



Picture it- GT Photo Contest (3)

I want freedom from

As we revel in the 67th year of independence, our nation still seeks freedom in its truest sense. Amritians too ask for 'freedom from' albeit through their lens and find their way in this exclusive photo contest, now in its third year; judged by **Neeraj Paul**, Photo Editor, **The Times of India**. Feel the freedom!

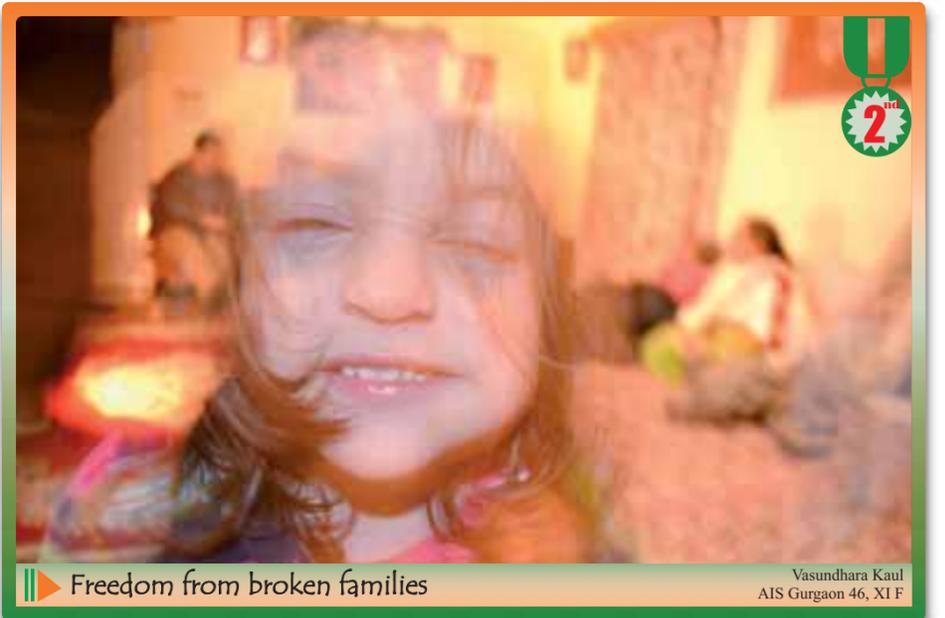
SPECIAL MENTION
Freedom from plastic
Aadya Vibhuti, AIS PV, X D

Model: Sanjana Jain, AIS Noida, XI I



Freedom from captivity

Mahima Ramani
AIS Noida, XI I



Freedom from broken families

Vasundhara Kaul
AIS Gurgaon 46, XI F



Freedom from boundations

Anushka Jain
AIS Gur 46, IX G



Freedom from chains

Siddhant Puri
AIS Saket



Freedom from passive smoking

Taksh Gupta
AIS Vasundhara 1, I A



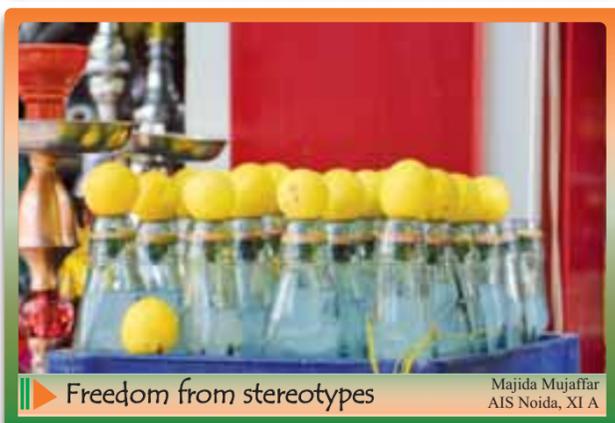
Freedom from child labour

Arsh Haider
AIS Vas 1, KG D



Freedom from displaced habitats

Naman Arora
AIS Vas 6, XI



Freedom from stereotypes

Majida Mujaffar
AIS Noida, XI A



Freedom from pain

Muskan Sapra
AIS Gur 46, VII D



Freedom from pressure of marks

Shivika
AIS Gur 46, XI



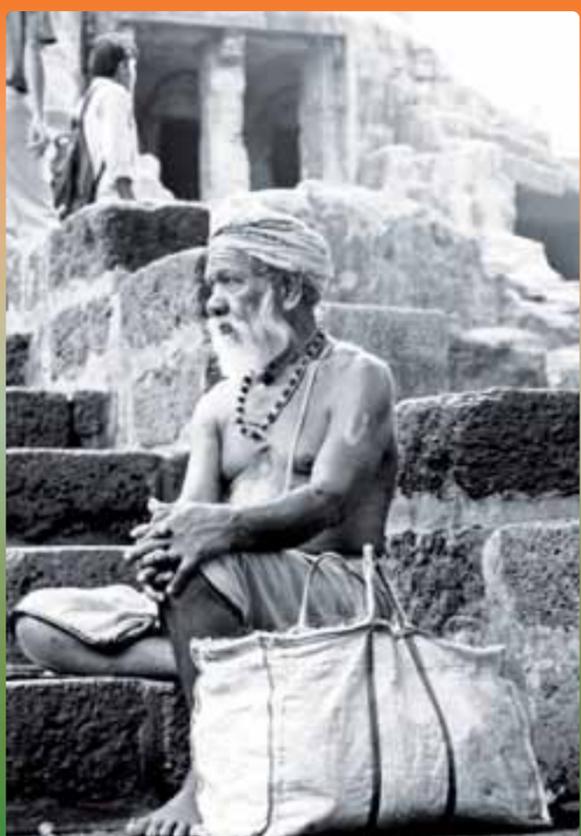
Freedom from too many choices
Shereen Arshad
AIS Vas 1, VIII B



Freedom from slavery
Trisha Chabra
AIS Gur 46, VIII F



Freedom from calculus
Abhishek Ajay
AIS Gur 43, XII B



Freedom from a mundane world
Sareena Roy
AIS Saket



Freedom from being barred
Jaideep Singh
AIS Gur 46, XI C



Freedom from barren lands
Asad Ejaz
AIS Vas 6, IX



Freedom from loneliness
Adhiraj Segel
AIS Noida



Freedom from illiteracy
Shivam Dewan
AIS Gur 46, X C



Freedom from plastic
Tanvi Gupta
AIS Noida, X H



Freedom from rote learning
Ishaan Mehta
AIS Vas 6, VII D



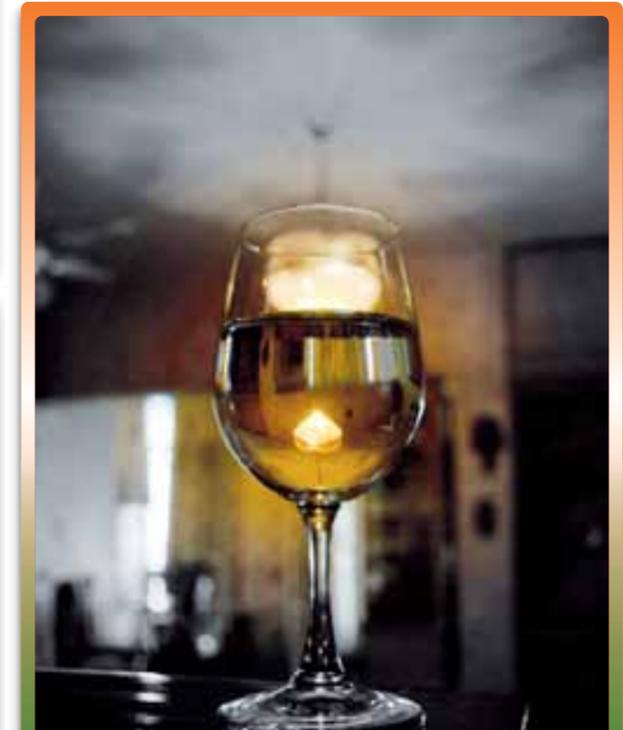
Freedom from torture
Sonali Singh
AIS Gur 46, X D



Freedom from food adulteration
Harshaldev
AIS Vas 1, VIII B



Freedom from addiction
Raghav Ayushman
AIS Noida, IX D



Freedom from guilt
Vikram Singh
AIS Noida, X B



Freedom from being abandoned
Siddhant Nangia
AIS PV, XI B



Freedom from hunger
Amlaan Kumar
AIS Noida, X H

Status of the week
So many films.. so many songs about India and each of them fills us with pride. The feeling when India wins a match is amazing!
Kashish Minocha, AIS Saket, XII

INSIDE



Dessert passion, P5

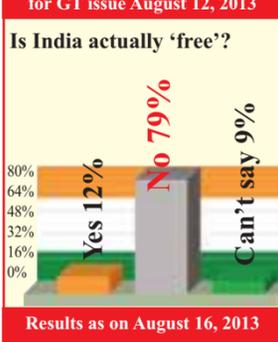


India's pride, P6

AMIT e-poll

The sales of a product are influenced by
(a) Brand
(b) Content
(c) Promotion
To vote, log on to www.theglobaltimes.in

POLL RESULT



Coming Next

Get ready for some literary deception!

Tiranga uncha rahe hamaara

As India marches into her 67th year of independence, let's salute the tricolour. Here's tracing the journey of our national flag from its inception to present form

Dhriti Seth
AIS Gurgaon 46, V B

Evolution of the tricolour

Every free nation of the world has its own flag. The national flag of a country is a symbol of its pride and progress. India's national flag went through various changes since its inception; the changes, in a way, reflect the political developments that the country underwent. The Indian national flag had to pass through several avatars before it acquired its present form as the tricolour, which was designed by Pingali Venkayyand and adopted during the meeting of the Constituent Assembly held on July 22, 1947, a few days before India's tryst with freedom on August 15, 1947. Here are some historical milestones in the evolution of our national flag, one that everyone loves to wear on their hearts...



