

## In Quote

"Taj Mahal belongs to all of us, it must be protected not only for next 25-50 years but at least 400-500 years."

Supreme Court of India

## INSIDE



Feastyeast, P4



A corporate crime, P7

## AMITEpoll

Do we need to have more women in military combat roles?

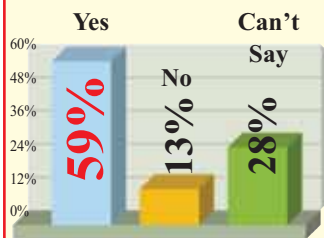
a) Yes b) No c) Can't say

To vote, log on to www.theglobaltimes.in

## POLL RESULT

for GT Edition November 27, 2017

Does the 'Padmavati' row indicate an end of artistic freedom?



Results as on December 9, 2017

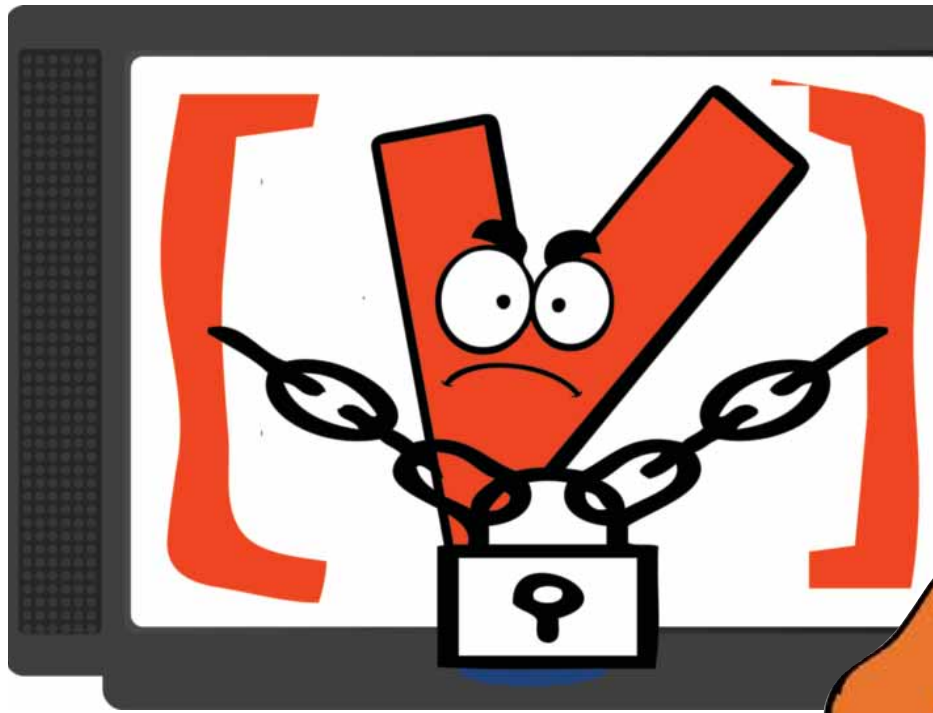
## Coming Next

AIS Saket Contest Edition

# [V] Channel it the right way!

Shutting down of Channel V marks the end of an era that stirred desi sensibilities, leaving its viewers with nostalgic flashback of madcap mascots and Indi-pop culture

Illustration: Pankaj Mallik, GT Network



## Lesson 4: Retire in style

After bending over backwards on convincing their bean counters that the time to hang up the boots hasn't come yet, somewhere down the line they were conscious of the fact that they are in a pickle. The decision to retire in style was pertinent. So before anyone can point a finger at you, step down from the throne like a mighty king who came and conquered, rather than dying a slow, painful and an erased death. [G](#) [I](#)

**Khwaish Gupta**  
AIS Gur 46, XI I

The word on the street has it that Star India is all set to deliver a coup de grace on Channel V. As curtains will go down with our 90s channel at the backstage, it has some worldly wisdom to offer before it bids us a goodbye.

Waking up from a slumber in the 90's was an experience of being enveloped by orchestral sounds of international beats and Indi-pop music, which would have our feet tapping and lingos being introduced by comic characters. But waking up in '17 to find that Star India is soon to pull plugs off Channel V is like hitting a brick wall. With its timeline coming to an end, we found more:

## Lesson 1: Stand true to what you believe

When Star and Viacom came together to bring MTV to India and Star wanted to localise the content, MTV glued to international music, and Channel V was born as a response.

Had Star not stood by its belief of 'desi can be cool' and taken the risk, the 90s generation would have missed out on an entire revolution of exchanging music, ideas and more that had never happened before. Peculiar, as India can be sometimes, the channel dealt with it by celebrating its idiosyncrasies.

## Lesson 2: United V rise

The gajra-festooned curly haired Mallu girl, Lola Kutty, with big frames and the Haryanvi Jat Udham Singh with his *lathi*, cow and *khatiya* were characters which stood every bit true to their regional stereotypes. People started loving the characters and started relating to them. Despite all the differences known of, Lola was as much loved in the North as Singh in the South. The channel brought in winds of acceptance which blew Pan-India, only to open the once ajar windows of hostility. It created characters forever.

## Lesson 3: [B] you

The country saw Lola, Simpu Singh, Macho and Banjo, Quick Gun Murugan perform all sorts of antics convinced, that 'weird is the new cool' and that the society will accept them for who they are. People came out of their shells; no more shy to show-off the real them. Anyone who decided to veer off from this path was bluntly told 'We are like this only'. And even before you know it, people started taking pride in belonging to middle class families for the fact that their moves were flaunted and emblazoned on TV.



# Weaving distinct innovations

Pic: Ravinder Gusain, GT Network

**E**minent Indian paediatrician and clinical scientist, **Dr MK Bhan**, Former Secretary, Department of Biotechnology (DBT), Govt. of India, has transformed DBT into nurturer of new age innovators. He was conferred with 'Honoris Causa' during Convocation 2017 held at Amity University, Noida. In an interview with **Aadithya Aravindh**, AIS MV, XI G, he speaks on the role and future of biotechnology in India.



Dr MK Bhan

**"Within 10 years, the effect of biotechnology will be mammoth."**

With the passage of time, chemistry has evolved both in synthetic and combinatorial branches. The biotechnologists are engrossed day and night to innovate something novel in various disciplines by mapping new innovations such as proteomes, genomes and metabolomes. Hence, the effect in both research and real life will be mammoth in coming 10-15 years. The industry is blooming and would become one of the major contributors to economic development in near future.

**"Fundamental knowledge and executional brilliance is all you need."**

To be a biotechnologist, you should possess fundamental knowledge and be technically sound. Most of the students

think that having technical skills is enough. But that is not the scenario. As a technologist you must be adaptive enough to acquire skills beyond your core training. You need to visualise the problems and think out-of-box solutions. For instance, if you want to develop a vaccine for lifelong immunity then you should find a way to make its single dose to be given at birth. So, you just need to look into what all you know from different perspectives. And that's central to innovation.

**"Biotechnology opens up a spectrum of discoveries and innovation."**

There are very few countries that have separate department for biotechnology. Usually, they have a department for health and a National Science Foundation. The reason our country has department for biotechnology is that it not only prepares you for innovation but also allows application of scientific learning. So, it is a department that works on various disciplines and gives chance to become more innovative and scientific.



Dr MK Bhan shares his views with GT Reporter

**"Let children ask more questions."**

When we were children, our parents and for that matter our teachers didn't like to answer many questions. This is a wrong approach. We should let young children ask questions from a very early age. Critical thinking is an important aspect of our life. If we don't ask questions then how would we understand the theory and apply it practically. Even if the questions sound irrelevant at times, the children should get a response. We should change the habit of being dictative and directive towards children.

**"Our teaching methodology is based on rote learning and needs to be changed."**

I think that a major modification is required in our education system. The teachers should not only educate students but make them more effective, productive and innovative. For instance, during one of my trips to USA, I found a student who

was working on a weekend project. In the project, he was asked to disassemble and reassemble his bike. He was trying to remember which part fits in where. This is an example of effective instruction. Instead of teaching the design of the bike on the board like we do in India, they had given him experiential learning.

**"You can take the country to the pinnacle of glory and triumph."**

India's journey from good to outstanding has been fascinating and rather a tough one. Our country has shaped up well to become an emerging superpower and that's an outstanding achievement. Now, the responsibility to maintain this outstanding status is in your hands. Therefore, learning to understand how to become a world class nation of globally respected, responsible, critical thinking and innovative citizens is extremely important for all young Amitians. [G](#) [I](#)

# World News

GT keeps the news wire ticking by bringing you news from around the globe

## UK

### Black cabs go modern

London's iconic black cabs go electric by replacing the old diesel cabs, with more than 9,000 electric taxis. First electric-powered black cabs hit the streets. The British capital's iconic taxis underwent a facelift for the modern age to help cut pollution in the city.



## Bangladesh

### Pope Francis addresses 'Rohingya'

For the first time, Pope Francis on a three day visit to Bangladesh used the term 'Rohingya' in his speech. A group of 16 refugees were brought from the border of Cox's Bazar near Myanmar to meet Pope. He also prayed for the "safe repatriation of the Rohingya in peace and dignity."

## North Korea

### Jeffrey Feltman visits North Korea

The United Nations political affairs chief, Jeffrey Feltman, former US diplomat and the highest ranking American in the UN begins a rare four-day visit to Pyongyang. The visit comes as South Korea and US conduct their largest ever round of aerial drills that involves 12,000 US service members.



## Canada

### Explorers discovered 15,000 year old caves

Recently, amateur explorers discovered a network of 15,000 year old caves underneath a Canadian city, now known as Montreal.



The discovered passageway is at least 200 metres long (660 ft) and is believed to have formed after downward pressure from glaciers cracked the rock during the ice age.

## USA

### First Indian-American tops '50 Leading Global Thinkers'

Kamala Harris, Indian-American California Senator topped the prestigious Foreign Policy magazine's '50 Leading Global Thinkers' list. It recognises individuals who have exerted enormous influence in exceptional ways on various issues. Harris is further seen as a potential Democratic presidential candidate, and is the only black woman in the Senate.



## India

### Dark day for Bollywood

After a long illness veteran actor, Shashi Kapoor passed away at the age of 79 on December 4, 2017. He was the youngest son of Prithviraj Kapoor, a Bollywood superstar and a theatre prodigy. Shashi Kapoor starred in more than 100 films in a career spanning more than five decades.



## Australia

### Amazon enters online retail market in Australia

Amazon enters Australia for the first time. Earlier, Australian consumers could buy through Amazon's US site. Now they can buy locally, as the American retail giant established a huge distribution warehouse on the outskirts of Melbourne on the country's east coast, home to most of the population.



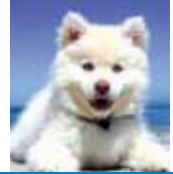
## Indonesia

### Deadly cyclone hits Indonesia

A tropical cyclone pounded Indonesia's main island of Java killing around 41 people. The country's disaster agency stated that about 28,000 people have been displaced by the storm.



Dogs are as smart as 2 year old toddlers. That's why it is said toddlers and puppies get along so well.



Dog facts



The reason why dogs curl up is because of an age-old instinct to keep themselves warm and protect their vital organs while they sleep.

