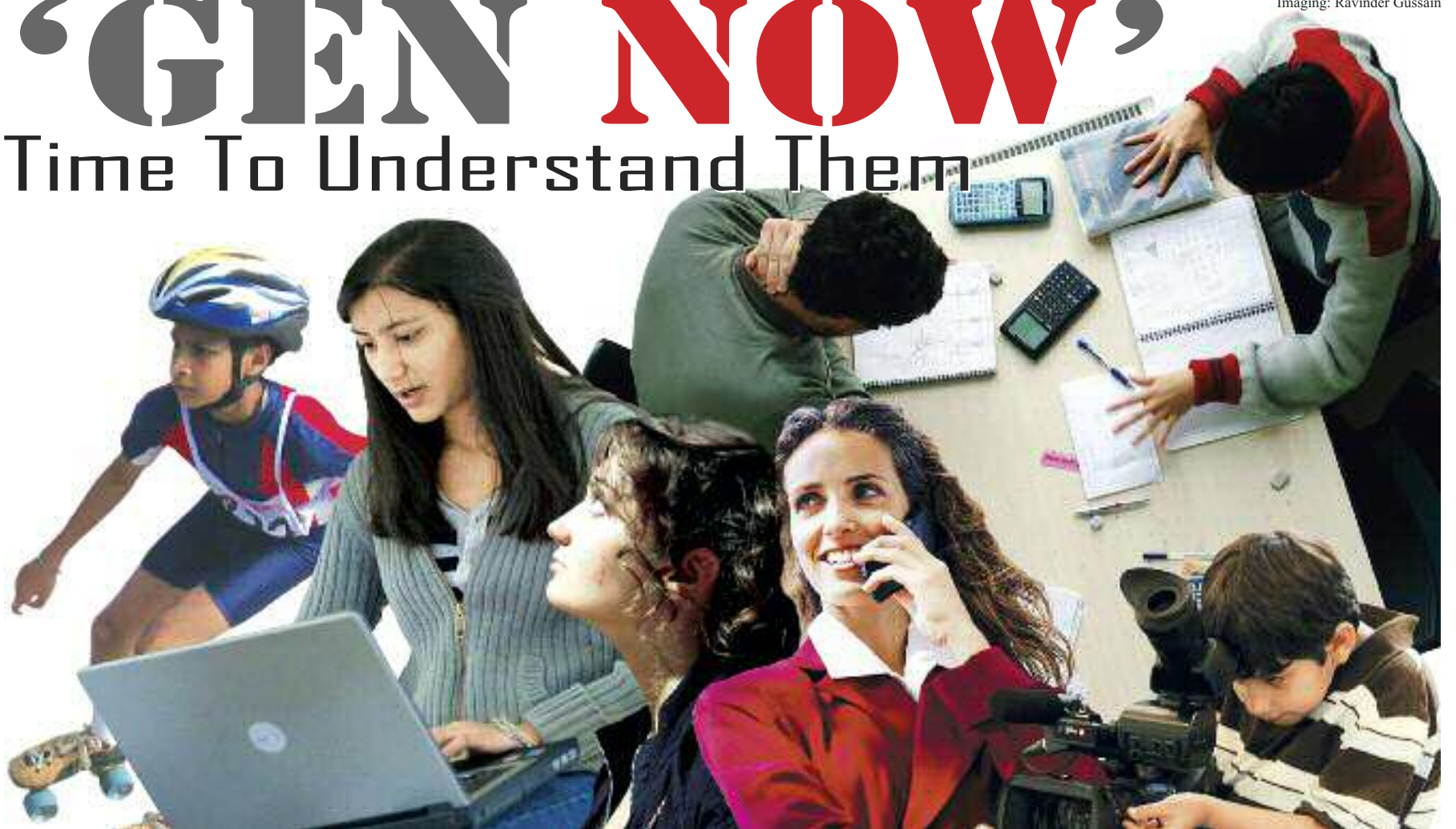




'GEN NOW' Time To Understand Them

Imaging: Ravinder Gussain



Food For Thought Bring on the change

Have the vision, have the spark,
Let the cheer of light replace the lonely dark.
Make your move, make your mark,
Colour is awaited with a joyous remark.
Life's a fairytale and no ordinary story book,
Brighten its outlook.

Saumya Ailawadi, XI E,
AIS Gur 46

INSIDE



Biggest Eclair Pyramid, P 2



Moo! It's a cow's life! P 6



Kingdom of Dreams, P 12

Saumya Ailawadi
XI E, AIS Gur 46

Haven't you all at some point or the other felt torn between mum and grandmum? The contrasting views of the three generations can make one go berserk! While grandmum might be stuck with her mobile and mum may not be able to function a PS2; teenagers may not be enlightened by the thought of eating food cross-legged on the floor or living without a personal room either. Each generation is distinct and has its own characteristics. This is the time for Gen Now; so why not begin by understanding them?

Fearless and carefree: The current youth is not scared of taking up unconventional careers. Experimentation with careers ex-

plains the need for a change in CBSE curriculum in 2009. The new system enables them to augment their understanding and generate new ideas which is the need of the hour. This generation has ushered in a massive growth in industries like cinema, music, fashion designing, information technology, and many more.

Spaced out! While their predecessors preferred a more conservative environment, Gen Now demands liberty and space. Though they love hanging out with friends, they value their personal space more than anything else. Any unnecessary infringement of their 'me-zone' is bound to send them in a tizzy. They need all the space possible to soar in the sky - to feel free to experiment, to dare to dream.



Tech-Savvy: Gen Now knows about the

latest gizmos more than perhaps, the inventors themselves! They are much more familiar with the latest gizmos, gadgets and technology. They are more comfortable communicating through mobile phones and social networking sites such as Facebook and Twitter rather than plain verbal communication.

Family-Centric: Gen Now is tired of seeing predecessors sacrifice everything for their career; they certainly don't want to do it. They want flexi timings and freedom to live life at their own pace, and to be able to have time for friends and family. They want a life imbued with faith and responsibility for their parents and yet, have the basic right to plan the course of their lives on their own accord.

Achievement-Oriented: Gen Now keeps

their eyes on the goal; they are confident, ambitious and target oriented. They are knowledgeable and observant, and courageous enough to break free existing boundaries in order to reach their goals. Ms Vasudha Goyal, counsellor, AIS Gur 46, says, "It is time that parents and teachers accept today's generation along with their social and economic milieu so as to understand them better."

Gen Now is here to make its mark in the society and make the most of its time before the succeeding generation overtakes. The outlook and reflections of the young people today vastly differ from those of the earlier generations. However, it is certain that all can grow at a faster pace with the flourishing support and trust of the previous generations.  

Instead of competition, let's have cooperation

Parul Sharma, Joshya Sethi,
Angad Singh & Saumya Ailawadi
XI, AIS Gur 46

Generation Now is susceptible to rising concerns of stress, peer pressure and anxiety. We get so involved in our own distress that a route out of it seems to be a far fetched idea. Setting aside such pessimism and bringing optimism into our lives is the humble service of Sister Shivani, a Brahmakumari. She is a gold medallist in Electronics Engineering from Pune University. Having been a student herself, she is familiar with student/teen troubles. An encounter with her is simply mesmerising. Here, she shares her inspiring insights on competition, stress and other teen troubles...

What advice will you give to students who are surrounded by stiff competition?

There is nothing such as 'competition'. In the practice of competing against one another, we forget to appreciate our value system. Unethical practices limit us from realizing our true potential and give rise to the fear of losing. If we all begin to respect our morals and lead life at our own pace, the fear of loss would never prevail. Instead of competition, let us have cooperation.

To fulfil unreasonable demands, most teens tend to lie to their elders. What is the cause of this hidden fear?

Non acceptance is the cause of fear. All human beings want acceptance. Most parents and teachers fail to realize that the urge to smoke and drink is natural in youth. They must, however, educate the children on the hazards of these vices. The youth must realise that the control of their lives is in their hands; it is foolish to lean on drugs and drinks to escape the reality.



The boom of technological advancement/social networking sites has reduced face to face dialogues. Is this healthy?

It is essential for us to exchange positive energy with each other as we communicate and share. However, interaction and comprehension of body language and facial expressions is vital. Our dependence on such machines is responsible for the rising insecurity and abating cooperation amongst us. Social networking sites do not let us use our minds creatively. This curbs our enhancement and growth.

How much time should one spend on meditation?

Meditation is not just practicing silence for ten minutes each day. It requires programming the mind and invoking positive thoughts so that it remains unchanged throughout the day. There is no time guideline for meditation. Remain positive, remain stable throughout the waking hours. Life is a journey, lead it in an ethically comfortable way. Then there will be no stress, no hard feelings and you will be able to accomplish what you want to.

How can students control the stress levels they go through?

The level of stress enforced upon us has not increased since last generation, only our minds want to accomplish a lot in a limited span of time. If we discipline ourselves to manage our time prudently, one task at one time, there is no need to fear stress.  



Enlightened:
Saumya, Joshya, Angad & Parul



Sister Shivani - An Apotheosis of Divine Beauty

Chocolate Éclair Pyramid!

Pix: Deeksha Goyal, IX A, AIS Gur 46



LIVE PRESS

Esha Gopinath Nair, X C, AIS Gur-46 reports from the MasterChef Press Conference held at Gurgaon...

The contestants of cookery reality show 'MasterChef India' unveiled the tallest Chocolate Eclair pyramid on 23rd November in Ambience Mall, Gurgaon and entered the Limca Books of Records. MasterChef is

a show hosted by Akshay Kumar on the Indian telly, that celebrates people who make great food. It is a one of its kind culinary competition series based on the



Ajay Chopra, Chef @ The Leela, Gurgaon informs:

"The Chocolate Éclair pyramid is the largest chocolate pyramid in India and is made with some 16,000 puff rolls filled with chocolate cream and topped with silver and gold chocolate. Judges, contestants and about 25 people from The Leela, Gurgaon worked hard to make it. It took us about 12 days."

smash hit UK and Australian shows of the same name.

