

Status of the week

When the entire nation gets behind a woman and holds its breath collectively right up to the penultimate moments- that is the India of my dreams summed up in one moment. You go PV Sindhu! Twenty one and making India proud!

Tanushree Dutta, AIS PV, XI

Light at the end

The UN has termed the Syrian crisis as the worst humanitarian crisis of the 21st century. Syrian women have emerged as the silver lining in it, turning around their life for the better

Imaging: Pankaj Mallik, GT Network

Vaishali Soni, GT Network



The ongoing civil war in Syria has reduced the country of high mountains, deserts and cultural diversity to a desolate land, with millions fleeing in a hope to find peace. Amidst the mayhem and uproar of nearly 1,24,000 Syrian refugees, women who accounted for 54% of the refugees, were the worst hit. They have been subjected to assault, exploitation and sexual harassment at every stage of their journey. And yet they have turned the tide in their favour, emerging in new avatars. Take a look.

...As heads of the family

Meet Lara Shaheen, 34, who took the responsibility of her family after her three brothers were arrested by President Bashar Al-Assad's regime. She volunteered with Hemma, a local organisation providing support to Syrian refugees in Jordan. And now she has employed a team of five. According to the United States, 42% of the families in the camps are headed by females. With many men arrested, some missing or even killed, the refugee crisis has seen women shed their timid avatars and take over traditional male roles.

With crisis, she realised that she could do a lot more than cooking, for her family.

...As torchbearers of education

Meet Mervat Yusef, a beneficiary of one

of the educational programmes being run for Syrian women. Mervat, who once didn't even know how to read alphabets, can now read what's written on the bus stop. Educated and empowered, she now hopes to provide a better future for her children. In a bid to improve the condition of women in the war torn country, many UN and private run programmes are offering them education with a mother-to-child centered model. As a result, children who would have otherwise been uneducated are now equipped with basic education.

With crisis, she realised that you educate a woman, you educate an entire family and someday, even a nation.

...As self-made entrepreneurs

Meet Em Odai, a 20 year old, who owned a beauty salon in Damascus. Like many others, the crisis displaced her too. She has moved on, and has now opened a small salon in Zaatari, where she rents out wedding dresses and evening gowns.

Women from rural areas earlier relied on subsistence farming. Their displacement in urban areas has left them in a situation, where their skills are not sufficient to ensure survival. The result - women are now training themselves in new skills, taking up new challenges.

With crisis, she realised that she can step out of the house, and make it worthwhile.

...As daredevils

Meet Hanan, a woman who risked her life to provide food to other civilians battling the crisis. On account of being pregnant, the soldiers let her go unchecked. Stories of women in Syria undertaking risks to smuggle food or medicine past checkpoints is not new. They have emerged as bravehearts; undertaking huge risks, knowing the consequences if caught. With crisis, she realised that it does not take muscle but a heart to be brave.

It is these women who have fought the battle physically and mentally. It is these women that have given one hope that there is light at the end of the tunnel. 🇸🇾

AMITEpoll

After the silver win of PV Sindhu in Rio, do you think the participation of women in sports will rise?

a) Yes
b) No c) Can't say

To vote, log on to www.theglobaltimes.in

POLL RESULT
for GT edition August 15, 2016

Is India's medal tally at Rio a reflection of lack of sports infrastructure in the country?

94% Yes
5% No
1% Can't say

Results as on August 20, 2016

Coming Next
Back to the streets

The goal machine

That's what the football fraternity in India knows him as. The top goal scorer of the country, Sunil Chhetri, Captain of the Indian football team, is a beacon of hope for the younger generation that wants to dream and do different. Bringing you excerpts from his interview with Siddharth Barua, AIS Gur 46, VIII A



Sunil signs for Siddharth

"I was a kid who enjoyed kicking the ball here and there while playing with my father and mother." And it became my favourite thing to do whenever I had time. Soon I had a hobby. Then I reached that juncture in life when you are required to choose between your hobby and career. I chose to keep both; my hobby became my career. It was because of my passion for the game that changed the little boy who enjoyed kicking the ball here and there to not only a good football player but a captain who loves to lead or perhaps, kick from the front.

"There is no feeling that can match the elation of representing your country." I do take joy in my achievements, especially when I won the title with Bengaluru FC at the I-league where our team was marked off as a rookie team.

Yet, we went against the tide to win the coveted title. But my favourite memory so far would be representing India on the international stage.

"It is important to act like a pro."

As a captain, you are to make yourself a role model for the team, especially the younger players. The captain must display great faith in his team members and ensure that the team never loses hope, even in the face of a situation that seems impossible and regardless of the number of goals conceded by the team. I try my best to keep my players motivated and make sure that they hold their heads high, no matter what.

"To be a footballer, you must be disciplined."

You must have the right qualities in the right quantity. Apart from the skills and

talent for the game, you must have the right attitude and discipline. But most of all, you should have the drive and desire to rise and reach the top. This is what sets a player apart.

"I still remember the first goal I scored for India."

And that is my favourite goal till date. It was a long time ago but the moment replays in my mind whenever I come to think of it. The cheering crowd, the goalpost awaiting a goal from me and the exhilaration of knowing that you at least did something for your country. I have been fortunate to represent my country on so many occasions since then and would continue to do so in the future.

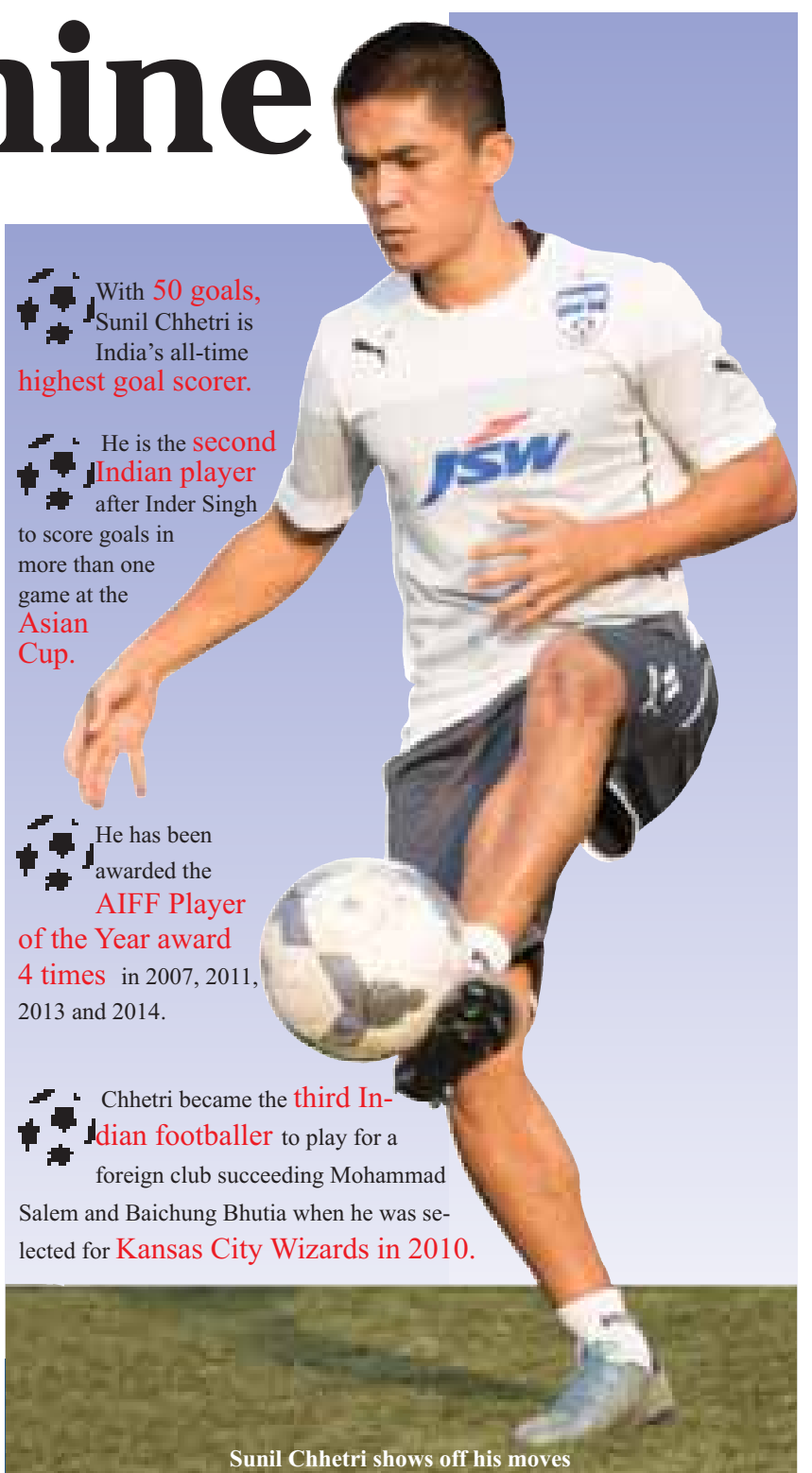
"I wish The Global Times and Amity the very best." Keep up the good work. 🇮🇳

With 50 goals, Sunil Chhetri is India's all-time highest goal scorer.

He is the second Indian player after Inder Singh to score goals in more than one game at the Asian Cup.

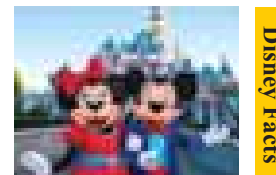
He has been awarded the AIFF Player of the Year award 4 times in 2007, 2011, 2013 and 2014.

Chhetri became the third Indian footballer to play for a foreign club succeeding Mohammad Salem and Baichung Bhutia when he was selected for Kansas City Wizards in 2010.



Sunil Chhetri shows off his moves

Disneyland was opened in July 17, 1955, which makes it 61 years old now.



GST, no more taxing

G.S.T. Three letters that have been echoing in news studios and parliament lately. But taxes can be taxing to understand. Not anymore, as we break this one down for you with some red velvet cake

Richa, GT Network

A non GST regime

1 Sam's mother loved baking. One day, she baked a red velvet cake, to be served as dessert after supper. There are five members in Sam's family and so, she cuts it into 5 equal pieces.

2 Sam is drawn to the kitchen by the enticing smell. Seeing him jump with excitement, his mother gives him a slice for tasting.

3 Sam had never in his life had a cake more delicious. His joys knows no bounds and he eagerly waits for dinner time, when the cake would be served. Meanwhile, he tells his friend John how good his mother was at baking and invites him over for dinner.

4 It was dinner time. Sam's mom had divided one of the slices into equal halves since Sam had already eaten one. She ensures a slice for everyone at dinner. The bell rings and Sam's mom goes to get the door, expecting Sam's father. But she is surprised to see the unexpected guest with Sam.

5 Sam sits on the dinner table with his grandmother, his sister and his friend. They all have one slice each of the cake,



Illustration: Anju Rawat, GT Network

leaving just one. Sam's mother keeps it aside for his father who was going to be late for dinner.