# Open mind, open heart

...an integrated mind-body approach as an exercise to change the way you think and feel. The workshop aimed at connecting innerself with outerself through meditation

## AIE Saket

The students of Amity Institute of Education (AIE), attended a workshop on 'Mindfulness - Open Mind, Open Heart' on November 6, 2017 organized by Ahimsa Trust, conducted by the monastics and lay teachers of Plum Village at Gurugram.

### The event

Faculty members Ms. Puneet Rahi and Dr Sanjna Vij, accompanied by a group of thirty-nine students attended the event. The programme aimed at bestowing practical mindfulness tools to one and all for cultivating soulful personal practices for a better living.

### Art of mindfulness

Mindfulness is an integrated, mind-body based approach that helps people change the way they think and feel about their experiences, especially stressful ones. It involves paying attention to our thoughts and feelings so that we become more conscious of them, less enmeshed in them, and become able to manage them bet-



Participants from AIE Saket at the workshop

ter. The whole idea is to channelise life energies towards positive, mindful living.

### Aim of the workshop

The workshop was aimed at weaving mindfulness into all the daily activities and training the self to be mindful throughout the day. Instilling mindfulness in our daily life includes activities like eating, walking, working, etc. Participants noted that it was a beautiful and novel experience for each one of us. The activity made them self-introspect to seek peace in their otherwise hectic life.

### Time for 'Sitting Meditation'

The day began with a 'Sitting Meditation', in which the techniques for deep breathing and gathering the thoughts were explained to all. This meditation lets one take care of their body by sitting straight and breathing.

### Walk for 'Walking Meditation'

The 'Sitting Meditation' was followed by 'Walking Meditation', which helps in combining the body sensation with breathing.

### Up for 'Total Relaxation'

The last of the meditative activ-

ity was 'Total Relaxation', which included relaxing and realizing each part of the body. This helps in letting the body breath freely.

### Practising 'Dharma Sharing'

The day culminated with a talk on 'Dharma Sharing', through a small circle discussion on mindfulness living and practice.

### Highlights of session

During the sessions monks, talked about the importance and power of smile, which can bring peace and make one feel alive. They said that, "One must never

fail in the act of kindness, however small the magnitude is." To quote Mother Teresa, "We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop." Unperturbed by criticism, one must go about the assigned task with humility. Those who value the efforts, appreciate the value of their task for the completion of a larger goal.

### Heartfelt gratitude

The workshop concluded with a heartfelt gratitude to Mr Shantam

Amity Institute  
for Competitive  
Examinations

Presents 

Brainleaks-228

FOR CLASS VI-VIII

In how many categories  
are the nobel prizes  
awarded each year?

- (a) 5 (b) 7  
(c) 4 (d) 6

Last Date:  
Dec 15, 2017

3 correct entries win  
attractive prizes



Ans. Brainleaks 227: (b)

Name:.....

Class:.....

School:.....

Send your answers to The Global Times,  
E-26, Defence Colony, New Delhi - 24 or e-mail  
your answers to [brainleaks@theglobaltimes.in](mailto:brainleaks@theglobaltimes.in)

Seth, Mindfulness Teacher, Ahimsa Trust for providing the opportunity to enrich their lives with peace and consciousness.  

## Scholastic Alert

### JEE (Main)

JEE is the admission criteria to Undergraduate Engineering Programs at NITs, IITs, Other Centrally Funded Technical Institutions, Institutions funded by participating State Govts, and other Institutions. The Paper-1 (B. E./B. Tech.) of JEE (Main) will also be an eligibility test for the JEE (Advanced), which the candidate has to take if s/he is aspiring for admission to the undergraduate programmes offered by the IITs.

**Paper -1** (B. E./B. Tech.)

**Paper - 2** (B. Arch./B. Planning.)

Candidates may take Paper -1 (B. E./B. Tech.), or Paper -2 (B. Arch./B. Planning), or both as per the course(s) they are seeking admission to.

### Eligibility:

■ Candidates who have passed their Class 12th exam or any equivalent qualifying examination in 2016 or 2017; or those who are appearing in their Class 12th exam or any equivalent qualifying examination in 2018 are eligible to appear in JEE (Main)-2018.

■ Candidates must have taken at least five subjects in class 12th/qualifying examination in order to be eligible for writing JEE (Main)-2018. The candidates who have taken four subjects are not permitted to write JEE (Main) 2018 and if such candidates appear in JEE (Main) 2018 by furnishing wrong information, their rank/result will not be declared.

■ Admission to NITs, IITs and CFTIs participating through Central Seat Allocation Board will be based on All India Rank, subject to the condition that the candidate should have secured at least 75% marks in the 12th Class examination or be in the top 20 percentile in the 12th Class examination conducted by the respective boards. For SC/ST candidates the qualifying marks would be 65% in the 12th Class examination.

**For B.E./B.TECH, criteria required:** Candidate must have passed 10+2 examination with Physics and Mathematics as compulsory subjects along with one of the Chemistry/Biotechnology/Biology/Technical



Vocational subject or Equivalent qualifying examination.

**For B.ARCH./B.PLANNING, criteria required:** Candidate must have passed 10+2 examination with Mathematics or Equivalent qualifying examination

**(Pl. refer to website for more details.)**

**Application:** Submission of Online Application Forms - 1st Dec, 2017 to 1st Jan, 2018

### Entrance Test:

■ **Paper 1 (B. E. /B. Tech.)**

Offline exam:

**Date of examination:** 08.04.2018

**Time:** 09:30-12:30 Hours (IST)

Online exam (Computer Based):

**Date of examination:** 15/04/2018 (Sunday)

16/04/2018 (Monday)

**Time:** 1st shift 09:30-12:30 Hours (IST)

2nd shift 14:00-17:00 Hours (IST)

■ **Paper 2 (B. Arch./B. Planning.)**

Offline Examination (Only)

**Date of examination:** 08.04.2018

**Time:** 14:00-17:00 Hours (IST)

**Website:** <https://jeemain.nic.in>

**Institute:** Vellore Institute of Technology

■ VITEEE-2018, candidates can select the courses offered at VIT Vellore Campus, Chennai Campus, VIT-Bhopal and VIT-AP on the day of counseling as per the merit and availability.

**Course:** B Tech (4yrs.)

**Eligibility:**

■ Candidates appearing for the VITEEE-

2018 should have either completed or shall be appearing in 2018, in any one of the following qualifying examinations:

● The final examination of the 10+2 system of Higher Secondary Examination conducted by the State Board; Central Board of Secondary Education (CBSE, New Delhi); ISCE, New Delhi.

● High School Certificate Examination of the Cambridge University or International Baccalaureate Diploma of the International Baccalaureate Office, Geneva.

● General Certificate Education (GCE) examination (London/Cambridge/Srilanka) at the Advanced (A) level.

● As per VIT Norms, NIOS candidates are eligible to appear for the VITEEE-2018. They should produce the Migration Cum Transfer Certificate at the time of joining.

■ Candidates appearing for the VITEEE in 2018 should have secured an aggregate of 60% in Physics, Chemistry and Mathematics/Biology in the qualifying examination (+2/Intermediate).

■ Candidates who have studied Physics, Chemistry and Mathematics are eligible for all the B.Tech. Programmes.

■ Candidates who have studied Physics, Chemistry and Biology are eligible for B.Tech. Bio-engineering and B.Tech. Biotechnology programmes. They are also eligible for B.Tech. Computer Science and Engineering (Spec. in Bioinformatics) and Electronics and Communication with specialisation in Biomedical Engineering but after joining, registering Mathematics as bridge course is mandatory.

**Pl. refer to the website for details.**

**Application Process:**

Issue of Application Forms - 09.11.2017

**Last date to submit application -** 28.02.2018

**Entrance Test:** VITEEE-2018 - 04.04.2018 to 15.04.2018

**Website:** <http://www.vit.ac.in/btechadmissions/viteee2018>

**Taruna Barthwal, Head  
Amity Career Counseling &  
Guidance Cell**





Dr Harish Kumar felicitating the chief guest, SS Gupta

## Free health check-up

### AIBAS

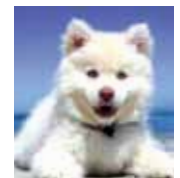
On November 15, 2017, Amity Institute of Behavioral and Allied Sciences (AIBAS) in collaboration with Allahabad Bank organized a Free Health Check Up for faculty, students and staff at Amity University, Uttar Pradesh. The objective of the programme was to create health awareness. The camp emphasized on 'If health is lost, everything is lost'. Mr S S Gupta, DGM, Zonal Head, Allahabad Bank, graced the event as the chief guest and Mr Rudra Dev, Zonal Head, Universal Sampo General Insurance was the guest attendee. Dr Harish Kumar, HOI, AIBAS welcomed the gathering and spoke

on the importance of being active and adopting a life style that best suits a healthy living.

The chief guest of the event spoke on 'Prevention is better than cure'. More than 700 people including doctors and support staff participated in the camp. Different parameters like height, weight, blood sugar, blood pressure, BMI, PFT, ECG, etc. were checked and analysed. The team of doctors included general physicians, dentist, dietitian and lab technicians among other specialists to address different queries of the people. Ms Anubhuti Raj, Officer, Allahabad Bank proposed the vote of thanks. The event coordinated by Dr T Beena, was a great success.  



Faculty and students queue up at the free health check up



# (UN) Scientific studies

What to believe and what not to? The poor lay man oscillates between the new studies and defying the ones already existing. The dark side of scientific studies reveals the other side of science

Shashank Tomar, AIS Noida, XII E

Often in the papers and on TV, we are exposed to contradictory information in the form of supposed 'scientific' studies. Take coffee, for example. Depending on the study you choose to believe, coffee could be anything from the elixir of life to pure poison. And therein, implicit in the previous statement lies the fundamental flaw. We have been repeatedly exposed to huge amounts of contradictory, inconsistent and downrightly ludicrous information masquerading as 'scientific'. At this

point, swimming amidst a plethora of false information, it seems reasonable to pick and choose which study we want to believe in, and this in itself, is an alarming prospect.



Due to the prevalence of fraudulent eye-catching headlines that are patently untrue, science has been reduced to a farce. This loss of faith in the scientific process is what permits malfesance to prosper and is the reason why, there still are people out there who are unwilling to believe in anthropogenic climate change but still remain completely eager to derive the utterly absurd conclusion, from a study (that had later been proven false), that vaccines cause autism.

What we need to realise is that all scientific studies are not equal. While some may be conspicuously inaccurate, others might be subtly biased by scientists who are under tremendous pressure to produce results. Because, the process of research funding is such that it rewards results, many researchers are forced to manipulate their data, whether by altering experimental parameters or by using techniques such as p-hacking to obtain statistically significant results. On top of this, more than often, research and experiments are funded by the industry concerned. This leads to hugely biased

## Did you know?

We apply fight or flight reflex responses not only to dangers but also to data and scientific studies.

experiments that do not show the true picture. Obviously, a research team funded by a telecom company will not report that mobile phones usage increases the risk of cancer and 4 out of 5 dentists will prefer the toothpaste brand that sponsors the survey.