With a height of 8 metres, the pyramid was the tallest chocolate éclair pyramid in the country! It was built by the top twelve contestants, the two judges Kunal Kapoor and Ajay Chopra, and about twenty five chefs from Leela. Preparation for the éclairs took seventy two hours but it took twelve days to actually finish it. The whole pyramid had 16,000 chocolate-filled éclairs, and about 1000 litres of milk, 800 kg of flour, 500 kg of butter, 450 kg of chocolate and as many as 20,000 eggs were used to make it. The pyramid has also been layered with different colours of chocolate. The third layer had bronze chocolate, the second layer had silver chocolate and the top most layer had gold chocolate. The contestants were extremely happy and proud. After all, it's not everyday that you get to make a chocolate éclair pyramid! 🇮🇳

THE SLIPS AND TURNS OF 2010

Vathul BS, AIS Gur 46

The year 2010 was as spicy as a Hindi masala movie. Here are the top ten perky takes on it...

• Indian film music makes a mark



globally – AR Rahman sweeps double gold at the Grammys
•Sweeping changes in education – CBSE introduces CCE
•CWG Games – Popularity & controversy, the dual effect on India



•FIFA World Cup – From Paul, the octopus to Waka-Waka
•Babri Masjid Verdict – The one-third Deal
•IPL fiasco – Lalit Modi's baby orphaned
•Wikileaks Revelation – Bullying the "Bully"
•2G, food grain, Adarsh society – A deluge of scams
•Live from Oscars – 'Peepili Live' gets nominated for the big night
•Striking Gold – Saina Nehwal ends the year with an emphatic win beating third seed Shixian Wang of China, thus clinching the Hong Kong Super Series. 🇮🇳

Proud to be an Indian!

Tanvi Sethi, IX A, AIS Gur 46

According to a survey conducted in our school AIS Gurgaon-46 as to why children of NRIs, especially those well settled in the West, are coming back to India- surprisingly, majority of the students had the same answer – their parents felt that Indian culture is far better than the Western culture. Perhaps, the decision taken by parents is indeed a sensible one as in Western coun-

tries, the civilization is quite different from our country. And as a matter of fact, any other culture, apart from the Indian one is not easily acceptable by most Indian parents. Harmeet Dhiman, a student of class X, AIS Gur 46, lived in the US for about seven years, but later, in 2002, shifted to India because of an obvious reason – culture. Not only did he, but several others, including Aditya Kumar, VIII, Tobruk Bhan, X, Shubham



Pratap Singh, XI and so on.

While some parents feel that staying abroad is a better option for growing kids because of the availability of better schooling and education; some feel that along with making their child studious, they also need to groom them on their personality and basic ethics. Mrs Aarti Singh, who recently

shifted to India from UK along with her sons, aged 8 and 13, feels that she has come back to India just for her kids as they were being affected by the "distinct culture" out there. She thinks that she took a wise decision of getting her kids back to India while her husband continues with his job in London. To read more about how Indian teens are increasingly turning toward Indianness, and why we all must be 'proud to be Indians', turn to page 7! 🇮🇳



Edit Meet Moods

Proud pearls: AIS Gur 46 edit team



We know how to have fun too!



Time for a 'smile' break!



It's never too early! Sarthak, the youngest Page Editor from class V





It has been an enriching experience for me. Preparing a newspaper edition wasn't easy but it gave me a wonderful platform to explore the world of journalism. **Akheel M. Feroz, IX-A, AIS Gur 46, Page Editor**

The Global Times, December 16-31, 2010

Forensic Science: an exciting option

A thrilling and adventurous experience to investigate and explore the world of crimes



Shipra Bharti & Akheel M Firoz,
XI-A, AIS Gur 46

Engineering and medicine might be the most sought after professions. But those exploring exciting career options, forensic science might just be the career for you. The word forensic science might conjure memories of the last thriller you read or the last episode of CSI you watched, it definitely is an alternative career that offers excitement, adventure, challenge and innovative development despite being a blue collared job.

The job: Forensic scientists investigate crimes by collecting evidence from the scene of crime and applying a broad spectrum of scientific principles to answer legal questions. They generally work more than 40 hours per week, reconstructing crime scenes, examining and analyzing textual evidence, conducting tests and interpreting laboratory findings, etc. Modern day forensic sci-

ence seeks to unravel computer malpractices and hacking, clay facial reconstruction, DNA fingerprinting, toxicology and much more. One must be mentally prepared and physically fit to work for long hours in the field and lab. Higher levels of endurance, patience and analytical skills are essential to become a good forensic expert.

Eligibility: Though students with a science background are preferred (ideally PCM with Biology), science and law graduates can opt for a post graduation degree in Criminology or Forensic Sci-

ence to pursue a career in this field. An MBBS degree along with specialization in forensic sciences is required for those who perform post-mortem or autopsy on dead bodies. The forensic science students have a host of avenues open for them in the police force, law enforcing agencies, legal systems and both government and private investigation offices. Though, the salary offered initially is not very high, it is definitely at par with what is offered in other fields.

Scope: Forensic science shapes the world of justice, fuels crime investigations and signifies the progress of modern technology. It also offers a platform to apply scientific principles with logic and common science. According to a new entrant in the field, "Forensic Science is such a field which combines science with excitement, thrill and a feeling of doing something different. It provides opportunities galore for the younger generation who are blessed with adventurous minds."

Institutes offering Forensic Science

- Amity University (Noida)
- Bundelkhand University (Jhansi)
- University Of Delhi
- Gujarat Forensic Sciences University
- Institute of Forensic Science (Mumbai)
- The University Of Mysore
- St. Xavier's College (Mumbai)

Building vocabulary

Vasundhara Kaul
VIII E, AIS Gur- 46

It was in 2003 that Mr Sachin Uttam decided to do something for the visually impaired. After four long years of hard work, in the year 2007, he with his Gurgaon based company Enabling Dimensions India Private Limited, created a computer CD, an audio based software, which helps high school and college kids, especially the visually impaired to improve their spelling. The inspiration for this came from his company which worked for social causes and from his decision to help handicapped children.

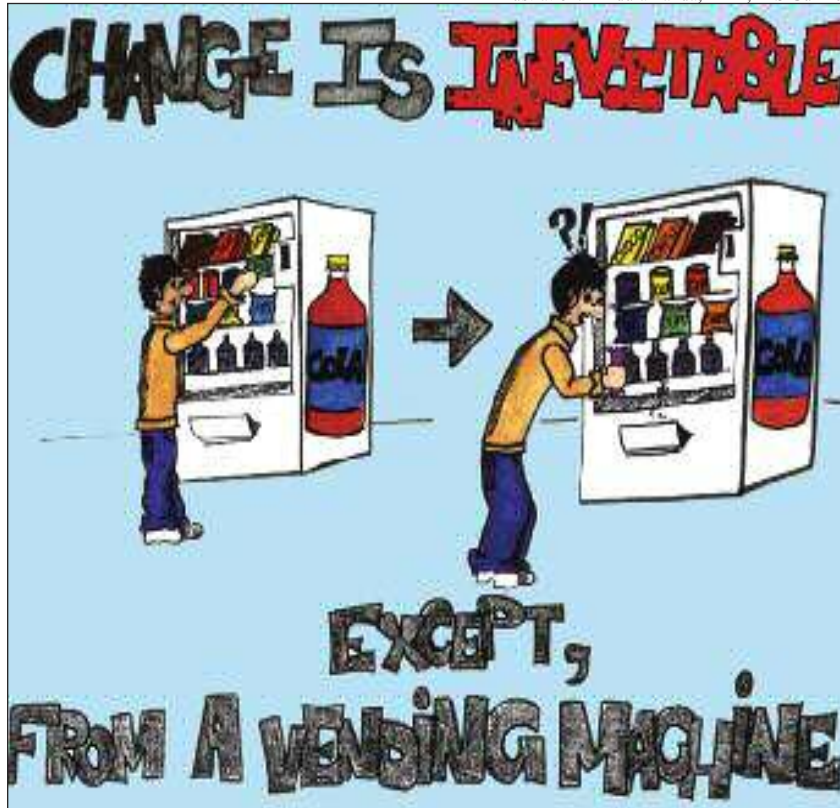
The CD: It is an interactive audio software, which allows the user to explore the world of spellings through an interactive game based format. The spellings are called out and the user either repeats or types them. The software confirms whether the answer is correct or not. This software gives approximately 48 hours of exercises. It is a fun way of learning.

Though the CD is yet to be released, corders can be placed at the website. Priced at Rs.140, Mr. Uttam informs that anyone, not necessarily the visually disabled, can use it.

Mr Uttam can be contacted at: sachinu@enablingdimensions.com



Illustration: Mridula Panda, XI-A, AIS Gur-46



Home Alone

Children need presence more than presents

Tanvi Sethi, IX A, AIS Gur 46

India is gradually witnessing a massive change in its social fabric – joint family system is giving way to nuclear families. And now, with both parents working, the children are left in the guardianship of nannies, maids or day care centers. Do we realise what these children, especially those in the tender years of growth go through? Can a nanny understand why a three-month old is suddenly crying? A parent would definitely look for answers. However, do they have time in today's 24x7 work culture? Can a mother on an official tour to US sing a lullaby to soothe her baby to sleep? Can a father leave an important client to nurse his ill child?

Psychologists have a new clientele – the very young, who cannot spell depression correctly but suffer from it. These young and exploring minds, curious to discover the fast-evolving world are unable to get answers from day care centres, illiterate maids or old grandparents. A teenage child, unable to fathom the what's and why's of physiological and psychological changes in his/her mind and body has nobody to turn to. Friends and internet help but they do not prove satisfying. Parents, when at home, are either too

tired or busy or upset. As a result, some of them turn into shy adults who lack confidence. Others just turn rebellious and consider all forms of authority suppressive and domineering.

There is no doubt that the children, who see the parents working hard to make both ends meet, learn to respect the power of money and use it wisely. They also

Money and goodies cannot be substitutes for time and parental care. Childhood is not a redundant phase of life. It is a period of joy and learning.

grow up to be more responsible as they learn to shoulder responsibilities at a very early age. They end up becoming independent and self-reliant which proves beneficial in long run. They turn much more accommodating as they become used to adjusting with their siblings and rest of the world. Aparna Deshpande, a gynaecologist and a mother of ten-year-old Arjun says, "I feel the decision to leave Arjun in a crèche at the tender age of one has enabled him to become independent, confident and people-friendly.

Having grown up among children of different age groups gave Arjun the protection of elder children and taught him to gently handle the younger ones."

