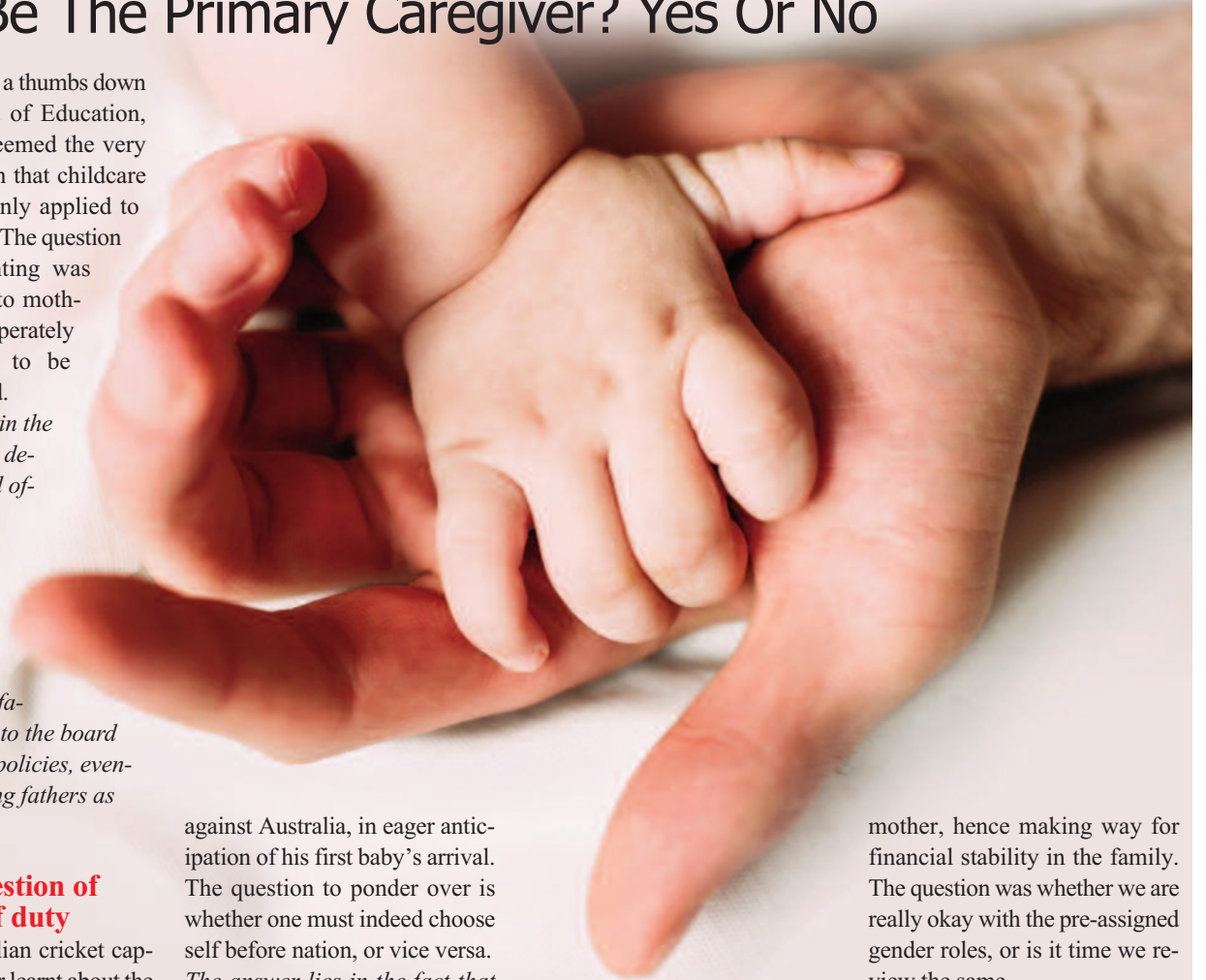
Even today, women grapple with the question of whether or not to let their career take a backseat after childbirth, and it goes the

other way around for all the fathers, forcing them to take on the role of the provider. As per a report by Boston College, 89% of men rooted for a paternity leave policy as it would promote a better work-life balance, also leading to an even enhanced father-child bonding. Another Swedish study states that for each month of paternity leave availed by a father, there occurs a 7% increase in the income of

mother, hence making way for financial stability in the family. The question was whether we are really okay with the pre-assigned gender roles, or is it time we review the same.

The answer lies in the fact that a mother is as entitled to pursuing her ambitions, as a father is to devoting his time being a caretaker at home, and as long as we enable our society to function this way, it builds scope for better family dynamics!

And then, there are many more questions around this that warrant answers, but here, we are just beginning to question.



A major upheaval

Dr Shachi Adyanthaya On UNDP, COVID-19 And More

Dhriti Seth, AIS Gur 46, XII

Meet Dr Shachi Adyanthaya, leading the charge towards a brighter tomorrow as national health manager at the United Nations Development Programme.

As a guest of honour at AIMUN 2020, GT reporters took the opportunity to engage in a tête-à-tête with Dr Shachi about the pandemic and how it has changed life as we know it.

On pandemic and UNDP's contribution

The coronavirus has devastated the world. To help mitigate the effects of the virus, UNDP is actively tracking supply and ensuring the availability of COVID-19 relief materials with over 1500 health facilities across 145 districts in India. UNDP is also working with the government for the procurement of ICU ventilators, personal-protective equipment like gloves, triple-layer masks and hand sanitis-

ers, oxygen generation plants, etc. In the social protection space, we are working to ensure accessibility to entitlement, we are supporting them in their migration response and helping the vulnerable population register themselves to be able to access PM schemes for ration, financial inclusion and COVID measures. Furthermore, through institutes such as NIMHANS and TIS, we are conducting community outreach among vulnerable groups and extending psycho-social support.

On pandemic and mental health

The removal of stigma and discrimination around mental health has become even more imperative during the pandemic. Bearing that in mind, we, at UNDP, have been helping the Ministry of Health and Family Welfare implement the National Anti-Stigma and Discrimination Campaign. The UNDP teams have been collaborating with state departments and so far, they have oriented 2500 state and district health officials and around 100,000 frontline health workers on COVID-19



Dr Shachi Adyanthaya in conversation with GT reporter

stigma and appropriate behaviors across twelve states. Unless we remove the stigma within this space, there will be no conversation around it; people will not recognise the signs of wanting help. Talking about mental health will make it easier for people to open up and seek help.

On pandemic and going digital

Keeping the current scenario in mind, there was no choice but to move into the digital spectrum, changing the patterns of how we work, live and study. But, looking at the larger perspective of things, adapting our lives into the digital space has been one of the smaller challenges we have had to face. There still exists many places where there is no digital access; no opportunities to work and study using technology. So, even though working on a digital

platform may be a struggle sometimes, it is still a struggle we are privileged to face.

On pandemic and changing technologies

The digital revolution has changed the way we function. Due to the increase in technologies, there is a huge potential to create more. Let us take the example of EVIN- the Electro Vaccine Intelligence Network, an initiative by the Government of India which is being implemented by the UNDP. India is one of the first countries, possibly one of the only ones, with such a large routine immunization program, where vaccine storage at twenty-eight thousand facilities is being digitised in real time. And, during the pandemic, this network is being used for ensuring the continuation of immunisation services. It is truly an extraordinary initiative.



Dr Shachi Adyanthaya, National Health Manager, UNDP

Pics: Dakshesh Bharal, AIS PV, XII



India This Week

Riya Ramkumar, AGS Noida, XII

While we sit on our couch just breathing, a lot of things happen around us, and sometimes in our very own country. We bring you the ones worth mentioning.



Ready for NRI votes via postal ballots

News: The Election Commission (EC) has informed the Law Ministry that they are 'technically and administratively ready' to extend the Electronically Transmitted Postal Ballot System to Non-Resident Indian voters for elections 2021 in Assam, West Bengal, Kerala, Tamil Nadu, and Puducherry. To extend the voting facilities, the government will need to amend the Conduct of Election Rules 1961, which doesn't require Parliament's approval.

Views: The consideration of EC to permit NRIs to vote via postal ballots will be a significant decision that will lead to liberalisation, and also assist them in assessing a perspective of individuals living outside the country. There are around 1 crore Indians settled abroad, 60 lakh of whom are of voting age, which is why it is crucial for the authorities to go ahead with this plan. It will also help them stay connected to their motherland and motivate them to be actively involved.

Suhani Kaur, AGS Noida, XII



FAU-G up for pre-registration

News: FAU-G, the mobile game developed by nCore Games, in collaboration with Akshay Kumar, has been launched on Google Play Store for pre-registration. The game, not available on Apple Store as of now, has been anticipated to take over PUBG ever since its ban in September. Short for Fearless And United Guards, FAU-G will notify the users when the game is fully available for download and installment.

Views: The game FAU-G has been developed with an aim to educate the public and bring about a change of thoughts, as the game focuses on sharing the story of the Indian Army and the strategies applied on the field. In addition, the game will showcase the hardships of our soldiers and also develop critical thinking skills and strategising for future complications. With the motivation to build the nation's youth and inculcate skill development, Indians cannot wait to play this game soon and experience its unique experience.

Kritika Chhetri, AGS Noida, XII

Indian CEO for Bata Corporation

News: As the current incumbent, Alexis Nasard, moves on, Bata Corporation has appointed Sandeep Kataria to be their new global CEO, making him the first Indian to ever lead the company. Kataria first joined Bata in 2017 as the CEO of Bata India and under his leadership, the company doubled its profits and ran various campaigns to revamp the brand's image and make it popular amongst younger generations.

Views: The news of Sandeep Kataria becoming the new global CEO has made our entire country proud in the international market. With his inclusive leadership style, he is organised to take immediate charge of the role, and his portfolio speaks volumes of his successful projects done with Unilever, Yum brand and Vodafone. And Bata gaining an Indian CEO hits hard at home because with India being the top market for the brand, Bata is a household name here, with every second person buying their products. I am sure he will put his best 'shoe' forward and take Bata to new heights!

Ishita Bharti, AGS Noida, XII



New committee to oversee climate goals

News: To overlook climate change goals and ensure the fulfillment of their part of the global deal, India created an apex committee which consists of members from 13 other key ministries. The decision has been made one month before the Paris Agreement on climate change becomes operational. The committee is also set to regulate carbon markets to offset carbon footprints of emitters.

Views: Not only is such a committee welcomed with open arms, but seeing the dire climate condition all around the world, it was more than needed. With India's inclusion in the most populated countries in the world, it is only fit for the government to set up dedicated teams and efforts to curb pollution of any kind. However, setting up the committee is only the first step; to truly bring a change, the population needs to be just as active in the process as the government. Regular performance tracking for such committees must also be done to ensure we are on the right path and are minimising India's carbon footprint.

Maanya Dhama, AGS Noida, XII



Around The WORLD

GT keeps the newswire ticking by bringing you news from around the globe



USA

18 million attendees for Fortnite finale

Fortnite's Marvel-themed season 4 finale witnessed the participation of over 15.3 million concurrent players and another 3 million viewers, making it the game's biggest event in history. With the large amount of participants, the finale was streamed on Twitch, resulting in the crashing of the video service.

UK

First country to approve COVID-19 vaccine

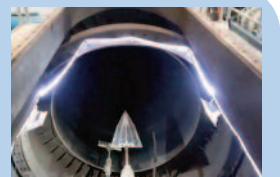
Giving the Pfizer-BioNTech's vaccine for Coronavirus an approval, the UK has become first country in the world to allow mass immunisation against the viral disease. The vaccine, which is set to meet strict standards of safety, quality, and effectiveness, will roll out first doses by next week.