There are however certain indicators for the reliability of a scientific study. A study which fulfills most of the following criteria, is likely to be accurate. First and foremost is the source of funding. If there is an obvious conflict of interest then it can be easily discarded. Secondly look at the journal in which the study is published. A reputed journal will endeavour to present only reliable data and peer-reviewed research. Lastly, one must probe the study parameters. A good experiment has a large sample size with diverse sampling (say, a survey of 2000 people in the age group 15-55 yrs is more likely to be general than a survey of 20-40 year old men), different test groups as well as a control group. The trial is double-blind to account for bias and placebo (i.e. the experiment is randomized, so that neither the tester nor the subject's bias can influence the result). Besides, only accepting conclusions made by veritable research, we must also look at the results within the context of the study and not arbitrarily generalize the nuanced and tentative findings that categorize most studies. Only after this much preliminary investigation, can we accept the findings as science.  

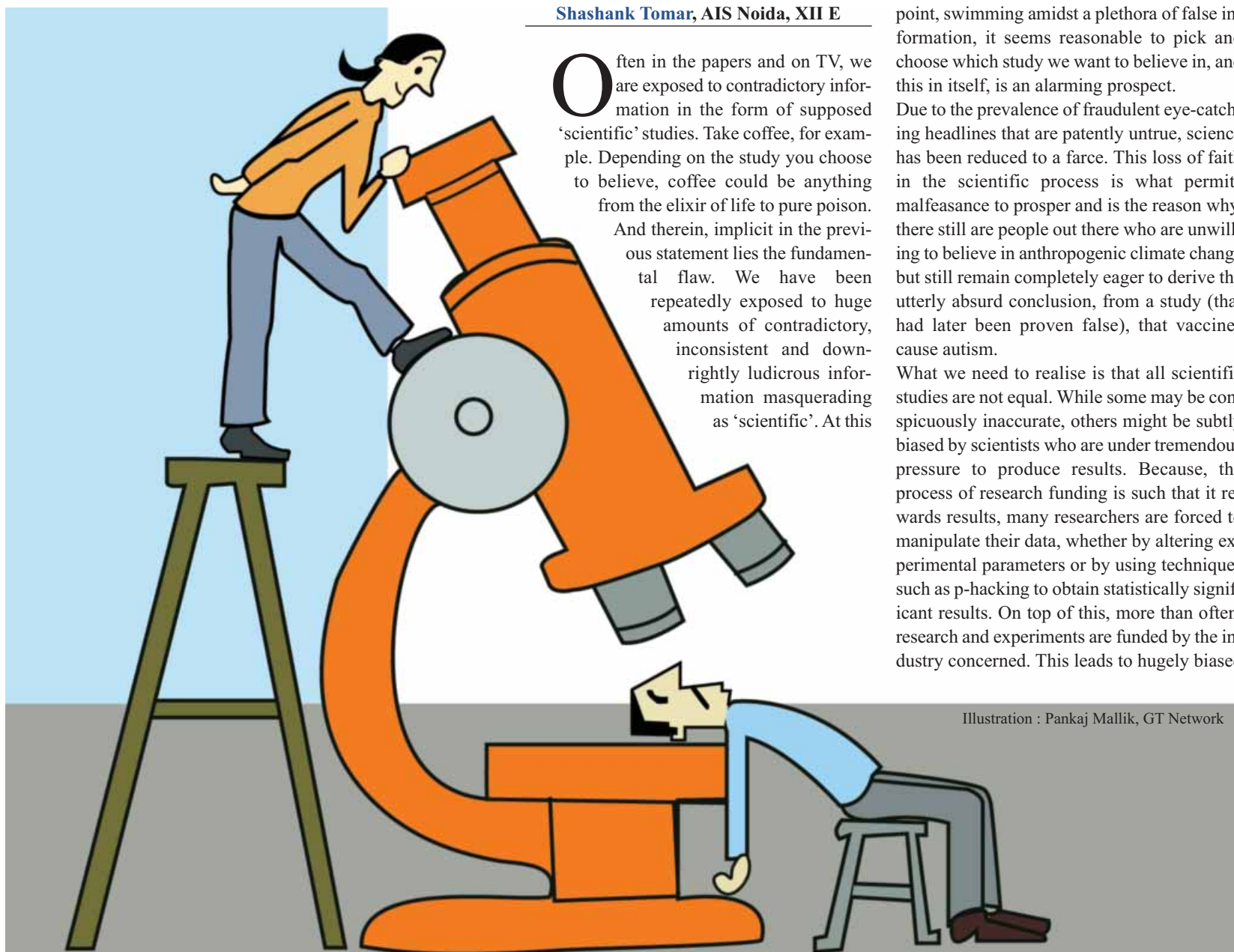


Illustration : Pankaj Mallik, GT Network



## Feastyeast

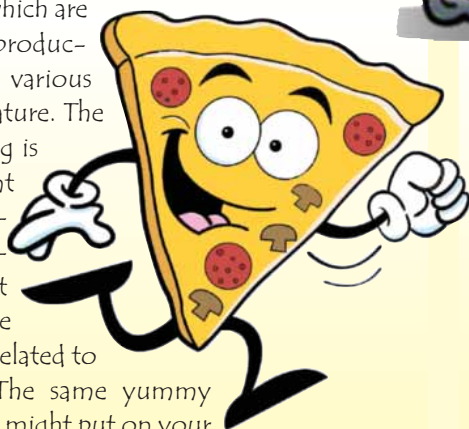
Have you ever thought what those little bubbles in your bread and cake are? A good yeast is a bakers favourite weapon when it's time to bake the fluffy bread. But what is yeast? **Divij Zutshi, AIS Vas 6, X,** breaks down how yeast processes food

### What is yeast?

You might have opened a box of yeast and asked yourself 'What am I putting in my dough?' A lot many recipes instruct you to add this, but what exactly is this strange ingredient?

Is Yeast a plant? A chemical? Or a strange little animal that lives in your food? Ok...so let's get straight to what yeast is.

Yeast is a microorganism: Micro=Small, Organism=Living thing. They are single-celled fungi and a natural biological leavening agent that possesses basic attributes of all living things, which are respiration and reproduction. There are various species of yeast in nature. The yeast used for baking is a fermenting agent that belongs to *Saccharomyces cerevisiae* species. Also, it is a member of the fungi family, so it's related to mushrooms. Yes! The same yummy mushroom that you might put on your pizza!



### How does yeast work?

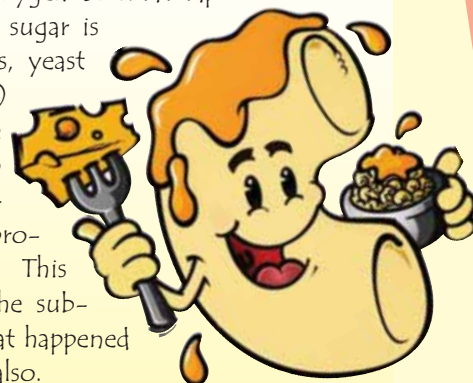
A simple experiment! Try it:

**Note:** It'll be stinky, messy and mushy, but fun! Pour some warm water into a bottle with some dried yeast. Mix it well. Now add some sugar and swirl it some more. Now stretch a balloon over the top. Leave the bottle for few minutes. Wait and watch the balloon inflate.

### It's the time to party!!!

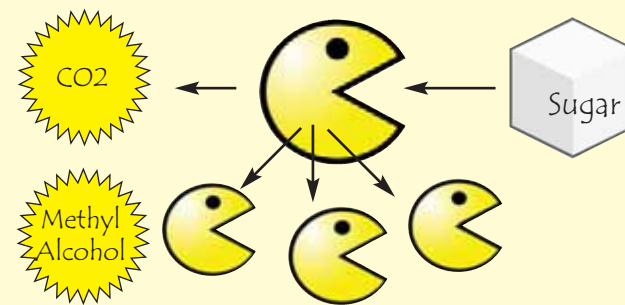
So what happened there? Why did the balloon inflate? What yeast did is called anaerobic respiration. A type of respiration that does not use oxygen. So what hap-

pens to the yeast when sugar is added? Just like humans, yeast also needs energy (food) to be active. Sugar is the best source of energy. So the yeast digests the carbohydrates (sugar) and produces carbon dioxide. This carbon dioxide causes the substance to rise. That is what happened in the bottle experiment also.



### Why does your bread have those little holes?

Those little bubbles in your bread are where the yeast in your dough had respired and made little pockets or cavity of CO<sub>2</sub>. But then what happens to those living yeasts? Well, when the dough is baked at 60 degrees celsius, the yeast die. So a loaf of bread is like a big yeast graveyard. Yum!



### Did you know?

- Archaeologists digging Egyptian ruins found baking chambers, where the yeast fed dough was baked into breads. 4,000 year old drawings of bakeries and breweries were also found.
- The Romans discovered the uses of dried yeast even before the discovery of yeast. Ancient Romans discovered that dough left in the sun can be 'revived' after adding sugar. Accidentally, that's how they discovered yeast.
- Yeast grows at temperatures around 90 degrees F, and dies at around 100 degrees F.



Dogs have wet noses because some of their tear glands open into their noses.

Imaging: Ravinder Gusain, GT Network

# Unfriend this trend

The palm size spheres with a mix of scent and fizzy ingredients, the bath bombs assures you a rejuvenated bathing experience. But is it for real?

Parul Munjal  
AIS Gur 46, X J

Bath Bombs have become the new 'Gangnam Style', viral all over the internet. You will see bajillions of posts on social media captioned #BathGoals or #Love-MyNewLushBomb. But are these palm-sized colourful spheres, worth emptying our pockets on?

#### Shape of you

The shapes and sizes in which these spheres of salt come in are beautifully hilarious. Ranging from the 'unicorn bomb' to the heart shaped bombs; it's hard to decipher if it's a fancy cupcake or a bathing accessory. It is a total dilemma, I promise!

#### All that glitters is not gold

Out of a large variety of bath bombs you are offered, you might go for the glittery ones since they make you feel like 'Imma Barbie gurl, in da Barbie world'. But all that glitters is not gold. The glitter in the product will leave your tubs stained. Wouldn't you rather complete your pending assignments than washing them off?

#### Cost us a bomb

Even a sale won't convince your parents to buy you an aesthetically pleasing 'bath experience'. The only bomb you will get here is of an hour long lecture themed "Paise ped pe ugte hain kya?" Some of the most expensive lush bath bombs include the twilight bomb, dragon



egg, ickle baby bot, phoenix rising and the list goes on and on. Why would you want an expensive version of Dettol soap, when all that money might be worth a Zara piece?

#### Makhan maska

'Essential oils blended with

Africa's Shea butter will leave your skin deeply nourished.' Oh, you wish! What risotto is to our desi ghee khichdi, bath bombs are to our desi Patanjali? But even Patanjali has products made of 'heart-leaved moonseed' and 'winter cherry'. (Though I'm sorry to announce

that they are the same as giloy and ashwagandha). And of course, isn't Patanjali trendier than plush cosmetics in India?

#### Jale par namak

Baking soda + citric acid + essential oils = bath bomb. 'Ouch!' Must be citric acid

stinging your cuts again. After a day of playing non-stop basketball matches, you thought your plush bombs will ease your pains, but infact, they made it worse. Chemicals do beautify your bath but leave your skin ugly. You sure wanted a red bomb and not red skin!

# Being fearless

Grabbing the opportunity to step out of the otherwise mundane life is a chance, that one should always pick up

Faiz Ahmed, AIS MV, X E

World is a book and those who don't travel read only one page. Inspired by these lines of Saint Augustine I requested my parents to let me attend an adventure camp in Uttarkashi. What followed was an exciting sojourn of fun, learning, enjoyment, friendships and lot of thrills.