As a representative of generation next, I feel parents should try to spend more quality time with their child. A nature walk with both the parents can do wonders for a child's psychological development. The parents do not have any vested interest in keeping their dear ones away from them. They slog hard only to keep their children happy and content. The time both parents and children spend together boosts the latter's confidence. As Kiran Sharma, a parent aptly puts it, "I regret that I was not around when my daughter took her first step, spelt her first world. I failed to capture those precious moments. When she entered her teens and needed a mother's guidance I was not there for her. I feel miserable for not being there when she needed me the most."

The present generation craves only for love and attention. Money and goodies cannot be substitutes for time and parental care. Childhood is not a redundant phase of life. It is a period of joy and learning. Parents should rather make it the most beautiful phase of life which a child can treasure forever.



Organic Farming

High on benefits - low on cost!

Shashank Chandra
X B, AIS Gur 46

Organic farming is the process of producing food naturally using various farming methods like crop-rotation, inter-cropping and green manure. This is just the definition we know. Don't you think it is high time that we actually apprehend its varied benefits!

0% influence on the environment

Farming in the organic way is environment-friendly and non-toxic, as it uses green pesticides like *neem* and composted tea. These pesticides boost the crop defence systems. Organic crops are free of con-

tamination from health harming chemicals such as pesticides, fungicides and herbicides. It abridges the use of genetically modified crops, and prevents soil erosion. This leads to reduced carbon-emission and increasing biodiversity.

"Penny-wise" veggie shopping

Organic farming is more economical than the other farming techniques. It includes retaining soil fertility, reduced need for fertilizers and less use of water. Therefore, organic farming is more profitable.

Variety and Worth

Organically grown foods taste better and can be kept for a longer time. Organic farming relies on practices like

hand weeding and enhancement of soil with mulch, garlic and clove oil, table salt and borax, to get rid of weeds and insects, while ensuring crop quality. These crops can be stored longer and do not show molding or rotting. They are also resistant to droughts and famines, thus helping the poor farmers and making them more self-sufficient.

Physically fit and a powerful you

Healthy plants mean healthy people. Therefore, better nourished plants provide better nourishment to people and this means a healthy YOU! Go green guys and ditch conventional farming!



GT CLASSROOM

Ozone Therapy

Heard of Ozone Therapy but don't know what really it is? Ponder no more! **Divya Labru, V, AIS Gur 46**, brings you the details of this medical advancement.

What is Ozone therapy?

Ozone therapy is an umbrella term that refers to various procedures that involve administration of oxygen, ozone, or hydrogen peroxide via gas or water. This could be done to kill disease microorganisms, improve cellular function and promote the healing of damaged tissues.

Is there any special kind of Ozone that is used for Ozone therapy?

Ozone therapy makes use of medical ozone, which is a mixture of oxygen and ozone of different concentration. It is always freshly prepared on site (in a special generator) for immediate administration. According to the medical indication and the patient's condition, a trained physician determines the exact dose of ozone.

What are the uses of Ozone therapy?

It plays a significant role in controlling bacterial, fungal and viral infections including AIDS. Ozone therapy also aids in treating non-healing ulcers, rheuma-

toid and other kinds of arthritis, different kind of skin diseases and many others. However, it is the role of ozone in pain management that is most significant. It is also used to treat Parkinsonism, strokes, Psoriasis, cancer, AIDS and slipped disc.

How does it treat slipped disc?

The action of ozone therapy is due to the active oxygen atom liberated from breaking down of the ozone molecule. When ozone is injected into the disc, the active oxygen atom called the singlet oxygen or the free radicle attaches with the proteo-glycan bridges in the jelly-like material or nucleus pulposus. They are broken down and they are no longer capable of holding water. As a result, the disc shrinks and mummified and there is decompression of nerve roots. It is almost equivalent to surgical discectomy and so the procedure is called ozone discectomy or ozonucleolysis or popularly ozone therapy for slip disc.

Where can one avail Ozone therapy?

One such place in India which deals with the facilities of diagnosis and treatment by ozone therapy and training on pain management is Daradia in Kolkata.



Lifeline Express

Harmeet Dhiman & Aditya C. Chaudary, XC, AIS Gur-46

Innumerable people have been granted a new life, thanks to innovative thinking in the medical field. The Lifeline Express in partnership with the Indian Railways, is the first and the only hospital on wheels. It is a venture of Impact India Federation. The 'train hospital' comprises of OTs,

post-operative, recovery rooms, one lab, X-Ray facility, one auditorium, one CCTV LSSab, ancillary equipment and generators. This train can be of prime importance in disaster management. The main motive of such a venture is to provide medical care to the rural handicapped people for free. Each project of the Lifeline Express lasts for a month with an average of 25,000 health checks and 6,000 surgeries.

STATISTICS

Projects completed	93
People served	450,000
Surgeons employed	75,000
Surgeries conducted	70,000

BLUE for GREEN

Aquified waste for 'plants'

Aashima Saxena, Vanshika Thukral & Shiksha Phalswal, X A, AIS G-46

The 'Vasudha' platform this year saw some phenomenally great projects. One of the projects to be declared the best in our school was our project - 'Effect of RO waste water on plant growth and soil chemistry', which was done under the guidance of our teacher, Ms. Rachna Pachori.

LEVEL 1: A survey was conducted and it was found-

- On an average, a family consumes 9 litres of water per day for which the RO throws out 27 litres.
- The 78 families surveyed thus wasted about 2106 litres a day/63,180 litres per month/ 27,58,160 litres a year.
- The best alternative was to utilize the RO water for maintaining a kitchen garden.

LEVEL 2: The second step was to prove our idea by experimenting. We had 9 plant samples altogether and we watered them for about 2 months with RO fresh water, RO waste water and ordinary tap water. At the end we came to a conclusion that there is physically no difference between any of the plants.

LEVEL 3: The third step was to prove that the RO waste water was chemically suitable for the plants. For this, we went to a government laboratory twice with a



Pro@Project

difference of 6-7 months. There, they found out the actual position of our project. The lab assistants had termed the RO waste water as A-grade water for plants as well as soil.

RESULT: We have influenced the teachers and students of our school to start using RO waste water for watering their plants. We hope that this article inspires our Amity friends to change the perspective of all around and they too start using the RO waste water for watering plants!





A Greener Array

Mansi Gupta, XI E, AIS Gur 46

Forget crunchy furniture that looks like it was discovered in an old hippie commune from the 1960s. It's time to switch to eco-friendly furniture which need not look like it was thrown together from the scrap pile. Green or sustainable furniture now has a level of style and sophistication we didn't see three years ago when the eco-friendly design movement first gained momentum.

Eco-friendly furniture is one that is created in a manner that has minimum adverse impact on the environment. It is manufactured in a resource-efficient way with the help of recycled materials. Since such furniture requires little processing and makes minimal use of toxins, irritants or Volatile Organic-Compounds (VOCs), it is safe for the environment.

All thanks to the umpteen designs available for furniture made from natural materials, cane furniture and rattan furniture are soaring high on popularity charts. The visually appealing cane chairs and sofas are attractive additions to our homes. They capture our fascination and foster our obsession with innovative and high quality designs.

You don't have to give a whole house a green look to make an impact as one or two green pieces of furniture can easily suffice. Ensure that you ask for certification like Forestry Stew-

ardship Council (FSC) or GreenGuard (a certification which ensures furniture has low toxicity) before buying eco friendly furniture. The main groups offering air quality certification for indoor furnishings are Greenguard and BIFMA (The Business and Institutional Furniture Manufacturer's Association). The cost doesn't have to be a stumbling block. Industry experts say green furniture costs only 10 to 20 per cent more than other furniture.

Look for: Solid wood or metal with no VOC finishes are the best options.

Avoid: Paints, finishes, and fabrics with VOCs and any wood composite materials (plywood, particle board, MDF) which is not explicitly labelled as 'non-toxic' or 'low-VOC' as they are likely to contain toxic adhesives.

Some exciting and innovative green furniture designs can be found in online stores:

- www.indiahandicraftstore.com
- www.ecoindia.com
- www.modernbamboo.com
- www.rhubarbdecor.com
- www.scrapile.com
- www.vivavi.com



Talking through Eyes

Manvi Jain, XI D, Saumya Ailawadi & Joshya Sethi, XI E, AIS Gur 46

Eyes are the windows of expression. We can be happy, angry or sad without uttering a word; our eyes reveal them all. No make up is complete without doing up the eyes. It goes without saying that each season requires different type of make up. The shade of the eye-shadow not only enhances the eye but is also an indicator of the seasons. Take your pick from the various looks to suit the seasons...

Spring, the most youthful season of them all outlooks nature with pleasure and blossom. The blooming flowers, butterflies and the chirping of birds are trademarks of this elated season. The fusion of pink and green with a dash of glitter used in the embellishment, are the merry colours of spring.

Autumn



Autumn is adorned with bulging white skies and light drizzles whilst it dispels the rainy season. The thick white abstract around the browning expanse depicts a visual representation of the change brought into the atmosphere by the thrill and stimulations of this season.

Summer



Summer, the season of abounding colour brings with it enthusiasm and joy. The glitz of colour sparkled through the ardent sky blue, gold and pink used in the décor, emphasize the vivaciousness of this bright, sprightly season.

Winter



Winter is the time when nature is calm and serene. The winter sun is mild and the atmosphere is composed and quiet. Dark shades of blue and black adorning the eyes characterize the delicacy and meekness of this season.

Spring



Make-up, Models & Pix: Saumya Ailawadi, Joshya Sethi & Manvi Jain, AIS Gur 46

Ten Changes for Me!

Shubhi Dangi
X B, AIS Gur 46

What makes me do this introspection is the constant barrage of words that pierce my ear drums – from my teachers, friends and parents. Am I really that unrepresentable or unmanageable? Do I really stand out in this psychedelic outfit? This constant attack on my sensory organs makes me realize that I need to change. But change to what? From a human being to a monkey perhaps? That is impossible – unless I truly believe in that 'Karma' thing. All these thoughts create a big storm in my head and I sit down to write the 'changes' that I should bring about in myself.