6 Sam's father comes home after everyone is off to sleep. He is happy to be served cake for dessert and compliments his wife for her baking skills.

Let's assume that the 1st slice of cake eaten by Sam is the local tax. The slice of cake eaten by Sam's friend is the entry tax. The slices eaten by Sam's

grandma, sister and dad are other taxes such as the service tax. The second slice of cake eaten by Sam is a surcharge. In the process, Sam's mother gets nothing, no slice of cake. She is at loss.

A GST regime

1 Sam's mother loved baking. One day, she baked a red velvet cake, to be served as dessert after supper.

2 Sam's grandmother took the charge of the cake and put it in the refrigerator.

3 At dinner time, Sam's grandmother cut the cake into 5 equal pieces and gave one to each one of them. This time Sam's mother also enjoyed the cake while Sam ate it only once.

No surcharge, no one at loss because Sam's grandmother took charge of the cake to ensure everyone's share. That's what the government is trying to do: collect the taxes at once to ensure equality and make distribution easier and less time consuming.

What is GST?

GST or the Goods and Services Tax is a landmark bill that will change the way India does business. Like the name says, GST is one single comprehensive tax that will be implemented instead of the currently prevailing multiple taxes like VAT, service tax, excise duty, etc.

Pros

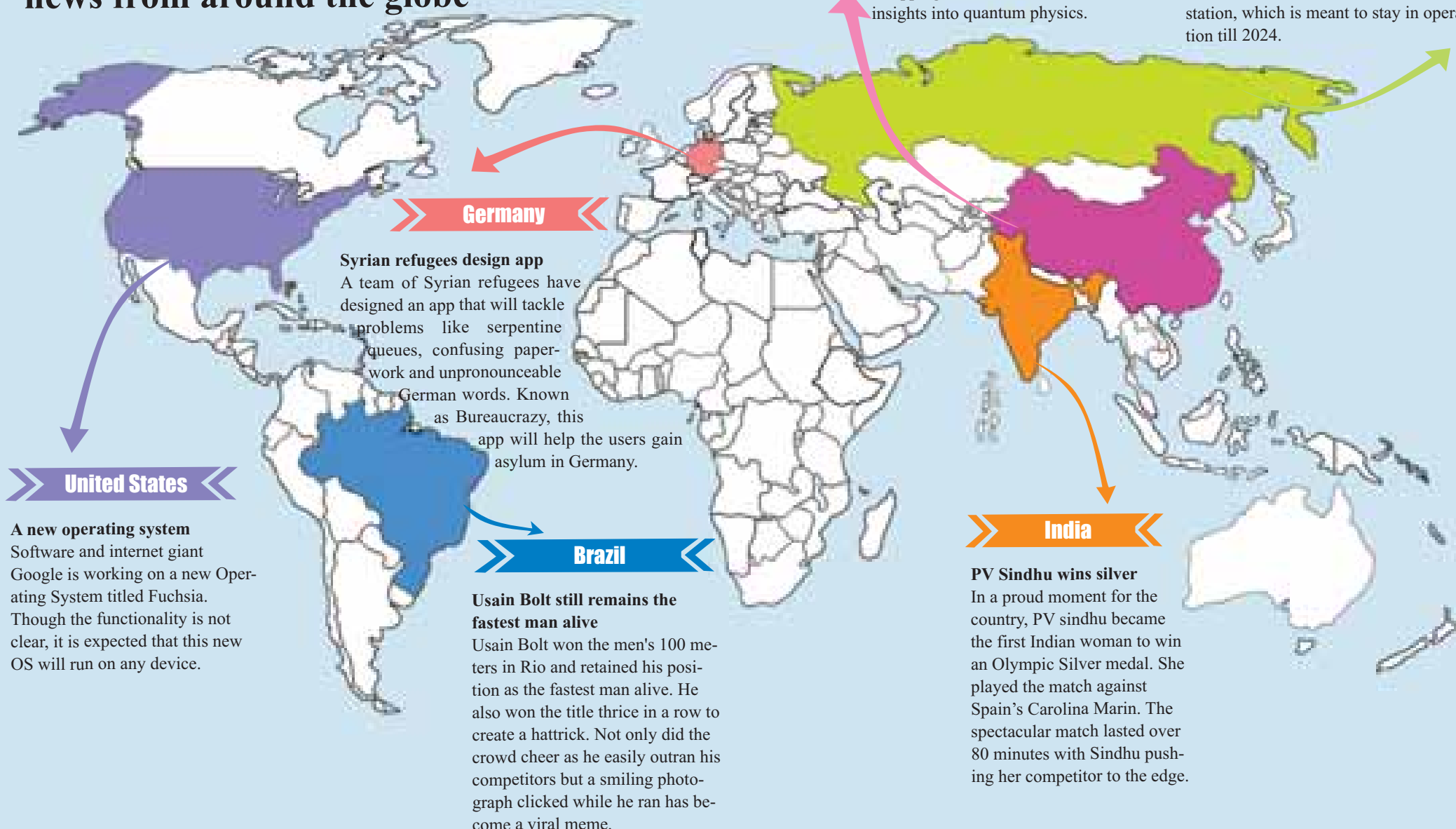
- Easier to understand
- Simple taxation system
- No interstate taxes or entry fee
- Will eradicate corruption
- Prices of some goods will decrease
- More tax revenues
- Reduction in paperwork and less time will be wasted in collecting tax
- Will increase exports

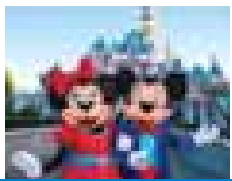
Cons

- The centre will be more powerful in deciding the tax structure
- Not implemented for industries like fuel, oil and cigarettes
- States might lose their revenue
- Centre and state may clash while deciding the tax structure
- Staff will have to be trained extensively
- Initial hiccups in implementation

World at a glance

GT keeps the newswire ticking by bringing you news from around the globe

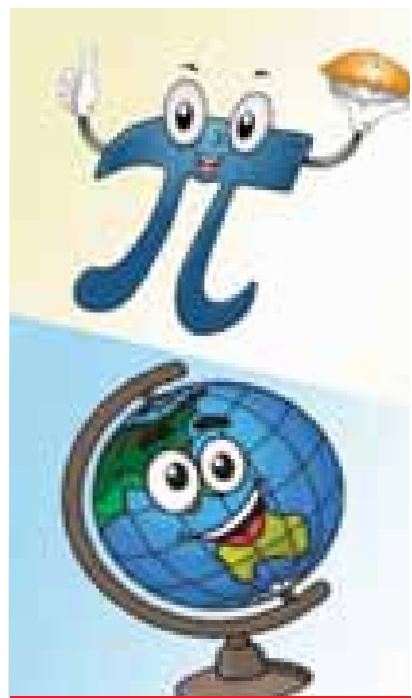




The gold trimmings on the outside of 'It's a Small World' ride are made of real 22 karat gold.

The paging quest

The never ending battle amongst the subjects has never failed to fluster the students. But is there a winner? **Pragya Mehta**, AIS PV, XII E brings you quarrels of the textual world



Math vs Social Science



Social Science vs English



English vs Science



All subjects vs Students

Graphic: Pankaj Mallik, GT Network

Well, well! Mr Algebra, I could gamble on those x's to which half of the students struggle to find the answer. History might be tedious, yet the time gone by is loved, preserved and cherished unlike a little dot of decimal in one's solution that is purely capable of giving nightmares in bright daylight, when a whole number is the right key. All I can wish the students is good luck with numbers.

Math: 0 | Social Science: 1

Has wishing upon stars ever helped, did you seriously think you were going to win, 'Mr-History-I-Don't-Want-To-Know-The-Mystery'. The rules of grammar or the not so common Shakespearean lingua might scare the little ones. But the innumerable dates, hardly makes them squeal with delight. 1939 to 1945 or 1950 to 1960, World War I or II - look at us, do you really think we care?

English: 1 | Social Science: 0

Oh you daft lad! 'Mr Smartest of all' (not so). You are as repelling as enchanting you think you are. The mind runs into overdrive trying to figure out the difference between there and their. Effect or Affect? And what is this whole deal about symbolism? If we say Sulphur, we mean Sulphur. Our characters, at least, have clearly defined properties unlike the ones from your literature that require critical analysis.

English: 0 | Science: 1

You fools, fighting amongst yourselves; our reluctance to study is written all over our lazy faces. Maths = nightmares; History has been the harbinger of stress from over 100 decades; English, we'll just decode the psyche of the writer and Science, thanks for the mindboggling concepts of Physics and the terms of Biology! To us, you are all the same. Thank Lord we sometimes pay attention to you, albeit unwillingly.

Students: 10000 | Subjects: 0

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Presents



Brainleaks-177
FOR CLASS VI-VIII

What is black when you buy it, red when you use it and grey when you throw it away?

- (a) Charcoal
- (b) Platinum
- (c) Iron
- (d) All of these

Last Date:
Aug 25, 2016

3 correct entries win attractive prizes

Ans. Brainleaks 176: (d) Files off tangentially

Winner for Brainleaks 176

1. Adamyia Garg, X AFYCP, AIS Noida
2. Aryan Kumar, X AFYCP, AIS Noida
3. Rahul Agarwal, IX AFYCP, AIS Noida

Name:.....

Class:.....

School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at brainleaks@theglobaltimes.in

Discuss and deliberate

The significance of Ramcharitmanas is not yet lost, discuss experts at a national seminar held at AIE

AIE New Delhi

Amity Institute of Education, New Delhi organised a national seminar on the theme 'Ramcharitmanas Ki Samajik avam Shaikshik Prasangigkta' from July 27-29, 2016 at AIS Saket campus, New Delhi. The three-day seminar was facilitated by Central Hindi Directorate, Dept. of Higher Education, Ministry of Human Resource Development. The seminar began with the inauguration ceremony by the esteemed guests. Following it, Prof (Dr) Ranjana Bhatia, Principal & Director, AIE, New Delhi welcomed the participants and guests. The three-day event, spanning seven technical sessions, touched an array of topics.

DAY 1

Session 1 | Chair: Dr Sitiesh Alok, poet, novelist, story writer and journalist

Topic: Difference between 'religion' and 'ideology' was discussed.

Session 2 | Chair: Dr Ratnavali Kaushik, Associate Prof, College of Vocational Studies

Topic: How today's youth can learn from the teachings of Ramcharitmanas.

DAY 2

Session 3 | Chair: Prof Prakash Singh, professor of Political Science, Delhi University

Topic: The significance of Ramcharitmanas in these turbulent times.

Session 4 | Chair: Prof Ramakant, Principal, Saraswati Gyan Mandir Inter College, Kanpur

Topic: Beautiful messages and teachings from Ramcharitmanas in order to lead a happy and peaceful life, were disbursed during this session.