#### First of firsts

I went to attend a two week adventure course at Nehru Institute of Mountaineering, Uttarkashi. It was the first time, that I was away from family in a hostel set-up, with other kids of my age. The institute provided us with comfortable lodging and fresh food. The first day was tough without my parents, but it also made me strong & independent.

#### Time to adventure

From trekking, rock climbing, rappelling, river crossing to wall climbing, I participated in almost every adventure activity. Other physical competitions like obstacle race, point to point trek, cross country race were also held to make the camp interesting for students. These activities are great to test your physical stamina.



Being awarded



Faiz Ahmed



Staying in tent

#### Platoon time

Around 70 boys from all corners of the country participated in the camp. We were divided into patrols, each patrol had a separate instructor. Our patrol stood second in the point to point trekking competition. In this activity we were taken to a jungle and had to navigate ourselves to reach a

pre-designated point. Apart from this, I also stood 14th out of 70 in the cross country race.

#### New beginnings

New friends, that is the first thing I earned from this trip. Earlier interacting with strangers was a total puzzle game for me, but after this camp I gained confidence. Be-

sides this, I also understood the value of being physically fit. It was also for the first time ever that I learnt to apply my bookish knowledge and concepts practically.

Staying for one week at this camp made me realise that balancing everything in life is an art which you learn when you go out and explore.

# What's in a name?

The famous giants scratch their heads to seize a quirky or catchy name to get famous amongst the rest of brands

Mugdha Jain, AIS Gur 46, X G

In the era of multinationals fighting to become most popular of all, catchy names have become a very important agenda of the companies. However, they didn't start off the same way. We bring to you a list of the evolution of brand names, each with a different story.

#### LAKMÉ

French makes everything sound chic. The famous cosmetic brand Lakmé was originally called 'Lakshmi', who is the goddess of wealth and epitome of beauty in India. On collaborating with the French, and thanks to their great pronunciation, Lakshmi ban gayi Lakmé.

#### AMAZON

Magical as the website is today, delivering us happiness by meeting our needs; it was named Cadabra as in abra cadabra. The name was changed later as it was not very easy on the tongues, hence Amazon. One major reason behind the current name is that it will always top the alphabetic list of companies, just as it is expected to do in terms of customer satisfaction.

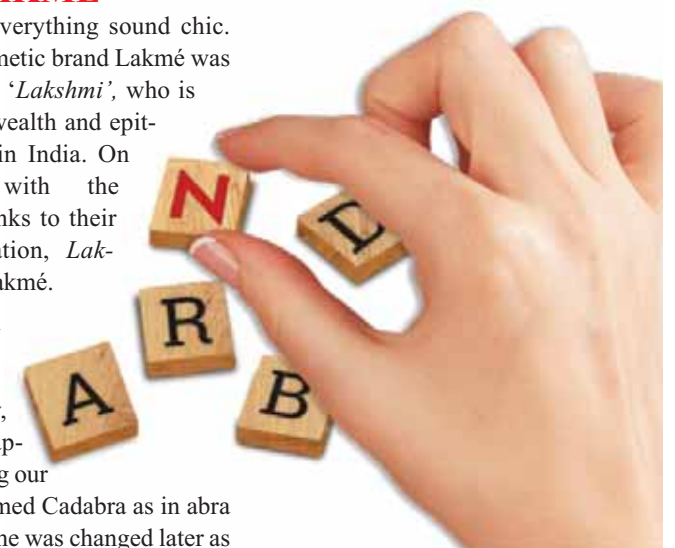
#### NIKE

One of our favourite sports brand, started off as Blue Ribbons, literally representing the blue ribbon one gets for winning the first place. A decade and

half later, it was renamed as Nike after the Greek goddess of victory.

#### BLACKBERRY

Research in Motion, formerly a tech giant, renamed their brand as Blackberry. Their series of devices with buttons which looked like seeds and were black in colour were the reason behind the name. You see, how even the sim-

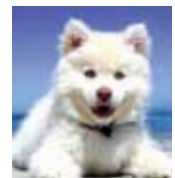


plest things look amazing when seen from a different angle?

#### PEPSI

Can soft drink help in digestion? Don't know the answer? Well, the famous soft drink brand Pepsi got its name from the digestive enzyme pepsin. Initially, it was marketed as a health drink that would aid in digestion.

Dogs can hear voices from four times the distance of what a human can hear.



Dog facts

## Winged footprints



Dr. Amita Chauhan  
Chairperson

This year when I saw all schools celebrate Founder's Day, it reminded me of the journey of Amity that commenced 26 years ago with the establishment of the first Amity International School at Saket, New Delhi. With the mission to provide the best education, which is a blend of the best of the east and west, we have now evolved into Amity Universe, a boulevard of holistic learning with the motto 'where modernity blends with tradition'. This progress has been steered by the vision of Dr. Ashok K. Chauhan, Founder President, Amity Universe to make India a superpower by 2030. He firmly believes that this can be driven only on the wheels of educational development which creates global leaders of tomorrow.

Kindled by such exalting ideas and experiential learning, I am happy to see that students of Amity have left their indelible footprints everywhere; from space to sports, from patents in science to funds in entrepreneurship, from art and literature to theatre and dramatics, every realm has been conquered and there are more to win. While triumphs are glory, rewards are the celebrations. And that is why we felicitate the achievers every year on the Founder's Day. Every year, I marvel at and feel proud of the prudence and winning prowess of our young achievers. These are the minds which have grown up on the holy grail of success mantra of BHAAG : Behaviour, Hard Work, Attitude, Ambition and God. Young, knowledgeable, perseverant and humble, all at the same time they are the ones who will further beckon the dream of giving back to the society. 🇮🇳

## Legacy lived



Vira Sharma  
Managing Editor

In the year 2017, many starry legends disappeared from the world's skies. November called down the curtains on Channel V, an iconic channel in the youth entertainment genre. On December 4, the acting stalwart Shashi Kapoor bid adieu to us.

An icon for generations and an iconic channel for youth. Can there be anything in common? Yes, they have both left behind precious bequests which are not bound by age or time. Channel V has blazed a trail in pop music videos, crazy one liners and whacky styles for generations to follow. The late Shashi Kapoor, an inspiring method actor, earned fame transcending generations and borders. He inherited the imprint of the legendary Prithvi Theatres, but built on it to create a seamless fusion of art and commercial cinema.

Both these stellar legends have taught us that a legacy is the entirety of our life's body of work, including our success, failures and resilience. A legacy is not shaped at the end of our life. It is created every day by the decisions we make, the actions we take, the moments we share, and the mistakes we overcome. A legacy grows with each new experience, each previously untested idea, each bold ideal deployed courageously. Over the years, I have witnessed our Amity Universe creating legacies of all sorts through events like MUN, Youth Power Program, the student newspaper, Youth Parliament, Vasudha and the Heritage Quiz. Such legacies have constantly inspired our learners to acquire wisdom, grow, innovate, think with clarity and create a sustainable impact and influence in the world. 🇮🇳

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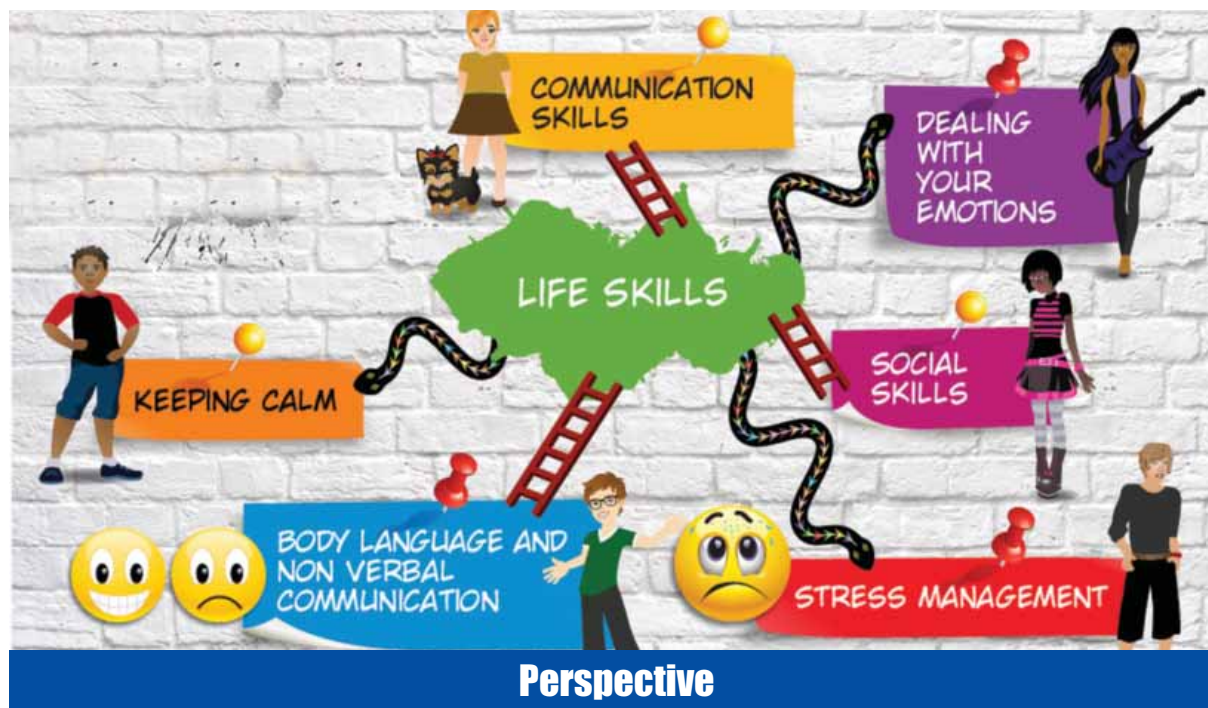
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# Treading through life skills

The journey of our life is nothing less than a roller coaster ride. Throughout our journey we face many hurdles to reach the destination, which increases our level stress and sadness. **Shruti Bhatnagar, BJMC, Semester III, AUMP, pens down on how learning 'life skills' can overcome the stress and make our ride much more easier than before.**



Perspective

### Brings perfection

If one goes by the definition of life skills i.e. 'the abilities for adaptive and positive behaviour that enable individuals to deal effectively with demands and challenges of everyday life', it may sound difficult to understand. Put it simply, means adapting positivity in our day to day life. They are not skills that we are unaware of, rather they are universal skills like decision making, problem-solving, effective communication, interpersonal relationships, self-awareness, assertiveness, empathy etc, help individuals perform better both in personal and professional lives.

### Offers a smooth ride

With competitiveness and dynamic

lifestyle becoming part of daily lives, the stress levels & frustration is all time high in adults and as well as students. All of us want to be successful, but in the process, we ignore to practice day to day skills that can make our journey smooth and stress free. Think of the times when you are unable to take decision, when you are unable to communicate your thoughts, unable to develop effective relationships? In all these situations, life skills could help you overcome the hurdles and sail smoothly towards success.

### Gives a reality check

Focusing entirely on textbook education is not sufficient when it comes to facing hardships and becoming suc-

cessful. Algebra might not always come to rescue, but being well versed with problem-solving methods will. A dire situation does not call for the verses of Keats; it calls for quick and logical thinking. Impulsive thinking and error of judgement tend to tangle the loose ends instead of tying them up. This is where life skills come into play and teaching them at an early age through proper parenting methods, schools and educational institutes is what is required.