1. Must never colour my hair purple or red – it's too much for my parents to handle.
2. Shouldn't ever go for a razor hair cut – makes me look like a Pomeranian.
3. Shouldn't drag my feet while walking – appears as though the pull of gravity is too much.
4. Action to reaction – shouldn't yell at my siblings – makes my bad marks

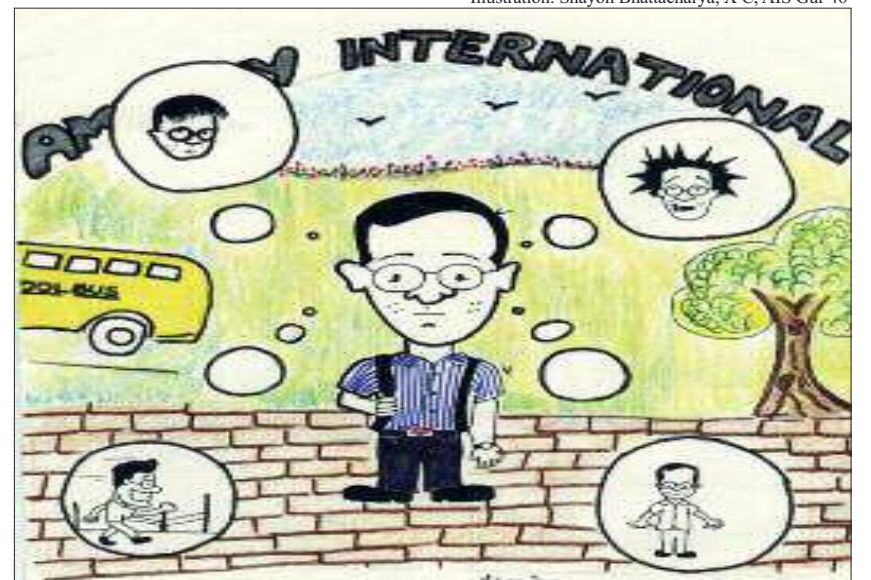
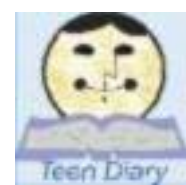


Illustration: Shayon Bhattacharya, X C, AIS Gur 46

5. Shouldn't run around in the school corridors – might actually bump into Principal Ma'am.
6. Should never participate in extra-curricular activities – don't feel like returning to the classes later.
7. Should never volunteer first to answer a question in the class – makes me look



like an alien in front of the whole class.

8. Should not opt for activities involving patience – a word I haven't been able to find in my dictionary so far.
9. Shouldn't volunteer for errands – it's better if this skill goes unnoticed.
10. Should never adhere to the above points – remember I'm Gen Why!

Heading Towards Disaster

Long tedious working hours, smoking, binging on food – where does the buck stop?

Prashant Rao
IX D, AIS Gur 46

That creepy sensation down the spine, that tingling feeling in the fingers, sudden amnesia or that sinking feeling – do they sound familiar? If you are nodding in affirmation, then, my dear, you are suffering from a lifestyle related ailment.

Our dependence on gadgets coupled with a sedentary lifestyle have made us very susceptible to such ailments. For some, the incessant use of mobiles has rendered them with an ear ailment so severe that they cannot bear it glued to their ears anymore. A common problem that all those with a sitting job suffer from is Cervical Spondylitis with stiff



Life Cycle

neck being one of the very first signs. Neck stiffness tends to grow progressively worse over time accompanied by 'numb, clumsy hands' wherein nerves of the hand get stretched and frayed. With constant targets to achieve, the stress levels of a regular desk bound office goer is high. To beat stress, consumption of junk food has hit an all time high. The

worst symptom of Cervical Spondylitis is that the patient suffers from sudden bouts of vertigo. At times like this, s/he cannot do much but simply lie down.

K. Bawa, a retired squadron leader who treats such patients through acupuncture reiterates, "We should live in harmony with nature. Stretching the body beyond prescribed limits of fatigue, eating to beat stress and not being active are the three cardinal sins of today's executive." Dr. Rita Vaish, member of South Delhi Indian Medical Association, firmly believes, "Only if we can alter our lifestyle, be more active and eat normal meals at regular mealtimes, can we live to enjoy our grandchildren."

So people, isn't it high time that we put on our jogging shoes and get going?!



Responsible Freedom



Dr. Amita Chauhan
Chairperson

Freedom – the word offers a lot more diversity in terms of interpretations than the diverse land of India. For the little ones, the word may mean eating as many chocolates without being reprimanded. For a school student, it may mean loosening

the tie and rolling up the sleeves. For a writer, creative freedom assures the license for the mind, soul and pen to work in coordination. With such diverse perceptions, 'to each his own' seems to be the apt philosophy for this seven letter word. But regardless of the interpretation, the word bears one understatement – 'Freedom is essential'. We have all heard the tale of the bird which dies in the golden cage despite being pampered. The only difference between the caged bird and a human without freedom is that humans are blessed with the privilege to voice their thoughts.

While freedom does give you wings to fly, it also serves you with the responsibility of defining your sky. Freedom can create but it can destroy too. It can help an individual rise, but if misused can cause the whole ship to sink too. Freedom does not just end being an addition to your rights. It means added responsibility too. At Amity, we learn the ethics of responsible freedom. Concluding AIMUN with a dance, the schooling years with farewell parties and the year end with winter carnivals are expressions of freedom. March ahead in the wake of being free but make sure that you place your feet responsibly on the ground and you will never have to fall.

"Freedom makes a huge requirement of every human being. With freedom comes responsibility. For the person who is unwilling to grow up, the person who does not want to carry his own weight, this is a frightening prospect."

-Eleanor Roosevelt

Change is the law of nature



Dr. Rekha Ranade
Principal, AIS Gur-46

"The old order changeth, yielding place to new" - so goes the saying. Change is the law of nature. Life really means incessant change. The aim of education is to bring about a complete and harmonious development of all the faculties of a child and to

train him physically, mentally and morally so that he may develop into a fine human being. I feel privileged to be a part of an esteemed institution where we have thrived to bring modifications in the methodology of teaching, where stress on teaching has transformed to active learning. I believe in showing our students that every subject can become interesting if it is approached in the right way. To love to learn is the most precious gift that we can give to a child. In all happenings of life, s/he must be ready to face changes. The genuine efforts of 'my family' here at AIS Gur 46, have resulted in the successful implementation of CCE. The co-scholastic activities come closest to the ethos of Amity. I continually make my team feel important and valuable to be motivated to peak performance. Inspired by our revered Chairperson, the entire Amity family works in unison to achieve the ultimate goal of learning and progressing with true felicity enjoyed by those affiliated to the institution.

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Moo! It's a cow's life

Kriti Sethi, IX D & Jegyasa Gupta,
VIII A, AIS Gur 46

We consider the cow to be holy, yet we find so many of them abandoned on the streets in Gurgaon, sifting through garbage to find food. If lucky, they get to eat a *chapatti* or two offered by a devotee, if not they roam aimlessly, sometimes becoming innocent victims of accidents on the road. The strange

human apathy towards these silent animals made us think about what happens when they are too old or ill? We discovered that apart from a few indifferent citizens, there were a bunch of people who actually sheltered and fed these stray cows. They either nursed them or stayed with them till they died. We decided to visit the Shree Gaushala, Gurgaon to check out a few facts. Located in the heart of old Gurgaon, Shree Gaushala is an organization

which was established in 1996 with the prime aim of providing a safe haven for stray or abandoned cows. It has about 1300 cows in an area of 10 acres and is being taken care of by 25 kind people. The organization has employed 7 'safai karmcharis' to ensure good sanitation. Mr. Rao Bane Singh, the President of this organisation told us that the journey of it being acknowledged was not smooth as it had to face several financial problems and angry neighbours.

However, some kind hearted people give donations to the *gaushala* from time to time. In addition, their income is supplemented by selling milk, cow dung cakes and other dairy products. A veterinary doctor visits daily to care of the health and well being of the cows. The Global Times would like to applaud the efforts of Mr. Rao Bane Singh for establishing such a wonderful organisation and hope he continues to inspire others.

Being a 'Third Culture Kid' A new vista of learning to adopt and adapt

Saumya Ailawadi
XI E, AIS Gur 46

'Third culture kids' - the term is as enthralling and amusing as it sounds! The term, coined by Sociologist Ruth Hull Useem, is tagged to those kids who integrate aspects of new cultures into their birth culture during their developmental years. They change their school and home every two to three years on an average. I personally describe my experience as a third culture kid, an enlightening one.

I have travelled and resided in disparate locations such as New Delhi, Chennai, South Korea, Muscat, Abu Dhabi and Melbourne. Each shift involved an initial process of settling down in an unknown place. Sometimes it was easy, sometimes, a real chore. Studying in various schools gave me an opportunity to develop the ability to live amicably with all. I have been able to learn subjects such as Textiles, Home Economics, Printmak-



ing, Digital Photography and Visual Communication & Design along with my core subjects. I have also been enriched by learning languages like Arabic, Sanskrit and Italian along with Hindi and English. Studying in different education boards has provided me with new prospects and a better understanding. Making new friends has remained an anxious yet cheerful experience.

During my stay in Australia, I participated in and achieved the Duke of Edinburgh Award at the Bronze level. It

involved twenty kilometer trekking, camping expeditions, community service, developing a chosen skill and improving physical fitness. I also serviced at an old age home for six months and continued studying Hindi at the Victorian School of Languages. Despite having such colossal shifts every two years, I have managed to keep in touch with all my friends. It's surprising yet worthy to still be able to contact all your past classmates spread about different continents through Facebook, e-mails and phone calls. As your social circle widens, you are more approachable to others.

Even though I resided away from my home country through most of my nurturing years, I never felt detached from it. My parents always kept me and my sister close to our cultural roots and we visited India each year during our summer break. Consequently, returning home two years ago was an anticipated and elated shift. I feel glad to cherish all the augmenting prospects of my multi-cultural brought up.

CALMNESS CONQUERS ALL

(As told by a sage)

Once a man came to me in the hotel I was staying in and began to insult me in front of all my friends. My friends were very angry and wanted to throw him out, but I let him rave on. Surprised he said, "Despite my hurling abuses at you. How come you never lost your cool?" I replied, "Why should I be angry? Blame game does not make it any worse, and praise does not make it any better." Truly I felt sorry for that man as he was slave of his hateful emotions. He had revealed his own lack of character through this act. MORAL- Do not allow anyone to take away your peace of mind and happiness. We should keep quiet rather than argue. The minute anyone wants to fight with you, take a walk; if anyone insults you, just answer with your eyes.