CHINA

Futuristic jet engine in sight

A team of scientists in China have developed a sodramjet engine which can make an aircraft travel anywhere around the world in two hours. The engine, during the trial run, showed outstanding performance. "This engine can serve reusable trans atmospheric planes. They can take off horizontally from the airport runway, accelerate into the Earth's orbit, re-enter into the atmosphere," say the scientists.



JAPAN

Free COVID-19 vaccine for the residents

In a bid to beat the increase of COVID cases, a bill was passed by the upper house of parliament to provide free vaccine to the country's 126 million residents. To fulfill the same, the country already has tied up with pharma giants, Pfizer and Moderna, and secured vaccines for 85 million residents. While for the rest of residents, the government has assured to get vaccine doses from AstraZeneca, another pharma company.

PAKISTAN

Lahore declared the world's most polluted city

As per the US Air Quality Index, Pakistan's cultural capital Lahore has once again topped the list of world's most polluted cities with a particulate matter rating of 423. Karachi ranked 7 on the list, whereas New Delhi stood second with a PM of 229.



SOUTH KOREA

'BTS law' passed to postpone military service

South Korea has passed a new bill which will allow members of the boyband BTS to postpone their mandatory military service till they turn 30 instead of enlisting by the age of 28, making them the first K-pop stars to receive this exception. The law has been passed to acknowledge their contribution to the nation's economy and cultural status.





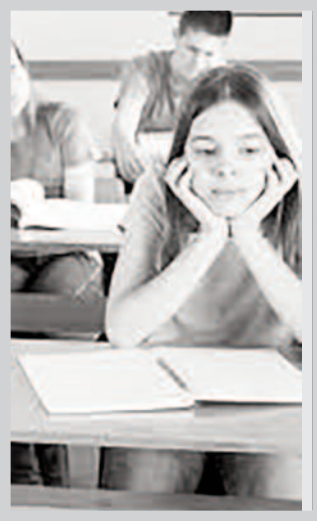
Sarvangasana or Shoulderstand, also known as the queen of all asanas, helps in removing energy blockages from the neck area.

My world of pictures

Looking At The World Through The Eyes Of A Student With Reading Disability

Leela Ajeet, AIS Saket, X C

I hear my mother calling, "Sheila, get up, you'll get late for school." Grumbling, I tumble out of my bed and walk towards the window. I look out for a minute, capturing the beautiful day with my eyes. Getting ready in about ten minutes, I run down, grab my tiffin and an apple and run to the bus stop, just in time to see my yellow and blue bus with a symbol of lotus flower roll in. I heave a sigh of relief that this time they didn't change the bus. Once they had sent a red one and I would have missed it, had the guard not seen me. I quickly board the bus and sit by the window. I like looking out of the window. Perhaps, I should introduce myself to you. I am Sheila, a student of IX with a learning disability. More specifically, a reading disability which means I find it hard to read. I can, but it's hard. Sometimes, I prefer not to read at all, like the letters on the school bus. Exactly why I prefer this bus.



Today is the first day of the mid-term examinations and all my friends are revising. I watch them, standing in the corner. Yes, I don't have exams with them – my written exams take place at the end of the year and happen only once. I have plenty of oral exams though. Oh! The bell rang, and now all my classmates will start shuffling towards their respective exam halls. On the other hand, I will walk in the opposite direction towards a small



classroom. The first impression you get from this classroom is that it's for kids because it's full of pictures and drawings on the walls. However, as you look at them closely, you will see Bio, Chemistry, Physics, Literature and Math. This is not a kid's classroom – just a different classroom for children like me. Don't get me wrong – this isn't my actual class. I have a normal class with other class IX students. I just study here for two

hours every day when other students are busy doing their written work. It feels good to understand all those complex concepts written in books through these pictures.

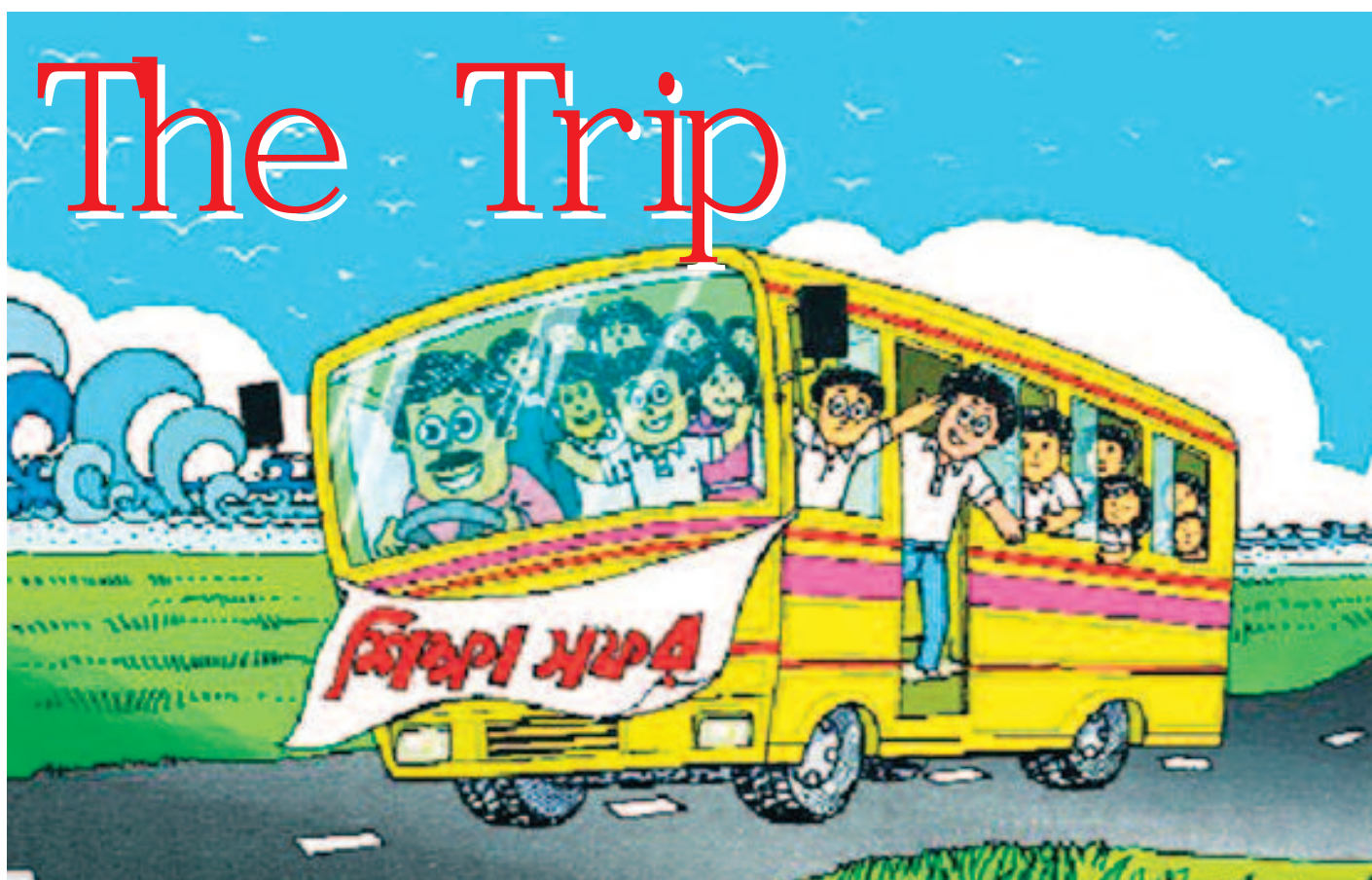
Whenever Maths exam gets over, I surely meet my friends. I like to discuss the question paper with them and solve the questions just to check whether my answer is the same or not. Numbers. One thing where I don't get



confused so easily. And that's the reason why Maths remain to be my favourite subject. But, even here I hate Algebra because numbers with letters become difficult to understand. I just wish, this subject was free of letters.

Last week, while we were playing in the park, a friend of mine brought a new book to show us. I looked at it with some apprehension. But on a closer look, I

saw that it was a comic. I was delighted. I didn't mind not being able to read the story. I could always knit the pictures together to make my own story. Now, most evenings, I take a set of pictures that I have sketched, and create a story around them. I think my friends find them more interesting than what they find in the library. Maybe, my world of pictures is more interesting than reading the books.



Never Forget The Commandments Of A School Picnic

Nalin Jaiswal, AIS PV, XI B

In every army camp, there comes a day of euphoria for the cadets. The same happens when you are a student who is sitting in the classroom and suddenly the school picnic is announced. Believed to be a day of rest and bonding, the day also marks an important day in etching your survival in the battleground called school. Thus, here are a few important points (read commandments) you are tasked with retaining.

Thou shall carry articles of sustenance: It is imperative for you to stuff your bag with nourishment items (chips, cookies, cake, etc. will do) for the platoon. You have the right to bor-

row such articles. You have been entrusted upon the duty of offering and sharing your resources. If you fail to perform to your ability, then you shall be reprimanded by being labelled and tormented throughout the exercise with loathe (sometimes violence) from fellow cadets.

Thou shall try and avoid nature's call: Beware that once you commence your journey, there is a huge risk of not being able to find certain relieving facilities. Also, it is cardinal to note that any person who utters about the same in the battle bus shall be met with visible hostility from his fellow cadets (not to forget harmful glares from superiors). The same risk is involved with disobeying the uniform code

which results in delaying the whole group.

Thou shall indulge in point of entertainment: For rising among the self-made ranks and the social food chain within your platoon, it is advisable to participate in team building activities such as singing hymns of war commonly called 'rap', strategising about wordplay 'antaakshari' or just plain building up trust with your comrades in arms by the process of 'chit-chatting'.

Thou shall be well versed with your platoon: It is always beneficial for you to know the type of people you are going to encounter on your excursion. This list includes a wide variety of personalities including, but not

limited to the armed chatterboxes talking strategy, a few camouflaged loners contemplating their fate, the squad of foodies, and the architects of the battle in form of the sleeping toppers.

Thou shall display thine best conduct: You are obliged to maintain an orderly fashion to display your superior coordination. You must communicate in whispers to avoid any possible onlookers from infiltrating within the system.

The principle of the entire field exercise is to make the cadet's journey a pleasant experience. Therefore, it is mandatory to fulfil the mission with merriment and exuberance. Best of luck for the adventure! [G U](#)

Shhh! We're coming

Kanu Garg
AIS Gurugram 43, Alumna

Remember the gigantic iceberg that sank Titanic? Entrance exams are the same. The ones that we never see coming amidst the hullabaloo of board exams. As we sail in our freedom ship, we barely see these icebergs, awaiting our arrival and ready to crash us, shattering every plan and every ounce of excitement.

University entrance (The notorious one): I so pity these kids! Haven't they just given their boards? They did, right? Aha! Perfect time to strike them back into the pit. **winks**

CLAT (The opinionated one): Current affairs? You'll need it. **JEE MAINS/ NEET (The studious one):** Relax? What is that? And you talking about all this relaxation? You know students study an insane amount to score for you. **phone beeps** Here, hold on! **on call** Yes, Aakash? On my way already!

NID/NIFT (The creative one): And there he goes! Does he even for once stop and contemplate? There's more to life than mere academics! There's more to knowledge than math and

science. Take a chill pill! Here, kid, forty more sheets with the same design. Get on to it. The deadline is, well, NOW!

CAT/ GMAT (The boastful one): **screaming IIM** Look who's talking! Has your creativity ever benefited anyone? Nothing's worthwhile in this designing business.