### Strikes a balance

At present there happens to be a big divide between what is taught in the classrooms and what actually happens in real life. Teaching life skills through

workshops and lectures is the ultimate tool to bridge this gap and create a perfect balance in life. If the skills become part of curriculum and is taught to preteens and teens, then they would be ready to face any situation in life with confidence. Learning life skills makes children self-dependent and adept at problem solving early in life.

The benefits of learning life skills are manifold. They don't just offer a set of instructions to tread deep waters. They guide an individual through every step of life in a systemised manner. It's time for the education system in India to adapt it as regular part of intensive teaching; rather than an option, served for workshops and seminars. 🇮🇳

## The lost Gandhian ideals

Face of the Indian currency faces oblivion of his virtues from our minds and lives. Can something be done?



Vidhi Batra, AIS Noida, X B

From 1000 to 2000, from pink to purple; 'demonetisation' and the new design of the Indian currency has taken this country by storm. What has remained same all these years is the face of our dear 'Bapu' embossed on these notes, smiling down at us through the round frame of his spectacles. Today, we

have reached a stage where the memory of 'The father of the nation' is fresh, more in the form of these printed crisp notes in our wallets and *tijoris*, than in our hearts.

Ironically, the man in the currency held no value to such materialistic

things during his lifetime.

Gandhiji and his ideals of truth and honesty now seem to reside only in the pages of history books rather than in our day to day lives. Bapu's picture was chosen to be embossed upon the currency to remind us of the values taught by him, each time we do any monetary transactions.

But, do these morals cross our blocked and corrupt minds even for once while we do so? In our everyday buzz, where we hardly get time to rekindle his principles, the maximum we do is take a quick look at his kind face, and that too for ensuring whether or not the currency is real.

Had it not been for his image on the Indian rupee, the present generation

would have long forgotten him and he would have been left inside one of the chapter on India's struggle for freedom in history textbooks. The world today needs his virtues more than ever before. To become a global superpower we need to invoke the 'Mahatma' in us again. So, the next time when you decide to escape the *chalaan*, don't ask for bill, evade tax or even offer some bribe for getting work done easily; look at the man on the currency. You might realise the virtuosity of your actions and revive some righteousness in yourself.

Let your conscience act with a rectitude, so that together we can transform into honest and corruption free nation instead of revamping the currency. 🇮🇳

### Little pearls of wisdom

## Self help is the best-help

Shagun Anand, AIS Noida, VI

"The best place to find a helping hand is at the end of your own arm." Swedish proverb.

Once upon a time, there lived a family of larks, in a cosy nest in a ripe corn field. One fine morning, before going out to search for food, mother lark said to her kids, "The farmer will come soon to reap the corn, and in that case we shall have to find a new home. So you keep your eyes and ears open and tell me what you see and hear when I come home tonight."

When she came home in the evening she found her

family very disturbed. "Oh mother!" her kids cried, "We shall have to leave this place as soon as possible. The farmer had come with his sons and said that the corn is ready for cutting. He plans to call his neighbours tomorrow for reaping the corn." Mother lark smiled and said, "There is no danger yet. But be alert tomorrow also." Next day, when the lark returned she found her kids terribly frightened. "We must leave this place by tomorrow at any cost. The farmer had come again and said that since his neighbours didn't come today so he will call his relatives tomorrow to reap the crop," they cried. Mother lark smiled again and said, "Don't worry, my little hearts, relatives of farmer have their own

crowns to reap. They will give priority to their own work. But listen to their conversation tomorrow again and tell me everything." Next day when she returned in the evening, baby larks told her that farmer has decided to reap the corn by himself as all his neighbours and relatives were busy in their own fields. Mother lark pondered and said, "Ok, in that case, let us leave this place tomorrow." She decided so because she knew very well that the farmer will surely reap his crop this time. This time she was confident because when someone depends on others to do his work, it is never done. But once a person is determined to do his work on his own, then no power on earth can stop him from succeeding.

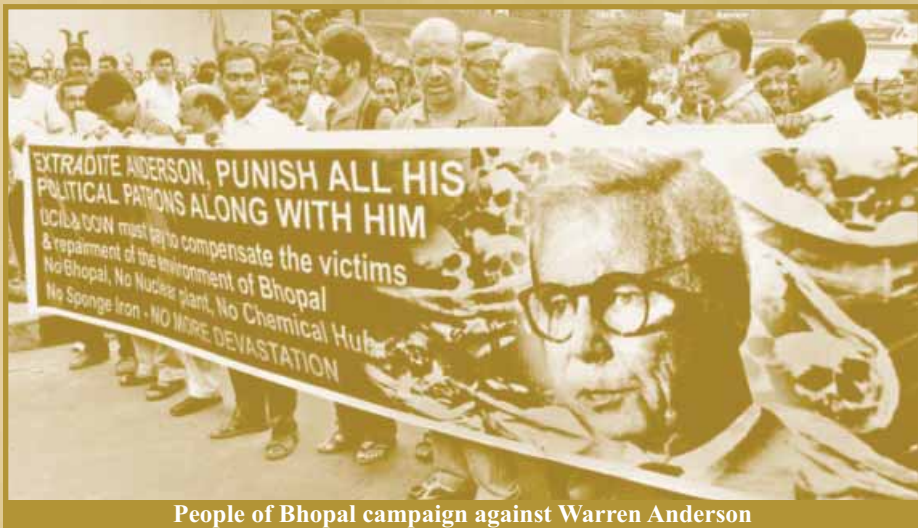




Dog's sense of smell is 1,000 times stronger than that of humans.

# A corporate crime

*It was post midnight of December 3, 1984 when the city of lakes, Bhopal was struck by two tragedies: one that happened immediately, and the other that transpires through the years that followed the disaster*



People of Bhopal campaign against Warren Anderson

Krish Vijayan, AIS PV, XI

“I wasn't born then, but my parents were in their younger days. It was the year of 1984, when my college going father and mom experienced the disastrous night that shooked the nation. From what they describe it to me, it was really bad. Around 2 or 3 am at night, they were awake by a commotion around. The news of leakage of some deadly gas was everywhere. They immediately left their houses, leaving all their belongings back, running for life. There was no time to find a transport, so they just ran on foot. However, their families escaped death as they evacuated on time. Many of those who couldn't escape died in their sleep. Even after many days bodies continued to be recovered. It was a horrible time to say the least,” recounts a family member of the survivors of the Bhopal Gas Tragedy.

## The tragedy

December 2, 1984, the night when Bhopal died a million deaths. The night when the city turned into a vast gas chamber, when the chemical, methyl isocyanate (MIC) leaked into air from the Union Carbide India Ltd's (UCIL's) pesticide factory. People ran on the streets, vomiting and eventually suffocating to death. Days, week and months later the city ran out of cremation grounds. So far, it is India's first and the only major industrial disaster.

## Figures that shook

3787 deaths; 40 tonnes methyl isocyanate; 2 government hospitals. The deadly gas choked every possible person residing in Bhopal. Those who managed to survive were

no better. They were equally diseased with dizziness, breathlessness, skin irritation and even sudden blindness. The symptoms of the deadly gas 'methyl isocyanate' were unknown to the doctors.

Apart from leaving the gentry diseased, the leakage polluted drinking water & soil too. About 400 infants died within a few hours of their birth. Following the disaster, Bhopal turned into a state of death-laden chaos. Corpses coated the streets as the cloud of poison continued to ooze death and agony.

## The backlash

Till then, the government had handled floods, cyclones and even earthquakes, but this was unusual, hence there was no backup plan or clue as to how to respond to this deadly gas. The doctors were perplexed how to treat 50,000 people within the first two days of the tragedy. The plant site was filled with toxic remains further hampering the deadly situation. For months cleaning the factory site and other affected resources such as water, soils and air was the biggest challenge for the administration.

## The theory

The first hand possible cause seemed to be that water entered the tank where about 40 cubic meters of MIC (used in production of the insecticide carbaryl) was stored. When the water came in contact with the MIC, an exothermic chemical reaction started, which produced extreme heat. As a result, it caused the safety valve of the tank to burst because of immense pressure. Investigation suggested that around 20-30 tonnes ie, 40,000 kgs of MIC was released within an hour of leakage and wrapped everything around from articles in the atmosphere to

people. Bhopal witnessed it all.

## The UCIL theory

“The gas leak could only have been caused by deliberate sabotage. Someone purposely put water in the gas storage tank, and this caused a massive chemical reaction. Process safety systems had been put in place that would have kept the water from entering into the tank by accident,” stated the statement released by the Union Carbide Company. They conducted over 70 interviews and around 500 laboratory experiments. After extensive research, the company once again stated that, “An employee seeking revenge triggered the disaster, by deliberately adding water to the tank of MIC.”

## The revelations

People demanded justice and answers for what evoked this catastrophe? The Indian Government stated that slack management caused this havoc, while the Union Carbide blamed 'sabotage'. The company also notified that it held only 51% of the company rest was taken over by local executives. The company also declined the allegations of mixing dangerous chemicals in India to save money.

## Legal proceedings

The legal proceedings started soon after the disaster. The Government of India passed the Bhopal Gas Leak Act in March 1985, which permitted the Govt. of India to act as the only authorized representative of the victims. In 1987 criminal proceedings were field and reinstated in 1991. Warren Anderson, the ex-CEO of the Union Carbide faced criminal charges in India of 'Culpable homicide'. Repeatedly, the summons issued went unanswered, which instigated the Indian Government to declare Warren as 'absconders' of the country.

## 33 years and on...

Researchers estimated that within 8 hours of gas leakage, 5,00,000 -600,000 people were approximately impacted by the chemical gas, most of who suffered long-term illnesses. Thousands of families, for years, have been using the water contaminated with chemicals. The remains on the site such as wastes from machinery, sub standard products by solvents are still lying inside and outside the plant. Even after suffering for over three decades, the city is still finding it hard to come out of the deadly grip.

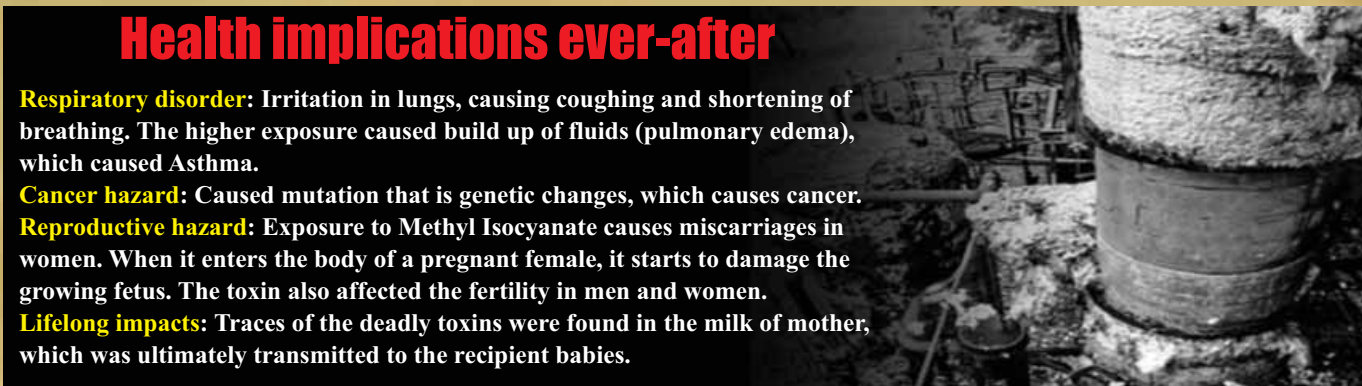
## Health implications ever-after

**Respiratory disorder:** Irritation in lungs, causing coughing and shortening of breathing. The higher exposure caused build up of fluids (pulmonary edema), which caused Asthma.