Contributed by: Rama Sharma,
VIII B, AIS Gur 46

PEARLS OF WISDOM

Swami Vivekananda

Swami Vivekananda continues to inspire most of us. There are many anecdotes from his life that we can take lessons from. One of them is – Once in the US, Swamiji saw some boys trying to shoot egg shells but they missed their target each time. He asked for the gun, took aim and fired twelve rounds. He hit all the eggshells.



The boys asked him how he did it, he said, "My mind is only on the target.

That is how I hit all the eggshells. If our mind is on the target, we can achieve anything." So, if we focus on a thing, we can achieve it.

So whenever I feel distracted while studying, I just take a deep breath and recall this story. I never fail.

Satajyoti Nanda, VIII B,
AIS Gur 46



Exercising young minds

I am extremely fond of GT. It is an educational, yet fun newspaper. It exercises young minds by making them explore many things. It is a fabulous way of developing an interest in reading amongst the students and budding reporters.

Iina Luthra, VIII E, AIS Gur 46

Global GT

I am a regular reader of GT and really love the interesting articles. I eagerly await the newspaper for puzzles, brain twister etc. I think

that GT should go global. After all, our Amity brethren abroad too should not miss out on the fun!

Shivika, VIII E, AIS Gur 46

Review Preview

The 'Review' section of GT is just so addictive. I recently read a review of 'The Fray'. Oh how I adore the music of this band! Had I known of the way it creates music, I would have started at a very young age. I am a big Twilight fan. After reading the story 'Twilight with a desi tadka!' I was awestruck. Though, I didn't like what the article said, I knew it was the bitter truth which had to be accepted.

Akshara, IX B, AIS Gur 46



It was indeed a wonderful learning experience to work for this issue. I never knew I had such an expansive vocabulary! **Tanvi Sethi IX-A, AIS Gur-46, Page Editor**

The Global Times, December 16-31, 2010

Phir bhi dil hai Hindustani!

Tanvi Sethi
IX A, AIS Gur 46

Every generation discovers and reinvents a lifestyle, a fashion statement for itself. It is not a movement backwards, but rather a movement back to the roots, to who we are – our true selves. The mood that the freedom fighters created more than half a century ago, is back.

'Indian-ness' is in! Nose-pins worn by young news-readers, big red *kumkum* adorned by national leaders, crisp handlooms favoured by youth leaders (read Rahul Gandhi, Priyanka Vadra, Sachin Pilot, Navin Jindal, etc), all signal the gracious acceptance of all things Indian, from Yoga to Ayurveda, Khadi to organic food and joint families as well. Handlooms and cotton textiles, which had been labelled 'uninteresting' and 'out-of-sync' by the masses a decade or two back, are now embraced with a sense of élan; stores like FabIndia, Cottage industry emporiums and Dilli Haat are in vogue today!

Reverse Brain Drain: Is it that the taste of Indianism, especially for alienated youth in distant foreign lands, has left them craving for home grown foods and fads? It is no wonder that there is a reverse brain drain being witnessed now. Indian companies are offering work opportunities to many foreign nationals just as Indians were being lured by the companies abroad earlier. The recent cases of humiliation faced

by Indian students in Australia, compulsory de-turbanisation of Sikhs in Paris – are these an indication of things to come? It is heartening to see what recent online surveys point out – young parents are looking up the Vedas, Holy Quran and other religious books to name their kids. *Desi* roots go deeper with cyber games offering traditional Indian games such as *Gilli-Danda*, *Pachisi*, *Kabaddi*, etc which kids have begun to enjoy immensely.

Rustic blends with modern: Even resorts, eating joints and other entertainment zones take pains to recreate the traditional Indian way of life. They combine the rustic with the modern. Places like Chowki-Dhani, restaurants like the Khaja Chowk and Pind Baluchi give a snapshot of living life, the conventional way. The most recent addition to the list is the extravagantly inaugurated 'Kingdom of Dreams' which has Indian culture and traditions, in the comfort of air-conditioning which this generation really

appreciates. Lifestyle changes such as opting for Yoga instead of gym, preferring *lassi* over Coke, *upma* over cornflakes, all reaffirm our faith in our own true selves. 'Indian-ness' is finally 'in' in India. It is no longer a Hindu or Muslim fervour or a Sikh, Parsi, Malyali or Oriya tribal affair – we have overcome our class and communal mentalities and are fast emerging as a new breed of Indians, who are proud of not just who we are but what we were, years ago. JAI HIND!

Youngsters are choosing yoga over gym, lassi over Coke, upma over cornflakes. Indianness is finally 'in' in India.



Hollywood to Bollywood

Vathul BS
IX D, AIS Gur-46

We all are aware of the fact that the Oscars are the most prestigious awards for the film fraternity. And, Indian Cinema and Music is never considered Oscar material. Two years back, we proved this wrong when AR Rahman swept the Music awards for 'Jai Ho' because it had the Indian-ness which separated it from others.

Indian movies are changing, from the times of remakes of Hollywood Classics, to the present. Movies like *Swades*, *Rang De Basanti*, *Mangal Pandey*, *Peepli Live*, *Pardes* and others have not only been box office hits, but also had the distinct Indian flavour in them. They gave us the feel of patriotism. *Rang De Basanti* dealt with the same thought, depicting a foreign national who wanted to direct Indian freedom fighters in India. *Swades*, the Shahrukh Khan flick showed how the protagonist, who returned to India from the USA to visit his aunt, felt

homesick as he departed from his motherland and finally settled in India, leaving behind the alluring life of USA. These days, foreign directors prefer exotic Indian locales rather than their own locations. Isn't that heartwarming? We were the ones aping the West, and now, they are the ones who admire our rich culture and tradition.

Music has been the soul of Indian culture from Tansen to Rahman, the list is expansive. Indian musicians like Pandit Ravi Shankar, his daughter Anoushka Shankar, Zakir Hussain, etc have all mesmerized the world with their classical notes. Bollywood music is taking a new turn - with more Sufi Music being recorded - thanks to singers like Rahat Fateh Ali Khan and Kailash Kher. The fact worth appreciating is that nowadays, they are gaining more and more acceptance throughout the world as people enjoy it immensely. While one cannot deny that people are fond of Western music, one can clearly see that this generation is also keen on learning Carnatic, Hindustani and other styles of Indian music. Jai Ho!

Have you noticed young girls flaunting lehengas in weddings, Sufi concerts being held in 5-star hotels, movies based on patriotism? The answer is an obvious 'YES'. INDIAN-NESS among youngsters, is back with a bang!

Lifestyle Goes Desi!

Youngsters entering FabIndia, is no more considered "boring" and "cumbersome", but a new fashion statement gripping the new kids on the block

Saksham Singh
XI-B, AIS Gur-46

Indian lifestyle, during earlier times, was considered exotic and that is probably why we, as 'modern' Indians,

are going back to it. Boys and girls, nowadays, dress the Indian way in traditional ceremonies. From *lehengas* to *sherwanis*, one can see youngsters flaunting them all! Youngsters even find traditional Kanjeevaram sarees which are priced at Rs 5000 upwards, worth their price! Even in fashion shows, Indian wear manages to grab more eyeballs than western wear. Indian weddings by Hollywood biggies (the likes of Katy Perry and Heidi Klum) have also become fairly commonplace. Indian dresses celebrate life with vivid colours and intricate jewellery, which accentuate the wearer's look.

People and democracies, and of course Indians themselves, are resorting to Indian medicines which are considered to be the safest way to cure any disease without hindering the body's natural metabolism. Countries like China and USA have started patenting ancient medicinal trees and herbs belonging to India, as their own! These cures, which were considered obsolete and baseless a few years back, are coming back into prominence with a bang. Foreigners and Indians have started practicing the ancient art of yoga which keeps the elements of life, ie our mind, body and soul in perfect unison. Many Indians are now resorting to the *chowki* to eat

their food rather than dining tables as it is known to improve digestion! Stores like FabIndia offer ayurvedic medicines, traditional Indian wear and furniture to the people living in the metros. Believe it or not, they have revenues worth over a \$100 million annually!

Age old sports like *Kabaddi* and *Gilli-Danda* have found a place in PSPs and Xboxes with a rage. They have managed to gain the acceptance of today's tech-savvy generation. Paintings by Raja Ravi Varma, Jamini Roy are liked by all and sundry and bought by the "high-end class" these days. It's a great time to flaunt our Indianness, isn't it?





Getting Candid With Junior Dola



Anjali Gupta, an alumna of AIS Gurgaon 46, is a national level archer. Akriti Gupta & Vasundhara Koul, VIII E, AIS Gur 46 find out what made her take up this unusual sport.

When did you start playing archery?
Around 5 and a half years back, in January 2005.

How were you introduced to this sport?

Archery was introduced as a new sport in our school and as I'm always keen to try something new and different, I joined archery. Everyone from my parents to my coach to my friends, egged me to play. But I have to specially thank my coach Kapil Sir for constantly encouraging me even when I would perform badly in the beginning.

How did you manage so much together: archery, extra-curricular ac-

tivities and studies?

Well, time management played an important role; practicing archery early morning and then attending school gave me full time to study and play with equal enthusiasm.

What is archery all about?

Archery is the art of shooting arrows from a bow at a target. The closer the shot is to the center of the target, the higher the score will be. The individual scores are then added up, and the archer with the highest total wins the competition. It is a sport that demands absolute concentration and focus. It is a game for those who know how to be patient to achieve great results. In archery, one has to invest time and effort with complete dedication and needs enough practice to prove the skill.

What other hobbies do you have apart from archery?

Painting interests me a lot and I also

like listening to FM whenever I'm at leisure.

Any memories of your first competition...

I was a bit nervous but very excited to participate in my first archery competition. Although I didn't win any prize in my first districts, but I was happy as I was one of the top 4 students to go to state level.

Who is your role model in archery?

Dola Banerjee, as she was the first Indian woman to qualify for the Olympics.

What is your message to the young Amitians?

I just want to say that, sport is an important part of our life. It helps us to not only keep fit but also develop a sense of competition and team spirit. It is a major source of entertainment, joy and fun in our lives. May the tribe increase! 🇮🇳

Bull's eye

► 2005

- Participated in District Archery Championship in junior category.
- First in Gurgaon District Rural Sports (archery) Tournament in U/16 category.
- Second in Haryana State Rural Sports (archery) Tournament in U/16 category.