Model: Naman Arora,
AIS Vasundhara 6, XI B

Unofficial flag



The national flag was unofficially hoisted on August 7, 1906 at the Parsee Bagan Square in Calcutta. This flag comprised three horizontal strips in green, yellow and red. The middle strip had *Vande Mataram* written in Devnagari script.

The Saptarishi



Called the Saptarishi Flag, it was hoisted in Stuttgart at the International Socialist Congress

held on August 22, 1907 by Madame Cama and her band of exiled revolutionaries. This flag was very similar to the first one except that the top strip had seven stars denoting the *saptarishi*.

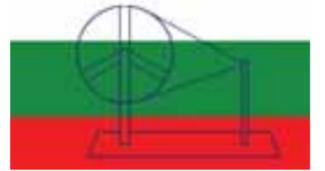
Home Rule flag



Hoisted by Dr Annie Besant and Lokmanya Tilak in 1917 at the Congress session in Calcutta during the Home Rule Movement, the flag had a Union Jack, the national flag of the British on the top left corner and a white crescent and a star in one corner.

Communities' flag

In 1921, a young man from Andhra presented this flag to Gandhiji for approval at the All India Congress Committee which



met at Bezwada (now Vijayawada). It comprised of red and green colours representing the two major communities, ie, Hindus and Muslims. Gandhiji suggested the addition of a white strip to represent the remaining communities, and the spinning wheel to symbolise the progress of the nation.

Congress flag



The year 1931 is considered landmark in the history of the flag. A resolution was passed by Indian National Congress to adopt the tricolour flag as the national flag. This flag, the forbearer of the present one, was saffron, white and green with Mahatma Gandhi's spinning wheel at the centre.

The national flag



Born on July 22, 1947, the tricolour in its present form was hoisted at the Council House on August 15, 1947. The tricolour flag of the Congress party became the national flag of independent India. The *dharmachakra* of emperor Asoka was adopted in place of the spinning wheel as the emblem on the flag.

I want healthcare to reach every part of India...

...says Dr Naresh Trehan, Chairman and MD of Medanta-The Medicity. Join GT reporters as they engage in a tete-a-tete with the doctor who created a name for India in the international medical fraternity.

What challenges did you face during the process of setting up Medanta?

The whole idea behind setting up Medanta was to establish a hospital that meets international standards and is yet affordable. Finance is usually considered a big challenge, but I did not face any difficulty in that area. The biggest hardship was to get the best doctors and nurses on board and have the finest infrastructure and technology in place.

You had a very successful career in USA. What inspired you to return to India?

I went to the US to learn about new technologies and practice it here. I came back here not with the aim of making money, but I wanted healthcare to reach even the remotest corners of India. I hope the next generation carries that trend forward.

Do you believe the health care scenario of India can be improved?

90% of Indians are still bereft of access to proper healthcare. There isn't enough money, unless we change the whole blueprint of medical India. At



Dr Trehan converses with GT reporters as Dr (Mrs) Amita Chauhan smiles on

Medanta, we believe in doing intensive research to create a successful blend of modern and traditional medicine, which is also economic and affordable, and thereby improve the healthcare system in India.

With hobbies like aero-modelling and cricket, how come you ended up choosing medicine as a career?

Both my parents were doctors; initially, we had a very small flat which doubled up as a clinic. I used to see patients come with an earache and leave with a smile; that had a great impact on me. Sports were only a hobby. My father advised me not to become a doctor, because doctors end up having no time for their family. In those days, whatever your parents told you, you had to do the opposite!

What is more challenging - performing surgery on a VIP or a common man?

Well, a surgery on a VIP is like any other surgery.

However, I think operating on my loved one is a more difficult proposition. I have done that previously, so I can speak with conviction that it's harder than most things.

What advice would you give to Amity students?

You need to free yourself from the traditional way of thinking that new knowledge is always derived from the West. Maintain the innocence in your thoughts and pride in your knowledge. Be persistent and curious. Once you set your sight on something, don't get distracted or swayed easily. Remember, accomplishment is a destination, not destiny.

The interview was conducted by Snigdha Shahi, Venika Menon, Sonia, Oditi Anand & Ambika Mathur, AIS Noida, XII

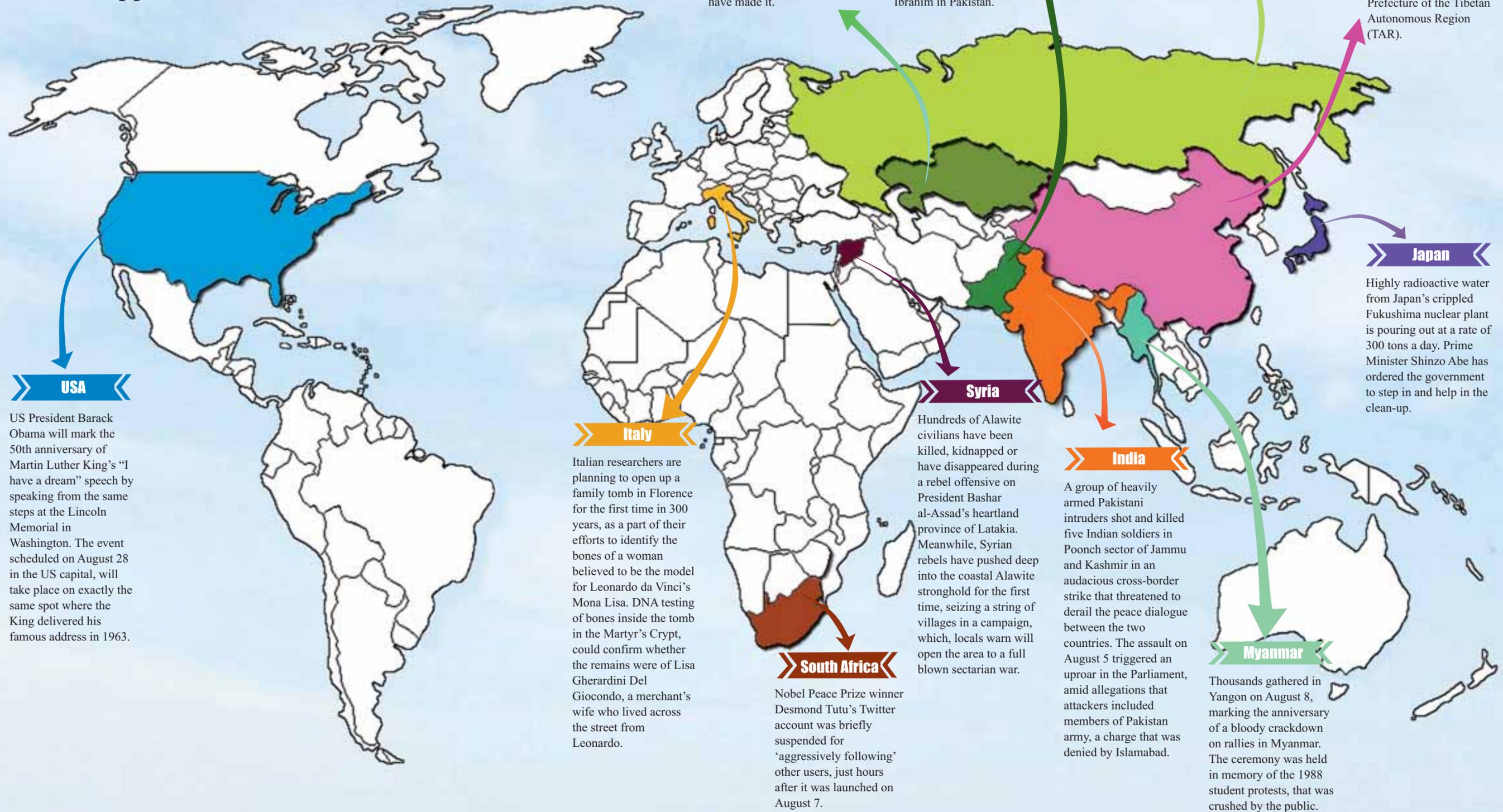


Hall of fame

- Personal surgeon to the president of India since 1991
- Recipient of Padma Shri and Padma Bhushan awards
- Founder, ex-executive director & chief cardiovascular surgeon of Escorts Heart Instt. and Research Center
- Chairman, Global Health Pvt. Ltd.

World at a glimpse

Go globetrotting with The Global Times as it takes you on a newsy ride across the seven seas and brings you news as and when it happens



USA

US President Barack Obama will mark the 50th anniversary of Martin Luther King's "I have a dream" speech by speaking from the same steps at the Lincoln Memorial in Washington. The event scheduled on August 28 in the US capital, will take place on exactly the same spot where the King delivered his famous address in 1963.

Italy

Italian researchers are planning to open up a family tomb in Florence for the first time in 300 years, as a part of their efforts to identify the bones of a woman believed to be the model for Leonardo da Vinci's Mona Lisa. DNA testing of bones inside the tomb in the Martyr's Crypt, could confirm whether the remains were of Lisa Gherardini Del Giocondo, a merchant's wife who lived across the street from Leonardo.

South Africa

Nobel Peace Prize winner Desmond Tutu's Twitter account was briefly suspended for 'aggressively following' other users, just hours after it was launched on August 7.