**Cancer hazard:** Caused mutation that is genetic changes, which causes cancer.

**Reproductive hazard:** Exposure to Methyl Isocyanate causes miscarriages in women. When it enters the body of a pregnant female, it starts to damage the growing fetus. The toxin also affected the fertility in men and women.

**Lifelong impacts:** Traces of the deadly toxins were found in the milk of mother, which was ultimately transmitted to the recipient babies.





# That night in Lightsville

## Storywala

Aryan Sharma, AIS Noida, XI

It was the night before our anniversary, Susan and I were packing for our trip to this small town in Arizona called 'Lightsville' near the Grand Canyon. It was the month of November and was freezing cold outside. I packed five jumpers and humongous amounts of jackets for our three days trip. Susan on the other hand, packed only a sweater and a wind sheeter. "You're gonna turn into a popsicle stick outside, pack some more sweaters, eh?" I said. "Carl, everyone does not have the cold tolerance of a five year old!" she remarked. I smiled and continued to pack my luggage. After a long argument to hire a cab or to drive, we decided to rent an RV. As the RV arrived we further went on arguing about how to load the luggage in it. After 2 hours and 5 heated conversations...we were finally ready to depart.

\*\*\*

See...time slows down when your wife is giving you the 'silent treatment'. After seven long hours of drive, we reached Lightsville the next afternoon around 1:30 pm. There was something eerie about the place. "Why is this place deserted in the middle of the day?" asked Susan. "I don't know, it's usually filled with lots and lots of people..." I replied. The streets were empty and for some reason hoards of vultures were sitting on top of the buildings.

I drove straight past the main town towards Colorado river where my family had an old cottage. We reached our cottage, pulled out the luggage and gave a call to Mrs. Hector, our housekeeper. She said she had made the rooms and stocked up the kitchen for us. I thanked her and disconnected the phone. As I stepped inside, I felt a chill pass through my spine. It almost felt as if someone or something cold poked my back. I turned to ask Susan if she had felt anything of that sort, but she had already ran off upstairs to admire the beautiful curtains and the silk bedsheets. I followed her and told her to freshen up while I would cook us something down in the kitchen.

\*\*\*

The kitchen was a small room with a mini fridge and a sink stocked with washed utensils. I opened up the fridge and pulled out a can of soda, opened it, and decided on what to cook. I settled on eggs benedict and pulled up a pan from the sink, when



I heard Susan scream.

I ran upstairs with the pan in my hand, to find Susan's suitcase all torn apart and blood on the floor. I rushed downstairs towards the front porch and banged into the door which somehow was locked. I started feeling all groggy and touched my head...It was bleeding, "Oh no!" I exclaimed and passed out.

\*\*\*

Hours later, I woke up in the Sheriff's office and saw an old man with a coffee mug in his hand. I asked "Su...Susan...where?" "She's gone son," he remarked. "What?" I exclaimed and rubbed my eyes. When I opened it again, the man was nowhere to be seen. The Sheriff's deputy came and started throwing questions about what had happened. I told her everything...but she just stared at me. After a few seconds she said, "Sir, that cottage was demolished five years ago and Mrs. Hector died last month. So unless you tell me the truth, we can't help you find your wife." I sat there in utter disbelief. Thereafter the old man reappeared again. This time he had a blood stained spoon in his hand. He winked at me and disappeared again. My eyes caught something unusual, "Go" scribbled on the dusty floor. I stood up and managed to walk away from that office as fast as possible. I

went back to the cottage only to find nothing but rubble and debris. I screamed "No! Susan!" Unable to think anything I started running towards the glades near the river screaming "Susan" but to no avail. Soon it turned dark and all I had with me was a phone but no connectivity. I stopped by a tree, as my body started to give up. Suddenly I felt a hand out of nowhere, which pulled me into the bushes. "Shhh!" murmured a voice, "You might attract their attention, keep quiet," he said. "Who are you? Where's my wife?" I cried. The boy replied, "I am Henry, Mrs. Hector's son...and you must be Carl. She told me about you."

"I want to know where is my wife," I cried. "She's close...but she's not safe. The Devil worshippers have your wife", he told.

"Who?" I asked. "The devil worshippers. They came into the town few months ago saying that they were tourists but they had guns and some kind of magic potion. They killed them...killed all of them!" he said. "Killed who?" I asked. "The locals of the town. Not a soul survived," he cried. "But what about the police? They just sat there?" I asked. "No they killed them too. The police you met...were not the real sheriffs but were the devil worshippers," he replied.

"Okay Henry, listen. It's strange about whatever

"The kitchen was a small room with a mini fridge and a sink stocked with washed utensils. I opened up the fridge and pulled out a can of soda, opened it, and decided on what to cook."

happened to this town. But I have to save my wife. She's all I've got...will you help me?" I cried in front of Henry. "I will help you out. Tell me what to do?" he asked. "Do they have a base or some place they stay?" I investigated. To which Henry nodded his head. "Where?" I asked. "An old barn near the river bank." He told me. I sketched out a plan in mind to save Susan from that wretched place.

\*\*\*

The plan was that Henry would first surrender himself by walking straight through the barn door, while I would set the hay surrounding the barn on fire using my phone's battery. The raging fire would evoke panic in them. When all the worshippers try to escape, Henry would grab Susan and run straight out of the barn. It was the perfect plan. We started walking towards the barn. I gathered all my energy to execute the plan. But as soon as I got close to the barn...it vanished as if nothing was there...and so did Henry!

\*\*\*

This was unbelievable. I was almost on the verge of losing my sanity. Considering what was happening to me, since the moment I entered this town, my world seemed to have turned upside down. Why did we even take this trip? I kept looking everywhere for Susan, hoping that someone might pop up and help me find Susan or break my dream. But infinite hours passed by, and no one ever came...Yes, I lost Susan for the real!

I kept searching for her over the next few years until one day a Sheriff came to my apartment in New York and told me about my wife's demise. This time everything was real for sure (I thought). I was left with a hollowness inside me, but then I felt as if Susan is around, all memories came running down to me and suddenly there she was. My wife- Susan. Sitting on the sofa right next to me. With her eyes closed and pale skin. She opened her eyes and got up, went towards the window and jumped. I ran after her and jumped too. She disappeared. I didn't.

(This was the Story of Carl Smith, which he wrote on his cell wall in Lightsville mental asylum.)

## Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!



Q: Name any two countries mentioned on Page 2.  
Ans:

Q: Which department conducted 'Free health check-up' on Pg 3?  
Ans:

Q: What is the name of the article authored by Vidhi Batra, AIS Noida, X B on Pg 6?  
Ans:

Q: Name the author of 'Feastyeast' on Pg 4.  
Ans:

Q: What is the date of Bhopal Gas Tragedy on Pg 7?  
Ans:

Q: Suhani Mittal the author of 'Match it' on Pg 9, is from which Amity school?  
Ans:

Q: Name the small town in Arizona from the story on Pg 8.  
Ans:

Q: On which page the article '[V] Channel it right the way!' is published?  
Ans:

Q: Name the punjabi singer interviewed on Page 12.  
Ans:

Name:.....Class:.....School:.....

Winners Play & Win-42: Saisha Mehra, AIS Noida, II J; Bhavya Varshney, AIS Gur 43, VI B; Samaksh Agrawal, AIS Vas 1,IV A

## WORDS VERSE

### The moon

Piyush Senapati, AIS Noida, IX L

The moon steals fast with its army of stars  
Lending light to weary travellers from afar  
Quicksilver through the charcoal sky  
The gracious moon seems to fly

The moon lends us its silvery light

Vanquishing the darkness of the night  
A silver orb hung in the sky  
At the sight of which the wolves cry

A pale face up in the heavens  
Showering light on fields and glens  
It smiles brightly from behind the clouds  
That covers it up like burial shrouds

But alas, the morning is nigh  
I wish the chariots of dawn halt tonight

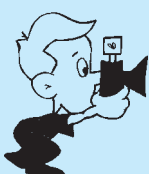
And I shall graze at the moonlit sky  
Till the sun bathes the land in its rosy light



## CAMERA CAPERS

Ishi Jamdagni, AIS Gur 46, XI J

Send in your entries to cameracapert@theglobaltimes.in



The game of act



I see you!





A dog's nose print is one of its kind. It is very similar to that of a human fingerprint.

# The lone butterfly

## Wisdom Tale

Vihaan Nipani  
AIS Saket, III A

Once upon a time there lived Marvel, a smart butterfly. Although the Marvel was intelligent, yet there was something about her that made her different from all the butterflies. She had no colours, like others did, but her wings were in the colour of carbon. Due to her appearance she had no friends, as no one wanted to play with her. A lot many times they behaved rudely with her. Often she was left alone, to which her mother would ask, "Why don't you go and play with your friends?" Marvel would always reply, "They will not play with me Mom." Her mother then asked her as to why they did not play with her. To which she kept silent. But one day, she let loose her emotions that had taken a shape of a giant dragon inside her. With heavy heart and tears, she explained, "They will not play with me because I have no colours, Mama!" "So what? You can sing, fly, play, dance and buzz just like any other butterfly. Go and tell them



that there is absolutely nothing wrong with your colour," reasoned her mother. "Mama! I know they will still tease me. So I have decided never to play with them," Marvel expressed. One day a strong wind stormed the jungle. The wind was so strong that it swept away everything along with it. Marvel saw the storm coming towards the jungle where all the butterflies

lived. The storm was getting closer. Marvel spotted few butterflies stuck behind a tree, she rushed to them and warned them against the gigantic storm. The butterflies panicked. Realizing this, Marvel decided to help them. Marvel was blessed with a great sense of direction. She could buzz and fly around faster than her friends. With her marvellous dancing skills she could

"She had no friends, as no one wanted to play with her, because her colour scared them. A lot many times they behaved rudely with her."

also piggyback two butterflies at one time on her back. These skills came to their rescue that day. Using her peculiar skills Marvel flew all her friends to safety. She risked her own life, and helped them to reach their homes safe. The powerful storm finally subsided after destroying many trees in the jungle. In this course many animals also got hurt. There was chaos everywhere. However, all the butterflies escaped unscathed. Seeing this, the butterflies who once ignored Marvel realised their mistake and apologized for their past behaviour. They saluted the selflessness and courage shown by Marvel. Every butterfly in the jungle, old and young, applauded her. Thereafter, all the butterflies and animals, big and small became Marvel's friend.

**So what did you learn today?**  
**Moral: It is the heart of the person that matters and not the looks.**



## Paneer Croissants

Kamakshi Khandelwal  
AIS Gur 43, IV C

### Ingredients

Maida .....1 cup  
Paneer ..... 2 cups  
Melted butter ..... 2tsp  
Instant yeast .....1.5 tsp  
Butter .....1/2 tsp  
Warm milk.....1/2 cup  
Water .....1/2 cup  
Salt ..... to taste  
Pepper .....to taste  
Oil.....(Optional)

### Method

■ In a large mixing bowl, take the flour, salt, instant yeast, olive oil and sugar. Add little warm water. Mix everything together and knead the dough well.