NID/NIFT: Looks like you are the one who shouldn't be talking. Do you even know there's a world beyond this materiality? **University entrance:** Oh! Do you mean a world full of students to grill for no apparent reason? A hundred times yes!

JEE MAINS/ NEET: **hurriedly** Hi guys! I am back. What did I miss? Well, another test in about 0.5 sec... **already out of the door**

CAT/ GMAT: **laughingly** Buffoons all of you! Buy yourselves some time and sell off your good-for-nothing brains already! The profit's immense.

CLAT (solemnly): How dare you? I charge thee with the intent to smear my name.

CAT/ GMAT: Bring it on! Market risks and uncertainty in the name certainly!

Meanwhile, the student, almost scared to death, decides to renounce everything and seeks refuge on an iceberg.





The magical fusion

Here's What Exactly Happens When We Put Science And Food On The Same Plate

Sanah Munjal & Rishika Chutani,
AIS Gur 46, Alumnae

Food is not what just appeals to the taste buds, but also to the eyes and mind. And thus, comes to play the term known as 'molecular gastronomy' where physical and chemical transformations take place during cooking. Here are some of the most interesting examples of when science meets food.

Transparent Raviolis

What's on the plate: An icon of el Bulli



menu in 2009, the disappearing transparent raviolis are made with round, ultra-thin and transparent edible film discs made of potato starch and soy lecithin that as you pop into your mouth, implode, release their intense flavors and disappear.

Science on the plate: The soy lecithin found in the edible film disc ravioli wrappers is an emulsifier derived from soybean oil which contains phospholipids that help to mix oil and water in the mayonnaise. These emulsifiers

take the liquid and turn it into foam, thus dissipating.

Powdered Nutella



What's on the plate: A dessert with the already perfect and everyone's favorite hazelnut cocoa spread! What's different is a crunch added to the paste, which when hits the tongue, gets back to that gooey-smooth spread texture we all know and love.

Science on the plate: The crunchiness is due to maltodextrin powder which is a subtly sweet, simple sugar. It is a form of polysaccharide, a substance derived from the breakdown of tapioca. When mixed with the Nutella paste, the powder absorbs the fat in it, thereby dehydrating and increasing the volume of Nutella; turning it into powder.

Bombe Alaska

What's on the plate: It's a harmonious combination of ice cream and cake topped with browned meringue. It is a



pudding that is hot on the inside and cold on the outside. So why doesn't the ice cream in the dish melt?

Science on the plate: The ice cream in the baked Alaska stays frozen even when placed in a hot oven by taking advantage of the insulating properties of the trapped air in the cellular structure of the foam components- the meringue and sponge cake. Both of these components conduct heat very poorly. This keeps the heat in the oven from reaching the ice cream, giving you a hot and cool dessert.

Rainbow Foam

What's on the plate: An appetizing mousse, the rainbow foam is a whipped jello dish that is light, re-



freshing and fruity. It contains all the bubbles you want and none of the fuss.

Science on the plate: What gives this mousse its light and airy texture is gelatin. Amino acids that are present in gelatin are bound together by weak molecular bonds to form polypeptide chains. Upon being subjected to boil-

ing water, these chains separate, whilst making the foam. Once the gelatin cools again with the addition of cold water, the chains come back together. In the process, the water is soaked up and trapped in the pockets between the polypeptide chains, resulting in the jelly jiggle.



Imaging: Dinesh Kumar, GT Network

Science has myths...

...And We Are Going To Debunk Some Of Them Here

Swetabh Changkakoti
AIS Saket, Alumnus

Myths have a way of getting around faster than fact. Don't believe me? Raise your hands if you were told that the apple fell on Newton's head! Almost everybody was told that, and it's not your fault. Nobody cares where the fruit fell; we're just upset that it did. So, fasten your seatbelts because you are about to receive shock after shock.

Myth: Bats are all blind

Reality: Bats can see and they have better vision than humans in the dark. They lack colour receptors and, therefore, see in black and white. Research shows that sometimes they use their eyesight and not sound while hunting. Some of the bat species have very sharp vision and can even see ultraviolet light.

Myth: Blue whale is the largest living organism

Reality: Blue whale could be the largest mammal, but the largest living organism in the world is the humongous honey fungus growing in the Oregon Blue Mountains. This single organism has thousands of budding mushrooms spread over 2.4 miles and still spreading.

Myth: Elephants are afraid of mice

Reality: Elephants are rather large animals with poor sight and walk slowly. It is natural for them to get startled if something as small as a mouse was to get in their way or run past them. So, it is not the mouse itself, but the threat that they are scared of.

Myth: Red makes bulls angry

Reality: This myth dates back to when matadors first started using red cloth during bull fights. In reality, bulls are partial colour blind. They can't see red. It is the taunting and aggressive behavior of the matador that charges the bull. So, next time when you're wearing red and come across a bull, just make sure to be nice.

Myth: When scared, ostriches stick their heads in the ground

Reality: Ostriches might not be the smartest beings alive, but hiding their heads in the ground is beneath even them. They usually do this when they are hunting for food inside small holes. When they're scared, they run as fast as 31mph or play dead to trick their predator.

So, while science has an answer to everything, sometimes the answer that you've been told could be wrong. 📺

Imaging: Dinesh Kumar, GT Network



The digital family

A Brood Of Apps We Love

Saumya Srivastava
AIS Gurugram 43, Alumna

Every family has their own quirks and idiosyncracies. This digital family is no different. Read on to find out more!

Mommy Swiggy: From cheering you with ice cream when you are down, to bringing in pizzas for those midnight cravings, Mommy Swiggy is always there to your delectable rescue.

Uber Cool Dad: He's always there to take you anywhere, even drive you around from one rendezvous to another; without the in-car lectures on life, of course.

Myntra Sista: Didi Myntra is here for all the clothes you wanted to steal from your sister's cupboard but could not. She may charge extra delivery fee, but she

offers extra discounts too!

Google Pay bhaiya: With all the great cashbacks, you are bound to scrap something together for at least one outing to McDonald's, something what *bade bhaiya* would do (after making you beg that is).

NRI Nykaa auntie: Just like your foreign returned aunty, she's always bedazzling you with all the best there is - MAC, Chanel, Clinique, etc.

WhatsApp chachi: Brings you the latest gossip from every corner of the family.

Uncle Quora: From quantum physics to the right way of Googling, he knows it all, or at least that is what he thinks.

Dadu Facebook: Sharing news with you (even without verifying it), he means well, and is honestly the only person who likes all your silly posts and throwbacks. 📺



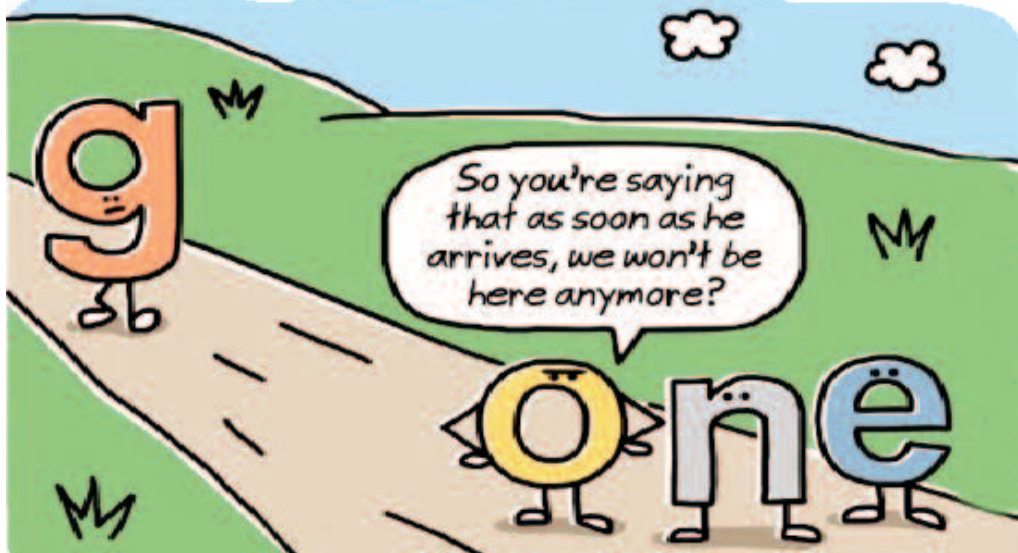


Matsyasana or Fish pose has the ability to cure respiratory ailments like asthma as it increases lung capacity.

Imaging: Deepak Sharma, GT Network

For the WORDLESS

An Opportunity To Articulate Yourself Better



Toyam Khanna, AIS Gurugram 46, XII

Are you one of those who usually says, "I wish I could express it in words" when you are elated by something good that happened to you? Well, your wish has been granted. Here are some words that have been coined so that you could let out your emotions in little more articulately.

Shouganai: If you believe in the idea of 'carpe diem' and keep telling others that they shouldn't worry about future because everything is already planned by God, then this word has probably been coined for you. Having originated in Japan, Shouganai is a word that means if something is meant to happen, it will happen and that worrying about it is not going to prevent it from occurring; it will only stop you from enjoying the good ones.

Culaccino: No, you didn't read Cappuccino. However, Culaccino is a distant relative of Cappuccino when we talk about their shared country of origin- Italy. You would want to use this word when one day your cup of cappuccino or a bottle of Coke happens to leave that round mark of stain

on the table or anywhere you are sitting. You could have probably used a coaster to avoid it though!

Dépaysement: French is a language that we all try to speak in but fail terribly (courtesy- the pronunciation). And that's the same language from where the word dépaysement (/de.pe.iz.mã/) originated. It is a word that translates as 'feeling melancholic when away from one's home'. It is not the same as homesickness but the sense of longing to run back home whenever you see something familiar.

Iktsuarpok: Do you find yourself so anticipatory about someone's arrival that time and again you keep checking out of the windows to see if they are there? Unless you inhabit countries like Greenland, you won't know how to express this emotion in words. Iktsuarpok is a word in Inuit, spoken by the Eskimos, that suffices what you undergo when you are awaiting someone or something.

The English language does not really help when it comes to expressing the most profound of emotions. But there are other languages that are raising their hands high up in the air to help you with expressing the inexpressible.



Season 1, Episode None?

A Modern Take On The Mauryan Empire

Deeksha Puri, Alumna & Arshya Gupta, XII, AIS PV

The camera panned towards the golden throne, shimmering in its splendour, with ministers rushing from here to there, taking their respective places. Zoomed in, it captured the footsteps of a man in ascetic clothing, a book in hand, calmly taking his place besides the throne.

"All hail Chandragupta Maurya, first of his name, leader of the Mauryan Dynasty, erm- King of Dragons....?", announced a man on boom mic, confusing his day job with night one.

"Wrong, that's Game of Thrones." The king, who was initially pleased, just face palmed and reached the throne, motioning everyone to sit down. The man in ascetic clothing muttered, "Chandragupta, you're doing great, sweetie."

"Chanakya, you don't have to flatter me so much." The king bowed his head with respect.

"Let's begin..."

"Hey, Grandad, look at my followers! I think I should probably start a rock band called Dharma. What do you think?" called out a young man of tall stature as he entered the throne room.

Chanakya rolled his eyes at the camera, The Office style

"You know, I've really started to focus on my internal peace. After killing thousands of people, I've realised that was more toxic than Britney Spears. So, we're going to trend #wariscancelledparty on Twitter. I'm already making a video apology for YouTube, and Megasthenes said that he'll direct it," said Ashoka.