Kazakhstan

A giant pentagram (five-pointed star surrounded by a circle) has been spotted etched into a ground in a remote corner in Kazakhstan. The 1,200 ft symbol, clearly seen on Google Earth, has baffled scientists as to what could have made it.

Pakistan

In a flip-flop, Shahryar Khan, Islamabad's envoy for Track-II dialogue with India, has taken a U-turn on his remarks acknowledging the presence of one of India's most wanted terrorists Dawood Ibrahim in Pakistan.

Russia

The father of National Security Agency (NSA) leaker, Edward Snowden, has secured documents to visit his son in Russia and plans to discuss how he could fight the espionage charges against his son.

China

China is building the world's highest altitude wind farm at about 4,900 metres above sea level in Tibet. A local wind farm developer, Longyuan Power, has announced it would install 33 wind turbines in Naqu Prefecture of the Tibetan Autonomous Region (TAR).

Japan

Highly radioactive water from Japan's crippled Fukushima nuclear plant is pouring out at a rate of 300 tons a day. Prime Minister Shinzo Abe has ordered the government to step in and help in the clean-up.

Syria

Hundreds of Alawite civilians have been killed, kidnapped or have disappeared during a rebel offensive on President Bashar al-Assad's heartland province of Latakia. Meanwhile, Syrian rebels have pushed deep into the coastal Alawite stronghold for the first time, seizing a string of villages in a campaign, which, locals warn will open the area to a full blown sectarian war.

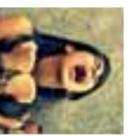
India

A group of heavily armed Pakistani intruders shot and killed five Indian soldiers in Poonch sector of Jammu and Kashmir in an audacious cross-border strike that threatened to derail the peace dialogue between the two countries. The assault on August 5 triggered an uproar in the Parliament, amid allegations that attackers included members of Pakistan army, a charge that was denied by Islamabad.

Myanmar

Thousands gathered in Yangon on August 8, marking the anniversary of a bloody crackdown on rallies in Myanmar. The ceremony was held in memory of the 1988 student protests, that was crushed by the public.

I want freedom from boredom because a child like me wants to explore new things, find answers to riddles and always be busy.
Manavendra Singh Panwar, AIS Saket, III A



Freedom From



I want freedom from mosquitoes because I can't play outside.
Aujasvit Datta, AIS Saket, IV B

Adventure at Devprayag

Find out how a holy trip to Devprayag turned out to be an adventurous experience with a learning

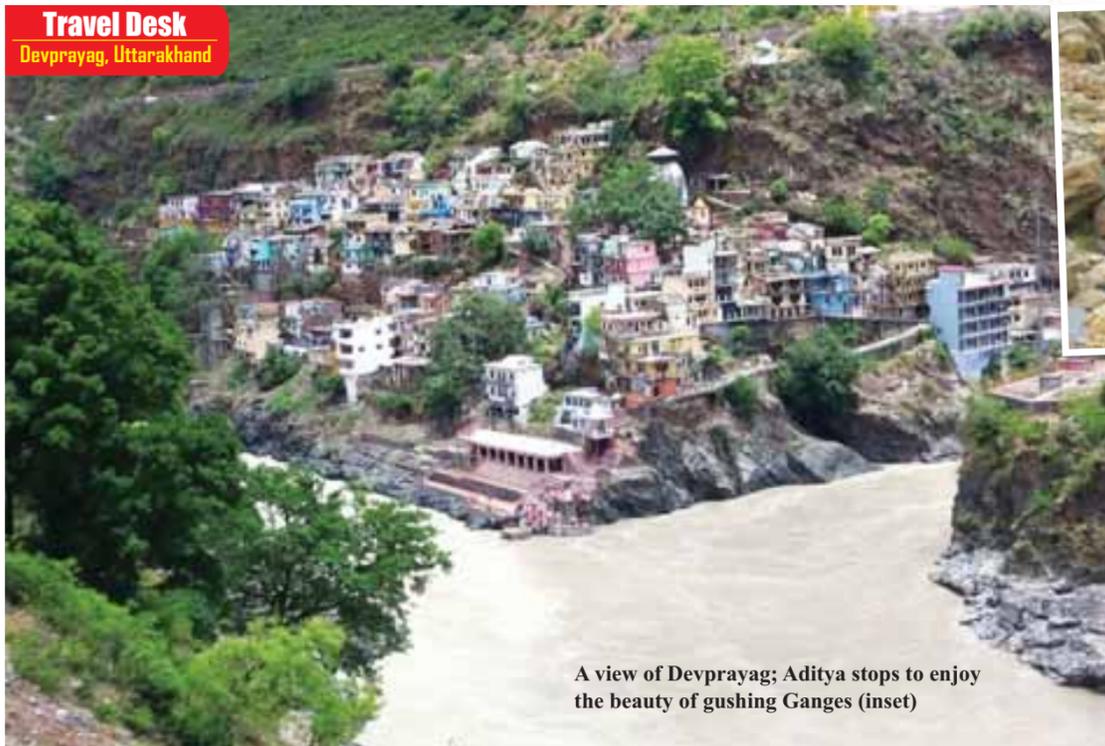
Aditya Sahdev, AIS Noida, IV A

During summer holidays, my family planned a holy trip to Devprayag, a town which is hardly 40 kms from Rishikesh.

It was a pleasant day when we began our journey. Amused by the beautiful scenery all around, we stopped often to click some amazing photographs of the mighty mountains and the gushing Ganga river. We reached Devprayag, where rivers Bhagirathi and Alaknanda meet to form the holy river Ganga. We enjoyed the breathtaking view of the communion of the two rivers. It had rained a lot the previous night and so the rivers looked swollen. Soon, it started to pour heavily again. At that very moment we decided to hit the road.

As we started to descend from the mountains, we could feel the increase in traffic from the upper hills which made our movement very slow. To add to our woes, it began to rain heavily which led to low visibility. After about half an hour, the traffic came to a halt as there had been a landslide. Many rocks had caved in and now blocked one half of the road, while the other half was blocked by cars on both sides.

As we got down, we spotted a huge pile of rocks! A lot of people had gathered



A view of Devprayag; Aditya stops to enjoy the beauty of gushing Ganges (inset)



around it, but there seemed no way out to pass the mound of rocks. My father then encouraged a few people to help pick up some rocks and they agreed. We all began to pick small boulders and

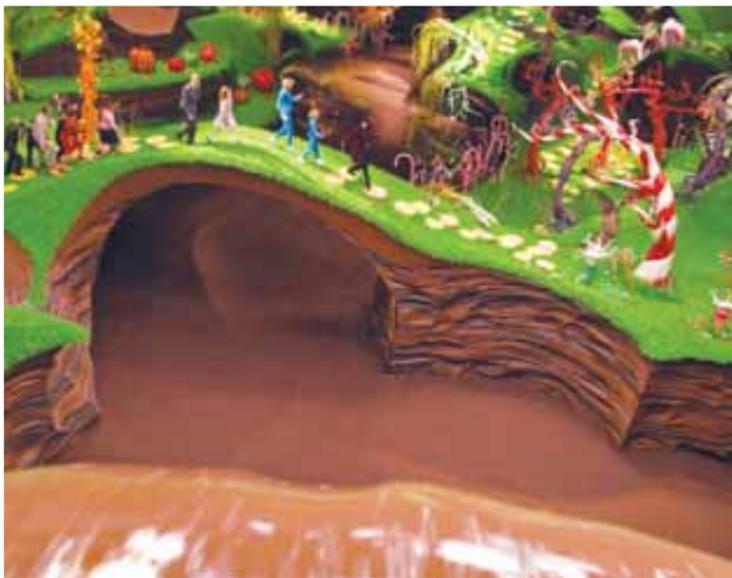
in about 10 minutes, there were around 50 people trying to clear the road with great energy. After 20 minutes of hard work, the road was clear off the boulders and the traffic started to move again, but

very slowly. We kept stopping a few times in between to clear some more rocks, blocking our way.

Everyone could feel the river levels swell on the left, so we all drove cau-

tiously and reached Rishikesh after what seemed a long journey. The holy Ganges looked so gigantic, it seemed it will swallow up the road.

On our way back, we spotted a lot of debris, it scared us of our wits. We kept moving through huge traffic snarls, leaving behind one town after another. We were often diverted to unknown roads and it took us 17 hours to cover a distance of about 300 kms to reach Noida. It was very difficult for us to believe our eyes when we saw the holy Ganges transform itself from the most serene river into a dangerous natural entity, ready to swallow whatever came its way. That day, I realised that nature is God and we must always respect it and take care of it. [G I](#)



Desserts & Zumbo

A self-confessed dessert lover expresses gratitude to Zumbo, a famous pâtissier

Iti Rai, AIS Mayur Vihar, XI F

One fine day, as I was watching MasterChef Australia, I noticed a huge French dessert, Croquembouche. The great Australian pâtissier, Adriano Zumbo was making it with various ingredients. I was intrigued as to how beautiful an edible form could be! That day, my role mode unknowingly opened the doors of my imagination to the world of bakery.