Session 5 | Chair: Dr Rajkamal Mishra, Dy Registrar (Academic), Maharaj Vinayak Global University, Jaipur



The seminar on Ramcharitmanas in progress



Presentation of certificate

Topic: The heightened importance of money in present times. The speakers further emphasised that Lord Ram should be the idol for today's youth.

DAY 3

Session 6 | Chair: Dr Rajendra Pandey, Director, Translation Studies and Training, IGNOU

Topic: A comparison between Shri Valmiki's Ramayana and Shri Tulsidas' Ramcharitmanas.

Session 7 | The session comprised of a 'question and answer' round and a report detailing the brief summary of all the six sessions of the seminar.

The seminar ended with the valedictory session and a message from Dr Ashok K. Chauhan, Founder President, Amity Universe. Through his message, he laid emphasis on the social and educational relevance of Shri Ramcharitmanas and conveyed his blessings for everyone present at the seminar.

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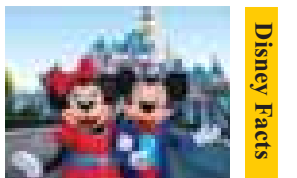
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All the plants in Disney Tomorrowland are edible as Walt Disney wanted it to be a self-sustaining place which would double up as urban farms.



From dump to data

With their innovative model, students of AIS VKC, Lucknow have kept the environmental crusade going, by bagging the second prize at a state level contest, competing with around 100 teams

Pro@Project

Running out of data for your phone? Well, the students of AIS VKC, Lucknow are offering you some free data. All you are required to do is dump waste. Yes, you read it right. Their project 'Techno Bins' that helped them grab the second position at the 'Times of India Live Green Contest' held in UP, is about this and more.

What are Techno Bins?

These unique 'Techno Bins' are the whizkids' innovative solution to tackle the problem of waste disposal, by luring people to throw trash in bins. These dustbins offer a person access to free data when they dump 25gms of garbage in these bins.

How does it work?

A tablet like device protrudes from the neck of the bin. As soon as someone dumps garbage in it, a message pops up in the tablet asking for the person's phone number. The number is then fed into the tablet and the person receives an OTP on his/her mobile phone. With that OTP, one can surf the internet or use any internet based application for approximately 10 minutes.

For ensuring proper waste management, the team recommended the installation of five different coloured bins around the city - green for biodegradable waste, yellow for glass waste, blue for non-biodegradable waste, red for haphazard waste and grey for metallic waste.

Their journey

Four teams from the school, viz, Team A, B, C and D participated in the competition, along with many other teams from all over the city in the preliminary round held on May 5, 2016. While Team A displayed the concept of producing artificial rain through dry ice, Team B made a 'Magical Speed Breaker' that generates electricity using kinetic energy produced by moving cars. Team C kept their focus on designing 'Techno bins' and Team D presented a model of 'Ideal City' which uses alternative sources of energy without cutting on profit. Team C, comprising six students from Class IX, namely, Anushka Singh, Saumya Rai, Ananya Janoo, Anisha Singh, Pragati Nigam and Christine D John, was adjudged second in the competition. A total of six winning schools were awarded a cash prize of Rs 10,000 each and were felicitated by Akhilesh Yadav, Chief Minister, UP, at the TOI Youth Parliament at Indira Gandhi Pratishthan, Lucknow on May 20, 2016. The CM, along with congratulating them, also assured the implementation of their innovative solutions for a cleaner city. The experience became even more exhilarating when the students were invited for a brief talk on Radio Mirchi 98.3 FM. School Principal Mukta congratulated the students and teacher in charge Sapna Joshi for their stupendous feat.

TOI Live Green contest

TOI Live Green contest, organised by the TOI group, a part of the Live Green UP campaign, aims at creating awareness about environment and en-



Students of AIS VKC, Lucknow display their project at the state level event



UP CM Akhilesh Yadav awards the winners



Amitians receive words of applause by CM

courages students to come up with innovative solutions for environmental sustainability. 100 teams from various prestigious schools in UP presented more than 150 models designed for a better and

greener future. The teams were adjudged on various parameters by environmentalist Venkatesh Dutta, geologist Dhruvsen Singh and Nishi Pandey, HOD, Lucknow University. [G I](#)



Jal hi jeevan hai

We know where our water goes, but do you know where the Earth's water comes from? Or that the most important thing in the Water Cycle is the Sun? Sanjana Malik, AIS Noida, X brings the rejuvenating process of the water cycle

Evaporation

The process by which there is a change in the state of water from liquid to gaseous.

Condensation

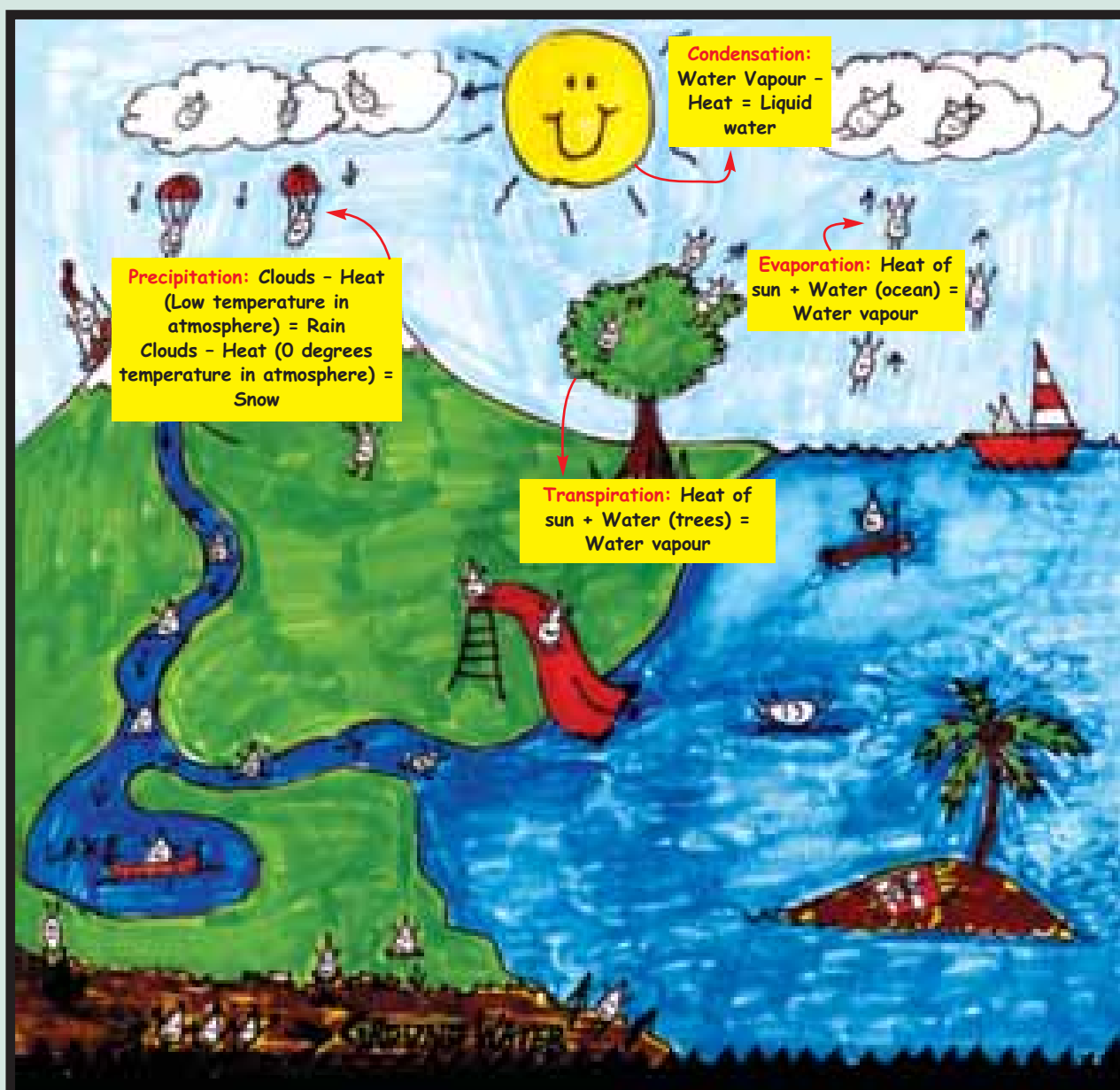
The process by which the gaseous state of water changes into liquid state.

Precipitation

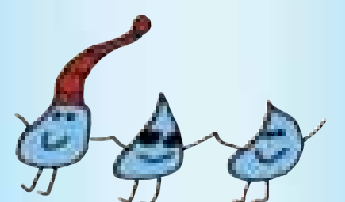
It refers to the falling of condensed water vapour to the Earth's surface. This can be in the form of rain, hail or even in snow.

Transpiration

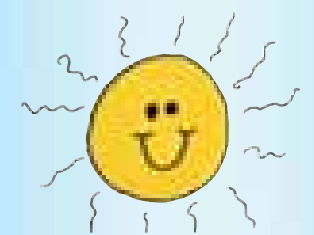
It is the process in which plants absorb water through their roots and release water vapour through the pores in their leaves.



There's more to know!



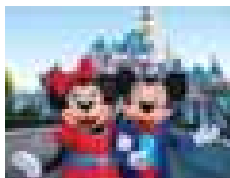
Oceans provide up to 90% of the evaporated water in the water cycle.



Sun is the driving force of the water cycle.



Visible water sources, like rivers, streams, ponds and lakes, make up only 0.3% of the fresh water on Earth.



John Lennon officially ended the Beatles by signing termination papers while vacationing at Walt Disney World's Polynesian Resort in December 1974.

Droopy Monday mornings

It's Monday again and everybody is making faces at their clocks, sad that they cannot put them to snooze again. The beginning of a new week, why is it the least favoured day?

Vrinda Kaushik, AIS Noida, X

After spending an amazing weekend with your family or friends, you welcome the next morning with a dull and gloomy face. Poor Monday must be so sad for no one loves it. But the dislike for the 'M' word has been validated by many for myriad reasons. Here are some of them.

Another week in school? Oh please, not again!

Children have a special dislike for Mondays. Well, truth be told, they have a disliking for every other day which demands them to wake up early and get



ready for another day at school. But Mondays are loathed more because they mean another cycle of rules and regulations, something not really on the list of our favourite things.

The hyper chirpy birds

All those cheerful people who spent their weekend at their aunt's place

gorging on delicious delicacies and went on exciting weekend trips, make Monday more miserable than it already is. While they celebrated their weekend having fun, you silently slept at home doing nothing. Listening to them blabber about their endless adventurous getaways makes you detest Monday even more.