■ Now add the melted butter and continue kneading till you get a soft dough. Cover it and leave the dough for an hour until it rises.  
■ Toss the mashed paneer in a pan along with salt, pepper and butter. Let the filling cool at room temperature.  
■ Make small balls out of dough and roll into chapattis. Using a sharp knife slice four times through the middle of each chapatti to get triangle pieces. (ref image)  
■ Stuff each triangle with the paneer stuffing, and start rolling from outer to inner-side, covering the stuffing fully. (Refer image). Bake it or fry it in refined oil/butter or grill it.

## Riddle Fiddle

Siya Sharma, AIS PV, II

- Which one is correct, 'Penguins flies' or 'A penguin flies'?
- How do you write 23 using only the number 2?
- Many have heard me, but no one has seen me, and I will not speak until spoken to. Who am I?
- Two men are playing chess. They play 5 games. Each wins 3 games. How is it possible?
- Forward I am heavy. Backward I am not. What am I?
- Three were there men in a boat. The boat capsized but only two of them got their hair wet. Can you tell why?

**Answer:** (1) Neither, penguins don't fly (2) 22+2/2=23 (3) Echo (4) They played few sets out of 5 with different opponents. (5) TON (6) The third man was bald

## POEM

### Talking box

R Arun Hariharan, AIS Gur 43, VI B

Most important thing we have learnt  
As far as children are concerned  
Is never, never, never let  
Them near your T.V. set!

You better don't buy that HD set  
Because once at home, they stare and sit  
Stare and sit & stare and sit  
Until they are hypnotized by it!

Yes! It just makes them still  
They don't climb out of the window sill

They don't fight kick or punch  
And leave you free to cook the lunch

You wash the dishes in the sink  
But have you ever stopped to think?  
As TV at home calls the shots  
What is becoming of your beloved tots?

This idiot box clutters their minds  
Children go dull and you whine  
The box knocks senses out of their heads  
And leaves all imaginations dead

This box brings destruction far and wide  
Vicious and evil it keeps them tied  
Their thinking powers rust and freeze  
They no more enjoy the lovely breeze!



## Painting Corner

Gauri Sahai  
AIS Noida, VII C



## Match it

Suhani Mittal  
AIS Vas 1, III

### Cartoons

### Crazy friends

1. Mickey mouse	A. Patrick
2. Tom	B. Chutki
3. Spongebob	C. Nobita
4. Chota Bheem	D. Pluto
5. Doraemon	F. Jerry

**Answers:** (1.D) (2.F) (3.A) (4.B) (5.C)

## It's Me

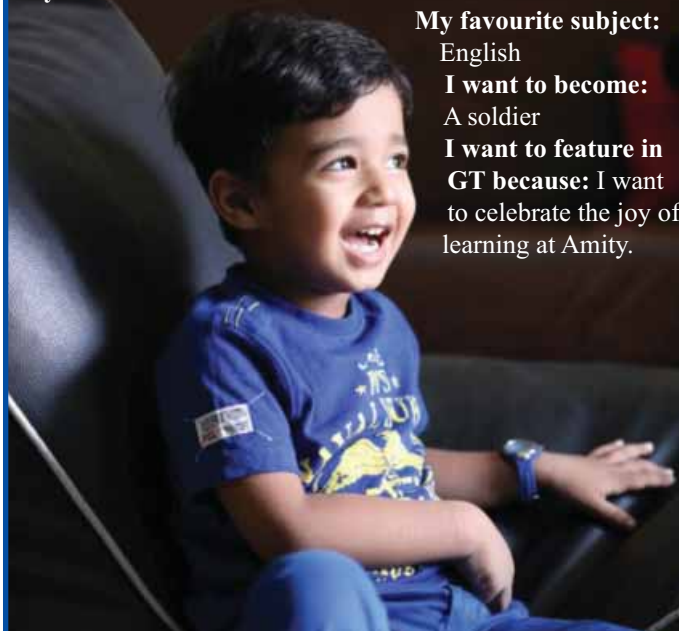
**My name:** Shiv  
**My school:** AIS Vas 6  
**My Class:** Nursery C  
**My birthday:** June 14  
**I like:** Talking  
**I dislike:** Junk food  
**My hobby:** Collecting cars  
**My role model:** My father  
**My best friend:** Devanshi  
**My favourite book:** Tales

of Wisdom  
**My favourite game:** Cricket  
**My favourite mall:** DLF Mall of India, Noida  
**My favourite food:** Parantha  
**My Favourite teacher:** Jaya Ma'am and Surbhi Ma'am  
**My favourite poem:** 'Yankee doodle'

**My favourite subject:** English

**I want to become:** A soldier

**I want to feature in GT because:** I want to celebrate the joy of learning at Amity.





# Innovative practices in teaching

Innovative and creative educational studios at Amiown redefine educational practices by engaging children in real life experiences of various subjects throughout the year.

**Monika Mehrotra, ACERT trainer** shares the story of the Amiown atelier in its words

## Step into my learning studio

I feel very lucky that Sapna Ma'am, Vice Chairperson of ACERT spotted me and brought me to Amiown schools and all ACERT (Amity Center for Educational Research and Training) centres spread across Delhi/NCR. It has been her continuous endeavour to provide world class learning experiences to children. The best practices on early childhood education are adopted here to make learning a wholesome and enriching journey for children. Creating ateliers as a part of ACERT trainees project is one among many

such practices.

I am studied as a subject at ACERT centres as a part of Reggio Emilia approach which focuses on the hands-on learning experience, requiring minimal instructions, and give a space for lots of trial and error.

I am an environment, where the learning comes as an experience, not separate from, but deeply rooted in the surroundings. I am an environment which is open and available for the children to explore, discover, and interact with, naturally.

I am an Atelier. I am living. I am open. I am fluid. I am art and science. I am lyrical, logical and exploratory, all at the same time. I am a physical space for children to think creatively and discover new languages to express.

I was invented by Loris Malaguzzi in Reggio Emilia schools in Italy during 1980s. Since then, I have been growing by leaps and bounds. I have become an integral part of many progressive education systems around the world.

The Reggio Emilia approach sees the children as capable, independent, inquisitive and fundamentally driven to learn. It believes that the environment is the third teacher which encourages children to learn through collaboration, communication and creation.

My favourite part of the year is when I am installed at Amiown schools annually. The trainees at ACERT choose a theme, decorate the space aesthetically, and provide rich and innovative materials for Amiown students to explore. The focus on the environment represents the value placed on aesthetics, organisation, thoughtfulness, provocation, communication and interaction.

I get to stay for two-three weeks in each school annually. I thoroughly enjoy the whole process of being conceptualised, documented, discussed through work plans, designed around the themes, installed with attractive displays and lot more. The materials are changed very frequently based

on how our young learners respond to the given provocations. So the space becomes welcoming and bubbling with fresh energy every day.

I enjoy the attention I receive from kids even before I am thrown open for exploration. Once installed, children swarm me with their inquisitive eyes and hands. Their attempts to rediscover diverse materials put their teachers also in wonder and awe!

Children get access to the materials without any expectations, allowing them to freely explore and gain experience.

They are given opportunity to move/explore objects within the atelier as they desire, creating their own variations and experimenting with the materials provided. It facilitates the constructivist and artistic learning.

The teachers and trainees both record all these stories and experiences very attentively. They use cameras to take pictures and record the ever astounding chains of thoughts being unleashed.

I also feel the rushing pulse of adults to capture the unbelievable, to move from known to unknown, taking this new journey everyday with their young travellers and explorers.

The most fascinating part of this journey is that the meticulously recorded beautiful stories and lovely experiences are shared as a part of student portfolios at the events like Graduation Day and other occasions.

### The trainees make sure that the studio...

- provides rich sensory experience with highly evocative context that triggers knowledge and experiences in children
- builds exploration
- allows rich combinations and creative possibilities to innovate
- enables children to explore and interact freely with different materials, textures, shapes and sizes
- encourages them to seek knowledge through their own investigations.



## Amies explore different aspects and dimensions of ateliers installed in their respective schools

### Amiown, Pushp Vihar



### Taste of food

Little Amies got the real taste of food in this specially designed atelier wherein they got to unravel the journey of food from farm to home. They discovered different features of food items they get to eat from simple to complex forms. They explored new

aromas, textures, and flavours. They also learnt about medicinal plants and herbs, Attempting to find out why zucchini and cucumber look alike yet taste different was fun! They developed their culinary skills by creating new recipes using interesting ingredients.



### Amiown, Gurugram



### Exploring five senses

The students were delighted to put all their sensory abilities in overdrive with me. They explored the environment overflowing with materials like: binoculars, cameras, telescopes and shadow boxes. How wonderful it is to

see them exercise their free will and choice, looking around and associating with the environment using their powerful senses. I am going to cherish their verbal and facial expressions as they explored new flavours, sounds and textures.



### Amiown, Noida



### Playing mind games

While students at Gurugram were on a roll with their sensory adventures, and Pushp Vihar students were unearthing the hidden facts and features of food, students at Amiown Noida were taking their critical thinking abilities to a new level. They were

busy developing new strategies to play board games, solving puzzles, removing obstacles and constructing new structures using loose parts. They engagingly used their mathematical abilities and skills like problem solving, analysing, segregating, pairing and reasoning.





Dogs can smell human feelings. They can pick up on subtle changes in your scent, which helps them figure out how you are feeling.

# Founder's Day fiesta

Wishes, dedications, achievements is what captured the essence of Founder's Day celebrations



AIS Pushp Vihar

## AIS Gurugram 43



### 'BHAAG' Amitian bhaag

Winners don't do different things; they do things differently. And quite often their unique approach is drawn from a winning philosophy. The secret behind the success of Amitians also lies in a motto that guides them at every stage in life ie BHAAG.

Propounded by Dr Ashok K. Chauhan, Founder President, BHAAG (Behaviour, Hard work, Attitude, Ambition and God) is an amalgam of the key virtues that one needs to succeed. Founder's Day at AIS Gur 43, organised on October 30 was a celebration of this mantra. The event saw students present a scintillating dance performance depicting the values of BHAAG. Meritorious students who had followed this winning principle to the tee were also felicitated.

The event came to a close with Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBFE, urging the students to tread on the path of BHAAG to reach the pinnacle of success in their lives.

## AIS Gurugram 46



### Joy to the world

The air on the birthday of Founder President was palpable with joy as children put up beautiful performances. A dance drama titled 'Jugalbandi' emphasised on the need for holistic education. Children presented the Chairperson with a collection of self-composed poems written for the Founder Sir. Students were also felicitated on the occasion.

## AIS Mayur Vihar



### Celebrations galore

The birthday of the Founder Sir was celebrated on October 27, 2017. The school premises echoed with the fusion of soulful music. Fine Arts students felicitated the guests & the Chairperson with beautiful paintings made by them. The programme also celebrated the achievements of the students by felicitating them with awards & scholarships.

## AIS Noida



### Felicitating achievers

The birthday ceremony of Founder Sir was lauded with the achievements of Amitians. Over 56 students received scholarships and badges for academic excellence. The event commenced with the traditional lamp lighting followed by a cultural spectacle of songs and dances. Chairperson motivated and applauded students for their sincere efforts.