I was mesmerised by his techniques. For instance, while making Croquembouche, he piled choux pastry balls into a cone and bound them using caramel threads. Every single dessert of his is a challenge for amateurs and professionals alike for the sheer amount of detail it carries and each one of them look unquestionably delicious. It's a pity I've never tasted them! I'll surely go to his restaurants in Sydney one day. Zumbo has made me love desserts, pas-

tries and ice creams. He is rightly known as the 'The dark lord of the pastry kitchen' because his dishes are meant to frighten the contestants in MasterChef. As kids, when we would watch Charlie and the Chocolate Factory, we'd wonder if we could ever go to a place like Willy Wonka's Chocolate Factory to see how chocolates, candies, gumdrops, etc. are made and eat them at the same time. At some point of time, we did realise that it was just a movie, but we continued to believe that there is a chocolate waterfall somewhere on this earth or there are trees which look like lollipops. But then came the time when our little bubble popped and we were shaken into the real world. Fortunately, this real world has bakeries and mini chocolate fountains. At first, we knew only one type of cake, black forest. Then came the truffle cake and we are now in the age of cheesecakes and panna cotta! Thanks Zumbo for igniting my passion for desserts! [G I](#)

It's cool to be uncool

Glasses and braces no more conjure up the image of a studious or uncool person; flaunt them with aplomb, they're in vogue today

Nitya Chopra, AIS Gur 46, IX

Not so long ago, spectacles and braces spelt uncool, but now, they're turning into a cool trend! Want to know how? Read on...

Four eyes are smarter

Once upon a time, spectacles were a correctional aid for those with a deteriorated vision. But now, the same old glasses have gained an all-new status with the thick-frames topping the list of must-have style accessories. Celebrities like Justin Timberlake, Ranbir Kapoor, Chitrangada Singh and many more have been sporting these spectacles with casuals and even on the red carpet! Trendiness aside, these spectacles can really

complete a look. More and more people are splurging on buying non-prescription glasses. So, love them or hate them, these glasses are here to stay!

More than just metal mouths

A few decades back, you could only opt for metallic braces when you visited your orthodontist. Today, a wide variety of products are available to help you straighten your teeth and improve your oral health, while still maintaining your sense of style. You can pick and choose from a variety of colours for your braces. If you end up disliking the colour you pick, get it changed the next time you get them tightened. Practice oral hygiene and then flaunt and admire your cool braces in the mirror! [G I](#)



Beauty of nature

First Person

Mokshi Jain, AIS Gur 46, IX F

Yesterday, while I was watching the sunset from my balcony, I saw the sun fade away with every split second and its shades of yellow and orange mix gradually with the light blue colour of the sky. For any other person, this would just be a simple sunset, but for a photographer, it was a sight worth capturing.

I was mesmerised by the way the bright light of the sun was fading into the light hues of the sky bringing out the beauty of twilight; the last rays of sun spraying the leaves with a glistening green colour. As the sun sank into the blue sky, the stars started to show up, twinkling and



enhancing the beauty of the twilight. The look of the sky and the impact it had on the surrounding landscape made my heart skip a beat. The moon shining in the middle of the night sky, was an epitome of peace. The moonlight made everything look like sculptures of silver.

The last few minutes of the evening, from the sunset to the moonlight falling on the landscape made me learn an important lesson of life; if God takes away the last ray of hope, He will open up many new pathways in the form of stars, for that is how life goes on! [G I](#)

I want freedom from dirt because I want to make my country clean.

Dev Kumar, AIS Saket, IV A



Towards a new India



Dr. Amita Chauhan
Chairperson

As India enters its 67th year of independence, I am reminded of the historic speech delivered by our first Prime Minister Pt Jawahar Lal Nehru, on the eve of India's independence... "At the stroke of the midnight hour, when the world sleeps, India will awake to life and freedom. A moment comes, which comes but rarely in history, when we step out from the old to the new, when an age ends, and when the soul of a nation, long suppressed, finds utterance..." The excitement and euphoria that gripped the nation as everyone heard him speak, was unparalleled.

Today, the times have changed. The time has come, to take stock and visualise if India is ready for the big leap to become a superpower. It's time to break away from all the shackles which have been holding her back and rewrite a new history. It's time that poverty, illiteracy and malnutrition get wiped out from the face of our country. It's important that the economy, severely hit now, not only recovers but keeps soaring high. The country's peace has been marred time and again by bomb blasts and Maoist attacks. It's time to stop the mindless killings and usher peace and harmony by resuming dialogues and extending friendship with neighbours. I am confident that we shall not let the freedom we earned after years of struggle and the sacrifice of freedom fighters who laid their lives for the country, go in vain.

At Amity, we are committed to raising a young brigade of students who will contribute towards building a peaceful and progressive nation. Our young Amityans nurtured with the right values and global outlook, will lead the nation forward. These young global leaders, equipped to take on any challenge that comes their way, shall realise the Founder President's dream of making India a knowledge super power. [GT](#)

Freedom from...



Vira Sharma
Managing Editor

This 15th August, as India celebrated its 66th Independence Day, one thing was definitely clear. India is Free. Free to do what it wants. Free to say what it wants. As one switched on the TV to hear what the leaders have to share – there were only two perspectives – what they had done and what others have not done. And why not – we are free to boast and free to criticize too. But is that all what freedom means to the country's million masses?

Freedom we have. But not the freedom that our leaders talk of, that simply amounts to scoring a point over one another. For the youth, freedom is to live in Rabindranath Tagore's country "where the mind is without fear and the head is held high". But that freedom continues to evade them. Their fight for freedom may not be from Britishers, but it is as important and as pertinent as it was 66 years back. Armed with cameras, the young Amityans bring forth the numerous practices, customs, social fabric, evils and mindless developments they encounter in their day-to-day lives through the GT Picture It Photo Contest (view pages 1 & 2).

66 years after independence, we wonder, if our struggle for freedom is over as the ghost of partition continues to haunt us at the border. Partition cannot be undone. Yet, the slaughter of soldiers at the border can be. Yet, we can stop boasting and blaming one another. And can we unite for the cause of freedom? [GT](#)

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Indian shines at Cambridge

Imaging: Ravinder Gusain



Mahima Khanna is all of 23, but her list of achievements seems endless. The young lass struck gold after she became the third Indian after Amartya Sen and Sir Partha Dasgupta to be awarded Stevenson Prize in economics, one of Cambridge University's highest honours. Join **Mahima Bhatia, AIS Gur 46, IX C** as she gets up close and personal with the topper

In what subject did you major at Cambridge University and how did it feel when you were awarded the university's top honours?

I did my Masters and M Phil in 'Economic Research' from Cambridge University. During the two years of my

study, I specialised in 'International Trade' and 'Financial Econometrics'. In 2011, I was awarded the prestigious Stevenson Prize for excellence in economics. I feel proud that I am the third Indian recipient after Dr Amartya Sen and Sir Partha Dasgupta to receive this top honour. I am currently working as an economist in the International Finance Corporation, a member of the World Bank.

Please share your success mantra.

I did not follow any secret recipe to

achieve success, but I am an ardent believer and follower of the 3S principle- Simple, Smile and *Sach* (truth). If these three steps are followed in everyday life, nothing can come in the way of success. Keeping things simple in this complex world not only reduces the gravity and size of the problem, it also facilitates the hunt for a solution. A smile brings with it tons of positive attitude and helps turn every challenge into an opportunity. Finally, coming down to *sach*, it is

very important to be truthful not only to others but also to oneself. Being truthful enables one to work better and faster. Besides, it keeps one's conscience clear.

In what ways would you like to contribute to your country?

I cannot single-handedly usher in any major change in the country. However, as a part of my job I am working for the development of the social and private sector and also towards poverty eradication. I hope that many youngsters get inspired by my success story and learn to follow their dreams and bring glory to India.



What is your message for today's youngsters?

Follow your dreams. There is something special in each one of you and all that you need to do is discover that special quality in you. Parents, teachers and elders can guide you and facilitate that self discovery, but ultimately it depends on you as to how you discover your innate abilities and sharpen them. If you are able to do so, then success will be at your doorstep. Good luck! [GT](#)

Where the mind is without fear...

... and the head is held high, wrote Tagore. But his words are yet to ring true. The rising rape cases have cast an ugly shadow of fear and women are finding it difficult to let their guard loose

Perspective

Abhilasha Maitra, AIS Noida, XI

Irefuse to pack chilly powder in my handbag each time I step out of the house. I will not advise any girl to master martial arts or acquire cans of pepper spray- 'just in case'. I will encourage them to wear what they want. And I certainly won't be looking over my shoulder constantly when I leave home. This is no way to live. This is no way to deal with a crisis. We are making an even bigger mess of an already horrific reality by running scared, or going into hiding. The streets, stations, metros, subways, buses, autos and trains all belong to women as much as they do to men. Now it is time to go ahead and change the rules of this dastardly game.

One can only hope that incidents of rape don't end up becoming played-up tragedies that disappear, once something 'more important' hits the headlines. But what can be more important than the lives of half of India's population? Or am I acting too naive? We all know that even a female fetus is not safe in her



mother's womb when we are today discussing the safety of women whom we allow to 'let live'. But there is no room for self-pity; it's time to demand real change. The solution lies in our hands. And

those hands need not search for chilly powder. If we adopt defensive strategies to protect ourselves, we are admitting to weakness and anticipating defeat. How many women in scary circumstances like this will have the physical strength and presence of mind to reach for those chillies? The onus of staying safe was never on us. Let's not foolishly take it on ourselves at this critical stage and let the real culprits off the hook. And those culprits aren't the rapists. Criminals take their cues from the society at large. A society that condones and looks the other way when its men rape, loot, kidnap and murder with impunity, is a society that is inviting trouble for itself. It is this blatant abuse of power that we need to put up a fight against. Until that changes, our women will remain soft targets. No woman in India should ever be told that she needs to correct her demeanour or carry pepper spray. No woman should ever feel the need to do so.

This is what our fight is all about. Get real. We want to live in a country where women feel safe, just like men do. For when a girl is raped, 60 crore Indian women get raped! [GT](#)

Bullying goes hi-tech!