Illustration: Anju Rawat, GT Network

That endless wait

Okay, the week has just started. Now we have (finger counting) one, two, three, four, FIVE more days for the next weekend! Such a long wait to embrace our fun-day Sunday? *Bahut nainsaafi hai!*

Because we feel tired all day

Even though you've slept the whole

weekend, you still feel tired on Mondays. After all, watching your favourite show can be exhausting. And now Monday seems to be the perfect day to make up for all the sleep that you deprived yourself of over the weekend. And then, there are some who end up sleeping more than usual on Sundays. They aren't the lucky ones either, for it is scientifically proved that sleeping more than the usual hours on a Sunday disturbs your body clock. So, basically Monday is cursed, either ways.

All that crowd

A weekend in serenity, no horns, no screaming kids in the corridors, no sounds of the teachers' reprimands, basically, life = peace. And then suddenly, Monday is back and so are the honking cars, overcrowded metros, screaming kids and what not!

Abrupt change

Scientists say that there is a sudden emotional shift from Sunday to Monday, as the former is supposed to be happier than the latter. On Tuesdays, the mind and body become accustomed to the routine, hence, they are not considered bad. So, it turns out that out of all the days, Mondays have no option but to bear the heat of people. 🇮🇳



Life hacks 101

Whether it is studying or keeping your room fuss-free, there are simple tricks that will do the job for you. Ergo, your life will be simpler. **Anika Joshi, AIS Vas 1, VIII, brings you life hacks that will save the day for you and help you gain time**

No more study woes

- Take notes using different coloured pens. It enhances your visual memory.
- When listening to long hours of recorded lectures, put on instrumental background music to help you focus through the boredom.
- Spray a scent of unfamiliar fragrance while you are studying. Spray it again as you take the test and your memory will jog up.
- Pop up a mint or a piece of gum to help activate your brain. It's proven that peppermint stimulates brain activity.
- When you are preparing for a test, read it aloud. It enables you to learn the matter 50% faster than just reading it again and again in your mind.

No more clutter to be seen

- Paint all your keys with different nail paints to separate them out when required.
- Organise your earrings in ice cube trays.
- Keep computer cords off the floor with a simple binder clip.

- Make use of old toilet paper rolls to store cords neatly. Use coloured tape to mark the cords.
- Stash your bobby pins in a Tic Tac container to avoid losing them.

No more travelling fuss

- Use ATMs to get local currency. Money converters at the airport usually come with their own fee and exchange rates.
- When packing your slippers or shoes, always remember to put them in a shower cap. It will hold them together.
- When booking flights and hotels online, enable private browsing. Travel sites often track your visits and will raise the price simply because you've visited before.
- Save space by rolling your clothes instead of folding them.
- Websites like AirBnb provide homes and private rooms for travelers with families, usually offering better accommodations than hotels.
- Store your power cords in a sunglass case. 🇮🇳

Pedal your way

Bring back the old memories of your childhood, hop onto a cycle and pedal your way to some fun and health

Kunal Arora, AIS Noida, VIII

Cycling is not just a sport or a hobby. It is also a health tool which radically helps us live a stronger life. Here are six reasons why you should cycle every day.

It helps you lose weight

Cycling is a great exercise to lose weight. One of the most effective tools for weight loss, cycling also helps build muscles and strength. So get pedalling to notice the difference within a week.

It regulates your eating habits

You can control your hunger by cycling! Cycling controls breathing and heart rate, which in turn, stimulates the contraction of intestinal muscles, thus keeping away those untimely hunger pangs.

It helps you sleep like a baby

According to a study, cycling in the morning exposes one to daylight, thereby ridding our body of cortisol, the stress hormone that can prevent deep, regenerative sleep.

Age backwards

The best part of cycling is that it helps you to look younger, a deal better than any anti-ageing cream we bet. Cycling increases blood circulation in the body which delivers oxygen to skin cells more effectively, while flushing out harmful toxins. Also, collagen is produced in the process which is known to prevent wrinkles.

Be a brain wiz

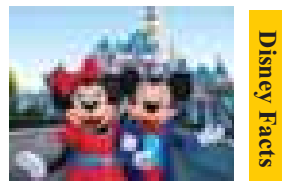
Always wanted to be as clever as Einstein? Then cycle! Researchers from Illinois University found that a five percent improvement in cardio-respiratory fitness from cycling, led to an improvement of up to 15 percent in mental tests. That's because cycling helps build new brain cells in the hippocampus – the region responsible for memory, which deteriorates as you age.

For the sheer joy of it

Cycling on the roads, racing with your friends and feeling the air swish by are some of the perks of cycling. So, hop on and push the pedal.



The entry fee at Disneyland was \$1 when it opened. Today it has increased to \$99.

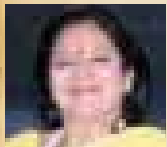


Part 7

Prerna Series

This is part 7 of Prerna Series, a collection of ten stimulating posts about the life and beliefs of Chairperson, inspired from her interactive sessions with Amitians on Prerna Diwas - 2016.

To err is human



Dr. Amita Chauhan
Chairperson

"I have always been extremely fond of flowers. When I was a child, I used to pluck flowers from the community garden whenever the mali wasn't there. One day, the mali saw me plucking flowers discreetly and ran after me. My father, being a professor in the nearby Meerut College, requested him to calm down and allow me to pluck two flowers a day. From that day, I used to pluck only two flowers and return home quietly. We all make mistakes at some point in life. But we should be willing to learn from our mistakes."

Small or big, young or old, we all make mistakes. For, it is only human to err. But those who are willing to learn from their mistakes, are the ones who are most likely to be at peace with themselves, and gain respect in the eyes of others.

The first step towards learning from one's mistake is self-realisation. Sometimes, one is punished for the mistake one makes. But, a punishment is only effective if there is self-realisation. If you understand that what you did was wrong, and take steps to rectify it, you will avoid repeating your mistake.

A mistake is actually an opportunity; to correct ourselves, and work on our incorrect habits. It is like a warning sign that says 'fix it'. For oftentimes we are unconsciously doing something that we shouldn't be doing. So, when we are admonished, we realise that we need to rectify our behaviour or action. Mistakes teach us the most invaluable lesson of our life - integrity. They teach us to face our worst fears, and remain truthful under all circumstances. For if you commit the mistake of hiding your flaw the first time, you will be lured into the vicious cycle of doing that again and again.

Through your mistake, you can learn a great deal about taking responsibility. The first reaction of most after erring, is self defence, that 'I didn't do it' or "I didn't know I was not supposed to do it." It takes a huge amount of courage to own up. But the moment you do, it gives you a deep sense of responsibility towards yourself and everything around you. Owning up also creates the added pressure of not repeating your mistake the next time round; hence leading you to a path of truth, and thereby a better quality of life.

To err is human, but we should be willing to learn from our mistakes.



Prerna Diwas celebrations at AIS Saket

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Knowing it all...

...is perhaps the same as shooting arrows in the dark, something our brain might never come to terms with, says the evolution process

Debargha Roy, AIS PV, XI

Not knowing something drives us bonkers. So humanity explores the rationale for everything, to control everything. This simple instinct became so powerful that we seek to master the universe itself and answer the questions about its creation and working. What is Time? How did the Universe come into being? Was there always something, rather than nothing? We want to connect the dots and come down to a Unified theory, or the 'theory of everything', to map out the entire universe at once! Science, religion, all the tools so sought out by mankind till now, have failed at this attempt. The Big Bang Theory, for instance, requires a singularity, a particle to have exploded and expanded into this universe. But where did that particle come from? Steps in religion, for it seizes upon the creation of something out of nothing as the proof of God. But is a supernatural being with the likeness of humans our answer to how this universe came into existence? Where did the being come from? And so continues the cycle of hit, trial and elimination.

The idealistic and unsolved theory of everything is, as many will agree, far beyond our reach for the time being. But we keep discovering knowledge that cannot be termed anything short of miracles, something we term as progress. Evolution, a form of progress, sure has done far more than what we could ever credit mankind for. It created a 2 pound mass of jelly that we call the brain. But surprisingly, evolution has only two motives: live longer and make more offsprings. So basically, anything that facilitates either, is incorporated into our system. Let's talk seagulls to know better. Herring seagulls in English and American coasts have a yellow beak with a bright



Perspective

red spot that their little ones peck when in need of food. In the 1950s, biologist Nikolaas Tinbergen waved a long thin piece of cardboard with a red spot at the end, and the chicks pecked with all the same vigour. Through years of evolution, the brain of the chick was made to peck at the long thing with red spot at the end, as it is far simpler than evolving to 'take food from mother'. Evolution takes shortcuts, hence proved. Humans are no grand exceptions, the simplest example being illusions. We see what's not there, or we see it differently, because our brain is evolved to. Our thinking, logic, emotions, our cerebral capacity, has all been engineered from scratch

by evolution. And evolutionarily, it doesn't matter if we ever find out the true nature of time and gravity. Since we have a biased view of the world around us, how do we know that we are not a goldfish in a bowl, freely floating and ignorant that the world outside is not the curved dimensions as we see through the bowl, but a completely different reality altogether? So, evolution equips our brain only with the capability to do what allows us to live longer and continue the species. Check. Finding the theory of everything makes us do neither. Check. Hence, our brains will never figure out the theory of everything. But we do get to learn in the quest, right? [G I](#)

The gift of calmness

Little pearls of wisdom

Samaya Chauhan
AIS Pushp Vihar, III

Look around the world today, and you will find stress building up in everyone's life, courtesy the desire to win the rat race. We compete recklessly, we win or lose, we try again and so goes on the race. We are all following the mundane routine where adults are going to work stations, students to schools or colleges but what exactly are we doing in the process? We are losing precious time- time for us to sit and breathe, time to pause, time to look around, time to think.

It is good to have an aim in life but there should be a pause, a break where we analyse what have we



achieved and this will only be possible if we decide to stop for once. We need to exercise peace of mind, to be able to analyse ourselves and think better. And so it is time now to relax,

take some 'time off' to dive deeply within oneself.

So follow these steps. Find a quiet space and sit down on the floor or on a chair. Make sure all the gadgets around you are turned off. Next, close your eyes and gently breathe and allow yourself to experience this process for five minutes. Towards the end of the process, you will find an increased sense of well-being and calmness, making you more powerful from within. And then think about the rat race or whatever you want to, with a healthier mind. You can even appreciate yourself for acquiring another virtue - calmness. In James Allen's words, "Calmness of mind is one of the beautiful jewels of wisdom."

GT M@il

Dear Editor,

The article I found most interesting in the August 15 edition of GT was 'India's pride'. It was really fascinating. We all know about our major monuments and the history behind them, but this article was different from anything I had read before. It was written from the monuments' points of view, which have seen our colonial past as



well as our free present, standing proud for centuries and giving shape to our country. [G I](#)

Amber Nayak, AIS Noida, VIII F



Vira Sharma
Managing Editor

The empowered thread

While there are several stories relating to the origin of this traditional festival of Raksha Bandhan, it also finds mention in a number of mythological epics and even religious reasons for celebration. Over the years, the legacy of this festival with which we have grown has seen several seasons.