► 2006

- First in Gurgaon District Archery Championship in U/15 category.
- Third in 26th Haryana State Archery

Championship in U/15 (30mts) category.

- First in 26th Haryana State Archery Championship in U/15 (team) category.
- Third in 26th Haryana State Archery Championship in U/18 (team) category.
- First in Gurgaon District Inter School Tournament in U/16 category.
- First in State Inter School Tournament in U/16 category.
- Third in 1st National Inter School Tournament in U/16 category.

► 2007

- First in Gurgaon District Inter School Tournament in U/16 category.
- Third in Haryana State Inter School Tournament in U/16 category.

► 2008

- Won Rs 5000 as scholarship from Government of India for winning Bronze medal at national level.
- Letter of appreciation from Dr Amita Chauhan, Chairperson Amity International

Schools for the same.

- First in Gurgaon District Inter School Tournament in U/19 category.
- Second in Haryana State Inter School Tournament in U/19 category.

► 2009

- First in Inter School Archery championship in U/19 category.
- First in Haryana State Inter School Archery Tournament in U/19 category.
- Selected for Nationals in December 2009



Pardesi Out, Desi In

Angad Singh, IX D, AIS Gur 46 thinks it's time to revive the classic board games of India

India is home to indigenous, traditional board games which are dying amidst the upcoming play stations and other virtual games. In 300 AD, 'pachisi' was popular which is similar to ludo. In the 6th century, people started playing chess in India which soon spread to the Islamic empire and then to Europe. Pallanguzhi, usually found in south India, is traditionally played with

tamarind seeds on a wooden board. Parampadam was the original game of snakes and ladders which used the concept of morality, various Gods taking salvations and demons plunging you into hell. Addu puli attam is a game of tigers and goats with one hunting the other. This game can still be found imprinted on many temple stairs and floors. It improves strategy and concentration. The charm of these games is that they are laced with social rituals and practices. Times are changing, can we not revive these games once again?

What do Amitians think about these 'desi' games?

Vathul B. Subramanian, IX, AIS Gur 46 says, "I played Pallanguzhi in my childhood but no longer play it. But if the game comes in the market again, I will definitely buy one."

Kshitij Dagarr, AIS Gur 46 quips, "I have never heard about these games but surely will try one of them." Dude, you need to improve your GK a lot.

Karthik Sharma, AIS Gur 46 admits, "I'm a diehard fan of play station portable and have played each of these games on Desi Adda." 🇮🇳

Facts

Pachisi is often subtitled the royal game of India. Mughal Emperor Akbar used to play Pachisi on a life sized board with 16 costumed dancers moving as pawns.

A year back play station launched a new game on these indigenous games of India which was titled as "Desi Adda."

Pallanguzhi was played by Sita in Sri Lanka when she was waiting to be rescued.

The literal meaning of Parampadam is the abode of Narayana which was the final destination on the board.

Moulders of Indian Sports

Vathul BS
IX D, AIS Gur 46

Little Big Man

Ever wondered how many television sets he's sold; how many wives have been told to shut up while he is batting? Sachin Tendulkar, the first Indian sportsperson to have his wax replica at Madame Tussauds in London, is undoubtedly the most worshipped cricketer the game has ever seen. There are stories about a night watchman hearing noises on the roof at midnight and finding it was a restless Sachin practicing! From being the raw Mumbai lad, to becoming an international sports star, this guy has surpassed many geniuses, and he has, time and again, proved his critics wrong. With the World Cup nearing, the whole of India drives on a hope that Sachin Ramesh Tendulkar wins it for us.

The Wizard of the stick

They say you can judge a man's legend by the quality of myths that surround him. By that measure, Dhyani Chand was an extraordinary man. They broke his stick in Holland to check if there was a magnet inside; in Japan they decided it was glue; in Germany, Adolf Hitler even wanted to buy it. It sounds all silliness and hocus-pocus, and maybe it was. But, they never said this about anybody else, did they? Apparently, a statue of him exists in a sports

club in Vienna, whose form speaks of a certain awe; it is of a man with four arms and four sticks. His birthday is celebrated as the National Sports Day.

A rising star

If any sportsperson excels in a sport other than cricket, he or she does so in spite of the system, not because of any support derived from it. Consider chess master Viswanathan Anand, or Olympic gold medalist Abhinav Bindra, and the latest being, Saina Nehwal, a twenty year old

Indian badminton player, who ascended to world number two ranking as announced by the Badminton World Federation (BWF). When Saina beat Julia Xian Pei Wong of Malaysia in the final of the Philippine Open in 2006, she became the youngest ever, and the first Indian woman, to win a four-star tournament. The year 2009 proved even more fruitful, as she went on to win Indonesia Super Series and Indian Open Grand Prix. These amazing sportspersons have remodeled Indian sports like no one ever has. 🇮🇳





It was wonderful to work on such good articles. Really enjoyable!
Sarthak Rajpal, V-B, AIS Gur 46

The Global Times, December 16-31, 2010

What is God's work?

Illustration: Padam Chopra



SHORT STORY

Padam Chopra
II A, AIS Gur 46

Long long ago, there lived a king who was very proud of himself. One day, he sent a note for his minister which said, "My dear minister, there is a thought that worries me often. As you know, all of us have some definite work or assignment to perform. A king rules, a soldier fights, a trader

trades and a teacher teaches. This is the law of nature. In the same way, even the creator should be having a primary function or work. What is God's work? I would like to know about it." The minister was falling short of words. Then he explained, "My dear Sir, your question is reasonable. But my duty is to advise and assist you on worldly affairs. This involves spiritual matters and only our bishop can answer it."

When the king repeated this question to the bishop, he became uneasy. It was impossible for a person to know what God's work is. The bishop, in desperation, asked for a week's time. At the end of a week, he still did not have an answer. The bishop was sitting under a tree when he saw a boy walking nearby. The bishop called him and discussed his trouble with him. The boy said to the bishop to tell the king that he knew the answer and the king should call him. When the bishop met the king, the king ordered for the boy to be brought over. When the boy came, the king asked him for the answer. The boy paused for a while and said that, "As you have asked a question, you are the student and since I am going to give you an answer, I am the master. Normally a master occupies a higher space than the student. But it is not so in this case." The king slowly came down and let the boy sit on this throne. The shepherd boy sat and did not speak anything. The king grew impatient and asked for an answer. The boy patiently said, "The answer, my dear king, is that the work of God is to push down the haughty and to bring up the humble." ☺



Illustration: Nandika Yadav, V F, AIS Gur-46

SMS Fun

Wassup Barbie?

Neharika
V F, AIS Gur 46

Hi Barbie,
It wz very nice meeting U. thx 4 inviting me 2 yor home. Yur house is very pretty. D furniture @ yor house is awsum. I felt I was in a FantaC land. U have so many dresses. I luvd al yor dresses & shuz, specially d

purple & silvr I. D party dat nite ws gr8. all yor friends R so kool. I really liked talking 2 Ken, Kelly & Stacy. I njoyD playing in D garden & danc-ing with yor fRnds. It wz wunderfl. D food was 2 gud. 4 d 1st time, I 8 such delicious cakes, pastries & biscuits. But when it was time 2 go, I was sad. I M still thinkN wethR it was true or js a dream!

POEM

The Toy Shop

Neharika Garg
V F, AIS Gur 46

One day I went to the toy shop,
When I entered my eyes almost popped.
Fairies, games and dolls,
Badminton rackets and balls.
I was pleased with all the toys,
Varieties for girls as well as boys.

My eyes shone and my eyelids blinked,
I thought that I and the toys were linked.
To my parents I begged like anything,
Just to buy me a single thing.
My parents thought for a while,
And then gave a big smile,
Suddenly I felt a little poke,
I woke up and my dream broke!

Letter to Santa

Muskaan Sandhu
V D, AIS Gur 46

Dear Santa,
Hi! My name is Muskaan and I think that you should give me all the things on my gift list. How is Rudolf-the red nose reindeer? You know, mom told me that Wee Wili Winki is watching us all the time. How is mainland? I'm sure all of you, especially the elves, are quite

stressed and are working all the time. Well, I am very excited already! I just can't wait for Christmas. I love decorating the Christmas tree. It's awfully exciting to get up in the morning and find gifts lying under the tree!

My gift list...

- Games •A leather snake •Pens •Cartridges •Muffler •Magic wand •Trolley •Shoes •Toy train ☺

Illustration: Divya Labru, V B, AIS Gur-46



Kartikeya Singh
IV G, AIS Gur 46

Our Superheroes

From silver age to silver screen

Divya Labru
V B, AIS Gur 46

There is no era more important for the success of superheroes than the silver age (1956-1969). The comic books brought life into the Fantastic Four, the Hulk, the X-Men, Iron Man and the Spider Man. There was extreme rise in the popularity and abundance of iconic superheroes that are still popular. The changing times lead to change in culture which brought so many other forms of entertainment or distractions. Superhero comics began to decline in popularity sharply in the 1990s when they could no longer hold the kids interest and imagination and were replaced by the superheroes of the modern times on the silver screen.

The changing face of superheroes

There is a big difference in the movie superhero of today and the comic book su-

perhero of yesterday. While the comic heroes of the past often held ordinary day jobs and believed in social justice, the new breed of silver screen hi-tech superheroes are aggressive and sarcastic, and rarely speak about the virtue of doing good for humanity. Today's superhero is so much like an action hero who participates in non-stop violence with his own personal cause – revenge. Original superheroes like the Superman, who was reporter by the day and the Green Lantern, who was a railroad engineer, were invented to fight for social justice. But the new breed of superheroes only think about themselves. The big question is - are today's silver screen superheroes bad role models for kids? It is fantastic to have superheroes as role models who have strong impulses to do good for everyone. I wish I can cling to my silver screen superhero when I grow up as my mom clings to her silver age comic superhero! ☺



The Future is the Sixth Sense



Richa Maheshwari, MJMC-II
ASCO, Amity University, UP

Technology, from time immemorial, has been making life easy. Every day, we find ourselves switching from one device to another. For instance, designers have the option to utilize Macbook to give wings to their imagination and churn out beautiful creations. What if we unearth a platform that merges all these devices into one and creates just one tool that helps us interact with the entire digital world? Pranav Mistry's paradigm-shifting invention aims at doing exactly the same and much more. The 28-year-old MIT based Ph.D. student recently unveiled his Sixth Sense Technology which uses hand gestures to connect physical world with the digital world.