"Peace? In this household? Do you not want to control and conquer and join the family business? My darling grandson, winner of wars, especially the Great Kalinga War, don't talk about misdemeanours like starting bands. Why didn't I die before hearing this?" roared the king with indignation, flaring his nostrils as if his dearest grand-

child had uttered something really sinful.

"Sire, technically you did; according to most of the history textbooks, at the very least!" exclaimed Ashoka.

"Ashoka, stop playing with those rocks, we have leaves to write on at home," roared a hoarse voice, coming from a well-built man called Bindusara.

"Dad, come on, maybe it's just a phase this kid is going through, who knows?" Bindusara said trying to calm down the king.

"It. Is. Not. A. Phase. Dad" Ashoka shouted and stormed out in angsty teenage fashion.

The courtiers, Megasthenes and Chanakya let out gasps at this long-drawn argument among monarchs, pondering upon what to do with this chaotic royal bloodline. The audience seemed quite perplexed at this new problem, and thus, the end of this episode was cemented with a cliff-hanger- how will the monarch deal with his angsty teenager Ashoka? 🇮🇳

An Ode To The Simple Moments In Life That We Need To Appreciate A Little More

Samiksha Dubey
AIS Noida, XI

Good weather is always appreciated, especially in a country like India where the scorching rays of sun practically burn everyone. A clear sky with cool breeze flowing, calming the mind of all people it passes by is hardly a routine in this country. As soon as I woke up, I went out into my balcony and the weather instantly refreshed my mind. The day started off on a peaceful note and my family decided to make the most out of this delightful weather. In no time, we were all strapped in our car ready to go and visit India Gate. The drive was uneventful and filled with music, which is what made it an incredible one. As we reached our destination, we realised that it was not only our family who had this bright idea of visiting India Gate, half of India's population also wanted to be patriotic that day. It's not like we have not visited India Gate before, but it

was rather the idea of spending time together as a family while appreciating mother nature and our country that made us enthusiastic and energetic.

Today, everyone has become so engrossed in work that we forget to

Let loose

have fun. These days treating ourselves means sitting alone in bed with popcorn in one hand, and a laptop in another. The other day, I was extremely hungry and was hunting for 'something good' to eat in the fridge when I came

across bread and butter. Since I could not find anything tastier to eat, I gave up and decided to have that only. The moment I took the first bite, I felt as if I was in heaven. Again, not like I haven't eaten bread and butter before, but I had become so used to all sorts of fancy dishes that I forgot how everlasting these simple

flavours actually are. We have become so used to luxuries and the 'finer things in life', but we forget that simplicity is golden.

Today was an eye-opener for me. As I saw myself enjoying with my family, I wondered why we didn't do this more often? Why do we miss out on some of the best moments of life with the people we love the most? Maybe it really is time to go back to the golden age and live life the old school way once more!





Lighting up minds



Dr. Amita Chauhan
Chairperson

We recently celebrated Gurburab, the birthday of Guru Nanak Devji - the first guru of Sikhs. The occasion is also called Prakash Parv or the birth of light, and rightly so, for the teachings of Guru Nanak Devji are indeed the light

that one needs to steer forward. He bestowed on us the knowledge of how to be a good human before being anything else in life; a teaching that should be the guiding force for all of us living in the 21st century.

Guru Nanak Devji was a source of light to many, for he facilitated millions to look within and be their own shining light. He was the light of love, the ray of hope, the beam of knowledge, the luminosity of the soul who lives to care and learns to share above self.

He brought to the fore the light of intensity of thoughts and critical thinking- what the world calls meditation- which empowers every life with a power to think and act with rationality. The light of empathy bestows on every mind the ability to love every life and non-life form as God, the creator, *Ek onkaar*- the one who created the universe. Indeed, the teachings of Guru Nanak are blessings for us, especially in the present times when the world needs more love, care, empathy and selfless humans who can trigger a chain reaction of service above self.

At Amity, we strive to instill human values in our children at every step, with every lesson taught and every activity conducted, and occasions like Gurburab are indeed a beautiful way for us to ignite the 'light within' so that every Amitian imbibes humility, care and love as a way of life and 'Be your own light'. [G](#) [T](#)

The tale of fatherhood



Vira Sharma
Managing Editor

Almost 24 years ago, a friend of mine was blessed with a baby. As soon as the little angel was born, the nurse took him out to show his father standing outside the operation theatre, while the new mother was yet to gain consciousness. But the father refused, instructing

the nurse to give the baby to his mother (now a grandmother) standing nearby, saying that he wants to see their first child together with his wife once she regains consciousness. My friend was in tears when she got to know of the care and love showered by her husband then. Circa 2020, many men are availing paternity leaves (read top story) and more so, enjoying their precious time as a father to a newborn. They are now helping in fostering their newborn, sharing basic responsibilities like vaccination of the child, cooking meals, etc.

Traditionally, what used to be duties of women as mothers, are now being taken up by new fathers, sharing the load and caring for their child. It is not just about equality, but underscoring the fact that a father, too, needs to experience the child's first walk or first word. While much has been written about a mother's love, a father's love is mostly unwritten about because of the perception that fathers are meant to be tough and strong. But remember, for every annual day or a PTM missed at the school, the father is working hard for his child's dreams to come true. His heart also yearns to experience every small triumph of his child during the growing years. That's the story of every father. [G](#) [T](#)

Published and Printed by Mr R.R. Aiyar on behalf of Dr (Mrs) Amita Chauhan from E-26, Defence Colony, New Delhi 110024 and printed from HT Media Ltd, B-2, Sec 63, Noida (UP), Editor Ms Vira Sharma.

■ Edition: Vol 12, Issue 28 ■ RNI No. DELENG / 2009 / 30258. Both for free distribution and annual subscription of ₹ 900.

Opinions expressed in GT articles are of the writers and do not necessarily reflect those of the editors or publishers. While the editors do their utmost to verify information published, they do not accept responsibility for its absolute accuracy. Published for the period December 7-13, 2020

A boon or bane?

Analysing The Presence Of Artificial Intelligence In Everyday Life

Anshita Kumar
AGS Gurugram, X

From our smartphones, to apps like Google Translate, and our personal assistants Siri and Alexa, we interact with AI in many ways. It has made our lives significantly easier and its impact is far-reaching. But, with the AI evolution moving quickly, the fear of technology taking over humankind is heavily being instilled in our minds. Now the real question here is – should we really be afraid of AI? Well, here's why we should look at it otherwise.

Healthcare

The demands of long-term treatment for chronic conditions have placed unsustainable pressure on an already overloaded health workforce. Furthermore, it is estimated that the global demand for health workers would rise to about 40 million new health workers by 2030. In contrast, the developing world is expected to experience a shortfall of 18 million health workers over the same period! Now, if that's the case, AI can chip in and actually reduce the burden on our health staff. It can do so by detecting patterns to guide medical decisions or by reducing the likelihood of human errors; AI can contribute to more precise diagnoses and predictions and to enhanced patient safety. With context to current scenario, AI might as well help in developing the Covid-19 vaccine.

Education

Parents all over the world have been looking for ways to make their children learn better, especially in today's



tech-distraction age. Well, they need not look any further. AI can revolutionise the education sector and make it more efficient. It can discover the needs of the students, adapt according to them and provide study help accordingly. This personalised learning would also take some burden off the teachers. Now, some would argue it would leave the teachers obsolete instead. But, in truth, AI would assist our educators in performing more efficiently. With its automated grading, it will further save them a lot of time. But nothing supersedes human connections. Remember that!

Economy

When matters come to economic productivity, AI has improved all sorts of

systems ranging from agricultural to the stock market. Several organisations, such as Accenture, suggest that AI-enabled technologies will dramatically increase economic output. It is claimed that by 2035, AI will double growth rates for about 12 developed countries and upsurge labour productivity by as much as a third. It is also projected that AI will add \$15.7 trillion to the global economy by 2030! Now, that's a lot and we can no longer let it slide due to our fears.

Climate

As the biggest challenge faced by our planet, climate change requires every possible solution in sight, including AI. According to a PwC and Microsoft report, AI could reduce world-

wide greenhouse gas emissions by 4% in 2030, a figure equivalent to 2.4 gigatonne of CO₂ emissions. Well, it could do more than just crunch CO₂ emission numbers. A learning-based AI could actually record those numbers, study causes, and then recommend the best solution. It can also assess climate conditions in real time and provide early warning systems. It is estimated that AI has the potential to save around 32 million hectares of forest globally by the year 2030.

AI, thus, is simply a tool - one which is proving to be very helpful. But how to put it to use is solely our discretion. And nobody can take that power from us! So, let's go all in and forge a new world now, shall we? [G](#) [T](#)

Don't judge my English

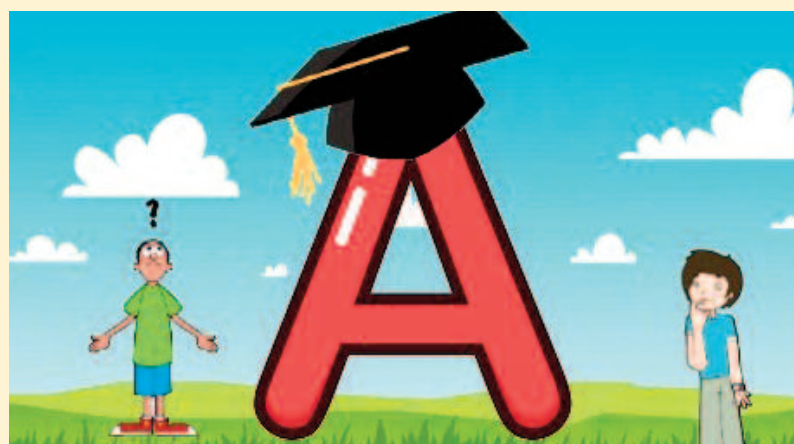
For My Proficiency In It Does Not Define Me

Ashish Sabat, AIS MV, Alumnus

Namaste

Did that word paint a picture of me in your head? Has my greeting in Hindi already given me an unspoken label of being unsophisticated? Less smart? I was 10, when I was first told that my Bihari accent was unappealing, and that I should incorporate more English in my vocabulary. That day, I went home in tears and told my parents never to talk to me in any language other than English because it was an indication of 'backwardness'. Perplexed as they were, they agreed as they wanted their child to be fluent in a language held in the highest esteem. That incident changed some part of me. I desperately ached to fit in and not be ridiculed for my poor attempts at a foreign language. My face would turn red every time my teachers would point out a mistake I made during reading sessions in class. Sometimes the embarrassment got to a point where I didn't want to go to school.

In a bid to quell my deep-seated fears, my mother signed me up for tuition classes. Helpful as they were, the classes were only for academic guidance and did not solve my problem. I did well on the written parts in class but when it came to reading assessments, I stuttered all the way through,



Graphic: Ananya Jain, AIS MV, X C

inviting a slew of mimicry .

I was determined to overcome this, the rebukes, the mockery, the constant reprimanding. I spent innumerable hours poring over books, reading aloud, trying to improve my diction and pronunciation. I was set on being fluent in the language that had made my life a living hell. I started listening to English music, too; rap, rock and hip-hop were my newest friends. After years of hard work, I could finally speak 'proper' English; unaccented and fluent. I had completely removed all traces of my Bihari accent. My teachers lauded my efforts. They said, "Now, you are a proper gentleman." My peers, who once upon a time completely ignored my presence, started talking to me. My parents

praised me, even though they did not understand the feeling of dejection I went through daily.

I came through. But over the years, a question ran through my mind constantly- why is it that a mere language has been turned into a yardstick of paramount importance, a test of sorts to check one's superiority and intellect? Nobody lauded me for my impeccable fluency in Hindi-a language more prevalent in our country than English. Why is one language considered better than another? Why is there difference between languages?