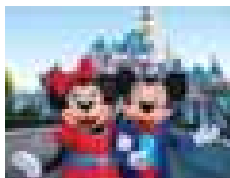
This little length of thread is seen as the bond of love of a sister for her brother. Also, as an assurance from a brother to his sister that he will stand by her side in tough times. In the recent years, the rakhi has built bonds between people who care for each other, no matter what their blood relationship. Reports of people tying rakhis to the soldiers at the borders away

from their family, or the festival being celebrated in prisons only go on to reiterate that this symbolic piece of thread has the power to turn foes into friends, overpowering all old woes.

The beauty of this festival that was somewhere getting lost in the commodity called 'gift', this year saw a pleasant shift in the mood with the stepping in of new age advertisements. Yes, I am talking of the Amazon ad. In spite of being a brand that thrives on the purchase and delivery of gifts, Amazon joined the festivity to remind people of the joy of togetherness. That, being there matters more.

In a fast-paced life where physical distances sometimes even widen the distances between hearts, a fes-

tival such as this one, is an excuse to take time off for the people who matter the most to you, the people who care for you, and the people with whom you have grown up. And as the creator of this advertisement rightly puts it, "Gifts are a reminder of that bond, but the true joy of Raksha Bandhan lies in creating lasting memories together, which only a brother and sister can." This brave advertisement certainly deserves a huge applause from all the brothers and sisters who took out time to celebrate Raksha Bandhan this year with togetherness. As long as this festival continues, this length of thread shall only build new relations, and empower the old ones. [G I](#)



On Disneyland's opening day, the cement did not set in time, hence the women's heels kept sinking into the ground.

Powerful, incredibly good looking and savage – the Greek Gods are omnipresent. Whether it is mythological musings or literary comparisons by a writer, they find a mention almost everywhere. And if all of it sounds Greek to you, then have a look at this page, it might help you decode the Greeky code



PROMETHEUS

Rules over: Fire
Roman name: No specific Roman name.
Known for: Being the protector of mankind. No wonder he stole fire from the Gods and gifted it to humans. He is also related to science and inventions.
Symbol: Fire

POSEIDON

Rules over: Sea
Roman name: Neptune
Known for: His whimsical nature. On a good mood day, he'd create horses out of sea foam and when in a bad mood, he'd just destroy cities with hurricanes.
Symbol: The Trident

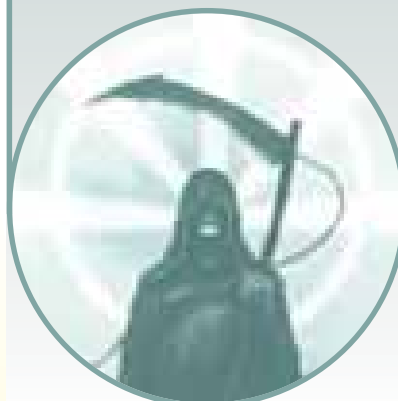


IRIS

Rules over: Messages
Roman name: Iris or Arcus
Known for: Iris was everyone's favourite as she would come spreading her rainbow wings. When delivering messages from God got too tiring, she'd be a handmaiden to Goddess Hera. The coloured part of the eye is named after her.
Symbol: Rainbow

HADES

Rules over: Underworld
Roman name: Pluto
Known for: His evil smile hidden under the helm of darkness and his robe, sewn from the souls of the damned. He proudly sits on a throne of bones.
Symbol: The helmet of invisibility also called the Helm of darkness.



ZEUS

Rules over: The sky
Roman name: Jupiter
Known for: His notorious behaviour and good looks. Adorned with a grey beard, a tall and muscular figure, Zeus always carries his powerful and dangerous lightning bolt. A powerful God, he has a weakness for beautiful women.
Symbol: Lightning bolt



APOLLO

Rules over: Music, archery and poetry
Roman name: Apollo
Known for: Being good at everything. However, he couldn't handle criticism, so much so that he once turned a king's ears into a donkey's for not appreciating his music.
Symbol: The lyre

It's all Greek



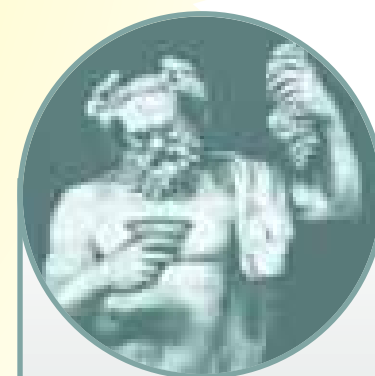
HYPNOS

Rules over: Sleep
Roman name: Somnus
Known for: Dozing off people anywhere and everywhere. Primarily he is sought for rest and dreams, though he can be mischievous at times. He carries a poppy stem and a branch dripping ether from the river Lethe (his sleeping agent). So, if you've fallen asleep in the middle of a test, "Somnus made me do it," can be a good excuse.
Symbol: Poppy, sword and inverted torch



ATHENA

Rules over: Wisdom and war
Roman name: Minerva
Known for: Her skills. Though very helpful and compassionate, she has a fiery side too. Once challenged or ridiculed, she can turn you into a spider, just like she did with Arachne.
Symbol: Owl



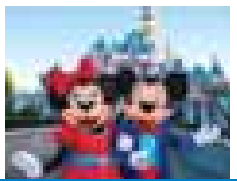
DIONYSUS

Rules over: Wine, madness and theatre
Roman name: Bacchus
Known for: His drunk adventures. He could change water into wine. And even if he's drunk, he's too smart to be taken advantage of. A popular tale has it that a group of sailors were turned into dolphins by him because they tried to kill him thinking he was too lost. Dionysus was also one of the Gods who could bring a dead person back to life from the underworld.
Symbol: Grapevine

APHRODITE

Rules over: Love and beauty
Roman name: Venus
Known for: Her mesmerising beauty. She was the most beautiful woman and could transform herself into whatever she thought was beautiful. Yes, she always used it for her benefit.
Symbol: Dove





Storywala

The last petal

Anoushka Raj, AIS MV, XI

The phone rang around 2 am, three hours after it happened. They said you passed away. They said you were at the doorstep of God. They said you had reached heaven. They told me you were dead. I don't know why I didn't cry. I felt as though someone was playing a cruel joke on me. But it was true. You were really no more. I reached your home. People were crying, weeping over your motionless body. To me, it felt as though you were in deep sleep, lost in your own dream fairylane. I knew what you were waiting for. You

wanted me to shake you, wake you up with a gorgeous dress in my hands. But they didn't let me go near you. They said I'm not family. "I know," I told them, "I'm closer than any family she has got." Your demise left me aghast. Weren't we hanging out yesterday at school, eating ice creams, as the summer sun baked our skins. It is not possible that the girl who was dearest to me is just...gone. No, you can't go, my dear friend. If you do, who'll keep my head on her shoulders and wipe my tears? Who'll make special purple cupcakes for my birthday? Who'll I text day in and day out? Who'll appreciate my merits and

I knew what you were waiting for. You wanted me to shake you, wake you up with a gorgeous dress in my hands.

criticise me in equal measure? Who'll listen to my endless rantings? They say you met with a tragedy. Your mom was shaking with tears and your dad was trying to stop his. "Where is my priceless daughter?" He asked.

The sun is still high. The beautiful weather seems like an insult; after all, it has been a month since you have disappeared. Maybe the good weather is God's way of celebrating. Hasn't He got the world's best person with Him now? Ever since you have gone, I have felt no emotion. It's as though somebody has taken my soul. The pain is so extreme, shedding tears would be no good. But sitting in my lawn, tears find me for the first time. In seconds, I'm crying. The serenity all around does nothing to calm me down. I'm strangely repulsed at the ways of nature. One day it gifts me a wonderful friend and the next day, it takes her away from me. I sit on the grass, and watch the last petal of the rose fall and fly away with the wind. Dedicated to all my friends, who have probably touched my life in more ways than one can imagine.



Paneer tikka

Rudraksh Ahluwalia, AIS PV, IX

Butter/ghee.....for brushing
Saltto taste

Ingredients

For paneer tikka

- Paneer (cut into cubes)250 gm
- Red bell pepper (diced)1 cup
- Yellow bell pepper (diced)1 cup
- Green bell pepper (diced)1 cup
- Onions (diced)1 cup

For the marinade

- Hung curd200 gm
- Ginger garlic paste.....1 tbsp
- Ajwain1 tbsp
- Red chili powder2 tbsp
- Turmeric powder½ tbsp
- Cumin powder1 tbsp
- Coriander powder1 tbsp
- Garam masala1 tbsp
- Chaat masala1 tbsp
- Lemon juice1 tbsp

Method

- Take all the vegetables and paneer in a bowl and keep it aside.
- Take curd in a large bowl, and whisk it till it becomes smooth.
- Add ginger garlic paste, spices, lemon juice and salt. Mix well.
- To marinate, add veggies and paneer to the above mixture and keep it for 2 hrs in the refrigerator. Take it out and bring it to room temperature.
- Arrange the veggies and paneer alternately on skewers or toothpicks.
- Heat a non-stick tava and cook the skewers on a medium flame using a little ghee, till they turn golden.
- Sprinkle chaat masala. Serve hot.

Read Play and Win

Reading your favourite GT can fetch you a prize too. Complete all the boxes below. Click a picture and send it to editor@theglobaltimes.in or submit it to your GT Teacher Coordinator. 3 lucky winners will win a prize every week!

Q: Who comes in Suhani's dream on page 9?

Ans:

Q: What is the topic of Prerna series?

Ans:

Q: Mention the Master Chef recipe.

Ans:

Q: Which b'day did Amiown celebrate this August?

Ans:

Q: Which school won 2nd prize in TOI Live Green contest?

Ans:

Q: Where was the national seminar on Ramcharitmanas held?

Ans:

Q: Mention one disadvantage of a 'Sale'.

Ans:

Q: Which day of the week is the most hated by everyone?

Ans:

Q: What is the headline of the top story on page 1?

Ans:

Name:.....Class:.....School:.....

Results of Read Play and Win-6: Sanskriti Narang, VII, AIS Vas 1; Gitesh, IV C, AIS PV & Aarya Rathi, IX A, AIS Noida (Prizes will reach you within 15 days)

Words Verse

Wings of hope

Riya, AIS Gur 43, XI

Hope are the wings
Which help us to fly
When we are stuck on ground
With our life passing by

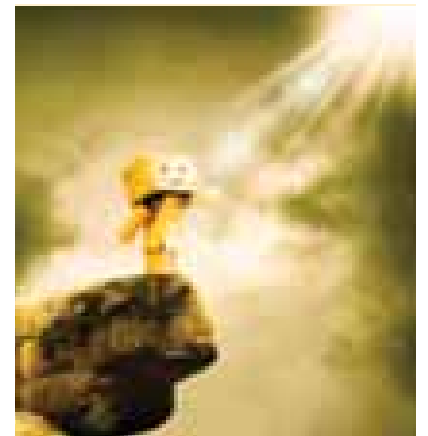
It is a timid friend
Yet a thing with feathers
When we give up
In our ear it whispers



There's no need to cry
Let's have one more try
Hope is the bright light
When we are stuck in the dark night

It doesn't let us fall
It's arms are very long
Hope is in our soul
And is like a diamond scroll

When tears roll down
And the heart cries loud
Don't ever give up
As we have wings of hope.