Bullying is no longer restricted to schools and playgrounds, it has gone online and is threatening to cause a lasting impact on the physical and mental health of the youngsters today

Esha Savarnya, AIS Gur 46, XI C

On October 10, 2012, Amanda Todd, a 15-year-old Canadian girl was found dead in her room. A month before the incident, she had uploaded a video on YouTube to tell her story to the world. She did not die a natural death, she ended her life because of severe cyberbullying.

Cyberbullying a potent threat: Bullying has assumed a more scary form called 'cyberbullying' today. Nowadays people don't think twice before using technology to settle scores or harm others. It is very much similar to real life bullying but the only apparent difference is that cyberbullying does not end with a change of school or locality. It follows its victim everywhere. We live in a world where almost everyone has access to internet and social networking sites. These websites not only bring the user



closer to his counterparts from across the globe, but also exposes him to content unsuitable for his age. **A world of deceit and lies:** Internet provides an amazing medium for sharing information but it also

acts as a potential minefield for users who want easy access to personal information to bully others. It is very easy for such mudslingers to create websites and pages to impersonate others. Teenagers today are the most common victim of cyberbullying. According to a recent research, 25% to 45% teens report being bullied online, especially girls. Most victims of cyberbullying end up withdrawing themselves from the society and fall into depression. There are many cases where the victims are not able to stand the chagrin and have turned to self destructive behaviour. **Safeguards to follow:** Children should always share their problems and concerns with their parents, while parents should adopt an understanding approach and report the matter to the nearest cyber cell which deals in internet crimes. Also, youngsters should abstain from posing any defamatory comments or photographs that can land them in trouble. [GT](#)

Discover Uttar Pradesh

Part 03

Music that could bring showers

Arya Bhattacharya
AIS Noida, XA

The Indian music finds its firm ground in the state of Uttar Pradesh. The land of sages and hermits boasts of a rich history of ancient hymns and mantras. The state's musical history dates back to the Gupta period. However, it reached its zenith during the Mughal era. Tansen and Briju Bawara were celebrated musicians in Akbar's court. Tansen created history as his soulful music resulted in a downpour.



Turahi

Turahi is an instrument which resembles a trumpet. It is long like a trunk and has a semi-circular shape, something like an inverted 'C'.

Below: Some of the most celebrated musical instruments of U P (L to R) Sarangi, Tabla, Sitar, Nakkara drums, Dafli



Tabla

Tabla holds a special place in Indian classical music, especially Hindustani music. Varanasi in Uttar Pradesh, which houses one of the six great gharanas of tabla attracts students from all over the world. Ab'ul Hasan Yamin al-Din Khusro, popularly known as Amir Khusro, was credited with the discovery of tabla and sitar. *Khayal*, is Khusro's contribution. The term *tabla* is derived from an Arabic word, '*Tabl*', which simply means 'drum'.

Sitar

Sitar, a plucked-stringed instrument which is synonymous with Indian classical music, descended from long-necked lutes. It is also believed to be influenced by veena. What makes sitar distinct from other instruments is its sympathetic strings, bridge design, a long hollow neck and a gourd

It will not be an exaggeration to say that Hindustani Music is largely a contribution of Uttar Pradesh. Music touched new heights during the tenure of Nawabs of Awadh and various ustads.

resonating chamber. The sitar or the grand lute is named after a Persian instrument called the 'setar', meaning three strings.

Nakkara drums

The cultural performances of the state are marked by singing and beating of the 'nakkara' or kettle drums. These drums are of two sizes, one, a larger drum, and other, a slightly smaller one

Musicians playing this instrument have their own techniques and methods of controlling their pitch.

Sarangi

Sarangi is a bowed stringed instrument of India. The word 'sarangi' has been derived from two Hindi words, 'sau', which means hundred and 'rang', which means colour. The instrument has thus been named sarangi because its sounds very pleasing. It possesses the inherent capability to produce an array of emotions and a variety of tunes. Sarangi is made from the wood of tun. It is about two feet long and half foot wide.

Dafali

The *Dafali* is a community found in Uttar Pradesh. They are also known as *Shaikh Derveshi*. The community has acquired its name from the word 'daf' which means

Heritage revived

Celebrating the rich and diverse heritage of India, Amity International Schools indulge in the art, cuisine, traditions, lifestyle, flora and fauna of different states. The year-long heritage activity, as envisaged by Chairperson Dr (Mrs) Amita Chauhan, aims at reviving India's rich heritage and bringing it closer to the students.

GT brings to you 'Discover Bharat', a heritage series that captures the ongoing heritage celebrations at Amity Schools. It also complements the elective course on heritage, soon to be launched by CBSE for senior classes.

State in spotlight:

Uttar Pradesh

Next in 'Discover Bharat':

Let's get better acquainted with some of the famous personalities of Uttar Pradesh.

a tambourine, which the community is adept at playing. The 'daf' was another very famous musical instrument played at various Sufi shrines. The *Dafalis* are found mainly in Saharanpur, Bareilly, Balrampur, Gonda and Sitapur districts of Uttar Pradesh. Traditionally, the main occupation of the *Dafaliwalas* was to play at weddings in addition to performing at Sufi shrines.

BOOK REVIEW

Kaushal Sharma, AIS Vasundhara 1, V D

Book Name: 'Godan' -The Gift of a Cow

Genre: Novel (Hindi)

Student rating: ★★★★★

First published in year 1936, 'Godan' revolves around a plethora of characters. The protagonist Hori is shown as a poor peasant, who is a victim of circumstances. Despite undergoing trials and tribulations that a common man faces, the hero sticks to his ideals. The plot gathers strength from the point where Hori is bound with a deep desire to possess a cow like many other poor peasants. He ends up purchasing the cow on debt from a cowherd. The narrative brings alive the condition of Indian farmers under the colonial rule. 'Godan', is a story of stark realism, artistry and tenderness. Hori emerges as an immortal character in the story. He is the face of the poor Indian peasants who suffered badly at the hands of zamindars.



Flora and fauna

Vritika Chandwani, AIS Vas 1, IX D

The state of Uttar Pradesh is blessed with natural wealth in abundance. It is home to a variety of flora and fauna. Around 12.8 % of the geographical area of the state is covered with forests, all kinds of vegetation, terrestrial, aquatic and aerial animals.

Forests

Tropical moist deciduous forests are the common forest found in the state. They are found in the moist Terai region. Tropical dry deciduous forests are found in all parts of the plains and are more

UP is home to the majestic tiger



common in the central and western regions of Uttar Pradesh. The tropical thorny forest is found in south western part of the state.

Fauna

Uttar Pradesh boasts of rich wildlife and especially avifauna. The most common birds found in the state are crow, pigeon, dove, jungle fowl, black partridge, house sparrow, peafowl, blue jay, parakeet, kite, myna, quail, bulbul, snipe, greyduck, kingfisher and woodpecker. The animals found in the dense jungle of UP include the tiger, leopard, wild bear, elephant, chinkara, musk deer, brown bear, jackal,

Bamboo plantations are dominant in UP



UP is home to the kingfisher



porcupine, jungle cat, hare and fox. Most common reptiles in the region are lizard, cobra, barmania, pitviper etc. Among the wide variety of fishes that are found in the region, the most common ones are saul, vittal, trout, rohu, mangur etc.

Plants

Some of the most common plants found in the south western parts of the state of Uttar Pradesh are rhododendrons, silver, fir, spruce, deodar, chir, oak, sal, tendu, mahua etc. A number of medicinal herbs are grown in the state, like rauwolfia, sarpagandha, podophyllum etc.

I want freedom from child labour because children need education and fun instead of working in homes, factories, etc as servants.

Ananya Choudhary, AIS Saket, V B



Freedom From

Perception

An exchange programme student from America shares how the commonplace, ordinary can be extraordinary at times

Open Up



All that is just a regular life in your eyes is a wonderful new world to me. I revel in every bit of difference and similarity I find between the two cultures.

I am someone who is looking through new eyes upon all that you find normal. All that is just a part of your regular life, for me it is a fascinating, wonderful new world. I revel in every bit of difference and similarity I find between the two cultures. I really want you to do it, too. My purpose here is only to shift your perspective a little bit.

Put your life on hold for a few moments and truly look at it. Identify all the differences you might have from other societies, communities and countries, and take delight in them.

Look around at the wonderful world and be truly grateful for what you see. Take the insignificant, the normal parts of your life and make them extraordinary for one moment. Learn to appreciate the culture as you are a part of it. And always keep in mind that what is normal or everyday to you could be extraordinary to others.

The reason that I wrote this piece is because I want to bring about a little change in people's perspective.  

Savannah Woods, AIS Vas 1, XI

Insignificance- the lack of holding significance back, either because it has always been there, as a part of a routine or too commonplace, or it just doesn't register on the mind.

Within a city, occupied by millions, it is hard to notice small things. The scenes that you come across everyday while driving to school seem to have no extraordinary element to them. They are insignificant as you have seen them a thousand times before and are just there. It's a fact of life. Normal, ordinary, and therefore, insignificant. But imagine you've never seen a rickshaw before,

never paid for anything in rupees, never tasted dal-roti, never seen someone in a saree and never really tasted your true Indian cuisine. Now look again, at them- those normal, mundane, and insignificant parts of your life. Does it change your perception about these things? No?

You might ask: how can things, so normal such as paying for a notebook in rupees and tasting a roti for the first time be so significant in other person's eyes? It is simply because of the perception. To you, yes, it is normal as it is a part of your daily life. To others, however, it is unique, confusing, thrilling, gratifying and maybe wonderful.