It took me years to learn a language and a few years more to unlearn certain notions that had been conditioned into my psyche. English is nothing more than what it is- a language. [G](#) [T](#)

GT M@il



Issue: P10, November 30, 2020

Dear Editor,

This is in reference to the page 10 article 'Heal the world' published in GT edition dated November 30, 2020. The lockdown has been harsh on everyone, but the less-privileged has been suffering through unimaginable hardships. Seeing their plight, I, along with my friends, formed Sanitas International and made use of virtual tools like social media platforms and fundraising sites to reach out to people and garner support for our cause to help the less privileged. This initiative gave me an opportunity to collaborate with my friends from Bangladesh and expand the reach of our project. Seeing our initiative being covered in The Global Times fills me with immense pride. Thank you, GT, for giving us a platform to exhibit the work we have been doing and helping us to widen our outreach as we continue to work for the betterment of society in future as well. [G](#) [T](#)

Ishan Datta
AGS Gurugram, XII



Bhujangasana or Cobra pose works as a great stress release and helps in stimulating the digestive, reproductive and urinary systems.

Deaf not disabled

Let's Lend A Helping Hand And A Listening Ear To All Those Who Cannot Hear!

Youth Power is an annual social leadership programme organised by The Global Times, where different teams from Amity schools engage in varied social causes in several stages. One of them is 'Panel Discussion' where experts from different walks of life discuss several aspects of the chosen social cause. Here's presenting **Part III** of this exclusive series, based on the panel discussions organised by YP teams, and a host of opinions as experts debate on 'Deaf awareness', the cause chosen by YP team of AIS Noida.



Panelist: Neevita Narayan
Speech therapist and Founder, SpHear* and I Can Hear Foundation**

"Similar to how problems vary from person to person, not all hearing impairment cases are same. Some people may suffer from mild to severe deafness, while deafness for others might be profound. Now, while the former most definitely require hearing aids, the latter have to rely on cochlear implants or other solutions like lip reading and/or sign language. Cochlear implants, like any other surgical procedure, are risky, time consuming and

Different yet same

expensive. Thus, the majority of patients only get to veer towards learning sign language to be able to communicate effectively. But sign language is a two-way street. If the hearing populace do not contribute by learning it for the sake of those who cannot hear, the entire system fails. We need to integrate sign language in the school curriculums. For there exists a community of deaf is known to all. How to help them? Let's make it known."

**SpHear or Speech and Hearing Clinic offers professional audiological care, from prevention to rehabilitation, to individuals with speech or hearing related concerns.*

***I Can Hear Foundation is a non-profit organisation providing hearing loss treatments to those who cannot afford.*



Panelist: Ameet Kishore
ENT specialist, Apollo hospital; Founder, Adventis* and I Can Hear Foundation**

"The most important thing that we all need to focus on is spreading awareness. Be it medical intervention to educate, surgical intervention to repair ear drum, the use of hearing aids or cochlear implants for sensory neuro-pathic hearing loss or modalities of sign language; whichever the intervention, the ear-

Let's be cautious

lier we are able to provide it, the better. This only possible if people are aware and away from the social stigma surrounding it all. The modalities of new-born hearing screening, school hearing screening have all been made mandatory for many years now, but they are still not carried out universally. This is where we need to work. Remember, prevention is better than cure.

**Adventis is an ENT & cochlear implant clinic in Delhi that treats ear, nose and throat related problems.*

***I Can Hear Foundation is a non-profit organisation providing hearing loss treatments to those who cannot afford it.*



Panelist: Ruma Roka
Founder, Noida Deaf Society (NDS)*

"In my 16 years of experience, I have met several hearing impaired individuals from across the globe. All of them had just one question for the hearing population and that is, "Why are we treated differently? Why can't we get the same status as the rest?" I mean that's kind of true too. They eat the same way we do, feel the same way we do, live the same way we do, and have the same aspi-

Learn to sign

erations as any one of us, then why are they considered different? Moreover, sign language is not rocket science. It is similar to the numerous other languages we have. In fact, about 60% of our verbal communication is based on expressions and body language. So, what exactly is stopping us then? Let's be friends with our deaf compeers. Why be hard of signing? Let's learn their language and make them feel at home. This is exactly what we at Noida Deaf Society do. For deafness isn't a disability, it is a different ability."

**Noida Deaf Society aims to provide quality education and vocational training to the deaf for their inclusion into the mainstream society.*

Go win the world

Panelist: Vidisha Baliyan
Miss World Deaf 2019

"I have been bullied, ignored and ridiculed for my inability to hear throughout my life. But if you would assume that this made me weak, you are wrong. With my family's constant support and motivation, I have been through it all and how. In fact, sometimes I even wonder if my being deaf actually helped me brave the world's contumely and contempt. And I wouldn't be wrong if I see this in the affirmative. For when they ridiculed me

for my speech, I practiced and practiced hard, in fact, I still do; when they ignored me for my incapacity to hear what they say, I chose to ignore them back; when they bullied me for having dreams and aspirations just like them, I dreamt so hard, so big that today, I can address an audience as a speaker, can walk on heels as a model, can represent the world in sports and what not. For what doesn't kill you, makes you stronger. Take note and take the world by storm. No one can stop you. NO ONE!"



Part III

Expert Speak

Empathy is all!

Panelist: Vineet Kumar
Vidisha's uncle

"Deafness is not visible. One cannot simply look at a person and tell that he/she is deaf. It needs proper diagnosis and that too at a very early age. Sadly, in Vidisha's case, we got to know only when she turned 8. It got delayed because we thought that she might start speaking a little late as is the case with many other kids. Now, this is where the role of sensitisation becomes important. Had we acted on time,

things could have been a lot different. Nonetheless, we are proud of what Vidisha has made of her life. From being a tennis player and representing the country in World Deaflympics' 17 to being Miss World Deaf' 19, she never let her hearing issue become an excuse for anything. And I am extremely thankful to her doctors, speech therapists and her own unfaltering spirit, for the same. As for the rest of us, let us all be a little more accepting towards the deaf; let's give them an



equal opportunity in every sphere; let's see those hearing aids as just another piece of accessory, because why not?"

Salabhasana or Locust pose facilitates intestinal function by strengthening the abdominal muscles and easing constipation.



The evil lookalike



Storywala

Part I

Suhani Malik, AIS PV, XII B

And I came face to face with my evil doppelganger and did what any normal human would do - I screamed. She looked the same as me, wore the same clothes, but there was one very striking difference- her eyes. They switched colours between deep brown like mine to swirling golden pits full of malevolence. She charged right towards me, holding her arms outwards intending to strangle me.

I turned around and ran towards my house so fast that I could've given Usain Bolt a run for his money. I could hear her voice, or rather my own, beckoning me to stop and let her catch me. My feet were beginning to get tired and my speed was starting to slow. I needed to form a plan and all the years of watching adventure shows did not seem to help at all, especially at a time when I badly needed help.

Before I knew it, my demonic doppelganger caught up to me and grabbed the hood of my

jacket. Adventure show instincts finally kicked in and I shrugged the jacket off and ran away again. As my house fell into my line of sight, I yelled, "Mooommmmm!!! Heellllppppp!!!" However, it seemed like my house was currently deserted and so was the street.

I pushed the door open and ran to my room. I bolted the door and windows and tried crawling underneath the bed but there was no space because of God knows what all I had dumped in there. I ran to the bathroom and closed

I needed to form a plan and all the years of watching adventure shows did not seem to help at all.

the door. My breaths were ragged and unknowingly, I started sobbing. And even though I knew crying wasn't a good idea because my crazy doppelganger would hear me, I cried because I was helpless. After what felt like a lifetime, I heard my mother's gentle voice calling out, "Cathy! Love, I'm home!"

Hurriedly, I opened the door and ran towards the door to unlock it and run into the arms of my mother as soon as possible.

Yet again, I fell straight into a trap. I was hit on the back of my head. My vision started to blur and my knees buckled over as I blacked out. The last thing I heard was the cackle of my psycho doppelganger.

My whole body was aching, particularly my head. I groaned and tried to bring my hand up to my eyes to rub them. Keyword: tried, because, it was then that I noticed that my hands were tied to the chair.

To be continued ...

Pen stand

Shreya Srivastava, AIS VKC Lko, IX A

Material required

- A leftover LED bulb box
- Glitter Sheet (any colour)
- Paint (any colour)
- Glue
- Newspaper

Method

- Take the cardboard box and cut out the flap on top. Shut the bottom flap and seal it properly.
- Take a newspaper and make many sleek rolls of it. The length of the rolls should be such that it covers the perimeter of the box.
- Flatten the rolls gently, and layer by layer, with the help of a glue, stick it on the box from top to bottom. Let it dry.
- Take a paint colour of your choice and paint the outside of the box. You can either use one colour or use multiple colours. Let it dry.
- Cut little stars out of the glitter paper and stick the same on the stand as per your choice.
- Your pen stand is ready! Fill it with your favourite stationery!

TEST YOUR BRAIN

By moving a single letter from one word to another in these given words, make a pair of synonyms. For example: Boast - Hip, where Boast's 's' can be moved to Hip to create Boat - Ship. Good luck!

- | | |
|--------------------|----------------------|
| 1. Inks.....Tiles | 8. SalveSavage |
| 2. Ride.....Relive | 9. WhiledSpurn |
| 3. GazeFreed | 10. Our.....Start |
| 4. SnailPike | 11. Strip.....Tumble |
| 5. Snag.....Cold | 12. CashBroom |
| 6. OpenCop | 13. Plight.....Lam |
| 7. Cares.....Pest | |

Answers: 1. Links - Ties 2. Rid - Relieve 3. Graze - Boom 4. Nail - Spikes 5. Nag - Scold 6. Pen - Feed 7. Caress - Pet 8. Save - Salvage 9. Whirled - Spun 10. Sour - Tart 11. Trip - Stumble 12. Crash - Boom 13. Light - Lamp

WORDS VERSE



Always and forever

Kalpita Chakraborty
AIS Vas 6, XII

This world is a cruel place
With people having a fake face
Don't know whom to trust
Whom to love, can't suss

Hatred is everywhere
In every heart, in every sphere
No one is really himself

Almost everyone is a player

Then there are some
When needed, they come
They are the real ones
They enter our lives, only once

They are the most precious
They are the best people ever
They make us believe
In 'always and forever' 🇮🇳

The stairs to success

Gauri Sharma
AGS Gurugram, VIII

Just a little more, a little more
Success is not easy as told 'fore
They who lay gravels in the way
Never see the world turning grey

Fear not, as the wounds will go
Become pedals for boat rowed
Success appears nearer than near
But is an illusion you always fear

Open your exciting mind to see
That the path is not a mystery
You must take the golden stairs
With passion and a will to dare

You must not ever look back
In case you fall with a whack
You hear the greyhound howl
Stopping you filling the bowl



Oh, fear not, the hunger will go
With ambition to achieve more
Success is not very far away
On these golden stairs, it lay

Open your exciting mind to see
And fly like a bird that is free
You must take the golden stair
See people giving you a glare! 🇮🇳



CAMERA CAPERS

Tushti Sharma, AIS Saket, Alumna

Send in your entries to
cameracapers@theglobaltimes.in



Deep into the wild...



There is a world alive...



Just open your eyes...



Dhanurasana or Bow pose makes the cervical, lumbar, thoracic and sacral regions more flexible.