My darling mother

Ananya Tomar
AIS Noida, VIII

Wildest dreams
Sitting on the mountains full of cream
Suddenly I hear a scream

Fighting witches to save the world
Catching robbers who stole the curd
These are some of my wildest dreams

And I don't really like
To get disturbed in between
Wearing great big fairy wings

That was once woven by strings
Being at the ball
And meeting a prince

These are some of my wildest dreams
And I don't really like
To get disturbed in between

But who would tell this
to my darling mother
Who wakes me up

Even before the sun rises
And it is this, on which she prizes.

CAMERA CAPERS

Srishti Manchanda, AIS Noida, XI G captures the Independence Day fervour in school

Send in your entries to cameracapers@theglobaltimes.in



The future of the nation



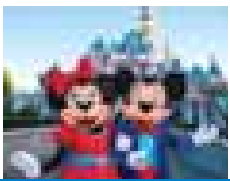
Enthusiasm, filled in the young



Let us build a better tomorrow



Emulating patriots



Disneyland has been closed only on three days- when John F. Kennedy died, after the Northridge earthquake in 1994 and on 9/11.

Meeting Little Krishna



Illustration of Krishna: Suhani Chauhan, AIS PV, IV A; Imaging: Anju Rawat, GT Network
Suhani Chauhan, AIS PV, IV A

One Saturday night, I was engrossed in a book on Little Krishna. I loved to watch him on TV but reading about his innumerable adventures was much more exhilarating. I was so lost in his story, I don't remember when I dozed off. Soon, I woke up to a divine tune playing in my room. I opened my eyes and to my surprise, Little Krishna was standing in front of me. His face was shining as bright as a star and he was smiling. He had a flower garland around his neck,

a peacock feather in his tiny crown and a beautiful flute in his hand - he looked even more beautiful than on TV or in the books. At first, I thought it was a dream and rubbed my eyes. He kept standing there. I jumped with excitement, "Is it really you Little Krishna?" "Yes, Suhani, it is me. I am here to answer all your questions, the ones that cropped up in your mind while reading the book." I didn't know where to begin from. I shot my first question, "Why do you play the flute and no other instrument?" "It is so soothing. Not only people but even my animal

I jumped with excitement, "Is it really you Little Krishna?" "Yes Suhani, it is me. I am here to answer all your questions, the ones that cropped up in your mind while reading the book."

friends enjoy it. And I love making them happy," he said. "I drink Complan every day; yet the school bag feels so heavy. How did you lift up the Govardhan Parvat at such a young age, that too with just one finger?" To this, he laughed and replied, "When you do the right thing, strength and courage follow." "Okay. My teacher tells me that I should be like you. But don't you steal butter all the time? Teacher also says that stealing is bad. I am confused." There was a big smile on his face, "Stealing butter is a way of expressing my love for all my mothers at Vrindavan, who churn out butter with so much love for me. Trust me, they enjoy chasing me as much as I enjoy running away from them. You don't steal from your loved ones, you rightfully take it." I was ready with my next question but Little Krishna said, "Enough for today" and started running, like he does from his mother. And I chased him. In no time, I felt a jerk on my head. I had fallen down from the bed, the book still open and my naughty Little Krishna nowhere to be seen. **GI**

So, what did you learn today?
A new word: Soothing
Meaning: Having a calming effect



Bow tie hairclips

Material required

- Bow tie pasta
- Bobby pins
- Paint
- Paint brush
- Fevi kwik

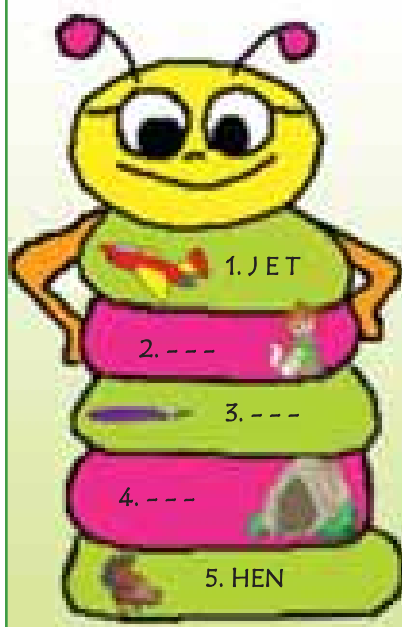


Method

- Take bow tie pastas; colour them with any colour of your choice and allow them to dry.
- Use your creativity to add designs to these painted bow ties, for example, colourful stripes or polka dots.
- Once the paint dries completely, fix a bobby pin at the back of each one of them using Fevi kwik.
- Your bow tie hairclips are ready. Are you ready to flaunt them?

Climb the caterpillar

Make the little caterpillar happy by changing one letter at a time and transform a JET into a HEN!



Answers: 1. Given 2. Pet 3. Pen 4. Den 5. Given

POEMS

K.n.o.w.l.e.d.g.e

Diya Bhargava, AIS Gur 46, VI E



K - Knowledge shows us the right path in life
N - No one can see or touch it, but you can feel its drive
O - On the day of examination, knowledge helps you to score well
W - While you go shopping, knowledge can help you spend less
L - Listing all the advantages of knowledge isn't possible
E - Everything requires knowledge, buying a dress or writing an article
D - Deliver this message of knowledge to everyone
G - Grow your knowledge by reading all books one by one
E - Enjoy the wonderful gift of God, knowledge indeed is for all. **GI**

A student's lifeline

Jaya Jha, AIS Gur 46, VII I

Teachers are dedicated
To our education
This is their passion
And our liberation

Their sincere kindness
Warm feelings it brings

They guide and protect us
Under their wings

They don't just instruct
But encourage and believe
That there's nothing out there
We cannot achieve

At the end of the day
Teachers do understand
It takes both tools and love
For our young minds to expand! **GI**



Riddle Fiddle

Shivam Aditya Singh
AIS Vas 6, VII

1. Which tree can you carry in your hand?
2. What kind of room has no doors or windows?
3. What gets broken without being held?
4. What occurs once in every minute, twice in every moment, yet never in a thousand years?
5. What has an eye but cannot see?
6. What has a thumb and four fingers but is not a hand?
7. What has to be broken before you can use it?

Answers: 1. Palm 2. Mushroom 3. A promise 4. The letter 'M' 5. A needle 6. A glove 7. An egg



It's Me

My name: Kabir Chhabra
My school: AIS Vasundhara 1
My Class: Nursery B
My birthday: December 6
I like: Cars and bikes
I dislike: Green chili
My hobby: Singing and dancing
My role model: My father
My best friend: Aarna
My favourite book: Panchatantra
My favourite game: Cricket
My favourite mall: DLF Mall of India
My favourite food: Cherry pastry
My favourite teacher: Nidhi Bothra Ma'am
My favourite poem: Humpty Dumpty sat on a wall
My favourite subject: English
I want to become: A pilot
I want to feature in GT because: I want everyone to know about me.

Painting Corner

Shreeya Baral
AIS Noida, VII H



Amiown turns 11

B'days are happy; b'days are awesome. B'days are happier when there's triple the fun! As Amiown turns 11, regale in the celebrations that coincided with their beloved Sapna Ma'am's B'day, as well as Friendship Day



The Amiown family Join the party



Sweet birthday Joining the cake cutting ceremony

Time to rejoice

Amiown Pushp Vihar

Gagan Thukral
 Amiown PV, Teacher

This special day of happiness was celebrated with much fanfare. To convey their affection and express their gratitude for their beloved Sapna Ma'am, Amies participated in a week of fun filled activities. The activities not only had everyone involved but also left an impact on the young minds as to how important it is to be kind, friendly, helpful and grateful towards others.

Friendship web: The Amies learnt about Sapna Ma'am's vision of nurturing happy children, during circle time. They were also told about the importance of being good friends through the 'Friendship Web' activity. The spirit of friendship was strengthened with various games such as train race, buddy game, ball race, etc which taught them the value of teamwork.

Splash of colours: To exhibit their affection for Sapna Ma'am, children used different colours and textures to create beautiful art pieces, which were decorated all over the school. Cut-outs of balloons, muffins, ice creams, candies and stars were decorated through colouring, painting and sticking decorative items. Amies presented handmade cards to Sapna Ma'am, as an expression of their love. They also exchanged friendship cards. The star at-



Just turned 11 A celebration

traction was a 'Friendship Quilt' made with various techniques as spray painting, quilting, tearing and pasting, etc. that was displayed on the quadrangle wall. **Story time, best time:** Children were taught the value of good friends through stories as 'The Little White Owl', 'Purple Turtle', etc. They also indulged in art and craft activities based on the stories throughout the week.

Put on your dancing shoes: The day began with the auspicious *hawan* followed by delicious 'halwa' servings. Amies danced to peppy music, birthday song and even cut the birthday cake with Sapna Ma'am. They also shared their tiffins with one another and rejoiced in the celebrations.

Triple the fun!

Amiown Gurugram

Nitika Bhanot & Anisha Tandon
 Amiown Gurugram, Teacher

Excitement was palpable in the air as the month of August drew close, as at Amiown, it was time for triple celebrations – the birthday of Ms Sapna Chauhan, Vice Chairperson, Amiown as well as that of Amiown, which turned 11 years old. The celebrations concurred with Friendship Week revelry as children basked in the sunshine of amity. Everyone unanimously looked forward to August 2, when the celebrations unfolded. All the classes were busy as bees preparing to commemorate the special day as a day of friendship, love, respect, togetherness and most importantly, happiness. **It's a hap hap happy b'day:** How can a birthday be happy without a banner that screams 'Happy Birthday'! The young Amies displayed their creativity and enthusiasm by making a super cute banner. The entire school was decorated with pretty items made with abundance of love by Pre Nursery and Nursery children. The children of Kindergarten made free hand drawings on friendship, in an innocent expression

Happy B'day!