How does it work?

The device consists of a pocket projector, mirror and a camera. The projector and camera (wearable) are connected to the mobile computing device in the user's pocket. The camera tracks the user's hand

gestures and recognizes the objects with the help of the computing device. The projector uses a surface to display this visual information -- be it a wall, paper or table and uses hand movements to help us interact with the projected information. In simple words, the device sees what we see, and at the same time, it lets out information that we want to know while viewing the object. The true power of Sixth Sense lies on its potential to connect the real world with the internet, converting the entire world into a computer.

Applications

Listing out the various applications of his invention Pranav Mistry said, "This invention will prove revolutionary and will make laptops and PCs redundant."

When do we start using it?

Currently, the scientists are busy working on its design and structure and the production cost is expected to be somewhere around \$350. The design and structure is still worked out upon and when fully developed, it will definitely revolutionize the digital world. [G](#) [I](#)

Here's where you can use it:

- Designers and architects can draw and edit 3D figures on a surface.
- You can zoom in or zoom out a map by just using your fingers as gestures.
- A photo can be clicked by making a square with your fingers and highlighting your frame. It can later be

arranged on any surface.

- The newspapers can display videos instead of photos. (Just like Harry Potter!)
- The device can also tell the arrival, departure or delay time of your air plane on your tickets.
- At a bookstore, open any book and

the device will tell you the reviews and ratings of that book.

- While shopping at a grocery store, the device can inform whether the product meets your preferences or not.
- If you need to know the time, just draw a circle on your wrist and a

watch will appear.

- Make a call without actually using your phone; just extend your palm that will reflect the numbers and you can dial and speak using only your palm.
- Introduction of paper as laptop - a paper can actually act as desktop to watch movies or play games. [G](#) [I](#)

First Grade Force celebrates Founder's Day



The force which is behind Amity's security, which works day and night round the year to secure

Amity campuses and students all over India - ie the 'First Grade Force', celebrated Founder's Day in the form of a Sports Meet at Amity University, UP. Dr. Ashok K. Chauhan, Founder President, Amity Group, blessed and motivated the 225 personnel strong force and said that the security officers are pillars of Amity.

Dr. (Mrs.) Amita Chauhan, Chairperson, Amity International Schools, Mr. Anand Chauhan, Trustee, R.B.E.F, Mr. Arun Chauhan, Trustee, R.B.E.F, Mr. Ajay Chauhan, Trustee, R.B.E.F, Mr. Atul

Chauhan, Chancellor, Amity University Uttar Pradesh, Mr. Aseem Chauhan, Chancellor, Amity University Rajasthan also blessed the security officers.

Mr. R.P. Singh, Director General, Amity Institute of Training & Development for Police Personnel and First Grade Force said that the force was established on August 1, 1996 with just 25 personnels. But after 14 strong years, the force is strengthened by 225 personnels.

On the occasion, 70 officers of FGF presented a marching parade. The Female arm of the First Grade Force also took part in the marching parade. Security personnels took part in various athletics event like 100 meters Race, 200 meters Race, 400 meters Race, High Jump, Long Jump, Discuss Throw. Competitions like musical chair and tug of war for family members of security guards, were also organized. [G](#) [I](#)



Delegation from Kazakhstan visits Amity

Delegation from Kazakhstan Institute of Management, Economics and Strategic Research (KIMEP), Almaty, Kazakhstan visited Amity University Campus, Sector - 125 Noida on December 10, 2010.

Ms. Elmira Suleimanova, Administrative Director International, Relations Office and Ms. Albina Kozhakhmetova, Interna-

tional Student Recruiter were part of the delegation. Delegation members met Dr. Sanjay Srivastava, Maj. Gen R.K. Dhawan, Amb. R.M. Aggarwal, Maj. Gen Nilendra Kumar, Prof. Madhulika Jha, Dr. Gargi Bandopadhyay, Wg. Cdr. S.K. Goel. The Delegation also visited Amity Centre for E-Learning and Amity Innovation Incubator. [G](#) [I](#)



Amity University Rajasthan joins hands with Disha

Amity University Rajasthan celebrated International Day of People with Disability with Disha - a resource centre for disabled. Mr. Aimaduddin Ahmed Khan - Health Minister, Govt. of Rajasthan, was the chief guest and Prof. Raj Singh Vice

chancellor Amity University Rajasthan was the guest of honour. Many cultural events were organised by children of Disha where they raised questions on the treatment they got from society. AUR students performed a dance show to entertain the children [G](#) [I](#)

Intramural Competitions begin at ASPRESS

Amity School of Physical Education & Sports Sciences flagged off begins Intramural Competitions at Amity Sports Complex, Sector-125 Noida, UP on December 10, 2010.

During the inauguration of Intramural Competitions, Prof. Kalpana Sharma, Director, Amity School of Physical Education & Sports Sciences said, "Intramural is a part of the curriculum of physical education and in the competition, players of the same institution take part in various games which help them to develop their physical, mental, emotional and social health." The competition provides students an opportunity to develop and display their skills in various games and sports activities. The contest also provides opportunity to the students to develop leadership and followership qualities.

Different houses of Amity School of



Physical Education & Sports Sciences will participate in Intramural Competitions. Joseph House will host Basketball and Hockey. Ajmer Singh House

will host Volleyball and KhoKho, Karan Singh House will host Football and Athletics, Carriappa House will host Cricket and Mass Demonstration. [G](#) [I](#)



AIIT organizes IT Summit-2010

Amity Institute of Information Technology organized an IT Summit - 2010 on "Academic - Industry Relations on Growth of Information Technology" on the theme - "Designing Project/Summer Trainings as per the requirement of the Industry", under the banner, Amity Resource Centre for Information Technology (ARCIT) at the Amity University Campus, Sector - 125, Noida. The objective of the summit was to boost relations between academia and industry.

Mr. Harsh Marwah, Director, Business Development, British Telecom said, "Accessibility of the right information at a right time has metamorphosed to reality from a dream." Mulling over the "Dynamic Business Environment of the future" and "Rise of Technology and Automation" Mr. Vinod Sood, Managing Director, Hughes Systique India (P) Limited said, "Successful professionals of the future are expected to contribute business values to the enterprises, prove that they can understand core business reality, demonstrate versatility, initiatives and possess an ability to take risks, collaborate and influence." Mr. Sood informed that the challenge today is how to blend the skills and knowledge and add value to the organization, accepting the realities of globalization. He urged students to understand that to make a successful professional, it calls for sound relevant education, behavioural competencies, decision making skills and above all, passion and dedication.

Encouraging the summit, Professor HSP Singh, Head, AIIT, stated, "The idea behind organizing such summits, is to collaborate Academic Know-how with technical expertise within the duration of the Academic programmes taken up by the students and thereby, focus on the inter-relation of corporate with the global brand of Amity - ARCIT for the purpose of growing ARCIT's technical expertise." [G](#) [I](#)

Celebrating innocence



AIS Mayur Vihar

AIS MV organized Bal Mela on November 12, 2010. It was a fantastic show with an added flavour of the rich cultural heritage of India. Everyone dressed up in traditional costumes and offered their respective traditional food items. With the blessings of Chairperson, Dr. Amita Chauhan and guidance of Principal Ms Sarita Aggarwal, the students learnt to take pride in their own culture. Toddlers were mesmerized by magician's tricks and jugglers' sleight of hand and went on a shopping spree to 'Meena Bazar'.



AIS Noida

Primary children of AIS Noida held Bal Mela on 11th November (for Nur & KG) and 12th November 2010 (Classes 1-5). The event was inaugurated by Ms Renu Singh (Principal) and Ms Roopma Singh (Primary Consultant, Amity Schools). Interesting stalls like Weigh the Cake, Hoopla, Basket Ball, Nine Pins, Lucky Dip, Treasure Hunt, Win Gift Hampers, Matka Balancing, Meena Bazar and Craft Stall kept the kids occupied. An assembly put up by the teachers had them in splits.



Amiown Gurgaon

Amiown Gurgaon organized a Bal Mela on November 12. Just for a day, the school compound was transformed into a traditional Haat giving the children a rustic feel. A train joy ride welcomed the children, and filled the ambience with giggles and shrieks of excitement. Children dabbled with clay at the Potter's Wheel and enjoyed making pots with the Potter's assistance while instructing everyone, "Wash your hands after playing with clay." There was *bajra* cleaning and wheat grinding on the 'chakki' and kids wondered, "Where is the wheat vanishing and how is the flour coming

out?" They learnt how spices are prepared in the traditional *okhli* (pestle and mortar). The hoopla stall was a particular favourite with Nursery children winning the maximum prizes. At the tattoo stall, children of Pre Nursery C insisted on Spiderman tattoos while the girls were happy to flaunt their colorful flowers! The Puppet Show and Rajsthani dance troop lent flavour to the day with infectious performances. 'Jalebi' and 'Moong Daal Wadi' stalls were like the grand finale to the celebrations. The children were thrilled to receive *Damroos* as souvenirs at the end of the day.

AIS Lucknow

AIS Lucknow organized Bal Mela on November 12. The day started with a special assembly performed by the teachers dressed up as students. Other special activities included a skit on the Panchtantra, tongue twisters and many action songs. The fete in the school lawn was inaugurated by Maj. K.K. Ohri, Director General (Amity University, Lucknow). Stalls included lucky dip, clay modeling, stories for children, eateries with chocolates, juices, chips and noodles. Horse riding and a magic show kept the kids in high spirits.

AIS Gurgaon Sec-43



Scholarship for CBSE Topper

AIS Gur-43

The Class XII CBSE March 2010, State topper, Rishav Binayak Das from Amity International School, Gurgaon 43 has been awarded an incentive scholarship for meritorious students of Rs 1 Lac per annum till the completion of his graduation study program. This award is being constituted for the first time by the Government of Haryana and henceforth certain criteria shall apply for its eligibility. The hard work of the student guided by his able teachers and supported by his parents, has indeed brought laurels to Amity and we heartily congratulate him on his success and achievement.