The guardian of Nellore

Ahana Gupta

AIS Vasundhara 6, IV

Once upon a time, there was Mighty, a planet that was trusted with the task of protecting all the creatures on earth. The residents of this planet were not mere human beings, rather fairies, spirits and other magical creatures. These fairies were allotted various jobs like taking care of the flora and fauna, controlling calamities as well as protecting humans from various diseases. Fairy Bella, a resident of the Mighty planet, was tasked to protect Nellore forest; one of the most extensive forests in the Indian subcontinent. With her magical powers, Bella would protect the plants and animals of this forest and prevent hunters, poachers and wood cutters from destroying them.

One day, while keeping an eye over the jungle, Bella saw people from the nearby village dump an enormous amount of garbage in the lake of Nellore forest. She flew down and saw that the fishes in the lake were becoming agitated. All of them requested Bella to help them as the garbage was slowly poisoning the water. Bella immediately started cleaning the debris but a lot of it had already sunk into the lake and even her magical wand couldn't vanish the garbage. The fishes were gasping for breath and the



Short Story

plants in the lake were slowly dying. Bella was furious, both at her inability to help them and the human tendency to hurt everyone around them.

First, with the help of her magic, she transferred the fishes and plants into another lake, far from the eyes of humans. Then, she froze all the lakes and seas of the

forest. Lastly, she froze the water present in the wells and taps of the villagers. There was not a single drop of water available to the villagers. They couldn't even go to the forest for water now; the whole place looked like a frozen desert. In the morning, when the villagers woke up, they required water for

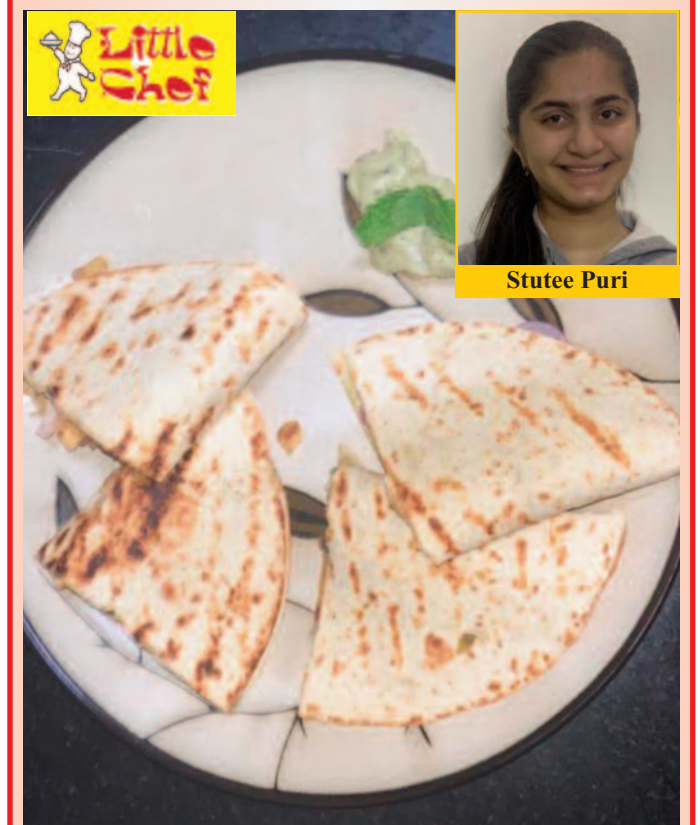
The villagers were starting to feel dejected when they saw a vision in front of them.

their daily chores, but couldn't find it anywhere. Everyone panicked and couldn't understand what to do. The villagers were starting to feel dejected when they saw a vision in front of them. It was Fairy Bella in all her glory. Villagers got scared seeing her floating above the ground like that.

Bella questioned the villagers about the garbage disposal and showed them the state of the fishes and plants. Embarrassed yet remorseful, the villagers apologised for their deeds. All of them pledged to protect mother nature and promised to clean the lake once Bella unfroze it.

So, Bella reversed her magic to return the things to normal and watched as the villagers cleaned the garbage from the lake. The fishes were able to breathe and the plants were not dying anymore; once again, Nellore forest became the perfect habitat for plants and animals.

So, what did you learn today?
A new word: Dejected
Meaning: Feeling sad or unhappy



Quesadilla delight

Stutee Puri, AIS Noida, VIII

Ingredients

- Whole-grain flour tortilla 1 (about 8" diameter)
- Cheddar cheese (grated) ½ cup
- Black beans (cooked) ¼ cup
- Bell peppers (chopped) 1 tbsp
- Onion (chopped) 1 tbsp
- Paneer (minced) 1 tbsp
- Mushrooms (minced) 1 tbsp
- Melted butter 1 tsp

Procedure

- Take tortilla in a skillet and heat it on medium flame for about 30 seconds. Keep flipping it in between.
- On one half of the tortilla, sprinkle cheddar cheese and spread it evenly.
- Now, on the spread, add fillings like black beans, chopped bell peppers, onion, paneer and mushroom, and fold over the other side to make half-moon.
- With the help of a brush, grease the top of quesadilla with a light coating of butter and carefully flip it with a spatula, ensuring that the stuffing does not spill out.
- Let the quesadilla cook for approximately 1-2 minutes or until it turns golden and crispy at the bottom. If needed, simmer down the heat to prevent over burning.
- Again, brush the top with a light coating of butter, and then flip it and cook until the second side is golden and crispy.
- Immediately shift the quesadilla into a serving plate; gently cut it into 3-4 slices and serve it hot with some homemade or store-bought mayonnaise.

It's Me

KNOW ME

My name: Naisha Dixit
My Class: II G
My school: AIS Gur 46
Born on: August 20

MY FAVOURITES

Teacher: Heena ma'am
Subject: English
Friend: Rahini
Game: Hide and seek
Cartoon: Peppa Pig & Masha and the Bear
Food: Gobhi aloo curry
Mall: Ambience Mall
Book: The Gopi Diaries

MY DREAMS AND GOALS

Hobbies: Dancing & gardening
I like: Reading books and making friends
I dislike: Fighting and violence
My role model: My mother
I want to become: A dance teacher
I want to feature in GT because: I want people to know me, recognise me and be friends with me and GT is the perfect place.



POEM

Dare to dream

Garvit Sharma

AIS Vasundhara 1, V C

Close your eyes and let
Your imagination fly away
See a picture of where
You wish to be one day

Let the colours of your
Heart take the command
To paint the pretty picture

From your experienced hand

Hold on tightly and nurture it
But allow it room to grow
When you reach your dream
Open your hands and let it go

Close your eyes and search for
Another, caring for it as before
Never stop and never let it go
For that's what dreams are for.



Aanya Bhandari
AIS Saket, V

Teacher: Can anyone tell me what would happen if you swallowed uranium?

Student: You would get an atomic ache!

Jin: Did you hear about the crazy scientist who put his dynamite in the fridge?

Justin: Yeah, looks like he blew his cool!

Headmaster: What exactly did you say to your class teacher to make her faint?

Student: I only told her that I did my homework!

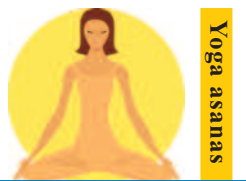
Teacher: I had asked you to draw a ring so, why have you drawn a square?

Student: It's a boxing ring, sir!

PAINTING CORNER

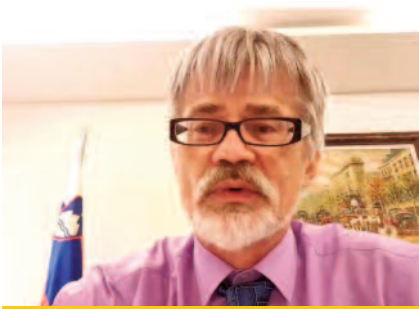
Amit
AIS Mayur Vihar, VII



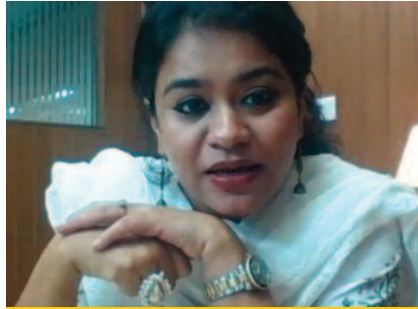


Welcome to eAIMUN'20

An International Colloquium For Nurturing Responsible Leaders For The Future



HE Marjen Cencen



Nishtha Satyam, UN Women



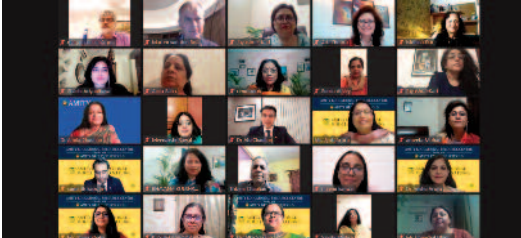
Dr (Mrs) Amita Chauhan



HE Marten van den Berg



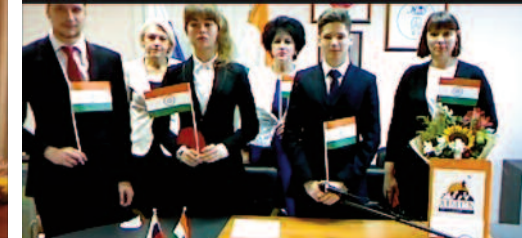
Divya Datt, UNEP



Eminent guests at the ceremony



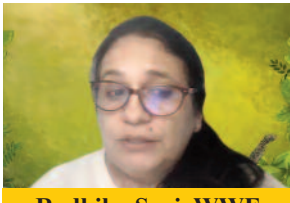
Lamp lighting ceremony at opening ceremony



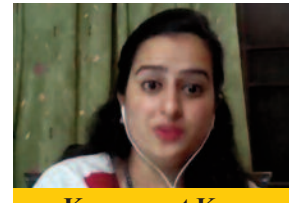
Russian school delegation



French school delegation



Radhika Suri, WWF



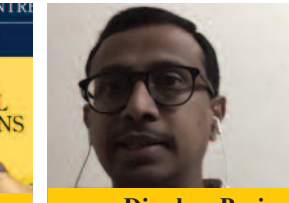
Karanpreet Kaur



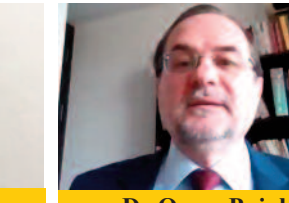
Dr Shachi, UNDP



Jyoti Arora



Dinakar Peri



Dr Oscar Pujol



Samarth Pathak, UNODC

Nandini Medhi, GT Network

With the motto 'Be your own light', Amity International Model United Nations (AIMUN) celebrated its 13th chapter of diplomacy, dialogue and the coming together of young delegates. The first ever virtual AIMUN bore witness to a three-day extravaganza filled with intense deliberations that saw participation of over 300 participants from across five countries and six exciting committees. The conference, an initiative of Amity Educational Resource Centre (AERC), was held under the leadership and guidance of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF. Beginning on an auspicious note, with the chanting of 'Swasti Vachak' shlokas, the opening ceremony organised by AIS Gurugram 43 saw the presence of Chairperson ma'am, chief guest Nishtha Satyam, deputy representative, UN Women, India, Nepal, Maldives & Bhutan; Radhika Suri, director, Envi-

ronment Education, WWF, India; Karanpreet Kaur, senior policy officer, Embassy of Netherlands; Samarth Pathak, communications officer, UN Office on Drugs & Crime, Regional Office for South Asia; and other heads of Amity institutions. A heart-warming song 'Sapna Dekha Hai Maine' by the students of Amitasha, an initiative of Amity for the less privileged girl child, engaged the entire audience. The august gathering was further motivated by the inspiring words of the chief guest Nishtha Satyam, who urged the audience to dream big. Following this, the motivational words of Chairperson, Dr (Mrs) Amita Chauhan, "We cannot build for youth but we can build youth" added the much required energy to the ceremony. While the highlight of the ceremony was the unveiling of AIMUN Times and AERC newsletter by Chairperson ma'am. The second day saw delegates work passionately for their respective committees' agendas. It also witnessed a