"Sapna Ma'am's birthday was the most special day. The band of friendship was celebrated in such a beautiful way. Our little Amies were as happy and excited as could be. To spend a day with their beloved ma'am, filled with fun & glee. There were songs, games and a treasure hunt too. Happy Birthday Sapna Ma'am, we all love you."

of their imagination and emotions. **Gift of love:** Birthday celebrations are incomplete without the most important aspect – gift! A gift reflects the feelings of the giver, and when presented with the trust of emotions, it can even melt the heart of the receiver. As a token of their love, respect and gratitude, the little Amies made a beautiful lamp for Sapna Ma'am; a gesture that surely touched her heart. **Excitement overload:** Invoking the Almighty, the day began with a *hawan*; the pious flame purified the atmosphere. The Amies of Pre-Nursery sang



Happy times Hip hip hurray

a lovely birthday song while the Nursery children presented a melodious song on friendship and togetherness. To add to the excitement, Kindergarten children played fun games with Sapna Ma'am besides designing a treasure hunt for her. The children participated in the cake cutting ceremony with great enthusiasm; the cake was special for it was a token of love shared by their beloved Ma'am.

Bands dipped in love: As a symbol of friendship, the children made beautiful friendship bands which they tied on the wrists of Sapna Ma'am, coordinators, teachers and friends. The Amies were thrilled with the presence of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, who showered her love and blessings on everyone. The special day of celebrations was truly splendid and memorable as was evident from the smiles and happiness of little Amies.

Merriment and euphoria

Amiown Noida & Vasundhara

R Geeta, Amiown Noida, Teacher

A small seed of a dream which spread its roots 11 years ago, has now become a mighty tree that stands tall, engulfing us in its shade of learning, care and freedom. A day etched with tradition and history, needed to be celebrated, on a grand scale. And what better than to combine two festivities into a grand carnival of joy and celebration. Amiown Noida resonated with merriment and euphoria as they celebrated the school's 11-year journey and Sapna Ma'am's birthday on August 17, 2016. The week, commemorated as friendship week, was celebrated with abundant joy. The classroom discussions revolved on how life

Dear Sapna Ma'am

Joy is what we wish for you,
 Success in everything you do
 Hope your dreams take flight
 Wish the Almighty shines upon you His blessed light.

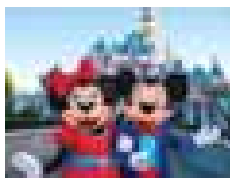
would be without friends; the fun-filled activities gave the children lessons in sharing and caring. The children joyously made friendship bands and exchanged them with each other. The celebration turned more joyous as children from Amiown Vasundhara joined in to make the occasion a grand affair. Beginning with a *hawan*, a fun-filled day was planned for the Amies. A special treat by way of an enthralling story on friendship - 'Elephant

and friends' was narrated for the children through the puppet theatre. The tiny tots enticed everyone with a performance on rhymes titled 'Creating melodies' and another presentation titled 'Chidiya chidiya'.

The Amies of Amiown Vasundhara performed on the 'Birthday song' and their action packed 'Roll your hands for friends', left everyone with a smile. The atmosphere in the room got charged up when Sapna Ma'am joined in the merriment. When she cut the special celebratory cake, the teachers joined in to perform a beautiful song in her honour. When she visited the classrooms to shower her boundless love and blessings on little Amies, they gifted the handmade creations they had diligently and lovingly made for her. The icing on the cake was the class party where children savoured cake, pizza and Tang.



A beautiful story Built over 11 years



According to the book 'Pirates of the Caribbean: From the Magic Kingdom to the Movies' by Jason Surrell, the skeletons used in the original Pirates of the Caribbean ride were real skeletons taken from UCLA's medical center.



Veena Mishra, Vice Principal, AIS Vas 1, being felicitated by Uttar Pradesh CM Akhilesh Yadav

Best Science Teacher award

The UP government bestowed the prestigious award on Amity educator for being an active contributor in the field of research

AIS Vasundhara 1

Adding another proud feather to Amity's beret, Veena Mishra, Vice Principal, AIS Vas 1 was awarded 'Best Science Teacher 2015' by UP CM Akhilesh Yadav on July 23, 2016 in Lucknow. The Science and Technology Department of Uttar Pradesh nominated her as the scientist of the year, for her contribution in the field of research. Expressing her heartfelt gratitude to Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, she

shares, "I cannot thank Chairperson Ma'am enough for extending various opportunities from time to time, which enabled me to participate in science activities and enhance my knowledge. Without her benevolent guidance and vision of promoting science in Amity, this wouldn't have been possible."

During her association with Amity Group of Schools, Veena Mishra got the opportunity to be associated with Amity's Children Science Foundation, instituted by Chairperson, to instil scientific temper in school children. She

was part of the National Children's Science Congress held in Noida in 2013, in which students from 74 districts of Uttar Pradesh took part. As a mentor teacher, she has steered several innovative projects of Amityans, five of which have now been patented. She also got the chance to represent Amity at Odyssey of the Mind World Fair, UNEP Indonesia and Korea World fair. In the felicitation ceremony held at Lucknow, she was the only woman to be awarded from amongst a total of 51 eminent educationists from various fields. **GT**

Science Fair

AIS Mayur Vihar

Three students, Aiman Naqvi (IX), Avdhi Mehta (IX) and Manav Prem Narang (VI), accompanied by Prem Kumari (teacher guide) of AIS MV participated in the Science Fair for Rural Community Awareness which was organised by NCSTC, DST, Government of India from July 12-14, 2016 at Jahangirabad Institute of Technology, Barabanki (UP). The fair was inaugurated by Usha Kumari, Additional Director of Education, Delhi. Students showcased their talent and scientific aptitude during the three-day event. Aiman Naqvi and Avdhi Mehta won gold medal for



Students at the Science Fair

their project 'Low cost hand sanitizer' in science model display while Manav Prem Narang received silver medal. Apart from this, Manav also won a silver medal in Science Toon Competition. Teacher guide Prem Kumari was also awarded a certificate of appreciation. Medals, certificates and cash prizes were handed over by Shafiqur Rahman Barq, Member of Parliament, Lok Sabha.

German language camp

AIS Mayur Vihar

Jivitesh Jain and Isha Arora, students of Class XI, were awarded an all-expenses-paid, three-week scholarship to attend Aachen Camp, a language camp in Germany. The scholarship was awarded for their exemplary performance in an examination 'Fit in Deutsch 2 - A2' conducted by Goethe Institut, New Delhi. The opportunity extended to them by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF under the aegis of AERC, aims to provide students with international exposure that would help them become global leaders of tomorrow.

The course covered all four language skills (speaking, listening, writing and reading) and provided the participants deep insights into the German culture. By interacting with the local populace and watching films and theater in German, the participants further enhanced their speaking skills. Excursions to the nearby cities of Bonn and Cologne, amusement parks and other exciting activities made their stay even more exuberant. The scholarship was a once in a lifetime opportunity that added another feather to their hat in terms of global skills. **GT**



Jivitesh and Isha in Germany

International Expo Science Fair 2016

AIS Vasundhara 6

Keeping up with the vision of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools & RBEF, who aims to nurture the spirit of research and scientific temper in young Amityans, four students of AIS Vasundhara 6 participated in the Expo Science Fair in Toulouse, France from July 9-15, 2016. Participants from 34 countries presented their projects and innovative ideas in the Expo that showcased 119 projects in the competitive category. Samica Vashisht and Ansh Aggarwal



Students of AIS Vasundhara 6 at the Expo Science Fair, France

presented a unique dustbin for the smart generation while Ishit Batra and Yash Pasrija competed with their idea on Double Blitz Chess. Accompanied by their mentor teacher, Anshu Khanna, the students won appreciation and had the unique opportunity to interact with Jean Claude, President, International

Movement for Leisure Activities in Science and Technology. The students were greatly supported and guided by their mentor teacher. The Science Expo provided the students an international exposure, a competitive edge over their global counterparts and also expanded their horizon in the field of science. **GT**

Independence Day celebration

AIS VYC Lucknow

To mark the 70th year of freedom, Amityans of AIS VYC Lucknow celebrated Independence Day on August 15, 2016. On this patriotic occasion, the students showcased a colourful spectacle of India's vision through a week long programme of activities like pledge writing, essay writing, poster making, quiz, etc. The programme began with the school resounding with an energetic and patriotic fervour as the students sang the national anthem. The tiny tots of Nursery and KG came up on the stage dressed as freedom fighters and leaders of the freedom movement, viz, Sarojini Naidu, Subhash Chandra Bose and Chandrashekhar Azad. This was followed by a skit depicting different facets of our freedom struggle. Following it was the



Tiny tots spread freedom cheer

much awaited Inter - House Dance Competition which was won by Pawani House with their energetic performance on a medley of songs. Alaknanda House came a close second with their performance on 'Vande Mataram'. The assembly left the audience spellbound. School co-ordinator Tanuja Singh addressed the gathering on the occasion, and the students pledged to create a better and improved India. **GT**

Linguistic accolades

AIS Vasundhara 6

Suhani Sharma, a student of Class V A won the second prize in the writing competition organised by the British Council at the High Commission. She received a certificate and books from the British Council as a token of appreciation. Her acrostic poem on the Bard of Avon (William Shakespeare), won her the award. On the occasion, Suhani also played the role of Cordelia, a character from Shakespeare's well known play 'King Lear', delivering her dialogues confidently. **GT**



Suhani with her certificate

AIS Pushp Vihar



Students of AIS Pushp Vihar added another feather to Amity's embellished hat by winning the overall rolling trophy at the 'Gloria Humanitas 2016' - a social science competition, held on July 16, 2016 at Gyan Bharati School, Saket. The competition was based on the life of Guru Nanak Dev ji.

The most popular souvenir of Disneyland has been Mickey Mouse ears, having sold 84 million till date.

All top quotes compiled by: **Shreyas Choudhary, AIS Vas 6, IV**

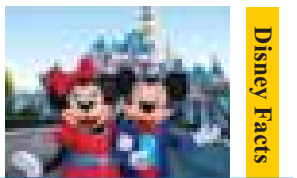


Illustration: Anju Rawat, GT Network

Sale on, mind gone

The past few weeks gone by have witnessed incessant rain – that of water drops, discounts and crazy tactics that people resort to when they hear the word ‘sale’



Satvika Kalia, AIS Gur 46, XII

Newspapers proclaim it, SMSes bombard us and our inboxes are flooded with promotional mails. That's how we know that the much-awaited SALE has arrived. It's the perfect occasion to haul anything and everything that grabs attention. But sales are also the time when people resort to the craziest antics – from trying clothes on top of clothes to fighting for that last pair of sneakers. Take a look.

Necessity, not necessary anymore

The 'Buy One Get One' offer doesn't stop a family of three from buying things enough for a family of six because who knows - *ye sale na milegi dobara!* Purchasing a cardigan in all the shades available is okay just because you get four at the price of two. You're good to go for the next few years but it leaves you with the dilemma of what to hog in the next sale.