Ban the 'R' word

Amity International School, Gurgaon 43 is the only school in NCR to find top mention (Rank No 7) in a signature drive sponsored by CBSE and the Bharat Special Olympics Association to ban the 'R' (Retard) word. They secured 5000 signatures from Junior School and will be given a Certificate of Appreciation. Sarvodaya Kanya Vidyalaya, Delhi and Apeejay School, Delhi were the winners in this category with over 80,000 & 15,000 signatures respectively.

Grandparents Day

AIS Vasundhara Sec-1

On November 16, 2010, Nursery and KG children celebrated Grandparents Day. The Programme commenced with a 'hawan'. Ammaji (Amity's first great grandmother) was the honorable Chief Guest. Vice Principal Ms Poonam Chaubey opined, "The simplest toy which even a child can operate is called a Grandparent." Students performed a cultural programme comprising songs, skits and dances. Nursery students performed a dance - 'Pyare Dada Ji - Dadi Ji'. A medley was performed by KG students - 'Nani teri morni, Dadi Amma Dadi Amma, Rona kabhie nahin, Railgadi'. KG students put up another skit to show their love.



AIS Mayur Vihar

AIS Mayur Vihar celebrated 'Grandparents Day' for class I on November 3, 2010. The grandparents were given a warm welcome followed by the lighting of the lamp amidst chanting of *shlokas*. Principal Ms Sarita Aggarwal welcomed the grandparents. The song 'Grandma we love you' and 'Andher nagri chaupat Raja' along with a lively dance thrilled the grandparents. A few grandparents shared interesting incidents about their grandchildren. Chairperson Dr. Amita Chauhan expressed her gratitude highlighting the importance of elderly in our lives.



AIS Lucknow

Suchika Sumeet, Teacher

AIS Lucknow celebrated Grandparents Day on October 30. Major General K.K Ohri, Director-Amity University, Lucknow, along with grandparents lit the ceremonial lamp as the choir sang "Ek Bagh Hai Yeh Duniya". Classes I-III sang "How Beautiful is the Morning", followed by a value based play by classes I-VI. Nursery and KG presented an action song on 'Mere Pyare Chanda Mama.' The Talent Hour, Retro fashion Show and the song 'Jayenge-Jayenge Nani ke Ghar Jayenge' stole everyone's hearts.

Gandhi for all

Gazal Singh, VI A, AIS Pushp Vihar shares her victorious tryst in the online competition 'Gandhi and Sport Gen 2010'

I participated in the "Gandhi and Sport Gen 2010" competition in September 2010. This online competition was organized by Youth 4 Gandhi foundation. I came to know about this competition through Sonia Mam, our computer teacher. For the entry, I created an image on Adobe Illustrator wherein I tried to project that Gandhiji had the same focus towards the progress of India as the shooters have for their target every time they shoot. My entry was selected as the 3rd best entry in the Middle category and I was awarded the Second Runners Up trophy, which was in the form of a wooden charkha. I was also awarded a



certificate and a digital camera. The esteemed judges for this competition were Ms. Barkha Dutt, Mrs Priya Dutt and Mr. Ajay Bijli and the award was given by Ms Agatha Sangma, Minister of State for Rural Development.

It was a great experience being a part of such a competition as it has inculcated a feeling of sportsmanship and focus towards a goal in me. I am very thankful to my parents and teachers who have motivated me to give my best. I want the Amitasha girls to be a part of my achievement and happiness; hence I am gifting the digital camera which I have received as my prize in the competition to Amitasha girls.



AIS Vas -6

New portfolios, new faces

Amritha Seshadri IX, AIS Vas-6

B MUN (Bangluru Model United Nations) was organized by Vidya Niketan School at Bengaluru from November 25-27. With more than 300 delegates from more than 25 schools and our maiden effort, we were all charged up. The three of us, Monica Shankar, Akansha Saxena, Akshay Bharadwaj and myself were delirious with excitement. The debates were constructive and vibrant. Initially we were mesmerized

by the discussions but gradually we too found our feet and participated with quick responses and analytical thinking. The Press conference was a new concept where the Press Spokesperson put direct questions to the delegates and they answered with aplomb. It was an enriching experience for us. We amassed a wonderful experience from the 3 day session of heated discussions, lobbying, forming alliances, crisis management, and world politics and economics. We will cherish this memorable experience for a long time.



Gurgaon Live



KOD Checklist

Location
Gurgaon, Sector 29

Entry fee
Rs500
(redeemable against food, drinks or products)

Show Tickets:
₹1,500-6,000

Gateway To Dreamland!

Saksham Singh
XI, AIS Gur 46

What would you call a place which offers something which no other place does in the concrete jungle where we live? Kingdom of Dreams (KOD)! Built like a huge palace, KOD, located at Gurgaon, is one grand adventure. The entrance takes you to the aptly titled 'Culture Gully', where handicrafts, clothes and foods of different states are on display. The different blocks exhibit

wares from Kashmir to Kerala; one can get beautifully sculptured idols of Orissa, famous pashmina shawls of Kashmir, ayurvedic medicines from Kerala and handicrafts of the north east, all under one roof. Culture Gully also houses an art gallery which showcases paintings and sculptures ranging from 10K to over 2 lakh. As you explore the place, a host of performers entertain you with their music and dance performances. The performances put up by men in 'monkey gear' is enthralling. The mesmerizing Rajasthani

dancers and the entertaining puppet show are sure to leave a grin on everyone's face. The long and tedious journey through all the state pavillions are sure to elicit hunger pangs. So you can gorge on delicacies, which are delicious albeit costly. Tongue tickling cuisines from across the length and breadth of the country are available at the stalls. The fare ranges from Lucknawi *kebabs* to *idli/dosas* from South India. The landscaping is simply mind blowing, be it the scaled replica of the world

famous Big-Ben or the sculptures of Ajanta and Ellora. A giant replica of sleeping Buddha greets you outside the building and believe it or not, there's a whole ship present in the mini sand pit. The roof painted in the colour of the sky is very enchanting to look at. For those who want to delve into the future, there are astrologers complete with tarot card readers to enlighten them. Ladies will find a new reason to fall in love with this place. The amazing spa facility is bound to leave them revitalized after a tiring day. The cherry on the cake is the

theatre where plays are staged in true Bollywood style. Currently the play, "Zangoora: The gypsy prince" with Hussein in the lead is captivating the hearts of the audience. And for those who like to go into factual details, this endeavour costed nearly 500 crores and took five years to complete. The state pavillion of Kashmir alone costed 1.2 crores to build. KOD has been visited by big wigs like Shahrukh khan, Salman khan, Ranbir Kapoor, Priyanka Chopra etc; so you never know which celebrity you might bump into there!

What Spooks Out Celebs?



Sayesha Bhattacharya
X B, AIS Gur 46

We are all frightened of something or the other. It is natural to be petrified of certain unknown elements that co-exist in this world. They are called 'phobias'. Celebrities, too, are mere mortals and it is quite natural for them, to be frightened of something. Here is a list of relatively unknown phobias that our well known celebrities suffer from...
• Nicole Kidman's elegance and serenity is visible in all her movies

and red carpet appearances but a walk in the park can send her to pieces – she has a phobia of butterflies.
• Megan Fox is terrified of bad press – she does not read any newspapers!
• The sight of chewing gum fills Oprah Winfrey with dread. It all originated from her grandmother who saved rows of old gum in a cabinet.
• It is no wonder Victoria loves Beckham so much. The soccer hero has ataxophobia – the fear of disorder or untidiness.
• Orlando Bloom is scared of PIGS!
• Christina Ricci tops the list. She has botanophobe—the fear of plants.

An Ode To A Titan

On the occasion of 150th birth anniversary celebrations of Rabindranath Tagore, Aheli Ghosh, VI-E, AIS Gur-46 does a heartfelt review of his work...



Tagore, the great playwright
(May 7, 1861 – August 7, 1941)

Rabindranath belonged to the enlightened and aristocratic Tagore family of Kolkata. He was the youngest son of Maharishi Debendranath Tagore. A towering figure in Bengal, Tagore became the first Asian recipient of Nobel Prize - for his work 'Gitanjali' in 1913. His diverse creativity manifested itself in different art forms: poetry, songs, novel, short stories and paintings. Though primarily revered as the 'Poet of Humanity', Tagore's short stories are also noteworthy- majority of them being mas-

terpieces. The stories, presented in concise and lucid manner, touch every aspect of social life. Be it parental affection and bonding (*Kabuliwala*), revenge (*Pratihimsa*), evil of dowry (*Dena Paona*), un-

touchability (*Anodhikar Probesh*), captivity and oppression of women (*Strir Patra*), friendship (*Postmaster*), rich-poor social divide (*Dan Protidan*) or complex human psychology (*Laboratory*)- the stories have stood the test of time. The style of his stories is unique, for eg, *Strir Patra* is a satirical letter, *Jeecha Puran* is a fantasy and *Ghater Katha* is the personification of an inanimate *ghat*. Tagore questioned the existing deficient practices of Indian society, culture, education and religion. The lively portrayal of characters and direct description of events leave a permanent mark on the reader's mind. Tagore's short stories are truly the pride of Indian Literature.

Go Chaatz!

Vasundhara Koul
VIII E, AIS Gur-46

Though Indian food is known for its curries and *kebabs*, the finger licking Indian *chaat* with its tantalizing taste tickles everyone's palate! Last week, I decided to make a trip to **Go Chaatz**, a little shop tucked in the bustling **South City market at Gurgaon**, which promised to serve traditional chaat in a new avtaar. A quick look at the menu was enough to trigger my appetite. I decided to go for the kill and ordered a plate of *Gol Gapazz* (Rs 40 for a plate of 6) and another of *Papdi Poppers* (Rs 45). Though, the place is usually bustling with activity, I was lucky to be the sole customer that time. The service was



Rating: ★★★★★
Food: 8/10
Ambience: 6/10
Price: Paise vasool!

prompt and within a few minutes, the goodies were on the table for me to savour. The first thing I noticed about the *gol gapazz* was that they were coloured! They were crisp and the accompanying syrups, spicy and delicious. The tantalizingly spicy syrups left me gasping for breath. But the experi-

ence was worth it. Only then did I remember the *papdi popper*. A *popper* consisted of the same material as a *papdi chaat* but, wrapped in a cone. The meal was scrumptious. Rounding up the meal with a *chuski* (Rs 20), I went home with a satisfied 'I love my India' smile.