- **Date:** October 14-16, 2020
- **Platform:** Zoom
- **Delegates:** 300+
- **Countries:** 5
- **Committees:** 6
- **Live telecast:** YouTube

spectacular cultural soiree, organised by AIS Pushp Vihar, which fixated on blending traditions to make a more united world. The fest commenced with words of inspiration by Dr Oscar Pujol, chief guest of the day, following which Sayoni Pandey from Instituto Cervantes

presented an enrapturing Spanish song. Further, the audience witnessed a stellar dance performance by the Russian delegates. The French delegation, through a video presentation, introduced everyone to their country and presented a musical performance in their mother tongue. More musical and dance performances were prepared by the delegates of Slovakia as well as students of AGS, Amity schools from Lucknow and Gwalior. A wave of patriotism immersed all as the showstopper AIS Pushp Vihar presented a beautiful fusion of all the different dance forms of India. The third day of the conference saw the culmination of the blood, sweat and tears put in by the organisers and the delegates alike. The closing ceremony, organised by AIS Saket, marked the end of an unforgettable affair. The ceremony began with the traditional lighting of the lamp. In keeping with tradition, the esteemed congregation of Dr Shachi Adyanthaya, national programme manager, Health and Governance, UNDP as

guest of honour; HE Marten van den Berg, ambassador, Embassy of New Zealand as chief guest; HE Dr Marjen Cencen, ambassador, Embassy of Slovenia as presiding guest, and Dr Tianyou Xu as special guest, were presented with virtual saplings by Chairperson ma'am. Excellence filled the screens and students brought forth their best through music and dance, illustrating the spirit of 'Atmodeepoh Bhavah'. This was accompanied by the valedictory ceremony, which honoured all the esteemed guests present. Dr Atul Chauhan, chancellor, Amity Education Group, graced and encouraged the gathering with his presence. Soon after the ceremony was over, everyone could be seen anticipating the much-awaited event- the announcement of the winners. The most coveted award for Best Delegation was won by Delegation of USA, Delegation of Russian Federation and Delegation of Serbia represented by AIS Gurugram 46, AIS Saket and Modern School, Barakhamba Road respectively.

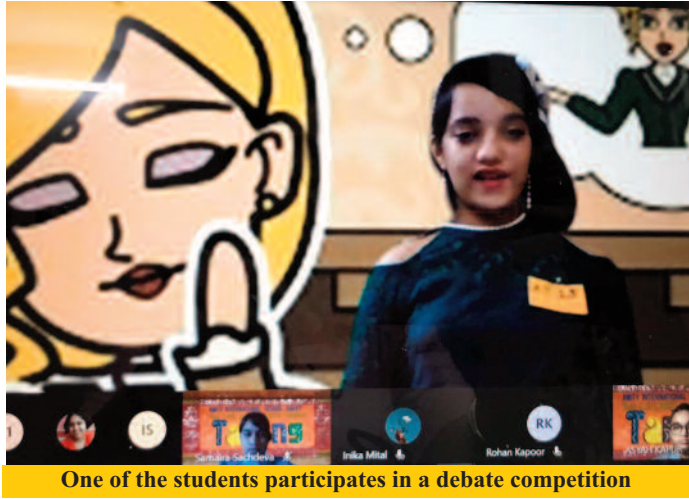
Glimpses of Day 2 & 3



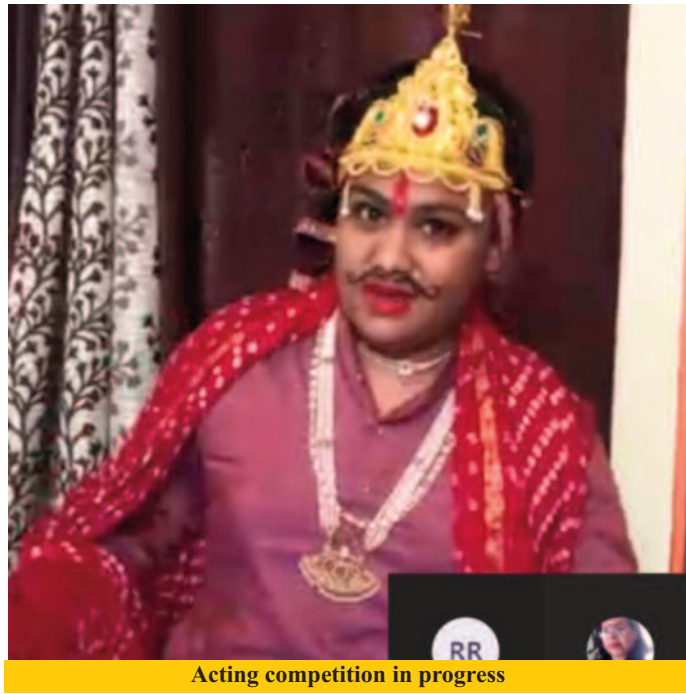


Trikonasana or Triangle pose helps in advancing hip and leg flexibility.

Tarang'20



One of the students participates in a debate competition



Acting competition in progress



Students and teachers interact during the assembly

Children's Day celebrations A Day For Young Minds

AGS Gurugram

Viwaswan Jha, AGS Gur, X

A special virtual assembly was held on November 11, 2020 to celebrate Children's Day. The assembly commenced with a welcome speech by school principal Arti Gupta followed by felicitation of the students who won the awards in various events and competitions. The celebrations comprised a melodious song 'Light the candle'

sung by the primary school teachers, various fun and exciting online games being played by Nursery-Class X students, skits by primary and senior teachers, a rhythmic dance performance by teachers on the song 'Bhumbro', and heartfelt video messages by the teachers. The event culminated with senior school teachers singing a melodious song called 'Heal the World', followed by a group photograph of all the students and vote of thanks delivered by school principal.

A Classic Confluence Of Arts And Literature With Fun

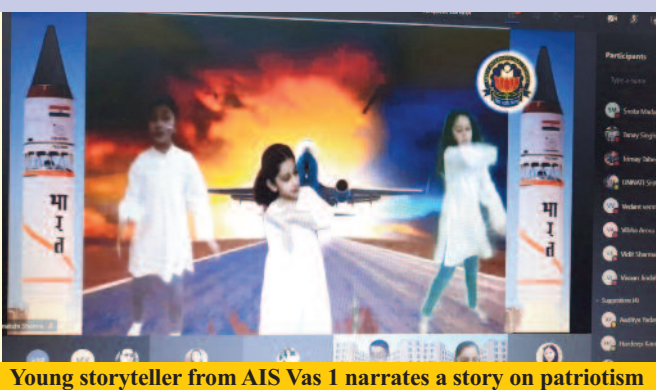
AIS Saket

Amidst the transformed times, 13th edition of the annual inter school event of arts 'Tarang' was held virtually for the students of Class VIII to XI from November 2-3, 2020. The event envisioned by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, as a plat-

form to kindle the innate creativity of young minds while exposing them to cultural diversity, saw participation from 43 eminent schools of Delhi/NCR, Punjab, Rajasthan, and Uttar Pradesh region. It comprised a host of online competitions like 'War of Wits', 'One Man Army' - debate session, 'Psycholopedia' - quiz session, 'Rang Tarang' and 'Master

Strokes'-painting competition, 'Sanskrit Kavya Taringini' and 'Abhivyakti'-Hindi acting competition, 'Ein Thema behandeln' - a German debate, and 'Débiter une histoire' - a French debate competition. The two-day event came to an end with a valedictory ceremony organised on the second day wherein all the winners were duly felicitated. The com-

petitions were judged by a panel of eminent jury members and the students of Amity International Schools bagged various laurels in each category. AIS Noida lifted the overall winners trophy and was felicitated with the coveted Smt Leelavati Shastri Trophy, while the position of the first runner up was bagged by AIS Gurugram 46. [G I](#)



Young storyteller from AIS Vas 1 narrates a story on patriotism

Time to tell tales

The Young Storytellers

AIS Vasundhara 1

On November 19, 2020, a virtual storytelling session titled 'Tales of Time - a bouquet of stories' was held for the students of Class IV. During the session, the students narrated many value based stories eloquently, while being decked up as the characters of the stories, and displayed their aesthetic presentation skills. Many of them even decorated their backgrounds to enliven their storytelling sessions. They shared the virtues learnt from the stories as they enacted them for their peers. The session helped in fostering love for reading and writing stories, and enhanced the linguistic intelligence of the young minds while also instilling human values in them.

AIS Noida

An online class presentation 'The Story Fest' was organised by the school for the students of Class I-II from November 2-3, 2020. The presentation began with traditional lamp lighting ceremony and was graced by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF. During the presentation, each section was divided into three groups wherein students brought alive the stories through narratives, enactment, songs, dance and different modes of storytelling. They narrated stories from Panchtantra Tales, Folk Tales of India and Folk Tales Around the World. School principal Renu Singh lauded the efforts of the young storytellers.



Two young storytellers from AIS Noida narrate a folk tale



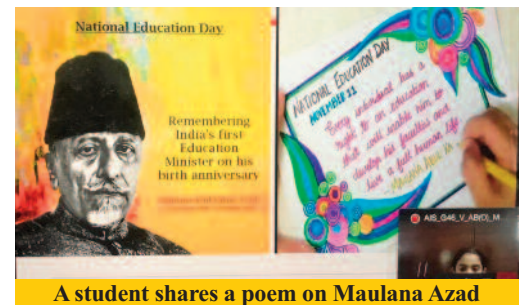
A student makes rangoli

Competing for creativity

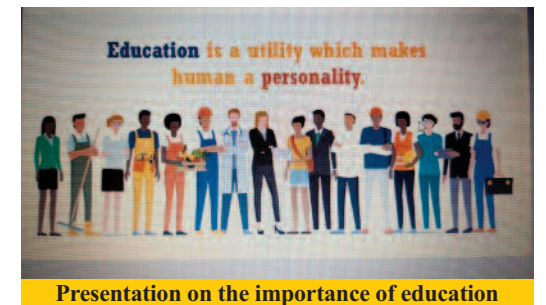
AIS Mayur Vihar

Promoting the theme of 'Green Diwali', an inter house rangoli making and slogan writing competition was organised for the students of Class VI-VIII during Diwali week celebrations held virtually on November 14, 2020. As part of the competition, participating students wrote creative slogans to save mother earth and made beautiful rangolis with eco-friendly resources like flowers, leaves, turmeric, grains, bamboos, diyas, and sawdust, etc. The rangoli designs sent across the message-various ways to care for mother earth and the students also spoke about measures that can be adopted in daily life to protect the planet. Following this, many students also shared videos of how they helped their parents in preparing for the festival of Diwali in their homes. The virtual competition came to an end with the felicitation of house-wise winners in each class and different categories such as Best Video, Best Attire for Diwali, Most Creative Presentation, Most Colourful Rangoli, and Best Slogan. [G I](#)

Education is empowerment Celebrating The True Power Of Literacy



A student shares a poem on Maulana Azad



Presentation on the importance of education

AIS Gurugram 46

To commemorate the birth anniversary of the first Vice President of India, an eminent scholar and a great freedom fighter, Maulana Abul Kalam Azad, the school celebrated 12th National Education

Day on November 11, 2020 for the students of Class III-IX. As part of the celebrations, an array of online activities were organised such as speeches, sharing thoughts and writing inspirational slogans, poster-making, etc. The students also shared thought-provoking insights into

the importance of education, New Education Policy (NEP) and the prodigious contributions of Maulana Abul Kalam Azad towards education, weaving it with the current educational scenario. The celebrations ignited a spark in the students towards the social cause of education for all. [G I](#)

Towards sustainability

Amitians Strive To Achieve UN SDG Goals



Students showcase different asanas of yoga



Virtual exhibition during the online session

AIS Vasundhara 6

The global warriors of Class III spread awareness about UN Sustainable Development Goals through an online presentation held on November 6, 2020. Using their multifaceted skills like storytelling, yoga, music, visual arts, dance and drama, etc., they

showcased their efforts to adopt SDGs in life. The students highlighted the importance of SDGs through virtual presentation titled 'Nishchitam Ayan- towards positive progress'. A total of 6 goals, namely life on land, life below water, good health and wellbeing, gender equality and women empowerment, clean water and sanitation, and cli-

mate action were analysed in the presentation where a set of achievable sub-targets were shown to contribute towards each goal and create an impact on the world. The presentation also included an e-exhibition of the creative work done by students in the form of posters, masks, objects made with origami paper and plasticine. [G I](#)



An endless debate...