Baked samosa

Dr Kamal Gulati
Amity School of Insurance,
Banking & Actuarial Sci, Asst Prof

Ingredients

Crust

Whole wheat flour.....1 cup
Ghee (melted).....1/2 tbsp
Oil for kneading1/4 tsp
Saltas per taste

Stuffing

Oil.....1 tbsp
Cumin seeds (jeera)1/2 tsp
Potatoes (boiled & mashed).....2 cups
Ginger-green chilli paste1 tsp
Dry mango powder (amchur)..1 1/2 tsp
Chilli powder1 tsp
Green peas (boiled)1/2 cup
Coriander (finely chopped)2 tbsp
Saltas per taste

Method

Dough (Preparation time: 20 minutes)

■ First mix all the ingredients in a bowl to make firm dough. Cover and leave it aside for 15 minutes.
■ To this, add oil and knead again. Cover this with a muslin cloth and keep aside.
■ Now, divide the dough into 4 equal

portions and roll them out to form thin chapatis.

■ Half cook the rolled out chapatis on a tava from both sides until light brown spots appear.

Stuffing(Preparation time:20 minutes)

■ Heat oil in a pan and add cumin seeds to it.
■ Once the seeds crackle, add the potatoes and sauté for 2 minutes.
■ Now, add ginger-green chilli paste, dry mango powder, green peas coriander, chilli powder and salt to it, stirring continuously.
■ Cool and divide the stuffing into 8 equal portions.

Baking(Preparation time:30 minutes)

■ Divide each chapati into 2 halves, making a cone of each.
■ Now, fill the cone with one portion of the stuffing. Brush its edges with water and press the ends together, thus sealing the edges.
■ Grease the baking tray with oil and place the stuffed cones for baking in a pre-heated oven at 200°C.
■ Your samosas are ready. Serve them piping hot with mint chutney or tomato ketchup.  

POEM

The inside story

Akanksha Gupta
AIS Pushp Vihar, Alumnus

We stand up and we wish
We squirm, we're skittish
You the mighty red-eyed leaders
In your lovely dulcet tones
Every morning do tell us
Not to sing, speak or drone
But we respect your hard work
And your awe-inspiring presence
And falsely comply with an inward sigh
Greeting with overbearing exuberance
And hearing our faked enthusiasm
Through a skill honed over the years
Filtering through blustering lies
And tackling complains and moans
I heartily salute your endurance
For having never once publicly groaned
The math teacher in all his glory
Booms across the silent Class
A mentor, but number possessed
Who favours witty Punjabi remarks
Drills how-to-write-step-wise-solutions
Into our numb skulls without usual snark
Rigorous remedial and unrelenting repetitions
Until the algorithms leave an indelible mark
The economics teacher is an opportunist
She seizes all our glorious free time

and passionately expounds on her subject
For ignorance is an unpardonable crime
She explains about market equilibrium
And badmouths those lacking scruples
But for all intents and purposes- the hypocrite -
Says economics is ethically neutral
The English teacher with her usual quirk
Twitches a smile at our endearing antics
And delivers a loquacious soliloquy
To explain the delicate intricacies
And dissecting the literary devices

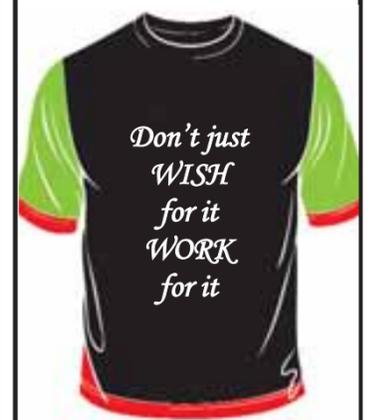
I do recall her bemoaning the fact
Oh! How it kills the beauty of literature!
And how many times has her heart bled
To perniciously discern every word
And then feed it to us dunderheads.
The chemistry teacher with broken beakers
Stands aloft and yells for attention
She narrows her eyes in supreme annoyance
And questions our questionable retention
Of antimony, arsenic, aluminum, selenium
And hydrogen, oxygen, nitrogen and rhenium
And thermodynamics, conductivity and carbon conclusions
Yet we are able to produce the accurate

solutions
Without listening to her daily untiring gripe
And for all her uncanny powers of observation
She never notices the textbook under the desk
But shakes her head in exasperation and confusion
In the voice-lit physics class
Period after period, the time does pass
And the teacher stands erect explaining with devotion
In monotone with a sullen, stoic and serene emotion
The duster freaks and the chair creaks
The window screeches as the chalk squeaks
But the class lies quiet, as quiet as a dead dog
Less due to the teacher, more due to cold and fog
The fog that lies in our clogged brains
So though the five firmly stand and explain
We light a cigar in our text-vexed mind
And bask in the golden chalk-white sunlight
And only when we graduate do we comprehend
That nothing but dedication did you demand
And in the daily rut of schoolhood innocence
We never did thank you for your earnest reprimands.  

The writer dedicates the poem to Mohan ma'am, Divya ma'am, Deepak sir, Gurpreet ma'am, Deepanwita ma'am, Smriti ma'am and Rahul sir.



Tee quotes



T-shirts are like mobile billboards that turn the street into world's biggest art gallery! So go grab one and flaunt some witty and head-turning one liners, today.

Sudoku 40

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 3 | | 1 | 2 | | | |
| 9 | | 1 | | | | | | 4 |
| | 2 | | | | | 7 | 1 | 3 |
| | | | 5 | 1 | | | | |
| | | | 6 | 8 | | | | |
| 3 | | | 7 | 4 | | | | |
| 8 | 3 | 2 | | | | | 7 | |
| 6 | | | | | | 3 | | 5 |
| | | | 1 | 8 | 4 | | | |

Log on to: www.theglobaltimes.in for solution

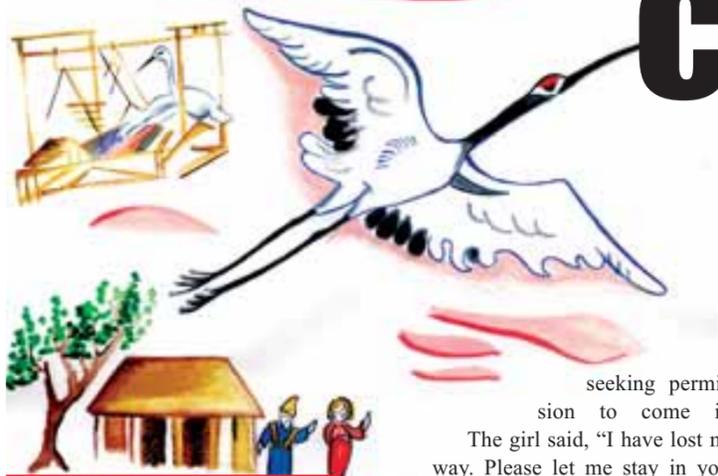


I want freedom from price hikes because poor families find it difficult to buy food and survive.

Kritin, AIS Saket, V B

The tale of a fairy crane

Illustration: Avi Mudgal,
AIS Vas 6, VIII A



Wisdom Tale

Avi Mudgal, AIS Vas 6, VIII A

Once upon a time, there lived an old childless couple. One day while walking along the rice field, the old man heard a strange sound. Suddenly, his eyes fell on a beautiful white crane caught in a trap. He set the crane free and it soared away. On reaching home, as he was telling his wife about the crane, they heard a knock on the door and saw a pretty little girl

seeking permission to come in. The girl said, "I have lost my way. Please let me stay in your house tonight." The old couple was happy to have her in their house, and when they discovered that she was an orphan, they asked her to stay back in their house as their daughter. So the girl stayed on. One day the girl told her parents not to look at her while she was at work on the loom. Her parents readily agreed and were surprised to see the little girl weave one beautiful cloth after another. Soon she became famous in the entire neighbourhood. However, the old woman became curious and wanted to know how the little girl could weave

One day the girl told her parents not to look at her while she was at work on the loom. They agreed and were surprised to see the little girl weave.

such beautiful tapestry. One day she peeped into the room and was greeted by a strange sight. Working on the loom was not her little daughter, but a beautiful white crane, using its own soft white feathers. That night, the little girl said to the old man, "I am the crane that you saved. I have been weaving cloth to repay the debt of gratitude I owe you. But now, you have discovered my secret, I cannot stay with you any longer." The old couple was in tears. As she bid goodbye, she turned into a fairy crane and soared gracefully into the sky. 🇮🇳

So what did you learn today?
Always help others.

It's Me



My name: Anya Bagga
My class: II A
My school: Amity International School, Vasundhara I
My birthday: May 15
My hobby: Drawing
My best friend: Aanya Gupta
My favourite subject: English
My favourite food: Rajma-rice
My favourite game: Playing with dolls
My favourite mall: Cross River Mall
I dislike: Fighting
I like: Going to school
My favorite book: Snow White and the Seven Dwarfs
My role model: Priyanka Sangar Ma'am
I want to become: A doctor
I want to feature in GT because: It's our school newspaper and I want to become famous at school. 🇮🇳

POEM

Busy bees!

Himadari Seth
AIS Saket, VII A

An irritating alarm,
and the stars far gone.
Oh! Here it comes,
a new dawn.

The birds singing,
and the trees
doing a melodious dance.
But with no time to look at them,
you see them only by chance.

Another morning, once again,
then goes by another day.
Still busy like the bees,

we have no time to sit and sway.

Thus there go by the days,
of the limited lifetime.
Not being able to enjoy the nature's beauty,
we just follow our own regime.

Not once we look,
at the beauty around us.
Just relax, what's the hurry?
What's all the fuss?