## AIS Gwalior



### Sharing love

Dr Ashok K. Chauhan, Founder President, Amity Universe, has been a 'Pillar' of support and encouragement to all Amitians who wish to achieve greater heights in life. Two students, Riya Bhardwaj and Arq Gupta of Class V from school made a huge collage, as a token of love and gratitude for Founder Sir on the auspicious day of his birthday. The little children from Nursery and KG were not far behind in expressing their love for the Founder President as they sang melodious birthday songs on the occasion. Students of Class I to VIII presented a beautiful dance performance followed by a skit presentation called 'Talk with the celeb' by the students of Class IV to VIII. School Principal Seema Thakur swelled with pride on seeing such brilliant performances of the children. She also appreciated the efforts of the students and teachers who became part of these mesmerising celebrations and made the day more memorable one.

## AIS Saket



### An inspiring carnival

Dr Ashok K. Chauhan, Founder President, Amity Universe is an inspiration to countless Amitians. His birthday celebrated as Founder's Day was an extension of his legacy of inspiring others.

The event celebrated on October 25, 2017 commenced with an auspicious havan. Dr(Mrs) Amita Chauhan, Chairperson along with other esteemed dignitaries of Amity family graced the occasion with their presence. School Principal Divya Bhatia accorded a warm welcome to the august gathering and inspired each one present with her motivating words. The presentation of the birthday cards for Founder Sir by the students, staff, and karamcharies radiated the unalloyed sentiment of love and reverence for everyone. The day also saw scholarships and special prizes being awarded to the students for brilliance in academics and co-curricular realms. Chairperson in her address, congratulated the achievers and their proud parents. She further enthused the audience with the poem, 'Koshish karne walon ki kabhi haar nahi hoti'. From the pearls of wisdom by the Chairperson to felicitation of meritorious students, the event offered all that one needs to be inspired.

## AIS Vasundhara 1



### Magical moments

Founder's Day at school was a bouquet of magical moments. The festivities commenced with lamp lighting amidst a soulful rendition of shlokas. A beautiful cultural show was presented by students wherein they performed a sterling dance recital 'Namami Gange' which highlighted the value-based education imparted in Amity schools. The day culminated with the giving away of awards.

## AIS Pushp Vihar

### A day of dedications

Founder's Day at AIS PV was celebrated with awe-inspiring dedications made for the Founder President on his birthday. The celebrations were graced by the Chairperson along with Pooja Chauhan, Vice Chairperson, AHF; Divya Chauhan, Chairperson, ASFT, ASFA & ASPA and Jaishree Chauhan. A theatrical performance showcasing the poem 'Prayaas' by Chanakya was performed by children, followed by a heart-warming video of the Founder Sir as a tribute to his unflinching commitment towards education. The celebrations culminated with lots of laughter and joy on each face.

## AIS Vasundhara 6



### Celebrating brilliance

Founder's Day that marks the birthday of Dr Ashok K. Chauhan is a day when the school celebrates the academic brilliance of its students with great pride. The meritorious students from Class V-VIII and the CBSE achievers of Class X & XII were felicitated for their consistent performances. Dr (Mrs) Amita Chauhan, Chairperson complimented the hard work, perseverance and dedication of the achievers towards their goals and encouraged them to bring greater glory to their alma mater and parents. School Principal Sunila Athley along with the esteemed dignitaries of Amity family felicitated the students with their well-deserved badges, certificates, trophies and also scholarships. Chairperson in her address, motivated students and shared the dedicated and hardworking spirit of their Founder President. She also emphasised on the importance of being humble and simple. She reiterated her vision for Amitians to be sensitive, sensible, socially conscious and morally sound individuals who will work as the instruments of positive change and peace in the world. The programme drew to a close with the rendition of the school song and the National Anthem.

## AIS VYC Lucknow



### Sunshine & rainbows

Joy, happiness, love, laughter, inspiration, glee... Founder's Day celebrations at AIS VKC Lucknow had it all. And why not? After all, it was the birthday of their beloved Founder President Dr Ashok K. Chauhan.

The Founder's Day assembly at school commenced with holy prayers, followed by a presentation honouring the Founder President's dynamic achievements. Students also rendered a beautiful song on the occasion. School Head boy gave a powerful speech, expressing his views on how Amity is different from other schools.

## AIS VKC Lucknow



### A motivating soiree

October 24, 2017 was a day filled with motivation for students of AIS VKC Lucknow. Kick starting with prayers, the event saw the screening of an inspirational video showcasing the life of students in Amitasha- a school for less privileged girl child. The children were also shown a power point presentation depicting the hard struggles and life of the Founder President. It also gave students an insight into the brilliant achievements of Amity. The students also gave speeches on the day highlighting the achievements of the school & the philanthropic activities initiated by the Founder President.

The Norwegian Lundehund is the only dog that has six toes on each foot.

All top quotes composed by Aahana Sinha, AIS Noida, IV



# Hardwork suit karda

‘High rated Gabru’, **Guru Randhawa**, the 26 year old Punjabi singer from Gurdaspur district made the nation groove on Punjabi tracks. On October 30, 2017, he set the stage at Amity University, Uttar Pradesh on fire during the fresher’s party with his thrilling performances. GT Reporter, **Nishita Gusain**, ASFA, pens down a tete-e-tete with him.

## Nothing is impossible

I always dreamt to be singer and worked extremely hard to achieve my dreams. I believe that there is nothing in life that you cannot achieve with work hard. Hard work is an important ingredient for any successful formulae and I add this in the making of my every composition.

## Recreation is injustice

I don’t believe in recreating songs by other artistes. I believe that my audience are smart and will always find some or the other way to connect with songs they have heard before. Also, if we try to recreate them the way we want it to be, we would be doing a gross injustice to the original track.

## Connect is what we create

Punjabi artistes are quite a rage abroad as we have lot of



Guru Randhawa with Nishi

Indians settled there. Every time they listen to the lyrics of our songs, they feel a sense of belonging and an emotional connect to their homeland and the people.

## Setting trend is fun

Independent artistes like me, always like to be trendsetters rather than followers. Every artist has an inspiration or a role model,

but the challenge is to learn and create new genre for themselves.

## Uniqueness is the key

An artist should have his/her own music, lyrics and composition. Most of the times, artistes think that the composition needs to be complex but I personally feel it should be unique and simple for a better reach.

## Message for Amitians

Value your family. They are the ones who will help you to fulfill your dreams and stand by your side through your life-success and failure.

## Rapid fire

**Favourite artist:** Bruno Mars  
**Favourite car:** Mercedes  
**Favourite food:** Desi food  
**Favourite actor:** Akshay Kumar  
**Favourite actress:** Can’t name one  
**Gym or running:** Gym  
**Rap or Sufi:** It depends in what zone you are



Pic: Ravinder Gusain, GT Network

## Book Review

# The Brave

**Author:** Rachna Bisht Rawat

**Release date:** August 15, 2014

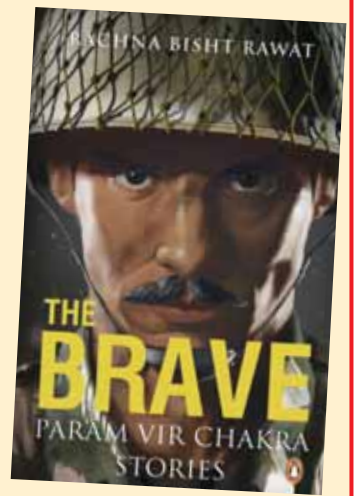
**Illustrator:** Rishi Kumar

**Rating:** ★★★★★

**I will tell you about:** How

many of us claim to know the story of even one of the heroic hero? Who was Captain Vikram Batra, Naik Jadunath Singh, Subedar Joginder Singh, Havaldar Abdul Hamid, Lance Naik Albert Ekka? None of us know their stories. And the book ‘The Brave’ is a narration of intense, adventurous, sad and inspiring stories of these twenty one fearless heroes of the Indian Armed Forces who were conferred with the coveted title of ‘Param Vir Chakra’. It is the highest gallantry award that was introduced on January 26, 1950. The award honours a person posthumously for the highest degree of valour in the presence of the enemy.

The narrator sums up the lives of the valiant heroes who displayed indomitable courage and selfless devotion towards their duty, while defending the borders of the nation, by risking their lives. Each soldier had fought at different places but with one common aim ‘Save Nation’. The compilation is a true masterpiece which depicts a detailed explanation of their



sacrifices from 1948 onwards, deep from the mists of time - talking anyone and everyone who may have known about the true stories.

The book not only tells you such stories but will also make the reader realise that these people are not just Param Vir Chakra winners but the entire Indian Armed Forces. In every war or attacks, every exchange of fire, selfless soldiers do something extraordinary, something superhuman; something which has no logical explanation.

**You should read me because:** Each story of the valiant hero is simply beyond human comprehension.

**The best line:** When the Gorkha regiment battle cries, “Jai Maha Kali, Ayo Gorkhali!”, it leaves the readers with a sense of pride.

**Reviewed by:** Tanush Guha  
AIS Gur 46, VIII

Imaging: Ravinder Gusain, GT Network



# Aap (corn) ho?

Ever wondered what your favourite popcorn flavour says about you?

Well, grab some (more) popcorn and read on, because things are about to get you popping.

**Akshaya Singh, AIS Noida, XII I** brings you multitude personality traits you already know or might be hidden inside your brain...

## Zesty tomato

The small and daring number of people who prefer this flavour of kernel are known to overthink, be

anxious and occasionally, have severe bouts of anti-social behaviour. Despite their questionable taste buds they’re also creative.

## Good-ol’-salted

‘Old is gold’ is true for them. These people like their James to be Dean’s and Presley’s and cringe at the Francos. They’re the classic example of the ‘born two decades too late’ children. Significance is essential to them and so is simplicity. They’re timeless and seek pleasure in everyday joys.

## Extra butter please

Amiable. That’s pretty much how anyone would describe them. Although always late to social gatherings, their motto in life is to either arrive in style or to not at all. Life of every party, and natu-

ral charmers, they’re also the ‘go-to shoulder to cry on’. Be it teachers, friends or the nosy neighbours, no one has got any dirt on them, and that’s saying something. Basically they’re the class president!

## Karma-mel

They want to travel, see things but at the same time also have a taste for finer things in life. To be a free spirit, with a reasonably decent paycheck is their dream. Determined, energetic and enthusiastic they know their aspirations and how to achieve them. Although their emotions do like to exaggerate themselves to sudden bouts of sadness.

## Barbecue

These guys are awesome and

daring. They take risks like there is no tomorrow. They’re the tomboys of their squad and cringe hard during rom-coms. Friends and peers call them un-emotional but they’re just better at controlling their feelings (unlike the Karma-melliars). They care a lot but don’t want others to fuss about their affection.

## Dark-o-choc

People who enjoy bitter food are excellent at expressing their opinions. Most of their sentences start with ‘Honestly? In my opinion...’ However, people mistake their antisocial and narcissistic behaviour as being rude. But they know how important it is to live in the real world and not the fantasy. Everyone still grudgingly loves them for their cut throat honesty.

## GT Travels to Australia



**Rudransh Gautam, AIS Noida, III G**, poses with his copy of The Global Times in the Tidbinbilla Nature Reserve located in Canberra, in the Capital City of Australia. The nature reserve consists of a large valley floor, the Tidbinbilla mountain and the Gibraltar range. The reserve supports a wide range of wildlife including, kangaroos, koalas, platypus, potoroos etc.

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