And A Quest To Find The Most Important United Nations Committee Of All Times

Tanya Ganguly, AIS Saket, X & Aditi Banerji, AIS Noida, XII

Committee: United Nations Commission of Committees
Executive Board:
Chairperson: UNSC
Vice Chairperson: UNESCO
Agenda: Determining the most important UN committee
Venue: MS Teams; courtesy-pandemic

UNSC: Greetings, delegates! Welcome to today's assembly, and before anyone erupts or worse, gets gagged, let's get started with the session. However, if I do say so myself - a look at the EB immediately clears the agenda *beaming at his own smart comment*

UNESCO: Anyway, any motions on the floor?

WHO: The delegate of WHO would like to establish the General Speakers' list.

UNESCO: You didn't get recognised, delegate. However, since you're the only one I like in this joyless committee, your motion is in order. All those in favour?

WHO presses the 'Raise Hand' button five times, NSC finally blesses the committee with their presence, UNEP and AIPPM seem engrossed in their debate in the chat box, and UNDP can't figure out the buttons

UNSC: This motion clearly passes, and seeing the apparent willingness of the committee, we'll now recognise the speakers. Not you, NSC!

UNESCO: WHO, UNEP, AIPPM, you've been recognised. AIPPM: But we didn't even raise our hands!

UNSC: Decorum, delegates! WHO, your time starts now.

WHO: Thank you for recognising me, World Health Organisation, that deals with disease outbreaks, medication and vaccination. In light of the COVID-19 pandemic, I would emphasise that the WHO is clearly the most important committee at the UN. I'd like to yield my time to EB.

NSC: Scared to face the wrath of the committee, are you? Scaredy cat! Can't wait to read the newsletter tomorrow!

AIPPM: *Khabrein toh thi jeevan ka hissa, paheli kab bana di humne? Samadhan ki galiyo main rok kab laga di humne?*

NSC: Somebody mute AIPPM. I can't take it anymore!

UNESCO: No cross talk, delegates! Let's move on to the next delegate in line.

UNSC: Wait a second. WHO yielded their time to the EB, so, I'd like to say something.

UNESCO: Stop emphasising your power everywhere.

UNSC ignores

UNSC: Delegates, UNSC is the primary international committee *looks at NSC* focusing on security. Therefore, it is only fitting that the UNSC be crowned as the most important UN committee.

NSC: Umm... point of parliamentary enquiry!

UNESCO: *Grumbling* Very well! Delegate?

NSC: Who even put you in the Executive Board, huh?

Even UNEP and AIPPM look up from their (not so) cleverly concealed phones at this utterly bold remark made by NSC

UNESCO: Point not in order.

NSC: But, it wasn't even a point of order!

UNSC: Delegate, you are permanently gagged from the committee for behaving inappropriately. Your candidature is disqualified from being considered for the proclamation. Any other motions? *NSC sits down, annoyed*

UNDP: The delegate of UNDP would like to raise a motion to suspend formal debate and move into an unmoderated caucus.

UNESCO: The motion passes. *beyond caring anymore*

AIPPM: *Bahar se kehna bahut aasan hota ha, lekin seat pe baith ke kaam karna utna hi mushkil.*

NSC: Okay, that's it. Someone please mute AIPPM right now.

UNDP: The only question I would like to ask is - where is the crafty UNGA with their unbearable overconfidence?

NSC: What are you even bickering about, UNDP? You can't even switch on your camera. *Naam ki hi development!*

A quarrel which knows no end ensues! Unnoticed by the rest of the committees, UNSC makes a brave attempt to sneak out of the committee, the Best Delegate Award hidden securely in their overly large blazer

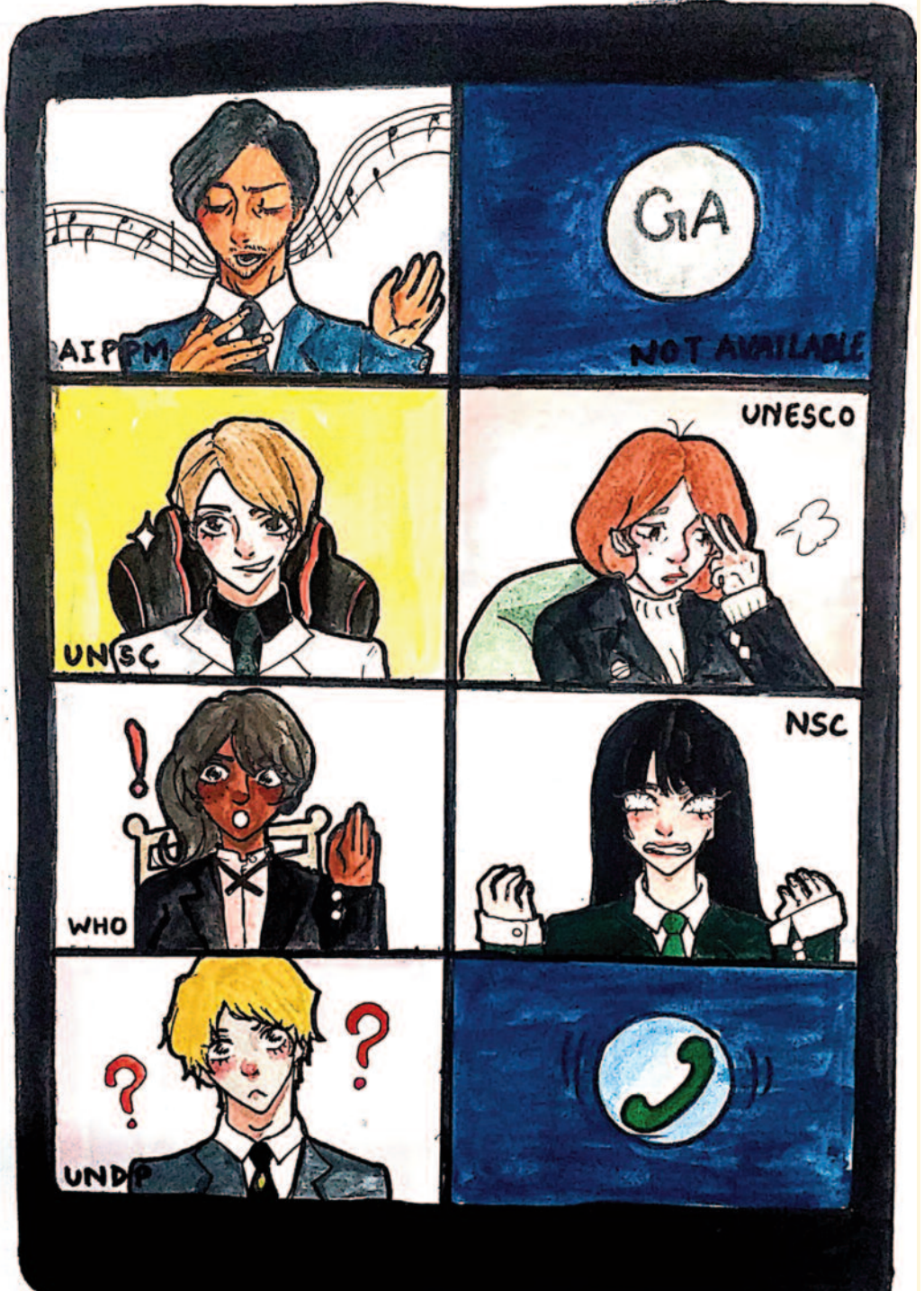


Illustration: Anushree Doharey, AIS VYC Lko, XI

All dolled up...since ages

Cosmetic Facts Straight From The History Books!

Lipstick

How they did it: Sumerian men and women were the first to invent lipstick, made from crushed gemstones and white lead. Egyptian women, on the other hand, used natural pigment from flowers and vegetables as lipstick and cheek stain. The ochre or dark clay was ground finely and mixed with water then applied with a brush to the lips.

Fun fact: Cleopatra created lipstick out of flowers, red ochre, fish scales, crushed ants, crushed beetles and carmine in a beeswax base to create her own signature red!

Nail Polish

How they did it: Ancient Egyptians used henna as nail polish. Red nail paint was considered a symbol of royalty. In fact, the stronger the shade of red, the more power the person possessed.

Fun fact: It was rumoured that Queen Nefertiti used blood as dye for her signature red nail colour!

Kohl

How they did it: With base ingredient made from copper and lead ore, mixed with oils and ash, Egyptians wore kohl in an almond shape to reduce glare and eye infection. Moreover, other than this, eye makeup also had religious connotation as it made people look like God, which they wished to imitate.

Fun fact: Lead based kohl was knowingly poisonous to ancient Egyptians but also had anti-microbial properties.

Face Powder

How they did it: Much like the lip paint, red ochre was mainly used as a

check blush wherein naturally tinted clay was mined, washed and then separated from sand to retain the particular colour. Well, it did more than just adorn the cheeks as the natural colour protected the skin from the dry, sharp heat of the Sun.

Fun fact: It's highly theorised that the cause of death of Elizabeth I was due to lead poisoning from her powder!

Perfume

How they did it: The Egyptians were huge fans of perfume, and used it for both ceremonial and beautification purposes. They even had a God of perfume, Nefertum, who wore a head dress made of water lilies (one of the biggest perfume ingredients of the time), suggesting that they associated good scents

with godliness. As a result of which they created natural fragrances with flowers such as sandalwood, lilies, iris and frankincense.

Fun fact: Ancient Egyptians thought perfumes to be the sweat of the Sun God, Ra!

FYI

■ In 1800, Queen Victoria declared makeup as improper as it was considered vulgar and only actors were allowed to wear it.

■ At around 3000 BC, Chinese women would soak their nails overnight in a mixture of beeswax, gelatine, and egg whites for a home manicure.

■ Romans used chalk powder, crocodile dung, and white lead to whiten their faces.

Hannah Mubarak
AIS Mayur Vihar, XII G

Lip gloss, kohl, mascara, highlighter, blush... you name it and there is a makeup product for everything, from the root of your hair to the tip of your toe. But, the present generation cannot be blamed for this makeup craze, for the love of dolling up dates back to as early as 10000 BC. Don't believe us? Let's take a walk through the pages of history seldom mentioned by our history teachers.

Imaging: Dinsh Kumar GT Network