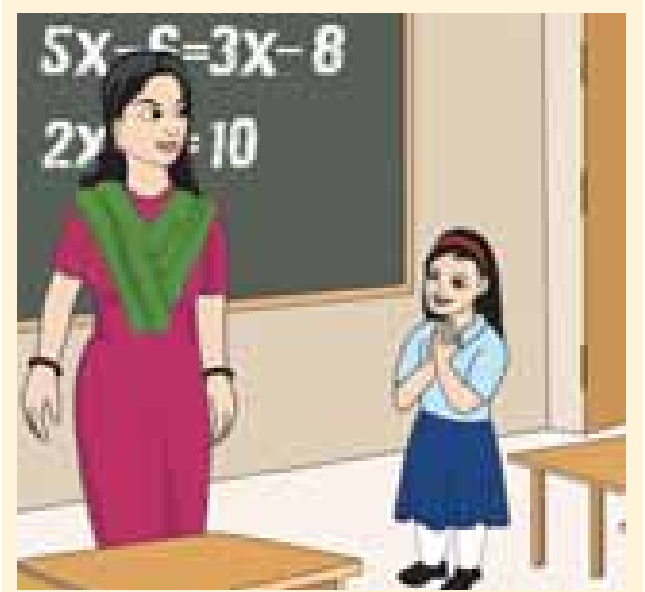
Wild goose chase

Fetching all sorts of things in different colours and sizes is a Herculean task during such a period. This is when gyming, muscles and running shoes come to your aid as you never know when you'll have to fight for the last piece of that coveted leather jacket. The sophisticated decorum turns into total chaos as people get into cat fights to get that 'dress' they'd been prying on.

Dost dost na raha

That buddy who always tags along and runs around the minefield, bringing you new things to try on, soon forgets about your existence the moment the sale is inaugurated. Instead of helping each other out, you end up fighting for that pair of sneakers you both like and all hell breaks loose when loyalties are put aside.

So people, here's wishing you all the best for your next shopping endeavour. 🇮🇳



Respected ma'am

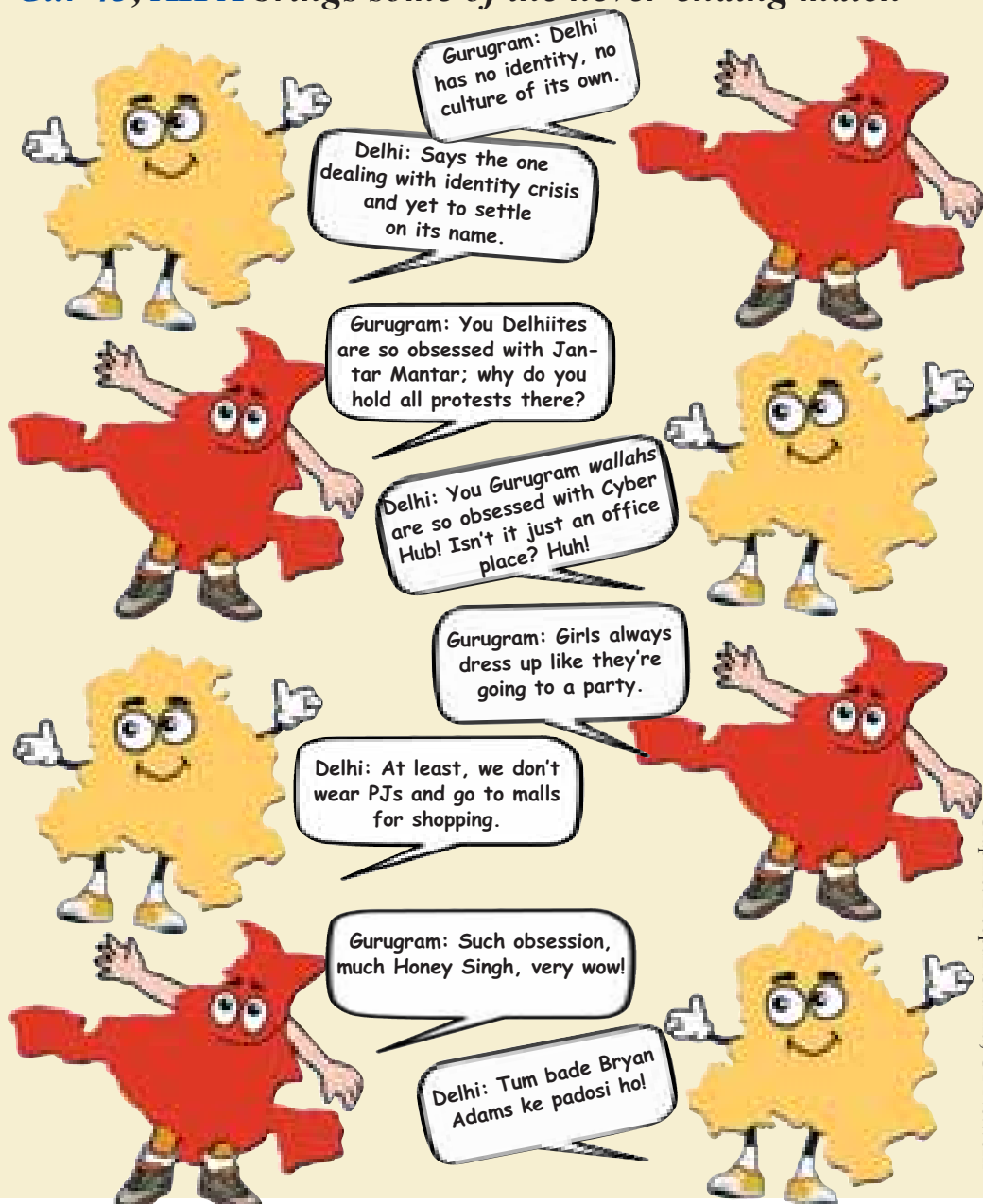
I have a few doubts; I hope you don't mind solving them

- Why do you always pick on me in the class when you know by my expression that I don't know the answer? (*Because I want you to try at least.*)
- Why do you never pick on me when I look confident enough to answer your question? (*Because I know you know the answer.*)
- Why do you look into my answer sheet during exams, when you know that's going to make me nervous, and do me no favour? (*Because I want to comfort you.*)
- Why do you always say that the exam will be from what we studied in the class even though we all know that you refer to different books for teaching and preparing tests? (*Because in life, you should be ready for surprises.*)
- Why do you expect me to remember something we studied in the beginning of the year, when I don't remember what I had for breakfast the previous day? (*Because the aim of education is to strengthen your memory.*)
- Why do you think I am distracted every time I smile, can't I can enjoy your lectures? (*Because you know why!*)

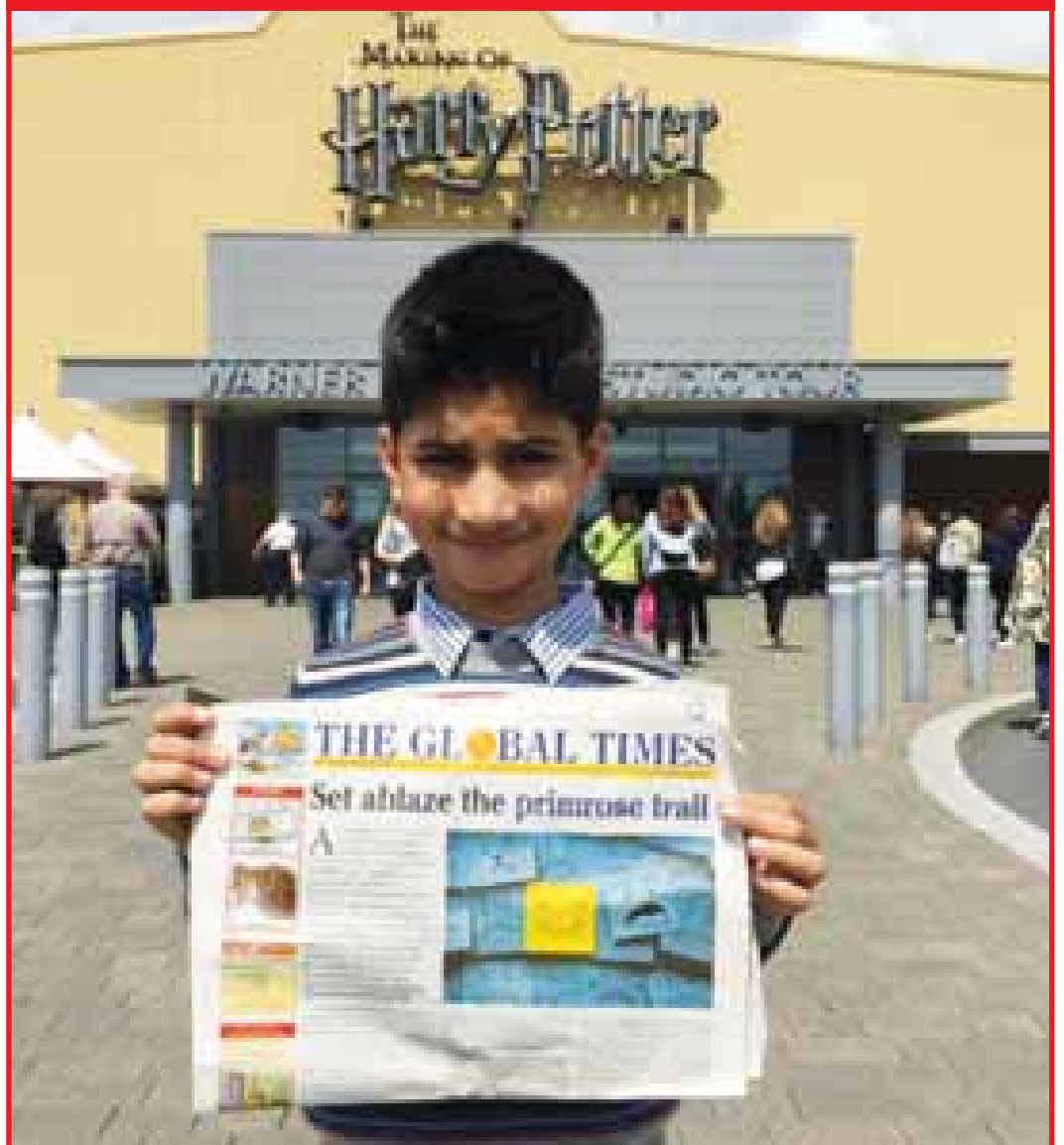
Queries by: **Vidisha, AIS MV, XII**

Delhi vs Gurugram

The battle is old and engaging, with new arguments entering each day. **Harshita Nagpal & Nalini Gupta, AIS Gur 43, XII A** brings some of the never-ending match



GT Travels to London



Tanush Dhatariya, AIS Saket, III B, flaunts his copy of The Global Times in front of the Warner Bros Studio Tour, London - The Making of Harry Potter. It is a unique walking tour that takes you behind the scenes and showcases a huge array of beautiful sets, costumes and props from Harry Potter film series. One can explore Dumbledore's office, the famous cobbles of Diagon Alley, featuring the shop fronts of Ollivanders wand shop, Flourish and Blotts, the Weasleys' Wizard Wheezes, Gringotts Wizarding Bank and Eeylops Owl Emporium.

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