There are lots of other things to do,
but can't we take out a little time,
for nature, to relax our minds?
As then all of us will shine. 🇮🇳



Ayushi Jain
AIS Gur 43, IV D

Mango frooti

Ayushi Jain

AIS Gurgaon 43, IV D

Ingredients

Ripe mango (chopped) 4
Raw mango (chopped) 1
Sugar 2 cups
Water 1 glass

Method

■ Finely chop the ripe mangoes and

raw mangoes into small cubes.

- Add the cubed mangoes, sugar and water in a pressure cooker.
- Cook this mixture on slow flame for at least 10 minutes.
- After cooling the mixture for some time, blend it in a blender, and then strain it.
- Add crushed ice to this.
- Your mango frooti is ready. Serve chilled! 🇮🇳

The recipe was a part of the heritage celebrations of the state of UP

Jokey Pokey

Nipun Kapoor
AIS Noida, VIII C

A man walking on the road got hit by a vehicle.

Victim: Please call an ambulance.

Pedestrian: Don't worry, you were hit by an ambulance.

🇮🇳

Examiner: A pizza and an apple were thrown down from 15th floor. Which will reach down first?

Papu: Pizza!

Examiner: How?

Papu: Because it's fast food!

🇮🇳

Q What has four legs and can't walk?
A A table

🇮🇳

Jitesh: Sir, are you sleeping in class?

Teacher: No, I am not.

Jitesh: What were you doing, then?

Teacher: I was talking to God.

Next day, Jitesh falls asleep in the class.

Teacher: Jitesh, why are you sleeping in the class?

Jitesh: No sir!

Teacher: What were you doing, then?

Jitesh: I was talking to God.

Teacher: Really? What did he say?

Jitesh: He said he never spoke to you yesterday!

🇮🇳

Father: Be very careful while crossing the road, and don't forget to look around twice, while crossing.

Rahul: Oh daddy! I am always very careful.

Father: I know that son. I only wanted to warn you as your mother has taken the car out today.

🇮🇳

Q What did the nut say when it sneezed?

A Cashew!

🇮🇳

Q Why did the boy bring a ladder to school?

A He wanted to go to high school. 🇮🇳

CAMERA CAPERS

Kriti Misra, AIS Gurgaon 43, VIII B

Send in your entries to
cameracapers@theglobaltimes.in



Take a walk through the mountains and enjoy nature at its best - simple, serene and beautiful.

I want freedom from pollution because it leads to different types of diseases.
Vanshika Choudhary, AIS Saket, V A



Freedom From

Presentation on math

A subject presentation on Math held at AIS Noida introduced a whole new world of numbers to the Math enthusiasts

AIS Noida

Usha Verma, AIS Noida, Teacher

Students of Class V, AIS Noida organised a 'subject presentation' on Math on August 7, 2013.

Parents of students were also present for the presentation. The occasion was graced by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools, who praised the efforts of the students and further motivated them to strive towards excellence. She reiterated that the core philosophy which underpins the Amity curriculum is to empower Amities as learners and thus, they are introduced to skill and strategy oriented activities that provide optimum learning. Therefore, subject presentation helps encourage and promote excellence in the chosen subject.

The event commenced with the ceremonial lighting of the lamp which was followed by the singing of the *gayatri mantra*, the shloka 'Sangachawan, Sangadhawan' and the *Ganesh Vandana*. A



Students of AIS Noida put up a subject presentation on Mathematics

qawwali on Math, *Munna Mia, Padhai Karo* was also presented by the students of Class V D and V J. A performance on 'Singing and Dancing Shapes' was presented by the students of V E and V L. A skit was also presented on the topic 'Lonely Mr Zero' by the students of V B and V I on place value. Various other performances were put up by the students that were not only informative, but also showed how well acquainted the

students were with the various mathematical concepts.

The finale saw a performance themed 'Math is always fun, so don't be resistant...just learn the rules and you'll be consistent' that concluded the project presentation event.

Vice principal Soma Mukherjee delivered the vote of thanks which was followed by the singing of the school song and the national anthem. **GT**



Chairperson Dr (Mrs) Amita Chauhan at the felicitation ceremony

Felicitation ceremony

AIS Mayur Vihar

To honour and applaud the achievements of the students in Class XII Board examination 2013, the school hosted a felicitation ceremony in the school premises. Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools congratulated the meritorious students for their outstanding results and exhorted them to

tread the path of diligence to attain unfaltering success in life. The event was also graced by T P S Chauhan, advisor and B N Bajpai, advisor, research and development, Amity Group of Schools. Principal Sarita Aggarwal applauded the achievements of students for bringing laurels to their alma mater. Letters of appreciation were given to those who scored an aggregate of 90% and above. **GT**

Visit to Mother Dairy plant

ACCGC

A visit to the Mother Dairy plant was organised for the students of Class IX by Amity Career Counselling and Guidance Cell on April 29, 30 and May 1, 2013.

In this educational excursion, the students were informed on how the operations of Mother Dairy started in 1974 under the Operation Flood Program of the National Dairy Development Board.

They were told about how the dairy sources the requirement of liquid milk from the dairy co-operatives and producer institutions and manages the processing and distribution of milk. A small documentary was also shown to the students followed by a question and answer session.

The students were later taken on a tour around the whole plant, where they were served flavoured milk and dollops of vanilla ice cream. **GT**



Students of AIS MV enjoy their visit to Mother Dairy



Students of Amitasha learning the way to success at the Times Forum

Visit to Times Forum

Amitasha Noida

Rahul Kapoor
 Amitasha, Coordinator

Class XI and XII students of Amitasha Noida visited the Times Education Forum on July 27, 2013 at Pragati Maidan. They interacted with representatives of leading schools and universities present at the forum and learnt about new and innovative meth-

ods of studying. Students learnt about various courses which they can opt for after Class XII. They also participated in the GK quiz organised by SmartPrep. Neha Gupta (XII) was awarded a prize for scoring a 10 on 10 in the GK quiz. Preeti Sharma (XI) won a watch for her performance in the quiz. Students also participated in the slogan writing competition organised by Worlds of Wonder where Jyoti Chaurasia (XI), bagged the first prize for the best slogan. **GT**

Puppet show



Students perform at puppet show

AIS Lucknow

On July 26, 2013, an inter-house puppet show competition was held at AIS Lucknow for the students of Class II to V. Students participated in full fervour while using a variety of puppets that gave vent to their imagination. The stories that were selected had a theme and a moral. The students enthralled everybody with perfect voice modulation, coordination of puppets and the art of story telling. **GT**

Captains aboard!



Headmistress Mukta Ghoshal with the newly elected student council

AIS Lucknow

The school organised the investiture ceremony for its students on July 31, 2013 where the elected members of the student council for the year 2013-2014 were honoured.

The ceremony commenced with a grand march past, following which headmistress Mukta Ghoshal awarded the badges to the newly elected student council members. The event concluded with the members of the newly formed council members taking an oath to uphold the honour of their school and performing their duties to the best of their abilities. **GT**

| Student Council | |
|---|--|
| Saarthak Ravi - Head Boy | |
| Shachika Singh - Head Girl | |
| Mayank Tekwani - Sports Captain | |
| Tanmay Tandon - Sports Vice Captain | |
| Isha Singhal - Captain - Cultural Activities | |
| Pragati Nigam - Vice Captain - Cultural Activities | |
| Srishti Mishra - Editor - The Global Times | |
| Aastha Asthana - Sub Editor - The Global Times | |
| Soumya Khanna - House Captain (Alaknanda) | |
| Aryan Agnihotri - Vice Captain (Alaknanda) | |
| Shikhar Nigam - House Captain (Bhagirathi) | |
| Aryan Sharma - Vice Captain (Bhagirathi) | |
| Nikita Negi - House Captain (Mandakini) | |
| Aniket Singh - Vice Captain (Mandakini) | |
| Abhinandan Pathak - House Captain (Pawani) | |
| Ananya Sahai - Vice Captain (Pawani) | |
| School Prefects | |
| Anant Sabharwal, Satakshi Singh, Satyam Goel, Lakshya Sharma, Sagar Mittal, Hera Ashraf | |

AIS Vasundhara 6



School principal Sunila Athley (R) and vice principal Parul Tyagi (L) with the school chess team

Chess tournament

The chess tournament organised from July 20 to 22, 2013, at Cambridge School, Noida saw a strong contending chess team from Amity International School, Vasundhara 6 giving a tough competition to its opponents. The team of 10 members took part in the tournament for the Uttar Pradesh state in the under-15 championship category. The tournament saw

more than 130 chess champions from Uttar Pradesh and NCR battling hard for a win through smart chess moves. Arnab Malik and Yash Joshi made the school proud by getting selected for the Under-11 National Chess Tournament. Further, a number of 8 students brought accolades to the school by being selected for the Under-15 National Chess Tournament. **GT**

Hindi recitation

Celebrating 2013 as the year for water conservation, the students of kindergarten took part in a hindi rhyme recitation competition held on July 26, 2013. The students recited poems on the importance of water with the help of colourful and theme specific props. The first position in each section was bagged by Shambhavi Singh, Aarush Gupta, Raghvi Sharma and Shivansh Chopra respectively. **GT**



Little ones celebrate water

It's Independence day

Patriotic fervour gripped the little patriots as they celebrated Independence Day. The celebrations instilled in them pride and love for their nation

Amiown Pushp Vihar

Jennifer Chauhan

Amiown Pushp Vihar, Teacher

Amiown Pushp Vihar celebrated Independence Day with much enthusiasm. Little Amies came to school dressed up as national leaders, such as *chacha* Nehru, Dr Manmohan Singh and some even wore tri-coloured clothes. Slogans as 'Jai Hind!', 'I love my country!' echoed through the Amiown corridors. The Classes also wore a festive look with each Class displaying its creative best with the national flag, national symbols, tricolour sunshades, flags and kites in their classes. The occasion was also marked with a special Independence Day assembly where they proudly sang the national anthem. This was followed by several activities as quiz where the little patriots answered questions related to India and its national symbols. They were told the story of India's struggle for independence and the contribution of our great freedom fighters.



Yummy! Tricolour sandwiches

Different words associated with the story like freedom, slave, rich, golden bird, Britain, British and Indians were explained to them. During the snack-time activity, the little gems made mouth-watering tricolour sandwiches by spreading green mint *chutney*, butter and tangy tomato ketchup on slices of bread. Amies also enjoyed a kite flying session and sang patriotic numbers along with parents and teachers. The day concluded with every child carrying a tri-coloured tattoo on their cheeks and hands before leaving the school. 🇮🇳

Amiown Vasundhara & Noida

Usha Rao

Amiown Vasundhara, Teacher

The little Amies of Amiown, Vasundhara and Noida, dressed in white, a colour that symbolises peace, commemorated the nation's 66th independence with a special assembly on August 14, 2013. The day was celebrated with great enthusiasm and joy. The special assembly comprised a talk on the importance of Independence day celebrations, India's national symbols, its prime minister and a brief narration of India's Independence struggle. The little ones also enjoyed performing on the patriotic song titled *Nanha munna rahi hu*. The young ones then presented a march past, followed by the national anthem. The whole day wore a festive look as little amies crafted small flags which were later attached to their dress as a badge. They took great pride in making a collaborative flag too. They were also encouraged to make a tricolour sandwich by spreading tomato ketchup, mayonnaise



Let's do it Amies make a flag

and mint *chutney* on bread slices. They enjoyed making it independently and relished it with their friends. To provide them with an opportunity to reflect on what they had learnt during the celebration with respect to the theme and to develop their listening skills, they were shown national symbols and patriotic songs on YouTube. Amies returned home with a tricolour ribbon tied on their wrist and a tricolour flag painted on their cheeks as an Independence Day celebration souvenir. 🇮🇳



Art attack Amies make tricolour paintings



I love India Amies paint with patriotism



Patriotic love Indulging in tricolour activities

Amiown Gurgaon

Meenu Manchanda

Amiown Gurgaon, Teacher

Independence day celebrations at Amiown Gurgaon commenced with a special assembly where the little ones explored and imbibed the rich heritage of India through the unit of inquiry called 'India our country'. They were imparted knowledge about national festivals, national bird, national animal, national emblem and national monuments. The special assembly also threw light on the value of freedom, informed about the eminent personalities of our country as prime minister, president and our most valiant freedom fighters, who laid their lives for the

freedom of the country.

The children also participated in several activities organised through the day which underlined a patriotic theme for different Classes. The little ones of pre-nursery made tricolour kites, wore headgears with great excitement and learnt patriotic songs. As part of the fancy dress show, the nursery children came dressed as heroic freedom fighters and Indian leaders, and recited slogans given by them. The students of kindergarten participated in a patriotic song competition held in the school auditorium. The mesmerising and thrilling performance, inculcated a feeling of love for the nation.

The celebrations concluded with every child learning about the importance of respect, affection and empathy towards every individual and the nation. 🇮🇳



Jhanda ucha rahe humara Amies flaunt the national flag



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I want freedom from factories which pollute rivers and the air.
Ishaan Mohan, AIS Saket, V A



Do It Yourself

Independence Day celebrations may be far from over, but the patriotic spirit continues to encapsulate all. As Independence Day continues to ring tricolour bells in the air, it's time to do your bit for the nation by reusing and recycling waste items, albeit with a tinge of patriotic hues. Students of AIS Vasundhara 6 did just that with the following items

Crowned with patriotism DIY cap

Model: Aaarav Bhatia, Nur C



Patriotic fervour Tricolour flag
What you need A3 size white sheet, stapler, paint

- Take an A3 size paper. Fold it into half along the length of the page.
- Draw a line parallel to the mid fold. The line should be 2 cm down from the mid fold.
- Now hold the sheet from the bottom (ie the open side) and fold it upwards along the same line.
- Repeat the same with the other half.
- Fold the bottom edge of the sheet inwards (2 cm) along the width (on the side that remains open). Repeat the same with the other half.
- Now fold the sides of the cap and staple them.
- Paint a flag on the front of the cap.
- Go ahead and wear the patriotic fervour.

Studying nationality DIY tiger table top

Patriotic fervour Tiger, national animal
What you need Thermocol cup, paints, A4 size white sheet, scissors, glue stick

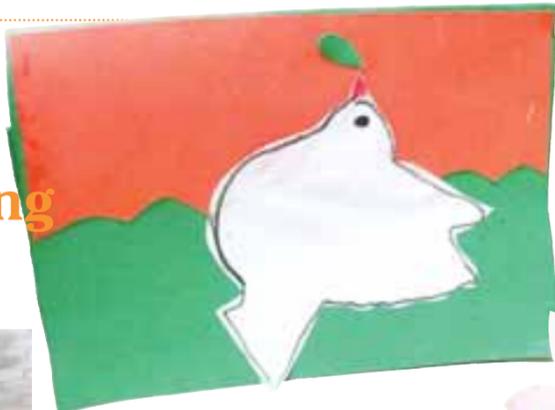
Model: Lavanya Srivastava, Nur A



- Take a thermocol cup and paint it yellow.
- Now paint black-stripes on the cup.
- On a white sheet of paper, draw the face of a tiger cub and paint it. Cut it out and keep aside. Make sure that the face is in proportion with the size of the cup that you have taken.
- Similarly, make the arms of the cub. Make sure that the arms are long enough. This will make it easier for you to stick it Cut out the arms and keep aside.
- Turn the cup upside down. Paste the face and arms on the cup as shown in the picture.
- Adorn your study table with this cute table top.



Tricolour greetings DIY greeting card



Patriotic fervour Tricolour, Dove
What you need A4 size sheets – green, orange and white; scissors, glue stick

- Take a green A4 size sheet and fold it into half along the length of the sheet to make a card.
- Now cut a rectangle out of the orange sheet. The rectangle should be half the size of the front page of the card. Paste it on the upper half of the card.
- Make a dove on the white sheet and cut it out.
- Paste the dove on the top of the card.
- Time to write Jai Hind!

Model: Stephen Davis, Nur C

Hindustani platter DIY lotus plate

Patriotic fervour Lotus, national flower
What you need Paper plate, thermocol bowl, scissors, paints, glue stick



- Take a paper plate and flatten it using an iron.
- Paint the plate green. If you want, you could also paint some leaves on the plate.
- Now take a thermocol bowl.
- Cut Vs along the sides of the bowl. Each V will look like a petal of lotus. Paint it red.
- Now paste the painted bowl on the plate.
- Go ahead and relish the flavour of being an Indian.



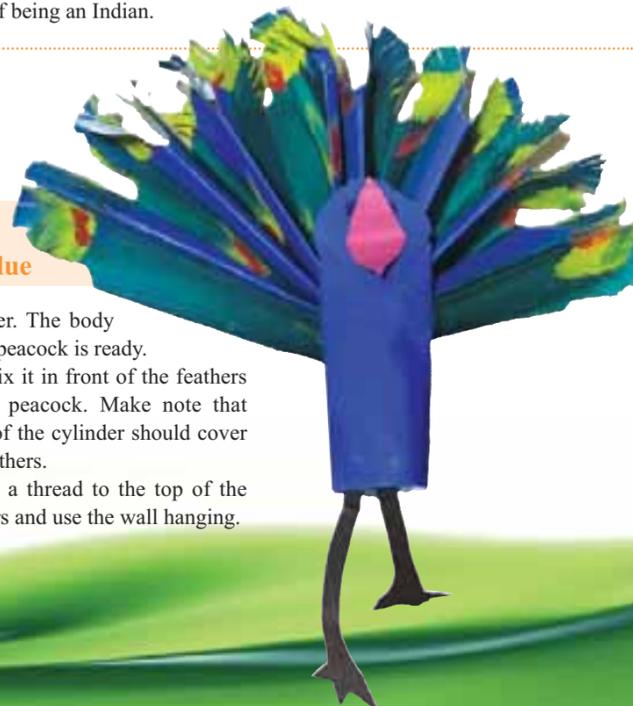
Model: Jaishree Singh, KG D

Walled by love DIY peacock wall hanging

Patriotic fervour Peacock, national bird
What you need A4 size sheet – white, blue & brown, paint, scissors, glue



- Take an A4 size sheet.
- Paint it green and blue to give it the texture of peacock's feathers.
- Now pleat the paper into accordion fold. The pleats should be half inch wide and of the same size.
- Fold the pleated paper into half along the length.
- Now staple the two pleats (from either half) that are touching each other. It will now look like a fan.
- Now, take a blue sheet and cut a small circle out of it. Make eyes and beak of the peacock on it.
- Now take a small rectangle (6 cm X 4 cm) of the blue sheet and roll it along the length and paste the side to make a cylinder. Paste the circle on top of the cylinder.
- Cut out the legs of the bird on a brown paper.
- Paste the legs on the bottom of the cylinder. The body of the peacock is ready.
- Now fix it in front of the feathers of the peacock. Make note that 1/4th of the cylinder should cover the feathers.
- Attach a thread to the top of the feathers and use the wall hanging.



Model: Stephen Davis, Nur C